# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



### **President's Corner**

If you still haven't registered for the Annual Meeting, you have missed the early registration deadline, but we still want you to attend!!

Come join hikers from across the state when we meet Dubose Conference Center in Monteagle. Hikes are scheduled Friday, Saturday and Sunday, so plan to come on Friday and stay through Sunday so that you can participate in all the activities.

The annual general membership meeting is Saturday, October 14 from 7 to 8 pm. During the membership meeting, there will be a President's report, chapter reports, a vote to accept the revised bylaws, and presentation of the annual awards. For a complete copy of the proposed bylaws, visit the Tennessee Trails Association website and look under the Member Services link on the left side of the page.

If the bylaws are accepted, then the board structure will change beginning in 2018. There will be 9 directors at large, three regional directors and a chapter representative for each active chapter. At a Special Organizational Meeting, the elected board members will then vote to determine which of the directors will serve as President, Vice President, Secretary, and Treasurer.

If you would like to serve on the board or have a member who you would recommend to serve on the board, please contact Sara Pollard, Don Dresser or myself.

I hope to see you at the annual meeting.

Happy Trails,

Carolyn Miller TTA President

### **Donations needed**

We need your donations for the Silent Auction and White Elephant to make the 2017 TTA Annual Meeting a success. See your Chapter Chair for auction letters and receipts to give donors or download letter at www.tennesseetrails.org. All proceeds go to Evan Means Grant Program. Check your house for quality items, ask local businesses to donate merchandise and/or services, share your talents for woodworking and crafts, or make a cash donation to your local chapter to purchase items for the auction. For the White Elephant Sale, look in your closets and basements and bring us something for the \$2, \$5, \$10 bargain tables. Thank you for your support and see you at DuBose!



We also need baked goods. We welcome cookies, cakes, breads, pies, brownies, candy, etc. Individually wrapped portions are handy for tucking into daypacks. When you arrive at the annual meeting, just drop off your baked goods at the TTA registration desk.





Office Location 409 Thurman Avenue,

Ste 102

Email: ctcoffice2014@gmail.com Website: www.cumberlandtrail.org

Want to help build the Cumberland Trail? Then join our trail building team on one of the regular trail days. Contact CTC office for current work site locations and to volunteer to join the crew. Training always provided.

**Trail Crew News:** We have consolidated the Southern Crew into the Central for this fall. The Central Crew and volunteers will now focus on completing the four miles remaining within Daddy's Creek gorge in Catoosa WMA. For those who were keeping track of the progress of the Southern Crew, there is about 1,000 feet left on McGill Creek (rocky and challenging) to construct and will be better accessed once the bridge over the creek is complete.

Not a trail builder, but want to volunteer in other ways? Consider being a cook during a planned program, hosting a group as a Camp Dad or Camp Mom, volunteer at the CTC office, or contact us with how you think that you can volunteer to serve CTC and help to build the Cumberland Trail.

### 2017 TTA CUMBERLAND TRAIL 100-MILER AWARD

This award is designed to promote the individual's awareness of the Cumberland Trail and result in good personal fitness habits. The 100-miler award is presented to the individual who meets the following requirements.

- Hike 100 miles of the Cumberland Trail. Hikes may be of any length and there is no time limit accumulating the 100 miles. However, no segment can be repeated.
- Record the hikes, hiking dates, mileage and condition of the trail on Log Sheet, contact CTC office for log sheet.
- Complete a minimum of 10 hours of service work.
   This can include maintenance on the trail, campsites, bridges, signing or other approved projects by the Cumberland Trails Conference, (CTC).

Contact the CTC office for details about how to get a patch and T-shirt to recognize the 100 miles.

### CLARKSVILLE CHAPTER

CHAPTER CHAIR: Ken Johnson 865-803-4371 clarksville @tennesseetrails.org

CHAPTER VICE-CHAIR: Paul Schwab 931-801-9484 clarksville @tennesseetrails.org

TREASURER: Mary Schwab 931-645-9068

clarksvilletreas@tennesseetrails.org
SECRETARY: Donna Burdick 931-220-8497

clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484

**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484 clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3<sup>rd</sup> Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd. Additional information may be seen at our web site:

http://www.tennesseetrails.org/blog/clarksville

Oct 7 - Beaman Park, Highland Trail. 5.8 miles. Moderate. Lili Ball 931-552-2773. Meet 8:30 am CT, Madison Street Kmart parking lot. 32 miles to trailhead.

Oct 13, 14, 15 - Annual Meeting.

Oct 21 - Overnight LBL, Fort Henry Trail System. Two groups (1) 9.5 miles to campsite, moderate; 5.5 miles back to cars, moderate; or (2) 2 miles out and back. J.R. Tate 931-220-1359. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 35 miles to trailhead.

**Oct 28 - Annual Bonfire**. Meet 4:00 pm at Bob Lyon's property, 954 Gip Manning Road. Hike and pot luck supper after hike. Bob Lyon 931-648-2354.

### **TTA Merchandise at Annual Meeting**

**New** TTA buffers in orange and yellow - \$10/each



**New** TTA ear warmers in gray - \$15



Bring extra money to browse and buy TTA merchandise.

Pictures are shown in the merchandise link on the website.

### COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: To be determined columbia @tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes @tennesseetrails.org

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Please check the TTA website for updates on our hikes.

Oct 28 - Timberland Park, Williamson County. Janeth McKendrick will lead a hike on the newest trail in Williamson County. Timberland Park, opened in the fall of 2014, sits on 72 acres adjacent to the Natchez Trace Parkway at milepost 437.2 less than a mile south of the Tennessee Highway 96 (Double Arch Bridge) entrance to the parkway. The park is maintained and staffed by Williamson County Parks & Recreation. Timberland Park features a 2000 sq ft interpretive center that uses solar panels that store the energy in batteries for electricity, rain water is collected for irrigation, propane for a fireplace and a septic system for waste. Visitors will enjoy hiking, bird watching and wildlife observation (deer, raccoon, fox, wild turkey and squirrel). Walking sticks made from trees on the property are available for use by hikers. We will meet at 9 am at the head of the trail. Contact Janeth McKendrick for additional information: 615-591-9352 or janethmck@aol.com.

### EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** 

WEBMASTER:

Rosemary Marshall 865-985-9144 easttennessee @tennesseetrails.org Sherry Barber 865-209-6189 sbarber6189@comcast.net

Hike information unavailable at press time.

### **TTA Award Recipients for 2017**

Recipients will be recognized during the General membership meeting on Saturday, October 14 at Dubose Conference Center in Monteagle.

- Tennessee Trails Award: Friends of the South Cumberland State Park. This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.
- Bill Stutz Award: Sara Pollard, Murfreesboro Chapter Chair. The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.
- Bob Brown Lifetime Achievement Award: Dr. Wallace (Wally) Bigbee. The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

### **TTA Annual Meeting Special Guests**

Our special guests for the annual meeting are Tennessee State Naturalist Randy Hedgepath and Bobby Fulcher, Manager of Cumberland Trail State Park.

Friday evening Randy Hedgepath will present a program "My Favorite Places on the South Cumberland Plateau." With more than 32 years of experience with Tennessee State Parks, Randy Hedgepath has served as a Ranger Naturalist at South Cumberland and Radnor Lake State Parks. He was appointed State Naturalist for Tennessee State Parks in 2007. Randy's work ethic, commitment, and boundless energy have made him the most sought after State Naturalist. He's also leading three hikes at the annual meeting.

Saturday evening after the TTA Membership Meeting Bobby Fulcher, Manager of Cumberland Trail State Park, will present a program "Update on the Cumberland Trail". In 1999, Bobby joined the staff of Cumberland Trail State Park, where he now serves as park manager. It's the state's only linear park, and the only park in the world with its own record label, Sandrock Recordings, which draws extensively from Bobby's field recordings. He also created a radio show called "Music of the Cumberland Trail" that is broadcast weekly on station WDVX in Knoxville. The Cumberland Trail is an ambitious hiking trail project under development in East Tennessee. When completed, the Cumberland Trail (CT) will extend more than 300 miles from its northern terminus in Cumberland Gap National Historical Park (TN/KY) to its southern terminus at the Chickamauga-Chattanooga National Military Park located on Signal Mountain just outside Chattanooga, Tennessee. As of November 2016 over 210 miles of the trail are open for hiking.

### HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Mary Etta Ward 931-581-9906

highlandrim@tennesseetrails.org

SECRETARY Tania Kendrick 931-224-6225

highlandrimsecy@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes @tennesseetrails.org

(contact Joan & volunteer to lead an outing)

**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Oct 7 - Hike and Paddle, Rock Island State Park, northeast of McMinnville, TN. We will hike the Downstream Gorge Trail and the Eagle Trail. We will view Great Falls and Twin Falls. Both trails follow the Caney Fork River and a very steep bluff line. Total mileage is 3 miles. We will enjoy our lunch at Badger Flat Picnic Area with beautiful views of very steep bluffs and the Caney Fork River. Then we will paddle our kayaks from the park's boat ramp next to the sandy beach out the Caney Fork River to Horseshoe Bend and back. The total mileage for our paddle is four miles. We will be following the very steep bluff line. The water is clear. There is no current because of Center Hill Dam. After our paddle we can have dinner at nearby Foglight Foodhouse. This restaurant is located on the Caney Fork River, Bring water and lunch and hiking and paddling gear. You will need sturdy hiking boots and hiking sticks for the rocky trails. Register with Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811.

Oct 13-15 - TTA Annual Meeting. DuBose Conference Center, Monteagle, TN. A fun weekend of hikes, programs, parties with live music, bonfire and much more. A great opportunity to see all your hiking buddies from all over the great State of Tennessee.

Oct 21 – Lost Creek Trail and a segment of the Ray Branch Shoreline Trail, Tims Ford State Park, Winchester TN. 5 miles. Easy. We will enjoy great views of Tims Ford Lake while hiking over rolling hills of hardwood forests. Bring water and lunch and hiking sticks. Wear sturdy hiking boots. Register with Joan Hartvigsen, jhartvigs@comcast.net, 931-962-0811.

**Oct 23 – Chapter Meeting.** Dinner at 5:00 pm, One22West Restaurant, 122 W. Lincoln Street, Tullahoma. Meeting is 7:00 pm. D. W. Wilson Community Center. Program to be announced.

Highland Rim Chapter - con't.

Oct 28 - Collins Gulf Loop, Savage Gulf State Natural Area, Palmer, TN. 13 miles. Strenuous. Highlights of this hike include Horsepound and Suter Falls, numerous overlooks, and the historic Stagecoach Road built in the 1830s. We will descend into the gulf along the Collins Gulf Trail to Suter and Horsepound Falls. (Those wanting a shorter hike can return to the beginning from Horsepound Falls for a total hiking distance of 5 miles which is rated moderate). We will continue by ascending from the gulf on the Stagecoach Road and then follow the Collins Gulf loop to the beginning. Bring hiking boots, headlamp, snacks, water, and lunch. Meet at 9:00 am CT at the Collins West Access Trail, Gruetli-Laager, TN 37339. If interested in carpooling, meet at 8:00 am at Stuckey's Pecan Shoppe, 1112 TN-50, Pelham, TN. For information and to register contact Michael Glennon at 931-588-0302 or kb4jhu@gmail.com.

Oct 29 – Short Springs State Natural Area Fall Color Hike. 4 miles. Moderate. Meet at 2:00 pm at Short Springs parking area. 2250 Short Springs Road, Tullahoma for this Sunday afternoon hike. Co-leaders Dennis Horn and Joan Hartvigsen. Bring water, snack and hiking sticks and wear sturdy hiking boots. Register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811. We will hike Busby Falls Loop Trail and Laurel Bluff Trail. We will enjoy views of the cascades in Bobo Creek. We will then visit awesome Machine Falls then continue on to hike Adams Falls Loop.

### South Cumberland State Park Needs Volunteers

South Cumberland has now become Tennessee's largest state park. Many of you hike and spend time there. We have many volunteer opportunities available for you.

A new Trail Friends program has begun to train volunteers to be at trailheads to distribute information and advise conditions of the trails. We have a trail assessment program in which we are assessing the needs of each trail. South Cumberland has acquired 2 large new tracts - Denny's Cove and Sherwood Tract. Both require trail building efforts to open the trails to the public.

All these opportunities would be a great way to give back to the park, meet other volunteers, and have fun. We need you! If you can volunteer, go to the Friends of South Cumberland website and sign up or email Marietta Poteet, Volunteer Coordinator at nannietta429@gmail.com.

### JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293

jackson@tennesseetrails.org TREASURER: Anne Goodson 664-1556

jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190 jacksonsecy@tennesseetrails.org

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966 jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

**MEETS MONTHLY**: 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann Drive, Jackson, Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

Oct 7 - Timberland Park. This is a new hike for us and will be combined with another short hike in the same area. You Timberland can read about Park https://www.natcheztracetravel.com/natchez-tracetennessee/nashville-franklin-tn/1911-timberland-park.html. Susan Woods will lead the two hikes. She can be reached at 441-8066 or woodsbob@bellsouth.net.

Oct 13-15 - TTA Annual Meeting. At our annual meetings, we hike, see our friends, eat, hike, meet new friends, hear presentations and take care of necessary chores. Then hike again.

Oct 21-22 - Fall Creek Falls SP. We are planning hikes for Saturday afternoon and Sunday morning in the Fall Creek Falls area. We will leave Saturday from Panera at 7 am. You will need to make some arrangement for a place to stay Saturday night. For further information, please contact Glen Rognstad at glenrognstad@gmail.com or 217-5966.

### Planning Ahead:

Nov 4 - Tishomingo SP. This moderate hike will be between 7 and 8 miles in length. We will leave from Panera at 8 am. If you are planning to come, please tell Ann Goodson 664-1556 or annegoodson@eplus.net or Sara Rognstad hakim.sara@gmail.com or 206-553-9334.

Nov 18 - Mousetail Landing SP. This moderate hike also will be around 7 miles in length, with some options for shorter hikes. We will leave from Panera at 8 am. If you are planning to come, please tell Terry McCoy. She can be reached at 535-0625 or terrymccoy832@yahoo.com.

Dec 2 - Pinson Mounds SAP.

Dec 16 - Memphis Harbortown.

### MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434 memphis @tennesseetrails.org Francis Ruffin 662-781-5034 **VICE-CHAIR:** 

memphisvice@tennesseetrails.org

Oct 7 - Meeman-Shelby Forest. Chickasaw Bluff and Pioneer Springs Trails. 6-7 miles. Moderate. Meet in the parking lot of the Nature Center at Poplar Tree Lake at 9:00. We will shuttle to the trailhead at the north end of the Chickasaw Bluff Trail. The hike will proceed south back to Poplar Tree Lake, stopping for lunch at the historic Woodland Shelter. The hike has one steep downhill at the start and one steep uphill to the shelter. Otherwise it is mostly flat with some rolling hills. Bring hiking boots, water and lunch. Contact Wayne Simpson, w.simpson1@comcast.net, 901-385-1988.

Oct 13-15 - TTA Annual Meeting at Dubose Conference Center in Monteagle.

Oct 21 - International Harvester Managerial Park. Lakeland. 31/2 miles. We will hike through Lakeland's International Harvester ("IH") Managerial Park. The park is located adjacent to the Lakeland Senior Center on the west side of Canada Road, between Interstate 40 and Highway 70. We will meet in the parking lot and get underway at 9:00 am. Allow two hours for the hike. IH Park contains three trails that together make up about 2.5 miles in distance and weave through mostly bottomland forest. The trail system travels through a nice meadow and along a small lake near the end. There are decent picnic facilities at the edge of the lake which make this park a nice place to enjoy lunch. For those who want more hiking we can hike the more moderately strenuous portion "backward" and add a mile or so to the hike. The park's trails could be considered moderately strenuous in places with elevation changes in the first mile. There is one water crossing that we may take provided the water level is no more than an inch or so. Be prepared for the mud if we have had recent rain. I recommend terrainappropriate waterproof footwear and hiking poles. Remember the usual stuff: water and snacks. Bring a lunch if you would like to stick around. Heavy rain or the threat of severe weather will cancel. Feel free to call or email me if you have questions, Marion Quinlen, 256-273-9720, mquinlen @gmail.com.

Oct 28 - Shiloh National Military Park Compass Hike. 5 miles. Strenuous. We will meet at the Visitor Center at 9:30 am. The hike is one-way ending at the old grocery store on Highway 142, so we will have to take some cars there. This is a rugged cross country hike though woods and fields, navigated by compass and map. Bring a compass if you have one or just follow the group. Wear long pants and boots, and bring lunch and water. Registration required. Contact Wavne w.simpson1@comcast.net, 901-385-1988.

### MURFREESBORO CHAPTER

**CHAPTER CHAIR:** 

Sara Pollard 615-714-3610 murfreesboro@tennesseetrails.org

**TREASURER** 

Ann Jacobs 615-896-3935 murfreesborotreas@tennesseetrails.org

PROGRAM COORDINATOR: Valerie Galan 615-516-6441

 $\it murfrees boroprog\,@tennesse e trails.org$ 

HIKE COORDINATOR:

Jennifer Zahn 615-943-8853

murfreesborohikes@tennesseetrails.org

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans

Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Oct 7 – Hidden Springs Loop, Cedars of Lebanon State Park. 4.7 miles. Easy. Hidden Springs is a very nice trail with diverse terrain. Inclines are minimal and the pathway is easy walking. Along the way we will see parts of the regrowth of the hard cedar forest that gives the park its name. There are also areas of the trail that you can see down into the cave system that runs under the park. Hopefully there will be some fall color as well. Contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com to register.

**Oct 10 – Chapter Meeting**. Elizabeth Gerlock of the Nashville chapter will share her travel to Vietnam.

Oct 13-15 – TTA Annual Meeting. DuBose Conference Center, Monteagle. Hosted by the Columbia/Franklin, Highland Rim, and Murfreesboro Chapters.

Oct 21 - Short Springs State Natural Area. Tullahoma. 4.5 miles. Moderate due to some rough terrain and elevation changes. This is a beautiful hike for waterfall lovers. The first trail will be to Busby Falls, which is actually more of a cascade. Then we will head over to Machine Falls (one of my personal favorites) we will spend a good deal of time here. Then we will return via the Machine Falls trail. Bring water and your camera and prepare for some wonderful photo opportunities. Hopefully, there will be some fall colors as well. Contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com to register.

Oct 28 – Byrd Creek Loop. Cumberland Mountain State Park. Crossville. 8.1 mile loop. Moderate. We'll hike beneath ancient white pine trees and other rich vegetation along the dark stream. This hike joins the Cumberland Overnight Trail as we explore the park along Threemile Creek and adjacent wooded hills. We'll complete the hike by crossing the arched stone bridge and dam of Byrd Lake. Bring water, snacks and lunch. Contact Sara Pollard at 615-714-3610 or sarabpollard @gmail.com to register.

### NASHVILLE CHAPTER

**CHAPTER CHAIR:** 

Doug Burroughs 615-283-0507 nashville @tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811 nashvillehikes @tennesseetrails.org

nasivilleriikes @terirlesseet

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

**BLOG:** www.tennesseetrails.org/blog/nashville

Oct 21 - Montgomery Bell State Park Overnight Trail. 10.5 miles. Strenuous due to the length. Wooded terrain with some hills. The trail passes by several lakes, a historic cabin and church, and historic iron ore pits. Bring water, snacks/lunch, boots, and clothing appropriate for the weather that day. There is an option after the hike to stop for food at the State Park Inn dining room or somewhere on the way back to town. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 (leave message) for more information and to register. Meeting Place: WalMart near 7044 Charlotte Pike parking lot just north of I-40. Meeting Time: 7:30 am.

Oct 24 - Monthly Program Meeting. Backpacking in Washington State. Karl and Kathie Dupre will reprise hikes they've experienced in the backcountry areas of Olympic National Park and the Cascade Range in the Northwest.

## TTA Annual Meeting Dubose Conference Center Monteagle, Tennessee

Dubose Conference Center is Tennessee's historic conference center located in beautiful Monteagle between Chattanooga and Nashville. Originally build in 1872, Dubose is on the National Register of Historic Places. This is an ideal location for the TTA annual meeting since the mountain setting offers some of the most beautiful hiking trails in the Southeast.

### <u>See On-Site Lodging Descriptions & Pricing</u> Information Sheet for more information

Registration and payment for rooms, cabins, and camping must be made directly with Dubose Conference Center.

To make a reservation: dubose.wufoo.com/forms/tennessee-trails-association/
Or contact Dubose: 931-924-2353; stephanie@duboseconferencecenter.org

### PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** 

Bruce Whitehead 941-716-3620 plateau@tennesseetrails.org Bill Quattrociocchi 931-484-4230 plateautreas@tennesseetrails.org

TREASURER:

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information contact the hike coordinator, Deb Westervelt, via email plateauhikes @tennesseetrails.org or text/call 931-267-2243 For a list of monthly hikes, visit the Plateau Chapter Blog. Check the blog one hour prior to hike time for cancellations or changes before hiking.

Oct 4 – Big South Fork Honey Creek Loop, Allardt. This is a moderate sometimes strenuous 5.7 mile hike among fabulous rock cliffs, waterfall and a cave. One of the top scenic hikes in BSF. Depart from Cracker Barrel back parking lot at 8 am CT. Carpool cost is \$7. Pack water, snacks and lunch. For additional information contact the hike coordinator, Deb Westervelt, via email plateauhikes @tennesseetrails.org or text/call 931-267-2243.

Oct 7 – Hit the Trails Festival, Fairfield Glade. The festival is the conclusion of the September month long Cumberland County hiking marathon. Over thirty information booths, including one for the Plateau TTA Chapter, will be setup from various outdoor activity organizations and vendors. Contact Cheryl Heckler thehecklers @charter.net to volunteer to help man the booth. There will be music and food. The Festival runs from 10 am – 3 pm at the corner of Stonehenge Drive and Peavine Road in Fairfield Glade.

Oct 11 – Haw Ridge Park, Oak Ridge. This will be approximately an 8 mile moderate lakeside hike. Depart VF Outlet Mall at 8 am CT. Carpool cost is \$7. Pack water, snacks and lunch. For additional information contact the hike coordinator, Deb Westervelt, via email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Oct 12 - Chapter Meeting. 6 pm CT at First United Methodist Church Annex, 69 Neecham Street, Crossville. Dinner at Casa Grande Restaurant on Miller Ave, Crossville at 5 pm CT. Program: Tree Identification by Don Hazel. Contact Chapter Chair, Bruce Whitehead, 941-716-3620, email plateau@tennesseetrails.org if you intend to join us for dinner.

Oct 13-15 - TTA Annual Meeting. Dubose Conference Center, Monteagle.

Oct 18 - Norris Dam State Park, Norris. Rock Creek, Sinkhole and Andrews Ridge trails. 6 to 7 miles. Moderate to strenuous. Depart VF Outlet Mall at 8 am CT. Carpool cost is \$8. Pack water, snacks and lunch. For additional information contact the hike coordinator, Deb Westervelt, via email plateauhikes @tennesseetrails.org or text/call 931-267-2243.

Plateau Chapter - con't.

Oct 21 - 22 - Backpack trip on Cumberland Trail Norma Road to Bruce Gap Overnight, Caryville. This 17 mile hike is strenuous for distance and ascent/descent rates with an elevation change of 2020'. Hike will require a car shuttle from Norma Road to Bruce Gap trailheads. We will hike 7.5 miles before camping at Montgomery Fork Campground, then out 9.5 miles the next day. Features are a beautiful forest with large hardwoods, Anderson Mountain, Cross Mountain, Royal Blue Unit of the North Cumberland Wildlife Management, seasonal views of the valleys and more distant mountaintops, and possibly see elk and other wildlife. Despite the difficulty, it is a very beautiful and interesting trail. Bring backpacking gear, water, and food for a 2-day, 1-night trip. Depart at 7:30 am CT from Cracker Barrel, Highway 127, just south of I-40 exit 317. Carpool cost \$9. For more information and to register contact Curt **Thomas** curtethomas@frontiernet.net or 931-260-2140 or Cheryl Heckler at thehecklers@charter.net or 931-200-7436.



Oct 25 - Cumberland Trail Snow Falls/Buzzard Point, Dayton. 8 miles. Moderate to strenuous. From the Laurel/Snow Falls parking lot, we will hike miles up the creek and then off the mountain to Snow Falls. Bring water shoes to cross a creek. Pack water, snacks and lunch. We depart from Trinity Tabernacle Church at 8 am CT. Carpool cost is \$7. For more information or to sign up contact Deb Westervelt txt/call 931-267-2243 or via email plateauhikes @tennesseetrails.org.

Oct 28 – Glendale Branch and Coytee Loop Trails, Loudon. This is a 6 mile easy to moderate hike along the East lakeshore of Tellico Lake. Pack water, snacks and lunch. Depart VF Outlet Mall at 8 am CT. Carpool cost is \$7. For more information contact, via text or call, Deb Westervelt via email plateauhikes@tennesseetrails.org or txt/call 931-267-2243.

### SODDY-DAISY CHAPTER

CHAPTER CHAIR: 423-597-7681 Jean Smith soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619 soddydaisyhikes@tennesseetrails.org

Bob McGavock 423-843-4646 TREASURER: soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00

pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Oct 3 - Signal Mountain High School Blue Loop including Mushroom Rock. Approximately 5 miles. Moderate. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Kathy Daniels 931-265-1661.

Oct 7 - Chickamauga Battlefield. Approximately 7 miles. Moderate. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Trish Appleton 423-240-3443.

Oct 10 - White Oak Mountain. Approximately 4-1/2 miles. Moderate. Meet at Target parking lot on Hwy 153 at 9 am. Hike leader: Donna Pvers 423-352-812-4845.

Oct 13-15 - TTA Annual Conference.

Oct 17 - Camp Jordan. Approximately 4 miles. Easy. Meet at Target parking lot on Hwy 153 at 9 am. Hike leader: Bob McGavock 423-667-2960.

Oct 21 - Cravens House. Approximately 4 miles. Moderate. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Nancy Allen 423-344-1118.

Oct 24 - Fiery Gizzard. Approximately 4 miles. Moderate. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Trish Appleton 423-240-3443.

Oct 28 - Cloudland Canyon to Ascalon Trailhead. Approximately 5 miles. Easy to moderate. Will stage vehicles. \$5 parking fee. Meet at Food City parking lot in Red Bank at 9 am. Hike Leader: George Bonneau 423-842-3619. Mileage - RT 70 - \$4.

Oct 31 - Five Point trailhead Hwy 157 and back. Approximately 5 miles. Moderate. \$5 parking fee. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: Donna Pyers 352-812-4845.

### **Newsletter Deadlines:**

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter. All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

### SUMNER TRAILS CHAPTER

**CHAPTER CHAIR:** 

Lvnn Takacs 615-479-7702 sumner@tennesseetrails.org

Oct 7 - Big South Fork. 3 miles. Moderately difficult. Meet for carpooling at the Rugby visitors center at 9:30 ET. For further info contact Tim at takacstim@gmail.com or Lynn at lynntakacs@comcast.net.

Oct 8 - Morgan County. 4 miles. Moderate. Meet for carpooling at the Rugby visitors center at 10 am ET. For further info contact DeAnn at ddwkirgan@vahoo.com.

Sumner Trails Chapter is a sponsor of this year's "Walk Across Sumner". Walk Across Sumner is a 4-week campaign that encourages Sumner County residents to get up and get moving for 30 minutes a day, 6 days a week. Any type of physical activity is encouraged! The campaign begins Saturday, October 7<sup>th</sup> and runs through Saturday, November 11th. Registration is free unless you would like a t-shirt. For more information go to www.healthysumner.com. Greenway walks will be lead two to three times per week during the campaign. Contact Lynn Takacs, Chapter Chair for days and times, (615-479-7702 or lynntakacs@comcast.net).

### **TTA Annual Meeting** Flat River Band

Our entertainment Friday evening at the annual meeting will be the Flat River Band. The Flat River Band's members are lead singer, guitarist and songwriter Chad Sitze. His brother Dennijo plays the mandolin, harmonica and electric guitar. Their other brother Andy plays the electric and upright bass and harmony vocals. The Flat River Band has played venues such as Dollywood, Jim Oliver's Smokehouse in Monteagle, and numerous festivals and fairs.

To learn more about the group, visit their website at https://www.flatriverband.com/.



### UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Jennifer Carroll 661-369-6619
uppercumberland@tennesseetrails.org
HIKE COORDINATORS: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Oct 1 - Chattanooga Bike Ride. Gary Kimbrell and Steve Watson. We will meet at 8:30 am CT/9:30 am ET at the Chattanooga Bike Share station near the Hubert Fry Center. The address to the Hubert Fry Center is: Tennessee RiverPark, 4301 Amnicola Hwy, Chattanooga, TN 37406. We will ride our bikes to the Chickamauga Dam, then west along the Tennessee River to the Walnut Street Bridge (pedestrian bridge). We will cross the bridge and eat lunch at Subway near Coolidge Park. We will go back across the bridge and continue peddling west on a new section of the greenway. You may bring your own bike, or using your credit card, rent a bike from the Chattanooga Bike transit system. Please Google Chattanooga Bike transit system. and familiarize yourself with how it works. I peddled from 8:30 am to 3pm last Sunday using one of their bikes for \$73.00. If you check the bike in every 45 minutes, you can re-check another one out, or the same one, at no extra charge. That might be a hassle though. You may bring your own bike. It would be a good idea to wear a bike helmet, if you have one. The route does have a few hills, but is mostly flat. Please text or e-mail Gary Kimbrell at 931-215-9520 or garykimbrell1 @gmail.com to register.

Oct 7 - Black Mountain Segment of the Cumberland Trail, Crab Orchard, TN. 7 Miles. Moderate. Black Mountain is noted for its interesting rock formations and wonderful overlooks. We will start the hike at the trailhead on Hwy 68 and hike up to the top of Black MT. On the way we will pass by Windless Cave, if time permits we will hike the Loop Trail on top of the mountain, which has several overlooks. We will meet at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, lunch, and sturdy hiking boots. For information and to register contact Louise Miniard at 931-239-5425.

### Oct 13-15 TTA Annual Meeting.

Oct 21 - Volunteer Trail, Long Hunter State Park. 11 Miles The Volunteer Trail follows the shore of Percy Priest Lake for most of its length ending at a primitive backcountry campsite at 5.5 miles. We will be returning via the same trail for a total of 11 miles. This hike is relatively flat, but it is rated moderate due to total distance. Bring hiking boots, snacks, water, and lunch. You can meet us in the JCPenney's parking lot in Cookeville at 8:00 am CT, or at the trailhead at approximately 9:15 am CT. For information and to register contact Jeff Graves at jagraves21@students.tntech.edu.

Upper Cumberland Chapter - con't.

Oct 28 - Fiery Gizzard Hike. We'll start at Foster Falls in Tracy City and ends 13 miles later at the Fiery Gizzard trailhead. Backpacker Magazine named this hike one of the top 10 hikes in the US. There are several new descents that drop down into the gulf on our way to Rayen Point. From Rayen Point, there are two options to for continuing to the Fiery Gizzard trailhead. Option 1: (Easier) The Dog Hole Trail which is a gradual descent into the Gulf down a well-maintained trail. Option 2: (Much Harder) The Fiery Gizzard Trail which descends to the bottom of the gulf down a very steep trail before having to rock hop along one of the largest boulder fields in middle Tennessee. The trail is rated strenuous for the rocky, uneven terrain and the distance covered. Bring water, lunch, snacks, headlamp, and hiking boots. Please meet us at the Fiery Gizzard trailhead at 7:30 am. Since this is where the hike ends we will leave the majority of the cars there and then take one or two cars the Foster Falls Parking lot to start the hike. For information and to register contact Mike Shane at 931-446-4306 mikeshane@charter.net.

Oct 28 - Roaring Creek section of the Cumberland Trail near Graysville south of Dayton. The hike begins with an easy one mile walk along Roaring Creek. The trail then ascends for approximately 3/4 mile while paralleling a bluff line. This section of trail contains several sections which are constructed of rock stepping stones. After ascending the bluff, the trail is an easy walk along the bluff line with outstanding views into the valley below. This hike will offer creek side views, interesting rock formations, and mountain views with lingering fall color. This will be an out and back hike of about 6 miles and is rated moderate due to the climb from the creek side to the top of the bluff. If there is abundant water in the creek there is an option for another 1.5 miles to view a small waterfall. Bring water, lunch, and snacks. Wear hiking boots. We will meet at the U.S. Bank in Sparta, across from McDonalds at 8:00 am. To register or for more information contact Lillian Ev at 615 478-7461 or email eyintn@hotmail.com.

### HIKES 2017 TTA Annual Meeting October 13-15, 2017

#### SELF GUIDED STROLLS

Meadow Trail, behind South Cumberland State Park Visitor Center. Monteagle, TN 2 mile loop. Easy. The University of the South Campus Walk. Sewanee, TN. Easy

### FRIDAY, October 13

Fiery Gizzard Fall Color Hike. Join State Naturalist Randy Hedgepath for a stop and go nature hike on the Fiery Gizzard Trail from Foster Falls to the Laurel Gorge. Many sweeping panoramic overlooks are featured including some off trail. This is a very easy 6 miles roundtrip. Leave at 1:00 pm. CT.

**Sycamore Falls Hike.** Fiery Gizzard Trail. Features Chimney Rocks, Little Fiery Gizzard Creek, cascades, Blue Hole, Sycamore Falls. 2.6 miles round trip. Moderate due to roots, eroded trail, rocks and boulder field. Sara Pollard. Depart at 1:30 pm.

Shakerag Hollow Hike including Piney Point Overlook. Sewanee Perimeter Trail. Hike Leader Jan Safavi. Hike the entire length of Shakerag Hollow from Roark's Cove Road to eastern University Gates with a spur trail out to Piney Point Overlook. Total mileage: 4 miles. Moderate. 450 ft. elevation change. This hike omits the climb up the cliff to Green's View. Requires a vehicle shuttle. Depart at 1:00 pm.

### SATURDAY, October 14

Collins Gulf Overlooks Hike. State Naturalist Randy Hedgepath has made special arrangements to access this trail section at the Savage Gulf State Natural Area. This easy 6 mile roundtrip features overlooks into a real wilderness gorge. The pace will be leisurely with lots of stops for photos and nature study. Leave at 9:00 am CT.

Stone Door Trail, Big Creek Rim Trail, Laurel Trail Loop Hike. Features Laurel Falls and the Great Stone Door Overlook. Total mileage. 7.0 miles. Flat terrain. Leader, Tony Jones. Moderate. Depart at 8:30 am.

Cloudland Canyon State Park. Trenton, GA. Overlook Trail, Waterfalls Trail, West Rim Trail. 7 miles. Moderate. Hike Leader Joan Hartvigsen. Leave at 8:00 am.

Big Creek Gulf Trail, Ranger Creek Falls, Alum Gap, Big Creek Rim Trail. 7.2 mile loop. Challenging. 700 ft. elevation change. Rocky footing. Steep ascent. Rated moderate to strenuous. Beautiful, interesting hike through a gorge with a lovely waterfall, cascading creek and great overlooks. Marietta Poteet. Depart 8:00 am.

Savage Day Loop and South Rim Trail to visit base of Savage Falls and Savage Falls Overlook. Savage Gulf. 5.2 miles total. Easy. Features cascading Savage Creek lined with hemlocks, a visit to the plunge pool of Savage Falls, the overlook of Savage Falls and Rattlesnake Point Overlook. Jim Poteet, hike leader. Depart 8:30 am.

### Saturday Hikes - con't.

Walls of Jericho State Natural Area. 7.5 total miles. Steep. Strenuous. One section of trail is slick. We will go in on the Tennessee side and come out on the Alabama side. Cindy Watson and Gary Kimbrell. Depart 8:00 am.

**Grundy Forest Day Loop.** Easy. 2 mile loop. South Cumberland State Park. Features giant hemlocks and views of waterfalls, cascades, and the junction of the Big and Little Gizzard Creeks. Nabil Wakid, hike leader. Depart at 9:00 am.

Sewanee Perimeter Trail - The Cross - to Proctors Hall - to Morgan's Steep, Bridal Veil Falls, Acadian Trail, Central Campus. 6+ miles. Moderate. Hike Leader: Michael Glennon. Start at the Cross - a very large white Memorial Cross overlooking Hawkins Cove. The first part of the hike involves a walk beneath massive rock walls and overhangs (a favorite of rock climbers). The trail goes under and passes behind a waterfall. At about halfway the trail goes through Proctors Hall - a natural stone tunnel with old inscriptions carved in the stone. The trail passes directly through the Hall and out the other side. It is a little bit of a climb down, but is easily done with a helping hand. After another small stream crossing the trail climbs a set of stairs which leads up to the top of the bluff at Morgan's Steep with another great view into the valley. The trail was originally built by the Civilian Conservation Corp in the 1930's. Allow for a total of about 1-1/2 hours to Morgan's Steep. From Morgan's Steep the trail continues on along the cliff, crosses a stream, and then begins the descent down the mountain one mile to Bridal Veil Falls. The falls is located at the edge of a large sink. The stream emerges from the side of the mountain, cascades 25 feet and then drops as far again and disappears into the bottom of a great pit. The Acadian Loop trail allows for a return to Morgan's Steep via an alternate trail up the mountain. After ascending the plateau we return along the Perimeter Trail back to Morgan Steep taking in Clara's Point View and a section of the Corso. Total time estimate of 2+ hours for the Bridal Veil and Acadian Trail Loop section. At Morgan's Steep we will begin a hike back to the War Memorial Cross via a walking tour of the central campus taking in the sights of the many historic buildings on campus. reminiscent of the gothic tradition of Oxford and Cambridge: All Saint's Chapel, Breslin Convocation Hall, Guerry Hall, and Saint Luke's Chapel. The last mile or so is along the Tennessee Williams Trail back to the Memorial Cross. Depart at 8:00 am.

Signal and Edwards Points Section of the Cumberland Trail. 7.6 miles. Moderate. Hike begins at the southern terminus of the Cumberland Trail on Signal Mountain near Chattanooga. Highlights include several overlooks of the Tennessee River Gorge, Lockhart's Arch, and beautiful rock formations. We'll also pass Mushroom Rock, a 20-foot-high sandstone pedestal rock. From here we'll follow an old roadbed for 1.2 miles to the parking lot in Shackleford Ridge Park. A short car shuttle set up will be necessary. Hike leader Sara Pollard. Depart 7:30 am.

Con't on next page

## TTA Annual Meeting Schedule of Events All times are Central Daylight Time

**FRIDAY** 

12 Noon Registration and Room Check-In

Open, Drop off Baked Goods &

Auction Items

1:00 pm Randy Hedgepath's Fall Color Hike

on Fiery Gizzard Trail from Foster

Falls to Laurel Gorge

1:30 pm Sycamore Falls Hike, Fiery Gizzard

Trail

1:30 pm Shakerag Hollow and Piney Point,

Sewanee Perimeter Trail

3:00 pm Silent Auction Bidding, White

Elephant and Bake Sale Begins

5:30 -7:00 pm Dinner

7:00 pm Program - Randy Hedgepath,

Tennessee State Naturalist, "My

Favorite Places on the South

Cumberland Plateau"

8:00 pm Flat River Band

**SATURDAY** 

6:30-8:30 am Breakfast

7:00 am Pre-ordered sack lunches can be

picked up

7:30-9:00 am Depart for Hikes

Noon-7:00 pm Silent Auction (Bidding closes at

7:00 pm)

Shop White Elephant Sale

5:30-7:00 pm Dinner

7:00-8:00 pm TTA Annual Membership Meeting

8:00 pm Program - Bobby Fulcher, Manager

of Cumberland Trail State Park, "Update on the Cumberland Trail".

9:00 pm Bonfire

SUNDAY

6:30-8:30 am Breakfast

7:00 am Pre-ordered sack lunches can be

picked up

Room and camp check out

7:30-9:00 am Depart for Hikes

9:00 am TTA Quarterly Board of Directors

Meeting

### Saturday Hikes - con't.

Raven Point, Anderson Falls, Showcase of Fiery Gizzard Reroute. 4 miles round trip. Strenuous. Naullain Kendrick, hike leader. The rerouted section drops down over the bluff and into the Gorge. Along the reroute we will enjoy gorgeous views of eighty foot Anderson Falls and the Gorge. Many stone steps, staircases, suspension bridges. TTA donated money to purchase a rock hoist to place the stone steps. Hike departs at 9:00 am.

#### **SUNDAY October 15**

Greeter Falls, Alum Gap Hike. Join State Naturalist Randy Hedgepath for a tour of his favorite waterfall area with a bonus overlook into Big Creek Gulf. This is an easy 5 miles with stop and go nature hike pace. Departs at 9:00 am.

Chickamauga Battlefield Civil War Hike, Fort Oglethorpe, Georgia. 4 miles. Easy. Historian James Ogden, National Park Service, will lead this Civil War History Interpretive Hike. The hike will be a combination of pedestrian and equestrian trails and paved roads. Some sections could be muddy. Wear your hiking boots and bring water and lunch. Because Chickamauga Battlefield is on Eastern Time we must depart at 7:30 a.m. CT. Our leader is Joan Hartvigsen. The hike is 10:00 am ET to 3:00 pm ET. (approximate).

Horsepound Falls Hike. South Cumberland State Park. Collins Gulf West. Gruetli-Laager, TN. 5 miles out and back. Moderate due to a boulder field to cross and steep ascent/descent. Marietta Poteet is leading this beautiful geology/waterfalls hike. We will see two spectacular waterfalls: Suter Falls and Horsepound Falls. Depart at 8:00 am.

Short Springs State Natural Area, Machine Falls and Rutledge Falls. 2250 Short Springs Road, Tullahoma, TN. Moderate due to rough terrain. Hike leader – Cindy Watson. Cindy grew up hiking to Machine Falls in Short Springs SNA. Depart at 8:30 am.

Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Moderate. We will enjoy an autumn hike along the cascading waters of the Duck River in dense forests of mature oaks, hickories and yellow poplars. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone and Little Duck Loop and the Old River Channel Trail. On the Backbone Trail we will walk along a high ridgeline looking down onto the tops of the trees. We will see the confluence of the Little Duck and the Duck River on the Forks of the River Trail. Along the Little Duck Loop we will see tall limestone bluffs bordering the river. Hike Leader, Jan Safavi Depart 8:00 am.

Denny Cove, Denny Falls and Foster Falls Overlook. South Cumberland State Park. Naullain Kendrick hike leader. Three miles strenuous. Denny Cove is South Cumberland State Park's newest addition. Denny Falls, 70 ft. scenic waterfall. Depart 8:30 am.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

### ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	S, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM  A NEW MEMBER Oct 17  RENEWING MY MEMBERSHIP Memberships are for one year, unless you have a Lifetime Membership. Gift Memberships are also available. Contact our Membership Director,			Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446
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programs, in addition to learning about the progress and plans of the organization.  As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.				