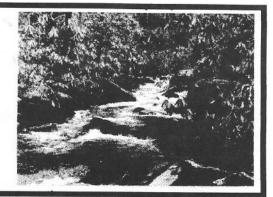
# TENNESSEE TRAILS



Monthly newsletter of the Tennessee Trails Association

MISSION: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

# 1000 by 2000!

At it's regular quarterly meeting held during the 1998 annual meeting, the TTA board voted unanimously to set a goal of reaching 1000 members by the beginning of the new century. It was felt that for TTA to continue in its role as the leading statewide advocate for hiking and trail related issues, an increase in membership was necessary. The more people we can get involved in our activities, the stronger will be our voice in promoting hiking opportunities in Tennessee. With 610 regular members today, this means adding 390 new members over the next year. This is an ambitious goal, but one that is achievable, if we all do our part.

#### What can you do?

First and most importantly, stay with us! Look at the address label on this month's newsletter. 228 of you will see that your membership is expiring with this issue (12/98). Take a minute or two now to mail your check now to renew for next year.

#### What else?

Do you know someone who used to belong to TTA, but has dropped out for some reason? Do you have a friends that share your love of the Tennessee outdoors and have the same enthusiasm for hiking — but don't belong to TTA? Get in touch with these folks, let them know what you're doing, let them know what TTA is doing, and convince them to get involved as well.

Come hike with us! Come grow with us!

- Jim Poteet, TTA President

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# **Membership Directory**

A membership directory will be mailed to all current members in early February, 1999. Please make sure we have your correct address, phone numbers, and email address. Also, to be included in the directory, make sure your dues are paid up. Members with access to the internet can submit an address change from the TTA web site at www.tn-trails.org.

#### **Dues Increases**

In May, 1998, the board mandated that an annual budgeting process be implemented for TTA. As part of the planning leading up to developing the 1999 budget, it was determined that an increase in dues was in order, effective with the new year. The board debated this issue extensively at its last quarterly meeting before reaching this decision. While not a pleasant task, the board feels this change is necessary to continue providing needed services to the membership, as well as to establish a mechanism for funding chapter-initiated, trail-related projects around the state. The new dues appear on the membership form on the back page of the newsletter.

# SHORT SPRINGS TRAIL WORK DAY DECEMBER 5, 1998

We're going to try to finish up the trail system that TTA has been working on for the past two years at Short Springs State Natural Area in Tullahoma. We will be painting blazes, clearing trail tread for a new trail out to Adams Falls, improving existing trails and installing some waterbar steps on the connector trail. No experience is necessary. Tools and work gloves will be provided. Bring lunch, water, rain gear and wear layered clothing. It may be cold when we get started but you will warm up doing trail work. Meet at Target parking lot on Bell Rd. at 7:15 am, or at the Short Springs trailhead parking lot at 8:30. To preregister or obtain additional information, please call Arleen Barnett at (615) 936-5003.

# **Hiking Tennessee Trails—Fifth Edition**

Look for more on this new edition toward the end of this newsletter. The ordering blank is on the back cover.



#### **TTA Member Receives National Award**

Reprinted from the American Hiking Society August, 1998 magazine:

Celebrating the true spirit of the trail community—the volunteer—National Trails Day sponsor Vibram released its annual listing of the country's top trail volunteers. For the past four years, the N. Brookfield, Massachusetts-based soling company has awarded the Vibram Volunteer of the Year title to an individual in each state who has made outstanding efforts to protect and maintain area trails.

"Dedicated volunteers are largely responsible for the care and conservation of our nation's extensive network of trails," said Kevin Donahue, Vibram's Head Coach. "Volunteers are the unsung heroes of America's trails and we are proud to lead this award program to recognize their vital contributions."

\*\*\*\*\*\*\*

The Tennessee award recipient was TTA's very own Virginia Giles of Harrogate, TN. Virginia, along with her husband Larry and a dedicated group of volunteers they have recruited in the Harrogate/Cumberland Gap/Middlesboro area, have built and maintain an extensive trail system in Cumberland Gap National Park as well as on the Lincoln Memorial University campus in Harrogate.

Award winners are presented with a plaque from Vibram and a host of outdoor equipment.

#### Congratulations Virginia!!!!!

-Arleen Barnett

# **Annual Meeting**

Deadlines were too tight to get a writeup into the newsletter this month. look for it in January.

# FOUND AT THE ANNUAL MEETING: In

the dining hall at Lakeshore Methodist Assembly, somebody left a jade-green Patagonia fleece jacket and a red cotton "Fire in the Sky" shirt. If these items belong to you, call Betty Porter at 901-755-4740.

# TTA AWARD RECIPIENTS

# HONORED AT ANNUAL MEETING

OCT. 31, 1998 - Governor Don Sundquist was honored by receiving the 1998 Tennessee Trails Association Award at the Annual Meeting held at Nathan Bedford Forrest State Park in Eva, Tennessee. Milton Hamilton, Commissioner of the Tennessee Department of Environment and Conservation, attended the dinner and awards ceremony to accept the award on behalf of the Governor.

Each year the Tennessee Trails Association recognizes an individual and/or organization making significant contributions to trails in Tennessee and conservation of natural resources which benefits trails and hiking. "Governor Sundquist has demonstrated vision for a statewide greenways plan for Tennessee and has made a commitment to conservation of natural resources in the form of designating the Cumberland Trail as the State's 53rd State Park, and first linear state park," stated Jim Poteet, current President of the Tennessee Trails Association, during the award presentation.

The 1998 TTA Award to an organization was presented to Vanderbilt University's Alternative Spring Break Program, a nationwide program housed and administered at Vanderbilt to provide community and environmental service alternatives for college students on spring break. "The Breakaway Program has provided tremendous impetus to the revival of the Cumberland Trail project in the form of student volunteers from across the country who have given of their time to build trail, learn about the flora and fauna and history of Tennessee, and hopefully become future conservationists," Poteet said.

Mike Harvey, an engineer for Wright Industries in Murfreesboro, was recognized by the Tennessee Trails Association as the 1998 recipient of the Bill Stutz Award at the Annual Meeting held in Nathan Bedford Forrest State Park. Mike has provided leadership for the Murfreesboro Chapter of Tennessee Trails for the past four years and has been instrumental in getting Murfreesboro members to participate in the Stones River Greenway and Twin Forks Trail projects, Short Springs State Natural Area trail project, Black Fox Wetlands and the Cumberland Trail. Fount Bertram was announced as Mike's successor as chair of the Murfreesboro Chapter.

In addition to the above annual awards, three special awards were presented to Bertha Chrietzberg, Evelyn Tretter and Judy Cleary, who are officially retiring from the TTA Board of Directors (but will unofficially remain active with the organization!). Bertha has served the Tennessee Trails Association for over two decades in various capacities, including president, vice-president, board member and hike leader. Bertha was responsible for the initiation of chapters in our organization (Thank you, Bertha!). In addition to her work with TTA, Bertha is a recognized authority on wildflowers and has been a major player in the creation of Black Fox Wetlands in Murfreesboro, along with the greenways system in Murfreesboro.

Evelyn Tretter has been TTA secretary since the beginning of time! She has faithfully attended Board meetings and recorded minutes and ensured that the minutes go into the State Archives. Evelyn has been invaluable to the organization because of her knowledge of our beginnings and progress over the years. And why did Evelyn decide to retire now? It's been rumored that she refuses to use a computer!

Judy Cleary (formerly Judy Van Cleve) has served TTA as treasurer for almost a decade. She has seen the organization's finances grow from a membership of 300 to over 600 and has competently managed TTA's books.

Bertha, Evelyn and Judy were also given scrapbooks containing letters of appreciation from former TTA presidents, officers and members, as well as pictures of hikes and various activities with TTA. If you would like to contribute a note of appreciation or picture for their scrapbooks, please send it to the TTA P.O. Box 41446, Nashville, TN 37204 to the attention of Arleen Barnett and it will be forwarded to these special ladies.

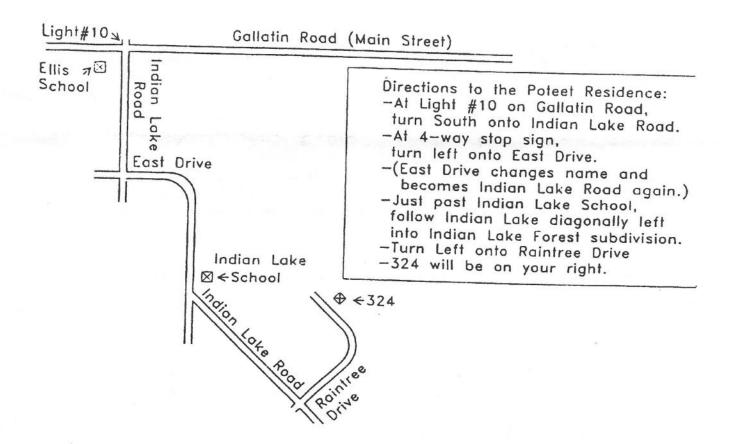
-Arleen Barnett

#### TTA ANNUAL CHRISTMAS PARTY

JIM AND MARIETTA POTEET have generously opened their home for the annual TTA CHRISTMAS PARTY, which is scheduled for 7:00 p.m. on Friday, December 18th.

Not sure which festive "finger-food" to bring to the party? Call Janie Stone (868-2043) for suggestions. TTA will provide soft drinks, paper products, etc. BYOB if other beverages are desired. PAT ANDERSON and GUERRY JAMESON will be the "early birds" helping with set-up. JANIE STONE and JEANIE MYERS will coordinate food and drink. JENNIFER AND CHARLIE HANN will lead "clean-up and mop patrol." Call JENNIFER (941-1503) with entertainment ideas.

Jim and Marietta reside at 324 Raintree Dr. in beautiful Hendersonville. See the map/directions below. No need to RSVP, but call them at 824-7666 if further directions needed. Out of town folks should give a call. HO! HO! Put on your festive Christmas casuals, and join us!



# NEWSLETTER AUCTION

For those of you who may not have been able to attend Tennessee Trails' Annual Meeting and Fundraising Auction Oct. 30-Nov. 1, we held some items out for a newsletter silent auction. If you would like to bid on one or more items, indicate the item number and your bid on the form at the bottom of the page. Please indicate your e-mail address, if you have one, so that if there are multiple bids on a particular item, we can e-mail the bids to the interested parties to see if anyone wants to raise their bid (just like a REAL auction!). You will be notified by Dec. 15 if you have the winning bid on an item.

Funds raised will benefit the Cumberland Trail State Park project.

Item #1 Weekend Gear Rental from Blue Ridge Mountain Sports in Nashville (tent, sleeping bags, backpacks, etc) Value \$75

Item #2 Grey Gables Bed & Breakfast Getaway Experience, in historic Rugby, TN Two guests will be served a full four-course Plateau Gourmet Dinner; relax for the night in a uniquely decorated bedroom and awaken to the aroma of a hearty country breakfast. (Not valid on weekends in April or October)

Item #3 AlpineTower Climbing Challenge at Long Hunter State Park in Middle Tennessee. The Alpine Tower is a freestanding, 50-foot high hourglass-shaped climbing structure. Two interlocking log tripods support a platform from which climbing challenges (rope ladders, swinging logs, and a seesaw) are suspended. The tower experience is about teamwork, responsibility, mutual respect, trust, communication, risktaking, building self-esteem and HAVING FUN!! Value \$100 Certificate is good for up to 6 individuals for a 2-hour session on The Tower. A great idea for a Scout Troop, TTA Chapter, group from work, etc.

Item #4 Shania Twain CD from Mercury Records. Includes What Made You Say That, Dance With the One That Brought You, Got a Hold on Me, Forget Me. Value \$16

Item #5 Five Nights Free Boarding at Pampered Pets, 149 Barker Rd., Nashville, TN, donated by Kelley Piper. Value \$60

Item #6 One Free Pet Grooming at Pampered Pets, Nashville, TN. Value \$30 Item #7 Two Movie Passes for Vanderbilt's Sarratt Cinema.

Item #8 Cassette Tape "The Best of Mountain Stage" from Mercury Records.

Item #9 2-Hour Canoe Trip on the Harpeth River, donated by Tip-A-Canoe. Value \$32

Item #10 Free Registration for One Person for Tennessee Scenic River Association's Annual Canoe School on the Hiwassee River in May 14-16, 1999. Value \$35

Item #11 Steve Goodman "The Best of the Asylum Years" tape, donated by Mercury Records.

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Phone bid(s) to: (615) e-mail: arleen.f.barne Snail mail: PO Box 41:	ett@vanderbilt.edu

# A BIG THANK YOU

#### TO AUCTION PARTICIPANTS!

The Cumberland Trail Conference would like to thank everyone for their participation and outstanding contribution to this year's annual auction. WE RAISED \$1,139 FOR THE CUMBERLAND TRAIL!!! We appreciate your commitment and support towards the completion of the CT—we couldn't do it without you!

We would also like to thank our auctioneers, Bob Barnett, Gene Curp, and Libby Francis for a job well done, and a BIG thanks to all TTA members who solicited auction items, cleaned out their closets, or donated homemade goodies, photographs, walking sticks, and outings.

-Susan Weber

Brown Volunteer of the Year Award. The Bob Brown Award was presented to the volunteer who contributed to most time to the construction and maintenance of the CT in 1998. Bill and Sandra tied for this award with the same amount of hours on the trail. Bill Eldridge, known among his fellow trail builders as the "Saw Man" for his superb trail maintenance skills, was presented with a beautiful handsaw with a plaque engraved on it. Sandra Spearman is known for her fine rock work on building the trails, and was presented with a beautiful piece of crab orchard stone with a plaque engraved on it.

Sam Powell and Barry Spearman received the Cumberland Trail Award, presented to an individual or organization for their outstanding contributions to the CT for 1998. Through their efforts, a 70-foot suspension bridge was built over Middle Creek on the Tennessee River Gorge Segment during our March BreakAway program. A monumental effort for two well-deserving individuals!! THANKS!



#### CLARKSVILLE

DEC. 5 -Natchez Trace Parkway and Meriwether Lewis Hike, 6 miles, moderate Suva Bastin, 645-2849

DEC. 12 - Land between the Lakes Hike, John Lenkes, 551-4333

DEC. 19 - Canal Loop Trail (north, LBL). Eat afternoon meal at Patty's Restaurant, Jack Held, 645-1348

DEC. 26 - No hike today. Holiday weekend.

Dec. 31 - Downtown Clarksville, New Years Eve. Suva Bastin, 645-2849

#### CUMBERLAND MTN.

The annual Chapter meeting will be held on Saturday, January 9. Check the January Newsletter for details.

#### EAST TENNESSEE

December 5th, Saturday - Andrews Ridge Trail System, Norris Dam State Park - this is an easy 5 mile hike that encompasses several spur trails. Five families lived on the ridge in the late 19th century. An old cemetery is about all that is left to be seen of the households that occupied this ridge. Meet at the restroom at Norris Dam on Hwy. 441 at 9:30 a.m. to carpool a short distance to the trailhead. Bring a sack lunch for an after hike picnic. Questions? Call Ken at 494-6810.

December 12th, Saturday- Christmas Potluck Brunch at Judith and John Bartlow's. Enjoy an end of year get together with hiking friends. We'll celebrate the friends we've made and good times on the trail this year. Bring a covered dish. Short hike after brunch in Norris watershed. Call Judith at 494-9421 (H) or 632-1592 (W).

Many thanks to all our hike leaders this year - Helen Kapral, Celia Nobles, Harold Draper, Ellen Bean, Martin High, Keith and Janie Mertz, Esther Ruffner, Dan Robbins, Lee and Bill Monroe, Judith Bartlow, Diana and Andrew Stevens, Gerry Middleton, Tom and Margo Read, Ralph Jordan, Russ Manning, and Ken Cole! 192 people hiked with our chapter so far this year! Thanks to Keith Mertz our treasurer, Andy Stevens the newsletter editor, Harold Draper our trail maintenance leader, and to all the folks who offered suggestions and helped plan our hikes.

Welcome Esther Ruffner, our new chapter chair. Esther has led hikes for our chapter and planned the summer picnic. This summer she hiked in the Lake District in England. She is a good organizer and has already brought several new people on hikes.

#### **MEMPHIS**

- \* December 17th (Thursday): CHRISTMAS PARTY. In lieu of our regular meeting, this month we'll have our annual holiday party at Betty Porter's house, 6696 Stout Rd. (755-4740 for directions). Bring your favorite festive dishes and soft drinks; we'll supply kitchen facilities, coffee, etc. Socializing begins around 6:30, with dinner at 7 p.m. The 1999 hiking schedule will be distributed at the meeting afterward.
- \* December 13th (Sunday): DOWNTOWN SOCIAL HIKE. Meet 2 p.m. at the Tennessee Visitor Center off Riverside Drive near The Pyramid. We'll either check out the new riverbluff trail or go up to Harbor Town. For info, call Martye Burkett, 327-9183.
- \* December 27th (Sunday): ARKABUTLA LAKE, MISSISSIPPI. Carpool at 12:15 p.m. at the Piggly Wiggly on Perkins at Knight Arnold, or meet at the Arkabutla dam at 1 p.m. We'll hike the Coldwater Nature Trail, a very easy 5 miles. Contact John Martin, 386-3722.

#### **NASHVILLE**

December 5 - Virgin Falls

Diane Manus is coordinating a hike to Virgin Falls. This trail is 8 miles long and is rated moderate. This is an all-day hike, so bring lunch and water. The group will meet at the Donelson K-Mart (near Kinkos) at 6:45 am. Call Diane at 615-352-7777 to register.

December 6 - Long Hunter Volunteer Trail Hike and Chili Supper

Charlie and Jennifer Hann are, again, hosting a hike and chili supper. We will meet at 1 pm at Long Hunter Visitor's center. For those who do not hike much or are reluctant to join us on the moderate and strenuous hikes, this 4 miles on an easy trail. Call Jennifer and Charlie at 615 941-1503 to register. Since it is difficult to know how many to plan for, contributions to the table are welcome.

December 13 - Bear Waller Gap

Charlie and Jennifer Hann are keeping us all on our feet

this month because they are also coordinating this hike. The trail is 6 to 7 miles long and is rated moderate. Because of the topography, it also tends to be cold, so bring warm clothing. Snacks will also be necessary for this day-long outing. We will meet at the Donelson K-Mart (near Kinkos) at 8 am. To register, call Jennifer and Charlie at 615 941-1503.

December 13 - Beaman Park

Still have not been to this park? Well, this is your last chance this year. This is Metro Davidson County's newest park and does not have hiking trails built, yet. This is hiking in its purest form, and the Friends of Beaman are allowed access to the park by permit, only. If you wish to join the Friends for this hike, call Nancy Dorman at 615-299-9586 to register.

December 18 - Christmas Dinner

The Nashville Chapter Christmas party will be a potluck dinner which is going to be held at the home of Jim and Marietta Poteet. We will meet, with covered dish in hand, at 7 pm at 324 Raintree Drive, Hendersonville. If you need directions, call Jim and Marietta at 615-824-7666.

December 20 - Bledsoe Creek State Park

If you are tired of walking in the malls in the Christmas madness, join Judy Wood at Bledsoe Creek. This is actually the rescheduling of a hike which was rained out in October. There are 4 to 6 miles of trails in this park and you can hike part or all of them. The park is located east of Gallatin, and we will meet in the K-Mart parking lot on Long Hollow Pike in Goodlettsville at 1:30 pm. Call 615-384-0634 to register.

You can hear the latest in Nashville Chapter hike information on the Hiking Hotline 615-367-7045.

# PLATEAU

December 10th – Plateau Chapter Christmas Party at Diane Parvin's home at 6:00 p.m. CST. Bring a covered dish! Contact Diane at 931-484-6818 for more information.

December 12th – Ranger Falls in Savage Gulf State Natural Area, 7 miles, moderately difficult. Meet at 8:00 a.m. CST at Cumberland Mountain State Park Visitor Center in Crossville. Contact Gene Holloway at 931-788-1724 to register for this hike or to obtain additional information.

# HIKING TENNESSEE TRAILS FIFTH EDITION

This latest revision of Evan Means' little volume has expanded by 110 pages but remains essentially as he and the original contributors wrote it. Alan Stokes updated the old maps, and all the old trail descriptions were revised and many new ones added, including:

the Benton MacKaye Trail in the Cherokee National Forest, Ocoee district,

all four segments of the Cumberland Trail with a new map of each by Alan,

trails in Long Hunter and Bicentennial Mall state parks,

trails in House Mountain, Short Springs, and Lucius E. Burch, Jr. state natural areas,

a new TVA Small Wild Area trail and three new thumbnail sketches of educational trails in the Big South Fork,

six new trails scattered across the state in urban greenways including Murfreesboro's Stones River, Nashville's Shelby Bottoms and Ashland City's Cumberland River Bicentennial trails,

nine new trails for the disabled,

four new trails on private lands.

A new Preface attempts to put Tennessee's hiking trails in the context of our landscapes and our still rich but threatened, and still diminishing, natural and cultural heritage. It also capsules each chapter and ends with an explanation of the ratings on the Trails for the Disabled each of which now appears with a wheelchair icon in the chapter where the other trails in its park or preserve are described.

Chapter 1, Historical Background, has been expanded by four pages and Chapter 2, Trail Development in the Twentieth Century, by five pages mostly having to do with Benton MacKaye's vision for the AT, the creation of ?TA, the greenways legacy of Governor Alexander's Commission on Tennesseans Outdoors, and, especially, the blossoming of the grassroots greenways movement since 1994 and the formation of the Cumberland Trail Conference and Governor Sundquist's creation of the Cumberland Trail State Park "to be the backbone of Tennessee's expanding system of greenways and trails."

The most verbose additions to the book are my "historical notes" for each of the state scenic trails in Chapter 4. Too briefly for me, but far too wordy for the publisher and probably for most readers, these sketch a picture of, and recount some of the fascinating (to me) history that swirled around, each of these trail settings. They also provide regional background for the trails described in later chapters, particularly those in Chapter 7, Historical Trails.

I also wrote 10 pages surveying the geological, ecological and anthropological prehistory of Tennessee (ending with DeSoto's expedition) to be Chapter 1 of the book, but in the first draft the publisher, feeling it was too "textbooky," relegated it to an appendix and in the final draft, deleted it entirely. I thought it was a logical link between the Preface and the Historical Background chapter (beginning with DeSoto). Unfortunately, some stuff I put in later chapters was predicated on the Prehistory chapter, and, worse still, the publisher failed to delete a couple of references to the Appendix which is no longer there.

For the few who might be interested, copies of this 5th edition purchased from the TTA will include a first draft copy of the Appendix with my penciled-in corrections of errors and omissions and, also, a list by page and line of sometimes confusing typos that crept into the rest of the book. All said, I think it's a pretty good book, but I welcome feedback and criticism, particularly whether the Prehistory should be included as Chapter 1 in the next edition, or as Appendix, or left out altogether.

-Bob Brown

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MURFREESBORO		Mail to: MEN	MBERSHIP DIRECTOR
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