

# TENNESSEE TRAILS

OFFICIAL PUBLICATION OF THE TENNESSEE TRAILS ASSOCIATION, INC.

**VOLUME XVIII, NO. 4** 

**APRIL 1987** 

### TTA GOLD STAR AWARDS

- By Dot Fowler -

It has now been one year since I assumed responsibility of editing TENNESSEE TRAILS. There have been moments when I identified strongly with Mark Twain's "How I Edited an Agricultural Paper". Twain was not well versed in agriculture as was evidenced by his classifying oysterbeds under Landscape Gardening and his discussions of moulting seasons for cows. Likewise, my ignorance of botany, ornithology and hiking has often led to confusion when entering ornithology and hiking has your reports into my computer (to capitalize or not to capitalize ... that is the question). Fortunately, you folks have been extremely tolerant.

Certain TTA members have given more than their share to our newsletter and to these folks I would now like to present "Gold Stars" for giving above and beyond the call of duty. The dedication of these members has made my job as editor much easier. Without these folks, I would have bungled far more often.

GOLD STARS go to:

PAT ANDERSON -- Every month, picks up our newsletters from the printer, lugs them home, collates, folds, labels, stamps, staples, and mails them. In addition, she delivers stacks of these

to the area hiking equipment stores and hand addresses another handful for our park personnel and other interested folks.

Whenever possible, some of us are there to help her with this monumental task, but many months, Pat has had to do it alone or to recruit her husband, Buddy. After doing only the collating and folding by myself one month, I could appreciate Pat's ongoing devotion to this task all the more. Sainthood, in my opinion, is too trivial a reward. Thank you, my friend, for always being there for both myself and TTA.

DOT LINGERFELT -- Yes, another Dot! Despite the fact that this woman has 4-5 fulltime jobs (only a slight exaggeration), Dot prepares the mailing labels and buys the stamps for our newsletter every month. Dot is the one who keeps up with your address changes, membership renewals, and TTA's money, among other duties. If you have ever taken a hike with this dynamo, you'll appreciate her even more.

BOB BROWN -- Winner of our Bill Stutz Award, Bob also wins a Gold Star from me for his untiring dedication to the Cumberland Trail column. When asked to write one

article on the historical aspects of the C.T., Bob instead provided a "mini-series" of well-researched, interesting articles covering all aspects of the history of the C.T. area. In addition, Bob always submits writeups of upcoming hikes, trip reports, and events pertinent to the C.T. in a timely fashion which alone would qualify him for this award.

BOB BARNETT -- Our current President-elect, Bob is a multi-talented fellow who loves to write and hike (not necessarily at the same time). Bob has been extremely generous in donating filler material as well as lead articles. Many of you praised his article in our anniversary issue on TTA's officers. He has also provided reviews of some 1987 calendars, amusing trip reports, and insight in other areas of TTA. On a more personal note (these are my awards after all), Bob has never complained when I had to cut his "work of art" to half its original size due to severe space restrictions.

JERRI BULL -- Remember earlier I mentioned how much I
value articles being sent in a timely
manner? Jerri consistently submits
her monthly articles on time, typed
and brief. I know it is time to start
on the newsletter when Jerri's
envelope arrives. In addition, Jerri
has given me some sound suggestions in
the past which I have incorporated
into the newsletter.

ALAN STOKES -- Relatively to TTA, Alan has nonetheless made significant contributions this past year. Thanks to him, TENNESSEE TRAILS has had photos and original, professionally drawn cartoons. Perhaps his greatest contribution has been our new, crisp and clean logo.

Employed by a local publishing firm, Alan has been very patient with me, coaching me on publishing terms which still confuse me. I'd send a photo to

Alan to reduce and he'd call and ask "by how much?", except he'd phrase it in technical terms. He'd explain and I'd promptly lose the information in the foggy recesses of my mind. My standard reply was, "lots smaller" and somehow he always obliged without throwing his hands up in frustration.

These are my Gold Star winners for 1986. Honorable Mention goes to Bertha Chrietzberg, Howard Ray Duncan, South Cumberland State Recreation Area folks, and those of you who have helped Pat Anderson on at least a semi-regular basis.

Special thanks goes to David Lepley at Budget Rapid Printers for being so helpful, especially when he let me use his computer printer two months in a row in order to get the newsletter ready for final printing.

Finally, every one of you who took the time to submit an article in 1986 or to tell me your feelings, good or bad, about the newsletter, I send you my heartfelt thanks. It has been a fun year (thanks Rhonda, for getting me into this group) and I hope 1987 will be even better for all of us. I want TENNESSEE TRAILS to be more than a newsletter for ourselves. I want it to also be our "Welcome!" to folks outside our ranks, an advertisement to Tennessee and beyond.

Meanwhile friends, keep those cards and letters coming and as Bob Barnett always says, "Happy Trails!"





# CARPOOL COORDINATORS

CHATTANOOGA: Dot Lingerfelt, 615-842-8043 (Hm.) or 615-751-3292 (Wk.)

MEMPHIS: Gene Jacobson, 901-755-9073

MURFREESBORO: Maryedith McFarlin, 615-896-1344

NASHVILLE: Evelyn Tretter, 615-859-0566



# CUMBERLAND TRAIL NEWS

CUMBERLAND TRAIL BACKPACK
TTA / SIERRA CLUB / AUDUBON SOCIETY
April 11-12

This will probably be the first backpack hike taken on the 22-mile Section 3 of the Cumberland Trail just completed last year from Oliver Springs to Lone Mountain State Forest. The State Forestry Division will be extending the C.T. to the top of Lone Mountain this year.

Mike Dahl who picked the route and supervised construction of this section will be our leader. The route will be south from Oliver Springs along Walden's Ridge, then across the Little Emory (by bridge), up Whetstone Mountain, across one side of Little Brushy Mountain, and down to our cars parked on private property on Fairview Road. Camp will be made at a site with water.

Hiking distance is about 15 miles, moderately difficult, with a couple of long climbs of 700 to 1000 feet. Good views of the Tennessee Valley, Lone Mountain, and possibly Frozen Head should be seen plus early wildflowers and woodland birds.

Meet at 9:00 a.m., EST at the brick Police Department Library building

near the railroad crossing in downtown Oliver Springs. Group size is limited. For information and carpooling, call Bob Brown (615-748-4816 wk., Nashville), Randall Grimsley (615-252-8369 wk., Nashville), or Mike Dahl (615-673-6202 wk., Knoxville).

# JOINT TTA / CUMBERLAND-HARPETH AUDUBON SOCIETY HIKE May 23-24

The Cove Lake area has not been birded in the past, but we plan to change this with the first annual Cumberland Trail--Cove Lake Spring Birding Weekend. As our C.T. worktrip reports last year indicated, birding on the crests and slopes of Cumberland Mountain and Walden's Ridge was always an interesting bonus for trail workers.

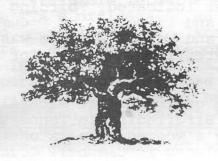
Nashville ornithologist Michael Bierly says in <u>Birdfinding In</u> <u>Tennessee</u> that Cove Lake's wooded area is one of the surest places in Campbell County for nesting Pine Warblers, and the north end of the lake is good for shorebirds in a region where shorebird habitat is sparse (shorebird migration peaks in early May). Bierly also says that the top of Cross Mountain is good in spring and summer for higher altitude breeding birds and one should look for Sharp-shinned Hawk, Black-billed Cuckoo, Solitary Vireo, Blackburnian Warbler, Chestnut-sided Warbler, and Rose-breasted Grosbeak.

We will be led on Saturday by topnotch Knoxville birder and past TOS president, Boyd Sharp first to the Cumberland Trail boardwalk in the park's marshy area, and then up the Old Kentucky Road to Eagle Bluff and along the C.T. to Devil's Racetrack and back down to the park.

On Sunday, Chuck Nicholson of Norris, co-author with Paul Hamel of the Tennessee Breeding Bird Atlas Handbook, will lead us in birding Cove Lake and Cross Mountain.

This will be a rare opportunity to get wet) and meet, rain or shine, bird a neglected but productive part at park office. of the northeast Cumberlands in the company of local experts. Late spring wildflowers will be an added treat. Bring binoculars, spotting scopes, and hand lenses, and meet us both mornings at 7:30 a.m. EDT at the Cumberland Trail office in Cove Lake State Park. A 6-person cabin has been reserved at Norris Dam State Park for Friday through Sunday morning. Call Bob Brown at 615-748-4816 (wk.).

# News From Our Parks



19th ANNUAL SPRING WILDFLOWER PILGRAMAGE Frozen Head State Natural Area Wartburg, TN -- 346-3318

4-10 Native wildflower slide show, 7:30 p.m., at amphitheater, or if raining at the "C" picnic shelter

4-11 Early morning birdwalk; meet at park office at 8:00 a.m., approximately 3 hours duration

Wildflower walk; meet at "C" picnic shelter at 10:00 a.m. or 2:00 p.m.

Wildflower walk; meet at shelter "C" at 10:00 a.m. or 2:00

Wildflower walk; meet at shelter "C" at 10:00 a.m. or 2:00 p.m.

> At 10:30 a.m., a Spring Aquatic Walk will be led. Wear old clothes and sneakers (you will

4-19 Wildflower walk at 2:00 p.m.

4-25 2nd Annual Spring Wildflower Horseback Trail Ride; bring horse and lunch and meet in field in front of park office at 10:00 a.m. (lasts until 5:00 p.m.)

At 5:00 p.m., meet at the amphitheater for a presentation from the Cumberland Wildlife Foundation of America. In case of rain, meet at shelter "B".

4-26 Wildflower walk; 2:00 p.m. at shelter "C"

## SOUTH CUMBERLAND RECREATION AREA 924-2980 or 2956

4-4 Abbo's Alley Walk -- meet at Sewanee Stadium Trailhead, 10:00 a.m.; easy 1/2 mile

> Raven Point to Grundy Forest -- meeet at Visitor Center at 10:00 a.m.; 6 miles strenuous

> Blue Bell Island -- Meet at Tyson Foods on Hwy. 50 at Elk River at 1:00 p.m.; see thousands of Mertensia Blue Bells; moderate 1 mile

Big Creek Gulf -- meet at 4-5 Stone Door Ranger Station at 10:00 a.m.; all-day trip; strenuous 8 miles

Shake Rag Hollow -- meet at Green's View in Sewanee at 1:00 p.m.; 3 miles moderate

Wildflowers of Buggytop 4-11 Trail -- meet at Carter Natural Area Trailhead at 10:00; 3 miles, moderate

4-19 Greeter Falls -- meet at 1:00 at Grundy County Courthouse; 3 miles, moderate

All day Spring Fishing Rodeo -- meet at Grundy Lakes, prizes awarded

> Fiery Gizzard Wildflowers -meet at 10:00 at Grundy Forest Parking Area; 3 miles, moderate

Rocky Mountain Creek -- meet at 1:00 at Savage Gulf Ranger Station; strenuous 1 mile

## WARNER PARK NATURE CENTER Nashville, TN (352-6299 for reservations)

This year is the 60th anniversary of the Warner Parks. All programs listed below are free but reservations must be made in advance. Registration generally opens 10-14 days prior to the event.

Spring Wildflower Hikes will be held on April 3, 4, 7, and 15 from 9:00 until noon. A second hike will be held on April 4th from 2:00 until 5:00.

4-13 Night Hike from 7:30 p.m. until 9:30 p.m. (registration begins 3-30) to view nocturnal activity of the parks

4-25 Bird Hike from 8:00 a.m. until 11:00 a.m. with registration beginning on 4-13

### FOURTH ANNUAL BIG SOUTH FORK WILDFLOWER PILGRIMAGE

Plan now to attend this annual event. This year's pilgrimage promises to be even better than last year's. The Pilgrimage will start on Friday night, May 1, with a general orientation and continue with hikes in the Big South Fork area on Saturday, May 2. Further details will be forthcoming in the next newsletter.



Drawn & contributed by Alan Stokes

# TTA SUPPORTER NEWS

### BIG SOUTH FORK HIKING CLUB

- 4-18 Sheltowee Trace -- Begin at Devils Creek Road and end at Hemlock Grove; 14.3 miles, strenuous; leave Burger King in Somerset at 7:30 a.m. or Whitley City Motel at 8:15 a.m.
- 5-2 Sheltowee Trace -- Begin at Alum Ford Campground and end at Yamacraw (Hwy. 92); 6.6 miles, moderate to strenuous; leave Burger King in Somerset at 8:30 a.m. or Whitley City Motel at 9:15 a.m.

## SMOKY MOUNTAIN FIELD SCHOOL

For more information on any of these "courses" or for a complete listing of the 1987 courses, write the Department of Non-Credit Programs, 2016 Lake Avenue, Knoxville, Tennessee 37996-3515 or call (615) 974-6688.

4-4 Spring Wild Edibles 4-11 & 12 Backpacking Mt. LeConte

5-2 Botanical Photography 5-2 & 3 Mt. LeConte Lodge Hike and Overnight

5-30 Spring Wild Edibles Geologic Evolution of the Great Smokies Animal Life in Smokv Mountain Streams

5-30 & 31 Big Game Observation Backpacking Trip

### Adopt-a-Trail CHAPTER COORDINATORS

CHATTANOOGA -- Jeri Shutters CUMBERLAND MOUNTAIN -- Howard Ray Duncan (615-879-8245) MEMPHIS -- Bob Barnett (901-767-9347) NASHVILLE -- Pat Anderson (615 - 383 - 2355)

# **Chapter News**

# Memphis Chapter



APRIL CHAPTER MEETING

Join us on April 16th, 7:30 p.m. at the Kingsway Christian Church, 6310 Poplar Avenue. Bring photos which would be of interest to the group and favorite recipes if you wish. This will be a friendly and casual meeting.

# SHILOH NATIONAL MILITARY PARK HIKE April 11

Because this is a 12-mile hike, we must get an early start. The carpool will leave Kingsway Christian Church at 6:00 a.m. The hike will begin at 8:30 a.m. near the southwest corner of the park (by Ed Shaw's restaurant) at the intersection of Hwy. 22 and Hwy. 142.

The park should be very pretty at this time of year with lots of wild flowers and dogwood trees. The Shiloh Environmental Trail has been developed to acquaint hikers with the natural world around them; how that world influences our lives, and how man's actions affect the environment.

At lunch, we will be at the Visitor's Center where snacks and drinks can be purchased. On this long trail, however, each hiker will need to carry water. For more information, call Betty Porter at 901-363-0213. This is a joint hike with the Sierra Club.

### SPRING IN THE FOREST AT MEEMAN SHELBY STATE PARK April 25

Events will begin at 8:00 a.m. at the recreational lodge at the state park and will continue until 5:00 p.m. The

events include bird watches, hikes, slides, pontoon boat rides, and much more. TTA will have a display there with hiking schedules and other material.

# VILLAGE CREEK STATE PARK HIKE April 25

Carpool will leave Kingsway Christian Church at 8:00 a.m. or you can meet us at Village Creek near Forrest City, Arkansas at 9:15 a.m. This is an easy 8-9 mile hike. Bring water and food. Call Jo Dewitt at 901-452-0911 for more information.

# TRIP REPORT Overton Park Hike February 8

This turned out to be a short walk on a beautiful, blustery day. Eleven new hikers waited patiently for the substitute hike leaders, who had been across town attending a rally for saving Shelby Farms. We plan to schedule this hike again in 1988, adding a walk through the zoo. Next time we will definitely start on time!

—— Betty Porter

# TRIP REPORT Herb Parsons Lake February 21

Gray skies and the threat of rain didn't stop ten members and two visitors from going to Fisherville (Herb Parsons Lake) for the 8-mile hike. The trail was rather wet with recent rains, and some of the hike led over streams which had to be traversed by foot logs or walking a ways around. We found no wildflowers, but some of the trees were already putting out blossoms and leaves, adding a touch of color here and there. We did hear a frog by the lake but couldn't decide what kind he was. We also saw a small flock of geese. Of course, we found a great view overlooking part of the lake where we stopped for snacking.

Thanks to leader Anne Lindholm for a great hike. -- Jerri Bull



Join us this spring evening as we welcome Jeff Sinks from Radnor Lake. Jeff will present a slide presentation and update us on the events at Nashville's own Radnor Lake.

In May, we will have a potluck picnic supper at the Nature Center in Percy Warner Park. More details will be given next month. Please plan to join us. We have a bunch of new members you need to meet!

#### MEMBER NEEDS YOUR INPUT

James Galway, a new member of the Nashville chapter of TTA is considering running for Metro Councilman at Large this year. He would like your input as to what you feel are major needs of our area, your concerns, etc. Call James at 292-4677 in the evening if you have any suggestions for him to consider.

WARNER PARK MOSSY RIDGE TRAIL
and
WARNER WOODS TRAIL
Saturday, April 25

Meet at Tidwell's Grocery parking lot on Hwy. 100 just past the Hwy. 70 split, at 9:00 a.m. We will begin the hike from Deep Well promptly at 9:30 a.m. on the 4-1/2 mile Mossy Ridge Trail. After lunch and R & R, we will tackle the 2-1/2 mile Warner Woods Trail. Both are loop trails and of moderate difficulty.

Please wear sturdy shoes and bring rain gear, water, lunch and a friend. Questions? Call Pat Anderson at 615-383-2355.

## UPCOMING HIKES

### CUMBERLAND MOUNTAIN:

- 4-5 Middle Creek Work Trip, Howard Ray Duncan, 615-878-4787
- 5-1 through 3 Wildflower hikes in Big South Fork, see this issue

## CUMBERLAND TRAIL:

4-11/12 Backpack, details this issue 5-23/24 Birding hikes, details this issue

### MEMPHIS:

- 4-11 Shiloh Nat'l Military Park, details this issue
- 4-25 Village Creek State Park, details this issue
- 4-25 Meeman Shelby activities, details this issue
- 5-9/10 Montgomery Bell State Park, details next month
- 5-24 Wolf River Float Trip, details next month

### MURFREESBORO:

- 4-18 Burnt Mill Bridge Wildflower Hike, no details received; call Regina McDowell (615) 734-4309 or 893-5558 (note new #s)
- 5-16 Bike Tour/Historic Murfreesboro, details next month

### NASHVILLE:

- 4-4 Long Hunter Wildflower Hike, no details received; call Reggie Reeves, (615) 885-2422
- 4-18 Burnt Mill Bridge Wildflower Hike, no details received; call Regina McDowell (615) 734-4309 or 893-5558 (note new #s)
- 4-25 Warner Park Trails, details in this issue
- 5-9/10 Montgomery Bell joint hike,

### details next month

#### STATE:

5-30 Waterfall trip, David Stidham, details next month

## IMPORTANT INFORMATION FOR HIKE LEADERS

### When scheduling a hike:

- Submit a detailed description of A. your hike to the newsletter editor by the 15th of the month prior to the hike. Pleas include the following:
  - Date of hike
  - Time and place to assemble
  - 3. Distance to be traveled &/or length of time involved reaching the trailhead
  - Length of hike itself in miles &/or hours

- Difficulty rating of 1-5 where 5 is most difficult (see annual hiking schedule for description of ratings)
- 6. Suggested clothing footwear
- 7. Suggested provisions &/or equipment
- 8. Chapter hosting the hike
- Submit a trip report for the newsletter by the 15th of the В. month following the hike.
- Mail a list of all participating hikers' names to:

## Bob Barnett 4294 Goldie Memphis, Tennessee 38122

If you have noticed in the Upcoming Hikes section, the words "no details received" are used too often. Please plan ahead and get your information in on time so that your fellow hikers can plan to attend your hike.

# TENNESSEE TRAILS is printed by Budget Rapid Printers, Nashville, 327-1068

Objectives: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year; \$3.00 for students and family dependents.

### 1987 TTA OFFICERS

PRESIDENT: Howard Ray Duncan, Jamestown, 878-4787 VICE-PRESIDENT: Pat Anderson,

Nashville, 383-2355

PRESIDENT-ELECT: Bob Barnett, Memphis

901-767-9347

CORR. SECT./TREASURER: Dot Lingerfelt,

Chattanooga, 842-8043

RECORDING SECRETARY: Evelyn Tretter,

Goodlettsville, 859-0566

IMMEDIATE PAST PRESIDENT: David Stidham

### TTA BOARD OF DIRECTORS

Carroll Viera, Cookeville 1986-1988 Sam Powell, Signal Mtn. 1985-1987

Bertha Chrietzberg, Chairman of the Murfreesboro Chapter 1987-1989

Jerri Bull, Memphis Chapter Chairman Charlie Hann, Nashville Chapter

Chairman

Ken Pittman, Cumberland Mountain

Chapter Chairman

Everett Kidder, Chattanooga Chapter

Chairman

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