

MISSION: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

Cumberland Trail Breakaway '97 A Great Success!!!

Ever Heard of "The Trail of a Thousand Steps"? Ask Jim Lifsey, Alan Stokes, or Arleen Barnett, our first Cumberland Trail "Trail Volunteer Award" recipients, what they know of it and you will be told a story not soon forgotten. A story filled with rocks that were molded into stairs and steps, of sore muscles, of Tennessee Appalachian Coves, of campfires and smores, and of the reward of building an incredible trail. Breakaway '97 proved to be a **rewarding** experience for **everyone**.

Who's Everyone?

Everyone is the 53 students from 5 universities, Grand Valley State University of Michigan, Florida International University of Miami, Southern Methodist University of Dallas, Hamilton College of New York, and University of Memphis of Tennessee, who traveled great distances to give to the Cumberland Trail. **Everyone** is the 23 TTA Trail Volunteers who offered their leadership and worked alongside the students. **Everyone** is the 28 TTA Meal Volunteers who took such excellent care of these workers by fixing some of the best home cooked meals out there. **Everyone** is the 32 Donors who made this program possible, not to mention our own TTA membership who supported this endeavor through their participation in our '96 annual auction. And **Everyone** is Obed Wild and Scenic River, Catoosa Wildlife Management Area, Royal Blue W.M.A., and all the landowners who make the Cumberland Trail a reality.

What Did They Find Rewarding?

Rewarding is "The Trail of a Thousand Steps", the first segment of Section 4 of the Cumberland Trail to be built in Obed Wild and Scenic River and Catoosa Wildlife Management Area. Volunteers found themselves amongst the wandering Obed river gorge, awash in an early spring and carpeted in trout lilies. Tough work, step, stair, and wall building, roots and then more roots, and trail cutting led to the completion of over a mile of rugged trail. **Rewarding** is the revitalization of nine miles of the formidable Section 1 from LaFollette to Cove Lake State Park. This sometimes unforgiving trail, lest we forget the door, follows the crest of the Cumberland Mountain with fine views of the Tennessee Valley. Here the volunteers experienced the character building associated with revitalizing an existing trail, and the team work that lent

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to its completion. **Rewarding** were the faces alight in joy, and the bodies rejuvenated—students well before TTA volunteers—at the taste of fine home cooking at the end of a rigorous day.

To everyone who helped make this possible...We Thank You!!!

Student Volunteers: All the students received a Cumberland Trail Patch for 24 hours of service to the trail. Special thanks to the Site Leaders for their efforts in organizing the trips.

Grand Valley State University

Wendy Kooiman

Brenda Simon

Danielle Cleveringa

Craig Meyer

Rachelle White

Daniel Tuell

Brandelle Luongo

Gregory Bockenstette

Bethanie Archibold: Site Leader

Southern Methodist University

Anh Huynh

Mike Hayes

Beth Larocca

Deborah DeWitt

Darby Grande

Kelly Malone

Caroline Bork

Janet Rae Cloutier

Misty Jasper

Hillsman Jackson: photographer

John David Edwards: Site Leader

Florida International University

Todd Shipman

Holly Molter

Jennifer Vinik

Franklin Tans

Marinelly Francos

Claudia Mejia

Dora Nino

Karen Kolb

Laurie Scop

Jill Beharry

Albert Muzavrieta

Sean Kramer

Kari Schlessinger

Jeremy Baker: Site Leader Pedro Viloria: Site Leader

Hamilton College

Matt Hogan

Brian Giacometti

Tudor Goldsmith

Steve Riccardi

Tom Bradford

Michelle McDonald

Anne Prenner

Donna Rotella

Broxton Bird

Kelby Maher: Site Leader

University of Memphis

Stephen Bockhole

Paul French

Heather MacFeely

Melissa Littich

Iskandar Mohamed

Emily Shroyer

Kristin Vanarsdall: Site Leader

TTA Trail Volunteers:

Cumberland Trail 100 Hour Stripe Award recipients:

Jim Lifsey of the Plateau Chapter Arleen Barnett of the Nashville Chapter Alan Stokes of the Nashville Chapter Rob Weber of the Plateau Chapter

Cumberland Trail Patch recipients:

Vera Churcher of the Nashville Chapter
Jim Poteet of the Nashville Chapter
Mike Harvey of the Murfreesboro Chapter
Bill Eldridge of the Plateau Chapter
Barry Spearman of the Plateau Chapter
Sandra Spearman of the Plateau Chapter
Susan Weber of the Plateau Chapter
Carolyn Miller of the Plateau Chapter

Volunteers:

Cumberland Mtn. Chapter: Eric Wilson and

Vi Biehl

Nashville Chapter: Bob Brown, Linda

Bowman, and Bob Barnett

East Tennessee Chapter: Faith Dippold

Clarksville Chapter: Suva Bastin

Plateau Chapter: Bob Bowman, Tom & Dottie

McClatchie.

Mike Dahl with the State of Tennessee

TTA Meal Volunteers:

Clarksville Chapter: Suva Bastin

East Tennessee Chapter: Judith & John Bartlow, Nancy Lain, Lee Monroe, Sally Jaunsen, Harold Draper, Linda Doyle, Diana Stevens, Ellen Bean, Esther Ruffner, Carolyn Stribling

Nashville Chapter: Pat Anderson, Linda Bowman, Vera Churcher, Libby Francis, Jenice Johnson, Arleen Barnett

Plateau Chapter: Jean Bowman, Leigh Jones, Mary Kelly, Diane Parvin, Sarah Senft, Susan Weber, Ruth/Worshik

Upper Cumberland Chapter: Marnell Cothran, Bonnie Greene, Willa Parrish



Donors to Breakaway '97: These are individuals, businesses, and chapters who made donations.

Libby Francis of the Nashville Chapter Eric Wilson & Vi Biehl - Cumberland Mtn. Chapter Clarksville Chapter, TTA Murfreesboro Chapter, TTA Nashville Chapter, TTA Upper Cumberland Chapter, TTA Tennessee Dept. of Environment & Conservation Cumberland Mtn. State Park Norris Dam State Park Frozen Head State Park Rotary Club of Cookeville Oak Ridge Breakfast Rotary Club Dan & Eva Robbins, Oak Ridge Rotary Club Rotary Club of Sevierville-Sunrise Clinton Rotary Club Greenways Oak Ridge Audobon Society, Nashville Southern Methodist University Hamilton College University of Memphis Obed Wild and Scenic River Shelby Group International Champion Inc. Cracker Barrel, Crossville Domino's Pizza, Crossville Pizza Hut, Crossville Sonic, Crossville Beaman Pepsi Bottling Co., Nashville Shop Rite, Lake City Food City, LaFollette

What is Breakaway?

Breakaway is a nationally recognized program offering university students an alternative to the beach, giving them an opportunity to impact their environment and be exposed to new ideas and activities. Our Cumberland Trail Breakaway program this year covered the first three weeks of March and offered the students trail building and maintenance instruction, educational sessions in geology, plant and tree identification, historical aspects of the region, and team work and leadership skills. TTA's Breakaway program is organized and run with 100% volunteer effort and sweat!!

Rob Weber, Cumberland Trail Project Manager

CHAPTER NEWS

CLARKSVILLE

Meets the third Tuesday of each month at 7:00 pm at the City of Clarksville Crow Community Center at 211 Richview Rd.

PLEASE NOTE THE NEW MEETING PLACE LISTED ABOVE!!



MAY 3 - Bearwaller Gap Trail (Cordell Hull 6 miles, moderate to moderately Dam). difficult). Call Jim Hampton (615) 647-5899.

May 9-10 - Sewanee/Buggy Top Trail. Friday night at motel or camping. 4.5 miles, difficult. Call Suva Bastin (615) 645-2849.

May 17 - Natchez Trace State Park. Call Bessie Daniel (615) 647-4837

May 23-24 - Monteagle/Tracy City Hikes. 6 miles total. Friday night motel or camping. Call Jim Hampton (615) 647-5899.

May 31 - Lake Barkley State Park (Kentucky). 3 short hikes, 4.5 miles total. Call June Miller (615) 648-4195.

CUMBERLAND MTN.

Call Jeannie Chambers (423) 569-5610 for hike information.

EAST TENNESSEE

MAY 4 (Sunday) - Hidden Passage Trail at Pickett State Park. This is an 8-mile easy loop hike over fairly level terrain. We may take one or both of the spur trails of 1 mile each depending on the day. One is to a railroad tunnel which can't be entered, and the other is to a double falls. Meet at 8:30 at the Norris Middle School or at 10:00 (eastern time) at the visitor center at Pickett S.P. Contacts are Diana and Andrew Stevens (423) 494-0852.

MAY 27 (Tuesday) - Join author and naturalist Doris Gove for an evening hike at Ijams Nature Center. Ijams has bogs, meadows, bluffs, and boardwalks, and a brand new nature center-a wonderful resource for outdoorsy folks like us. Meet at Ijams parking lot at 7:00 pm. For more info, call Doris at (423) 522-9896.

TRIP REPORTS

Our thanks to Sally Jaunsen for pinch hitting as hike leader to Frozen Head when Lone Mtn. Hike was cancelled. We timed it accidentally perfectly for the hepatica in full bloom!

Sondra Jamieson and Russ Manning did it again! They always give full measure and plan a day with a special flair. We hiked Gentlemen's Swimming Hole trail, lunched at the Harrow Road Café, then walked off our bangers and mash at Colditz Cove. Thanks to the Cumberland Mtn. Chapter for maintaining this excellent trail that takes you behind Northrup Falls!

Grace and Al Foster led a short hike to a very unique private garden to see spring wildflowers in profusion on natural rock pillars. Our thanks to Becky and Michael Dew for sharing their garden with us.

Happy Spring! Judith Bartlow

MEMPHIS

Meets the third Thursday at 7:00 pm at Davis-Kidd, 387 Perkins Extended

MAY 2-4 - GARDEN OF THE GODS, SHAWNEE NATIONAL FOREST, ILLINOIS. Meet 9:30 am Saturday at the restaurant in Cavein-Rock State Park or at 10:00 am in Garden of the Gods parking lot. We'll do several easy-to-moderate trails in the Garden of the Gods area. There will also be a short hike Sunday morning. Cave-in-Rock has cabins, and there are a number of campgrounds in the vicinity (though only Lake Glendale, 40 miles from Garden of the Gods, has a bathhouse). For lodging at Cave-in-Rock, call (618) 289-4545. For info on Shawnee, call (618) 253-7114. Ray & Martye Burkett, (901) 357-9183 are the contact persons.

MAY 15 - Program meeting at 7:00 pm. Arleen Barnett of the Nashville TTA Chapter will do a slide presentation on the 1997 Cumberland Trail Breakaway Program. One of the groups of college students who worked on the Cumberland Trail this spring was from our very own University of Memphis and they have been invited to the program also.

This will be our last regular meeting until September.

MAY 17-18 - Montgomery Bell State Park, near Burns, TN. Hike in the park Saturday, followed by a canoe float on the Harpeth River Sunday. Contact John Martin (901) 386-3722.

MURFREESBORO

Meets the third Tuesday at 7:00 pm at St. Mark's Methodist Church.

HIKING HOTLINE 367-7045

MAY 17- LAUREL SNOW POCKET WILDERNESS. Call Mark Hall (615) 896-4345. MAY 20 - PROGRAM MEETING. Arleen Barnett of the Nashville Chapter will do a slide presentation on the 1997 Cumberland Trail Breakaway Program. Come see the exciting things happening on the Cumberland Trail!

HIDDEN PASSAGE HIKE, scheduled for May 31, was set for that date in order to see the mountain laurel, which blooms about that time. Because spring is coming early, I may change the hike date to earlier in May. I will be checking with the park ranger before making a decision. If you are interested in this hike, please call me and leave your name and phone number so I can let you know when the hike is scheduled. Thanks! Cathy Williams (615) 893-7748.

NASHVILLE

Meets the third Tuesday at 7:30 pm at the Cumberland Science Museum.

HIKING HOTLINE 367-7045

MAY 3 - PINEY RIVER. 11-12 miles, moderate. This Bowaters Pocket Wilderness trail follows a tumbling mountain stream most of the way down the mountain, with lots of waterfalls and cascades. Even though we had an early spring this year, wildflowers should still be spectacular. Meet at 7:00 am central time in Nashville at Donelson Pike K-Mart parking lot off I-40 or at 11:00 am eastern time at trailhead. Directions to trailhead: Take Exit 317 (Crossville) off I-40. Go south on Hwy 127 through Crossville, then bear left at the split with Hwy 68. Follow Hwy 68 through Grassy Cove and DOWN off the Plateau to Spring City. Turn right on Shut-In Gap Road just past the Texaco station. Piney River Picnic Area parking lot will be on your right. We'll meet there to shuttle cars back to the top of the mountain. Call Arleen Barnett (615) 832-6484 to preregister. NOTE: If we ever catch up to the Upper Cumberland group, maybe we can have lunch together or share a rest stop!

MAY 4 - ANGEL FALLS OVERLOOK AND GRAND GAP LOOP, BIG SOUTH FORK. Meet at 7:00 am at the K-Mart parking lot in Donelson. Call Jim at (615) 377-4777 for more info and to preregister.

MAY 10 - CUMBERLAND MTN. STATE PARK. Meet at 10:00 am at park Visitor Center in Crossville. Hopefully the rhodoendron will be blooming since we've had an early spring. 7 miles, easy. Call Bob Barnett (615) 832-6484 for more info and to preregister.

MAY 11 - FIERY GIZZARD TRAIL, SOUTH CUMBERLAND RECREATION AREA. Meet at 7:00 am at the Target parking lot at I-24 and Bell Rd. Call Charlie Hann at (615) 941-1503 for more info and to preregister.

MAY 15 - PROGRAM MEETING. Nashvillian Jeff Sinks presents a slide program which chronicles his 2200 mile "thru-hike" up the Appalachian Trail. He undertook and completed this backpacking trip last season with his Australian shepherd, Mae. Fulfilling a 26-year dream, the journey proved worth the wait. The trip surpassed all expectations with interesting challenges, surprises, friendships and beauty.

MAY 24 - HIDDEN PASSAGE TRAIL, PICKETT STATE PARK. 8-10 miles, easy. Meet at 7:00 am at K-Mart parking lot in Donelson. Call Elizabeth Gerlock at (615) 356-6260 for more info and to preregister.

BE SURE TO CALL THE HIKE LEADER TO LET THEM KNOW YOUR INTENTIONS TO JOIN THE HIKE. OCCASIONALLY PLANS CHANGE AND HIKES ARE CANCELLED.

PLATEAU

Meets the third Thursday at 7:00 pm at the Crossville Housing Authority, 202 Irwin Ave.

MAY 3 - CROSSVILLE AVERY TRACE RAIL TO TRAIL. 6 miles, easy. Meet at 9:00 am central time at renovated train depot on Main St. in downtown Crossville. Call Carolyn Miller (615) 456-4465.

MAY 10 - ANGEL FALLS, BIG SOUTH FORK. 4 miles, easy. 5.8 miles to overlook,

moderate (if desired). Call Barry Spearman (615) 839-2320.

MAY 17 - ALBRIGHT GROVE TREE HIKE/SMOKIES. 8 miles, moderate. Contact Rob Weber (423) 533-2620.

MAY 24 - TWIN ARCHES/CHARIT CREEK LOOP. 4.5 miles, moderate. Contact Jim Lifsey (615) 839-3939.

UPPER CUMBERLAND

MAY 3 - PINEY RIVER. 12 miles, moderate. We will shuttle to the top and hike down along Piney River to see the spring wildflowers. Meet at First Union Bank Sparta at 8:00 am or Penney's in Cookeville at 8:00 am. Meet at Cracker Barrel in Crossville at 9:00 am. Trailhead about 10:00 am. Contact Dave or Carol Anderson (615) 597-5660 Smithville, or Paul & Pam Miller (615) 526-9259 Cookeville.

MAY 6 - CLIMB EVERY MOUNTAIN WITH PAM MILLER AND BONNIE GREENE. Time: 7:00 pm Place: Cookeville City Hall Community Meeting Room. Cost: \$12.00. Call 520-4FUN for information and registration.

MAY 10 - LOST CREEK CAVE & WATERFALLS PLUS HELLHOLE. 3 miles, easy. We will search for Mowgli and Shir Khan on this set from The Jungle Book. Meet at First Union Bank in Sparta at 12:00 pm. Contact Bonnie Greene (615) 836-3696 Sparta, or Pam Miller (615) 526-9259 Cookeville.

MAY 10 CHAPTER MEETING AT MARNELL'S ON THE RIVER. 1 mile, easy. Bring goodies for a picnic potluck and meeting by the river. Meet at the bank if you do not know the way to Marnell's. The Littlest Hiker is rumored to be in the area! He may stop by! Meet at First Union Bank Sparta at 4:00 pm. Contact Marnell Cothran (615) 738-5874 Sparta, or Pam Miller (615) 526-9259.

MAY 17 - TBA. Contact Bonnie Greene (615) 836-3696.

MAY 24 - LAUREL FALLS WITH THE NATIVE PLANT SOCIETY. 5 miles, strenuous. Hike from the Virgin Falls parking area to the beautiful Laurel Falls and Martha's Pretty Point. Meet at First Union Bank Sparta at 10:00 am. Contact Bonnie Greene (615) 836-3696.

MAY 31 - FALL CREEK FALLS OVERNIGHT LOOP. 8 miles, moderate. This will be a <u>DAY HIKE</u> on the overnight loop. Meet at First Union Bank Sparta at 8:30 am. Meet at the Nature Center at 9:30 am. Contact Bonnie Greene (615) 836-3696.

ON ANY TUESDAY - DENISE CHARVOZ' MOUNTAIN, 2 miles, easy. Walk with Denise on her mountain near Monterey, overlooking Cherry Creek. Meet at Denise's about 8:30 am. Contact: Denise Charvoz (615) 738-3595, Sparta.

National Trails Day



June 7, 1997

Cumberland Trail Summer Intern Program

The Student Conservation Association has approved and is advertising a 12-week summer internship opportunity for Cumberland Trail development. The intern will spend 12 weeks researching land ownership, assessing current trail conditions, and completing a development plan. The intern will be supervised by Rob Weber, Cumberland Trail Conference Project Manager.

SCA provides \$1,450 to fund the intern position and TTA has to match this amount, plus mileage and gas expense. TTA needs to raise a total of \$2,000 in order to make this internship opportunity possible. Applicants will be interviewed and selected during April and May.

Please consider making a tax-deductible gift to Tennessee Trails-Cumberland Trail Project to fund this summer intern. This is an opportunity to give something back for all the trails we enjoy hiking.

YES! I want to help support the summer CT intern. Enclosed is my gift of:					
\$15\$25\$50\$100					
Other					
Please make your checks payable to TTA, Cumberland Trail and mail to: Susan Weber, CTC Financial Administrator, Rt. 1, Box 219A, Pikeville, TN 37367.					
Name					
Address					
City, State, Zip					
Phone					

REPORT ON SPECIAL TTA BOARD MEETING, APRIL 12

The Tennessee Trails Association had its origins in the late 1960's as a volunteer organization focused on the development and construction of a state-wide trail system, with the Cumberland Trail chosen as the initial pilot project. Over the years, and for lots of different reasons, the development of the Cumberland Trail has stalled, and the TTA organization has evolved into a hiking club whose members are more interested in recreational hiking opportunities than in trail building. In other words, the emphasis has shifted from trails to hiking.

There is now a renewed interest in volunteerism as a way of completing the Cumberland Trail. A small group of dedicated and enthusiastic people within TTA have devoted a lot of time and energy over the last few years towards resurrecting interest in the Cumberland Trail. With the successes of the Breakaway programs last year and this year, there is now optimism that the Cumberland Trail can possibly be completed within the next 10 years - with the right kind of support from the rest of the organization.

The support needed consists of leadership and financial assistance. Even though we are looking at various community service volunteer programs like Breakaway to supply construction and maintenance manpower, there are other tasks that need to be done that can be done by TTA members who are able to volunteer a few hours each month. There will also be some tasks that will require paid staffing. TTA members who can afford it can support these efforts through financial contributions. TTA will also be looking at outside sources of funding from private corporations and foundations, as well as locating any assistance from the public sector.

The present organization of TTA, with its emphasis on a strong local chapter structure, is doing an excellent job of providing programs and outings for the recreational hiker. However, the TTA Board feels there is a need for a stronger central organizational structure as the best way to support trail development projects and initiatives. This issue was discussed extensively at the last regular Board meeting in February, and again at a special Board meeting on April 12. At this last meeting, the Board established a committee which is to begin to look at organizational alternatives that would continue to support the recreational hiking needs of the membership, as well as provide a framework to effectively fund and support trail development initiatives throughout the state.

The work of this committee could result in the most subsantial changes to TTA since its inception more than 25 years ago. All but one chapter was represented at the April 12 meeting. The Board is asking that each chapter's representative discuss with their members the issues raised at that meeting. The next regular Board meeting will be on May 24, and we hope to be able to consider feedback from the membership as to what directions they think the organization should take.

The members of this organizational review committee are Harold Draper, Jim Poteet, Rob Weber, Paul Miller, Ray and Martye Burkett, Bob Barnett, and Mike Harvey. Please communicate your thoughts, concerns, and ideas to any of these members directly or through your chapter leadership.

Two other actions were taken by the Board at the April 12 meeting. The need to involve more people in the activities of TTA was recognized, and a goal has been set to increase our membership to 2,000 people by the year 2000. The Board also authorized the use of advertising in the newsletter to offset its production and distribution costs, and to make more of the dues collected available for trail initiatives. You'll be hearing more about both of these items in the coming months.

Jim Poteet, TTA Vice President

ADOPT-A-TRAIL

TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber (423) 533-2620 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.

TTA BOARD MEETING ANNOUNCEMENT

The next meeting of the Tennessee Trails Association Board of Directors has been scheduled for 2:00 to 4:30 pm CDT on Saturday, May 24, 1997 at Davis Kidd Bookstore in Laurelwood Shopping Center, 397 Perkins Extended (northwest corner of Poplar and Perkins) in Memphis. For those coming from the east, the easiest way is to continue west (instead of turning) when you reach the I-240 junction with I-40 to the next (Perkins) exit. Turn south (left) on Perkins. Continue past the Walnut Grove Road stoplight until the street slightly curves to the left and then right again. At this point, turn right into the parking lot of Davis Kidd.

We will continue discussion on changing TTA's organizational structure, roles of regional representatives, as well as other agenda items. Please submit your agenda items to me before Tuesday, May 20. There will be a 9:00 am hike led by Gloria Norrid. Meet at the Memphis Visitor Center downtown at the riverfront. We will also go to dinner after the Board meeting at either Rendezvous or Corky's.

Harold Draper, President 4907 Shannon Lane Knoxville, TN 37918 (423) 689-7757 (423) 689-9418 (fax)

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	Hiking Tennessee Trails, 4 th Edition TTA Adopt-A-Trail Manual Round Traditional TTA Patch 25 th Anniversary TTA Patch TTA Fanny Pack (Green with embra TTA Window Decal include postage. Mail your check par Please allow 4 weeks.	oidered boot logo)	\$ 9.95 3.00 3.00 3.00 15.00 1.00 to: Rob Weber, Rt. 1, Box 2	19A, Pikeville, TN
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BOX 41446, NASHVILL President:	E, TN 37204 OR e-mail: barneta Harold Draper (423) 689-7757; H	f@ctrvax.vanderbilt.edu aroldD385@aol.com	IL TO: NEWSLETTER EDITOR, P.O.			
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Director-at-Large:						
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Cumberland Trail:						
Adopt-A-Trail:						
Clarksville Chair:						
Cumberland Mtn. Chair:	Jeannie Chambers (423) 569-5610)				
East Tennessee Chair:						
Memphis Chair:						
Aurfreesboro Chair: Mike Harvey (615) 893-9594; mike.harvey@wrightind.com						
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