



# TENNESSEE TRAILS

Official publication of the  
Tennessee Trails Association, Inc.

Volume XIII, No. 13

December 1982

## HIGHLIGHTS OF TTA ANNUAL MEETING - 15-17 OCTOBER, 1982

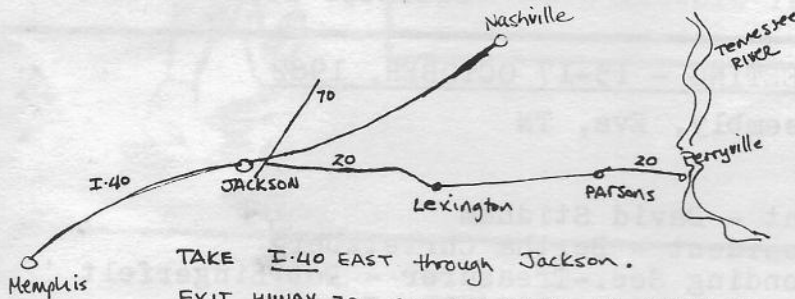
Lakeshore Assembly, Eva, TN

- \*Officers elected for 1983: President - David Stidham  
Vice President - Bertha Chrietzberg  
Corresponding Sec.-Treasurer - Dot Lingerfelt  
Recording Secretary - Evelyn Tretter  
Director, 1983-1985 - Grimes Slaughter
- \*Don Todd awarded the Tennessee Trails award and "Bill Stutz Boot".
- \*Evan Means given a free life membership for his donations from sales of Tennessee Trails and for his many contributions in support of TTA over the years.
- \*Entertaining and informative slide talk on West TN, given by Annual Meeting coordinator, Jill Norvell.
- \*Keynote address by Jay Miller, Arkansas Trails Council, and Jack Johnson, US Corps of Engineers.
- \*Much discussion but no decision on forming a Tennessee Trails Advisory Council. I think (?) the conclusion was to call another meeting of interested groups.
- \*Dwain Van Vactor led a workshop on map and compass, and equipment tips.
- \*Bertha Chrietzberg led a workshop on health, feeding and care of the hiker.
- \*Charlotte Zerfoss led a workshop on trail maintenance.
- \*Really liked the Door Prizes! Let's do that again.
- \*The auction raised about \$80 and lots of laughs. What an auctioneer! One jar of blackberry jam brought \$10 !!!
- \*The weather for the weekend was beautiful!
- \*TTA members and guests enjoyed hiking in nearby Nathan Bedford Forest State Park Friday afternoon, Saturday morning before breakfast, and on Sunday.
- \*Best BBQ and trimmings in all West Tennessee, thanks to Memphis Chapter.

# HIKES

## MOUSE TAIL LANDING STATE PARK 4 December 1982

Mouse Tail Landing State Park will be the sight of Memphis' December hike. This area is located on the banks of the Tennessee River and has proven to be one of West Tennessee's most beautiful forested areas. The Park has not been officially opened to the public, so we will get a "sneak preview". Bring a lunch and drink for this day hike. Mouse Tail is located near Parsons. We will meet at Jake's Motel



TAKE I-40 EAST through Jackson.

EXIT HIWAY 70. GO 100 YARDS TO HIWAY 20.

TAKE HIWAY 20 through Lexington and Parsons to Perryville.

on Highway 20 at 10:00 a.m. Carpool leaves Kingsway Church at 7:30 a.m.

LEADER: Charlotte Zerfoss  
901-424-4321

## Laurel Trail, Big South Fork National River and Recreation Area (Pickett County) 12 December 1982

On December 12 the Cumberland Mountain Chapter will hike the newly constructed Laurel Trail in the Big South Fork National River and Recreation Area. The hike will follow a long ridge, before dropping off into the Laurel Creek gorge. Once in the gorge the trail will follow Laurel Creek for some distance before turning back up the hill, and terminating at the old fire tower location. This is a beautiful trail, which will pass such rock formations as the Dirt Rockhouse and wind through hardwood and hemlock forests. Meeting place will be at Pickett State Park office at 8:00 a.m. and we will carpool to the trail head. The distance of the hike will be approximately 6 to 8 miles and there will be several creek crossings. Bring lunch, water, and wear heavy shoes (possibly an extra pair of socks). See you there!

Leaders: Steven Burke 879-8017 from 7:00 a.m. to 5:00 p.m.  
Howard Ray Duncan 879-8245 after 4:00 p.m.

## PANTHER CREEK TRAIL, FRANKLIN STATE FOREST (Marion Co.) 11 December 1982

Murfreesboro Chapter - 8 miles, Class II. Contact leader for meeting time and place.

LEADER: Jim Chrietberg 615-369-9561  
Bell Buckle

## LONG HUNTER SHORE TRAIL, LONG HUNTER ST. PARK (Rutherford Co.) 19 December 1982

Nashville Chapter - 3 miles, Class II. Contact leader for meeting time & place.

LEADER: Bucky Crowell 615-269-6579  
Nashville (work) 615-259-5860

# Chapter News

## Cumberland Mountain

The Cumberland Mountain Chapter met Nov. 1 for their last chapter meeting for 1982. The President called the meeting to order making announcements of our upcoming hikes and reminding everyone to watch on WCTE channel 22 in Cookeville and listen on WCLC radio in Jamestown for the ads that are being aired for the Cumberland Mountain Chapters membership drive. These ads began October 1 and will continue through December 31. Howard Ray Duncan was then ask to give a report on the TTA annual meeting. Due to the great distance involved and job responsibilities Howard Ray and George Minnigh were the only two Cumberland Mountain Chapter members that were able to attend. Howard Ray gave a very informative report to the attendance. We would like to thank George and Howard Ray for representing our chapter. President, Steven Burke then gave a very enlightening report on the Cumberland Mountain Chapter's past year's activities. The Cumberland Mountain Chapter will be one year old Nov. 24, 1982. Everyone was very pleased at looking back on our accomplishments made as our first year as a TTA chapter. Secretary-Treasurer, Pamela Burke gave a rundown on our fund raisings and total earnings for the past year and the present checking account balance. Howard Ray then gave the membership information on ordering more TTA t-shirts. Orders were taken from the members present. Finally, the floor was opened for election of officers for 1983. Tom Maddox made a motion to retain all officers at their current post for 1983, if each was willing. The motion was second by Carl Cooper and carried unan-

imously. The officers are as follows: President-Steven Burke, Vice-President-Howard Ray Duncan, Secretary-Treasurer-Pamela Burke, and Representative to TTA Board of Directors-George Minnigh. The meeting was adjourned with refreshments of homemade fried apple pies, cookies, coffee, coke, and lemonade being served...P. Burke.

### CARPOOL COORDINATORS:

Memphis - Gene Jacobson 901-755-9073  
Nashville - Evelyn Tretter 615-859-0566  
Murfreesboro - Maryedith McFarlin  
615-896-1344  
Chattanooga - Dot Lingerfelt  
615-842-8043  
615-751-3292  
(work)



## Calendar of Events

- 2 Dec. - Nashville - Annual Christmas Pot-luck dinner with Audubon.
- 3-5 Dec. - Cumberland Falls State Park (KY), Betty Smith (615-297-1026).
- 4 Dec. - Memphis - Mouse Tail Landing S.P.
- 6 Dec. - Cumberland Mt. Ch. meeting.
- 11 Dec. - Murfreesboro - Panther Creek Trail, Franklin State Forest
- 12 Dec. - Cumberland Mt. - Laurel Fork Trail, BSFNRRRA
- 14 Dec. - Murfreesboro Ch. meeting.
- 16 Dec. - Memphis Christmas party.
- 19 Dec. - Nashville - Long Hunter Shore Trail, Long Hunter State Park.
- 1983
- 3 Jan. - Cumberland Mt. Ch. meeting.

- 11 Jan. - Murfreesboro Ch. meeting.
- 20 Jan. - Nashville Ch. meeting.
- 27 Jan. - Nashville Ch. meeting.
- 27 May -
- 24 June - Appalachian Trail Conference Meeting, New Paltz, NY.

August - Horseback safari now being organized in the MASA MARA region of Kenya, Africa, timed to coincide with peak levels of the yearly wildebeest migration and the accompanying menagerie of wildlife. Optional climb of Mt. Killimanjaro available to those interested. For additional information contact Dr. Thomas Dumm, 614 Lincoln Avenue, Pittsburg, PA, 15202. (412-761-9594).

## Adopt A Trail

Trail inspection reports have been received from Arthur Yates (Twin Forks Trail), Margaret Mann (Warner Parks Trails), and Bill Hager (Bearwaller Gap Trail). Thanks to all for your volunteer support! you can adopt-a-trail by contacting the Adopt-A-Trail Coordinator, Diane Davidson, 2820 22nd Avenue S., Nashville, TN 37215.

### UPSTREAM

The easy roads are crowded, and  
The level roads are jammed.  
The pleasant little rivers  
With the drifting folks are crammed.  
But off yonder where it's rocky.  
Where you get the better view,  
You will find the ranks are thinning,  
And the travelers are few.

Where the going's smooth and pleasant  
You will always find the throng.  
For the many-more's the pity-  
Seem to like to drift along  
But the steps that call for courage  
And the task that's hard to do  
In the end results in glory  
For the Ever Wandering few!

Clip and  
mail your  
1983 dues  
TODAY!

Tennessee Trails Association, Inc.  
P.O. Box 4913  
Chattanooga, Tennessee 37405

Date \_\_\_\_\_

Please register me as a member for the calendar year \_\_\_\_ with the type of membership checked.

- \_\_\_\_ Student (fulltime-undergraduate, high school) . . . . . \$3.00
- \_\_\_\_ Individual . . . . . \$8.00
- \_\_\_\_ Family dependent (one who resides with an individual member) . . \$3.00
- \_\_\_\_ Supporting . . . . . \$15.00
- \_\_\_\_ Life . . . . . \$150.00

Student members do not have voting privileges. Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and up to three addressees to receive the newsletter. Family dependent members do not receive a separate newsletter.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NO. \_\_\_\_\_ (home) \_\_\_\_\_ (work)

THE MEMPHIS CHAPTER  
CORDIALLY INVITES  
ALL TTA.



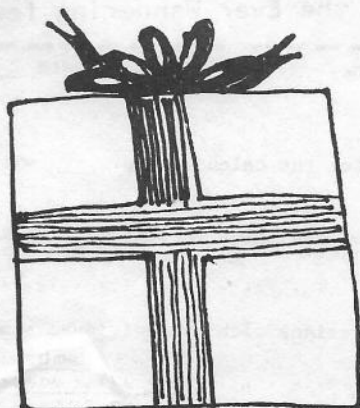
TO A  
HO! HO! HO!

# CHRISTMAS PARTY

December 16, 1982

6:00 p.m.

Kingsway Christian Church, 6310 Poplar Ave.



MUSIC

POTLUCK  
SUPPER



GAMES

DOOR  
PRIZES

AWARDS



SQUARE  
DANCING



## TRIP REPORTS

Barren River State Park, October 23- (Nashville Chapter) - Five of us hiked the nature trail, bike trail and some of the roads in Barren River Lake State Park, KY, for a total of about 6 miles. It was a fine autumn day, with not a cloud in the sky all day, and a perfect temperature for hiking, of about 60°. All of the many bright colors of fall foliage were everywhere. We found two large trees with wild grape vines in their branches, and picked some for an afternoon snack of "possum" grapes. The campground had several trailers and tent campers, but two of our group who had planned to camp out overnight decided not to because the nighttime temperatures were just a little too cold...Bill Hager

NORTHROP FALLS LOOP TRAIL, October 24 (Cumberland Mountain Chapter) -

On Sunday, October 24 the Cumberland Mountain Chapter sponsored the first TTA hike around the newly constructed Northrup Falls Loop trail. The Group of 21 was treated to a relatively short, but very scenic hike. The first point of interest was at the top of the falls, where one could see most of the gorge. The trail then wound along the bluff line through a dense hemlock and pine forest, passing three scenic overlooks before descending into the gorge. Once in the gorge, the trail followed the cliffs, passing one rockhouse after another before arriving at the foot of the falls. The falls, which is the main focal point of the trail, towers some 100 feet from a large pool of water which is estimated to be over 20 feet deep. The trail then wound behind the falls and back up a gentle grade, passing giant hemlocks which measure up to 4 feet in diameter. Once again atop the cliffs, the trail passed two more overlooks, from which the falls could be viewed. The trail then led the group across a foot bridge, which the Cumberland Mountain Chapter built, and back to the trail head. The Northrup Falls Loop trail is situated on private property and was planned and constructed entirely by the Cumberland Mountain Chapter with full consent of the land owners. Those attending were: Vic Canada from Madison, Betty Libby, Pat Anderson, and Martha Martin from Nashville, Don and Ella Beaty from Monterey, Alice and Trent Bowden, Sheryl, Marta, and Mahaliah Cooper, Tom and Dianne Maddox, Steven and Ryan Reed, Theodore and Alta Hicks, Howard Ray Duncan, Steven and Pamela Burke all from Jamestown, and Elaine Elkins from Cookeville. S. Burke.

The Lichterman Nature Center, October 30 (Memphis Chapter) - This proved to be educationally exciting for the 27 Memphis Chapter hikers who toured the facility early Saturday morning. Peter Money, Curator of the newly-developed center, explained the many educational opportunities school groups, scouts, and the general public will have at the Nature Center when it opens officially in mid-April. We got a "sneak preview", however, of the building where there are several classrooms, a lab facility, and exhibits being set up, and also a nice walk around the lake and through the 60 acres of wooded area. A special surprise was from one of Peter's squirmy raccoons from the rehabilitation center who will be released after Peter "teaches" him how to be a raccoon!

...Jill Norvell

SHILOH NATIONAL MILITARY PARK, November 6, (Memphis Chapter) -

Nov. 6 was a perfect day for hiking; bright sun, blue sky, slightly cool temperature. Four members of Memphis Chapter enjoyed this beautiful day at Shiloh National Military Park doing the No. 2 Artillery Hike. This is a 14 mile loop trail through the Park with special attention to the part that artillery batteries played in the Battle of Shiloh. Besides observing many varied monuments and plaques and over 150 cannons, an added bonus was seeing two deer crossing a large field.

TRIP REPORT-On November 7 the Cumberland Mountain Chapter hiked the Hidden Passage Trail in Pickett State Park. The hike began at the Group Camp and followed the trail on a backward track to Thompson Overlook, where the hikers had lunch. After lunch, the group took a short cut to Double Water Falls by descending the steep hill from Thompson Overlook. After leaving the falls the hikers went back to the main trail and hiked under and atop some of the tallest cliffs in the area. The hike terminated back at the group camp just as the sun was setting. The weather was perfect and the scenery was beautiful on this balmy, clear day. All who went really enjoyed the trip. Those attending the hike were: Vic Canada from Madison, Elaine Elkins from Cookeville, Alta Hicks, Sheryl and Marta Cooper, Howard Ray Duncan, and Steven and Pamela Burke all from Jamestown...S. Burke.

Chickasaw Bluff Trail, November 13 (Memphis Chapter) - Thanks to Betty, Andy, Anne, Barbara, John, Jim, and Nell, who helped with the construction of one bridge, trail-re-routement, three steps, and three stream crossings on the north part of the Chickasaw Bluff Trail in Shelby Forest. With the use of a chain saw and directions of Ranger-Naturalist Charlie, we conquered all major obstacles along a one-mile portion of the trail. It was good, hard work and we deserved every candy bar and M&M's that were eaten. Thanks yall. ...Jill Norvell

Stones River Float, November 13 (Murfreesboro Chapter) - Fourteen canoeists set out for a day on the Stones. There was much laughter and a few surprises. Dot Lingerfelt thought for sure Bertha Christzberg was going to take her over the dam at Brown's Mill. Instead, the group portaged around the dam and ate lunch at the 100 ft. high mill. After eating, they toured the mill, where three of them got to stay longer than they had planned, because Bertha had locked them in. Her brother, John Clark, said "Next time I'll take the padlock with me". What a trip to remember! Bertha will never live that one down.

Twin Forks Trail, November 13 (Murfreesboro Chapter) - On Saturday Bob Richards and Vickie Hillis hiked the Nices Mill to East Fork section of the Twin Forks Trail, Murfreesboro's adopted trail. Sunday we were joined by Arthur Yates and we hiked the East Fork to Walter Hill section. The trip brought about many ideas and suggestions for the trail. The two days were very productive and we, as a chapter, are looking forward to getting this trail completed. There is much hard work to be done, so y'all get ready! One suggestion when going hiking with Arthur - Be sure he has an extra set of car keys. What fun we have on TTA trips! ...Vickie Hillis

No one showed up for the Cumberland Trail Hike (Nov. 6), or the Smoky Mt. Weekend (Nov. 20). Reportedly, both hike leaders took advantage of opportunity and went hiking anyway, but on different trails.



Send material for TENNESSEE TRAILS to:

David Stidham, Editor

1015 Hitt Lane

Goodlettsville, TN 37072

The deadline is the 20th of each month. If possible, submit material camera ready, typed in a full 4½ inch column. Artwork is welcomed.

# TENNESSEE TRAILS ASSOCIATION INC.

OBJECTIVES: To promote, construct, and maintain a state wide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

## TTA Board of Directors

Sam Powell-Signal Point  
1982-1984

Grimes Slaughter-Oak Ridge  
1983-1985

Sharon Patterson-Lebanon  
1981-1983

Betty Smith-Nashville  
Chairman-Nashville Chapter  
Dwain Van Vactor-Murfreesboro  
Chairman-Murfreesboro Chapter

Jill Norvell-Memphis  
Chairman-Memphis Chapter

George Minnigh-Jamestown  
Cumberland Mountain Chapter

## TTA Officers - 1983

President

David Stidham-Goodlettsville

Vice President

Bertha Chrietzberg-Murfreesboro

Corresponding Secretary-Treasurer

Dot Lingerfelt-Chattanooga

Recording Secretary

Evelyn Tretter-Goodlettsville

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CHATTANOOGA, TENNESSEE 37405



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Department of Conservation  
701 Broadway  
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