TENNESSEE TRAILS

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



NASHVILLE CHAPTER RAISES FUNDS FOR CUMBERLAND TRAIL CONFERENCE

Each December for an entire decade, the Nashville Chapter has been invited by REI to wrap customers' packages in exchange for donations. Each year the gift wrapping event has been fun and quite succe\$\$ful, but none of this would be possible without our "Gift wrapping Elve\$." These Elve\$ generously volunteered their time to help with wrapping Christmas gifts for REI's customers on Saturday, December 17 while at the same time introducing many of them to TTA, the Cumberland Trail, hiking and trail building opportunities in Tennessee. Each "Elf" was asked to commit to a 2-hour shift; however, due to the enormously large volume of customers wanting to have their gifts wrapped, several "Elve\$" stayed on an extra hour or two.

In exchange for the beautifully wrapped and creatively decorated packages, TTA received donation\$\$ - a total of \$360.00!!!!! Donation\$\$\$ received have been earmarked for use by the CTC to buy food for feeding all of the volunteers (predominantly college students, plus many TTA & CTC supporters); who come to Tennessee in March to build the Cumberland Trail during the 2012 Spring BreakAway program.

Thanks to the following "Elve\$" for their commitment to TTA, CTC and our future trail system in TN: Nora Beck (TTA Mid TN Regional Rep), Vickie Black, Libby Francis (Nashville Chapter Chair), Valerie Galan, Jenice Johnson, Sue Lefferts, Dorothy Lesch, Larry Marchese, Dianna Richter, Bob Richards (TTA Life Member & TN State Greenways and Trails Coordinator), and "JW."

This was the 10th year that TTA-Nashville has wrapped gifts at REI and it continues to be overwhelmingly well-received by their customers and guite \$ucce\$\$ful for Tennessee Trails Association and the Cumberland Trail. On behalf of the Nashville Chapter of TTA and Cumberland Trail Conference: A mega-huge THANK YOU to REI for inviting us into your store during the busiest and most hectic time of year, and for your continued support of Tennessee Trails Association and the Cumberland Trail!

CLARKSVILLE CHAPTER

CHAPTER CHAIR:

J.R. Tate 931-920-2692 clarksville@tennesseetrails.org

CHAPTER VICE-CHAIR:

Suva Bastin 931-645-2849 clarksville@tennesseetrails.org

TREASURER:

Chris Everett 931-494-8038

clarksvilletreas@tennesseetrails.org

SECRETARY:

Judith Tate 931-920-2692

clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR:

Paul Schwab 931-645-9068

clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT, Crow Community Center, 211 Richview Rd.

> Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Feb 4 - Indian Town Bluff, Ashland City, TN. 5 miles. Moderate. John Sneed, 931-920-3828. Meet 8:30 am CT, Madison Street Kmart, Clarksville, TN. 28 miles to the trail head.

Feb 11 - Fort Donelson National Battlefield, Dover. 7 miles. Moderate. There was an historic gun battle here on February 14, 1862. Bob Lyon, 931-648-2354. Meet 8:00 am CT, Kroger parking area, Dover Road, Clarksville. 29 miles to trail head.

Feb 18 - Santa Fe Hike at the Oak Ridge Farm, Montgomery County. 4 miles. Moderate. Soup served after the hike. Sandy Evans, 931-217-4339. Meet 8:30 am CT, Big Lots parking area, Riverside Drive, Clarksville. 12 miles to trail head.

Feb 21 - Monthly Meeting. Zach Finley will tell us about his 2011 Appalachian Trail through hike.

Feb 25 - Trail maintenance at Rotary Park, US 41A Bypass, Clarksville. Bring loppers, brush cutters, hand pruners and garbage bags. J.R.Tate, 931-920-2692. Meet 8:00 am CT, first shelter on left after entering park.



Office Location 409 Thurman Avenue, Ste 102Crossville, TN 38555

Office Hours8am-2pm CT Phone:931-456-6259 Fax:931-456-4934

Email: cumber land trail @ rocket mail. com

Website: www.cumberlandtrail.org

The Cumberland Trail Conference is hosting the following events please consider volunteering.

Feb 26-Mar 17, March 25-31 - CTC's annual BreakAway program, Hamilton/Rhea Counties. Trail construction and maintenance on various sections of the Cumberland Trail State Scenic Trail, volunteers needed. Base camp will be at the Dogwood Lodge near Soddy-Daisy, Tennessee. For non-student volunteers requiring lodging/meals that are not TTA or CTC members a \$20/night fee is charged. Please contact the CTC to register for this event and further details. cumberlandtrail@rocketmail.com.

www.cumberlandtrail.org, tony.hook@frontiernet.net, or 931-456-6259.

Each month TTA offers opportunities to volunteer – be it leading hikes, organizing events, fundraising, leadership on the Board – if you've never volunteered to help before, how about it in 2012?

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR:

Marvin Caine 931-486-1632 columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Feb 7 - Chapter Meeting - Rick Lausten will give a presentation on a trip he and four others made to Yosemite National Park in September 2011. They hiked the 20 Lakes loop trail in the Inyo National Forest, Upper and Lower Yosemite Falls, Bridalveil Falls, Mirror Lake, Half Dome, Glacier Point, White Wolf, Tuolumne Meadows, Mariposa Grove of the Giant Sequoias and viewed the Hetch Hetchy Reservoir. Come see the beauty that is Yosemite and the Sierra Nevada Mountains.

Feb 11 - Turnhole Bend Trail, Mammoth Cave National Park, KY. 6 miles. Moderate. This hike features old home sites in a white oak forest. We will have lunch on the banks of the Green River. We do not hike in the cave. Bring plenty of water, lunch and snacks for the trail. Wear sturdy boots and dress in layers as it may be cold. Plan to stop on our way home for dinner at a local restaurant. We will meet behind McDonalds 4908 Main Street (Hwy 31) Spring Hill, and leave at 7:05 am CT. Register with Bobby Hardeman at puttr22 @aol.com. Feb 25 - Panther Knob Trail and the Stone Cuts Trail, Monte Sano State Park, Huntsville, AL. Moderate +. This is a joint hike with the Murfreesboro Chapter. See Murfreesboro Chapter listing for hike details. Please note that there will be a \$3 (\$1-62 yrs+) per person fee to get into the park. Please wear sturdy boots and bring water, snacks, and lunch for the trail. After our hike we will have lunch at a local restaurant. We will meet behind McDonalds 4908 Main Street (Hwy 31) Spring Hill and leave promptly at 8:00 am CT. It will take about 1 hour 45 minutes to get to Monte Sano State Park. To register for the hike, please contact Marvin Caine at

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR:

John Redmon 423-869-8286 covelake @tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:

931-626-2754 or mlcaine@aol.com.

Kathy Sarvis 865-494-0374 covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Feb 11 - Yahoo Falls, Big South Fork, KY. Meet at the Jacksboro middle school to car pool at 9:30.am ET. We should make it to Big South Fork by 11:30. Make sure you dress warm in layers. Bring water, snack and walking stick. Call John Redmon 423-869-8286 for more information.

Feb 25 – House Mountain. Joint Hike with East Tennessee Chapter. Please see listing under East Tennessee chapter for hike details.

DYER COUNTY CHAPTER

CHAPTER CHAIR:

Rita Norvell 731-445-4601

dyercounty@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:

Jim Stark 731-589-1776

dyercountyhikes @tennesseetrails.org

(Call Jim & volunteer to lead an outing.) **MEETS MONTHLY:** (Sep-Jun) 4^{th} Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER

(Oak Ridge / Knoxville)

CHAPTER CHAIR:

Rosemary Marshall 865-548-6171 easttennessee@tennesseetrails.org Elise Eustace 865-201-5806 easttennessee@tennesseetrails.org

VICE-CHAIR:

Feb 11 - Leatherwood Loop Trail, Big South Fork NP. This strenuous loop offers a variety of scenery and a large diversity of trees. We will follow the O & W Trial along the river and as it leaves this trail we will climb approximately 500 feet to the gorge rim where a spur trail leads to an overlook. This trail goes thru open woods and the edge of an old oil field and eventually follows the old Leatherwood Ford Road before beginning a steep descent into the gorge and returning to Leatherwood Ford parking area. This trail is 3.5 miles but will take approximately 3 hours to complete. To carpool from Knoxville, meet in the back parking area of Cracker Barrel at Merchants Rd Exit off I-75 North at 8 am ET or at the trailhead at 10 am ET. Preregistration is required by contacting rosemary L@hotmail.com or 865-951-8317.

Feb 25 - House Mountain Trail. Moderate to strenuous. Joint Hike with Cove Lake Hiking Chapter. This afternoon hike is rated moderate to strenuous because of the rocky terrain and excessive elevation. We will meet at the trailhead parking area at 2 pm ET. If the weather does not permit, this hike will be rescheduled. Call Rosie for confirmation 865-951-8317.

Each month TTA offers opportunities to volunteer - be it leading hikes, organizing events, fundraising, leadership on the Board if you've never volunteered to help before, how about it in 2012?

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR:

TREASURER:

Linda Hudson 931-728-4660 highlandrim@tennesseetrails.org Marietta Poteet 931-924-7666

highlandrimtreas @tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:

Joan Hartvigsen 931-962-0811 highlandrimhikes @tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Feb. 11 - "Under the Bluff Hike" on Carter Mountain. 9 to 11 miles. Strenuous. Joette Carter's hike features overlooks, waterfalls and rock formations. Portions of the hike are off trail. Meet Joette at 9:00 am at the cement block checking station on Hwy 16 between mile markers 23 and 24 on the left as you head south toward the Walls of Jericho. Bring lunch and water. For more information call Joette at 256-776-3551.

Feb. 18 - Eat-Hike-Eat, Segment of the Sewanee Perimeter Trail. 4 miles. Easy. Join us at the Blue Chair Restaurant in Sewanee at 9:00 am for breakfast and coffee or come at 9:45 if you just want to hike. This month we will hike the Perimeter Trail between Brakefield Road Gates G7 and G8, with a side trip to the view at Solomon's Temple. On the Perimeter Trail we'll see Dotson Point. 931-841-1448 Contact Cathleen Close at cathleenclose @gmail.com.

Feb. 25 - Virgin Falls Pocket Wilderness, DeRossett, TN. 8 miles roundtrip. Moderate to strenuous with 800 foot elevation change. This hike features Big Laurel Falls, Sheep Cave, 110 ft Virgin Falls and the Caney Fork River! Virgin Falls is awesome because there is no stream above or below the falls. The source of Virgin Falls is a creek emerging from Virgin Falls Cave, located 150 ft. from the top of the falls. At the base of the falls, the water disappears into Virgin Falls Pit. Bring food, water, hiking poles and hiking boots. Contact Marietta Poteet at 931-924-7666 or nannietta@blomand.net for more information and to register.

Feb. 27 - Chapter Meeting. Let's have dinner at 5:30 pm at Ruby Tuesdays, 1936 N. Jackson St., Tullahoma, TN. Our meeting begins at 7:00 pm at D. W. Wilson Community Our program features photos from Marcia Center. Medford's recent trip, from the jungles of Nepal to Mount Everest base camp in Tibet. Marcia and her husband Bill will even bring a couple of "show and tell" items!

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336

jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190

jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966 jacksonhikes @tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Gander Mountain, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT:

meeting starts 7:00 pm

Feb 6 - Chapter Meeting. Please note the new meeting date and place listed above. Anyone interested in hiking with us is welcome to come and learn about our upcoming events. For additional information, please contact our new chairperson, Vicky Moeller, at vmoellerosu@gmail.com.

Feb 11 - John Ross Natural Area. This will be a relatively short hike, in a privately owned 170-acre registered natural area in Hardin County. Contact hike leader Tim Townley at *timtownley@bellsouth.net* to register or for further information.

Feb 25 - Natchez Trace Park. Joint Hike with Memphis Chapter. Dick McKeen will lead a 9-11 mile hike on the Red Leaves Trail south of I-40 from Pin Oak Lake to Cub Lake. This little used, but clearly marked section of the trial is rugged and muddy in places. The hike is rated moderate with a few elevation changes. It begins and ends with easy half mile hikes along the edges of two beautiful lakes. A map and additional information on the park is available at http://www.tn.gov/environment/parks/gis/pdf/printmaps/natcheztrace.pdf. We will leave Jackson from Panera Bread at 8:00 am CT and meet at the park headquarters at 9:00 am. To register and for further information, contact hike leader Dick McKeen at sprucemountain@eplus.

Planning Ahead:

Mar 5 - Chapter Meeting.

Mar 10 - Cane Creek Nature Preserve. This is our famous annual wildflower hike, in one of the most interesting private nature sanctuaries in the Eastern US. More details about our upcoming trip will be announced later, but a map and other information on the preserve is available from http://schuffertstudios.com/catalog/Misc/CaneCreekPreserve.pdf and http://bps-al.org/trips/february-8-2009-cane-creek-canyon-preserve-colbert-co-al.html. Please register with hike leader Glen Rognstad at glenrognstad@gmail.com.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis @tennesseetrails.org Francis Ruffin 901-396-1108 memphisvice @tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 6:00 pm CT at

Cordova Library, 8457 Trinity Rd.

VICE-CHAIR:

PLEASE NOTE THAT WE ARE NOT HOLDING A MEETING THIS MONTH.

Feb 4 - T.O. Fuller State Park, Memphis. 4 miles. Moderate. The hike will cover 4 miles of moderate to rugged terrain with some wetland. The trail includes part of the Discovery Trail of the Chucalissa Indian Village. The hike will begin at 9:30 am CT. We will break for hot chocolate! Bring water and a snack. Rain will cancel the hike. For further information call hike leader Francis at 662-781-5034. Directions: Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office.

Feb 11 - Chickasaw Bluff and Pioneer Springs Trails, Meeman-Shelby Forest. 7-8 miles. Meet at 9:00 am CT at Poplar Tree Lake Picnic Area (NOT the Visitor Center). For additional information contact Wayne Simpson, 901-385-1988, w.simpson2@comcast.net. Directions: Go north on N. Watkins until it ends at Locke-Cuba Road. Turn left and go 0.7 miles to the four-way stop at the General Store. From here go straight on Benjestown Road 1.6 miles and turn right into the south entrance of the park. Take this road straight for 1.7 miles to a stop sign. Turn left and you will see the picnic area and parking lot on your right. From Poplar Tree Lake we will make a rather long shuttle to the north end of the Chickasaw Bluff Trail. The trail starts at the top of the bluff and drops quickly down about 150 feet to the flood plain. The next 3 miles are quite level (we'll get to cross the new bridge over Beaver Creek) until we climb back up the bluff to the Woodland Shelter at about 3.75 miles where we will have lunch. The second half of the trip has a few hills, but much of it is flat. We'll pass the historic Pioneer Spring whose shelter was destroyed by last spring's storms. We will finish back at Poplar Tree Lake.

Feb 18 - Tour de Wolf Trail. Shelby Farms Park. 6 miles. Easy. This trail is not paved; so, wear sturdy shoes or boots. We will meet at the Shelby Farms Visitor Center at 9:00 am CT sharp. For information contact Woody Pierce at 901-755-5635 or woodypierce2 @gmail.com.

Feb 25 - Natchez Trace State Park - Red Leaves Trail. REGISTRATION REQUIRED. This is a joint hike with the Jackson Chapter. See Jackson Chapter listing for hike details. We will meet at the park headquarters at 9:00 am CT sharp. Bring plenty of water, lunch and snacks, hiking pole. To register call Gloria at 901-213-0604. Directions: Take I-40 Exit 116, go right for 1.5 miles and turn in to the Park Headquarters.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610 murfreesboro@tennesseetrails.org

PROGRAMS

TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072

murfreesboromembership@tennesseetrails.org Valerie Galan 615-586-2882

murfreesboroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791 murfreesborohikes @tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Feb 4 - Collins East Trail at South Cumberland State Natural Area. 6 miles out and back. Difficult. Join us for a wintry walk past creeks and waterfalls at Collins East. We will walk 3 miles in to Horsepound Falls and past Suter Falls and some fantastic vistas and scenery. The hike will be 6 miles total. WARNING: In years past, this hike has been beautifully ICE FILLED and treacherous, hence the difficult rating. I cannot guarantee that you will see ice, but the opportunity exists. Please prepare for it. We will have lunch at Horsepound Falls. For information or to register, contact Tonv Jones at 615-397-4463 tonion1968@amail.com.

Feb 11 - Backpack Trip: Bearwaller Gap Trail at Defeated Creek, Carthage, TN. 11 miles with steep elevation changes. Difficult. This rocky one-way trail begins at the Defeated Creek parking lot and ends at the Tater Knob scenic overlook to Cordell Hull Dam. Following the shoreline of Cordell Hull Lake for over 5.5 miles, you will pass many natural features such as overlooks, rocky outcrops, waterfalls and old rock fences. At mile 3, we'll drop our packs at Two Prong campsite. Options here are to continue the hike for another 5 miles to the overlook and back or stay at the campsite. Note: This camping site is complete with the finest backpacking accommodations: a small shelter, level campsites, picnic table, trash can, a covered spring and a privy! Defeated Creek Marina Restaurant is closed for the season so we may stop Sunday morning for a hot breakfast at another local restaurant. Directions: From Murfreesboro: Meet at the Park & Ride on NW Broad St just off 840 at 09:00 am CT. From elsewhere: Meet at the Defeated Creek parking lot at 10:30 am. Contact Kim Williams at 615-542-5064 williams.kimberlyjo@gmail.com if you are interested in going. NOTE: If roads are too dangerous or night temps will fall below 20 degrees, this hike will be rescheduled.

Murfreesboro Chapter – con't

Feb 14 - Monthly Meeting. Come join us for an informative meeting! The Students for Environmental Action (SEA) from MTSU are working very hard to promote the passage and enforcement of the Tennessee Scenic Vistas Act legislation that will be proposed during the current session of the General Assembly. This piece of legislation is designed to put a stop to the very destructive and environmentally disastrous practice of the "mountaintop removal" method of harvesting bituminous coal. Carlin Stinson is heading up this effort from MTSU and will be bringing Shelly White from the Tennessee Conservation Voters to give us a look into what is happening with the practice and what we can do to help promote the curtailing of this travesty. This could well be the most important meeting we will have all year. Please make it a priority to be there and show your support to this essential effort. We need to encourage our young people in their efforts to take an active part in the preservation of our environment and the protection of the natural treasures in our beautiful state.

Feb 18 - Mossy Ridge Trail. Warner Park, Brentwood TN. 4.5 mile loop. Moderate due to elevation change. Come join us for a hike thru hardwood forests and ridges while enjoying peace and beauty as we hike along at a moderate pace. We will stop for a snack along the trail, then eat afterwards at a local restaurant. Call Ann Jacobs, 615-896-3935 for meeting time and more info.

Feb 25 - Panther Knob Trail and the Stone Cuts Trail, Monte Sano State Park, Huntsville, AL. Joint hike with the Columbia/Franklin Chapter. Bob Goodwin and Sandra Parker will lead this five mile moderate + hike which will include panoramic views of the Tennessee Valley, a large sink hole, and the Panther Knob Trail which passes through a chimney-like stone formation; then the Stone Cuts Trail which passes through deep erosional clefts in a section of limestone on the top of the mountain with high walled, cave-like cuts. The trail is in good condition, but rocky and uneven in places. There will be two 200 foot elevation drops and two 200 foot elevation gains; each one in about ½ mile. Please note that there will be a \$3 (\$1-62 yrs+) per person fee to get into the park. After our hike we will have lunch at a local restaurant. We will leave from the Cracker Barrel on Church Street at Interstate 24. Exit 81 in Murfreesboro at 8:00 am. Distance from the meeting place to Monte Sano State Park is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Each month TTA offers opportunities to volunteer – be it leading hikes, organizing events, fundraising, leadership on the Board – if you've never volunteered to help before, how about it in 2012?

NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis nashville @tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

Feb 4-5 - Cumberland Mountain State Park, Crossville. TN. Come to Crossville on the Cumberland Plateau and explore Cumberland Mountain State Park for the weekend. Saturday we will hike some of the trails around beautiful Byrd Lake and Byrd Creek. There will be options for 3, 6 and 9 miles. Then dinner at the park's restaurant which has an all-you-can-eat ribs and barbecue buffet. Sunday we can finish up some of the hiking that we missed on Saturday or we can take a side trip to Ozone Falls which is about 11 miles east of the park. Cabins and camping are plentiful at CMSP. If you are going to stay over you will need to make reservations on your own. The park's number for this is 800- 250-8618. Cumberland Mountain SP also has a great golf course! (I am told). I am excited about this wonderful CCC state park tucked away on the plateau. I hope you can For hike departure times, carpooling from Nashville, and to register: call Nancy at 615-319-8811 or email at njuodenas @yahoo.com.

Feb 11- Sewanee Perimeter Loop, Sewanee, TN. 9 miles. Moderate to Difficult (due to distance. elevation changes, and 2.5 mph hiking pace). We will start at Greens View and hike counter-clockwise to a nice overlook before crossing over the plateau on a forest road that passes by the equestrian center. On the other side of the plateau, we'll hike down to Bridalveil Falls and then across to the war memorial at University View. From there, we walk across the University campus back to the start. Bring lunch/snacks, water, good hiking boots, and clothing appropriate to the weather. Option: Shenanigans for post-hike nourishment. Call Doug Burroughs at 615-587-0085 for more information and to register.

Feb 11 - Beaman Park trail construction, Nashville. 9:00 am to 12:00 pm CT. Please join the Friends of Beaman Park for a trail construction volunteer work day. We are wrapping up construction on a 350 foot long handicap accessible boardwalk and continue work on front country trail near the Beaman Park Nature Center (5911 Old Hickory Blvd). All training and tools will be provided. Bring work gloves, wear sturdy shoes and clothes you won't mind getting dirty. Refreshments will be served. For information or directions please call the Beaman Park Nature Center at 615-862-8580.

Nashville Chapter - con't

Feb 18 - Beaman Park Hike, Nashville. Moderate. Beaman Park lies on the Highland Rim, just outside of the Nashville Basin, in the northwest edge of Davidson County. Its terrain features steep, forested slopes, with drier ridge tops and a beautiful creek. The hike will be rated moderate, mostly flat but some terrain changes of about 300'. Come rain or shine! We will start at 9:00 am CT at the nature & visitor's center. We'll follow the moderately easy Sedge Hill Trail for .6, turning onto the Henry Hollow Loop a short ways, then left onto Ridgetop Trail for about 1 mile. We'll about face & return. leading to continuation of the Henry Hollow Loop. A picturesque creek will be our lunch stop, and then we'll hike about 1 mile out for a total distance of approximately For miles. location and trail map http://www.nashville.gov/parks/docs/trails/MapBeamanPark.pdf. Hike leader: Tom Vickstrom, phone 615-405-6713.

Feb 19 - Bledsoe State Park, Gallatin. 6 miles. Easy to moderate. 1:00 pm CT. This park has three trails that total 5 miles. Two are easy, and one is mostly easy, but some will consider it moderate due to one steep drop (or rise). The nature trail is a there & back, which gives us the 6 miles. Since it's nearby, we'll meet at the park (specifics to come). A couple of these hikes are featured by Bob Richards, one of the "More Great Hikes" authors who are continuing the series started by Fran Wallas. For more information, visit the State Parks website: http://www.tn.gov/environment/tn_consv/greathikes/pdf/bledsoecreek.pdf or contact hike leader Larry Marchese, 615-681-2294, Imarchese2 @gmail.com.

Feb 25 - Perimeter Trail (east side segment), Montgomery Bell State Park (MBSP). Burns, TN. 8.8 miles. Moderate. The east side of MBSP's Perimeter Trail is approximately 8.8 miles long and rated moderate due to the continuously rolling and hilly terrain. We'll hike through the Ore pits, past the old home of founders of the Cumberland Presbyterian Church and walk along the shores of Woodhaven and Creech Hollow Lakes. MBSP is home to lots of wildlife: deer, turkey, owl, fox, chipmunk and squirrel, to name just a few. Sturdy hiking boots or trail shoes are a must! Bring snacks, lunch and water. Carpoolers will meet in the Wal-Mart parking lot (on the left side of the store - "garden center area") on Charlotte Pike (Exit 201 off of I-40). Another option for those not living in Nashville is to meet at the Visitor's Center just inside the park's entrance. For more information, carpool (or Visitor's Center) meeting time, and to register, call Diane Manas at 615-352-7777.

Feb 28 - Kangaroos to Koalas: G'day Mates! Join Elizabeth Gerlock and Libby Francis as they take you on a journey Down Under. They will share slides, stories and snacks from their amazing trip to Australia and New Zealand last October. We'll also be describing upcoming hikes and other opportunities. Plan to attend and bring a friend. Good on ya!

NORTHWEST Chapter

(UT at Martin / Weakley County)
CHAPTER CHAIR: Scott M. Pun 731-881-7316

TREASURER: northwest @tennesseetrails.org
Sandy Davis 731-587-9134
northwesttreas @tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org
SECRETARY/TREASURER: Jim Grove 931-484-7900

plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Feb 9 – Chapter Meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. "Alaska" by Plateau Chapter member Sharon Moore. Dinner at LaCosta Mexican Restaurant, 138 The Crossings, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931- 456-6437 for additional information.

Feb 11 - Scott's Gulf: Yellow Bluff/Caney Fork River Hike. 7-8 miles. Strenuous due to the length and the climb at the end. Features include wooded trails, a couple of scenic overlooks, and a nice rockhouse. Come prepared to cross 3 small streams. Meet at Tractor Supply at 8:00 am CT. For more information and to register, contact Jim Hardy at 931-277-5154 or mccartt1306@hotmail.com.

Feb 25 - Cloudland Canyon, Rising Fawn, GA (Northwest GA). 5 miles. Located on the western edge of Lookout Mountain, this is one of the most scenic parks in Georgia, offering rugged geology and beautiful vistas. The park straddles a deep gorge cut into the mountain by Sitton Gulch Creek with elevations from 800 to 1,980 feet. The hike is along the West Rim and Waterfalls Trail and includes a 600-step staircase on the way to two waterfalls cascading over layers of sandstone and shale into pools below. The total hiking distance will be about 5 miles and about three to four hours in length. The driving time from Crossville is a little over 2 hours. Bring water, lunch, and snacks. Meet at 6:45 am CT at Trinity Tabernacle Church on Highway 127. To register and for more information, call Bill Harris at 931-484-9152.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619 soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960 soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Feb 1 - Pot Point Nature Trail. 3.5 miles. Meet at Bi-Lo in Red Bank at 10 am.ET.

Feb 4 - North Chickamauga. 4.5 miles one way. Start 9 am ET at trailhead.

Feb 7 - Heiss Mountain to Possum Creek and back. 3 miles. Meet at parking lot off Durham Street at 9:30 am FT

Feb 11 - Prentice Cooper Mullen's Cove Loop Trail.

10 miles. Meet at Bi-Lo in Red Bank at 9 am ET.

Feb 14 - Blue Blaze Trail (Moccasin Bend). 1.5 miles one way. Meet at parking lot off Durham Street at 10 am ET.

Feb 18 - Flipper Bend. 7-8 miles. Meet at trailhead parking lot at 9:30 am ET. Directions: From US 27 or Hwy 153 exit at Dayton Pike going north. Turn left onto Roberts Mill Road, go 3.2 miles, veer right onto Hixson Springs Road, go 1.3 miles. Trailhead parking lot on left.

Feb 21 - Signal Point to Rainbow Lake. 3 miles roundtrip. Meet at Bi-Lo in Red Bank at 9:30 am ET.

Feb 24 - Maintenance day on trail. Meet at parking lot off Durham Street at 9 am ET.

Feb 25 - Lula Lake Land Trust. 4 miles. Meet at Bi-Lo in Red Bank at 9 am ET.

Feb 28 - Raccoon Mountain. 4 miles. Meet at Bi-Lo in Red Bank at 10 am ET.

Each month TTA offers opportunities to volunteer – be it leading hikes, organizing events, fundraising, leadership on the Board – if you've never volunteered to help before, how about it in 2012?

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948 sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,

Hendersonville First United Methodist Church, 217

E. Main St. Hendersonville, TN

Feb 4 - Mossy Ridge Trail, Warner Parks (Nashville) - Join us as we hike this beautiful 4.5 mile trail. We'll get gorgeous winter views and a good workout on the roller coaster terrain. This is a solid "moderate" in terms of difficulty. There are numerous ascents and descents - none of them too prolonged. Please wear your well-broken in hiking boots (for traction), and bring hiking poles if you have them. As always - no cotton socks! Bring a snack for a trail break, plenty of liquid and layer your clothes. We'll meet for carpooling in the Kroger parking lot at Hendersonville's Glenbrook Shopping Center (off New Shackle Island Rd) at 8:15 am CT. We will be meeting TTA hikers from other chapters at the trailhead - so please be on time at our rendezvous location. There is a possibility for a post-hike lunch in the Brentwood area. Bad weather or icy roads will cancel this trip. Therefore please RSVP to Anne at 615-851-1052 or *ttahiker@att.net*.

Feb V - A IV-Park Hike in honor of Super Bowl XLVI. Have you explored Nashville on foot? Join your TTA friends for a III mile urban walk through Germantown and northern downtown. We will toss the football in IV different parks as we walk through the city. We will start at Bicentennial State Park and head south and up the hill to the State Capitol and Victory Park. From there we will head east to Public Square Park and hop on the Music City Bikeway and Cumberland River Greenway to head up to Morgan Park. We will walk on the Morgan Park Greenway and head back to Bicentennial Park through the Germantown neighborhood. I promise to get you back in time for the big game...even if we have to make it a III Park hike. We'll meet at XII:XXX pm. For more information on this hike RSVP. please contact Bethany Hader bethanyhader@gmail.com. *Don't remember your Roman numerals? This a 3-mile hike, going to 4 parks on Feb 5. We'll meet at 12:30 pm.

Feb 7 - Chapter Meeting. The Clean Air Partnership of Middle Tennessee will be presenting the program "Air Quality 101", including information on what air pollution is, what causes it and how simple changes can produce healthier air in our region. **Visitors and guests are always welcome**. Questions? Contact David or Shirley Primeau at *davidprimeau* @bellsouth.net.

Feb 11 - Nashville City Cemetary History Hike. 1 mile. Easy. Historian Mark Zimmerman will guide us through Middle Tennessee's oldest public cemetery, opened in 1822. Among the 20,000 persons buried there are four of Nashville's founders, four Confederate generals, the man who named the American flag "Old Glory," 15 Nashville mayors, and two of the original Fisk Jubilee Singers. Meet at First Presbyterian Church in Hendersonville at 9 am CT or at the cemetery gate at Fourth Avenue South & Oak Street in Nashville at 9:45. After the cemetery, we'll go to lunch at Arnold's Country Kitchen. For further info, contact Digger Al at ballallenger@aol.com or (615) 347-2623 after 3 pm on Friday 2/10/12.

We need new hike coordinators to take advantage of our beautiful, spring weather. Please consider organizing a hike. Your friendly chapter hike coordinators will help you with all the planning. Contact Al ballallenger@aol.com or Anne at ttahiker@att.net.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHÀIR:

Louise Miniard 931-528-9115 uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cindy Johnson 931-570-0122

uppercumberlandhikes@tennesseetrails.org

Feb 4 - Wheeler Farm Loop, Fall Creek State Park, Spencer TN. This trail in the Lower Cane Creek extension of Falls Creek Falls is only 3 miles long but we will explore several attractions. First we'll visit Medley Arch, a unique 90' high arch/natural bridge formed by the collapse of the mountain side into 3 large sinks. We'll venture off-trail to see the other side of the arch and the undercuts of the remaining ridge. Then we'll view the other sinks and a multi-level waterfall that emerges from the side of one of the holes and disappears at its bottom. After exploring this area, we'll rejoin the trail to descend to the Cane Creek Valley. If the water is high, we may need to backtrack a short distance to the area of the arch to take an alternate route into the valley. After a short side trip to view Cane Creek, we'll head down the Cane Creek Valley to view Wheeler Falls, a 120 foot tiered waterfall with 2 separate sources at the upper levels. Continuing down the valley we will visit the remains of a bottomland farm. After retracing our steps back to Wheeler Falls we'll ascend a farm road along another stream to complete the loop. The hike is rated moderate with a total elevation loss/gain of 400 ft. Additional hiking is available nearby. Bring lunch, water, snacks, and wear good hiking boots. We will meet at the US Bank in Sparta across from McDonald's at 8:00 am CT. Contact Pete Broehl at 931-738-3551, or by email at pabroehl@blomand.net to register.

Feb 11 - Fall Creek Falls, Pikeville, TN: Nature Center to Fall Creek Falls to Milliken's Overlook to Piney Falls and follow overnight trail to Bicycle Trail to Youth Camp 2 and also hike Gilbert Gaul Loop if there is interest and time. A shuttle will be placed at the trailhead for the Gilbert Gaul Trail. Distance is approximately 8 to 10 miles and rated easy to moderate. Meet in Cookeville at JC Penney's at 8 am, or in Sparta at the bank across from McDonalds at 8:30 am or at the Nature Center at Fall Creek Falls around 9:30 am. Contact Margaret Massa at 931-761-2258 or email mycorey @blomand.net to register.

Feb 18 - Sewanee Perimeter Trail. We will hike parts of the perimeter trail including Shakers/Beckwith Point and Piney Point. We will hike 6-8 miles and the get some relaxation and eats at Shenanigan's Pub afterwards. The hike is rated easy to moderate due to the terrain. Bring water and snacks, and wear good hiking boots. We will meet at JC Penney's in Cookeville at 8:00 am CTand at the US Bank in Sparta across from McDonald's at 8:30 am CT. Contact Eugene Cummings at eugeneslions@yahoo.com or 931-5268-6139 or Guy Zimmerman at guyz@charter.net or 931-526-1574 to register.

Feb 25 - Savage Gulf History Hike, Savage Gulf State Natural Area, Beersheba Springs, TN. 11 miles. Strenuous. We will descend into the gulf through the Stone Door and then follow the Connector Trail to its intersection with the Stagecoach Road. We will then follow the Stagecoach Road to the site of the Savage Gulf School and Savage Gulf Cemetery. We will then follow old roads to the Catur Savage cabin and along Big Creek to the lower sink of Big Creek before ascending to meet the Connector Trail and return to the beginning. Bring hiking boots, water, snacks, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:30 am CT or at the US Bank across from McDonald's in Sparta at 8:00am. For information and to register contact Richard Savage at (931)-526-2035 or savage_richard@hotmail.com.

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Bob Richards 615-532-0753

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

 Due
 For Newsletter Dated

 Feb 10
 Mar 1

 Mar 10
 Apr 1

 Apr 10
 May 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FIRST QUARTER

Feb 4Board	of Dir	ectors'	Quart	erly N	1eet	ing
(Locatio	on TBA)					
Feb 26-Mar 3CTC's	Spring	Break/	Away,	Week	1	in
Hamilto	on Count	y (Sodd	y-Dais	y)		
Mar 4-10CTC's	Spring	Break/	Away,	Week	2	in
Hamilto	on Count	y (Sodd	y-Dais	y)		
Mar 11-17CTC's	Spring	Break/	Away,	Week	3	in
Hamilto	on Count	y (Sodd	y-Dais	y)		
Mar 18-24CTC's	Spring	Break/	Away,	Week	4	in
Hamilton County (Soddy-Daisy)						
Mar 25-31CTC's	Spring	Break/	Away,	Week	5	in
Hamilton County (Soddy-Daisy)						
Mar 26Banff Mtn Film Festival Tour, Knoxville						
Mar 31Earth Hour - 8:30 pm local time						

SECOND QUARTER

Apr 8-14	TDEC's	Nat	tural Areas \	Neek (State	wide)	
Apr 22Earth Day 41 st Anniversary						
May 5	Board	of	Directors'	Quarterly	Meeting	
(Location TBA)						
Jun 2National Trails Day (Statewide)						

THIRD QUARTER

Aug 4	.Board	of	Directors'	Quarterly	Meeting	
	(Locatio	n T	BA)			
Sep 9-15	.Bike Ri	de	Across TN	(B.R.A.T.)	Proceeds	
Benefit the Cumberland Trail						
Sep 29	. Nationa	ΙPι	ıblic Lands [Day (Statew	ride)	

FOURTH QUARTER

TBATTA's Annual Meeting; hosted by Clarksville chapter

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	A NEW MEN RENEWING Memberships are for one Gift Memberships are als	MY MEMBE year, unless you have a to available. Contact our	Lifetime Membership.	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446
	_ Individual	\$25.00	Name	PRINT CLEARLY.
	_ Family _ Student (FULL TIME) _ Supporting (\$50.0 _ Life Member (Individua	\$35.00 \$15.00 0, \$100.00 or more)	Home Phone ()	State Zip
**	Life Member (Family) CTC Membership**	\$750.00	e-mail	ress in the TTA Annual Membership Directory
** Special \$5.00 rate for membership in Cumberland Ple		ease list me with the following chapter: Clarksville Columbia/Franklin Nashville Cove Lake Northwest (UT at Martin/Weakley) Plateau (Crossville) Soddy Daisy Highland Rim (Manchester/Tullahoma) Jackson Memphis Murfreesboro Nashville Northwest (UT at Martin/Weakley) Plateau (Crossville) Soddy Daisy Sumner Trails (Sumner County) Upper Cumberland (Sparta/Cooke		
responsil announc chapter a refreshm to learnir	bilities, etc. (2) TTA's monthlements, as well as events o and how to reach them. You ents. In addition, our annual ag about the progress and pla	y newsletter, containing inf ccurring within TTA's Asso are invited to attend any meeting is held in the fall a ans of the organization.	ormation on hiker safety, upcoming hikes/ov sciate Organizations - C.T.C. and T.R.A.C. on number of monthly meetings scheduled, what at one of Tennessee's many parks for a wee	ntaining information about TTA, trail etiquette, hiker remight trips, volunteer opportunities, chapter meeting (3) Annual Membership Directory, listing members by here you will enjoy diverse programs, socializing and kend of hiking, camaraderie and programs, in addition