TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



President's Corner

Welcome Fall !!

It has been a hot summer and several chapters have limited their hiking. Let's hope that September is cooler and that we can get out and enjoy the trails.

There are several events during September to encourage hiking.

- Hiking Marathon in Cumberland County: September 1 – 30. Sponsored by Friends of Crossville Trails. To register, contact: www.time2meet.com/crossvilletrails
- National Public Lands Day Saturday, September 24. Join a trails project or just go hike a trail on Public Lands. National Public Lands Day (NPLD) is the largest volunteer event for America's public lands. NPLD is held on a Saturday in late September when thousands of Americans volunteer to improve and enhance our nation's public lands.
- In addition to these events, investigate the hikes advertised by TTA chapters across the State. Consider joining a hike with one of the other chapters.

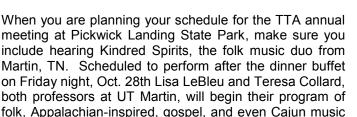
Lastly, be sure to register and attend the annual meeting at Pickwick State Park, October 28-30, 2016. The annual meeting is a great way to meet hikers from across the state and make life-long friends.

Happy Trails!

Carolyn Miller



at 7:00 p.m. or so.



TREASURE HUNT! BRING TREASURES FOR THE AUCTION! BUY NEW TREASURES!

We are looking for five donation items from each chapter for this year's auction. All proceeds go to Evan Means Small Grant Program and all contributors will be recognized in the TTA newsletter.

Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. Check with your chapter chairperson for solicitation materials to give to local businesses or download solicitation materials from <code>www.tennesseetrails.org</code>. Don't forget the white elephant sale. Look in your closets and basements and bring us something for the \$2, \$5, \$10 bargain tables.

Thank you for your support and see you at Pickwick!



Office Location 409 Thurman Avenue,

Ste 102

Website: www.cumberlandtrail.org

CTC Fall Programs: Contact the CTC office for more information or to register for any of the following programs.

Big Dig: Sep 14 – Oct 22. Hebbertsburg Road/Daddy's Creek Section.

CTC Trail Building Courses

1. Trail Building 101: Monday, Sep 19 or Saturday, Sep 24, 8 am CT to 2pm CT. LOCATION: Cumberland County Playhouse Nature Trail

2. WagonMaster Training: Saturday, Oct 8 or Friday, Oct 14 8 am CT to 2 pm CT.

LOCATION: Eden Ridge Camp, Crab Orchard

Volunteers who may want to lead independent trail crews to do construction or maintenance on the CT must take this training. Class covers safety talks, tool handling, terminology, the zipper method of duff removal, stubbing trees, corridor clearing, and construction of water over crossings, armoring, rock steps and crib walls. Fundamentals of water behavior, the fifty-percent rule, back slope guidelines, root removal, puzzling, grooming standards and group problem solving are covered. Leadership skills are emphasized including; how to assess the abilities of volunteers, finding a balance between work and supervision, safety, how to explain each step in the building process and a method to build volunteer crew skills. Tools provided. *Bring gloves, bug spray, warm clothes, lunch, water and snacks*.

No Charge either class but **Registration is required**. Contact the CTC office to register at 931-456-6259 or *ctcoffice2014@gmail.com*.

Looking ahead to 2017: Spring Breakaway (Alternative Spring Break): March 4 – April 1, 2017. Come work with college students to build the Cumberland Trail.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Ken Johnson 931-802-6343 clarksville@tennesseetrails.org

CHAPTER VICE-CHAIR: Lili Ball 931-552-2773

clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068

EASURER: Mary Schwab 931-645-9068 clarksvilletreas@tennesseetrails.org

> Donna Burdick 931-220-8497 clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-645-9068

clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

SECRETARY:

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/clarksville

Please call hike leaders to confirm hike time and meeting place.

Sep 10 - Springfield Greenway, Travis Price Park, Springfield, TN. 6 miles out and back. Easy. Eat at a Restaurant In Springfield after the hike. Paul Schwab 931-801-9484. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 25 miles to trailhead.

Sep 17 - Savage Gulf SNA, following trails which form a loop: Stone Door, Big Creek Gulf, & Laurel. 7.8 miles. Difficult. Paul Schwab 931-801-9484. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 134 miles to trailhead.

Sep 20 - Monthly Chapter Meeting.

Sep 24 - National Public Lands Day. A project will be announced.

TTA MERCHANDISE AT THE ANNUAL MEETING

Bring your dollars and cents to the annual meeting to purchase TTA merchandise. We have many items listed on the TTA website. Please take a look. There will also be new long sleeved T shirts for sale. It is another way to support the Tennessee Trails Association. If you have questions, please email Marietta Poteet at nannietta@blomand.net. See you at the annual meeting.



COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR:

HIKE COORDINATOR:

Carolyn Watson 901-652-9089 columbia@tennesseetrails.org Jane Coffey 615-516-6551 columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Hike information unavailable at press time.

Get in on the action... It's Silent Auction Time Again!! Join the fun!

Mark your calendar and make plans to attend the TTA Annual Auction held on October 29th at Pickwick State Park.

This is your chance to do a little holiday shopping and support the Evan Means Small Grant Program at the same time. Last year TTA raised over \$7,000 and with your help we can raise even more! Plan to attend the TTA Annual Meeting, bring a friend, and bring your checkbook!

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

WEBMASTER:

Rosemary Marshall 865-951-8317 easttennessee@tennesseetrails.org Sherry Barber 865-209-6189 sbarber6189@comcast.net

Sep 10 - Schoolhouse Gap to Chestnut Top. 6.3 miles. Moderate. This hike involves a shuttle. We begin walking up Schoolhouse Gap, a wide road next to a creek for 2 miles. Then we turn onto Chestnut Top and continue gradually uphill for 2.8 miles past a great overlook of Townsend. We then travel a ridge and a sighting of Thunderhead Mountain, the highest peak on the western end of the park. Then we descend a set of switchbacks to the end of the trail at the Townsend Wye. This part of the forest is heavily covered by pines and oaks. Wear sturdy boots and bring snacks and lots of water. We will lunch after the hike in Townsend. Contact Garnett Rush at rushga01@yahoo.com or 615-210-0660 for meeting place and time. Don't forget the \$\$\$'s for carpooling.

Sep 24 - Castle Rock in Frozen Head State Park. 7.5 miles. Moderate. Join us on a hike in the Cumberland Mountains. We will park at the Park Headquarters and hike the road to the Lookout Tower trail. We will follow the Lookout Tower trail about 3 miles to the intersection with the Bird Mountain trail/Cumberland Mountain trail gaining about 1500 feet. We will follow the Bird Mountain trail for about 4 miles to where we first started on the Lookout Tower trail, gaining about 300 feet in the first mile or so then losing 1500 feet. Along the way we will pass Castle Rock. The distances are estimates based conversations with park rangers. We will meet in the Bearden Central Baptist Church parking lot for car-pooling and leave at 8:30 am stopping in Oak Ridge at the American Museum of Science & Energy, 300 Tulane Ave. and meeting in the parking lot nearest Illinois Ave. We will leave there at 9:00 am for those who would prefer to meet there. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. Be sure to bring \$\$'s for carpooling. After the hike plan on stopping at Applebee's in Oak Ridge on the way back for a meal and refreshments. For specific information about the hike please call Tom before September 23rd at 865-974-4422 or leave a message at 865-588-5622 or send an email to cressler@utk.edu.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CO-CHAIRS: Naullain Kendrick 931-224-6225 highlandrim@tennesseetrails.org

SECRETARY Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Sep 9-11 - Camping and kayaking on Center Hill Lake and Caney Fork River Weekend. Camping at Ragland Bottom Campground, eight miles east of Smithville, TN off US-70 East. We have reserved three gorgeous premium tent campsites along the shore of Center Hill Lake: #28, #29, #30. Each site has electricity, water, shade and lake views. Beautiful lakeside RV sites are available as well as additional tent sites for others to reserve. Camparound has flush toilets, sinks and hot showers. Kayaking on Center Hill Lake. Campground has a boat ramp and covered picnic pavilion. Hiking Ye Ole Red Post Trail. This steep trail is an approximately two mile long loop above Ragland Bottom Campground. The scenic trail provides beautiful overlooks of Center Hill Lake, Sligo Bridge and Sligo Marina. Swimming in Center Hill Lake at a sandy beach. Saturday morning we will float the Caney Fork River. We will put in below Center Hill Dam and take out at Betty's Island, 8.7 miles. Ragland Bottom Campground is a U.S. Army Corps of Engineers facility. It is clean, well maintained and beautiful. The campground closes for the season in middle of September. Please contact Joan Hartvigsen early if interested in staying in campsite #28 or #29. Also, contact Joan by September 8 if interested in the Saturday Caney Fork Float. Joan's email jhartvigs@comcast.net or 931-962-0811. Kayaks and canoes may be rented at Canoe the Caney, 1-800-579-7893, 17055 Smithville Highway, Silver Point, TN. Reservations recommended.

Sep 17 – Eat-Hike Eat, Sewanee Perimeter Trail. About 5 miles. Moderate. Meet at the Blue Chair Restaurant in Sewanee at 9:00 am CT for breakfast. e will leave at 9:30 am to drive to the trailhead. Bring water, snacks and lunch. Contact Joan Hartvigsen at <code>jhartvigs@comcast.net</code> or 931-962-0811 to register for the hike. We will begin at Gate 15 and hike south on the fire lane to access the Perimeter Trail. We will then hike southwest on the Perimeter Trail to Elliott Point, King's Farm, north to Armfield Bluff then to Gate 9 where we have a shuttle vehicle awaiting us. We will have lunch at King's Farm.

Highland Rim Chapter - con't.

Sep 23-25 - Nantahala Whitewater Rafting, Camping at Deep Creek Campground in Great Smoky Mountains National Park, Hiking in the GSMNP, Bryson City, North Carolina. We have reserved Group Campsite 201 at Deep Creek Campground. Contact Joan Hartvigsen early to reserve a spot in Campsite 201, which is fully shaded and next to Deep Creek. Joan's email jhartvigs@comcast.net, phone 931-962-0811. Friday after we set up camp we will hike Deep Creek, Indian Creek and Loop Trails. This easy hike is a 4.2 mile loop featuring Tom Branch Falls and Indian Creek Falls. We will also visit Juney Whank Falls. After our hike we will share a potluck dinner. Saturday is whitewater rafting on the Nantahala River. We are using Nantahala Outdoor Center. The trip is 8 miles. A fully-guided rafting trip price is \$49.99 and the Intensity rating is beginner. The rapids are Class II and Class III. Or there is the option of selfguided trips, rated intermediate, previous experience recommended. Self-guided raft is \$29.99 per person and self-guided Duck (Inflatable Kayak) is \$34.99 per person. Please email Sidney Sexton sbsexton11@comcast.net to sign up for whitewater rafting. Indicate your preference of self-guided or fully guided, raft or Duck. We can eat Saturday lunch at Nantahala Outdoor Center. Saturday dinner will be at a Bryson City restaurant. Sunday after we take down our tents we can hike the Goldmine Loop Trail. This 3.2 mile hike features pioneer home sites, streams and views of Fontana Lake. Or we can hike the Whiteoak Branch Loop. This 8.8 mile hike features Fontana Lake, Forney Creek, ridgelines and great views. Elevation change is 1,250 ft. Both trailheads are located at the end of the Road to Nowhere (aka Lakeview Drive).

Sep 26 – Chapter Meeting. Dinner at 5:00 pm at Ruby Tuesday, 1936 N. Jackson Street, Tullahoma. Meeting is 7:00 pm at D. W. Wilson Community Center. Our program is "Update on the Goings On at South Cumberland State Park."

Planning Ahead:

Oct 7-9 - Ghost River Adventure. Camping at Chickasaw State Park, Henderson, TN. Paddling in the Ghost River State Natural Area, near La Grange, TN. Ghost River State Natural Area is a 2,200 acre section of the Wolf River in Fayette County. The natural area includes approximately 14 miles of the Wolf River beginning from the parking area near La Grange to just west of Bateman Road Bridge near Moscow, TN. The Ghost River section of the Wolf meanders through bottomland hardwood forests, cypress-tupelo swamps, and open marshes. Some of the most impressive trees are large oaks that include cherrybark, water, willow, and swamp chestnut. The Ghost River provides excellent habitat for rare aquatic organisms and unique opportunities for observing birds and other wildlife. The paddle is 9 miles and should take about 6 hours. Sunday morning on our way home we will visit Mousetail Landing State Park for a hike. Contact Naullain Kendrick at naullain@hotmail.com early to reserve space in one of the campsites.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336

jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190

jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

Sep 6 - Chapter Meeting. We will plan hikes for coming months. If you have a favorite hike in or near West TN, please come and let us know, or just tell us by return email.

Sep 17 - Annual cookout (and hike).

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-781-5034

memphisvice@tennesseetrails.org

Sep 24 - Village Creek State Park, Wynne, AR. 5 miles. Moderate. The hike follows part of the old wagon road west and the Trail of Tears and takes us through woods, by a couple of lakes and across a swinging bridge. The terrain is hilly. Meet at the park visitor center at 9:30 am or meet to carpool at the Tennessee Welcome Center on Riverside Drive at 8:00 am. To register for carpool or for questions call Freddi Felt at 901-737-8882. Rain cancels hike.

START SAVING!! GOT STUFF???

Bring all those wonderful goodies you have stashed away but aren't using.

TTA needs it!!!

The silent auction and the white elephant table await your donations.

One person's junk is another person's ...??????

(See your chapter chairs for auction letter and receipts to give donors or download letter at www.tennesseetrails.org

Annual Officer Election for 2016.

Election will be held Saturday, October 29 during the annual Membership Meeting.

The nominating committee composed of Carolyn Miller, Bruce Whitehead, and Garnett Rush is seeking candidates for the position of President and Secretary. If you are interested in serving as an officer of TTA, please contact a member of the Nominating Committee.

President - Seeking candidates

Vice President – Bruce Whitehead (candidate for reelection)

Secretary - Seeking candidates

Treasurer – Kathy Woods (candidate for re-election)

Membership Director - Cheryl Heckler (candidate)

Middle Tennessee Regional Representative – Joan Hartvigsen (candidate for re-election)

We thank those who are willing to continuing to serve as officers and are candidates for re-election.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610 Mu

murfreesboro@tennesseetrails.org
TREASURER Ann Jacobs 615-896-3935

murfreesborotreas@tennesseetrails.org
PROGRAM COORDINATOR: Valerie Galan 615-516-6441

murfreesboroprog@tennesseetrails.org

HIKE COORDINATOR: Jennifer Zahn 615-943-8853

murfreesborohikes@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway,

Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Sep 10-11 - Hidden Passage Overnight Backpack in Pickett State Park, TN. 10 miles, Moderate. We will hike along some of the best rock shelters in the state. We will need to negotiate several short steep climbs along the way making elevation gain and loss about 1,200 feet. The camping area is below Thompson Overlook, in a beautiful hemlock grove. If conditions allow we can take a short hike to Double Falls, and take a cooling shower at the base of the falls. A change of clothes and water shoes is a good idea. The camping area tends to be10-degree cooler than the overlook, so plan accordingly. For more information call Andv Meeks at 813-447-1224 usmcmeeks@gamil.com.

Sep 13 - Chapter Meeting. Susan and Donnie Welchance will be our guest speakers regarding beekeeping and what non-beekeepers can do to help honey bees survive. Susan and Donnie began beekeeping in 2009 with 3 hives of honey bees. They currently maintain an apiary of 17 beehives in northwestern Rutherford County in the Leanna community on the banks of the West Fork of the Stones River. They are members of the Rutherford County Beekeepers Association, Nashville Area Beekeepers Association, and the Tennessee Beekeepers Association. They harvest honey, beeswax, and propolis from their hives. They will bring components of a beehive and various beekeeping implements to show the audience.

Sep 18 - Virgin Falls. 8 miles. Moderate to difficult. We will go to several falls, including Big Branch, Big Laurel, Lower Sheep Falls and Sheep Falls, on to Virgin Falls, a 100 foot drop and one of the most unique and enchanted in Tennessee. Contact Wayne Yancey for ride share and meeting times at the trail head. 615-887-0212 or by email: wayne.yancey@gmail.com.

Murfreesboro Chapter - con't.

Sep 28-Oct 1 - Cumberland Trails Conference Fall "Big Dig" Trail Work. Sara Pollard is coordinating participation in the construction of the 8 mile section of the Crab Orchard Segment of the Cumberland Trail. This will link the communities of Crab Orchard to the existing Obed Wild and Scenic River Segment at the Devil's Breakfast Table. Food and lodging is provided free for overnight participants. Overnight volunteer lodging, with meals cooked as a team, are provided at no cost at the Eden Ridge Camp, 4866 Hebbertsburg Road, Crab Orchard, TN. Rustic camping is also available. If you want to participate as a day volunteer, contact me or the CTC office prior to arrival for the updated work location. Day volunteers need to bring lunch, snacks and water. Tools are provided and wear sturdy shoes, gloves and layered clothing for any weather conditions. For more information contact Sara Pollard at sarabpollard@gmail.com or 615office contact information 714-3610. CTC ctcoffice2014@gmail.com or 931-456-6259. We need your help to complete this 300 mile beautiful trail from the Signal Mountain southern terminus to the northern terminus at Cumberland Gap National Historical Park (TN/KY).

Overview of July 30 TTA Board Meeting

- Approved payment of \$50,000 from the Anne Potter Wilson donation for the Cumberland Trail to the Cumberland Trails Conference to fund trail crew.
- Website update Doug Burroughs and Jim Poteet gave an update. Further discussion of needs and input from members is welcome and desired.
- Membership Paypal is the preferred method to join or renew membership as it eliminates the delay created by the handling of checks.
- Approved TTA Award Recipients for 2016
- Bill Stutz Award Cheryl Heckler (Plateau Chapter).
- Tennessee Trails Award The joint award is for Shelby Farms Park Conservancy and Wolf River Conservancy.
- Bob Brown Award Robert "Bob" Richards (Nashville Chapter).
- Approve deposit for the Annual Meeting 2017.
 Dubose Conference Center Monteagle, October 13 15, 2017.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Doug Burroughs 615-283-0507 nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811 nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php **BLOG:** www.tennesseetrails.org/blog/nashville

Sep 4 - Volunteer Trail, Long Hunter State Park, Mt. Juliet TN. 11.5 miles. Moderate. The longest trail at Long Hunter follows the shoreline of Percy Priest Lake for most of its run and leads to a pair of primitive backcountry camping sites. Various species of shorebirds, ducks and geese are heard and seen frequently along this route. Though most of Long Hunter's trails are relatively flat, this trail has a slight increase in elevation as it leaves the shore and climbs up the bluffs overlooking the lake. Rocky jumbles, mossy hillsides, scenic lake views, majestic trees and abundant spring wildflowers are common sights along the trail. This area is home to a variety of mammals, including red fox. bobcat and deer. Call or e-mail Linda Latter for more information and to register. 615-419-4845. lindaalatter@yahoo.com.

Sep 24 - Edgar Evins State Park, Silver Point, TN (on Center Hill Lake). 8 miles. Moderate. The 5.5 mile Merritt Ridge Trail rises upon the ridges from an intersection along the 2.5 mile, wooded, Jack Clayborn Millennium Trail (2.5 miles). Merritt Ridge Loop offers spectacular views of the lake and surrounding landscape. On the Millennium Trail Loop, the remnants of 2 homesteads can be found, as well as several old stone walls. By combining the two trails a hiker can enjoy approximately 8 miles of diverse terrain. Both the Millennium Trail and the Merritt Ridge Trail share the same trail head. For more information and to register call or e-mail Nancy Juodenas. 615-319-8811. njlj1011@gmail.com.

Sep 27 - Monthly Meeting. REI's Daniel Garmon will present a program covering El Camino de Santiago, a pilgrimage route in Spain. Also known as the Way of St. James, "El Camino" has been a Christian pilgrimage route since the Middle Ages. One of the most common routes, among many, starts in France and stretches over 500 miles to the Cathedral of Santiago de Compostela in the Galicia region of northwest Spain. Some Nashville Chapter members have been on this route already and at least a few more are planning to hike there soon.

Nashville Chapter - con't.

Planning Ahead:

Oct 21-23 - We have made another reservation at the Rattler Ford Group Camp near the Joyce Kilmer Memorial Forest, Robbinsville, NC. We are planning a weekend of more hiking trails, more camping, more campfires and more fun. This Group Camp is huge and even has a bath house with hot showers. We wanted to give people plenty of time to make room on their calendars for this fall event. The tree color should be at its height and the weather should be cool. So mark your and contact Nancv Juodenas. calendars Williams. njlj1011@gmail.com or Gloria Dale gdw12@comcast.com for more information. All chapters welcome!!!

2016 Recipients of the Tennessee Trails Association Annual Awards

Shelby Farms Park Conservancy and the Wolf River Conservancy (Memphis): Tennessee Trails Award. This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

Cheryl Heckler (Plateau Chapter): Bill Stutz Award. The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

Bob Richards (Nashville Chapter): Bob Brown Lifetime Achievement Award. The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

TTA 2016 - Pickwick Landing Area Hikes

The Jackson and Memphis chapters have put together a great program of hikes for this year. We hope you come and enjoy the hikes at the wonderful places that this area has to offer.

Friday, Oct 28

Shiloh – Sunken Road/Indian Mound: Friday afternoon hike of about 4 miles into the very heart of Shiloh. It begins and ends at the parking area on Eastern Corinth Road, in front of the Old Sunken Road. The hike takes in the Shiloh landmarks of the Sunken Road, Bloody Pond, Hornet's Nest, and the Indian Mounds. Good walking shoes are OK; boots not needed.

Pickwick - Island Loop Trail: Just down the road from the Park Lodge. Passes around and through the campgrounds and out to the end of a peninsula. The Island loop is a relaxing 3 mile hike that meanders through a beautiful hardwood forest with views of the lake.

Saturday, Oct 29

Cane Creek Falls Nature Preserve: (1 hour 4-minute drive, near Tuscumbia, AL). The preserve has some of the most awesome canyon scenery you'll find anywhere – rock shelters, over hanging rocks, rock formations and waterfalls. The moderately strenuous 7.5-mile hike will take us to Devil's Hollow with several waterfalls, and several large Native American Rock Shelters and a beautiful overlook called The Point.

Tishomingo State Park: (45-minute drive, south of luka, MS). The park was built in the 1930s and has many structures built by the CCC. The moderate 5-6-mile hike winds along rocky ridges with spectacular views, through shallow, fern-filled canyons, and crosses the Bear Creek Swinging Bridge. The hike includes a picturesque early 19th century pioneer cabin and Bear Creek rock outcropping.

Pinson Mounds: (1-hour drive, near Henderson, TN). A State Archaeological Park with over fifteen sacred Native American mounds built from 200 BC to 400 AD. There are five short, mostly flat trails to choose from totaling over six miles that take in most of the park's mounds. They include a nature trail and a boardwalk. The highlight is Saul's Mound, which is one of the largest in the country at 72 feet - stairs to the top with a view. The trip will include a stop at Ada's The Unusual Country Store.

Big Hill Pond: (40-minute drive, near Pocahontas, TN). This moderately strenuous 8-mile hike circles Travis McNatt Lake. Highlights include a mile-long boardwalk through Dismal Swamp, a fire tower with a panoramic view, and an old livestock dipping vat. The hike covers a variety of ecosystems, from lakefront to swamp.

Shiloh - Historic Hike: (20-minute drive, near Shiloh, TN). We will begin at the park Visitor Center where we'll meet Ranger Charlie Spearman. From the visitor center we'll car-pool to the starting point at the SW corner of park at the old Shaw's Restaurant. The hike will then proceed in a one-way direction back to the visitor center diagonally across the whole park. The hike will follow the path of General Patrick Cleburne's Confederate offensive against the Union. The moderate hike should be about 6 miles along mostly roads and paths.

Shiloh - Compass Hike: (20-minute drive, near Shiloh, TN). We will meet at the park Visitor Center and shuttle to Shaw's Restaurant located just south of the park at the SE corner of TN 142 and TN 22. We will do 5 miles of the challenging 10-mile trek that traverses the park. This is a rugged cross country hike navigated by compass and map. Bring a compass if you have one or just follow the group. This hike is through woods and fields without trails. Note: If time permits, anyone wishing to complete the full 10 miles may do so.

Sunday, Oct 30

Pickwick - Island Loop Trail: If you don't have time for a long hike before heading home, try this 3-mile hike near the lodge. See Friday for description.

Natchez Trace - Red Leaves Trail: (1-hour, 20-minute drive, just south of I-40). An 8-mile section of the Red Leaves Trail from Cub Lake to Pin Oak Lake. A car shuttle is required. This little used, but clearly marked section of the trial is rugged and muddy in places. It begins and ends with easy half mile hikes along the edges of two beautiful lakes. We will meet at the park headquarters and shuttle cars.

Mousetail Landing - Eagle Point Trial: (1-hour, 20-minute drive, near Parsons, TN). An 8-mile trek rated moderate, with some steep and rugged hills (provides more short climbs than one would expect of the region). The trail follows along Kelly Hollow and then up and over Sparks Ridge. There is an old cemetery at about midpoint and then the trail then makes a giant loop with good views of the Lick Creek embayment of the Tennessee River. The real treasure of this hike is the overlook of the main Tennessee River at shelter #2, which is situated on a high bluff.

Lady Finger Bluff: (1-hour, 30-minute drive, just north of Mousetail Landing). Gnarled old cedars, limestone outcrops, fresh water springs and spectacular views of the Tennessee River contribute to the unique hiking experience that is Lady's Bluff. Round trip walking distance of Lady's Bluff trail is 2.7 miles on gentle to moderately steep grades. The drive to the trailhead is a little out of the way but is very scenic.

Big Hill Pond: (40-minute drive, near Pocahontas, TN). This is a 3-mile version of the Saturday hike that includes many of its highlights, but also its steepest climb. The hike starts near the dam on Travis McNatt Lake. It crosses the Dismal Swamp boardwalk before climbing the hill to the fire tower. The return is on a horse trail and back across the dam.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR:

Cheryl Heckler 931-200-7436 plateau@tennesseetrails.org

TREASURER: Bill Quattrociocchi 931-484-4230

plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information contact Bruce Whitehead at trailwalker80@gmail.com or 941-716visit the Plateau Chapter Bloa at http://ttaplateauchapter.blogspot.com. Check bloa for cancellations or changes before hiking.

Sep 3 - Good Samaritan/Hemlock/Rotherham Hike and Forest Trail, Fairfield Glade. 2.8 mile wooded trail mostly easy hike downhill to Lake Dartmoor and 2 mile moderate wooded hike with rock croppings. Meet in the NW parking lot at the 4-way stop on Peavine Rd in the Fairfield Glade Resort at 8 am to carpool or meet at the trailhead parking lot on Rotherham Dr at 8:10 am. For information contact Deb Westervelt 931-267-2243.

Sep 8 - Chapter Picnic at Meadow Lake Park, 5:00-7:00 pm. Charcoal fire, picnic supplies, and condiments provided. Bring your own meat to cook, a dish to pass and beverage. Call Carol Q at 931-484-4230 if you have questions.

Sep 16-18 - Overnight Trip. Hikes will include: Friday, September 16 - Big Fork Ridge Loop is a 9.3 moderate to challenging hike; Saturday, September 17 - Ferguson Cabin to Hemphill Bald 8 mile strenuous; Sunday, September 18 - Kephart Prong 4.2 miles moderate in and back out hike. Contact Chervl Heckler thehecklers@charter.net or 931-200-7436 for additional information and to register for hikes.

Fall Cleaning??

Don't throw away your "treasures" -

Donate them to TTA's Annual

Meeting Auction!

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Ed & Donna Pvers 423-344-9271

soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619

soddydaisyhikes@tennesseetrails.org

Bob McGavock 423-843-4646 TREASURER: soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at

6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Sep 3 - Rock Creek to Upper Leggett. Approximately 5-1/2-7-1/2 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: John Politte 423-304-8327.

Sep 6 - Greenway Farms. Approximately 4 miles. Moderate. Meet in the parking lot across from the dog lot at 8 am. Hike leader: Dale Elmblade 423-332-4810.

Sep 10 - Booker T Washington Park. Approximately 7 miles. Moderate. Meet at Target parking lot on Hwy 153 at 8 am. Hike leader: George Bonneau.

Sep 13 - Enterprise South. Approximately 6 miles. Moderate. Meet at the visitor center parking lot at 8 am. Hike leader: Ed Pyers 423-344-9271.

Sep 17 - Collegedale. Approximately 5-6 miles. Moderate. Meet at Target parking lot on Hwy 153 at 8 am. Hike leader: Ed Pyers 423-344-9271.

Sep 20 - Big Soddy Gulf to Big Soddy Creek bridge and back. Approximately 6 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader John Politte 423-304-8327.

Sep 24 - Roaring Creek. Approximately 8 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: John Politte 423-304-8327.

Sep 27 - Sluder Lane to Mowbray Pike. Approximately 5 miles. Moderate. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: Dale Elmblade 423-332-4810.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

Sally Ticaric Bob Crouch 615-218-1086

sumner@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 7:00 pm CT.

Sep 12 (NOTE: this is not our "regular" meeting day). Steve and Sally Ticaric enjoyed a trip to Big Bend National Park in February and Steve will present some of the views, hikes and highlights of this special area of Texas. 7:00 pm CT, First United Methodist Church, 217 East Main St., Hendersonville.

Sep 23 - Bledsoe Creek State Park. Approximately 3 mile loop. Moderate. The beginning portion of the hike travels along paved all-access trails alongside Old Hickory Lake before picking up the natural terrain Shoreline Trail. At the end of the Shoreline Trail the hike continues up a steep section (with steps) which leads to the High Ridge Trail. Then it descends from the ridge back down to the shoreline and back to the trailhead. Wear your boots or heavy walking shoes and bring your walking sticks. The Sumner County YMCA may join us for our hike. Meet at First Presbyterian Church in Hendersonville at 9 am for carpooling or at the trailhead at 9:45 am CT. Our trailhead will be the boat ramp on Ziegler's Fork Road which is about a mile past the entrance to the park - if you drive into the park you have gone the wrong way. For further information, contact Lea Whitton at 615-289-4842 or email whittonm@realtracs.com or contact Ron and Judy Jenkins at 615-403-0002 or email iudy jenkins@comcast.net.

A REMINDER:

We need your auction donations to make this event a success.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS:

Louise Miniard 931-239-5425 Jennifer Carroll 661-369-6619

uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822

uppercumberlandhikes@tennesseetrails.org

Sep 17 - Stone Door, Big Creek Rim, Greeter, and Laurel Trails, Savage Gulf State Natural Area, Beersheba Springs, TN. 9.5 miles. Easy. We will hike to the Stone Door, follow the Big Creek Rim Trail to Alum Gap, and then use the Greeter Trail to reach Upper and Lower Boardtree Falls and Upper and Lower Greeter Falls. After returning to Alum Gap we will use the Laurel Trail to return to the beginning. There are options for a shorter hike. Bring hiking boots, snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT or at the US Bank in Sparta across from McDonald's at 8:30. For information and to register Richard Savage at 931-526-2035 savage richard@hotmail.com.

Yum Yum ... Calling All Bakers ...

We need baked goods. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candy, etc.
Individually wrapped portions are handy for tucking into daypacks. When you arrive at the annual meeting, just drop off your baked goods at the TTA registration desk.

OFFICERS:

President

Carolyn Miller 931-839-3213

president@tennesseetrails.org

Vice-President

Bruce Whitehead 941-716-3620

vicepresident@tennesseetrails.org

Treasurer

Kathy Woods 615-473-6824

treasurer@tennesseetrails.org

Secretary

Diane Manas 615-352-7777

secretary@tennesseetrails.org

Membership Director

Tim Townley 731-607-0512

membership@tennesseetrails.org

Past President

Millette Jones 615-397-9588

pastpresident1@tennesseetrails.org

Previous Past President

Don Dresser 731-668-4190

pastpresident2@tennesseetrails.org

West TN At-Large Director

Margaret Dixon 901-603-7680

we stregional @tennesse etrails.org

Middle TN At-Large Director

Joan Hartvigsen 931-962-0811

middle regional @tennesse et rails.org

East TN At-Large Director

Garnett Rush 865-268-5181

eastregional@tennesseetrails.org

Cumberland Trail Conference Representative

Frank Jamison 865-376-4120

CTC@tennesseetrails.org

TN Rails To Trails Advisory Council Representative

Bob Richards 615-532-0753

TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

 Due
 For Newsletter Dated

 Sep 10
 Oct 1

 Oct 10
 Nov 1

 Nov 10
 Dec 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

INACTIVE CHAPTERS

We have three chapters in the process of being reorganized. If you are interested in assisting with this process, please see below for the contact information.

Cove Lake Garnett Rush 865-268-5181

eastregional@tennesseetrails.org

Dyer County Margaret Dixon 901-603-7680

westregional@tennesseetrails.org

Northwest Margaret Dixon 901-603-7680

westregional@tennesseetrails.org

The 2nd Annual Cumberland County Hiking Marathon

Jul. 15th - Registration Opens

Sep. 1st - Hiking Trail Marathon starts

Sep. 30th - Hiking Trail Marathon ends

Do you think that you can hike 26.2 miles of trails in 30 days? You will soon get the opportunity. This Hiking Trail Marathon will take place during the month of September 2016 on trails throughout Cumberland County. Successful marathoners will receive awards (T-shirt and patch) at the Fairfield Glade "Hit the Trails" festival on October 1st.

This year registration is online and there is no registration number. Hikers will be tracked by their name and the timestamp of their registration.orm, Just register online, then set off to walk the beautiful trails that have been designated for the marathon. It is that easy....and it is **FREE** to enter.

If you feel you are not quite ready to hike 26 miles then a half-marathon may suit you better. If you complete the 13.1 mile Half-marathon you will get a T-shirt for your efforts but no patch. Patches only go to those who complete the Full-marathon.

There will be organized guided hikes on all the trails so check the website for a schedule of hikes.

All registered hikers will be listed on the website.

To register and for more information, visit the following web address: http://time2meet.com/marathon/

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

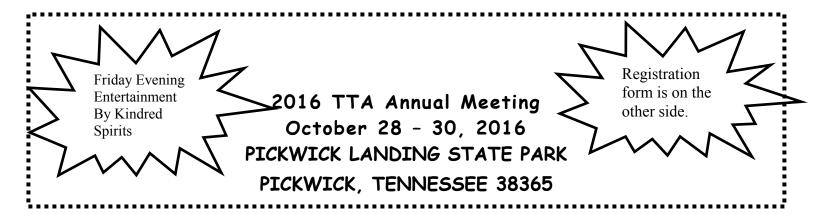


NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS AS A NEW MEMBER RENEWING MY MEMBER Memberships are for one year, unless you have a L Gift Memberships are also available. Contact our M	Sep16 R S H I P ifetime Membership. lembership Director,	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446
Tim Townley 731-607-0512 membership Individual \$25.00 Family \$35.00	p@tennesseetrails.org PLEASE, P Name Address	RINT CLEARLY.
Student (FULL TIME) \$15.00	City	State
Supporting (\$50.00, \$100.00 or more) Life Member (Individual) \$500.00 Life Member (Family) \$750.00 ***CTC Membership** **\$5.00**	Home Phone () Work Phone () e-mail Please do not list my e-mail addres I would like to receive my newslette	ss in the TTA Annual Membership Directory
**	ease list me with the following chapter Clarksville Columbia/Franklin Cove Lake (inactive) Dyer County (inactive) East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma) Jackson Memphis	Murfreesboro Nashville Northwest (inactive) Plateau (Crossville) Soddy Daisy
When you become a TTA member, you will receive: (1) TTA's responsibilities, etc. (2) TTA's monthly newsletter, containing infor announcements, as well as events occurring within TTA's partn listing members by chapter and how to reach them. You are invite socializing and refreshments. In addition, our annual meeting is programs, in addition to learning about the progress and plans of the same of the	rmation on hiker safety, upcoming hikes/over ner organization (CTC) and associate organ ed to attend any number of monthly meetings held in the fall at one of Tennessee's man the organization.	rnight trips, volunteer opportunities, chapter meeting ization (TRAC). (3) Annual Membership Directory, s scheduled, where you will enjoy diverse programs, by parks for a weekend of hiking, camaraderie and



Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, auction and Friday evening entertainment. The Annual Meeting will be held from Friday, October 28, through Sunday, Sunday 30, at the Pickwick Landing State Park and Convention Center, Pickwick, Tennessee. Our hosts for this year's event are the Jackson and Memphis chapters.

Lodging:

<u>Inn Rooms</u> – The rooms have two queen size beds and are located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a balcony and picturesque view of the lake. Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+).

<u>Cabins</u> – A two-night stay is required and for cabins. The cabins sleep eight and have two bedrooms, each with two queen beds and 1 bath. The cabins also feature a full kitchen, central heat and air, a patio, and fireplace. All cookware, dishes and linens are provided. They are located in a wooded area ½ mile from Pickwick Inn & Conference Center.

<u>Camping</u> – There are 48 sites available on a first come, first serve basis. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electrical hook-ups 20/30/50 amp electric. A central bathhouse with showers is close by. Campsites are located about 1 1/2 mile from Pickwick Inn & Conference Center.

Meals:

An 18% gratuity is included in the cost of all meals. If you have special dietary needs, please write in request on registration form.

2016 TTA Annual Meeting Schedule of Events – tentative

All Times are Central

FRIDAY		SATURDAY		SUNDAY	
1:00 pm	Registration Opens	7:00 - 10:00 am	Breakfast Buffet	7:00 - 10:00am	Breakfast Buffet
2:30 pm	Depart Shiloh Hike	8:00 - 8:30 am	Depart for Hikes	Before 11:00 am	Check Out
3:00 pm	Depart Pickwick Hike	4:30 - 6:30 pm	Dinner Buffet	8:00 – 9:00 am	Depart for Hikes
4:00 pm	Room Check-In Begins	6:30 – 7:00 pm	Shop the auction tables	9:00 – 11:00 am	Board Meeting
4:30 – 8:00 pm	Dinner Buffet	7:00 - 8:00 pm	Annual Meeting		
7:00 – 8:00 pm	Entertainment	8:00 pm	Rob Weber, CTC		
8:00 – 8:30 pm	Speaker – Allan Trently				

Hikes scheduled:

Big Hill Pond State Park, Cane Creek, Mousetail Landing, Natchez Trace, Pinson Mounds Nature Trail, Shiloh National Military Park, Tishomingo State Park

2016 TTA ANNUAL MEETING October 28 - 30, 2016 Pickwick Landing State Park

Beat the early registration deadline of September 15 and save \$10. After September 15, the registration fee increases!

Families: Please provide the name of each member of your family attending. Name: Name: Address:______ City:_____ State:___ Zip:___ - ____ Phone: () E-mail: Chapter: LODGING - Reservation and payment for rooms must be made directly with Pickwick Landing at 800-250-8615. First night deposit required. Online registration Code #6267 If you are the person reserving an Inn Room or Cabin for a group, please provide the names of those sharing with you. _____Name _____Name _____ Name ___ Name INN ROOMS - 70 Rooms are on hold through Sept 15 and rates include 14.5% hotel tax (2 queen beds with private bath) Pickwick Inn gives a 10% discount off the regular inn room rate to all seniors (62+). Fri Night Rate / 2 people \$100.76 Payment for room must be made Inn Rooms: Sat Night Rate / 2 people a, \$100.76 directly with Pickwick 2 Suites on hold - 4 queen beds, living room sleeper, 3 baths Night Rate \$263.35 Payment for room must be made Bed Suites Fri Night Rate \$263.35 directly with Pickwick Sat (a). AAA Cabins (3 cabins on hold – 2 Bedroom total 4 double beds, 1 bath, capacity of 8 people) \$137.40 Payment for cabin must be made Night Rate AAA Cabins: Fri (a) Sat Night Rate (a) \$137.40 directly with Pickwick CAMPING – All sites are on a first-come, first-serve basis. The campground has a total of 48 sites with hook-ups (20/30/50 amp electric). Please provide the details of your reservation for planning purposes. Friday Night # of People _____ Tent Camping (4 people) @ \$18.32 # of People **RV** Camping: @ \$18.32 Saturday Night # of People _____ Tent Camping (4 people) @ \$18.32 **RV** Camping: # of People @ \$18.32 MEALS (Fri. Dinner, Sat. Breakfast and Dinner are buffets) includes beverage and 18% gratuity # of People _____ x FRIDAY Dinner Buffet \$18.81 Total \$ **SATURDAY** Breakfast Buffet # of People \$12.91 Total \$ Sack Lunch w/drink # of People \$10.00 Total \$ (ham, turkey, pimento cheese) # of People _____ x Dinner Buffet \$18.81 Total \$ **SUNDAY** Breakfast Buffet # of People _____ x \$12.91 Total \$ Sack Lunch w/drink # of People \$10.00 Total \$ # of People _____ x EARLY REGISTRATION FEE \$25.00 Total \$ LATE REGISTRATION FEE postmarked after 9/15/16 # of People \$35.00 Total \$

(This registration fee cannot be pro-rated. The full amount is required of each participant, regardless of the number of days attending.)

If you have special dietary needs, please write in request on this form.

TOTAL ENCLOSED \$

Please complete this Registration Form and mail it with a check for your registration fee and meals made payable to Tennessee Trails Association and mail to: Cathey Cole, 1390 Quito-Drummonds Road, Drummonds, TN 38023, 901-835-2273.

An email confirmation or postcard will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. Persons canceling before Oct. 8th will be refunded in full. Persons canceling after Oct 8th refund for meals only.