# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



# Hiking in West Tennessee (or close enough by)

When I first moved to West Tennessee, I remember remarking about how flat it was compared to East Tennessee. I was promptly told "it isn't flat here, if you want to see flat you should go to East Arkansas".

Although not on par with Middle or East Tennessee in terms of the Cumberland Plateau or Great Smoky Mountains, West Tennessee has enough elevation change, or what I call "big hills", to make hiking fun and challenging. Here are a few of the highlights: Big Hill Pond has an elevation high point of 611 feet (climb the lookout tower to add another 70 feet), Lady Finger Bluff soars 150 feet over the Tennessee River, Saul's Mound is the second tallest Native American mound in the US at 72 feet, and the hills along the Tennessee River at Mousetail Landing will get really your heart beating. OK, I know, Mousetail Landing is actually on the east side of the Tennessee River and therefore technically in Middle Tennessee, but that's close enough by to West Tennessee for me.

Big Hill Pond State Park is a one of the local chapter's favorite hikes. The 8 mile hike includes scenic lake shore walking, a mile long boardwalk through Dismal Swamp, and an observation tower with a panoramic view of the lake. The hikes in West Tennessee also include some historical hiking options. Pinson Mounds State Archaeological Park includes over twelve sacred mounds built from 200 BC to 400 AD and is considered one of the most significant Native American archaeological sites in Tennessee. The trials are relatively flat but all combined allow for 6 miles of hiking and take in most of the park's mounds and historical features within the complex. Be sure to bring some extra spending money for a stop at Ada's Unusual Country Store on the way back. The battle now best known by the romanticsounding name of Shiloh occurred on April 6-7, 1862 near Pittsburg Landing, TN. Overall, almost 24,000 casualties were realized on both sides. The Shiloh National Military hikes allow for contemplation of the massive battle at places such as the Hornet's Nest and Bloody Pond. The popular and challenging 10 mile compass hike traverses across the park and is a rugged cross country hike navigated by compass, map and wits. If you're lacking the wits in navigation skills just follow the crowd wherever they go.

Besides the hikes in West Tennessee, there are a few hikes planned for nearby Northern Mississippi and Alabama. Tishomingo in Mississippi is listed as being at the foothills of the Appalachians and is one of the few, if not only, places you can actually rappel from cliffs in Mississippi. It is also the only place I've been where one can see both bald cypress and mountain laurel on the same hike. The 6-8 mile hike leads past massive rock formations and fern-filled crevices and over a 200 foot long swinging bridge. The Northern Alabama hike at Cane Creek Nature Preserve lies at the intersection of the Cumberland Plateau and the Highland Rim. There is a 10 mile trail system that extends down into the spectacular Cane Creek Canyon. The hiking is reminiscent of the Cumberland Plateau with waterfalls, boulder gardens, and rock shelters. The cover picture on the book "Hiking Alabama" shows the Under Bluff Trail within Devils Hollow. This is one of the special places at Cane Creek Canyon that should not be missed.

If you have time on the way back home on Sunday consider taking a hike at Mousetail Landing, Natchez Trace or Lady Finger Bluff. The Natchez Trace hike is an 8-mile section of the Red Leaves Trail south of I-40. It begins and ends with easy half mile hikes along the edges of two beautiful lakes - Cub Lake to Pin Oak Lake. Most Tennesseans think of West Tennessee as flat and hot and simply an extension of the Gulf Coastal Plain. But just east of the western part of the Tennessee River, the West Highland Rim provide a line of hills that gives way to lots of leg burning up hills and down hills. This is the case with the Eagle Point Trail at Mousetail Landing State Park. The nearby Lady Finger Bluff is an easy 3 mile trail that passes limestone outcrops, fresh water springs and ends at a the bluff with spectacular views of the Tennessee River. The bluff also has some of the coolest old gnarled cedars that you will ever see.

The Jackson and Memphis chapters have put together a great program of hikes for this year. We hope you come and enjoy the hikes – I think you'll be surprised at the wonderful places that West Tennessee (or close enough by) has to offer.

-----Glen Rognstad



Email: cumberlandtrail@rocketmail.com Website: www.cumberlandtrail.org

Help support the Cumberland Trail Conference – plan on attending TTA's Annual Meeting November 12-14, 2010 at Pickwick Landing State Park!

# TREASURE HUNT! BRING TREASURES FOR THE AUCTION! BUY NEW TREASURES!

We are looking for five Live or Silent Auction donation items from each chapter for this year's auction. All proceeds go to Cumberland Trail BreakAway Program and all contributors will be recognized in the TTA newsletter.

Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. Outdoor gear and clothing are always popular, as well as handcrafted items. Check with your chapter chairperson for solicitation materials to give to local businesses or download solicitation materials from www.tennesseetrails.org. Don't forget the white elephant sale. Look in your closets and basements and bring us something for the \$2, \$5, \$10 bargain tables.

When you have collected Live and Silent Auction items, please email the estimated dollar value, name of contributor, and the name of the TTA member to woodypierce2@gmail.com. Having this information prior to Nov 12<sup>th</sup> will give us a chance to prepare an auction program guide.

Thank you for your support and see you at Pickwick!

# **Electronic Newsletter Available**

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Ron Dunn at *membership@tennesseetrails.org* and please include your email address.

# **CLARKSVILLE CHAPTER**

**CHAPTER CHAIR:** 

Paul Schwab 931-645-9068 clarksville@tennesseetrails.org

CHAPTER CO-CHAIR:

J.R. Tate 931-920-2692 clarksville@tennesseetrails.org

TREASURER:

Sandy Janus 931-551-8523 clarksvilletreas@tennesseetrails.org

SECRETARY:

Pam Gadsey 931-552-2325 clarksvillesecy@tennesseetrails.org

**OUTINGS COORDINATOR:** 

John Sneed 931.920.3828

clarksvillehikes@tennesseetrails.org

(call John & volunteer to lead an outing)

MEETS MONTHLY: 3<sup>rd</sup> Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Oct 2 - Nathan Bedford Forrest Loop Trail, Nathan Bedford Forrest State Park, TN 191, Benton County. 9 miles. Moderate. Sandy Janus 931-551-8523. Meet 8:00 am CT, Big Lots parking area, Riverside Drive, Clarksville.

Oct 9 - Old Trace-Garrison Creek Loop Trail, Mile Marker 426.3 Natchez Trace Parkway, Lewis County. 6.3 miles. Moderate. Suva Bastin 931-645-2849. Meet 8:00 am CT, Big Lots parking area, Riverside Drive, Clarksville.

Oct 16 - Harpeth River State Park (8 Locations), Kingston Springs, Cheatham County. 7.5 miles. Moderate. Paul Schwab 931-645-9068. Meet 7:00 am CT, Madison Street Kmart, Clarksville, TN.

Oct 19 - No monthly meeting.

Oct 23 - Bon Fire, Potluck, Rotary Park Amphitheater, E Old Ashland City Road, Clarksville, TN; hike and eat; Suva Bastin 931-645-2849. Meet 5:00 pm CT.

Oct 30 - Fiery Gizzard Trail, US41, Tracy City, Grundy County. 12 miles. Difficult. Merri Hinton 270-725-0220. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot.

# COLUMBIA/FRANKLIN **CHAPTER**

**CHAPTER CHAIR:** 

Bobby Hardeman 615-430-0638 columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Oct 5 - Chapter Meeting TTA Columbia/Franklin Chapter member and renowned hiker. Rick Lausten, will present his and other chapter members hike of the Appalachian Trail.

Oct 9 - Cloudland Canyon State Park, near Trenton, GA. 6.8 miles. Moderate. We will hike the West Rim Loop Trail and the Water Fall Trail in this 3,485 acre park on the western edge of Lookout Mountain. One of the largest and most scenic parks in Georgia, it contains rugged geology and offers visitors a range of vistas across the deep gorge cut through the mountain by Sitton Gulch Creek, where the elevation varies from 800 to over 1,800 feet. Views of the canyon can be seen from the picnic area parking lot and from along the rim trail. At the bottom of the gorge two waterfalls cascade across layers of sandstone and shale. ending in small pools below. We will meet at 4908 Main Street (Hwy 31), behind McDonald's in Campbell's Station Shopping Center on the north end of Spring Hill and leave at 6:25 am CT. (It's a 2+ hour drive and we lose an hour to eastern time.) Wear sturdy boots and bring lunch and plenty of water for the trail. Plan to stop at somebody's favorite restaurant for dinner on the drive home. Register with Bobby Hardeman at puttr22@aol.com or 615-430-0638.

Oct 16 - Work Day at Stillhouse Hollow Falls. We plan to repair the bridge that was damaged from the flood last May plus repair parts of the trail that have washed out. Meet at the trail head at 9 am CT. Wear boots and bring work gloves. Bring lunch and water. Tools will be furnished.

Oct 23 - Piney River Trail, Piney River Pocket Wilderness Area, near Spring City, TN. Moderate. This is a beautiful area with many streams and natural features. It will be a one-way hike so car shuttle is required. Wear boots and bring water, lunch and snacks. We will meet at 4908 Main Street (Hwy 31), behind McDonald's in Campbell's Station Shopping Center on the north end of Spring Hill and leave at 6:30 am CT. We will stop by Rick's favorite restaurant after the hike for dinner. Register with Rick Lausten at saturncar1@aol.com or 615-516-1417 (cell) or 615-373-0029 (home). For those prefer, here's the Latitude and Longitude of the McDonald's:

	latitude	longitude		
decimal	35.77780812 N	-86.91494266 W		
deg-min-sec	35° 46' 40.1092"N	-86° 54' 53.7936" W		

# COVE LAKE CHAPTER

CHAPTER CHAIR:

Richard Helm 423-562-1110 covelake@tennesseetrails.org George Gill 423-562-7121

CO-CHAIR:

Monthly meeting and hike plans were not finalized at press time. Please check with chapter leadership or the TTA website for updated information.

# DYER COUNTY CHAPTER

CHAPTER CHAIR:

Rita Norvell 731-445-4601 dvercountv@tennesseetrails.org

SECRETARY/TREASURER:

Frank Salowitz

dvercountysecv@tennesseetrails.org **OUTINGS COORDINATOR/BOARD REP:** 

Jim Stark 731-589-1776 dyercountyhhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4<sup>th</sup> Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Monthly meeting and hike plans were not finalized at press time. Please check with chapter leadership or the TTA website for updated information.

# EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

Rosemary Marshall 865-548-6171 easttennessee@tennesseetrails.org Elise Eustace 865-201-5806

VICE-CHAIR:

easttennessee@tennesseetrails.org

TREASURER:

Bob Uhren easttennesseetreas@tennesseetrails.org

Hike plans were not finalized at press time. Please check with chapter leadership or the TTA website for updated information.

# Yum Yum ... Calling All Bakers ...

We need baked goods. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candy, etc. Individually wrapped portions are handy for tucking into daypacks. When you arrive at the annual meeting, just drop off your baked goods at the TTA registration desk.

# HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311

highlandrim@tennesseetrails.org

VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

**OUTINGS COORDINATOR & NEWSLETTER CONTACT:** 

TREASURER:

Jim Poteet 931-924-7666

highlandrimhikes@tennesseetrails.org

(contact Jim & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Oct 5 - Monthly Meeting. Chapter member Linda Hudson will present a program describing her adventures while hiking the highland countryside of Scotland, between Glasgow and Ft. Williams. Some folks will meet for dinner prior to the program meeting. Get in touch with Barbie Moré (contact information above) to find out the time and location specifics.

Oct 9 - Franklin State Forest, Sewanee, TN. Jim and Marietta Poteet will lead this hike. We'll pick a hike that promises some overlooks where we can view the fall colors. Contact Marietta at 931-924-7666 or at nannietta@blomand.net for more information.

Oct 16 – Eat-Hike-Eat, Sewanee, TN. Join Tom Bentley at the Blue Chair in Sewanee for another installment of the Eat-Hike-Eat series. Come early for coffee, tea, breakfast, and a little socializing before leaving at about 9:30 am CT for a short hike on or near the Sewanee campus, followed by lunch at one of the many fine eateries in the Sewanee vicinity. Tom can be reached at <a href="https://hitelian.org/https://hitelian.org/hite

Oct 23 – South Cumberland State Park. We're in for a treat this month. The hike leading services of State Naturalist Randy Hedgepath were purchased for the chapter at last year's annual auction. Randy has decided to treat us with a couple of Fall Foliage hikes in the South Cumberland State Park. Randy was a long time ranger at South Cumberland and knows where the color is. We'll start with a hike on the Climber's Loop trail at Foster Falls and finish up with a short trip to Raven's Point. (Yes, there is a short way!). Pre-register with Marietta Poteet at 931-924-7666 or at nannietta@blomand.net. Space is limited.

Oct 30 – Short Springs Work Day. There'll be something for everyone. We have some water bars to be installed, some brush and limbs to be trimmed, and some alien invasive plants to be folded, spindled, and mutilated. Contact Wally Bigbee at 931-473-5968 or bigb@blomand.net if you want to join this fun on the day before Halloween.

19<sup>TH</sup> ANNUAL ALLARDT PUMPKIN FESTIVAL OCTOBER 1-3, 2010

**MULTI-CHAPTER EVENT** 

SEE JACKSON & MURFREESBORO CHAPTER LISTINGS FOR DETAILS



# TTA 2010 – Pickwick Landing Hikes November 12 – 14, 2010 West Tennessee\* Hike Program

# **Friday**

Shiloh - Indian Mounds Trail 3 mi Easy Shiloh - Battle Field Trail 2.5 mi Easy Pickwick - Island Loop Trail 3 mi Easy

### Saturday

Cane Creek - Under Bluff Trail 8 mi Moderate
Tishomingo - Bear Creek Swinging Bridge

6-8 mi Moderate

**Pinson Mounds - Nature Trail** 5 mi Easy **Big Hill Pond - Dry Ridge/Big Hill Pond Lake** 

6-8 mi Moderate

Shiloh - Historic Hike6 miEasyShiloh - Compass Hike10 miModerate

## Sunday

Natchez Trace - Red Leaves Trail 10 mi Moderate Mousetail Landing - Eagle Point Trail 8 mi Moderate Lady Finger Bluff - River Overlook 3 mi Easy Big Hill Pond - BHP Lake/Boardwalk Trail

6-8 mi Moderate

 Disclaimer - Technically only half of the hike locales listed are in West Tennessee

# Get in on the action... It's Silent Auction Time Again!! Join the fun! Cash Bar!

Mark your calendar and make plans to attend the TTA Annual Auction held on November 13th at Pickwick State Park.

This is your chance to do a little holiday shopping and support the Cumberland Trail BreakAway Program at the same time. All proceeds from the auction will go to the CTC Breakaway Program. Last year TTA raised over \$7,200.00 for CT Breakaway and with your help we can raise even more! Plan to attend the TTA Annual Meeting, bring a friend, and bring your checkbook!

Also, we are still collecting items for the auction. If you or the company you work for would like to contribute to this worthwhile event, please contact woodypierce2@gmail.com.

# JACKSON CHAPTER

**CHAPTER CHAIR:** Glen Rognstad 731-217-5966

jackson@tennesseetrails.org TREASURER: Anne Goodson 664-1556 jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190 jacksonsecy@tennesseetrails.org

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966 jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

**MEETS MONTHLY**: 2<sup>nd</sup> Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Oct 1-3 - Allardt Pumpkin Festival: Big South Fork National River & Recreation Area. This is a joint adventure with the Murfreesboro Chapter. camp/stay at Pickett State Park on Friday & Saturday and share campfire and fellowship at the park. On Saturday we will participate in the Pumpkin Festival Parade so bring lots of individually wrapped candy and join the fun. information about the accommodations at Pickett State Park, you can contact the park at 931-879-5821. For more information and to register, please refer to the Murfreesboro chapter listing.

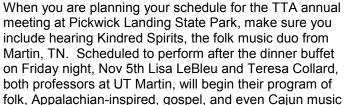
Oct 11 - Chapter Meeting. Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 pm and the meeting will start at 7:00 pm. Please contact Glen Rognstad at 731-217-5966 or Glenrognstad@gmail.com for additional information.

Additional hikes may be added. Please check the TTA website calendar.

# Planning ahead:

Nov 8 - Chapter Meeting. Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 pm and the meeting will start at 7:00 pm. Please contact Glen Rognstad at 731-217-5966 or Glenrognstad@gmail.com for additional information.





at 7:30 p.m. or so.

# MEMPHIS CHAPTER

**CHAPTER CHAIR:** 

VICE-CHAIR:

Margaret Smith 901-210-6097 memphis@tennesseetrails.org Francis Ruffin 901-396-1108 memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep - May) 3<sup>rd</sup> Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

Oct 2 - Pinson Mounds State Archaeological Park. The park offers six miles of trails including a nature trail and a boardwalk with a stop overlooking the Forked Deer River which borders the park. The trail route will be determined when we meet. The trail is easy to moderate, only for some short steep climbs, wear hiking boots. Bring snacks and water. We will meet at the visitor's center at 9:30 am CT. For information contact Francis Ruffin. 662-781-5034.

Oct 9 - Meeman-Shelby Forest Horse Trail\*\*\* NOTICE: Date Change \*\*\*Linda will lead an easy to moderate 3-mile equestrian/hiker loop trail. Meet at the parking lot near the stables at 9:00 am CT. The stables are located on the north side of Poplar Tree Lake in the vicinity of the Nature Center. One will need to drive slowly looking for a gated road leading down a hill. This will take you to the stables. Poplar Tree Lake is on the south end of Shelby Forrest. From Memphis, one should use south entrances to the park, such as the entrance off Benjestown Rd. Bring water and snacks. For additional information call Linda Coffield at 901-372-9028.

Oct 16-17 - Buffalo National River Hike - Fall Colors in the Ozark Mountains \*\*\* NOTICE: Date Change \*\*\*Come along as we visit some of the most splendid hiking trails you have ever seen. Fall in the Ozarks is just wonderful. Cool days, clean air. and the changing of colors. There's no way to describe it; you We will venture into the Ponca have to experience it. Wilderness to visit Hawksbill Crag, one the most photographed scenes in the Ozark Mountains, towering over Whitaker Creek and the valley below. In addition, we plan to hike Big Bluff / Goat Trail, the granddaddy of all bluffs on the Buffalo River. The bluff stands over 500 feet tall with a million dollar view. Hiking will be easy to moderate. You will need sturdy shoes or boots and hiking sticks or poles. Plan to book a reservation in Jasper, Arkansas, for Friday night October 15th and Saturday night. October 16th. Weather permitting, we plan to hike Bluff/Goat Trail (7 miles round trip) on Saturday and Hawksbill Craig (3 miles round trip) on Sunday morning. JASPER LODGING: Little Switzerland: 870-446-2693, Riverview Motel: 870-446-2616, Arkansas House B&B: 870-446-5900, Front Porch: 870-446-2444, Cliff House: 870-446-2292. **REGISTRATION IS** REQUIRED. For more information, contact Woody or Carolyn Pierce at woodypierce2@gmail.com or 901-755-5635.

Oct 21 - Monthly Meeting.

Oct 23 - Big Hill Pond State Park, near Pocahontas, TN. (approx 1 ½ hour from Memphis). We will meet at the boat dock in the park at 9:30 am CT and start the hike promptly at 9:45 am. The 7-8 mile loop trail is rated moderate. This trail takes us over wooded hills through rock outcroppings and to a fire tower overlooking the Tuscumbia river valley. We cross a 0.8 mile boardwalk over Dismal Swamp, a unique area with abundant wildlife. Bring lunch and water. Boots strongly recommended. For information contact Debbie Hicks devora181@yahoo.com.

Oct 30 - Herb Parsons Lake, Fisherville located northeast of Collierville, near Collierville Arlington Road and Macon Road. Hike begins at 9:45 am CT at the lake. This is an easy 6-mile walk through the woods and around the lake. Bring snacks and water. Carpool meets at 9:00 am at the soccer field on Walnut Grove Road (located on the south side of Walnut Grove, west of the traffic light at Farm Road). For information call Linda Walston at 901-606-9866.

# MURFREESBORO CHAPTER

CHAPTER CHAIR: Millette Jones 615-397-9588 murfreesboro@tennesseetrails.org

**OUTINGS COORDINATOR/BOARD REPRESENTATIVE:** 

Tony Jones 615-397-4463 murfreesborohikes@tennesseetrails.org

(Call Tony & volunteer to lead an outing)

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro **BLOG:** www.tennesseetrails.org/blog/murfreesboro

Oct 1 - Adventure Trip to Rugby Village, Morgan Co., TN, a restored Victorian village founded in 1880 by British author and social reformer, Thomas Hughes. Plan to meet at 10 am CT at the Harrow Road Cafe on the main drag in this charming village. We will eat lunch in the re-created period cafe, then take a guided tour of the village. It is possible to make this a day trip from Murfreesboro or to stay overnight in the area (if you make advance reservations) and take in the Allardt Pumpkin Festival the next day. The village is only a few miles from Allardt and the Pumpkin Festival. Take money for the tour registration fee (\$7 adult or \$6 for seniors over 60), and for lunch. For pictures and more detail go to the website <a href="http://www.historicrugby.org/">http://www.historicrugby.org/</a> To sign up or to volunteer to form a car pool contact Fount or Anna Bertram <a href="mailto:abertram@dtccom.net">abertram@dtccom.net</a> or (615) 765-5357.

Oct 2 - Colditz Cove State Natural Area, Allardt, TN. 1.5 miles. Moderate due to elevation changes and uneven, sometimes slippery, footing. The hike will begin at approximately 4 pm CT immediately following the Pumpkin Festival Parade and reassembly at the trail head. Colditz Cove is a 165 acre natural area located approximately 2 miles east of Allardt, TN in Fentress County, and is part of the Big South Fork. Its most impressive feature is Northrup Falls, which plunges more than 60 feet over a protruding rock ledge into a scenic, narrow, gorge along Big Branch Creek. The waterfall is named for the family who settled here and operated a mill above the falls in the 1800's. These high cliffs and "rock houses" (cave-like overhangs) at the falls and along the creek gorge were once used by cliff-dwelling Woodland Indians over 3,000 years ago for shelter while hunting. This cove has been described as "Tennessee's little jewel" by a former TTA president. Visit website <a href="http://www.bigsouthfork.org/Colditz.html">http://www.bigsouthfork.org/Colditz.html</a> or contact Fount/Anna Bertram at <a href="mailto:fwbertram@dtccom.net">fwbertram@dtccom.net</a> for more information.

Oct 9 - Ramsey Cascades, Great Smoky Mountains. 8 miles Strenuous due to rocks, roots and elevation. We will walk most of the way along The Little Pigeon River until it cascades to the falls below. It is recommended that you wear sturdy boots and bring a walking stick. For information or to register contact Ann Jacobs at eannjacobs@aol.com.

Oct 12 - Monthly Meeting. All are welcome to attend as we feature our guest speaker Bob Goodwin, a Murfreesboro member. He will discuss his and Sandra Parker's Trip West (Part Two), a 4,000+ mile loop from Colorado north to Wyoming, Nebraska, South Dakota, Montana, and then back around to Wyoming, Utah and Colorado, during the fall of 2008. Over 17 National Parks, Monuments, State Parks and other sites were visited with 15 hikes of various lengths and difficulty accomplished. Emphasis will be on easy, moderate and "somewhat strenuous" hikes as opposed to hikes such as doing the Grand Canyon from rim-to-rim! Part II of the presentation includes Red Lodge, MT into WY, Yellowstone NP, Grand Teton NP, Ft. Bridger and the Flaming Gorge Recreation Area in WY, Dinosaur NM in UT and CO, and the Grand Mesa in CO.

Oct 23 - Mossy Ridge Trail at Percy Warner Park. 3.5 miles. Moderate due to roots and elevation changes. We will loop through old growth forest. Sturdy boots are suggested as well as a hiking stick. For information or to register contact Ann Jacobs at eannjacobs@aol.com.

Oct 30 - Varnedoe Trail, Green Mountain, Huntsville, AL. The Varnedoe Trail is the newest of the Land Trust trails and was completed during the summer of 2009. For the first time it allows a complete loop on Green Mountain which includes the Sugar Tree and the Certain Trails. Bob Goodwin and Sandra Parker will lead this moderate 4.5 mile hike which will include panoramic views of Huntsville and the Tennessee Valley as well as sharp rock outcroppings. The trail is in good condition, but rocky and uneven in places. About half way, there will be a 300 foot elevation gain in a half mile, and then the trail follows the top of Green Mountain and is mostly flat. Near the end, there is a 300 foot elevation loss in about a half mile. We will leave from the Cracker Barrel on Church Street at Interstate 24, Exit 81 in Murfreesboro at 8:00 am CT. Distance from the meeting place to Green Mountain is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at *CAMEL40@earthlink.net* or 256-564-8417.

Planning Ahead-

Nov 6 - Fall Color Bowling Farm Potluck, 4 miles Nov 12-14 - TTA Annual Meeting....Register NOW!

# SOUTHEAST FOOT TRAILS COALITION UPDATE

The **Southeast Foot Trails Coalition** is attempting to become a vital part of the hiking community in the 9 states we represent. An effort is being made to contact all the hiking clubs and organizations in these 9 states and offer assistance in their efforts as well as recruitment for membership in the SEFTC. After the American Hiking Association discontinued sponsorship, we have reorganized and are working on becoming a registered 501(c)3 organization. This will enable us to be eligible for tax exempt donations and to apply for grants and other contributions. We will continue with the biennial general conferences and Leadership Council meetings in the off years. It has been decided to have our 2011 Leadership Council meeting in conjunction with the Appalachian Trail Conservancy conference in July. The ATC Conference will run from July 1 to July 8, 2011. The LC meeting will be on Friday July 1. Members are encouraged to take in as much of the total conference as they can.

The SEFTC is also talking to the Leave No Trace national office in making arrangements to become a partner with them. As a part of this project we would have certified instructors to share the LNT concept with our member organizations and other interested groups. We will be talking with a representative of LNT at our next meeting to discuss this alliance. TTA has been a part of SEFTC from the onset and we have been on the cutting edge of things involved. Please give me your ideas and suggestions that might help make the organization stronger and more effective in the Southeast hiking environment.

-----Fount Bertram fwbertram@dtccom.net

# NASHVILLE CHAPTER

**CHAPTER CHAIR: OUTINGS COORDINATOR:** 

Libby Francis nashville@tennesseetrails.org Libby Francis nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

Oct 9 - Soddy Creek segment of the Cumberland Trail EXPEDITION. Soddy Daisy, TN. Calling all eyes, ears, mouths and noses; GPS', measuring wheels, writers, flora and fauna enthusiasts. This is the first of several EXPLORATORY hikes offered on the CT for the purpose of creating a trail description to be part of an upcoming hiking guidebook of the Cumberland Trail. This particular segment is 11 "linear" miles (not a loop); from Hotwater Road to Heiss Mountain; however, we will not hike the entire 11 miles today. We'll start at the Hotwater Road trailhead and ideally, casually hike in about half-way then retrace our steps back to the beginning at Hotwater Road. It is essential that this hike be taken slowly so we can describe (and record) what we see, smell, and hear along the way. We'll use GPS and measuring wheel to record the exact location of these special features, and need volunteers to share in all tasks involved: writing, wheeling, using GPS, sharing knowledge of flora, etc. Don't worry, you don't have to be experienced in all aspects of this expedition (the hike leader hasn't learned how to use a GPS yet!); if each person participating has some experience in one of the tasks listed, then together we are whole. Briefly, the trail ascends and descends through several gorges, which will include impressive views from overlooks, rushing streams at the bottom of the gorges, and rock formations along the way. Due to the ascents, descents and mileage (approx 11 miles) we encounter, the hike would normally be rated as strenuous; however, due to the slow pace today it will be rated moderate. Plan on wearing durable hiking shoes, and bringing a lunch, snacks and plenty of water for this all day expedition. We will meet at 6:50am CT to carpool from south Nashville in order to get on the trail at a reasonable hour. We'll try to be back in Nashville around 6:00 pm. If we're not going to be back by 6:00pm, we'll stop for a quick dinner on our way. To register and to obtain carpool meeting location, call Diane Manas at 615-352-7777. If you are unable to participate in this first expedition, there will be several more between now and April 2011. Also, participants will be recognized in the hiking guidebook.

- Oct 9-16 Cataloochee Car Camping and Hikes in the Smokies. Nancy will be working on her Smokies map and doing all day hikes including, Cataloochee Divide, McKee Branch, Boogerman, Caldwell Fork, Big Fork Ridge, Rough Fork, Mt. Sterling, Long Bunk, and Little Cataloochee. Hope to see some elk!!! Contact Nancy to register for more info: 615-319-8811, or e-mail njuodenas@yahoo.com. If enough people commit, (let's say by Sept. 30), we'll try to get the group site.
- Oct 23 Lookout Mountain, Chattanooga, TN. Ride the incline railway (\$15 charge) to the summit, where the Civil War Battle above the Clouds took place, and hike 9 moderate miles (due to elevation changes) on to Craven House Loop Trail and Bluff Trail. Wear sturdy boots; bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 352-7217 or e-mail rushga01@yahoo.com.
- Oct 23 Beaman Park Boardwalk Construction Project, Nashville. 9:00 am till 4:00 pm, CT. The Friends of Beaman Park have been awarded a grant to construct a 350 foot long, ADA accessible boardwalk. We need volunteers to help with this project. All the tools, training, and snacks will be provided. To volunteer, please contact the Beaman Park Nature Center. For more information and directions, call 615-862-8580.
- Oct 24 Sewanee Perimeter Trail, Monteagle, TN. Nine mile loop starting at Greens View overlook. Moderate to difficult due to distance and elevation changes. You will need lunch, snacks, water, and sturdy hiking boots. Call Doug Burroughs at (615) 283-0507 for more information and to register.
- Oct 26 Monthly Meeting. This past summer, three TTA members took a hiking vacation in Merrie England. Turns out it's somewhat different from hiking on this side of the pond. Murfreesboro TTA member (and state membership director!) Ron Dunn will bring us his take on foot travel, unblazed trails and mashed peas. Join us for a brief business meeting at 7 p.m., followed by Ron's program and time to socialize and enjoy light refreshments. Guests are welcome!
- Oct 30 Soddy Creek segment of the Cumberland Trail EXPEDITION. Soddy Daisy, TN. See the October 9 announcement above. Today's EXPEDITION will start and end at the Heiss Mountain Road trailhead. Plan on wearing durable hiking shoes, and bringing a lunch, snacks and plenty of water for this all day expedition. We will meet at 6:50 am CT to carpool from south Nashville in order to get on the trail at a reasonable hour. We'll try to be back in Nashville around 6:00 pm. If we're not going to be back by 6:00 pm, we'll stop for a quick dinner on our way. To register and to obtain carpool meeting location, call Diane Manas at 615-352-7777. If you are unable to participate in this expedition, there will be several more between now and April 2011. Also, participants will be recognized in the hiking guidebook.

# NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org
TREASURER: Sandy Davis 731-587-9134

northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Monthly meeting and hike plans were not finalized at press time. Please check with chapter leadership or the TTA website for updated information.

# PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437

plateau@tennesseetrails.org
Jim Grove 931-484-7900

SECRETARY/TREASURER: Jim Grove 931-484-7900

plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Oct 9 – Buzzard Point, Laurel-Snow Pocket Wilderness, Dayton. This is an approximately 6 mile hike rate moderately difficult due to the change in elevation required to make the steep climb to the upper rim and Buzzard Point. This hike departs from the Laurel Falls trailhead, follows Richland Creek for the first 2.5 miles, then crosses the creek. The next 2 miles is a climb to the upper rim of the gorge and on to Buzzard Point. Meet at American Legion on Highway 127 at 7:45 am CT. For more information and to register, call Gary Ruetenik at 931-337-7921 or gruetenik456@comcast.net.

Oct 14 - Chapter Meeting 6:30 pm. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: TTA member, Ron Dunn, will share his experience from hiking in England this summer. For more information, contact Cheryl Heckler 931-456-6437 or thehecklers@charter.net.

Oct 23 - Angel Falls Overlook, Big South Fork. This is a 10 mile hike rated difficult due to its length, but the footing is good and the overall grade is downhill. The hike passes several rock houses, a small waterfall and a couple overlooks on the way to Angel Falls Overlook, which is a massive rock outcropping several hundred feet above the Big South Fork of the Cumberland River. Hikers will shuttle cars and depart from the Bandy Creek trailhead finishing at Leatherwood Ford. Wear boots, bring water and lunch. Meet behind Cracker Barrel at 8:00 am CT. For more information and to register, call Bill Harris at 931-484-9152.

# **SODDY-DAISY CHAPTER**

CHAPTER CHAIR: Brandy Selman (423) 544-9608 soddydaisy@tennesseetrails.org
TREASURER: Jan Agee 423) 504-3581

REASURER: Jan Agee 423) 504-3581 soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1<sup>st</sup> Monday of Jan, Apr, Jul & Oct at 6:00 pm in Soddy Daisy's Municipal Building

Hike plans were not finalized at press time. Please check with chapter leadership or the TTA website for updated information.

# SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** 

Thomas & Debra Obrock 615-826-7459 sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT First Presbyterian Church 172 West Main Street, Hendersonville

Oct 5 - Monthly Meeting. Speaker will be Dave LeMarbre, Director of Parks and Recreation for City of Hendersonville who will talk about hiking trails in Hendersonville and provide an update on the Hendersonville Greenway and the new connector bridge to the Drakes Creek Park trail.

Oct 23 - The Trails at Fontanel Mansion. 2 miles. Easy. Come and walk the beautiful trails that surround Fontanel. the former home of country star Barbara Mandrell. The trails wind through the woods, under the shaded canopy of the trees, and bring you up close to nature and the abundant wildlife that calls Fontanel home. Following the hike, we will eat lunch at The Farm House Restaurant at Fontanel which features home-cooked southern food. Tours of Fontanel Mansion can be reserved/purchased at the Visitor Center for anyone who wants to take a tour after lunch. Contact Sandy Fletcher at Sandy.Fletcher@tn.gov or 615-264-5696. We will meet to carpool at 9:00 am at the K-Mart parking lot on Long Hollow Pike in Goodlettsville, or meet at 9:30 am in the parking lot at Fontanel Mansion, 4225 Whites Creek Pike, Whites Creek, Tennessee (just off I-24. exit 40).

Oct 30 – Savage Falls and North Rim Trail at Savage Gulf. 4 miles. Easy. If you ever wanted a spectacular mountain hike with a minimum of climbing this hike is for you. Starting at Savage Gulf Ranger Station we will hike to beautiful Savage Falls, continue on the North Rim Trail to Meadow Creek Bluff and beyond for awesome Fall views from the overlooks. Meet at First Presbyterian Church in Hendersonville at 8 am CT or at the South Cumberland State Park Visitors Center near Monteagle at 10 am CT. Bring a sack lunch, water and sturdy shoes. To register of for more info call Savage Al @615 347-2623 or ballallanger@aol.com.



# 2010 Annual Meeting November 12 - 14, 2010 PICKWICK LANDING STATE PARK PICKWICK, TENNESSEE 38365



Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, auction and Friday evening entertainment. The Annual Meeting will be held from Friday, November 12, through Sunday, November 14, at the Pickwick Landing State Park and Convention Center, Pickwick, Tennessee. Our hosts for this year's event are the Jackson and Memphis chapters.

# **Lodging**:

**Inn Rooms** – The rooms have two queen size beds and are located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a balcony and picturesque view of the lake. Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+).

<u>Cabins</u> – A two-night stay is required and for cabins. The cabins sleep eight and have two bedrooms, each with two double beds and 1 bath. Linens are provided. The kitchens are stocked with pots, pans, and cutlery. They are located in a wooded area ½ mile from Pickwick Inn & Conference Center.

<u>Camping</u> – There are 48 sites are available on a first come, first serve basis. Each site may contain up to eight people but no more than three tents. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electrical hook-ups 20/30/50 amp electric. A central bathhouse with showers is close by. Campsites are located about 1 1/2 mile from Pickwick Inn & Conference Center.

# Meals:

An 18% gratuity is included in the cost of all meals. If you have special dietary needs, please write in request on registration form.

# 2010 Annual Meeting Schedule of Events - tentative

# All Times are Central

FRIDAY		SATURDAY		SUNDAY	
4:00 pm	Check-In Begins	7:00 - 10:00 am	Breakfast Buffet	7:00 - 10:00am	Breakfast Buffet
3:30 pm	Depart for Hike	8:00 - 9:00 am	Depart for Hikes	Before 11:00 am	Check Out
5:00 - 9:00 pm	Dinner Buffet	4:30 - 6:30 pm	Dinner Buffet	8:00 – 9:00 am	Depart for Hikes
7:30 pm Entertainment		6:30 – 7:00 pm	Shop the auction tables	9:00 am	Board Meeting
	Speaker	7:00 - 8:00 pm	Annual Meeting		
	Bonfire	8:00 - 9:00 pm	Live Auction		

# Hikes scheduled:

Big Hill Pond State Park, Cane Creek, Mousetail Landing, Natchez Trace, Pinson Mounds Nature Trail, Shiloh National Military Park, Tishomingo State Park

# Directions to Pickwick:

From I-40 East take State Route 22 South (Lexington Exit) through Shiloh National Park; then follow State Route 142 South to State Route 57 East.

State Route 57 will take you to the Park.

From Jackson: US 45 South to State Route 57 East From Memphis: State Route 57 East to the Park

# 2010 TTA ANNUAL MEETING November 12 - 14, 2010 Pickwick Landing State Park 800-250-8615

# REGISTRATION FORM Registration extended to November 5, 2010

Families: Please provide the name of each member of your family attending. City: State: Zip: -Address: Chapter: \_\_\_ Phone: ( ) E-mail: LODGING - The following accommodations are available. Reservation and payment for rooms being held for TTA must be made directly with Pickwick Landing at 800-250-8615. Please be sure to mention TTA when making your reservations, since we have rooms reserved. After Oct 1, our block of rooms will be released, but continue to make room reservations direct with Pickwick Landing State Park. First night deposit required. If you are the person reserving an Inn Room or Cabin for a group, please provide the names of those sharing with you. \_\_\_\_\_\_ Name \_\_\_\_\_\_ Name \_\_\_\_\_ Name Name INN ROOMS - 70 Rooms are on hold through Oct 1st and rates include 14.5% hotel tax (2 queen beds with private bath) Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+). Inn Rooms: Fri Night Rate / 2 people \$77.86 Night Rate / 2 people a, \$77.86 Sat Suites are not on hold - 4 queen beds, living room sleeper, 3 baths 2 Bed Suites Fri Night Rate \$263.35 Night Rate Sat a. \$263.35 AAA Cabins (1 cabin on hold – 2 Bedroom total 4 double beds, 1 bath, capacity of 8 people) AAA Cabins: Fri Night Rate \$137.40 Sat Night Rate (a), \$137.40 CAMPING - All sites are on a first-come, first-serve basis. The campground has a total of 48 sites with hook-ups (20/30/50 amp electric). Please provide the details of your reservation for planning purposes. Friday Night Tent Camping (4 people) @ \$18.00 # of People # of People \_\_\_\_ RV Camping: @ \$20.00 ADDITIONAL CAMPERS # of People @ \$1.00 Children under 7 free Saturday Night Tent Camping (2 people) # of People \_\_\_\_ @ \$18.00 # of People \_\_\_\_ **RV** Camping: @.\$20.00ADDITIONAL CAMPERS # of People @ \$1.00 MEALS (Fri. Dinner, Sat. Breakfast and Dinner are buffets) FRIDAY Dinner Buffet # of People \_\_\_\_ x \$15.46 Total \$ # of People x
# of People x SATURDAY Breakfast Buffet \$10.09 Total \$ Sack Lunch (turkey, ham, or roast) \$ 8.00 Total \$ # of People \_\_\_\_ x Dinner Buffet \$15.46 Total \$ # of People \_\_\_\_ x **SUNDAY** Breakfast Buffet Total \$ \$10.09 **REGISTRATION FEE** \$15.00 # of People x Total \$ (This registration fee cannot be pro-rated. The full amount is required of each participant, regardless of the number of days attending.) If you have special dietary needs, please write in request on this form.

If you have special dietary needs, please write in request on this form. Pickwick's Room Cancellation Policy Individual rooms booked with Pickwick: 48 hours prior to arrival.

TOTAL ENCLOSED \$\_\_\_\_\_

Please complete this Registration Form and mail it with a check for your registration fee and meals made payable to: Tennessee Trails Association, mail to: Charlie Bright, 8470 Rosemark Road, Millington, TN 38053 Phone: 901-829-4434

An email confirmation or postcard will be sent to you upon receipt of your check and registration.

# **OFFICERS:**

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**TN Rails To Trails Advisory Council Representative** 

Bob Richards 615-532-0753

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor** 

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

# Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	For Newsletter Dated
Oct 10	Nov 1
Nov 10	Dec 1
Dec 10	Jan 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

# UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115

uppercumberland@tennesseetrails.org

Hike plans were not finalized at press time. Please check with chapter leadership or the TTA website for updated information.

# **Supporting and Life Membership Recognition**

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donation of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Projects funded this year through the program include new benches in Warner Park and Beaman Park honoring Bob Brown, co-founder of Tennessee Trails Association and co-visionary of the Cumberland Trail, supplies for trail cleanup at Bledsoe Creek State Park, and funding assistance for the 2010 Cumberland Trail Conference Spring Breakaway program.

We would like to recognize and thank these <u>Supporting Members</u>: Susan Woods, J. William Blevins, Doug & Laurie Gschwend, Harold & Martha McCurdy, Radford Smith, Barbara & Jim Charlet, and Janice Ledbetter.

Thanks to you all!

# **TTA CALENDAR**

The following dates in 2010 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- •will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- •will consider organizing or leading volunteers from your chapter/region for an event listed.
- •can be sure to prevent scheduling conflicts with an activity you wish to plan.

## **FOURTH QUARTER**

Nov 12-14......Annual Meeting Pickwick Landing State
Resort Park hosted by Jackson & Memphis
Chapters
Nov 14-17.....American Trails National Symposium

Nov 14-17......American Trails National Symposium (Chattanooga, TN)

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	WANT TO JOIN TEN A NEW MEMI RENEWING M Memberships are for one ye Gift Memberships are also a Ron Dunn 615-867-3	BER IY MEMBER ear, unless you have a Li available. Contact our Me	S H I P fetime Membership.	<b>AM</b> Oct 10	Membersh P.O. Bo	his Form To: ip Director x 41446 I 37204-1446
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	Life Member (Family)	\$750.00	e-mail			
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