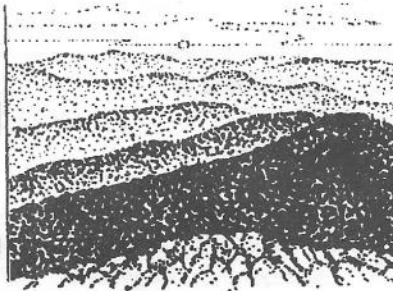


# TENNESSEE TRAILS

The monthly newsletter of the Tennessee Trails Association



## 1997 TTA ANNUAL MEETING OCT. 30 - NOV. 1

The meeting will be held at Norris Dam State Park (I-75 at Norris/Clinton exit 122, or I-75 at Lake City exit 128). Norris Dam State Park is divided by Norris Dam and Norris Lake. There is an east side of the park and a west side of the park.

### Registration:

Will begin at 5 p.m. in the Norris Dam State Park Tea Room. The Tea Room is located on the east side of Norris Dam after turning into the State Park. Entertainment, meals, meetings and messages will be in the Tea Room. The Tea Room is a rustic CCC era building - stone fireplace, hardwood floors, flagstone patio.

### Accommodations:

**Rustic cabins** are available to sleep 2, 4, or 6. Each rustic cabin is \$50/night. Rustic cabins are adjacent to the Norris Tea Room where meals and special events will take place.

**Contemporary cabins** are available to sleep 6 and are \$60/night. Contemporary cabins are approximately 3 miles from the Tea Room across Norris Dam.

*If you are paying for lodging, please complete the Lodging Section on the Registration form. If you are sharing a cabin for which another member will make reservations, leave this section blank on your registration form.*

**Campground space**, near the Tea Room are \$13 per night for 1<sup>st</sup> 2 people. \$.50 additional person over age of 7 years old. Hook ups in campgrounds.

### Meals:

Friday evening you are invited to bring a dish for a Pot Luck Supper from 6 to 8 p.m. Full breakfast on Saturday and continental breakfast on Sunday will be catered by Oliver's, and dinner on Saturday will be catered by Buddy's BBQ. Bring your own sack lunches for hiking on Saturday and Sunday. Cabins are fully furnished.

### Entertainment:

Friday evening is Halloween. *Dress suitably.* Bring a pumpkin to carve and ghost story to tell around the **bonfire** across from Tea Room.

Saturday evening is the annual **auction**. Supreme auctioneer, Bob Barnett, will host this lively event. Bring something interesting, sinful desserts, or crafts for the auction. After dinner we'll share trail talk with hiking friends from around the state to the tune of a fiddler.

### Hikes:

This is what you really came for! East Tennessee is known for **great trails** - in the Smokies, Big South Fork, Norris, and the famous Cumberland Trail. *Please indicate your interest on registration form so we can arrange an adequate number of co-leaders for each.* We have fern covered, dripping rocks, tumbling creeks, sandstone escarpment, eagle eye views of fall colors to stop your heart!

### Saturday Hikes

**Fall Color Overlook.Hike** - Russ Manning and Sondra Jamieson, authors of *Trails of the Big South Fork*, will lead us on hikes to 3 overlooks (O & W Overlook, Sunset Overlook, and Leatherwood Ford Overlook) on the east side of the Big South Fork Gorge for a total of 8.4 miles, rated moderate. 1 hr. from Norris Dam St. Pk.

**Cumberland Trail Hike** - Rob Weber will lead a 9 mile hike on old Section 1 that overlooks the LaFollette/Jacksboro valley looking east toward the Smokies and west to the Cumberland Block. Overlooks are Eagle Bluff and the spines of Devils Racetrack. This hike is rated moderately difficult. ½ hr. from Norris Dam St. Pk.

**Porters Creek Hike** - Carol Kerr will lead this creekside hike in the Greenbriar section of the Smokies. Easy, 7.4 mile trail round trip features mossy stone walls, foundations, cemetery, historic Smoky Mountains Hiking Club Cabin, and delicate waterfall. 1 ½ hr. from Norris Dam St. Pk.

**Norris Watershed Hike** - Ellen Bean will lead an easy 6 mile creekside hike on several connecting trails featuring remnants of historic CCC camp, Clear Creek, mill dams, and cemetery. 5 minutes from Norris Dam St. Pk.

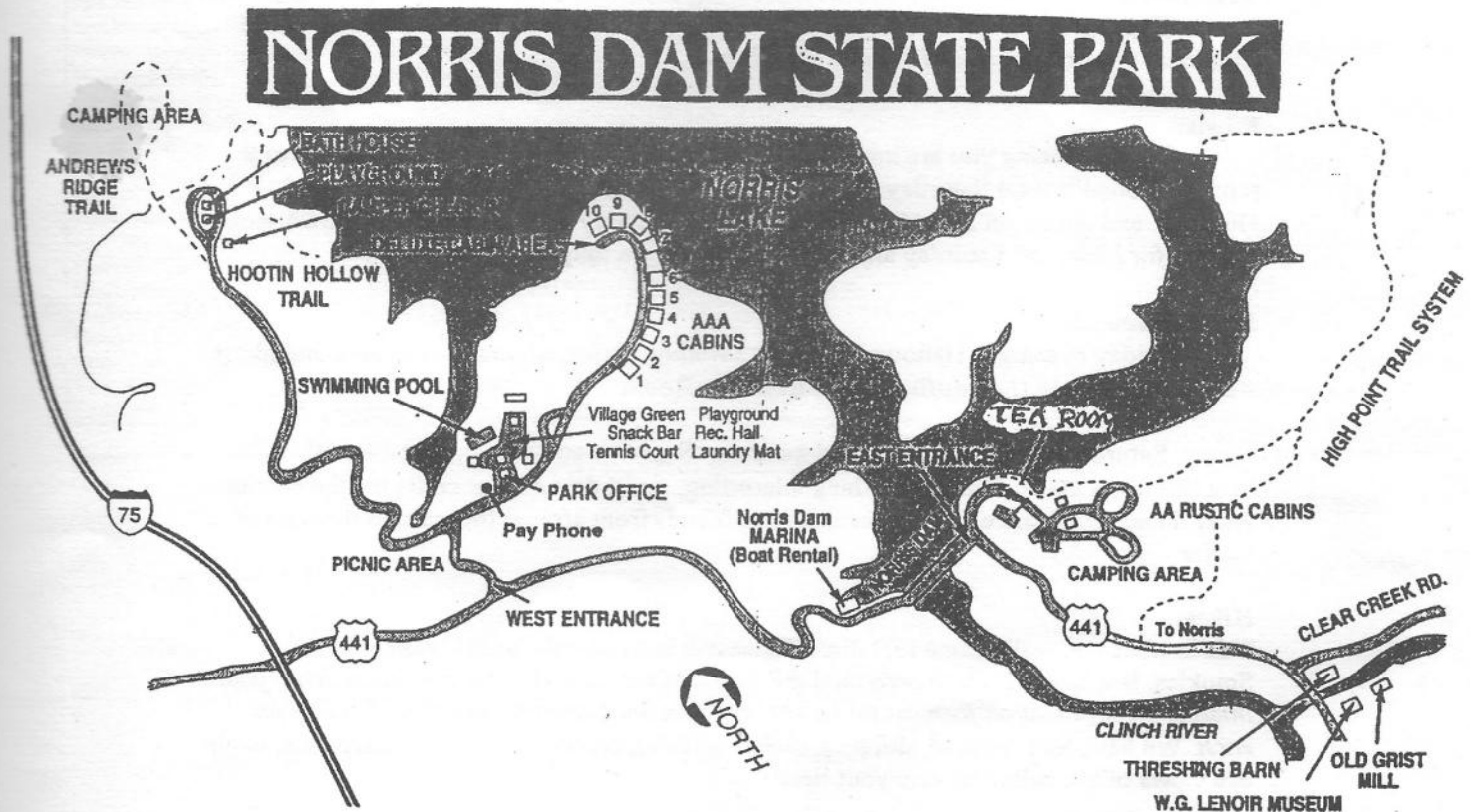
### Sunday Hikes

**Cumberland Trail Nemo Bridge Hike** - Rob Weber will lead a 9 mile hike following the Obed River to a large bluff overlook of the Obed River and the gorge. Rated moderately difficult due to rock hopping and extensive rock steps. 1 hr. from Norris Dam State Park.

**River Bluff Hike** - Judith Bartlow will lead an easy 3 mile loop hike on this trail at Norris Dam. Trail parallels the crystal clear Clinch River and then climbs and follows a ridge line. This trail is famous for spring wildflowers, but is a beautiful setting every season. 5 min. from Norris Dam State Park.

**Norris Dam State Park Hike**- park personnel will lead an easy 4 mile hike on the Andrews Ridge Trail, Rock Creek Loop and Sinkhole Trail at the park.

**Great Smoky Mountains National Park** - if enough people are interested we will plan an additional hike in the Smokies.



**REGISTRATION FORM**  
**1997 TTA ANNUAL MEETING OCT. 30 - NOV. 1**  
( ONE NAME PER FORM PLEASE )

Name on badge \_\_\_\_\_  
Address \_\_\_\_\_  
City & State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone ( \_\_\_\_ ) \_\_\_\_\_

Registration fee \$ 10.00

Meal package ( 2 breakfasts and 1 dinner ) (\$20) \_\_\_\_\_  
(Bring your own lunches.)

**Friday night October 30**

Lodging - Rustic cabin for \_\_\_\_\_ occupants (\$50) \_\_\_\_\_  
Contemporary cabin (\$60) \_\_\_\_\_  
Campground (\$ 13 for two, \$0.50 each for more) \_\_\_\_\_

*I am not paying for lodging because I am staying with \_\_\_\_\_  
who is paying for lodging.*

Meals - Pot Luck Supper - Norris Tea Room - 6 to 8 P.M.  
Costume Party and Bonfire

**Saturday October 31**

Lodging - Rustic cabin for \_\_\_\_\_ occupants (\$50) \_\_\_\_\_  
Contemporary cabin (\$60) \_\_\_\_\_  
Campground (\$13 for two; \$0.50 each for more ) \_\_\_\_\_

*I am not paying for lodging because I am staying with \_\_\_\_\_  
who is paying for lodging.*

Hikes - \_\_\_\_\_ Big South Fork  
\_\_\_\_\_ Cumberland Trail - Section 1  
\_\_\_\_\_ Great Smoky Mountain National Park - Porters Creek  
\_\_\_\_\_ Norris Watershed

Annual Meeting; Auction and a little Night Music

**Sunday, November 1**

Board Meeting

Hikes - \_\_\_\_\_ Cumberland Trail - Nemo Bridge Access  
\_\_\_\_\_ River Bluff TVA Trail  
\_\_\_\_\_ Norris Dam State Park Hike  
\_\_\_\_\_ Great Smoky Mountain National Park

**TOTAL \$** \_\_\_\_\_

MAKE CHECK PAYABLE TO: Tennessee Trails Association

MAIL TO: Mary Kelly, Plateau Chapter

7771 Highway 127 South

Crossville, TN 38555

(423) 484-2585 (work)

(423) 456-7749 (home)

REGISTRATIONS MUST BE RECEIVED BY OCTOBER 17. CANCELLATIONS MUST ALSO BE MADE BY THIS DATE



### MY FAVORITE FALL HIKE...

**The Appalachian Trail portion on Roan Mountain from Carvers Gap to Grassy Ridge Bald—the viewshed is 360 degrees—all the color your eyes can take in! –Judith Bartlow**

**Short Mountain near Woodbury, TN. Sit on the rockers at Short Mtn. Bible Camp and view ridge after ridge to the east, or hike the loop trail around the western side of the mountain for views of Pilot Knob and the Nashville Basin. – Arleen Barnett**

### TRAIL-BUILDING WEEKEND WORKSHOP

**SEPT. 6-7, 1997**

This is the opportunity you've been looking for to learn the ins and outs of trail building, including the opportunity to build some of those famous "thousand steps", as the CTC will host a workshop on the Cumberland Trail's Obed Wild & Scenic River Segment. We will continue the work of the students and volunteers of Breakaway '97 as we work to bring the trail up out of the Obed gorge and onto the bluffs overlooking its deep green waters. **Contact Mike Harvey at (615) 893-9594 for additional information and to register for this program.**

Sept. 5<sup>th</sup>, Friday evening: Camp at Frozen Head State Park

Sept. 6<sup>th</sup>, Saturday:

8:30 am EST—Training and safety issues for trail building and maintenance

10:30 am—Hands on trail building on the Obed W.S.R. Segment

12:00 noon—Lunch

12:45-3:30—Trail building

Evening—Camp at Frozen Head State Park

Sept. 7<sup>th</sup>, Sunday:

8:30 am EST—Trail building

12:00 noon—Lunch

**HOME!!**

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## CLARKSVILLE

Meets the third Tuesday of each month at 7:00 pm at the City of Clarksville Crow Community Center at 211 Richview Rd.

SEPT. 6 - Hematite Lake Hike (Land Between the Lakes), 2-3 miles, easy. Call Marilyn and Ray Carroll (615) 648-9739.

SEPT. 13 - FALL CREEK FALLS. Paw Paw Trail, 4 miles, moderate. Call June Miller (615) 648-4195 or Suva Bastin (615) 2849.

SEPT. 13 - INDIAN TOWN BLUFF, ASHLAND CITY. This is a work day, jointly sponsored by the Clarksville and Nashville TTA chapters, to prepare the new part of the trail. Call Libby Francis (615) 889-5718 or Cindy Jackson, ranger at Cheatham Dam, (615) 792-5697.

SEPT. 20 - PERCY WARNER PARK (NASHVILLE). 6 miles, moderate, and occasionally difficult. Call Suva Bastin (615) 648-2849.

SEPT. 28-OCT. 1 - GATLINBURG HIKES. Various trails in the Smokies. Call Wanda Cumberland (615) 358-3338.

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## CUMBERLAND MTN.

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## EAST TENNESSEE

Meets on the 3<sup>rd</sup> Tuesday of the month at First Presbyterian Church in Oak Ridge on the corner of Oak Ridge Turnpike and Lafayette at 7:00 pm in Room 101.

**SEPT. 7 - (SUNDAY) OLD NORTH KNOXVILLE HISTORIC HIKE.** Russ Manning and Sonda Jamieson, authors of *Historic Knoxville and Knox County*, will recreate their walk through Old North Knoxville, touring some of the historic homes along the two-mile route. Those in the Norris area, meet in Norris in front of the Middle School at 1:30 pm. All others meet in Knoxville in the parking lot of Rose Mortuary at the corner of Broadway and Glenwood at 2:00 pm eastern time. For more information and to sign up, call (423) 494-8121.



**SEPT. 20 - (SATURDAY) BLUE HERON LOOP IN THE BIG SOUTH FORK NAT'L RIVER AND RECREATION AREA.** This trail features the excellent interpretive exhibits in the Blue Heron Mining Community as well as typical Cumberland Mountain topography. Hike length is 6.6 miles. Meet at 8:30 am in front of Norris Middle School for the drive to the trailhead. A secondary meeting place at the Oneida City Park can be arranged by contacting the hike leader, Harold Draper at (423) 689-7757.

#### **TRIP REPORT LOST SEA CAVE HIKE**

*It was 94 F. in the woods, but a cool 54 F. underground for a short, but interesting hike in Lost Sea Cave near Sweetwater. We cancelled our afternoon hike to Laurel Falls due to hot, hot weather.*

#### **JOYCE KILMER MEMORIAL FOREST**

*Put the new Cherohala Skyway on your list of beautiful drives with short hikes. It begins at Tellico Plains and ends at Joyce Kilmer near Robbinsville. The signs and trailheads are still under construction, but we stopped at pulloffs to admire layer upon layer of grey-blue mountains, and hikes short trails to Hooper Bald and Huckleberry Knob. We saw a coyote, yellow fringed orchids, ribbons of crimson bee balm and Turk's Cap lily. The air was cool at 5000'—we needed jackets! At Joyce Kilmer, we saw an unusual nodding pagonia (a.k.a. three birds orchid). Four people barely touched fingers around a yellow poplar measuring 23' in diameter!*

*Twentymile Ranger Station trail was a gradual climb beside the creek. She will deny it if you ask her, but Janie Mertz is becoming a hiker!*

*--Judith Bartlow*

*Annual Meeting - Get ready for cool temperatures, fall colors, crackling bonfires, roasting marshmallows, great hikes, and good company!*



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## **MEMPHIS**

Meets the third Thursday at 7:00 pm at Davis-Kidd, 387 Perkins Extended

**SEPT. 18 - PROGRAM MEETING.** Debbie Gilbert will talk about hiking in Washington State, and we'll discuss our upcoming fall trips.

**SEPT. 27 - NATCHEZ TRACE STATE PARK.** Carpool at 7:00 am near Davis-Kidd. Hike starts 9:00 am at park visitor center. (Some people are staying overnight at Pin Oak Lodge; call for details.) We'll hike from the visitor center to the lodge, about 10 miles on easy terrain. Contact person is Carol Haley, (901) 388-9163.

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## **MURFREESBORO**

Meets the third Tuesday at 7:00 pm at St. Mark's Methodist Church.

Call Mike Harvey (615) 893-9594 for hike info.

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## **NASHVILLE**

Meets the third Tuesday of each month at 7:30 pm at the Cumberland Science Museum.

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#### **HIKING HOTLINE 367-7045**

**SEPT. 13 - TRAIL WORK AT INDIAN TOWN BLUFF.** Clean up and trail work near Indian Town Bluff trail at Harpeth River Campground. The clean-up will last from 9:00-12:00. Flagging possible routes for the trail and other trail work will be in the afternoon. Free T-shirts for all who help with the clean-up. If anyone has a canoe or fishing boat, there is a lot of trash and flood debris in the river. Meet at the Resource Manager's Office at Cheatham Dam Lock A at 9:00. If you would like to camp on Friday night, or need directions, call Libby (615) 889-5718 or Cindy Jackson at Cheatham Dam (615) 792-5697.

**SEPT. 14 - TWIN ARCHES HIKE, BIG SOUTH FORK,** led by Jim Poteet. We will hike to the Twin Arches, which are the largest natural bridge complex in Tennessee, and to Charit Creek Hostel and Jake's Place. The loop is 5 ½ miles with many beautiful rock formations. Meet at 7:00 am at the K-Mart parking lot on Donelson Pike off the I-40 exit. Call Jim at (615) 377-4777 for more info and to preregister.

**SEPT. 16 - PROGRAM MEETING, "HUMMINGBIRDS UP-CLOSE."** Almost all of the 16 species of "hummers" in the

U.S. occur west of the Mississippi. Don't miss this chance to see them close up using stop action photography. Photographer Richard Connors will take us on a photo expedition of the southwest and share his impressions of these beautiful birds. Bring a friend! Refreshments will be served following the meeting.

**SEPT. 28 - MONTGOMERY BELL PARK HIKE**, led by Diane Manas. We will hike 11 miles around the perimeter of the park, including the ore pits and early pioneer cabin. Plan to wear long pants and to use insect repellent. Meet at the Walmart parking lot at Hillwood & Charlotte at 8:30 am or at the park visitor center at 9:30. Call Diane at 352-7777 for more info and to preregister.

The Nashville Chapter will be electing a Chapter chair, vice chair or program director, and a treasurer at the October program meeting. If you would like to serve in any of these positions, or would like to suggest someone, please tell or call Jim Poteet (615) 377-4777.

If you would like to lead a hike, call Elizabeth Gerlock 356-6260.

**Be sure to call the hike leader to let him or her know of your intention to join the hike. Occasionally plans change and hikes are cancelled.**

## PLATEAU

Meets the third Thursday at 7:00 pm at the Crossville Housing Authority, 202 Irwin Ave.

**SEPT. 13 - HIDDEN PASSAGE TRAIL AT PICKETT STATE PARK**, 10 miles, moderate. Departing 8:00 am central time from Cracker Barrel at exit 317 off I-40. Contact leaders: Charles & Lee Jones (615) 277-3228.

**SEPT. 16-19 - MOUNTAIN TO SEA TRAIL IN NORTH CAROLINA BACKPACK**, 35-40 miles, difficult. Interested in exploring this little known long distance trail beginning at Clingman's Dome in the Smoky Mountains National Park and traveling out onto the Blue Ridge Parkway in North Carolina? Contact Rob at (423) 533-2620 for details.

**SEPT. 27 - BRADY MOUNTAIN/GRASSY COVE SEGMENT OF THE CUMBERLAND TRAIL**, 7.5 miles. This moderate hike offers rewarding views of Grassy Cove and the Crab Orchard Mountains. Departing 8:00 am central from Visitor Center at Cumberland Mtn. State Park. Contact Rob Weber at (423) 533-2620.

**SEPT. 27 - MT. LECONTE/CHARLIE'S BUNION IN THE GREAT SMOKIES**, 8 miles, moderate. Departing 7:00 am central at Hardee's at Peavine Rd. exit (#322) off I-40. Contact Jean & Bob Bowman (615) 456-5169.

## UPPER CUMBERLAND

**SEPT. 13 - BIG SPRINGS IN SCOTT'S GULF**, 5 miles, moderate. Walk the Scott's Gulf Road down to Big Springs.

*Carol Graves*

i. Contact:  
8-5874, Sparta.

*356-4545*

*Sabrina Beck*

**SPARTA.** Take  
d and fun at First  
Meet at First  
rnell Cothran,

*353-8588*

**NED.** Contact:

*opens her home  
Denise on her  
ry Creek.*

Upper Cumberland Installs New Chairperson in the Rain!

August 9, 1997

by Paul Miller

The car hike of the Upper Cumberland was a nice idea, but...this time it was not summer heat, but an all day rain that spoiled the outing.

Pam and I had decided there would be no car-hike, since no one had called and it was predicted to be a rainy morning. However, Bonnie called late Friday to say that several Sparta folks were planning to go. So we drove over and met the group at First Union in Sparta. Waiting impatiently were Ross and Brenda Cardwell, Denise Charvos, Lisa & Claude Hammock, Barbara Phifer, Marnell & Jack Cothran, Wayne Broadway and Bonnie Greene. We were late, so we did not even greet the folks, just took off driving. We hit rain near Ozone Falls, our first stop. The falls were pretty and pretty busy, too. There was no room to park! Several rock climbers, rappellers and other visitors crowded the overlooks above the falls. I had planned a hike below the falls, but it was much too slippery.

As we reached the top of Mt. Roosevelt, steady rain set in. Soon fog also shrouded the mountain. We ate our picnic in our cars. Lisa braved the weather and went from car to car offering oven-fried chicken and jalapeno corn muffins. Yummy!

We decided to forego Piney Falls for another day and drove straight back to the Homestead Museum, near Crossville. The museum has just recently been renovated and has several new displays. It only costs a dollar and is well worth a stop if you are in the area. After the museum, it was a short drive to the

Cumberland Mtn. State Park restaurant. We had coffee and dessert since it was much too early for supper.

Denise was installed as our new chairperson without ceremony. She will represent us on the TTA Board. She turned the meeting over to the group to plan the hike schedule. Denise is a life member of TTA and is very interested in seeing TTA retain a presence in the Cookeville and Sparta area. She asks all area hikers to support the chapter and to join TTA as well as the Friends of Scott's Gulf.

**National Public Lands Day  
September 27**

Trail work at Lake Barkley in Land Between the Lakes. Call Steve Shaw (502) 362-4236 for more information.

**SCOTT'S GULF ADVENTURE  
June 21, 1997  
by Jack & Marnell Cothran**

What a day for a MINI-HIKE! We drove to Scott Cemetery, on past the trailhead to VIRGIN FALLS. There was not a cloud in the sky, GOOD WEATHER, GOOD COMPANY, and a trail on which no one could get lost or expect any kind of problem. Joining Marnell and me for the hike to the CANEY FORK RIVER and the BIG SPRING in SCOTT'S GULF were hikers Wayne Broadway, Dave & Carol Anderson, Gene & Nancy O'Neal, Willa Parrish, Bonnie Greene and Denise Charvoz.

After driving to the CEMETERY, it was noted that Gene and Nancy had to stop for gas (IN THE CAR). We decided to wait for a little while. Then, since they didn't show up, we began our trip to the CANEY FORK RIVER. Like I said, this was a perfect day with excellent weather (UNTIL WE GOT WITHIN VIEW OF THE RIVER). Out of nowhere came this tremendous clap of thunder, which scared us all and sent Bonnie to her knees. About now is when I think Denise was feeling pretty happy, then decided that the climb out might be too much and went back home.

The lightning came out of a clear sky and no clouds around. That is, until we look past the trees and over the mountain. There lay a BIG BLACK CLOUD that produced some spectacular lightning and deafening thunder. We had reached the river (STILL NO SIGN OF GENE & NANCY).

Being the determined hikers that we are, we decided to continue up the river to THE BIG SPRING. Lightning was popping all around and thunder was very loud. I became very concerned about my PACEMAKER, since we always unplug our TV during a storm. I wondered whether to sit

down, lie down, or just act normal. At this point, Bonnie explained that Ross Cardwell had told her how to react when lightning is really close. I decided to get ready to try it, but when we reached the camping area, with about six or so tents and camp sites, and no people in sight, I decided to wait.

We proceeded to THE BIG SPRING as it began to get dark, at about 1:00 pm in the afternoon. I looked like big trouble! And what a STORM it was: lightning, thunder and high winds followed by a torrential downpour of RAIN and bean-sized HAIL (STILL NO SIGN OF GENE & NANCY).

Since we are all "professional" hikers, and are prepared for most all circumstances, we put our plan into effect. Marnell and Willa headed for an area under the bluff to get protection from the elements. I was scared to death that a big rock from above would fall on them. I screamed my lungs out, trying to tell them. Either they didn't hear me, or as normal, Marnell paid me no attention. Dave and I continued to discuss how unstable the rocks were up above. At least they didn't get wet. And another thing, here I am out in the RAIN, HAIL AND WINDS. Guess who is under the bluff with Marnell and Willa, none other than Wayne Broadway.

I thought to myself, "Isn't this the PITS? HE'S DRY. I'M WET." As I said, we were prepared. I took out my \$0.89 (89 cents) WALMART rain coat (PONCHO EL-LEAK-O). Carol Anderson came out with her high-tech (HEFTY TRASH BAG) rain and hail wear. Bonnie dressed in her GORE-TEX coat, which really wets you bad when you don't zip or fasten the neck band. DOESN'T IT BONNIE? Dave Anderson just stood there, like a (WET) man, and rode it out. Marnell, Willa, and Wayne didn't get wet because they were under the bluff, not because of dress. I think one of them left the GORE-TEX coat at home. Didn't they, WILLA?

Well, we ride out the storm, head up the mountain short-cut and toward the vehicles (STILL NO SIGN OF GENE & NANCY). Heading up the road, we see some beautiful flowers on the roadside. Bonnie decided to check them out, and leaned over to take a smell (OF THE FLOWERS) when this BIG BLACK AND WHITE SNAKE threw its head back and coiled up. Bonnie went into her SCREAMING DISPLAY. She won. The snake retreated. Just about this time, we looked down the road and guess who we saw? You got it. Gene and Nancy! They rode out the storm and were making their way back. We were very happy to know they made the hike and were still in good shape.

In order to add at least one more BIT OF EXCITEMENT to the trip, Nancy put on HER DISPLAY OF HOW TO FALL on a rain-slick, muddy road and still maintain your composure.

We had an excellent trip. TOO BAD THE REST OF YOU MISSED IT!



## FRIENDS OF SCOTT'S GULF OFFICIAL

After three months of research and work on by-laws and a search for willing Board members, the Friends of Scott's Gulf is finally off and running. The charter board has installed and approved a board of five directors. Those directors have approved a constitution and a set of by-laws for the organization and have appointed officers. The by-laws are available to all members. They are posted on our website and available at the Sparta Chamber of Commerce.

The officers are: Paul Miller, President; Ross Cardwell, Vice-President; Chuck Estes, Secretary; Brenda Cardwell, Treasurer; and April Olberding, Public Relations Chairperson. The officers represent a well-rounded group of activities and organizations.

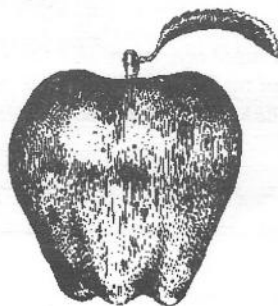
Paul is active in Tennessee Trails hiking club and a member of the Upper Cumberland Wheelmen bicycling club. Paul brings a tie to local industry as an engineer at Fleetguard in Cookeville, and a member of Fleetguard's Community Committee.

Ross is also an active hike leader in Tennessee Trails and enjoys nature photography and 4-wheeling. Ross brings unique insight as a worker in the local timber industry.

Chuck is a member of Tennessee Citizens for Wilderness Planning and a whitewater enthusiast. Chuck is from Oak Ridge and brings an East Tennessee perspective.

Brenda is a Tennessee Trails member and a 4-wheeler. She works in the Sparta/White County Chamber of Commerce and is well acquainted with local government, business and industry.

April is active in the Upper Cumberland Grotto Caving Club. April brings her talents in communications and has done a wonderful job on our website. As an employee of Tennessee Tech, April also provides a tie to the local academic community.



## SOUTH CUMBERLAND RECREATION AREA SEPTEMBER HIKEs

9/1 9:00 am **VOLUNTEER DAY.** Meet at the Stone Door Ranger Station and help us on some trail work on Labor Day. We'll try to build some boardwalks on the Laurel Trail.

9/6 2:00 pm Meadow Trail Hike. Meet at the Visitor Center. Join Ray for a hike to see some of the most colorful wildflowers this time of year. 2 miles, roundtrip, easy.

9/7 2:00 pm Savage Falls Hike. Meet at the Savage Gulf Ranger Station and join Ray for a hike filled with interesting information pertaining to the different flora in the area along with wonderful views. Bring plenty of water and a sack lunch. 3 ½ miles, roundtrip, moderate.

9/13 2:00 pm Lone Rock Trail Hike. Meet at the Grundy Lakes parking lot. 2 miles, roundtrip, easy.

9/13 1:00 pm Hidden Crevice Walk. Meet Randy at the Stone Door Ranger Station. Visit Stone Door Overlook and the amazing hidden crevice and rock shelters nearby. 2 miles, roundtrip, moderate.

9/14 2:00 pm Foster Falls Hike. Meet Ray at the picnic shelter at Foster Falls. Join us to explore the overlooks out to Lichen Rock and back. Bring plenty of water and a sack lunch. 4 miles, roundtrip, moderate.

9/20 10:00 am Grundy Forest/Sycamore Falls Hike. Meet at the Visitor Center. Bring plenty of water and a sack lunch. 3 ½ miles, roundtrip, difficult.

9/20 1:00 pm Laurel Creek Walk. Meet at Stone Door Ranger Station. Join Randy for a wet walk up beautiful Laurel Creek above the falls. 1 mile, roundtrip, moderate.

9/21 10:00 am Lost Cove Cave Tour. Meet at the Carter Natural Area parking lot for an adventurous 2 mile hike to one of Tennessee's most impressive caves. Bring a sack lunch, water, hard hat, good hiking boots, and multiple light sources. 5 miles, roundtrip, strenuous.

9/27 1:00 pm Greeter Falls Tour. Meet at Greeter Falls parking lot. 2 miles, roundtrip, moderate.



## ADOPT-A-TRAIL

**TRAIL MAINTENANCE VOLUNTEERS NEEDED!** If you would like to be placed on a call list for trail maintenance, contact Rob Weber (423) 533-2620 for details.

**If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.**

### TRAIL WORK REPORT

Fifty one college students from across the nation converged on Long Hunter State Park, Radnor Lake State Natural Area, and Percy Warner Park the week of August 4-7 to perform summer trail maintenance as part of their training as future site leaders for Breakaway Service Projects. The students were housed at Vanderbilt University and participated in a week long ABC's conference to develop leadership and teambuilding skills and learn how to coordinate an Alternative Spring Break program at their home universities. This year they selected trail work as their service project. Nashville TTA members Arleen Barnett, Libby Francis and Jeff Keyes led groups of students out on the various trails at Long Hunter and Radnor Lake. The students worked on the Bryant Grove Trail, Bryant Grove Point Trail, Volunteer Day Loop and 2 miles of the Volunteer Backcountry Trail, as well as the South Lake and South Cove Loop Trails at Radnor. The trash record was set by the group who worked on the Bryant Grove Point Trail (1/4 mile long)—four tires and six extra large bags of trash. They also had the opportunity to use fire rakes to clear the trail tread in places. The award for persistence goes to the students who cleared a blowdown at Radnor Lake with pocket saws! Several students used their artistic skills to obliterate two "unofficial" trails on the Volunteer Trail at Long Hunter by collecting and arranging driftwood and rocks to keep hikers on the blazed trail. In the afternoons, the students worked on exotic plant removal (honeysuckle) at Percy Warner Park. We were lucky to have temperatures in the low to mid-80's that week, along with lower humidity, to make for a pleasant summer trail work experience. I hope everyone remembered to check for ticks!

Thanks to Mike Cole, ranger at Long Hunter State Park, Mike Carlton, ranger at Radnor Lake, and to the staff at Percy Warner Park for their assistance in setting up this trail work. And a big THANK YOU to the staff of Vanderbilt's Breakaway Program and to each of the 51 students who provided a very worthwhile and much needed service to the State Parks of Tennessee.

## ANNUAL FUNDRAISING AUCTION NOVEMBER 1, 1997 AT NORRIS DAM STATE PARK

TTA has traditionally allocated the proceeds from the Annual Meeting Auction to the Cumberland Trail project. If you know merchants or individuals in your area who might donate goods or services for the auction, please call Bob Barnett at (615) 832-6484 or e-mail at: [arleen.f.barnett@vanderbilt.edu](mailto:arleen.f.barnett@vanderbilt.edu) and he will send you informational packets and a letter to deliver to prospective donors.

### ORDER FORM

_____	Hiking Tennessee Trails, 4 <sup>th</sup> Edition	\$ 9.95
_____	TTA Adopt-A-Trail Manual	3.00
_____	Round Traditional TTA Patch	3.00
_____	25 <sup>th</sup> Anniversary TTA Patch	3.00
_____	TTA Fanny Pack (Green with embroidered boot logo)	15.00
_____	TTA Window Decal	1.00

Prices include postage. Mail your check payable to TTA and mail to: Rob Weber, Rt. 1, Box 219A, Pikeville, TN 37367. Please allow 4 weeks.

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone(h) \_\_\_\_\_ Phone(w) \_\_\_\_\_

## MEMBERSHIP FORM

Memberships are for one year, unless you have a Life Membership. YES, I want to join Tennessee Trails Association:

<input type="checkbox"/> Student	\$ 6.00	<input type="checkbox"/> Supporting \$30, \$40, \$50
<input type="checkbox"/> Individual/Family	15.00	<input type="checkbox"/> Life Member \$500
<input type="checkbox"/> Corporate Sponsor	_____ (Amount enclosed)	

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

*PLEASE PRINT CLEARLY*

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP \_\_\_\_\_ HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

<input type="checkbox"/> CLARKSVILLE	<input type="checkbox"/> NEW MEMBER
<input type="checkbox"/> CUMBERLAND MTN. (Jamestown/Rugby)	
<input type="checkbox"/> EAST TENNESSEE (Oak.Ridge/Knoxville)	<input type="checkbox"/> RENEWAL
<input type="checkbox"/> MEMPHIS	
<input type="checkbox"/> MURFREESBORO	
<input type="checkbox"/> NASHVILLE	
<input type="checkbox"/> PLATEAU (Crossville)	
<input type="checkbox"/> UPPER CUMBERLAND (Cookeville/Sparta)	
<input type="checkbox"/> AT LARGE	

**MAIL TO: MEMBERSHIP DIRECTOR  
P.O. BOX 41446  
NASHVILLE, TN 37204**

**NEWSLETTER SUBMISSIONS ARE DUE BY THE 15<sup>TH</sup> OF THE MONTH. MAIL TO: NEWSLETTER EDITOR, P.O. BOX 41446, NASHVILLE, TN 37204 OR e-mail: [arleen.f.barnett@vanderbilt.edu](mailto:arleen.f.barnett@vanderbilt.edu)**

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Cumberland Trail Web Page:	<a href="http://www.geocities.com/rainforest/vines/2320">www.geocities.com/rainforest/vines/2320</a>