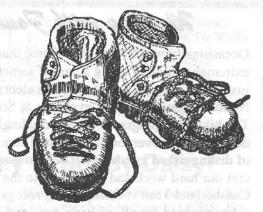
# TENNESSEE

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this

SPONSOR FOR THE CUMBERLAND TRAIL



#### 2004 Annual Meeting! November 5-7

**Pickwick Landing State Resort Park** Pickwick Dam, Tennessee See Page 4 for the Registration Form!

Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, an auction and Friday evening entertainment. The Annual Meeting will be held from Friday, November 5, through Sunday, November 7, at the Pickwick Landing State Park and Convention Center in Pickwick, Tennessee. Our hosts for this year's event are the Memphis and Northwest chapters.

Pickwick Landing State Park was a riverboat stop dating from the 1840's. In the 1930's, during the depression, the site was chosen for one of the Tennessee Valley Authority's dams on the Tennessee River. What comprises the park today was once the living area for the TVA construction crews and their families. The property passed from TVA to the Tennessee State Park system in the early 1970s. In early 1999, the state began construction of a new 119room inn and 6,000 square foot conference center. The new Inn opened July 1, 2001.

#### Lodging:

Inn Rooms – The rooms have two queen size beds and are located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a balcony and picturesque view of the lake.

Cabins – A two-night stay is required and for these cabins the price shown is the two-night rate. The cabins sleep eight and have two bedrooms, each with two double beds and 1 bath. Linens are provided. The kitchens are stocked with pots, pans, and cutlery. They are located in a wooded area ½ mile from Pickwick Inn & Conference Center.

Camping

There are 48 sites with hook-ups 20/30/50 amp electric and available on a first come, first serve basis. Each site may contain up to eight people but no more than three tents. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electrical hook-ups 20/30/50 amp electric. A central bathhouse with showers is close by. Campsites are located about 1 1/2 mile from Pickwick Inn & Conference Center.

#### Meals

A 15% gratuity is included in the cost of all meals. All meals are all-you-can-eat buffet.

#### A Big "THANK YOU!" to the **Savage Gulf State Natural Area Trail Work Volunteers**

We are very appreciative of the outstanding effort made by TTA volunteers on May 15 and May 22 to install water bars at the Collins West section of the Savage Gulf State Natural Area!

A heartfelt "Thank You" goes out to the following hard working volunteers: Dawn Odette, Martin McCullough. Cathi Close, Stephen Salita, Doug Ratliff, Taylor Ratliff. Robert Davis, Anne Wesley, Ron Dunn, Mike Harvey, Cindy Walinski, Jim Schroeder, and Brent Morris.

In the words of Jim Schroeder, the volunteers redefined the meaning of the term, "Trail Mule." The work involved carrying water bars (four foot long wooden 4x4's), heavy bundles of re bar (metal rods), and tools over a distance of two miles to the installation site - a section of badly eroded trail near Horsepound Falls. Installing the water bars was no small task either. It took lots of sledge hammering to drive the re bar through the rocky soil to secure the water bars. By the end of the two sessions, the volunteers repaired approximately 100 yards of the trail by installing nearly 70 water bars! Although the work was difficult, it was very rewarding. There is nothing quite like the feeling of knowing that you have made a lasting contribution to such a worthwhile cause! Submitted by Brent Morris.

### Walking with Fount

Occasionally we have an experience that makes us extremely proud of being a part of something. I had just that feeling on June 5 when I celebrated National Trails Day with everyone at Soddy Daisy. The hikes and programs were exceedingly well done and held everyone's interest. There were a lot of distinguished guests and it was so good to see that our hard work and dedication to the Cumberland Trail is finally being recognized and acknowledged for all we have done and what is left to do. Such recognition by the state, local, and national entities is most encouraging in our continued efforts to get the Cumberland Trail brought to fruition. I suppose however, that the greatest thrill for me came when we recognized and honored those who are responsible for the concepts and the physical labor that it has taken to get us this far and will inspire us to continue. The founders of the Tennessee Trails Association that were there were honored and esteemed for their example and foresight. We were able to show our appreciation to Donald Todd, Bob Brown, Sam Powell and Mack Pritchard for their part in forming and setting up a standard for us to follow. I had a chance to visit with each of these distinguished gentlemen and felt a sense of continuation through their conversations. We all need to show our gratitude for the guidance we have received from these founding members of our organization.

We also need to recognize and appreciate those that are out there at the front of current efforts to keep the project going to completion. There are those that are dedicated to this effort and have spent thousands of collective hours in seeing that things are done to keep the Cumberland Trail a viable entity. They have sacrificed a lot to see that this project continues to thrive. Several of these individuals were also recognized and applauded. At the risk of leaving names out, these still need to be brought out...Jim Schroeder...Warren Devine ... Monty Matney... Rob Weber... Bobby Fulcher...just to name a few. Please take a moment and let these people know how much you appreciate their efforts to make this trail a reality for ourselves and for generations to come. I would have liked to have seen a lot more TTA members there...those that missed it missed a good time and an inspirational experience.

I will have traveled to Meridian, Mississippi on June 11 to meet with a group of interested individuals who want to consider starting a statewide hiking organization in Mississippi. To date no such group exists. They are being encouraged by a number of state agencies including the Department of Tourism and the Mississippi Development Authority. They have asked me to meet with them and share some ideas with them. They have looked at TTA and have indicated they would like to use us as an example of how their organization should be set up. It's an exciting time for hiking in the Southeast and we will welcome a new member to the Southeast Foot Trails Coalition if we can get a group going for our neighbor to the South. There are a number of opportunities for such a group and we should be proud to assist them in any way we can to make them a strong and viable force in the Southeast.

We have experienced some unusually hot, humid weather and some of our scheduled hikes have suffered from it. We do need to be more cognizant of extreme weather, but let's not quit completely! If you encounter these conditions, you may want to abbreviate some of the longer more strenuous hikes. Be aware of the hikers you have if you are a hike leader and adjust to the conditions. I'm looking forward to seeing you somewhere on the trails!

Enthusiasm is contagious...Let's start an epidemic! Fount

#### TTA's Calendar\*

The following dates in 2004 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to either prevent scheduling conflicts or to volunteer to get involved with major activities planned (National Trail Days,

Aug 7 Board of Directors' Meeting

Ellington Agriculture Center, TWRA

Office, 1:00pm CT, 5105 Edmonson Pike, Nashville

Sep 8 National Public Lands Day

Nov 5-7 TTA Annual Meeting

Pickwick Landing State Park.

\*Calendar will be revised as needed.

#### CUMBERLAND TRAIL CONFERENCE

CTC Advisor......Rob Weber.....robweber@usit.net

#### **CUMBERLAND TRAIL CONFERENCE STAFF:**

Office Location

19 East 4<sup>th</sup> Street Crossville, TN 38555

Office Hours

8am-5pm 931-456-6259

Phone: Fax:

931-456-6259

Email: cumberlandtrail@rocketmail.com Website: www.cumberlandtrail.org

#### National Trails Day 2004 - A Fine Day in Soddy-Daisy!

The Cumberland Trail Conference, its volunteers, its partners, and its friends celebrated National Trails Day on June 5 with great gusto. Joining with co-hosts American Hiking Society, City of Soddy-Daisy, National Park Service's Rivers, Trails & & Conservation Assistance Program, and Tennessee State Parks, CTC dedicated the 5,000-acre Rock, Possum, and Soddy segments to the people of Tennessee.

The day began with 3 hikes in the Rock Creek and Possum Creek gorges, led by **Chris Miller** of Sale Creek, **Carolyn Miller** of Crossville, and **Caroline Woerner** of Signal Mountain. Volunteers from CTC and TTA joined with volunteers from Chattanooga Hiking Club and Sierra Club to help these hike leaders manage the large numbers of people who came out to hike through the Gorgeous Gorges. More than 140 pe ople, most of whom had never before set foot on the Cumberland Trail, came out to enjoy the hikes. They returned with words of praise for the volunteers who put such hard work into the project.

Those of you who have spent time on corridor clearing, sidehill cuts, rock staircases, and bridges should know that those of us at the registration table had the extreme pleasure of hearing expressions of awe from the hikers as they returned from the Rock and Possum Creek trails. They recognized the hard work that went into creating the trail, and many of them voiced their appreciation and their compliments for a job well done. Especially heartwarming were the number of people whom we've never seen before who said that they'd be interested in getting involved in trailbuilding. You can bet that they'll be receiving information, forthwith, on how they can do that!

A mid-day ceremony highlighted the connection between hiking and health. American Hiking Society had chosen "Trails and Health – A Natural Connection" as its theme for this year's events. The participation in our event by **Dr. John Librett** from the Centers for Disease Control in Atlanta, Memorial Healthcare System (Chattanooga), and the Hamilton County Health Department highlighted that connection.

Speaking to the several hundred people who attended the event were **Jim Adams** (Mayor of Soddy-Daisy) who has been very supportive of our work in the gorges right in his city's backyard; **Justin P. Wilson** (Attorney, former Deputy Governor in the Sundquist administration) who is largely responsible for the state and federal support which has made so much possible over the last few years; **Mary Margaret Sloan** (President of American Hiking Society)

- she had almost 100 events to choose from across the 50 states and Puerto Rico – she chose to come to OURS; Jim Fyke (Deputy Commissioner, Tennessee's Department of Environment and Conservation); Jack Benson (Chairman of the Chattanooga City Council); Rex Boner(Vice President, The Conservation Fund), CTC's major partner in the logistics of acquiring the Rock, Possum, and Soddy gorges; Betsy Child (Commissioner of Tennessee's Department of Environment and Conservation) who has administrative responsibility for all Tennessee State Parks; Dr. John Librett (Health Scientist with the Centers for Disease Control in Atlanta), and our own Barry Spearman (Interim Director of CTC).

Speeches were short since hikers aren't inclined to listen to long ones! But, they each praised the work of all the partners in the Cumberland Trail effort, and noted the health and recreation benefits of the trail. A standing ovation was given to the CT Founding Fathers who were all present -Bob Brown, Sam Powell, Mack Prichard, and Donald Todd, all of whom were present. (Evan Means, the 5th member of this esteemed group, has passed away but is certainly not forgotten.) Others singled out for acknowledgement of their work were Rob Weber-CTC's first Executive Director, and the designers of the trail through the gorges: Jim Schroeder, Monty Matney, Warren and Carol Devine, and Bobby Fulcher, CTSP Manager. And last, but certainly not least, were the volunteers who build this trail and the hikers who are the very reason we exist!

As with almost all Cumberland Trail events since the day Bobby Fulcher got involved with us, music played a big role in the day. (Thanks, Bobby!) Music was provided by Piney Ridge Bluegrass Band, Charlie Acuff (with Bobby Fulcher and Joseph Decosimo), and our own very special Carl Turner.

So ... for CTC, National Trails Day 2004 was a great day. Thanks to all the volunteers who pitched in to help, whether it was sitting at booths, leading hikes, preparing food, or running errands. TTA members who were special godsends were Libby Francis, Karenand Gary Cooper, Jim and Jenice Johnson, Caroland Ray Haley, Betty Porter, Fount and Anna Bertram, Jim Lifsey, Carolyn Miller, Bill Leiper, Mike Harvey, Shirley Ora, and Fran Wallas.

It was fun. The weather was glorious. We got lots of pats on the back from our partners and friends. And our resolve is strengthened to move forward and put more trail on the ground so we can have even more to celebrate in the future!

### 2004 TTA Annual Meeting Registration Form

November 5 - 7, 2004

Pickwick Landing State Park Park Road Pickwick Dam, TN 38365-0015 800-250-8615

#### DUE ON OR BEFORE October 5, 2004

:				Name:			Nan	ne:			
SS:					City:				State:	Zip:	
e: (	)			E-mail:							
er:				was stated							
SING-	The following	accomn	nodation	s are availabl	e Reservati	ons mu	st he made	directly	with Pickwi	ck Landing St	tato
ver, pl	ease provide	the deta	ails of yo	our reservati	on for plann	ing pur	poses. All re	ooms are	on a first co	me, first serve	ba
Tennes	see Trails Ass	sociation	Group (	ode 2165 wl	nen making re	servatio	ns. Reserv	ations n	nust be mad	e by October	5, 2
are the	nservanen) w	and Co	Inn Door	a au Cabin fa	Depart		ia alema				
are the	e person reser		inn Roor		r a group, pies	ase prov	ride the nam nai		se snaring w	ith you.	
? }						io rois	riai		3100V22401.3		
STATE TO ATT.		26,012,324,534	N. E. WALLEY			burter					
ROOMS	- 70 Rooms a	are on ho	old and ra	ates are base	ed on type of i	oom pe	r night - 2 qu	ueen bed	s with private	e bath	
	Inn Rooi	ns:	Fri	Night Rate	/2 neonle	@	\$78.00	Total \$			
	le lo di la	II COLLEG	Sat	Night Rate		@	\$78.00	-		Table order origina	
			onsgod	each additi		@		Total \$		BEE BROM -	
	Ouites a	illert e	a bald 4	reation berk	oor bass	C	0.5-45-		andonak's on	Lac Not have	
				Night Rate	living room s		\$224.00	T-4-1 C			
	2 Bed S	uites	Fri Sat	Night Rate		@	\$224.00			<del>a kra</del> tsorcilo	
				ANGES OF STREET		@			THE SECTION	ORW May by 8	
AA	A Cabins (3 ca	abins are	on hold	<ul><li>2 Bedroom</li></ul>	total 4 doubl	e beds.	1 bath, capa	acity of 8	people)		
	AAA Cal	oins:	Fri	Night Rate		@	\$120.00	Total \$			
	reach Problemsheri	sah wati	Sat	Night Rate		@	\$120.00		REPROPERTY.	sensor to our	
0.41	ADIMO AII	enfine v i	2	emorna, and	toruselt	. 1. 231		(Delistra da		TO, LEGICO PROPERTY	
CAI	MPING - All s	ites are	on a tirst	come, first-s	erve basis. T e details of y	ne cam	pground has	a total o	t 48 sites wit	h hook-ups (20	0/30
	dill	electric	). <u>Fleas</u>	e provide til	e details of y	our res	ervation for	piannin	g purposes	S. O. WILLIAM DAY	
	Friday N										
			(2 peop	e)	# of Peop		@	\$15.50			1227
	RV Ca	amping:		Uli cambile r	# of Peop			\$17.50			
				CAMPERS	# of Peop	e	@	\$ .50		NO SERVICE AND ADDRESS.	MAIL.
	0.4.4	Fig. at Application of the	en unde	7 free							
ell dit	Saturda		(2 people	1	# of Doon			045.50			
		amping:		9)	# of Peop # of Peop			\$15.50			401.4
	RV Ca			CAMPERS				\$17.50	138903-134		mb.
	action show		en unde		# of Peop	e	@	\$ .50	Bernasia		ET I
ME	ALC: (Fri Dir				R 06	it Dy	III OUT EVEN				
	ALS: (Fri. Din								ED SID MOS		
	DAY	Dinner			of People				Total \$	icniumsty, sta	
SA	TURDAY		st Buffet	# #	of People	_ X			Total \$	mac Lnottems)	
		Box Lur		#	of People	x	\$ 6.95		Total \$	- Apitox	
011	IDAY.	Dinner		ot samet#	of People	_ X	\$14.00		Total \$	na nati an ani-ta	
	NDAY		st Buffet	DER HESTO #	of People of People	- x	\$ 8.30 \$15.00		Total \$		
	GISTRATION										

Please complete this Registration Form and mail it with a check for your registration fee and meals made payable to: Tennessee Trails Association c/o Jim Clark, 307 S. McCombs, Martin, TN 38237 Phone: 731-587-2225 jclark@utm.edu

An email confirmation or postcard will be sent to you upon receipt of your check and registration.

### Don't Miss an Outing ... Plan Ahead, Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by registering! There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

#### **BIG SOUTH FORK CHAPTER**

CHAPTER OFFICER: Thomas Howell

423-628-5521, tshowell@nxs.net

SECRETARY-TREASURER: Benita Howell

423-628-5521 or 865-974-7797, bhowell@nxs.net

**BOARD REPRESENTATIVES:** Tim and Lynn Takacs

615-824-7048, lynntakacs@comcast.net or

ttakacs@comcast.net

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Kathy Hicks 865-938-6846, khudson3@utk.edu

July 17 Obed Wild and Scenic River segment of the Cumberland Trail, Wartburg, TN. We will hike 2.5 miles from the Nemo Bridge Trailhead to Alley Ford on the Obed River for lunch, then return for a total hike of 5 miles. This hike is rated moderate due to elevation changes but is mostly on open trail in woodland. Meet at the Harrow Road Cafe in Rugby at 10:00 a.m. ET to carpool, or plan to meet us at the trail head at 11:00 am. ET. Because of limited parking near the trail head, we will park and meet in the picnic area parking lot on the Wartburg side of Nemo Bridge. Dress appropriately for the weather (we hope for low humidity and moderate temperature), and bring water, lunch, and insect repellant. For additional information and to register, contact Wil Thornthwaite at will@thornthwaite.com.

#### CLARKSVILLE CHAPTER

CHAPTER OFFICER: Bill Hamilton 931-920-2760, billhamilton@charter.net

**OUTINGS COORDINATORS:** 

(call & volunteer to lead an outing)

Suva Bastin 931-645-2849 Sandra Janus 931-551-8523

MEETING: Monthly - 3<sup>rd</sup> Tuesday at 7:00 pm CT,

Crow Community Center, 211 Richview Rd

<u>July 10</u> Whitewater Rafting – Nantahala River, NC. Overnight car camp. Call Bill Hamilton for reservations - 931-920-2760.

<u>July 17</u> Annual Picnic. Dunbar Cover State Park. 4:00 pm. Meet at the mouth of the cave. We wil hike, eat, and maybe hike again. Bring covered dish and drink. Plates, etc. will be furnished. To register, call Suva Baston at 931-645-2849.

<u>July 24</u> Big Cypress Tree State Natural Area. Greenfield, TN. There may be a surprise stop or two on this day. To register, call Suva Baston at 931-645-2849.

<u>July 31</u> Burgess Falls and Poly Branch Falls. Sparta, TN. Hike and swim in Caney Fork River. 5 miles. To register, contact Sandi Hamilton at 931-920-2849 or James Neblett at 931-387-3317.

#### Attention: Hike Coordinators

A TTA <u>Release of Claims & Hold Harmless</u> <u>Agreement</u> form (aka "Liability Waiver") must be signed by everyone <u>before you start your hike</u> or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site:

www.tennesseetrails.org/release.php

#### **COLUMBIA/FRANKLIN CHAPTER**

CHAPTER OFFICER: Rick Lausten

615-373-0029, saturncar1@aol.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Tanya Juday 931-490-0856

MEETING: Monthly - 1st Tuesday at 6:30 pm CT

Grand Buffet (North of Spring Hill)

July 5 MONTHLY MEETING 6:30 pm the Grand Chinese Buffet 5228 N. Main Street Springhill, Tennessee. Mike Serkownek, wildlife photographer will be our guess speaker. Mike will share photos he has taken of Tennessee wildflowers. Please join us as we enjoy the wildflower program and dinner at the Grand Buffet. Discount coupons are available online at

www.chinagrandbuffet.com/coupon.jpg.

July 10 Russell Smith will lead a hike on the Natchez Trace at Garrison Creek Trail. We will meet for the moderate 3.7 mile loop at Garrison Creek Trail Head south of the Arch Bridge at Hwy. 96 West of Franklin at 8:30. To register, contact Russell at 615-790-1833.

July 17 Another hike on the Natchez Trace. This week Kerry Sumners will lead our hike on the Little Swan-Meriwether Lewis Trail, an easy to moderate 4.3 mile loop. We will meet at the Thompson's Station Kroger on Hwy. 31 and leave at 7:00. To register, contact Kerry at 615-790-4013.

July 31 Spend a laid back day in Lynchburg. We will have lunch at Miss Mary Bobo's and tour the town and the Jack Daniel's Distillery. Reservations are required, contact Bobby Hardeman at 615-305-7955 or at puttr22@aol.com. Cost for lunch is \$15 per person and is due at the July 5 meeting. This is a great experience so don't miss out.

#### HIKE REPORTS

On May 8 Rick Lausten led 7 of us on a hike of the Fiery Gizzard/Dog Hole Trails. Afterwards, seven tired, hungry but happy hikers had dinner at Shenanigan's in Sewanee.

On May 8&9 Brian Zimmerman led an overnighter at Land Between The Lakes.

On May 22 Russell Smith led our chapter as we worked on the trail at The Big Dig on The Cumberland Trail near Soddy-Daisy. Marvin Cain, Rick Lausten and Bobby Hardeman participated.

#### PLANNING AHEAD

August 3 MONTHLY MEETING. Our guess speaker will be Pandy English of the Tennessee Wildlife Resource Agency. Pandy will speak on Tennessee wildlife.

#### (cont')COLUMBIA/FRANKLIN CHAPTER

August 14 We will hike Mousetail Landing State Park near Linden, Tennessee, Bill Clardy is scheduled to lead but we need a back up should Bill have a change in his schedule.

August 28 Marvin Cain will lead a hike on the John C. Clayborn Millennium Trail at Edgar Evins State Park.

September 11 Kerry Sumners will lead a hike on The Greeter falls Trail at Stone Door.

September 25 We will hike The Pickett Trail Loop – we need a leader for this hike.

October 16 Bob Warnica will lead a hike to Virgin Falls.

October 23&24 Ernie Stewart will lead an overnight at Roan Mountain.

October 30 Bobby Hardeman will lead a hike on the North Rim and North Plateau Trails to Hobbs Cabin at Savage Gulf.

#### COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm

865-426-4472, RHelm@ahss.org

CO-CHAIR: Mari Haslam

423-562-3227, pittsteelersfan@earthlink.net MEETING: Monthly - 2<sup>nd</sup> Monday at 6pm ET

LaFollette Recreation Center's Craft Room, 201 S. 9th St.

<u>July 17</u> Breakfast trip to Lost Sea in Sweetwater. To register, contact Faith Dippold at 423-566-8026.

### EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall

rosemary\_l@hotmail.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Bob Uhren W Musikony I at web wood biel a

snowcap34@charter.net

TREASURER: Harold Draper, h.m.draper@att.net

July 10 Tellico Dam, Halls Bend Trail. Halls Bend is a 3 to 4 mile nature trail along the edge of Tellico Lake. It is an easy hike on a soft mostly level trail. There is one short climb up to a small rock bluff but it is quick and not very steep. Along the way we should get a chance to see some of the water fowl that inhabit the area along with great views out across the lake. Wear sturdy shoes and bring along plenty of water and snacks. We'll meet at 9:30 a.m. ET in Maryville in the Foothills Mall parking lot in front of Goody's. For more information and to register, contact Bob Uhren at 865-748-9227 or snowcap34@charter.net.

July 24 Big Ridge State Park. We will hike approximately 7 miles in Big Ridge State Park. Several trails intertwine and we will touch on at least five different trails. All are rated moderate and full of history. So, please ioin us for a pleasent and informative hike. Meet at 10:00 am. ET at the Ranger Station (welcome center) at the park entrance. Directions: Take I-75 north and right at the Clinton/Norris exit; follow this road approximately 12 miles, then left to the Big Ridge State Park entrance. For additional information, contact Rosemary at 865-548-6171 or rosemary\_1@hotmail.com.

### HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff of a another boost solid and

931-455-0249, dougratliff@hotmail.com

MEETING: Monthly - 3<sup>rd</sup> Tuesday at 7:00 pm CT

D.W. Wilson Center, 501 N. Collins St., Tullahoma

July 20 MONTHLY MEETING. Join us to hear Cathi Close share her adventures hiking the Appalachian Trail! For quite some time, Cathi has been section hiking the AT and this is her year to finish the whole distance. This is one program you won't want to miss! New hikers and guests are always welcome! See you at 7:00 pm CT at the D. W. Wilson Community Center, 501 N. Collins St., Tullahoma. After the meeting, join us for dinner or dessert at a local restaurant!

July 31 Short Springs State Natural Area near Tullahoma, TN. This is a joint hike for the Highland Rim and Murfreesboro chapters. Join us for a short and fairly easy 2- to 3-mile scenic hike to Machine Falls. Bring water and a snack if desired. After the hike, some folks may choose to have lunch at a local Manchester restaurant. To register, contact (Highland Rim) Brent Morris at bmorris@edge.net or 931-454-1718 and (Murfreesboro) Jeanne' Hoechst-Ronner at hoaxie@comcast.net or 615-890-9084.

#### JACKSON CHAPTER

CHAPTER OFFICER: Lee Sparks
731-298-1658, leesq@bellsouth.net
MEETING: Summer Monthly Meeting at
North Park, June 1, Picnic 6:30 pm

July 30 Full Moon Hike and Meeting at North Park (NOTE:LOCATION CHANGE). Meet at North Park on North Highland Avenue for a picnic and walk. Bring a picnic dinner (pack from home or stop along the way and pick up dinner). Park your car and meet us at the tennis courts at 6:30 and we will find a covered pavilion at the park to eat and hold an informal meeting. For those meeting us after the picnic, meet us at the pavilion at 7:30 for a 1-mile loop trail, we will walk once or 4 times...it's your choice. To register, contact Ellen Volet at 731-427-03666

**NOTICE:** Hikes may be cancelled due to bad weather so call the contact person for hike updates.

#### MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce

901-755-5635, cedpierce2000@yahoo.com
BOARD REPRESENTATIVE: Gloria Lenski

901-213-0604, glorialenski@yahoo.com

MEETING: Monthly (Sep-May) 3<sup>rd</sup> Thursday at 7:00 pm CT Germantown Library

It's vacation time! No chapter meeting and hikes are scheduled for the months of June and July. Next event will be the Memphis Annual Picnic on Sunday, August 22. In the meantime, check out other TTA chapter hike listings and join a hike!

#### MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram (also Board Rep.) 615-765-5357, abertram@heartoftn.net **OUTINGS COORDINATOR:** 

(Call & volunteer to lead an outing) Ron Dunn

615-867-3301, trekkingtn@yahoo.com

MEETING: Monthly - 2nd Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station

697 Barfield Rd., Murfreesboro

July 13 MONTHLY MEETING is replaced with a Family Picnic - Cookout! We'll meet the same date, same place but an hour earlier, starting at 6:00 pm. This is a rain or shine event with indoor as well as outdoor facilities available. The T.T.A. will furnish hamburger patties, hot dogs, buns, plates, cups, and plastic eating utensils. Let us know by the 6th if you need vegetarian patties or "dogs" so we can buy them. What to bring? Bring a covered dish, and beverage to share. The Caney Fork Bluegrass Band will entertain us, so you may want to bring your dancin' shoes! And, of course, bring your family!

July 24 Cool waterfalls abound in this double feature hike and outing in beautiful Middle Tennessee! The first feature will be Burgess Falls State Natural Area between Sparta and Cookeville. This area lies on the eastern edge of the Highland Rim adjacent to the Cumberland Plateau. It is characterized by sheer bluffs, narrow ridges, rolling water and abundant mixed forest. The Falling Water River flows through it, providing breathtaking scenery and numerous waterfalls. We'll hike the River Trail and descend the stairs to the basin and play a while before returning along the same trail. This short hike of about 2 miles is rated moderate for changes in elevation. After stopping for lunch at Gribbles, a well-patronized country restaurant, we'll proceed to Rock Island State Park near McMinnville to relax and play some more. Here we'll experience Caney Fork Gorge, a lovely place between the Great Falls Dam and the Twin Falls. This is a popular area for rock hopping, swimming and fishing. Depending on the heat index and the desires of the group we may just laze here in the cool or we can hike the 3 mile Collins River Nature Trail loop along the outer edge of the Collins River Peninsula before returning home. We'll leave from Hardee's on Highway 70 S in Woodbury at 9:00 am. Car pooling from Murfreesboro to Woodbury is possible. Wear sturdy shoes or boots and bring extra drinking water. Shoes for wading, and swimwear are optional. Bring money for lunch. To register or for more information, contact Anna or Fount Bertram at abertram@heartoftn.net or 615-765-5357

July 31 Short Springs State Natural Area near Tullahoma, TN. This is a joint hike for the Highland Rim and Murfreesboro chapters. Join us for a short and fairly easy 2- to 3-mile scenic hike to Machine Falls. Bring water and a snack if desired. After the hike, some folks may choose to have lunch at a local Manchester restaurant. To register, contact (Highland Rim) Brent Morris at bmorris@edge.net or 931-454-1718 and (Murfreesboro) Jeanne' Hoechst-Ronner at hoaxie@comcast.net or 615-890-9084.

#### NASHVILLE CHAPTER

**CHAPTER OFFICER:** David Furse 615-308-7988, dfurse@comcast.net

**OUTINGS COORDINATOR:** 

(call & volunteer to lead an outing) Nancy Juodenas, njuodenas@hotmail.com

Sue Waldrop

MEETING: Monthly - 4th Tuesday at 7:00 pm CT

TN Wildlife Resources Association meeting room at Ellington

Agricultural Center, 5105 Edmondson Pike

HIKING HOTLINE - 615-367-7045

July 3 Beaman Park 1st Saturday Hike Joelton, TN. Join Friends of Beaman Park as we explore one of Nashville's newer parks being developed by volunteers. Our hike is from 9:00 am until 12:00 noon CT on terrain rated easy to moderate. We will meet at the spring on Little Marrowbone Road. For information and to register, contact the Warner Parks Nature Center at 615-352-6299.

July 4th Grundy Forest Day Loop, Tracy City, TN. We will hike the Grundy Forest Day Loop with an extra mile to Sycamore Falls for a swim. We will pass numerous waterfalls, a plunge pool, old growth trees and a cascading stream. This is a good warm weather hike as it is usually cooler in the canyon. Bring water, snacks, hiking shoes and swim wear. The total hiking mileage will be 3-4 miles and it is rated easy to moderate. We will have a 4th of July cook out after the hike. If you wish to stay for this, bring something to contribute to the picnic. To register and for information, contact Nancy Juodenas at 615-643-0936 or njuodenas@hotmail.com.

July 10 Falls Creek Falls State Park This 3.4 mile hike features spectacular views of Cane Creek Cascades, Rockhouse Falls and Falls Creek Falls. We'll make the steep descend to the bottom of Fall Creek Falls, witness 325 million years geologic development, see one of the few remaining stands of virgin forest, and finally enjoy cool spray and pool at the bottom. Hike rated easy overall, but difficult climb down/back from base of falls. Bring lunch and swim trunks. We will meet to carpool at 8:00 am CT at Target parking lot on Bell Road at I-24. Contact David Furse at dfurse@comcast.net or 615-308-7988.

July 17 Hidden Passage Trail, Pickett State Park, Jamestown, TN. We will be looking for blueberries to snack on during our hike on this lovely trail. It follows the 1,500-foot contour above Thompson Creek and then above Rock Creek. The 8mile loop passes Indian rock houses and other interesting rock formations and a waterfall. The trail is rated easy because it is almost flat, moderate for the length. Please wear sturdy boots and bring lots of water, snacks and lunch. To register and obtain meeting time and location, call Jim Poteet 615-824-7666.

July 24 Newcomer's Hike Bryant Cove Trail, Long Hunter State Park. The trail is 4 miles one way and rated easy. We will plan to shuttle back unless the group wants to walk in and out. Wear sturdy shoes due to rocks and roots on the trail. The trail follows the lake and ends at a picnic and swimming area. Bring your swimsuits, water, snacks and picnic lunch. We will plan to meet at the Long\_Hunter State Park playground parking lot. To register and for meeting time, contact Sue Waldrop at boots 1028@bellsouth.net or 615-662-7594.

July 25 Ramsay Cascades, Great Smoky Mountains NP. 8.0 miles. rated moderate for, elevation. We will hike up the backside of the Greenbrier Pinnacle on an old narrow roadbed for the first 1.5 miles, then 2.5 miles on your typical GSMNP trail, steep, rocky, muddy, and beautiful. We will cross over several footbridges and do some mild rock hopping towards the top. We will hike through old growth forest with some rather old, tall, and beautiful hardwoods. We will stop for lunch, and enjoy the 90' tall cascades at our halfway point, then hike back down for 4.0 miles. (cont')

#### (cont') NASHVILLE CHAPTER

(cont' July 25) Please bring your rain gear, the cascades have a really cold mist/spray falling from them no matter what time of the year and it can get somewhat cold up there. Hiking boots are required due to the rocky segments and rock hopping. Meet at 6:00 am at Kinkos on Donelson Pike for the Nashville chapter and 10:30 am ET at the Sugarlands Visitor Center for the East TN chapter members that wish to join us. To register (required), contact BTMAHONEY@aol.com.

### NORTHWEST CHAPTER (UT at Martin / Weakley County)

CHAPTER OFFICER: Jim Clark

731-587-2225, jclark@utm.edu

MEETING: usually the 2nd Thursday

Call for confirmation or visit our chapter website.

Meetings start at 7:00 pm CT

UT Martin Campus, Boling University Center, Room 231

WEBSITE: www.utm.edu/~jclark/trails/

The Northwest Chapter is done meeting for the summer. You are welcome to attend other chapter's (13 to choose from) outings, events and meetings.

### PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: Carolyn Miller

931-260-6674, cardan@usit.net

MEETING: Monthly - 2<sup>nd</sup> Thursday at 6:30 pm CT, Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street in Crossville

There is a leaderless hike every Wednesday morning at 8:00 AM CT. The hikes are moderately paced and may average 5 to 6 miles. For additional information or to get on an e-mail list for the hikes, contact Bill Haynes at 931/707-7606 or billhaynes@citlink.net. Rain cancels.

<u>July 3.</u> Piney River hike, picnic, and swim. We will start with a hike up to the overlook, take in the scenery, and return to the parking area. This is about 3 miles total, moderate to easy with one climb. We will then pick up lunches and drinks for the 1/2 mile walk along the river to the picnic/swim area. Meet at Cumberland Mountain State Park 9:00 am CT to carpool. To register, contact Bill Haynes at 931 707-7606.

<u>July 8.</u> Regularly scheduled chapter meeting. Meet at 5:30 pm at the Community Room of the Art Circle Public Library. Let's meet and plan hikes for the next few months.

#### SODDY DAISY CHAPTER

Arleen Decker 865-856-7262

This chapter is being reorganized. For further information, contact Arleen Decker at 865-856-7262. In the interim, you are welcome to attend other chapter's (13 to choose from) outings, events and meetings.

### UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Richard Savage

931-526-2035, savage\_richard@hotmail.com

July 10 Honey Creek Trail, Big South Fork NRRA, Jamestown, TN. This trail features waterfalls, rock houses, and gorge overlooks. The trail, which is 5 ½ miles long, is rated difficult because of rock scrambles, stream crossings, and steep slopes. Bring snacks, water, and lunch and wear sturdy hiking boots. You can meet us at 8:00 am in the Penney's parking lot in Cookeville. For information and to register contact Cindy Walinski at 931-394-3413 or cwalinski@blomand.net.

## TTA Gift Memberships Available Throughout the Year!

- ◆ Birthdays ◆ Anniversaries ◆ Valentine's Day ◆ Boss' Day
- ♦ Mother's Day ♦ Graduation ♦ Father's Day ♦ Halloween ♦
  - ♦ Hanukah ♦ Christmas ♦ Just Because ♦

For the price of a regular membership, we will send the gift membership recipient a beautiful TTA logo patch enclosed in a card (customized for the occasion) announcing your gift. Gift memberships can be purchased by contacting Toni Reeves 615-790-3839; tonir@bellsouth.net.

#### LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- □ Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.



Sign up for the Annual Meeting! Your Registration Form is on Page 4!!

#### OFFICERS:

#### President

Fount Bertram

615-765-5357

fwbertram@heartoftn.net

Vice-President

Anne Wesley

615-851-1052

ttahiker@msn.com

Treasurer

June Parker

615-832-5418

jmparker13@hotmail.com

Secretary

Nancy Juodenas

615-643-0936

njuodenas@hotmail.com

Past President

Leigh Jones

931-484-5298

cejones9@earthlink.net

**Past President** 

Libby Francis

615-889-5718

libbyslibbys@comcast.net

West TN At-Large Director

Jerry Lenski

901-255-6574

jlenski@yahoo.com

Middle TN At-Large Director

Brent Morris

931-454-1718

bmorris@edge.net

East TN At-Large Director

Arleen Decker

865-856-7262

Membership

Toni Reeves

615-790-3839

tonir@bellsouth.net

**Cumberland Trail Conference** 

Representatives

Sandra Spearman

931-839-2320

sandbar@multipro.com

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Tina Dean

editor@tennesseetrails.org

#### **Newsletter Deadlines**

Deadlines for Chapter announcements and articles of special interest are due as follows:

Due F

For Newsletter Dated

July 5...... August 1

August 5.....September 1

September 5.....October 1
Articles submitted are subject to editing

and will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

#### ADOPT-A-TRAIL NEWS

#### **ADOPT-A-TRAIL OFFICER:**

Harold Draper

865-689-7757

h.m.draper@att.net

### Have You Considered ... Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form, contact Harold Draper at 865-689-7757

### TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

website:

www.TNRailsTrails.org

TRAC is in the process of being reorganized. Stay tuned for further information.

MISSION: To act as a resource and mentor for planning, development, and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors, and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

### Tennessee Trails Merchandise Order Form

#### TTA turned 35 in December 2003! Celebrate TTA's Birthday, and show your affiliation with pride!

TTA 35<sup>th</sup> Anniversary Commemorative T-Shirt....16.00\*

<u>Choose Size</u>: Small / Medium / Large / X-Large

<u>Choose Color</u>: Sand / Yellow / Stone-Gray

TTA 35<sup>th</sup> Anniversary Commemorative Patch.......6.00

Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

\_\_\_\_\_\*Shipping & Handling on T-shirt Orders ONLY!!! 1.50
Name: \_\_\_\_\_\*

Address: \_\_\_\_\_\_ State: Zip:

Phone hm: (\_\_\_) \_\_\_\_\_wk:(\_\_\_)

c/o Marietta Poteet 324 Raintree Drive Hendersonville, TN 37075

Please allow 4 weeks for delivery and prices shown include postage.