



Tennessee rails

Official publication of the Tennessee Trails Association

VOLUME XVIV NO. 12

DECEMBER 1987

TTA's Meeting With State Park Officials - By Bob Barnett -

Tennessee's parks and the trails within them are unrivaled in the southeast. Hopefully if Tennessee Trails Association members continue to meet with Department of Conservation officials as they did on October 7th, an even better system can be obtained, especially from a hiker's perspective.

Commissioner Gill, an active supporter of conservation causes while in the legislature, was unable to attend this meeting, but our delegation was privileged to meet with Deputy Commissioner Tom Shirley, Assistant Commissioner Gerald McKinney (who is also Director of Parks and Recreation), and Mrs. Liz Sellick, the Commissioner's Administrative Assistant. Also contributing to the meeting was Mr. Jerry Dillehey, an expert on planning from the department, and Mr. Mack Prichard, considered by many to be one of the most knowledgeable people on hiking of anyone in the state.

TTA was represented by Howard Ray Duncan, Pat Anderson, Bob Brown, Dean and Ken Pittman, Evelyn Tret-

ter, and yours truly. Evan Means met directly with Mr. McKinney earlier the same day.

Common goals were discussed, such as emphasizing efforts to complete the State Scenic Trails System (with the C.T. being a major focal point of that effort), new trail development, trail maintenance, use of trails, etc. Discussion also centered on how the trails can be better publicized and we pointed out ways in which TTA could help in that effort.

Tennessee Trails Association is ready to pursue new efforts to set up a Trails Advisory Council that would include representatives from the various trail user groups in Tennessee. Such a group would be welcome to meet with the Department of Conservation staff on a regular basis. Through this group, all trail user groups can have their input heard.

You can help in our efforts by writing your legislative representatives and encouraging them to see that the Trails Administrator position (vacated by Bob Richards) is filled as soon

as possible. Also, those of you who are members of other trail user groups may want to pass along our plans for the formation of this advisory council so that a representative can be chosen and added to our contact list.

Another way in which you can help is to perform voluntary maintenance work on trails on a regular basis. The state people were impressed when they learned our size and dedication to trail work. If we are willing to do our share, perhaps we can convince the state to give a higher priority to department trail maintenance crews.

Trails don't just happen. It takes a lot of planning, time, money, and hard labor to create them. If you have input you would like heard, ideas to share, or want to know what you can do to help, contact any of the officers listed on the back of this newsletter. As more developments arise, you will be informed. Meanwhile, let our park officials and legislators know that good trails are important to you.



Cumberland Trail News



SCOUTS PAST & PRESENT ON THE CUMBERLAND TRAIL PART II

- By Bob Brown -

In the spirit of earlier scouts and trail builders, Boy Scouts of the Great Smoky Mountain, Cherokee, and Middle Tennessee Councils have worked on the Cumberland Trail since its clearing and blazing first began in 1968. Some troops tackled single one-time jobs. Others adopted a section, usually four to eight miles, to maintain over a period of years. Many Eagle Scout projects were performed on the C.T.

The first Boy Scout troop to adopt a part of the Cumberland Trail was Middle Tennessee Council Troop 34 of Una -- Miles Ezell, scoutmaster. For three years in the early 1970s, the troop helped clear, blaze and maintain the 15 miles (Section 5) from Crab Orchard Gap across Black and Brady Mountains.

About the same time, John McIntyre, a Boy Scout leader from Oak Ridge, was initiating TTA efforts to contact landowners and build the C.T. from its northern terminus at Cumberland Gap 80 miles southwestward to Poplar Creek Gap at Oliver Springs (Section 1 and 2). He recruited both Boy Scout and Girl Scout troops, and one of the first was Great Smoky Mountain Council Troop 220 of Oak Ridge -- Tom Goodpasture, scoutmaster. As his Eagle Scout project, Tom's oldest son, Steve, had already gotten landowner approvals for the 17 miles on Walden's Ridge from Lake City to Oliver Springs.

The biggest single job to date undertaken by Boy Scouts on the Cumberland Trail was the Building of a suspension bridge across Suck Creek a couple of miles from where it empties into the Tennessee River. From time immemorial, before TVA's Hales Bar impoundment, the Suck, or Whirl, at the mouth of the creek was the major hazard to navigation through the Ten-

nessee River Gorge. In the spring of 1780, a boat from Donelson's flotilla trying to put ashore here to bail water was forced away by hostile Chickamaugas sniping from the bluffs far above.

The story of the suspension bridge begins in 1972 when Cherokee Council Troop 130 of Signal Mountain -- Sam Powell, scoutmaster -- began building the C.T. from its southern terminus at the Signal Point National Military Park, one and one half miles to Middle Creek in the Rainbow Lake area. This was most difficult trail construction involving many switchbacks cut down the face of the rimrock above the Tennessee River Gorge.

Over the next five years, under the leadership of Sam Powell and Peter Ostrowski (now a Scouter in Norris, Tennessee), more and more Scout troops and other volunteers joined the effort. At Middle Creek they built an impressive log and plank footbridge and soon extended the C.T. to Edwards Point on the rimrock overlooking the Suck. On March 4, 1976 the three and one half mile section from Signal Point to Edwards Point became the first part of the C.T. to be officially dedicated, at a ceremony keynoted by Conservation Commissioner B. R. Allison.

Scouts and other volunteers then continued to extend the C.T. beyond Edwards Point, at first on top of the rimrock and then below, and in and out of numerous ancient Indian "rockhouses", across Suck Creek on temporary bridges, and across Tennessee 27 into Prentice Cooper State Forest and Wildlife Management Area. Here the State Forestry Division became actively involved in planning, supporting, and helping build the C.T.

By early 1979, eleven miles of the C.T. had been completed from Signal Point to a parking area near the lookout tower in Prentice Cooper. A permanent crossing of Suck Creek was still missing, however.

To remedy this, Sam Powell began designing a suspension bridge that would withstand the raging torrents resulting when heavy rains funnel down steep and narrow Suck Creek gorge. Recycled donated materials were used exclusively in its construction. The local power company provided used 90-foot power poles. The State Forestry Division contributed used nuts and bolts and steel cable. Transport was provided by the Army Engineer's Reserve. Holes for pilings were blasted by State Forestry personnel.

Throughout the spring and summer of 1979 on weekends Boy Scouts by the hundreds and others, including Girl Scouts, Sunday School classes, Sierra Club members, etc., turned out to help, while State Forestry crews worked on weekdays when other duties permitted. Finally, it was done, and the bridge was dedicated that fall in a ceremony attended by local, state, and national dignitaries.

Powell's Scouts and other volunteers then added five miles of trail looping off the C.T. into Signal Mountain's newly designated Rainbow Lake Wilderness Park. Working with the State Forestry Division, they built thirty miles of trails looping off the C.T. within Prentice Cooper. Cherokee Council Troop 176 -- Bob Wagner, scoutmaster -- pushed the C.T. two rugged miles up Suck Creek gorge along its future route to a crossing of U.S. 127.

Sam Powell points to this section of the C.T. as "a prime example of productive cooperation between public agencies such as State Forestry and volunteer groups such as TTA." It has benefited not only hikers and nature lovers but also local residents, hunters, firefighters, and the conservationists of the Tennessee River Gorge Natural Area Trust. At least 24 Boy Scout troops, some from as far away as Atlanta and Nashville, and 2,000 individual volunteers have worked on this section of the C.T. since BSA Troop 130 started it all in 1972.

Meanwhile, volunteer work on C.T. Sections 1, 2, and 5 languished during the late 1970s and did not revive until Toby Rogers' special projects class at Crab Orchard School began reclearing and reblazing Brady Mountain in 1982.

About the same time, Great Smoky Mountain Council Troop 384 of Crossville -- Jim Purcell (then) and Ed Hargis (now), scoutmasters -- adopted the 7 & 1/2 miles on Brady Mountain. At the dedication of C.T. Section 5 on September 20, 1986, Troop 384 became the first to win TTA's new Cumberland Trail Stewardship Award for three consecutive years of maintenance and improvement of a C.T. section. This plaque award can be updated with a new "years of service" plate each consecutive year a troop's stewardship continues.

This past year Great Smoky Mountain Council Troop 170 of Pleasant Hill -- Bill Anderson, scoutmaster -- was led by Eagle Scout candidate Jeff Anderson in an extensive upgrading of the Black Mountain C.T.

More about this and other Eagle Scout projects on the C. T. in Part III.

TRIP REPORT Halloween C.T. Work/Play Weekend

Saturday morning, Bobby Harbin and Danny Jordan, driving 4WD vehicles, ferried David and Carroll Viera, Ninez Giles, Evelyn Tretter, Bob Barnett, Joe England and brother Lonnie, Robbie Harbin, and me to a steep place on the C.T. in Vasper Hollow. Here we installed a number of steps cut from railroad trestle timbers. Evelyn and Carroll then painted blazes and the rest of us dug out tread and installed water bars until noon. Soon, Charlie Hann, Marilyn Wolven, and Sally Oxford arrived from Nashville and were ferried in by Bobby. We spent the afternoon blazing in Vasper Hollow and clearing out fire-blackened trees and limbs on Walden's Ridge.

After a bounteous supper provided by the Vieras, Charlie, and Evelyn at our Norris Dam cabin, most of us assembled at dusk at the C.T. office along with Danny's wife Ann, Bobby's daughter Ellen, Terry Pinion, and a

youth group of seven from Knoxville. We were then shuttled to the night hike trailhead by Joe and Bobby's wife Libby.

With Joe in the lead, we started up the Old Kentucky Road. Despite the darkness of the night and the spookiness of the woods, nary an owl hooted nor was a single Great Pumpkin seen rising. There was, however, a fine view of Jacksboro and the "ridge and valley" beyond. There were also stories, hot chocolate, hot cider, and marshmallow toasting around a campfire, all courtesy of Bobby and Robby Harbin, Joe and Lonnie England, and Roby Wray. These five then thoroughly doused the campfire and shepherded our crew safely down the mountain and back to Cove Lake.

Next day, Danny and Ann hiked to Devil's Racetrack; Charlie, Marilyn, and Sally visited the Museum of Appalachia; Evelyn went to Pleasant Hill to research an article; and Bob, Ninez, and I were shuttled to Carr Gap by Bobby Harbin for a fast, but memorable eleven or so mile hike to McLain Rock. We could smell smoke most of the way, and back down to our cars at Speedwell, we could see lots of smoke billowing from the back side of Cumberland Mountain south of the Rock. We knew that meant long, sleepless and dangerous days and nights for our friends, Bobby and Joe. - Bob Brown

State News

LOST & FOUND

Found at the Annual Meeting: Pyrex-type Baking Dish, 9"x13". Contact Charlie Hann, 3417 Country Hill Road, Antioch, TN 37013.

TTA TV PERSONALITIES December 2, 11:30 a.m.

TTA has been invited to appear on Nashville's Community Access station (channel 35) for thirty minutes of free publicity on TTA and hiking in Tennessee. Speaking on our behalf will be Ann Thurman, Bob Barnett, and Char-

lie Hann. Be sure to tune in on December 2nd at noon to see our very own superstars talk about TTA. In fact, if you have a VCR, why not tape it for posterity and for members in our other chapters?

News From Our Parks

FROZEN HEAD STATE NATURAL AREA Wartburg, TN 346-3318

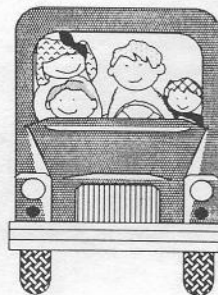
12/3-4 2nd Annual Christmas in the Mountains Program -- Conducted from 6:00 to 9:00 p.m. each evening.

PARIS LANDING STATE PARK 901-642-4140

12/5-6 Christmas By the Lake Arts & Crafts Show -- Call for more information

REELFOOT LAKE STATE PARK Tiptonville, Tennessee 38079 901-253-7756

12/1 through 3-15 Bald Eagle and Waterfowl Tours



Carpool Coordinators

CHATTANOOGA: Dot Lingerfelt,
615-842-8023

MEMPHIS: Gene Jacobson,
901-755-9073

MURFREESBORO: Maryedith
McFarlin, 615-896-1344

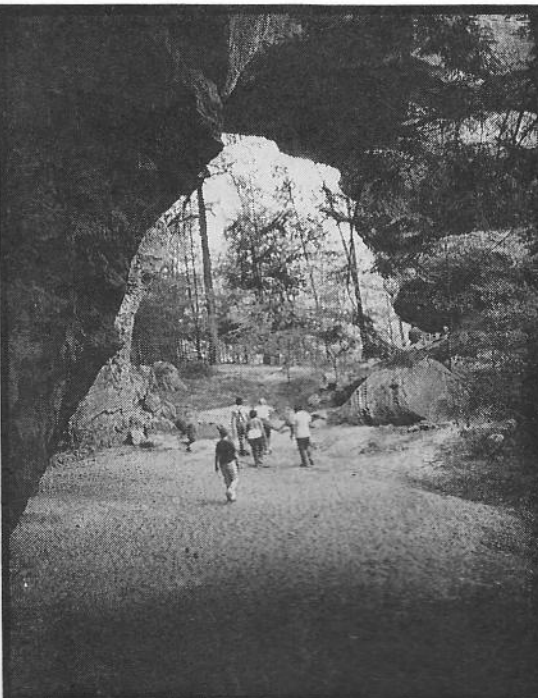
NASHVILLE: Evelyn Tretter,
615-859-0566

Cumberland Mountain Chapter

4 X 4 TRIP REPORT

On September 27, a group of us went to Sawtooth Point on Laurel Fork Creek in the Big South Fork. We visited the Twin Arches (top picture) and ate the biggest watermelon ever grown. We also recruited two new members from Franklin, Tennessee.

Thanks to Alan Stokes for contributing these pictures of a fun trip with members of the Nashville and Cumberland Mountain chapters. -- Pat Anderson



Memphis Chapter

PETIT JEAN STATE PARK December 4-6

Join us at the park headquarters at 10:30 a.m. for a hike in the mountains of Arkansas. We may take a shorter hike on Sunday also. Those who desire to camp Friday and/or Saturday night (or need more information), call Ray Burkett at 901-386-8613. The carpool will leave from Kingsway's parking lot at 6:00 a.m. Saturday (6310 Poplar).

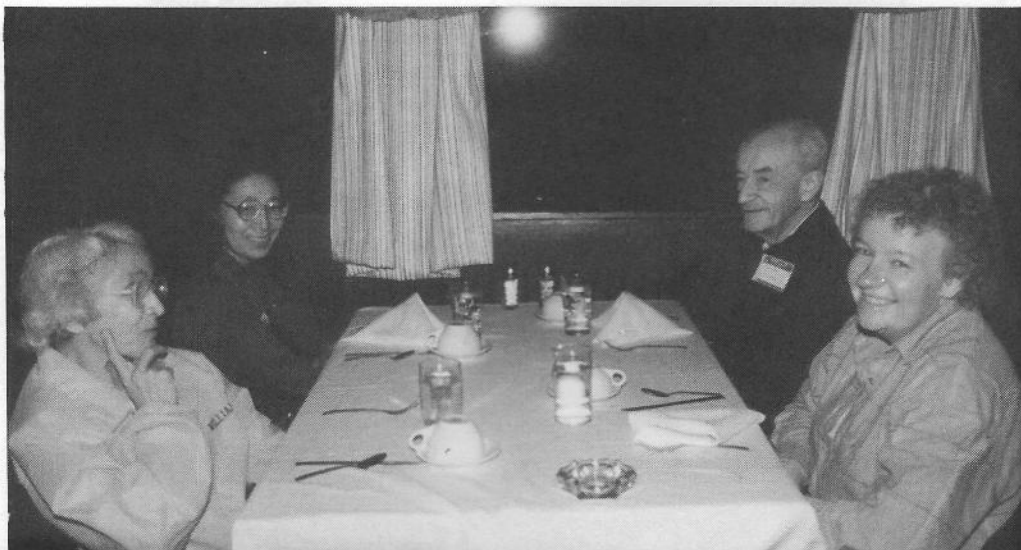
DECEMBER MEETING CHRISTMAS PARTY December 17th

For our Christmas meeting, we will meet at Ray Skinner's Laurel Hill Winery at 1370 Madison Avenue. Bring your favorite food (potluck). We will furnish the cups, napkins, plates, etc. Instead of exchanging gifts, we ask that you bring something for Lichterman Nature Center from the following list. We will not have a program, just good fellowship and sharing from the group. If you have favorite pictures or slides, please feel free to bring them along. Someone will be there to set up at 6:30 p.m. and dinner will begin at 7:30.

ITEMS FOR LICHTERMAN:

- Bird seed
- Sunflower seeds
- Pecans and acorns
- Whole nuts of any kind
- Rolls of gauze
- Veterinary wrap (can be obtained at Leathermans)
- High protein cat chow
- Wheat squares (filled one are good also)
- Mixed Gerber baby cereal (blue label)
- Jars of baby food meats
- Hamster water bottles
- Vitamin B-1 tablets or powder

If you need more information, call Jerri Bull at 363-4408.



**More
Scenes
From the
1987
Annual
Meeting**



Pictures courtesy of
Pat Anderson





More
Scenes
From the
1992
Meeting

TRIP REPORT Big Hill Pond State Park

Nine women and a dog showed up to spend an autumn Saturday together. Skies were overcast, but the rain held off until dark. Despite a dry month, the lake water was higher than expected, and we had to use old-fashioned ingenuity to get across a swamp.

From there we covered about eight non-strenuous miles, making it a pleasant introductory hike for our newcomers, who comprised about half the group. Ann Murray was accompanied by her well-behaved retriever, Nikko. In the absence of our designated trip leader, Nikko took it upon herself to lead us down the trail. -- Debbie Gilbert

TRIP REPORT Wolf River Day

The second annual Wolf River Day was held on October 17th at the boat ramp on the Wolf River off Germantown Road. TTA had a booth there, and Betty Porter and I stayed with that during the day. John Parrish was our official hike leader taking people on four hikes during the day. Others helping John were Anne Lindholm, Julianne Barham, Betty Tabatabai, and Gene Jacobson. Thanks to you all. -- Jerri Bull

TRIP REPORT ANNUAL MEETING

Mother Nature cooperated in a truly splendid fashion as the Tennessee Trails Association held its 1987 Annual Meeting at the Big South Fork National River and Recreation Area the weekend of October 9-11. The Memphis Chapter was represented by four who journeyed from Memphis early Friday morning. We reached the campground in time to take a short, but thoroughly satisfying hike to the Oscar Blevins Place.

The beautiful fall foliage, plus the charm of the varied terrain and the numerous wild flowers that we saw on this 3 & 1/2 mile loop whetted our appetites for more hikes to come. People in middle and east Tennessee probably can't understand why we flatlanders

get so excited about a hill, a rock outcropping, a waterfall, or -- and this is almost too much for us to bear -- a real live mountain! We were also happy to see another delegate from our part of the world, J.T. Jones, when he arrived bringing his outstanding cakes for supper and the auction.

Supper was an amazingly rich treasure trove of all kinds of wonderful things to eat, including the delicious soups supplied by Howard Ray and Dot, and possibly others, too. I'm always astonished to see how well "Pot-Luck Suppers" turn out -- this one boasted soups, stews, chili, salads, vegetables, appetizers, and oh! what heavenly desserts! The small but capable contingent from the Cumberland Mountain Chapter were efficient and gracious hosts.

The roaring bonfire was testimony to the chill of the evening, but I never heard anyone complain about the weather as we chatted with old and new friends and observed that spectacular harvest moon which rose to light our way on our night hike. We didn't see the deer promised by Howard Ray, but we enjoyed the walk anyway and returned tired, but exhilarated to the Big South Fork Motor Lodge with its orange water.

The business meeting the next morning was interesting and not overly long for a group eager to hit the trails. Three inviting hikes were available. I chose the Angel Falls Overlook, which provided about six miles of moderately strenuous hiking up to a rocky bluff that looked out over the Big South Fork with a beautiful view of the plateau and river. We especially enjoyed seeing and feeling the "Touch-me-nots" growing along the trail that were just ripe for exploding in our hands.

The meal that night was at a very nice restaurant that other Memphis members will not be surprised to learn we couldn't find ... at least not on the first try. After a long day of hiking, followed by a long evening of sitting, some of us were not certain we'd be able to stay awake for the auction. David Stidham, however, was more than equal to the task of auctioneer, and kept us interested, amused, and spending our

money. Where do all those weird and unusual bits of junk (oops, interesting objects) come from?

Sunday morning, our glorious weather vanished and the challenging bushwhacking trail to a secret waterfall seemed out of the question. After fond farewells and promises to see each other soon on upcoming hikes, the four of us finished our delightful trip to upper middle Tennessee with a quick visit to Northrup Falls at Colditch Cove where we had just enough taste of walking on rocks and hills to last until our next expedition to the highlands.

The Annual Meeting was a big success, we thought, and we all wanted to express our gratitude to Howard Ray Duncan especially, and to Dean and Ken Pittman for their part in making it happen. Thanks, too, to all the others who contributed their time and energy to this demanding project. -- Gene Jacobson

HUNGRY TRAILS TO YOU - By Debbie Gilbert -

We've gone at least ten miles, I think --
Let's shed our packs and take a drink.
I see some nice inviting rocks --
Let's stop there while I change my socks.
We must be halfway there by now --
Let's set a spell, break out the chow.
My stomach can't hold on till noon --
It needs a munchie break, and soon.
Out here the food is always sweet --
Why hike at all, if not to eat?

Nashville Chapter

JOINT AUDUBON/TTA NASHVILLE CHAPTER Christmas Party, Dec. 3

The traditional Audubon/TTA Christmas potluck supper will be held Thursday night, December 3, at the Cumberland Museum (upstairs) at 6:30 p.m. Bring a covered dish. Drinks, cups, plates, etc., will be provided. If you have some favorite slides from trips you have taken this past year, bring them along.

BEARWALLER GAP HIKE Sunday, December 6, 1987

If temperatures are mild, I plan to camp in the lovely Defeated Creek campground on the Saturday night of December 5. Anyone else who is interested is welcome to join me.

The hike of this "moderate" roller coaster trail will take place on Sunday morning. Meet at 10:30 a.m. at the Defeated Creek trailhead. To get to Defeated Creek, take I-40 East and then take TN 53 to Carthage and then follow TN 85 to the Defeated Creek trailhead. We will have to shuttle some cars to the Tater Knob Overlook end of the trail for our return trip. The "early birds" might take care of this maneuver before you arrive.

Bring food, water, and dress appropriately. It would be wise to wear boots for this hike instead of tennis shoes. After discussing it with David Stidham, I've concluded that the hike may be slightly longer than the six miles I've previously advertised.

This trail offers an awful lot in scenery and a good aerobic workout as well. It is close to Nashville and Murfreesboro, too. Robert Brandt's TENNESSEE HIKING GUIDE describes the trail as, "Extending six miles along Cordell Hull Lake around Horseshoe Bend, the trail passes through many forest types found in Middle Tennessee, including oak-hickory forests, young thriving maple woods, and cedar glades. The trail alternates between the lakeshore and the hills and bluffs above the Cumberland River impoundment."

We will find a scenic spot for lunch. Hopefully we can get Bill Hager to join us and tell us the lore of this trail and where exactly he thinks that bear wallerin' place really is. I also hope to coax Paul Smith to come along and keep us on the trail (he's done that before). Who knows, maybe if enough TTA "soles" show up we can coach Albert Gore, Jr. out of nearby Carthage to woo our support. For more information, give me a call. -- Bob Barnett, 1-449-4012.

1st ANNUAL CHRISTMAS PARTY December 12, 7:30 p.m.

The Nashville Chapter will be having a party Saturday, December 12, at 7:30 p.m. at Marilyn Wolven's house. This is a covered dish affair so prepare your favorite recipe, pack up a bottle of your drink of choice, and come join the merriment. In addition to food, bring a gag gift.

For those of you who love critters of the domestic type, we will be collecting dog and cat food to take to the Nashville Humane Society. This is strictly voluntary. If you can, though, please bring a box or can of dog or cat food for this worthy cause.

Don't let it be said that you are a Party Pooper. Bring in the season with a fun group of people. Marilyn lives at 3943 Moss Rose Drive. Call her at 226-4663 for directions.

NEW YEAR'S EVE PARTY/HIKE WEEKEND Dec. 31 - Jan. 2

Get away from all the drunk drivers of the city and join us at Standing Stone State Park on New Year's Eve as we bring in 1988. A cabin has been rented which sleeps eight but there will be plenty of space for additional bed rolls. Bring a covered dish for the New Year's Eve supper which will begin at 7:30 p.m. CST in cabin 1-A.

At 10:00 a.m. January 1st, we will drive to the Big South Fork to hike the Angel Falls Overlook Trail. Those of you not coming on 12/31 can meet us at the Leatherwood Ford trailhead at 10. On January 2nd, all interested hikers will walk the trails at Standing Stone.

For more information or to reserve a bed (first called, first served), call Marilyn Wolven at 226-4663.



Editor's Tidbits - By Dot Fowler -

Ho, Ho, Ho, Boys and Girls of TTA! Are you ready for Santa Claus and all the events of this season? I get tired just thinking about it, knowhutimean?

Seems like I always get a bit reflective this time of year and think about all that has happened, good and bad, in my life the past year. It is also a time when I think of the people I cherish -- folks who have given of themselves to me and enriched my life. This year is certainly no exception. My 1987 has been rich, not financially (unfortunately), but in the far more important sense. TTA has been an important part of my happiness this year and I thank you for all that you have done for me. This is my personal holiday greeting to each of you.

The end of the year is also a time of change. In our case, we have a new group of officers coming in who are excited about 1988. But, we would be remiss if we did not say a heartfelt thank you to David Stidham as his name disappears from our slate of officers for the first time in years and years. He has definitely earned a rest. We do hope, however, that he will be seen often at TTA functions -- certainly at the next auction!

We also must thank Howard Ray for his work as President of TTA this past year. He did a good job in spite of almost impossible time conflicts. Thank you for your dedication to TTA and your guidance this past year.

We also regret we must say farewell to Charlie Hann, Chairperson of the Nashville Chapter and "Cwaudnater" (Annual Meeting joke) of TTA's Adopt-a-Trail program. Charlie is bound for the beautiful hills of Asheville, North Carolina and a new job. Charlie swears this is not good- bye,

just an expansion of TTA to a new area. Maybe once he's settled he'll schedule an outing for us in his neck of the woods. Keep in touch, Charlie! We'll miss you. Ninez Giles of the Nashville Chapter has agreed take over Charlie's Adopt-a-Trail duties. Please give her your ideas and spare time.

I think an excellent way of showing your gratitude to the retiring officers and board member (Sam Powell), and to show your support for the incoming officers is to renew your membership in TTA. Yes, here I am harping on moolah again. There's still time to give a year's membership as a gift, too. I think I mentioned once before that my first year's membership was a gift from TTA member Rhonda Turner Snyder. I was grateful for it then and still am.

To close, may you and yours be richly blessed this holiday season and in the year to come. May God grant you good health, happiness, and a sense of worth in this vast universe of ours. Finally, to paraphrase the song, may you find time to stop and smell the roses. Merry Christmas!



HOLIDAY DRINKS

BOILED (STIRRED) CUSTARD

Dot Fowler

3/4 Cup sugar
3 eggs
1/4 tsp. salt

4 Cups whole milk, scalded
1/2 tsp. vanilla

Beat sugar into eggs; add salt and slowly stir in milk. Cook (do not boil) in double boiler (or microwave) until liquid coats spoon, stirring constantly. Add vanilla. Mix thoroughly (mix with electric mixer) and chill at least 4 hours. Garnish with sweetened whipped cream, nutmeg, and/or rum flavoring.

NOTE: This heavenly concoction also freezes well. Add 1/2 Cup more sugar and substitute 2 Cups heavy cream for 2 Cups of the milk. Freeze in ice cream freezer. Makes 1/2 gallon.

PINEAPPLE WASSAIL

Dot Fowler

4 Cups unsw. pineapple juice
1 12oz. can apricot nectar
1 Cup orange juice
2 Cups apple cider

4 cardamon seeds, crushed
6" stick cinnamon, broken
1 tsp. whole cloves

Combine liquid ingredients in large pan. Place spices in cheesecloth and tie corners together so that spices remain in the cloth. Place in liquids and heat to boiling; simmer 15 to 20 minutes. Serve hot. Makes 2 quarts.

Please register me as a member for the calendar year 1988 (Jan. through Dec.) with the type of membership checked:

____ Student (fulltime undergraduate & high school)
____ Individual
____ Family dependent (resides with an individual member)
____ Supporting
____ Life

\$ 3.00
\$ 8.00
\$ 3.00
\$ 15.00
\$ 150.00

MAIL DUES TO:
TENNESSEE TRAILS ASSN.
P.O. BOX 4913
CHATTANOOGA, TN
37405

Student members do not have voting privileges. Supporting members may be organizations or individuals. Each organization should designate a representative to cast its vote and up to three addresses to receive the newsletter. Family dependent members do not receive a separate newsletter.

NAME: _____ DATE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ WORK PHONE: _____

Hike Leaders

When scheduling a hike:

A. Submit a detailed description of your upcoming hike in time for its inclusion in the preceding newsletter (deadline - 15th of month).

Please include the following:

1. Date of hike

2. Time and place to assemble
3. Number of miles to be traveled and/or length of time involved in reaching the trailhead
4. Length of the hike itself in miles and/or hours
5. Difficulty rating (1-5, where 5 is most difficult)
6. Suggested clothing & footwear
7. Suggested provisions &/or equipment

B. Submit a trip report for the newsletter following the hike.

C. Mail a list of all participating hikers' names to:

Pat Anderson
4904 Colorado Avenue
Nashville, TN 37209

Upcoming Hikes

MEMPHIS CHAPTER

12/4-6 Petit Jean State Park -- details this issue

12/17 Christmas Party -- details this issue

MURFREESBORO CHAPTER

12/5 Percy Priest Canoe Float -- no details received. Call Reggie Reeves for details 885-2422

12/6 Bearwaller Gap -- details this issue (Nashville section)

NASHVILLE CHAPTER

12/3 TTA/Audubon Christmas Party - details this issue

12/12 Christmas Party -- details this issue

12/6 Bearwaller Gap -- details this issue

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Objectives: To promote, construct, and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail. Regular dues are \$8.00 per year; \$3.00 for students and family dependents. Mail dues to P.O. Box 4913, Chattanooga, TN 37405

1987 TTA OFFICERS AND BOARD OF DIRECTORS

PRESIDENT: Howard Ray Duncan, Jamestown, 878-4787
 VICE-PRESIDENT: Pat Anderson, Nashville, 383-2355
 PRESIDENT-ELECT: Bob Barnett, Lebanon, TN, 449-4012
 CORR. SECT./TREASURER: Dot Lingerfelt, Chattanooga, 842-8043
 RECORDING SECRETARY: Evelyn Tretter, Goodlettsville, 859-0566
 IMMEDIATE PAST PRESIDENT: David Stidham

Carroll Viera, Cookeville 1986-1988
 Sam Powell, Signal Mountain 1985-1987
 Bertha Chrietberg, Chairperson of Murfreesboro Chapter 1987-1989
 Jerri Bull, Memphis Chapter Chairperson
 Charlie Hann, Nashville Chapter Chairperson
 Dot Fowler, Newsletter Editor
 Ken Pittman, Cumberland Mtn. Chapter Chairperson
 Everett Kidder, Chattanooga Chapter Chairperson

EDITOR: Dot Fowler, 4501 Packard Dr. N-4, Nashville, TN 37211, 615-834-2654. All submissions for the newsletter due no later than the 15th of each month.

Come Hike With Us!
Tennessee Trails Association
P.O. Box 4913
Chattanooga, Tennessee 37401

Mack Prichard
 2408 Belmont - A
 Nashville, TN 37212

