

# TENNESSEE TRAILS

Monthly newsletter of the Tennessee Trails Association



*MISSION: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.*

## Happy New Year

At the Plateau Chapter Christmas party, a few of our members decided we needed a Christmas Hiking song, so Stephen Perdue and Nora Beck wrote the following "Christmas Hiking Song" sung to the tune of "The 12 Days of Christmas"... Enjoy, and **HAPPY HOLIDAYS FROM THE PLATEAU CHAPTER!**

On the 1st day of hiking my leader said to me...beware of the poison ivy.

On the 2nd day of hiking my leader said to me...bring 2 pair of socks and beware of the poison ivy.

On the 3rd day of hiking my leader said to me...bring 3 water bottles, 2 pair of socks, and beware of the poison ivy.

On the 4th day of hiking my leader said to me....bring 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of the poison ivy.

### Contents:

Holiday song  
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On the 5th day of hiking my leader said to me...bring 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of the poison ivy.

On the 6th day of hiking my leader said to me...we have 6 bunions aching, 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of the poison ivy.

On the 7th day of hiking my leader said to me...we have 7 knees a swelling, 6 bunions aching, 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of the poison ivy.

On the 8th day of hiking my leader said to me...we have 8 joints a creaking, 7 knees a swelling, 6 bunions aching, 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of poison ivy.

On the 9th day of hiking my leader said to me...we have 9 blisters popping, 8 joints a creaking, 7 knees a swelling, 6 bunions aching, 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of poison ivy.

On the 10th day of hiking my leader said to me...we have 10 blazers blazing, 9 blisters popping, 8 joints a creaking, 7 knees a swelling, 6 bunions aching, 5 topo maps, 4 shŃUts of moleskin, 3 water bottles, 2 pair of socks, and beware of poison ivy.

On the 11th day of hiking my leader said to me....we have 11 flashlights flashing, 10 blazers blazing, 9 blisters popping, 8 joints a creaking, 7 knees a swelling, 6 bunions aching, 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of poison ivy.

On the 12th day of hiking my leader said to me...now there's 12 hiker's leaping, 11 flashlights flashing, 10 blazers blazing, 9 blisters popping, 8 joints a creaking, 7 knees a swelling, 6 bunions aching, 5 topo maps, 4 sheets of moleskin, 3 water bottles, 2 pair of socks, and beware of poison ivy.

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### *Editor's note*

There are several new items of note in this month's newsletter. First, the Cumberland Mountain Chapter has changed its name to the Big South Fork Chapter. And relating to chapter changes, there is a potential new chapter in the making, the Columbia chapter. We welcome new members and chapters. And, if you look at the back page, you can see the new officers for the year. If you have an opinion, suggestion or see an opportunity for the TTA then let some of these folks know about it.

*Andrew Stevens-ed*

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"To see and know a place is a contemplative act. It means emptying our minds and letting what is there, in all its multiplicity and endless variety, come in."  
*Gretel Erlich*



### **1998 TTA AUCTION DONORS**

A very special note of appreciation is given to the generous donors for the wonderful items they provided for the auction at the annual TTA meeting. The successful bidders will certainly enjoy their purchases.

Blue Ridge Mountain Sports  
Chattanooga Aquarium  
Cumberland Transit  
Historic Rugby Bed & Breakfast  
Grey Gables Bed & Breakfast  
Bob Brandt  
Russ Manning/Sondra Jamieson  
Museum of Appalachia  
Ocoee Outdoors  
Tenn Scenic Rivers Assoc  
Oh Boy Records  
Mercury Records  
Vanderbilt Sarratt Cinema  
Long Hunter State Park Alpine Tower  
Nashville Chapter TTA  
Mike Harvey  
Sue Eldridge  
Wilderness Sports  
Smoky Mountain Railroad  
Dorothy Sills  
Tennessee Oilers  
Rob & Susan Weber  
Nashville Zoo  
John Martin Hiking Sticks  
Tenn Environmental Council  
Barry & Sandra Spearman  
Tennessee Conservationist  
Financial Peace University  
Tip-A-Canoe  
Minute Maid Bed & Breakfast  
Pampered Pets  
Jim Poteet  
Gene Curp

**"The latest from OR's guardian of Tennessee's outdoors"**

*The following article, written by Richard D. Smyser, founding editor of The Oak Ridger newspaper, is reprinted from the Tuesday, November 24, 1998 edition.*

"Tennessee Trails" by Evan Means, a pocket-sized, knapsack-friendly paperback first published in 1979, has just been revised in a fifth edition. Evan, now a resident of Briarcliff Health Care Center, wrote the "Sportsman's Corner" column for *The Oak Ridger* from very soon after our first edition in January 1949 until May 1989. It was one of our best-read features ever.

The latest revision of his comprehensive guide to hiking throughout the state was edited, with Evan's full approval and help, by Bob Brown of Nashville. Earlier revisions were done in 1984, in 1989 and just four years ago in 1994. Sales of the various editions now total more than 20,000.

Evan, now 86 and afflicted with Parkinson's disease, says the latest edition has been significantly expanded reflecting renewed appreciation and development of trails throughout the state. There's much new information about trails in this area, including an update on the North Ridge Trail which runs virtually the length of Oak Ridge's northern boundary. And while there are no detailed maps of Oak Ridge's more recently developed greenways, like the new walking and hiking trail along Melton Hill Lake, they are acknowledged.

Evan, an electrical mechanic at Y-12 from 1945 until his retirement, was a founder in 1968 of the Tennessee Trails Association, to which he is contributing all royalties from sales of his guide. Other founders were Brown, a retired bank executive (Third National, now SunTrust), and Mack Prichard, now state naturalist with the Tennessee Department of Conservation and Environment. At the time of the founding, their primary goal was development of the Cumberland Trail from Cumberland Gap at the juncture of Tennessee, Virginia and Kentucky to Nashville. Evan says they felt the Appalachian Trail was on the verge of overuse and that a Cumberland Trail to the west would offer hikers a good alternative.

The Cumberland Trail has had its problems in recent years. The state ceased maintenance and private landowners posted "No Trespassing" signs along segments along Walden's Ridge just northeast of Oak Ridge. However, largely because of the volunteer efforts of college students, segments of the trail have been revitalized, and new segments opened just within the past several years.

These new segments are described in detail in the new edition of Evan's guide. One from LaFollette to Cove Lake State Park is now open. So are three segments north and west of Oak Ridge: one in the Obed River area beginning at Nemo Bridge and running into the Catoosa Wildlife Preserve; one from Grassy Cove at Crab Orchard to the southern border of Cumberland County; and one from Signal Point National Military Park into the Prentice Cooper State Forest.

Also located and described are three education trails in the Big South Fork National Park, four new trails on private land in the Bowaters area south of Rockwood, a trail in the Tennessee Valley Authority's Bacon Ridge Pocket Wilderness Area south of Kingston and a trail in the House Mountain State Nature Area north of Knoxville.

In all, 110 pages have been added to the text and all maps have been updated by Alan Stokes. The original "*Tennessee Trails*" edition in 1979 was published by East Wood Press Books of Charlotte, N.C. More recent editions, including the fifth and newest, have been published by Pequot Press of Old Saybrook, Conn.

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Evan Means not only pioneered outdoors writing in *The Oak Ridger* — hunting and fishing as well as hiking. He also made us conscious of what I sometimes refer to as the "Journalism Little Theatre" resources within Oak Ridge and, if perhaps to a lesser extent, within any community. He came to *The Oak Ridger* just days after our first issue and, as a result of his willingness and ability to write and report, we realized that we could recruit other local writers for special-interest columns — cooking, gardening, bridge, bowling. Local writers who would produce copy which, because of its local perspective — its involvement of local people — would prove much more readable than would the nationally syndicated columns on the same subjects on which most newspapers relied.

But Evan in time was writing not only columns, but also top news stories, although most always the subject matter — and sometimes his cause and crusade — appeared first in his column.

He was one of the first in the state to call attention to environmental damage done by strip mining in the Cumberland Mountains. Largely because of his writings — which we would often move from his usual sports page spot to the front page — Oak Ridge's state Rep. Roland Prince introduced the first bill calling for strip mine control. It took some time, but eventually the Legislature did significantly restrict surface mining and require restoration of mined lands. Evan was the first to refer to nearby unrestricted strip mining as the "rape of the Cumberlands."

## Hiking Schedule

It was in the early 1980s that Evan wrote about signs erected along the East Fork of Poplar Creek warning against fishing and swimming because of possible mercury contamination, some of the very first reporting of what would become in time an allconsuming local and also national concern, the need to clean up the environmental contamination left from expedient World War II and then later Cold War nuclear operations — before much stricter environmental standards were required.

In September 1971, Evan was one of 12 workers injured at Oak Ridge National Laboratory's thermonuclear research facilities located at Y-12. He was hospitalized for 25 days after a severe electrical fire that much of the national media erroneously referred to as nuclear. During his hospitalization, Evan dictated his Oak Ridger columns to his wife, Virginia.

A small-town Missouri journalist himself before coming to Oak Ridge — a typesetter as well as writer — Evan was one of the pioneers of the Oak Ridge Community Playhouse. As production manager he produced the first experiment in theater-in-the-round, an informal revue called "Showboat Interlude." He also authored two plays, one titled appropriately "Put That In The Paper."

The walls of Evan's room at the Briarcliff center are lined with plaques he has received over the years honoring him for his writing, his work for conservation and the environment; recognition from the Atomic City Beagle Club, the Oak Ridge Sports Hall of Fame, the Lifetime Achievement Award of the Tennessee Traits Association in 1993, to name just a few.

I visited him there last week and found him alert and cheerful despite his health problems, the engaging twinkle in his eyes still utterly present. I took along the copy of the first edition of "Tennessee Trails" that he had given me almost 20 years ago and he autographed it with a clear if somewhat confined signature explaining, "Parkinson's makes you write small."

— RDS

Richard D. Smyser is founding editor of *The Oak Ridger*.

### Reminder

**Check your TTA membership renewal date on the address label. Don't miss out on some great hikes!**

## Big South Fork

(was Cumberland Mountain Chapter)

Saturday, January 9. Annual meeting. 8 PM Eastern time at the Rugby community center. Election of officers, planning for 1999, and a sound/slide program on the natural history of the BSF by Chuck Summers.

## Columbia Chapter

(possible new chapter)

There are a number of folks living in the area around Columbia who enjoy hiking and trail activities. Many of these people are already TTA members (or have been at one time), while others would likely join TTA if there was convenient access to a chapter.

Libby Francis, TTA's Middle Tennessee Regional Representative for 1999-2001, is in the process of trying to facilitate the formation of a Columbia based chapter. She has been in contact with current and past TTA members in the area and has scheduled an organizational meeting in Columbia on Tuesday, January 19th. A kick-off hike is scheduled for the following Saturday, January 23.

Here's the initial schedule of events:

Tuesday January 19. Organizational meeting to be held at 7:00 PM in the Red room of The Memorial Building, 308 West Seventh Street, Columbia, across from the Polk Home. Future program meeting times and places will be set at this initial meeting.

Saturday, January 23. Inaugural Hike on the trails at the Meriwether Lewis Monument on the Natchez Trace. This is a moderate hike, about 4 miles long. Meet at 9:30 AM at the Memorial Building for car pooling.

Call Libby Francis in Nashville at 615-889-5718 or Hugh Bullock in Columbia at 931-380-8401 (work) or 931-388-4653 (home) for more information about either the Organizational Meeting or the Inaugural hike.

The Nashville and Murfreesboro chapters will be helping Libby with programs and hike leadership while the Columbia Chapter is evolving.

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## **EAST TENNESSEE**

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Hike Report: On Saturday, December 5, six members of the East TN Chapter enjoyed a wonderful spring-like day in the Norris State Park. We did an easy 5-mile hike along Andrews Ridge Trail. We also learned more of the history of the area by visiting a grave site along the way, remains of early settlement in the area, and a history lesson by Ken Cole, the hike leader.

Saturday, January 9 - The East Tennessee Chapter of Tennessee Trails Association will sponsor a 3.4-mile hike on the Bacon Ridge Trail at Bowater's Outdoor Classroom near Rockwood. The trail is an easy loop with some gradual climbing. Interpretive signs include tree identification and history of iron ore open pit mining in Rockwood. Hikers should bring a lunch and dress appropriately for the weather. Meet at Hardee's Restaurant in Kingston at the Kingston exit off I-40 at 10:00 a.m. to car pool. If leaving a car at Hardee's, please park in the gravel area behind the restaurant. Call Keith Murtz at 423-376-4827 for more information.

Hike at Big Ridge State Park Saturday, January 23 - Tennessee Trails Association will sponsor a moderate 5 mile hike at Big Ridge State Park. Trails will include segments of several trails, including Lake Trail, Ghost House and Big Valley Trail and Dark Hollow Trail (west). Hikers will see cemeteries, waterfowl, CCC era dam, and remnants of old homesites. Meet at 10:00 a.m. at Norris Middle School to carpool, or meet at Big Ridge State Park office at 10:30 a.m. Dress warmly, bring lunch and a drink.

February 6 hike - Tennessee Trails Association will sponsor a hike in the House Mountain State Natural Area in Northeast Knox County. We will leave the parking area on Hogskin Road at 10:00 a.m. The hike will include the New Trail, the West Overlook Trail, the East Overlook Trail, and return via the Mountain Trail. From the overlooks, we will have wonderful views of Clinch Mountain and the Great Smoky Mountains. Total distance will be 5.8 miles. The trails are rated difficult. The ascent and descent involves steep terrain with several switchbacks. Meet in the Home Depot parking lot off Washington Pike at 9:30 a.m. or meet in the parking area at the House Mountain State Natural Area at 10:00 a.m. Cars can be left in the far corner of the Home Depot lot in the area across from the St. Mary's Medical Clinic. Call Esther Ruffner, 281-0567, if you need more information. Dress appropriately for the weather, and bring a lunch and water."

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## **MEMPHIS**

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\* Monthly meeting: 7 p.m. Thursday, January 21. **IMPORTANT NOTICE: NEW MEETING PLACE!** Our January meeting, and all our other 1999 meetings except in April, will be at the new Germantown Branch Library, 1925 Exeter. To get there from Memphis, go east on Poplar, turn left on Exeter, and drive north to the intersection of Exeter and Farmington. If you get lost, call 754-3702. Our January program will be a speaker from the Memphis Brooks Museum of Art who will give a presentation on the Thracians exhibit.

\* Jan. 9 (Sat.): HERB PARSONS LAKE, Fisherville, TN. Carpool at the Shelby Farms soccer field parking lot on Walnut Grove at 8:15 a.m., or meet at Herb Parsons at 9 a.m. Hike is 5 or 6 miles, very easy terrain. For info, call Anne Lindholm, 388-4123.

\* Jan. 23 (Sat.): REELFOOT LAKE STATE PARK, near Tiptonville, TN. Our annual eagle-watching pilgrimage. We have 15 spaces reserved on the 8 a.m. tour bus. You need to be there by 7:45 Saturday morning. Bus ticket is \$3. After the eagle tour, we'll hike around Walnut Log and have lunch in town. Because the drive from Memphis is nearly 3 hours, you'll probably want to come up Friday night. We have a room reserved at the inn in the state park; there are also motels nearby. If you plan to go, you must call Betty Porter (901-755-4740) before Friday and let her know.

\* Jan. 30 (Sat.): MEEMAN-SHELBY FOREST STATE PARK, near Millington, TN. Not a maintenance day this time, just a hike. Meet 9 a.m. at the Woodland trailhead behind the nature museum. We'll hook up to the Chickasaw Bluffs Trail and turn around at the shelter so we don't have to shuttle cars. About 6 miles. Call Ken Novak, 377-9127.

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## **MURFREESBORO**

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**HIKE SCHEDULE & Yearly Hike Schedule—through June 1999**

January 1, 1999 Frozen Head New Years Hike, led by Heloise Shilstat. Must pre-register. Home (615) 896-6278, Work (615) 254-5461. e-mail hshilstat@hardaway.net

January 16, 1999 Virgin Falls, led by Fount Bertram, try to pre-register (615) 765-5357, e-mail fwbertram@hotmail.com

January 23, 1999 Radnor Lake beginner, snow hike, led by

Cathy Williams. Please pre-register at (615) 893-7748. &February 6, 1999 Eagle watch and hike at Gunter'sville Lake, Alabama, led by Heloise Shilstat; camping night of Feb. 6 led by Mike Harvey. Heloise (615)896-6278, wk.(615)254-5461, e-mail hshilstat@hardaway.net Mike (615) 893-9594, e-mail mike.harvey@wrightind.com

March 27, 1999 Beginner Backpack led by Mike Harvey (615) 893-9594, e-mail mike.harvey@wrightind.com

April 10, 1999 Angel Falls wildflower hike BSFRA led by Heloise Shilstat (615) 254-5461, e-mail hshilstat@hardaway.net

May 8, 1999 Afternoon float on Smith Fork Creek, Liberty to Dowlstown. Class one. Call Heloise Shilstat at work 254- 5461 or home 896-6278 or e-mail hshilstat@hardaway.net.

June 19, 1999 North Chicamauga Creek and Chattanooga's Riverbend music festival. Call Heloise Shilstat at 254-5461 or home 896-6278.

### **January Hike Schedule Murfreesboro Chapter**

January 1 New Years hike led by Heloise Shilstat. This hike is for TTA and Sierra Club members. Pre-registration required. Bring New Year foods and water. Meet at 7:00 CST, where I40 meets Hwy. 231, or at the park office at 9:30. Six to seven mile hike, usually moderate, but strenuous if it snows. Call Heloise at work 254-5461 or home 896-6278. e-mail hshilstat@hardaway.net.

January 16, 1999 Virgin Falls hike led by Fount Bertram. Meet at 7:30 at the Edgefield Branch of Union Planters Bank, going into Woodbury on Hwy 70S (the new four lane). Carpool from there. Wear sturdy hiking boots, bring lunch and water. Try to pre-register. Call Fount Bertram at 765-5357, or e-mail fwbertram@hotmail.com.

January 23, 1999 Radnor Lake beginner, snow hike. We will hike around the lake. We'll leave at 8:00 from the Northfield Kroger parking lot, and arrive at the Otter Creek parking lot about 9:00 or 9:15. Please pre-register by calling Cathy Williams at 893-7748.

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## **NASHVILLE**

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1998 Programs in Review Karen Davis shared slides of Ireland...Robert Brandt unveiled his book "Middle Tennessee on Foot"...Vic Scoggins encouraged us to help "Save the Cumberland"...Bill Bailey of Blue Ridge Mountain Sports displayed cool outdoor gear...Mrs. Alvin G. Beaman accepted the Tennessee Trails Award...Lee Beaman became

the chapter's newest Lifetime member...Rob Weber heightened our awareness of the Cumberland Trail...Bob Brown told of the genesis and history of TTA...Michael Sims read from "Darwin's Orchestra"...Pam Patterson told of her Appalachian Trail through-hike...Jim Meador showed slides of Long Hunter State Park.

Those are just some of the guests who appeared at our monthly program meetings this year, enriching our experiences through theirs. If you have a suggestion for a guest speaker or an area of interest for a program, let me know about it.

To begin the new year, the January program will celebrate us! Share your outdoor moments via your slides and stories. We'll have no guest speaker; it'll be our very own program! Call me to reserve your place in the lineup. Happy New Year!

Dave Walton 646-5355.

### **Nashville Chapter Hikes for January 1999:**

January 10 - Virgin Falls- Jim Poteet is the coordinator for this hike. Call 615 - 824 - 7666 to register.

January 10 - Beaman Park- Forrest Evans is, again, leading a hike in Beaman Park. The Friends of Beaman Park will soon be marking and building trails in this park, so this is an opportunity to see it in its natural state. Register by calling Forrest at 615 - 876 - 1981 or 615 - 876 - 0100, or call Nancy Dorman at 616 - 299 - 9586.

January 17 - Warner Woods- For those who cannot commit a whole day to a hike, join Dave Walton at for an afternoon hike in Warner Woods. We will meet inside the park, at the end of Belle Meade Boulevard, at 1 pm. Register by calling 615 - 646 - 5355.

January 23 - Montgomery Bell State Park- Have you eaten too much through the holidays? Elizabeth Gerlock is giving us an opportunity to walk it off on this 13-mile hike which is rated easy. So, stock up on mole skin, and call 615 - 356-6260 to register.

January 30 - Shelby Bottoms- We have not done this for a couple of months, but it still is a good idea. The last Saturday of the month is a short, easy hike with a get together afterward. All club members are welcome, but we wish to extend a particular welcome to those who have not hiked with us before and who want to start easy. Guerry Jameson is coordinating this hike, and you can register by calling 615 - 316 - 9972.

January 31 - Hidden Passage- Doug Burroughs will be coordinating a hike connecting Tunnel Trail and parts of Rock Creek and Hidden Passage Trails in Pickett State Park. This

hike is 7 miles long and is rated moderate. There are several stream crossings, though, so it could become more difficult if there are icy conditions and/or high water. A swinging bridge and an abandoned railroad tunnel are on the route. This is an all-day hike, so bring lunch and water. The group will meet at 6:45 AM at the Donelson K-Mart (near Kinko's). To register call Doug at 615 - 292 - 9307 (evening) or 615 - 532 - 3060 (daytime). Get the latest hike information by calling the Hiking Hotline at 615 - 367 - 7045.

## Cumberland Trail Conference

January 30 - Explore the Crossville to Crab Orchard Rail-Trail in Cumberland County with Bert Schappel of the Tennessee Rail-Trail Conservancy. We will explore 3-4 miles of rail corridor, an easy winter hike. Contact Bert at 423-482-2575 or rbschapp@kornet.org

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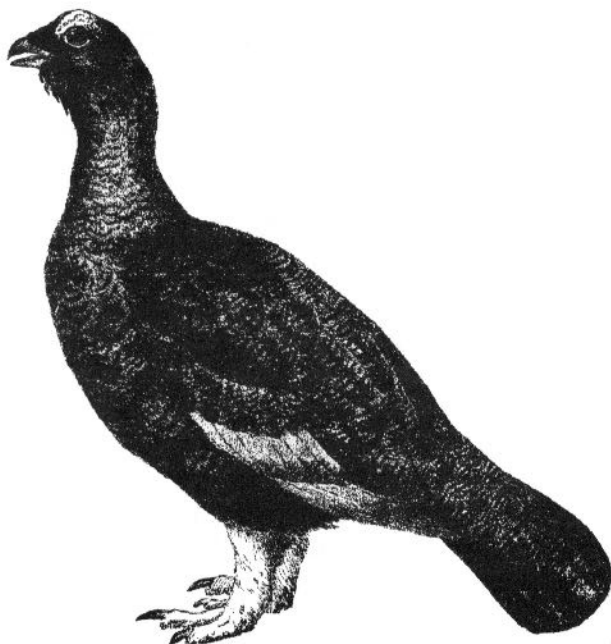
### PLATEAU

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Plateau Chapter Meeting, Thursday, January 21st, 7:00 p.m., at Crossville Housing Authority.

January 9th - Byrd Creek Loop Trail at Cumberland Mountain State Park, 5 miles, easy. Meet at 9:00 a.m. CST at Cumberland Mountain State Park Visitor Center in Crossville. Contact Carolyn Miller at 931-456-4465 to register for this hike or to obtain additional information. The hike will be followed by a pot luck lunch at Bill and Sue Eldridge's home.

January 23rd - Mystery Hike in Fairfield Glade. Meet at 9:00 a.m. CST at Hardee's on Peavine Road in Crossville. Contact Sara Senft at 931-456-6936 to register for this hike or to obtain additional information.



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### Trails from Rails

At the peak there were 300,000 miles of railroad lines in the United States, about six times the length of today's Interstate road system. The miles of railroad line has been reduced to about half of that peak number. That's a valuable resource and fortunately some of it has been put to use in the Rails-to-Trails program. The National Trails Systems Act was enacted by Congress in 1983 and keeps the rail corridors from being abandoned and lost to development. One organization, the Rails-to-Trails Conservancy, was formed to support and defend that law as well as act as a catalyst in converting as much of the rail corridor as possible to trails across the country. Today, they have about 900 completed trails and 1,000 more projects underway resulting in about 10,000 miles of trails.

Most trails originating from abandoned railroads are generally flat or have gentle slopes and may be designated for walking, bicycling, horseback riding, in-line skating, etc. Not all trails are designated for all activities though. Trail surface may vary from asphalt to packed earth.

Most trails from former railroad beds in Tennessee are not part of the Rails-to-Trails Conservancy system. And most are designated as hiking trails only, although there are notable exceptions. The wintertime would be a good time to try out some of these trails. Some pertinent information about trails from rails in Tennessee is shown in the next page. There are many more like these since most of the forests were logged and a common method of getting logs out was through the use of rail spurs. When the area was logged out, the tracks were often removed and used in the next area. The rail beds are often available today as trails in state and national parks. If you do try them out, please provide some feedback about what's good or bad about the trail so it can be passed along to our fellow TTA hikers.

*By Andy Stevens. This article was inspired by Judy Wood, of the Nashville Chapter, who sent a magazine article from Health Magazine.*

**List of some railbeds that have been converted to hiking trails in Tennessee**

Bald River Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 6 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Betsy Ligon Park &;Walking Trial  
Endpoints: Erin  
Location: Houston county.  
Length: 2 miles.  
Surface: Asphalt  
Contact:  
Linda Bratchi  
City of Erin  
P.O. Box 270  
Erin , TN 37061-0270  
(615)289-4108

Conasauga River Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 5 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Crowder Branch Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 3 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Grassy Branch Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 3 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Hemlock Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 3 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Holston River Greenway  
Endpoints:  
Location: county.  
Length: 1 miles.  
Surface:  
Contact:  
Sam Anderson  
Parks &;Recreation Department  
(615)215-2090

Laurel Branch Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 3 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Long Branch Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 3 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District

250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

McNabb Creek Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 4 miles.  
Surface: Ballast  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

North Fork Citico Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 5 miles.  
Surface: Ballast  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

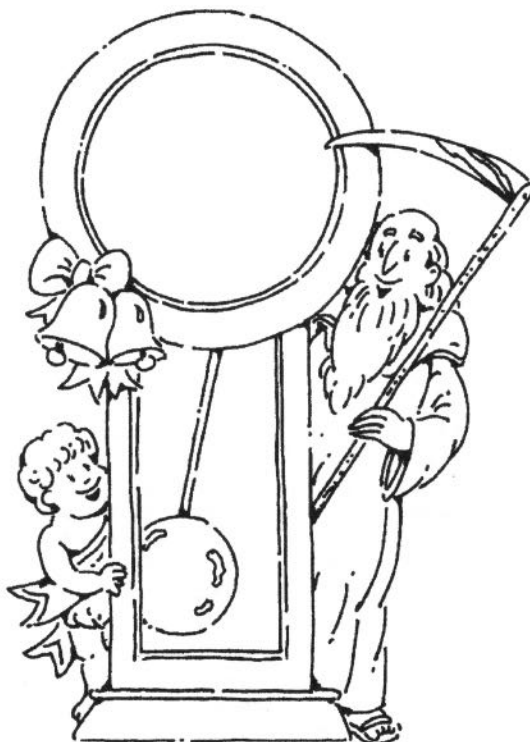
South Fork Citico Trail  
Endpoints: Cherokee National Forest  
Location: Monroe county.  
Length: 8 miles.  
Surface: Dirt  
Contact:  
Larry Fleming  
Cherokee National Forest  
Tellico Ranger District  
250 Ranger Station Road  
Tellico Plains , TN 37385-5804  
(423)253-2520

Tellico Plains Rail-Trail  
Endpoints: Tellico Plains  
Location: Monroe county.  
Length: 1 miles.  
Surface: Asphalt  
Contact:  
Sam Stamey  
City Hall  
201 Southard St.  
Tellico Plains , TN 37385-5125  
(423)253-2333

## ADOPT-A-TRAIL

TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber (423) 533-2620 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.



### ORDER FORM

New!!

___ Hiking Tennessee Trails, 5th Edition	\$12.95
___ TTA Adopt-A-Trail Manual	3.00
___ Round Traditional TTA Patch	3.00
___ 25th Anniversary TTA Patch	3.00
___ TTA Fanny Pack (Green with embroidered boot logo)	15.00
___ TTA Window Decal	1.00

Prices include postage. Mail your check payable to TTA and mail to: Libby Francis, 2104 Snook Drive, Nashville, TN 37210. Please allow 4 weeks for delivery.

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ Phone (W) \_\_\_\_\_

## MEMBERSHIP FORM

Memberships are for one year, unless you have a Life Membership. YES, I want to join Tennessee Trails Association:

☐ Student \$15.00  
☐ Individual \$25.00  
☐ Family \$35.00

☐ Supporting, \$200, \$100, \$50, Other  
☐ Life Member \$500

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

*Please print clearly*

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PLEASE LIST ME WITH THE FOLLOWING CHAPTER:

☐ CLARKSVILLE  
☐ BIG SOUTH FORK  
☐ EAST TENNESSEE (Oak Ridge/Knoxville)  
☐ MEMPHIS  
☐ MURFREESBORO  
☐ NASHVILLE  
☐ PLATEAU (Crossville)  
☐ UPPER CUMBERLAND (Cookeville/Sparta)  
☐ AT LARGE

☐ NEW MEMBER  
☐ RENEWAL

Mail to: **MEMBERSHIP DIRECTOR**  
**P.O. BOX 41446**  
**NASHVILLE, TN 37204**

**NEWSLETTER SUBMISSIONS ARE DUE BY THE 10TH OF THE MONTH. MAIL TO: ANDREW STEVENS, 311 CROSS PIKE ROAD, CLINTON, TN 37716 or EMAIL: [stevens@usit.net](mailto:stevens@usit.net) or phone 423-494-0852**

President:	Jim Poteet (615) 824-7666; <a href="mailto:jpoteet@genesco.com">jpoteet@genesco.com</a>
Vice-President:	Arleen Barnett (931) 839-2320; <a href="mailto:abarnett@usit.net">abarnett@usit.net</a>
Treasurer:	James Leininger (615) 726-3272 <a href="mailto:wjleiningr@aol.com">wjleiningr@aol.com</a>
Secretary:	Patti Shaw (615) 889-6472
Past President:	Harold Draper (423) 689-7757; <a href="mailto:hmdraper@knoxnews.infi.net">hmdraper@knoxnews.infi.net</a>
Past President:	Rob Weber (423) 533-2620; <a href="mailto:robweber1@prodigy.net">robweber1@prodigy.net</a>
West Tennessee Director-at-Large:	Ray Burkett (901) 357-9183; <a href="mailto:rburkett@sscc.cc.tn.us">rburkett@sscc.cc.tn.us</a>
Middle Tennessee Director-at-Large:	Libby Francis (615) 889-5718 <a href="mailto:Lfranc99625@aol.com">Lfranc99625@aol.com</a>
East Tennessee Director-at-Large:	Don Coffman (423) 376-5842 <a href="mailto:dcoffman@pstcc.cc.tn.us">dcoffman@pstcc.cc.tn.us</a>
Membership:	Ninez Giles (615) 297-2281; <a href="mailto:ninez@juno.com">ninez@juno.com</a>
Cumberland Trail:	Rob Weber (423) 533-2620; <a href="mailto:robweber1@prodigy.net">robweber1@prodigy.net</a>
Adopt-a-Trail:	Harold Draper (423) 689-7757; <a href="mailto:hmdraper@knoxnews.infi.net">hmdraper@knoxnews.infi.net</a>
Clarksville Chair:	Wanda Cumberland (931) 358-3338
Big South Fork Chapter Chair:	Eric Wilson (423) 628-2817; <a href="mailto:ericavi@InfoAve.net">ericavi@InfoAve.net</a>
East Tennessee Chair:	Esther R. Ruffner (432) 281-0567; <a href="mailto:eruffner2@tva.gov">eruffner2@tva.gov</a>
Memphis Chair:	Debbie Gilbert (901) 454-0613; <a href="mailto:MemFlyer@aol.com">MemFlyer@aol.com</a>
Memphis Board Representative:	Gloria Norrid (901) 382-4227; <a href="mailto:gloria.norrid@spcorp.com">gloria.norrid@spcorp.com</a>
Murfreesboro Chair:	Fount Bertram (615) 765-5357; <a href="mailto:fbertram@hotmail.com">fbertram@hotmail.com</a>
Nashville Chair:	Dave Walton (615) 646-5355
Plateau Chair:	Bob Bowman (931) 456-5169
Upper Cumberland Chair:	Denise Charvoz/Barbara Phifer (931) 738-3595
TTA Web Page:	<a href="http://www.tn-trails.org">http://www.tn-trails.org</a>
Cumberland Trail Web Page:	<a href="http://users.multipro.com/cumberlandtrail/">http://users.multipro.com/cumberlandtrail/</a>

**Note the new officers and representatives.**

Tennessee Trails Association  
 P.O. Box 41446  
 Nashville, TN 37204

