TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



It's time to start rounding up items for our TTA AUCTION!!!!!

We are looking for five donation items from each chapter for this year's auction. Start talking it up now at your chapter meetings - this is a great summer project if your chapter takes a break from hiking in the heat!!! All proceeds benefit the Cumberland Trail BreakAway Program and all contributors will be recognized in the TTA newsletter.

Check your house for quality items, ask your friends, your company, or local businesses to donate merchandise and/or services, donate your own products or services if applicable, or make a cash donation to your local chapter to purchase items for the auction. Any good quality item will work, not just hiking gear. Check with your chapter chairperson for solicitation materials to give to local businesses or download solicitation materials from www.tennesseetrails.org. Don't forget the white elephant sale. Look in your closets and basements and bring us something for the \$2, \$5, \$10 bargain tables.

When you have collected Live and Silent Auction items, please email the estimated dollar value, name of contributor, and the name of the TTA member to *millette.jones@comcast.net*. You can also contact Millette with any questions. Having this information prior to Oct. 15 will give us a change to prepare an auction program guide. Thank you for your support!

REMINDER
TTA Annual Meeting
October 28-30, 2011
Dubose Conference Center
Monteagle, Tennessee
Details and Registration Form Inside

2011 Membership Directory It's Update Time!

The 2011 edition of the TTA Membership Directory will be mailed to all current members around the end of September. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last Directory (published August 2010).

The deadline for changes is August 5 and here are a few ways you can notify us:

- Internet: Visit www.tennesseetrails.org, navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- Email/Phone: Call or e-mail Membership Director Ron Dunn at membership@tennesseetrails.org or 615-867-3301.

Not sure of when your membership expires? For members who receive print newsletters, please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

For members who receive newsletters electronically, the body of the email accompanying the newsletter will have a note if your membership expires soon (the next two months). If you have any question about your membership however, feel free to contact Ron Dunn.



Office Location 409 Thurman Avenue, Ste 102Crossville, TN 38555

Office Hours8am-2pm CT

Email: cumberlandtrail@rocketmail.com

Website: www.cumberlandtrail.org

Sep 23-29 - Trail maintenance, Tennessee River Gorge segment. Volunteers needed to help with trail maintenance in preparation for the 2011 Stump Jump trail

Oct 1 - 2011 Stump Jump trail race. Please visit www.rockcreek.com/stumpjump for more details.

Oct 7-14 - Trail maintenance in the CT's New River Volunteers needed to help with trail maintenance between Cove Lake and Norma Road.

Oct 15 - 50k trail running event in the CT's New River section. For more details, visit the website at : www.cumberlandtrailraces.com/CumberlandTrail50k/HOM E.html.

Have you marked your calendar yet??

TTA Annual Meeting October 28-30, 2011

Dubose Conference Center Monteagle, Tennessee

Sponsored by Murfreesboro, Columbia and Highland Rim TTA Chapters

Live Auction Bake Sale White Elephant Sale

Great Hikes Every Day

Silent Auction

Registration Form is on Page 7

TTA Needs Your Donations

For the Annual Meeting October 28-30

Start saving items you no longer use for the TTA silent and white elephant sales

Oct 28-30 - Statewide Tennessee Trails Association Annual Meeting. Join other TTA members for a good time and to support the Cumberland Trail Conference. Please visit www.tennesseetrails.org for more details.

Nov 11-20 - New River section trail construction. Volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

CLARKSVILLE CHAPTER

CHAPTER CHAIR:

Paul Schwab 931-645-9068 clarksville@tennesseetrails.org J.R. Tate 931-920-2692

CHAPTER CO-CHAIR: clarksville@tennesseetrails.org TREASURER: Sandy Janus 931-551-8523

clarksvilletreas@tennesseetrails.org SECRETARY: Chris Everett 931-494-8038

clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Sandy Evans 931-217-4339

clarksvillehikes@tennesseetrails.org

(call Sandy & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Aug 6 - Overnight Hike to Virgin Falls, White County, TN. 8 miles. Difficult. Sandy Janus 931-551-8523. Meet 7:00 am CT. I 24 Exit 11 commuter parking lot.

Aug 13 - Harpeth River Canoe and Kayak Float, Cheatham County. Bob Lyon 931-648-2354. Meet 7:30 am CT, Big Lots parking area, Riverside Drive, Clarksville. Aug 16 - Chapter Meeting. Sandy Evans will have the program.

Aug 20 - Either Old Hickory Pontoon Boat Trip, or Blue Heron Boat Trip, Ashland City, TN. \$10.00 to \$12 ticket per person. Pre-register by Wednesday, Aug. 17. John Sneed 931-920-3828. Meet 8:00 am CT, Madison Street Kmart, Clarksville.

Aug 27 - Pennyrile State Park, Christian County, KY. 5 miles. Moderate. Eat lunch at Park Restaurant. Sandy Janus 931-551-8523. Meet 8:30 am CT, Sears Parking Lot, Governors Square Mall, Clarksville.

COLUMBIA/FRANKLIN **CHAPTER**

CHAPTER CHAIR:

Marvin Caine 931-486-1632 columbia @tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Aug 2 - Chapter Meeting. Our speaker will be Dwight Barnett, Area Forester TN Department of Agriculture, Forestry Division. Dwight will be speaking to us about Green Cities For Great Jobs. The meeting begins at 7 pm at The Grand Buffett in Spring Hill. Come at 6 and join us for dinner.

Aug 6 - Stones River Battlefield Murfreesboro, TN. 3 miles. Stones River, Tennessee, was the site of one of the most decisive and deadly battles of the Civil War. Here, on New Year's Eve 1862, the Union armies under Major General William Rosecrans avenged their defeat two weeks earlier at Fredericksburg. After three days of intense fighting, Confederate troops were permanently forced out of Middle Tennessee. General Rosecrans won the fertile fields he needed to sustain the Union Army, while President Abraham Lincoln claimed the strategic and moral victory he needed to issue the Emancipation Proclamation. Those victories came at a significant cost. Casualties claimed nearly a third of the 81,000 troops on both sides. More than 3,000 men lost their lives at Stones River. Another 16,000 lay wounded for days, waiting for help to arrive. Today, you can ponder Civil War military strategy as you stroll the rolling green hills and cedar glades of Stones River National Battlefield. Seven miles of trails wind through the park. See the earthen boundaries of Fortress Rosecrans, built to protect Union storehouses. Wander between the graves of the Stones River National Cemetery, final resting place of more than 7,100 Union soldiers, veterans, and family. Wear comfortable shoes and bring snacks and plenty of water. We will meet behind the Spring Hill McDonald's in Campbell's Station and leave there at 8:30. Register with Russell Smith at carving082334@aol.com or 615-790-1833.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR:

John Redmon 423-869-8286 covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:

Kathy Sarvis 865-494-0374 covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center,: 300 W. Beech St., La Follette.

Aug 11 - Old Harlan Road Trail, Cumberland Gap. 4 miles. Easy to Moderate. Everyone will meet at the Food Lion up the valley (63) in La Follette at 8 am ET to car pool. The hike starts at the Sugar Run Day picnic facility. We will hike to Ft. McCook and return for a total of four miles. Bring water and snack - we may have a picnic after the hike. For more information call John Redmon at 423-869-8286.

DYER COUNTY CHAPTER

CHAPTER CHAIR:

Rita Norvell 731-445-4601 dyercounty@tennesseetrails.org

SECRETARY/TREASURER:

Frank Salowitz

dyercountysecy@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:

Jim Stark 731-589-1776

dyercountyhhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

Rosemary Marshall 865-548-6171 easttennessee@tennesseetrails.org Elise Eustace 865-201-5806 easttennessee@tennesseetrails.org

VICE-CHAIR:

Aug 13 - John Muir National Recreational Trail. 5.7 miles. Easy. Meet at 10:00 am ET at the Childers Creek Trailhead on the Hiwassee River in Reliance, TN. Follow 411S to TN 30. Go 5.7 miles and turn left on TN 315 at the Reliance Bridge that crosses the river. At the end of the bridge take the first road to the right (FS 105). The trailhead is on the right. The hike is rated easy and ends at 5.7 miles at the suspension footbridge which goes to the Appalachia Power House. A car shuttle will be necessary for this hike. Please register with Robby Paul (865-850-1503) or robbypaul@hotmail.com.

Aug 18 - Ijams Nature Park. Join us for a walk on the "Wild Side" at Ijams Nature Park. This Wildlife Sanctuary has more than 10 trails to choose from. Since this is our annual "After Work Hike", we will meet at 5:30 pm ET in Our hike will be followed with the parking area. sandwiches, chips, cookies and cold drinks. Don't miss this hike! To pre-register, shoot Lesley an email at stenogirllprice@comcast.net.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
VICE CHAIR: Nora Henn 931-668-1870
TREASURER: Marietta Poteet 931-924-7666

highlandrim@tennesseetrails.org highlandrimvice@tennesseetrails.org highlandrimtreas@tennesseetrails.org highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

OUTINGS COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811

Aug 2 - Chapter Meeting. Join us for dinner at Ruby Tuesdays in Tullahoma at 5:30 pm. Our business meeting will be at 7:00 pm at D.W. Wilson Community Center in Tullahoma. Tom Bentley will present a program about his week-long sail/snorkeling trip from Key West to the Dry Tortugas with about 35 Boy Scouts from Troop 398 in Murfreesboro. Pictures of shipboard life will be presented along with a brief history of the 16 million brick incomplete monument to man's ingenuity when it comes to war. The abundance of wildlife in a bird sanctuary, and nurse shark breeding grounds will be discussed as will issues associated with surviving on a sailboat for a week.

- **Aug 13 South Cumberland State Park, Monteagle, TN.** Meet at the South Cumberland Visitor Center on US 41 in Monteagle to hike the 1-1/2 mile Meadows Trail behind the Center. Then we will drive to Grundy Lakes State Park in Tracy City to hike the 1-1/2 mile Lone Rock Loop Trail. This shady trail circles the largest of the four lakes and loops by Lone Rock Mine coke ovens built in 1883. After the hike we will eat lunch on a picnic table overlooking Grundy Lake. We will then swim in the cool, clear, spring-fed Grundy Lake. Facilities include a beautiful sandy beach, changing rooms, and restrooms. Bring water, lunch, hiking shoes and swimsuit. Contact Joan Hartvigsen at 931-962-0811 for additional information.
- Aug 13 Full Moon Float. Tims Ford Lake. Devil's Step boat ramp. Located adjacent to Fairview Campground off Hwy 50. We will paddle in nearby coves then disembark onto Devil's Step Island for snacks. Bring water, snacks, flashlight, and boat lights. Contact Joan Hartvigsen at 931-962-0811 for additional information.
- **Aug 20 Elk River Float, Tims Ford Dam to Farris Creek Bridge.** Join Tom Bentley and the river rats at Sample's Family Restaurant on US 41A, Estill Springs, at 8:00 am for breakfast. We will meet at 9:30 am at the Hwy 50 Elk River access below Tims Ford Dam to organize a shuttle to the Farris Creek Bridge take-out. Contact Tom Bentley at <a href="https://https:/
- Aug 27 Sipsey Wilderness Area, Bankhead National Forest, just south of Decatur, AL. 9 miles. Moderate to Difficult. Marietta and Jim Poteet will be leading a hike to the Sipsey Wilderness Area within the Bankhead National Forest in Northern Alabama, just south of Decatur. We will be hiking from the Gum Pond trailhead to Bee Branch, using a number of horse and foot trails. At the turnaround the trail drops down past a picturesque waterfall into a box canyon that is the site of Alabama's largest tulip poplar tree. The total distance hiked will be about 8 or 9 miles. The trail is basically level with some elevation lost (and re-gained) getting into and out of the box canyon. The distance and anticipated hot weather makes this a moderate to difficult hike. Plan for a long day. Bring plenty of water, snacks, and lunch. We'll stop in Huntsville on the way home for dinner. Email or call Marietta at nannietta@blomand.net or 931-924-7666 to register for the hike and get information about meeting time and place.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966

jackson@tennesseetrails.org Anne Goodson 664-1556 TREASURER:

jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190 jacksonsecy@tennesseetrails.org

Glen Rognstad 731-217-5966

OUTINGS COORDINATOR: jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann

Drive in Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 7:00 pm

Aug 8 - Chapter Meeting. Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 pm and the meeting will start at 7:00 pm. Please contact Glen Rognstad at 731-217-5966 Glenrognstad@gmail.com or for additional information.

Additional hikes may be added. Please check the TTA website calendar.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097

memphis @tennesseetrails.org Francis Ruffin 901-396-1108 **VICE-CHAIR:**

memphisvice @tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2^{n'd} Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

No Memphis meetings or hikes It's vacation time! planned during the month of August. Check out other TTA Chapter hike listings and join a hike!

MURFREESBORO CHAPTER

Tony Jones 615-397-4463 **CHAPTER CHAIR:** murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR: Ron Dunn 615-867-3301

murfreesborohikes@tennesseetrails.org

(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-

Crescent Park's Wilderness Station, 697 Barfield-

Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 9 -Chapter Meeting. Along with our regular business meeting, Tom Bentley of the Highland Rim Chapter will give a fascinating presentation on his recent Sailing Adventure with 35 Boy Scouts from Key West to the Dry Tortugas. Please join us! Contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com for more information.



SAVE THE DATE!!!

Kick-off the autumn hiking season at the 20th annual Allardt Pumpkin Festival!! This year's festival is held on Saturday, October 1 in Allardt, TN (east of Jamestown/north of Crossville). We'll be camping at Pickett State Park from Friday, Sept 30-Sunday, Oct 2. Along with the many fun activities at the festival, we'll decorate a TTA float with a hiking theme and walk in the Pumpkin Parade. Last year's winning monster pumpkin was a record-setting 1,331.3 pounds (the largest watermelon weighed 230 lbs!). And yes, we will also be hiking each day in this jaw-dropping landscape filled with waterfalls, overlooks, sandstone arches and rock shelters.

You are welcome to come for the day or spend the whole weekend. Campsites at Pickett State Park are first-come. first-served (but we'll have a TTA site for those wanting to share). If you want to reserve a park cabin or chalet, call 1-877-260-0010. Our goal is to have at least one participant from each TTA chapter walking in the parade. This is a lot of fun for the "young-uns" - so feel free to bring the (grand)kids. More details will be published as the date approaches, but contact Anne at ttahiker@att.net if you want more information.

NASHVILLE CHAPTER

CHAPTER CHAIR: OUTINGS COORDINATOR: Libby Francis Libby Francis nashville @tennesseetrails.org nashvillehikes @tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

Aug 23 - Chapter Meeting. Third annual photo "Show and Tell" night! We'll have electronic equipment on hand, as well as display boards where you can display hard-copy photos of places you've hiked recently. Thumb drives or CDs will work. Haven't been taking pictures? Come anyway, share the fun, and be inspired to help plan fall hiking adventures as cooler weather approaches. PLEASE NOTE: Let Nora Beck know of your plans to show photos at the meeting *in advance*. While folks who walk in with photos are certainly welcome, we want to give each person a fair amount of time. If you have lots of photos to show, please plan on putting the ones that are most important to you at the beginning of your presentation so if there are many presenters, you'll be able to show those. Contact Nora at 615-517-6486 or nora_beck@comcast.net to get your name on the line-up. Bring friends! Photographers love an audience!

Aug 27 - Bowie Nature Park, Fairview. This hike is 5.5 miles of rolling forestland with trees of differing ages, cut by clear creeks forming small valleys. Wear sturdy hiking boots or trail shoes; bring lunch, snacks and water. For more information and to register contact Garnett Rush at 352-7217 or e-mail *rushga01@yahoo.com*.

Aug 27 - Warner Parks. Nashville, TN. Soft-shoe walk on Main Road. Pull out your soft-soled shoes; trail worthy footwear is not required. We'll be walking a 5.8-mile paved road through the Percy Warner side of Warner Parks. Although the surface below our feet will be smooth and flat, the road is not. The walk will be rated moderate due to the August heat (to be expected) as well as the multiple ascents and descents we will make while the road twists and winds our way through the hollers 'n hills. A bonus is the shade we will have the entire way from the multiple variety of hardwoods found in this wonderful metro park. Along the way we will see the usual ground critters and hear birds singing. We may even see a deer or two and possibly a snake. You will need to bring plenty of water to drink and some snacks to munch on. We will start hiking at 7:00 am from the "Deep Well" area of the park; arrive about 10 minutes prior. To get to Deep Well from Nashville: head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approximately 1.8 miles and turn left into the grey stone entrance. Drive to the end/t-intersection (approximately 1 mile) – you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-352-7777.

Aug 28 - Richland Creek Greenway, West Nashville, Hiking for Ice Cream. Tucked away between the McCabe Golf Course and Richland Creek, this beautiful Greenway segment, takes us to within ½ mile of the well-known Bobbies Dairy Dip on Charlotte Pike. As with most Greenways, Richland Creek Greenway is flat and has a smooth surface – great for walking in street shoes. Along the way we'll pass over Richland Creek several times and see some of the local summer wildflowers. We'll meet at 1:00 pm and walk 2 miles from the TARGET trailhead to Sylvan Park; then walk an additional 0.5 mile (each way) to Bobbies Dairy Dip for anything you want (bring \$). After ice cream (or whatever), we'll walk back to the Greenway and complete the remaining 2-mile loop back to our cars. You can be sure it will be hot (!!!) so dress appropriately for the temperature, wear comfortable shoes, bring plenty of water to drink, and an umbrella if you are sensitive to the sun because some segments of the greenway are open to full sun, while some are under the canopy of shade trees. To get to the TARGET trailhead, "Greenways for Nashville" has a printable map on the Internet at www.nashville.gov/greenways/maps.asp (scroll down the page to the "RC - Richland Creek" link to the reach the printable PDF). If you are unable to access the Internet for the map, the TARGET trailhead is between the Target & Steinmart stores on White Bridge Road (White Bridge Road connects West End Avenue and Charlotte Pike). If you need additional information, call Diane Manas at 615-352-7777.

Tennessee Trails Association Annual Meeting October 28-30, 2011 DuBose Conference Center - Monteagle, Tennessee

REGISTRATION FORM

Please Print - Compl	ete ALL (4) sections	- <u>one form</u> per per	rson – make copy of form if i	necessary			
Name:		Sex:	M F Chapter:				
Address:							
City, State, Zip:							
Phone ()		Email:					
(1) REGISTRATION	FEE Non refundable a	nd full amount is ro \$15 per persor	•	Total \$			
(2) LODGING							
Bisnop's Hail: Motel	Single Occupancy Double Occupancy	s60 per person \$42 per person	queen or double beds. No.of Nights No.of Nights				
Roommate's Name: _		· · ·	_				
Claiborne Hall: Main building.		ne or two single b	eds. No private bath, bathro	ooms are in the hallway of the			
		\$42 per person					
Roommate's Name:	Double Occupancy			10tal \$			
Cabins: Each cabin a bathrooms with showe		le in two large sle	eping rooms (12 per side) w	rith bunk style beds. Separate			
		\$18 per person	No.of Nights	Total \$			
Tent Camping: No el Hall.	ectrical or water hook u	ıps. Campers may	vuse bathroom facilities in the	he group cabin or in Claiborne			
		\$5 per person	No.of Nights	Total \$			
Walker House: Home			half baths. Maximum is 10 b.of Nights	people. Total \$			
(3) MEALS Check one: (Optional) Vegetarian Meals Vegan Meals							
	Frida	y Dinner	\$16 per person	Total \$			
		day Breakfast day Sack Lunch	\$8 per person \$10 per person	Total \$ Total \$			
	Satur	day Dinner	\$16 per person	Total \$			
		ay Breakfast ay Sack Lunch	\$8 per person \$10 per person	Total \$ Total \$			
(4) COMPLETED RE	GISTRATION FORM	& CHECK TOT	AL ENCLOSED -				

Mail Registration Form and check made payable to **Tennessee Trails Association** c/o Tony Jones 2903 Midland Fosterville Road, Bell Buckle, TN 37020 – 615-397-4463 – *awj68@comcast.net*

***** ***** IMPORTANT – NO REFUNDS after October 1, 2011 ***** Consider it your support of TTA *****

Tennessee Trails Association 2011 Annual Meeting Hike Descriptions

Hike Coordinator - Joan Hartvigsen - jhartvigs@comcast.net

Friday October 28, 2011

Fiery Gizzard, Dog Hole, Raven Point Trails. 8 miles. Difficult. Hike Leader: Diane Manas. **Shakerag Hollow Trail.** 3 miles. Moderate. Hike Leader: Glen Rognstad. **Grundy Forest Day Loop.** 2 miles. Moderate. Hike Leader: Marietta Poteet.

Saturday October 29, 2011

Cloudland Canyon State Park Waterfalls and Sitton's Gulch Trail. 7 miles. Strenuous. Hike Leader: Joan Hartvigsen.

Stone Door, Big Creek Gulf, Big Creek Rim Trails. 9 miles. Strenuous. Hike Leader: Ron Dunn **Stone Door, Big Creek Rim, Laurel Trails.** 7 miles. Moderate. Hike Leader: Tony Jones.

Fiery Gizzard, Dog Hole, Raven Point Trails. 8 miles. Strenuous. Hike Leader:Charlotte Broyles. **Savage Day Loop.** 4.2 miles. Easy. Hike Leader: Fount Bertram.

North Rim, Mountain Oak, and North Plateau Trails. 10 miles. Moderate. Hike Leader: Garnett Rush.

Sewanee Perimeter Trail. (Bridal Veil Falls, Morgans Steep, Proctors Hall, War Memorial). Bridal Veil Falls is 3 miles. Hike Leader: Glen Rognstad.

Cumberland Trail-Signal Point Segment. 7 miles. Moderate. Hike Leader: Diane Manas. **Old Stone Fort State Archeological Park.** 4 miles. Easy to moderate. Hike Leader:Bob Goodwin. **Grundy Forest Day Loop.** 2 miles. Moderate. Hike Leader: Jim Poteet.

Sunday October 30, 2011

Cloudland Canyon State Park, West Rim Trail. 5 miles. Moderate. Hike Leader: Joan Hartvigsen. **Greeter Falls Loop** (Upper and lower Greeter Falls, Boardtree Falls, Blue Hole Trail). 4 miles. Moderate. Hike Leader: Marietta Poteet.

Walls of Jericho. 7 miles. Strenuous. Hike Leader: Sara Pollard.

Fall Creek Falls, Gorge Overlook, and Woodland Trails. 3 miles. Moderate to strenuous. Hike Leader: Nora Henn.

Short Springs State Natural Area. 5 miles. Moderate. Hike Leader: Cindy Watson.

Foster Falls/Climbers Loop. 2 mile loop. Strenuous. Hike Leader: Nabil Wakid.

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316

> northwest@tennesseetrails.org Sandy Davis 731-587-9134

northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media

Services B1

TREASURER:

We're on vacation – see you in September!

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437

plateau@tennesseetrails.org SECRETARY/TREASURER: Jim Grove 931-484-7900

plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Aug 11 - Chapter Meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: "A Year with Birds", a short movie and presentation by the producer, Danny Shelton. Explore bird migration through Tennessee and beyond as never seen before. Complete with music and narration, this film documents 60 bird species. For more information, visit the website: ayearwithbirds.com. The DVD will be offered for sale at the meeting. After the program, we will discuss the September picnic and future hikes. Dinner at LaCosta Mexican Restaurant. 138 The Crossings, Crossville at 5 pm. Contact Chapter Chair. Cheryl Heckler at thehecklers@charter.net or 931-456-6437, for additional information.

Aug 13 - Fort Loudoun State Historic Area near Vonore, TN. Fort Loudoun State Historic Area provides a glimpse of life during the time of the French and Indian War (1754-1763). Expect a moderate walk of 6 miles as we explore this historic area. The tour/hike will start at 9 am CT at the visitor center with a tour of the museum and a 15 minute interpretive film about Fort Loudon. Then, we will walk to the Tellico Blockhouse/Garrison (TB/G) where the activities of the daily lives of the men, women and children of Fort Loudoun are recreated. As we tour TB/G we see living history re-enactors in costume, an 18th century infirmary, the soldier's barracks, the commander's quarters, a blacksmith, a Cherokee encampment, an artillery demonstration and other activities. The tour/hike will led by Levonn Hubbard. Carpoolers will meet at Cracker Barrel in Crossville for a prompt 7:00 am departure. For further details and to register contact Levonn at Ihhubbard @gmail.com or call Bill Harris at 931-484-9152.

Aug 27 - Caney Fork River Canoe Trip, Silver Point, TN. This is an easy (Class 1) float of 6 miles from the put in at the dam to the take out at the Happy Hollow river access. The Caney Fork features clear, cold water which is good for fishing or swimming on a hot day. To enjoy the scenery and a lazy float down the river, plan to spend approximately 4 hours on the water. Cost is \$45 for up to 2 people in a canoe or \$45 for one person in a kayak. There is an additional charge of \$3 per person for the shuttle service. Reservations are required. Deadline for reservations is August 20 if you are planning to rent a canoe or kayak, and August 24 if you will bring your own. For more information and to register contact Joe Matlock and Rita Senko at rsenko@usit.net or 865-354-6101.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619

soddydaisy@tennesseetrails.org

Robertson (Bob) McGavock 423-667-2960

TREASURER: soddydaisytreas@tennesseetrails.org MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar,

May, Jul, Sep, Nov at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Aug 3 - Cumberland Trail, (Retro Hughes Road trail head to the Rock Creek Bridge out and back). 5.2 miles. The trail is rated as moderate with some steep climbs. The group will meet at the Soddy-Daisy baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) and will leave the parking lot at 8:30 am ET. Contact: Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: From Soddy-Daisy go north on US-27. At the traffic light in Bakewell at the BP gasoline station, turn left and proceed up the mountain for 6.7 miles to the trailhead (on the right) just past the logging road. Trail information may be found at www.cumberlandtrail.org.

Aug 6 - Cumberland Trail (Mowbray Pike trail head to Sluder Lane out and back). 8.5 miles. The trail is rated as moderate with some steep climbs. The group will meet at the Soddy-Daisy baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) and will leave the parking lot at 8:30 am ET. Contact: Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Soddy-Daisy, go west on Durham Street, turn right on Back Valley Rd; at the next 4-way stop sign turn left onto (new) Hotwater Road. Turn left on Mowbray Road and look for the trailhead on the left (N 35 14.279 W 085 12.174). Note: access to the parking area is by a narrow driveway uphill which is easy to miss; look for the steep bank just prior to the Trail information may be found at access road. www.cumberlandtrail.org.

Aug 10 - Cumberland Trail (Heiss Mountain to Big Possum Creek to the Ampitheater out and back). 5.4 miles. The trail is rated as moderate with some steep climbs. The group will meet at the Soddy-Daisy baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) and will leave the parking lot at 8:30 am ET. Contact Bob at 423-667-2960 or kopperkritters @yahoo.com to register. Driving Directions: From Soddy-Daisy, go north on US-27. Exit onto Highway 111 toward Dunlap. Exit onto Jones Gap Rd, turn right at the end of the exit ramp, take next right turn, drive past the American Grill convenience store. The trailhead is a gravel area on the left.

Aug 11 - Vaudeville Cafe Mystery Dinner and Show, 138 Market Street, Chattanooga, TN.

Aug 13 - Chinquapin Mountain Bike Loop Trail, Fall Creek Falls State Park. 6.8 miles. We have not hiked this trail before so it is not rated. The group will meet at the Soddy-Daisy baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) and will leave the parking lot at 8:00 am ET. Contact George at 423-596-5972 or grbonneau@comcast.net to register. Driving Directions: From Soddy-Daisy, take US-27 north. Take Highway 111 toward Dunlap. Turn right onto Highway 284 and follow brown signs to the Park. From the group campgrounds follow the main road south past the golf course toward the south entrance. At the main intersection, turn left. Follow this road for 2.5 miles until you cross Cane Creek and park at the Newton Ford Picnic area just past the bridge. The trailhead and trail starts before reaching the river on top of the ridge. Look for the jeep road off to the right as approaching the parking area.

Soddy Daisy Chapter - con't.

Aug 17 - Cedar Mountain (west of Chattanooga). 4 miles. Moderate. The group will meet at the Bi-Lo parking lot, 4825 Dayton Blvd, Red Bank (at Morrison Springs Rd) and will leave the parking lot at 8:30 am ET. Contact: Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: Interstate 24W towards Nashville about 19 miles to exit 158 (Powells Crossroads). Take a left at the end of the exit ramp and go under the freeway. Immediately on the other side of the freeway, just past the entrance ramp look for a gravel road on the left. It is kind of hidden from view. This gravel road will take you directly to the parking area. The parking area is located at N35 01.849 W85 34.886. Portions of this trail are not well marked so it will be necessary to follow a GPS trail. This means that some of the hike may not be on a marked trail. There may be some bushwacking necessary to maintain our course.

Aug 20 – Grundy Forest Day Loop (2 miles) and the Dog Hole Trail (5.6 miles), Grundy Forest State Natural Area near Tracy City. The Dog Hole Trail will include an out and back hike. We have not hiked these trails before so they are not rated. The group will meet at the Bi-Lo parking lot, 4825 Dayton Blvd, Red Bank (at Morrison Springs Rd) and will leave the parking lot at 8:00 am ET. Contact Bob at 423-667-2960 or kopperkritters@yahoo.com to register. Driving Directions: From Red Bank, take US-27 south to Interstate 24 west. Take US-41/US64 and US72 west toward Haletown. Take US-41 to Jasper and Tracy City. Follow signs to the Grundy Forest State Natural Area.

Aug 24 – Laurel Point and River Gorge Trails, Raccoon Mountain Pump Storage Facility. 5 miles. Easy to moderate. The group will meet at the Bi-Lo parking lot, 4825 Dayton Blvd, Red Bank (at Morrison Springs Rd) and will leave the parking lot at 8:30 am ET. Contact: Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Red Bank take US-27 south, take Interstate 24 west, exit onto Browns Ferry Road; at the end of the exit ramp, turn right; turn left onto Elder Mountain Road and proceed to the Pumped Storage Facility. Follow signs to the Laurel Point picnic area.

Aug 27 - Cumberland Trail (Retro Hughes Road to Rock Creek Bridge to Lower Leggett Road Trailhead). 8.1 miles. The trail is rated as moderate with several steep climbs. This hike requires a vehicle shuttle. The group will meet at the Soddy-Daisy baseball fields parking lot (across from the lake) along Durham St. (N 35 17.307 W 085 09.450) and will leave the parking lot at 8:00 am ET. We will travel to the Lower Leggett Road trailhead and leave some vehicles. The group will then travel to the Retro Hughes Road trailhead and begin the hike. Contact: George at 423-596-5972 or grbonneau@comcast.net to register. Driving Directions: From Soddy-Daisy, take US-27 north to Sale Creek. Go past the Dollar General store: look for an old green metal roof building on the left: turn left onto Leggett Road just before this building; proceed up the mountain and look for the trailhead parking lot on the left. From this trailhead, return to US-27, go south to Bakewell. At the traffic light (BP gasoline station), turn right and proceed up the mountain for 6.7 miles to the trailhead (on the right) just past the logging road. Trail information may be found at www.cumberlandtrail.org. Aug 31 - Council of Trees Trail, Red Clay State Park, Bradley County. 3.5 miles. Easy. We will tour the historic Council House, Cherokee Farmhouse, and the James F. Corn Interpretive Center. We will meet at the Target shopping center on Highway 153 and will leave the parking lot at 8:00 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: From Target, take Highway 153 south across the Chickamauga Dam; exit onto Bonny Oaks east; continue on Highway 317 toward Collegedale and Apison; follow signs to the Park on Red Clay Park.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948 sumner @tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT Hendersonville First United Methodist Church, 217 E. Main St. Hendersonville, TN

Aug 2 - Chapter Meeting. Cummins Falls, in Jackson County just north of Cookeville, is the largest waterfall still in private ownership in Tennessee; and the swimming hole at the bottom of the falls was rated by Travel and Leisure Magazine as one of the top ten natural swimming holes in the country. The Tennessee Parks and Greenways Foundation is working to see that this beauty spot stays natural forever as a state park or natural area. Come to Sumner Trails' August meeting and find out more about the history and the future of this natural treasure during a presentation by Nora Beck, Middle TN At-Large Director for Tennessee Trails. We meet at Hendersonville First United Methodist Church, in the Youth Lounge on the third floor, at 7 pm. New members and visitors are always welcome! Questions? David Contact davidprimeau@bellsouth.net.

Aug 6 - Radnor Lake State Natural Area. We'll hike approximately 4.5 to 5 miles in the lush greenery of Radnor Lake. We'll be doing 2 of the ridge trails as well as the lake trail. Hopefully we'll see deer, water birds and maybe even one of the giant pond turtles. Bring plenty of water, snacks and a hiking stick (if you have one). Meet at 8:00 am CT at the Glenbrook Kroger parking lot (off New Shackle Island Road in Hendersonville). Members from other chapters may meet us at the Radnor Lake Visitor Center at approximately 8:45 CT, but please pre-register so we know to look for you. Foul weather will cancel this hike. Questions or to pre-register: contact Anne at *ttahiker@att.net* or 615-851-1052.

Aug 13 - Newcomer's Hike at The Fontanel. Our chapter continues to grow, and we would like to extend a special welcome to all our new members and to anyone interested in hiking by offering a fun hike that is low mileage (in hiking distance and driving distance). All TTA members and prospective members are invited to hike "The Trails at Fontanel", a two mile trail surrounding the former home of Barbara Mandrell, on Whites Creek Pike in Nashville. The trail is paved and loops through the woods, with much of it under a shaded canopy of trees. Fontanel rates the trail as intermediate (there is a hill at the beginning and end). We will eat at the Farmhouse Restaurant at Fontanel following the hike (this is "dutch treat" so please bring \$ for your meal). To carpool and to receive driving directions, meet at the parking lot of First United Methodist Church, Hendersonville, at 9:00 am CT. If you want to rendezvous at the trailhead, meet in the parking lot at Fontanel, 4225 Whites Creek Pike at 9:45 am. Questions? Contact David or Shirley Primeau at davidprimeau@bellsouth.net or 615 424-

Thanks to River Rat AI (and River Rat Linda) for organizing the July 6 chapter dinner at Anchor High Marina. The Pontoon Flotilla safely navigated the high seas of Old Hickory Lake, and we had a fabulous meal and plenty of socializing. We were thrilled to see all the new members who joined in the fun. Anchors Away!

Remember: Stay in touch by adding your e-mail to our chapter listserve. To register, go to *www.tennesseetrails.org*. Navigate to the Sumner Trails page under "Chapters". After you submit your e-mail address, you'll need to reply when you receive a confirmation e-mail.

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Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

 Due
 For Newsletter Dated

 Aug 10
 Sep 1

 Sep 10
 Oct 1

 Oct 10
 Nov 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115

uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cindy Johnson 931-833-3556

uppercumberlandhikes @tennesseetrails.org

No hikes planned for August.

Planning Ahead:

Sept 3-4 - Cumberland Gap National Park. Details to follow.

TTA CALENDAR

The following dates in 2011 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Aug 6	Board	of	Directors'	Quarterly	Meeting
	(Locati	on T	ГВА)		
Sep 11-17	Bike R	ide .	Across TN	(B.R.A.T.) I	Proceeds
	Benefit	the	Cumberlar	nd Trail	
Sep 24	Nation	al P	ublic Lands	Day (State	wide)

FOURTH QUARTER

Oct 28-30 Annual Meeting (Dubose Conference Center, Monteagle) hosted by Highland Rim and Murfreesboro chapters Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	A NEW I RENEWI Memberships are	MEM NG of one sare also	BER MY MEMBE year, unless you have a p available. Contact our	a Lifetime Membership.	1 Aug 11	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446
	Individual	013-0	\$25.00		,	PRINT CLEARLY.
	Family		\$35.00	Address		
	Student (FULL TI	IME)	\$15.00	City		State
	Supporting Life Member (In Life Member (Fa	ndividua), \$100.00 or more) I) \$500.00 \$750.00	Work Phone (e-mail))	Zipess in the TTA Annual Membership Directory
** Speci Trail Con renewing Cumberla	CTC Members in all \$5.00 rate for managements if you all your TTA members and Trail, which will the state of	embership lso are ship. CTC ll go from	o in Cumberland joining TTA or E is building the Chattanooga to	Please list me with the Clarksville Columbia/Frankli Cove Lake	•	er:MurfreesboroNashvilleNorthwest (UT at Martin/Weakley)
and open www.cum	nd Gap. Over 185 for hiking. More inj berlandtrail.org. Pl mitment to Tennesse	formation lease con	can be found at sider enhancing	Dyer CountyEast TN (Oak RidgHighland Rim (MaJacksonMemphis	,	Plateau (Crossville) Soddy Daisy Sumner Trails (Sumner County) Upper Cumberland (Sparta/Cookeville) At Large
responsibi announce chapter ar refreshme to learning	ilities, etc. (2) TTA's ments, as well as e nd how to reach the ents. In addition, our g about the progress	s monthly events oc em. You annual n s and plar	newsletter, containing in curring within TTA's Ass are invited to attend any neeting is held in the fall as of the organization.	formation on hiker safety, ociate Organizations - C.T number of monthly meet at one of Tennessee's ma	upcoming hikes/ove C.C. and T.R.A.C. (3 ings scheduled, who ny parks for a week	taining information about TTA, trail etiquette, hiker emight trips, volunteer opportunities, chapter meeting Annual Membership Directory, listing members by ere you will enjoy diverse programs, socializing and end of hiking, camaraderie and programs, in addition TTA/CTC/TRAC functions.