

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## TTA ANNUAL MEETING HIKE THROUGH HISTORY

Whether you're new to TTA or a long-time member, you're bound to enjoy this year's annual meeting, October 24-26 at Montgomery Bell State Park. Hike short or hike long; experience history and music; meet and renew friendships with hikers from around the state, support Tennessee trails with your auction purchases. You can do all this and more - *and if you register by September 8, you can take advantage of a discounted registration rate.*

T-shirts for this year's meeting are available by pre-order only, and must be received by September 20. You can include your t-shirt order with your registration. The earlier you register, the more items you'll find in your swag bag.

Nashville and Sumner Trails chapters are hard at work, making sure that this annual event gives all attendees a fine experience. No gathering this close to Music City would be complete without music, and singer and storyteller Claudia Nygaard will entertain us on Friday evening. She's told stories and sung her original songs all over the US and internationally, and we are fortunate to have her with us.

Friday afternoon and Saturday are chock full of hiking opportunities to places rich in Tennessee history, from the fabled Natchez Trace to the earliest days of our statehood depicted at the Bicentennial Mall to the Civil War sites at Fort Donelson. There's rich biodiversity to observe as well, from globally unique cedar glade habitat at Mousetail Landing to a wide variety of hardwoods in autumn foliage at Devil's Backbone.

Meeting guests who don't choose to hike be are welcome at morning and afternoon special-interest sessions on Saturday that include Dan Shelton's presentation on the Tennessee Ornithological Society, which turns 100 years old this year; and historian Matt Zimmerman's talk on the Middle Tennessee region's Civil War history. Bob Richards, Tennessee's Greenways and Trails Coordinator, will offer a presentation on trail maintenance followed by an outdoor session to let you put those skills to work on site at Montgomery Bell.

Saturday evening will feature the annual membership meeting with election of officers and award presentations, our famous live auction (including the famous/infamous Candy Corn Shorts), and more great music while we socialize, this night from members of the Nashville Old Time String Band Association. They'll be playing tunes from the past, some lively, some haunting, with names like "Whiskey Before Breakfast", "Fisher's Hornpipe", and "Cumberland Gap".

A hospitality room will be available especially for TTA members from Friday through Sunday morning, with fresh baked goods for your day packs and snacking, "white elephant" items for sale and a cash bar during evening hours. Silent auction items will be on display there as well. What you can bring: Besides yourselves, and your hiking gear, you're encouraged to bring donations of baked goods, silent and live auction items. If you have questions about the auctions, please contact Libby Francis ([libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)). Be sure to check the annual meeting page on the TTA web site.

Those people wearing yellow bandannas at the annual meeting? We're members of the Sumner Trails and Nashville chapters, and we're looking forward to being your hosts for a crisp autumn weekend of hiking and history in Middle Tennessee.

**Registration forms and hike information on pages 6-7.  
T-shirt order form on page 2.**



Office Location 409 Thurman Avenue, Ste 102  
 ..... Crossville, TN 38555  
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 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** J.R. Tate 931-920-2692  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Ken Johnson 931-802-6343  
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**TREASURER:** Mary Schwab 931-645-9068  
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**SECRETARY:** Pam Gadsey 931-552-2325  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)

(call Paul & volunteer to lead an outing)

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
 Crow Community Center, 211 Richview Rd.

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/clarksville>

**Sep 6 - Fiery Gizzard Trail, South Cumberland State Park. 12.5 miles. Difficult.** This trail is considered one of the top 25 hiking trails in the United States. Paul Schwab 931-801-9484. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 131 miles to trailhead.

**Sep 13 - Red River Canoe Trip.** Charge for canoe rental. Bob Lyon 931-648-2354. Meet 8:30 am CT, Port Royal State Park parking area, Adams, TN.

**Sep 16 - Monthly Meeting.**

**Sep 20 - Haynes Bottom Wildlife Management Area. 4 miles. Easy.** Pot Luck Brunch after the hike. J.R. Tate 931-920-2692. Meet 10:00 am CT at J.R.'s house, 4713 Chester Harris Rd., Woodlawn, TN.

**Sep 27 - Public Lands Day.** We will volunteer to help at Land Between the Lakes. John Sneed 931-920-3828; meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

## Hike through History

### TTA 2014 Annual Meeting Commemorative T-Shirt Order Form

- 100% polyester wicking shirt with the soft feel of cotton
- royal blue color with black and green printing
- available in short sleeve and long sleeve styles
- all orders must be received by October 3
- shirts are prepaid and preordered only
- commemorative shirts will not be available to purchase at the annual meeting
- shirts will be distributed when you sign in at registration

Measurement (Inches)	Width	Length
SMALL	18	28
MEDIUM	20	29
LARGE	22	30
X-LARGE	24	32
2X-LARGE	26	32



Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Short sleeve @\$15 each and Long sleeve @ \$17 each

	Size (A)	Number (B)	Price (C)	Total (= B x C)
Short Sleeve			\$15 each	\$
Short Sleeve			\$15 each	\$
Long Sleeve			\$17 each	\$
Long Sleeve			\$17 each	\$
Total Amount Enclosed				\$

Mail order form and check made payable to:

TTA Nashville Chapter  
 c/o Diane Manas  
 716 Mount Carmel Pl  
 Nashville, TN 37205

If you have any questions please email Diane at [dmanashikes@comcast.net](mailto:dmanashikes@comcast.net) or call 615-351-6431.

## Save the date!

### Tennessee Green Hike-a-thon

Hike for Tennessee Parks and Greenways Foundation

West Tennessee Locations: Germantown, Wolf River, Shelby Farms Greenways

East Tennessee Location: Cumberland Trail-Black Mountain State Natural Area

"Save the date and plan now to join in the Hikeathon in support of the conservation efforts of Tennessee Parks and Greenways Foundation: preserving natural areas, trails, wildlife habitat, local parks, and recreation areas across the state. You can hike any length you choose at any location on Sunday afternoon, September 21, 2014." -Bill Landry, Honorary Media Chair

**Registration donation:** \$30 per person. And please make a pledge to raise additional amounts from your friends and associates.

**To become a Sponsor:** Several levels of participation and benefits are available. To find out more: [www.tenngreen.org](http://www.tenngreen.org)

Tennessee Parks & Greenways Foundation  
 117 30th Avenue S. / Nashville, TN 37212 / 615.329.4441  
[www.tenngreen.org](http://www.tenngreen.org)

TENNESSEE GREEN  
 Hike-a-thon

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*  
**PROGRAM COORDINATOR:** Ellen Clark 615-595-2640  
*columbiaprog@tennesseetrails.org*  
**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Fulin's Asian Cuisine, 1009 Crossings Boulevard, Spring Hill. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

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**Sep 2 – Chapter Meeting.** Margie Hunter, founding board member and secretary of the Tennessee Naturalist Program (TNP), writer, and class instructor at Owl's Hill Nature Sanctuary, will present an introduction to the Tennessee Naturalist program. While hiking Tennessee's beautiful trails, have you ever wanted to know the name of that frog croaking in February, why certain plants grow successfully in limestone gravel, where to find Black-throated Blue Warblers, or what's eating all those Red Spruce cones? The TNP is a 10-class, forty-hour instructional course for adults interested in exploring the state's natural history. Currently in its fifth year, the program has six active chapters with two more under development from Memphis to Kingsport. This introduction will detail the various earth and biological science disciplines covered by the program, its volunteer component and certification process. In addition to the primary TNP course, the program's board is developing short advanced-training workshops and in-depth discipline coursework that focus and expand both knowledge and volunteer opportunities for Tennessee Naturalists. TNP is perfect for the nature lover and easily distracted hiker! Please join us for this exciting presentation.

**Sep 6 – Highland Trail, Beaman Park (northwest Davidson County), Nashville, TN. 6.3 miles. Moderate.** We will hike the first half of the Henry Hollow Loop Trail (about 1 mile) and then pick up the Highland Trail which is a 4.2 mile, out-and-back trail. We'll reconnect with the rest of the Henry Hollow Loop Trail (another 1 mile) and return. Bring water and snacks. We will meet behind McDonalds, 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and depart promptly at 8:00 am. To register, contact Marvin Caine by email at *mlcaine@aol.com* or call 931-626-2754.

**Sep 20 – North Rim and North Plateau Loop, Savage Gulf State Natural Area, Monteagle, TN. 13.4 miles. Moderate.** This loop combines 6.3 mile North Rim Trail, with its spectacular views of the gulf, with a return through a plateau hardwood forest on the 7.1 mile North Plateau Trail. The North Rim Trail provides more overlooks than any other trail in the South Cumberland area, as it follows along the rim of the Savage Gulf. Described as a easy, but long. Bring water, sturdy hiking boots and lunch/snacks for the trail and a change of clothes if needed. We will meet behind McDonalds, 4908 Main Street (Hwy 31) on the north side of Spring Hill at 6:15 am CT and leave promptly at 6:30 am. Please register with Robert Consalvo at 615-519-5584 or *rconsalvo@aol.com*.

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## COVE LAKE HIKING CHAPTER

**This chapter is in the process of being reorganized.**

For further information, contact Levonn Hubbard at 931-707-1020 or *eastregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## DYER COUNTY CHAPTER

**This chapter is in the process of being reorganized.**

For further information, contact Graydon Swisher at 901-737-3114 or *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-951-8317  
*easttennessee@tennesseetrails.org*  
**WEBMASTER:** Sherry Barber 865-209-6189  
*sbarber6189@comcast.net*

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**Sep 13 - Maryville/Alcoa Greenbelt. 8 miles.** Meet at 9:00 am ET at the Blount County Library on Calderwell Road in Maryville. This is an in and out paved trail that circles the lake behind the library, runs beside Pistol Creek and crosses the bridge over Hwy 129 bypass (quite exciting). Wear good walking shoes, bring water and snacks. For more information and to register contact Garnett Rush at 615-210-0660 or e-mail *rushga01@yahoo.com*.

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

**CHAPTER CO-CHAIRS:** Naullain Kendrick 931-224-6225  
*highlandrim@tennesseetrails.org*

**SECRETARY** Carolyn Fitz 931-598-0597  
*highlandrimsecy@tennesseetrails.org*

**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*

*(contact Joan & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Sep 6 – “Prentice Cooper Medley”. Sections of Mullens Cove Loop and Pot Point Loop, Prentice Cooper State Forest, west of Chattanooga. 6.5 miles. Moderate.** Our hike features highlights of Mullens Cove Loop and Pot Point Loop. We begin at Snoopers Rock, a bare rock promontory offering a wide view of the Tennessee River Gorge. Next we hike to Mullens Cove Overlook which provides a view of Mullens Cove where it joins the river gorge. Our next stop is Ransom Hollow Overlook, one of the best views of the region and our lunch spot. Then we visit McNabb Gulf to enjoy the cool cascading stream lined with Hemlocks. A brief walk along Tower Drive past an experimental tree farm of Yellow Poplars takes us back to our vehicles. Bring lunch, snacks, a lot of water, hiking shoes and hiking sticks and insect repellent. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811 for carpool information.

**Sep 13 – Great Stone Door Ranger Station to Savage Gulf Ranger Station via Stage Coach Road Historic Trail. 15.1 miles. Difficult.** 845 ft. elevation change. This is Hike #11 of the Hike All 14 in 2014 and a joint hike with the Friends of South Cumberland and Highland Rim Chapter. This is a tough fifteen mile hike with boulder fields on the Connector Trail and a steep ascent on the Stage Coach Trail. Meet at Savage Gulf Ranger Station off Hwy 399 at 8:00 am CT and we will shuttle to our starting point at Stone Door Ranger Station in Beersheba Springs, TN. Prepare for an all day hike with plenty of water, lunch, snacks etc. Wear sturdy hiking boots and bring hiking sticks and a headlamp. Contact hike leader Naullain Kendrick, at *naullain@hotmail.com* or 931-224-6225 for more information.

### Highland Rim Chapter – con’t.

**Sep. 19-21 – Camping on Devils Step Island, Kayaking on Tims Ford Lake, Winchester, TN. Joint Activity with Murfreesboro Chapter.** We plan to reserve Devils Step Island in Tims Ford Lake September 19 through September 21. Six people are permitted to stay on the island. Camping on the island is primitive but very beautiful. Others can camp at Fairview Campground located next to the Devils Step Public Lake Access and Boat Ramp. Sara Pollard, TTA Murfreesboro Chair, has reserved one campsite at Fairview Campground for tents only. Contact Sara at *sarabpollard@gmail.com* to reserve a place in the Fairview Campground. Devils Step Public Access is located at the end of Fairview Road. From Winchester Square drive west on Hwy 50 West toward Lynchburg for 2.8 miles then turn right on Fairview Road. The Dollar General Store is just past the turn onto Fairview Road. Drive one mile on Fairview Road and turn right onto Fairview Campground Road or stay straight to reach Devils Step Boat Ramp. Non-campers can meet us at 9:00 am CT Saturday, Sept. 20, to paddle Tims Ford Lake. We plan to paddle to Maple Bend Island for a rest and snacks then head down Owl Hollow Creek. Sunday morning we may explore Little Hurricane Creek. Register early with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811.

**Sep 22 – Chapter Meeting.** We will have dinner at Ruby Tuesday, 1936 N. Jackson St., Tullahoma, at 5:00 p.m. CT. Our meeting is 7:00 p.m. at D. W. Wilson Community Center. Robert Davis, AKA Santa’s Helper, will speak on his recent 306 mile hike on the Pacific Crest Trail (PCT) and share his photos of his hike in southern California and Oregon. The PCT is a 2,650 mile hiking and equestrian trail closely aligned with the highest portion of the Sierra Nevada and Cascade mountain ranges, which lie 100 to 150 miles east of the Pacific Coast. The trail extends from Mexico to Canada through California, Oregon and Washington.

**Sep 27 – National Public Lands Day – Work Day at Tims Ford State Park, Winchester, TN.** National Public Lands Day (NPLD) is the nation’s largest, single day volunteer effort for public lands. Our Chapter will celebrate NPLD by working on the Ray Branch Shoreline Trail at Tims Ford State Park. We will meet at 9:00 am CT at the new Visitor Center Parking Lot. Bring a lot of water, snacks and lunch. Bring insect repellent, work gloves and wear long pants. Bring hand pruners and a hammer. We will need several volunteers with weed eaters and chainsaws. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*  
**TREASURER:** Anne Goodson 664-1556  
*jacksontreas@tennesseetrails.org*  
**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
(call Glen & volunteer to lead an outing)  
**MEETS MONTHLY:** 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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Hike information unavailable at press time.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*  
**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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**Sept 11 – Memphis Chapter Eat & Meet.** Dixie Café, 4699 Poplar (between South Perkins Rd and Colonial). Dinner & Socializing: 6:00 pm CT (order from menu). Meeting: 6:30 pm

**Sept 27 - Village Creek State Park, Wynne, AR. 5.6 miles. Moderate.** Eileen and Brian will lead this hike. Bring lunch and plenty of water. Meet at Village Creek Park Visitor Center at 9:30 am CT. Questions about trail or carpool options contact *e\_kelm@yahoo.com* or 901-871-9746 text or call.

***Annual Meeting registration form and hike information on pages 6-7. T-shirt order form on page 2. Register now for discounted registration fee!***

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreesboro@tennesseetrails.org*  
**TREASURER:** Ann Jacobs 615-896-3935  
*murfreesborotreas@tennesseetrails.org*  
**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro  
**BLOG:** *www.tennesseetrails.org/blog/murfreesboro*

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**Sep 9 – Chapter Meeting.** TTA Nashville member Elizabeth Gerlock and her daughter recently traveled to Nepal. Their many adventures included temples and sights in Kathmandu, treks in the foothills of the Annapurnas, visits to villages - meeting the people and learning about their lives. They went rafting down the Seti River, and even did an elephant ride. They have compressed their many pictures into a power point presentation that they will share.

**Sep 13 – Hidden Springs Trail at Cedars of Lebanon State Park. 4.5 miles. Easy. Sellars Farm Indian Mounds. 1.5 miles. Easy.** The Hidden Springs trail winds through cedar glades around sink holes and through a mature hardwood forest. After the hike, we will eat lunch at the trailhead picnic shelter and take a short drive to Lebanon's Sellars Farm State Archaeological area to take the self guided tour of these Mississippian period Indian mounds. Bring lunch, snacks, water and good boots. We will leave from the park and ride at Broad Street at 8:00 am CT. You can contact Roy Duncan at *royduncan1959@yahoo.com* or call 615-848-5454.

**Sep 14 - Grundy Forest Day Loop, South Cumberland. 4 miles. Moderate to difficult.** We will begin our hike at the Grundy trailhead and follow the trail to the left of the picnic shelter and descend down a slight hill past Cave Springs Rockhouse and pass Blue Hole Falls. We will then junction with a portion of the Fiery Gizzard Trail through the **boulder field**, past Black Canyon Falls, the Chimney Rocks and finally to Sycamore Falls where we will have our lunch. We will double back to the junction and continue on the Grundy Loop past School Branch back to the parking lot. The hike, while relatively short is rated moderate to difficult due to the boulder field that we must traverse. Wear sturdy boots, bring your hiking poles and camera for the beautiful sights to see on this hike. Don't forget your lunch and plenty of water. For information or to register contact Tony Jones at **615-397-4463** or *awj1968@comcast.net*.

**Sep 19-21 – Tims Ford Lake Camping and Kayaking. Joint activity with the Highland Rim chapter.** Register early because there are a limited number of spaces to camp on Devils Step Island, but others can camp at Fairview Campground located adjacent to the Devils Step Boat Ramp. If you do not want to camp, you can meet us Saturday morning, September 20 at the Devils Step boat ramp at 9:00 am. We plan to paddle to Maple Bend Island, then down Owl Hollow Creek. To register and for carpool information, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

**Sep 27 – National Public Lands Day. Burgess Falls State Natural Area. 2 miles. Easy.** This trail is located about midway between Sparta and Cookeville on the Falling Water River. This is a moderate 2 mile hike with views of 4 waterfalls. A long and steep set of stairs at the end leads to the bottom of the largest, at 136 feet, and most famous of the falls where one can feel the spray and enjoy a different perspective. The return hike will include the Ridge Trail. We will have lunch at the restaurant overlooking the Sligo Boat Dock. To register, contact Mary Belle Ginanni at 615-895-6072 or *mginanni@comcast.net*.

## ANNUAL MEETING HIKE INFORMATION

October 24-26, 2014 are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we're planning and make your plans to be there!

### Friday

**Cumberland River Bicentennial Trail** (*please pre-register for these two outings with njuodenas@yahoo.com*). - 1. Bring your bike and ride on this 4 mile paved rail/trail which follows a converted rail bed and features hardwood forests, old railroad bridges over creeks and marshland. A highlight is a long steel framed trestle bridge that spans Sycamore Creek. 2. Eagle Pass section, 5 mile round trip hike is a continuation of the paved trail, becoming compacted gravel and passing an eagle's nest. Terminus is Cheatham Dam campground.

**Railroad History hike at Montgomery Bell.** Led and guided by State Naturalist, Randy Hedgepath.

**Wildcat, Ore Pit, Jim Bailey Nature Trail** at Montgomery Bell. 4 miles

### Saturday

**Beaman Park.** Combinations of Henry Hollow loop, 2 miles, Highland Trail, 4 miles, and Sedge Trail .7 miles. Features a rugged landscape of highland rim forest, steep slopes, narrow hollows, streams, waterfalls and drier ridge tops.

**Bowie Nature Park. 8 mile loop.** Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art.

**Downtown Nashville historical and urban hike. 7 miles.** To include, state capitol, Courthouse Square, Union Station, civil war sites, honky tonk district, river views, new convention center and various architectural gems.

**Harpeth River State Park outing. 3-4 miles.** To include Mound Bottom, Narrows of the Harpeth, Mace Bluff, Newsome Mill and possibly Hidden lakes.

**Johnsonville History Hike. 5 miles.** Enjoy a Ranger lead hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African-American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles.

**Montgomery Bell State Park.** Combinations of overnight trail, 10.5 mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This park has a great combination of history, wooded terrain, and lakes. And you're close to your lodgings - easy commute!

## Saturday Hikes – con't.

**Montgomery Bell 1/2 loop. 7 miles.** To include pre-park history, guided by State Naturalist, Randy Hedgepath.

**Montgomery Bell - Hiking and trail maintenance workshop.** Bob Richards will conduct this workshop which will include a morning hike on the Ore Pit Trail to discuss potential problems in the design of the trail and then an afternoon session which will include actual maintenance and trail building. All tools and guidance will be provided.

**Mousetail Landing. Overnight Trail, (but not overnight). 8 miles.** Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views.

**Natchez Trace Historical and Waterfall outing** to include: Devil's Backbone Natural Area: 3 mile moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing.

**Nathan Bedford Forrest State Park. 10 mile loop** which includes Pilot Knob, the highest point in west Tennessee and great views of Kentucky Lake. Includes a visit to the park's Folklife Center.

### Sunday

**Bicentennial Mall State Park.** With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger.

**Longhunter State Park, Volunteer Day Loop. 4 miles.** Fully wooded with bluffs overlooking the shores of J. Percy Priest Lake.

**Natchez Trace State Park. Cub Lake Trail 4 mile loop.** This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas.

**Percy Warner Park. Warner Woods Trail 2.5 mile loop.** This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles.

**Montgomery Bell - Beginning Orienteering Course.** Led by Montgomery Bell ranger, Eric Runkle. Bring your compass.

**2014 Annual Meeting  
October 24 – 26, 2014  
Montgomery Bell State Park (Burns TN)**

**Beat the early registration  
deadline of September 8 and save \$10.  
After September 8,  
the registration fee increases !**

Please provide the name of each member of your family attending.

Name:	Name:	Name:
Address:	City:	State: Zip:
Telephone – Day:	Night:	Email: Chapter:

**Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A block of Inn Rooms and Cabins will be held until midnight Monday September 8. After this time, the Park will release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).**

**For INN ROOMS and CABINS**, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Provide the reservationist our GROUP CODE 6870** to receive special discount pricing on the Cabins and Inn Rooms. **Cabins** (there are only 8 cabins; each have 2 bd; 2 bath. 1 rm w/2Q; 1 rm w/1K); **requires** a 2-night minimum stay and a deposit of one night's stay (\$177.86/night; includes the tax). **Inn Rooms** (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required (\$89.51/night; includes the tax). If applicable, remember to ask if there are discounts available for Seniors, Veterans and Tennessee State Employees.

**For the CAMPGROUND**, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). RV sites with water and electricity are \$25\*/night; RV sites with just water are \$20\*/night; tents may stay on an RV site for the same price of the RV. But there are many "primitive" tent-only sites without water and electricity and they are \$11\*/night. (•There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: <https://tnstateparks.itinio.com/montgomery-bell>

**MEALS:** Each meal may be ordered separately.

<b>DINNER</b>	<b>FRIDAY BUFFET - Seafood Themed</b> <i>(i.e., shrimp, catfish, frog legs)</i>	# of people _____ x \$20.00pp	\$
	<b>SATURDAY BUFFET - Steak Themed</b> <i>(i.e., steak, ribs)</i>	# of people _____ x \$20.00pp	\$
<b>BREAKFAST</b>	<b>SATURDAY BUFFET</b>	# of people _____ x \$12.00pp	\$
	<b>SUNDAY BUFFET</b>	# of people _____ x \$12.00pp	\$
<b>TRAIL LUNCH</b> <i>(circle selection)</i>	<b>SATURDAY - Turkey or Vegetarian</b> <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
	<b>SUNDAY - Turkey or Vegetarian</b> <i>Sandwich comes with chips, 2 cookies, fruit and beverage</i>	# of people _____ x \$10.00pp	\$
<b>MEAL COSTS TOTAL:</b>			<b>\$</b>

**EARLY REGISTRATION FEE** (registrations postmarked on or before Sept 8) **# of people \_\_\_\_\_ X \$35 = Total \_\_\_\_\_**  
(The full amount is required of each participant, regardless of the number of days attending.)

**LATE REGISTRATION FEE** (registrations postmarked on or after Sept 9) **# of people \_\_\_\_\_ X \$45 = Total \_\_\_\_\_**

**Yes, I would like to make a donation to support TTA's:**

**Evan Means Small Grants Fund\*\***

**Donation \$ \_\_\_\_\_**

\*\* This program, created in memory of Evan Means, a founding member of TTA, funds trail related projects across the state and is open to TTA chapters, as well as to other non-profit, volunteer based organizations. TTA's normal cycle is to accept grant requests during the fourth quarter of each year, and then announce the awards the following February. More information may be found on TTA's website.

**TTA's Technology / Communication Enhancement\*\*\***

**Donation \$ \_\_\_\_\_**

\*\*\* TTA's Board of Directors has been exploring options for enhancing its technology and avenues of communications. The initial launch is expected to require a fairly large outlay of money. After the initial launch the costs should be minimal.

**TOTAL ENCLOSED \$ \_\_\_\_\_**

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and, mail them to:

Tennessee Trails Association c/o Diane Manas  
716 Mount Carmel Place Nashville, TN 37205-3587

Need more information? Contact Diane Manas at 615-351-6431 or [DManasHikes@comcast.net](mailto:DManasHikes@comcast.net)

An email confirmation or postcard will be sent to you at the time your check and registration are processed.

**REFUND POLICY:** All cancellations and requests for a refund must be in writing. No refunds will be made after October 9, 2014. Persons canceling before October 9 will be refunded in full, less the \$35 (or \$45) Registration Fee.



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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
[nashville@tennesseetrails.org](mailto:nashville@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
[nashvillehikes@tennesseetrails.org](mailto:nashvillehikes@tennesseetrails.org)

*(email Nancy & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI  
Community Room, 261 Franklin Road, Brentwood. For  
directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)  
**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Sep 7 - Flat Rock Cedar Glade State Natural Area, Rutherford County. About 3 miles of easy hiking on even terrain, a great beginner hike.** This unique habitat and study area is a fine example of a globally rare habitat, just a few minutes east of Murfreesboro. Contact Nora Beck to register and for logistical details on this *afternoon* hike: [norellibee@gmail.com](mailto:norellibee@gmail.com) or 615-517-6486.

**Sep 20 - Beaman Park, Joelton TN. 5 miles. Moderate.** Beaman Park lies on the Highland Rim just outside of the Nashville Basin along the northwest edge of Davidson County – one of metro Nashville's finest but less visited parks. The varied terrain has some steep, forested slopes, with drier ridge tops and a beautiful creek. The hike is mostly flat but some terrain changes of about 300'. Come rain or shine! We will start at 9:00 am CT at the nature & visitor's center, which offers a nice visit as well. We'll follow the moderately easy Sedge Hill Trail for .6, turning onto the Henry Hollow Loop a short ways, then left onto Ridgetop Trail for about 1 mile. We'll turn about-face & head back, leading to continuation of the Henry Hollow Loop. A sparkling, picturesque creek will be our lunch stop, and then we'll hike about 1 mile out. Come join us! Hike leader: Tom Vickstrom, phone 615-405-6713. For location and trail map visit: <http://www.nashville.gov/Portals/0/SiteContent/Parks/docs/outdoor/Hiking%20Trails/MapBeamanPark.pdf>

**Sep 23 - Monthly Meeting.** Many of our chapter members know the trails of the Warner Parks well. There's a lot to love: The parks encompass over 2,800 acres and 26 miles of trails, two golf courses, picnic shelters, a dog park, and a fine nature center. The Friends of Warner Parks play an important role in keeping all these amenities available to the public, and Paul Fowler directs their volunteers. Paul will be telling us about this special and historically significant park and about the many ways that volunteers help to preserve, protect and provide stewardship for trails we love to hike. Guests are welcome. Bring some with you.

Dear TTA Members,

Please consider attending the annual meeting at Montgomery Bell State park. The theme "Hike through History" provides an opportunity to enjoy a hike while exploring the historical aspects of the area.

There are other reasons to attend the annual meeting, such as socializing with hikers from across the State, hiking new trails, and supporting the fund raising activities during the meeting. Check out the silent auction and the white elephant tables!

The annual TTA general membership meeting is on Saturday evening, October 25. We will present the TTA Award and the Bill Stutz Award. The membership will elect officers for the 2015 calendar year.

In an effort to improve communication among our members, a summary of the August 2 board meeting is included below.

Sincerely,

Carolyn Miller, TTA President

### August 2 TTA Third Quarter Board Meeting Summary

- Nominations are being sought for officer positions for the 2015 calendar year.
- A vote to determine the recipients of the TTA annual awards was conducted. These awards will be presented during the October 25 General membership meeting at Montgomery Bell State Park.
  - Tennessee Trails Award: Tennessee Parks and Greenways Foundation.
  - Bill Stutz Award: Al Ballenger, Sumner Trails Chapter
- SWOT Analysis - Bob Richards led a SWOT discussion (Strengths, Weaknesses, Opportunities and Threats) facing TTA and therefore CTC. Communications was identified as the most important theme in each of the categories Strengths, Weaknesses and Opportunities. It was the second most important theme under Threats.
- Discussion of the CTC and its future. All of the attendees expressed support for the CTC and a desire to see it continue. However, programs are in jeopardy.
  - Black Mountain grant expires January 2015 and currently no work is being done on this section.
  - If TTA and CTC are to host a successful Break Away program for 2015, the planning must begin this month.
- A motion carried directing Carolyn Miller and Frank Jamison to write a letter to be signed by Carolyn Miller from TTA to Deputy Commissioner Brock Hill with a copy to CT State Park Manager Bobby Fulcher stating our concerns about time constraints and the jeopardy to these programs and requesting permission to "plan and conduct Break Away 2015 and to conduct trail maintenance and construction under the direction of CT State Park personnel." The motion carried unanimously.
- A motion carried to make a donation to have TTA listed as a sponsor for the Tennessee Parks and Greenways Foundation September 21 Hike-a-Thon events. The TTA logo will be on the back of the T-shirt for this event.
- A motion carried to renew TTA's Alliance membership in the American Hiking Society.



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## NORTHWEST Chapter (UT at Martin / Weakley County)

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**This chapter is in the process of being reorganized.**

For further information, contact Graydon Swisher at 901-737-3114 or [westregional@tennesseetrails.org](mailto:westregional@tennesseetrails.org). In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)

**TREASURER:** June Parker 615-945-7462  
Bill Quattrociocchi 931-484-4230  
[plateautreas@tennesseetrails.org](mailto:plateautreas@tennesseetrails.org)

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT

**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

**Sep 6 – Road Prong Trail, Great Smoky Mountain NP, Gatlinburg, TN. 5 miles. Moderate+. (rescheduled from July).** This hike will start on the Chimney Tops trail for a 200 feet elevation gain in 0.9 mile before continuing on the Road Prong Trail along the Road Prong creek. We will hike and gain another 800 feet for 1.6 miles following the Road Prong creek ascending with views of several impressive cascades and small waterfalls before reaching a turnaround point and retrace our steps. Meet at the SW corner of Vanity Fair parking lot at 7:00 am CT. For more information and to register, contact Cheryl Heckler at 931-200-7436 or by email at [thehecklers@charter.net](mailto:thehecklers@charter.net).

**Sep 11—Potluck Chapter Picnic. 5:00 pm CT. Meadow Park Lake.** Contact Linda Barclay at [linbarc@gmail.com](mailto:linbarc@gmail.com) or 931-456-2857 or Cheryl Heckler at [thehecklers@charter.net](mailto:thehecklers@charter.net) or 931-200-7436 for additional information.

**Sep 21 – Tennessee Green Hike-a-thon, Black Mountain, Crab Orchard.** Choice of 3 hikes and chance to support Tennessee Parks and Greenways. For more information and registration information go to: <http://www.tenngreen.org/website/2013/11/20/tenngreenhikeathon>.

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## SODDY-DAISY CHAPTER

**CHAPTER CO-CHAIRS:** Ed & Donna Pyers 423- 344-9271  
[soddydaisy@tennesseetrails.org](mailto:soddydaisy@tennesseetrails.org)

**HIKE COORDINATOR:** George Bonneau 423-842-3619  
[soddydaisyhikes@tennesseetrails.org](mailto:soddydaisyhikes@tennesseetrails.org)

**TREASURER:** Bob McGavock 423-843-4646  
[soddydaisytreas@tennesseetrails.org](mailto:soddydaisytreas@tennesseetrails.org)

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/soddydaisy>

**Sep 2 – Upper Leggett Road to Lower Leggett Road trailhead. Approximately 3 miles. Easy.** Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: Bob McGavock 423-667-2960.

**Sep 6 – Retro Hughes Road to Heiss Mountain. Approximately 10 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: John Politte 423-304-8327.

**Sep 9 – Signal Mountain High School loop. Approximately 4 miles. Moderate.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Sep 13 – Prentice Cooper. Approximately 10 miles. Strenuous.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Sep 16 – Raccoon Mountain. Approximately 4 miles. Easy to moderate.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Sep 20 – Fall Creek Falls. Approximately 12 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike leader: George Bonneau.

**Sep 23 – Elsie Holmes. Approximately 4 miles. Easy.** Meet at Target parking lot on Hwy 153 at 8 am ET. Hike leader: George Bonneau.

**Sep 27 – Chickamauga Battlefield. Approximately 7 miles. Moderate.** Meet at Bi-Lo parking lot in Red Bank at 8 am ET. Hike leader: George Bonneau.

**Sep 30 – Enterprise South. Approximately 6 miles. Easy to Moderate.** Meet at Target parking lot on Hwy 153 at 8 am ET. Hike leader: TBA.

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## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** Jane Hamm 615-757-3331  
Gayle Livingston 615-264-2940  
*sumner@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at 7:00 pm CT  
Hendersonville First United Methodist Church, 217  
E. Main St. Hendersonville, TN

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**Sep 2 - Chapter Meeting.** Program information not available at press time. Look for update on website and emails.

**Sep 20 - Kelley's Point Battlefield and Brookmeade Greenway. Easy.** This one is part of the Nashville Greenway system and is more of a stroll than a hike. We will walk down the Greenway to Kelley's Point which overlooks the Cumberland River at the site of the Civil War Battle between the Confederate Cavalry and Yankee Ironclad Gunboats. Historian Mark Zimmerman will meet us there and fill us in on the history. After the walk we'll go to Jim N Nick's BBQ for lunch where Mark will sign his books for those interested. He will have limited copies of "Guide to Civil War Nashville", "God, Guns, Guitars and Whiskey - An Illustrated Guide to Historic Nashville" and "Gone Under: Historic Cemeteries and Burial Grounds of Nashville." Meet at the Presbyterian Church in Hendersonville at 9:30 am CT or at the trailhead at 7002 Charlotte Pike near the big Lowe's Supercenter at 10:00 am CT. For further info contact Rebel AI at *ballallenger@aol.com* or 615-347-2623.

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### Hiking available at Head of Sequatchie

One Saturday each month, the Head of Sequatchie unit of the Cumberland Trail is open to the public for hiking. The next open date is September 6; and remaining 2014 dates are October 4, November 8, and December 13. Groups can take a self-guided hike; and Ranger Anthony Jones can also be available for interpretation and to guide hikers on this short (1/2 mile) scenic trail. Jones also stated that groups may contact him to hike at other times as well. He can be contacted at *anthony.jones@tn.gov*.

Author Louis L'Amour made this valley a setting in his novel **Jubal Sackett**. This was also the home of the family of Katherine Sherrill, better known to us as Bonnie Kate Sevier, wife of Tennessee's first governor. The family cemetery is still there. This area will eventually be an overnight stop for thru-hikers on the Cumberland Trail, south of Black and Brady Mountains.

*<http://tnstateparks.com/events/details/monthly-head-of-sequatchie-opening4>*

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## UPPER CUMBERLAND CHAPTER

**(Sparta / Cookeville)**

**CHAPTER CHAIR:** Louise Miniard 931-528-9115  
*uppercumberland@tennesseetrails.org*

**HIKE COORDINATOR:** Kathleen Sullivan 931-284-7822  
*uppercumberlandhikes@tennesseetrails.org*

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**Sep 13 Wolf Cove/Sinking Cove Cave (near Sherwood, TN).** Caving trip, approximately one mile of caving in a mostly horizontal cave, however, there is at least two crawls (not very long) and you will get wet coming out as there is about a 30 foot swim at the end before exiting. About 1 to 2 mile hike to start trip. Need to bring 2 light sources and gloves are optional. Helmets will be provided so need a count before the day of the hike. For more info: call Joette at 256-776-3551 before Friday, Sept 12th.

**Sep 20 - South Rim Trail, Savage Gulf State Natural Area, Palmer, TN.** We will hike parts of the Savage Day Loop and the South Rim Trail to Laurel Bluff Overlook. The highlights of the trail are overlooks of the Savage Creek Gulf. The hike is 10.4 miles and is rated easy for the terrain and moderate for the distance. It is also possible to visit additional overlooks past Laurel Bluff Overlook by walking an additional mile. Bring hiking boots, snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT or at the US Bank in Sparta across from McDonald's at 8:30. For information and to register contact Richard Savage at 931-526-2035 or *savage\_richard@hotmail.com*.

**Sep 27 - Polly Branch. River Trail, Bridgestone-Firestone Centennial Wilderness, Sparta, TN. 8-10 miles. Moderate.** We will pass by Upper and Lower Polly Branch Falls and then join the Caney Fork River Trail before hiking to Yellow Bluff Overlook. An alternate is available for those wanting a shorter hike. Bring snacks, water, lunch, and hiking boots. You can meet us at the US Bank across from McDonald's in Sparta at 8:00 am CT. For information and to register contact Louise Miniard at 931-239-5425 or *lminiard@flowserve.com*.

## OFFICERS:

### President

Carolyn Miller 931-839-3213  
*president@tennesseetrails.org*

### Vice-President

Levon Hubbard 931-707-1020  
*vicepresident@tennesseetrails.org*

### Treasurer

Kathy Woods 615-473-6824  
*treasurer@tennesseetrails.org*

### Secretary

Diane Manas 615-352-7777  
*secretary@tennesseetrails.org*

### Past President

Millette Jones 615-397-9588  
*pastpresident1@tennesseetrails.org*

### Previous Past President

Don Dresser 731-668-4190  
*pastpresident2@tennesseetrails.org*

### West TN At-Large Director

Graydon Swisher 901-737-3114  
*westregional@tennesseetrails.org*

### Middle TN At-Large Director

Nora Beck 615-517-6486  
*middleregional@tennesseetrails.org*

### East TN At-Large Director

Levon Hubbard 931-707-1020  
*eastregional@tennesseetrails.org*

### Membership Director

Tim Townley 731-607-0512  
*membership@tennesseetrails.org*

### Cumberland Trail Conference Representative

Frank Jamison 865-376-4120  
*CTC@tennesseetrails.org*

### TN Rails To Trails Advisory Council Representative

Bob Richards 615-532-0753  
*TRAC@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## TTA 2014 CALENDAR

The following dates in 2014 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### THIRD QUARTER

Sep 6 ..... National Planting Day – 3rd Anniversary  
 (Organized by Keep TN Beautiful)

Sep 14-20 ..... Bike Ride Across TN (B.R.A.T.) – 25th Anniversary

Sep 27 ..... National Public Lands Day (Statewide)

### FOURTH QUARTER

Oct 24-26 ..... TTA's Annual Meeting; Montgomery Bell State Park; hosted by Nashville Chapter

## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Sep 10 .....	Oct 1
Oct 10 .....	Nov 1
Nov 10 .....	Dec 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- ☐ **A NEW MEMBER**  
☐ **RENEWING MY MEMBERSHIP**

Sep 14

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Tim Townley 731-607-0512 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

\_\_\_\_ Individual \$25.00  
\_\_\_\_ Family \$35.00  
\_\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_\_ Life Member (Individual) \$500.00  
\_\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- ☐ Please do not list my e-mail address in the TTA Annual Membership Directory  
☐ I would like to receive my newsletter by email.

**\*\* CTC Membership\*\* \*\*\$5.00\*\***

**\*\* Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.**

**Please list me with the following chapter:**

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ Cove Lake	____ Northwest (UT at Martin/Weakley)
____ Dyer County	____ Plateau (Crossville)
____ East TN (Oak Ridge/Knoxville)	____ Soddy Daisy
____ Highland Rim (Manchester/Tullahoma)	____ Sumner Trails (Sumner County)
____ Jackson	____ Upper Cumberland (Sparta/Cookeville)
____ Memphis	____ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**