

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



## **2009 MEMBERSHIP DIRECTORY** **IT'S UPDATE TIME!**

The 2009 edition of the TTA Membership Directory will be mailed to all current members around the end of August. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last Directory (published August 2008).

The deadline for changes is July 10 and here are a few ways you can notify us:

- Internet: Visit our website ([www.tennesseehike.org](http://www.tennesseehike.org)), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- Email / Phone: TTA's Membership Director, Ron Dunn at [trekkingtn@comcast.net](mailto:trekkingtn@comcast.net) or 615-867-3301.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

## **2009 Annual Convention** **November 6,7,8 2009**

Valley View Lodge & Convention Center,  
Townsend, TN (on the quiet side of the  
Smokies)

(SEE DETAILS INSIDE THIS ISSUE)

## **TTA's Annual Awards Nominations** **Are Currently Being Accepted**

Tennessee Trails Award  
Bill Stutz Award  
Golden Squirrel Award

You've heard about them, now it's time to nominate candidates for this year's annual awards – someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 30. Your Chapter Officer will present nominations received to the Board of Directors during the August 1 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Rosemary Marshall.) Awards are issued each year during the November Annual Meeting.

The Tennessee Trails Award is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The Bill Stutz Award is presented in honor of the late

Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The Golden Squirrel Award is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose their entire hike group. (please note: It is not the intention of TTA, or its volunteer hike leaders, to lose their group. Sometimes it happens, and for this the Golden Squirrel Award exists.)

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook ..... tony.hook@frontiernet.net  
Trail Development Coordinator..... Amanda Leamon ..... amanda.leamon@frontiernet.net  
Trail Programs Coordinator ..... Alex Schafer ..... alex.schafer@frontiernet.net  
Office Manager ..... Marleya Pendleton ..... marleyapendleton@frontiernet.net

Office Location ..... 19 East 4<sup>th</sup> Street  
..... Crossville, TN 38555  
Office Hours ..... 8am-5pm  
Phone: ..... 931-456-6259  
Fax: ..... 931-456-4934  
Email: cumberlandtrail@rocketmail.com  
Website: www.cumberlandtrail.org

## CTC Schedule

May 21-June 21 Little Possum FPR bridge construction:, This bridge project will take the place of the traditional Big Dig program. The weekend of May 23-24 volunteers are needed to move the bridge and construction materials to the bridge site. Volunteers will also be needed to help construct abutments and the bridge after the material is moved into the gorge. Volunteers are welcome to come out on multiply weekdays or weekends to help with construction. The CTC will be able to provide food and lodging at the Dogwood Lodge on Lee Pike

## BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Jim Meadows  
423-628-6475 jhnmhm@highland.net  
SECRETARY / TREASURER: Benita Howell  
423-628-5521 bjhowell@highland.net  
BOARD REPRESENTATIVES: Tim & Lynn Takacs  
615-824-7048 lynnTakacs@comcast.net  
or ttakacs@comcast.net

OUTINGS COORDINATOR Tom and Benita Howell  
423-628-5521 tshowell1003@highland.net  
(Call Tom & volunteer to lead an outing.)

July 18 Hike - Eat - Hike Around Rugby Eric Wilson will lead this hike for anyone who would like to experience hiking opportunities in the green belt that surrounds the village of Rugby, TN. Total distance, divided into several segments, is about 8.5 miles, rated moderate because of some steep climbs and stream crossings, but there are several points where you can return to the village without completing the entire hike. Dress appropriately for the weather and bring plenty of water and bug spray. We'll stop for lunch at Harrow Road Cafe, or bring your own. Meet at 9:30 Eastern Time at the Cafe. For driving directions and other information about Rugby, visit [www.historicrugby.org](http://www.historicrugby.org), or contact Eric at [ericavi@nxs.net](mailto:ericavi@nxs.net).

## COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm  
423-562-1110 Richard.Helm@ahss.org  
CO-CHAIR: George Gill 423-562-7121

MEETS MONTHLY: Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

July 6 We will be holding our monthly meeting 6:00 p.m. @ Cove Lake State Park shelter 1 or 2. To share our upcoming hikes. Everyone is welcomed to attend. More information or contact Richard Helm 423-562-1110

July 25 Meet 7:00 a.m. @ Jacksboro Middle School We will be going to London Kentucky to hike in Van Hook Falls. It is 6 miles moderate hike. On the July 25 hike to London Ky, Van Hook Falls. For more information contact Richard Helm 423-5621110

## CLARKSVILLE CHAPTER

CHAPTER OFFICER: Paul Schwab 931-645-9068  
paulschwab@bellsouth.net  
OUTINGS COORDINATOR: Suva Bastin 931-645-2849  
(call Suva & volunteer to lead an outing)  
MEETS MONTHLY: 3<sup>rd</sup> Tuesday, 7:00 pm CT at Crow  
Community Center, 211 Richview Rd.

Please call hike leaders to confirm hike time and meeting place.

July 4 Independence Day; No hike

July 11 Annual pot-luck picnic, Dunbar Cave State Park, Clarksville, TN; 2 miles, easy; eat; 2 more miles easy; Paul Schwab 931.645-9068; meet 5:00 pm, mouth of the cave.

July 18 Rotary Park, Clarksville, TN; 3-4 miles, easy; Ron Churchill 931.647-9864; 8:00 am, main entrance, first shelter on left.

July 25 Falls Creek Falls State Park, Pikeville, TN; 7 miles, moderate to difficult; Suva Bastin 93.645-2849; meet 7:30 am, I 24 Exit 11 commuter parking lot.

## COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Bobby Hardeman  
615-430-0638  
puttr22@aol.com

MEETS MONTHLY: 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

July 7 Regular monthly meeting at Grand Buffet. Bob Godwin will present the program. He will speak about his experiences hiking in the west.

July 11 Hike the Ashland City Bicentennial Greenway Trail. This paved walking path follows the old tracks of the Tennessee Central Railroad along a rural section of the Cumberland River valley. This is an easy, level walk (4 miles in and 4 miles out). No special footwear or gear is needed, just plenty of water. To carpool meet at the closed Travel Store USA on Bear Creek Pike (Hwy.99) near Columbia I 65 at 7:15 am or the I 65 Peytonsville/Spring Hill exit at 7:30. Park in the Truck Stop of America parking lot. On the way home, stop for lunch at Lewis Country Store on Hwy.12 at Old Hickory Blvd.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall  
865-548-6171 Rosemary\_L@hotmail.com  
CHAPTER CO-OFFICER: Allie Sasser Hubbs  
865-494-9522 hike\_announcement\_etchapter@yahoo.com  
ASSISTANT CO-OFFICER: Elise Eustace  
865-712-1916 eliseeus@hotmail.com  
TREASURER: Bob Uhren  
snowcap34@hotmail.com

July 11 Join our chapter for a great hike in the Great Smoky Mountains. We'll hike the Porter Creek Trail and meet at the trailhead at 9:30am E.T. and hike 3.7 miles to campsite 31. Along the way we'll cross 12 easy streams and pass Fern Branch Falls and witness it cascading off the mountainside. After a late lunch, we'll complete this "out and back" hike back to the parking area. This hike totals 7.4 miles and is rated moderate. For other information, call Rosemary Marshall 865-548-6171 or email rosemary\_L@hotmail.com

July 25 We will meet at 9 a.m. at the Kingston Park (Hwy 58 parking lot) for a 1 ½ -mile hike walk around the lake then drive to Gil and Leslie's lake house for swimming, boating, fishing and an afternoon bar-b-que. (Address 129 Brown Rd in Ten Mile) If you aren't into hiking on that day, come to the lake anyway. Bring what you like to drink, a salad or dessert. We will supply the meat for hamburgers. If you are vegetarian please tell us. (We have some Boca Burgers) Call 865-717-6246 for more information.

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## JACKSON CHAPTER

CHAPTER OFFICER: Candy Higgs  
731-695-1960 chiggs\_3@yahoo.com  
TREASURER: Sara Hakim  
206-553-9334 sara.hakim@gmail.net  
SECRETARY: Don Dresser  
731-668-4190 Donald\_Dresser@usit.net  
OUTINGS COORDINATOR: Glen Rognstad  
731-217-5966 glenrognstad@gmail.net  
MEETS MONTHLY: 2nd Mon at Perkins Restaurant, 999 Vann Drive  
in Jackson. Socializing & dinner starts 6:00pm CT; meeting  
starts 7:00pm

There are no chapter meetings during the months of June, July and August.

July 18 - Buffalo River Canoe Trip - Linden, TN: The Buffalo River offers the perfect outdoor getaway. The clean, clear water of the Buffalo River sets the pace for a day next to nature. We are currently planning on the 10-mile float from Bell Bridge to Slink Shoals which takes an average of 4-6 hours. The canoe rental company will provide round trip transportation to and from the river, a 17-foot canoe, paddles, and life vests. Recommended items include a hat, sun screen, shoes and plenty of water and snacks. For additional information and to register, please contact Glen Rognstad at 731-217-5966 or Glenrognstad@gmail.com

We will begin hiking again in August. Check the newsletter for additional information

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## HIGHLAND RIM CHAPTER (Tulahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley  
931-455-5849 htbentley@lighttube.net  
VICE PRESIDENT: Joette Carter 931-968-0073  
OUTINGS COORDINATOR / NEWSLETTER CONTACT:  
Contact Tom Bentley  
MEETS MONTHLY: 1st Tuesday We eat at various  
places, this coming month is Ruby Tuesdays at  
5:30 and meeting is at 7:00 at CD Stamps.

July 4 Float trip- Elk River From Shiloh to Dickey Bridge. A significant pitch-in lunch party is planned on the river in lieu the bonfire/barbeque at Gary's. Let's see if she can out do herself this year. - Coordinator Barbie Taylor teachdc@charter.net

July 7 Monthly Meeting - We will be meeting at DW Wilson for the foreseeable future. They do have WiFi, a real plus as dynamic planning is part of our meetings. Dinner this month will start at 5:15 at Red Lobster. The program this month features Marcia Medford and Bill's trip to South America. Contact Tom Bentley (931) 272-6344 htbentley@lighttube.net

July 11 Jim and Marietta Poteet will lead a hike from Signal Mountain on the Cumberland Trail to Mushroom Rock. It is a beautiful hike with many overlooks of the Tennessee River. It is a 9 mile hike rated moderate to difficult because of some elevation change, uneven trail (over some rocky trail), and a little bushwhacking getting to Mushroom Rock. Bring lunch, wear boots, and bring lots of water. Contact Marietta Poteet, nannietta@blomand.net or 931-924-7666 for meeting times and further information.

July 18 3rd summer Saturday Eat-Float-Eat Hike will be a float trip on Elk River from Tims Ford Dam to Farris Bridge Start 8:00 Samples Rest. Estill Springs for breakfast. Put in at 9:30- Contact Tom Bentley 455-5849 htbentley@lighttube.net Coordinator for details.

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## Attention: TTA Members and Board Members

Our 3rd Quarterly TTA Board Meeting will be held  
Saturday, August 1, 2009 at Edgar Evans State  
Park. We will begin our meeting at 1:00 pm  
Central time in the Community Building inside the  
park. The nominating committee will present our  
proposed 2010 Slate of Officers and we could  
hear who the nominees are for our prestigious  
awards. For anyone who has questions about  
the Annual Meeting in 2009, you'll hear all the  
details first at our 3rd Quarterly Board Meeting.  
Come and get all the news and enjoy a delicious  
dinner at the nearby marina. Food will be great  
and we get a little discount too. Come and join  
your TTA Board Members for a fun day.

## ANNUAL CONVENTION/MEETING HIKES (14 GREATEST HIKES OF "THE SMOKIES")

Hike around Cades Cove Road. Enjoy the old cabins and wildlife of Cades Cove. 11 miles. May be shortened by using Sparks Lane or Hyatt Lane 'cutoffs'.

Rich Mtn. Loop. This hike begins at the entrance to Cades Cove and utilizes Rich Mtn. Loop Trail, Indian Grave Gap Trail, and Crooked Arm Ridge Trail to make an 8.7 mile loop. Excellent views down into Cades Cove. 1600' climb to Cerulean Knob(3,686').

Lead Cove Trail to Thunderhead Mtn.(Appalachian Trail). Beginning at Laurel Creek Rd., this hike utilizes Lead Cove and Bote Mtn. Trails to Access thunderhead Mtn.(5500')on the Appalachian Trail. 3700' climb. 12.8 miles RT(round trip) Strenuous hike.

Alum Cave trail to Mt. LeConte. The most popular trail to Mt. LeConte, highlights include Arch Rock, Alum Cave Bluffs, and of course, the cabins on Mt. LeConte (6,595'). 10.4 miles RT. 2800' climb. Cautions: Exposed cliffs and possible ice on trail.

Jakes Creek Trail to Blanket Mtn. Hike begins at the end of Jakes Creek Rd. in Elkmont and begins a steady 1700' ascent to Jakes Gap. There a manway bears to the right and in @.75 mile Blanket Mtn. is reached, the site of an old fire tower. Optional side trip to the Avant Cabin. 7.5 miles RT.

Clingman's Dome to Newfound Gap (Appalachian Trail). This hike begins at the Clingman's Dome parking lot and climbs 0.5 mi. to Clingman's Dome (6,643'), highest point in the Park. The trail then descends 1600' over the next 7.8 miles to Newfound Gap. Car shuttle required.

Lumber Ridge Trail and Spruce Flats Falls manway. This hike begins at the Great Smoky Mountains Institute in Tremont. After a half mile hike on the narrow, rocky Spruce Flats Falls trail, Spruce Flats Branch and Falls is reached. After rock hopping Spruce Flats Branch, the next 3 miles or so are off of maintained trails. The manway intersects Lumber Ridge Trail at Buckhorn Gap and begins a 4 mile descent back to Tremont. @7 or 8 miles.

Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike. Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike.

Gregory Ridge trail to Gregory Bald. Hike starts at the end of Forge Creek Rd. at the back of Cades Cove. Famed for its Azalea display in June. 3000' climb. 11 miles RT. Great views.

Trillium Gap Trail to Grotto Falls and Brushy Mtn. This hike begins on the one-way Roaring Fork Motor Nature Trail Road, passes behind Grotto Falls at mile 1.2, and intersects Brushy Mtn. Trail at Trillium Gap at mile 2.9. It's then a half mile hike out to Brushy Mtn. overlook. 1500' climb. Caution: Slippery around falls, possibly icy in November. 6.8 miles RT

Laurel Falls trail to Cove Mtn. tower. One of the more popular 'tourist' trails for the first 1.3 miles. Paved for the first 1.3 miles. The next 2.7 miles gradually climb through virgin forest to intersect Cove Mtn. Trail. A left turn takes one to Cove Mtn. (4077') and the old fire tower. The tower is now a converted air quality monitoring station. 8.2 miles RT.

Look Rock Tower (foothills Parkway). Very short 2 mile round trip hike. Steep climb for a short distance, then levels out. Gentle ascent up a concrete viewing tower. Great views of TN Valley to the north and Smokies to the south.

Little Bottoms/Hatcher Mtn./Cooper Road Trails loop. Hike starts at Abrams Creek Ranger Station at the Far western end of the Park. Relatively flat hike as Smokies hikes go. Steepest climb is 200' in 1/4 mile. Little Bottoms trail parallels Abrams Creek for several hundred yards. Narrow and rocky trail in spots. 10 mile loop.

PLEASE CONTACT KEITH MERTZ VIA EMAIL TO VOLUNTEER TO LEAD YOUR FAVORITE  
HIKE VIA [Keithmertz@hotmail.com](mailto:Keithmertz@hotmail.com)

TENNESSEE TRAILS ASSOCIATION  
CONVENTION/MEETING  
VALLEY VIEW LODGE AND CONVENTION CENTER  
TOWNSEND, TENNESSEE  
NOVEMBER 6-8, 2009

Registration Form (each family member's name must be listed if attending)

Name _____	Name _____
Name _____	Name _____
Address _____	
City _____	State _____ Zip _____
Home Phone _____	Work Phone _____
Chapter _____	Email _____

LODGING: Valley View Lodge and Cabins  
7726 E. Lamar Alexander Pkwy.  
PO Box 148  
Townsend, TN 37882

Call direct to reserve your room (s)  
1-800-292-4844  
865-448-2237  
Mention TTA for Standard Rm \$60 night or  
\$10 off Suites per night

RV and LARGE TENT CAMPING  
Townsend Great Smokey KOA  
Misty River Cabins RV Resort  
Big Meadow Family Campground

Call direct to reserve your space(s)  
1-800-261-6370 \$38-\$48 full hookup  
1-865-981-4300 \$40-\$45 full hookup  
1-865-448-0625 \$35-\$45 full hookup

SMALL TENT CAMPING

1 person tents (limit 10)

2 person tents (limit 5)

On-site common fire pit area

Fri Night	1	X	\$12	Total \$ _____
Sat Night	1	X	\$12	Total \$ _____
Fri Night	2	X	\$12	Total \$ _____
Sat Night	2	X	\$12	Total \$ _____

MEALS:

Fri Dinner	# persons	_____X\$11	Total \$ _____
Sat Breakfast	# persons	_____X\$8	Total \$ _____
Sat Sak Lunch	# persons	_____X\$6	Total \$ _____
Check # each _____Turkey _____Ham _____Cheese _____P&J			
Sat Dinner	# persons	_____X\$12	Total \$ _____
Sun Breakfast	# persons	_____X\$8	Total \$ _____
Sun Sak Lunch	# persons	_____X\$6	Total \$ _____
Check # each _____Turkey _____Ham _____Cheese _____P&J			

Vegetarian Meals will be available upon request

REGISTRATION FEE PER PERSON	# Persons	_____X\$15	Total \$ _____
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TOTAL ENCLOSED	\$ _____
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Please make check payable to East TN Chapter of TTA

Mail to: Rosemary Marshall  
5400 Parkdale Rd.  
Knoxville, TN 37912

Any Questions? Call Rosie 865-548-6171 or rosemary\_L@hotmail.com

## MURFREESBORO CHAPTER

CHAPTER OFFICER: Millette Jones  
615-397-9588 millette.jones@comcast.net  
OUTINGS COORDINATOR / CO-OFFICER: Tony Jones  
615-397-4463 awj68@comcast.net  
(Call Tony & volunteer to lead an outing)  
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield-Crescent Rd., Murfreesboro  
BLOG [www.ttamurfreesboro.blogspot.com](http://www.ttamurfreesboro.blogspot.com)

July 4- Elk River Canoe/Kayak Float. See Highland Rim's listing for details. To sign up contact Tony Jones at [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-4463

July 11- Signal Mountain on the Cumberland Trail to Mushroom Rock. 9 miles, Moderate/Difficult. Elevation changes on this trail (over some rocky trail), and a little bushwhacking getting to Mushroom Rock. Bring lunch, wear boots, and bring lots of water. Contact Marietta Poteet, [nannietta@blomand.net](mailto:nannietta@blomand.net) or 931-924-7666 for meeting times and further information.

July 14- Murfreesboro Chapter Meeting. 7 PM Barfield Crescent Wilderness Station. Guest Speaker Libby Francis (of Nashville Chapter) will give us a presentation on Africa or South Dakota.

July 18- Elk River Canoe/Kayak Float. From Tims Ford Dam to Farris Bridge. Please see Highland Rim's listing for details. To sign up contact Tony Jones at [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-4463

July 25- Stones River Greenway (New Section) Beginners/Newcomers Hike, 4 miles. Easy. Contact Martin McCullough at [mam1932@bellsouth.net](mailto:mam1932@bellsouth.net) or 615-896-1043 Planning Ahead-

Aug 1- TTA Quarterly Meeting. Edgar Evins State Park

Aug 11- Murfreesboro Chapter Meeting 7PM

### Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site:

[www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php)

It's Annual Meeting Time again! Once each year, TTA members from all across the state gather for a weekend of fun, food and fellowship. In addition to the hikes offered each day, there will be entertainment, chapter exhibits, silent and live auctions, and our Annual Meeting of the membership, where we will elect Officers and Board Members, hear about TTA developments, and present several awards recognizing individuals and/or businesses for their outstanding contributions to the furtherance of TTA's missions and goals.

The hosts for the 2009 Annual Meeting of the Tennessee Trails Association will be members of the East Tennessee Chapter. This year's event will be held from Friday, November 6, through Sunday, November 8, at the Valley View Lodge & Convention Center in Townsend, known as the quiet side of the Smokies.

Note: Registration deadline is October 15, 2009 for Lodging and Meals.

### Annual Convention/Meeting

#### Tentative Schedule of Events (Eastern Time)

Friday, November 6, 2009 (All times are Eastern Time)

12:00 PM - 5:50 PM	Registration
12:00 PM - 5:30 PM	Auction Items check-in
1:00 PM	Hikes begin
5:00 PM - 9:00 PM	White Elephant and Bake Sale Items for Sale
6:00 PM	Dinner
7:00 PM	Cash bar opens
7:00 PM	Program and Entertainment
9:00 PM	Bonfire

Saturday, November 7, 2009 (All times are Eastern Time)

6:00 AM	Coffee for Early Risers
6:30 AM - 10:30 PM	White Elephant and Bake Sale Items for Sale
7:00 AM	Breakfast
6:30 AM - 7:30 AM	Pick up pre-registered Bag Lunches
8:00 AM	Hikes begin (don't forget your sack lunch)
2:00 PM	Silent Auction begins
3:00 PM	Cash bar opens
5:00 PM	Dinner
6:00 PM	Silent Auction closes
7:00 PM	General membership meeting, chapter reports, election of officers, awards presentation
8:00 PM	Live Auction

Sunday, November 8, 2009 (All times are Eastern Time)

6:00 AM	Coffee for Early Risers
6:00 AM - 8:00 AM	Final: White Elephant and Bake Sale Items for Sale
6:30 AM - 7:30 AM	Pick up pre-registered sack lunches
7:00 AM	Breakfast
7:00 AM - 9:00 AM	Check out
8:00 AM	Hikes begin (don't forget your sack lunch)
9:00 AM	TTA Quarterly Board of Directors' Mtg

## SODDY-DAISY CHAPTER

Chapter Officer: Brandy Selman (423) 544-9608  
chattowngrl@gmail.com  
Treasurer: Jan Agee (423) 504-3581  
ageejanice@bellsouth.net  
Hike Coordinator: Don Deakins (423) 842-3140  
don.deakins@gmail.com

Meet Quarterly: First Monday of Jan, Apr, Jul, and Oct at 6:00pm in Soddy Daisy Municipal Building  
Schedule: See current schedule at <http://tinyurl.com/6np53k>  
Blog: <http://sdtta.blogspot.com>

July 4 Cumberland Trail - Piney River - Assemble at Piney River Trailhead no later than 10:00am EDT. Leave appropriate number of vehicles at Piney River Trailhead and proceed to Duskin Creek parking area where hike will begin. This will be an approximate 8 mile hike which is rated moderate. Caravan will depart from Bakewell BP station at 9:00am for those not familiar with our destination. - Contact Don Deakins at 423-842-3140 or [don.deakins@gmail.com](mailto:don.deakins@gmail.com) for more info.

July 11 Cumberland Trail - Prentice Cooper - Requires staging vehicles at both ends. Hike will begin at the main trailhead on Tower Road in Prentice Cooper Wildlife Management Area and proceed to Stone Door and Indian Rockhouse. From there we will hike to Snoopers Rock Overlook and then a short distance to awaiting vehicles. Total length of moderate rated hike is about 4 miles. We will form a caravan or carpool if needed for anyone not familiar with Prentice Cooper. Contact Don Deakins at 423-842-3140 or [don.deakins@gmail.com](mailto:don.deakins@gmail.com) for more info.

July 18 Cumberland Trail - Black Mountain - Approximate 5 mile easy to moderate hike from top of Black Mountain to Cox Valley Road trailhead with a stop at Windless Cave. Meet at the BP station in Bakewell, form a caravan and depart from there no later than 9:00am. We will drop off one or more vehicles near Cox Valley Road trailhead, then drive to Black Mountain Loop Trail parking area where the hike will begin. Contact Don Deakins at 423-842-3140 or [don.deakins@gmail.com](mailto:don.deakins@gmail.com) for more info.

July 25 Savage Gulf - Hike Day Loop Trail with a side trip to site of old moonshine still, Savage Falls, and Savage Falls campsite. Rattlesnake Point Overlook on the Day Loop Trail will provide extended break and photo opportunities as will Savage Falls. Total walking distance is about 5.5 miles. This easy to moderate hike is relatively level except for a short climb from Savage Falls up to Savage Falls campsite. We will form a caravan or carpool if needed for anyone not familiar with Savage Gulf. Contact Don Deakins at 423-842-3140 or [don.deakins@gmail.com](mailto:don.deakins@gmail.com) for more info.

## MEMPHIS CHAPTER

CHAPTER OFFICER: (Memphis BD REP) Margaret Smith  
901-210-6097 [spikie542003@yahoo.com](mailto:spikie542003@yahoo.com)

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

No chapter meeting and hikes scheduled for the month of July. In the meantime, check out other TTA chapter hike listings and join a hike!

## SUMNER TRAILS CHAPTER

Contact Person: Libby Francis [libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)  
Meets Monthly: 1<sup>st</sup> Tues. at 7:00 PM CT First Presbyterian Church, 172 West Main Street, Hendersonville

July 7- 7:00 PM, CT. Monthly meeting. The speaker will be Libby Francis just back from her safari in South Africa, Botswana, Namibia and Zimbabwe. There will be a slide show, discussion, and refreshments. Come be a part of this newly formed chapter and join in the fun.

July 11, Mammoth Cave NP- Come explore some of the historic trails above-ground at Mammoth Cave National Park near Cave City, KY! This is a joint hike with the Nashville Chapter. Although MCNP has an extensive system of back country trails, it also has an interesting variety of shorter trails near the park Visitor Center. Our trip will focus on hiking 5-6 miles on these shorter trails, weaving around numerous historic and scenic locations such as: Old Guides Cemetery, the "historic" entrance to Mammoth Cave, Echo Spring, the banks of the Green River and its overlooks. Although no one trail is very long or remote, this is still primarily a woodland hike with ascents and descents, rocky trail conditions and the weather can feel very warm and steamy. Please wear sturdy footwear (preferably boots), and bring plenty of water, snacks, walking sticks, rain gear, etc. Our lunch plans will be a "game day" decision. MCNP has an old diner where we could possibly eat lunch, however, due to summer cave tour crowds, we may opt to eat "on the trail" - so please pack a light lunch and bring some money also. The drive is 1 ½ hours - one way - so please expect a full day of hiking and traveling. We will meet to carpool at 8:00 am CT at the Kmart parking in Goodlettsville. ( I-65 North to exit 97 "Long Hollow Pike-Goodlettsville" Turn Right onto Long Hollow Pike, then Left into Kmart). Bad weather will cancel the trip. Contact Anne Wesley before July 10 for more information [tthiker@msn.com](mailto:tthiker@msn.com) or 615-851-1052. Please note: This is not a cave trip

July 25, Old Hickory Lake Three Hour Cruise on 26 passenger DISCOVERY ([www.cumberlandrivercruises.com](http://www.cumberlandrivercruises.com)) We will embark from Cherokee Marina @Hwy 109 and cruise upstream to historic Cairo and beautiful Sandy Chapel Harbor where we will disembark for short walk and explore a 200 yr old cemetery. Lunch on the return voyage. History, wildlife, sea stories & "rolling on the river" on a three hour tour. Meet @Hendersonville Pres Church @ 9 AM, CT or @Cherokee Marina @ 9:45, CT. Cost is \$10 per person, due when you register. Your check secures your place. You can pack a lunch or they can order you a deluxe box lunch for \$10 when you register - complimentary water/soft drinks aboard. We are limited to 26 people. To register or for further info contact Al Ballenger (615) 347-2623 or Cap'n Jesse (615) 451-400, [houseboat01@comcast.net](mailto:houseboat01@comcast.net)

## NASHVILLE CHAPTER

CHAPTER OFFICER: Nora Beck  
615-517-6486 nora\_beck@comcast.net  
OUTINGS COORDINATOR: Libby Francis  
libbyslibbys@comcast.net  
(email Libby & volunteer to lead an outing)  
MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT  
REI Community Room, 261 Franklin Road, Brentwood,  
TN 37027. For directions, visit:  
[www.tennesseehike.org/nashville.php](http://www.tennesseehike.org/nashville.php)

July 28 - Monthly chapter meeting; please note our new meeting place: the community meeting room at REI, 261 Franklin Road, Brentwood, TN 37027. This month the intrepid Sue Biggers and Garnett Rush will describe their Colorado hiking adventures and a couple of misadventures from a trip they took last summer. They survived very much intact, even down to their senses of humor, and we get to hear how they accomplished it. Plan on bringing a friend and staying after the program and a brief business meeting to enjoy refreshments and socialize with fellow hikers; and, of course, check out our new surroundings. For further info contact Nora Beck, [nora\\_beck@comcast.net](mailto:nora_beck@comcast.net) or 615-517-6486.

July 10 Beat the Heat Sunrise Hike on the Mossy Ridge Trail in Warner Park. Nashville, TN. Better reach for your coffee as soon as your alarm clock goes off, or you're going to miss this one entirely <yawn> because we're going to meet at 6:50am CT to hike the 4.5-miles on the Mossy Ridge Trail. In order to beat the heat not only will we be starting early but we'll maintain about a 2 to 2.5-miles per hour pace. The trail is rated moderate due to the uneven and rocky terrain, and for the several ascents/descents we will encounter along the way. Our rewards for starting so early: hearing the melodic songs of the early morning birds; seeing owls, deer, chipmunks, and squirrels; getting a good dose of exercise endorphins circulating before 9:30am; having the remainder of the day to do stuff; all before the heat of the day sets in. Afterwards, we'll regroup for coffee and a bagel (bring \$ to pay for your coffee/snack) at Bruegger's Bagel Bakery located nearby. We will meet at 6:50am CT in the "Deep Well" parking area of the park. Eat breakfast or a snack before reaching the trailhead, and wear sturdy hiking shoes, and carry plenty of water. To get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 1.8 miles and turn left into the grey stone entrance, drive to the end/t-intersection (approx 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-352-7777.

July 11 Beat the Heat Sunrise Hike on the Mossy Ridge Trail in Warner Park. Nashville, TN. See description for Fri, July 10 above.

July 11 Mammoth Cave Hike. Come explore some of the historic trails above-ground at Mammoth Cave National Park near Cave City, KY! This is a joint hike with the Sumner Trails chapter. For more details see the Sumner Trails hike description. The drive is 1 ½ hours – one way – so please expect a full day of hiking and traveling. We will meet to carpool at 8:00 am central at the Kmart parking in Goodlettsville. (I-65 North to exit 97 "Long Hollow Pike-Goodlettsville" Turn Right onto Long Hollow Pike, then Left into Kmart). Bad weather will cancel the trip. Contact Anne Wesley before July 10 for more information [tahiker@msn.com](mailto:tahiker@msn.com) or 615-851-1052. Please note: This is not a cave trip.

## NASHVILLE (cont)

July 17 Beat the Heat Sunrise Hike on the Mossy Ridge Trail in Warner Park. Nashville, TN. See description for Fri, July 10 above.

July 25 Bryant Grove, Longhunter State Park, Nashville. This 8 mile there-and-back hike cruises through Long Hunter State Park along the shoreline of Percy Priest Lake. The walking is easy, but the distance is rated moderate. For more information and to register contact Garnett Rush at 615-352-7217 or e-mail [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

## PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber 931-839-6662  
taxxing@aol.com  
Myra Holloway 931-788-1724  
followthesun12@live.com

SECRETARY/TREASURER: Jim Grove  
MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle  
Public Library's Community Room, 154 East 1<sup>st</sup> Street,  
Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at <http://ttaplateauchapter.blogspot.com> Rain cancels.

July 11. Lost Creek Cave, Sparta. to see a 50-foot waterfall. No need to crawl, cave is tall. Hike 1 1/4 miles one way, rated moderate to difficult due to rock stepping, and need to climb over rocks and boulders. Two flashlights extra batteries required for safety. Wear sturdy hiking boots, bring water, lunch, and snacks. Registration is required. Crossville hikers meet at Tractor Supply Parking lot on Highway 70 in Crossville at 8:00 AM CDT. For more info and to register, call Bill Harris at 931/484-9152.

July 18. Colditz Cove State Natural Area, Allardt, TN and Gentlemen's Swimming Hole, Rugby, TN. Colditz Cove features a pristine 1.5 mile loop to the 60 foot high Northrop Falls. A short drive brings us to the Gentlemen's Swimming Hole for an additional 2 mile hike. Meet behind Cracker Barrel at 8:00 AM CDT. For more info /to register, call Myra Holloway at 931/788-1724 or by e-mail at followthesun12@live.com.

## START SAVING FOR THE ANNUAL MEETING!!!

Bring all those wonderful goodies you have stashed away but aren't using.

TTA needs it!!!

The silent and not so silent auction and the white elephant table at the annual meeting await your donations.

One person's junk is another person's  
.....?????????



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Rosemary\_L@hotmail.com

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TN Rails To Trails Advisory Council  
Bob Richards 615-532-0753  
robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor  
Leslie El-Sayad editor@tennesseetrails.org

### Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
July 10 .....	Aug 1
Aug 10 .....	Sept 1
Sept 10 .....	Oct 1

Articles submitted are subject to editing and  
will be included as space permits.

Please send all submissions to:  
editor@tennesseetrails.org

## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Mary Jane Ware  
[maryjaneware@bellsouth.net](mailto:maryjaneware@bellsouth.net)

July 11 Lost Creek Cave, Sparta, TN. It's hot outside but we should be comfortable as we hike into Lost Creek Cave to see a 50-foot waterfall. The cave is tall enough that you will be able to walk to the waterfall with no need to crawl. The hike is only 1 1/4 miles one way, but is rated moderate to difficult due to difficult footing, rock stepping, and the need to climb over some rocks and boulders. A flashlight and a spare with extra batteries are required. Wear sturdy hiking boots and bring water, lunch, and snacks. Registration is required. You can meet us in the Penney's parking lot in Cookeville at 8:00am CT or the Rockhouse near Sparta at 8:30. For information and to register contact Mary Jane Ware at 931-261-4222 or [mjhike@bellsouth.net](mailto:mjhike@bellsouth.net) or Bill Harris at 931-484-9152.

July 25 Siler's Bald, Great Smoky Mountains National Park, Gatlinburg, TN. We will hike a section of the Appalachian Trail from the Clingman's Dome parking lot to Siler's Bald. There are spectacular sections of the trail along a narrow ridge top. The hike is 9 1/2 miles and is rated moderate to strenuous. Bring water, snacks, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

### TTA's Calendar

May 31-Jun 6 American Hiking  
Society's Volunteer Vacation  
Trail Building Event on the  
Cumberland Trail

Jun 6 ..... National Trails Day (Locations  
TBA)

Aug 1 ..... Board of Directors' Quarterly  
Meeting (Location TBA)

Sep 13-19 ... Bike Ride Across TN  
(B.R.A.T.) (Proceeds Benefit  
the Cumberland Trail)

Sep 26 ..... National Public Lands Day  
(Location TBA)

Nov 6-8 ..... Annual Meeting in Townsend  
(Smoky Mountains) hosted by  
East TN Chapter

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
  
ADDRESS SERVICE REQUESTED

First Class Mail  
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**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

☐ **A NEW MEMBER**

July 09

☐ **RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,

Ron Dunn

615-867-3301

trekkingtn@comcast.net

Please Mail This Form To:

Membership Director

P.O. Box 41446

**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

\_\_\_ Individual \$25.00

\_\_\_ Family \$35.00

\_\_\_ Student (FULL-TIME) \$15.00

\_\_\_ Supporting (\$50.00, \$100.00 or more)

\_\_\_ Life Member (Individual) \$500.00

\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Home Phone ( \_\_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

Work Phone ( \_\_\_\_ ) \_\_\_\_\_

e-mail \_\_\_\_\_

☐ Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

\_\_\_ Big South Fork

\_\_\_ Cumberland Gap

\_\_\_ Memphis

\_\_\_ Plateau (Crossville)

\_\_\_ Clarksville

\_\_\_ East TN (Oak Ridge/Knoxville)

\_\_\_ Murfreesboro

\_\_\_ Soddy Daisy

\_\_\_ Columbia/Franklin

\_\_\_ Highland Rim (Manchester/Tullahoma)

\_\_\_ Nashville

\_\_\_ Upper Cumberland

\_\_\_ Cove Lake

\_\_\_ Jackson

\_\_\_ Northwest (UT at Martin/Weakley)

(Sparta/Cookeville)

\_\_\_ At Large

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**