

# TENNESSEE TRAILS

**Mission:** To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective. **Sponsor for the Cumberland Trail.**



## TTA's Annual Auction Saturday, Nov. 11

It's that time again - time to gather treasures and bake goodies for TTA's annual auction. The TTA Board of Directors voted in August to dedicate all of the auction proceeds to the Cumberland Trail Spring BreakAway 2001. College students from all over the nation will travel to our Tennessee mountains to spend three weeks lovingly building Tennessee's Millennium Legacy Trail and first linear state park - the Cumberland Trail State Park. Funds will be used to feed and house our TTA and CTC volunteers who give of their time and energy to work along with these students, and to purchase trail materials such as bridge supplies.

The CT Spring BreakAway budget typically ranges around \$12,000 and TTA members have provided between \$2,000-\$3,000 for the past two years. Dare we challenge ourselves to raise \$3,500 this year? Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. Outdoor gear and clothing are always popular, as well as handcrafted items. Check with your chapter chairperson for solicitation materials to give to local businesses.

(cont. on pg. 2)

## TTA's Annual Meeting is November 10-12 *The absolute last day to register is October 10.*

The Clarksville Chapter would like to invite everyone affiliated with TTA, CTC and TRAC to attend our Annual Meeting. This year we'll meet in the beautiful surroundings of Land Between the Lakes (LBL). For anyone not familiar with LBL, located in northwest Tennessee, there are more than 200 miles of hiking trails and abandoned roads meandering through backwoods, fields and alongside peaceful lakeshores. Of course, there will be a wide variety of hikes for all fitness levels from easy to challenging and in distances defined as "short" and going on up into 10 miles. In addition to the hiking, there are plenty of other places to explore and activities for those seeking variety, for example: the Elk & Bison Prairie, Golden Pond Planetarium and Observatory, canoeing, basketball courts and horseshoe pits.

As a group we'll be staying in the Brandon Spring Residential and Group Camp facility on the shores of Bards Lake near Lake Barkley. Our meals will be prepared and served within the group site. Anyone requiring special meal arrangements should include that information on the registration form. See page 8 for the registration form, containing lodging, meal reservations and map to LBL. A brief outline of the weekend's events are found on page 7.

(ANNUAL MEETING cont. on pg. 2)

## TTA NATURE PHOTOGRAPHY WORKSHOP

Nov 3 - 4

Come learn how to improve your nature photography. Malcolm Pfotenhauer, known in the Nashville chapter, for his spectacular slide presentations of his global travels of South Africa and South America, will lead this workshop at the Radnor Lake Visitor's Center, on Otter Creek Road, in Nashville, TN. The workshop is limited to 15 persons, therefore **PRE-REGISTRATION IS REQUIRED!!!**

The workshop will consist of one 3-hour in-class session on Friday evening followed by a 6-hour in-the-field photography session early Saturday morning, and commencing around noon. Your donation of \$15 per person will be gifted to a special TTA project. Those interested may contact Malcolm to obtain a full course description outlining topics covered and what you will need to bring. Pre-register early with Malcolm to guarantee your space. A very brief itinerary has been provided below.

Friday Nov 3                      7-10 p.m. CST                      IN-CLASS SESSION

Introduction to nature photography (illustrated): objectives, subject matter, lighting, composition, film choice, equipment and exposure control.

Saturday Nov 4                      Meet 6 a.m. CST                      IN-THE-FIELD SESSION

By meeting early we'll be able to take advantage of the sunrise lighting, seeing its effects over time, on composition, film, exposure controls in this very hands-on in-the-field session. Wear comfortable shoes as we'll be outside and walking around the Radnor Lake Nature Area for a few hours. After this, we'll have a brief question and answer period before wrapping up our session around noon.

### **PRE-REGISTRATION IS REQUIRED ON / BEFORE OCT 27**

Malcolm Pfotenhauer    home: 615-646-8562    office: 615-292-6252  
fax: 615-383-5923        e-mail: [pfot@ix.netcom.com](mailto:pfot@ix.netcom.com)

# Letters from Libby ..... TTA's President

Dear friends,

Get out your checkbook! Lick that stamp! Get your reservation to June Miller, of Clarksville, for the Annual Meeting the weekend of November 10-12. This is one of the most fun events of the year. The Annual Meeting provides the opportunity to meet fellow hikers from all over the state, hike some great trails, and spend a lot of money at the auction. All money raised the entire weekend helps to fund the trail-building projects of the Cumberland Trail during the Spring 2001 BreakAway Program. Any members having a special artsy talent are encouraged to submit hand-made items to be auctioned, be it nature photography, pottery, jewelry-making, wood carving/turning, the list is endless. In the past, member hand-made items have always sold well. Your support is greatly appreciated. Please contact your chapter chair if you would like to make a donation or know of any businesses in your area willing to make a donation. Again, your help is GREATLY appreciated. Most of all, just come! Even if it's only for one day, the fun lasts the entire weekend. I really look forward to seeing you.

Till next time ...

Libby Francis

## Annual Auction (cont. from pg. 1)

Don't forget the Bake Sale! Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candies, etc. Individually wrapped portions are handy for tucking into daypacks.

### WE ALSO NEED VOLUNTEERS ...

As the TTA Auction has grown, so has the need for more volunteers to help make things happen. Volunteers are needed for Friday and Saturday to prepare for the bake sale and auction. (Volunteer work times will not conflict with the hikes scheduled.) On Friday we need volunteers to help set up tables, receive and tag bake sale and auction items from 4-8 p.m. On Saturday we need volunteers from 7-11 p.m. to help assist the auctioneers, record bids, and help close out buyers' tabs (totaling bids & collecting money). Volunteers will be asked to commit to at least one hour. You can commit more hours if you wish. Don't wait, call Arleen Scheller today to volunteer your baked goods, auction items or time: 931-456-6259, or e-mail her: [scheller@usit.net](mailto:scheller@usit.net)

## BIG SOUTH FORK CHAPTER

### CHAPTER OFFICER:

Eric Wilson 423-628-2817  
[ericavi@infoave.net](mailto:ericavi@infoave.net)

We cancelled this hike in August, did not want to delay it any longer and decided at last minute to try to get it in on the fringes of the October Newsletter. We apologize for not getting this information out to you sooner...

Sep 30 Yahoo Falls, Big South Fork NRR. If the group is very ambitious and the weather good we can hike the 10 mile Yahoo Arch / Negro Creek / Sheltoewe Trace Loop. More likely we will opt to do a 4-mile portion of the loop with a car shuttle between the ends. In either case we will see 113 ft Yahoo Falls, the tallest in the BSFNRR and the tallest in Kentucky, and two natural arches, Yahoo Arch (80 ft wide) and Makers Arch (60 ft). All trails are rated moderated. Meet at the Harrow Road Cafe in Rugby at 9:30 am EDT. Bring plenty of liquid and a picnic lunch. Questions and/or to pre-register call Vi Biehl or Eric Wilson: 423-628-2817 or e-mail them: [ericavi@highland.net](mailto:ericavi@highland.net)

## Annual Meeting (cont. from pg. 1)

For those who have never attended an Annual Meeting or are new to TTA, here's what you can expect: meet fellow members from all over Tennessee, as well as surrounding states, 2 full days of hiking, entertainment, and the infamous and very entertaining Saturday night "live" auction. All of the auction proceeds go to help fund the Cumberland Trail BreakAway 2001 program in March.

With the upcoming gift-giving season approaching rapidly the Saturday night "live" auction is the perfect time to bid on quality crafts, handmade by top-notch artisans, outdoor gear for all of your outdoor needs: clothing, tents, backpacks, footwear, vacation destinations, the list goes on...

*Don't miss it!*

## CLARKSVILLE CHAPTER

### CHAPTER OFFICER:

Suva Bastin 931-645-2849 [stevjune42@aol.com](mailto:stevjune42@aol.com)

**MEETS:** 3<sup>rd</sup> Tues, 7pm, The Crow Community Center, 211 Richview Rd

Oct 7 Garden of the Gods & Rim Rock, Shawnee National Forest, near Elizabethtown, IL. We'll hike between 5-10 miles on trails rated easy to moderate. Come see the many sandstone rock formations dating back 320 million years. Bring lunch, snacks and water. For meeting time, location and to pre-register call Sandi or Bill Hamilton: 931-920-2760.

Oct 14 Dunbar Cave State Natural Area. Come on out and help us cut a new trail in this beautiful area. No previous trail building skills required. If you've ever thought you'd like to participate in a trail building project we encourage your joining in. To volunteer and obtain further information call Suva Bastin: 931-645-2849.

Oct 17 MONTHLY MEETING.

Oct 21-22 Big South Fork NRR Backpacking Weekend. This'll be an easy backpack, per se, as we will hike 5 miles into our camp site on Sat, then 5 miles out on Sun. The plan is to leave Clarksville early Sat morning, arrive at BSFNRR by lunchtime, then spend the rest of the afternoon leisurely backpacking to our campsite. Sun morning we'll hike another 5 miles back to our cars. For meeting time, location and to pre-register call J. R. Tate: 931-920-2692.

Oct 28 Annual Bon Fire and Potluck Dinner. It's finally cool, the bugs have disappeared and now it's time to get back out and have some fun! Bring your favorite dish to share, beverage, hotdogs and/or marshmallows to cook over the fire and appetite. We will provide the dinnerware. Our location and time was TBA at the time the newsletter went to press. For all particulars call Suva Bastin: 931-645-2849.

### HIKE REPORT:

On July 29 our hike unfortunately ended before it started! Our plan was to hike the 10-mile loop at Land Between the Lakes. En-route to the trailhead in the pouring rain we had high hopes it would clear up. Upon arriving at the trailhead with the rain still coming down in sheets and the sights of cracking lightning all around, followed closely by loud thunder, we were convinced to play it safe and cancel our hike.

On August 12 we hiked with the members of the Nashville chapter. Our group totaled 20 as we hiked around the old civil war grounds of Fort Donelson National Battlefield.

On August 20 we tried something new – we began our hike at 4 p.m. at Rotary Park in Clarksville. Twelve hikers came out and we hiked an easy 3-mile course and saw the many improvements made in the park recently.

On August 26 we were joined by 11 hikers to complete the 8-mile, roundtrip, hike of the Cumberland River Bicentennial Rail-Trail – RAIN FREE! It began to rain as we exited the trail.

## COLUMBIA CHAPTER

### CHAPTER OFFICER:

Todd Horton 615-302-3336  
todd1966@aol.com

**MEETS:** 4<sup>th</sup> Thur, 7pm, location TBA by Chapter Officer

Oct 21 Join Ranger Sam Reed, of Montgomery Bell State Park, for a tour of restricted-access Mound Bottom Mace Bluff. For meeting time, location and to pre-register call Todd Horton: 931-302-3336 or Libby Francis: 615-889-5718.

Oct 26 **MONTHLY MEETING.** Meeting will start at 7pm however, a location had not been confirmed by the time the newsletter went to press. Call Todd Horton for meeting location: 615-302-3336.

Oct 29: Fiery Gizzard - Grundy Forest to Raven's Point. The hike is approximately 9 miles and rated moderate to strenuous, therefore pre-registration is required. For all hike details call Todd Horton: 931-302-3336.

## COVE LAKE CHAPTER

### CHAPTER OFFICER:

Siler McCarty 423-566-1291  
webmaster@tnrlca.org

Oct 14 Frozen Head State Park. Contact hike leader Laurie Salvesson for precise hiking trail information, meeting time, location, etc. Call Laurie: 423-907-0951 or e-mail her: [solutions@icx.net](mailto:solutions@icx.net)

### HIKE REPORT:

On August 19 we hiked 5 ½ miles made up by the Lake trail, West Dark Hollow trail, and Big Ridge trail at Big Ridge State Park on Norris Lake in Union County. We enjoyed the very nice weather as well as the company of 4 hikers from the East Tennessee chapter. The 1820's gristmill was an interesting spot for one of our breaks while the Snodderly Cemetery gave us a moment to reflect on the lives of the early settlers that came to our region.

## MEMPHIS CHAPTER

### CHAPTER OFFICER:

Frederick Belton

901-327-3674  
fbelton@hotmail.com

### ELECTED BOARD REPRESENTATIVE:

Gloria Norrid

901-382-4227  
gnorrid@yahoo.com

**MEETS:** 3<sup>rd</sup> Thur 7pm, Germantown Library (Sept-May)

Oct 2 Planning Meeting for Calendar Year 2001. It's not too early to start planning for 2001. Everyone is invited to help plan all of the outdoor activities we've enjoyed doing as well as to present topics or to suggest guests for our monthly meeting programs. Bring your ideas and/or suggestions for new places to hike, maps, brochures, guidebooks, etc. We will meet at 7 p.m. CDT at Betty Porter's house. Call her if you need directions: 901-755-4740.

Oct 6-8 Fri-Sun. Blanchard Spring, Mountain View, Ark. Join us to hike in Arkansas. Saturday we will hike 8 – 10 miles of the Sylamore Creek trail which is rated moderate. On Sunday we'll explore the Blanchard Springs Cavern in the Ozark National Forest. Lodging is available in Mountain View. **PRE-REGISTRATION IS REQUIRED.** Call Norma McMinn: 901-785-1479.

Oct 19 **MONTHLY MEETING.** Todd Demers, host of telethons, Mid-South Fair Youth Talent shows and the #1 morning show with Joe Larkins & Marybeth Conely will present a program on weather and the television weather forecasting equipment. While growing up in Jacksonville and Orlando, Florida, Todd had a fascination with hurricanes, which led to his career in radio, with the last 14 years in TV in Memphis. Plan to attend, 7 p.m. CDT, Germantown Library.

Oct 21 Big Hill Pond State Park, Pocahton, TN. We're hiking the 8-mile loop trail which is rated moderate. Sturdy and well-worn hiking boots strongly recommended. Bring snacks, lunch and water. Meet 7 a.m. CDT Davis Kidd Bookstore on Perkins, or 9 a.m. CDT at the boat dock in the park. Questions and/or to pre-register call Ray Burkette: 901-357-9183.

Nov 4 Hike & light trail work at Meeman-Shelby Forest, Millington, TN. Park Rangers Charles Norvell and Mary Meier along with summer trail workers and TTA members have done major trail repair work on the Chickasaw Bluff and Woodland Trails. Join us and see the trail work and improvements. We will meet at the visitor center at 9 a.m. CDT to carpool over to the Chickasaw Bluff Trail. We will connect up to the Woodland Trail, cross two new bridges, then loop back to the visitor center. Bring water, lunch, and clippers for light trail work. For information call Ken Novak: 901-377-9127.

Nov 10-12 TTA Annual State Meeting, Brandon Springs, TN. Contact John Martin: 901-386-3722.

## EAST TENNESSEE CHAPTER (Oak Ridge / Knoxville)

### CHAPTER OFFICER:

Keith Mertz 865-376-4827 KeithMertz@msn.com

Oct 14 South Fork Citico Trail, Cherokee National Forest, just off the Cherohala Skyway. This hike will require a car shuttle and should be relatively easy, even at 10 miles because we'll park at the top and hike down to our cars. Leaves should be at their peak at the upper elevations of this hike. Bring snacks, lunch and water. We'll meet 8:30 a.m. EDT at Bimbo's fireworks at the I-75 South exit (Lenoir City). Questions and/or to pre-register call Harold Draper: 865-689-7757.

Oct 21 Foothills Parkway in Wears Valley. This hike is 8 miles and rated easy to moderate. Moderate for the length and the 1500 feet of elevation gain. This is the only part of the parkway closed to autos and still open to hikers. The hike will be on mostly gravel road and is sun exposed most of the way. Bring snacks, lunch and water. Meet 8:45 a.m. EDT at the Townsend Visitor's Center or 9 a.m. EDT at the trailhead. The trailhead is 6 or 7 miles down Wears Valley Road from Townsend. It is on the left immediately before the only overpass on Wears Valley Road. (NOTE: This should not be confused with the unopened part of the Foothills Parkway in Walland, which has been closed to hikers for over a year.) *The hike leader has requested that all calls regarding this hike (questions and/or pre-registration) be made on Friday Oct 20 only.* Your understanding of this request is greatly appreciated. On Oct 20 call Tom Pritchard: 865-691-3892.

## MURFREESBORO CHAPTER

### CHAPTER OFFICER:

Fount Bertram 615-765-5357  
fwbertram@hotmail.com

**MEETS:** 2nd Tues, 7pm, St. Marks United  
Methodist, 1403 E. Main St

Oct 15 Charit Creek area of the Big South Fork  
NRRRA, off Hwy 154, Jamestown, TN. The  
hike is 8 miles and rated moderate and  
includes a portion on a horseback riding  
trail. On a sunny October day, the Charit  
Creek Lodge porch is a wonderful place to  
be. Bring snacks, lunch and water. For  
meeting time, location and to pre-register,  
call Heloise Shilstat: *on / before*  
Fri Oct 13: 615-254-5461, or e-mail her:  
[hshilstat@hardaway.net](mailto:hshilstat@hardaway.net)

Oct 19-22 Big South Fork NRRRA  
Backpack. We plan to do a 3 - 4 day  
backpacking trip (covering approximately  
30 - 50 miles) in the Big South Fork NRRRA  
& Pickett State Park areas. For all  
particulars call Brent Morris: 931-728-8191  
or e-mail him: [bmorris@edge.net](mailto:bmorris@edge.net)

Oct 21-22 Spend the weekend on the  
Kentucky side of Big South Fork NRRRA.  
Live a bit of history as Fount Bertram leads  
us into this remote area of BSFNNRR: Blue  
Heron. Come up for one or both days.  
Fount has reserved campsites at the Blue  
Heron campground for Fri & Sat nights.  
Campground has flush toilets and hot  
showers! Pre-registration is greatly  
appreciated for making the campground  
reservations. *Please RSVP on or before  
Wed Oct 18.* If you cannot attend both days  
and want to make a day trip of either day,  
Fount will try to assist you in your  
carpooling needs from Murfreesboro. Call  
Fount: 931-765-5357, or e-mail him:  
[fwbertram@hotmail.net](mailto:fwbertram@hotmail.net)

Blue Heron, or Mine 18, is an abandoned  
coal-mining town, operated by Stearns  
Coal and Lumber Company from 1937 until  
it closed in 1962. During that time,  
hundreds of people lived and worked in this  
isolated community on the banks of the Big  
South Fork River. Because of the isolation,  
most of what we know about life at Blue  
Heron has been handed down by oral  
history.

On Sat we'll ride the Stearns railroad to  
the Blue Heron Mine. After the rail ride we'll  
visit the Blue Heron mining community and  
follow its history through the outdoor  
interpretive tour. Meet 10 a.m. CDT in the  
parking lot of the Stearns Railroad in  
Stearns, KY.

On Sun we'll hike the easy 2-mile trail to  
Yahoo Falls. Meet 10 a.m. CDT at Blue  
Heron campground.

## NASHVILLE CHAPTER

### CHAPTER OFFICER:

Anne Wesley 615-851-1052 [ttahiker@juno.com](mailto:ttahiker@juno.com)

**MEETS:** 4<sup>th</sup> Tues, 7pm, Radnor Lake Visitor's Center, Granny White Pike  
**HIKING HOTLINE 615-367-7045**

Oct 6 Friday Night Out. You want a short hike? Rated easy? Always fun! Paul  
Smith's hike is taking us (you gotta pay your own way) to Tin Angel on West  
End Avenue in Nashville. For meeting time and to ensure adequate seating  
at Tin Angel *your pre-registration with Paul Smith is required on / before*  
Thursday Oct 5. Call Paul: 615-832-4935.

Oct 7 Beaman Park exploration. Naturalist Julie Kornman from Owl's Hill Nature  
Center will lead this exploration of the park. Although an entrance gate has  
been erected, Beaman Park is not officially open to the public so hiking is  
by permit only and space is limited. Pre-register by calling Nancy Dorman:  
615-299-9586. Meet 9 a.m. CDT at the spring on Little Marrowbone Road.

Oct 7-8 Allardt Pumpkin Festival and Parade plus an entire weekend of hiking.  
Your choice, there's lots to get involved in. You can help decorate a TTA  
float we are entering in the Pumpkin Festival parade, throw (toss) candy to  
the onlookers, walk along side of the float or just do only the hikes. Our  
weekend organizer is Anne Wesley. For a complete run-down of events see  
page 7.

Oct 8 Cooper Mountain trail, Standing Stone State Park. You may not be familiar  
with the Cooper Mountain trail because it does not appear on the maps.  
Because of this, the trail is rarely hiked. We'll start in Standing Stone SP at  
the lake level and continue, gaining elevation, up into Standing Stone State  
Forest to Cooper Mountain. The hike is 8-10 miles and rated moderate  
because of its length as well as the elevation gain. Bring snacks, lunch and  
water. Meet 7:30 a.m. CDT at Kinko's in the Donelson K-mart parking lot.  
Questions and/or to pre-register call Jim Poteet: 615-824-7666.

Oct 8 Beaman Park. Our hike leader, Tom Salter, is calling this a "Discover Day"  
hike and is hoping we'll see some early fall color at the higher elevations.  
Although an entrance gate has been erected, Beaman Park is not officially  
open to the public so hiking is by permit only and space is limited. Pre-  
register by calling Nancy Dorman: 615-299-9586. We'll meet 1 p.m. CDT at  
the spring on Little Marrowbone Road. We'll be out for about 3 hours.

Oct 14-15 Joyce Kilmer Wilderness, near Robbinsville, NC. Day-hike and  
car-camp weekend. For those of you who missed the opportunity to do this  
back in May for the wildflowers, you won't want to miss it during the peak of  
fall color. Hike one or both days. Richard Horvath will lead a weekend of  
hikes in JKW. The #2 Group Campsite in the Rattler Ford Campground has  
been reserved for Friday & Saturday nights (flush toilets and hot showers!).  
We'll split the \$15 per night site fee among the people present. Questions  
and/or to pre-register, call Richard Horvath: 270-586-0178.

On Sat we'll hike the Hangover. This is about a 10-mile loop hike to the  
Hangover outcrop, which provides a 360-degree view of the Unicoi  
mountains and Little Tennessee River valley. (And, if Mother Nature  
cooperates, the fall colors will be spectacular from this vantage point.) This  
hike is considered strenuous because of the 2000 feet of elevation gain and  
the relatively rough trail conditions. Sturdy, well broken-in hiking boots are a  
must. We will meet at the Rattler Ford Campground Group Campsite at 8  
a.m. CDT (9 a.m. EDT) for a short shuttle to the trailhead.

On Sun it's Lots O' Hikes. We will start by hiking the 2-mile Joyce  
Kilmer Memorial Forest loop which runs through one of the few stands of  
uncut poplars and hemlocks in the eastern US. We will meet at the  
Memorial Forest Loop parking lot at 8 a.m. CDT (9 a.m. EDT). Following  
this hike we will drive the Cherohala Skyway to Hooper Bald for an easy 2-  
mile hike. From there we will continue on the Skyway and stop to hike to  
Falls Branch Falls. This is a 2.6-mile hike that can be considered moderate  
due to the climb back from the falls. Finally we will drive to Bald River Falls  
at the Tennessee end of the skyway and hike up the Bald River Falls trail  
until someone cries "uncle".

## NASHVILLE CHAPTER (cont.)

- Oct 14 Angel Falls Overlook, Big South Fork NRR. This hike will require a car shuttle, is 9+ miles and rated moderate. Meet 7:30 a.m. CDT at Kinko's in the K-mart parking lot on Donelson Road. Questions and/or to pre-register call Doug Burroughs: 615-292-9307.
- Oct 21 Beaman Park. You asked for off-trail, Forrest Evans is leading this all day off-trail exploration of the park. Bring snacks, lunch and water. Although an entrance gate has been erected, Beaman Park is not officially open to the public so hiking is by permit only and space is limited. Pre-register by calling Nancy Dorman: 615-299-9586. We'll meet 9 a.m. CDT at the spring on Little Marrowbone Road.
- Oct 21 Bearwaller Gap Trail, Carthage, TN. This is a one-way hike and will require a car shuttle. The trail is 6 miles and is rated easy to moderate, moderate only for the short climb out at the end of the hike. This is Corps of Engineers property where the trail follows the Cumberland River with overlooks of Cordull Hull lake. Bring snacks, lunch and water. Meet 7:30 a.m. CDT at Kinko's in the Donelson K-mart parking lot. Questions and/or to pre-register call Diane Manas 615-352-7777.
- Oct 24 MONTHLY MEETING. Jeff Sinks, who previously shared his A.T. slides and stories with us, is returning to talk and show slides about hiking in the west. **NOTE:** by popular vote our chapter meetings will now start at 7pm. See you 7pm, Radnor Lake Visitor's Center, Otter Creek Road at Granny White Pike.
- Oct 28 The Trees of Vanderbilt University & Newcomers Hike. Come see some great architecture while walking through this "official arboretum." (Status designated in 1988) Set aside at least 2-3 hours so we can stroll slowly through the beautiful architecture of the buildings as well as taking the time to identify the trees in the area. If Mother Nature cooperates, we should see lots of fall color. With all of the restaurants in the area we will find a place close by to lunch. Meet 10 a.m. CDT at San Antonio Taco Co. on 21<sup>st</sup> Avenue. Questions and/or to pre-register call Jenice Johnson: 615-356-6246.
- Oct 29 Virgin Falls, Sparta, TN. This is a vigorous, all-day, 8-mile hike with a steep climb out, but the hiker is rewarded with the beauty of this trail. Bring snacks, lunch and water. Meet 8 a.m. CST (make sure you've moved your clock back 1 hour the night before) at Kinko's in the Donelson K-mart parking lot. Questions and/or to pre-register call Charlie or Jennifer Hann: 615-941-1503.
- Nov 3-4 TTA NATURE PHOTOGRAPHY WORKSHOP - Come learn how to improve your nature photography. Malcolm Pfotenhauer, known for his spectacular slide presentations of his global travels of South Africa and South America, will lead this workshop at the Radnor Lake Visitor's Center. The workshop is limited to 15 persons, therefore **PRE-REGISTRATION IS REQUIRED!!!** The workshop will consist of one 3-hour in-class session on Friday evening followed by a 6-hour in-the-field photography session early Saturday morning, and commencing around noon. Your donation of \$15 per person will be gifted to a special TTA project. Those interested may contact Malcolm to obtain a full course description outlining topics covered and what you will need to bring. A very brief itinerary can be found on page 1. Pre-register with Malcolm early to guarantee your space and before Friday October 27<sup>th</sup>. Malcolm can be reached at home: 615-646-8562, office: 615-292-6252, fax: 615-383-5923 or by e-mail: [pfot@ix.netcom.com](mailto:pfot@ix.netcom.com)

## NORTHWEST CHAPTER (UT at Martin / Weakley County)

### CHAPTER OFFICER:

Jim Clark 901-587-7369  
jclark@utm.edu  
Joe Seago 901-587-8405  
joeseago@backpacker.com

**MEETS:** 2<sup>nd</sup> Thur, 7pm, UT Martin Campus, Boling University Center, Room 230

### BUSINESS REPORT:

Approximately 20 individuals, half of them first-timers, attended our fall kick-off meeting on August 24<sup>th</sup>. Order of business included the election of Joe Seago as chapter chairman, Jim Clark as board representative, and Sandy Davis as treasurer. Plans were announced for the upcoming (Sept 23<sup>rd</sup>) hike at Fort Pillow, and Jim Clark discussed portions of the agenda from the August 19<sup>th</sup> quarterly board meeting where we were presented a donation of three hiking guidebooks written by Russ Manning from the Nashville chapter. (We are especially appreciative of this donation.) The program included a digitized slideshow of the first two hikes taken by members of the chapter, including the inaugural one co-sponsored by the Clarksville and Memphis chapters. The chapter hopes to be an advocate of the Martin Greenway project, a multi-purpose trail snaking through the Martin community. (Our September 14<sup>th</sup> meeting introduced this project, which is in its seminal stages.) With a unique combination of students, faculty, and non-university related folk, the Northwest Tennessee chapter hopes to provide a number of varied activities that support the goals of the Tennessee Trails Association.

### UPCOMING HIKES:

- Oct 28 Montgomery Bell day hike and (optional) overnight. To obtain hike particulars call Joe Seago: 901-587-8405
- Nov 18-19 Land Between the Lakes Backpacking weekend. To obtain backpacking particulars call Joe Seago: 901-587-8405

## COLUMBIA NASHVILLE MURFREESBORO

Trail Talk is a free informative weekly program offered to the public by Blue Ridge Mountain Sports, Cool Springs location. Everyone is invited to hear invited guests and store personnel share their knowledge and experience about the outdoors. Weekly topics include but are not limited to hiking. No RSVP required, just show up at 6:30 p.m. CDT.

### Upcoming Trail Talk programs:

- Oct 5 The Magic of Layering – Learn to stay warm, dry and comfortable in cooler temperatures through layering. What works, what doesn't.
- Oct 12 Preserving Nature Through Leave No Trace Principles. Learn how you can minimize backcountry impact.
- Oct 19 Where To Go? Learn about favorite spots to go for backpacking, climbing, paddling and day-hiking.
- Nov 2 The Pioneers of Expedition Style Travel. TTA's Alicia Gray is the host. In addition to her program, she'll have a video presentation of the Galapagos Islands. If time allows, a slide presentation of Thailand.

## PLATEAU CHAPTER (Crossville)

### CHAPTER OFFICER:

Vicki Perdue 931-456-6466

**MEETS:** 3<sup>rd</sup> Thurs, 7pm, Crossville Housing Authority

- Oct 14 Burgess Falls Potluck Picnic, Cookout & Hike. We're going to join the Upper Cumberland chapter members for this potluck picnic and cookout in the picnic area at Burgess Falls, followed by a 2-mile easy hike to the falls to work off lunch. Meet 9 a.m. CDT in the rear parking lot of the Cracker Barrel in Crossville. Bring your favorite dish to share, appetite and beverage. If you have any questions, call Bob or Jean Bowman: 931-456-5169.
- Oct 19 **MONTHLY MEETING.** Joe Matlock and Rita Senko, members of the Plateau Chapter, will present a slide program on the beautiful Galapagos Islands, 7 p.m. CDT, Crossville Housing Authority:
- Oct 28 Cumberland Trail, Tennessee River Gorge Segment, Signal Mtn., TN. Trail length is 5 miles and rated moderate. We will hike the portion of this segment from Signal Point to Edwards Point and return via the Rainbow Trail. This is a beautiful trail to hike in the fall - the colors are awesome! Bring plenty of water and lunch. Meet 7:30 a.m. CDT at the Cumberland Mtn. State Park visitor center in Crossville. Questions and/or to pre-register call Susan Weber: 423-533-2620.

## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

### CHAPTER OFFICER:

Helen Angelmier 931-858-5947  
helen@cookeville.com

- Oct 14 Burgess Falls Potluck Picnic, Cookout & Hike. We're going to join the Plateau chapter members for this potluck picnic and cookout in the picnic area at Burgess Falls, followed by a 2-mile easy hike to the falls to work off lunch. The Plateau chapter is meeting 9 a.m. CDT in the rear parking lot of the Cracker Barrel in Crossville and will be at Burgess Falls picnic area about 9:45 a.m. CDT. Bring your favorite dish to share, dog or hamburger, appetite and beverage. If you have any questions, call Bob or Jean Bowman: 931-456-5169 or 931-456-8773.
- Oct 21 Bridgestone Firestone Centennial Wilderness hike. Ross Cardwell and Marnell Cothran will lead a hike in the BFCW to view the Caney Fork River Gorge from Yellow Bluff and Boar Hog Gap Overlook. This will be a moderate 6-mile hike. Meet 9 a.m. CDT at the First Union Bank on Hwy 111 in Sparta (next to McDonalds), or 9:30 a.m. CDT at the Polly's Branch Falls trailhead on Scott's Gulf Road (1000 feet before you get to Virgin Falls Pocket Wilderness parking area). Bring snacks, lunch and water. Questions and/or to pre-register call Ross or Brenda Cardwell: 931-836-3552, or e-mail them: [Riverwood@blomand.net](mailto:Riverwood@blomand.net)

### HIKE REPORT:

On Sep 9 three ladies gathered for an impromptu hike and into Virgin Falls. The weather really warmed up so they opted to make the turn back at Laurel Falls. Beyond the warm temperatures they had a very enjoyable hike.

## CUMBERLAND TRAIL CONFERENCE

### CUMBERLAND TRAIL CONFERENCE CONTACTS:

|                    |  |
|--------------------|--|
| Executive Director | Rob Weber<br><a href="mailto:robweber@usit.net">robweber@usit.net</a>              |
| Resource Manager   | Arleen Scheller<br><a href="mailto:scheller@usit.net">scheller@usit.net</a>        |
| Office Manager     | Susan Weber<br><a href="mailto:sweber1@usit.net">sweber1@usit.net</a>              |
| Office Location    | 19 East 4 <sup>th</sup> Street<br>Crossville, TN 38555                             |
| Office Hours       | 8am – 5pm  |
| Phone:             | 931-456-6259   |
| Fax:               | 931-456-4934   |
| E-Mail:            | <a href="mailto:cumberlandtrail@rocketmail.com">cumberlandtrail@rocketmail.com</a> |
| Website:           | <a href="http://www.cumberlandtrail.org">www.cumberlandtrail.org</a>               |

Fall is here and we're excited about getting back out in the wild to build more Cumberland Trail! You'll also get to meet our newest CTC staff person, Tanya Meachen, Program Coordinator. Here's what we have scheduled for this fall:

- Oct 1-7 American Hiking Society Volunteer Vacation. Eighteen volunteers from across the country will camp at Frozen Head State Park, along with TTA and CTC volunteers, to work on the CT in the Frozen Head, Obed and Cumberland Mtn. segments.
- Oct 19-22 Fall BreakAway. Students from Alabama and Tennessee will camp at Newby Forest Camp at Piney River Pocket Wilderness to work on the Laurel-Snow segment.
- Oct 27-29 Fall Backcountry Outing on the Smoky Mountain segment. We'll 4WD and backpack into the recesses of the Cumberland Mountains to extend the CT where we left off in September.

As always, you are welcome to join us for all or part of a program (except for the backcountry outings, which are a 3-day commitment). For additional details or to volunteer contact Tanya Meachen in the CTC office: 931-456-6259 or e-mail her: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)

## ADOPT-A-TRAIL NEWS

### ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 [hmdraper@knoxnews.infi.net](mailto:hmdraper@knoxnews.infi.net)

If you are interested in maintaining a particular trail or section of trail, please contact Harold Draper, Adopt A Trail Coordinator 865-689-7757.

## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

### BOARD REPRESENTATIVE:

Jim Pasco 615-382-4443  
website: <http://members.aol.com/trac2trail/depot.htm>

**MISSION:** To advocate the planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

## How Leaves Change Color

A green leaf is green because of the presence of a group of pigments known as **chlorophylls**. When they are abundant in the leaf's cells, as they are during the growing season, the chlorophylls' green color dominates and masks out the colors of any other pigments that may be present in the leaf. Thus the leaves of summer are characteristically green.

The chlorophylls have a vital function: they capture some of the sun's energy and utilize it in the manufacture of the plant's food – simple sugars, which are produced from water and carbon dioxide. These sugars are the basis of the plant's nourishment – the sole source of the carbohydrates needed for growth and development.

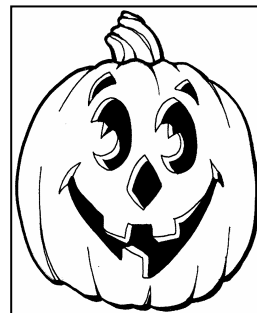
In their food-manufacturing process, the chlorophylls themselves break down and thus are being continually "used up." During the growing season, however, the plant replenishes the chlorophyll so that the supply remains high and the leaves stay green.

But as autumn approaches, certain influences both inside and outside the plant cause the chlorophylls to be replaced at a slower rate than they are being used up. During this period, with the total supply of chlorophylls gradually dwindling, the "masking" effect slowly fades away. The other pigments that have been present (along with the chlorophylls) in the cells all during the leaf's life cycle begin to show through. These are **carotenoids**; they give us colorations of yellow, brown, orange, and the many hues in between.

The reds, the purples, and their blended combinations that decorate autumn foliage come from another group of pigments in the cells called **anthocyanins**. The pigments are not present in the leaf throughout the growing season as are the carotenoids. They develop in late summer in the sap of the cells of the leaf, and this development is the result of complex interactions of many influences – both inside and outside the plant. Their formation depends on the breakdown of sugars in the presence of bright light as the level of a certain chemical (phosphate) in the leaf is reduced.

(cont. on pg. 9)

## 9<sup>th</sup> Annual Great Pumpkin Festival and Weigh-off Allardt, TN October 7



On Saturday, October 7, all TTA members are invited to attend the 9<sup>th</sup> Annual Great Pumpkin Festival and Weigh-off in Allardt, TN. It's just not autumn until you've experienced the delights of this pumpkin festival. Some of the day's events will include a Pumpkin Festival Fun Run and Walk, a Pumpkin Cook-off (a few dollars will buy you a taste of all the entries), the World Pumpkin Federation Weigh-off, a vintage vehicle show, tons of seasonal crafts, and finally the awe-inspiring: **PUMPKIN PARADE !!!** We are planning to enter a "float" in this year's parade, and everyone is welcome to help decorate, march along and throw candy to the kids. We will need some volunteers so step right on up and let's have some fun! Call Anne Wesley to volunteer your talents: 615-851-1052.

Of course there will be hiking. After the festivities on Saturday, around 3:30 p.m. CDT, Anne will lead a hike into Colditz Cove. Colditz Cove is very close and practically within the community of Allardt. On Sunday, Anne will also lead a hike on the Twin Arches trail in BSFNRRRA, with an option to continue on to Slave Falls.

Anne is planning to camp Friday and Saturday nights at Pickett State Park. You are welcome to join her there or drive up for the day. Anne will provide directions for day-trippers. Call Anne to obtain many more details and to volunteer your decorating talents: 615-851-1052.

*You'll love this festival !!!*

## HIKING Tennessee Trails

Our very own hiking guide is currently undergoing revisions in preparation for a 6<sup>th</sup> edition. Ideas and suggestions for the guide's formatting, improvements, trail descriptions that need to be added/deleted (you're invited to write new or update old trail descriptions) must be submitted to Bob Brown before December 31, 2000. The final manuscript will be submitted to Pequot Press in August 2001.

If you have a favorite trail that you wish to see included, call Bob.

If you like to hike and write, call Bob.

If you like to draw maps, call Bob.

***Get involved. Call Bob!***

Bob Brown  
123 Blackburn Avenue  
Nashville, TN 37205  
615-352-7474

.....  
*DETACH and refer to this Agenda for the Annual Mtg.*

TTA Annual Meeting  
November 10 – 12, 2000

## AGENDA

### FRIDAY Nov. 10

3:00 p - Check-in & Registration  
6:00 p - Dinner & Entertainment  
7:00 p - Program  
8:00 p - Bonfire

### SATURDAY Nov. 11

7:00 a - Breakfast  
8:30 a - Hikes  
5:00 p - Dinner  
6:00 p - Program  
7:00 p - General Meeting & Awards  
8:00 p - Auction

### SUNDAY Nov. 12

7:00 a - Breakfast  
8:00 a - Board Meeting  
10:00 a - Hikes  
11a-12p - After the Board Meeting  
Hikes

***(Directions are on the other side)***

# TTA Annual Meeting November 10-12, 2000 Registration Form

Absolute Final  
Reservation Deadline  
October 10<sup>th</sup>

Families: please provide the name of each member of your family attending.

Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_ Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Chapter \_\_\_\_\_ E-mail \_\_\_\_\_

Registration Fee Per Person is \$5.00

Number of Persons: \_\_\_\_\_ X \$5.00 Total \$ \_\_\_\_\_

## LODGING

**HUT** - Dormitory-style cabins equipped with comfortable bunkbeds and mattresses, heat and air conditioning, modern restrooms and showers. We'll have separate huts for the women and men. You will need to bring shower and bed linens or sleeping bag.

HUT Fee Per Night Per Person is \$18.00

|           |                          |           |                |
|-----------|--------------------------|-----------|----------------|
| FRI NIGHT | Number of Persons: _____ | X \$18.00 | Total \$ _____ |
| SAT NIGHT | Number of Persons: _____ | X \$18.00 | Total \$ _____ |

## CAMPING

CAMPING Fee Per Night Per Person is \$5.00

|           |                          |          |                |
|-----------|--------------------------|----------|----------------|
| FRI NIGHT | Number of Persons: _____ | X \$5.00 | Total \$ _____ |
| SAT NIGHT | Number of Persons: _____ | X \$5.00 | Total \$ _____ |

## MEALS

|     |            |                          |          |                |
|-----|------------|--------------------------|----------|----------------|
| FRI | DINNER     | Number of Persons: _____ | X \$6.00 | Total \$ _____ |
| SAT | BREAKFAST  | Number of Persons: _____ | X \$4.00 | Total \$ _____ |
|     | SACK LUNCH | Number of Persons: _____ | X \$5.00 | Total \$ _____ |
|     | DINNER     | Number of Persons: _____ | X \$6.00 | Total \$ _____ |
| SUN | BREAKFAST  | Number of Persons: _____ | X \$4.00 | Total \$ _____ |

**TOTAL ENCLOSED \$** \_\_\_\_\_

Please make checks payable to **Tennessee Trails Association**

Mail to: c/o June Miller  
1002 Post Court  
Clarksville, TN 37043

If you have further questions, call June at:  
931-648-4195

***SORRY, REFUNDS CAN NOT BE  
MADE PAST OCTOBER 10<sup>th</sup>***

DETACH and enclose this Registration Form with your check.

DETACH and refer to this Map for the Annual Mtg.

TTA Annual Meeting  
November 10 – 12, 2000

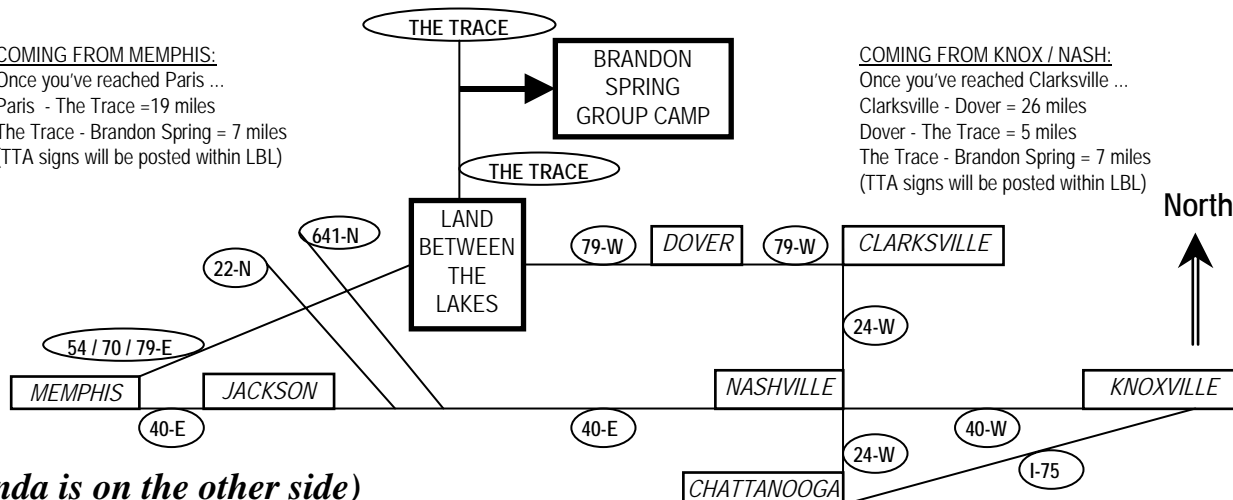
## DIRECTIONS

### COMING FROM MEMPHIS:

Once you've reached Paris ...  
Paris - The Trace = 19 miles  
The Trace - Brandon Spring = 7 miles  
(TTA signs will be posted within LBL)

### COMING FROM KNOX / NASH:

Once you've reached Clarksville ...  
Clarksville - Dover = 26 miles  
Dover - The Trace = 5 miles  
The Trace - Brandon Spring = 7 miles  
(TTA signs will be posted within LBL)



***(Agenda is on the other side)***



## OFFICERS:

### President

Libby Francis 615-889-5718  
lfran99625@aol.com

### Vice-President

Leigh Jones 931-277-3228  
cejones@webtv.net

### Treasurer

Barbara Matheson 615-373-7291  
bmath@mindspring.com

### Secretary

Patti Shaw 615-889-6472  
snappy1@mindspring.com

### Past President

Jim Poteet 615-824-7666  
jpoteet@genesco.com

### Past President

Harold Draper 865-689-7757  
hmdraper@knoxnews.infi.net

### West TN Regional Director

Jerry Lenski 901-255-6574  
gfl@psimemphis.com

### Middle TN Regional Director

Barbara Draude 615-895-5546  
bdraude@mtsu.edu

### East TN Regional Director

Arleen Scheller 931-707-8333  
scheller@usit.net

### Membership

Ninez Giles 615-297-2281  
ninez@juno.com

### Newsletter Editor

Diane Manas 615-352-7777  
diane.manas@nashville.com &  
dianemanas@home.com

### Cumberland Trail Conference Representatives

Barry & Sandra Spearman 931-839-2320  
sandbar@usit.net

### TN Rails To Trails Advisory Council

Jim Pasco 615-382-4443

### Other Chapter Officers:

Listed within each Chapters' header

## Leaves Change Color

(cont. from pg. 7)

During the summer growing season, phosphate is at a high level. It has a vital role in the breakdown of the sugars manufactured by chlorophyll.

But in the fall, phosphate, along with the other chemicals and nutrients, moves out of the leaf into the stem of the plant. When this happens, the sugar-breakdown process changes, leading to the protection of anthocyanin pigments. The brighter the light during this period, the greater the production of anthocyanins and the more brilliant the resulting color display that we see.

Anthocyanins temporarily color the edges of some of the very young leaves as they unfold from the buds early in spring. They also give the familiar color to such common fruits as cranberries, red apples, blueberries, and strawberries.

In our autumn forests they show up vividly in the maples, oaks, sourwood, sweetgum, dogwood, black gum, and persimmon. These same pigments often combine with the carotenoids' colors to give us the deeper orange, fiery reds, and bronzes typical of many hardwood species.

The carotenoids occur, along with the chlorophyll pigments, in tiny structures - called plastids - within the cells of leaves. Sometimes they are in such abundance in the leaf that they give a plant a yellow-green color, even during the summer. But usually we become aware of their presence for the first time in autumn, when the leaves begin to lose their chlorophylls.

Carotenoids are common in many living things, giving characteristic color to carrots, corn, buttercups, bananas, as well as egg yolks.

Their brilliant yellows and oranges tint the leaves of such hardwood species as hickories, maple, ash, birch, sycamore and cottonwood.

Knowing what leaf substances are involved, one might ask what external forces best influence the most vivid colors. Just what kind of late-summer / early-fall weather makes for the most spectacular colors? First, in late summer there needs to be a dry period. In dry periods the leaf will form a blocking layer to prevent excess water loss thus trapping sugar in the leaf. But, to keep leaves from dehydrating and falling off too soon, rain should come in early fall. With a combination of heavy rain, bright sunny days and a gradual cooling in night temperatures, the brightest colorations usually develop. A sudden frost will kill leaves, making them turn brown and fall off too soon. Ideally, the leaf should die slowly.

Adapted from *Autumn Colors*, U.S. Department of Agriculture Forest Service, Recreation Guide R8-RG 34 (Revised July 1999)

## Newsletter Deadlines:

Copy due the 10<sup>th</sup> of the month for an announcement to appear on the 1<sup>st</sup> of the following month

(ie: Oct 10<sup>th</sup> submissions will appear Nov 1<sup>st</sup>)

### Please send all submissions to:

Diane Manas  
5729 Stoneway Trail  
Nashville, TN 37209  
615-352-7777

e-mail: diane.manas@nashville.com  
dianemanas@home.com

## Tennessee Trails Merchandise Order Form

Hiking Tennessee Trails, 5<sup>th</sup> Edition ..... \$12.95  
TTA Patch..... 3.00  
Round embroidered patch, sew it on anything.  
TTA Window Decal ..... 1.00  
A must for each car.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
Home Ph \_\_\_\_\_ Work Ph \_\_\_\_\_

### Mail your check payable to:

Tennessee Trails Association  
c/o Marietta Poteet  
324 Raintree Drive  
Hendersonville, TN 37075

Please allow 4 weeks for delivery and prices shown  
include postage.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail  
U.S. Postage Paid  
Nashville, TN  
PERMIT NUMBER 4053



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**NEW MEMBER AND  
RENEWAL MEMBERSHIP FORM**

**YES, I want to join Tennessee Trails Association...**

(Memberships are for one year, unless you have a Lifetime Membership.)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

\_\_\_\_\_ Individual \$25.00  
\_\_\_\_\_ Family \$35.00  
\_\_\_\_\_ Student \$15.00  
\_\_\_\_\_ Life Member \$500.00  
\_\_\_\_\_ Supporting (\$200.00, \$100.00,  
\$50.00 or other)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone \_\_\_\_\_ Zip \_\_\_\_\_  
Work Phone \_\_\_\_\_  
e-mail \_\_\_\_\_

☐ Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

\_\_\_\_\_ Big South Fork \_\_\_\_\_ Murfreesboro  
\_\_\_\_\_ Clarksville \_\_\_\_\_ Nashville  
\_\_\_\_\_ Columbia \_\_\_\_\_ Northwest(UT at Martin/Weakley)  
\_\_\_\_\_ Cove Lake \_\_\_\_\_ Plateau(Crossville)  
\_\_\_\_\_ East TN(Oak Ridge/Knoxville) \_\_\_\_\_ Upper Cumberland(Sparta/Cookeville)  
\_\_\_\_\_ Memphis \_\_\_\_\_ At Large

**...volunteer ?...**  
endless opportunities  
available  
contact your local  
Chapter Chairperson

When you become a TTA member, you will receive a monthly newsletter containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. Each April you will receive the Membership Directory listing members by chapter and how to reach them. Every spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**