# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



## ANNUAL MEETING HIKES

## Friday 10/26

Brandon Springs Red Trail, 4 miles, Moderate Brandon Springs White Trail, 2.5 Miles, Moderate

#### Saturday 10/27

A Section of Canal Loop Trail, 8.8 miles, Moderate Clarksville Downtown and Ft. Defiance, 7 miles, moderate Honker Lake and Hematite Lake Trails, 7.7 miles, moderate Eggners Ferry Bridge and Western Half of the Central Hardwoods Trail, 6 miles, moderate Ft. Donelson Trail, 5.5 miles, moderate Bear Creek Loop Trail, 6.6 miles, moderate Brandon Springs Blue Trail, 5 miles, moderate

#### **Sunday 10/28**

Big Sandy Wildlife Refuge Museum and two trails, 4 miles, moderate

Liberty Park, Clarksville, (see Pat Head Summit's Statue), 3.5 miles, easy

Picket Loop Trail, 4.5 miles, moderate

Brandon Springs Birding Hike, no definite length, easy

Ft. Donelson Loop Trail, 3.4 miles, moderate

#### **Other Venues**

1850s Working Farm and Living History Museum (10am-5pm; Ages 13 and up, \$5)

Golden Pond Planetarium and Observatory; Program Laser Mania (10am-5pm, \$6.00 per person)

Elk & Bison Loop, Road Drive (\$5.00 per car)

Woodlands Nature Station (10am-5pm, Ages 13 and up, \$5 Grand Rivers, Ky: Barkley and Kentucky Dams, Marinas on Barkley and Kentucky Lakes, Shops and Restaurants.

Dover, TN: Ft Donelson Visitors Center and Stewart County Museum: Restaurants

Please note: Hikes are subject to change as circumstances warrant.

#### **ANNUAL AWARDS PRESENTATION**

The Board of Directors of Tennessee Trails Association is pleased to announce the recipients of the 2018 annual awards:

# **Tennessee Trails Award 2018**

Presented to **TVA Division of Natural Resources** for their outstanding contributions to the furtherance of trails and natural resource programs and opportunities within Tennessee.

#### **Bill Stutz Award 2018**

Presented to **George Bonneau** for his years of service and individual contributions to the Soddy Daisy Chapter and the Association.

Presented to **Bob Lyon** for his years of service and individual contributions to the Clarksville Chapter and the Association.

# **Bob Brown Lifetime Achievement Award 2018**

Presented to *Mack Prichard* for his lifetime of leadership and extraordinary contributions to hiking and conservation in the State of Tennessee.





Office Location 409 Thurman Avenue,

Ste 102

Website: www.cumberlandtrail.org

**CTC Board meeting – Saturday, October 6** at the First United Methodist Church in Crossville. This is an open meeting and all interested parties are welcome to attend. For more information, contact the CTC office.

#### **VOLUNTEER COOKS NEEDED!**

American Hiking Society Volunteer Vacations – Six volunteers from AHS –VV are expected to join our trail crew October 7 – 13. They'll be housed at Eden Ridge in Hebbertsburg and will be working on the Soak Creek Gorge section of the trail. We will need volunteers to prep meals for this crew.

East Tennessee State University has a crew of 10-15 students coming in on October 13 for a three-day stint of trail building. They, too, will stay at Eden Ridge, and they'll be hungry. Let the CTC know if you can be available to help with food preparation for this crew as well. To feed this crew, we can accept food donations as well. Contact our office to check on specific needs for non-perishable items you might be able to donate.

And as always, you're welcome to join the students and AHS Volunteer Vacationers to help build the Cumberland Trail.

Other volunteer opportunities may be available. If you have a skill and want to help CTC to build the Cumberland Trail, also contact us. We always need help with program support and hosting trail builders, so we may have a position for you.

**Volunteers!** Ever want to help build a wilderness hiking trail? Then consider joining our planned trail building programs. The Cumberland Trails Conference was awarded a contract to construct trail along Soak Creek a tributary of the Piney River in Spring City and trail construction began April 2. Work continues along this section of the Cumberland Trail. If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: VolunteeratCTC@amail.com

Cumberland Trail Conference - con't.

Trail Building Assistant (Crew) – seeking applicants for open positions. Apply now!!

**Part-time:** Part time, flexible; average 2 to 4 days per week, including some weekends. Work days vary with weather, season and scheduled construction projects. **Current Location:** Southern Crew working near

Graysville, Tennessee **Qualifications:** Community members who love to build trail. Previous trail building preferred but not necessary.

We will train you. If interested, contact the CTC office.

# **CLARKSVILLE CHAPTER**

**CHAPTER CHAIR:** J.R. Tate 931-220-1359

clarksville@tennesseetrails.org

CHAPTER REPRESENTATIVE: Paul Schwab 931-801-9484

clarksville @tennesseetrails.org

TREASURER: Mary Schwab 931-645-9068

clarksvilletreas@tennesseetrails.org
SECRETARY: Donna Burdick 931-220-8497

clarksvillesecy @tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484 clarksvillehikes @tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3<sup>rd</sup> Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd.

Oct 6 - Warner Park's Connector and Mossy Ridge Trails. 6.5 miles. Moderate. Suva Bastin 931-645-2849. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 51 miles to trailhead.

Oct 13 - 42nd Trigg County Ham Festival where hams are still cured the same as they were in 1820. Paul Schwab 931-801-9484. Meet 9:00 am CT, I 24 Exit 11 commuter parking lot near McDonalds. 45 miles to Cadiz.

**Oct 20 - Annual Bonfire.** Meet 4:00 pm at Rotary Park Amphitheater (hike and pot luck supper). 2 miles. Moderate. Eat after hike. Suva Bastin 931-645-2849. The entrance to the Amphitheater is on E. Old Ashland City Road.

Oct 26 - 28 - Annual Meeting.

# COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 66615-516-6551 columbia @tennesseetrails.org

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:** 

Marvin Caine 931-486-1632 columbia @tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551 columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

#### PRESIDENT'S CORNER

The TTA annual meeting is October 26 – 28. Come join hikers from across the state when we meet Brandon Springs Group Camp in Dover. Hikes are scheduled Friday, Saturday and Sunday, so plan to come on Friday and stay through Sunday so that you can participate in all the activities.

The annual general membership meeting is Saturday, October 27 from 7:15 – 8 PM. During the membership meeting, there will be a President's report, chapter reports, a vote to elect new board members for 2019, and a presentation of the annual awards.

The bylaws approved in 2018 dictate that the board is composed 9 directors at large, three regional directors and a chapter representative for each active chapter. On Sunday morning, the elected board members will then vote to determine which of the directors will serve as President, Vice President, Secretary, and Treasurer. We have candidates willing to serve in officer roles, except for the position of Secretary. If you are good at taking notes, this might be the position for you.

If you would like to serve on the board or have a member who you would recommend serving on the board, please contact a member of the nominating committee, Jim Poteet, Joan Hartvigsen or Garnett Rush.

I hope to see you at the annual meeting.

Happy Trails,

Carolyn Miller
TTA President

# EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

WEBMASTER:

Rosemary Marshall 865-985-9144 easttennessee @tennesseetrails.org Sherry Barber 865-209-6189 sbarber6189@comcast.net

Oct 20 - Ridgetop Loop Trail, Meadow Loop Trail, and Lost Shoe Loop Trail, Fort Loudon State Historical Area, 338 Ft. Loudon Road, Vonore TN, 37885. 5+ miles. Easy. Bring the usual hiking equipment. We will be walking through meadows, woods, and along shore lines. We will see mountain, lake, and valley vistas as we ascend to the highest elevation of 975 feet where we go off- trail to see an Osage Orange Tree. After the hike we will grill-out in the picnic grounds. We will provide hot dogs, plates, utensils, and condiments. Bring a dish to share and your own drinks. There will also be a Trade Faire at the Fort which includes a battle between the English, French, and Cherokees (10:00 am to 5:00 pm with a \$10.00 admission). Meet at the picnic grounds (look for the balloons!) at 9:00 am ET. Co-leaders are Karen Towle and Robby Paul, Please pre-register with Robby

Paul at 865-983-6926 or robbypaul@hotmail.com.

# Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

# HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

**CHAPTER CHAIR:** 

**SECRETARY** 

Mary Etta Ward 931-581-9906 highlandrim@tennesseetrails.org Tania Kendrick 931-224-6225

highlandrimsecy@tennesseetrails.org TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER** 

CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes @tennesseetrails.org

(contact Joan & volunteer to lead an outing) **MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Oct 7 - Normandy Lake Paddle to Waterfalls. Joint Sunday activity with the Murfreesboro Chapter. We will paddle from Ward's Chapel Boat Ramp on Normandy Lake to Short Springs State Natural Area's Machine Falls then paddle to Ovoca Falls. Meet at 8:00 am CT at Dollar General Store, 1832 McArthur Street, Manchester, TN. McArthur Street is Highway 55. Register with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811. In addition to your kayak, paddle and PFD, bring lunch and plenty of water. You will need sunscreen, hat, sunglasses. Paddle gloves are recommended. We will paddle to the end of Bobo Creek, disembark and walk in the water of Machine Falls Branch Creek wearing our water shoes to view Machine Falls. We will then paddle down to the end of Carroll Creek to view Ovoca Falls. A hiking stick will helpful.

Oct 13 - Raccoon Mountain Hike, Marion County, west of Chattanooga. 13 miles loop, some elevation change. Joint activity with Murfreesoro Chapter. The trails are also mountain bike trails and can be rocky and uneven with some boulders. The trail system winds around TVA's Raccoon Mountain Pumped Storage Facility. The trail offers a variety of wooded settings and natural features, including spectacular vistas of the Tennessee River Valley and register Please Gorge. with Marietta Poteet, nannietta @blomand.net or 931-924-7666.

Oct 20 - Hike and Paddle, Rock Island State Park, northeast of McMinnville, TN. We will hike the Downstream Gorge Trail and the Eagle Trail. We will view Great Falls and Twin Falls. Both trails follow the Caney Fork River and a very steep bluff line. Total mileage is 3 miles. We will enjoy our lunch at Badger Flat Picnic Area with beautiful views of very steep bluffs and the Caney Fork River. Then we will paddle our kayaks from the park's boat ramp next to the sandy beach out the Caney Fork River to Horseshoe Bend and back. The total mileage for our paddle is four miles. We will be following the very steep bluff line. The water is clear. There is no current because of Center Hill Dam. After our paddle we can have dinner at nearby Foolight Foodhouse. This restaurant is located on the Caney Fork River. Bring water and lunch and hiking and paddling gear. You will need sturdy hiking boots and hiking sticks for the rocky trails. Bring your kayak or canoe, paddles, PFD, sun protection. Register with Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811.

Highland Rim Chapter - con't.

Oct 21 - Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Moderate. We will enjoy a Sunday afternoon autumn hike along the cascading waters of the Duck River in dense forests of mature oaks, hickories and yellow poplars. We will hike the Old Stone Fort Trail, River Fork Loop, Backbone and Little Duck Loop and the Old River Channel Trail. On the Backbone Trail we will walk along a high ridgeline looking down onto the tops of the trees. We will see the confluence of the Little Duck and the Duck River on the Forks of the River Trail. Along the Little Duck Loop we will see tall limestone bluffs bordering the river. Please register with Joan Hartvigsen at jhartvigs@comcast.net or 931-962-0811. Bring water and snacks and wear sturdy hiking boots. Meet at 2:00 pm CT at the Museum/Visitor Center.

Oct 22 - Chapter Meeting. Dinner at 5:00 pm at Los Trojas Mexican Restaurant, 1905 N. Jackson Street, Tullahoma. Near Kroger. Meeting is 7:00 pm D. W. Wilson Community Center. Charle Coffey will present a program on her recent trip to the Amazon Rain Forest.

Oct 26-28 - TTA Annual Meeting. Land Between the Lakes National Recreation Area. Brandon Spring Group Center, Dover, TN. A fun weekend of hikes, programs, parties with live music, bonfire and much more. A great opportunity to see all our hiking buddies from all over the great State of Tennessee. Land Between the Lakes is a United States National Recreation Area located in Tennessee and Kentucky between Lake Barkley and Kentucky Lake. Lake Barkley is an impoundment of the Cumberland River. Kentucky Lake is an impoundment of the Tennessee River. Please see schedule of hikes and other events and registration form in the TTA Newsletter and on the TTA Website.

## TIP

Dressing in layers will allow you to adjust to different levels of exertion. Weather can change unexpectedly in the spring, fall and winter, and proper layering will help keep you comfortable, warm and dry.

# JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293

jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556

jacksontreas@tennesseetrails.org
SECRETARY: Terry McCoy 731-535-0625

SECRETARY: Terry McCoy 731-535-0625 jacksonsecy@tennesseetrails.org

Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann

Drive, Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

#### Oct 2 - Chapter Meeting.

**OUTINGS COORDINATOR:** 

**Oct 20 - Big Hill Pond near Pocahontas, TN.** Meet at 8:00 am at Panera Bread in Jackson to carpool or park headquarters at 9:30. Howard Ropp will lead the hike. Call him for more information or to register at 731-693-4248.

Oct 26-28 - TTA Annual Conference at Paris Landing/Dover. 50th anniversary of TTA. Please see newsletter for full hiking schedule. If you have photos from previous hikes, please arrange to share with Melinda so we can have a Jackson chapter board.

NOTE: All hike dates are subject to change if the weather is unfavorable or unforeseen circumstances occur.

# Seeking candidates to serve as board members for 2019

As per the bylaws, board members will be elected at the TTA annual membership meeting on Saturday evening, October 27. We have 8 open positions for the 2019 board. We have candidates for 4 of these positions.

The positions for which we are seeking candidates include: West Tennessee Regional Representative, a Board member willing to serve as Secretary for 2019, and three other board positions.

Members of the nominating committee are Jim Poteet, TTA board member, Joan Hartvigsen, Middle Tennessee Regional Representative and Garnett Rush, East Tennessee Regional Representative.

If you are interested in serving on the TTA board in 2019 or if you have a name to suggest, please contact a member of the nominating committee or one of the TTA officers.

# **MEMPHIS CHAPTER**

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis @tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284

memphisvice@tennesseetrails.org

Oct 6 - Lucius Burch Natural Area Wolf River, South of Walnut Grove. Meet at 9:00 am in the unpaved parking lot on the south side of Walnut Grove immediately east of the Wolf River. The hike will be 5 to 6 miles on the Yellow/Blue/White trails. If there has been rain we may have a stream crossing. In that case a hiking stick will be useful. Bring water and a snack. Rain will cancel the hike. For additional information call Linda Red, 901-489-9157.

Oct 13 - Big Hill Pond State Park near Pocahontas, TN. Hike includes parts of Big Hill Pond, Tuscumbia and Dry Ridge Trails. 8-mile loop. Moderate to moderately difficult. We will meet at 9:30 am at the parking lot above the boat dock. The hike begins at the boat dock on Travis McNatt Lake. After 2.5 miles of rolling hills, we come to the half-mile long boardwalk across Dismal Swamp. The next 0.7 miles goes up a fairly steep hill to the fire tower where we will have lunch. After lunch we have another 4 miles of mostly moderate hills until we finish back at the boat dock. Good boots are suggested due to a sometimes swampy area near the end of the hike. If you sometimes use hiking sticks, this is probably a trail where you'll want to bring them. Be sure to bring plenty to drink and food for your lunch. Rain will cancel. For additional information contact Wayne Simpson, w.simpson1@comcast.net, 901-385-1988. Directions: To get there from Memphis, there are two choices. From the southern part of the city, go out Poplar Avenue and take Highway 57 from Collierville to Middleton. From the northern part of the city, go out Highway 64 to Bolivar. From the square in Bolivar, turn right (south) onto Highway 125 and take it through Middleton where you will take a left (east) when you get to Highway 57. Both routes take you to the intersection of 57 and 125. From this intersection it is about ten miles to the park entrance which will be on your right. Once inside the park you can reach the parking area by bearing to your right. The boat dock is down a steep hill from the parking area; don't drive to the dock. You may want to stop by the restrooms at the Visitor Center or at the picnic area on the left, just before the parking area. There are no facilities on the trail. Note: There is a race on these trails the following week. Rumor has it that they have done some improvements to the trail to get ready for the race.

Oct 20 - Wolf River Wildlife Area-Horse Trail. Collierville-Arlington Road Hwy 205. ½ mile north of Wolf River Bridge there is a parking lot at the trailhead. We will meet at 9:30 am at the trailhead parking lot ½ mile north of the Wolf River Bridge. This is an easy 5.5 to 6 mile hike (wet conditions will alter the distance) along the Wolf River, mostly through woods and some open meadows and gravel. If not too wet, we will hike to a haunted house. Bring water and snacks. For more information contact Janet at 901-761-0705. Rain will cancel

Oct 26-28 - TTA Annual Meeting. Land Between the Lakes. Dover TN.

# **MURFREESBORO CHAPTER**

CHAPTER CHAIR: Tony Jones 615-397-4463

murfreesboro@tennesseetrails.org
TREASURER: Sara Pollard 615-714-3610

murfreesborotreas@tennesseetrails.org

PROGRAM COORDINATOR: Valerie Galan 615-516-6441

murfreesboroprog@tennesseetrails.org

HIKE& MEMBERSHIP COORDINATOR:

Jennifer Zahn 615-943-8853

murfreesborohikes@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121

murfreesboroblog@tennesseetrails.org

MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-

Crescent Park's Wilderness Station, 697 Veterans

Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Oct 6 – Chapter Yard Sale. 1132 West Clark Blvd in Dr. Wayne Potter's Chiropractic Clinic parking lot. 8:00 am – 2:00 pm. This is an event to raise money for the chapter's annual expenses and special projects. Tell your families, friends, neighbors and co-workers so they can donate items or come to buy. If you have items to donate, but cannot deliver them the morning of the sale, please contact Sara Pollard and she will arrange a pick-up. It is preferred items be pre-priced before they are delivered by 7:00 am the day of the sale and masking tape works well as a pricing tag. Contact Sara Pollard for more information at 615-714-3610 or sarabpollard@gmail.com.

Oct 7 - Normandy Lake Paddle to Waterfalls. Joint Sunday activity with the Highland Rim chapter. We will paddle from Ward's Chapel Boat Ramp on Normandy Lake to Short Springs State Natural Area's Machine Falls and then paddle to Ovoca Falls. We'll meet at 8:00 am CT at the Dollar General Store, 1832 McArthur Street in Manchester. McArthur Street is Highway 55. We will paddle to the end of Bobo Creek, disembark and walk in the water of Machine Falls Branch Creek wearing our water shoes to view Machine Falls. You may need a hiking pole. Then we will paddle down to the end of Carroll Creek to see Ovoca Falls. Pack lunch and plenty of water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com

Oct 9 – Chapter Meeting. Speaker to be announced. is home to whitetail deer, woodchucks, gray foxes and, of course, raccoons. Pack lunch and plenty of water. For more information about carpooling from Murfreesboro or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Murfreesboro Chapter - con't.

Oct 13 - Raccoon Mountain Hike, 13 mile loop, Moderate with some elevation change. Joint activity with the Highland Rim chapter. Raccoon Mountain is located 15 miles west of Chattanooga. The trail system circles around the TVA Raccoon Mountain Pumped Storage Facility. This facility is a true engineering feat that works like a large battery: water is pumped from the Nickajack Reservoir up to a man-made lake on the mountain and stored to be released when needed. We'll start our hike at the Visitor Center that offers a beautiful view of the river gorge. The trails offer a variety of wooded settings and natural features, including spectacular views of the Tennessee River Valley and Gorge. This well marked trail system offers multiple loops of varying distances for hikers, trail runners and mountain bikers. The mountaintop is home to whitetail deer, woodchucks, gray foxes and, of course, raccoons. Pack lunch and plenty of water. For more information about carpooling from Murfreesboro or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Oct 26-28 – Annual Conference at Land Betweeen the Lakes See website or newsletter for details.

# NASHVILLE CHAPTER

**CHAPTER CHAIR:** 

Doug Burroughs 615-283-0507 nashville @tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811 nashvillehikes @tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php BLOG: www.tennesseetrails.org/blog/nashville

Oct. 20 - Beaman Park, Joelton TN. 7.5 miles. Moderate. We will hike a series of intertwining loop trails, which will take us up and down the beautiful ridges of the highland rim. Meet at the Nature Center on Old Hickory Blvd. at 1:00 pm. The later start time is so we can partake of happy hour at the nearby Old School Farm which begins at 3:00 pm. Call or email Nancy Juodenas at 615-319-8811, njlj1011@gmail.com.

**Oct. 26-28 – Annual Meeting**. Land Between the Lakes, Brandon Springs, TN. Hope to see you there!

#### PLANNING AHEAD:

Dec 8 - Seventeenth Annual Gift Wrapping Booth at REI. Details will appear in November newsletter.

#### AGENDA

# TTA Fourth Quarter 2018 Board of **Directors Meeting & Special Organizational Meeting to Elect Officers** for 2019 and Establish Committees

**Brandon Springs Group Camp** 336 Brandon Spring Rd Dover, TN Sunday, October 28 9:00 AM - 11:00 AM

Welcome and Introductions - Carolyn Miller Secretary's Report – Jackie York

• Approval of the Minutes of the August 2018 Board meeting

Treasurer's Report - Kathy Woods Membership Report - Cheryl Heckler **Old Business** 

- 2018 Annual Meeting Update J R Tate **New Business** 
  - Approve meeting dates for 2019: Feb 2, May 4, August 3 and Sunday of annual meeting
  - Discuss convening board meeting at 10 am CT instead of 1 pm CT

#### Adjourn

Reconvene: Special Organizational Meeting – as per the bylaws.

Officers: The Officers of the Association are its President, Vice President, Secretary, and Treasurer. As soon as practical after its election at a Membership meeting, a new Board shall have a Special Organizational Meeting to elect officers from the Board and organize committees.

The outgoing President shall chair this Special Organizational Meeting until a new President is elected. The new President shall then chair the meeting during the election of the remaining Officers, the naming of members and chair for Standing Committees, and the establishment of any special committees. Officers shall serve a one calendar year term or until a successor is duly elected and qualified. No other action may be taken at this Special Organizational Meeting.

To add items to this agenda, please contact TTA President, Carolyn Miller, TTA Vice President, Linda Latter or one of the TTA board members or chapter chairs.

All board meetings are open to any TTA member and the public. Only board members are eligible to vote on motions before the board.

# 2018 Annual Meeting Schedule of Events

(Central Time)

# Friday, October 26

3:00 PM	Check in; Registration; Receive
	silent auction items and baked
	goods
3:30	Hikes in local area—(see Hike
	Schedule)
4:00	Cash Bar and Bake Sale opens
	(Bake Sale runs until 8:30
	Sunday)
5:00	Silent Auction opens
6:00	Dinner
7:00	Program by Susan Witzofski and
	Entertainment by Friendship Band
8:00	T-Shirt Contest
8:30 (about)	Bonfire
` '	

# Saturday, October 27

6:00 AM 7:00	Coffee for early risers (Cafeteria) Breakfast
8:00	Hikes start, departing at 15 minute intervals. See Hike Schedule
3:00 PM	Cash Bar opens
4-5:00	State-wide Outings Slide Show
6:00	Dinner
7:00	Silent Auction closes
7:15	Annual Membership Meeting
8:00 (about)	Special live auction of Vera's
	Candy Corn Shorts and selected items
8:15 (about)	Jim Poteet presents a Memorial Slide Show to commemorate
	TTA's 50 <sup>th</sup> Anniversary, followed
	by the 50 <sup>th</sup> Anniversary

#### Sunday, October 28

Celebration (cake and punch)

6:00 AM	Coffee for early risers (Cafeteria)
7:00	Breakfast
8:30	Check out and hikes commence
	(All cabins must be vacated before
	leaving on hikes)
9:00	TTA Board Meeting

Please note: The itinerary is subject to change if circumstances so warrant. We hope you have a funfilled meaningful time! IF YOU HAVE A QUESTION OR NEED ASSISTANCE, ASK ANYONE IN AN ORANGE TEE-SHIRT OR WEARING AN ORANGE ARM BAND.

# Individual Registration Form for Annual Meeting October 26 – 28, 2018

Name: Address:			
Phone:			
Registration:	@ \$25.00 each	Total	
<b>Lodging in Cabins</b> (Me for some privacy, have s Friday night Saturday night	sitting areas and showe \$29.00 per person	ins are clean, air conditioned, par rs. Bring own linens.)	tially partitioned
Camping: \$15.00 flat ra	ite per person for the we	eekend. (Showers available in the	e Pool House)
Meals:			
Friday dinner	\$13.00		
Saturday breakfast			
Saturday sack lunch	\$9.00		
		r peanut butter/jelly sandwich—pl	ease circle choice)
Saturday dinner	\$13.00		
Sunday breakfast	\$9.00		
Please check if you pref	er vegetarian meals for	Friday and Saturday dinners.	
Total Enclosed			

Due to scheduling requirements at Brandon Springs, Registration Deadline is October 5, 2018. NO REFUNDS after that date. (Consider it your contribution to TTA.)

Make checks payable to TTA and mail this form with remittance to J.R. Tate, 4713 Chester Harris Road, Woodlawn, TN 37191.

For questions: Phone 931-220-1359 or email modelt770@gmail.com.

# **Tennessee Trails T-Shirt Contest 2018**

Show off your Tennessee Trails T-Shirts. Share memories and make new ones with this crazy contest!

# <u>Categories</u>

Lost and Found Award - most worn out t-shirt, the more holes and stains the better

**Dragonfly Award** – the oldest t-shirt

Model T Award – most miles hiked in the t-shirt

Each contestant is asked to provide a bio about his/her t-shirt experience on the attached entry form. All information is self-generated and will be accepted as fact, or at the very least, as best as can be remembered. This bio will be read to the audience by a member of the Judging Committee.

Each contestant is encouraged to model the t-shirt as his/her name is announced and t-shirt bio is being read.

The Judges can most assuredly be influenced (or outright bribed) by contestants or their supporters. Crowd support for the contestants is encouraged and will be strongly considered in the judging criteria. Fabulous (or nearly so) prizes will be awarded to the winner and runner up in each category. You just might be surprised!

Please complete the below entry form if you will participate and turn in at the Registration Desk. This will be a FUN event—if you can swallow your ego and become a contestant! Anything for the 50<sup>th</sup> Anniversary celebration

# **Entry Form**

<u>Category</u> (check one)
Lost and Found Award - most worn out t-shirt, the more holes and stains the better Dragonfly Award – the oldest t-shirt Model T Award– most miles hiked in the t-shirt
Name/Trail Name
TN Trails Chapter
T-shirt Year
Please provide a brief description/explanation/humorous anecdote/lie supporting your entry:

# PLATEAU CHAPTER (Crossville)

CHAPTER CO-CHAIRS: Bruce Whitehead 941-716-3620

Bob Obohoski 931-456-4282 plateau@tennesseetrails.org Gena Whitehead 941-716-3620

TREASURER: Gena Whitehead 941-716-3620 plateautreas @tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes, contact the hike coordinator, Deb Westervelt, via email plateauhikes@tennesseetrails.org or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter. Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.

Oct 3 -- CT Laurel Falls - Buzzards Point - Snow Falls, Dayton. We will hike the trail to beautiful Laurel Falls (past an old coal mine and over some small streams on bridges) to several options of your choice: 2.1 miles one-way on CT to 150-foot bridge; Laurel Falls spur 2.4 miles one-way; Bryan overlook is 3.3 miles one-way; Snow Falls spur 4.9 miles one-way passing side trails to Dunn Overlook and Buzzard Point on the way to Snow Falls (9.6 mi total). There are some short strenuous portions uphill. Depart from Trinity Tabernacle Church at 7:30 am CT. Carpool cost \$6.

Oct 6-7 Backpack Trip -- Smokies - Mt Cammerer Chestnut Branch Trail-AT-Low Gap Trail-Big Creek Trail, Big Creek, TN. The hike in on Saturday is 6 strenuous miles of climbing 3300' to the AT and on to a spectacular view at Mount Cammerer lookout tower then 4.6 mi to campsite #37. On Sunday, we hike 5.1 miles down Big Creek trail. Depart at 7:00 am CT from the parking far West corner of the Crossville Outlet Center (use the 3rd parking lot entrance), Interstate Drive just off I-40 Genesis Exit 320. Carpool cost \$10. Pack for overnight camping, water and water filter, food, flashlight, rain gear, etc. You must sign up for this trip.

Oct 10 -- Black Mountain, Crab Orchard, TN. We will do a moderate 5-mile hike from the parking lot at the top of Black Mountain down to Windless Cave and on to Highway 68. Car shuttle is required. Depart from Trinity Tabernacle Church at 8:00 am CT or meet at the Highway 68 shuttle parking area or at the Black Mountain parking area. Carpool cost \$3. Depart at 7:30 am CT from the parking far West corner of the Crossville Outlet Center (use the 3rd parking lot entrance), Interstate Drive just off I-40 Genesis Exit 320. Bring water, snacks, and lunch.

Plateau Chapter - con't.

Oct 11 -- Chapter Meeting. 6 pm CT at First United Methodist Church Annex, 69 Neecham Street, Crossville. Program will be on hiking in Scotland by John Wiggington. Join us for dinner beforehand at 4:30 pm CT at Rio's Country Kitchen, Peavine Rd (across from Cancun). Contact Chapter Chair, Bruce Whitehead, 941-716-3620 or email plateau@tennesseetrails.org if you intend to join us for dinner.

Oct 17 -- CT Rock Creek Loop Trail, Sale Creek, TN. The CTC Rock Creek Loop Trail is a 5-mile scenic loop of moderate difficulty with a spur trail leading to Leggett Point Overlook. We have an option to continue the Rock Creek Gorge trail to add more mileage if the group wants. Afterwards, we will visit Wooden Apple House where you can buy apples and the best apple dumplings around. We will depart Trinity Tabernacle Church on South Main Street at 7:30 am CT. Bring water, snacks, and lunch.

Oct 20 - CT Signal Mountain Trail to Mushroom Rock, Signal Mountain, TN. Signal Mountain is one of the southern sections of the Cumberland Trail with features including Julia Falls, various rock formations and overlooks, including Edwards Point with its spectacular view of the "Grand Canyon of the Tennessee." The hikers will lunch at one of the overlooks. The trail follows bluff tops and ridges 1,800 and 2,000 ft. above sea level, drops into ravines lush with hemlocks towering over tangled growths of laurel and rhododendron before meeting the short trail hikers at Mushroom rock and continuing down the gorge, crossing Suck Creek over a swinging bridge, and continuing out of the gorge to Hwy 27. Our hike begins at Signal Point after our car shuttle drops us off. It is an 8.4-mile hike rated strenuous due to length, elevation up and down, rocky terrain and requires good hiking boots. The shorter option 2-mile hike will be from Hwy 27 on a gradual rocky up and then descending 400' along switchbacks into the gorge, crossing Suck Creek over a swinging bridge and gradually ascending 300' to Mushroom Rock, a 20-foot-high sandstone pedestal rock of the Sewanee conglomerate. The short trail hikers will find a lunch spot and relax at Mushroom Rock till the Signal Mountain hikers arrive and the entire group continue back down to Hwy 27. The shorter hike is 6 miles rated strenuous due to elevation change. Bring plenty of water, snack and lunch. Meet at Trinity Tabernacle Church on Hwy 127 South in Crossville at 7:30 am CT. Gas cost \$8.

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Plateau Chapter - con't.

Oct 24 - Alum Cave to Mount LeConte, Great Smoky Mountains National Park, elevation 4955 ft. Option 1. A 4.6 mile moderate in/out hike with elevation gain of 1125 ft. Option 2. Continue steeply up the trail to Gracie's Pulpit for another 1/3 mi. Hikers will follow Alum Cave Creek for the first mile. At just over 1.3 mi we will reach Arch Rock. The trail goes under the arch and requires a climb of several steps etched into the stone before exiting at the top. At roughly two miles we reach Inspiration Point, a heath bald that offers commanding views. At 2.2 mi we will reach Alum Cave, which really isn't a cave, but a concaved bluff, about 80 feet in height, and roughly 500 feet in length. The Cave was mined for Epsom salt and saltpeter. Depart VF Outlet Mall at 7:30 am CT. Carpool cost is \$10. Pack water. snacks and lunch.

Oct 31 - Big South Fork Angel Falls Overlook, 11 miles. From Duncan Hollow Rd we'll start on the Sheltowee Trace (John Litton Farm Loop) 2.6 mi to Fall Branch Trail for 1.8 mi then turn right on the John Muir/Sheltowee Trace 1.3 mi to Angel Falls Overlook. Angel Falls Overlook is a massive rock outcropping several hundred feet above the Big South Fork of the Cumberland River. A shorter option is to drive further up Duncan Hollow Rd to a right turn on Alfred Smith Rd till it ends at the John Muir/Sheltowee Trace which allows for an easy 1.3 mi to the Overlook. Depart Cracker Barrel I-40 and Hwy 127 at 7:30 am CT. Carpool cost is \$6. Pack water, snacks and lunch.

## TIP

Avoid cotton clothing as "cotton is rotten" and "cotton can kill" when outdoors in cooler temperatures. Cotton dries slowly and won't keep you warm when you get wet, while wool, fleece and other synthetics will. Reconsider wearing jeans if rain is predicted - they weigh too much and take forever to drv.

# SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** 423-596-7681 Jean Smith soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960 soddydaisytreas@tennesseetrails.org

**HIKE COORDINATOR:** Patricia Appleton 423-332-6517

soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Oct 2 - Glen Falls Trail. Will start from the parking lot across from Ruby Falls. Easy. Meet at Food City in Red Bank at 9:00 or at trailhead at 9:30. Hike Leader, Rene Grace, 423-593-8128.

#### Oct 6 - Need Hike and leader

Oct 9 - Section of the John Muir Trail, 5 miles round trip. Easy to moderate near Reliance. This trail goes closely along the Hiawassee River most of the way. At the end of its length it crosses the road and climbs to spectacular views of the river and the gorge. Hike Leader Trish Appleton 423-332-6517.

Oct 13 - Booker T. Washington Outer Loop. 3.5 miles. Easy. Meet at the park at 9 am near the swimming pool. Hike leader Jean Smith 423-596-7681.

Oct 16 - Laurel Falls Trail across the new bridge up through the rim to the bluff, 5 miles round trip. Easy to moderate. Nancy Allen 423-344-1118.

Oct 20 - Snow Falls, About 10 miles, Moderate to strenuous do to distance and elevation gain. Hike Leader John Politte 423-304-8327.

Oct 23 - Cloudland Canyon, West Rim Trail. About 4 miles. Easy to moderate. Donna Pyers 352-812-4845.

Oct 26-28 - Annual meeting at Land Between the Lakes

Oct 30 - Sitton Gulch. 4 miles round trip. Easy. Gloria Nelson 423-645-9008.

# **SUMNER TRAILS** CHAPTER

**CHAPTER CHAIR:** 

Lynn Takacs 615-479-7702 sumner@tennesseetrails.org

Oct 4 - Bledsoe Creek State Park. High Ridge and Shoreline Trails loop. 2.4 miles. Moderate. We will start and end at the Visitor Center/Park Office. If interested, we will hike a second loop. Trail surface includes gravel, dirt. and rocks. Please bring water! Recommended hiking shoes, hiking poles, sunscreen, insect repellant. Meet: 9 am Bledsoe Creek State Park, 400 Ziegler Fort, Gallatin TN 37066. Contact: Les Cleveland: lescleve@gmail.com or text/call at 615-719-0031.

Oct 11 - Bledsoe Creek State Park. High Ridge and Shoreline Trails loop. 2.4 miles. Moderate. We will start and end at the Visitor Center/Park Office. If interested, we will hike a second loop. Trail surface includes gravel, dirt, and rocks. Please bring water! Recommended hiking shoes, hiking poles, sunscreen, insect repellant. Meet: 9 am Bledsoe Creek State Park, 400 Ziegler Fort, Gallatin TN 37066. Contact: Les Cleveland: lescleve@gmail.com or text/call at 615-719-0031.

Oct 12-14 - Historic Rugby and the Big South Fork. We will arrive at Grey Gables Inn on the afternoon of Friday Oct 12. On Saturday at 9 am ET we will meet hike leaders Tim & Lynn Takacs for a 3 mile hike of moderate difficulty in the Big South Fork. On Sunday at 10 am ET we will meet local hike guide DeAnn Kirgan at Grey Gables for a 3 mile hike of moderate difficulty in south Morgan County before driving back to Sumner County. Meet for carpooling to Grey Gable Inn at First Presbyterian Church, 172 W. Main Street in Hendersonville at 1 pm CT on Friday OCT 12. For further info contact Owl at ballallenger@aol.com.

Oct 18 - Bledsoe Creek State Park. High Ridge and Shoreline Trails loop. 2.4 miles. Moderate. We will start and end at the Visitor Center/Park Office. If interested, we will hike a second loop. Trail surface includes gravel, dirt, and rocks. Please bring water! Recommended hiking shoes. hiking poles, sunscreen, insect repellant. Meet: 9 am Bledsoe Creek State Park, 400 Ziegler Fort, Gallatin TN 37066. Contact: Les Cleveland: lescleve@gmail.com or text/call at 615-719-0031.

Oct 25 - Bledsoe Creek State Park. High Ridge and Shoreline Trails loop. 2.4 miles. Moderate. We will start and end at the Visitor Center/Park Office. If interested, we will hike a second loop. Trail surface includes gravel, dirt, and rocks. Please bring water! Recommended hiking shoes, hiking poles, sunscreen, insect repellant. Meet: 9 am Bledsoe Creek State Park, 400 Ziegler Fort, Gallatin TN 37066. Contact: Les Cleveland: lescleve@gmail.com or text/call at 615-719-0031.

# **UPPER CUMBERLAND CHAPTER**

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Jennifer Carroll 661-369-6619 uppercumberland@tennesseetrails.org

**HIKE COORDINATORS:** Cathy Moran 931-544-2764

uppercumberlandhikes@tennesseetrails.org

Oct 6 - Cloudland Canyon, Rising Fawn, GA. There are spectacular views of Cloudland Canyon as well as Trenton, GA. and neighboring Sand Mountain. We will hike on the Waterfalls trail down over 500 steps to 60 ft. Cherokee Falls and 90 ft. Hemlock Falls. Weather permitting, we will then hike the Rim Trail (4.8 mi.) and if visibility is bad we will hike Sitton's Gulch Trail, which follows Daniel Creek. Either way we go it will be about 7 miles or less. The hike is moderate to strenuous because of the number of steps up and down. We can meet at 7:30 am CT in the Penney's parking lot in Cookeville, or at the U.S. Bank across from McDonalds in Sparta at 8:00 am. Plan to arrive at trailhead in GA around 10:00 am CT. Wear sturdy hiking boots and bring snacks, water and lunch. After the hike, we will stop at "Sticky Fingers" in Chattanooga, TN for dinner. To register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

Oct13 - Fairfield Glade North Trails. Hikers will enjoy a walk through boulder outcroppings and fall views of nearby hillsides as well as a wetland and several bridged small stream crossings. We will begin our hike at the Rotherham Drive trailhead and ascend the Hemlock Trail to the Good Samaritan Trail. The Good Samaritan Trail will take us to a Junction with the Rotherham Trail and the Canyon Trail. Anyone wanting a shorter hike can then take the Rotherham Trail to return to the cars for a total distance of 3.2 miles. We will then take the Canvon Trail to a junction with the McGinnis Trail. There is a parking lot here where we could leave a shuttle car to provide another shorter hike option of a total 3.5 miles. Continuing on the McGinnis Trail we will encounter our hardest climb of the day before reaching Catoosa Boulevard for a 0.2 mile walk on sidewalks before rejoining the Good Samaritan Trail. We will again transverse the Good Samaritan Trail back to the junction with the Rotherham Trail which we will use to return to our trailhead. Total hike distance will be 7.5 to 8 miles with a moderate rating with several easy sections. You can view a map on the time2meet website by choosing Fairfield trails and then north Fairfield trails. We will meet at the Penny's parking lot in Cookeville at 8 am. Bring water, snacks, lunch, and wear hiking footwear. For information and to register contact Lillian Ey at eyintn@hotmail.com or 615-478-7461.

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# OFFICERS:

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president@tennesseetrails.org

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor** 

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

## Upper Cumberland Chapter - con't.

Oct 20 - Fiery Gizzard Hike, South Cumberland State Park. Tracy City, TN. 13 miles one way from Foster Falls to Grundy Forest Trail Head. Car shuttle required. Strenuous because of boulder fields, stream crossings and steep ascents and descents. Meet at the Grundy Forest trailhead in Tracy City at 8:45 am CT. The trail is being rerouted which may add distance and make it very strenuous. Option of a 9 mile hike using the Dog Hole Trail to return to the Grundy Forest trailhead. Bring water, lunch, snacks, headlamp and hiking boots. Meet us at the Penney's parking lot in Cookeville at 7:00 am CT or at the US Bank across from McDonald's in Sparta at 7:30 am CT or at the Grundy Forest trailhead in Tracy City at 8:45 am CT. For information and to register contact: Mike Shane at 931-446-4306 or mikeshane@charter.net.

# **Newsletter Deadlines:**

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

#### ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	A NEW ME RENEWING Memberships are for or		Lifetime Membership.	Please Mail This Form To:  Membership Director P.O. Box 41446 Nashville, TN 37204-1446
 	,		•	PRINT CLEARLY.
i ——	Individual	\$25.00	Name	
	Family	\$35.00		
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	Life Member (Family		I would like to receive my newslet lease list me with the following chapte Clarksville Columbia/Franklin East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma)	ess in the TTA Annual Membership Directory tter by email. er: Murfreesboro Nashville Plateau (Crossville) ) ) Soddy Daisy
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responsib announce scheduled parks for a	ilities, etc. (2) TTA's month ments; (3) Annual Membe d, where you will enjoy div a weekend of hiking, cama s a member of	nly newsletter, containing information of the properties of the programs, socializing a programs, in additional of the programs of the program of the	ormation on hiker safety, upcoming hikes/ove ers by chapter and how to reach them. You a and refreshments. In addition, our annual me dition to learning about the progress and plar	TTA hikes or functions.