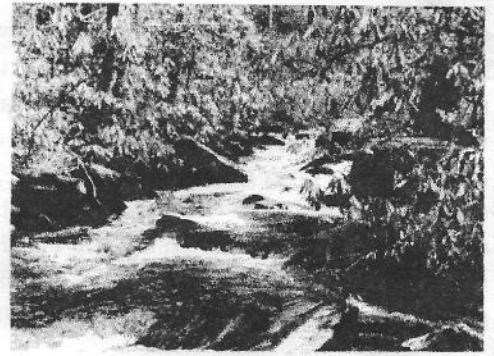


# TENNESSEE TRAILS

Monthly newsletter of the Tennessee Trails Association



*MISSION: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.*

## Cumberland Trail State Park

June 22, 1998, was a historic day in the history of the Tennessee Trails Association.

Governor Don Sundquist announced the creation of The Cumberland Trail State Park, as Tennessee's 53rd state park. More importantly, he also announced the signing of an agreement with TTA's Cumberland Trail Conference which assigns to the CTC the responsibility for the development and management of the trail. The CTC will take the initiative in identifying the trail route, will make initial contacts with landowners, and will organize and carry out the actual trail marking and building projects. The state will negotiate the final purchase or easement agreements with landowners, and will provide enforcement and other logistical support.

The Cumberland Trail has been at the very heart of TTA's mission since the group was organized in the late sixties, with the Cumberland Trail as the pilot project to demonstrate the feasibility of a statewide network of hiking trails. TTA then pushed for legislative passage of the State Scenic Trails Act in 1971, which was the first public declaration of support by the state for the CT, as well as the other designated trails.

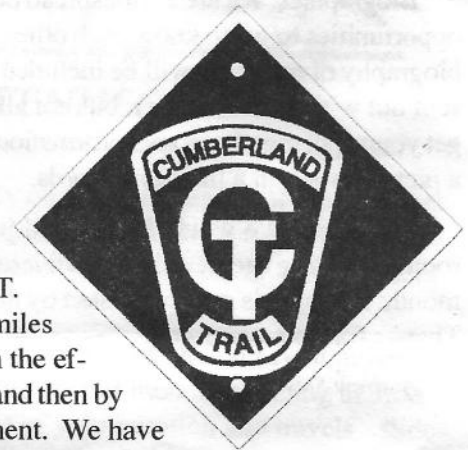
The ensuing years have seen a lots of ups and downs in the

fortunes of the CT.

We have seen trail miles added, first through the efforts of volunteers, and then by the state's involvement. We have also seen trail miles lost when the volunteers disappeared and the state's funding dried up.

The present situation is the direct result of the efforts of many, many volunteers over the past few years. Under the leadership of Rob Weber and the Cumberland Trail Conference, there has been a resurgence of interest and desire to see the completion of the CT. The accomplishments of the Breakaway programs and other trail building and maintenance projects have demonstrated the strength and capabilities of the volunteer movement. The success of these volunteer efforts has convinced the state of the viability of the concept of a joint public/private park.

However, this latest action by the state does not diminish the need for volunteers. In fact, we need more volunteers than ever. With the state's support and backing, the CTC's goal is to try to move forward on several fronts at once, with projects underway on all sections concurrently. In or-



### Contents:

Cumberland Trail News  
Editor's notes  
Board Meeting  
Biography  
Hikes & Reports

# TENNESSEE TRAILS

Monthly newsletter of the Tennessee Trails Association



*MISSION: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.*

## Cumberland Trail State Park

June 22, 1998, was a historic day in the history of the Tennessee Trails Association.

Governor Don Sundquist announced the creation of The Cumberland Trail State Park, as Tennessee's 53rd state park. More importantly, he also announced the signing of an agreement with TTA's Cumberland Trail Conference which assigns to the CTC the responsibility for the development and management of the trail. The CTC will take the initiative in identifying the trail route, will make initial contacts with landowners, and will organize and carry out the actual trail marking and building projects. The state will negotiate the final purchase or easement agreements with landowners, and will provide enforcement and other logistical support.

The Cumberland Trail has been at the very heart of TTA's mission since the group was organized in the late sixties, with the Cumberland Trail as the pilot project to demonstrate the feasibility of a statewide network of hiking trails. TTA then pushed for legislative passage of the State Scenic Trails Act in 1971, which was the first public declaration of support by the state for the CT, as well as the other designated trails.

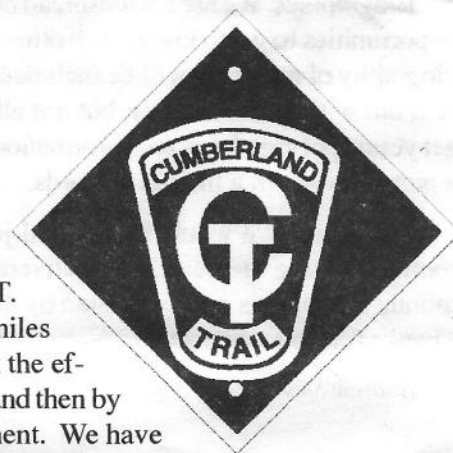
The ensuing years have seen a lots of ups and downs in the

fortunes of the CT.

We have seen trail miles added, first through the efforts of volunteers, and then by the state's involvement. We have also seen trail miles lost when the volunteers disappeared and the state's funding dried up.

The present situation is the direct result of the efforts of many, many volunteers over the past few years. Under the leadership of Rob Weber and the Cumberland Trail Conference, there has been a resurgence of interest and desire to see the completion of the CT. The accomplishments of the Breakaway programs and other trail building and maintenance projects have demonstrated the strength and capabilities of the volunteer movement. The success of these volunteer efforts has convinced the state of the viability of the concept of a joint public/private park.

However, this latest action by the state does not diminish the need for volunteers. In fact, we need more volunteers than ever. With the state's support and backing, the CTC's goal is to try to move forward on several fronts at once, with projects underway on all sections concurrently. In or-



### Contents:

Cumberland Trail News  
Editor's notes  
Board Meeting  
Biography  
Hikes & Reports

---

## CLARKSVILLE

---

The Clarksville area code is 931

AUG. 1 No hike today.

AUG. 8 Pennyryle Forest St.Park, Ky. John Lenkes, 551-4333

AUG. 15 No hike today.

AUG. 22 Montgomery Bell St. Park. June Miller, 648-4195

AUG. 29 Virgin Falls (with Upper Cumberland C.). Jim Hampton, 647-5899. Upper Cumberland Chapter, call Nora Miller, 931-526-9252

---

SEPT. 5 Ashland City, Rails to Trails. Jack Held, 645-1348. Holiday weekend.

SEPT. 12 Fall Creek Falls. Suva Bastin, 645-2849; PawPaw trail, 4 miles, moderate

SEPT. 15 6PM,Clarksville Chapter Picnic, Dunbar Cave 906-3338

SEPT. 19 Percy Warner (Nashville). June Miller, 648-4195

SEPT.26 Indian Town Bluff, Ashland City. Chuck Dewese, 553-8683

---

Oct. 3 Best of Monteagle-Tracy City Hikes. Jim Hampton, 647-5899; total 4.5 miles, moderate

OCT. 10 Lake Barkley State Park (Ky.). Celia Flynn, 648-9946

OCT. 17 Putnam Farm Hike, Clarksville. Charles Putnam, 362-3669

OCT. 24 Frozen Head (East Tennessee). Wanda Cumberland, 906-3338

OCT. 31- TTA Annual Meeting , Camden

---

NOV. 7 Murfreesboro Greenway (Stones River). Eileen Hurt, 615-244-1669

NOV. 14 Standing Stone St. Park(Dale Hollow). June Miller, 648-4195

NOV. 21 Radnor Lake, Nashville. Jim Hampton, 647-5899

NOV. 28 NO HIKE TODAY- Holiday weekend.

---

DEC. 5 Natchez Trace Parkway and Meriwether Lewis Hike. Suva Bastin, 645-2849. 6 miles, moderate

DEC. 12 Land between the Lakes Hike. John Lenkes, 551-4333

DEC. 19 Canal Loop Trail ( north, LBL). Jack Held, 645-1348. Eat afternoon meal at Patty's Restaurant

DEC. 26 No hike today. Holiday weekend.

Dec. 31 Downtown Clarksville, New Years Eve.. Suva Bastin, 645-2849

---

## EAST TENNESSEE

---

Meets occassionally on the 3rd Tuesday of the month at First Presbyterian Church in Oak Ridge on the corner of Oak Ridge Turnpike and Lafayette at 7:00 pm in Room 101.

August 18th (Tuesday) - What I Did on My Summer Vacation is the theme for our monthly meeting at 7:00 p.m. Bring pictures of your vacation and travels - slides or photo albums. Share good places to visit and hike. Warning: Traveling is contagious! Refreshments provided.

### TRIP REPORTS

Bill and Lee Monroe picked the perfect trail for a hot June day. Cucumber Gap trail in the Smokies was a cool delight.

Thanks to Esther Ruffner for organizing our chapter picnic. 14 members had a relaxing get together and interesting hike on the Norris Dam reservation.

Our first camping foray at Roan Mtn. was a success. All 7 of us had the group camp to ourselves, hiked on the mountain, ate at Bob's Dairyland, sat around a fire, and slept by a burbling creek. The right ingredients for relaxation, and rejuvenation.



## Meadow Creek

suspension bridge along the North Rim to Quartz Pebble Overlook where we will

break for lunch before returning. Total hike about 9.2 miles. Bring a lunch

and plenty of water for this long but easy adventure with its many overlook

views of the Savage Gulf. Meet in the back of St. Marks Methodist Church,

Murfreesboro, at 7:30 am. or Savage Falls Ranger Station off Hwy 399 at 9:00

am. Call Jim Schroeder at 615-896-3023 or e-mail TENNBADGER@aol.com to pre-

register.

---

## NASHVILLE

---

### HIKING HOTLINE

367-7045

August 1 - Newcomers Hike and Social led by Elizabeth Gerlock. We will hike the 3.7 mile Garrison Creek Trail on the Natchez Trace Parkway which includes an overlook, rich forest, and a portion of the old Natchez Trace. Boots are needed since the trail is often muddy and you have to cross Garrison Creek without the benefit of a bridge. Bring dry shoes and we will have lunch at the Lovelace Motel. Meet at 7:45 at West End Junior High School in the parking lot close to West End Ave. Call Elizabeth at 356-6260 for more information and to preregister.

August 9 - Canoe Trip on the Harpeth River led by Forrest Evans. Bring your canoe or rent one from Tip A Canoe for \$25 for each canoe and join us for a 4-5 hour float down the Harpeth followed by a cook out or picnic. We will meet at Tip A Canoe on highway 70 west at 1:00 p.m. We will make reservations with Tip A Canoe for the number of canoes needed. Call Forrest at 876-1981 or 876-0100 for a reservation and more information.

August 16 - Narrows of the Harpeth Hike led by Dave Walton. We will hike not more than 4 miles on moderate trails at this scenic, historic area. Meet at Circuit City

parking lot in Bellevue on highway 70S. Call Dave at 646-5355 for more information and to preregister.

August 22 - Little Swan Trail hike on the Natchez Trace Parkway led by Jim Poteet. Join us as we continue our exploration of the Natchez Trace. This 4.3 mile loop includes cascading streams, historic Meriwether Lewis site, and portions of the Old Trace. Meet at 9:00 a.m. at West End Junior High School parking lot parallel to West End Avenue. Call Jim at ~~876~~<sup>847</sup>-7666 for more information and to preregister.

August 23 - Friends of Beaman Park hike. Explore the new Beaman Park on undeveloped trails. Call Nancy Dorman at 299-9586 for reservations and directions. Space is limited.

August ~~22~~<sup>30</sup> - Old Stone Fort State Park and Rock Island State Park. We will leave the JUMBO Sports parking lot at 5035 Harding Place (just past the I-24 exchange) at 7:30 exactly. Alternate meeting place is 8:30 a.m. at Old Stone Fort State Park in Manchester. Old Stone Fort State Park is on U.S. highway 41, 1 1/2 miles off of I-24. We will do an easy, but beautiful hike of about 2 miles mainly around the wall and cliff perimeter of this sacred site built by prehistoric woodland Indians almost 2,000 years ago.

Next stop is Rock Island State Park near Sparta. We will walk down steep steps and scramble (an easy scramble) in the gorge to arrive at a beautiful cold swimming hole with swirling spa-like waters. Bob is resurrecting a tradition to back pack a watermelon into the gorge. Total walk one way is about 1/2 mile. There are trails at Rock Island State Park if the heat allows for hiking. Call Bob to preregister at 832-6484.

### CUMBERLAND TRAIL...NEW AND IMPROVED!

Just in case you missed it on the front page: On June 22 Governor Sundquist named the Cumberland Trail as Tennessee's 53rd state park. At a length of 220 miles, it is the state's first linear state park.

FEETS DON'T FAIL ME NOW! On the Appalachian Trail, the great adventure continues for Murfreesboro's Pam Patterson and her group doing the through hike. The grind, the weather and the bear notwithstanding, they remain on course to finish in Maine in September. To follow the story and lend your support, boot up and go to [www.bobwilliams.com/bluemoon](http://www.bobwilliams.com/bluemoon)

AUGUST PROGRAM MEETING Bob Brown..."the essence of greenways and trails in

Tennessee"...Tennessee's #1 trail volunteer and conservationist"...the embodiment of the Cumberland Trail." Bob Brown's name virtually means 'Tennessee Trails.' He was there in October 1968 to help form the organization and he remains vital to the mission today. Bob was duly honored by the State this year for his exemplary service. Our chance to learn more about Bob and all his irons in the fire comes at 7:30pm, August 25th at Radnor Lake Visitor's Center. Don't miss this one! Bring a friend and stay for snacks.

-----  
"We cannot all find the same things in Nature. She is all things to all

men...What all may have is the refreshment and the exhilaration which come

from a loving and intelligent scrutiny of her works."  
John Burroughs

---

## PLATEAU

---

Plateau Chapter will host a Pot Luck Dinner on August 15th following the TTA Board Meeting at Cumberland Mtn. State Park for all Board Members, their spouses, Plateau Chapter members, and anyone who just may be in the Sequatchie Valley!!! The Pot Luck will be hosted at 5:30 p.m. at Rob and Susan Weber's home located on East Valley Rd. in the Sequatchie Valley. Contact the Weber's at 423-533-2620 for directions or further information.

Plateau Chapter has no monthly meeting or hikes scheduled for the month of August. Please join us in September as we hike and explore Virgin Falls on the 12th and the Dunlap Coke Ovens on the 26th.

\*Plateau Chapter meets the third Thursday of every month at the Crossville Housing Authority at 7 p.m. CST. Everyone is welcome!!!



---

## UPPER CUMBERLAND

---

The following hikes and meetings are planned for July, August and September:

Saturday, July 25      Waynes and Bonnies Potluck and Celebration. Barbara Phifer hosts a party to celebrate the recent marriage of Wayne Broadway and Bonnie Greene at her home in Algood. Bring your favorite covered dish and a hearty appetite! Meet at Barbaras home at 5:00 p.m. For information and directions call Barbara at 931-537-6852.

Saturday, August 8      Walk and chapter meeting at Cookevilles City Lake Park. Bring your lunch and meet at the parking lot at noon.

Saturday, August 15      Car Hike to South Cumberland State Park. Meet at First Union in Sparta at 9:30 a.m. Drive about 150 miles. See three waterfalls. Hike approximately 7 miles. Bring a lunch to eat on the trail.

Saturday, August 29      Virgin Falls from the Trailhead. Meet at First Union in Sparta at 9:00 a.m. Join us on our chapters most popular hike! See Scotts Gulf as you hike to the falls with no river flowing to or from it. Sound like magic? It is a magical place! Bring your lunch and plenty to drink. 9 miles, strenuous!

Saturday, September 12      Savage Falls Hike. Meet at First Union in Sparta at 8:00 a.m., 5 miles, easy to moderate.

Saturday, September 26      Cumberland Trail at Black Mountain Meet at Penneys in Cookeville at 9:00 a.m., about 5 miles, strenuous. For more information call Nora Miller, 931-526-9252, or Barbara Phifer, 931-537-6852.

Trip report:

Ozone Falls, Mount Roosevelt, Piney Falls, Cumberland Trail and Homestead Car Hike By Paul D. Miller

The creeks were dry. The falls were a trickle. The hike leader wasnt worth a plug nickel. Millers and Griegos were all that came. There was no one along of any other name. We saw the sights and climbed the towers and saw some summer wildflowers. When our hiking day was through, we cruised to the Sonic for a Slushy or two.

## MEMBERSHIP FORM

Memberships are for one year, unless you have a Life Membership. YES, I want to join Tennessee Trails Association:

\_\_\_\_\_ Student \$6.00  
 \_\_\_\_\_ Individual/Family 15.00  
 \_\_\_\_\_ Corporate Sponsor \_\_\_\_\_ (Amount enclosed)

\_\_\_\_\_ Supporting, \$30, \$40, \$50  
 \_\_\_\_\_ Life Member \$500

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

*Please print clearly*

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_ HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

☐ CLARKSVILLE ☐ NEW MEMBER  
☐ CUMBERLAND MTN (Jamestown/Rugby) ☐ RENEWAL  
☐ EAST TENNESSEE (Oak Ridge/Knoxville)  
☐ MEMPHIS  
☐ MURFREESBORO  
☐ NASHVILLE  
☐ PLATEAU (Crossville)  
☐ UPPER CUMBERLAND (Cookeville/Sparta)  
☐ AT LARGE

Mail to: **MEMBERSHIP DIRECTOR**  
**P.O. BOX 41446**  
**NASHVILLE, TN 37204**

NEWSLETTER SUBMISSIONS ARE DUE BY THE 10TH OF THE MONTH. MAIL TO: ANDREW STEVENS, 311 CROSS PIKE ROAD, CLINTON, TN 37716 or EMAIL: [stevens@usit.net](mailto:stevens@usit.net) or phone 423-494-0852

President: ..... Jim Poteet (615) 824-7666; jpotet@genesco.com  
Vice-President: ..... Arleen Barnett (615) 832-6484; arleen.f.barnett@vanderbilt.edu  
Treasurer: ..... Judy Cleary (615) 473-4673  
Secretary: ..... Evelyn Tretter (615) 859-0566  
Past President: ..... Harold Draper (423) 689-7757; hmdraper@knoxnews.infi.net  
Past President: ..... Rob Weber (423) 533-2620; robweber1@prodigy.net  
Director-at-Large: ..... Ray Burkett (901) 357-9183; RBurkett@SAGC.CC.TN.US  
Director-at-Large: ..... Bertha Chrietzeberg (615) 896-1146  
Director-at-Large: ..... Don Coffman (423) 376-5842  
Membership: ..... Ninez Giles (615) 297-2281; ninez@juno.com  
Cumberland Trail: ..... Rob Weber (423) 533-2620; robweber1@prodigy.net  
Adopt-a-Trail: ..... Harold Draper (423) 689-7757; hmdraper@knoxnews.infi.net  
Clarksville Chair: ..... Wanda Cumberland (931) 906-3338  
Cumberland Mtn. Chair: ..... Eric Wilson (423) 628-2817; ericavi@InfoAve.net  
East Tennessee Chair: ..... Judith Bartlow (423) 494-9421; jpbartlow@tva.gov  
Memphis Chair: ..... Debbie Gilbert (901) 454-0613; MemFlyer@aol.com  
Memphis Board Chair: ..... Gloria Norrid (901) 382-4227; gloria.norrid@spcorp.com  
Murfreesboro Chair: ..... Mike Harvey (615) 893-9594; mike.harvey@wrightind.com  
Nashville Chair: ..... Dave Walton (615) 646-5355  
Plateau Chair: ..... Mary Kelly (615) 456-7749  
Upper Cumberland Chair: ..... Barbara Phiifer (931) 537-6852  
TTA Web Page: ..... <http://www.tn-trails.org>  
Cumberland Trail Web Page: ..... <http://users.multipro.com/cumberlandtrail/>

**DUE DATE  
IS NOW  
10th**



Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204



XXIX no 8

August, 1998