TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



In Memoriam - Cindy Johnson

It is with a heavy heart we share that Cindy Johnson, a friend, and hike coordinator for the Upper Cumberland Chapter, passed away Sunday May 13th from complications suffered as the result of a seizure at the young age of fortynine. We asked one of her closest friends, Marnell Cothran of the Upper Cumberland Chapter to share a few words about Cindy.

"I remember the first time I met my friend Cindy. She was living in Manchester at the time and meeting us for hikes at the U.S. Bank in Sparta. I can just see her now getting out of her little red truck, all bundled up, on a cold day and very enthusiastic about our hike that day. Through the years we hiked many miles together, our most memorable being three trips to the Grand Canyon.

Cindy was a true volunteer and very active in her small country church in Manchester. After receiving her college degree she landed a new job and moved to Nashville, where she became involved with her new church, Brentwood United Methodist. Among the opportunities to serve she found there, Cindy received a lot of joy by mentoring a young lady in state prison through a program sponsored by her Sunday school class. According to her bowling partner, she willingly volunteered to be their captain after the first time bowling with them.

Cindy led many hikes, and volunteered to be our hike coordinator this past August. She helped build many Habitat for Humanity homes, built and maintained trails, and was involved with many other charitable organizations on the weekends.

Cindy truly loved the outdoors; hiking, biking, helping others, and spending time with her "girls" - her dachshunds.

Cindy touched many people's lives and spread a lot of joy. She will be missed by many, especially all of her friends in Tennessee Trails.

May her soul rest in peace."



Southeastern Foot Trails Coalition Meeting

The Southeastern Foot Trails Coalition will convene for the 7th Biennial meeting on the top of the Cumberland Plateau at Fall Creek Falls State Park the weekend of September 20 - 23, 2012.

Members of hiking and trail building organizations from across the southeastern United States, partners of the coalition and any other interested parties will gather in Tennessee for a weekend of hiking, education, fun and celebration of the foot trails experience. Several guided hikes of varying length and difficulty will be offered in nearby locations. Simultaneously there will be a series of educational sessions of varying length on tracks which address needs and interests of the hiking and trails community. Social activities will provide opportunities to share in fun with other participants and make new friends in the "trails community".

Hikes are scheduled for Thursday, Friday and Sunday. Workshops are scheduled for Friday, Saturday and Sunday. For more information: http://www.southeastfoottrails.com/SEFTC.

Pre - registration and deadline for room reservations is August 1.

Board Position Open

Are you interested in being more involved in Tennessee Trails Association? Do you have a home computer? How about an hour or so each week to spare? You could be just the person that the TTA board of directors is looking for. After serving for four years as membership director, Ron Dunn is stepping down and the search is on for candidate(s) to assume this very important board position. If you think you may be interested, please contact Ron for more information about the position at trekkingtn@comcast.net or 615-867-3301.



Email: cumberlandtrail@rocketmail.com Website: www.cumberlandtrail.org

Jun 2 - CT Trail Builders Reunion. A National Trails Day celebration, this event will be held at Cove Lake State Park, Caryville, TN. For more information, contact the Cumberland Trail State Park at 423-566-2229.

Sep 20-23 - The Southeastern Foot Trails Coalition is holding their Biennial conference this year at Fall Creek Falls in Pikeville, TN. Visit www.southeastfoottrails.com for further details.

Sep 29-Oct 3 - Volunteers needed to help with trail maintenance in the Cumberland Trail's Tennessee River Gorge segment in Hamilton County, TN. The work would include the removal of fallen trees, cutting back vegetation, and updating trail markers. Volunteers can help for 1 day or multiple days. This work would be in preparation for the Rock Creek's 50k Stump Jump trail race. Please visit www.rockcreek.com/stumpjump.rco for more information about the race. Please contact the CTC to register for this event and to obtain further details. cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 5-14 - Chattanooga's River Rocks event. Please visit www.riverrockschattanooga.com/ for more information about this event.

Oct 13-19 - Cumberland Trail's New River section, in Campbell, Scott, and Morgan Counties, TN. Volunteers needed to help with trail maintenance. This would include the removal of fallen trees, cutting back vegetation, and updating trail markers. This is in preparation for the Knoxville Track Club's Cumberland Trail 50k trail race. Please contact the CTC to register for this event and for further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

Oct 20 - Cumberland Trail 50k, Cove Lake State Park. Visit *www.cumberlandtrailraces.com/CumberlandTrail50k/HOME* for further details.

Oct 26-29 - Backpack on the Cumberland Trail's New River segment. This strenuous 40-mile hike will be from the Cross Mountain trailhead (top of Cross Mountain) south, to the visitor center at Frozen Head State Park. This hike is for experienced backpackers only, limited to 10 hikers, and will involve a shuttle. Participants are at the hike leader's discretion. For more information, contact the hike leader, Tony Hook at tony.hook@frontiernet.net or 931-456-6259.

Nov 3 - Cumberland Trail Conference membership meeting. The CTC's Cumberland Trail Day will be held at the Dogwood Lodge in Soddy Daisy, TN. Open to all members of the CTC and invited guests, this will be a day of hikes, a potluck dinner, and an awards ceremony. There are accommodations for those waiting to stay overnight. Please contact the CTC to register for this event and further details, cumberlandtrail@rocketmail.com, www.cumberlandtrail.org or 931-456-6259.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692

clarksville @tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849

clarksville @tennesseetrails.org

TREASURER: Chris Everett 931-494-8038

clarksvilletreas @tennesseetrails.org
SECRETARY: Judith Tate 931-920-2692

clarksvillesecy @tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-645-9068

clarksvillehikes @tennesseetrails.org (call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT, Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Jun 2 - National Trails Day. Activities to be announced.

Jun 9 - Shakerag/Beckwith's Point/Piney Point. University of the South Domain, Sewanee, TN. 5.5 miles. Moderate. Ken Johnson 931-802-6343. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 130 miles to trailhead.

Jun 16 - Mammoth Cave. Sandy Evans 931-217-4339. Meet 8:00 am CT, Sears Parking Lot, Governors Square Mall, Clarksville. 92 miles to Mammoth Cave.

Jun 19 - Monthly Meeting.

Jun 23 - Meriwether Lewis Park (Natchez Trace Parkway), Lewis County. 6 miles. Moderate. Sheryl Butcher 931-233-1867. Meet 7:00 am CT, Big Lots parking area, Riverside Drive, Clarksville. 87 miles to trailhead.

Jun 30 - Virgin Falls, White County, TN. 8 miles. Moderate. Optional overnight. Sandy Janus 931-551-8523. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 148 miles to trailhead.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR:

Marvin Caine 931-486-1632 columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Jun 2 – Bearwaller Gap, Defeated Creek Park, Carthage, TN. 11.2 Miles there and back. (or 5.6 miles with shuttle?). Difficult. This is one of the finest paths in Middle Tennessee. It extends along the wooded and rugged shoreline of Cordell Hull Lake for over 5 miles, passing waterfalls, old home sites, and rocky overlooks. It will challenge hardy hikers as it climbs and descends numerous times. Wear sturdy boots and bring snacks/lunch and plenty of water for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill, in front of the People's Church, and leave at 6:00 am CT. To register, please contact Robert Consalvo at 615-519-5584 or rconsalvo @aol.com.

Jun 5 – Chapter Meeting. We will be planning hikes and other activities for the remainder of 2012. Please bring suggestions for hikes and consider being a hike coordinator, even if you haven't done so in the past.

Jun 23 - Volunteer Day Loop, Long Hunter State Park, Hermitage, TN. 4 miles. Moderate. This trail follows the shoreline of Percy Priest Lake for about 2 miles. It is nearly all shaded. There are places to walk down to the shoreline and several benches if you want to rest. The trail surface is dirt, rocks and leaves and is relatively flat. Wear sturdy boots and bring snacks and plenty of water for the trail. Everyone will need to bring bug spray. We will meet behind McDonald's, 4908 Main Street (Hwy 31) on the north side of Spring Hill, in front of the People's Church, and leave promptly at 7:30 am CT. Please arrive at least 15 minutes early to sign the TTA release form. It will take an hour to get Register there. with Mike Morrison michaellmorrison@gmail.com or by phone at 615-438-4358.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR:

John Redmon 423-869-8286 covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:

Kathy Sarvis 865-494-0374 covelakehikes @tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Jun 2 - CT Trail Builders Reunion. A National Trails Day celebration, this event will be held at Cove Lake State Park, Caryville, TN. For more information, contact the Cumberland Trail State Park at 423-566-2229.

Jun 23 – Pioneer Trail, Cumberland Mountain State Park. 5 miles. Moderate. We'll go to the park restaurant for the buffet after the hike. Bring walking stick, sunscreen, bug repellent, snack and water. Those coming from Campbell meet at the Jacksboro middle school to car pool to X-122 to meet rest of hikers at Burger King. Contact Harry Shatz for more information (865) 494-0374.

DYER COUNTY CHAPTER

CHAPTER CHAIR:

Rita Norvell 731-445-4601 dyercounty @tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:

Jim Stark 731-589-1776 dyercountyhikes @tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

Rosemary Marshall 865-548-6171 easttennessee @tennesseetrails.org Elise Eustace 865-201-5806 easttennessee @tennesseetrails.org

VICE-CHAIR:

Jun 2 - Smokies Mystery Hike. Come for a 5-7 mile walk in the Elkmont area. Contact Garnett Rush *rushga01@yahoo.com* or 865-268-5181 for details and to register.

Jun 16 - Overnite Campout at Elkmont. We are going camping in the Smokies! Please respond by June 10 if you are planning to join us, as spaces are limited. We can take the first 10 campers to respond. Just call Lesley at 865-254-1193 to register. TTA will provide a campfire Hopefully, but no promises, we will have a spectacular firefly display that is famous here and only one other place in the world. After we pack up on Sunday morning we will begin our hike at Little River Trail, which is super historic. At 2.2 miles we will reach Huskey Branch Falls, a 20-foot cascade into the Little River. Shortly we come to the Cucumber Gap Trail Junction. We'll begin a steady climb for about one mile as the trail becomes guiet. At 4.8 miles we reach Jakes Creek Trail junction and finish our hike. As an alternative to hiking. you may opt for a refreshing swim near the Y with your cooler lunch and chair. If so, be sure to bring water

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:

Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

highlandrim@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Jun 2 - National Trails Day. Short Springs State Natural Area, Tullahoma. 3 to 5 miles. Moderate to strenuous. We will celebrate National Trails Day with two hikes. The 9:00 am CT hike will be 5 miles and include Machine Falls Loop, Wild Flower Loop, Adams Falls Loop, Busby Falls Loop and the Laurel Bluff Loop. The 10:00 am hike is 3 miles and features Machine Falls Loop and Adams Falls Loop. Deep gorges and steep slopes form the landscape of this beautiful area. Newman Branch Creek flows over an impressive 60 ft. waterfall called Machine Falls. The lush forest is thick with mature oaks, blackgum and hickory. Laurel Bluff Trail has overlooks and gorgeous cedar trees. Meet us at 9:00 am or 10:00 am at the parking lot of Short Springs SNA. Bring water, lunch, hiking shoes, and hiking sticks. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914.

Jun 9 - Civil War History Walk with Dr. Michael Bradley, featuring The Tullahoma Campaign. 4 miles. Easy. Tullahoma was headquarters for the Army of Tennessee. commanded by Lt. General Braxton Bragg, during the first six months of 1863, following the Battle of Murfreesboro and preceding the withdrawal of the Army to Chattanooga. Dr. Bradley, Professor of U. S. History at Motlow Community College for 36 years, author of several Civil War History Books and 1994 recipient of the Jefferson Davis Medal in Southern History, will begin our walk on the grounds of South Jackson Civic Center where a Confederate Field Hospital was located. Also located here is the Ganoe-Bussell Log Cabin, the oldest structure in Tullahoma, ca 1850. From here we will walk to the Confederate Cemetery. where 407 unknown Confederate Soldiers are buried. This beautiful cemetery features monuments, commemorative plaques, and an audio presentation. We will then walk along streets that were lined with confederate field hospitals 150 years ago. We will visit Oakwood Cemetery where Dr. Cowan, Lt. General Bragg's Surgeon General, is buried. We will walk to the Tullahoma Railroad Depot and learn of the strategic importance of the Nashville and Chattanooga Railroad. We will finish our loop at the Tullahoma Fine Arts Building, which was a Confederate military hospital 150 years ago. Throughout this Civil War Trail Dr. Bradley will relate the rich history of this area. Historical signs are placed along our route. Meet us at 9:00 am CT at South Jackson Civic Center's lawn in front of the Log Cabin, 404 South Jackson Street. Our loop ends across the street at 401 South Jackson Street. After our walk, we will have lunch at The Celtic Cup, 106 N. Anderson St., Tullahoma. Bring water. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914.

Jun 16 – Eat-Float-Eat-Float-Eat. Duck River, Normandy Dam to Dement or Three Forks Bridge. Joint event with Murfreesboro Chapter. Meet at Damrons Restaurant, 714 E. Lincoln St. Tullahoma at 8:00 am CT for breakfast. Meet at the river access immediately below Normandy Dam at 9:30 am CT to arrange shuttles to Dement and Three Forks Bridge Take-Outs. The float to Dement is 5.3 miles. The float to Three Forks Bridge is 8.5 miles. Bring water and lunch. Portage and lunch at Cortner's Mill. Contact Tom Bentley at 931-273-4611.

Jun 22, 23, and 24 - Car Camping at Elkmont Campground, Hiking in Great Smoky Mountains National Park. This is a joint outing with the Murfreesboro Chapter. We have reserved two sites. Each site allows two tents, six people, two vehicles. Register early with Joan Hartvigsen to assure a spot. 931-962-0811 or ihartvigs@comcast.net. We will leave for GSMNP Friday morning. Contact Joan Hartvigsen for carpool information. We will camp two nights and hike three days. After setting up camp, we will hike Little River/Cucumber Gap Loop on Friday afternoon. This 5.5 mile hike is easy to moderate. Saturday we will hike the Ramsey Cascades Trail, a moderate 8 mile round trip. Sunday we will hike either the Rich Mt. Loop (8.5 mile, moderate) or the Laurel Falls and Cove Mt. Trails (8.0 miles round trip, moderate). We will return Sunday evening June 24 after our hike.

Jun 25 – Chapter Meeting. Meet us for dinner at Las Trojas Mexican Restaurant, 1905 N. Jackson St., Tullahoma, next to Kroger, at 5:30 pm CT. Our meeting begins at 7:00 pm at D.W. Wilson Community Center, 501 N. Collins St., Tullahoma. Our Speaker is James Tinch, Tims Ford State Park Ranger, EMT-IV and Certified Interpretive Guide. James will present a program on Wilderness Survival. James Tinch is a graduate of Tennessee Tech University with a degree in Criminal Justice. He has worked at Cumberland Mountain State Park and Yellowstone National Park before coming to Tims Ford State Park. He is a member of Tennessee State Park Search and Rescue Team and Wildland Fire Fighting Team.

Jun 30 - Short Springs State Natural Area Work Day. Meet at 9:00 am CT at the Short Springs parking lot. Let Wally Bigbee know you are coming, 931-473-5968. Robin Wooten, Naturalist for Middle TDEC Natural Areas will come and lead a team removing invasive plants from the Wild Flower Bottom. Wally will lead a team to place treated timbers on Machine Falls Trail on the two very tall steep slope steps. We will drill two holes in each block of wood into the rock and anchor them with epoxy glue. We will carry in an electric generator and a heavy duty electric rock drill with bits. We will also carry in an air pump to blow dust out of the holes for stronger bonding. We will get the TUB gate opened to get tools and supplies back into the woods maybe as far as the connector trail. Wally is consulting Brian Bowen about safety signs at the top of Machine Falls and some "Stay on the Trail" signs where non approved trails occur. Bring water, snacks, gloves, protective eye goggles. Consider wearing long pants and sleeves to shield against poison ivy.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336

jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556

jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190

jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Gander Mountain, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Jun 4 - Monthly Meeting. In June, we will meet at Perkins Restaurant for dinner and a meeting, both starting at 6 pm. One purpose of the meeting is to finalize our schedule for this fall. Thus far we have settled on hikes at Garrison Creek, Rugby, Ft Pillow, Meeman-Shelby, Big Hill Pond, and Village Creek. If you have any favorite hikes that you would like to include, please come to the meeting or contact our chairperson, Vicky Moeller, at *vmoellerosu@gmail.com*. Jun 7 - Evening Hike. We will take another evening walk at Union University. Please meet at Panera Bread at 5:45 pm.

Planning Ahead

Jul 7 - Canoe Trip. It definitely will be warmer by July, and time to put our canoes into the Buffalo River. For further information or to register, please contact Glen Rognstad at *glenrognstad@gmail.com*.

Sep 15 - Potluck Dinner. Save this date for our annual potluck supper. And hike with us starting about 4 pm.

Oct 27 - Annual Meeting. This year the Clarksville chapter is sponsoring the TTA annual meeting, which will be held at Brandon Springs, in Land Between the Lakes. There will be lots of hiking around LBL available for us to enjoy that weekend.

MEMPHIS CHAPTER

CHAPTER CHAIR:

VICE-CHAIR:

Charlie Bright 901-829-4434 memphis @tennesseetrails.org Francis Ruffin 901-396-1108 memphisvice @tennesseetrails.org

No scheduled hike for month of June.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610

murfreesboro@tennesseetrails.org Ann Jacobs 615-896-3935

TREASURER Ann Jacobs 615-896-3935 murfreesborotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072

murfreesboromembership@tennesseetrails.org
PROGRAMS Valerie Galan 615-586-2882

murfreesboroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791 murfreesborohikes @tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Jun 2 – National Trails Day, Barfield Crescent Park, Murfreesboro. Come join us for trail maintenance at this wonderful park from 8:00 am until 11:00 am CT. Bring gloves, sturdy shoes, a snack and water. For more information or to sign up, contact Sara Pollard at sarabpollard@gmail.com or 615-714-3610. (Note from Cathy Bingham: This is a great way to give back to this park, and a great example to set for others. Many hands will make short work...please come out and help!)

Jun 9 - Hidden Passage Hike, Pickett State Park, 7 miles. Moderate. This approximate 7 mile hike takes one through numerous rock houses, then continues along the bluff line above Thompson Creek and onward to a great overlook at about the five mile mark, which will be our trail lunch spot. From the overlook, we will shortcut back along an old logging road toward the group camp, and thence back to trail head. The hike is rated moderate but in some places is very narrow along the edge of the bluff. Trail maps will be available at the park office before departing on the trail. We will meet at Sam's Parking lot in Murfreesboro and depart promptly at 7:30 am CT. The weather will be warm so lots of water is a must. Contact Jim Schroeder at 615-896-3023 or doughboyjim@comcast.net to register.

Jun 12 - Chapter Picnic, Pavilion #1, Barfield Crescent Park, Murfreesboro. 4:00 pm - 8:00 pm CT. Meal at 6:00 pm. No business will be held and is open to all TTA members, families and guests. Join us for a pre-picnic 4.5 mile hike, or a paved 1 mile walk to the West Fork of the Stones River overlook. Corn hole boards will be set up for play. There's also a playground next to the shelter, so bring your children or grandchildren. There are picnic tables under the shelter and the chapter will provide barbecue, drinks, utensils, napkins and ice. Bring a side dish or dessert to share-please let us know what you are bringing, along with how many are coming when you RSVP to Sara Pollard at sarabpollard@gmail.com or 615.714.3610. We want to make sure enough barbecue and supplies are provided, and there is a variety of items to choose from. We will try to post what everyone is bringing beforehand if possible. Picnic is rain or shine.

Jun 16 – Eat-Float-Eat-Float-Eat. Duck River, Normandy Dam to Dement or Three Forks Bridge. Joint event with Highland Rim Chapter. See that chapter's listing for details and registration information.

June 22 ,23, and 24 – Car Camping at Elkmont Campground, Hiking in Great Smoky Mountains National Park. This is a joint outing with the Highland Rim Chapter. See that chapter's listing for outing and hike details and registration information. Sara Pollard , 615-714-3610, will coordinate the Murfreesboro carpool.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes @tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Jun 9 - Piney River section of the Cumberland Trail, Spring City, TN. 10 miles. Difficult for length and ascent. Fran Wallas describes this hike as a great one for swimming holes. By late June we should be ready to get wet, so bring swimming clothes or a change of clothes. Although a little late in the season this area is known for its wildflowers. The hike starts as an easy level walk alongside Duskin Creek. Then we start a steep climb through rhododendron and laurel, soon arriving at White Pine Cascade. We will pass the spur trail to the Spider Den campground and may want to take a look. The trail then follows an old Dinky Line railroad bed, and a little bit later. we cross a 100 ft. suspension bridge over the Piney River. This hike is an end to end hike and will require a car drop at the exit point. Bring plenty of water as we will be into the hot part of the summer. Also bring snacks, lunch, hiking/walking sticks, and wear good sturdy hiking boots. We will stop for dinner on the way home, so you will need money for dinner and carpooling gas. For more information and to register e-mail (preferred) Nancy Juodenas at njlj1011 @gmail.com or call 615-319-8811.

Jun 11 - After Work Walk on Richland Creek Greenway. West Nashville. Tucked away between the McCabe Golf Course and Richland Creek, is a beautiful Greenway loop. The Richland Creek Greenway is 3.75 miles and rated e-as-y. As with most Greenways, Richland Creek Greenway is flat and has a smooth surface - great for walking in street Along the way we'll pass over Richland Creek several times and see some of the local late spring/early summer wildflowers. We'll meet at 6:30 pm at the "TARGET" trailhead. Technically, we are still in spring; however, you can be sure it will be hot (!!!) so dress appropriately for the temperature, wear comfortable shoes, and water to drink. To get to the TARGET trailhead, "Greenways for Nashville" has a printable map on the Internet at www.nashville.gov/greenways/maps.asp (scroll down the page to the "RC - Richland Creek" link to the reach the printable PDF). If you are unable to access the Internet for the map, the TARGET trailhead is between the Target & Steinmart stores on White Bridge Road (White Bridge Road connects West End Avenue and Charlotte Pike). If you need additional information, call Diane Manas at 615-352-7777.

Jun 13 - After Work Walk on Richland Creek Greenway, West Nashville. See description above.

Jun 18 - After Work Walk on Richland Creek Greenway. West Nashville. See description above.

Jun 23 - Pinson Mounds, Jackson, TN. This is a special archaeological park, set aside to protect the prehistoric remains found there. The Pinson Mounds grouping consists of at least 15 earthen mounds, a geometric enclosure, habitation areas and related earthworks in an area that incorporates almost 1,200 acres. Pinson Mounds is a national historic landmark and is listed on the National Register of Historic Places. The park features a museum designed to replicate a Native American mound. includes 4,500 square feet of exhibit space, archaeological library, an 80-seat theater and 'Discovery Room' for historical exploration. The park offers six-miles of trails including a nature trail and a boardwalk with a stop overlooking the Forked Deer River, which borders the park. The park is a 2-2.5 hour drive from West Nashville - I've never been there but I hear that it is worth the effort and so I will make it. I hope that some of you will join me. Call or email for further details. Karl Dupre (615)207-2250, karld@comcast.net.

Jun 26 - Chapter Meeting. We have a great program planned! We'll notify you by e-mail as soon as we have a confirmation from our speaker; or you may call Nora Beck at 615-517-6486. This month we're back to our regular meeting time of 7 p.m., and back to our regular meeting site at REI in Brentwood. Bring friends!

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR:

Scott M. Pun 731-881-7316 northwest@tennesseetrails.org Sandy Davis 731-587-9134

TREASURER:

northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR:

Cheryl Heckler 931-456-6437 plateau@tennesseetrails.org

SECRETARY/TREASURER:

Jim Grove 931-484-7900 plateausecy @tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Jun 2 - National Trails Day Event at Cumberland Mountain State Park, Crossville. Registration will be between 7:30 and 8:00 am CT on the restaurant patio. You can stop by the park's wildlife booth while waiting for the hikes to begin at 8 am. The Friends of Cumberland Mountain State Park will be selling bottles of water and snacks to take on your hike. We will have various levels of hikes from an easy 2 miles to a moderate 8 miles. Please bring water and snacks for the trail or buy them at the Friends of Cumberland Mountain State Park booth. Wear sturdy athletic shoes or hiking boots and clothing appropriate for the weather including a rain jacket or poncho in case of rain. The four hikes to choose from are: (1) 2 mile loop on Byrd Creek trail. The hike is an easy loop around the banks of Byrd Creek enjoying a diverse forest, Mountain Laurel and Rhododendron along the way. (2) 3 mile loop on Pioneer Short Loop and Byrd Lake trails. The hike is a fairly level trail that begins on Byrd Lake Trail crossing over the park's old stone dam before continuing on a pleasant, easy walk around Byrd Lake. The hike will continue on Pioneer Short Loop which follows one of Byrd Lake's feeder streams before crossing on a suspension bridge and returning along the other side of the lake. (3) 5 mile loop on Pioneer Short Loop with Pioneer Loop. Moderate. This hike begins fairly level on the Pioneer Short Loop which follows one of Byrd Lake's feeder streams before continuing on Pioneer Loop along upper Byrd Creek to Old Mail Road. There are a couple of short steep stream crossings. After crossing a stone bridge the hike returns along upper Byrd Creek through fat man's squeeze. The hike continues along the creek lined with Mountain Laurel & Rhododendron. A short segment continues in the woods along the golf course before crossing a suspension bridge for your return. (4) 8 mile loop on Cumberland Plateau Trail & Overnight Trail. Moderate. This hike will begin on the Cumberland Plateau Trail which loops through a diverse forest downstream from the dam along Byrd Creek. It continues on Byrd Creek trail crossing over the Boy Scout bridge before intersecting with the Overnight trail. The Overnight Trail winds through the hills flanking Three-mile Creek and a diverse forest before returning back on the Cumberland Plateau Trail. For more information contact Cheryl Heckler by e-mail at thehecklers@charter.net or at 931-456-6437.

Plateau Chapter - con't

Jun 23- John Litton Loop. Big South Fork National River and Recreation Area. The John Litton loop is about a 6 mile long hike with some small waterfalls and some rock formations along the way. The trail is named for John Litton who settled in the area around 1900 and his dwelling and outbuildings are still standing. The hike is rated moderate. Meet behind the Cracker Barrel at 8 am CT. For more information and to register, contact Howard Owens at 931-484-1328 or owenshb@charter.net.

SODDY-DAISY CHAPTER

CHAPTER CHAIR:

Bob McGavock 423-667-2960 soddydaisy @tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Jun 2 – National Trails Day at Greenway Farm Cabin. 10 am-3 pm ET. Club members need to be at cabin by 9:30.

Jun 5 – Craven House to Sunset Rock and back. 3-4 miles. Moderate. Meet at Red Bank Bi-Lo parking lot at 8:00 am ET.

Jun 9 – Sluder Lane to Big Soddy Creek and back. 10 miles. Slightly strenuous. Meet at Durham parking lot in Soddy Daisy at 8:00 am ET.

Jun 12 – River walk. Meet at dam parking lot at 9:00 am ET. Easy. Contact Earl Helmer at 770-877-0600.

Jun 16 – Flipper Bend. Meet at Walmart in Soddy Daisy at 9:00 am ET. Moderate. Contact John Politte at 423-304-8327.

Jun 19 – Chickamauga Creek Levy—Shallowford Road Trailhead. Meet at Target parking lot on Hwy 153 at 8:00 am ET. Approximately 2-hour hike. Easy

Jun 23 – Booker T. Washington State Park. 4.5 miles. Easy. Meet at Target parking lot on Hwy 153 at 8:00 am ET.

Jun 26 – Upper Leggett Road to Lower Leggett Road. 3 miles. Moderate. Meet at Durham parking lot in Soddy Daisy at 8:00 am ET.

Jun 30 – Edwards Point to Mushroom Rock. 5 miles. Easy to moderate. Meet at Red Bank Bi-Lo parking lot at 9:00 am ET. Contact Bob McGavock at 423-667-2960.

Unless otherwise indicated, contact George Bonneau at *george.r.bonneau@gmail.com* or 423-842-3619.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948 sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,

Hendersonville First United Methodist Church, 217 E. Main St. Hendersonville, TN

Jun 2 - National Trails Day. Hendersonville Greenway/Drake's Creek Trail. Hendersonville's Mayor Scott Foster will lead a two mile hike on the paved greenway system in Hendersonville. Please meet at the Hendersonville Public Library, 140 Saundersville Road, at 10 am CT. Note: this is a different meeting place than was published in the May TTA Newsletter. Transportation will be provided back to the library for participants. For further info, contact "Creeky Al" Ballenger at ballallenger@aol.com or 615-347-2623.

Jun 5 - Chapter Meeting. Meredith Hansel, Land Protection Assistant with The Land Trust for Tennessee, will give a presentation on the work of The Land Trust in the Middle Tennessee community. The Land Trust is a statewide, non-profit organization that works to preserve family, historic and public lands for future generations. The talk will include The Land Trust's work to create open space and recreation areas as well as the background of the organization. Light refreshments will be served and guests are always welcome, so please invite family and friends to attend with you.

Jun 23 - Picnic/Pool Party at the Horton's. Please join us at the home of James and Kelly Horton, 102 Meadow Court, Hendersonville (Indian Lake Forrest neighborhood) for their annual picnic/pool party. The festivities will commence at 5 pm, with a potluck dinner and a relaxing swim in their pool. Kelly and James will be grilling kebobs, and attendees should bring a side dish to share. Please call 615-294-8309 so Kelly can plan for food. See you there!

Planning Ahead:

The July 3 Chapter meeting has been cancelled due to Independence Day celebration events. We hope all members and friends of the Chapter have a happy, safe holiday and will see you on the trails in July and at the Chapter meeting August 7.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHÀIR:

Louise Miniard 931-528-9115 uppercumberland@tennesseetrails.org

Jun 23 - Mt. LeConte, Great Smoky Mountains National Park, Gatlinburg, TN. 13 miles. Strenuous. We will hike a section of the Appalachian Trail to its junction with the Boulevard Trail, which makes a gradual ascent of Mt. LeConte along a crooked ridge connecting the mountain to the main Appalachian chain. As the elevation never drops below 5000 feet on the ascent, temperatures should be pleasant. We will descend by way of the spectacular Alum Cave Bluff Trail. There are many excellent viewpoints along the Boulevard and Alum Cave Trails. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, water, lunch, and hiking boots. For information and to register Richard Savage at 931-526-2035 savage richard@hotmail.com.

> In loving memory Cindy Johnson



"Do not go where the path may lead, go instead where there is no path and leave a trail."

-- Ralph Waldo Emerson

OFFICERS:

President

Millette Jones 615-397-9588

president@tennesseetrails.org

Vice-President

Carolyn Miller 931-839-3213

vicepresident@tennesseetrails.org

Treasurer

Ann Jacobs 615-896-3935

treasurer@tennesseetrails.org

Secretary

Diane Manas 615-352-7777

secretary@tennesseetrails.org

Past President

Don Dresser 731-668-4190

pastpresident1@tennesseetrails.org

Previous Past President

Rosemary Marshall 865-548-6171

pastpresident2@tennesseetrails.org

West TN At-Large Director

Gravdon Swisher 901-737-3114

we stregional @tennesse etrails.org

Middle TN At-Large Director

Nora Beck 615-517-6486

middleregional@tennesseetrails.org

East TN At-Large Director

Levonn Hubbard 931-707-1020

eastregional@tennesseetrails.org

Membership Director

Ron Dunn 615-867-3301

membership@tennesseetrails.org

Cumberland Trail Conference Representative

Diane Manas 615-352-7777

CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative

Bob Richards 615-532-0753

TRAC@tennessee trails.org

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	For Newsletter Dated
Jun 10	Jul 1
Jul 10	Aug 1
Aug 10	Sep 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

SECOND QUARTER

Jun 2National Trails Day (Statewide)

THIRD QUARTER

Α	ug 4	Board	of Dir	ectors' Q	uartei	rly Meeting
		(Locat	tion TB	A)		
S	Sep 8-15	Bike	Ride	Across	ΤN	(B.R.A.T.)
						erland Trail
S	ep 20-23 .					lition. 2012
Meeting. (Fall Creek Falls SP)						

Sep 29National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 26-28TTA's Annual Meeting; hosted by Clarksville chapter. Brandon Spring Group Center at Land Between the Lakes.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	/ES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM A NEW MEMBER Jun 12 RENEWING MY MEMBERSHIP Memberships are for one year, unless you have a Lifetime Membership. Gift Memberships are also available. Contact our Membership Director, Ron Dunn 615-867-3301 membership@tennesseetrails.org			Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446	
	Individual	\$25.00	Name	PRINT CLEARLY.	
	_ Family _ Student (FULL TIME) _ Supporting (\$50.0 _ Life Member (Individua	\$35.00 \$15.00 0, \$100.00 or more)	Home Phone ()	State Zip	
**	Life Member (Family) CTC Membership**	\$750.00	e-mail	ress in the TTA Annual Membership Directory	
Trail Corenewing Cumberle Cumberle and open www.cum	cial \$5.00 rate for membershing frence if you also are your TTA membership. CT and Trail, which will go from and Gap. Over 185 miles a for hiking. More information aberlandtrail.org. Please commitment to Tennessee's grea	joining TTA or C is building the C hattanooga to re now complete c can be found at rsider enhancing	Please list me with the following chapt Clarksville Columbia/Franklin Cove Lake Dyer County East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma Jackson Memphis	ter: MurfreesboroNashvilleNorthwest (UT at Martin/Weakley)Plateau (Crossville)Soddy Daisy a)Sumner Trails (Sumner County)Upper Cumberland (Sparta/Cookeville)At Large	
responsit announce chapter a refreshme to learnin	pilities, etc. (2) TTA's monthly ements, as well as events of and how to reach them. You ents. In addition, our annual g about the progress and pla	r newsletter, containing infocurring within TTA's Asso are invited to attend any meeting is held in the fall a ins of the organization.	formation on hiker safety, upcoming hikes/ov ociate Organizations - C.T.C. and T.R.A.C. (number of monthly meetings scheduled, what one of Tennessee's many parks for a weel	ntaining information about TTA, trail etiquette, hiker remight trips, volunteer opportunities, chapter meeting (3) Annual Membership Directory, listing members by here you will enjoy diverse programs, socializing and kend of hiking, camaraderie and programs, in addition	