TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



ANNUAL ALLARDT "A"VENT AWAITS

<u>Friday, October 2</u>, we will camp at beautiful, historic Pickett State Park. You can bring a tent or camper. Sites are first-come, first-served, but we will get a "TTA site" which is suitable for multiple tents. Pickett also offers cabins (call 931-879-5821 to check availability). Bring a chair and gather round the campfire for a laid-back evening enjoying the early autumn weather.

<u>Saturday, October 3</u>, all roads lead to ALLARDT, TN! Block out your calendar, and plan to join Tennessee Trails Association at the 18th Annual Allardt Pumpkin Festival!! This is a fun-filled weekend of events surrounding the traditional Giant Pumpkin Weigh-off Competition. Join us for a day or the whole weekend. All TTA members are more than welcome!! Meet in Allardt (Fentress County, due east of Jamestown on TN 52 - central time zone) for a variety of interesting events. In the morning, you can shop for crafts/baked goods, buy pumpkins and gourds from local growers, listen to live music, or pull up a chair to watch the fascinating process of weighing the giant pumpkins to determine the 2009 champion. Around Noon, all TTA members gather to decorate our float for the Pumpkin Festival Parade! We promote local hiking and our statewide organization by walking in the parade and tossing candy to the young ones. Afterwards we have a short hike at the lovely Colditz Cove State Natural Area featuring Northrup Falls. Campers reconvene at Pickett for another evening under a nearly-full moon.

<u>Sunday, October 4</u> - We'll have a short but beautiful hike on the trails of Pickett State Park. Then it's time to load up our pumpkin pies and head home.

For more details about the festival in general, visit www.allardtpumpkinfestival.com. For specific information about TTA's participation (how to get there, what to bring, how to toss candy without maiming children, etc) contact Anne Wesley at ttahiker@msn.com.

2009 Annual Convention

November 6,7,8 2009
Valley View Lodge &
Convention Center,
Townsend, TN (on the
quiet side of the
Smokies)
(SEE DETAILS INSIDE THIS
ISSUE)

Thanks to you all for your continued support

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donations of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Previous projects funded through this program have included boardwalk improvements at Big Hill Pond State Park, improved signage at Rotary Park in Clarksville and Barfield-Crescent Park in Murfreesboro, tree identification labels on the Laurel Branch trail, building materials and signage for trails being constructed at Tellico Lake in Loudon County, the Cumberland Trail Conference's Spring Volunteer Programs, improvements at the entrance of LaFollette Nature Trail and an Eagle Scout project on the Cumberland Trail.

We would like to recognize and thank these newest **Supporting Members**:

Laurie Lee Gschwend, Alys Venable, Tony & Millette Jones, Wayne & Merri Hinton, Barbara & Jim Charlet, and Radford Smith.

In addition, we would like to recognize **Cathy Conley** who joined this year as a <u>Life</u> <u>Member</u>.

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager......Tony Hook.....tony.hook@frontiernet.net

Office Manager......Marleya Pendleton ...marleyapendleton@frontiernet.net

Email: cumberlandtrail@rocketmail.com Website: www.cumberlandtrail.org

CTC Schedule

The Cumberland Trail Conference would like to say thank you for the tremendous volunteer effort from the TTA with the three FPR bridges in the Rock & Possum Gorges. Without the dedication of such individuals, these 3 bridges would not have been completed. Hikers will no longer have to be concerned about high, rapidly flowing water in these two gorges. This overall bridge project has been a learning experience, but now the CTC/TTA is prepared to build these types of bridges where needed on the Cumberland Scenic Trail. Members from the following chapters assisted with the project: Clarksville, Cove Lake, Columbia/Franklin, East TN, Memphis, Murfreesboro, Nashville, Soddy-Daisy, Plateau, and un-affiliated members. These bridges are another chapter in the saga that is to be the creation of the Cumberland Trail and its lasting legacy. "

"Cumberland Trail 50K"

The race begins October 10, 2009 and the proceeds will benefit the CTC. For more information http://www.ktc.org/Applications2009/Cumberland09.pdf

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER:

423-628-6475

SECRETARY / TREASURER:

423-628-5521

BOARD REPRESENTATIVES:

615-824-7048

OUTINGS COORDINATOR 423-628-5521 Jim Meadows jhmnhm@highland.net Benita Howell bjhowell@highland.net Tim & LynnTakacs lynntakacs@comcast.net

or ttakacs@comcast.net
Tom and Bonita Howell

Tom and Benita Howell tshowell1003@highland.net

(Call Tom & volunteer to lead an outing.)

Sept 19 Frozen Head State Park and Natural Area, Wartburg, TN If the rains continue to supply the falls, we'll set up a shuttle, then hike from the upper trail head parking area to Debord and Emory Gap Falls, follow the Panther Branch Trail, and loop back to the lower trail head parking area via North Old Mac Trail. Total distance is 7 to 7.5 miles, but the hike is rated moderate, with all of the climbing in the early part of the hike. In case of a September drought, we'll likely hike the Spicewood trail instead. Meet at 9:00 Eastern time at Harrow Road Cafe in Rugby to carpool to the park, or meet at the Park Visitor Center at 10:00 Eastern time. Dress appropriately for the weather and bring lunch and plenty of water. For information and to register for the hike, contact Tom Howell (tshowell1003@highland.net).

CLARKSVILLE CHAPTER

CHAPTER OFFICER:

Paul Schwab 931-645-9068 paulschwab@bellsouth.net

OUTINGS COORDINATOR: Suva Bastin 931-645-2849

(call Suva & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow
Community Center, 211 Richview Rd.

Please call hike leaders to confirm hike time and meeting place.

Sept 5 Labor Day; no hike.

<u>Sept 12</u> Bearwaller Gap, Carthage, TN; 6 miles, moderate; Suva Bastin 931.645-2849; meet 7:30 a.m., I 24 Exit 11 commuter parking lot.

<u>Sept 19</u> Rails to Trails Clarksville (if ready) if not unpaved Eagle Trail, Rails To Trails Ashland City, approximately 6 miles, easy; John Sneed 931.920-3828; meet 8:00 a.m., Big Lots parking area, Riverside Drive Clarksville, TN.

<u>Sept 26</u> National Public Lands Day; activities to be announced.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm

423-562-1110 Richard.Helm@ahss.org

CO-CHAIR: George Gill 423-562-7121

MEETS MONTHLY: Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

<u>Sept 8</u> We will meet 6:00 p.m. @ Cove Lake State Park shelter 1 or 2 to discuss our hikes or where we would like to hike. Everyone is welcome to attend for ideas. More information or contact Richard Helm 423-562-1110

<u>Sept 19</u> We will meet 9:00 a.m. @ Bruce Gap parking lot to start hiking from the top of Cross Mountain and hike down to Bruce Gap. The hike is moderate 4 to 5 miles. More information contact Richard Helm 423-562-1110. Bring plenty of snacks and water.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER:

Bobby Hardeman 615-430-0638

puttr22@aol.com

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

Sept. 1 Regular monthly meeting. Report on August hikes and make plans for future hikes and activities.

Sept. 12 Russell Smith will lead a hike at Garrison Creek, off the Natches Trace Parkway near Leiper's Fork in Williamson County. The approximately 3 mile hike will be mostly shady ridge tops and creek side forests. Be prepared for wet creek crossings. The path includes a passage through a tunnel built under the parkway to accommodate hikers and equestrians. Contact Russell (615 790-1833 or carving082334@aol.com) to register. Meet at the old Kroger store parking lot, north of Spring Hill, next to McDonald's at 8 a.m. The hike should be completed by 11:30 with the option for lunch with the group. Sept. 26 Hike the Paw Paw Trail at Fall Creek Falls State Park with Bobby Hardeman leading. The easy 5 mile hike includes views of Cane Creek, Rockhouse and Fall Creek Falls, offering a different perspective for those who are accustomed to the more familiar views of the falls. Meet at A&D Market (Hwy. 231, just south of I-840) to leave at 8 a.m.

Register with Bobby (615 430-0638 or putt22@aol.com).

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER:

Rosemary Marshall Rosemary_L@hotmail.com

865-548-6171 **CHAPTER CO-OFFICER:**

Allie Sasser Hubbs

865-494-9522

hike_annoucement_etchapter@yahoo.com

ASSISTANT CO-OFFICER:

Elise Eustace

865-712-1916

eliseeus@hotmail.com

TREASURER:

Bob Uhren

snowcap34@hotmail.com

Sept 27 We will gather on this Sunday evening for 2010 hike planning session in Townsend, TN. This will be a great opportunity to review our Annual Meeting facilities and eat KFC by the "roadside" creek area. Make you plans to be a part of our hiking Chapter in 2010. For additional info, call Rosemary at 865-548-6171 or rosemary_L@hotmail.com

HIGHLAND RIM CHAPTER

(Tullahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley 931-455-5849

htbentley@lighttube.net

VICE PRESIDENT: Joette Carter

931-968-0073

OUTINGS COORDINATOR / NEWSLETTER CONTACT:

Contact Tom Bentley

MEETS MONTHLY: 1st Tuesday We eat at various places, this coming month is Ruby Tuesdays at 5:30 and meeting is at 7:00 at D. W. Wilson.

See the Blog please

JACKSON CHAPTER

CHAPTER OFFICER:

731-695-1960

TREASURER:

206-553-9334

SECRETARY

731-668-4190

OUTINGS COORDINATOR:

731-217-5966

Candy Higgs chiggs_3@yahoo.com Sara Hakim

sara.hakim@gmail.net Don Dresser

Donald_Dresser@usit.net

Glen Rognstad

glenrognstad@gmail.net

MEETS MONTHLY: 2nd Mon at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts 6:00pm CT; meeting starts 7:00pm

Sept 12: Mousetail Landing State Park - Parsons, TN: Mousetail Landing State Park, Parson, TN. Eagle Point Trail is an eight mile loop to a high bluff overlooking the Tennessee River below. This is a favorite hike of the Jackson Chapter. The trail is rated moderate. Bring lunch and plenty of water. For additional information and to register, contact Candy Higgs at (731) 6... or email chiggs_3@yahoo.com

Sept 14: Chapter Meeting: Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 p.m. and the meeting will start at 7:00 p.m. Please contact Candy Higgs at chiggs@yahoo.com or 73... if you need additional information.

Sept 26: Pinson Mounds, Pinson, TN: Pinson Mounds is one of two state archaeological parks set aside to protect the prehistoric remains found there. The Pinson Mounds grouping consists of at least 15 earthen mounds, a geometric enclosure, habitation areas and related earthworks in an area that incorporates almost 1,200 acres. Pinson Mounds is a national historic landmark and is listed on the National Register of Historic Places. The park offers 6-miles of nature trails, some of which border the Forked Deer River. The specific trail has not been determined at this point. Please bring lunch/snack, plenty of water and hiking boots are encouraged. To register, please Glen Rogenstad 731-217-5966 glenrognstad@gmail.com

Planning Ahead:

Oct 3-4: Allardt Pumpkin Festival: Big South Fork National River & Rec Area. See the front of this newsletter for details. For more information and to register, please contact Candy Higgs at (731) 695-1960 or email chiggs_3@yahoo.com

ANNUAL CONVENTION/MEETING HIKES (14 GREATEST HIKES OF "THE SMOKIES")

<u>Hike around Cades Cove Road</u>. Enjoy the old cabins and wildlife of Cades Cove. 11 miles. May be shortened by using Sparks Lane or Hyatt Lane 'cutoffs'.

Rich Mtn. Loop. This hike begins at the entrance to Cades Cove and utilizes Rich Mtn. Loop Trail, Indian Grave Gap Trail, and Crooked Arm Ridge Trail to make an 8.7 mile loop. Excellent views down into Cades Cove. 1600' climb to Cerulean Knob(3,686').

<u>Lead Cove Trail to Thunderhead Mtn.(Appalachian Trail)</u>. Beginning at Laurel Creek Rd., this hike utilizes Lead Cove and Bote Mtn. Trails to Access thunderhead Mtn.(5500')on the Appalachian Trail. 3700' climb. 12.8 miles RT(round trip) Strenuous hike.

<u>Alum Cave trail to Mt. LeConte</u>. The most popular trail to Mt. LeConte, highlights include Arch Rock, Alum Cave Bluffs, and of course, the cabins on Mt. LeConte (6,595'). 10.4 miles RT. 2800' climb. Cautions: Exposed cliffs and possible ice on trail.

<u>Jakes Creek Trail to Blanket Mtn</u>. Hike begins at the end of jakes Creek Rd. in Elkmont and begins a steady 1700' ascent to Jakes Gap. There a manway bears to the right and in @.75 mile Blanket Mtn. is reached, the site of an old fire tower. Optional side trip to the Avant Cabin. 7.5 miles RT.

<u>Clingman's Dome to Newfound Gap (Appalachian Trail).</u> This hike begins at the Clingman's Dome parking lot and climbs 0.5 mi. to Clingman's Dome (6,643'), highest point in the Park. The trail then descends 1600' over the next 7.8 miles to Newfound Gap. Car shuttle required.

<u>Lumber Ridge Trail and Spruce Flats Falls manway</u>. This hike begins at the Great Smoky Mountains Institute in Tremont. After a half mile hike on the narrow, rocky Spruce Flats Falls trail, Spruce Flats Branch and Falls is reached. After rock hopping Spruce Flats Branch, the next 3 miles or so are off of maintained trails. The manway intersects Lumber Ridge Trail at Buckhorn Gap and begins a 4 mile descent back to Tremont. @7 or 8 miles.

<u>Little River/Cucumber Gap Loop.</u> This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike. Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike.

<u>Gregory Ridge trail to Gregory Bald.</u> Hike starts at the end of Forge Creek Rd. at the back of Cades Cove. Famed for its Azalea display in June. 3000' climb. 11 miles RT. Great views.

<u>Trillium Gap Trail to Grotto Falls and Brushy Mtn.</u> This hike begins on the one-way Roaring Fork Motor Nature Trail Road, passes behind Grotto Falls at mile 1.2, and intersects Brushy Mtn. Trail at Trillium Gap at mile 2.9. It's then a half mile hike out to Brushy Mtn. overlook. 1500' climb. Caution: Slippery around falls, possibly icy in November. 6.8 miles RT

<u>Laurel Falls trail to Cove Mtn. tower.</u> One of the more popular 'tourist' trails for the first 1.3 miles. Paved for the first 1.3 miles. The next 2.7 miles gradually climb through virgin forest to intersect Cove Mtn. Trail. A left turn takes one to Cove Mtn. (4077') and the old fire tower. The tower is now a converted air quality monitoring station. 8.2 miles RT.

<u>Look Rock Tower (foothills Parkway).</u> Very short 2 mile round trip hike. Steep climb for a short distance, then levels out. Gentle ascent up a concrete viewing tower. Great views of TN Valley to the north and Smokies to the south.

<u>Little Bottoms/Hatcher Mtn./Cooper Road Trails loop</u>. Hike starts at Abrams Creek Ranger Station at the Far western end of the Park. Relatively flat hike as Smokies hikes go. Steepest climb is 200' in 1/4 mile. Little Bottoms trail parallels Abrams Creek for several hundred yards. Narrow and rocky trail in spots. 10 mile loop.

Newfoundland Gap to Charlies Bunion. This is an "in and out" 8 mile moderate hike. It has gradual up and down elevation but the scenery from the "bunion" is spectacular.

PLEASE CONTACT KEITH MERTZ VIA EMAIL TO VOLUNTEER TO LEAD YOUR FAVORITE HIKE VIA Keithmertz@hotmail.com

TENNESSEE TRAILS ASSOCIATION CONVENTION/MEETING VALLEY VIEW LODGE AND CONVENTION CENTER TOWNSEND, TENNESSEE NOVEMBER 6-8, 2009 mily member's name must be listed if attending)

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GOT CREATIVITY?

PUT YOUR TALENTS TO WORK

THE AUCTION NEEDS EACH CHAPTER TO BRING AT LEAST ONE BASKET OR BACKPACK THAT IS FILLED WITH ITEMS AROUND A SPECIFIC "THEME" OF YOUR CHOICE.

WE DID IT BEFORE AND IT WAS FUN AND A GREAT SUCCESS.

SOME SUGGESTED THEMES:
SPORTS
HOLIDAYS
CHILDREN, GRANDCHILDREN
HOBBIES
HOME OR AUTO
INTERESTS
TRAVEL
AND OF COURSE, HIKING

(YOUR AREA HIGHLIGHTS)

WE ARE GOING TO HAVE A SPECIAL BASKET FOR THE 75TH ANNIVERSARY OF THE SMNP QUESTIONS: EMAIL LESLIE AT LESIZO2@AOL.COM

It's Annual Meeting Time again! Once each year, TTA members from all across the state gather for a weekend of fun, food and fellowship. In addition to the hikes offered each day, there will be entertainment, chapter exhibits, silent and live auctions, and our Annual Meeting of the membership, where we will elect Officers and Board Members, hear about TTA developments, and present several awards recognizing individuals and/or businesses for their outstanding contributions to the furtherance of TTA's missions and goals.

The hosts for the 2009 Annual Meeting of the Tennessee Trails Association will be members of the East Tennessee Chapter. This year's event will be held from Friday, November 6, through Sunday, November 8, at the Valley View Lodge & Convention Center in Townsend, known as the quiet side of the Smokies.

Note: Registration deadline is October 15, 2009 for Lodging and Meals.

Annual Convention/Meeting Tentative Schedule of Events (Eastern Time)

Friday, November 6, 2009 (All times are Eastern Time)

12:00 PM - 5:50 PM Registration

12:00 PM - 5:30 PM Auction Items check-in

1:00 PM Hikes begin

5:00 PM - 9:00 PM White Elephant and Bake Sale Items

for Sale

6:00 PM Dinner

7:00 PM Cash bar opens

7:00 PM Program and Entertainment

9:00 PM Bonfire

Saturday, November 7, 2009 (All times are Eastern Time)

6:00 AM Coffee for Early Risers

6:30 AM - 10:30 PM White Elephant and Bake Sale Items

for Sale

7:00 AM Breakfast

6:30 AM - 7:30 AM Pick up pre-registered Bag Lunches

8:00 AM Hikes begin (don't forget your sack

lunch)

2:00 PM Silent Auction begins 3:00 PM Cash bar opens

5:00 PM Dinner

6:00 PM Silent Auction closes

7:00 PM General membership meeting, chapter

reports, election of officers, awards presentation

8:00 PM Live Auction

Sunday, November 8, 2009 (All times are Eastern Time)

6:00 AM Coffee for Early Risers

6:00 AM - 8:00 AM Final: White Elephant and Bake Sale

Items for Sale

6:30 AM - 7:30 AM Pick up pre-registered sack lunches

7:00 AM Breakfast 7:00 AM - 9:00 AM Check out

8:00 AM Hikes begin (don't forget your sack lunch)

9:00 AM TTA Quarterly Board of Directors' Mtg

TTA AND CTC NEED YOU



To participate actively in our fundraising activities at the annual meeting.

The following activities will give you an opportunity to donate to the Cumberland Trail Conference

- 1. <u>Bake Sale</u> (Bring snacks and goodies wrapped and ready to sell)
- 2. White Elephant (Donate second hand small items, books, etc. and buy a bundle back to take home)
- 3. <u>Silent Auction</u> Bring new stuff or gently used items for sale. Then go around and bid for a whole bunch of stuff that you can bring back next year!!!
- 4. Live Auction: and we do mean "live" as in "lively" Bring your "Theme" baskets or backpacks and 5 items from each Chapter (Tempting items) Remember, this is a FUN-D Raiser not a Bargain Hunter's Paradise.

The CTC depends on your generosity!!!!

This ad has been respectfully brought to you by your Auction Committee Chairman Any opinions expressed herein are strictly the opinions of said chairman who shall go unnamed!!!

MURFREESBORO CHAPTER

CHAPTER OFFICER:

Millette Jones

615-397-9588

millette.jones@comcast.net

OUTINGS COORDINATOR / CO-OFFICER: Tony Jones awi68@comcast.net

615-397-4463

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT Barfield-Crescent Park's Wilderness Station 697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttamurfreesboro.blogspot.com

Sept 5-7- GSMNP Backpack, 23+ miles, rated strenuous due to elevation gains. This hike in the Cosby area mountains features breathtaking panoramic and ridgeline walks. Contact Charlotte Broyles at broylescha@hotmail.com or call 615-890-6308 (evenings).

Sept 8- Monthly chapter meeting at 7 PM. Barfield Crescent Park Wilderness Station. Photographer and author Robert Schuffert will give a presentation using pictures from his full color travel guides: "Scenic North Alabama" and the newly published. "Scenic Tennessee." His books are known for revealing numerous hidden, scenic areas in both states, with emphasis on the outdoors, including lots of hiking places with directions on how to get there.

Sept 12- Cooper Creek to North Chick Trailhead Section of the CT, 6 miles, moderate. This will be a shuttle hike from the bluffs above Cooper Creek down into the stream valley, ford across the creek at the junction with North Chick, then along the North Chick valley, including the steep climb up to the top of the bluff, cable assisted crossing of a watershed, and terminating at the North Chick trailhead parking lot. Bring your lunch and lots of water and consider wading shoes. We will leave Murfreesboro from the Sam's parking lot at 7 AM sharp, planning to assemble at the North Chick parking lot by 9:00 CDT (10:00 EDT) for vehicle drop off. Then proceed to the hike start point in Barker's Pound area above Cooper Creek via a rough old lumbering road. Please contact Jim Schroeder via e-mail doughboyjim@comcast.net or by phone at 615-896-3023 for registration. The day of the hike the contact number is 615-417-2184. We will need at least 2 drivers from the 'Boro to affect the shuttle.

Sept. 12- Canoe/Kayak on the Red River. See Clarksville Chapter Description. Call Tony Jones at 615-397-4463 or awj68@comcast.net for info.

Sept 19- Goat Trail, Monte Sano State Park, Huntsville, Alabama, 5 miles Moderate. This hike will include panoramic views of the Tennessee Valley, steep rock outcroppings and an historic fire tower. The hike is mainly on the Goat Trail, but includes the Sinks and South Plateau Loop Trails. The trails are in good condition, but rocky and uneven in places. There will be an initial elevation loss of 300+ feet in about ½ mile and a similar gain in about 1 ½ miles. Please note that there will be a \$3 (\$1-62 yrs+) per person fee to get into the park. After our hike we will have lunch at a local restaurant. We will leave from the Murfreesboro Sam's Club overflow parking lot next to Hardees at 8:00 AM. Distance from Sam's Club to Monte Sano State Park is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

MURFREESBORO (cont)

Sept. 20. Beginner & Newcomers hike at 1:00 PM to the Volunteer Trail. 5.5 miles, easy terrain. Long Hunter State Park. Winds along the shore of Percy Priest Lake, through hardwood forest over bluffs and rock outcroppings. For information and to sign up contact Valarie Galan 615-586-2882

Sept 26- BSF Honey Creek Loop - 5.6 miles, difficult. The trail goes along the Big South Fork River. It winds under, over and between huge boulders and past waterfalls and rock houses. Wear sturdy boots and bring water, snacks and lunch. We will meet at 7:00 am at the I-840 park 'n ride on North Broad Street. Call Sara Pollard at 896-5804 to register. We will be car camping Saturday night at Bandy Creek Campground in BSF.

Planning Ahead-

Oct.4-7 Pumpkin Fest at Allardt, TN

MEMPHIS CHAPTER

CHAPTER OFFICER: (Memphis BD REP) Margaret Smith 901-210-6097 spikie542003@yahoo.com

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

Sept 12 Baker's Pond Hike & a visit to the Hummingbird Festival at Strawberry Plains Audubon Center - Joint hike with Wolf River Conservancy Meet at 10:00 a.m.: Citgo Gas Station, NE corner of Mississippi Highways 72 and Hwy 5 This hike to the source of the Wolf River in the Holly Springs National Forest with an additional adventure is perfect for nature enthusiasts of all ages. We will hike about 2 miles round trip to Baker's Pond and then travel to the Hummingbird Migration Festival at the nearby Strawberry Plains Audubon Center in Holly Springs, MS. This event coincides with the peak of the Ruby-throated Hummingbirds' southward migration. We will see thousands of hummingbirds buzzing around the native flowers and feeders found on the 2,500-acre preserve and watch some being banded. We may even get a chance to hold one before they are released. We will also visit the interesting displays of other environmental groups and artisans on the grounds. We will meet at the Citgo Gas Station/Store located at the NE corner of Mississippi Highways 72 and Hwy 5 at 10:00 a.m. (27 miles from Hwy 385/Hwy 72 interchange) and caravan 10 miles farther east on Hwy 72. We will turn right at Tower Rd. at the abandoned fire tower and then bear right again to the trailhead. Please bring water; food is available at the Citgo and the hummingbird festival. Hike will go rain or shine, If you have questions, contact trip leader Charlie Bright at charliebright@yahoo.com.

Sept 17 Monthly Meeting 7:00 p.m. at the Cordova Public Library, 8457 Trinity Rd Program to be announced.

Sept 20, V&E Greenline - Walk cancelled

Sept 26 Village Creek State Park - 7 east of Wynne, AR, an hour west of Memphis Carpoolers meet at 8:15 am CT at Memphis Welcome Center on Riverside Drive or meet at Village Creek Park Visitor Center at 9:30 am. This is a 4-6 mile hike. The trail is rated easy to moderate. Bring lunch and plenty of water. For more information call Kathryn Skinnner at 901-527-4308.

SODDY-DAISY CHAPTER

Chapter Officer: Brandy Selman (423) 544-9608

chatttowngrrl@gmail.com

Treasurer: Jan Agee (423) 504-3581

ageejanice@bellsouth.net

Hike Coordinator: Don Deakins (423) 842-3140

don.deakins@gmail.com

Meet Quarterly: First Monday of Jan, Apr, Jul, and Oct at

6:00pm in Soddy Daisy Municipal Building

Schedule: See current schedule at http://tinyurl.com/6np53k

Blog: http://sdtta.blogspot.com

<u>Sept 5</u> Cumberland Trail - southern half of Possum Gorge segment. Hike from Heiss Mountain Road Trailhead into Big Possum Gorge, cross Big Possum Creek Bridge, and then continue on to Perkins Point which is a long uphill climb. Take an extended break at Perkins Point, then proceed down a rugged trail into Little Possum Gorge and cross the recently constructed Little Possum Creek Bridge. Exit to previously staged vehicles on Retro Hughes Road (N35 21.731 W85 09.012) via a jeep trail used during bridge construction. Total distance is between 5 and 6 miles. Trail rating on high end of moderate scale. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Sept 12 Cumberland Trail - northern half of Possum Gorge segment. Hike from Retro Hughes Road Trailhead to Imodium Falls where we will take an extended break. Proceed on thru Burchard mining area to Little Possum Creek Bridge site. Exit to previously staged vehicles on Retro Hughes Road (N35 21.731 W85 09.012) via a jeep trail used during bridge construction. Total distance is approximately 6 miles. Moderate trail rating. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Sept 19 Savage Gulf - Stone Door to Greeter Falls - We will be shuttling between Greeter Falls and Stone Door ranger station so drive a vehicle capable of hauling other hikers. Caravan to Savage Gulf will meet on shoulder of Dunlap bound entrance ramp at Jones Gap exit on Highway 111. We will depart from there no later than 9:00am EDT and drive to Greeter Falls parking area where we will stage vehicles and proceed on to Stone Door ranger station at Savage Gulf State Natural Area where hike begins. First leg will be a 1 mile easy walk to Stone Door where we will take an extended break to explore Stone Door and enjoy the view from overlooks. From there we will take the 3.2 mile Big Creek Rim Trail to Alum Gap backpacking campground. This route skirts the gorge rim and offers numerous overlooks. Depart Alum Gap campground on the 1.4 mile Greeter Trail to Greeter Falls and then on to our previously staged vehicles in Greeter Falls parking area. Trail is rated easy for terrain except for an approximate 1/4 mile segment near Greeter Falls which is rocky and rugged. A shortcut to Greeter Falls parking area is available for anyone wishing to circumvent Greeter Falls. Total distance is about 5.5 miles. We will end the day with a cookout at Stone Door ranger station. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

<u>Sept 25- Sept 30</u> Cumberland Trail - Tennessee River Gorge - assist Cumberland Trail Conference with trail maintenance. Contact CTC at 931-456-6259 for more info.

SUMNER TRAILS CHAPTER

CONTACT PERSON:
LibbysLibbys@comcast.net

Libby Francis 615-889-5718

MEETS MONTHLY: 1st Tuesday at 7:00pm CT at First Presbyterian Church, 172 West Main Street,

Hendersonville

<u>Sept 13</u> - Afternoon hike at Beaman Park in Joelton. We'll walk 2 1/2 miles (beautiful creek side views and some rolling, hilly terrain), and then hikers can add another 2 1/2 miles or return easily to their cars. Please bring plenty of water and some snacks. This is a hilly area so well-broken in boots, non-cotton socks and hiking sticks are helpful. Those wishing to carpool from Sumner County can meet at the Goodlettsville K-Mart off Long Hollow Pike at Noon (central). If you want to meet at the park, please meet us at 12:30 at the trailhead off Little Marrowbone Road (NOT the Visitor Center) at the parking area on the top of the hill. Bad weather will cancel. Questions? E-mail Anne Wesley at ttahiker@msn.com (after Labor Day).

Sept 19 - Sumner Trails Chapter members will join the Nashville chapter to hike to the Walls of Jericho (on the TN/Alabama state line south of Winchester). The "Walls of Jericho" is an absolutely stunning, rock amphitheater. Unless there's been a drought, springs issue from the canyon's sides like fountains. There are plenty of spring-fed swimming holes leading up to the Walls also. However, all this beauty doesn't This is a moderately difficult hike come cheaply. approximately 7 miles long (It will feel longer!) and not for beginners. Hikers can expect rocks (in all shapes and sizes), a small amount of scrambling (optional to get to the very end of the Walls), and the last 2 miles will be uphill. Boots, lots of water, snacks and lunch are mandatory. Hiking sticks and water shoes are optional but helpful. Be prepared for an allday outing. Everyone must RSVP before September 18 to ensure he/she is prepared for this hike. E-mail Anne Wesley at ttahiker@msn.com (preferred) or call 615-851-1052.

Sept 26 - 7-miles Overlooks and Waterfalls at Savage Gulf State Natural Area (Grundy County). We hike from Stone Door Ranger Station, along the Big Creek Rim trail, to join the Greeter Falls trail Along the way, we'll have spectacular views from the Stone Door overlook and into the Big Creek Gulf. We pass Doubletree Falls we can stop at beautiful Greeter Falls. This is a combination of 3 relatively flat trails, but there are some elevation changes. Bring plenty of water, snacks and a lunch to eat at one of the many beauty spots. Meet to carpool at the Hendersonville Kroger off New Shackle Island Road (Glenbrook Shopping Center) at 7:30 am central. 2-hour drive to trailhead, we arrange car shuttle at end of hiking route. Nasty weather cancels. Please RSVP before September 25th to Anne Wesley ttahiker@msn.com (preferred) or 615-851-1052.

Announcement Re: Chapter meeting:

Sept. 1, Sumner Trails Monthly Meeting, 6:45 PM, CT. Our September meeting is a dinner meeting at Barefoot Charlie's (Island Attitude/Local Latitude) at 125 Sanders Ferry Road, Hendersonville - their phone number is (615) 431-2859. Other than a short business meeting and announcements this meeting will be just good food, fellowship and fun. Some of us will be wearing tropical attire. Come join the fun - this is Dutch Treat so bring money for dinner. We need to let them know how many to set up for, so please call Calypso Al @ (615) 347-2623 or e-mail Ballallenger@aol.com and let him know.

NASHVILLE CHAPTER

CHAPTER OFFICER: 615-517-6486

Nora Beck nora_beck@comcast.net

Libby Francis

OUTINGS COORDINATOR:

libbyslibbys@comcast.net

(email Libbyy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT

REI Community Room, 261 Franklin Road, Brentwood, TN 37027. For directions, visit:

www.tennesseetrails.org/nashville.php

Sept 22: Monthly program meeting at the community meeting room at REI in Brentwood (261 Franklin Road, Brentwood, TN 37027). Bwana Elizabeth, Bwana Libby and Bwana Garnett have been on safari this summer, and have brought back stories and pictures from their adventures in South Africa, Botswana, Namibia and Zimbabwe. Join us at 7 p.m. for a brief business meeting followed by a great program and time meet, greet, and refresh. Guests are welcome! For more details contact Nora Beck, nora beck@comcast.net

Sept. 6. Rock Creek Loop, Big South Fork NRRA. near Oneida, TN. Trail follows part of Rock Creek for cooling effects on a hot summer day. Other interesting features are the old railroad beds which are used for part of the trail. The hike is 7.5 miles and rated moderate. Wear sturdy hiking boots or trail shoes; bring lunch, snacks and water. For more information and to register at 615-352-7217 contact Garnett Rush or rushga01@vahoo.com

Sept. 12, Beaman Park Nature Center, 5911 Old Hickory Blvd. Nashville. Volunteer Work Day: Boardwalk Construction, 9am to 1:00pm. Join us we continue work on a 350 foot long, ADA accessible boardwalk. Please wear long pants and sturdy footwear. We will provide work gloves, training and tools. After the work project, hang out at the nature center and meet park staff. Refreshments and snacks will be served. Leader: Friends Call 615-862-8580 for information and of Beaman Park directions.

Sept. 12, Sewanee Perimeter Trail, Sewanee, TN. A nine mile loop hike starting at the Greens View Trailhead. Hike through the woods to a waterfall and then across the University of The South campus. Moderate, based on the distance and some hiking down to the waterfall and back up. Bring water, snacks, clothing appropriate to the weather, and good hiking shoes or boots. Late lunch after the hike at Shenanigan's or The Blue Chair. Contact Doug Burroughs at (615) 587-0085 to register and for more information.

Sept. 19, Walls of Jericho, near Winchester, TN. The "Walls of Jericho" is an absolutely stunning, rock amphitheater. Unless there's been a drought, springs issue from the canyon's sides like fountains. There are plenty of spring-fed swimming holes leading up to the Walls also. However, all this beauty doesn't come cheaply. This is a moderately difficult hike approximately 7 miles long (It will feel longer!) and not for beginners. Hikers can expect rocks (in all shapes and sizes), a small amount of scrambling (optional to get to the very end of the Walls), and the last 2 miles will be uphill. Boots, lots of water, snacks and lunch are mandatory. Hiking sticks and water shoes are optional but helpful. Be prepared for an all-day outing. Everyone must RSVP before September 18 to ensure he/she is prepared for this hike. This is a joint hike with the Trails Chapter. E-mail Karl karld@comcast.net (preferred) or call 615-207-2250.

Sept. 26, Shelby Bottoms Greenway Hike, Nashville. We will meet at the Forest Green entrance to the Greenway and hike a loop of 4 or 5 miles. We will detour to go over and back across

NASHVILLE (cont)

the pedestrian bridge. After the hike we can stop in East Nashville for lunch. Call for directions and meeting time, call Elizabeth Gerlock, 615-516-3478 (cell) or 615-356-6260 (home).

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber

931-839-6662

Myra Holloway

taxxing@aol.com 931-788-1724

followthesun12@live.com

Jim Grove

SECRETARY/TREASURER: MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle Public Library's Community Room, 154 East 1st Street,

Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-Blog 9152 or visit the Plateau Chapter http://ttaplateauchapter.blogspot.com Rain cancels.

Sept 12. Chapter picnic. Dartmoor Marina in Fairfield Glade. 4:00 PM CDT. Potluck with the club providing the main course. Activities include pontoon boat rides on the lake and swimming. If you will be attending, please RSVP to Myra Holloway or Jan Barber by September 8.

Sept 19. Twin Arches Loop, Big South Fork. This is a moderately difficult hike of 5 miles. It is one of the favorite hikes in the Big South Fork due to the two large rock arches along the trail. After the arches we'll go around the loop to the right, along some bluffs, under some rock houses, and over some rocks before reaching level ground at Jake's place. Lunch will be at Charit Creek Lodge. There is a steep 1-mile climb at the end of the hike. Wear sturdy hiking shoes and bring snacks and water. Meet behind the Cracker Barrel in Crossville at 8 AM CDT to carpool. For more information and to register, please contact Carolyn Miller at 931/456-4465 or by e-mail at cardan@frontiernet.net.

START SAVING FOR THE ANNUAL MEETING!!!

Bring all those wonderful goodies you have stashed away but aren't using.TTA needs it!!!The silent and not so silent auction and the white elephant table at the annual meeting await your donations. One person's junk is another person's????????

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	For Newsletter Dated
Sept 10	Oct 1
Oct 10.	Nov 1
Nov 10	Dec 1

Articles submitted are subject to editing and will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER:

Mary Jane Ware

maryjaneware@bellsouth.net

Sept 5-6 Overnight camping and hiking, Cumberland Gap National Historic Park, Cumberland Gap, TN. We will camp at the Wilderness Road Campground off of Highway 58 in Virginia. On Saturday we will hike the Wilderness Road, Tri-State Peak, and Object Lesson Road Trails for a total of about 6 miles. Some hiking on the section of the Cumberland Trail inside the park is also possible though the trail is weedy. We will drive up to Pinnacle Point for beautiful late afternoon/sunset views. On Sunday we will shuttle up to Pinnacle Point and hike the Ridge Trail and the Gibson Gap Trail back to the campground for a total of 8 miles. All hikes are rated moderate to strenuous. In addition to the planned hikes there are many short trails around Cumberland Gap and the campground for anyone wishing to log more miles or stay over until Monday. There are a total of 70 miles of trails within the park. Highlights of the trip are historic sites and scenic ridge top views. Bring water, snacks, lunches for hiking, and supplies for overnight camping. Camping fee is \$12 per site with up to 4 small tents per site. There are restaurants in both Cumberland Gap and Middlesboro, KY within 4 miles of the campground. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Lillian Ey at 615-746-8890 or eyintn@hotmail.com or Cindy Johnson at cjhikes@att.net or at 931-570-0122.

<u>Sept 19</u> Perimeter Trail, Green's View to the Cross, Sewanee, TN. This hike includes all of the great sections of the Perimeter Trail. It has beautiful views, scenic forests, and rolling hills. The hike is 15 miles. It is rated moderate to strenuous due to the distance and terrain. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville, at the US Bank across from McDonald's in Sparta at 7:30, in Manchester at 8:30, or at the trailhead about 9:15. This hike does require us to set up a car shuttle. Please bring snacks, water, lunch, and wear sturdy footwear. For information and to register contact Cindy Johnson at cjhikes@att.net or at 931-570-0122.

<u>Sept 26</u> Ramsey Cascades. Great Smoky Mountains National Park, Gatlinburg, TN. This hike features Ramsey Cascades, the most spectacular waterfall in the park, and near record size poplar, black cherry, and chestnut oak. The hike is 8 miles and is rated strenuous because of the 2000-foot elevation change. Bring water, snacks, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Gary Kimbrell at 931-215-8143 or okimbrell@tfbf.com.

TTA's Calendar

Sep 13-19 Bike Ride Across TN (B.R.A.T.)

(Proceeds Benefit the Cumberland Trail)

Sep 26 National Public Lands Day

(Location TBA)

Nov 6-8...... Annual Meeting in Townsend (Smoky Mountains) hosted by

East TN Chapter

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	A NEW MEN RENEWING Memberships are for one Gift Memberships are	IBER MYMEMBER year, unless you have a L also available. Contact o	ifetime Membership. ur Membership Director,	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446		
 	Ron Dunn	615-867-3301	rekkingtn@comcast.net PLEAS	E, PRINT CLEARLY.		
	Individual	\$25.00	Name			
! ! !	Family	\$35.00				
 	Student (FULL-TIME)	\$15.00	City	State		
<u> </u>	Supporting (\$50.	00, \$100.00 or more)	Home Phone ()	Zip		
	Life Member (Individual	\$500.00	Work Phone ()			
¦ !	Life Member (Family)	\$750.00	e-mail			
☐ Please do not list my e-mail address in the TTA Annual Membership Directory						
Please list me with the following chapter: Big South Fork						
When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress. As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.						

Purchase Order

Tennessee Trails Association P. O. Box 41446 Nashville, TN 37204-1446

Leslie El-Sayad Home: 865-717-6246 Les1202@aol.com August 16, 2009

Color Plus Printing 415-A Spence Lane Nashville, TN 37210

Leonard Chavaz 615-781-1071 cell ph: 615-207-0947 colplprt@bellsouth.net

Newsletter Printing

Cover Date: September 2009

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12 pages

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printed on 2 sides

11 x 17 pages to be folded in ½ by Color Plus

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Paper Color: white

Ink Color: black

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Leonard, please contact Diana Manas at 615-352-7777

- Her picking up newsletters from you at Color Plus Printing or,
- Your delivering newsletters to her home or,
- Your delivering newsletters to the newsletter party, which will be:
 August 19 at 6:00pm at Libby Francis' house 2104 Snook Drive 615-889-5718