



TENNESSEE TRAILS

Official publication of the
Tennessee Trails Association, Inc.

Volume XIV, No.2

February 1983

TENNESSEE ENVIRONMENTAL COUNCIL

The TEC Board met on January 7 and several serious decisions were made in order to keep this important environmental organization alive at a time in history when we need this protection more than ever before. With the lack of incoming grant money, TEC can no longer keep its present paid staff. The Board decided to terminate two positions, those held by Betsy Loyless and Polly Wiley, and to cut Ruth Neff's position to half-time. In order to further cut expenses, it was decided to move TEC's office on Jan 29-30 into the Tennessee Conservation League's office and share expenses with them. The TEC Board and other volunteers will assume more responsibilities in order to keep this excellent organization viable. Volunteers are needed for: assistance in typing the newsletter; folding and

preparing mailings; help in moving the office on January 29-30. They have books and papers they will be unable to store, so a help with this move may bring you a bonus. Also needed are donations of money (tax deductible) from individuals or organizations. The telephone number is (615)251-1110, and the address is Tennessee Environmental Council, Box 1422, Nashville, TN 37202.

Bertha Chrietzberg
TEC representative for TTA

BOARD MEETING - 26 February, 1983, 7:30 p.m. (CST) at the "free cabin" at Fall Creek Falls State Park. The board meeting will follow the work trip that day led by Gene Curp (see "Outings" for details on arrangements and preregistration for the Fall Creek Falls "Free Cabin Special" on Feb. 26-27). All board members and committee chairs should plan to attend. Everyone is welcome.

HIKES

CANE CREEK TRAIL OVERNIGHTER (VAN BUREN CO.) Saturday-Sunday, 29-30 January, 1983

Grab your long johns and join us at Fall Creek Falls State Park for a moderately difficult winter overnigher on the Cumberland Plateau. The hike will be approximately 12 miles, five on Saturday and seven on Sunday. The weather in January on the Plateau is raw and unforgiving so layer up warmly. Bring lots of carbs and quick energy foods to provide warmth and energy, and several water bottles to keep hydrated. We will be on the Lower Loop of the Cane Creek Overnight Trail which goes down into Cane Creek Gulf, and passes by Piney Creek Falls, Fall Creek Falls (highest east of the Rockies), and Cane Creek Falls. The Gulf is magnificent in winter with many large Eastern Hemlock, and the frozen falls are unforgettable. Don't forget your camera. Meet at 9:30a.m. Central time in the Nature Center at Fall Creek Falls State Park.

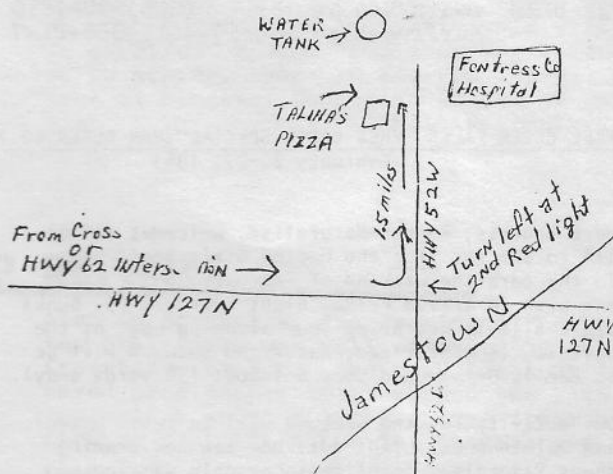
LEADER: Herb Roberts, Ranger-Naturalist 615-881-3772 H
Fall Creek Falls State Park 615-881-3297 W
Pikeville, TN 37367

ROCK CASTLE BUSHWHACKERS TRIP-FEBRUARY 12, 1983

On February 12 the Cumberland Mountain Chapter will be going on the Rock Castle Bushwhackers Trip. Meeting location will be Talina's Pizza Parking Area (see map below) at 9:00 a.m. The hike will take us through a very historic and rugged section of Fentress County

which will pass from the Cumberland Plateau into a deep gorge in which Rock Castle Creek flows. The hike will be approximately 4 miles and will be between class III and IV. Bring lunch and water. Good sturdy boots are required.

Leader-Howard Ray Duncan 879-8245 after 4:00 p.m.



(more)

HIDDEN SPRINGS TRAIL - CEDAR OF LEBANON ST PARK
(Wilson Co)
12 February 1983

Murfreesboro Ch. sponsored. Call leader for info on meeting time and place.

LEADER: Sharon Patterson 615-444-4566
Lebanon

ESPERANZA TRAIL HIKE
12 Feb., 1983

Members of the Memphis Chapter will have a chance to get their feet in the mud of the Mississippi River bottoms when they hike the Esperanza Trail located near Mound City in Crittenden County, Arkansas. This hike, approximately 11 miles, is almost all on level ground but most of it will traverse farmland and will be muddy at this time of year so old shoes or boots will be appropriate. Bring lunch and water or drink. Some points of interest are Indian Mounds, Old Military Road, and a marker telling of the sinking of the Sultana 4 miles upriver from Mound City. This is a patch hike and anyone interested can contact leader for details. We will leave Kingsway Christian Church at 9:30 a.m. for those who wish to carpool.

LEADER: Jerri (Mavis F.) Bull 901-363-4408
Memphis

INDIAN TOWN BLUFF, CHEATHAM LAKE (Cheatham Co.)
19 February 1983

Nashville Ch. sponsored. 3-4 miles, Class II. scenic and historic area overlooking Harpeth and Cumberland Rivers. Meet at Cumberland Museum at 9 am (CST) to carpool.

LEADER: Joe Gains 615-356-4899
Nashville

CROSS COUNTRY SKI WEEKEND, ROAN MT. STATE PARK
25-27 February 1983

A cabin at the State Park will be available Friday night and Saturday night (\$6/night). Meet the group at the cabin (check in at Park Office) Friday night, and enjoy cross country skiing Saturday and Sunday. Free ski instruction; ski rental at the Park for \$10-\$13. Bring food to cook in the cabin. Dress in layers, for this vigorous winter sport. Novices welcomed. Please preregister with leader.

LEADER: Dwain Van Vactor (615)890-7810
Murfreesboro (work)-(615)898-2147

FALL CREEK FALLS "FREE CABIN SPECIAL"(VAN BUREN CO.)
February 26-27, 1983

Herb Roberts, Ranger-Naturalist, welcomes all of TTA to use for free the heated Girls Staff House in the park the weekend of February 26-27. Some may wish to arrive Friday night February 25. Bunks are available but bring your sleeping bag. As the building is winterized, water and showers will be in Family Campground Loop B (about 150 yards away).

Our activity for the weekend will be trail patrol and maintenance. Light duty bow saw and pruning shear "exercise" compliments aerobic walking. Tools provided! Easy to difficult depending on your mood. Don't miss out!

Please preregister with leader. Meet at 10A.M. Saturday CST at the campground check-in station. Prior arrangements must be made if you plan to go up Friday night. Car pooling encouraged.

This is a good chance to see the park, hopefully, in its winter glory. And a good chance to give back to the park system a little payment for all the pleasures you take from it.

Be prepared for winter dayhiking. We will concentrate on the Upper Loop of the overnight trail.

Leader: Gene Curp 615-822-1660 (Work)
615-824-1171 (Home)

SHILOH CROSS COUNTRY COMPASS HIKE (HARDIN COUNTY)
February 26, 1983

Memphis Chapter - This 10 mile compass trail through the woods and fields of Shiloh National Military Park is a challenge but lots of fun. The countryside today is much like it was before the great battle occurred, so this hike is rated Class II. Bring a compass if you have one. Carry lunch in your backpack or buy sandwiches, drinks and snacks at the Visitors' Center. No water is available out in the Park on the trail. If you want to earn the patch award, bring a pencil and \$1.80 for map, instructions and patch. A supper stop for barbecue at Lewis' in Moscow will be a great way to end the day. Meet at 8:30 AM Central time behind Ed Shaw's Restaurant, intersection Tenn. Hwy. 22 and 142. For carpool information call our Carpool Coordinator, Gene Jacobson, 755-9073

LEADER: Betty Porter 901-363-0213
Memphis

BACKPACKING AT PICKETT S.P.(PICKETT CO.)
Sat. - Sun. March 5-6, 83

Days will be cool, nights brisk, streams full, and the scenery spectacular as usual. Hike will cover the Hidden Passage trail (8 miles) with side trips to Twin Falls and the Tunnel optional. Days will be divided with 4-5 miles each. The group will choose overnight camping site (Twin Falls, Tunnel on Rock Creek, or Thompson Overlook). Lots of geologic features, rock houses, and photographic opportunities. Join us for this newly-revived annual event and bring ample water for the trip, sleeping bag rated at 30+, and tent. Hiking in moderate hills with some steep climbs on optional side trips. Meet at the Park Office of Pickett State Park on Hwy. 154 at 9:30 (CST) sharp.

LEADER: Harry Williamson 615-297-6494
Nashville 741-5208

or
Terry Bonham 615 742-6681

CARPOOL COORDINATORS:

Memphis - Gene Jacobson 901-755-9073

Nashville - Evelyn Tretter 615-859-0566

Murfreesboro - Maryedith McFarlin
615-896-1344

Chattanooga - Dot Lingerfelt
615-842-8043
615-751-3292
(work)

(still more)

APPALACHIAN TRAIL HIKE 19 MARCH - 27 MARCH 1983

Those individuals who wish to go on this hike will meet in the parking lot behind the football stadium at MTSU no later than 5:00 pm on March 18th. We will drive to Amicalola Falls where we will plant a car, then drive north to Dicks Creek Gap (US Hwy 76). We plan to begin our hike around 8:00 am on the 19th of March.

Expect the temperature to be low in the 20's and high in the 40's. We may have to do some hiking in the snow, so be prepared. A total of 26 meals will be required. If you plan to go, please let me know by the first day of March 1983 as transportation plans will have to be finalized.

LEADER: Arthur H. Yates - 741-5013
Ext 41 from 8:00a.m. to 4:00p.m.
459-2095 after 5:00p.m.
or write: 110 Stewart Dr.
Smyrna, TN 37167

Chapter News

★ ORGANIZATIONAL MEETING FOR A CHAPTER IN CHATTANOOGA IN MID-FEBRUARY. WATCH FOR ANNOUNCEMENT IN YOUR MAIL AND THE MEDIA. ★

Murfreesboro

January 11 - The Murfreesboro Chapter elected officers for the new year. The results were: President, Dwain Van Vactor; Vice President, Arthur Yates; Secretary, Vicki Hillis; Treasurer: Bertha Chrietberg.

Remember - January 29 is workday on the Twin Forks Trail. Bob Ricahrds will be there for a workshop in trail maintenance. We'll start at 9:00 a.m. at John Coleman Road. Take 231 N and turn left onto Central Valley Road just before the Walter Hill Bridge. For more information, contact Arthur Yates at 459-2095, or Vicki Hillis at 895-2757. It will be a great day; it won't be all work.

February Meeting - February 8, Room 105, Murphy Center, MTSU campus at 7:00 p.m. Bring a friend.

SORRY! Vicki Hillis of the Murphreesboro Chapter should have been credited for the interesting 13 step procedure on "How to Break Into Your Car After Hiking 10 Miles", which appeared in the January newsletter.

Cumberland Mountain

On January 3 the Cumberland Mountain Chapter had their first regular meeting of the 1983 year at Allardt Elementary School. The major items discussed were the priorities for 1983, which include: Trail construction and maintenance, Growth of the chapter, and Incentives to promote better membership participation. Also discussed was the changing of the meeting time from the first Monday bimonthly to the second Monday bimonthly, due to other conflicting meetings beginning in March.

Tom Maddox was appointed as Cumberland Mountain Chapter's Trail Construction Coordinator for the 1983 year. Upon completion of chapter business a speech was given by Marta Lee Cooper on hiking. Marta recently gave the same speech at a 4-H public speaking contest which was held in Fentress County. Marta gave an excellent speech and it was enjoyed by everyone. Howard Ray Duncan then gave a presentation on hypothermia, what it is, its causes, and how to prevent it. After Howard Ray's most informative presentation the meeting was adjourned and refreshments of homemade coconut pies, donuts, and drinks were served... Pamela Burke.

Nashville

Monthly Meeting - February 24 - A short film on backpacking will be shown. Then there will be visiting and talking, and everyone will have a chance to (1) make suggestions to supplement the film and (2) tell of some of his backpacking experiences.

Meet at Cumberland Museum at 7:30 p.m. Have your tall tales ready. Also your good and practical ideas to make backpacking better.

Memphis

February 17, 1983 - Memphis Chapter meeting. The February meeting will feature Larry Turner. He will present a program on orienteering. If you have a compass, please bring it along. This program will be both informative and fun. This will be an excellent program for everyone interested in hiking. Hope to see you there. We meet at Kingsway Christian Church at 7:30 p.m.
Kathie Tinsley.

TRIP REPORTS

SHORT MT. - October 9, 1982 (Murfreesboro Chapter). Participating in the hike were Sheila Alexander, Joy Parkhurst, Lecia Bowen, and 9 month old Rebeka Bowen, all new members of PTA, and myself. We hiked most of the time in the rain but the thick forest canopy protected us from the frequent downpours. The fragrance of the forest during the rain was so refreshing. Our eyes beheld the beauty of many different types of fungi and ferns. We also encountered a small garter snake.

Also on October 9, the opening at Long Hunter State Park was well attended by the Murfreesboro Chapter. The park has a 2½ mile paved handicapped trail around the lake. There is a short Braille nature trail and fishing facilities for the handicapped.

Indian Grave Point Cave - Jan. 8, 1983 (Murfreesboro Chapter) The cave trip to Indian Grave Point was forgotten by all except Jim Chrietberg. We all missed out on Jimmy's knowledge of caves.

Tennessee Trails Association, Inc.
P.O. Box 4913
Chattanooga, Tennessee 37405

Date _____

Please register me as a member for the calendar year ____ with the type of membership checked.

- ____ Student (fulltime-undergraduate, high school) \$3.00
____ Individual \$8.00
____ Family dependent (one who resides with an individual member) . . \$3.00
____ Supporting \$15.00
____ Life \$150.00

Student members do not have voting privileges. Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and up to three addressees to receive the newsletter. Family dependent members do not receive a separate newsletter.

NAME _____

ADDRESS _____

PHONE NO. _____ (home) _____ (work)

MEMBERSHIP APPLICATION

Calendar of Events

- | | | | |
|------------|--|-------------|---|
| Jan. 29 | - Twin Forks Trail worktrip. | March 5-6 | - Pickett State Park Backpack - see this newsletter. |
| Jan. 29-20 | - Cane Creek Trail Backpack, Fall Creek Falls State Park. | March 8 | - Murfreesboro Ch. meeting. |
| Feb. 8 | - Murfreesboro Ch. meeting. | March 12 | - Memphis Ch. - Natchez Tract St. Park. (Larry Mullins/901-968-3742). |
| Feb. 12 | - Murfreesboro Ch. - Hidden Springs Trail, Cedars of Lebanon State Park. | March 12-13 | - Murfreesboro Ch. - Twin Forks Tr. Backpack (Arthur Yates/615-459-2095). |
| Feb. 12 | - Memphis Ch. - Esparenza Trail. | March | - Murfreesboro Ch. meeting. |
| Feb. 17 | - Memphis Ch. meeting. | March 13 | - Cumberland Mt. Ch. - Hidden Passage Trail Wildflower Hike (Howard Ray Duncan/615-879-8245). |
| Feb. 19 | - Nashville Ch. - Indian Town Bluff, Cheatham Lake. | March 14 | - Cumberland Mt. Ch. meeting. |
| Feb. 24 | - Nashville Ch. meeting. | March 17 | - Memphis Ch. meeting. |
| Feb. 26 | - Memphis Ch. - Shiloh Nat'l Military Park. | March 19 | - Jack's River Falls, Beechbottom Trail, Cohutta Wilderness (Dot Lingerfelt/615-892-8043). |
| Feb. 26 | - Board Meeting, Fall Creek Falls State Park. | March 19-27 | - Murfreesboro Ch. AT hike (see this newsletter). |
| Feb. 26-27 | - Hike and worktrip at Fall Creek Falls State Park. | March 24 | - Nashville Ch. meeting. |
| Feb. 26-27 | - Cross Country Skiing, Roan Mt. St. Park. | March 26 | - Nashville Ch. - John Muir Trail (Bob Richards/615-742-6606). |
| March 5 | - Pot Point Loop Trail, Prentice Cooper St. Forest (Sam Powell/615-886-2689/755-6781). | March 26 | - Memphis Ch. - Ft. Pillow State Pk. (Ward Weems/901/738-5581). |

P.O. BOX 4913
CHATTANOOGA, TENNESSEE 37405



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Department of Conservation
701 Broadway
Nashville, TN 37203

