TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



CONGRATULATIONS!! TENNESSEE TRAILS ASSOCIATION AWARD RECIPIENTS

During the annual meeting, several awards are presented. We are pleased to announce this year's recipients:

Tennessee Trails Award. This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee. This year, Tennessee Trails Award is presented to Anne Paine with gratitude for providing excellent coverage of . scenic Tennessee's wonders and recreational opportunities." Anne Paine is a longtime journalist for Nashville's daily newspaper, The Tennessean. primarily reports on environmental stories, and she has produced exceptional articles highlighting the scenic wonders and recreational opportunities in our state.

Bill Stutz Award. The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters. This year, "the Bill Stutz Award is presented to Don Dresser with gratitude for his leadership, guidance and commitment to Tennessee Trails Association." Dresser, member of the Jackson chapter, has faithfully served our organization in the offices of West Tennessee Regional Representative, Treasurer and President. most board members know, our elected Treasurer was diagnosed with cancer and unable to fulfill her duties. Don has continued to serve as the interim Treasurer during his tenure as TTA President. He has performed many other untitled duties e.g. Don chaired the Bylaws Revision Committee which updated TTA's bylaws and produced the first set of bylaws that the CTC ever had. We have all been the beneficiaries of Don's legal expertise, and we are most grateful for his guidance.

Bob Brown Lifetime Achievement Award. The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Bob Brown Lifetime Achievement Award is not necessarily presented each year - only when there is a person whose extraordinary efforts and devotion to hiking in Tennessee merit the award. "The Bob Brown Lifetime Achievement Award is presented to Bertha Chrietzberg with gratitude for over 50 years of promoting and protecting Tennessee's flora, fauna and special places." Bertha Chrietzberg has been a tireless and effective champion for outdoor recreation and protection for more than 50 years. She was a founding member of the Tennessee Trails Association in 1968 and the Tennessee Scenic Rivers Association created in 1966. She has been a dominant force in many other non-profit, citizen based organizations including the Tennessee Environmental Council, Tennessee Wilderness Planning, Friends of Fall Creek Falls State Park, Friends of the Stones River Greenway, The Black Fox Wetland League, The Stones River Watershed Association and the Tennessee Native Plant Society. She has served in a leadership role in every one of these organizations. Bertha taught outdoor recreation at Middle Tennessee State University for many years and is remembered and well loved by her former She is a true environmental educator by vocation and inclination. She serves as an example for all. She has rescued rare plants, prevented gravel mining in the Stones River, championed the Stones River Greenway route, cleaned up toxic dumps and conducted numerous wildflower hikes.



Throughout the year, Tennessee Trail Association members assist the Cumberland Trail project in numerous ways and all of the assistance is appreciated. Many members donate money to the project through their chapter. Recently, the Columbia/Franklin Chapter donated \$229.40 to the CTC for trail development operations. The Cumberland Trail Conference wants to state a big **THANK YOU** to all of the chapter members.

The Cumberland Trail Conference is hosting the following events. Please consider volunteering.

Jan 7-14 - Winter BreakAway. CTC will be working with students from the University of Kansas on various trail projects near Soddy Daisy, Tennessee. Program open to volunteers and lodging/food will be offered at the Lutheran Church camp. Volunteers that are not TTA or CTC members requesting accommodations will be charged \$15/night. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com,

www.cumberlandtrail.org, tony.hook@frontiernet.net, or 931-456-6259.

Out with the old. In with the new. TTA Board Election Results

Each year, at the Annual Meeting, the TTA Board presents a slate of five officers for a one-year term, plus one regional At-Large Director for a three-year term, to the membership for approval. An election was held and resulted in the following:

President Millette Jones Murfreesboro
Vice-President Carolyn Miller Plateau
Secretary Diane Manas Nashville
Treasurer VACANT
Membership Director Ron Dunn Murfreesboro
Middle TN At-Large Director Nora Beck Nashville

You are invited to contact any one of our Board (and Chapter) Officers at any time to offer suggestions, introduce new ideas or just to volunteer any expertise you want to share. Information for contacting Board Officers is located in the OFFICERS column on page 9 of this newsletter. Chapter Officer information is located within each chapter's header.

Feb 26-Mar 17 and March 25-31 - CTC's Annual BreakAway Program, Hamilton/Rhea Counties. Trail construction and maintenance on various sections of the Cumberland Trail State Scenic Trail, volunteers needed. Base camp will be at the Dogwood Lodge near Soddy-Daisy, Tennessee. For non-student volunteers requiring lodging/meals that are not TTA or CTC members a \$20/night fee is charged. Please contact the CTC to register for this event and further details. cumberlandtrail@rocketmail.com.

www.cumberlandtrail.org, tony.hook@frontiernet.net, or 931-456-6259.

CLARKSVILLE CHAPTER

CHAPTER CHAIR:

Paul Schwab 931-645-9068 clarksville@tennesseetrails.org J.R. Tate 931-920-2692

CHAPTER CO-CHAIR:

clarksville @tennesseetrails.org Sandy Janus 931-551-8523 clarksvilletreas @tennesseetrails.org

TREASURER: SECRETARY:

Chris Everett 931-494-8038 clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Sandy Evans 931-217-4339

clarksvillehikes@tennesseetrails.org

(Call Sandy & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow

Community Center, 211 Richview Rd.

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Jan 1 - New Years Day Hike, Montgomery Bell State Park, Dickson County. 6.2 miles. Moderate. Suva Bastin 931-645-2849. We will have a Pot Luck lunch on the trail. Meet 9:00 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN; 34 miles to trail head.

Jan 7 - Cedars of Lebanon State Park, Lebanon, TN. 7 miles. Easy. Bob Lyon 931-648-2354. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot; 75 miles to trailhead.

Jan 14 - Beaman Park, Joelton, TN. 5.8 miles. Easy to moderate. Lily Ball, 931-552-2773. Meet 8:30 am CT Kmart parking lot, Madison Street, Clarksville, TN. 30 miles to trail head.

Jan 16 - Martin Luther King's Birthday; Canal Loop Trail, Land Between the Lakes, Trigg County, KY. 14.2 miles. Moderate. Paul Schwab 931-645-9068. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trail head.

Jan 17 - Monthly Meeting.

Jan 21 - Clarksville Greenway. 7.2 miles. Moderate. Chris Everett 931-494-8038. Meet 8:30 am CT.

Jan 28 - Rotary Park, Clarksville, TN. 4 miles. Easy to moderate. Renate Gills 931-648-1448. Meet 9:00 am CT, first shelter on left after entering park.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR:

Marvin Caine 931-486-1632 columbia @tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Jan 1 – Annual Multi-Chapter New Year's Day Hike and Potluck Feast, Edgar Evins State Park. Hike information on page 4.

Jan 3 – Chapter Meeting. Norma Low will share a slide presentation and her experiences of a 6 day backpacking trip to the Grand Teton National Park in Jackson, WY.

Jan 14 - Chickasaw Trace County Park, Columbia, TN. 8 miles. Moderate. This hike is on a single track dirt trail, also used by Mountain Bike riders. The park covers 300 acres and is located on the banks of the Duck River and a tributary, Knob Creek. Wear sturdy boots and bring water, snacks / lunch. We will meet at the Trail parking area (after entering park, take 1st dirt road to the left down the hill to parking area) and begin hiking at 10:00 am CT. Register with Norma Low at normallow@hotmail.com or 256-508-7725. Directions: Columbia residents: Chickasaw Park is located on at 1417 New Hwy. 7 in Columbia, TN, almost two miles past the intersection of New Hwy. 7 (Santa Fe Pike) and Industrial Park Road. From I-65: take Exit 46 and go west on 412. Continue on 412 for 11 miles and exit right on New Hwy. 7 and right again at the end of the exit toward Dickson. Entrance to the park is approximately 4 miles on the left. From I-40: take Exit 172. Go south on Hwy 46 that eventually becomes Hwy. 7. Stay on Hwy. 7 south for approximately 20 miles. The park is on the right just after the village of Athendale.

Jan 28 - Overnight Trail, Montgomery Bell State Park, Dickson, TN. 11.5 miles. Easy-to-Moderate. This hike is composed of two adjoining trails that form a rough figure 8: The Eastern Loop is 6.2 miles long and the Western Loop is 7.2 miles. They overlap and share a common 1.9 miles of trail. If the weather doesn't cooperate, we will shorten this to a 6.2 mile hike. Total elevation gain is only 130 feet, so doing the full 11.5 miles shouldn't be a problem for most hikers in reasonable shape. The Overnight Trail is sonamed because backpackers may stay in a shelter and turn this into a camping experience. The trail goes through an oak-hickory forest, skirts the golf course, bypasses several man-made lakes, crosses over several streams, skirts an early 1800's iron-ore mine, and goes by the founding home of the Cumberland Presbyterian Church and a replica log cabin. We will leave from behind the McDonald's in the old Kroger (now a People's Church) parking lot at 7:30 am CT. The address is 4908 Main Street, Spring Hill: note this is not the McDonald's near the Home Depot. Bring water, snacks, inclement weather gear and sturdy boots. Register with Rick Lausten at cell: 615-516-1417, or by email at saturncar1@aol.com.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR:

John Redmon 423-869-8286 covelake @tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:

Kathy Sarvis 865-494-0374 covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Jan 14 - Marine Railway Loop Trail, Norris Dam State Park (longest loop trail in park). 4.4 miles. Moderate. Bring water, snack and walking stick. Those coming from Campbell County meet at the Jacksboro middle school at 9:30 am ET to car pool down Norris Dam State Park (I 75S exit 122 Norris/Clinton - make left). Or meet at the park at 10:00 am ET. Directions to Norris Dam State Park: I-75 north to the Clinton/Norris (exit 122), turn right onto State Highway 61. Past the Museum of Appalachia, turn left onto U.S. Highway 441 toward Norris Dam State Park. Follow Highway 441. Do not cross dam, park in lot near glass building to car pool to Marine Railway Loop trailhead.

Jan 28 - Non hiking activity. Come see the Sandhill Cranes at Hiawassee. Wear warm clothes. Bring Binoculars. For more info regarding time and where to meet, email covelakehiking_tta@att.net.

DYER COUNTY CHAPTER

CHAPTER CHAIR:

Rita Norvell 731-445-4601

dyercounty@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:

Jim Stark 731-589-1776

dyercountyhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

Rosemary Marshall 865-548-6171 easttennessee @tennesseetrails.org Elise Eustace 865-201-5806 easttennessee @tennesseetrails.org

VICE-CHAIR:

See page 4 for hike details. If you're interested in carpooling, we will meet at Denney's parking lot at the Watt Rd exit off I-75 south at 8:00 am ET. To pre-register, contact Rosie 865-548-6171 or rosemary_I@hotmail.com. Jan 14 – Multi-Chapter Event. Lilly Bridge Overlook and Point Trail. 5 miles. Easy to moderate. We will meet at Denney's parking lot at the Watt Rd exit off I-75 South at 7:30 am ET to carpool to the Crossville area and meet up with our fellow Plateau Chapter members. Call Rosie to pre-register at 865-548-6171.

Jan 1 - Multi-Chapter Event, Edgar Evins State Park.

Jan 28 – Multi-Chapter Event. Piney River Trail and Stinging Fork State Natural Area. 7 miles. Moderate. We will join with the Plateau Chapter on this 2 part hiking event. We will meet at Denney's parking lot at the Watt Rd Exit off I-75 South at 8:30am ET. To pre-register, call Rosie at 865-548-6171 or rosemary_L@hotmail.com.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-728-4660 highlandrim@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:

Joan Hartvigsen 931-962-0811 highlandrimhikes@tennesseetrails.org

(Contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Jan 1 – Annual Multi-Chapter New Year's Day Hike. Edgar Evins State Park. See details on this page. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 to carpool.

Jan 14 – Wheeler National Wildlife Refuge, Decatur, AL and Joe Wheeler State Park, Wheeler Dam, Rogersville, AL. 4 miles. Easy. Wheeler NWR is a wintering ground for migratory waterfowl. Through the large windows in the wildlife observation building we'll see and hear thousands of Sandhill Cranes, eagles, ducks, pelicans, Great Egrets, and a pair of Whooping Cranes. Wheeler NWR has five nature trails and interpretive exhibits. We'll also visit nearby Wheeler State Park and Wheeler Dam. The Tennessee River is magnificent! Bring binoculars, water, snacks, lunch and hiking shoes. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914 for more information and to register.

Jan 21 – Eat-Hike-Eat, Segment of the Sewanee Perimeter Trail. Moderate, about 5 miles. Cathleen Close will lead us on a hike from Green's View toward Breakfield Road. We'll meet at 9:00 am at Blue Chair Restaurant for breakfast and depart at 9:45 am for our hike. After the hike we will lunch at a local restaurant. Contact Cathleen at 931-841-1448 or cathleenclose@gmail.com.

Jan 21 - Wolf Cove Hike, Keith Springs Mountain. 9 miles. Strenuous. On Joette's hike we'll visit waterfalls, caves and overlooks. This hike is off trail and fast paced with elevation gains in a beautiful area! Bring lunch and water and meet at 9 am on Hwy 16 at a cement block checking station between mile markers 23 and 24 on the left. From Winchester courthouse square, take old Hwy 64 (courthouse should be on your left) 2 to 3 miles and turn left (south) onto Hwy 16. Continue up Keith Springs Mountain to checking station (about 11 miles from Hwy 16 and Hwy 64 bypass intersection). For more information contact Joette Carter at 256-776-3551.

Jan 23 - Chapter Meeting. Join us at 5:30 pm for dinner at Las Trojas Mexican Restaurant and Grill, 1905 N Jackson Street, Suite 800, Tullahoma. (Near Kroger on the right) After the 7:00 pm meeting at D.W. Wilson Community Center, Tony Jones will give a presentation on his trip on the Natchez Trace Parkway from Natchez to Nashville. The presentation will include side trips to Vicksburg National Military Park and Tupelo, Mississippi as well as the "best of" in photographs of the Natchez Trace.

Highland Rim Chapter – con't

Jan 28 - Chilly Chili Hike, Bridal Veil Falls on the Sewanee Domain. 3 miles. Moderate. Join Jim and Marietta Poteet for their annual Chilly-Chili Hike. This year our search for snow and ice (the chilly part) will take us to Bridal Veil Falls on the Sewanee Domain. The hike will be about 3-miles round trip, and is rated moderate because of elevation changes. We'll meet at the Lake Cheston parking lot (off Breakfield Road) for a 9:30 am CT departure. After the hike, we'll regroup at the Poteet's home in Monteagle for lunch (the chili part). We'll provide chili and cornbread with assorted toppings, and brownies for dessert. We'll also provide a selection of soft drinks, beer, and wine. Feel free to bring an additional side dish or a beverage of your own choosing. If you are not planning to hike, come directly to the house around 12:30. Contact Marietta for directions and the gate code. She can be reached by email at nannietta@blomand.net (preferred) or by telephone at 931-924-7666.

Annual New Year's Day Hike

The Annual New Year's Day Hike will be at Edgar Evins State Park on January 1, 2012. We will hike the Jack Clayborn Millennium Trail (3.5 miles) in the morning and the Highland Rim Nature Trail (2.0 miles) in the afternoon.

The hike is in conjunction with the Tennessee State Parks 75th Anniversary. The Parks Department wants to schedule hikes in all of our 53 State Parks on New Year's Day. If you can't join our hike, contact your local park to see what they have scheduled.

The traditional New Year's Feast will be a major part of the day. Bring your favorite New Years culinary contribution to share. We'll have electrical outlets to warm/heat your food. The park is also furnishing firewood so we can have a roaring, crackling fire to warm ourselves.

We will meet at Picnic Shelter #1, located at the marina parking lot, at 10:00 am to drop off food and to carpool to the trail head. After the hike we'll return to the shelter for our meal. We'll plan to eat somewhere around 1:00 pm. We will then proceed to the Visitors Center and hike the nature trail.

This is a multi-chapter event and we encourage participation by all our chapters. The old adage..."What you do on New Year's Day, you will do all year" applies. Hopefully we will all hike all year long! For further information, directions to the park and questions or comments, contact Fount Bertram at 615-765-5357 or fwbertram@dtccom.net.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966

jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190

jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966 jacksonhikes@tennesseetrails.org

(Call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Panera Bread, 1145 Vann Drive (The Columns), Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Jan 9 - Chapter Meeting. For additional information, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

See TTA calendar website as additional hikes may be added.

PLEASE CHECK YOUR CHAPTER INFORMATION

January 1 usually marks a time where new chapter officers (as well as Board officers) begin their new roles in TTA. Please review your chapter's masthead and send any changes to *editor@tennesseetrails.org*. This will assure that your chapter information is correct in our newsletter, and will also allow us to process any changes to the e-mail group lists and the TTA website.

Please include name, phone number and e-mail address for any changes you are making. Each chapter office is assigned an "aliased" e-mail (chaptername&title@tennessetrails.org) which allows us to most efficiently update our group lists and assure that e-mails are sent to the current chapter leadership.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108

memphisvice @tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 6:00 pm CT at

Cordova Library, 8457 Trinity Rd.

Jan 2 - New Year's Hike at T.O. Fuller State Park, 1500 Mitchell Road. Meet Francis at the visitor center at 10:00 am for a 4 mile hike over moderate to rugged terrain with some wetland. The trail includes part of the Discovery Trail of the Chucalissa Indian Village. Bring water and snack. After the hike, we will meet at Interstate BBQ for lunch. Rain will cancel the hike. For information and questions, call Francis at 662-781-5034. Directions: Go I-240 West to I-55 North, Exit 7 South to Highway 61 (3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office.

Jan 7 - Herb Parsons Lake. Fisherville located northeast of Collierville, near Collierville Arlington Rd. and Macon Road. Here's an easy 6-mile hike around the lake and through the woods. Meet at 9:30 am at the lake and bring snacks and water. For information call Linda Walston, 901-606-9866.

Jan 12 - Monthly Meeting.

Jan 14 - Nesbit Park, Stanky Creek. 4th Annual "After the Hike Chili Party". This small park has almost ten miles of hiking trails (bikes too.) The trails and terrain are reminiscent of Shelby Forest. Meet at 9:00 am for a 4 mile walk. For questions or to register e-mail charlie.bright2010@gmail.com. After the hike we will meet at Margaret's house for chili. Chili will be provided...bring salad, cornbread, rolls, or dessert and your favorite beverage. Hike Location: Stanky Creek is on Yale Road in Bartlett between Bartlett Blvd. and Old Brownsville Road on the north side of Yale.

Jan 21 - Pioneer Springs Trail, Meeman-Shelby Forest. Meet at the visitor center. The trail begins with a car shuttle to the south end of the trail for a 5 to 6 mile easy to moderate hike through the forest connecting with the Woodland Trail and back to the visitor center. For information call Margaret Smith, 901-210-6097.

Jan 28 - Wolf River Trail, Lucius Burch Natural Area. Join us for a loop hike along the river through a hardwood forest at 9:00 am. We will meet in the parking lot off Walnut Grove Road, east of Wolf River Bridge; turn south into parking lot off Walnut Grove Road, west of Farm Road. Contact Janet Sheahan at 901-761-0705 for information.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610 murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935

murfreesborotreas@tennesseetrails.org Mary Belle Ginanni 615-895-6072 **MEMBERSHIP**

murfreesboromembership@tennesseetrails.org **PROGRAMS**

Valerie Galan 615-586-2882

murfreesboroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791 murfreesborohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Jan 1 -Ring in 2012 with a Hike and Feast at Edgar Evins State Park. For hike details, see page 4. information and to sign up contact Anna Bertram abertram@dtccom.net or 615-765-5357.

Jan 10 - Monthly Meeting. Join us for the debut of our new Chapter Chair, Sara Pollard. Our speaker will be Dwight Barnett, Area Forester, TN Department of Agriculture and Forestry Division. Dwight will be speaking to us about Green Cities for Good Jobs.

National 14 Stones River Battlefield, Murfreesboro. 4.5 miles. Easy. Join us for this easy walk around the "NEW" Stones River Battlefield. "New" because it has been refurbished and re-routed since the horrible tornadoes a couple of years back. The battlefield also has a great new entrance and enhanced trails. Tony Jones will lead the hike, but Jim Schroeder is going to narrate the trip with his knowledge of the famous battle that took place here. We will have lunch after at an eatery chosen by the group at large. To register, contact Tony Jones at tonjon1968@gmail.com or 615-397-4463.

Jan 21- Eat-Hike-Eat, Segment of the Sewanee Perimeter Trail. Joint hike with Highland Rim Chapter. See that listing for hike details and registration information.

Jan 28 - Chilly Chili Hike, Bridal Veil Falls on the Sewanee Domain. 3 miles. Moderate. Join Jim and Marietta Poteet for their annual Chilly-Chili Hike. Highland Rim listing for hike details. A carpool from Murfreesboro will be led by Tony Jones and he can be contacted at tonjon1968@gmail.com or 615-397-4463

Upcoming Events:

Feb.4 - Collins East (Suter & Horsepound Falls). Tony

Feb. 25 - Monte Sano (Panthers Knob & Stone Cuts Trails). Bob Goodwin

NASHVILLE CHAPTER

CHAPTER CHAIR: Libby Francis

nashville@tennesseetrails.org

OUTINGS COORDINATOR: Libby Francis

nashvillehikes@tennesseetrails.org

(Email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

Jan 7 - Volunteer Trail/Day Loop Trail, Long Hunter State Park, Hermitage, TN. Fran Wallas says in her Great Hikes, "there are three ways to hike this PERFECT winter trail". Come and find out the "three ways" and why it is the perfect winter trail. There will be options for a 5 mile or a 12 mile hike. Meet at the Volunteer Trail parking lot at 8:00 am CT. Wear sturdy, supportive shoes; bring snacks, lunch and water. For more information and to register, contact Nancy Juodenas at 615-319-8811 or njuodenas @yahoo.com.

Jan 21 - Warner Woods and Mossy Ridge Trails, Warner Parks. Nashville. TN. There are three hiking options - two have specific meeting times. The first option is to meet at 7:50 am CT and hike the 2.5-mile Warner Woods Trail which is rated moderate for the couple of ascents/descents, and uneven trail tread. The second option is to meet at 8:55 am C) and hike the 4.5mile Mossy Ridge Trail which is also rated moderate for several ascents/descents, and uneven trail tread. The third option is to hike both trails; thus, meeting at 7:50 am CT. Sturdy hiking shoes/boots are recommended for the uneven terrain (i.e., roots, rocks and ruts). Bring snacks, water and the 10 Essentials. All hiking options will meet in the "Deep Well" area of the park. DIRECTIONS to get to Deep Well from Nashville: Head west on Hwy 70 (aka West End Ave). In Belle Meade (after you have crossed over Woodmont Blvd, passed Publix then Kroger on the right, and the Belle Meade Mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 1.8 miles and turn left into the grey stone entrance, drive to the end/t-intersection (approx 1 mile) you're in Deep Well. If on Hwy 100 and you reach Old Hickory Blvd, you've gone too far. For additional information, and/or to register, call Diane Manas at 615-352-7777.

Jan. 24 - Chapter Meeting. Round-table hike planning session. Bring your calendar! We'll have information, maps, and motivation to inspire you to hike and to lead hikes as well. Attendees are asked to bring light munchies to share; we'll get started at 7 pm and see how much of the calendar we can fill!

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316

northwest@tennesseetrails.org
TREASURER: Sandy Davis 731-587-9134

northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437 plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900 plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Jan 12 – Chapter Meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. "Building the Cumberland Trail" by Plateau Chapter member and CTC Volunteer, Mark Richie. Dinner at LaCosta Mexican Restaurant, 138 The Crossings, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931- 456-6437 for additional information.

Jan 14 - Lilly Bridge Overlook and Point Trail. Obed Wild and Scenic River, Morgan County. We'll hike to the Lilly Bridge Overlook and then go along a ridge to a point above where Clear Creek and the Obed River join. This will give us a total distance of about 5 miles. The trail is easy most of the way, but is rated moderate due to some elevation gain. Bring snacks and water. Meet at 9:00 am CT at the Vanity Fair parking lot. For more information and to register, contact Carolyn Miller at 931-260-6674 or cardan @frontiernet.net.

Jan 28 - Piney Falls and Stinging Fork State Natural Areas, Grandview and Spring City. These two hikes are being combined to give a total hiking distance of about 7 miles. Piney Falls is a 3 mile round trip hike that features the 80 foot tall Upper Piney Falls. Stinging Fork State Natural Area is about 10 miles from Piney Falls and features a 35-foot waterfall and cascade at the end of the 1 ½ mile trail. Due to some elevation gain and possibly slick rocks, the hike is rated moderate. Wear boots, and bring water, lunch and snacks. Meet at 9:00 am CT at Trinity Tabernacle on Highway 127 South. For more information and to register, contact Jan & Dennis Barber at 931-839-6662 or taxxing@aol.com.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619

soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960 soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Jan 3 - Chapter Meeting. Meet at Burk's United Methodist Church at 4:30 p.m. to go to dinner prior to the meeting.

Jan 4 - River walk. 3 miles. Meet at South Chickamauga parking lot at 10:00 am ET.

Jan 7 - Lower Leggett Road Trailhead to Retro Hughes Road. 7.5 miles. Meet at Lower Leggett trailhead at 9:30 am ET.

Jan 11 - Laurel Falls. 5 mile roundtrip. Meet at Durham Street in parking lot at 9:30 am ET.

Jan 14 - Piney River Trailhead to Newby Branch Trailhead. 8.5 miles. Meet at Durham Street parking at 9:00 am ET. Hike to start at 10:00 am.

Jan 18 - Audubon Trail off Leggett Road. 4 miles. Start at 10 am ET.

Jan 21 - Raccoon Mountain. 6.5 to 7 miles. Meet at Food Lion parking lot on Browns Ferry road at 9:00 am FT

Jan 25 - Hotwater Road to Deepcreek. 5 miles. Meet at Durham Street parking lot at 9:30 am ET.

Jan 28 - Signal Point to Mushroom Rock. 8 miles round trip. Start at 9:00 am ET.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA <u>Release</u> <u>of <u>Claims</u> <u>& Hold</u> <u>Harmless <u>Agreement</u> form (aka "Liability Waiver") must be signed by everyone <u>before you start your hike</u> or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: <u>www.tennesseetrails.org/release.php</u></u></u>

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948 sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,

Hendersonville First United Methodist Church, 217

E. Main St. Hendersonville, TN

Jan 3 - Chapter Meeting. Come join us as we begin planning chapter activities for 2012. We meet at Hendersonville First United Methodist Church, in the Youth Lounge on the third floor, at 7 pm. New members and visitors are always welcome! Questions? Contact David or Shirley at davidprimeau@bellsouth.net.

Jan 14 - Bledsoe Creek State Park Loop. 3.1 miles. Moderate. Last year we hiked in 4 inches of snow on the trail - you probably need to wear your boots for this one. The trail follows the shoreline of Old Hickory Lake for about half the hike - then climbs up a rather steep, but mercifully short, hill to the ridge - then up and down through the forest and back to the trailhead. After the hike, we'll head to Gallatin and have lunch at Top Hog, a good BBQ joint. Meet at the Presbyterian Church in Hendersonville at 9 am CT or at the trailhead at the park's boat ramp at 9:45 am CT. For further info, contact Loopy Al ballallenger@aol.com or (615) 347-2623.

Other hikes may be scheduled during the month of January depending on weather and availability of hike coordinators. Please sign up for our chapter listserve for e-mail announcements about spontaneous hikes/walks. Go to the "Sumner Trails" page at www.tennesseetrails.org.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115 uppercumberland@tennesseetrails.org

Cindy Johnson 931-570-0122

HIKE COORDINATOR: uppercumberlandhikes@tennesseetrails.org

Jan 7 - Natural Bridge, Hazard Cave, Lake View, Lake. Ladder, and Island Trails, Pickett State Park, Jamestown, TN. 6 miles. Easy. We will hike a collection of short but scenic trails in Pickett State Park. Highlights include two natural bridges and Hazard Cave. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. Bring water, snacks, and lunch. For information and to register contact Kathleen Sullivan at 931-520-6294 or ksully@frontiernet.net.

Jan 14 - Hike-Eat Outing in Murfreesboro, TN. We will hike all of the trails at Barfield Park and then eat at the Mongolian Stir Fry. The trails are rated easy to moderate due to the rocky terrain. The total mileage is about 4 -4.5 miles. You can meet us in Cookeville at Penney's at7:30 am CT, or in Sparta across from McDonald's at 8:00. . For info and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net or Louise Miniard at 931-528-9115 or Iminiard @flowserve.com.

Jan 21 - Wolf Cove Hike, Keith Springs Mountain. 9 Strenuous. Joint hike with Highland Rim Chapter. See listing under Highland Rim Chapter for hike details. To register, please contact Joette Carter at 256-776-3551.

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information. Please identify any hikes that are multi-chapter events. Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise or fitness.

All submissions should be made by e-mail to editor@tennesseetrails.org. This e-mail address is automatically copied to our webmaster. All submissions MUST be received by the 10th of the month PRIOR to the hikes (I.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

OFFICERS:

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vicepresident@tennesseetrails.org

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CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative

Bob Richards 615-532-0753

TRAC@tennessee trails.org

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

 Due
 For Newsletter Dated

 Jan 10
 Feb 1

 Feb 10
 Mar 1

 Mar 10
 Apr 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FIRST QUARTER

Jan 1Multi-chapter New Year's Day Hike & Feast Jan 7-14CTC's Winter BreakAway in Hamilton
County (Soddy Daisy)
Feb 4Board of Directors Quarterly Meeting
(Location TBA)
Feb 26-Mar 3 CTC's Spring BreakAway, Week 1 in
Hamilton County (Soddy-Daisy)
Mar 4-10CTC's Spring BreakAway, Week 2 in
Hamilton County (Soddy-Daisy)
Mar 11-17CTC's Spring BreakAway, Week 3 in
Hamilton County (Soddy-Daisy)
Mar 18-24CTC's Spring BreakAway, Week 4 in
Hamilton County (Soddy-Daisy)
Mar 25-31CTC's Spring BreakAway, Week 5 in
Hamilton County (Soddy-Daisy)
Mar 26Banff Mtn Film Festival Tour, Knoxville
Mar 31 Earth Hour - 8:30 pm local time

SECOND OLIAPTED

SECOND QUAR	TER				
	TDEC's Natural Areas Week (Statewide)				
Apr 22	Earth Day 41 st Anniversary				
May 5	Board	of	Directors	Quarterly	Meeting
(Location TBA)					
Jun 2National Trails Day (Statewide)					

THIRD QUARTER

Aug 4	.Board	of	Directors	Quarterly	Meeting
	(Location	on TI	3A)		
Sep 9-15	.Bike R	ide /	Across TN	(B.R.A.T.)	Proceeds
	Benefit	the (Cumberland	d Trail	
Sep 29	. Nationa	ıl Pu	blic Lands [Day (Statew	/ide)

FOURTH QUARTER

TBATTA's Annual Meeting; hosted by Clarksville chapter

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	A NEW MEN RENEWING Memberships are for one Gift Memberships are als	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446		
	Ron Dunn 615-	·867-3301 membersh	nip@tennesseetrails.org PLEASE, F	PRINT CLEARLY.
	Individual	\$25.00	Name	ı
	Family	\$35.00	Address	
	Student (FULL TIME)	\$15.00	City	State
	Supporting (\$50.0	00, \$100.00 or more)	Home Phone ()	Zip
	Life Member (Individu	al) \$500.00	Work Phone ()	
	Life Member (Family)	\$750.00	e-mail	i de TTA Asserbis Disease
**	CTC Membership**	**\$5.00**	 ☐ Please do not list my e-mail addre ☐ I would like to receive my newslet 	ess in the TTA Annual Membership Directory tter by email.
Trail Corenewing Cumberlo Cumberlo and open www.cun your con the CTC.		joining TTA or joining TTA or C is building the m Chattanooga to are now complete on can be found at onsider enhancing t trails by joining	Jackson Memphis	er: Murfreesboro Nashville Northwest (UT at Martin/Weakley) Plateau (Crossville) Soddy Daisy) Sumner Trails (Sumner County) Upper Cumberland (Sparta/Cookeville) At Large staining information about TTA, trail etiquette, hiker
responsit announce chapter a refreshme to learnin	pilities, etc. (2) TTA's monthlements, as well as events of the how to reach them. You ents. In addition, our annual g about the progress and place.	y newsletter, containing inf ccurring within TTA's Asso are invited to attend any meeting is held in the fall a ans of the organization.	ormation on hiker safety, upcoming hikes/ove ociate Organizations - C.T.C. and T.R.A.C. (3 number of monthly meetings scheduled, wh at one of Tennessee's many parks for a week	ntaining information about TTA, trail etiquette, niker ernight trips, volunteer opportunities, chapter meeting 3) Annual Membership Directory, listing members by ere you will enjoy diverse programs, socializing and end of hiking, camaraderie and programs, in addition TTA/CTC/TRAC functions.