TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Supporting Memberships

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donation of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Projects previously funded through the program include new benches in Warner Park and Beaman Park honoring Bob Brown, co-founder of Tennessee Trails Association and co-visionary of the Cumberland Trail, supplies for trail cleanup at Bledsoe Creek State Park, and funding assistance for the Cumberland Trail Conference Spring Breakaway program.

We would like to recognize and thank these Supporting Members: Betty S. Magee, David & Melissa Klein, Harold & Martha McCurdy, John & Estelle Sheahan, Bryce West, Sam & Emilie Powell, Steve & Kathy Zuck, Janet Sheahan, J. William Blevins, Nancy & Allen Crawford, Dr. Wally & Pat Bigbee, Karl & Katherine Dupre, Janice Ledbetter, Pamela Smith, Marie T. Jones, and J. Franklin Jones.

In addition, we would like to recognize our most recent *Life Members*, **Sandra Janus** and **Catherine Gilreath.**

Thanks to you all!

Evan Means Small Grants Program Deadline is Dec 31, 2012

In February 2013, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources. Project proposals are due no later than December 31, 2012.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2013 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

TTA Grants Administrator P. O. Box 41446 Nashville, TN 37204

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.



Email: cumberlandtrail@rocketmail.com Website: www.cumberlandtrail.org

No activities are planned for this month.

Stay tuned for details about Winter Breakaway!

Shop amazon.com Through TTA's Website

When you buy books (or anything else) at amazon.com through TTA's website, TTA benefits!

We have an arrangement with *amazon.com* where TTA receives a commission on <u>all</u> items purchased (such as books, magazines, music, electronics, even perfume) when you enter their site through our website. It's very easy! Go to the TTA website (*www.tennesseetrails.org*), navigate to the "TO BUY!" page, then follow the link to the "VIRTUAL BOOKSTORE." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and <u>do not</u> sign up for their one-click service.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692

clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849

clarksville @tennesseetrails.org

TREASURER: Chris Everett 931-494-8038

clarksvilletreas@tennesseetrails.org Judith Tate 931-920-2692

clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-645-9068

clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT, Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site:

SECRETARY:

http://www.tennesseetrails.org/blog/clarksville

Nov 3 - Mouse Tail Landing State Park, Linden, TN. 8 miles. Moderate. Allison Bennett 931-647-0943. Meet 7:30 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN. 90 miles to trailhead.

Nov 10 – Fontanel. 2 miles. Easy. Eat lunch at their restaurant. Chris Everett 931-494-8038. Meet 8:30 am CT, I 24 Exit 11 commuter parking lot. 30 miles to trailhead.

Nov 17 - Overnight hike; Fort Henry Loop (Artillery and Telegraph Trails), Land Between the Lakes, Stewart County. 18 miles. Moderate. J.R.Tate 931-920-2692. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 35 miles to trailhead.

Nov 20 - Monthly Meeting.

Nov 24 - Prior Creek, Land Between the Lakes. Paul Schwab 931-645-9068. Meet 8:00 am CT, Kroger parking area, Dover Crossing, Clarksville, TN. 47 miles to trailhead.

TIP

In the fall, winter and spring, always bring a stocking cap or warm hat. Weather is often unpredictable, and covering your head will keep you more comfortable in a variety of conditions.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR:

Marvin Caine 931-486-1632 columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Nov 3 – Workday at Stillhouse Hollow Falls, Columbia, TN. We will be installing steps on the trail and plan to meet at the trailhead at 8:30 am CT. Anyone interested in helping out should contact Marvin Caine at *mlcaine @aol.com* or 931-626-2754.

Nov 6 – Chapter Meeting. Larry Marcum from Bethesda and Douglas Pittman from Franklin recently returned from a 10 week motorcycle trip through Canada and Alaska. They traveled more than 16,000 miles as they visited the Canadian Rockies, rode the ALCAN, Top of the World, and Dalton Highways, toured Denali and many other national, state and provincial parks, and visited several cities in Alaska and the Pacific northwest. Larry will give an update on their trip and share some of his favorite experiences from this "trip of a lifetime".

Nov 9 through 11 - Weekend in the Smokies: We will travel (car pool) on Friday so hiking can start in good time Saturday morning. The two hikes are listed below.

Nov 10 – Charlies Bunion Trail, Great Smoky Mountains National Park, TN. 8 miles. Moderate. Offering panoramic vistas and rock outcrops, this hike begins at Newfound Gap, goes to Charlies Bunion and back and is part of the Appalachian Trail. This area has spruce and fir forest, unusual for the latitude but the cool temperatures at the high altitude crest of the Great Smokies permit their growth. Bring water, sturdy hiking boots, and lunch for the trail. For more information and to register, please contact Laura Barber at Ilbarber@earthlink.net or by cell phone at 931-797-4450.

Nov 11 – Cucumber Gap Loop, Great Smoky Mountains National Park, TN. 5.5 miles. Easy. The loop includes Little River Trail, Cucumber Gap Trail and Jakes Creek Trail. Little River is actually pretty big. It drains a large area of the Tennessee side of the Smokies, carries a lot of water and has branches from the highest ridges. There is one stream crossing, easily done on stepping stones, unless there have been recent heavy rains. Bring water, sturdy hiking boots, and lunch for the trail. For more information and to register, please contact Laura Barber at Ilbarber@earthlink.net or by cell phone at 931-797-4450.

Nov 24 - Honey Creek Loop Trail, Big South Fork National River & Recreation Area, Jamestown, TN. 4.5 miles. Difficult. This spectacular hike is rated difficult due to elevation change and rugged terrain. The trail crosses Honey Creek and goes over, under and around huge boulders. The scenery is awesome and, if we get rainfall, we should be able to see waterfalls and cascades. We'll stop for breakfast in the West End Cafe in Jamestown and have lunch on the "big flat rock." We will also stop for dinner on the way home. Bring sturdy hiking boots, a change of clothes, water and lunch. We will meet at 4908 Main Street (Hwy 31), behind McDonald's in Campbell 's Station Shopping Center on the north end of Spring Hill and leave at 6:30 am CT. Register with Rick Lausten at saturncar1 @aol.com or 615-516-1417 (cell).

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR:

John Redmon 423-869-8286 covelake @tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:

Kathy Sarvis 865-494-0374 covelakehikes @tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Hike information unavailable at press time.

DYER COUNTY CHAPTER

Graydon Swisher

901-737-3114

westregional@tennesseetrails.org

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER

(Oak Ridge / Knoxville)

CHAPTER CHAIR:

VICE-CHAIR:

Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Nov 3 – North & South Old Mac Trails, Frozen Head State Park. 9 miles. Moderately difficult. Come join us this hike up South Old Mac trail to Frozen Head Lookout Tower. The view at the tower on a clear day is great! You can actually climb to the top of the tower via many steps. Going to the Panther Gap Rock House at the end of the South Old Mac trail will be an option. After the hike to the tower we will return to our cars down the North Old Mac trail. Meet at 9:00 am ET at the Visitors Center. To register, contact Carolyn Reeves at 865-717-3528.

Nov 8 – Hike planning for 2013 at Panera's (Cedar Bluff Exit). It's just around the corner from Dick's. We will meet about 6:00 pm on this Thursday evening. Bring your calendar and your favorite hikes. Dinner will be free for all members. Come join us at Panera's. Contact Rosie 865-951-8317 or rosemary L@hotmail.com.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540

highlandrim@tennesseetrails.org
SECRETARY Carolyn Fitz 931-598-0597

highlandrimsecy @tennesseetrails.org
TREASURER: Marietta Poteet 931-924-7666

SURER: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Nov 3 – Raven Point, Fiery Gizzard Trail, Tracy City, TN, 9. 6+ miles. Difficult. Jim and Marietta Poteet will lead a hike to Raven Point along the beautiful Fiery Gizzard Creek. The trip will go along the Fiery Gizzard Trail with a side trip to Sycamore Falls, up the Dog Hole Trail to the Raven Point Campground. Then we will go out to Raven Point. The hike is 9.6+ miles and is considered moderate to difficult due to length, elevation change and rocky trail condition. Please bring lunch, snacks, and plenty of water. Good boots are a must and hiking sticks and head lamp are recommended. For further information please contact Marietta or Jim at 931-924-7666 or email at nannietta@blomand.net.

Nov 9 10, 11 – Annual Meeting of the Friends of Tennessee State Parks, Fall Creek Falls State Park, Pikeville, TN. This is a weekend of hikes, cookouts, informative meetings, blue grass music and fun. This is an opportunity to meet folks who support our State Parks and learn what all our parks have to offer. Enjoy the stunning waterfalls, towering trees, deep gorges, and high ridges of Fall Creek Falls State Park. While hiking to the base of the highest waterfall in the eastern U.S. you will pass through ancient rock layers, mountain laurel, rhododendron and towering hemlocks. You can bike or drive the scenic loop for views of Cane Creek Gorge. Join in! Contact Joan Hartvigsen at 931-962-0811 or jhartvigs@comcast.net.

Nov 17 - Eat-Hike-Eat, Perimeter Trail, Sewanee, TN . 3.4 miles, moderate. Come join us at 9:00 am CT for breakfast and coffee at the Blue Chair or come at 9:30 am if you just want to hike. This month we will cover the Perimeter Trail from Green's View back to the Blue Chair, through Shakerag Hollow with an optional side trip to Piney Point. Bring water and a snack. Contact Cathleen Close at 931-841-1448 or cathleenclose @gmail.com.

Highland Rim - con't

Nov 23 – Post Thanksgiving Hike, Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Moderate. This is a joint hike with the Murfreesboro Chapter. See the Murfreesboro listing for hike description. Bring water and snacks and hiking sticks. Meet at 9:00 am CT at the Visitor Center/Museum. Contact Joan Hartvigsen for more information.

Nov 24 - West Rim Loop Trail and Waterfalls Trail, Cloudland Canyon State Park, Rising Fawn, GA. 7 miles. Moderate to strenuous. This Georgia park is located on the western edge of Lookout Mountain. The park straddles a deep gorge cut into the mountain by the combined waters of Bear and Daniels Creeks. On the West Rim Trail bring binoculars to view hang gliders, Peregrine Falcons and Vultures. Beginning at the Daniels Creek Bridge and climbing out of the canyon onto the plateau, the trail provides magnificent views of Trenton, Georgia, Lookout Valley, Sand Mountain and of Cloudland Canyon itself. The trail is lined with rhododendron, mountain laurel, oaks, hickories, hemlocks. On this trail we will be able to gaze down into lovely Sitton Gulf. The Waterfall Trails features hemlocks and towering yellow poplars and two waterfalls cascading off sheer faces at 60 and 90 feet. Bring water, lunch, snacks, hiking sticks and a head lamp. For carpool information and to register Joan Hartvigsen at 931-962-0811 ihartvigs@comcast.net.

Nov 26 – Chapter Meeting. We will have dinner at 5:00 pm CT at Casa Mexico, 1615 North Jackson St., Tullahoma, TN (between AEDC Credit Union and Kentucky Fried Chicken). Our meeting is at 7:00 pm at D. W. Wilson Community Center, 501 N. Collins St., Tullahoma. Robin Wooten, Manager of the Natural Areas Program, State of Tennessee, is our speaker. Robin will talk on the history and future of our beautiful Scenic Areas and present her slide show of Tennessee's State Scenic Areas.

TIP

Dressing in layers will allow you to adjust to different levels of exertion. Weather can change unexpectedly in the spring, fall and winter, and proper layering will help keep you comfortable, warm and dry.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336 jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190

jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

Nov 5 -- Monthly Meeting.

Nov 10 -- Fort Pillow State Park, Henning, TN. 8 miles. Moderate. This will be an 8-mile hike rated moderate because of the terrain. Please bring lunch/snack, plenty of water and sturdy hiking boots. For additional information and to register, please contact Don Dresser at 731-668-4190 or Donald Dresser@usit.net.

Nov 17 - Cane Creek Canyon, Tuscumbia, AL. 8 Miles. Moderate to Difficult. Quote from Huntsville Times article about Cane Creek Canyon Preserve: "Just south of Tuscumbia, Alabama is a large swath of wild streams, box canyons, waterfalls, rock shelters and sandstone bluffs remains nearly as pristine and wild as it did centuries ago". The cover picture on the book "Hiking Alabama" shows the Under Bluff Trail within Devils Hollow - this is one of those places that should not be missed. We will do a day-long multi-mile trek into the deep recesses of the canyon to the far end of the property and back. The hike will allow for those who wish a shorter jaunt of 4 miles. Spend an entire day gazing at waterfalls, rock formations, and giant trees. This place is absolutely beautiful - I can't wait. additional information, please contact Glen Rognstad, at glenrognstad@gmail.com or 731-217-5966.

Looking ahead:

Dec 8 – Meeman-Shelby State Park, Millington, TN. Joint hike with Memphis Chapter.

Dec 15 - Big Hill Pond State Park, Pochantas, TN.

<u>TIP</u>

Avoid cotton clothing as "cotton is rotten" and "cotton can kill" when outdoors in cooler temperatures. Cotton dries slowly and won't keep you warm when you get wet, while wool, fleece and other synthetics will. Reconsider wearing jeans if rain is predicted – they weigh too much and take forever to dry.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis @tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108

memphisvice @tennesseetrails.org

Nov 3 - Herb Parsons Lake. - Fisherville located northeast of Collierville, near Collierville Arlington Road and Macon Road. We will meet at the lake at 9:30 am CT for an easy 6-mile walk through the woods and around the lake. Bring snacks and water. For information call Linda Walston at 901-606-9866.

Nov 10 - Big Hill Pond State Park, near Pocahontas, TN. 6 - 8 miles. Moderate. This loop trail will begin at the boat dock as we follow Dry Ridge Trail to Tuscumbia Trail passing Grassy Point shelter at about the one mile mark. Our snack/lunch stop will be at the Watchtower, providing panoramic views of the Tuscumbia River Valley, the colors of autumn. At this time the boardwalk at Dismal Swamp is under repair, our descent will take us on the Horse trail for a short distance until we merge with the main trail tracking Travis McNatt Lake and our return to the boat dock area. Bring snacks/lunch and plenty of water. Boots and poles are recommended. Rain will cancel the hike. We will meet at the boat ramp at 9:30 am. Parking is at the boat dock and picnic/restroom area a short way back from the boat dock. For information contact Pat Mazzeo at 901 725-1842 or ssandy6@hotmail.com.

Nov 17 - Shiloh National Military Park Historical Walk. Preregistration required. This hike will follow the route of the brigade of Gen. Patrick Cleburne as it advanced into battle on the morning of April 6th. Gen. Patrick Cleburne, commander of this brigade was an Irish immigrant who had served briefly in the British Army. He had come to the United States and settled near Helena, Arkansas where he helped to raise the 15th Arkansas to assist the Confederacy when the war broke out in 1861. Cleburne's Brigade was made up of 2,750 men from Tennessee, Arkansas and Mississippi. They would suffer the heaviest casualties of any unit on the Battlefield including the 6th Mississippi which suffered over 70% losses. Cleburne would go on to become one of the outstanding Confederate commanders, sometimes called the "Stonewall Jackson of the West" until his death leading a charge at Franklin in 1864, We will meet at 9:00 am and hike 5-7 miles. Some of it will be cross country and is a fun hike added to great story telling. Charlie Spearman has limited the number of participants to 25. Meet at the intersection of Tennessee Highway 142 and 22 adjacent to Shiloh and park in the parking lot of Shaw's Restaurant (closed). Drive time is approx 2 hours. To register go to http://memphis.tta.allyancegroup.com create an account and sign-up for the trip. If you need a password or assistance registering e-mail charlie.bright2010@gmail.com.

Nov 24 - Meeman-Shelby Forest Chickasaw Bluff Trail. Meet at the park Visitor Center at 9:00 am for a 6-mile hike. We will shuttle to the North Chickasaw Bluff trail head. The trail starts at the top of the bluff and drops quickly down about 150 feet to the flood plain. The rest of the Chickasaw Bluff Trail is quite level. We will stop at the Woodland Shelter then return to the Visitor Center. Trail is rated moderate for several hills and distance. Bring water and snacks/lunch. Sturdy shoes or hiking boots recommended. Questions, call Freddi Felt at 901-737-8882 or email at *jfelt2* @comcast.net. Rain cancels hike.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610 murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935 murfreesborotreas@tennesseetrails.org

Mary Belle Ginanni 615-895-6072 **MEMBERSHIP**

murfreesboromembership@tennesseetrails.org Valerie Galan 615-586-2882 **PROGRAMS**

murfreesboroprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791 murfreesborohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro BLOG: www.tennesseetrails.org/blog/murfreesboro

Nov 3 - Bowling Farm Potluck Social and Hike. Approx 4 miles. Moderate due to terrain that is not maintained by a park. Join us for our annual fall color walk. Hopefully there will be some color left but as always this is a social event at the country home of Winston and Billie Jo Bowling. Bring a side dish to share, comfortable shoes, hiking sticks and come ready to socialize. We will hike and then eat and if you are unable to hike---COME ANYWAY and enjoy the rockers on the front porch, you won't be alone. YOU MUST BE A MEMBER or family of a member of the Tennessee Trails Association to join this outing. For information or to register please contact Tony Jones at awj1968@comcast.net or 615-397-4463. We will have a carpool from Murfreesboro.

Nov 10 - Twin Arches/Charit Lodge. 5.5 Mile Loop. Difficult due to some steep grade changes. The hike begins at the Twin Arches Trailhead located 2 miles off the Divide Road. We will cross the north arch, descend the steps between the arches and then traverse the loop to Charit Lodge in a clockwise direction. From Charit Lodge, we will follow the trail back up to Jakes Place, then back to the foot of the arches for the climb back to the trailhead. Wear sturdy hiking shoes and pack a lunch which we will eat at the Charit Lodge area, and lots of water. Please register to join this hike with Sara Pollard at 615-714-3610 or sarabpollard@gmail.com. Sara will lead the travel caravan from the Park and Ride lot on Broad Street in Murfreesboro, near 840, leaving at 7:00 am. The caravan will meet Jim Schroeder at the trailhead at 10:00 am CT. Jim will lead the hike, accompanied by 6 family members from across the Midwest. (Google Maps indicate it is a 140 mile drive taking 2 hours and 45 minutes to the trailhead off the Divide Road.)

Nov 13 - Monthly Meeting. Barfield Crescent Park Wilderness Station at 6:00 pm. This will be our hike planning meeting for January-June 2013. Bring your calendar to schedule hikes you want to lead or ideas for hikes you would like to experience. We will also have our chapter officer elections for the year 2013. For information, contact Sara Pollard at 615-714-3610 or sarabpollard @gmail.com.

Nov 17 - The Trails of Henry Horton State Park. About 4 miles between two trails located at this park in Chapel Hill. Easy. This is a FAMILY FRIENDLY HIKE so bring your kids and enjoy a nice easy afternoon walk. (NO PETS, PLEASE). We will hike the Wild Turkey Trail 2.5 miles in length. The Turkey trail loops around cedar glades with some limestone outcroppings and on most occasions wild turkey can actually be seen here. The second trail is Old Mill Trail - better known as the Wilhoite Mill Trail. This one mile loop goes through the most historic areas of the park. We will walk along the Duck River to the old Mill Site, Dam and For information or to register contact Tony Jones at bridae. awi1968@comcast.net or 615-397-4463.

Nov 23 - Old Stone Fort Day after Thanksgiving Walk. 4 miles. Moderate. This is our annual Day after Thanksgiving turkey walk-off. This joint hike with the Murfreesboro /Highland Rim Chapters is a family friendly hike. Please bring your family and enjoy the Duck River, Little Duck River, Millennia old Earthen Walls and waterfalls that are spectacular this time of year. After the hike we will go to a local eatery for lunch. If you would like to meet at the Visitors Center, please be there by 9 am - there will be a carpool from the Murfreesboro Area. For more information or to register-Murfreesboro members contact Tony Jones at awi1968@comcast.net or 615-397-4463 and Highland Rim members contact Joan Hartvigsen at ihartvigs@comcast.net or 931-962-0811.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Doug Burroughs nashville @tennesseetrails.org

Nancy Juodenas

OUTINGS COORDINATOR:

nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Nov 3 - Grundy Lakes and Grundy Forest Day Loop, near Tracy City. Grundy Lakes is the site of the Lone Rock Coke Ovens where locally mined coal was converted to coke using convict labor until 1896. The coke ovens remain as a historic reminder of these times. The trail circles the largest of the four lakes and loops by remains of the Coke Ovens. This trail is 1.5 miles and is rated easy. After lunch at the lake picnic area, we will travel to the Grundy Forest Day Loop Trailhead.n This short day loop gives an introduction to the Fiery Gizzard area, passing by small cascades, old CCC camp remains, and a couple of nice swimming holes. It meets up with the more difficult and dramatic Fiery Gizzard Trail midway through the loop. This trail is 2 miles and is rated easy. Of course, no visit to the area would be complete without a visit to the Dutch Maid Bakery in Tracy City. You will need to bring lunch, sturdy walking shoes, and water. For more info and to register, contact Libby Francis, libbyslibbys@comcast.net or 615-889-5718.

Nov 10 - Rock Creek Gorge on the Cumberland Trail. 6.5 miles. We will begin along Rock Creek on the Connector Trail for 1.2 miles and then join the Rock Creek Loop, taking a right, uphill. We'll take a break at the Leggett Point Overlook and then continue on down to Boiling Springs Bridge. We'll hike a short ways to Rocky Branch Bridge and enjoy lunch, and then head back, rejoining the other side of the loop, then the Connector Trail back to cars. This trail section is moderate with some up and down hill stretches. We will meet at 9 am at the Lower Leggett Road trailhead parking lot. Location is about 25 miles north of Chattanooga. Coming north from Chattanooga on US 27: turn west (left) on Leggett Road just north of the Sale Creek community. The lower Leggett parking area is on the left at 1.4 miles. It is a paved parking lot with plenty of marked parking spaces. Hike leader Tom Vickstrom; for more information e-mail: tomzinger55@gmail.com.

Nov 17 - Fiery Gizzard and Dog Hole Trails, South Cumberland State Park. Tracy City, TN. The Fiery Gizzard portion of this hike is perhaps one of the most diversified and beautiful in TN. The first part of the hike is the most rugged and somewhat challenging because of the rocky (i.e. huge boulders) and uneven terrain, plus the steep ascent from the gorge onto the Plateau. Upon reaching the Plateau and Dog Hole Trail, the terrain levels out and for the remainder of the day it is smooth hiking. Along the way, we will visit Sycamore Falls (12-ft. high waterfall has a gorgeous setting), pass Black Canyon (named for the organic stains on the rocks where Little and Big Fiery Gizzard Creeks merge), and lunch at Raven Point (a spectacular overlook of Gizzard Cove). The hike is approximately 10 miles and rated moderate to difficult due to the very uneven and rocky trail tread and the length of the hike. Sturdy hiking shoes/boots are a must! Bring water, snacks, lunch and the 10 Essentials. Also, carry a few small bills to pay towards the carpooling gas. The drive to the trailhead is almost 2 hours so the plan will be to leave Nashville around 7:00 am CT. For more information, carpool meeting location, and to register, call Diane Manas at 615-351-6431.

Nov 18 - Honey Creek, Near Rugby TN. This is a strenuous hike through creeks, over boulders, and up steep and rugged terrain. But, there will also be great overviews, waterfalls, and interesting geological Bring water, snacks/lunch, waterproof boots with ankle support, and clothing appropriate for the weather that day. There is an option after the hike to stop for food in Rugby or somewhere along the road back to Nashville. Call Doug Burroughs at 615-283-0507 for more information and to register.

NORTHWEST Chapter

(UT at Martin / Weakley County) Scott M. Pun 731-881-7316 **CHAPTER CHAIR:**

northwest@tennesseetrails.org TREASURER: Sandy Davis 731-587-9134 northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437 plateau@tennesseetrails.org Jim Grove 931-484-7900 SECRETARY/TREASURER:

plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Nov 3 - Twin Arches Loop Hike. Big South Fork. 5 miles. These two arches are the largest arches in the Big South Fork and quite possibly in the Eastern United States. The South Arch is the highest at 100 feet. After visiting the arches, we pass through several huge rockhouses along the base of the cliffs as we wind our way to Jake's Place, the remains of a mid-1800's house and farm. Then, we follow the creek to Charit Creek lodge where we will eat lunch. We ascend 500 ft. in almost a mile as we climb from Charit Creek past the arches and to the trailhead. moderately strenuous due to the flights of stairs and the continual climb from Charit Creek. Depart the parking lot behind Crossville Cracker Barrel at 8:00 am CT. To register and for more information, contact Carolyn Miller at 931-839-3213 or cardan @frontiernet.net.

Nov 8 - Chapter meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: Hiking the Amazon & Galapagos Islands by Mark Richie. Dinner at LaCosta Mexican Restaurant, 138 The Crossings, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-456-6437 for additional information.

Nov 17 - Virgin Falls, DeRossett. This is an 8-mile strenuous hike to the 110 foot tall Virgin Falls. Along the way, we will pass Big Branch Falls, Big Laurel Falls (30-foot waterfall), and Sheep Cave Falls. There is a stream crossing and some difficult footing on this hike with much up and down hiking. Wear boots: bring food for lunch, snacks and water. Depart at 8 am CT in front of the Crossville Tractor Supply store. To register contact Cheryl Heckler at thehecklers@charter.net or 931-456-6437.

SODDY-DAISY CHAPTER

CHAPTER CHAIR:

Bob McGavock 423-667-2960 soddydaisy@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

> Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Nov 3 - Retro Hughes Road to Heiss Mountain. Strenuous. Approximately 9-1/2 miles. Meet at Durham Street Parking Lot in Soddy Daisy at 8:30 am ET. Hike leader—George Bonneau.

Nov 6 - Raccoon Mountain. Easy to moderate. 4 miles. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike Leader - Bob McGavock.

Nov 8 - Trail maintenance day. Meet at Durham Street parking lot at 8:30 am ET.

Nov 10 - Flipper Bend. Slightly strenuous. Approximately 8 miles. Meet at Walmart in Soddy Daisy at 8:30 am ET. Hike leader—George Bonneau.

Nov 13 - Enterprise South. Easy to moderate. Approximately 4 miles. Meet at Target parking lot on Hwy 153 at 8:30 am ET. Hike leader—George Bonneau.

Nov 17 - Signal Point to Edwards Point and back. Moderate. Approximately 5 miles. Meet at Bi-Lo parking lot in Red Bank at 8:30 am ET. Hike leader-John Politte

Nov 20 - River Walk-from Boathouse restaurant to swamp and back. Easy. Approximately 4 miles. Meet at parking lot at Boathouse. Hike leader-Earl Helmer.

Nov 27 - Heiss Mountain trailhead to Possum Creek and back. Moderate. Approximately 3 miles. Meet at Durham Street parking lot in Soddy Daisy at 10 am ET. Hike leader—George Bonneau.

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948 sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,

Hendersonville First United Methodist Church, 217

E. Main St. Hendersonville, TN

Sign Up for the Chapter Listserve. If you've not been receiving reminders of the chapter's monthly meeting, hikes and other events, you need to sign up for the Sumner Trails Chapter listserve. Go to http://www.tennesseetrails.org/sumner.php to subscribe to this mailing list, to make sure you receive the reminders and announcements of any hikes scheduled after the deadline for inclusion in the newsletter. And while you're at the TTA website, check out all the other interesting, informative pages. Nov 6 - Chapter Meeting. In 1993, Tennessee passed legislation authorizing private, non-profit groups to organize for "maintaining and enhancing the purposes, programs and functions of the state park system". These groups, more commonly known as Friends, are concerned citizens who have banded together to assist in protecting, preserving and promoting the beauty and the splendor of their favorite state park. Sharon Armistead, President of the Friends of Bledsoe Creek State Park, and Susan Alsup, President of the Board of Directors of the Friends of Bledsoe Creek State Park, will present a program about their organization and the park. Sharon is a camper/fisherperson and Susan is a hiker, so they can give us first-hand knowledge about many of the recreational activities available at Bledsoe Creek.

Nov 9 - Nov 11 - Weekend Camping Trip to the Great Smoky Mountains National Park. We'll leave Sumner County on Friday morning and drive approximately 4 hours to Elkmont Campground in GSMNP. All participants are responsible for bringing their own "homes" (tent or camper), "kitchen" (food and cooking stoves/utensils) and "beds" (sleeping bags and pads). Please note there are restrooms with flush toilets and cold water at Elkmont but no showers. Campsites are first-come, first-served at this time of year. Where will we hike? Exact trails/routes will be determined based on weather, bear activity and group interest; however, everyone should be prepared for hikes of approximately 8 miles with ascents/descents, and all hikers must have gear and clothing suitable for the variable November weather. What do you get in return? The last of the autumn color, long views of the mountains, relatively few bugs, the smell of campfires, and an amazing peacefulness that makes this my favorite month to hike in the mountains. Folks are welcome to join us for camping and to laze around or do their own hikes. If you are interested, please RSVP to Anne at ttahiker@att.net.

Nov 17 - Stones River Nashville Greenway West. 4.9 miles. Moderate. This hike has two of everything: Two Rivers, Two Schools, Two Golf Courses, Two Tunnels, Two Bridges. We will start at Wave Country off Briley Pkwy and walk on paved Greenway through interesting and varied landscapes and beautiful views - we will end up at the Kohl's Trailhead at Lebanon Road where we will have left a car to take the drivers back to where we started. You won't need your boots for this hike but be advised that it does have some pretty good ups and downs. Meet at First Presbyterian Church in Hendersonville at 9 am CT or at Wave Country parking lot at Briley Pkwy Exit 10 at 9:45. We'll go to lunch at Santa Fe Cattle Company after the hike. For further info contact River Rat Al at ballallenger@aol.com (or after 4 PM on Friday) at 615-347-2623. For a preview of this hike go to www.cloudhiking.com/metro/stonesriver-1.php.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHÀIR:

Louise Miniard 931-528-9115

uppercumberland@tennesseetrails.org
R: Kathleen Sullivan 931-520-6294

HIKE COORDINATOR: Kathleen Sullivan 931-520-6294 uppercumberlandhikes @tennesseetrails.org

Nov 3 - Angel Falls Overlook Trail and Rapids Trail, Big South Fork NRRA. The Angel Falls trailheads are located in the Leatherwood parking lot off of Tn. Hwy 297, on the east side of the bridge crossing the South Fork. There are toilet facilities here. The Overlook Trail begins with an easy 2 mile trek along the river, followed by 0.8 miles of switchbacks ascending to the bluff top. A short walk reveals a fine view of the Big South Fork Branch and the adjacent forested hilltops. Round trip is 5.8 miles. After returning to the parking lot we can hike along the opposite side of the river for 2.0 miles. A short scramble over boulders reveals the class III/IV Angel Falls Rapids that remain many decades after the falls were dynamited. Combined hikes total 9.8 miles. Bring water, snacks, lunch and sturdy footwear. It has been suggested to wear orange due to hunting season. Meet at J.C. Penney's in Cookeville at 7:30 am to carpool. We will strive to leave the Leatherwood Ford Trailhead by 9:15 to provide ample daylight. To register call Pete Krauss at 931 864-7782 or thorvald@twlakes.net.

Nov 10 - Brady Mountain segment of the Cumberland Trail, Crossville, TN. We will hike the length of the trail from the Jewitt Road trailhead to highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. The hike is about 8 miles and is rated moderate to strenuous because of the elevation gain. A side trip to the site of an airplane crash is possible. Bring water, snacks, lunch, and hiking boots. You can meet us in the Penny's parking lot in Cookeville at 8:00 am CT. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Nov 17 - Edgar Evins State Park. At Edgar Evins we will hike the longest and most challenging trail there. It is the 5.5 mile Merritt Ridge Trail which rises upon the ridges from an intersection along the 2.5 mile Jack Clayborn Millennium Trail Loop. We will combine the two trails and enjoy approximately 8 miles of diverse terrain. Both the Millennium Trail and the Merritt Ridge Trail share the same trailhead which is located on the left just beyond the Maintenance Center on the right. Bring water, lunch, and snacks. It has been suggested to wear orange due to hunting season. Meet at the bank just off 111 across from McDonalds at 8 am CT, at JC Penney in Cookeville at 8:30 am or at the Edgar Evins Trailhead around 9 am. To register call 931 864-7782 or email Peter Krauss thorvald@twlakes.net Margaret or Massa mycorey@twlakes.net.

OFFICERS:

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president@tennesseetrails.org

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Bob Richards 615-532-0753

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

 Due
 For Newsletter Dated

 Nov 10
 Dec 1

 Dec 10
 Jan 1

 Jan 10
 Feb 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

TTA CALENDAR

The following dates in 2012 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

FOURTH QUARTER

NO STATEWIDE ACTIVITIES PLANNED

CARPOOL ETIQUETTE

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! <u>The drive to and from a trailhead is generally the most dangerous part of any hiking trip.</u>

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNES A NEW MEMBE RENEWING MY Memberships are for one year, Gift Memberships are also ava	ER 'MEMBERS , unless you have a Life	6 H I P time Membership.	Nov 12	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446
Ron Dunn 615-867-3	301 membership@	tennesseetrails.org PLEA	•	T CLEARLY.
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,		Address		
Student (FULL TIME) \$				State
Supporting (\$50.00, \$1	00.00 or more)	Home Phone ()		Zip
Life Member (Individual) \$5	00.00	Nork Phone ()		
Life Member (Family) \$75		e-mail □ Please do not list my e-m	nail address in th	e TTA Annual Membership Directory
** CTC Membership** **	\$5.00**	☐ I would like to receive my	y newsletter by e	mail.
** Special \$5.00 rate for membership in (Trail Conference if you also are joinin renewing your TTA membership. CTC is le Cumberland Trail, which will go from Cha Cumberland Gap. Over 185 miles are now co open for hiking. More information can le www.cumberlandtrail.org. Please consider your commitment to Tennessee's great trail the CTC.	ng TTA or building the uttanooga to omplete and be found at r enhancing	se list me with the following Clarksville Columbia/Franklin Cove Lake Dyer County East TN (Oak Ridge/Knoxville, Highland Rim (Manchester/T Jackson Memphis	:)	Murfreesboro Nashville Northwest (UT at Martin/Weakley) Plateau (Crossville) Soddy Daisy Sumner Trails (Sumner County) Jpper Cumberland (Sparta/Cookeville) At Large
responsibilities, etc. (2) TTA's monthly news announcements, as well as events occurring chapter and how to reach them. You are in	sletter, containing informing within TTA's Associat novited to attend any nun ng is held in the fall at on	ation on hiker safety, upcoming e Organizations - C.T.C. and T ober of monthly meetings sche	g hikes/overnight to T.R.A.C. (3) Annu- eduled, where you	information about TTA, trail etiquette, hiker rips, volunteer opportunities, chapter meeting al Membership Directory, listing members by will enjoy diverse programs, socializing and liking, camaraderie and programs, in addition

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions