TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA 2016 Annual Meeting - Pickwick Landing Area Hikes

Yes, we know. You folks at the other end of the state think there can't be any good hiking west of Nashville because it's just too flat. It's true that the word "mountain" isn't a part of everyday conversation in these parts. But we're not completely flat. You've surely heard of Big Hill Pond State Park. There the "big hill" soars to within about 6,000 feet of Clingman's Dome, and that's not counting the fire tower at the top. And what about Pinson Mounds State Park? Does "Mounds" say flat to you? And if those West Tennessee hikes aren't enough to satisfy you, we occasionally sneak across the river into Middle Tennessee or across the state line into Mississippi or Alabama. We'll be doing all of that at this year's annual meeting.

After your Friday drive to get to Pickwick, you may not want to take another long drive to a hike, so we've got one right there in the park. The three-mile Island Loop Trail takes you into the woodlands and along the banks of the Tennessee River where you can see the Pickwick Dam. Or if you feel like taking a short drive you can head over to Shiloh National Military Park where you can choose from two short hikes. The Battlefield Trail includes such famous Shiloh landmarks as the Hornet's Nest, Sunken Road, War Cabin, Peach Orchard and Ruggles' Batteries. The Indian Mounds Trail takes you to - you guessed it - Indian mounds, in this case the Shiloh Indian Mounds National Historic Landmark. You'll be spoiled for choice on Saturday. Big Hill Pond is a real treat. You'll see the Travis McNatt Lake, cross the Dismal Swamp on a boardwalk, climb the fire tower, and see a livestock dipping vat. The standard hike here is eight miles, but we may throw in a shorter version on Sunday that hits most of the highlights if you don't want to go that far. But even on the shorter hike, you'll still have to negotiate the "Big Hill."

If history is your thing and you'd like a more leisurely walk, check out Pinson Mounds State Park. This park, listed on the National Register of Historic Places, features fifteen Native American mounds including the second tallest mound in the United States, the 72-foot tall Saul's Mound. There are five short, mostly flat trails to choose from totaling over six miles. On the trip back, you can make a stop at Ada's The Unusual Country Store in Bethel Springs.

If you didn't get enough of Shiloh on Friday, head back over for a history hike to be led by Ranger Charlie Spearman. It will highlight the movements of one of the Civil War's major figures and you're sure to learn a lot along the way. And if we can find some folks who own compasses and aren't afraid to use them, we'll be doing a compass hike navigating our way across the park and seeing many of its important sights. Even if you don't have a compass, come along for the rugged, ten-mile adventure and just follow the group.

Anyone already homesick for East Tennessee might want to check out our options across the state line. Mississippi offers Tishomingo State Park with its unique (to Mississippi) landscape of massive rock formations, fernfilled crevices and huge boulders. The 6-8-mile hike also crosses a 200-foot-long swinging bridge. And in Alabama you'll find Cane Creek with an eleven-mile trail system that includes a 60-foot waterfall, wetlands, sparkling streams rushing through boulder-strewn notches, sunny glades, sheer canyon walls and towering cliffs overlooking seas of hardwood forests. The canyon itself is steep and deep. In some places it is 350 feet from the rim to the clear blue-green waters of Cane Creek.

Three hikes near I-40 will get you headed back home on Sunday. At Natchez Trace State Park, we'll hike an eight-mile section of the Red Leaves Trail, walking from Cub Lake to Pin Oak Lake. If you're headed east and want to finish a little closer to home, we'll cross the Tennessee River into Middle Tennessee where you can choose from two options. Mousetail Landing State Park's Eagle Point Trail is eight moderately difficult miles featuring a bluff overlooking the river. If you're short of time or just don't want to walk that far, the nearby Lady Finger Bluff offers virtually the same river view on a three-mile trail that has limestone outcrops and fresh water springs.

We hope that is enough to entice you to join your friends from the Jackson and Memphis chapters for a great weekend of hiking.

Submitted by Wayne Simpson



Office Location 409 Thurman Avenue,

Ste 102

Email: ctcoffice2014@gmail.com Website: www.cumberlandtrail.org

Fall Big Dig Volunteers Needed: September 14 thru October 22, 2016. (Work days are Wednesday through Saturday). This program continues from the Spring Big Dig work taking place on the Catoosa/Daddy's Creek Corridor of the Cumberland Trail north of Crab Orchard. Housing and food for volunteers provided at Eden Ridge Camp. Contact Marianne at the CTC Office 931-456-6259 to register and volunteer for the Fall Big Dig.

Other CTC Needs:

Volunteer Trail Builders: Join our seasonal BreakAway and Big Dig programs and the daily activity of the Central (working in Crab Orchard on Daddy's Creek) and Southern (working in Graysville in McGill Creek Gorge) Trail Crews. Training always provided and housing available during program times.

Wagon Master: Leading a group of 8-10 volunteers, with all trail training and CPR/First Aid provided by CTC.

Camp Moms/Camp Dads: Spend a week providing leadership and guidance to both our adult and university volunteers and build lifelong friends. Fall Big Dig 2016 and BA 2017 are close at hand with plenty of slots available.

Communication/Presentation: We are looking for volunteer members to form a working group to present CTC and our efforts to their community, both in presenting pre-prepared PowerPoint presentations and to help write/publish local press releases. CTC has an open Board position, Chair of the Communication Committee.

Connector Program Leadership/Community Field Team Members/GIS: Have an interest in planning, studying, and exploring new trail corridors? CTC will be fielding numerous community teams to study routes to link our communities to the CTSP. Called the Connector Program, much of this work will be done from maps on your laptop and exploring the local back roads. Watch for local organizational meetings late summer in the Crossville/Fairfield Glade & Oak Ridge/Kingston areas. Have GIS experience, let us know.

Central Trail Crew Position: Immediate need for a parttime crew member currently working on Daddy's Creek north of Crab Orchard: \$10.00/hour, Cumberland/Rhea County.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Ken Johnson 931-802-6343

clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Lili Ball 931-552-2773

clarksville@tennesseetrails.org

TREASURER: Mary Schwab 931-645-9068

clarksvilletreas@tennesseetrails.org

Donna Burdick 931-220-8497 clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-645-9068

clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

SECRETARY:

Please call hike leaders to confirm hike time and meeting place.

Aug 6 - Kohl's Trail Head to Percy Priest Dam and back. 5.8 miles. Suva Bastin 931-645-2849. Meet 8:00 am CT, I24 Exit 11 commuter parking lot. 42 miles to trailhead.

Aug 13 - Discovery Park of America. It is a museum in Union City, TN. Admission ages: 4 to 12 \$10.95, ages 13-64 \$13.95, ages 65+ \$11.95. Paul Schwab 931-801-9484. Meet 7:00 am CT, at Kroger Parking Area, Dover Crossing Rd., Clarksville. 107 miles to trailhead.

Aug 16 - Monthly Chapter Meeting.

Aug 20 - Garden of the Gods trip: 3 stops and a free ferry ride across the Ohio River. 1) Cave in Rock, 0.25 mile, moderate; 2) Rim Rock Trail. 0.5 mile, moderate; 3) Garden of the Gods, 0.5 mile, easy to difficult. Bob Lyon 931-648 2354. Meet 7:00 am CT, at Kroger Parking Area, Dover Crossing Rd., Clarksville. 148 miles to Cave in Rock plus 24 miles to Garden of the Gods.

Aug 27 - Short Mountain Distillery, must be 21+ years old. Tours are \$10 and include a moonshine tasting shot glass. J. R. Tate 931-378-6559. Meet 7:00 am CT, I24 Exit 11 commuter parking lot. 196 miles to trailhead.

COLUMBIA/FRANKLIN **CHAPTER**

CHAPTER CHAIR: Carolyn Watson 901-652-9089 columbia@tennesseetrails.org **HIKE COORDINATOR:** Jane Coffey 615-516-6551 columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174, Socializing and dinner at

6:00 pm CT; meeting starts at 7:00 pm.

Hike information unavailable at press time.

EAST TN CHAPTER

(Oak Ridge / Knoxville)

CHAPTER CHAIR:

WEBMASTER:

Rosemary Marshall 865-951-8317 easttennessee@tennesseetrails.org Sherry Barber 865-209-6189 sbarber6189@comcast.net

Aug 13 - Virgin Falls is a Tennessee Natural Area which was purchased from private landowners by the State in 2012. The hike is 8.2 miles and if we decide to take two side trails the total distance would be 9.5 miles. Unlike most trails we hike this one goes down first and then up for the return. There is about a 700 foot elevation loss from the parking lot to just below the falls, about 4.25 miles, and that has to be regained going back. Due to the length and elevation gain/loss the hike is rated as moderate. Because of the distance we will meet earlier than normal. We will meet in the Bearden Central Baptist Church parking lot for carpooling and leave at 7:30 am stopping in Oak Ridge at the American Museum of Science & Energy, 300 Tulane Ave. and meeting in the parking lot nearest Illinois Ave. We will leave there at 8:00 am for those who would prefer to meet there. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. We recommend that riders in a carpool pay the driver 8 cents for each mile. Round trip distance from Knoxville is 210 miles (\$.08 x 210 = \$16.80). From the AMSE, 170 miles ($\$.08 \times 170 = \13.60). After the hike plan on stopping on the way back for a meal and refreshments. For specific information about the hike please call Tom at 865-974-4422 or leave a message at 865-588-5622 or send an email to cressler@utk.edu before August 12th.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225

highlandrim@tennesseetrails.org

SECRETARY Carolyn Fitz 931-598-0597 highlandrimsecy@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Aug 6 - Sewanee Perimeter Trail, Sewanee. 20 miles. Strenuous. Marietta Poteet will this hike on the Sewanee Perimeter Trail beginning at Green's View. For those who missed hiking the twenty mile Sewanee Perimeter trail with Michael in April or just want to whip out a twenty mile trail, please join Marietta. Please call Marietta at 931-924-7666 or email at nannietta@blomand.net. Bring a lot of water, snacks and lunch. Wear sturdy hiking boots.

Aug 13 - Greeter Falls Loop/Greeter Trail plus a swim in the Blue Hole, South Cumberland State Park, Altamont, TN. 3 miles. Moderate because of a boulder field. This trail combination features upper and lower Greeter Falls and Boardtree Falls and a walk to one of the best views in the natural area, Big Bluffs Overlook This overlook provides an open view down Big Creek Gulf Bring water and lunch. Wear sturdy hiking boots. Wear your swimsuit for getting wet at Greeter Falls and swimming in cool, refreshing, clear Blue Hole. Contact Joan Hartvigsen for carpool information. jhartvigs@comcast.net or 931-962-0811.

Aug 19-21 - Devils Step Island Camping and Kayaking to Maple Bend Island and down Owl Hollow Creek. Tims Ford Lake, Winchester, TN. Joint activity with the Murfreesboro Chapter. We will camp on Devils Step Island Friday and Saturday. Those who are not camping can meet us at 8:00 am CT on the shore of Devils Step Island. We will paddle to Maple Bend Island for a rest and a snack then down Owl Hollow Creek. We will have lunch on Maple Bend Island before returning to Devils Step Island. The Park allows only six island. Contact Joan Hartvigsen. campers on an jhartvigs@comcast.net or 931-962-0811 to reserve a place on Devils Step Island. If there are more folks wishing to camp on an island there is the option of also reserving Maple Bend Island for the August 19-21 weekend. Or you can acquire a campsite at Fairview Campground, located near Devils Step Island. To reserve your own campsite at Fairview Campground or to reserve Maple Bend Island call Tims Ford State Park, 931-962-1183. Camping is free on Maple Bend Island but you are required to go to the Tims Ford State Park Visitor Center during business hours to register and purchase a map of Tims Ford Lake.

Con't on next page

Highland Rim Chapter – con't.

Aug 22 – Chapter Meeting. Dinner at 5:00 pm, Applebee's, 1957 N. Jackson Street, Tullahoma. Meeting is 7:00 p.m. at D. W. Wilson Community Center. Jake Kendrick will present a program on his yearlong hiking adventures in Australia. One of the featured hikes is the Overland Track situated in the Cradle Mountain-Lake St. Clair National Park, Tasmania. The track winds through terrain ranging from sheer mountains, temperate rainforest, wild rivers and alpine plains all in the Tasmanian Wilderness World Heritage Area.

Aug 26-28 - Hiwassee Kayaking, Ocoee Whitewater Rafting, Lower Ocoee Flatwater Kayaking and Camping Weekend. Camp at Gee Creek Campground, Campsite G6 August 26 and 27, Hiwassee/Ocoee Scenic River State Park, Delano, TN. Friday, August 26 at 3:00 pm ET we will depart Gee Creek Campsite G6 for a Hiwassee River float from the Reliance Bridge to the Hiwassee/Ocoee Scenic River State Park boat ramp using our kayaks. Saturday August 27 is Ocoee Whitewater Rafting. Folks who do not eniov whitewater can hike in Cherokee National Forest. Potential hikes are the Oswald Dome Trail near Reliance. TN, Big Frog Wilderness Hike near Ocoee Dam #3 and the Old Copper Road Trail which begins at the Ocoee Whitewater Center. Sunday we will use our own kayaks to paddle the lower, "quieter" section of the Ocoee. We will put in at Sugarloaf Boat launch below Ocoee Dam #1 (Parksville Lake Dam). The takeout ramp is on the Hiwassee a few hundred yards upstream of the confluence of the Ocoee and Hiwassee Rivers. The Sunday float is about six hours. Contact Naullain if you need to borrow a kayak. Contact Joan Hartvigsen soon to reserve space at the campsite, jhartvigs@comcast.net or 931-962-0811 and to inquire about the Saturday hike. Contact Naullain Kendrick soon to reserve a spot for whitewater rafting on the Ocoee River on August 27, naullain@hotmail.com. Friday evening we will share a potluck dinner at the campsite. Saturday evening we will eat at a restaurant.



Highland Rim Chapter - con't.

Planning Ahead:

Sep 23-25 - Nantahala Whitewater Rafting, Camping at Deep Creek Campground in Great Smoky Mountains National Park, Hiking in the GSMNP, Bryson City, North Carolina. We have reserved Group Campsite 201 at Deep Creek Campground. Contact Joan Hartvigsen early to reserve a spot in Campsite 201, which is fully shaded and next to Deep Creek. Joan's email jhartvigs@comcast.net, phone 931-962-0811. Friday after we set up camp we will hike Deep Creek, Indian Creek and Loop Trails. This easy hike is a 4.2 mile loop featuring Tom Branch Falls and Indian Creek Falls. We will also visit Juney Whank Falls. After our hike we will share a potluck dinner. Saturday is whitewater rafting on the Nantahala River. We are using Nantahala Outdoor Center. The trip is 8 miles. A fully-guided rafting trip price is \$49.99 and the Intensity rating is beginner. The rapids are Class II and Class III. Or there is the option of self guided trips, rated intermediate, previous experience recommended. Self guided raft is \$29.99 per person and self guided Duck (Inflatable Kayak) is \$34.99 per person. Please email Sidney Sexton sbsexton11@comcast.net to sign up for whitewater rafting. Indicate your preference of self guided or fully guided, raft or Duck. We can eat Saturday lunch at Nantahala Outdoor Center. Saturday dinner will be at a Bryson City restaurant. Sunday after we take down our tents we can hike the Goldmine Loop Trail. This 3.2 mile hike features pioneer homesites, streams and views of Fontana Lake. Or we can hike the Whiteoak Branch Loop. This 8.8 mile hike features Fontana Lake, Forney Creek, ridgelines and great views. Elevation change is 1,250 ft. Both trailheads are located at the end of the Road to Nowhere (aka Lakeview Drive).

Oct 7-9 - Ghost River Adventure. Camping at Chickasaw State Park, Henderson, TN. Paddling in the Ghost River State Natural Area, near La Grange, TN. Ghost River State Natural Area is a 2,200 acre section of the Wolf River in Fayette County. The natural area includes approximately 14 miles of the Wolf River beginning from the parking area near La Grange to just west of Bateman Road Bridge near Moscow, TN. The Ghost River section of the Wolf meanders through bottomland hardwood forests, cypress-tupelo swamps, and open marshes. Some of the most impressive trees are large oaks that include cherrybark, water, willow, and swamp chestnut. The Ghost River provides excellent habitat for rare aquatic organisms and unique opportunities for observing birds and other wildlife. The paddle is 9 miles and should take about 6 hours. Sunday morning we will visit nearby Pinson Mounds State Archaeological Park. Contact Naullain Kendrick at naullain@hotmail.com early to reserve space in one of the campsites.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336

jackson@tennesseetrails.org TREASURER: Anne Goodson 731-664-1556 jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190

jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

No hikes planned.

Planning Ahead:

Sep 6 - Chapter meeting. We will plan hikes for coming months. If you have a favorite hike in or near West TN, please come and let us know, or just tell us by return email.

Sep 17 - Annual cookout (and hike).

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434 memphis@tennesseetrails.org VICE-CHAIR: Francis Ruffin 662-781-5034 memphisvice@tennesseetrails.org

No hikes planned – see you in September!

It is TTA Auction Time Again! Join the Fun!

This is your chance to do a little holiday shopping and support the Evan Means Small Grant Program at the same time. All proceeds from the auction will go to the Evan Means Small Grant Program. Last year TTA raised over \$7000 and with your help we can raise even more! Plan to attend the TTA Annual Meeting and bring a friend.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610

murfreesboro@tennesseetrails.org

TREASURER: Ann Jacobs 615-896-3935 murfreesborotreas@tennesseetrails.org

PROGRAM COORDINATOR: Valerie Galan 615-516-6441

murfreesboroprog@tennesseetrails.org

HIKE COORDINATOR: Jennifer Zahn 615-943-8853 murfreesborohikes@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent

Park's Wilderness Station, 697 Veterans Parkway,

Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 6 - Barfield Park Trail Work. Meet at 8:00 am at the Barfield Wilderness Station to do trail work. Bring work gloves, hand clippers or loppers. Also pack a snack and plenty of water. We plan to work until 11:00 am. Contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Aug 9 - Chapter Meeting. Guest speaker is Dr. Stephen Wright of the MTSU Biology Department. He is a clinical microbiologist/virologist whose primary research interests relate to the epidemiology of vector-borne diseases including Lyme disease, Southern tick-associated rash illness and Rocky Mountain spotted fever. These syndromes involve transmission by tick vectors. Dr. Wright will give a presentation on what is currently known about the epidemiology of Zika virus, an emerging syndrome that has received a great deal of attention recently. Zika presents some particular challenges since the virus can be transmitted not only by mosquitoes but also through sexual contact.

Aug 20-21 - Tims Ford Lake Camping and Kayaking. Joint activity with the Highland Rim chapter. We will camp on Devils Step Island Friday and Saturday. Those not camping can meet us at 8:00 am CT on the shore of Devils Step Island. We will paddle to Owl Hollow Creek and then have lunch on Maple Bend Island. Space is limited for camping on Devils Step Island so you must sign up for camping as soon as possible. For more information or to sign up. contact Sara Pollard at 615-714-3610 sarabpollard@gmail.com.

Aug 27 - Rock Island. Plan to hike a 3 mile trail and a 1.6 mile lollypop. Rated strenuous at points due to elevation. Wear good hiking shoes and bring a snack and water. Swimming is available at some points if you want to wade in. Please contact Jennifer at jenzahn@gmail.com or 615-943-8853 for meet up information.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Doug Burroughs 615-283-0507 nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811

nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI

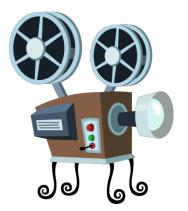
Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Aug 7 - Beaman Park, Joelton TN. 6 miles. Moderate. Come hike the lovely hills and dales of Beaman Park. Nestled in the northwest corner of Davidson County, the area was once know as Paradise Ridge, named for the Paradise brothers. It has morphed from a homesteading and moonshining area, to a hunting preserve, to what it is today; a wild and rugged Metro Park, where opportunities to enjoy nature abound. Come experience the solitude and serenity while hiking the forested slopes of Beaman Park. Bring water, snacks and wear hiking boots. Meet at the Nature Center at 8:00 am CT. For more information and to register call or e-mail Linda Latter at 615-419- 4845. lindaalatter@vahoo.com.

Aug 13 - Warner Parks, Nashville, TN, 3 trails, total of 9 miles. Rated moderate to strenuous. Meet at Warner Park Nature Center, first hike Harpeth Woods trail (2.5 miles), next Cane Connector Trail (1 mile), then Mossy Ridge Trail (4.5 miles) and last, Cane Connector back to Nature Center (1 mile). For information contact Betty Magee, 615-319-5394 or e-mail: monetfan455@yahoo.com.

Aug 23 - Monthly meeting. This is our annual Show and Tell meeting where we share photos and anecdotes from our own hikes and adventures. If you have some photos to show, please pitch in - this program has featured travel and hiking exploits from all over Tennessee, the US and the world. This is a great time to get inspired with fall's cooler temperatures just ahead to tempt you out on the trails. Bring your photos on a flash drive (preferred) or CD, and please let our program chairman Nora Beck know your intentions so she can put you in the queue and make sure all presenters have a fair amount of time. Nora can be reached at 615-517=-6486 or norellibee@gmail.com.



Nashville Chapter - con't.

Planning Ahead

Sep 4 - Volunteer Trail, Long Hunter State Park, Mt. Juliet TN. 11.5 miles RT. Moderate. The longest trail at Long Hunter follows the shore of Percy Priest Lake for most of its run and leads to a pair of primitive backcountry camping sites. Various species of shorebirds, ducks and geese are heard and seen frequently along this route. Though most of Long Hunter's trails are relatively flat, this trail has a slight increase in elevation as it leaves the shore and climbs up the bluffs overlooking the lake. Rocky jumbles, mossy hillsides, scenic lake views, majestic trees and abundant spring wildflowers are common sights along the trail. This area is home to a variety of mammals, including red fox, bobcat and deer. Call or e-mail Linda Latter for more information and to register. 615-419-4845, lindaalatter@yahoo.com.

Sep 24 - Edgar Evins State Park, Silver Point, TN (on Center Hill Lake). 8 miles. Moderate. The 5.5 mile Merritt Ridge Trail rises upon the ridges from an intersection along the 2.5 mile, wooded, Jack Clayborn Millennium Trail (2.5 miles). Merritt Ridge Loop offers spectacular views of the lake and surrounding landscape. On the Millennium Trail Loop, the remnants of 2 homesteads can be found, as well as several old stone walls. By combining the two trails a hiker can enjoy approximately 8 miles of diverse terrain. Both the Millennium Trail and the Merritt Ridge Trail share the same trail head. For more information and to register call e-mail Nancy Juodenas. 615-319-8811, nili1011@gmail.com.

Oct 21-23 - We have made another reservation at the Rattler Ford Group Camp near the Joyce Kilmer Memorial Forest, Robbinsville, NC. We are planning a weekend of more hiking trails, more camping, more campfires and more fun. This Group Camp is huge and even has a bath house with hot showers. We wanted to give people plenty of time to make room on their calendars for this fall event. The tree color should be at its height and the weather should be cool. So mark your contact Nancy Juodenas, calendars and nili1011@gmail.com Dale Williams. or Gloria gdw12@comcast.com for more information. All chapters welcome!!!

PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-200-7436 plateau@tennesseetrails.org TREASURER: Bill Quattrociocchi 931-484-4230

plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information contact Bruce Whitehead at trailwalker80@gmail.com or 941-716-3620, or visit the Plateau Chapter Blog. Check blog for cancellations or changes before hiking.

Aug 6 - Nantahala River Rafting, Bryson City, NC. This is an 8.5 mile full river trip, approximately 3 to 3-1/2 hours with about 2 to 2-1/2 hrs in the water with Adventurous Fast Rivers Company. Arrive by 12:30 ET to start rafting at 1:30. No bare feet; shoes need to be strapped shoes and not sandals that could easily slip off. We guarantee you will get wet and YOU will have a blast!!! Cost is \$35.00 (includes tax and river fee) per person. We have a minimum 10 person requirement to keep that price per person. Meet at Vanity Fair parking lot at 8:00 am CT; we will stop for lunch on our way. For more information and to register, contact Sigrun at 931-787-7267 or sigrun.brickle@gmail.com. Let me know ASAP if you plan to attend so that I may ensure we have space for everyone.

Aug 11 - Chapter Meeting. 6:00 PM. Program: Jacob Ingram, Cumberland Trail State Park Ranger, will present the Cumberland Trail Maintainer Program. First United Methodist Church Annex, 69 Neecham Street. Crossville, Dinner at Gondola's Restaurant, Woodmere Mall. Crossville at 4:45 pm CT. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

Aug 20 - Parch Corn Creek, Big South Fork, Oneida, KY. 7.1 miles. Difficult. We will join a park ranger at the end of Duncan Hollow Road at 9:00 am ET for a hike to Parch Corn Creek. We'll talk about wild boar destruction to our natural resources, visit the grave site of an early settler. have lunch at an old home site on Parch Corn Creek, and end our hike on the John Muir Trail back to where we started. Bring water, snacks, lunch, bug spray, and wear comfortable shoes for hiking. Depart from Cracker Barrel off of I-40 Exit 317 at 6:30 am CT. Contact Cheryl Heckler at thehecklers@charter.net or 931-200-7436 to carpool from Crossville.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Ed & Donna Pyers 423-344-9271

soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619

soddydaisyhikes@tennesseetrails.org Bob McGavock 423-843-4646

soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at

6:00 pm ET at Burk's United Methodist Church, 6433

Hixson Pike, Hixson

TREASURER:

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

No scheduled hikes this month.

AWARD NOMINATIONS

TTA is seeking nominations for awards to be presented at the annual meeting in October. We annually present the Tennessee Trails Award and the Bill Stutz Awards. The Bob Brown Lifetime Achievement Award is awarded periodically to those with a lifetime of leadership and extraordinary contributions.

Please send written nominations for the TTA awards to a member of the nominating committee, Doug Burroughs, Carolyn Miller, or Sara Pollard, one of the chapter chairs or to one of the TTA officers. Nominations should include contact information for the person making the nomination, a full name and address of the nominee and a paragraph stating why the person should be nominated for the award.

Tennessee Trails Award. This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

Bill Stutz Award. The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

Bob Brown Lifetime Achievement Award. The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Sally Ticaric

Bob Crouch

615-218-1086

sumner@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 7:00 pm CT.

Aug 8 – Chapter Monthly Gathering. We will meet at 6:00 pm at The Rudder Restaurant at Anchor High Marina on Old Hickory Lake for our monthly gathering for food, fellowship and planning for Fall hikes and activities. The address of the Marina is 126 River Road, Hendersonville, TN 37075.

Looking ahead:

Due to the Labor Day Holiday falling on our regular meeting night, we will be changing the date to the <u>second</u> Monday in September for that month only. Please make a note in your calendar that the meeting date will be September 12th. More information will be contained in the September newsletter.

The 2nd Annual Cumberland County Hiking Marathon

Jul. 15th - Registration Opens

Sep. 1st - Hiking Trail Marathon starts

Sep. 30th - Hiking Trail Marathon ends

Do you think that you can hike 26.2 miles of trails in 30 days? You will soon get the opportunity. This Hiking Trail Marathon will take place during the month of September 2016 on trails throughout Cumberland County. Successful marathoners will receive awards (T-shirt and patch) at the Fairfield Glade "Hit the Trails" festival on October 1st.

This year registration is online and there is no registration number. Hikers will be tracked by their name and the timestamp of their registration.orm, Just register online, then set off to walk the beautiful trails that have been designated for the marathon. It is that easy....and it is **FREE** to enter.

If you feel you are not quite ready to hike 26 miles then a half-marathon may suit you better. If you complete the 13.1 mile Half-marathon you will get a T-shirt for your efforts but no patch. Patches only go to those who complete the Full-marathon.

There will be organized guided hikes on all the trails so check the website for a schedule of hikes.

All registered hikers will be listed on the website.

To register and for more information, visit the following web address: http://time2meet.com/marathon/

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS:

Louise Miniard 931-239-5425 Jennifer Carroll 661-369-6619

uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822

uppercumberlandhikes@tennesseetrails.org

Hike information unavailable at press time.

A REMINDER:

We need your auction donations to make the annual meeting a success.



OFFICERS:

President

Carolyn Miller 931-839-3213

president@tennesseetrails.org

Vice-President

Bruce Whitehead 941-716-3620

vicepresident@tennesseetrails.org

Treasurer

Kathy Woods 615-473-6824

treasurer@tennesseetrails.org

Secretary

Diane Manas 615-352-7777

secretary@tennesseetrails.org

Membership Director

Tim Townley 731-607-0512

membership@tennesseetrails.org

Past President

Millette Jones 615-397-9588

pastpresident1@tennesseetrails.org

Previous Past President

Don Dresser 731-668-4190

pastpresident2@tennesseetrails.org

West TN At-Large Director

Margaret Dixon 901-603-7680

westregional@tennesseetrails.org

Middle TN At-Large Director

Joan Hartvigsen 931-962-0811

middleregional@tennesseetrails.org

East TN At-Large Director

Garnett Rush 865-268-5181

eastregional@tennesseetrails.org

Cumberland Trail Conference Representative

Frank Jamison 865-376-4120

CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative

Bob Richards 615-532-0753

TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

Due	For Newsletter Date
Aug 10	Sep 1
Sep 10	Oct 1
Oct 10	Nov 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

INACTIVE CHAPTERS

We have three chapters in the process of being reorganized. If you are interested in assisting with this process, please see below for the contact information.

Cove Lake Garnett Rush 865-268-5181

eastregional@tennesseetrails.org

Dyer County Margaret Dixon 901-603-7680

westregional@tennesseetrails.org

Northwest Margaret Dixon 901-603-7680

westregional@tennesseetrails.org

Seeking Nominations for Officer Positions to serve during the 2017 Calendar Year

Are you someone who wants to learn more about TTA and be part of guiding the organization?

Then, consider serving as an officer for 2017.

The election for TTA officers will be on Saturday, October 29 during the annual meeting at Pickwick Landing State Park.

The officers to be elected are President, Vice President, Secretary, Treasurer and Membership Director.

Please consider if you want to serve in a leadership role or if you know of another TTA member who should be considered as a candidate. TTA is a great organization and here is your chance to be part of the leadership team.

We are in most need of candidates for the following positions:

Vice-president: The vice-president shall serve as president in the absence or incapacity of the president. (The president shall be chairperson of the Board of Directors. The president shall preside at all meetings of the Board of Directors and of the membership, recommend the creation or dissolution of special committees as deemed necessary and serve as an exofficio member of all committees.)

Secretary: The secretary shall keep minutes of all meetings of the Board of Directors and the membership and shall distribute copies of the minutes to the members of the Board of Directors within two weeks following any meeting. The secretary also shall maintain the permanent records of the Association.

Membership Director: The membership director shall be responsible for promoting and maintaining the membership, collecting dues and membership applications, forwarding all dues to the treasurer and reporting to the Board of Directors on the status of the membership.

Please contact or send nominations to either TTA President, Carolyn Miller or TTA Vice President, Bruce Whitehead.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

☐ A ☐ R Me	ANT TO JOIN TENI NEW MEM ENEWING emberships are for one y the Memberships are also	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446						
	Tim Townley 731-607-0512 membership@tennesseetrails.org							
Inc	dividual mily	\$25.00 \$35.00	NameAddress					
	udent (FULL TIME)	\$15.00		State				
Su		, \$100.00 or more)		Zip				
	e Member (Family)		e-mail Please do not list my e-mail addres I would like to receive my newslette	s in the TTA Annual Membership Directory				
Trails Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.		ease list me with the following chapter Clarksville Columbia/Franklin Cove Lake(Inactive) Dyer County(Inactive) East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma) Jackson Memphis						
responsibilities announcemen members by socializing an programs, in a	s, etc. (2) TTA's monthly its, as well as events occ chapter and how to reac d refreshments. In additi addition to learning about	newsletter, containing info urring within TTA's partner th them. You are invited to on, our annual meeting is the progress and plans of	ormation on hiker safety, upcoming hikes/over organization (CTC) and associate organization attend any number of monthly meetings so held in the fall at one of Tennessee's man the organization.	aining information about TTA, trail etiquette, hiker riight trips, volunteer opportunities, chapter meeting on (TRAC). (3) Annual Membership Directory, listing scheduled, where you will enjoy diverse programs, by parks for a weekend of hiking, camaraderie and TTA/CTC/TRAC functions.				

2016 TTA ANNUAL MEETING October 28 - 30, 2016 Pickwick Landing State Park

Beat the early registration deadline of September 15 and save \$10. After September 15, the registration fee increases!

Families: Please provide the name of each member of your family attending. Name: Name: Address:______ City:_____ State:___ Zip:___ - ____ Phone: () E-mail: Chapter: LODGING - Reservation and payment for rooms must be made directly with Pickwick Landing at 800-250-8615. First night deposit required. Online registration Code #6267 If you are the person reserving an Inn Room or Cabin for a group, please provide the names of those sharing with you. _____Name _____Name _____ Name ___ Name INN ROOMS - 70 Rooms are on hold through Sept 15 and rates include 14.5% hotel tax (2 queen beds with private bath) Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+). Fri Night Rate / 2 people \$100.76 Payment for room must be made Inn Rooms: Sat Night Rate / 2 people a, \$100.76 directly with Pickwick 2 Suites on hold - 4 queen beds, living room sleeper, 3 baths Night Rate \$263.35 Payment for room must be made Bed Suites Fri Night Rate \$263.35 directly with Pickwick Sat (a). AAA Cabins (3 cabins on hold – 2 Bedroom total 4 double beds, 1 bath, capacity of 8 people) \$137.40 Payment for cabin must be made Night Rate AAA Cabins: Fri (a) Sat Night Rate (a) \$137.40 directly with Pickwick CAMPING – All sites are on a first-come, first-serve basis. The campground has a total of 48 sites with hook-ups (20/30/50 amp electric). Please provide the details of your reservation for planning purposes. Friday Night # of People _____ Tent Camping (4 people) @ \$18.32 # of People **RV** Camping: @ \$18.32 Saturday Night # of People _____ Tent Camping (4 people) @ \$18.32 **RV** Camping: # of People @ \$18.32 MEALS (Fri. Dinner, Sat. Breakfast and Dinner are buffets) includes beverage and 18% gratuity # of People _____ x FRIDAY Dinner Buffet \$18.81 Total \$ **SATURDAY** Breakfast Buffet # of People \$12.91 Total \$ Sack Lunch w/drink # of People \$10.00 Total \$ (ham, turkey, pimento cheese) # of People _____ x Dinner Buffet \$18.81 Total \$ **SUNDAY** Breakfast Buffet # of People _____ x \$12.91 Total \$ Sack Lunch w/drink # of People \$10.00 Total \$ # of People _____ x EARLY REGISTRATION FEE \$25.00 Total \$ LATE REGISTRATION FEE postmarked after 9/15/16 # of People \$35.00 Total \$

(This registration fee cannot be pro-rated. The full amount is required of each participant, regardless of the number of days attending.)

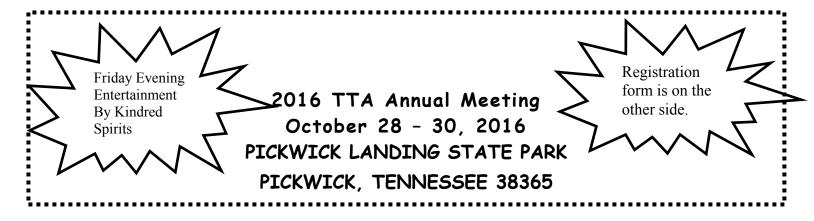
If you have special dietary needs, please write in request on this form.

TOTAL ENCLOSED \$

Please complete this Registration Form and mail it with a check for your registration fee and meals made payable to Tennessee Trails Association and mail to: Cathey Cole, 1390 Quito-Drummonds Road, Drummonds, TN 38023, 901-835-2273.

An email confirmation or postcard will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. Persons canceling before Oct. 8th will be refunded in full. Persons canceling after Oct 8th refund for meals only.



Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, auction and Friday evening entertainment. The Annual Meeting will be held from Friday, October 28, through Sunday, Sunday 30, at the Pickwick Landing State Park and Convention Center, Pickwick, Tennessee. Our hosts for this year's event are the Jackson and Memphis chapters.

Lodging:

<u>Inn Rooms</u> – The rooms have two queen size beds and are located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a balcony and picturesque view of the lake. Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+).

<u>Cabins</u> – A two-night stay is required and for cabins. The cabins sleep eight and have two bedrooms, each with two queen beds and 1 bath. The cabins also feature a full kitchen, central heat and air, a patio, and fireplace. All cookware, dishes and linens are provided. They are located in a wooded area ½ mile from Pickwick Inn & Conference Center.

<u>Camping</u> – There are 48 sites available on a first come, first serve basis. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electrical hook-ups 20/30/50 amp electric. A central bathhouse with showers is close by. Campsites are located about 1 1/2 mile from Pickwick Inn & Conference Center.

Meals:

An 18% gratuity is included in the cost of all meals. If you have special dietary needs, please write in request on registration form.

2016 TTA Annual Meeting Schedule of Events – tentative

All Times are Central

FRIDAY		SATURDAY		SUNDAY	
3:00 pm	Depart for Hike	7:00 - 10:00 am	Breakfast Buffet	7:00 - 10:00am	Breakfast Buffet
4:00 pm	Check-In Begins	8:00 - 9:00 am	Depart for Hikes	Before 11:00 am	Check Out
4:30 - 8:00 pm	Dinner Buffet	4:30 - 6:30 pm	Dinner Buffet	8:00 – 9:00 am	Depart for Hikes
	Entertainment	6:30 – 7:00 pm	Shop the auction tables		Board Meeting
	Speaker	7:00 - 8:00 pm	Annual Meeting		

Hikes scheduled:

Big Hill Pond State Park, Cane Creek, Mousetail Landing, Natchez Trace, Pinson Mounds Nature Trail, Shiloh National Military Park, Tishomingo State Park