

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## TTA's Annual Meeting November 8-10 Fall Creek Falls State Park

If you've not attended before, you can expect a fun-filled weekend of hiking, socializing, entertainment and TTA business. This year, our meeting is taking place in Fall Creek Falls State Park, about 50 miles south of Cookeville.

Please note: we've passed the deadline for reserving Inn Rooms, Villas, and Cabins, however there is plenty of space available in the Group Lodge and Campground. Registrations received for Inn Rooms, Villas or Cabins cannot be guaranteed, but we will do our very best to obtain your housing preferences. Otherwise, unless TTA (or the Park) receives a cancellation on Inn Rooms, Villas or Cabins, the Group Lodging and Camping may be your only options for staying in the park. Space is limited and available on a first-come, first-served basis. Use the Registration Form inserted in this newsletter to make your reservation.

Several FUN fund-raising activities will occur over the course of the weekend. (Bring your coins, cash and checkbook.)

- Bake Sale – Hikers need calories, there will be yummy baked goods throughout the weekend.
- White Elephant Sale – Better than a flea market. You may find previously loved outdoor gear and household merchandise, like art and books – everything is priced to sell!
- Silent Auction – You'll have part of Friday and most of Saturday to place your silent bid on items just as nice as those in the Live Auction.
- Live Auction – Expect a wide variety of top-quality items; from outdoor gear and clothes, handmade quilts and art, to vacation packages.

\*The TTA Board of Directors voted in August to dedicate the fund-raising proceeds to the Cumberland Trail BreakAway programs. Twice per year, college students from all over the nation come to TN to spend 1-3 weeks lovingly building Tennessee's Millennium Legacy Trail and first linear state park - the Cumberland Trail State Park. Funds are used to feed and house our TTA and CTC volunteers, who also give of their time and energy to work along with these students, and to purchase trail materials such as bridge supplies. (cont. on pg. 2)

**See page 2 for Itinerary & Auction Information.**

**See the Insert for Lodging Information  
and Registration Form**

## Evan Means Small Grants Program Request Deadline Dec 31, 2002

In February 2003, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources.* Project proposals are due no later than December 31, 2002.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grants application for the February 2003 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

TTA Grants Administrator  
P. O. Box 41446  
Nashville, TN 37204

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

## Southeast Regional Foot Trails Coalition Formed

On August 17-19, 2002, at the invitation of the American Hiking Society, representatives from 14 organizations, including Tennessee Trails Association and the Cumberland Trail Conference, met in Chattanooga to discuss the formation of an organization to promote and coordinate long distance hiking trails in the southeastern region. Over the weekend, the representatives concluded that a coalition of regional hiking organizations would help: (1) Coordinate and connect current trail-building projects to increase long distance hiking opportunities in the region; (2) Provide alternative hiking routes and opportunities to relieve some of the impact on the increasingly popular Appalachian Trail; and (3) Increase funding for all of the southeastern trail systems by presenting a united voice when dealing with local, state and federal agencies. (cont. on pg. 2)

## Annual Meeting Auction

Each year, during TTA's Annual Meeting weekend, we have an Auction (Silent and Live), which allows us the opportunity to raise FUNds (in a F-U-N way) to be used for subsidizing trail projects throughout the state. This year, TTA's Annual Auction will be held on Saturday evening, November 9, during the Annual Meeting at Fall Creek Falls State Park. In order for the auction to be successful, we rely on the help of our members (and chapters) to gather items.

. . . **please, won't you help** . . .  
 . . . **gather treasures for** . . .  
 . . . **TTA's Annual Auction** . . .

We are requesting the help of each chapter to obtain White Elephant items and 6-8 top-quality items (merchandise, services, and/or handcrafted-crafted goods) for the silent and live auctions. So, check your home for top-quality items (look in your closets, basements and garages); ask local businesses to donate merchandise and/or services (be sure to contact your chapter chairperson for solicitation materials to take with you when soliciting your local businesses); share your talents for woodworking and crafts; or make a cash donation to your local chapter to purchase items for the auction.

Outdoors gear and clothing are always popular, as well as handcrafted items. If you have a favorite photograph from a TTA hike, consider having it enlarged and framed to put in the auction.

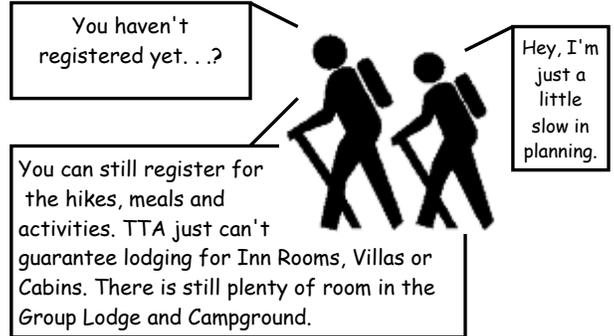
When making your donation, or soliciting a local business for items, please note that TTA is a 501(c)(3) non-profit organization and donations received are tax deductible. In addition, a special "THANK YOU" column will appear in our December Tennessee Trails newsletter recognizing each person/business who has helped in making this event successful.

Contact Libby Francis (615-889-5718 / [libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)) if you have a special item you'd like to donate, or know of a merchant we can contact for a donation.

## Yum Yum ...Calling All Bakers ...

We also need baked goods. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candies, etc. Individually wrapped portions are handy for tucking into daypacks.

Annual Meeting Events Planned (Times are Central)		
Friday	2:00pm	Hike (2.4 miles)
	3:00p	Check-in Begins
	6:00-7:30p	Seafood Dinner Buffet
	8:15-10:00p	Reception (Wine/Cheese & Entertainment)
Saturday	7:00-8:30a	Breakfast Buffet
	8:15-10:00a	Morning Hikes Depart (choice of 6 hikes)
	1:00-3:00p	Afternoon Hikes Depart (choice of 2 hikes)
	5:30-7:00p	Prime Rib Dinner Buffet
	6:45-7:30p	Chapter Reports, Election of Officers, Award Presentations
	7:30p - ???	Auction
Sunday	7:00a-	Check-out Begins
	7:30-8:30a	Continental Buffet
	8:30a	Morning Hikes Depart (choice of 2 hikes)
	8:30a	Board of Director's Meeting



You haven't registered yet...?

Hey, I'm just a little slow in planning.

You can still register for the hikes, meals and activities. TTA just can't guarantee lodging for Inn Rooms, Villas or Cabins. There is still plenty of room in the Group Lodge and Campground.

**Need an Annual Meeting Registration Form ?  
See the Insert in this newsletter.**

## Coalition Formed (from pg. 1)

To accomplish these goals, representatives approved the formation of the Southeast Regional Foot Trails Coalition. A statement of purpose for the Coalition was agreed upon and will be presented to the membership of the participating organizations for approval. A steering committee of 6 members was also appointed to work out further organizational details of the Coalition and to plan a general meeting in the fall of 2003. Fount Bertram will represent TTA on this committee along with members from AHS, the Alabama Hiking Trails Association, Benton MacKaye Trail Association, Florida Trail Association and the Foothills Trail Association.

AHS and the River, Trails and Conservation Assistance Program (which is part of the National Parks system) will both assist with coordinating the start-up logistics of the Coalition. In particular, they will be funding a five-year, full time consultant based in Chattanooga. Job applications are currently being solicited to fill this position.

Anyone who would like more information about the Coalition or who would like to apply for the consulting position my contact Fount Bertram at 615-765-5357 or via email: [fwbertram@heartoftn.net](mailto:fwbertram@heartoftn.net)

## 1-866-TN-HIKES

TTA now has a toll free number, which will be used primarily for membership recruiting. By calling 1-866-TN-HIKES (1-866-864-4537), prospective members can request copies of the application brochure as well as sample copies of the Tennessee Trails newsletter. Please pass this number along to potential members you meet on the trail, or elsewhere.

**... Thank You TTA Volunteers ...  
Savage Gulf State Natural Area  
First of Two Projects Completed**

A heart felt "Thank You" goes out to the 27 TTA volunteers who completed the North Rim Trail Bridge on September 7 at Savage Gulf State Natural Area. A new 25 foot span wooden bridge with hand rails was constructed on the Savage Gulf North Rim trail near the intersection of the Mountain Oak Trail. Ranger George Shinn and park maintenance personnel were very pleased with the outstanding effort made by volunteers from the Highland Rim, Murfreesboro, and Nashville chapters. Carrying materials to the bridge site and constructing the bridge was hard work, but it was also fun and rewarding. The new bridge will enable hikers to safely cross a sometimes-treacherous creek for years to come. Funding for the project's materials was made by the Friends of South Cumberland.

**... Your Generosity ...  
... Benefits All ...**

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues. TTA recognizes the following Supporting Member for October 2002:

*Dan Brennan Nashville chapter  
Carol Smith Nashville chapter  
Hugh Tobin Nashville chapter*

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

**Tennessee Trails Merchandise  
Order Form**

\_\_\_\_\_ Hiking Tennessee Trails, 5<sup>th</sup> Edition ..... \$12.95  
\_\_\_\_\_ TTA Patch ..... 6.00  
*Round embroidered patch, sew it on anything.*  
\_\_\_\_\_ TTA Window Decal..... 3.00  
*A must for each car.*

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

*Mail your check payable to: Tennessee Trails Association  
c/o Marietta Poteet  
324 Raintree Drive  
Hendersonville, TN 37075*

*Please allow 4 weeks for delivery and prices shown include postage.*

**Board of Director's Vacancies**

The Tennessee Trails Association is administered by volunteers elected by you, our members. As a member, you have the opportunity to serve on TTA's Board of Director's.

Currently, the Board is seeking to fill the state Treasurer's and East TN At-large Director's positions for 2003.

Any member who wishes to obtain a description of responsibilities to volunteer or to submit names for consideration may contact:

Jim Poteet 615-824-7666 jpoteet@genesco.com  
Jerry Lenski 901-255-6574 jlenski@yahoo.com  
Diane Manas 615-352-7777 dmanashikes@comcast.net

**BIG SOUTH FORK CHAPTER**

**CHAPTER OFFICER:**

Eric Wilson 423-628-2817 ericavi@nxs.net

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Kathy Hicks 865-938-6846 khudson3@utk.edu

**Oct 5** Rice Hollow. Wayne County, KY. Lavonne Gibbs will lead an easy hike of 3-4 miles along a cliff top trail with panoramic views of the fall color, returning by way of a landmark 50-inch diameter poplar tree. Bring snacks and water for the hike. Following the hike, the group will drive to the Gibbs's Rice Hollow farm for a picnic. Meet at the Harrow Road Cafe in Rugby at 9am EDT to carpool and caravan to the Gibbs' property. For additional information and to register, call Lavonne Gibbs at 423-628-5678.

**CLARKSVILLE CHAPTER**

**CHAPTER OFFICER:**

J.R. Tate 931-920-2692 modelt@charter.net

**OUTINGS COORDINATOR:**

(call & volunteer to lead an outing)

Suva Bastin 931-645-2849

**OCTOBER MEETING CANCELLED** due to building being refurbished. Our meetings will resume in November

**NEWS:** Our meeting location, Crow Community Center, will be closed for refurbishing and cleaning during the time we are scheduled to meet in October; therefore, we have cancelled our October meeting. Our monthly meetings will resume in November - 7pm, 3<sup>rd</sup> Tuesday, Crow Community Center.

**Oct 5** Hematite Lake and Honker Trails, Land Between the Lakes. This 6½-mile hike is rated easy to moderate. For information, call Sandi Koenig at 931-645-2048.

**Oct 12-13** (Sat-Sun) Backpacking the Cumberland Trail in the Black Mt./Brady Mt. area. Crossville, TN. For information, call J.R. Tate at 931-920-2692.

**Oct 19** Full Moon Hike. Location TBA. For information, call Suva Bastin at 931-645-2849.

**Oct 26** Hike, Potluck Dinner and Bonfire at Rotary Park. Clarksville, TN. For meeting times and location, in addition to finding out what you need to bring to the potluck dinner, call Wanda Cumberland at 931-906-3338.

## COLUMBIA CHAPTER

### CHAPTER OFFICER:

Russell Smith 615-790-1833 carving082334@aol.com

### OUTINGS COORDINATORS:

(call & volunteer to lead an outing)

Amy Overton 931-388-6363 estherovert@aol.com  
Rick Pinkelton 931-987-2530

**MEETS:** 1<sup>st</sup> Tue, 7-8pm, First Presbyterian Church  
West 7<sup>th</sup> St. in Columbia

**NEWS:** Thank you Rick Pinkelton, and Ed and Mary Ruth Campbell for the very informative and enjoyable seminar on backpacking you presented during our September 5 chapter meeting at the Maury County Park.

**Oct 1 PRE-MEETING HIKE.** We'll be gathering for a short hike before heading to our chapter's monthly meeting. We're meeting at the home of Ed and Mary Ruth Campbell in Culleoka at 5:30pm CDT. For directions, call: 931-987-3051.

**Oct 1 MONTHLY MEETING.** Ron Neal will tell us about some of his latest day hikes along the Blue Ridge Parkway in Southern Virginia. Feel free to bring some refreshments to share. See you at 7pm CDT, First Presbyterian Church in Columbia.

**Oct 12** Fall Creek Falls State Park. Pikeville, TN. We'll be hiking some of the upper loop and down to the falls. For additional information, call Rick Pinkelton at 931-619-5012.

## COVE LAKE CHAPTER

### CHAPTER OFFICER:

Siler McCarty 423-566-1291 webmaster@tnrlca.org

**MEETS:** 3<sup>rd</sup> Thur, 6pm, First Presbyterian Church, LaFollette

**Oct 12-13** (Sat-Sun) Camping/hiking at Cloudland Canyon State Park. Rising Fawn, Georgia. Vance Lawson will be our fearless hiking leader for the weekend. We will be hiking on several different trails during our two days of camping. We will meet at noon on Saturday at the park's headquarters for our first hike. For information, call Vance Lawson at 423-562-6856. (Directions to Cloudland Canyon SP: Take I-75 South to Chattanooga and I-24 West past Chattanooga to I-59 South towards Birmingham, AL. Follow signs to state park.)

**Oct 17 MONTHLY MEETING.** Learn hiker safety tips, hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 6pm, First Presbyterian Church in LaFollette.

**Oct 20** Hiking in Cumberland Gap National Historical Park. Cumberland Gap, TN. We will be hiking on the renewed old Daniel Boone Trace over Cumberland Gap. Who knows? We might just take some inspiration from the old pioneer and do even more. Meet at 1:30pm EDT at the Eagle Market parking lot. For additional information, call Faith Dippold at 423-566-8026.

### PLANNING AHEAD:

**Nov 9** Sheltowee Trace to Van Hook Falls. Laurel Co., KY. Richard Helm will be leading this 6-mile hike on one of the most beautiful sections of the Sheltowee Trace. Crossing a few small creeks, this trail approaches a deep gorge and then passes four waterfalls (one audible only) as it follows the rim. Of these, the loveliest cascades down a lush cliff on the opposite side of the gorge (think, "Hawaii"). (If it stays this dry, we may have to think, "water.") After passing along cliffs, rock houses, and through a mountain laurel ridge, the trail drops down to scenic Cane Creek, which it crosses on a metal footbridge. Once out of earshot of Cane Creek, the hiker will hear Van Hook Falls. Nestled in a rhododendron basin, this waterfall drops about 20 feet off a rock shelf, which can be passed underneath behind the falls. Meet at 8am EDT at the Eagle Bluff parking lot. Hike will start at the Sheltowee Trace Trail parking lot at the junction of Hwy 192 and 1193, west of London, KY around 10am. For additional information and to register, call Richard Helm at 865-426-4472.

## CUMBERLAND GAP CHAPTER

### CHAPTER OFFICERS:

Barbara Smith 423-869-5226

BarbSmith@ZoesMountainSports.com

Rosemary Register 423-869-2251

cugatrails@yahoo.com

**MEETS:** 1<sup>st</sup> Tue, 7pm, Lincoln Memorial University,  
Student Center, Cumberland Gap Pkwy

### NEWS:

On Aug. 20, we met for the first time as a new chapter and discussed what it means to be a part of TTA. We went over the by-laws, and elected officers. President/Chairperson: Rosemary Register, Treasurer: Barbara Smith. Everyone agreed that for now, these would be the only two officers. As we grow and see the need, we will add more. We also decided on meeting the first Tuesday of the month at 7pm at Lincoln Memorial University's Student Center. It was suggested to invite guest speakers to our meetings. Everyone was in favor, hoping this might spark more interest in the community. There were nine members in attendance.

On Sep. 5, members and guests enjoyed a presentation of GPS/GIS by Erin Noch, an intern at Cumberland Gap National Historical Park. Erin did a wonderful job teaching everyone about the functions and uses of GPS units. We had a good crowd, with five visitors interested in GPS and the chapter.

Both Aug 24 and Sep 7 were workdays on the Cumberland Trail. For the first time in two years, five hearty souls braved the early morning and hiked up to clear the first two miles of the Cumberland Trail. During the restoration of the Gap, access to the trail was a safety issue. Now that the project is complete and makes all of us proud, we ventured out to see what the trail had in store for us. Although it was quite a bit of work, everyone remained excited about the day. We enjoyed a day of hard work and a new sense of pride as this is the trail our chapter built a few years ago. The second workday was a success, as we had six join in for the adventure. We were able to reach the end of the trail by early afternoon. The chapter would especially like to thank the staff at Cumberland Gap National Historical Park for helping to make these two days a success. They helped coordinate the day and provided the tools and equipment needed. A special thanks goes to the staff for volunteering their time to work with us. We now have the trail ready for the Governor's Walk (on Sep 18).

**Oct 1 MONTHLY MEETING.** We will have a Leave No Trace presentation by Anita Smith. Anita is a master educator for LNT. She is a founding chapter member and park ranger at Cumberland Gap National Historical Park. Join us for a chance to learn about our responsibility to nature and fellow hikers. See you at 7pm EDT, LMU's Student Center. For additional information, call Rosemary at 423-869-2251 or e-mail her: [cugatrails@yahoo.com](mailto:cugatrails@yahoo.com)

(cont. on pg. 5)

## CUMBERLAND GAP

(cont. from pg. 4)

**Oct 5** Hike the Harlan Road Trail, Cumberland Gap NHP. Cumberland Gap, TN. This will be a great hike for new hikers. This is a chance for everyone to join in a four-mile walk, downhill all the way. For those who think they might like to hike, but aren't sure, join us for a fun day hiking a new trail. Bring plenty of water, lunch, and an adventurous spirit. We will meet at 9am EDT at the flagpole in Cumberland Gap NHP. For additional information, call Rosemary at 423-869-2251 or e-mail her: [cugatrails@yahoo.com](mailto:cugatrails@yahoo.com)

**Oct 19** Ewing Trail to White Rocks and Sand Cave. Join Lori Hill on this 8-mile roundtrip hike that is rated moderate to strenuous. Enjoy the breathtaking view from White Rocks and the climb down to Sand Cave. Wear good hiking boots, and bring plenty of water and a lunch. We will meet at 8am EDT at Hardee's in Harrogate, TN to carpool to the trailhead. For more information, call Lori Hill at 423-869-4485 or e-mail her: [LLh4@rocketmail.com](mailto:LLh4@rocketmail.com)

## EAST TN CHAPTER (Oak Ridge / Knoxville)

### CHAPTER OFFICER:

Beverly Neurock 865-220-9679 [bneurock@bellsouth.net](mailto:bneurock@bellsouth.net)

**MEETING: Oct 19** – see details below.

**Oct 12** Fodderstack Trail to Stratton Bald. TN/NC State Line, Cherohala Skyway. This hike is 6½ miles and rated moderate. We will start at Beech Gap on the Cherohala Skyway at the TN-NC state line. The first 1.8 miles will follow an old forest service road, and then we will begin a 750-foot climb for the next 1.1 miles. A right turn onto Stratton Bald Trail will bring us to the meadow in another one-half mile at an elevation of 5260 feet. If the weather cooperates we should have excellent views from Stratton Bald. Dress appropriately for this hike, as we will be above 4500 feet for the entire length. Wear sturdy boots, and bring water and lunch. Meet at 9am EDT along the outer edge of Bi-Lo grocery store in Maryville (US-129/US-411 South), or meet at the parking area on the Cherohala Skyway at the TN/NC state line at approximately 10am. For further information and to register, call Keith Mertz at 865-376-4827 or e-mail him: [keithmertz@hotmail.com](mailto:keithmertz@hotmail.com)

**Oct 19 CHAPTER MEETING:** Join us for our annual business meeting. Rosemary Marshall has invited us to meet at her home to plan our 2003 hike schedule, discuss our sponsorship of the annual meeting for 2003 and any other business presented. Bring your list of favorite hiking destinations and activities you would like to see offered in the coming year. Our meeting will begin at 4pm EDT. Refreshments and snacks will be provided. Rosemary Marshall's address is 5400 Parkdale Dr., Knoxville. If you need additional information, contact her at 865-686-3168 or 865-405-1915, or by e-mail: [Rosemary\\_L@hotmail.com](mailto:Rosemary_L@hotmail.com)  
**(Directions:** North on I-75 and right @ Merchants Rd Exit, turn right and cross RR tracks to red light, turn left, 3rd house on right, house has a blue canopy.)

**Oct 26** Middle Prong Trail, Great Smoky Mountains National Park. This is an 8-mile round-trip hike from the end of Tremont Road to the junction with Greenbriar Ridge Trail. Most of the trail follows an old railroad bed and is rated easy to moderate, with about a 1200-foot climb in elevation. Features also include waterfalls and cascades, and historic logging remnants. Bring water, lunch, and dress appropriately for the weather. Meet at 9am EDT at the Townsend "Y". For more information, contact Ester Ruffner at 865-281-0567. (cont.)

## EAST TN (cont.)

### HIKE REPORT:

On August 24, eighteen hikers (nine members and nine visitors) enjoyed the beauty of the Cucumber Gap trail located in the Elkmont area of the Great Smoky Mountains National Park. We were given a slight reprieve from the hot August temperatures, but the humidity kept us company. The Little River was pretty, and we spoke with two bicyclists on the trail. Eight hikers had a delicious lunch and enjoyed good conversation at the Carriage House after our pleasant walk.

## HIGHLAND RIM CHAPTER (Tullahoma Area)

### CHAPTER OFFICER:

Doug Ratliff 931-455-0249 [dougratliff@hotmail.com](mailto:dougratliff@hotmail.com)

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Alan Bryan 931-728-0765 [BryanAlan@BFUSA.com](mailto:BryanAlan@BFUSA.com)  
& [pbryan5@bellsouth.net](mailto:pbryan5@bellsouth.net)

**MEETS:** 3<sup>rd</sup> Tue, 7pm, D.W. Wilson Center  
501 N. Collins St. Tullahoma

**Oct 15 MONTHLY MEETING** Don Jones will give a presentation on hypothermia. Don has been active on the Ski Patrol for several years. See you at 7pm CDT at the D.W. Wilson Community Center.

**Oct 19** Hike at Franklin Forest near Sewanee, TN. For information and to register, call Joan Bently (931-455-5849) or Sharon Bell (931-455-1652).

## MEMPHIS CHAPTER

### OFFICER:

Betty Porter 901-755-4740

### CO-CHAIR:

Norma McMinn 901-785-1479

### BOARD REPRESENTATIVE:

Gloria Lenski 901-213-0604 [glorialenski@yahoo.com](mailto:glorialenski@yahoo.com)

**MEETS:** 3<sup>rd</sup> Thur, 7pm, Germantown Library (Sept-May)

**Oct 11-13** (Fri-Sun) Amicalola Falls State Park, Dawsonville, GA. Registration required. For information, call Carol Haley at 901-388-9163.

**Oct 17 MONTHLY MEETING.** Learn hiker safety tips, hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7pm, Germantown Library.

**Oct 26** Big Hill Pond State Park, Pochontas, TN. The 8-mile loop trail hike is rated moderate. Bring lunch and water. Boots strongly recommended. Meet to carpool at 7am CDT at Borders Bookstore located at 6685 Poplar and Kirby Parkway, or meet at the boat dock in the park at 9am. For more information, call Margaret Dixon at 662-893-1794.

### Attention: Hike Coordinators

A TTA Release of Claims & Hold Harmless Agreement form (aka Liability Waiver) must be signed by everyone before you start your hike. They can be obtained from your local Chapter Officer or downloaded easily from our web site: [www.tennesseehike.org](http://www.tennesseehike.org) From the home page, follow the link to *Member Services*.

## MURFREESBORO CHAPTER

### INTERIM CHAPTER OFFICER\*\*\*:

Martin McCullough 615-896-1043 mam1932@earthlink.net

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Brent Morris 931-454-1718 bmorris@edge.net

**MEETS:** 2<sup>nd</sup> Tues, 7pm, Wilderness Station @ Barfield-Crescent Park, 697 Barfield Rd.

**NEWS\*\*\*:** Mark Stanfill has accepted the position of Program Coordinator for the Cumberland Trail Conference and will be moving to Crossville, Tennessee, very soon. Due to this move, Mark has stepped down as Chapter Officer, and Martin McCullough will be wearing the hat of Interim Chapter Officer until we hold our next election, October 8. We wish Mark the best of luck in his new position, and extend our warm welcome to Martin McCollough.

**Oct 4-6** (Fri-Sun) The 11<sup>th</sup> Annual Great Pumpkin Festival and Weigh-off. Allardt, TN. Come join in the fun! Participate in a fun run and walk, pumpkin costume contest (for the kids), pumpkin cook-off, check out the arts and crafts, witness the World Pumpkin Federation weigh-off, and last but not least – WALK IN THE PARADE! We're planning to camp Friday and Saturday nights at Pickett State Park. On Sunday we'll visit Magandartz Falls. For information and to register, call Fount Bertram at 615-765-5357 or email him: fwbertram@hotmail.com

**Oct 8 MONTHLY MEETING.** Come hear Judge Robert Brandt speak on Hiking in Tennessee. See you at 7pm CDT at the Wilderness Station at Barfield Crescent Park.

**Oct 19-20** (Sat-Sun) Obed Wild & Scenic River Area Backpacking. This approximately 14-mile outing will be both challenging and rewarding. The hiking will be strenuous, but the scenery will be beautiful. For additional information and to register, call Mike Harvey at 615-893-9594 or email him: mharvey1@bellsouth.net

## NASHVILLE CHAPTER

### CHAPTER OFFICER:

Dan Brennan 615-837-4324 osrwodan@aol.com

### OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Elizabeth Gerlock 615-356-6260 eygerlock@aol.com

**MEETS:** 4<sup>th</sup> Tues, 7pm. St. Bernard Academy  
2021 21<sup>st</sup> Ave South

**HIKING HOTLINE 615-367-7045**

**AFTER WORK / NIGHT HIKES**, Warner Park. Nashville, TN. You are invited to join Gary Parker for "After Work/Night Hikes" at the Warner Parks on the following dates in October: 1, 3, 8, 10, 15, 17, 24 and 29. The changing of the seasons has resulted in the change of hiking venue. Gary will be at the main parking lot of the Deep Wells area at Percy Warner Park. Check-in is at 5:30pm CDT and hiking begins at 5:45pm. Tuesday hikes (10/1, 8, 15 and 29) will be geared for the beginner or less aggressive hiker, will offer a 2½ mile hike at a leisurely to moderate pace and should be completed by 6:45pm. Thursday hikes (10/3, 10, 17 and 24) will be geared for the seasoned or aggressive hiker, will consist of a 4½ mile hike at an aerobic, somewhat demanding pace and should be completed by 7:15pm. The hikes are conducted regardless of the weather. Dress for the weather and bring a light source. For additional information and to register, contact Gary Parker:

615-287-1371(hm), 615-277-2006(wk),

garyparker@mindspring.com & garyp@werthan.com

(cont.)

## NASHVILLE (cont.)

**Oct 5** Stone Door/Laurel Falls Hike, Savage Gulf State Natural Area. Tracy City, TN. The hike will start at the Stone Door Ranger Station and total 7.1 miles. We will hike the Stone Door Trail (1 mi) to the Big Creek Rim Trail (3.2 mi) then back to the parking lot via the Laurel Trail (2.9 mi). An optional side hike to Greeter Falls (2.8 mi) would make the total hike distance just under 10 miles and will be decided upon by the group. The hike should be considered moderate to difficult for distance. Wear sturdy hiking boots, and bring water and lunch. We will meet at 7:30am CDT to carpool from the Target on Bell Road (I-24, Exit 59). For additional information and to register, call David Furse at 615-353-6435 or e-mail him: dfurse@comcast.net

**Oct 5-6** (Sat-Sun) Backpacking in Fall Creek Falls State Park, Pikeville, TN. We will backpack the Upper Loop, camping at one of the campsites on the trail. This trail is on gently rolling upland plateau with a maximum elevation gain of 200 ft. and rated easy to moderate. The combined total mileage for the two days is 13 miles. Suitable for all levels of backpacking experience. For detailed information and to register, contact Katherine Pendleton at 615-360-3481 or e-mail her: adelicia1@aol.com

**Oct 6** Greenwood Bluff and Chimney Rock, Pickett State Park. Jamestown, TN. For information, contact Jim or Marietta Poteet at 615-824-7666.

**Oct 12** Beaman Park Work Day. Joelton, TN. Every second Saturday, volunteers gather from 9am CDT until noon to build and maintain the trails in Beaman Park in preparation for the park's opening. A two-mile loop is complete, but in need of some fine-tuning, and work has begun on a second loop of similar length. Trail building experience helps but is not required, and the work is no more difficult than moderate gardening. Come enjoy the park's wild beauty and the pleasure of a job well done. Please register with Dave Walton at 615-292-1384.

**Oct 18-20** (Fri-Sun) Joyce Kilmer Wilderness. Robbinsville, NC. Group Campsite #4 at the Rattler Ford Campsite has been reserved for TTA-er's tent-camping on Friday and Saturday nights (hot showers included!). A \$5.00 deposit will be required for those desiring to camp. **On Sat.**, we'll hike the Hangover. This is a 10-mile loop hike along the Haeo Lead to the Hangover, where there is a 360° view of the Unicoi Mountains, Smokies Crest and the Little Tennessee River Valley. We will loop back via the Deep Creek Trail. This hike is strenuous with an 1800 ft elevation gain. We will meet at the Rattler Ford Campground at 7:30am Central (8:30 Eastern) for a short shuttle to the trailhead. **On Sun.**, we will hike a loop made up of the Ike Branch, Yellowhammer Gap, and Nichols Cove Trails and return via the Slickrock Creek Trail, which straddles the Tennessee/North Carolina state line. This will be an 11-mile hike with moderate elevation gains. However, Slickrock Creek will be forded 4 times (that's sans bridges, folks), so be prepared for knee-deep water. We will meet at the Slickrock Creek trailhead in Tapoco (at the US-129 bridge over Calderwood Lake) at 8am Central (9am Eastern).

If these hikes are more than you care to undertake, there are other, shorter hikes in the area:

- Joyce Kilmer Memorial Forest loop, 2 miles and easy, which runs through one of the few stands of uncut poplars and hemlocks in the eastern US.
- Hooper Bald off of the Cherohala Skyway, 1 mile.
- Falls Branch Falls off of the Cherohala Skyway, 2.6 miles.
- Bald River Trail offers a pleasant, streamside walk, 5 miles. Starts at Bald River Falls near Tellico Plains, TN.

So, come out and join us! For additional information, and to register and obtain driving directions, call Richard Horvath at 270-586-0178.

**Oct. 18 Outings Continue on Page 7**

## NASHVILLE (cont. from pg. 6)

**Oct 18-20** (Fri-Sun) Backpacking in the Great Smoky Mountains National Park. This outing is for experienced backpackers only. Registration is required, and space is limited. Depending upon reservation availability, on Fri., we will hike from Newfound Gap to Icewater Spring shelter. On Sat., we will hike to Mt. LeConte via the Boulevard Trail and spend the night at the shelter there. On Sun., we will hike down the Alum Cave Trail. Approx. 14 miles. The terrain is rated moderate to strenuous. For additional information and to register, contact Katherine Pendleton at 615-360-3481 or email her: [adelicia1@aol.com](mailto:adelicia1@aol.com)

**Oct 19** Laurel-Snow, Bowater Pocket Wilderness. Dayton, TN. Experience the fall season on the first Tennessee trail designated as a national recreation trail. This area offers a great deal of beauty and diversity by following roaring creeks traversed by 50 foot bridges, a rock tunnel to scramble through, 2 waterfalls and overlooks to boot. This 11 hike is miles roundtrip and rated moderate to strenuous. We will experience elevation gains and rock scrambling, so be prepared with the proper footwear. This outing will take up the entire day, so bring plenty of water, snacks, and lunch. We will meet at 7am CDT to carpool from the Kmart on Donelson Pike (Exit 216C off of I-40). For more information, contact Dan Brennan (615-837-4324 / [osrwodan@aol.com](mailto:osrwodan@aol.com)) or Marie Chitwood (615-834-8674 / [mchitwood1@msn.com](mailto:mchitwood1@msn.com))

**Oct 19-20** (Sat-Sun) Car Camping and Hiking at Frozen Head State Park. Wartburg, TN. Enjoy a weekend of camping and hiking on some of the 50 miles of scenic and challenging foot trails. Frozen Head SP has some of the highest peaks in Tennessee west of the Smokies. The park has two group sites for car camping. For those who prefer more structured shelter, lodging is available in nearby Wartburg, Harriman and Oak Ridge. DEADLINE TO REGISTER for this outing is October 3<sup>rd</sup>. For additional information and to register, contact Gary Parker at 615-287-1371 or e-mail him: [garyparker@mindspring.com](mailto:garyparker@mindspring.com)

**Oct 22 MONTHLY MEETING** We're extremely fortunate and happy to present this month's guest, nature photographer Byron Jorjorian. Byron's career spans a quarter-century. In that time National Geographic, National Wildlife Magazine, the Sierra Club and Smithsonian Books have published his images, as have many other organizations. Preview his work at [www.bjphoto.com](http://www.bjphoto.com), then join us for some breathtaking images.

**Oct 25-27** Backpacking in the Great Smoky Mountains National Park. This is a two-night, three day backpacking outing. Over the course of the weekend, our elevation gains/losses will be in the range of 3800 feet – not all at one time, however. In addition, you can expect uneven terrain, rocks, roots, ruts, mud and some creek rock-hops, thereby making this an intermediate to experienced level backpacking outing. The plan, upon obtaining the required GSMNP permits (issued 30 days, or less, ahead of our arrival) is to leave Nashville early on Fri. and drive to the trailhead. We'll hike Middle Prong and Greenbriar Ridge Trails to the A.T. and stay in the Derrick Knob shelter. On Sat., we'll hike back down Greenbriar Ridge Trail and pick up Lynn Camp Prong Trail to Miry Ridge Trail, camping at site #26. On Sun., we will hike Miry Ridge Trail to Panther Creek Trail, then return to our cars by Middle Prong Trail. Mileage each day: Fri=8.6, Sat.=8.8, Sun.=6.5. Everyone is responsible for his/her own gear and transportation (carpooling is an option, no guarantees). Registration is required (by Oct 20), and space is limited to 6. For more information, call Diane Manas at 615-352-7777.

**Oct 25-27** (Fri-Sun) Phoenix, Arizona. For something different, expand your hiking horizons with a quick trip out West to tackle two popular trails in Arizona's Valley of the Sun. Join Dallas Shewmaker for a long weekend and a relatively inexpensive taste of the desert Southwest. On Fri, we'll fly into Phoenix, get an early lodging check in, and tackle Camelback Mountain. The trail at Camelback is about 2½ miles round-trip, with intense elevation gains and requires some boulder scrambling. On Sat, we'll drive south about two hours to Picacho Peak State Park outside Tucson, and hike the Hunter Trail. The Hunter Trail is about 5 miles and rated difficult because the route is steep and twisting, with steel cables (gloves are recommended) anchored into the rock in places where the surface is bare. At the time this newsletter was going to the printer, round-trip airfare was about \$250. Dallas will coordinate arrangements and costs for lodging, ground transportation and deposits based on the number going and how much "doubling up" can be done. REGISTER with Dallas BY OCT 10. For additional information, call Dallas Shewmaker at 615-260-8990 or e-mail him: [dallas@citylegalguide.com](mailto:dallas@citylegalguide.com)

**Oct 26** Trail Work Day at Radnor Lake State Natural Area. Nashville, TN. Beginning at 8am CDT until ??? (approx. 11am-1pm), we will work with Radnor Lake SNA staff doing whatever may be needed: spreading mulch on the trail, picking up litter or repairing bridges. Dress for the weather and wear clothes you don't mind getting dirty. Bring work gloves and plenty of water and snacks. For information and to volunteer, contact Dan Brennan at 615- 837-4324 or e-mail him: [osrwodan@aol.com](mailto:osrwodan@aol.com)

*Are you new to Nashville? Hiking? Interested in checking out a hiking club? Or, just want a gentler hike? Then, the following TWO hikes are just for you. Meet new, as well as seasoned hikers who also share your desire to be outdoors. You are encouraged to use this time to learn about hiking and TTA while enjoying the great outdoors with friendly people.*

**Oct 26** Newcomer's Hike on the Harpeth Woods Trail, The Warner Parks. Nashville, TN. The Harpeth Woods Trail makes for one of the most interesting hikes in the Warner Park's trail system. At only 2½ miles in length, you pass through such a variety of terrain (hills and flat areas), geology (large rutted rocks and a rock quarry), and foliage (from cedar glades to hardwoods). We will hike the trail once in each direction, making the total length of the hike 5 miles (giving you the option of hiking 2½ or 5 miles). Bring water for the hike (and snacks, if you want). Since the park will be celebrating its 75th Anniversary, our trip will include a visit to the Nature Center to view these special exhibits. After the hike, we will meet for a late breakfast/early lunch at the bagel shop in the Kroger shopping center in Brentwood. To join us, meet at the Nature Center (on Hwy 100) at 8am CDT. For additional information, call Hugh Tobin at 615-790-9567.

**Oct 27** Tree Hike on the Vanderbilt University Campus. Nashville, TN. The Vanderbilt campus contains seven Tennessee State Champion trees. We will find these trees on our stroll through the campus. In addition, we will learn about the history of Vanderbilt, while passing under a canopy of fall colors and through beautiful landscaped grounds featuring art sculptures. Meet at 2pm CST (remember to change your clocks) in front of the San Antonio Taco Company at 416 21<sup>st</sup> Ave South, across from Vanderbilt University. For additional information, call Jenice Johnson at 615-356-6246.

**Nashville Outings Continue on Page 8**

# NASHVILLE

(cont. from pg. 7)

## OTHER ACTIVITIES:

**Oct 11** Socializing & Dinner. 7pm CDT. French Quarter Restaurant, 823 Woodland Street in East Nashville. For information, call Paul Smith at 615-832-9388 or e-mail him: [paolov@bellsouth.net](mailto:paolov@bellsouth.net)

**Oct 22** Pre-Monthly Meeting Dinner. 5:15pm CDT. Bosco's Restaurant (in Hillsboro Village), 1805 21st Ave South. For information, call Paul Smith at 615-832-9388 or e-mail him: [paolov@bellsouth.net](mailto:paolov@bellsouth.net)

## PLANNING AHEAD

**Nov 2** Rippavilla Corn Maze Walk, Rippavilla Plantation. Spring Hill, TN. This is a 2½-mile walk in a corn maze designed in the shape of two mule heads, a nod to Maury County's fame as "Mule Capital of the World." This outing is rated easy and suitable for all ages. For additional information and to register, contact Katherine Pendleton at 615-360-3481 or e-mail her: [adelicia1@aol.com](mailto:adelicia1@aol.com)

**Nov 22-24** (Fri-Sun) Backpacking in the Mt. Cammerer area in the Great Smoky Mountains National Park. Contact Katherine Pendleton: 615-360-3481 / [adelicia1@aol.com](mailto:adelicia1@aol.com)

## HIKE REPORT:

On August 17, Alicia Gray arranged a 2-hour guided walking tour of Sellars Farm Archeological Park, a 70-acre park located south of Lebanon and not open to the public. The tour was led by Historian James Miller, a member of the Friends of Sellars Farm. James provided extensive background on the original inhabitants of the area who lived there during the Mississippian period of Native American habitation of Tennessee in a town at a bend of Spring Creek between 1000 and 1300 AD. After Sellars Farm, we drove to Cedars of Lebanon State Park for a 5-mile hike on the Hidden Springs Trail. This gave us the opportunity to explore several sinkholes along the trail and provided a nice ending to an educational morning.

## Shop [amazon.com](http://amazon.com) Through TTA's Website

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We have an arrangement with [amazon.com](http://amazon.com) where TTA receives a commission on all items (books, magazines, music, electronics) purchased when you enter their site through our link. It's very easy! Go to the TTA web site ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to the "To Buy!" page, then follow the link to the "VIRTUAL BOOKSTORE." Commissions are earned solely on sales made through the TTA website, therefore always enter [amazon.com](http://amazon.com) from the TTA website, and do not sign up for their one-click service.

## TTA Calendar\*

The following dates (2002) refer to statewide activities that involve TTA as a whole. To prevent scheduling conflicts with major activities planned (National Trail Days, etc.), you may want to refer to this calendar.

- Nov 8-10 Annual Meeting

*\*Calendar will be revised as needed.*

# NORTHWEST CHAPTER

(UT at Martin / Weakley County)

## CHAPTER OFFICERS:

Jim Clark 731-587-7369 / 2225 [jclark@utm.edu](mailto:jclark@utm.edu)  
Joe Seago 731-588-5836 [joeseago@backpacker.com](mailto:joeseago@backpacker.com)

## MEETS MONTHLY

UT Martin Campus, Boling University Center, Room 231, **ONLY** when college is in session. Call or visit our web site ([www.utm.edu/~jclark/trails](http://www.utm.edu/~jclark/trails)) to obtain meeting date/time.

**Oct 12** Shawnee National Forest. Last fall we hiked Jackson Hollow, and last spring we enjoyed a portion of the River-to-River Trail in Ferne Clyffe State Park. Both hikes were among our favorite events of last year. Although our actual destination is yet to be determined (Lusk Creek Wilderness Area, Bell Smith Springs), this area has so much to offer that one cannot fail to have a good time. For information, call Jim Clark at 731 587-2225.

**Oct 19-20** (Sat-Sun) Roan Mountain Backpack. Roan Mtn., TN. Chris Fox will lead a group up Roan Mountain from the US-19E side ending at Carvers Gap. This is a one-way trip and will require a shuttle. Because this backpack starts early Sat. morning, you are advised to arrive at the Roan Mtn. area on Fri. We will overnight on the area known as Big Hump (no water at the site, but GREAT views). Over the two days we'll cover a total of 14½ miles over terrain rated as strenuous to difficult due to the many hills we will climb and descend. Everyone is responsible for their own gear and transportation to our meeting spot, and ALL PARTICIPANTS MUST PRE-REGISTER with Chris Fox at 731-586-4744.

## PLANNING AHEAD:

**Nov 16** Return to Shiloh. We got half the compass trail covered last spring before running out of time. Depending on the size and makeup of the group, we will complete the trail we began or start over. Either way, by then we will have had frost, and the woods' undergrowth should be manageable. This is a great way to learn history, learn or brush up on compass skills, and have a great time on a late fall day. For information, call Jim Clark at 731-587-2225.

## Keeping In Touch . . . with TTA

The TTA List Server (e-mail distribution) is operable once again. If you would like to subscribe to receive timely notification of hiking and trail related information, visit the TTA web site ([www.tennesseetrails.org](http://www.tennesseetrails.org)) and follow the link to *Member Services*.

## TTA Gift Memberships

### Available Throughout the Year!

- ◆ Birthdays ◆ Anniversaries ◆ Christmas ◆
- ◆ Chanukah ◆ Just Because ◆

For the price of a regular membership, we will send the gift membership recipient a beautiful TTA logo patch enclosed in a card (customized for the occasion) announcing your gift. Gift memberships can be purchased by contacting Anne Wesley: [ttahiker@msn.com](mailto:ttahiker@msn.com), or 615-851-1052.

## Don't Miss an Outing . . . Plan Ahead, Register Early!

There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

## PLATEAU CHAPTER (Crossville)

### CHAPTER OFFICER:

Bill Haynes 931-707-7606 billhaynes@citlink.net  
**MEETS:** 3<sup>rd</sup> Thurs, 7pm, Crossville Housing Authority

*There is a leaderless hike every Wednesday morning at 8:30am CDT. We usually meet at the boat launch area of Cumberland Mountain State Park. The hikes are moderately paced and may average five or six miles. For information, call Bill Haynes at 931-707-7606. Rain cancels.*

**Oct 12** Twin Arches Loop, Big South Fork National River & Recreation Area. Oneida, TN. The hike is 5.9 miles and rated moderate. The Twin Arches are spectacular natural bridge formations with spans of 135 feet and 93 feet! We will also pass by several rock shelters and the Charit Creek Hostel. Bring lunch and plenty of water. We will meet for carpooling at 8am CDT in the back of the Cracker Barrel restaurant at the I-40 exit in Crossville. For more information and to register, call Michael Johnston at 931-484-6609 or e-mail him at [michael.johnston@colinkx.com](mailto:michael.johnston@colinkx.com)

*Each month prior to our meeting, we will meet at 6:45pm CST for a social get-together. EVERYONE IS INVITED! Come early to meet/greet old friends and welcome new attendees.*

**Oct 17 MONTHLY MEETING** Lisa Huff, Stewardship Ecologist for the TN Division of Natural Heritage, will present a program on "Celebrating the 30<sup>th</sup> Anniversary of the Natural Areas Act: Natural Areas of Northeast Tennessee". Join us at 7pm at the Crossville Housing Authority.

**Oct 19** Hidden Passage Trail, Pickett State Park. Jamestown, TN. This hike is 10 miles and rated moderate. You can expect to see lots of rock formations, views, and at least one waterfall. Bring lunch and plenty of water. Since parking at the trailhead is limited, please call early to pre-register. We will meet for carpooling at 8am CDT in the back of the Cracker Barrel restaurant at the I-40 exit in Crossville. For more information and to register, call Bill Haynes at 931-707-7606.

**Oct 26** Brady Mt. Clean-up in the Grassy Cove Segment of the Cumberland Trail. Crossville, TN. Our chapter adopted this segment of the Cumberland Trail, and we need everyone's help performing much-needed trail maintenance on Brady Mt. Wear clothes you don't mind getting dirty, and bring water, snacks and lunch. We will meet at 8am CDT at the Cumberland Mountain State Park Visitor's Center in Crossville. To volunteer and obtain more information, call Charlie Jones at 931-277-3228 or e-mail him: [cejones@crossville.com](mailto:cejones@crossville.com)

### OTHER ACTIVITIES

**Oct 27** Bike Ride (22 miles) the Sequatchie Valley. Contact Susan Weber: 423-533-2620.

## Carpooling Etiquette

Gas prices made a huge jump in the spring and have remained high. Analysts believe these high prices will stick around through the coming months.

Please, be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of buying gasoline.

Also, each passenger needs to tidy up the area in the car where they sat by gathering and removing debris/trash before reaching the carpool meeting location.

## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

### CHAPTER OFFICERS:

Helen Anglemier 931-858-5947 [helena@cookeville.com](mailto:helena@cookeville.com)

### OUTINGS COORDINATOR:

Sue Bass 931-528-1386 [take-a-hike@charter.net](mailto:take-a-hike@charter.net)

**NEWS:** We extend our deepest sympathy to our Chapter Officer, Helen Anglemier, and her family, on the recent death of Helen's husband, John. John was also a member of TTA and will be missed by all who knew him. Please remember Helen and her family at this difficult time in their lives.

*Please pre-register for the hikes. This lets the hike leader know who/number of people to expect. Plus, they can notify you in the event an outing gets cancelled or meeting time/place changes. Hiking boots are recommended for each hike, in addition to clothing appropriate for the weather, raingear, water, snacks and/or lunch (basically the "10 essentials").*

**Oct 12** Great Stone Door, Savage Gulf State Natural Area. Beersheba Springs, TN. We will be joining members of the Sierra Club. Savage Gulf is a favorite area to see the leaves changing, and well worth visiting at any time. The trip into the gorge is a bit challenging (and spectacular!). If you prefer, you can have a wonderful, easy hike just enjoying the vistas along the Big Creek Rim Trail. Moderate or easy, eight miles for the full hike, you can make your decision about distance prior to reaching the Rim Trail. For additional information and to register, call John Harwood at 931-528-6395 or email him: [jharwood@tntech.edu](mailto:jharwood@tntech.edu)

**Oct 14** (Mon) Lake Trail, Standing Stone State Park. Hilham, TN. Join us on Columbus Day for a hike at Standing Stone State Park. The fall colors should be at their peak and look beautiful along the lake. This 5-mile hike is rated moderate. For additional information and to register, call Barbara Phifer at 931-537-6852.

**Oct 19** North Rim Trail, Savage Gulf State Natural Area. Gruetli-Laager, TN. This will be an easy to moderate 5-to-7-mile hike along the rim of the Savage Gulf. The fall foliage should be at its peak and provide lots of color over head as well as in the gulf that we will see from the great vistas we will stop at along the way. For additional information and to register, call Willa Parish at 931-738-8175 or email her: [LEP7730@yahoo.com](mailto:LEP7730@yahoo.com)

### PLANNING AHEAD:

**Nov 2** Virgin Falls, Bowater Pocket Wilderness Area. Sparta, TN. This is a strenuous 8-mile round-trip hike, or we have the option to do a shorter 4-mile hike - just to Big Laurel Falls. Virgin Falls is formed by an underground stream that emerges from a cave then falls 110 feet back into a cave at the base of the falls. Sturdy hiking boots are a must. For additional information and to register, call Marnell Cothran at 931-738-5874.

### OUTINGS REPORT:

On Aug 22, we enjoyed a great cook-out/potluck picnic at Cane Creek Park in Cookeville. There was a lot of good food, and good company. We also planned our hikes through the first of the new year.

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE CONTACTS:

Executive Director .....Rob Weber ..... robweber@usit.net  
Resource Manager .....Arleen Scheller ..... scheller@usit.net  
Program Coordinator .....Mark Stanfill ..... TBA  
Office Manager .....Susan Weber ..... sweber1@usit.net

Office Location 19 East 4<sup>th</sup> Street  
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Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## 1<sup>st</sup> Cumberland Trail "Stump Jump" Ultra-Marathon Trail Run Tennessee River Gorge Segment October 5

Many of you have hiked the Cumberland Trail in Chattanooga...can you imagine RUNNING it? In a timed race? Yes, Ultra-Marathoners from across the country will be coming to Tennessee to run a 50K marathon on our very own CTSP! Rock Creek Outfitters of Chattanooga is hosting the race, and will donate all proceeds to the Cumberland Trail *Pathways* campaign for land acquisition. Visit the CTC website ([www.cumberlandtrail.org](http://www.cumberlandtrail.org)) or Rock Creek Outfitters website ([www.rockcreek.com/cumberland\\_race.asp](http://www.rockcreek.com/cumberland_race.asp)) for details. You can participate in the race, cheer the runners on, or help out with race logistics.

## 2<sup>nd</sup> Annual Hike Against Hunger on the Cumberland Trail October 12

Last year's event was so successful, we are hosting another "Hike Against Hunger" on the Cumberland Trail to benefit the Chattanooga Area Food Bank. Registration is 8:30am-9:30am EDT. Choose from a 2-mile, 4-mile or 8-mile course from Shackleford Ridge Park to Rainbow Lake, Edwards Point, Mushroom Rock, and enjoy the many colors of autumn, all while enjoying the outdoors and helping feed Tennessee Valley families. To register, contact the Food Bank at: 423-622-1800 or [cafb@chattanooga.net](mailto:cafb@chattanooga.net)

### THE "10\* ESSENTIALS"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- rain gear/extra clothing
- food
- map
- 1<sup>st</sup> aid kit
- compass
- flashlight
- fire starter
- hat/sunglasses

Other considerations:

- leave someone a copy of your hiking plans
- hiking poles
- common sense

\* This list is not to be considered cast in concrete – and should be customized to each outdoor enthusiast's needs.

## Welcome! Mark Stanfill !!! Our new Program Coordinator

Many of you know Mark from past CTC outings, not to mention most recently, he was TTA's Chapter Officer for the Murfreesboro Chapter. Mark is looking forward to working on the Cumberland Trail full-time, and we're looking forward to his commitment and passion for getting the Cumberland Trail completed! CTC feels very fortunate to have Mark on board to assist with our numerous program outings and complete our trail building mission!

## ... Volunteer Opportunities ... ... No Experience Required! ...

**Oct 5-6** (Sat-Sun) FrontCountry Outing in Obed Wild & Scenic River Segment. We're down to our last six miles of trail to complete this segment! We will camp at Cumberland Mountain State Park. Participants are responsible for their own food, camping gear, and transportation. Come spend the weekend building trail with us!

**Oct 10-13** (Thu-Sun) Fall BreakAway CTC will host students from the Southeast for a four-day trail building weekend on the Obed Wild & Scenic River Segment. Camping will be available at Cumberland Mountain State Park. Participants are responsible for their own food, camping gear, and transportation.

**Oct 25-27** (Fri-Sun) BackCountry Outing. Join Barry Spearman in the backcountry as we build trail to connect with the new Greens Branch Bridge on the Smoky Mt. Segment. The group will camp near Greens Branch, and hike up the hill to the work site. *"The more trail we build, the shorter the hike back to camp!"*

### PLANNING AHEAD:

**Nov 1-3** (Fri-Sun) FrontCountry Outing. Soddy Daisy, TN. We will continue working on the newly acquired Rock/Possum/Soddy Segment of the CT. We will stay at the Lutheran Church Camp near Soddy Daisy.

**Nov 15-17** (Fri-Sun) Volunteer Weekend. Join CTC and friends for an adult weekend of light trail work on the Rock/Possum/Soddy Segments. CTC will host an evening of great food and quality entertainment on Saturday in appreciation of all our volunteers who have worked with us throughout the year. The group will stay in the Booker T. Washington State Park Group Lodge in Chattanooga.

## Need More Information?

... Call / E-mail and Volunteer Today!!! ...

- ◆ Mark Stanfill ◆ 931-456-6259 ◆
- ◆ [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com) ◆

## OFFICERS:

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cejones@crossville.com

### Vice-President

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### East TN Regional Director

VACANT

### Membership

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### Cumberland Trail Conference Representatives

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### TN Rails To Trails Advisory Council

Jim Deming 615-354-9767  
jdeming@tals.org

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

Diane Manas 615-352-7777  
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## TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

### BOARD REPRESENTATIVE:

Jim Deming 615-354-9767 jdeming@tals.org  
web site: www.TNRailsTrails.org

**MISSION:** To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

### Fall Rail-Trail Events Planned for Ashland City

The Friends of the Cumberland River Bicentennial Trail (CRBT) have two events planned for October that will be of interest to hikers and bikers and outdoor enthusiasts:

- **Cumberland River Rail-Trail Bicycle Ride.** Saturday, October 19, 9:00 am CDT, \$25 registration fee (includes a beautiful T-shirt!). Two years ago, cyclists rode the scenic country roads of Cheatham County to help raise \$52,000 to purchase 1.5 miles of new trail along the abandoned railroad route that goes north from Ashland City. Thanks to the generosity of individuals and businesses, this beautiful segment - including an eagle's nest in the wetlands area alongside the river-is now open for all to enjoy. Three distances of 11, 31, and 62 miles offer families and recreational riders a chance to help raise funds for the next segment of the trail. This November, another 3.4 miles of the trail is scheduled to be paved so that more users can enjoy this historic path through nature's beauty. For a registration brochure, call Tennessee Parks and Greenways Foundation (615-386-3171) or visit their new offices at 1205A Linden Avenue in Nashville, or pick up a registration brochure at a local Nashville bicycle shop.
- **Cumberland River Rail-Trail Senior Day.** Monday, October 28, 10:45 am - 1:00 pm CST. Seniors are invited to join in a mule-powered hayride and lunch and listen to railroad stories by historian Jim Patey. Please make your reservation by calling Parks and Recreation (615-792-2655). All seniors are invited to this day of appreciation for the beauty of this corridor and the hard work of the advocates who continue to develop it.

*Next month on railtrails: The latest on the Hiwassee River corridor.*

## ADOPT-A-TRAIL NEWS

**ADOPT-A-TRAIL OFFICER:** Harold Draper 865-689-7757

Have you considered ...  
Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form,  
call Harold Draper: 865-689-7757

### Newsletter Deadlines:

Announcements and articles  
received on/before October 10<sup>th</sup>  
will appear in our  
November 1<sup>st</sup> newsletter

Articles submitted are subject to editing and  
will be included as space permits.

Please send all submissions to:

Diane Manas  
5729 Stoneway Trail  
Nashville, TN 37209  
615-352-7777

When sending by email, use both:

dmanashikes@comcast.net  
dmanashikes@yahoo.com

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

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**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**
- RENEWING MY MEMBERSHIP**

Oct 02

(Memberships are for one year, unless you have a Lifetime Membership.)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
- \_\_\_ Life Member \$500.00
- \_\_\_ Supporting (\$200.00, \$100.00, \$50.00 or other)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

Work Phone ( \_\_\_ ) \_\_\_\_\_

email \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- \_\_\_ Big South Fork
- \_\_\_ Clarksville
- \_\_\_ Columbia
- \_\_\_ Cove Lake
- \_\_\_ Cumberland Gap
- \_\_\_ East TN (Oak Ridge/Knoxville)
- \_\_\_ Highland Rim (Manchester/Tullahoma)
- \_\_\_ Memphis
- \_\_\_ Murfreesboro
- \_\_\_ Nashville
- \_\_\_ Northwest (UT at Martin/Weakley)
- \_\_\_ Plateau (Crossville)
- \_\_\_ Upper Cumberland (Sparta/Cookeville)
- \_\_\_ At Large

**Gift Memberships  
Are Available !!!**

Contact our Membership Director  
Anne Wesley (615) 851-1052  
[tahiker@msn.com](mailto:tahiker@msn.com)

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**