



# TENNESSEE TRAILS

Official Publication of the Tennessee Trails Association

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November 1981

## NORTH RIDGE TRAIL, OAK RIDGE GREENBELT (ANDERSON COUNTY) 31 October 1981

This 8 mile trail is an easy hike along Black Oak Ridge bordering the city of Oak Ridge. It is a National Recreation Trail, and should provide views of the Cumberland Plateau. Meet at the west parking lot of the Oak Ridge Civic Center (corner of Tullane Avenue and Oak Ridge Turnpike - Stoplight No. 10) at 11:00 a.m. Eastern time. Eat lunch along the trail; bring water.

LEADER: Grimes Slaughter 483-5859  
Oak Ridge (work) 574-4497

## HIKING WORKSHOP - TVA/LAND BETWEEN THE LAKES 7-8 November, 1981

This workshop for the general public is being co-sponsored with TVA. (See Trail Notes from the President for details). Program starts at 9:30 a.m. Central time. Directions: take the Trace north about one mile west of Dover, TN. Look for sign for Piney Campground to your left. Drive in several miles, passing the turn off to Piney, and continue to the area marked "Fort Henry Trails". Sunday there will be a TTA hike (see next item). Camping is available free at Boswell Landing. For more information call Bertha Chrietberg (896-1146).

## HEMATITE TRAIL - TVA/LAND BETWEEN THE LAKES (KY) 8 November, 1981 (Sunday)

Nashville Ch. - This hike will involve approx. 5 miles of easy, Class I loop trails located in the KY portion of LBL. Meet at 10 a.m. Central time at the Center Furnace parking lot. From Dover, follow the Trace into KY and follow signs to the Environment Education Center. You can't miss the tall, stone furnace. From I-24, take the Cadiz, KY exit and follow US Hwy 68 west to LBL and the Trace. The hike should end in time to visit the 1850 Homeplace, buffalo range, solar heated visitor center, or other LBL attractions. Nashvillians going up Sunday only can carpool at the Cumberland Museum at 7 a.m. Central time. Joint trip with Audubon.

CO-LEADERS: Al Lookofsky 217-774-3951  
Shelbyville, IL  
  
Rise Daniels 502-759-4782  
Murray, KY 502-924-5602  
(work)

## BIG HILL POND STATE ENVIRONMENTAL AREA (Mc- NAIRY COUNTY) 14 Nov. 1981

Memphis Ch. - This State Area offers West TN hikers a variety of different experiences: terrain, vegetation, and wildlife, beautiful overlooks. Six miles round trip. Meet at 1:30 p.m. Central time, at Wilmeth's Grocery, 12 miles east of Middleton on TN Hwy 57.

LEADER: Jim Harrison 901-645-9275

## DADDY'S CREEK GORGE - CATOOSA WILDLIFE MANAGEMENT AREA (CUMBERLAND COUNTY) 14 November, 1981

For paddlers, this is the most difficult run on Daddy's Creek (Class IV-V). Through the gorge, the creek drops 64 ft. per mile, with stretches up to 100 feet per mile. The narrow gorge, tall bluffs and boulder filled stream bed add to the lure this area has for hikers. But beware, this trip is for hard core bushwhackers only! Trail mileage - ZERO. Rockhopping and bushwhacking - about 5 miles. The first 1½ miles will be an easy rockhop down Yellow Creek to the confluence with Daddy's Creek. From there it will be a strenuous but rewarding 3-4 miles thru the gorge, over boulders and through brush, to the bridge at the Devil's Breakfast Table. Hebbertsburg quadrangle. Meet at 9:30 a.m. Eastern time (8:30 Central) at the Exxon Service Station, Crab Orchard exit of I-40. Driving distance from Nashville - 125 miles; from Knoxville - 50 miles. The leader plans to camp Saturday night at Devil's Breakfast Table or vicinity and head up to the Cumberland Trail on Sunday. (See next item). Call him if you are interested in carpooling.

LEADER: David Stidham 859-3621  
Goodlettsville 251-5115  
(work)

NASHVILLE AREA CARPOOL COORDINATOR - EVELYN TRETTER  
859-0566

MEMPHIS AREA CARPOOL COORDINATOR - JILL NORVELL  
901-454-2365  
901-876-5529 (home)



CUMBERLAND TRAIL - CARYVILLE TO LAKE CITY  
(CAMPBELL COUNTY)

15 November, 1981 (Sunday)

Let's explore the recently opened section of the Cumberland Trail from Caryville on Cove Lake to Lake City. The woods are pleasant and the views of the Cumberland Mountains and hills of northeast Tennessee from Walden Ridge are beautiful. The hike will start from Caryville, just west of I-75, climb the wooded foothills, then go down and up to cross several hollows. We finally reach the crest of Walden Ridge which is sometimes rocky, sometimes overgrown, with extensive views in both directions. After many small ups and downs we will make a steep descent to Lake City. The TTA started the Cumberland Trail and sponsors it. After the hike many of us will go to the Cove Lake State Park Inn for dinner. Hikers from the north, east and south sections of Knoxville, will meet at Clinton Plaza Shopping Center (K-Mart parking area), 5094 Clinton Hwy (US 25 W, North Knoxville). Meet beside the Western Auto store, ready to leave at 8 a.m. Take I-75 north to the Lake City exit 128. See below for further route. West Knoxville and Oak Ridge hikers meet at King's Parking area in Oak Ridge, on S. Illinois Avenue (TN 62), just east of the Oak Ridge Turnpike (TN 95), at 8 a.m. Take the Turnpike (95) and TN 61 to Clinton. Turn right in Clinton on 61 toward Norris and go to I-75. Drive north on I-75 to the Lake City exit 128. All hikers leave I-75 at exit 128, loop under the Interstate and go one half mile west into Lake City. Turn left (south) at the traffic light on US25 W for another half mile to the next traffic light at the Piggly Wiggly Supermarket on the right at TN 116. Turn right on 116 and go about 1 quarter mile to park beside the river just before the Joe E. Day Memorial Bridge. Be there by 8:45 a.m. Eastern time. We will crowd into as few cars as possible, leaving the rest at Lake City. Go back to US 25W and straight north onto I-75 north, then 5.7 miles to the next exit, No. 134, Caryville; leave I-75, turn left across the bridge and just around the corner turn left, then immediately left again toward the Gulf Station. We will park in the school yard just before the Gulf Station. Hiking distance: about 10 miles, with about 1500 feet total altitude gain and loss. Rating: moderate. Driving distance from either Oak Ridge or Knoxville: about 60 miles round trip (95 km) to Caryville. Bring lunch, rain gear and a full canteen of water. Wear long pants, because of briars and poison ivy, which we hope will be dead. Joint trip with Smoky Mountains Hiking Club.

LEADERS: Harry and Sylvia Hubbell  
Oak Ridge 483-0414

Phyllis Lyle  
Knoxville 693-7229

STONES RIVER CANOE TRIP (RUTHERFORD COUNTY)  
28 November, 1981

Murfreesboro Chapter - For a different kind of trail, try your hand at paddling on the Stones River near Murfreesboro. Pastoral Class I float, similar to the Buffalo, with rock bluff, overhanging trees and wildlife. You will need canoe, life jacket, lunch and water. Lunch will be at old Brown's Mill, with a tour of the water powered grist mill included. Meet at 9 a.m. CDT in Greenland parking lot behind Murphy Center, the large athletic complex at MTSU in Murfreesboro. A call or a card to pre-register will be appreciated (but not necessary). Joint trip with TN Scenic Rivers Assoc.

LEADER: Bertha Chrietberg 896-1146  
Box 140, Murfreesboro, TN 36132

PANTHER CREEK TRAIL - FRANKLIN-MARION STATE FOREST (MARION COUNTY)

28 November, 1981

This 6-8 mile trail is in a beautiful area of the Cumberland Plateau. It is similar to trails and overlooks at Savage Gulf, but looks south into Alabama. Difficulty - Cl. II (easy-to-moderate). Meet at the State Forest maintenance building at 9:30 a.m. Central time. Directions: Take I-24 S to the Sewanee Exit 134. Go toward Sewanee and turn left opposite the entrance to St. Andrews School. Cross RR track; turn right then left by an airport; follow signs for "Jump Off Baptist Church". Continue south for several miles until you see the Franklin Marion State Forest maintenance building on the right. If there is enough interest, the group can do some rockclimbing.

LEADER: Jim Chrietberg 389-9561 or  
Route 2, Box 126A, 896-1146  
Bell Buckle 37120

CHICKASAW BLUFF TRAIL - MEEMAN SHELBY FOREST STATE PARK (SHELBY COUNTY)

28 November, 1981

Memphis Ch. - Enjoy the bluffs and bottomland of Meeman Shelby along this 6 mile stretch of the Chickasaw Bluff State Scenic Trail. Meet at the State Park office at 9:30 a.m. Central time.

LEADER: Charlie Norvell 901-876-5201  
Memphis

BLUFF TRAIL, LOOKOUT MOUNTAIN, TENNESSEE  
5 December, 1981

This 4½ mile trail is an easy hike with splendid views of Lookout Valley, the Cumberslands, Moccasin Bend and the Racoon Mt. Pump Storage Project. The trail starts at Covenant College, follows the mountain bluffs terminating at Point Park. Bring food and water for lunch at Sunset Rock - a short steep climb off the trail. Meet at the Point Park Visitor's Center at 10 a.m. EST. There will be a carpool to the trailhead. Coming from east or west on I-24, use Lookout Mt. exit and follow the signs to the top of the mountain.

LEADER: Dot Ventress 821-6082  
Chattanooga



# TTA Affairs

At the October 8th Board Meeting, the Memphis Chapter was officially approved. The Chapter representative on the TTA Board will be Jill Norvell. A group in Jamestown has expressed an interest in forming a TTA chapter. They are currently putting together application papers. We heartily welcome and encourage your support for these new chapters. Also, at the Board Meeting the Bowaters Southern Paper Company was selected to receive the 1981 Tennessee Trails Award. It will be presented to them by President Chrietzberg at the annual meeting.

TRAIL NOTES FROM THE PRESIDENT - Fall in Tennessee is one of the finest times to be out of doors. The beauty of the fall foliage and the brisk cool days devoid of ticks and chiggers, put more joy in your step. If you have been avoiding the hiking trails during the heat and bugs of summer, get out and enjoy our fall hikes. Hike with Grimes Slaughter on the North Ridge Trail on October 31. Join Dave Stidham along Daddy's Creek in Cumberland County on November 14 running those rapids on foot for a really rugged hike. Hike the 8 miles of Panther Creek Trail in Franklin Forest with Jim Chrietzberg on November 28, or if you prefer working your arms instead of your legs, join me on a ten mile canoe trail on the Stones River on that same day.

TVA-Land Between the Lakes has asked TTA to join with them on a Hike Weekend on November 8 and 9. On Saturday, a series of workshops will be held on topics such as: Safety and first aid, map interpretation, camp songs, trail etiquette, outdoor cooking, etc. Then on Sunday, Rise Daniels and Al Lookofsky will lead our scheduled TTA hike on the KY side of LBL. Camping will be made available to us at Boswell Landing. This is a good opportunity to see Land Between the Lakes. These hikes are scheduled for your enjoyment. Come join us on the trail. . . . . Bertha Chrietzberg.

## NASHVILLE CHAPTER

The annual Christmas potluck dinner with the Cumberland-Harpeth Audubon will be December 3rd at the Cumberland Museum. Come at 6:30 p.m. and bring a wholesome dish. Also, bring a maximum of 10 slides to share during the slide presentations. For more info, call Helen McGregor (832-4814) or Elaine Barker (373-3869).

## MURFREESBORO CHAPTER NEWS

The Murfreesboro Chapter met on October 15. A very interesting program was presented by Dwain Van Vactor and Glen Hanley on Day hiking and Backpacking equipment; new, old, improvised, etc. A "boil-off" contest was held using various kinds of backpack stoves, which resulted in an interesting demonstration. The main item on the agenda was planning and scheduling hikes for 1982.

## Trip Report - Sept. 20

With the weather cooperating perfectly, 23 hikers met at the South Cumberland Recreation Area Headquarters and carpooled to the parking area of Carter Natural Area. After hiking up the crest of a ridge called the Spur, the trail descended down the side of Lost Cove to the mouth of Buggy Top Cave. The two miles were covered by noon, and we stopped for lunch at the mouth of the cave. Most of the hikers agreed with Thomas Barr's description that the mouth of the cave, found in a 150' tall bluff, was spectacular. We followed the stream that formed the cave and explored some of the side passages. In one of the side passages were a series of rim stone pools along with flowstone, popcorn, soda straws and stalagmites forming. Roger MacMillan explained that most stalagmites grew at the rate of 1 inch per century and that the formations were calcium carbonate deposits. After we took a rest in complete darkness on a sand beach by the stream, we ascended through a breakdown area and exited through the Peter Cave entrance. The climb out of Lost Cove slowed everyone down but gave us time to admire the wildflowers along the trail. . . . Bob Richards.

TRIP REPORT - The October 3 hike on the Loop Trail in Prentice Cooper State Forest was an enjoyable experience for the 12 hikers on the trip. It was a beautiful day for walking along the rim of the Grand Canyon of the TN River and Mullins Cove Creek. Those participating in the hike: Dot Ventress, Elizabeth Cade, Rita Phillips, Inez Henson Henson, Hilda Mullenur, Lillian McMahan, Henry Shafer, Ryan Shafer, Sam Powell, and Jim Brown, all of the Chattanooga area; and Cally Charping and Sara Page of Nashville. Let's go again next year... Powell.

TRIP REPORT - Dave Stidham, James Galloway, Helen Stewart and Lochiel Jarvis met Joe Gaines at Pickett State Rustic Park for the annual backpack into the Big South Fork National River and Recreation Area. The group began the hike by visiting the Twin Arches then dropped down into Station Camp Valley. Lunch was partaken at the Parchcorn Corn Lodge, an abandoned hunting lodge in the valley. The group then hiked down the valley, enjoying the scenery, pears, and repeated wadings of Station Camp Creek. Camp was established near the junction of Station Camp and Laurel Fork Creeks. Showers fell Saturday night, but Sunday dawned bright, clear and crisp. The group moved up to the top of the Fork Ridge for the trip back to Pickett. Many thanks to the staff of Pickett, particularly Ranger Jim Terry, for assisting us in reaching the trailhead and returning Sunday... Joe Gaines



TTA president Bertha Chrietzberg recently retired from her teaching and administrative job at Middle Tennessee State University. Bertha wonders how she ever had time to work with all she has to do now in retirement!



**LETTERS TOPS WITH CONGRESS** - Public Relations firm Burson-Marsteller says a recent study of Congressmen indicates letters and telephone calls from constituents have more influence on federal legislation than any other form of communication. Rated higher than press coverage and government information sources, such as the "Congressional Record", individually composed letters were most effective in helping develop positions on issues and legislation. Mass mailings of postcards hyping the same issue, however, were rated less persuasive.

**NASHVILLE BED AND BREAKFAST** - Nashville Bed and Breakfast is a new lodging service that brings together out-of-town visitors with Middle Tennessee families. It represents area residents who open their homes to overnight guests for a modest fee. Guests receive a room for the night, continental breakfast in the morning, and the chance to get to know Nashville better as houseguests of hometown hosts. Betty Cordellos, NB&B's owner and manager, says that her venture is an adaptation of the bed and breakfast homes popular throughout Europe. "It is designed to offer the independent traveller an alternative to the impersonality and ever-rising costs of conventional hotels and motels." Guests can count on a cordial welcome because Nashville Bed & Breakfast hosts accept guests because they want to, and not because they have to. The service markets guest accommodations, takes care of reservations, and collects guest fees for its hosts. Some 15 families in Nashville, Donelson, Hendersonville, and Williamson County have already joined Nashville Bed & Breakfast. Nashville Bed & Breakfast has already begun placing guests with some of its hosts on a limited basis. Mrs. Cordellos says her main concern now is locating additional qualified hosts. ~~before the start of the busy~~ If the bed and breakfast concepts appeals to you, you can write for information on becoming a host or guest, to Nashville Bed & Breakfast, P.O. Box 15651, Nashville, TN 37215, or call (615-292-2574).



TTA bumper stickers available. Send \$1 to Andra Fuson, Cedars of Lebanon State Park, Lebanon, TN, 37087.

**Barber's Laws of Backpacking:**

- (1) The integral of the gravitational potential taken around any loop trail you choose to hike always comes positive.
- (2) Any stone in your boot always migrates against the pressure gradient to exactly the point of most pressure.
- (3) The weight of your pack increases in direct proportion to the amount of food you consume from it. If you run out of food, the pack weight goes on increasing anyway.
- (4) The number of stones in your boot is directly proportional to the number of hours you've been on the trail.
- (5) The difficulty of finding any given trail marker is directly proportional to the importance of the consequences of failing to find it.
- (6) The size of each of the stones in your boot is directly proportional to the number of hours you've been on the trail.
- (7) The remaining distance to your chosen campsite remains constant as twilight approaches.
- (8) The net weight of your boots is proportional to the cube of the number of hours you have been on the trail.
- (9) When you arrive at your chosen campsite, it is full.
- (10) If you take your boots off, you'll never get them back on.
- (11) The local density of mosquitoes is inversely proportional to your remaining repellent.

*Time to renew again!  
 ↙ Cut here & mail with dues.*

Tennessee Trails Association, Inc.  
 P. O. Box 4913  
 Chattanooga, Tennessee 37405

Date \_\_\_\_\_

Please register me as a member for the calendar year 1982 with type of membership checked.  
 (Student members do not have voting privilege.)

- |  |          |
|--|----------|
| _____ Student (fulltime, undergraduate, high school) | \$ 3.00  |
| _____ Individual                                     | \$ 8.00  |
| _____ Supporting                                     | \$15.00  |
| _____ Life   | \$150.00 |

Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and to receive the newsletter.

**\*ENCLOSE YOUR CHECK AND  
 MAIL TO: ADDRESS ABOVE**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

Phone No. \_\_\_\_\_ (work) \_\_\_\_\_



## FEDERAL TRAILS NEWS

The Cordell Hull Lake Wilderness Trail (hiking and horseback riding) was dedicated a NRT by the Corps of Engineers on Oct. 3 during the annual fall trail ride. Chuck Schuler of the National Park Service was on hand to present the National Rec. Trail certificate to Corps Resource Manager Richard Puckett. The trail system was designated an NRT by Sec. of Interior James Watt on 8 April, 1981. A new lakeshore trail was recently completed at Dale Hollow Lake. The Accordian Bluff Trail is 8½ miles long, and connects the Willow Grove and Lillydale recreation areas near Livingston. Also at Dale Hollow, work continues on the Red Oak Ridge Trail. Complete to date is 10 miles of the approximately 20 miles planned. Both Dale Hollow Lake trails have primitive campsites along the lakeshore.

Smokies Wilderness - The TTA Board has endorsed an ammendment to the Great Smoky Mountains National Park Wilderness Bill (S-1335). The ammendment should help solve some of the problem with this bill, and facilitate its passage into law. Individual members who desire wilderness status for the Smokies should let their representatives know their feelings. Include some information in your letter to educate your representative. Let them know there will be no significant change in the management of the Park. Wilderness Status means the pristine area will merely be preserved, and significant future management changes must be approved by Congress.

## STATE TRAIL NEWS

The North Plateau trails in the Savage Gulf State Natural Area will be closed to hikers during managed deer hunts. Dates of the deer hunts this year are Nov. 21, 22, 27, 28, 29; and Dec. 5, 6, 25, 26, and 27. Trails in the Stones Door area will remain open to hikers. The TN Dept. of Conservation is making progress in planning the Sgt. York segment of the John Muir Trail. Critical landowner contacts have been made, and officials are optimistic about acquiring the 16 mile section. The trail will generally follow the escarpment of Block House Mountain, and then descend into the valley of the Three Forks of the Wolf River. This section will terminate at the Alvin C. York Memorial Gristmill Historical Area. The Tennessee Eastman Hiking Club has signed a cooperative agreement with the TN Dept. of Conservation to maintain a 12 mile section of the Trail of the Lonesome Pine. The Dept. is currently processing the agreement, which should become official in early November. The TEHC jurisdiction will end at the gap at TN Hwy 70. TTA may enter into similar cooperative agreements for the Cumberland Trail and other trails.

1981 INTERGROUP CONFERENCE - 4-6 DECEMBER, 1981 - (Joe L. Evins Appalachian Center for Crafts, Center Hill Lake). Governor Alexander has chosen the "Safe Growth Plan" as a vehicle to guide development in TN in the coming years. The TN Environmental Council and some of its member organizations have examined the Plan with a view of how it can be improved and what vital areas have been omitted. The 1981 Intergroup Conference will develop an environmental alternative plan and devise appropriate action to have it seriously considered. (TTA already is considering an "alternative" plan for trails). Friday, December 4: Fireside chat with mystery guest. Saturday, December 5: Work sessions (including one on "Trails, Wilderness, Scenic Rivers & Parks"), adoption of alternative plan, and followup. Sunday, December 6: TEC Board Meeting and hikes. COSTS: Lodge/\$5; free camping; meals/\$3-4; registration/\$4. How to get there: Exit I-40 onto TN Hwy 56 S (Silver Point) and drive approx. 5 miles to Hurricane Bridge. Turn left immediately after crossing bridge and follow signs to Appalachian Center for Crafts.



## Water Disinfection Methods

Disinfectant	Quantity per Quart of Water	Waiting Time Before Drinking
Chlorine Tablets	5 Tablets	30 Minutes*
Household Bleach	4 Drops	30 Minutes
Iodine Tablets	2 Tablets	20 Minutes*
2% Tincture of Iodine	10 Drops	20 Minutes
Saturated Iodine	Not Recommended	

\*When using tablet, the waiting time begins after the tablets are dissolved.





# CALENDAR OF EVENTS - 1981

Oct. 31 - North Ridge Trail, Oak Ridge  
 Nov. 7 - Hiking Workshop, LEL  
 Nov. 8 - Hematite Trail, LEL  
 Nov. 8 - TCWP hike to Honey Creek Pocket  
 Wilderness (Ed Clebach 584-2345)  
 Nov. 12 - Murfreesboro Chapter meeting  
 Nov. 13-15- TN Citizens for Wilderness Planning  
 Annual Meeting, Cumberland Mt. State  
 Park (Lynn Wright 376-3716 or Miriam  
 Guthrie 482-2111)  
 Nov. 14 - Big Hill Pond Environmental Area  
 Nov. 14 - Daddy's Creek Gorge, Catoosa Wildlife  
 Mgmt. Area  
 Nov. 15 - Cumberland Trail-Lake City to Caryville  
 Nov. 23-25- TN Recreation and Parks Assoc. Annual  
 Conference, Memphis (Gerald McKinney,  
 901-454-3750)  
 Nov. 28 - Chickasaw Bluff Trail - Meeman Shelby  
 Forest State Park  
 Nov. 28 - Panther Creek Trail, Franklin Marion  
 State Forest  
 Nov. 28 - Stones River canoe trip  
 Dec. 3 - Christmas Dinner, Nashville Ch. TTA &  
 Audubon  
 Dec. 4-6 - 1981 Intergroup Conference, TN Environ-  
 mental Council, Center Hill Lake  
 Dec. 5 - Bluff Trail - Lookout Mt.

Dec. 6 - Clear Creek, Reservoir Hill, Gristmill  
 Loop, Norris Watershed (Terry Chilcoat,  
 632-4411/632-6450)  
 Dec. 10 - Murfreesboro Ch. meeting  
 Dec. 12 - Pine Creek Falls (Warren Dixon, 833-1199)  
 Dec. 19-20- Ridge Trail-Cumberland Gap National His-  
 toric Park (Joe McCaleb, 822-4060/822-1610)  
 Jan. 28,  
 1982 - Nashville Ch. meeting

Send material for TENNESSEE TRAILS  
 to: David Stidham, Editor  
 1015 Hitt Lane  
 Goodlettsville, TN 37072  
 The deadline is the 20th of each  
 month. If possible, submit material  
 camera ready, typed in a full 3 1/2 inch  
 column. Artwork is welcomed.

## TENNESSEE TRAILS ASSOCIATION INC.

**OBJECTIVES:** To promote, construct, and maintain a state wide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

### TTA Officers-1981

**President**  
 Bertha Chrietzberg-Murfreesboro  
**Vice President**  
 David Stidham-Goodlettsville  
**Cooresponding Secretary-Treasurer**  
 Dot Lingerfelt-Chattanooga  
**Recording Secretary**  
 Evelyn Tretter-Goodlettsville

### TTA Board of Directors

**Evan Means-Oak Ridge.**  
 1979-1981  
**Grimes Slaughter-Oak Ridge**  
 1981-1982  
**Sharon Patterson-Lebanon**  
 1981-1983  
**Diane Davidson-Nashville**  
 Chairman-Nashville Chapter  
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 Chairman-Murfreesboro Chapter

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ALWAYS  
 USE ZIP  
 CODE