TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



1968: MEET, HIKE, DISCOVER, DREAM. TENNESSEE TRAILS -CUMBERLAND TRAIL 40 YEARS OF HISTORY MEET, HIKE, CELBRATE.

"Celebrating our First 40 Years of Hiking, Trail Building & Maintenance in Tennessee" is the theme during TTA;s Annual Meeting October 24 – 26, at Indian Creek Camp in Liberty, TN. (TTA's 40th becomes official on December 7, 2008.)

If you are a new member or haven't been to an Annual Meeting yet, here's what you can expect: 3 days of hikes; meeting fellow hikers from all across the state (even some from surrounding states); entertainment; updates on TTA business, a beautiful, spacious and modern conference center in Middle TN on Center Hill Lake which offers several levels of accommodations and meals to satisfy both carnivores and vegetarians.

The Annual Meeting starts on Friday with check-in opening at 12noon. Come early to meet friends — especially the ones you may not have seen since last year's meeting, join in on a hike, or just relax at the lake until the activities begin around dinner time. On Friday night we will have two presentations: "40 Years of TTA," by Jim Poteet (TTA's Webmaster, life member, past president and chapter officer), who will walk us down memory lane; and, "Lore Along the Cumberland Trail," by Bob Fulcher (Cumberland Trail State Park's Park Manager). As founder and long time Director of the Tennessee State Parks Folk Life Project, Bob is internationally renowned for his encyclopedic and

_Tennessee Trails Association's Annual Meeting October 24-26, 2008

Information can be found within the pages of this newsletter.

enthusiastic knowledge of the nature and culture of the Cumberland Mountains, and for many years of important fieldwork and presentation in the traditional arts. After the presentations, it'll be time to put on your dancin' shoes for some great old-time bluegrass music and a hoedown. Bob Fulcher will call the moves for the hoedown. In addition to playing guitar, Bob will be joined by wellknown musical guests: Brain Vollmer, an old-time fiddler and banjo player; and, Allison Williams, banjo player and vocalist. Together, they are the "Cumberland Trail Tornados," pronounced tor-nah-dos (you say tor-naydough, they say tor-nah-dough) - which describes their performance. We're talking a real shindig here - with lots of whoopin' and hollerin', and fun to be had by all! After all of this fun and weather permitting, we will close out the evening with a bonfire near the shore of Center Hill Lake.

Although most of our hikes are scheduled on Saturday, there will be several choices for hiking on Friday and Sunday. The hikes will crossover into several of our favorite central middle Tennessee destinations. In the Crossville-Sparta area we'll have both plateau and gorge hikes; the Carthage-Smithville area offers a variety of lakeshore hikes through hardwood forests; while the Lebanon-Murfreesboro area sits on limestone karst which has topography and plant species not found anywhere else. Of course there will be a wide variety of hikes for all fitness levels - from easy to strenuous. In addition to hiking, there are plenty of other places to explore, to name a few: Appalachian Center for Crafts, Center Hill Dam, Stones River National Battlefield and Off the Beaten Path Studio Tour. Visit TTA's website for a schedule of activities, as well as the hikes.

Oh yes, there are the infamous and often hysterical auctions (Live and Silent) where handmade crafts, hiking gear and "gag items" move quickly to the highest bidder. You'll find bargain prices on gently loved treasures at the White Elephant Sale, and delicious made-from-scratch Bake and Snack Sale items. With the holiday season approaching, the auctions are a perfect venue for purchasing gifts while supporting a good cause — the building of the Cumberland Trail. All proceeds from auctions, white elephant, and bake sale items will help fund the Cumberland Trail Conference's 2009 Spring BreakAway program in March.

The success we've experienced each year from the fundraising activities (Live & Silent Auctions, White (continued on Page 6)

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

| General Manager | Tony Hook | tony.hook@frontiernet.net |
|-------------------------------|-------------------|----------------------------------|
| Trail Development Coordinator | | |
| Trail Programs Coordinator | | |
| Office Manager | Marleya Pendleton | marleyapendleton@frontiernet.net |

| . 19 East 4 [™] Street |
|---------------------------------|
| . Crossville, TN 38555 |
| .8am-5pm |
| . 931-456-6259 |
| . 931-456-4934 |
| ail@rocketmail.com |
| |

Website: www.cumberlandtrail.org

CTC Fall Schedule

September 8-12, Tennessee River Gorge Segment, Hamilton County: Join an AmeriCorps NCCC team for trail maintenance in this segment. Maintenance to be performed is replacing wooden steps, repairing bridges and wooden walkways, repairing trail tread, removing fallen trees, and blazing. NCCC team will be lodged at Pot Point House near Signal Mountain, TN and a very limited space is available for out of town volunteers, RSVP is required and on a first come bases. The workday in the field will be 8am-4:30pm EST.

<u>September 15-October 2</u>, *RPS Segment, Hamilton County:* Phase 1 of bridge building project. Join an AmeriCorps NCCC team and volunteers for bridge building in the Possum and Rock Creek Gorges. Volunteers are needed to pack in the bridge components, materials for bridge footings, scaffolding, and the tools needed for construction. Volunteers will also participate in bridge construction. Food and lodging will be provided at the Lutheran Camp located in Soddy-Daisy, Tennessee. Space is limited at the camp and RSVP is required. The workday in the field will be 8am-4:30pm EST.

October 6-November 9, RPS Segment, Hamilton County: Phase 2 of bridge building project. Join an AmeriCorps NCCC team and volunteers for bridge building in the Possum and Rock Creek Gorges. Volunteers are needed to pack in the bridge components, materials for bridge footings, scaffolding, and the tools needed for construction. Volunteers will also participate in bridge construction. Food and lodging will be provided at the Lutheran Camp located in Soddy-Daisy, Tennessee. Space is limited at the camp and RSVP is required. The workday in the field will be 8am-4:30pm EST.

<u>September 27</u>-National Public Lands Day, *Black Mountain, Cumberland County:* The Cumberland Trail Conference has teamed-up with Earl Duff Subaru and radio station 105.7 fm for *Rocking on the Mountain*. A hike will be lead by CTC down the western slope of Black Mountain. Please call (866) 687-6272 for event details.

October 1-4, Stump Jump, Tennessee River Gorge Segment, Hamilton County: Annual trail running event on the Cumberland Trail hosted by Rock Creek Outfitters. RCO hosts this event to raise money for the Cumberland Trail Conference (CTC). Please visit Rock Creek Outfitters in Chattanooga, Tennessee or http://www.rockcreek.com/ for more information about this awesome event. On October 1 & 2, there will be trail maintenance on the race route, October 3 vendor fair, and October 4_race. Please contact the CTC for information about volunteering for trail maintenance.

October 9-16, College Week, RPS Segment, Hamilton County: Join Tennessee college and university students on their fall break helping to support the RPS bridge building program. Volunteers are needed to pack in the bridge components, materials for bridge footings, scaffolding, and the tools needed for construction. Volunteers will also participate in bridge construction. Food and lodging will be provided at the Lutheran Camp located in Soddy-Daisy, Tennessee. Space is limited at the camp and RSVP is required. The workday in the field will be 8am-4:30pm EST.

October 14-17, TN State Natural Areas Conference, Nashville, TN: Please visit www.naturalarea.org/08CONFERENCE for more information. CTC will have a booth.

November 15-16, Stinging Fork SNA, Rhea County: Join CTC staff and State personnel for trail maintenance in this State Natural Area near Spring City, Tennessee. Task to complete are construction of a kiosks, installing wooden steps, and repairing trail tread. Free camping is available at nearby Newby Branch campground.

<u>December 13-14</u>, Stinging Fork SNA, Rhea County: Join CTC staff and State personnel for trail maintenance in this State Natural Area near Spring City, Tennessee. Task to complete are construction of a kiosks, installing wooden steps, and repairing trail tread. Free camping is available at nearby Newby Branch campground.

The Cumberland Trail Conference can be contacted to register for these events at http://www.cumberlandtrail.org/ or by calling 931-456-6259.

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START SAVING!! GOT STUFF???

Bring all those wonderful goodies you have stashed away but aren't using.

TTA needs it!!! The silent and not so silent auction and the white elephant table await your donations.

One person's junk is another person's ????????

(See your chapter chairs for cover letters and receipts to give donors)

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MULTI-CHAPTER EVENT

Sept. 27 - South Cumberland Recreational Area workday. Contact Peggy Cregor at pcregor@cregoradventures.com or 931-692-6289 or Marietta Poteet at nannietta@blomand.net or 931-924-7666. The workday will run from about 10:00 am until about 1:00. Lunch will be provided.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: 423-628-6475

SECRETARY / TREASURER: 423-628-5521

BOARD REPRESENTATIVES: 615-824-7048

Jim Meadows jhmnhm@highland.net Benita Howell

bjhowell@highland.net Tim & LynnTakacs lynntakacs@comcast.net ttakacs@comcast.net

Tom Howell

OUTINGS COORDINATOR 423-628-5521

tshowell1003@highland.net

(Call Tom & volunteer to lead an outing.)

Sept 1 Labor Day Hike Around Historic Rugby. Meet at Harrow Road Cafe at 9:30 EST. We divide this hike into segments, none longer than 3 miles, so you can do part of hike you wish. We return to Cafe for lunch, or bring your own, along with plenty of water and snacks for the trail. The hike is rated moderately strenuous because of climbs Contact Julian (jrbankston@nxs.net) Bankston or Benita Howell (bjhowell@highland.net) for more information Enrich your knowledge of flora in the following events.

Sept 13 Fall Wildflower Walks with Mack Carman.10 am to 5 pm Eastern time. Historic Rugby Workshop. Fall wildflowers on the Cumberland Plateau are spectacular We explore newly acquired Forest Legacy tract, open upland area with great views. Visit www.historicrugby.org for details and payment of toll free 1-888-214-3400. \$12 fee. or call Sept 27 Wild Mushrooming with Harry "Whitey" Hitchcock. 9 am to noon EST Historic Rugby Workshop. We hike into gorges around Rugby, learning to identify many fungi Visit www.historicrugby.org for details and payment of \$20 fee, or call toll free 1-888-214-3400.

CLARKSVILLE CHAPTER

CHAPTER OFFICER:

J.R. Tate 931-920-2692

modelt@charter.net

OUTINGS COORDINATOR: Suva Bastin 931-645-2849

 $(call \ Suva \ \& \ volunteer \ to \ lead \ an \ outing)$ **MEETS MONTHLY:** 3^{rd} Tuesday, 7:00 pm CT at Crow Community Center, 211 Richview Rd.

Sept 6 Virgin Falls, 8 miles, moderate to difficult (Day hike or backpack); Bob Lyon, 931-648-2354

Sept 13 Join the TTA Multi-Chapter Hike of Cumberland Trail's Soddy Creek Section. Meet at the Hotwater Rd. Trailhead at 10 AM; 6 miles, moderate to difficult. Lunch afterwards at the Cookie Jar Café in Dunlap, TN. For hike info, contact Millette Jones (Murfreesboro Chapter) at 615-397-9588. Also, email contact her at millette.jones@comcast.net .Hike to raise awareness of rock harvesting devastation on Cumberland Trail.

Sept 20 Canoe trip on the Red River. (Fee) Pre-register one week in advance with John Sneed, 931-920-3828

Sept 27 National Public Lands Day. Two opportunities at Land Between the Lakes: 1) Trail maintenance at Moss Creek (near Hillman Ferry Campground). Meet Darryl Rezac (phone 270-436-5392) at North Welcome Station at 7:45 AM. 2) LBL Cleanup, meet at South Welcome Station for assignments/bags between 9 AM to noon.

COLUMBIA/FRANKLIN **CHAPTER**

CHAPTER OFFICER: Bobby Hardeman 615-305-7955 puttr22@aol.com

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31,

north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

Sept. 2 Regular monthly meeting. Reports on August hikes and other chapter and state activities.

Sept. 6 Pot Point at Prentice Cooper State Forest. Meet and A&D Market Hwy. 431) at 7 a.m.

Contact Rick Lausten for more details and to register. Call 615 373-0029 or email saturncar1@aol.com.

Sept. 20 Hike Black Mtn. Meet at A&D Market at 8 a.m. Contact Russell Smith for details and to register. Call 615 790-1833 or email carving082334@aol.com

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm

> 423-562-1110 Richard.Helm@ahss.org

CO-CHAIR: George Gill 423-562-7121

MEETS MONTHLY: Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

Sept 8 We will meet 6:00 p.m. at Cove Lake State Park shelter 1 to discuss future hikes. More info. contact Richard Helm @ 423-562-1110

Sept 13 We will be joining a Multi-Chapter-Hike-Cumberland Trail-Soddy Creek Section, Hotwater Rd. trailhead.Moderate 5-6 miles exploratory hike to view rock harvesting along Cumberland Trail. More information contact Millette Jones @ 615-397-9588 Meet 8:00 a.m. @ Eagle Market We carpool

We will meet at Bruce Gap Parking Lot @ 9:00 Sept 27 a.m. to hike little Egypt to Eagle Bluff. Contact Jerry or Sharon 423-563-0867 Rated difficult and moderate 3-4 mile

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER:

Rosemary Marshall

865-548-6171

Rosemary L@hotmail.com

CHAPTER CO-OFFICER:

Allie Sasser Hubbs

865-494-9522

hike_annoucement_etchapter@yahoo.com

ASSISTANT CO-OFFICER:

Elise Eustace

865-712-1916

eliseeus@hotmail.com

TREASURER:

Bob Uhren snowcap34@hotmail.com

Sept 13 Multi-Chapter hike at the Soddy Creek Section of CT. Chance to view trail destruction caused by rock harvesting We meet at trailhead at 10am CT. For carpooling info. call Rosemary at 865.548.6171 or rosemary_L@hotmail.com

Sept 27 We meet at 9 am ET at Cherohala Visitors Center in Tellico Plains. We carpool to Unicoi Trail and hike to Buck Bald out of Coker Creek. Trail is 6 miles + and rated moderate with several side hikes in gold panning area and/or on the 8,000 year old Unicoi Trail as a possibility Carpoolers expected to contribute \$ for gas Leaders are Karen Towle and Robert Paul. registration and info contact Robby robbypaul@hotmail.com or 865.983.1985

JACKSON CHAPTER

CHAPTER OFFICER: 731-695-1960 TREASURER: 206-553-9334

Candy Higgs chiggs_3@yahoo.com Sara Hakim hakim@lambuth.edu Don Dresser

SECRETARY

731-668-4190 Donald_Dresser@usit.net **OUTINGS COORDINATOR:** Glen Rognstad

grognstad5966@charter.net 731-217-5966

(Call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00pm CT; meeting starts at 7:00pm

Sept 6: Cookout and Country Road Walk: We¢ll kick off the hiking season with a cookout and country road walk. Come out and meet new members and get re-acquainted with fellow hikers. Hamburgers and hot dogs will be provided, please bring a side dish to share. For time and directions, please contact Don Dresser at 731-668-4190 or donald_dresser@usit.net

Sept. 13- Multi-Chapter Hike- Cumberland Trail- Soddy Creek Section, Hotwater Rd. trailhead. Moderate 5-6 mile hike to view rock harvesting along Cumberland Trail. We see remains from old Soddy Coal mining operation, views of Soddy Daisy and old coalmine portal. Toward the end of our trek we look for evidence of new rock mining in area and view destruction that has already taken place We walk back to cars via a little used country road. Bring plenty of water, snacks and a lunch. Wear sturdy boots bring hiking poles as the rock mining area is quite unstable. Rated moderate for length, changes in elevation and some unstable footing. Hike begins at 10am CST/11am EST. After the hike we eat dinner at The Cookie Jar cafe, a family owned restaurant in Dunlap, TN. For more information or to sign up contact Candy Higgs @ chiggs 3@yahoo.com or 731-695-1960. Sept 13: Percy Warner Park - Nashville: We will combine Mossy Ridge and Warner Woods trails for a 7.5 mile loop that winds through hollows and along ridges. There are several long uphill stretches, all the more reason to stop and admire the beautiful, old hardwood trees and scenic views. Other sites along the way include a waterfall and a chimney from the Betsy Ross cabin. The trail is rated moderate due to the numerous rolling hills, ascends, descends and uneven rocky spots. Wear sturdy hiking boots and bring a snack/lunch. For more information and to register, please contact Anne Goodson at 731-664-1556 or goodsona1@juno.com

Sept 20 & 21: Sipsey Wilderness Area: This is a backpack trip that will begin in the area around Double Springs, AL. Hikes have not yet been determined; however, this hike will be rated moderate to difficult. Sturdy hiking boots are required. For additional information and to register, contact Glen Rogenstad at 731-217-5966 or grogenstad5966@charter.net Planning Ahead:

Oct 4-6: Allardt Pumpkin Festival: Big South Fork National River & Rec Area. See Murfreesboro description of event For more information and to register, please contact Ted Showalter at 731-660-5348 or showbeau@aol.com

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS:

Jan Barber taxxing@aol.com

931-839-6663

Myra Holloway

931-788-1724

genetn1@hotmail.com Jim Grove

SECRETARY/TREASURER: MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle

Public Library's Community Room, 154 East 1st Street,

Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels.

Sept 11. Chapter meeting. Art Circle Public Library Community Room. 6:30 PM CDT. Program to be announced. Be thinking of items to donate for the auction at the annual meeting.

Sept 13. New Comer's hike on the Pioneer Trail Long Loop at Cumberland Mountain State Park. Crossville, TN. This is easy hike of 5 miles circling Byrd Creek. We go down one side of the creek to Old Mail Road and cross over to the other side and return to the boat dock. Bring water and snacks. Meet at Cumberland Mountain State Park at 8:00 AM. For more information and to register, contact Gene or Myra Holloway at 931/ 788-1724 genetn1@hotmail.com

HIGHLAND RIM CHAPTER

(Tullahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley

931-455-5849 htbentlev@charter.net

VICE PRESIDENT: Joette Carter 931-968-0073 **OUTINGS COORDINATOR / NEWSLETTER CONTACT:**

Marietta Poteet 931-924-7666

nannietta@blomand.net

(contact Marietta & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Crockett's restaurant in Tullahoma. Socializing & dinner at 6:00pm CT; meeting starts at 7:00pm

Sept. 2 - The Monthly Meeting at Crockett's. Dinner is 6:00 and the meeting/program begins at 7:00. Contact Tom Bentley 931-455-5849 or htbentley@charter.net

Sept. 13 - Multi-Chapter Hike- Cumberland Trail- Soddy Creek Section, Hotwater Rd. trailhead. See description in Jackson Chapter to the left. For more information or to up contact Millette Jones millette.iones@comcast.net 615-397-9588. http://www.cumberlandtrail.org/soddv.htm

Sept. 20 - Eat Hike Eat #6 - GPS treasure hunt in the Sewanee area. Bring your GPS if you have one. A compass and a Sewanee topo map will be provided along with instructions. This will be a team learning/teaching event. Meet at the Blue Chair at 9:00 for breakfast or 10:00 to leave for the hike. Contact Tom Bentley 931-455-5849 or htbentley@charter.net.

Sept. 27 - Short Spring Hike multiple loops including the new bridge and trail dedicated last Trails Day 2007. The hike will be 6 miles. Options to shorten the hike will be available. This is a joint venture with the Huntsville Sierra 931-968-0073 Club. Contact Joette at

2008 Annual Meeting Registration Form October 24 – 26, 2008

Indian Creek Youth Camp (Liberty, TN)

<u>Complete a separate form for each attendee.</u> Make copies as needed. Please print neatly or type. Unless otherwise noted, costs are per person. Forms must be postmarked no later than October 5 – Registration Forms received by October 5 will receive confirmation via snail-mail or e-mail.

| Name: | | Address: | | | |
|--|--|--|---|----------|--|
| City: | State: | Zip: | | | |
| Telephone – Day: | light: | Email: | | | |
| LODGING: THE FINE PRINT. A limited number of Guest & Counselor rooms are available and will be assigned to attendees staying the entire Annual Meeting weekend on a first-come, first-served basis. If you have plans to share a Guest/Counselor Room, please enter the name in the space provided. GUEST Room - motel style accommodations with 1 queen bed, private toilet and bath/shower. | | | | | |
| Room contains its own heat/AC controls, and INCLUDES BED LINENS & TOWELS, but not toiletries. \$60 per night is the cost for 1 or 2 people in the room. If you are sharing, please tell us with who: | | | _ Sorry, GUEST have sold | | |
| COUNSELOR Room - contains 1 queen bed and 1 bunk bed, private toilet and shower, shares heat/AC w/Dorm next door. NO LINENS. You will need to bring your own bed linens/sleeping bag, towels and toiletries. \$47 per night is the cost for 1 or 2 people in the room. ☐ If you are sharing, please tell us with who: | | | FRI \$47/night Cost for 1 or 2 people in roo SAT \$47/night Cost for 1 or 2 people in roo | \$ | |
| Dorm Room - there will be separate Dorms for men and women. Each Dorm sleeps a total of 11 people (5 bunk beds & 1 queen bed). Each Dorm has toilets & showers. You will need to bring bed linens/sleeping bag, towels and toiletries. If you have a preference for whom you wish | | | F R I \$ 20/night per person / night S A T \$ 20/night | \$ | |
| to share a Dorm, please list the names Form; and if possible, your request will be | | | per person / night | \$ | |
| Tent Camping – separate men's & wor being self contained, you will need to brin | | ise by. In addition to | FRI \$12/night per person / night | \$ | |
| ☐ If you are sharing, plea | | | SAT \$12/night per person / night | \$ | |
| RV (no hook-ups) - separate men's & wom self contained, you will need to bring your | | se by. In addition to being | FRI \$14/night per person / night | \$ | |
| If you are sharing, plea | | | SAT \$14/night per person / night | \$ | |
| I am staying offsite and will be making my own lodging arrangements LODGING TOTAL: | | | | \$ | |
| MEALS: Each meal may be ordered separately. NOTE: Carnivore and vegetarian diets were taken into consideration when planning the menu for Dinner & Breakfast – no need to request special meals, but if you have special dietary concerns, please contact Toni Reeves: 615-372-1582 / treeves@bellsouth.net | | | | | |
| DINNER | | | FRI \$11.00/ person SAT \$11.00 / person | \$ \$ | |
| DDEAKEAST | | | SAT \$ 9.50 / person | \$ | |
| BREAKFAST | | | SUN \$ 9.50 / person | \$ | |
| TRAIL / SACK LUNCH: Please circle sandwich selection. Choices are: Tuna Fish or Peanut Butter & Jelly | | | SAT \$8.75 / person SUN \$8.75 / person | \$ \$ | |
| | | | MEAL TOTAL | • | |
| Enter LODGING & MEALS TOTALS above to the REGISTRATION FEE below to get the GRAND TOTAL. | | | | | |
| REFUND POLICY: All LODGING TOTAL (from above) \$ | | | | | |
| cancellations and requests | MEAL TOTAL (from above) \$ | | | | |
| for a refund must be in writing. No refunds will be made after September 30, 2008. Persons canceling | REGISTRATION FEE = \$15 per person This registration fee can not be pro-rated. The full amount is required of each participant, regardless of the number of days attending. | | \$15.00 | | |
| before September 30 will be refunded in full, less the \$15 Registration Fee. | One check may cover me | GRAND TOTAL: y cover more than one registration, but please send the | | | |

Tennessee Trails Association

PLEASE NOTE: Indian Creek

Camp has a strict policy

against alcohol, drugs and

firearms.

individual forms and check together. Make your check payable to:

c/o Diane Manas 5729 Stoneway Trail; Nashville, TN 37209-4556

Need more info? 615-352-7777 / DManasHikes@comcast.net

ANNUAL MEETING (CONTINUED FROM PAGE 1)

Elephant and Bake Sale) has come from local merchants and YOU! As in year's past, it is requested that each TTA Chapter donate at least 5 quality items for the Live Auction. Items for the Live Auction are usually new, unless their value has increased with age. Examples of items that have been donated in the past include new sleeping bags, tents, trekking poles, daypacks, water hydration systems, paintings, framed semi to professional nature photographs, and handmade bed guilts. As most hikers have enough equipment, consider donating items that might not be related to hiking. We will also need items for the Silent Auction; these items usually include gently used equipment similar to the items listed for the Live Auction, new items of lesser value (hiking socks or trail guide books) and gift certificates for services, such as restaurants, overnight lodging, etc. On TTA's website; follow the link for Auction; to find the forms to help you in soliciting donations and for registering Live and Silent Auction items. Also, to help expedite the intake of Live and Silent Auction items upon your arrival to the Annual Meeting, please pre-register them with Libby Francis (libbyslibbys@comcast.net), Auction Chairperson. Sometimes there is a fine line between whether an item should be in the Live versus Silent Auction, so the auction "staff" reserves the right to place any item into the auction category that will probably bring the best bid.

Then there's the "White Elephant Sale", similar to a yard sale. Take advantage of this opportunity to clean out your cupboards, closets, nooks, and crannies and bring these items with you when you come. There is no need to price the items, tables will be set up with a range of prices. Just place the item on the table you think is appropriate. These items can be just about anything small enough to carry; however, 8-track tapes, cassettes, vinyl records and clothing (other than hiking or camping gear) just do not sell well. Used books, movies, household and camping items, candles, figurines, wreaths, small appliances, and hand tools are just a few items on the bargain tables that have moved in past years.

Now, no Annual Meeting would be complete without a Bake Sale! We're counting on TTA cooks to bring their homemade goodies; individual wrapped portions are handy for tucking into daypacks. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, pies, brownies, candies, etc. Because the baked goods have been so tasty, several attendees have even purchased bake sale items with the sole intent to take them home to store in their freezer for future hiking outings.

Good fellowship, great hikes, beautiful lakeside setting, stimulating and entertaining programs, tasty meals, and an opportunity to support the Cumberland Trail – what more could you want???

So don't hesitate. Register today on the Registration Form found within the pages of this newsletter. Also, watch for information that will be posted on our website (www.TennesseeTrails.org) and follow the link "Annual Meeting".

Remember – it's our big-0 celebration, too. If you have memorabilia or photos from TTA events of the past, bring them – the hosting Nashville chapter has set aside space for a display to commemorate our 40-year history. Contact Nora Beck (nora_beck@comcast.net) and let her know what you want to bring so we can be ready.

ATTENTION: TTA MEMBERS IT'S ELECTION TIME AT TTA !!

We will have our election of officers at our annual meeting the evening of October 25, 2008. This election will be held at Indian Creek Youth Camp in Liberty, TN. Please come and support your organization by voting for the 2009 Officers who will lead TTA to greater heights in 2009.

TTA's Calendar*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.)
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

Sep 14-20 B.R.A.T. (Proceeds Benefit the

Cumberland Trail)

Sep 27 National Public Lands Day (Location

TBA)

Oct 24-26 Annual Meeting (Liberty, TN) hosted by

Nashville Chapter

*Calendar will be revised as needed.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER:

Jim Clark

731-587-2225 jclark@utm.edu

Our Chapter is active despite not having an announcement for specific hikes. Call Jim Clark at 731-587-2225 to find out what you can do to help the chapter.

MURFREESBORO CHAPTER

CHAPTER OFFICER:

Millette Jones

615-397-9588

millette.jones@comcast.net

OUTINGS COORDINATOR / CO-OFFICER:

Tony Jones

615-397-4463 awj68@comcast.net

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT Barfield-Crescent Park's Wilderness Station

697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttfamurfreesboro.blogspot.com

Sept 6- Volunteer Trail at Long Hunter State Park, 4-mile loop, easy. We will leave at 8 AM from the Murfreesboro Sam's parking lot. After the hike we will enjoy lunch at Logan's Roadhouse in Smyrna. Don't forget your water and snacks. To register contact Cindy Andrews at swallowtail1@comcast.net or 893-3088.

Sept 11- (Thursday) Adventure Trip to State Fair, Nashville. Join us for an exciting day of exhibits, shows, food, and more fun. the official State Fair website at www.tennesseestatefair.org/2007TennesseeStateFair.htm. G eneral admission at the gate will be \$8, but only \$4 for seniors, plus \$3 per vehicle. We'll car pool from Murfreesboro. Contact Fount or Anna Bertram for details and to sign up: abertram@dtccom.net or phone 615-765-5357

Sept 9- Monthly Meeting at Barfield Crescent Park, 7PM, Join us for a visit from REI Outfitters. See the blog for more details.

Sept 13- Multi-Chapter Hike, Cumberland Trail, Soddy Creek Section, Hot Water Rd. trailhead, 6-mile exploratory hike, moderate. See Jackson Chapter hike description. For more information or to sign up contact Millette Jones at millette.jones@comcast.net 615-397-9588. orwww.cumberlandtrail.org/soddy.html

Sept 20- Ocoee Whitewater Rafting, Moderate. We raft the middle Ocoee rated most popular whitewater trip in US. Requires no experience (you must be 12 years old) There is a guide in every boat, we are outfitted with life jackets and helmets, and given a safety orientation prior to the journey Trip lasts 3.5 hours including shuttle time with 2 hours on the river. You are paddling hard, getting bounced around, and splashed along five miles of Class III and IV rapids. We are going with NOC (Nantahala Outdoors Center) who have been leading 1972. whitewater trips since Check them http://www.noc.com/ Price of trip is \$45 per person. Space is limited contact Tony Jones at awi68@comcast.net or 615-397-4463 to sign up

Sept 27- Join in a National Public Lands Day Event at Walls of Jericho. We will do light maintenance in the form of trim back, clearing, metal trail blazing, etc as we traverse the 4.5 mile Mill Creek Loop (time permitting), with lunch scheduled at the end of the 1.5 mile "Gusher" side trail. We will depart Sam's Parking lot in Murfreesboro promptly at 7 AM, or meet at the Tennessee trailhead at 9 AM. This trail is designated moderate but has some steep climbs with a total elevation change up and down of 800+ feet. Wear sturdy boots, gloves, insect repellant, etc and bring plenty of water and a good trail lunch as well as any hand tools, clippers, etc. Please register in advance by contacting Jim Schroeder at 615-896-3023, or at doughboyjim@comcast.net /moderate. We hike Ridgetop trail and Henry Hollow Loop trail. Beaman Park terrain features steep, forested slopes, with drier ridge tops and elevations 1000 feet. To register contact Ann Jacobs at eanniacobs@aol.com

MURFREESBORO (cont)

Planning Ahead

Oct 3-5- Multi-Chapter Event- Allardt Pumpkin Festival. Allardt, TN. Join in the fun for a weekend of car camping (at Pickett State Park), decorating the "float", riding in the parade, enjoying the activities at the festival and hiking at Colditz Cove SNA. To pre-register and for more information call Fount Bertram at (615) 765-5357 or e-mail fwbertram@dtccom.net

Oct 9-Monthly Meeting at Barfield Crescent Park Wilderness Station, 7PM

Guest speaker from the Department of Forestry. Check the Boro blog for details

MEMPHIS CHAPTER

CHAPTER OFFICER:

Saundra Amsden

901-830-8311

amsden61@yahoo.com MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at

Cordova Library, 8457 Trinity Rd.

Sept 6, 10:00 a.m. Hike to Baker Pond and Visit Hummingbird Festival - Joint Wolf River Conservancy-Tennessee Trails Hike This is our "usual" hike to the source of the Wolf River in the Holly Springs National Forest, but with an additional adventure that will be great for kids of all ages. We will hike about three miles, round trip, in the Holly Springs National Forest to Baker Pond. Then we will travel to the nearby Strawberry Plains Audubon Center in Holly Springs, Mississippi to the Hummingbird Migration Festival. The event, one of the largest Audubon-sponsored nature festivals in the country, coincides with the peak of the Ruby-throated Hummingbird's southward migration. Event guests were greeted with hummingbirds buzzing around the myriad of native flowers and feeders found on the 2,500-acre preserve. As they band the hummingbirds, they'll let children hold, then release the tiny birds before they continue their migration south. We'll first meet at the Citgo gas station/store located at the NE corner of Mississippi Highways 72 and Hwy 5 at 10:00 a.m. We'll then caravan exactly 10 miles further east on Hwy 72, turn right at Tower Rd. at the abandoned fire tower, then bear right again to the trailhead. Hike will go rain or shine. For information, please e-mail trip leader Charlie Bright at charliebright@vahoo.com.

Sept 18. Monthly Meeting The summer break is over! Let's get together and talk about our summer activities and get ready for the fall hiking. Meet at the Cordova Public Library at 7:00 p.m

Sept 21, V&E Greenline Meet John Martin at 2:00 p.m. at Springdale and RR tracks for an easy 3-mile walk on the V&E Greenline. This is a rails-to-trails park that is owned by the neighborhood and was purchased by the neighborhood in 1996. For information contact John at 901-386-3722 State, Village Creek Wynne, Sept 27, Meet at the park visitor center 9:30 a.m., or carpool from the Tennessee Welcome on Riverside Drive at 8:15 a.m. We will hike a 4-6 mile trail rated moderate with a few hills. Bring lunch and water. For carpooling information call Kathryn Skinner at 901-527-4308

NASHVILLE CHAPTER

CHAPTER OFFICER:

Nora Beck

615-517-6486

OUTINGS COORDINATOR:

nora_beck@comcast.net Libby Francis

libbyslibbys@comcast.net

(email Libbyy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT

TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike. For directions, visit: www.tennesseetrails.org/nashville.php

<u>Sept 23</u> - **Monthly Meeting:** If you've ever wondered what flowers you've been seeing along Tennessee trails, here's an opportunity to learn how to identify them. Todd Crabtree, official botanist for the state's Division of Natural Areas, contributed his expertise to Wildflowers of Tennessee , the official field guide of the Tennessee Native Plant Society. This month, he's lending his expertise to us. Bring pictures of your unidentified flowering objects, and we suggest a notepad as well. We'll be in time to learn about some of the asters, liatris, and goldenrods we're likely to see on fall hikes.

Sept. 1, Mossy Ridge Trail in Warner Park. Nashville, TN. The Mossy Ridge Trail is 4.5 miles and rated moderate due to several short hills and uneven terrain we will encounter along the way. We will see lots of chipmunks and squirrels, a couple of deer and maybe even an owl as we make our way under the canopy of sycamore, oak, maple and birch. Please wear sturdy hiking shoes, and bring plenty of water. Afterwards, we will regroup for coffee and a snack close by at Bruegger's Bagel Bakery (bring \$ to pay for your coffee/snack). We'll meet in the Deep Well parking area of the park at 8:00am CT, and hit the trail shortly thereafter, and be finished around 9:45am. To get to Deep Well from Nashville: head west on Hwy 70 (West End Ave). In Belle Meade (after crossing over Woodmont Blvd, passing Kroger on the right, the mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 2 miles and turn left into the grey stone entrance, drive to the end/t-intersection - you're in Deep Well. For additional information, call Diane Manas at 615-352-7777

<u>Sept. 6</u>, Grundy Forest Loop of the Fiery Gizzard trail, near Monteagle. The trail features three picturesque waterfalls and some nice rock formations. We will get wet, so bring swimwear and/or extra change of clothes, lunch, snacks, appropriate hiking shoes, water etc. We will take the Grundy forest loop but also add the short bit to Sycamore Falls for a total of about 3 miles. It is not a "workout" type trip, just a leisurely "get wet" and enjoy trip. We will meet at Target on Bell road at 8:30. For more info contact Nancy Juodenas, njuodenas@hotmail.com, or call 615-227-4595

Sept. 13 Multi-Chapter Hike- Cumberland Trail- Soddy Creek Section, Hotwater Rd. trailhead. Join us for a moderate 5-6 mile exploratory hike to view rock harvesting along the Cumberland Trail. We will see remains from the old Soddy Coal mining operation, several views of Soddy Daisy and even an old coalmine portal. Toward end of trek we look for evidence of new rock mining in area and view firsthand the destruction that has already taken place. From here, we will walk back to the cars via a little-used country road. Bring plenty of water, snacks and a lunch. Wear sturdy boots and consider hiking poles as the rock mining area is quite unstable. Rated moderate for length, changes in elevation and some unstable footing. The hike will begin at 10am central/11am eastern. After the hike, we will eat dinner at The Cookie Jar cafe, a family owned restaurant in Dunlap, TN. Due to the driving distance from Nashville, this will be an all-day trip. Please pre-register by e-mailing Anne Wesley at ttahiker@msn.com or by calling 615-351-1052

NASHVILLE (cont)

We will meet at 7:00 am central to carpool from the Target Parking Lot off I-24 and Bell Road.

<u>Sept. 20</u>, Shelby Bottoms Nature Park, East Loop. Nashville. This hike offers paved greenways and primitive natural surface trails. The less traveled east loop winds among old fields, beneath huge trees in forestlands, and by the Cumberland River. The 5.2-mile trail is rated easy. Bring snacks and water. . Register by calling Elizabeth Gerlock, 615-356-6260 or eygerlock@bellsouth.net.

<u>Sept. 27</u> Bryant Grove, Nashville This 8 mile there-and-back hike cruises through Long Hunter State Park along the shoreline of Percy Priest Lake. The walking is easy, but the distance is rated moderate. For more information and to register contact Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER:

Mary Jane Ware

maryjaneware@bellsouth.net

<u>Sept 6</u> Perimeter Trail, Sewanee, TN. We will hike from the intersection point of Brakefield Road with the Perimeter Trail past Armfield Bluff, Polk Lookout, Elliot Point, and Otey View to Lake Cheston. This moderate hike is about 7.4 miles and features overlooks from the edges of the bluffs. After the hike we will visit a local pub for refreshment. Bring snacks, water, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from the McDonald's in Sparta at 7:30. For information and to register contact Eugene Cummings at 931-528-6139 or eugeneslions@yahoo.com.

Sept 13 Piney River Segment of the Cumberland Trail, Spring City, TN. This trail winds along streams for much of its length. Eventually the trail crosses Piney River on a 100 foot suspension bridge. The hike is about 10 miles and is rated easy for the terrain and moderate for the distance. Bring snacks, water, and lunch. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@tnaccess.com.

<u>Sept 20</u> Caney Fork River Trail - Yellow Bluff Overlook, Bridgestone/Firestone Centennial Wilderness Area, Sparta, TN. We will hike a portion of the Chestnut Mountain Ranch Trail before descending past Upper and Lower Polly Branch Falls to join the Caney Fork River Trail. After a short side trip to Copper Cascades we follow River Trail down river before ascending to Yellow Bluff. Hike is 8 miles rated moderate. Bring snacks, water, and lunch.Meet us at 8:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from the McDonald's in Sparta at 8:30. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Sept 27 Mount Sterling, Great Smoky Mountains National Park, Cataloochee, NC. First we will ascend 1950 feet along the Mount Sterling Trail 2.7 miles to the fire tower atop the mountain. The views are among the best in the park. On a clear day Balsam Mountain to the west, Mount Guyot, and Mount Cammerer to the northwest, Max Patch to the east, and the Cataloochee Valley to the south can all be seen. We will then descend 4130 feet over the next 6.2 miles on the Baxter Creek Trail to Big Creek. The hike is rated strenuous because of the elevation changes. Bring snacks, water, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

OFFICERS:

President

Rosemary Marshall 865-548-6171 Rosemary_L@hotmail.com

Vice-President

LouAnn Partington 931-393-4835

louannpartington@bellsouth.net

Treasurer

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Carolyn Miller 931-456-4465

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Past President

Anne Wesley 615-851-1052

ttahiker@msn.com

Previous Past President

Fount Bertram 615-765-5357

fwbertram@dtccom.net

West TN At-Large Director

D. Jack Smith 901-685-1586

djslawfirm@yahoo.com

Middle TN At-Large Director

Libby Francis 615-889-5718

libbyslibbys@comcast.net

East TN At-Large Director

Joe Matlock 865-354-6101

matlockjf@usit.net

Membership

Garnett Rush 615-352-7217

rushga01@yahoo.com

Cumberland Trail Conference Representative

Ray Garrett 865-483-4466

garrett.ray@comcast.net

TN Rails To Trails Advisory Council

Bob Richards 615-532-0753

robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

| Due | For Newsletter Dated |
|---------|----------------------|
| Sept 10 | Oct 1 |
| Oct 10 | Nov 1 |
| Nov 10 | Dec 1 |

Articles submitted are subject to editing and will be included as space permits.

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