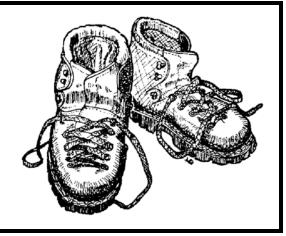
TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL





YOU'RE EXPECTED

TO HAVE FUN

AT

TTA'S ANNUAL MEETING

NOV. 6-8

TOWNSEND NEAR THE SMOKIES

The East Tennessee Chapter is waiting to show you a good time.

Hikes to suit every fitness level in the beautiful Great Smoky Mountain National Park

Social get-togethers to renew old friendships and share your experiences

An opportunity to support the Cumberland Trail Conference:

- 1. Bake Sale Home-made energy for the trail
- 2. White Elephant Sale Treasures waiting to be discovered
- 3. Silent Auction Competitive Shopping for stuff you didn't know you wanted so badly

4. BEST OF ALL

LIVE (LY) AUCTION

JOIN THE FUN, THE JOKES, THE THRILL OF VICTORY (A SPECIAL GIFT AWAITS THE HIGHEST COMBINED BIDDER FOR THE SILENT AND LIVE AUCTION)

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager......Tony Hook.....tony.hook@frontiernet.net

Office Location 19 East 4th StreetCrossville, TN 38555 Office Hours 8am-5pm Phone:931-456-6259 Fax:......931-456-4934

Email: cumberlandtrail@rocketmail.com Website: www.cumberlandtrail.org

CTC Schedule

"Cumberland Trail 50K"The race begins October 10, 2009 and the proceeds will benefit the CTC. For more information http://www.ktc.org/Applications2009/Cumberland09.pdf

Jim Meadows

Benita Howell

jhmnhm@highland.net

bjhowell@highland.net

lynntakacs@comcast.net

ttakacs@comcast.net

Tim & LynnTakacs

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER:

423-628-6475

SECRETARY / TREASURER: 423-628-5521

BOARD REPRESENTATIVES:

615-824-7048

OUTINGS COORDINATOR

Tom and Benita Howell 423-628-5521 tshowell1003@highland.net

(Call Tom & volunteer to lead an outing.)

Oct 10. Devil's Racetrack. We'll hike from Cove Lake State Park, following the Cumberland Trail to the top of Cumberland Mountain before turning off to the Devil's Racetrack, a rock formation that many of you will have seen when driving on I 75. The ascent is not steep or particularly long. Total hike length will be about 6 miles; 3 up and 3 back. Bring lunch, water, and clothing appropriate to the weather. Meet at the Harrow Road Cafe in Rugby at 9:00 Eastern time to organize a carpool. Contact Eric Wilson at ericavi@highland.net for additional information.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall 865-548-6171 Rosemary_L@hotmail.com Allie Sasser Hubbs **CHAPTER CO-OFFICER:** 865-494-9522 hike_annoucement_etchapter@yahoo.com

ASSISTANT CO-OFFICER: Elise Eustace 865-712-1916 eliseeus@hotmail.com

TREASURER: Bob Uhren snowcap34@hotmail.com

Oct 17 Mt. Cammerer via Low Gap Trail in Great Smoky National Park. 10.4 miles round trip, 3878' elevation gain, strenuous Trail begins in lower parking lot of hiker parking at Cosby Campground. Low Gap crosses and parallels several creeks that offer cool and peaceful surroundings as you climb about 2000' to the intersection with the Appalachian Trail. Low Gap crosses and goes to Walnut Bottoms but on this hike we'll turn left on AT to Mt. Cammerer. At 3.5 mi you reach a grassy summit called Sunup Knob with great views and at 4.6 mi you reach the spur trail leading to Mt Cammerer, A 0.6 mi climb to reach the historic fire tower for some of the best views in the Smokies. Meet at hiker's parking lot at Cosby campground at 9:00 a.m. To register. contact Elise at eliseeus@hotmail.com.

CLARKSVILLE CHAPTER

CHAPTER OFFICER:

Paul Schwab 931-645-9068 paulschwab@bellsouth.net

OUTINGS COORDINATOR:

Suva Bastin 931-645-2849

(call Suva & volunteer to lead an outing) MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow Community Center, 211 Richview Rd. (Additional information: see our web site http://hikeclarksville.homestead.com/)

Oct 3 Springfield Greenway, Travis Price Park, Springfield, TN; 6 miles, easy; Suva Bastin 931.645-2849; meet 9:00 a.m., I 24 Exit 11 commuter parking lot.

Big South Fork, overnight backpack, moderate to difficult; J.R. Tate 931.920.2692; meet 6:00 a.m., I 24 Exit 11 commuter parking lot.

Oct 17 Savage Gulf, South Cumberland Recreation Area; moderate to difficult; Sandy Janus 931.551.8523; meet 7:30 a.m., I 24 Exit 11 commuter parking lot.

Bon Fire- pot luck, Rotary Park Amphitheater, E Old Ashland City Road, Clarksville, TN; hike and eat; Suva Bastin 931.645.2849; meet 5;00 p.m.

Pennyrile State Park, Dawson Springs, KY; 5 Oct 31 miles easy; Sandy Janus 931.551.8523; meet 8:30 a.m. Sears Parking Lot, Governors Square Mall, Clarksville, TN. Please call hike leaders to confirm hike time and meeting place.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm 423-562-1110 Richard.Helm@ahss.org CO-CHAIR: George Gill 423-562-7121

Oct 5 Meet 6:00 p.m. @ Cove Lake State Park shelter I or 2. for our monthly meeting. Everyone is welcomed to attend to share ideas Where would you like to hike? This month is potluck. Starting Nov 2 we meet at LaFollette Recreation Center More info contact Richard Helm 423-562-1110

Oct 17 We will meet @ Food Lion 8:00 a.m. to go to Sandcave its 9.3 miles moderate to strenuous 2,000 elevation climb and then up to White Rocks. Bring lunch and water More information or contact John Redmon 423-869-8286

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER:

Bobby Hardeman 615-430-0638

puttr22@aol.com

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

Oct. 6 Robert Shuffert will be our speaker at the October meeting. Robert is the author of the photographic books Scenic North America and Scenic Tennessee. He has photographed over 350 water falls in the Southern Appalachians and Cumberland Mountains. The meeting begins at 7 PM at the Grand Buffet in Spring Hill, Tennessee. Dinner begins at 6.

Oct. 10 Frozen Head Hike. We will meet at A&D Market (Hwy. 231, just south of I-840) at 5:45 am and plan to leave at 6:00 am sharp (It is a 3-hour drive to the trailhead). We will carpool to the Frozen Head State Natural Area main parking lot, arriving about 10:00 am Eastern Time. We will hike the South Old Mac Mountain trail to the top of Frozen Head Mountain and back down the same trail to the parking area. The total hike is about 7 miles, rated difficult. Wear sturdy boots, bring plenty of water and a sack lunch. We do not plan to stop for dinner after the hike. Register with Kevin Hahn at 615-591-8130 or compensate@yahoo.com.

Oct. 24 Savage Gulf, North Rim Hike. We will leave A&D Market at 7:15 and carpool to the Savage Gulf Ranger Station near the North Rim, off Highway 399. Our hike will include the Savage Day Loop, parts of the North Plateau Trails and a side trip to Savage Falls. This is a relatively flat hike on the rim and plateau of Savage Gulf. Wear sturdy boots and bring lunch for the trail and plenty of water for a nine mile hike. Bear spray is optional. Marvin has asked that we plan to stop at his favorite restaurant for dinner on our way home. Register with Bobby Hardeman at puttr22@aol.com or 615-430-0638.

HIGHLAND RIM CHAPTER

(Tullahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley

931-455-5849 https://display.org/https://displ

Contact Tom Bentley

MEETS MONTHLY: 1st Tuesday We eat at various places, this coming month is Ruby Tuesdays at 5:30 and meeting is at 7:00 at D. W. Wilson.

Oct 6 Monthly Meeting - DW Wilson Recreation Center. 7:00pm,

Oct 2-4, 18th Annual Allardt Pumpkin Festival- all roads lead to ALLARDT, TN! Plan to join Tennessee Trails. For more the festival in general. details ahout http://www.blogger.com/www.allardtpumpkinfestival.com For specific information about TTA's participation (how to get there, what to bring, how to toss candy without maining children, etc) contact Anne Wesley at ttahiker@msn.com Oct 10 - Jim and Marietta Poteet will lead a hike to Big Frog Trail in the Cherokee National Forest. This hike is rated difficult due to a 2100' elevation change going up to the high point of the trail and the total length of 11 miles. Please contact Marietta Poteet for further information at 931-924-7666 preferably bv email or nannietta@blomand.net.

Oct 17 Eat-Hike-Eat Hike - Templeton Library. We start from Dick and Camille McClure's house We have coffee, juice, fruit, bagels and quiche at 8:30AM. RSVP for breakfast. We leave 9:30AM, down overgrown, abandoned road and dry creek bed to jeep road a mile and work down rock outcrops to the railroad bed. Footing on the rocks is not good. The shortest hike is 3.5 miles and ends in a 400 foot elevation scramble that brings you back to the library parking lot. There are three other 1-2 miles options. We will meet at Blue Chair at 8:15 AM and car pool to Templeton's - Contact Tom Bentley 455-5849 htbentley @lighttube.net

JACKSON CHAPTER

CHAPTER OFFICER:
Candy Higgs 731-695-1960
TREASURER:
Sara Hakim 206-553-9334
SECRETARY
Don Dresser 731-668-4190
Donald_Dresser@usit.net
OUTINGS COORDINATOR:
Glen Rognstad 731-217-5966
Glen Rognstad 999 Vann Drive in Jackson. Socializing & dinner starts 6:00pm CT; meeting starts

7:00pm

Oct 3-4: Allardt Pumpkin Festival: Big South Fork National River & Rec Area. This is a joint adventure with the Murfreesboro Chapter. For more information and to register, please contact Candy Higgs at (731) 695-1960 or email chiggs_3@yahoo.com

Oct 12: Chapter Meeting: Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 p.m. and the meeting will start at 7:00 p.m. Contact Candy Higgs at mail to: chiggs_3@yahoo.com or 731-695-1960 if you need additional information.

Oct 17: Backpack - Savage Gulf Hobbs Cabin. If you've always wanted to try out backpacking, this is your chance. We will meet at the Savage Gulf Ranger Station Saturday morning. It's about 8 miles to Hobbs Cabin via the Savage Day Loop and the North Rim Trail. The trail is somewhat long, but relatively easy (all on the plateau top with very little elevation change and not too rocky). There are many excellent views from the numerous overlooks into the gulf. The colors should be starting to change around this time and the views will be awesome. We will setup camp for the night at Hobbs Cabin. Enjoy a meal and a campfire before settling in for the night. Next morning return the way we came with a stop at Savage Falls. For additional information, and to register, call or email Glen Rognstad at (731) 217-5966 or glenrognstad@gmail.com

Oct 31: Natchez Trace State Park - Maple Creek: We'll start and finish our hike at the old pecan tree and have spectacular views of Maple Lake following the Red Leaf Trail. This hike is rated easy to moderate for the hilly terrain. Please bring plenty of water, lunch or snack. Hiking boots are recommended due to the terrain. For additional information and registration, please contact Gary Cooper at 731-424-5375 or gcooper52@yahoo.com
Planning Ahead: Nov 9: Chapter Meeting.

ANNUAL CONVENTION/MEETING HIKES (14 GREATEST HIKES OF "THE SMOKIES")

<u>Hike around Cades Cove Road</u>. Enjoy the old cabins and wildlife of Cades Cove. 11 miles. May be shortened by using Sparks Lane or Hyatt Lane 'cutoffs'.

Rich Mtn. Loop. This hike begins at the entrance to Cades Cove and utilizes Rich Mtn. Loop Trail, Indian Grave Gap Trail, and Crooked Arm Ridge Trail to make an 8.7 mile loop. Excellent views down into Cades Cove. 1600' climb to Cerulean Knob(3,686').

<u>Lead Cove Trail to Thunderhead Mtn.(Appalachian Trail)</u>. Beginning at Laurel Creek Rd., this hike utilizes Lead Cove and Bote Mtn. Trails to Access thunderhead Mtn.(5500')on the Appalachian Trail. 3700' climb. 12.8 miles RT(round trip) Strenuous hike.

<u>Alum Cave trail to Mt. LeConte</u>. The most popular trail to Mt. LeConte, highlights include Arch Rock, Alum Cave Bluffs, and of course, the cabins on Mt. LeConte (6,595'). 10.4 miles RT. 2800' climb. Cautions: Exposed cliffs and possible ice on trail.

<u>Jakes Creek Trail to Blanket Mtn</u>. Hike begins at the end of jakes Creek Rd. in Elkmont and begins a steady 1700' ascent to Jakes Gap. There a manway bears to the right and in @.75 mile Blanket Mtn. is reached, the site of an old fire tower. Optional side trip to the Avant Cabin. 7.5 miles RT.

<u>Clingman's Dome to Newfound Gap (Appalachian Trail).</u> This hike begins at the Clingman's Dome parking lot and climbs 0.5 mi. to Clingman's Dome (6,643'), highest point in the Park. The trail then descends 1600' over the next 7.8 miles to Newfound Gap. Car shuttle required.

<u>Lumber Ridge Trail and Spruce Flats Falls manway</u>. This hike begins at the Great Smoky Mountains Institute in Tremont. After a half mile hike on the narrow, rocky Spruce Flats Falls trail, Spruce Flats Branch and Falls is reached. After rock hopping Spruce Flats Branch, the next 3 miles or so are off of maintained trails. The manway intersects Lumber Ridge Trail at Buckhorn Gap and begins a 4 mile descent back to Tremont. @7 or 8 miles.

<u>Little River/Cucumber Gap Loop.</u> This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike. Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike.

<u>Gregory Ridge trail to Gregory Bald.</u> Hike starts at the end of Forge Creek Rd. at the back of Cades Cove. Famed for its Azalea display in June. 3000' climb. 11 miles RT. Great views.

<u>Trillium Gap Trail to Grotto Falls and Brushy Mtn.</u> This hike begins on the one-way Roaring Fork Motor Nature Trail Road, passes behind Grotto Falls at mile 1.2, and intersects Brushy Mtn. Trail at Trillium Gap at mile 2.9. It's then a half mile hike out to Brushy Mtn. overlook. 1500' climb. Caution: Slippery around falls, possibly icy in November. 6.8 miles RT

<u>Laurel Falls trail to Cove Mtn. tower.</u> One of the more popular 'tourist' trails for the first 1.3 miles. Paved for the first 1.3 miles. The next 2.7 miles gradually climb through virgin forest to intersect Cove Mtn. Trail. A left turn takes one to Cove Mtn. (4077') and the old fire tower. The tower is now a converted air quality monitoring station. 8.2 miles RT.

<u>Look Rock Tower (foothills Parkway).</u> Very short 2 mile round trip hike. Steep climb for a short distance, then levels out. Gentle ascent up a concrete viewing tower. Great views of TN Valley to the north and Smokies to the south.

<u>Little Bottoms/Hatcher Mtn./Cooper Road Trails loop</u>. Hike starts at Abrams Creek Ranger Station at the Far western end of the Park. Relatively flat hike as Smokies hikes go. Steepest climb is 200' in 1/4 mile. Little Bottoms trail parallels Abrams Creek for several hundred yards. Narrow and rocky trail in spots. 10 mile loop. <u>Newfoundland Gap to Charlies Bunion</u>. This is an "in and out" 8 mile moderate hike. It has gradual up and down elevation but the scenery from the "bunion" is spectacular.

PLEASE CONTACT KEITH MERTZ VIA EMAIL TO VOLUNTEER TO LEAD YOUR FAVORITE HIKE VIA Keithmertz@hotmail.com

TENNESSEE TRAILS ASSOCIATION CONVENTION/MEETING VALLEY VIEW LODGE AND CONVENTION CENTER TOWNSEND, TENNESSEE

NOVEMBER 6-8, 2009 Registration Form (each family member's name must be listed if attending) Name Name Name Name Address_____ City State_____ Zip____ Home Phone Work Phone Chapter Email LODGING: Valley View Lodge and Cabins Call direct to reserve your room (s) 7726 E. Lamar Alexander Pkwy. 1-800-292-4844 865-448-2237 PO Box 148 Townsend, TN 37882 Mention TTA for Standard Rm \$60 night or \$10 off Suites per night RV and LARGE TENT CAMPING Call direct to reserve your space(s) Townsend Great Smokey KOA \$38-\$48 full hookup 1-800-261-6370 Misty River Cabins RV Resort 1-865-981-4300 \$40-\$45 full hookup Big Meadow Family Campground \$35-\$45 full hookup 1-865-448-0625 SMALL TENT CAMPING On-site common fire pit area 1 X \$12 1 person tents (limit 10) Fri Night Total \$ Sat Night 1 X \$12 Total \$ 2 X \$12 2 person tents (limit 5) Fri Night Total \$ Sat Night 2 X \$12 Total \$ MEALS: Fri Dinner # persons X\$11 Total \$_____ ___ X\$8 Total \$_____ Sat Breakfast # persons Sat Sak Lunch # persons X\$6 Total \$ Check # each ___Turkey ___Ham ___Cheese ___P&J Sat Dinner # persons X\$12 Total \$ Sun Breakfast # persons X\$8 Total \$ Sun Sak Lunch # persons X\$6 Total \$ Check # each ___Turkey ___Ham Cheese P&J Vegetarian Meals will be available upon request REGISTRATION FEE PER PERSON # Persons X\$15 Total \$ TOTAL ENCLOSED

Please make check payable to East TN Chapter of TTA

Mail to: Rosemary Marshall

5400 Parkdale Rd.

Knoxville, TN 37912

Any Questions? Call Rosie 865-548-6171 or rosemary_L@hotmail.com

Annual Convention/Meeting Tentative Schedule of Events (Eastern

Time)

Friday, November 6, 2009 (All times are Eastern Time)

12:00 PM - 5:50 PM Registration

12:00 PM - 5:30 PM Auction Items check-in

1:00 PM Hikes begin

5:00 PM - 9:00 PM White Elephant and Bake Sale Items for

Sale

6:00 PM Dinner

7:00 PM Cash bar opens

7:00 PM Program and Entertainment

9:00 PM Bonfire

Saturday, November 7, 2009 (All times are Eastern Time)

6:00 AM Coffee for Early Risers

6:30 AM - 10:30 PM White Elephant and Bake Sale Items for

Sale

7:00 AM Breakfast

6:30 AM - 7:30 AM Pick up pre-registered Bag Lunches 8:00 AM

Hikes begin (don't forget your sack

lunch)

2:00 PM Silent Auction begins 3:00 PM Cash bar opens

5:00 PM Dinner

6:00 PM Silent Auction closes

7:00 PM General membership meeting, chapter

reports,

election of officers, awards presentation

8:00 PM Live Auction

Sunday, November 8, 2009 (All times are Eastern Time)

6:00 AM Coffee for Early Risers

6:00 AM - 8:00 AM Final: White Elephant and Bake Sale

Items for Sale

6:30 AM - 7:30 AM Pick up pre-registered sack lunches

7:00 AM Breakfast

7:00 AM - 9:00 AM Check out

Hikes begin (don't forget your sack lunch) 8:00 AM TTA Quarterly Board of Directors' Mtg 9:00 AM

ATTENTION CAVE EXPLORERS

Many of you already know that White-Nose Syndrome (WNS) is killing large numbers of bats in nearby states; and that all caves* on Tennessee public lands are closed to human exploration until at least May of 2010 out of concern about this deadly fungus. The cave exploration ban also extends to sinkholes. tunnels, abandoned mines and the like, where bats may roost. Bats can consume 50% to 75% of their body weight in mosquitoes in one night; damp weather makes the bats' role in mosquito control even more critical. While humans are apparently unaffected by WNS, we have the potential to carry it from cave to cave on equipment, footwear, etc. TTA chapter officers and other board members have been communicating about this concern; the consensus is that **no hikes involving entrance** to any caves, abandoned mines, or other potential bat roosts, including those on private lands, will be sanctioned by TTA until the state ban is lifted. For more information on White-Nose Syndrome, http://www.usatoday.com/tech/science/ 2009-07-14-bats N.htm or "white-nose syndrome' in your favorite

internet search engine.

JOIN TTA MEMBERS FOR A WEEKEND OF FUN AT THE ALLARDT PUMPKIN FESTIVAL!!.

Come for a day or the entire weekend. Highlights include:

Friday, October 2, Walking tour of the Sergent Alvin York home, grist mill, general store and cemetery in Pall Mall, TN. Contact Fount and Anna Bertram for more details 615-765-5357 or abertram @ dtccom.net.

We will camp at beautiful, historic Pickett State Park. You can bring a tent or camper. Sites are first-come, first-served, but we will get a "TTA site" which is suitable for multiple tents. Pickett also offers cabins (call 931-879-5821 to check availability). Saturday, October 3 Meet in Allardt (Fentress County, due east of Jamestown on TN 52 - central time zone) to view the giant pumpkin weigh-off competition. TTA also decorates a "float," and we promote local hiking and our statewide organization by walking in the parade and tossing candy to the young ones.

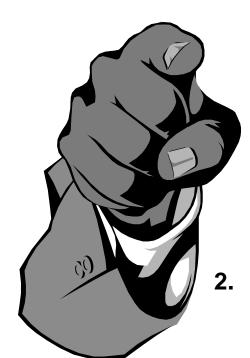
Afterwards we have a short hike at the lovely Colditz Cove State Natural Area featuring Northrup Falls.

Dinner plans: Bacaras restaurant (Jamestown) is having an Oktoberfest dinner with live music. (Reservations will be required).

Another night of camping at Pickett State Park under a nearly-full moon.

Sunday, October 4 - We'll have a short but beautiful hike on the trails of Pickett State Park. For more details about the festival in general, visit www.allardtpumpkinfestival. com. For specific information about TTA's participation or to make dinner reservations for the Bacaras' Oktoberfest, contact Anne Wesley at ttahiker @ msn.com (preferred) or 615-851-1052 before October 01.

TTA AND CTC NEED YOU



To participate actively in our fundraising activities at the annual meeting.

The following activities will give you an opportunity to donate to the Cumberland Trail Conference

- 1. <u>Bake Sale</u> (Bring snacks and goodies wrapped and ready to sell)
- 2. White Elephant (Donate second hand small items, books, etc. and buy a bundle back to take home)
- 3. <u>Silent Auction</u> Bring new stuff or gently used items for sale. Then go around and bid for a whole bunch of stuff that you can bring back next year!!!
- 4. Live Auction: and we do mean "live" as in "lively" Bring your "Theme" baskets or backpacks and 5 items from each Chapter (Tempting items) Remember, this is a FUN-D Raiser not a Bargain Hunter's Paradise.

The CTC depends on your generosity!!!!

This ad has been respectfully brought to you by your Auction Committee Chairman Any opinions expressed herein are strictly the opinions of said chairman who shall go unnamed!!!

MURFREESBORO CHAPTER

CHAPTER OFFICER:

Millette Jones

615-397-9588

millette.jones@comcast.net

OUTINGS COORDINATOR / CO-OFFICER: Tony Jones awj68@comcast.net

615-397-4463

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station 697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttamurfreesboro.blogspot.com

Oct. 2- Visit the Sgt. Alvin C. York Historic Park, including home ,museum, grist mill, and short hike We visit nearby cemetery and, if interested, Cordell Hull Birthplace and Museum State Park. There is a short hiking trail to a cave at this site. We'll have midday meal out. You can combine it with Allardt Pumpkin Festival. Contact Anna and Fount Bertram@dtccom.net or 615-765-5357 to signup.

<u>Oct. 3-</u> Oktoberfest Dining at Bacara's (German) Restaurant, Jamestown, TN: Saturday evening at 6:30 CDT. TN Trails members from across the state will meet at Bacara's for a special meal and entertainment during their annual Oktoberfest. (This will be after the hike to Colditz Cove.) Reservations are required and must be made directly with the restaurant. Fount has set aside a large table in the name of the Tennessee Trails Association so be sure to mention this when you call the restaurant at 931-879-7121

Oct 3- Cedars of Lebanon State Park Beginners & Newcomers Hike, 4 miles, Easy. Contact Tony Jones at awj68@comcast.net or 615-397-4463 to sign up.

Oct. 10- 4th Annual History Hayride, Edgar Evins State Park This family oriented hayride has approx . 12 stops at scenes of re-enactors portraying past park or area events Refreshments served. Fee: \$10/psn (Hosted by the Friends of Edgar Evins State Park and park employees. 100% profits directly benefit park.) Reservations required. Phone park office: 931-858-2446 or 1-800-250-8619 for reservations for the 6:30 CDT departure Contact Fount Bertram to let him know you'll be with the TTA Adventure Trip group: fwbertram@dtccom.net or 615-765-5357.

Oct 10- Big Frog Wilderness 8-9 miles, difficult. Poteet's will be leading this. Please see Highland Rim for more information.

Oct. 13- Murfreesboro Monthly Meeting, Barfield Park Wilderness Station, 7PM. Lou Ann Partington will be our guest with her wild bird rescue program.

Oct. 17- Varendoe Trail, Green Mountain, Huntsville, Alabama, 4.5 miles, moderate for 300 ft elevation change and rocky footing. For more info and to register for hike contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Oct. 17-18- Backpack-Red Leaves Trail southern loop at the Natchez Trace State Park, 24 miles total, moderate. The Red Leaves Trail loop is 12 miles to camp We will camp on Pin Oak Lake. For information, or to sign up, contact Craig McBride at rutherfordvfd@gmail.com

Oct. 24- Radnor Lake, Beginner & Newcomer Hike, 2 miles, Easy. We will hike along the Lake. Wear sturdy walking shoes, bring water and a snack. We will have lunch at a nearby restaurant after the hike. Contact Ann Jacobs for details and meeting time and eannjacobs@aol.com 896-3935

MURFREESBORO (cont)

Oct. 24- Adventure Trip, Fall Color Cruise, Sponsored by the Friends of Edgar Evins Ste Park, Inc. Approx. 2 hour pontoon boat cruise on Center Hill Lake to view autumn colors and see the homes of some of the country music stars. Tickets are \$10/psn, reservations required. Optional meal afterwards at marina's restaurant. Contact Fount Bertram for reservations and info fwbertram@dtccom.net or 615-765-5357.

Oct. 31- Fall Foliage and Potluck Social at the Bowling Farm. 4.5 miles, easy/moderate. Our annual Fall color walk with the Bowling's. For those of you who can't hike and just want to relax on the porch come on with us. Please bring a dish to share and join in the fun. Contact Tony Jones at awi68@comcast.net or 615-397-4463.

Planning Ahead- Nov. 10- Monthly Meeting 7PM. HIKE **PLANNING For 2/10-7/10**

MEMPHIS CHAPTER

CHAPTER OFFICER: (Memphis BD REP) Margaret Smith spikie542003@yahoo.com 901-210-6097

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

Oct 10, Wolf River Wildlife Area Collierville's newest park located along the north bank of the Wolf River easy 5-mile walk Meet at 9:00 a.m. at the northwest parking lot off Collierville-Arlington Road. Drive out Poplar to Collierville-Arlington Rd., turn left onto Collierville-Arlington Rd. approx 3 miles, look for gravel parking lot on north side of the river. For information call Jerry at 901-213-0604.

Oct 15, Monthly Meeting. - Climbing Kilimanjaro, One Woman's Tale of Adventure Kilimanjaro is the highest freestanding mountain in the world (not part of a mountain range) and the highest mountain in Africa. The summit is 19,340 feet. Nancy Coe, world traveler and Memphis TTA member, will talk about what is involved in the climb, the climber's difficult experience Don't miss this great adventure. Invite a friend and join us at 7:00 p.m. at the Cordova Public Library, 8457 Trinity Road.

Oct 17, Meeman-Shelby Forest - Horse & Hike Trail near Poplar Lake Easy-mod 6-mile loop trail Meet at parking lot near stables at 9:00a.m. Bring water and snacks. For info Gschwend 901-876-6142 or email call Laurie Lee DAGLLG@Bigriver.net.

Oct 24, Nathan Bedford Forrest State Historic Area 6-mile hike rated moderate over hilly terrain. Interpretative Center at 9:30 a.m. Bring water, snacks, and lunch Directions Take Exit 126 on Interstate 40 and go North on Hwy. 641 for 15 miles to Camden. Turn right on Hwy 70 East (do not take the 70 By-pass) at the traffic signal. Follow signs to park. For info and directions charliebright@yahoo.com.

Oct 31, Herb Parsons Lake, Fisherville located northeast of Collierville, near Collierville Arlington Road and Macon Road Hike begins at 9:45 a.m. at the lake Easy 6-mile walk through woods around lake. Bring snacks and water. Carpool meets at 9:00 a.m. at soccer field on Walnut Grove Road (located on south side of Walnut Grove, west of traffic light at Farm Road). For more information call Pam 901-412-3810.

SODDY-DAISY CHAPTER

Chapter Officer: Brandy Selman (423) 544-9608

chatttowngrrl@gmail.com

Treasurer: Jan Agee (423) 504-3581

ageejanice@bellsouth.net

Hike Coordinator: Don Deakins (423) 842-3140

don.deakins@gmail.com

Meet Quarterly: First Monday of Jan, Apr, Jul, and Oct at

6:00pm in Soddy Daisy Municipal Building

Schedule: See a comprehensive up-to-date schedule at

http://tinyurl.com/6np53k **Blog:** http://sdtta.blogspot.com

Oct 3 Cumberland Trail - Newby Branch and Stinging Fork-Meet at and depart from Bakewell BP station at 9:00 AM EDT. Drive to Newby Branch trail head on Piney River Trail near Spring City. Hike the approximate 1 mile segment of Piney River Trail from Newby Branch to Duskin Creek. Turn around at Duskin Creek and retrace steps back to vehicles. Then drive to Stinging Fork trail head, hike to Indian Head Point Overlook and Stinging Fork Falls. Retrace steps to complete the approximate 3 mile round trip. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Oct 10 Cumberland Trail - Rock Creek with overnight option - Hike Rock Creek segment from Retro Hughes trail head to Upper Leggett Road trail head with overnight option at Rock Creek campsite for those interested. Staging vehicles at both ends will be required. Meet at Leggett Road upper trail head at 9:00 AM EDT, leave one or more vehicles there and shuttle over to Retro Hughes trail head where hike will begin. Length of trail is approximately 5.5 miles. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Oct 17 Lula Lake - Come join us as we celebrate our first year of being an official chapter. We have reserved Lula Lake Land Trust on Lookout Mountain from 9:00 AM to 5:00 PM EDT for a day of fun. No official hikes are planned but participants can enjoy the property at their leisure. Trails are family friendly and offer fantastic views plus walks along Lookout Creek, Lulu Lake, and Lula Lake Falls. Please RSVP by October 7 to Brandy Selman at chatttowngrrl@gmail.com.

Oct 24 Cumberland Trail - Black Mountain Loop - An easy 2 mile hike near Crossville around top of Black Mountain on Black Mountain Loop Trail with extended stops at Northern Overlook and Southern Overlook. Meet at BP station in Bakewell and depart from there no later than 9:00 AM EDT. Drive to Black Mountain Loop Trail parking area where hike begins and ends. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Oct 31 Flipper Bend - Flipper Bend Loop is located in Soddy Daisy atop the plateau on south side of North Chickamauga Creek and looks down upon North Chick segment of Cumberland Trail. Flipper Bend Loop is 9.5 miles in length and relatively level but does include a few heart pounding grades. Meet at trail head on Hixson Springs Road off Roberts Mill Road at 9:00 AM EDT. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

SUMNER TRAILS CHAPTER

CONTACT PERSON:

Libby Francis 615-889-5718

LibbysLibbys@comcast.net 615-889

MEETS MONTHLY: 1st Tuesday at 7:00pm CT at First

Presbyterian Church, 172 West Main Street,

Hendersonville

Oct. 6, 7:00 Join us for a wonderful evening with the State Naturalist for Tennessee State Parks, Randy Hedgepath, as he shares his knowledge of Sumner County's trees, flowers and animals. He will tell us of good places to go out and enjoy the fall colors within a reasonable drive as well as good hiking trails in the area. Randy is a long time supporter of TTA and is a wealth of knowledge and humor. Make plans to attend!!

Oct. 2 -4 - Multi-chapter event at the Allardt Pumpkin Festival. Join TTA members in Allardt, TN for waterfall hiking, car camping, parade walking, candy tossing, chicken dancing and pumpkin pie eating. Come for a day or for the weekend. See

Join 11A members in Allardt, 1N for waterfall hiking, car camping, parade walking, candy tossing, chicken dancing and pumpkin pie eating. Come for a day or for the weekend. See the detailed announcement in the general section of this newsletter or contact Anne Wesley for more details - ttahiker @ msn.com (preferred) or 615-851-1052.

Oct 10 Hike the Springfield Greenway and enjoy the fall

Oct 10 Hike the Springfield Greenway and enjoy the fall colors. We will meet at 9:00 am central at the Goodlettsville K-Mart off Long Hollow Pike to carpool. This hike is a level, paved hike that is approx. 2 miles and suitable for beginners or those wanting a relaxing autumn walk. Bring money for lunch at The Depot in Springfield after the hike. Questions? Contact Debra Obrock at tnobrock @ hotmail.com.

Oct 24 Fall Colors Cruise and Historic Cemetery walk on 26-passenger DISCOVERY(www.cumberlandrivercruises.com). We will embark from Cherokee Marina on Old Hickory Lake @Hwy 109 and cruise upstream to historic Cairo and beautiful Sandy Chapel Harbor where we will disembark for a short walk to explore a 200-yr-old cemetery. Pack a lunch for the return voyage (or order a box lunch from houseboat01 @comcast.net . History, wildlife and fall colors on a 3-hour-tour. We will be back at Cherokee Marina @1 PM. Meet at Hendersonville First Presbyterian Church at 9 AM Central or Cherokee Marina @ 9:45 AM Central. Cost is \$10/person due when you register - complimentary water/soft drinks aboard. We are limited to 26 people, and the only way to secure your passage is to send your check. To register or for further info contact River Rat AI 615-264-8825 or ballallenger @ aol.com

GOT CREATIVITY?

PUT YOUR TALENTS TO WORK

THE AUCTION NEEDS EACH CHAPTER TO BRING AT LEAST ONE BASKET OR BACKPACK THAT IS FILLED WITH ITEMS AROUND A SPECIFIC "THEME" OF YOUR CHOICE.

NASHVILLE CHAPTER

CHAPTER OFFICER:

Nora Beck

615-517-6486

nora_beck@comcast.net Libby Francis

OUTINGS COORDINATOR:

libbyslibbys@comcast.net

(email Libbyy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT

REI Community Room, 261 Franklin Road, Brentwood,

TN 37027. For directions, visit:

www.tennesseetrails.org/nashville.php

Oct 27 Monthly chapter meeting. This month's program is a (vicarious) hike on the Pacific Crest Trail, a jewel in long distance hiking's famed Triple Crown. Enjoy a 90-minute multimedia presentation of a 2003 thru-hike of this National Scenic Trail, which reaches and 2700 miles, from the US/Mexico border near San Diego through California, Oregon and Washington to the Canadian border. This backpackers' wonderland runs the topographical gamut from deserts to 13,000' mountain passes; and the presentation itself includes contributions from hundreds who have made the trek. We'll keep the business meeting short to accommodate this great encore presentation, courtesy of Bill Dayton and Herb Kneeland. Meet with us at 7 p.m., bring friends, stay from refreshments and time to socialize.

Oct 9-10 The Cumberland Trail in the area of Cove Lake State Park (20 miles north of Knoxville) will be having its first 50K Ultra-Marathon. The race is on Saturday, October 10 and starts at 6:00 a.m. (yes, 6:00AM; not a typo.) Proceeds benefit the CTC. The Knoxville Track Club (www.KTC.org) is organizing the event and needs volunteers The race course traverses the Cumberland Trail and some old logging roads. Volunteers are needed for Friday (early afternoon for set-up) and Saturday all day (5:00am to 4:00pm ET) to help aid stations. Anyone wishing to volunteer one/both days MUST contact Diane Manas on or before Sunday October 4 so that she may coordinate our chapter's volunteer efforts with the KTC folks – long before we arrive. For information, contact Diane at 615-352-7777.

Oct. 24, REI Volunteer Opportunity, Nashville. In conjunction with the airing of Ken Burns' "National Parks: America's Best Idea," a six-part, 12-hour documentary series about America's national parks, currently airing (and continuing through the fall) on Public Broadcast Television, REI has invited TTA to participate in a "Get Involved" event for customers (prospective TTA members). Event's hours are 12pm to 6:00 p.m. The TTA Display Unit will be up; plus, we'll have brochures and newsletters to give away. We need volunteers (at least 2 hours]; to connect with REI's customers; promote hiking and trail building, and TTA. No experience required, on-site training and materials provided. Even if you are unable to volunteer, please feel free to drop in. Many outdoor organizations contributing to this fun and informative event. For additional information and/or to sign up and volunteer, call Diane Manas at 615-352-7777.

Oct. 25, Perimeter Trail (west side segment), Montgomery Bell State Park (MBSP). Burns, TN. The west side of MBSP's Perimeter Trail is approximately 7 miles long and rated moderate due to the continuously rolling and hilly terrain. MBSP is home to lots of wildlife: deer, turkey, owl, fox, chipmunk, squirrel, to name just a few. Sturdy hiking boots or trail shoes are a must! Bring snacks, lunch and water. Carpoolers will meet in the Wal-Mart parking lot (on the left side of the store – "garden center area") on Charlotte Pike (Exit 201 off of I-40). For more information, carpool meeting time, and to register, call Diane Manas at 615-352-7777.

NASHVILLE (cont)

Oct. 31, Lookout Mountain, Chattanooga. Ride the incline railway (\$15 charge) to the summit, where the Civil War Battle above the Clouds took place, and hike 9 moderate miles to Craven House Loop Trail and Bluff Trail. Wear sturdy boots; bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com

Oct 31 Halloween Boardwalk and Trail Construction at Beaman Park, Nashville. Meet with Friends of Beaman Park at the Beaman Park Nature Center (5911 Old Hickory Blvd) for ghostly Volunteer Boardwalk and Trail Construction Work Day. Join us as we continue construction on 350 foot boardwalk near the nature center. Bring work gloves, sturdy shoes and clothes you won't mind getting dirty. Tools and training will be provided. Haunted snacks and drinks will be served. Beaman Park is located in northwest Davidson County about a 25 minute drive from downtown or West End. Please call the nature center for directions. (615-862-8580)

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber

931-839-666**2**

*taxxing@aol.com*Myra Holloway 931-788-1724

followthesun12@live.com

SECRETARY/TREASURER:

Jim Grove

MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle Public Library's Community Room, 154 East 1st Street, Crossville

A leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at http://ttaplateauchapter.blogspot.com Rain cancels.

Oct 3. Walls of Jericho, Tennessee/Alabama line Winchester, TN and Jackson County AL. Hike is 4 miles , one way, is downhill into the gorge. Rated Strenuous Bring sturdy shoes, plenty of water, lunch, and snacks. There are several stream crossings that could get your shoes wet Driving time from Crossville is 2+ hours. Hiking takes five hours. Meet at the Tractor Supply in Crossville at 7 am CDT to carpool. For more information and to register, contact Joe Matlock at 865-354-6101.

<u>Oct 8.</u> Chapter Meeting. Art Circle Public Library Community Room. 6:30 PM CDT. Russell Lewis, DVM, will speak about his efforts to treat and rehabilitate injured wild birds. We also need to plan hikes for November and discuss the chapter's participation in the November Annual meeting in Townsend.

Oct 24. Angel Falls Overlook, Big South Fork. This is a 10 mile hike rated difficult due to its length, but the footing is good and the overall grade is downhill. The hike passes several rock houses, a small waterfall and a couple overlooks on the way to Angel Falls Overlook, which is a massive rock outcropping several hundred feet above the Big South Fork of the Cumberland River. Hikers will shuttle cars and depart from the Bandy Creek trailhead finishing at Leatherwood Ford. Wear boots, bring water and lunch. Meet behind Cracker Barrel at 8:00 AM CDT. For more information and to register, call Bill Harris at 931-484-9152.

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	For Newsletter Dated
Nov 10	Dec 1
Dec 10	Jan 1
Jan 10	Feb 1

Articles submitted are subject to editing and will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER:

Mary Jane Ware

maryjaneware@bellsouth.net

Oct 3 Max Patch, Pisgah National Forest, Hot Springs, NC. 6 mile hike begins at Lemon Gap Rated moderate. Bring lunch, water, sturdy hiking boots After hike, for those interested, I reserved a hot tub in Hot Springs. To reserve a spot in the hot tub email or call by Oct 1. There is option for overnight camping, contact Kathleen Meet us at 6:30am CT in Penney's parking lot in Cookeville. For info and to register contact Kathleen Sullivan at 931-520-6294 or ksully@frontiernet.net.

Oct 10 North Chickamauga Pocket Wilderness, Soddy-Daisy, TN. Hike features views of Chickamauga Gulch, waterfalls, and old coal mining structures. 7-mile hike rated mod to strenuous. We eat lunch at cable crossing.Optional hike an additional mile making descent to Stevenson Branch (strenuous). Bring snacks, water, and lunch. Meet us at 7:30am CT in Penney's parking lot in Cookeville or at US Bank across from McDonald's in Sparta at 8:00. For info and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

Oct 17 Burnt Mill Bridge, John Muir, and Honey Creek Trails, Big South Fork NRRA, Oneida, TN. We hike 4 miles of the Burnt Mill Bridge Loop to John Muir Trail. We hike the John Muir Trail 4.5 miles to Honey Creek Trail. We hike to Honey Creek Road and shuttle vehicle. Hike 10 miles rated mod. Meet us at 8:00am CT in Penney's parking lot in Cookeville. For info and to register contact Lillian Ey at eyintn@hotmail.com or 615-746-8890.

Oct 24 South Rim Trail, Savage Gulf State Natural Area, Palmer, TN. We will hike along the South Rim Trail to some outstanding overlooks of Savage Gulf. The hike also includes Savage Falls. The hike is rated easy for the terrain and moderate for the distance which will be 9 or 10 miles. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00am CT or at the US Bank across from McDonald's in Sparta at 8:30. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Oct 31 Porter's Creek to Newfound Gap, Great Smoky Mountains National Park, Greenbriar, TN. First part of hike is 3.7 miles to Porter's Flat Campground. Maintained trail ends We follow very difficult manway for 1.7 miles until Appalachian Trail. We walk 4.5 miles on AT past Charlie's Bunion to Newfound Gap. Rated very strenuous. Bring water, food, and sturdy hiking boots. We car camp at Cosby Friday night -day hike manway on Sat . Meet us in Penney's parking lot 5:00pm CT on Fri or at trailhead 8:00am CT Sat . For info and to register contact Cindy Johnson at cjhikes@att.net or at 931-570-0122. Oct 31 Charlie's Bunion, Great Smoky Mountains National Park, Gatlinburg, TN. Our hike begins at Newfound Gap and will follow the Appalachian Trail to Charlie's Bunion, a huge rock outcrop with views all around. Hopefully, at Charlie's Bunion we will meet the group hiking from Porter's Creek. There will be an optional side-trip to the Jump-Off. The hike is 8 miles (9 with the Jump-Off) and is rated moderate to strenuous due to the uneven and rocky terrain. Bring snacks, water, and lunch. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

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Notice: Your Mailing Label Contains Your Membership Expiration Date.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

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 	Ron Dunn	615-867-3301 ti	ekkingtn@comcast.net	DIFASE. P	RINT CLEARLY.		
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☐ Please do not list my e-mail address in the TTA Annual Membership Directory							
Please list me with the following chapter: Big South Fork East TN (Oak Ridge/Knoxville) Mashville Upper Cumberland Clarksville Highland Rim (Manchester/Tullahoma) Northwest (UT at Martin/Weakley) (Sparta/Cookeville) Columbia/Franklin Jackson Plateau (Crossville) Cove Lake Memphis Soddy Daisy At Large Cumberland Gap Murfreesboro Sumner Trails							
When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress. As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.							

Purchase Order

Tennessee Trails Association P. O. Box 41446 Nashville, TN 37204-1446

Leslie El-Sayad Home: 865-717-6246 Les1202@aol.com September 18, 2009

Color Plus Printing 415-A Spence Lane Nashville, TN 37210

Leonard Chavaz 615-781-1071 cell ph: 615-207-0947 colplprt@bellsouth.net

Newsletter Printing

Cover Date: October 2009

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12 pages

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Leonard, please contact Diana Manas at 615-352-7777

- Her picking up newsletters from you at Color Plus Printing or,
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