



TENNESSEE TRAILS

Official publication of the
Tennessee Trails Association, Inc.

Volume XIV, No. 9

September 1983

TTA Board Meeting, Sept. 10, 1 p.m.
central time, restaurant at Cumber-
land Mt. State Park, Crossville.
Come at noon for lunch. Everyone
welcome.

FALL HIKE DAY, LAND BETWEEN THE LAKES

Saturday, October 1, 1983

The TTA and TVA's Land Between the Lakes (LBL) will co-sponsor a Hike Day at the Fort Henry Hiking Trails in the southern portion of LBL. The Fort Henry Trails offer hikes ranging from 2.4 miles to 15.5 miles. Hike Day registration will be at the Fort Henry Trail parking lot from 8 a.m. to 11 a.m. No preregistration is required. Groups should check in on arrival. Day hikers are asked to be off the trail by 5 p.m. Adequate parking is available. Groups may camp at Piney Campground or Boswell Landing Lake access. A fee of \$6 per night, plus 50 cents for electricity will be charged at Piney. There is no charge at Boswell Landing. Groups are asked to furnish their own guides or qualified leaders. Emergency aid will be available. Take US Hwy 79 between Dover, TN and Paris Landing, TN. About 1 mile west of Dover, turn right (north) on Rt. 49 (The Trace) and follow to South Information Station; turn left, continue on this road until you come to Boswell Landing, Ft. Henry Trail Sign and turn right. Follow straight ahead for one mile to Ft. Henry Trails (Boswell Landing is to right as you come into gravel road).

ATTENTION TTA MEMBERS!!!!

Come, enjoy good food, fellowship, and hike the rugged trails of the Cumberland Plateau with the Cumberland Mountain Chapter, at the TTA annual meeting on October 14, 15, and 16. Visit the well known Twin Arches, Parch Corn Lodge, and descend into the pristine forest along Laurel Creek. You will be glad you came, and regret it if you don't!

UPDATE ON CUMBERLAND TRAIL - I wanted to bring you and the general membership of TTA up on the current situation and progress of the Cumberland Trail sections we are working on. Section I: Cumberland Gap to Cove Lake. Approximately 28 of the 42 miles in this section have been completed. Unfortunately, the growing season so far this year has been so intense, the trail is grown over about a month after completion. This section is undoubtedly some of the nicest I have ever seen. Between Woodson's Gap and McClains Rock (about 4-4½ miles), there is a natural bridge on the crest, a 100 ft. waterfall just below the crest, Alum Cave Rockhouse, which is so big it's listed in the Caves of Tennessee publication. This rockhouse also has over a 100 foot waterfall falling over the face of it. Section III: Oliver Springs to Nemo: On July 15, we finally got our 6 man prison labor crew started up. They are under the supervision of Chuck Chandler. Chuck has been working on the CT for about 1½ years. He was a YACC crew-chief on the CT before that. Anyway, barring any more landowner problems, we hope to get to Nemo sometime this winter....Mike Dahl

The TVA barge will be in Nashville on Sept. 14-18. Nashville Chapter members are needed to staff a TTA Exhibit. To volunteer, call Vic Canada - 868-1072.

HIKES

September 10 - Mousetail Landing State Park
This lovely, rolling park on the Tennessee River was a favorite hike from last year. Join the Memphis Chapter on a 8 mile hike through the hills and dales of Mousetail. meet the gang at 10:00 at the Park's Interpretive Center. Take I-40 to Jackson, exit #93 (Law Rd); turn north onto Hiway 100 through Parsons; cross TN River and turn left on 1st black top road. Follow it two miles to park entrance.

Leader: Charlotte Zerfoss 901-427-0177
Jim Keeton 901-847-6329

TTA Hike - 10/11 September 1983
Lower Loop Cane Creek Trail
Fall Creek Falls State Park

This will be a two day overnighiter on the 12 mile loop trail that tranverses the northern portion of this 16,000 acre park located on the Cumberland Plateau. The trail is rated Class II-III and crosses the Cane Creek Gorge. There will be 6 miles of hiking each day with Saturday(gorge section) being slightly more difficult than Sunday. Hikers should bring neccessary equipment and expect to carry some water on the hike. Meet at the Park Nature Center at 10:00 A.M. (CDT). For pre-registration information contact Bob Richards at(615) 352-3486(h) or 742-6669(o).
Note: since the wells may be dry, plan on carry-ing several quarts of water.

CAMPBELL CAVE SUBTERRANEAN HIKE (FENTRESS COUNTY) Sunday, September 11, 1983

On September 11 the Cumberland Mountain Chapter will be hiking underneath Campbell Mountain. Campbell Cave is found on an old farm in the Poplar Cove section of Fentress Co. at the foot of Campbell Mountain. This cave has seen much use over the past 150 years. Salt-peter was mined here during the Civil War with some evidence of this mining operation left. Campbell Cave is a small cave with many interesting features. While this is a relatively safe cave, there will be some dangerous areas. This activity is not recommended for the weak at heart or those badly out of shape. There will be some crawling along low, narrow passageways, so if you fear close spaces you may not want to participate in this activity. Expect to get dirty! Be sure you wear strong, old clothes. Long pants and long sleeves are a must. If you have a hard hat you might want to bring it. Hard hats are not required, but it saves on bumped heads. Strong boots with good soles are necessary. Everyone must bring a good flashlight.

CARPOOL COORDINATORS:

Memphis - Gene Jacobson 901-755-9073
Nashville - Evelyn Tretter 615-859-0566
Murfreesboro - Maryedith McFarlin
615-896-1344
Chattanooga - Dot Lingerfelt
615-842-8043
615-751-3292
(work)

The trip leaders will supply Coleman lanterns. The trip will take approximately four hours including travel time from the meeting place. We will be leaving from Talinas Pizza parking lot at 2:00 p.m. C.S.T. on Sunday afternoon. Talinas Pizza is across from the Fentress County General Hospital about 1/2 mile west of the courthouse on Highway 52.

LEADER - Howard Ray Duncan 879-8245
Jamestown

RADNOR LAKE SUNSET HIKE (NASHVILLE) Saturday, Sept. 17, 1983

The Nashville Chapter will sponsor a hike at Radnor Lake State Natural Area, Nashville. Meet at the east Radnor parking lot at 5:30 p.m. (Otter Creek Road off Franklin Road or east off Granny White Pike). If good weather, we can enjoy the sunset and the waxing moon. No picnicking at Radnor, but trail snacks permissible, or fast food somewhere after the hike at the group's pleasure. Class II hike, proper footwear suggested. About two miles.

LEADER: Evelyn Tretter 615-859-
Goodlettsville 0566

September 24 - Village Creek State Park
Join the Memphis Chapter through one of Ark.'s newest state parks. Sitting on top of Crowley's Ridge's hardwood forest, this Park's Village Creek is home to a couple of rare fishes - the Rainbow Darter and the Southern Red-Bellied Dace. So, bring your lunch and a friend and meet the Ranger-Naturalist at the Park Office at 9:00a.m. Follow Hiway 64 thru Wynn, take 64B and follow the state park signs. Call carpool coord. Gene Jacobson 755-9073 for info on carpooling.

Leader: Larry Lohmann 501-238-9406

SQUASH CASSEROLE

5-6 medium sized zucchini squash
1 stick margarine or butter
Ritz crackers
Velveeta cheese
1 medium onion, chopped (opt.)
salt, pepper
dash garlic powder

Slice zucchini in thin slices. Boil with onion, margarine, and seasonings in small amount of water til tender. Crush Ritz crackers and place a layer in casserole dish. Add a layer of (drained) squash, reserving the liquid, then a layer of cheese. Continue to layer and end up with cheese, topped with crushed crackers. Pour liquid over the top and bake at 375 for 30 min. until bubbly. Sherry Stidham

TENNESSEE TRAILS ANNUAL MEETING

OCTOBER 14-16, 1983

PICKETT STATE PARK - JAMESTOWN, TENNESSEE

Mail this today!

Don't miss this meeting! It's going to be a dandy!

Name _____

Address _____

Phone _____

Registration Fee: \$2.00 per person

Lodging: \$7.00 per person for weekend.....

Pickett State Park Group Camp

Meals: (Circle which ones)

Breakfast (Saturday, Sunday) \$2.50 per meal.....

Sausage & Biscuits --- Ham & Biscuits

Fruit Bar

Juice - Milk - Coffee

Lunch (Saturday) \$3.50 per meal.....

Sandwichs (Ham, Bologna, Cheese, etc.)

Baked Beans

Potato Salad

Banana Pudding

Ice Tea - Milk - Coffee

Dinner (Saturday) \$4.50 per meal.....

Ribeye Steak

Potato Wedges

Baked Beans

Cole Slaw

Rolls

Hawaiian Dessert

Ice Tea - Milk - Coffee

Total _____

Dinner (Friday) Potluck--bring a dish to share.

Plates and utensils will be provided.

Make check payable to Tennessee Trails Association

Send registration and check to: Tennessee Trails Association, Inc.

P. O. Box 4913

Chattanooga, TN 37405

Do you have a favorite trail, project, gadget, technique, or trip you would like to share on Friday night during the "Show and Tell" (limit 25 slides, 10 minutes)? Yes ___ No ___

Title _____

There will be an auction sometime during the weekend so if you have items to donate, please bring them. It's lots of fun!

NOTE It is highly important to pre-register for the annual meeting, in order to insure plenty of food and a good time for all!



Chapter News

Cumberland Mountain

CUMBERLAND MOUNTAIN CHAPTER MEETING - SEPTEMBER 3, 1983

The Cumberland Mountain Chapter will hold their regular chapter meeting at Pickett State Park on September 3. We will leave from the picnic area at 4:00 p.m. for a short hike to Hazard Cave. We will then return to the picnic area where homemade ice cream will be served. This meeting is hoped to be our best yet. Everyone attend!

FENTRESS COUNTY BLUEGRASS AND CRAFTS FESTIVAL
July 29 & 30, 1983

The 3rd Annual Fentress County Bluegrass and Crafts Festival proved to be a great success, both as an event, and as a fund raiser for the Cumberland Mountain Chapter. The festival began at 5:00 p.m. on July 29, with a marathon jam featuring some of the best bluegrass bands in the nation, with such greats as The Brothers n Bluegrass, New Dawn, Grass of 82, and Benny Williams of the Grand Ole Opry. The music was followed by a beauty contest for the title of Miss Fentress County Bluegrass. On the morning of July 30, the festivities started over bigger and better. Along with music, there were contests such as pie eating, greased pig catching, tobacco spitting, greased pole climbing, etc. that went on throughout the day. The festival was also well blessed with many crafts. There were pottery making, woodwork, quilting, needle crafts, and candy making, just to name a few. All through the events the Cumberland Mountain Chapter worked at their booth selling hamburgers, hotdogs, and many other good things. This fund raiser turned out to be the most successful fund raiser to date, due to the hard work put forth by virtually all of the members of the chapter, of whom each and everyone did more than their share. With a crowd of more than 5,000 people in attendance the festival proved to be a great event for the area, and promises to be even bigger next year...S. Burke.

Nashville

September Meeting - The Nashville Chapter will hold its September meeting at Shutes Branch Recreation Area on Old Hickory Lake. Take Andrew Jackson Parkway north off Lebanon Road in Hermitage, then Saundersville Road, follow Corps of Engineers signs.

Weiner roast at 6:30, followed by meeting, program to be announced. Food and utensils will be furnished. Bring drinks and small amount of money for food. Date is Thursday, Sept. 22. Mark your calendar. No calling to remind.

Hot Water? Can Do. Use an aluminum beverage can to heat soup or water. Its compact shape keeps liquids hot far longer than shallow pans or cups. As the can is heated, the hot liquid rises to the top and stays there. You can even sip hot liquid from the top and then place the can back on the fire to heat the rest. And the price is right!



Murfreesboro

TWIN FORKS TRAIL CHATTER - The new Trail Chairman for the Twin Forks Trail is Mr. Roger Shoemaker. He can be reached at 890-3485. He will be in charge of the work days and says that he hopes to see each of you, sometime during the year, on the trail. He plans to feed lunch to all workers on work day, so come on and help while having a good time and a good meal.

MURFREESBORO CHAPTER MEETING

The Murfreesboro Chapter met at 7:00 p.m. for its annual covered dish dinner in the shelter behind MTSU's Murphy Center on 11 August 1983. A total of 10 members and guests were present to feast on the assortment of food, when they were driven inside by a hard storm. The rain was much needed and welcome, but it could not have come at a more inopportune time. Well, as Glenn Hanley said, "It never rains on my hikes, just every evening". The film LORAX was shown after the feed bags were empty. This film's message is very pointed and should be viewed by all who would destroy the delicate balance of nature. The next meeting date for the chapter is 13 September 1983 in Room 105 of Murphy Center at 7:00 p.m.. Everyone welcomed.
Arthur M. Yates-Chairman (615) 741-5013 X47 w
459-2095 h

Memphis

The Memphis Chapter has adopted a new trail! The Sensory Trail at Lichterman Nature Center in Memphis. This trail, only on the map and not on the ground yet, is designed to not only be a sensory-awareness trail for nature center visitors, but is also designed for wheelchair access and the blind. Mphs Chapter is fortunate to be a part of its development since it will be a unique trail to our area. The first work day on the Sensory Trail will be Sept. 17, 9:30 at the Nature Center, 5992 Quince. Interested workers should call Jill Norvell, 876-5529 or 767-2365.

Have you never remember which is a stalactite and which is a stalagmite? Grab your flashlight and a close friend and get ready for October's Blanchard Springs Caverns' tour of the underworld. The Sept meeting of Mph Chapter will introduce you to caves. Pink Palace Museum's Robbie Krampf will show us the hows and wheres of caves with a slide program and demonstration of equipment. COME TO THE MEMPHIS MEETING, SEPT. 15
AT KINGSWAY CHURCH AT 7:30 P.M.

Send material for TENNESSEE TRAILS to:
David Stidham, Editor
1015 Hitt Lane
Goodlettsville, TN 37072
The deadline is the 20th of each month. If possible, submit material camera ready, typed in a full 4 1/2 inch column. Artwork is welcomed.

TRIP REPORTS

Laurel Falls Trail..30-31 July 1983(Murfreestboro Chapter)-The day was bright, clear and warm as seven hikers and equipment carpooled from MTSU to the Savage Gulf Wilderness Area. We left the Stone Door Ranger Station at 11:33a.m. and hiked down through the Stone Door into the Gulf. Water was scarce, so we were hot and dry until we finally found water running in Big Creek. Off came packs, boots, socks and whatever else we could and into the water. Oh-h-h it felt so good. After a good nights sleep at Big Creek Campsites, we hiked out and headed home. Only one beautiful Timber Rattler was seen on this trip. Later, we stopped at Hardee's for a second breakfast. Yall come nex' time,ok? Arthur M. Yates

Our favorite excursion was a trip on a lobster boat to Monhegan Island. This island is an hours sail from Port Clyde, a port halfway up the Maine coast. It's many trails are marked and mapped for the visitor. We hiked the cliff trail from the lighthouse on the hill, eating lunch on the highest rocks along the New England shore. The view of the sea, sailboats plying the ocean and seagulls flying by us for a handout, made it the loveliest place we'd been. We wished for all of you.

Tents were our homes (except for one night when I was rained into the car) and trusty campstove was lighted every meal but five. It was an inexpensive trip. I highly recommend it.

-Gayle Douglas

ELMWOOD CEMETERY WALKING TOUR

On Aug. 6th five members and one visitor of the Memphis Chapter met at the Cemetery Office Bldg. The custodian told us about some of the history of the bldg. and that it is listed in the Nat'l Register of Historic Places. He also told us about some of the famous and not so famous who are buried at Elmwood. The first burial was in 1852 and since then many prominent in Memphis History have been buried there, including mayors, politicians, yellow fever victims, Civil War Generals, and veterans from other wars. Ethnic groups include Chinese, German and Greek. There are eighty acres of well-kept grounds with many ancient oaks, hugh magnolias, hollies, and crepe myrtle which give the visitor a feeling of beauty and tranquility. J. Bull - Memphis Chapter

Six TTA members drove to Maine. Three left July 31st and three more August 6th. We rendez-vous-ed in Boothbay Harbor, Maine at a tree-touching site by the sea at a place called Gray's Homestead Campground. Pat Anderson, Edcois Norfleet, Helen McGregon, Gayle Douglas, Vic Canada and John Clark spent an unbelievably beautiful vacation exploring the "downeast" coast. The Maine coastline runs somewhat east-west so sailors had to go down and east to go north, hence the expression.

CHATTANOOGA CAMPOREE - AUGUST 19-21, 1983

Hot was the word! But still we had twelve people camping on Friday night. A beautiful night and a breeze at last. Our fearless leader, Sam Powell, took us out for an owl hunt. Using a tape recorder, he was successful in calling up some barred owls and a great horned owl. It was exciting to watch them fly from tree to tree and then when we returned to camp they followed. Saturday morning Bob Campbell, Forestry Division, took us on a very interesting hike on the loop leading to Pot Point. While we were on the hike, Sam was busy preparing a trail for us to follow during the Orienteering class. After lunch, Jim Brown, Forestry Division, talked to us about the varied activities being carried out at Prentice Cooper. The Wildlife Management representative, Peter Merz, told us about the wildlife abounding in the forest and future use of the forest for attracting more wildlife. Saturday night Ken Dubke of the National Park Service gave an interesting account of the establishment of the Chickamauga and Chattanooga National Military Park and some interesting facts about the hawks living in this area. At the campfire, we were entertained by Joe Smith and Kenneth Holloway (along with their manager, Stan Crewe) playing "good ole mountain music" and singing along when we felt like it. After the campfire we were surprised to find we had some owls still "hooting" around and watched them for awhile before turning in. Everyone had to leave after breakfast on Sunday but we did take a short trip to Snoopers Rock on the way out of the forest. Although we had a total of 30 in camp on Saturday night to enjoy the program, it was disappointing not to have a better turnout to enjoy the camping--Dot Lingerfelt

Odorless Bug-Proofing. To bug-proof your tent without smelling it up, crawl inside and spray through the doors and windows with the mesh flaps in place. This attacks the places where the bugs enter without leaving a heavy vapor residue inside.

NOTE: Anyone interested in buying or selling new/used/no-longer needed hiking equipment? Place your ad in this newsletter by submitting it by the 20th of each month.

FOR SALE: Vasque "Gretchen" Hiking boots, size 8½ M, \$60.00, and a Trail Wise backpack, \$60.00. Both items "like new", in excellent condition. Contact Jacoba Wilson, 901-353-3242.

Calendar of Events

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| <p>Sept. 3 - Cumberland Mt. Ch. meeting, Pickett State Park (see this nl).</p> <p>Sept. 10 - Mousetail Landing State Park (see this nl).</p> <p>Sept. 10 - TTA Board Meeting, Cumberland Mt. State Park.</p> <p>Sept. 10-11 - Fall Cr. Falls backpack (see this nl).</p> <p>Sept. 11 - Campbell Cave (see this nl).</p> <p>Sept. 13 - Murfreesboro Ch. meeting, Murphy Ctr.</p> <p>Sept. 14-18 - TVA Barge, Nashville.</p> <p>Sept. 15 - Memphis Ch. meeting, Kingsway Ch.</p> <p>Sept. 17 - Radnor Lake hike (see this nl).</p> <p>Sept. 17 - Memphis Ch. worktrip on Sensory Trail.</p> <p>Sept. 22 - Nashville Ch. meeting.</p> <p>Sept. 24 - Village Cr. St. Park (see this nl).</p> <p>Sept. 24 - Twin Forks Trail worktrip (Roger Shoemaker - 615-890-3485).</p> | <p>Oct. 1 - Twin Forks Trail horsetack ride, J. Percy Priest Lake (Roger Shoemaker - 615-890-3485).</p> <p>Oct. 1 - Fall Hike Day, LBL (see this nl).</p> <p>Oct. 8 - Shell's Ford - Cardwell Mt. Trail, (Diane Davidson - 615-297-4816/or 615-242-1622-work).</p> <p>Oct. 8-9 - Blanchard Springs Cavern, AR (Jim Drum - 901-767-2783).</p> <p>Oct. 12-23 - TVA Barge, Memphis.</p> <p>Oct. 14-16 - TTA Annual Meeting, Pickett St. Pk.</p> <p>Oct. 22-23 - Savage Gulf mt. climbing (Larry Turner - 901-682-2359).</p> <p>Oct. 28-29 - TCWP Annual meeting, Fall Creek Falls State Park.</p> <p>Oct. 29 - Twin Forks Trail worktrip (Roger Shoemaker - 615-890-3485).</p> <p>Dec. 1 - Joint TTA/Audubon Christmas dinner, Cumberland Museum.</p> |
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TENNESSEE TRAILS ASSOCIATION, INC.

OBJECTIVES: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year: \$3.00 for students and family dependents.

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