# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



# TTA ANNUAL MEETING OCTOBER 25-27 Y'ALL COME!!!!

Wow! Autumn is here. Wooly worms are crossing the road – why do they do that? Dewy mornings are showcasing the spiders' nocturnal work. Leaves are donning their bright coats; are you ready to burn a trail rather than burn leaves? Apples are dropping, and school busses are rocking down the roads. OK, enough, but speaking of school, this TTA Annual Meeting update is a practice test – take notes!

## Q1: What dates should you have marked on your calendar?

October 25 – 27, 2013

#### Q2: Where is the 2013 TTA Annual Meeting?

- Fall Creek Falls State Park (FCF) is this year's meeting location.
- Entrance to the park is from TN Route 30 or TN Route 111.

#### Q3: How do you make a lodge reservation?

- Lodge reservations can still be made. Call the FCF directly 800-250-8610. Use code 5318 when you make your reservation.
- If no rooms are available, Carolyn Miller may be able to help! Contact her at 931-839-3213 or cardan@frontiernet.net.

## Q4: Where do you go when you arrive at FCF?

- Head to the FCF lodge and follow signs once in the park.
- Registration will be open on Friday 1:00-8:30 pm as well as Saturday morning 7:00-11:00 am.
- Your registration packet will include details for the meeting along with any meal tickets you purchased.
   (HINT: FCF is on Central Daylight Time.) More meeting details on http://www.tennesseetrails.org.

#### Q5: What should you throw in the car?

- Boots, hiking gear, toothbrush, socks, jammies, and teddy-bear
- Bake sale goodies
- White elephant sale and live auction items
- Driving directions
- Little pocket change cash bar on Friday and Saturday evenings and auction items
- YOU!

## Q6: Who do you grab for help during the TTA meeting?

 Not your momma – a TTA member wearing a light blue Heart & Sole t-shirt!

OK, so how did you do? Give yourself an A+ if you are joining us at Fall Creek Falls in October!

#### Rooms Available at Fall Creek Falls Inn

The Plateau Chapter needed to release any unreserved rooms at the Inn on September 10. However, I wanted to make sure that TTA members would have rooms available. I have reserved 10 rooms on Friday, October 25 and Saturday, October 26 to ensure that we would have rooms available for TTA members. If you want access to one of these rooms, please contact me to work out the details.

Carolyn Miller, Plateau Chapter. Home: 931-839-3213 Cell: 931-260-6674 cardan@frontiernet.net



Office Location 409 Thurman Avenue. Ste 102

Office Hours ......8am-2pm CT Phone: ......931-456-6259 Fax:.....931-456-4934

Email: cumberlandtrail@rocketmail.com

Website: www.cumberlandtrail.org

The CTC needs volunteer help with trail construction and maintenance. Besides the events listed below, if groups of eight or more volunteers are interested in trail construction on Graysville Mountain in Rhea County or trail maintenance on Cross Mountain in Campbell County, please contact the CTC office (contact information listed below). Dates and times can be arranged for a volunteer event. CTC will provide tools and instruction; volunteers will need safety glasses, work gloves, long pants, closed toe footwear.

Oct 4-6 - Cross Mountain, Campbell County. CTC will need volunteers to help with trail maintenance in the CT's New River section. Work will be on Cross Mountain near Cove Lake State Park, Caryville, TN. This work includes repair of trail tread and cutting back vegetation. Volunteers will meet at the trailhead on the top of Cross Mountain at 9:00 am ET. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. For further details and register for this event, please contact the CTC office.

Nov 9 - Volunteer Appreciation Day, Crossville, TN. Past and present Cumberland Trail volunteers and supporters are invited to a dinner and awards banquet to be held in Crossville, TN. A hike will take place on Black Mountain during the day with the banquet to follow. For more details and to RSVP, please contact the CTC office. CTC office can be contacted at 409 Thurman Ave, Suite 102, Crossville, TN 38555, 931-456-6259, or email Cumberlandtrail@rocketmail.com.

## ANNUAL MEETING HIKF INFORMATION AND SCHEDULE ON PAGES 7 AND 8.

#### CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692 clarksville@tennesseetrails.org

CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849

clarksville@tennesseetrails.org TREASURER: Chris Everett 931-494-8038

clarksvilletreas@tennesseetrails.org

SECRETARY: Robbin Cusic 931-542-3266 clarksvillesecy@tennesseetrails.org

Paul Schwab 931-645-9068

**OUTINGS COORDINATOR:** clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3<sup>rd</sup> Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Oct 5 - Springfield Greenway, Travis Price Park, Springfield, TN. 6 miles out and back. Easy. Eat at a restaurant in Springfield after the hike. Suva Bastin 931-645-2849. Meet 9:00 am CT. I 24 Exit 11 commuter parking lot. 25 miles to trailhead.

Oct 12 - Overnight hike, Virgin Falls Natural Area, Virgin Falls Trail. 8 miles. Difficult. Sandy Janus 931-551-8523. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 148 miles to trailhead.

Oct 15 - Monthly Meeting.

Oct 19 - Haynes Bottom Wildlife Management Area. 4 miles. Easy. Potluck Brunch after the hike. J.R.Tate 931-920-2692. Meet 10:00 am at J.R.'s house, 4713 Chester Harris Rd., Woodlawn, TN.

Oct 25 - 27 - TTA Annual Meeting.

#### **WILDERNESS FIRST AID COURSE OCTOBER 5-6** 9 AM CT TO 6 PM CT

Mark your calendars: Saturday, October 5th & Sunday, October 6th. REI in Brentwood and the NOLS Wilderness Medicine Institute, the leader in wilderness medicine education, are offering a comprehensive two-day course that will teach you the wilderness medicine skills you need to recreate with confidence in the backcountry. From the Patient Assessment System through traumatic, medical, and environmental emergencies, you'll experience a wide variety of topics designed to prepare you to act if an accident occurs. This is a 16 hour course over two days. The course begins at 9 am each day and runs through 6 pm, with a 1-hour break midday. Minimum age is 16 years old. You will have both classroom time and hands on practice scenarios. Practice scenarios may take place outside in various weather conditions; be prepared for inclement weather. No prerequisites required. Successful completion results in a Wilderness Medicine Institute of NOLS Wilderness First Aid certification. This course may be used to recertify Wilderness First Responder, Wilderness Advanced First Aid and Wilderness EMT (wilderness portion only) certifications if you hold a current or grace year WMI certification. Participants using the WFA to recertify their WFR need to pass both a written and a practical test. REI Members receive a discount on the 2-day course. Members (\$220) and Non-members (\$250).

Spots are limited so register today: http://www.rei.com/event/46374/session/74285/10132013.

## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** 

Marvin Caine 931-486-1632 columbia@tennesseetrails.org

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Oct 1 – Chapter Meeting. Randy Johnson has been section hiking the Appalachian Trail for many years with his family and others and will talk about the Appalachian Trail and discuss his experiences on the various hikes. He has hiked 980 miles of the trail so far.

Oct 5 - West Rim Loop and Gulch Falls, Cloudland Canyon State Park, Trenton, GA. 5+ miles. Moderate with some strenuous. This trail, located on the western edge of Lookout Mountain, has beautiful views as well as two waterfalls cascading over layers of sandstone and shale into pools. There are 1200 stairs to climb from the bottom of the canyon. Hike duration will be about 6 hours. Georgia state parking fee is \$5.00 per car. Wear sturdy shoes and bring plenty of water, lunch and snacks for the trail, and a change of clothes. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 5:45 am CT and leave promptly at 6:00 am. It will take approximately 3 hours to get there and we lose an hour to Eastern time. Please register with Robert Consalvo at 615-519-5584 or rconsalvo@aol.com.

Oct 19 – Survival Skills Program, Smith property, Franklin, TN. Beginning at 10:00 am CT, we will build campfires using 4 different methods, erect 3 different types of pole and limb shelters, prepare and cook our own meal over campfire coals or in the coals, and then enjoy some pioneer games and contests after lunch. Activities should be completed by 1:30 or 2:00 pm. Plan to bring your own meal to cook. Examples might include a pork chop, small steak or chicken breast and cut up potatoes and onion in aluminum foil (no pots). Location: Hwy 431 South just across from a white brick house at 2421 Lewisburg Highway. WATCH FOR TTA SIGN. Park in the corner of the field just inside and hike about 4/10 mile down to the creek location. To register contact Russell Smith at 615-790-1833 or carving082334@aol.com.

Oct 25-27 - TTA Annual Meeting.

#### **COVE LAKE HIKING CHAPTER**

CHAPTER CHAIR:

John Redmon 423-869-8286 covelake @tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:

Kathy Sarvis 865-494-0374 covelakehikes@tennesseetrails.org

**MEETS MONTHLY**: 1<sup>st</sup> Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Oct 17 - Trail maintenance day. We'll be working the trail at Eagle Bluff. Meet at the Jacksboro Middle school parking lot at 9 am ET (car shuttle - 4 wheel drive necessary); we will work until 1 pm (about 4 hours total). Bring lunch/snack, water, rake, snippers and gloves. Call John Redmon for more information at 423-869-8286. DIRECTIONS: I-75 exit 134 - pass Cove Lake Park - school is a bit before WalMart on driver's side.

Oct 19 - Sugar Run & Fort McCook area, Cumberland Gap National Historical Park. 2.6+ miles. Strenuous. Bring walking stick, lunch/snack and water. DIRECTIONS: I-75 exit 134 (follow signs for Cove Lake Park), go past Park and continue on highway 63 to end. At the light make left - go thru tunnel into Middlesboro, KY. Take first exit after tunnel. Meet John Redmon at the Visitors Center/Museum at the flag pole at 10:30 am ET. Please call to register in case of rain: John Redmon Home 423-869-8286,cell 865-278-8495.

### DYER COUNTY CHAPTER

Graydon Swisher

901-737-3114

westregional@tennesseetrails.org

#### This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional @tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outlings, events and meetings.

## EAST TN CHAPTER

(Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-548-6171

easttennessee@tennesseetrails.org Elise Eustace 865-201-5806

VICE-CHAIR: easttennessee@tennesseetrails.org

Oct 12 - Hooper Bald to Huckleberry Knob (Cherohala **Skyway).** Beginning at the Hooper Bald parking area, this easy section of trail meanders through a second growth forest that has slowly taken over the edges of Hooper Bald before it exits the woods and comes out into the bald, after walking only 1/2 mile. This bald was one of the original spots where lodges were built for hunting Russian wild boar, imported bear, and Red deer. We will proceed over the bald and after walking through high grass, with blueberry bushes and thornless blackberries, we will come to the Cherohala Skyway, which we will walk along for 1/4 mile before beginning our hike out to Huckleberry Knob. The trail to Huckleberry Knob has gradually become overgrown with thornless blackberries over the past several years. At one time the trail was wide enough to drive a car on. In some areas it is only wide enough for a single row of hikers. After magnificent 360 degree vistas (provided the weather cooperates). we will also pay our last respects to Andy Sherman, whose grave, marked by a 6 ft cross, is situated near the top of the knob. We will meet at 9:00 am ET at the Cracker Barrel located at the Lenoir City Exit off I-75 South. Pre-registration is required. Contact Rosie at 865-951-8317 or rosemary L@hotmail.com.

Oct 19 - House Mountain Trail. Moderate to strenuous because of the rocky terrain and excessive elevation. We will meet at the trailhead parking area at 9:00 am ET. Pre-registration is required. Contact Rosie at 865-951-8317 or rosemary\_L@hotmail.com.

#### **CUMBERLAND TRAIL STATE SCENIC TRAIL**

### **Trail Volunteer Day** Saturday Oct 19 9:00 am - 3:00 pm

Help build the trail in the Cumberland Mountain Segment near LaFollette. Volunteers will meet at the Cumberland Trail Office located in Cove Lake State Park, Caryville TN and will shuttle to the trail. We will have a short hike to the work site. Wear long pants, boots, bring water, gloves and lunch. If you have any questions call Mark Stanfill at 423 566-2229.

#### **HIKETOBERFEST**

#### Sunday Oct 20 9:00 am-6:00 pm

Hiketoberfest is a celebration of the Cumberland Trail. It will be held at Shackleford Ridge Park on Signal Mountain. Come out to enjoy guided hikes, nature programs, music, and food. Admission is free. For more information go to www.friendsofthecumberlandtrail.org the call Cumberland Trail office at 423-566-2229.

## HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

**CHAPTER CHAIR:** Linda Hudson 931-841-0540

highlandrim@tennesseetrails.org **SECRETARY** Carolyn Fitz 931-598-0597

highlandrimsecy@tennesseetrails.org TREASURER: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

CONTACT: Joan Hartvigsen 931-962-0811 highlandrimhikes @tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER** 

Oct 5 - Lost Cove Cave Trail, Carter State Natural Area, Sewanee, TN. 4.5 miles round trip. Moderate but has steep ascent on way out and rough footing. We will hike along a ridgeline then descend to Crow Creek Valley where we will see Buggy Top Cave, the impressive main entrance to Lost Cove Cave. We will backtrack to the overlook at the top of the main entrance and then on to the Peter Cave entrance. Lost Cove is a completely enclosed valley and all water that drains into it goes underground at the Big Sink and emerges at Buggy Top. The Buggy Top Cave Entrance features a gigantic rock overhang with the cave mouth at its base, from which emanates a full-fledged creek. The creek then drops 40 ft. in white froth over the span of 100 yards. Peter Cave is a higher, dry entrance to Lost Cove Cave and was inhabited by Woodland Indians. Lost Cove Cave is closed to prevent the spread of a fungus infecting bats. Bring water, snacks and lunch and hiking poles and wear hiking boots. For more information and to register call Marietta Poteet, 931-924-7666 or email nannietta@blomand.net.

Oct 12 - Walls of Jericho, Winchester, TN. 8.4 miles loop. Difficult due to rocky terrain and strenuous due to elevation change of 1,050 ft. This hike travels to one of Tennessee's greatest geological jewels, the high-walled limestone canyon with breathtaking waterfalls known as the Walls of Jericho. Along the way we will pass sinkholes and caves and cross several beautiful streams. Bring water, snacks, lunch, hiking poles and hiking shoes. For more information and to register email Naullain Kendrick, naullain @hotmail.com.

Oct 19 - Eat-Hike-Eat Hike, Sewanee Perimeter Trail, Sewanee, TN. About 4 miles. Moderate. Contact Hike Leader Sally Hubbard 931-598-5338 at sally@hubbard.net for details and to register. Meet us at the Blue Chair Restaurant in Sewanee at 9:00 am CT for breakfast or coffee or come at 9:30 am if you just want to hike. Bring water and a snack.

## Oct 25-27 - TTA Annual Meeting.

Oct 28 - Chapter Meeting. Dinner at 5:00 pm CT, Red Lobster Restaurant, 1947 N. Jackson St. Tullahoma. Our meeting is 7:00 pm. at D. W. Wilson Community Center. Carolyn Fitz will present a program on her recent trip to the Pacific Northwest.

#### JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336 jackson@tennesseetrails.org

**TREASURER:** Anne Goodson 664-1556 jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190 jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

**MEETS MONTHLY**: 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

Oct 5 - Land Between the Lakes Compass Hike. This will be a moderate hike through areas of LBL that you might have not seen before. About half of the hike will be crosscountry. We will leave from Panera in Jackson at 8:00 am CT and start from the Fort Henry trailhead about 10:00 am. Please contact Don Dresser at donald\_dresser@usit.net or 731-668-4190 for additional information.

#### Oct 7 - Chapter Meeting.

Oct 12 - Fort Pillow. This moderate hike will take us through hills and valleys of this historic area near the Mississippi River. Please contact Sara Rognstad at 206-553-9334 or email hakim.sara@gmail.com if you would like to come.

Oct 25-27 - Annual Meeting.

Planning Ahead

Nov 4 - Chapter Meeting.

Nov 9 - Big Hill Pond.

Nov 16 - Mousetail Landing State Park.

Nov TBA - Natchez Trace SP (Red Leaves Trail) Bridge Building Project.

#### MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284

memphisvice@tennesseetrails.org

Oct 5 - Chickasaw Bluff to Poplar Lake, Meeman-Shelby Forest. 6-7 miles. Moderate. We will meet at 9:00 am CT, at the Poplar Tree Lake Parking Lot. From Poplar Tree Lake we will make a rather long shuttle to the north end of the Chickasaw Bluff Trail. The trail starts at the top of the bluff and drops quickly down about 150 feet to the flood plain. The next few miles are quite level. We'll cross a bridge over Beaver Creek, climb back up the bluff to the Woodland Shelter at about 3.75 miles and stop for a lunch break. The second half of the trip has a few hills, but much of it is flat. We'll pass the historic Pioneer Spring whose shelter was recently rebuilt after being destroyed in the 2011 flood. We will finish back at Poplar Tree Lake. Bring good boots, lunch, and plenty of water. The hike will take about 4-5 hours including the shuttles. Contact Wayne Simpson 901-385-1988. (Directions to trail head continued in next column)

#### Memphis Chapter Oct 5 hike - con't.

NOTE: The shortest direct route to Poplar Lake is not from the Visitor's Center. Rather, from the 4-way stop at the General Store go straight on Benjestown Road approximately 1.6 miles (do not turn Right on Bluff Road toward the Park Entrance and Visitor's Center) and turn right into the south entrance of the park. Take this road straight for approximately 1.7 miles to a stop sign. Turn left and you will see the picnic area and parking lot on your right.

Oct 10 - Memphis Chapter Eat & Meet. Location: Dixie Café, 4699 Poplar (between South Perkins Rd and Colonial). Dinner & Socializing: 6:00 pm CT. (order from menu). Meeting/Program: 7:00 pm. "Lost City of the Incas" and the Galapagos Islands. Woody and Carolyn Pierce will present their adventure of June, 2013 in Peru and Ecuador. Following in the footsteps of the ancients, we visit the spectacular and incomparable ruins of Machu Picchu, where we hike to the Gate of the Sun. We will explore Peruvian culture in the Andean landscapes of the Sacred Valley and visit other ancient cities. Traveling on to Cuzco we attend the festival of Santa Domingo and witness a healing session conducted by a curandero. From Cuzco we fly to Quito, Ecuador, a city of colonial splendor and a UNESO World Heritage Site. Six hundred miles from the coast of Ecuador, we arrive in the Galapagos Islands and board a small chartered ship and cruise through another UNESCO World Heritage Site. Using motor dinghies we make landings that bring us up close to many indigenous species. We look forward to visiting these one of a kind places with you.

Oct 12 – Strawberry Plains Audubon Center. We will meet at the Strawberry Plains Audubon Center visitor center at 9:00 am CT. We will hike on mowed, flat trails to Sharecropper Pond and explore where the sharecroppers lived about fifty years ago. We will then hike to blinds designed for bird watching and see large fields of native grasses created from cotton fields to attract birds and butterflies. Our hike is about 4 miles and it is unlike any other hike we take. There is a small entrance fee (\$3) that goes to support the SPAC. We look forward to your spending time in this unique environment. For information contact: Charlie Bright charlie.bright2010@gmail. Link to a map showing SPAC <a href="http://goo.gl/maps/zsHDO">http://goo.gl/maps/zsHDO</a>. Key in your starting address and click on "GET DIRECTIONS" for map to SPAC.

Oct 19 - Pinnacle Mountain State Park, Little Rock. Join Eileen & Brian at the Visitor Center at 10:00 am ET. We will start with the Ouachita trail, reach the East Summit trail and climb the boulders. Pack extra water, lunch, camera and binoculars for our break at the top. We will then descend the mountain down the West Summit trail reaching the Base Trail. We will take the Base trail back to the Ouachita trail and return to the Visitors Center. If you want a workout and are physically prepared, join us for this challenging 5 mile hike. Registration required by October 10<sup>th</sup>. Email e kelm@vahoo.com or call 901-873-3221. Camping and trail map www.arkansasstateparks.com.

Oct 25-27 – TTA Annual Meeting.

#### MURFREESBORO CHAPTER

**CHAPTER CHAIR:** 

Sara Pollard 615-714-3610 murfreesboro@tennesseetrails.org

**TREASURER** 

Ann Jacobs 615-896-3935 murfreesborotreas@tennesseetrails.org

MEMBERSHIP

Mary Belle Ginanni 615-895-6072 murfreesboromembership@tennesseetrails.org

**PROGRAMS** 

Valerie Galan 615-586-2882

murfreesboroprograms@tennesseetrails.org

**OUTINGS COORDINATOR:** 

Cathy Bingham 615-890-9791

murfreesborohikes@tennesseetrails.org

(Call Cathy & volunteer to lead an outing)

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

**BLOG:** www.tennesseetrails.org/blog/murfreesboro

Oct 5 – Trail Maintenance, Barfield Crescent Park, Murfreesboro. We will be celebrating National Public Lands Day a week late this year. Come join us for trail maintenance from 8:00 am until 11:00 am CT. Bring gloves, favorite hand tool or clippers, sturdy shoes, snack and water. For more information or to sign up, contact Cathy Bingham at corgylover@bellsouth.net or 615-890-9791.

Oct 8 – Chapter Meeting. Mark Stanfill, Park Ranger at the Cumberland Trail State Scenic Park in Caryville, will give a presentation on the building progress of the Cumberland Trail. The Cumberland Trail was created in early 1997 by members of the TTA and when completed, will be a 300-mile linear trail from Chattanooga to Cumberland Gap. Invite a friend!

Oct 12 - History Hayride at Edgar Evins State Park. "This will be our 8th annual History Hayride", says Fount Bertram, President of the Friends of Edgar Evins State Park. Costumed actors and actresses portray historical characters and past events of the park and/or area. Hiking trails are available for those who wish to hike on their own after their hayride, if time allows. The first of ten wagons leaves at 2 pm CT from the Visitor's Center. Keep in mind that the last wagon leaves at 6:30 pm. Passengers will remain seated throughout the 1 ½ to 2 hour ride through the park. The popular entertainment is still just \$10 per person. Groups of 4 or more will be required to make a non-refundable deposit of \$20. To reserve your seats now call the park office at 931-858-2114 or toll free at 1-800-250-8619.

Oct 19 - Virgin Falls, DeRossett, TN. 8 miles. Moderate to strenuous with 800 ft elevation change. This hike features Big Laurel Falls, Sheep Cave, 110 ft Virgin Falls and the Caney Fork River. Virgin Falls has no stream above or below the falls. The source of Virgin Falls is a creek emerging from Virgin Falls Cave, located 150 ft from the top of the falls. At the base of the falls, the water disappears into Virgin Falls Pit. Bring food, water, hiking poles and sturdy boots. Contact Ann Jacobs at EANNJACOBS @aol.com or 615-896-3935 or Roy Duncan at royduncan1959 @yahoo.com or 615-848-5454.

Oct 25-27 - TTA Annual Meeting.

#### NASHVILLE CHAPTER

CHAPTER CHAIR:

Doug Burroughs 615-283-0507 nashville @tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811 nashvillehikes @tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI

Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

**BLOG:** www.tennesseetrails.org/blog/nashville

Oct 12 – Twin Arches Loop. We will camp at Bandy Creek Campground at site A-34. We will hike Twin Arches Loop (4.5 miles) on Saturday and join Doug Burroughs and company on Sunday the 13th for the Honey Creek hike. Call Karl Dupre at 615-207-2250 or email at *karld@comcast.net* for details. Y'all come!

Oct 13 - Honey Creek, near Rugby TN. 5.6 miles. Difficult. This is a strenuous hike through creeks, over boulders, and up steep and rugged terrain. But, there will also be great overviews, waterfalls, and interesting geological features. Bring water, snacks/lunch, waterproof boots with ankle support, and clothing appropriate for the weather that day. There is an option after the hike to stop for food in Rugby or somewhere along the road back to Nashville. Call Doug Burroughs at 615 283-0507 for more information and to register. Meeting Place: Kinko's parking lot on Donelson Road just north of I-40. Meeting Time: 7:30 am CT.

Oct 22 – Chapter Meeting. What's in YOUR pack? Seasoned hikers in our own chapter will reveal all - of what they carry in their day packs and backpacks when they go hiking and backpacking. Whether you're a beginning hiker or seasoned trekker, you're bound to get some information of interest. Light refreshments will be available, as well as plenty of camaraderie at this informal and fun session. Bring a friend!

Oct 25-27 - TTA Annual Meeting.

YOUR HEART AND SOLE BELONGS ON A TENNESSEE TRAIL – SEE YOU AT THE ANNUAL MEETING – OCTOBER 25 THROUGH 27!!!!!!

#### ANNUAL MEETING HIKE SCHEDULE

#### Friday

- FCF Woodland / Gorge Trails. 2.5 miles.
   Moderate. This hike combines two trails near the
   Nature Center that will take you, via swinging
   bridge, to Fall Creek Falls, to the bottom and back,
   then to several overlooks, and Cane Creek
   cascades, completing a loop.
- FCF Paw Paw Loop Trail. 2.5 miles. Moderate.
  This hike begins near the Nature Center, crosses
  Rock House Creek, gains elevation (300' hill), then
  affords you striking views of Cane Creek Falls,
  Cane Creek Gulf, Fall Creek Falls, and Cane Creek
  Gorge Overlook, completing the loop back near the
  Nature Center.
- FCF Gilbert Gaul Loop. 4.4 miles. Easy. If hiked counter-clockwise you will follow a level dirt road from the gate of Group Camp #2 to a meadow near the site of the Gilbert Gaul homestead, then to the head of Fall Creek Lake where the road ends and footpath begins. There are beautiful views along the lake to Frazier Rain Shelter. The trail continues beside the lake before turning up along the "Fern Line" to the starting point.

#### Saturday

- Virgin Falls. 8 miles, in & out. Moderate/difficult. This trail includes steep climbs, up and down rocky terrain with interesting bluffs, rock formations, and pristine overlooks. At Virgin Falls the stream emerges from a cave & thunders 110' into a sink hole. Returning, you will gain 700' elevation in a woods of Fall colors.
- FCF Wheeler Farm Loop. 4.5 miles. Moderate.
  On this hike you will encounter spurs to interesting features, visit both sides of Medley Arch, stroll through beautiful Cane Creek Valley (prairie), view several waterfalls, including Wheeler Falls, a 120' high tiered falls with 2 sources at the upper level. Then follow the trail thru the woods back to complete the loop.
- Savage Gulf, North Rim, Plateau, day loop trails.
   9.3 miles. Easy/moderate. This hike will continuously afford terrific overlooks and views, after leaving the Ranger station, following a series of trails, including the mountain Oak Trail, Savage Day Loop, North Rim and North Plateau Trails. Bring an appetite for beauty on this hike.

- CT Section of Soddy Creek Gorge Segment.
   10 miles, in & out. Moderate. This CT section takes you across a fence stile and through hemlock glades, a Boy Scout camp, across small streams and beside large rock formations. It passes through an abandoned coal mining area, now studded with young pines, and along ridge lines below a rock escarpment to the base of a sheer cliff accessed by a series of wooden steps, then reverse.
- CT Section of Possum Creek Segment. 10.2 miles, in & out. Moderate. This hike begins with a photo op of gigantic boulders and turbulent cascades. The trail continues past one amazing rock formation after another, crossing both Little Possum Creek and Big Possum Creek bridges, with Perkins Point between. A visit to Immodium Falls may also be possible, time permitting.
- CT Snow Falls Trail. 11.5 miles, in & out. Difficult. During this hike of considerable elevation gain you will encounter remnants of coal mining trestles and roadbeds, several unique metal bridges (built in the '70s), gigantic rock formations, swift streams, beautiful overlooks, and 35' Snow Falls on top of the plateau. On the return hike you will steadily lose elevation back to the trailhead, affording a better opportunity to enjoy the fall colors.
- SCRA Collins Gulf Trail. 5 miles, in & out.
   Moderate. Your descent into Collins Gulf gorge
   leads you under a giant rock-house and thru the
   mist of beautiful Suter Falls. An elevation gain by
   large boulders takes you to a meandering
   ridgeline, with the trail gradually descending back
   into the gorge to a spur trail accessing gorgeous
   Horse Pound Falls. Enjoy fall colors on the return
   ascent to the trailhead.
- CT Laurel Falls. 5 miles, in & out. Easy/moderate. This hike begins on level roadbed & passes an abandoned coal mine entrance, coke ovens and remnants of stone road trestles in boulder-ridden Richland Creek. After an upstream ascent, through a rock field, and over a 1970' metal bridge, you encounter beautiful cascades and minor falls amid house-size boulders. A series of switch-backs take you to roaring, 80' Laurel Falls (and a spur trail to the top, time permitting).

- SCRA Savage Gulf Day Loop. 4.2 miles. Easy. The trail begins at the Ranger Station and crosses a field and Boyd Branch via a suspension bridge before reaching the loop junction. A spur trail leads to the Savage Falls overlook. Later at Rattlesnake Point there is a stunning view of Savage Gulf. Trail then follows an old RR bed back to the loop junction, all this among great fall colors.
- FCF Gilbert Gaul Loop Birdwatch Hike. 4.5 miles. Easy. Professor Steve Steadman, an avid bird watcher for decades, will point out birds we see and hear as we hike. We will begin this hike from the Conference Center on a path past the cabins to the trail. We will ascend along the "Fern Line" to an old road bed that will lead us down to an open field near the site of the Gilbert Gaul homestead and to the head of Fall Creek Lake. There a footpath begins following the lake to Frazier Rain Shelter, and later by the park cabins to complete the loop. Leaving the lake we will hike back to the Conference Center.
- SCRA Fiery Gizzard to Raven Point. 8.8 miles, in & out. Difficult. A rugged, challenging trail, showcasing the beauty of the Cumberland Plateau. This hike, which will reverse at Raven Point, leads you to, house-size boulders ("the rock field"), waterfalls, swimming holes, deep bluffs, a moonshine still, caves and spectacular overlooks.
- CT Black Mountain. 5 miles, in & out. Moderate. This hike offers spectacular views of the Cumberland Plateau and Grassy Cove, and features a Stonehenge-like, natural rock formation in a wooded setting that defies explanation. The trail descends gradually to Windless Cave which is currently closed to exploration. During the return ascent you will intersect a loop trail near the top which returns to the parking lot.

#### Sunday

- Rock Island St. Park, "Twin Falls Trail". 2.8 miles, in & out. Moderate. This hike, in a beautiful setting, begins at Twin Falls Overlook. This is a two part hike, with both trails leading from the parking lot. First part will be upstream, following the bluff line above the Caney River to swimming spots (Warm Hole & Ice Hole) with some rock hopping to a view of Big Falls. The second part of the hike follows the Caney River downstream and back affording many photo ops.
- SCRA Savage Day Loop. 4.2 miles. Easy. Hike description listed under Saturday's hikes.
- FCF Paw Paw Loop. 2.5 miles. Moderate. Hike description listed under Friday's hikes.

## 2013 Annual Meeting Schedule of Events (Central Time—All times subject to change)

#### Friday, October 25

- 1:00-8:30 pm Registration; Receive Auction Items and Baked Goods
- 2:00 pm Hikes in Local Area-Easy (See Hike Schedule)
- 3:00-10:00 pm Cash Bar and Bake Sale in Rhinehart Suite
- 3:00-10 pm Silent Auction
- 5:00-6:00 pm State-wide Outings Slide Show & Social Time
- 6:00 pm Dinner in Conference Room
- 7:00-10:00 pm Entertainment followed with door prize drawing and Social Time

#### Saturday, October 26

- 6:00-10:00 am Bake Sale, coffee and water in Rhinehart Suite
- 7:00-11:00 am Registration
- 7:00 am Breakfast in restaurant
- 7:30 am Pre-ordered sack lunches in Rhinehart
- 8:00 am Hikes begin departing. See Posted Hike Schedule for Times, Length, Leaders, and Difficulty
- 8:00 am-6:15 pm Silent Auction
- 3:00-7:00 pm Cash Bar in Rhinehart Suite 4:00-500 pm State-wide Outings Slide Show & Social Time
- 5:00 pm Dinner in Conference Room
- 6:15 pm Silent Auction closed
- 6:30 pm Awards and General Meeting
- 7:30 pm Live Auction (immediately after general meeting) followed with door prize drawing at the end of Auction
- 8:30-10:00 pm Cash Bar after Live Auction in Rhinehart Suite

#### **Sunday October 27**

- 6:00-8:30 am Bake Sale, coffee & water at Rhinehart Suite
- 7:00 am Breakfast in restaurant
- 8:00 am Check-out prior to departing on Hike or attending Board meeting
- 8:15-8:30 am Hikes Depart
- 8:00 am Board Meeting

Bake Sale available when Rhinehart Suite is open

**NEED HELP? ASK ANYONE WEARING A BLUE** TEE SHIRT.

**HAVE A TERRIFIC TIME!** 

## **NORTHWEST Chapter** (UT at Martin / Weakley County)

Scott M. Pun 731-881-7316 **CHAPTER CHAIR:** 

northwest@tennesseetrails.org TREASURER: Sandy Davis 731-587-9134 northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media

Services B1

Hike information unavailable at press time.

## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437 plateau@tennesseetrails.org Jan Barber 931-839-6662 SECRETARY/TREASURER:

Don Taylor....615-973-1814

plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Check blog for cancellations or changes before hiking

Oct 5 - Chattanooga Riverwalk, Chattanooga. This is an easy 8 mile walk on paved track and sidewalks along the Tennessee River from the Chickamauga Dam to downtown. Jeans and sneakers are good apparel as this is basically a walk. The scenery includes birds, greenery, bridges, and historical markers. As this is a planned walkway, there are ample drinking fountains and restrooms along the way. We will have lunch at our final destination downtown at the Big River Brewery. A shuttle is required. To register, contact Cheryl Heckler at thehecklers@charter.net or 931-456-6437. Depart Trinity Tabernacle on Highway 127 South at 8 am CT.

Oct 10 - Chapter Meeting. 6:30 pm CT. First United Methodist Church Annex, 69 Neecham Street, Crossville. In place of a program we will stuff the 200 Welcome Bags for the Annual Meeting. We need all available hands. Dinner at Gondola's, Woodmere Mall, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-456-6437 for additional information.

Plateau Chapter - con't.

Oct 19 - Cumberland Trail North Chickamauga, Soddy Daisy. Approximately half of this 8 mile hike will be on the section of N. Chick that we've done before. The other half will be through woods and along Cooper Creek. There is a nice overlook near Panther Branch. After descending several switchbacks we will cross Cooper Creek. The trail from the creek to the rock house (where we usually stop for lunch) is narrow, steep and not well marked. This section is strenuous. After reaching the top we will hike out on good trail. As there is limited parking where we will get on the trail, we need some volunteers to drop us off at the trailhead, and drive to the North Chick trailhead. The drivers at the North Chick can hike in to meet us and the group can hike out together. There will be an optional stop at the Cookie Jar restaurant in Dunlap on the way back. You need to pre-register for this hike, so we know how many drivers will be needed for the drop off and pick up at the N. Chick trailhead. For more information and to contact Jim Hardy mccartt1306@hotmail.com or 931-277-5154. Depart Trinity Tabernacle on Highway 127 South at 8 am CT. Oct 25 - 27 - TTA Annual Meeting.

**HIKE COORDINATOR:** 

#### SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** John Politte 423-304-8327

soddydaisy@tennesseetrails.org George Bonneau 423-842-3619

soddydaisyhikes@tennesseetrails.org

TREASURER: Bob McGavock 423-843-4646 soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike,

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Oct 1 - Signal Mountain High School to Mushroom Rock. Approximately 3 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau. Mileage: 20 miles RT. \$2.

Oct 5-12 - River Rocks hikes. Hike any or all.

Oct 15 - Glen Falls. Approximately 5 miles. Moderate. Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike leader: George Bonneau. Mileage: 30 miles RT. \$2.

Oct 19 - Snow Falls. Approximately 11 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike leader: Bonneau. Mileage: 50 miles RT. \$4.

Oct 22 - Enterprise South. Approximately 5 miles. Moderate. Meet at Target parking lot on Highway 153 at 9 am ET. Hike Leader: George Bonneau. Mileage: 30 miles. \$3.

Oct 24 - Backpacking trip for one night at Fall Creek Falls. Approximately 6 miles in and 6 miles out. If interested. contact George Bonneau george.r.bonneau@gmail.com or 423-842-3619.

Oct 25-27 - TTA Annual Meeting.

Oct 29 - Greenway Farms. Approximately 4 miles. Meet at the dog park at 9 am ET. Hike Leader John Politte.

## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** 

Jane Hamm 615-757-3331 Gayle Livingston 615-264-2940

sumner@tennesseetrails.org

MEETS MONTHLY: 1<sup>st</sup> Tuesday at 7:00 pm CT

Hendersonville First United Methodist Church, 217

E. Main St. Hendersonville, TN

Oct 1 - Chapter Meeting. Randy Hedgepath, State Naturalist for Tennessee State Parks will present a picture show of the parks with valuable info and entertaining stories included. The scenic beauty and interesting history of Tennessee is wonderfully represented in our parks. Join us to revel in the familiar sights and maybe learn of some new places to check out.

Oct 5 - History Hike of Hendersonville. 2 miles. Easy. Jamie Clary will lead a hike through the oldest part of Hendersonville, where the first community started and the first city borders were drawn in 1968. He will discuss the growth of the city, forgotten landmarks, and the changes to the whole community. Jamie attended Hendersonville public schools from kindergarten through high school. He graduated from Western Kentucky University and worked for two years at the Hendersonville Star News as the news editor. While there, he began writing the second volume of The City by the Lake. Published in 2000, his volume covers the years from 1968 until 1988, the first twenty years of the city's existence. We will meet at the First Presbyterian Church at 9:00 am CT and begin our hike from there. Lunch location afterwards to be determined. For further info contact Jane Hamm at janetntrails@gmail.com or 615-757-3331, or 214-335-6723. If threatening weather that morning, please call to confirm hike.

Oct 19 - Volunteer Day Loop and Indian Pow Wow. Long Hunter State Park. 4 miles. Moderate. In 1771 Kasper Mansker led a group of "Long Hunters" down the Cumberland River and into the Middle Tennessee area. Long Hunters were hunters who stayed out for long periods of time and usually returned with boatloads of animal furs. This state park is named in honor of these Long Hunters and the Stones River is named after Long Hunter Uriah Stone. Up to that time Middle Tennessee had been the home of several Indian tribes. Our hike coincides with the annual Indian Education Pow Wow at the park. We will do the hike and come back to check out the Pow Wow (tickets \$6 adults and \$3 seniors and children) and dine on traditional Indian cuisine. Meet at the Presbyterian Church in Hendersonville at 9 am CT or at the trailhead on Bakers Grove Road off Hobson Pike at 10 am CT. For further info contact OWL at ballallenger@aol.com or 615-347-2623.

Oct 25-27 - TTA Annual Meeting.

## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHÀIR:

Louise Miniard 931-528-9115 uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822

uppercumberlandhikes@tennesseetrails.org

Oct 5 - Virgin Falls, DeRossett. This is an 8-mile strenuous hike to the 110-foot tall Virgin Falls. Along the way we will pass a 30-foot waterfall, Big Laurel Falls. There is a stream crossing and some difficult footing on this hike, including the need to cross a rock field at Big Laurel Falls. Bring snacks, water, lunch, and hiking boots. You can meet us at the US Bank across from McDonald's in Sparta at 8:00 am CT. For information and to register contact Louise Miniard at 931-239-5425 or Iminiard@flowserve.com.

Oct 12 - Panther Branch and Spicewood Trails, Frozen Head State Park, Wartburg, TN. 9 miles. Strenuous. This hike to Frozen Head Mountain, is one of the highest peaks in the Cumberlands, and features nice views. We will ascend the mountain on the Panther Branch Trail and descend using the Spicewood Trail. The hike is rated strenuous because of the elevation change of almost 2000 feet. Bring snacks, lunch, and water. You can meet us at 7:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Louise Miniard at 931-239-5425 or *Iminiard* @flowserve.com.

Oct 19 - Honey Creek Pocket Wilderness. This is a short (5.6 mile) but moderate to difficult hike with interesting geological features, a brief walk up a creek bed, and two rock squeezes. Segments of the trail will be steep and probably muddy. Be aware that it is considered to be the most difficult hike in the park - 4.5 to 5 hours duration is a reasonable estimate. For those wanting a longer hike, Double Arch will be an option. You can meet us at the Honey Creek Overlook at 9:00 am CT. Emphasis on sturdy hiking boots. Bring lunch and adequate water. Expect to get dirty and possibly wet. To register or for more information, contact Pete and Margaret at 931-864-7782 or thorvald@twlakes.net.

Oct 25-27 - TTA Annual Meeting.

#### **OFFICERS:**

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president@tennesseetrails.org

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Bob Richards 615-532-0753

TRAC@tennessee trails.org

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor** 

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	For Newsletter Dated
Oct 10	Nov 1
Nov 10	Dec 1
Dec 10	Jan 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

## **TTA 2013 CALENDAR**

The following dates in 2013 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

#### **FOURTH QUARTER**

Oct 25-27 .....TTA's Annual Meeting; hosted by Plateau, Soddy Daisy and Upper Cumberland chapters at Fall Creek Falls State Park (Pikeville/Spencer, TN)

#### **TTA Annual Meeting Auction Update**

Auction items are starting to roll in and we need you to join us at Fall Creek Falls for a weekend of fun, hiking and a chance to contribute to TTA by participating in the events. As TTA provides funding for trail projects, including projects on the Cumberland Trail, we will have items for sale to raise money for trail development and maintenance projects. Our goal is to raise \$8000 for trail development and maintenance projects across the state of Tennessee.

For those who have attended in the past, I am sure you know what bargains can be had at the White Elephant tables. More items are for sale at a silent auction and a live auction. Some of this year's donations include: overnight lodging at the Hermitage Hotel, a two-night stay at Pin Oak Lodge at Natchez Trail State Park, a hammock and stand, a Lowe Day pack, and a MSR quick pot set.

Gift certificates are another popular option. We have \$150 gift certificate for Academy Sports, a \$50 gift certificate to Academy Sports, four \$50 gift certificates to Dick's Sporting Goods, two tickets to the Cumberland County Playhouse and a \$200 gift certificate from REI for renting camping equipment. These would be great gifts or a chance for you to buy that new gear for the fall hiking season.

Yes, we are still soliciting items for the live and silent auction, so if you have an item or know of a hotel, service, outdoor store, or other interested party, please request that they make a donation to trail development in Tennessee.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

#### ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS A  A NEW MEMBER  RENEWING MY MEMBER  Memberships are for one year, unless you have a light of the contact our New York and Sift Memberships are also available. Contact our New York and Sift Memberships are also available.	Oct 13  R S H I P  Lifetime Membership.  Membership Director,	Please Mail This Form To:  Membership Director P.O. Box 41446 Nashville, TN 37204-1446
Individual \$25.00	Name	
Family \$35.00 Student (FULL TIME) \$15.00	Address Citv	State
Supporting (\$50.00, \$100.00 or more) Life Member (Individual) \$500.00 Life Member (Family) \$750.00	Home Phone () Work Phone () e-mail	Zip
** CTC Membership** **\$5.00**  ** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.	East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma)	r: MurfreesboroNashvilleNorthwest (UT at Martin/Weakley)Plateau (Crossville)Soddy Daisy
When you become a TTA member, you will receive: (1) TTA' responsibilities, etc. (2) TTA's monthly newsletter, containing info announcements, as well as events occurring within TTA's Assoc chapter and how to reach them. You are invited to attend any refreshments. In addition, our annual meeting is held in the fall at to learning about the progress and plans of the organization.  As a member of TTA, you are we	ormation on hiker safety, upcoming hikes/over ciate Organizations - C.T.C. and T.R.A.C. (3) number of monthly meetings scheduled, when the one of Tennessee's many parks for a weeke	night trips, volunteer opportunities, chapter meeting Annual Membership Directory, listing members by re you will enjoy diverse programs, socializing and nd of hiking, camaraderie and programs, in addition