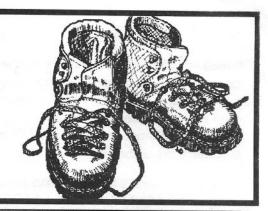
TENNESSEE TRAILS



Monthly newsletter of the Tennessee Trails Association

MISSION: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. Sponsor for the Cumberland Trail.

Congratulations to Columbia, our newest chapter!!



Members on the inaugural hike of the Columbia Chapter on January 23rd. Front; Thomas Ladd. Middle; Andy Stammer, Julie Hodnett, Hugh Bullock, Molly & Kirk Shepard, Amy Ledbetter, Gary Pool, Larry & Wanda Lane, John Coleman, James Richards. Back: David, John & Steven Shepard, Robert & Matthew Hodnett

Contents: New Columbia Chapter Different hikes Breakaway '99 Schedules & reports Take note of the scheduled hikes, report and other information for Columbia on page 4. There's a lot of enthusiasm and activity which can turn into enjoyable times for all participants.

Hike to a different drummer?

Would you like to hike in a really different place? If so, take a look at the following options. They are entirely different but both will offer outstanding experiences. James Leininger's hike will be physically challenging but the reward will be proportional to the effort and high mountain views are spectacular. He has made similar hikes before and can provide good advice on what to do before you get there. Karen Davis leads walking tours with small groups to the places shown in the right column. Several of our TTA members have been on her tours which offer a close-up look at different cultures in scenic parts of the world.

MT WHITNEY DAY HIKE

SEQUOIA-KINGS CANYON NATIONAL PARK NEAR LONE PINE, CALIFORNIA (350 MILES NORTHWEST OF LAS VEGAS, NEV.) WEDNESDAY, JULY 21, 1999

22 MILES AN IN AND OUT HIKE
11 MILES UP11 MILES DOWN
ELEVATION GAIN OF 6,135 FEET, OVER FIRST ELEVEN MILES
MAX ELEVATION 14,497 FEET
HIGHEST POINT IN LOWER 48 STATES
LIMITED TO A PARTY OF SIX, FOUR SLOTS ALREADY TAKEN
POTENTIAL FOR TEMPERATURE EXTREMES
TEMPERATURES AT NIGHT CAN BE BELOW FREEZING
HIGH EXPOSURE TO THE ELEMENTS
SNOW POSSIBLE ANYTIME OF YEAR AT SUMMIT
ALTITUDE SICKNESS MAY IMPACT YOU
A 22 MILE/4,000 FOOT ELEVATION TRAINING HIKE IS SCHEDULE FOR 4/10/99
A CAMP SITE AT MT WHITNEY PORTAL CAMPGROUND

HAS BE RESERVED FOR SIX PEOPLE AND THREE TENTS

FOR THE FOLLOWING PERIOD: CAMPSITE RESERVED FOR THE NIGHTS OF 7/19/99 MONDAY 7/20/99 TUESDAY 7/21/99 WEDNESDAY 7/22/99 THURSDAY

PAY SHOWERS AT CAMP STORE HEAVY BEAR ACTIVITY IN AREA FOOD CONTAINMENT REQUIRED

> FOR MORE INFORMATION CALL JAMES LEININGER 615.360.2300 WORK 615.309.8611 HOME



kdavis travels tours in 1999

Ireland's Celtic Edge; May 31-June 7; Explore the islands of West Ireland

Ireland's Dingle/Co. Kerry; June 8-15; Visit the coastland of the Dingle peninsula.

Wales, Snowdonia National Park; June 18-25; See a vaiety of landscapes.

England's Lake District; June 26-July 3; Walk the footsteps of William Wordsworth.

Mexico, Colonial Cities San Miguel de Allende & Morelia. These are two Colonial cities full of color.

Karen's address is 4400 Belmont Park Terrace #149, Nashville, TN 37215

CUMBERLAND TRAIL CONFERENCE NEWS

Spring BreakAway '99!

It's Not too Late!
Volunteers Needed!
March 7-27th

Join us on the CT's Tennessee River Gorge Segment and on Bowater's Stinging Fork and Piney River Pocket Wildernesses for the best of trail experiences!!

We have trails to build, bridges to stretch, and lives to strengthen!! No experience needed!!

For additional information contact Rob Weber at 423-533-2620 or robweber 1@prodigy.net, Arleen Barnett at 615-832-6484 or abarnett@usit.net, or Carolyn Miller at 931-456-4465 or cardan@usit.net.

Schedule and Reports

BIG SOUTH FORK

Not much news to report this month. There are several upcoming events and I hope the current spell of spring weather has everyone in the mood to hit the trails. Julian Bankston and I had a wonderful hike in the Park today. Shirtsleeve weather.

Saturday March 6. Honey Creek hike sponsored by the Nashville Chapter. 5.2 miles, difficult. Meet at Harrow Road Cafe in Rugby at 10:30 Eastern time. Leader, Jim Poteet. Contact Eric Wilson at ericavi@infoave.net or 423 628 2817 for information.

Saturday March 27. Burnt Mill Bridge Loop. 3.6 miles, moderate. Meet at Harrow Road Cafe in Rugby at 10 Eastern time. Leader, Vi Biehl. Contact Vi at ericavi@infoave.net or 423 628 2817 for information.

Spring Breakaway 99; volunteer work on the Cumberland Trail. Please consider contributing your time or cash to this exciting project

CLARKSVILLE

The Clarksville Chapter meets the third Tuesday at 7:00 PM at the Crow Community Center on 211 Richview Road

March 6 - Mousetail Landing State Park. Call John Lenkes at 551-4333 or Suva Bastin at 6452849

March 20 - Indian Town Bluff. Call Wanda Cumberland at 906-3338.

March 27 - Rotary Park. Call Jack Held at 645-1348.

April 5 to 10 - Backpack on the North South Trail at LBL. This is a 65 mile hike. Anyone interested in this hike call Wade Winters at 647-9659.

April 17 - Rail to Trails, Ashland City. Call Charles Putnam at 362-3669.

April 24 - Virgin Falls. Call Jim Hampton at 647-5899.

May 1 - Frozen Head. Call Manuel McKnight at 358-2115.

May 8 - Warner Park. Call June Miller at 648-4195.

May 22 - Rotary Park hike and work. Call Wanda Cumberland at 906-3338.

May 29 - Bear Waller Gap. Call June Miller at 648-4195 or Suva Bastin at 645-2849.

June 5 - National Trails Day. A section of the Cumberland Trail

(to be selected). Call Suva Bastin at 645-2849.

June 19 - Hike and Picnic at Dunbar Cave Natural Area at 10:00 AM. Call Wanda Cumberland at 906-3338 or Suva Bastin at 645-2849.

June 26 - Fiery Gizzard Day Hike. Call June Miller at 648-4195 or J.R. Tate at 920-2692.

July 10 - White Water Rafting. Call John Lenkes at 551-4333.

July 24 - TWRA hike along Cumberland River. Woodlawn at 7:00 AM. Call J.R. Tate at 9202692.

July 31 - Fort Donaldson. Call Suva Bastin at 645-2849.

Reelfoot Lake Report

January 30, 1999 A.M., the sky was cloudy and the winds and rain came. However, this did not stop eager Clarksville TTA members from venturing to Reelfoot Lake in extreme Northwestern Tennessee. By the afternoon, we checked in at the Airpark Inn where cabins stand above the water on cement posts. After-wards we visited the Reelfoot Park Museum. The museum dis-played old and new pictures of the area and provided ample information. Live snakes native to Reelfoot also fascinated us. Behind the museum was the Cypress Boardwalk Nature Hike. The rains had stopped but the eerie wind howled through the trees. The high water pounded the boardwalk like a hammer as waves seeped upward through the cracks splashing the TTA tourists. As late evening approached, it was time to head back to Airpark Inn. At 7 P.M., we listened to a presentation in the conference room. An instructor from the University of Tennessee-Martin discussed the history of Reelfoot Lake and showed interesting slides of the area. Returning back to the cabin to call it the night, flashes of lightning brightened the sky and low rumblings of thunder drummed in the distance. Sunday morning Mother Nature unleashed her anger showing remorse on her prey. A picture perfect day for the Eagle Tour! The sun was a golden coin glistening on the lake. The temperature rose to a mild 52 degrees. During the tour, several eagles were perched high on tree branches against the pale blue sky. Some soared through the air. Their golden beaks and snow-white heads awe-strucked the spectators! Pictures were snapped and videos were record- ed to treasure these moments forever. A big thank you to James McKenzie for organidng the outing.

John Lenkes

COLUMBIA

Formation of Columbia Chapter

It's official! On January 20, 1999, 19 hikers from the Columbia area met and voted unanimously to form a new TTA chapter serving Maury and the surrounding counties. Since there were 5 active TTA members present that would be part of this new chap-

ter, the requirements of the TTA bylaws were met. The TTA board, at its regular quarterly meeting on February 20, officially recognized the new chapter.

Libby Francis, TTA's at-large board representative for Middle Tennessee, with the help of Hugh Bullock, of the Maury County Greenways program, had been working diligently since Thanksgiving, contacting prospective members, spreading the word about TTA, and planning the organizational meeting. Several members of the Nashville chapter also came to the meeting and participated in the discussions about TTA's activities and goals, and the mechanics of running a chapter.

John Coleman of Columbia agreed to serve as interim chair person, until formal elections of officers can be held. Libby will continue to be involved with the chapter in an advisoru`role, helping with program and hike ideas and planning.

The new chapter is very enthuastic about hiking, and has already planned their hike program for the next three months.

New Meeting Night and Place: The Columbia Chapter will begin meeting the second Monday of each month beginning on March 8, at 7:00 PM. Meetings will be held at 1st Presbyterian Church, 801 South High Street at the corner of South High and W. 7th St. You may park in the lower lot at the church and enter from that doorway into the Fellowship Hall. Join us for our program with the Middle Tennessee Naturalist for the State Division of Natural Heritage, Brian Bowen. He will talk to us about the history of the area, geological features, established State Natural Areas, and opportunities for trail building new hiking trails near the Natchez Trace. Refreshments will be served following the meeting. Make plans to attend and invite a friend.

An inaugural hike at the Meriwether Lewis Monument was held on the Saturday following the organizational meeting, with about 20 people showing up, again including folks from the Nashville and Murfreesboro chapters. (The very first trip report from the new chapter appears a little further down in this newsletter. See the photo on the ftont page) February's hike will be to Montgomery Bell State Park, and March's hike will be at Mousetail Landing State Park, with an option of either day hiking or backpacking overnight.

Congratulations to the newest TTA chapter!

This is the very first trip report from the Columbia Chapter, submitted by Julie Hodnett.

Saturday (1/23/1999) my family hiked the first hike of the newly formed Columbia Chapter. We went to Merriweather Lewis Park which is just off the Natchez Trace Parkway. Although there was flooding in the area the night before, the weather was just fine for a hike. My two children ages 6 and 8 went along. There were a total of 5 children who hiked with us. The kids had a blast hiking, crossing creeks, and making new friends. I was really proud of mine, although we crossed several creeks, they managed not to get completely submerged until we were within a half mile of the

end. Thankfully, I had remembered to pack lots of extra clothes. All five of the children kept Libby company at the head of the pack, they really kept up the pace. No whining from this group! My kids had such a great time that they wanted to come back on Sunday! Their motto seems to be *Have creek? Will hike.* We are looking froward to many more fun days.

Hike plans: Join the Columbia Chapter for a day hike or beginning backpack at Mousetail Landing State Park near Linden TN, on March 13. We will meet in the lower parking lot of the church at 8 AM or at the park office at 9:30. The backpacking campsite is about 5 miles on the trail and the entire trail is about 8 miles long for those who are day hiking. The trail is rated moderate with lots of ups and downs. There is a screened shelter at the backpack campsite for those who are backpacking. All hikers will need a lunch, raingear, and appropriate footwear. For further information and to preregister for the hike, call Julie Hodnett in Columbia at 931-840-5540. For more information about supplies and gear for backpacking, call Libby Francis, 615-889-5718 in Nashville. Hope you can join us!!

EAST TENNESSEE

March 13, 1999 -- Snow Falls trail

We will take the Snow Falls branch of this popular Bowaters Laurel-Snow Pocket Wilderness trail. We climb out of the scenic Richlands Creek gorge for spectactular view from Buzzards Point and Dunn overlook. If the creek is not too high we then go to trail's end at Snow Falls. Seven to eight miles of moderately difficult hiking, 90 miles round trip driving. Meet at Hardee's at Kingston I-40 exit to leave at 8:30 am EST, or meet at the trail head at 10:00. Leader, Don Coffman, 423-376-5842.

Saturday, March 20th - TVAs River Bluff Trail - This is an easy 3.2 mile loop trail at Norris Dam known for spectacular displays of wildflowers. Features include the earliest wildflowers - harbinger of spring, bloodroot, spring beauty, and twinleaf. Hikers will climb gently to a ridgetop, then loop back beside the Clinch River beneath tall limestone bluffs. Meet at the restroom at Norris Dam at 10:00 a.m. Bring a sack lunch to eat near the river after the hike. Questions? Call Judith at 632-1592.

Hike report: The East Tennessee Chapter of Tennessee Trails had a great day on House Mountain on February 6. The weather



was cooperative and a great day for a hike up House Mountain. Eighteen brave hikers made the 5.2-mile trek. We enjoyed great views from the West and East Overlooks.

MEMPHIS

- * March 18 (Thur.): monthly meeting, 7 p.m. at the Germantown Library. We'll have a speaker from Memphis City Beautiful Commission who will talk about issues such as recycling, composting, and litter prevention.
- * March 6 (Sat.): WORK DAY AT SHELBY FOREST. Meet 9 a.m. at the visitor center. We'll work mostly on the Woodland Trail, clearing brush and debris, possibly reblazing. Come dressed and equipped for yard work. Short hike afterward. Contact Ken Novak, 377-9127.
- * March 13 (Sat.): BIG HILL POND STATE PARK, near Pocahontas, TN. Carpool at DavisKidd at 7 a.m., or meet at the boat dock in the park 9 a.m. About 10 miles, moderate terrain. Boots strongly recommended. Contact Debbie Gilbert, 901-454-0613.
- * March 20-21 (Sat.-Sun.): HISTORIC VICKSBURG, MISSIS-SIPPI. This town is about 250 miles south of Memphis. There are plenty of hotels in the area. We'll meet 9 a.m. Sat. at the battlefield visitor center (exit 4-B off I-20), and hike through the enormous cemetery filled with Civil War history. There are about 12 miles of trails, including a 5-mile nature trail in the woods, and the terrain is rolling, not flat. On Sunday, meet 9 a.m. at the Vicksburg courthouse on Cherry St., and we'll walk through the historic old section of town. For more info, call Carolyn or Woody Pierce, 901-755-5635.
- * March 27 (Sat.): LA GRANGE, TN. Ray Skinner is leading a hike through Gordon's Hill (an old Civil War fort) and along the Sand Road to the Wolf River. Meet him at the fire house in La Grange at 10 a.m. For more info, call 901-725-0377.
- * April 3 (Sat.): MOUSETAIL LANDING STATE PARK, Parsons, TN. Carpool at DavisKidd 7 a.m. or meet at the park office by 10 a.m. Trail is about 8 miles with some steep hills. Contact Debbie Gilbert, 901-454-0613.

MURFREESBORO

The Murfreesboro Chapter meets the 3rd Tuesday of every month at St Marks United Methodist Church at 7pm. For further information call Fount Bertram at (615) 765-5357 or e-mail fwbertram@hotcom.net.

Due to a conflicting work schedule, Mike Harvey won't be able to lead the beginners backpack on March 27th. Instead we will do a 3-in-1 hike.

We will hike the Rim Trail at Fall Creek Falls to the falls from the Nature Center and return using the Woodland Trail. Then we will proceed to Rock Island State Park and visit Twin Falls and Great Falls there.

From there we will go on the Burgess Falls and the 3 different falls on the 1.5 mile trail. All in all the hike will amount to approximately 5 miles. It is an easy hike. We will visit a total of 8 different waterfalls. We will have lunch at the Inn at Fall Creek Falls. The new and expanded restuarant will be re-opened March 1, 1999. They have a very good buffet.

Meet at St Marks back parking lot at 8:30 am or the Union Planters Bank parking lot on the west edge of Woodbury at 9 am.

Please pre-register by calling Fount Bertram at (615) 765-5357 or e-mail fwbertram@hotcom.net

NASHVILLE

Thank you!

Thanks to the newest lifetime member of TTA, whose generosity was extended at the January meeting. The donation was made anonymously, so from all the membership, we wish you peace and a smooth path.

March Program meeting

Attention gearhead and gadget freaks! Clint Estes of Blue Ridge Mountain Sports—encyclopedic in his knowledge of gear—will show and tell all the latest and coolest. Bring a friend.Meet on March 23 at Radnor Lake Visitor Center.

Hiking schedule

March 6 (Saturday) - Honey Creek This hike in the Big South Fork Recreation Area is a joint activity with the Big South Fork Chapter of TTA. The distance is 5.6 miles and is rated moderate to difficult, including some creek hiking, but the hiker is rewarded with interesting rock formations and overlooks. With the driving time and length of the hike, this will take all day. The Nashville group will meet at the Kinkos on Donelson Road 7 am and will meet the Big South Fork group in Rugby at the Harrow Road Caf é at 9:30 am. Call Jim Poteet at 615 - 824 - 7666 to register for this hike.

March 7 (Sunday) - Buggy Top Located in the Carter State Recreational Area, one of the eight parks that comprise the South Cumberland State Recreational Area, this hike features a spectacular cave entrance. Lost Cove Cave is 100 feet wide and 80 feet high at its entrance and is located under a cliff that towers to 150 feet. Total distance for this hike is about 4 miles and is rated moderate to difficult. We will meet in the Target parking lot on Bell Road at I-24 at 8 am. Call Jennifer and Charlie Hann at 615 - 941-1503 to register.

March 14 (Sunday) - Big Creek Loop Charlie and Jennifer Hann will be on the trail, again, with this hike in the South Cumberland

Recreational Area. This hike will include Stone Door and Ranger Falls and will cover 9 miles, rated strenuous. Meet in the Bell Road Target parking lot at 7 am, and register by calling 615 - 941-1503.

March 20 (Saturday) - Angel Falls Overlook

We will hike from the Bandy Creek area at Big South Fork Recreation Area over to Angel Falls Overlook and then down to Leatherwood Ford. This is a one-way, 9 mile hike and is rated moderate to difficult. We will meet at 6:45 am at the K-Mart/Kinkos parking lot in Donelson. Call Doug Burroughs at 615 - 292 - 9307 or 615 - 532 - 3050 to register.

March 21 (Sunday) - Beaman Park

Meet Forrest Evans and other Friends of Beaman Park at the spring on Little Marrowbone Road at 1:00 pm for more exploration of this totally undeveloped park. Register by calling Forrest at 615 - 876 - 1981 or 615 - 876 - 0100, or by calling Nancy Dorman at 615 - 299 - 9586.

March 21 (Sunday) - Shelby Bottoms.

This is a short, level, easy hike in the recently opened bottomland park along the Cumberland River. Shelby Bottoms has both paved and mulched trails, a wetlands viewing deck, and a second deck at the edge of the river. If you have never hiked and want to start with something easy, join Jennifer and Charlie Hann at the entrance to the park at 8 am. Call 615 - 941-1503 to register.

March 27 (Saturday) - Radnor Lake Trail.

This hike includes portions of various trails and forms a loop. There is some elevation gain on this hike. Sturdy footwear is recommended, and bring water. Hike time is 2 to 3 hours. All participants are welcome to stop for lunch after the hike at a yet to be determined location. For additional information, or to preregister, call James Leininger at 615 - 309 - 8611.

Hiking Hot Line - the place to hear the latest in Nashville Chapter hike

information. Call 615 - 367 - 7045.

PLATEAU

Plateau Chapter Meeting,

Thursday, March 18th, 7:00 p.m., at Crossville Housing Authority. We apologize for the confusion in February over the meeting location but with a little help from a friend we're back where we belong at the Housing Authority!! Join us!!

March 6th – Table Rock/Cemetery Monterey Hike, 1.5 miles, Moderate. You might need that cemetery after Bill the Saw and Jim the Rock drag you on this hike through the forest...there's

not even at trail!! Meet at 8:00 a.m. CST at the Hardees in Monterey, TN (Exit 300 on I40). Contact Bill & Sue Eldridge at 931-456-4459 to register for this hike or to obtain additional information.

March 27th – Laurel-Snow Bowater Pocket Wilderness, 5 miles, moderate. Vicki will lead us on an exploration of Laurel Falls. Maybe...just maybe...we can talk her into making it snow!! Meet at 8:00 a.m. CST at the visitor center for Cumberland Mountain State Park. Contact Vicki Perdue at 615-456-6466 to

UPPER CUMBERLAND

Upper Cumberland from Austin The meeting at Ryans on Thursday, February 4th was well attended by about 25 people. We had several new people and Jim Poteet, the president of Tennessee Trails Association, and Libby Francis both from the Nashville area also attended. It was officially decided to discontinue the chapter newsletter since it is basically a repetition of the state newsletter. We will also be planning just one hike per month at this time. Barbara Phifer and Denise Charvoz no longer want to co-chair the chapter. At this point no one else has accepted the job. Carol Anderson suggested we have a "chairman of the month", and that person would plan and lead the hike for the month. We will try it for the next few months. On March 4th, at 6:00 p.m. we will have another meeting at Ryans in Cookeville.

The March hike is set for Saturday, March 13--Savage Falls Leader--Carol Anderson 615-597-5660. Meet at First Union Bank in Sparta at 8:45 or the ranger station at 9:30. 5+ miles--Moderate



New earths, new themes expect us -Henry David Thoreau

ADOPT-A-TRAIL

TRAIL MAINTENANCE VOLUNTEERS NEEDED! If you would like to be placed on a call list for trail maintenance, contact Rob Weber (423) 533-2620 for details.

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt-A-Trail Coordinator at (423) 689-7757.



Springtime seems to be early this year so you have an earlier opportunity to get out and enjoy the spring flowers and full creeks with their waterfalls that seem playful like small children. There's no better way to seek those places out than by going on some of these hikes described here. Chances are, you may even find someone on the hike who knows just what that yellow flower is, and that little white one too.

Spring Beauty

OK	DER FORM	
Hiking Tennessee Trails, 5th Edition	\$12.95	
TTA Adopt-A-Trail Manual	3.00	
Round Traditional TTA Patch	3.00	
25th Anniversary TTA Patch	3.00	
TTA Fanny Pack (Green with embroider	red boot logo) 15.00	
TTA Window Decal	1.00	
Prices include postage. Mail your check payab Nashville, TN 37210. Please allow 4 weeks for		04 Snook Drive,
Name	Address	-
CityState	Zip	
Phone (H)	Phone (W)	

		SHIP FORM	
			want to join Tennessee Trails Association
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Individual \$25.00		Life Member	\$500
Family \$35.00			
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BIG SOUTH FORK		RENEV	WAL
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MEMPHIS			
MURFREESBORO		Mail to:	MEMBERSHIP DIRECTOR
		Mail to.	
NASHVILLE			P.O. BOX 41446
PLATEAU (Crossville)			NASHVILLE, TN 37204
UPPER CUMBERLAND (Co	ookeville/Sparta)		
AT LARGE			
NEWS ETTED SUBMISSIONS	ADEDITE BY THE 10TH	OFTHE MONTH	H. MAIL TO: ANDREW STEVENS, 31
CROSS PIKE ROAD, CLINTON			
President:	Jim Poteet (615) 824-7666;	ipoteet@genesco.com	
Vice-President:			
Treasurer:		611 wjleiningr@aol.co	om
Secretary:			
Past President:	Harold Draper (423) 689-77:	57; hmdraper@knoxno	ews.infi.net
Past President:			
West Tennessee Director-at-Large:			
Middle Tennessee Director-at-Large:			
East Tennessee Director-at-Large:	경기 하다 내가 하는 아니라 사람이 되었다. 이 사람이 하다가 가장하는 사람이 하나 있다면 하는데 하는데 되었다.	그 아이스 아이들은 사람이 아름다면 하는데 아프리아 아이를 다 하는데 아니다.	tn.us
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Big South Fork Chapter Chair:			
East Tennessee Chair:			
Memphis Chair:			
Memphis Board Representative:			
Murfreesboro Chair:			n.net
Plateau Chair:			
Upper Cumberland Chair:			
TTA Web Page:		161 (201) 130-3393	
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Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204



