



# Tennessee Trails

Official publication of the  
Tennessee Trails Association, Inc.

Volume XIII, No. 6

May 1982

## RED OAK RIDGE TRAIL BACKPACK

May 8-9, 1982

This is an easy Class I hike down to the shore of Dale Hollow Lake. The trail is an old jeep trail and easy to walk with very little change in elevation. Dale Hollow Lake is a beautiful man-made lake and the trail overlooks the lake at one particular scenic point. We will camp on one of two scenic peninsulas and we will have plenty of time to explore the area after making camp.

This trip is for beginning backpackers and it is approximately 4.6 miles roundtrip.

The weather should be warm during the day and slightly cool at night.

All hikers please pre-register with Joe McCaleb. Meet leader in the parking lot of 394 West Main St., Hendersonville, Tennessee at 9:00 a.m. sharp Saturday, May 8, 1982.

LEADER: Joe W. McCaleb 822-1610 (o)  
822-4060 (h)

## PERIWINKLE PICNIC - LONG HUNTER SHORE TRAIL

23 May, 1982

Nashville and Murfreesboro Chapters of TTA and Audubon Society will meet for an easy 3-mile walk along the J. Percy Priest lake-shore and past an old abandoned cemetery with a large periwinkle patch, which should be in bloom. This is a Sunday afternoon trip well-suited for families with children. There will be a cook-out at the end of the trail (\$1.00 charge). Meet at 1:30 central time at the Mt. Juliet exit of I-40 East at the "Country Store" convenience market. From Nashville, get off exit and turn left across the interstate to second business on right. Park on right side of parking lot.

LEADER: Betty Smith 297-1026  
(work) 329-7011

## HATCHIE SCENIC RIVER CANOE TRIP 15-16 May 1982

The Memphis Chapter will join the Tennessee Scenic Rivers Association on a float down the last scenic river in West Tennessee, the Hatchie. Leader Dennis Lovell will guide canoeists on this two day, 10 mile float through hardwood forest and farm land. Those interested in canoeing the Hatchie need to bring: 1) canoe and paddles, 2) flotation vest(s), 3) \*camping gear, 4) food and water- (enough for two days). Canoes are available on a first come/first serve basis at the following places in Memphis: 1) Outdoors, Inc., 5245 Poplar Avenue, 901-767-6790-- \$37.50/weekend; includes: 2 vests, 2 paddles, a canoe, canoe car rack. 2) Memphis State University Recreation Dept., 901-454-2801 (reservations taken May 10), \$10.00/weekend; includes: canoe; two paddles- \$2.00; canoe car rack- \$1.00. Make your reservation for the equipment as soon as possible. \*Memphis State also rents camping gear at same number. Meet Dennis at Chickasaw State Park Headquarters at 9:30 a.m. central time, May 15.

LEADER: Dennis Lovell

## WILDFLOWER PILGRIMAGE - FALL CREEK FALLS

7-9 May 1982

3rd Annual Spring Wildflower Pilgrimage at Fall Creek Falls State Park - Registration begins on Friday night followed by a slide presentation and a "slide sharing" session. Activities on Saturday and Sunday include bird walks, wildflower searches, help for beginners, nature photography workshops led by Assistant Superintendent Jim Hall and his wife Mary, fern forays, and a special Saturday night program entitled "The Highland Rim Project". For information call Ranger-Naturalist Herb Roberts at 615-881-3241 and mention the pilgrimage.

## MEMPHIS IN MAY - 28-30 May 1982

See page 4 for details and page 5 for a map of Memphis.

# TTA Affairs

AMMENDMENT TO BY-LAW TO ESTABLISH FAMILY MEMBERSHIP - At the April Board Meeting, the TTA Board of Directors proposed the following ammendment to By-law No. 5: Add the following after the 1st sentence: "Dues for additional members in the same family shall be three dollars (\$3.00) per year. Family members shall enjoy full membership privileges.

The purpose of this change is to give a financial break to families with several members who desire to receive only one newsletter. A ballot to vote on this proposed by-law will be mailed with the June newsletter. Any discussion on the proposal will be printed in the June newsletter.

ANNUAL MEETING IN WEST TENNESSEE - The Cumberland Mt. Chapter was to host the annual meeting this year, but no place

could be found for it due to the World's Fair. The Memphis Chapter will sponsor it instead. It will be held at the Lakeshore United Methodist Assembly at Eva, TN (next to Nathan Bedford Forrest State Park), Oct. 15-17. Lodging will be \$10.00 for the weekend, with meals at \$2.00 and \$3.00. The main theme of the meeting will be formation of a trails advisory council in Tennessee. Member-oriented workshops will also be held. Contact David Stidham if you have any ideas for programs or outings.

TTA SLIDE SHOW AND EXHIBIT AVAILABLE TTA has a slide show with a typed narration, and a portable exhibit panel which can be used to promote TTA. These may be borrowed from David Stidham for use at meetings, fairs, etc., to tell the TTA story.

## Chapter News

### Murfreesboro

MEETING NEWS-The Murfreesboro Chapter met on April 13th. Sharon Patterson, Ranger-Naturalist at Cedars of Lebanon State Park presented an excellent slide program on the unusual flowers of the Cedar Glades. The next Murfreesboro Chapter meeting will be held on May 11th, Alumni Gym, MTSU Campus.

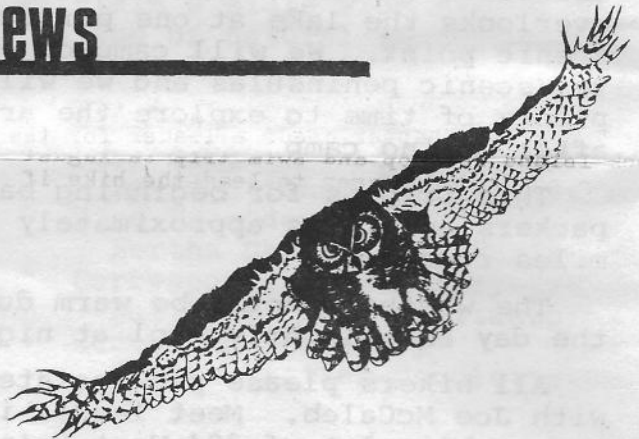
### Memphis

TRIP REPORT - Thirty-three people of all ages turned out for the March 27 day hike along the Red Leaves Trail at Natchez Trace State Park. This contingency, mostly from Memphis, with a few Nashvillians, commenced hiking at the site of the world's largest pecan tree and came out of the woods at the park center about 5 hours later. The leader of the hike was unruffled by a troop of hikers which sometimes found itself stretched over a 1½ mile span of trail, and the hikers were undaunted by a slight unwanted detour to a small cemetery, off the trail, by the leader. The day was cool and a little windy, but sunny; the conifers were ever present, but there was little evidence of spring; the late-wintery hike was roundly acclaimed as a success at its conclusion. Greg Forte.

TRIP REPORT - A hearty group of about 20 members and friends took to the "hills" as the Memphis chapter of TTA explored the beauty of Nathan Bedford Forrest State Park Sunday, April 18. Led by biologist Betty Thompson and her photographer-husband Jack, the group

was introduced to examples of flora growing along the trails. Perfect weather allowed novice photographers in the group to capture the spring beauty on film. Although the hikers often found themselves making their own trails (off the beaten path) everyone enjoyed the scenery and sights and sounds of the area. Kentucky Lake provided a perfect setting for some spectacular views along the trail. Many thanks to the Thompsons for their leadership and to those who made the trek...Laura Derrington, Secretary, Memphis Chapter.

MEMPHIS HISTORY AT MAY MEETING - Memphis History will be the program for the May meeting. Ed Williams, author of the booklet Early Memphis and its River Rivals, will present an entertaining program covering Memphis history and myths associated with it. Ed Williams is presently a member of the Shelby County Commission. He will be preparing us for our May hike on the Memphis Historical Trail. Everyone is invited to attend. We meet at 7:30 p.m. central time every third Thursday of the month at Kingsway Christian Church, Poplar and Massey.





## Nashville

### THE ROCKIES OF COLORADO AND WYOMING

A slide program on the Rocky Mountains, Grand Tetons, Yellowstone, etc., will be presented by David Stidham at the May 27th Nashville Chapter Meeting. The program and business meeting will be proceeded by a potluck supper, so bring your favorite dish to share (plates and utensils will be provided.) Time: Lets eat at 6:30 p.m. central time. Place: Picnic shelter at Cook Recreation Area on J. Percy Priest Lake. Take the Old Hickory Blvd./Hermitage Landing exit on I-40. Go south to Bell Road; turn left (east) on Bell Road; turn right (south) on Hope Road; follow the signs to Cook. After you enter the recreation area, take the first right to the picnic area. Turn left in the picnic area, past the amphitheater, to a picnic shelter. If we are not there, try the second shelter across from the launching ramp.

### ROCK ISLAND TRIP LEADER NEEDED

The Nashville Chapter needs a leader for the Rock Island rockhop and swim trip on August 4. we can get a ranger to lead the hike if someone will volunteer to coordinate the trip. No leader, no trip!

NASHVILLE CHAPTER MEETINGS - Nashville Chapter is now holding monthly meetings instead of bi-monthly. The April meeting was held at Dave & Sherry Stidham's Toadshade, where we found several toadshades in bloom, heard the whip-poor-wills and a peacock's call, as the dusk gathered. We ate a delicious supper, and enjoyed John Hart's slides from last summer's hikes. Ya'll who missed it, don't miss next month!

NASHVILLE CHAPTER T-SHIRTS - The Nashville Chapter is investigating the feasibility of having a Chapter T-shirt made, especially after seeing the Cumberland Mountain shirts. More news will be forthcoming next month. Contact Betty Smith (297-1026) to give your ideas or to get more info.

### CARPOOL COORDINATORS:

Memphis - Connie Mahoney 901-528-5899  
901-278-1817 (work)

Nashville - Evelyn Tretter 615-859-0566

Murfreesboro - Maryedith McFarlin  
615-896-1344

Chattanooga - Dot Lingerfelt 615-842-8043  
615-751-3292  
(work)

## Cumberland Mountain

TRIP REPORT-Regardless of heavy storms the night and early morning before, the Buffalo Arch to Coffee Overlook hike proved to be a great success and a most enjoyable experience for all who participated. By the time everyone met at Pickett State Park office, 10:00 a.m., March 21, the weather had cleared. The party entered the woods in the southern portion of the Daniel Boone National Forrest, and hiked to an unnamed, but scenic cliff, where everyone had lunch near a small waterfall. Upon finishing lunch, the group then made their way to Buffalo Arch, which is a natural sandstone arch rock formation. The hikers found numerous flint chips and bone fragments to testify to the fact that this location was inhabited by fairly large Indian hunting parties in times long lost to memory. From Buffalo Arch the group hiked into the Rock Creek gorge where they happened upon some natives of these woods, a red tailed hawk, which seemed annoyed at the intrusion and a three foot long garter snake that slithered unconcerned across the trail. Many wild flowers were seen along the way. The hikers found both yellow and blue Violets, Trailing Arbutis, Hepatica and some that were unidentified. After leaving Rock Creek the group hiked back up a steep grade to Coffee Ridge where they were greeted by the panoramic view that one must be there to truly appreciate. The group then made their way two miles along an access road to highway 154 where they were picked up by the ones who furnished vehicles. The hikers also did some work along the way. George Minnigh furnished trash bags and as the party made their way, they picked up all visible litter along the trail left behind by other less than tidy visitors. If awards were given for "Trail Cleaner of the Day", Ruth Slusher of Oak Ridge would have it by seeing and picking up the garbage that others would have missed. Those attending the hike were George Minnigh(leader), Howard Ray Duncan, Carl, Sheryl, and Marta Cooper, Steven Reed, Steven and Pamela Burke, Terry Bonham, Glenn Voss, Grimes Slaughter, and Ruth Slusher. The Cumberland Mountain Chapter would like to say how pleased they were to have our visitors, Grimes and Ruth-Oak Ridge, Glenn-Oneida, and Terry-Nashville to join us on this enjoyable hike. We hope these and many more plan to join us on our future hikes...Steven Burke.

A note of thanks to Sam and Emily Powell for their great hospitality at the April 3, board meeting. We enjoyed ourselves very much and hope to see all of you again soon.-S. & P. Burke & H.R. Duncan.



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## JOIN MEMPHIS IN MAY!!!

The entire month of May will find Memphis full of festivities: the Cotton Carnival, parades, music, art exhibitions, and river races, to name a few. The Memphis Chapter wants all Tennessee Trails Chapters to come join in the fun during the weekend of May 28-30. Many activities will be offered to those who would like to explore Memphis during this festive time. Tentatively we have planned:

May 28 - 8:30 p.m. - A Night Hike - at Meeman Shelby Forest State Park. Investigate the sounds of night with Ranger-Naturalist Charlie Norvell.

May 29 - 8:30 a.m. - Memphis Historical Trail - follow the trail of the Chickasaw Indian, explore the slave market, wander through Memphis' historical homes along the Mississippi, and visit the Hotel Peabody along the 10 mile trek through the downtown area. A must for Memphians and visitors. Leaders: Betty Porter, Jerry Bull.

- All Day Options:

Chucalissa Indian Village and Museum (9-5; 50¢)

Memphis Queen Riverboat Rides (2:30, 4:30; adults \$5, children \$2.50)

Memphis Pink Palace Museum and Planetarium (9-4; adults \$2, children \$1.50)

Mid-America Mall Concert at Court Square (noon; free)

Paintings from the Metropolitan Museum at Brooks Memorial Art Gallery (10-5; free)

The Genius of Van Gogh at Dixon Gallery and Gardens (10-5; adults \$1, children 50¢)

Boehm Flower Festival at Hotel Peabody (free)

Interpretive Programs at Meeman Shelby Forest State Park (TBA)

- 8:00 p.m. - Campfire Program - at Meeman Shelby Forest State Park with Ranger-Naturalist Charlie Norvell

- 8:30 p.m. - Sunset Symphony - at Tom Lee Park on the banks of the Mississippi (free)

May 30 - 8:30 a.m. - Chickasaw Bluff Trail Hike - hike one of the most beautiful bluff and bottomland regions of Tennessee. 9 miles. Leader: TBA

Camping facilities will be available at the primitive campground (water available) at Meeman Shelby Forest State Park for 50¢/person; or modern camping at the Park for \$6.50/site. The Park is located approximately 15 miles north of Memphis near Millington, TN.

Make your plans now to join the Memphis Chapter for the Memphis In May Festival, May 28-30.

Memphis Maps will be available at Shelby Forest State Park, or contact Jill Norvell for map information, schedule information, and camping information, at 901-454-2365, or CEEE, Dept. of Curriculum & Instruction, Memphis State University, Memphis, TN 38152

SEE YOU IN MAY!!!

### THE BOOK SHELF



**ABOVE TIMBERLINE.** Dwight Smith. Edited by Anderson, Jr. 1981. Alfred A. Knopf, New York, N.Y. \$16.95. 246 p.

The journal of a wildlife biologist who spent five months in an old mining cabin in the Colorado Rockies. The book records observations on the mountain ecology, as well as the author's reflections on man's relationship to his environment. Illustrated with several fine photographs.

### Trail Treats

G.O.R.P.

We mix equal portions of peanuts, rasins, sunflower seeds, and M&M's. There are several different ingredients that can be used. Put them in a container and you will have a very easy, nutritious, and enjoyable snack during a long day of hiking. G.O.R.P. stands for "good ole rasins and peanuts".

Cumberland Mountain Chapter



## CALENDAR OF EVENTS - 1982

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| <p>3 May - Cumberland Mountain Chapter meeting, Allardt School library.</p> <p>8-9 May - Nashville Chapter. Red Oak Ridge Trail backpack.</p> <p>11 May - Murfreesboro Chapter meeting, Alumni Gym, MTSU.</p> <p>15 May - Radnor Lake Run (see enclosure with April newsletter).</p> <p>15-16 May - Memphis Chapter. Hatchie River Canoe trip.</p> <p>16 May - Cumberland Mountain Ch. trail worktrip, Sheltoee Trace Trail.</p> <p>16 May - Workshop on the Future of the Appalachian National Forests, UT Knoxville (see enclosure).</p> <p>20 May - Memphis Chapter meeting, Kingsway Christian Church.</p> <p>23 May - "Periwinkle Hike", Long Hunter Shore Trail.</p> <p>27 May - Nashville Chapter meeting, Cook Recreation area, J. Percy Priest Lake.</p> <p>29-30 May - Memphis Chapter. Memphis-in-May Celebration.</p> <p>5 June - Cumberland Mountain Chapter, hike and barbeque, Lakeside Trail, Pickett State Park.</p> <p>5 June - Memphis Chapter. Night hike on Hoot Owl Trail, Meeman Shelby Forest State Park - Charlie Norvell (901-876-5201).</p> | <p>5-6 June - Murfreesboro Chapter. Conasauga River backpack - Glen Hanley (615-890-4113/898-2104) or Mike Rice (615-893-0670/898-2147).</p> <p>7 June - Cumberland Mountain Chapter - officers meeting.</p> <p>8 June - Murfreesboro Chapter meeting, Alumni Gym, MTSU.</p> <p>13 June - Nashville Chapter. Mansker Creek "Tennis Shoe Hike" and picnic. Evelyn Tretter (615-859-0566).</p> <p>19 June - TCWP hike to Highlands of the Roan.</p> <p>19-20 June - Hiwassee Scenic River - on foot and afloat - John Muir Trail and Hiwassee River raft float - Warren Dixon (615-833-1199).</p> <p>24 June - Nashville Chapter meeting.</p> <p>26 June - Memphis Chapter. "Indian Mounds Walk", Pinson Mounds State Archaeological Area - Steve Pardue (901-536-5433).</p> <p>26 June - Murfreesboro and Nashville Chapters. Night hike and stargazing, Stones River National Battlefield - Don and Linda Magee (615-895-2271) or Evelyn Tretter (615-859-0566).</p> <p>27 June - Cumberland Mountain Chapter. Trail work trip - Sheltoee Trace Trail.</p> <p>15-17 Oct. - TTA Annual meeting, Lakeshore United Methodist Assembly, Eva, TN (next to Nathan Bedford Forrest State Park). Hosted by Memphis Chapter.</p> |
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### TENNESSEE TRAILS ASSOCIATION INC.

**OBJECTIVES:** To promote, construct, and maintain a state wide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

#### TTA Board of Directors

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1982-1984

Grimes Slaughter-Oak Ridge  
1981-1982

Sharon Patterson-Lebanon  
1981-1982

Betty Smith-Nashville  
Chairman-Nashville Chapter

Dwain Van Vactor-Murfreesboro  
Chairman-Murfreesboro Chapter

Jill Norvell-Memphis  
Chairman-Memphis Chapter

George Minnigh-Jamestown  
Cumberland Mountain Chapter

#### TTA Officers - 1982

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**Vice President**  
Bertha Chrietzberg-Murfreesboro

**Corresponding Secretary-Treasurer**  
Dot Lingerfelt-Chattanooga

**Recording Secretary**  
Evelyn Tretter-Goodlettsville

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