# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



#### 2019 TTA ANNUAL CONFERENCE UPDATE

The Plateau Chapter will host this year's Annual Conference at the Fairfield Glade Community Club Conference Center Fairfield Glade 18-20. Community https://fairfieldglade.cc is a planned community and Wyndham Resort. Wyndham will provide timeshare condominiums (PRICE LISTED INCLUDES TAXES) for conference attendees along with an amenities card. In order for Wyndham to block off condominiums for the conference they must have your reservation request not later than July 1st. The UPDATED RESERVATION FORM IS INCLUDED IN THIS NEWSLETTER. TWO MOTELS HAVE AGREED TO A REDUCED RATE PLUS TAXES FOR THE TTA CONFERENCE. HOWEVER, PEAVINE ROAD IS BEING WIDENED TO 5 LANES SO IT IS PREFERABLE THAT YOU REGISTER FOR THE ONSITE CONDOMINIUMS.

#### **ANNUAL AWARDS**

The Awards Committee is seeking nominations for the Bill Stutz Award and the Tennessee Trails Award. The Tennessee Trails Award recognizes the accomplishments and contributions of individuals and organizations to the furtherance of TTA's objectives. This award may recognize either individual members, non-members, or organizations.

The Bill Stutz Award honors the memory of Bill Stutz, a much beloved hiker who played an active role in the early days of TTA. The award is to be presented to an active hiker and TTA member for his or her individual contribution to the Association or to one of its Chapters. Please email your nominations to the Awards Committee Chair, Linda Latter, *lindaalatter@yahoo.com.* 

# "Volunteer" Needed: TTA Newsletter Production Manager/Wrangler

After 17 years of coordinating the monthly production of the TTA Newsletter, Diana Manas will be retiring within a few months. TTA is looking for someone to step up and work on this.

The TTA Newsletter is produced every month, but it is possible to work the arrangements out farther than a month ahead. Also, even though logistics require that the Newsletter be printed, assembled, and mailed in the Nashville area, it is not a necessary requirement for the Newsletter Production Manager task to live in Nashville. Producing the Newsletter requires working with the TTA Newsletter Editor, the Printer, the TTA Membership Director, and with the pool of Nashville Area volunteer hosts for the Newsletter Party. It is at the "party" where the newsletters are collated, labeled, sealed, and stamped to get them ready for mailing.

The bottom line is that all of the steps in the process are lined up so that TTA Members get their Newsletter at least a few days before the first hikes of the month. Further information is available on request. Contact: president@tennesseetrails.org.

Tennessee Trails prints and mails about 300 Newsletters each month. If you would like to help TTA save printing and mailing expenses as well as save a few trees, you can choose to have your Newsletter delivered by email as a PDF document that can be read online or printed at home.



Office Location: 409 Thurman Avenue, Ste 102 Crossville, TN 38555 ...... Tuesday – Friday Office Hours:.... 10 am - 3 pm CT ..... 931-456-6259 Phone: ..... Office Staff: ..... Teresa Kemmer Email: ctcoffice2014@gmail.com Website: www.cumberlandtrail.org

Love the Cumberland Trail and want to help complete the trail? We have opportunities for you. Join the trail crew for a day or more. This is your chance to walk on the trail before it is open to the public.

- The CTC Trail Crew is working on a new section of the Cumberland Trail, Stinging Fork to Hinch Mountain. This section is south of Crossville.
- Members of the crew are also working on the Western Slope of Black Mountain and in the Catoosa Wildlife Management Area. Both locations are near Crossville.
- If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: VolunteeratCTC@gmail.com.

Want to really build the Cumberland Trail, then consider joining our trail crew as a paid employee. We are hiring Trail Crew members. Contact the CTC office to apply.

As a non-profit organization, monetary donations are also appreciated to support the work of the CTC crew and staff.

# Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennesseetrails.org/release.php.

#### CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925 clarksville @tennesseetrails.org

**VICE-CHAIR and CHAPTER REPRESENTATIVE:** 

Paul Schwab 931-801-9484 clarksville @tennesseetrails.org

TREASURER: Mary Schwab 931-645-9068 clarksvilletreas@tennesseetrails.org

Mary Ann Harris 931-647-9321 clarksvillesecy @tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484

clarksvillehikes @tennesseetrails.org (call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3<sup>rd</sup> Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd.

Jul 13 - South Cumberland State Park, Collins Gulf Trail. 12.4 miles. Difficult. Paul Schwab 931-801-9484. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 142 miles to trailhead.

Jul 16 - Monthly Chapter Meeting.

**SECRETARY:** 

Jul 20 - Pennyrile State Park. 3 miles. Moderate, and then swim. Eat lunch at Park Restaurant; Cindy Jones 870-215-8993. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 50 miles to trailhead.

Jul 27 – Hopefully 'Cooling at the Cave'. Dunbar Cave State Natural Area, Clarksville. Music, Board Games, Fellowship, Refreshments. 3:00 pm CT until 6:00 pm. If the park doesn't have 'Cooling at the Cave' this year, hike with another chapter.

#### **GO GREEN**

#### **Electronic Newsletter Available**

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Cheryl Heckler at *membership@tennesseetrails.org* and please include your email address.

# COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551 columbia@tennesseetrails.org

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:** 

Marvin Caine 931-486-1632 columbia @tennesseetrails.org
Jane Coffey 615-516-6551

HIKE COORDINATOR: Jane Coffey 615-516-6551 columbiahikes@tennesseetrails.org

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

**Jul 13 - Chestnut Bend Trail.** This is a paved trail looping behind Franklin High School and the Franklin Recreation Complex. Easy hike on a paved road. Because of anticipated hot weather, we will meet at 7:00 am. After the hike, we plan on stopping for breakfast. If you are interested, please contact Ellen Clark to let her know that you will be participating. She will give you the particulars concerning the meeting place. Hope to see you for a mid-summer hike. Ellen Clark - *ercclark@aol.com* or 615-482-3605.

### **Carpool Etiquette**

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

# EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemai

Rosemary Marshall 865-985-9144 easttennessee@tennesseetrails.org Sherry Barber 865-209-6189

WEBMASTER: Sherry Barber 865-209-6189 sbarber6189@comcast.net

Jul 13 - Bald River Falls, CNF. 11 miles. Moderately difficult due to mileage. This hike will begin in the parking area to the left of the Bald River Falls. The portion leading up to the picnic area at the top of the Falls is paved. Once you reach the top of the ridge, the trail levels out and follows the river to where it flows under FS126. Shortly before this there is a small waterfall/large cascade, a nice place for lunch. It is 4.8 miles to this point and about 5.6 miles to FS126. This total elevation gain is about 500 feet, a gentle but somewhat long hike. We will meet in the Central Baptist Church of Bearden parking lot for car-pooling and leave at 8:30 am and stop at the Walmart Supercenter, South of Marvville at 2410 US-411. meeting at the front of the parking lot nearest US-411, and leave there at 9:15 am for those who would prefer to meet there. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. Please bring \$\$\$ for carpooling After the hike, depending on the time, we may stop on the way back for a meal and/or refreshments. For specific information about the hike please call Tom at 865-588-5622.

# Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

### HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHÀPTER CHAIR: Tom Bentley 931-455-5849
highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Jul 6 – Tims Ford State Park, Winchester, TN. Family Hike. Lost Creek Overlook Trail and the Evans Loop Trail. Three miles. Relaxed pace. We will take several short spur trails off Lost Creek Overlook Trail to tip of peninsulas to view Tims Ford Lake. Meet Joan our hike leader at 9:00 am CT at the Visitor Center. Please register with Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811. You will need your hiking boots and hiking sticks. Bring water and a lunch. Save room for Kemp Ice Cream, sold inside the Park at the Marina.

Jul 13 – Duck River Float from below Normandy Dam to Three Forks Bridge. 8.5 miles. Joint float with the Murfreesboro Chapter. Portage around Cortner Mill Dam required. We will eat our packed lunches just below Corner Mill Dam after the portage. Bring a lot of water, lunch, sunscreen. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811. Meet at 9:00 am CT at the put in below Normandy Dam. There is the option of a shorter float, taking out at the Dement Bridge, approximately 5.2 miles.

Jul 22 – Chapter Meeting. Dinner is 5:00 pm at Ruby Tuesday, 1936 N. Jackson Street, Tullahoma. Our meeting is 7:00 pm at D. W. Wilson Community Center. Jim Brannon, GISP, is our speaker. He will give us an update on the progress of building the Cumberland Trail. We will learn of the newly completed sections and how computerized mapping is used to plan the layout of the trail. Jim is a Cumberland Trail State Park Ranger and a certified professional in geographic information systems.

Jul 27 - Barren Fork and Collins River Float, McMinnville, TN. About 8 miles. Meet at 9:30 am at the Pepper Branch Park, Barren Fork River Access, 120 Old Morrison Road, McMinnville, TN. We will put in just below the Spillway and take out at the VFW Post of Highway 70S. At about the 6 mile point the Barren Fork River meets with the Collins River, so we will have a little push to help with the last 2 miles. Bring sun protection, snacks, lunch, hydration, water shoes and DO NOT FORGET PADDLES Contact AND LIFE VEST. Kathy Williams takeahiketwo@hotmail.com or 931-434-0367.

Highland Rim Chapter – con't.

#### **Planning Ahead:**

Aug 9-11 – Hiwassee Ocoee Scenic Rivers State Park. Camping, Kayaking, Hiking weekend. 404 Spring Creek Road, Delano, TN. We have reserved a Group Campsite. Request a spot before the site is full! Friday we will float 5 miles on the Hiwassee River through Cherokee National Forest from the Reliance Bridge Ramp to Gee Creek Campground Ramp. Saturday, we will float 8 miles on the Hiwassee from Gee Creek Campground to Dentville Road Ramp near Dentville, TN. Sunday we may paddle Lake Ocoee from the less congested King Slough Boat Ramp. We will use our own recreational kayaks for all three floats. Friday night we will share a potluck. Saturday night we will dine in Etowah. More information soon. The Hiwassee River is gorgeous. Contact Joan Hartvigsen, jhartvigs@comcast.net, 931-962-0811.

Aug 23-25 - Camp and Float Weekend. Obey River and Cumberland River Float, Dale Hollow Lake Paddle. Camping at Dale Hollow **Damsite** Campground, U.S. Core of Engineers. Celina, TN. Joint outing with the Upper Cumberland Chapter, Judy Fries. We have reserved three campsites at Dale Hollow Damsite Campground. Please contact Joan Hartvigsen to stay in one of these three campsites. jhartvigs@comcast.net or 931-962-0811. Saturday we will float the Obey River from Dale Hollow Dam to Donaldson Park. This 6 mile float takes only 2 hours when the generators are running. The group may decide instead to take out further downstream on the Cumberland River, Cordell Hull WMA boat ramp off Tinsley Bottom Road. Friday afternoon/evening and Sunday morning we can paddle Dale Hollow Lake from Pleasant Grove Recreation Area. We will share a meal Friday evening at the campground. More information soon.

# Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

### JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293

jackson@tennesseetrails.org Anne Goodson 664-1556

TREASURER: Anne Goodson 664-1556 jacksontreas@tennesseetrails.org

SECRETARY: Terry McCoy 731-535-0625

jacksonsecy@tennesseetrails.org

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann

Drive, Jackson. Socializing & dinner starts at 6:00 pm

CT; meeting starts 6:45 pm

#### **Planning Ahead**

**Aug 6 - Chapter Meeting.** We will continue planning fall hikes and activities. We also will vote whether to meet on Monday night or Tuesday night.

KAYAK/CANOE TRIP IS ON!! Melinda contacted Henry Horton State Park and they confirmed there are trips this summer. Cost is approximately \$50 a person. that includes hot dog roast on Saturday night and continental breakfast on Sunday morning. It also includes the staff moving tents, sleeping bags, coolers, etc. from state park to the campsite and back to park on Sunday morning. Price includes tents, sleeping bags, kayaks, canoes, life jackets, etc. or you can bring your own. Looking at the calendar some possible dates would be June 22-23, August 31-Sept. 1 (Labor Day weekend) or Sept. 14-15. Let Terry or Melinda know your preference of the dates.

**Sep 8 - Annual picnic** at 3:00 pm. Possibly at Terry's & Darren's house or at Pin Oak Lake in Natchez Trace. Final decision at the August meeting.

**Sep 28 - Ramsey Cascades in the Smokey Mtns.** Jeff Chambers will lead this hike.

#### **MEMPHIS CHAPTER**

CHAPTER CHAIR: Charlie Bright 901-829-4434

memphis@tennesseetrails.org Francis Ruffin 662-701-6284

memphisvice@tennesseetrails.org

No hikes planned. See you in September!

VICE-CHAIR:

#### MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463

murfreesboro@tennesseetrails.org

TREASURER/BOARD REP: Sara Pollard 615-714-3610

murfreesborotreas@tennesseetrails.org

**HIKE& MEMBERSHIP COORDINATOR:** 

Jennifer Zahn 615-943-8853 murfreesborohikes @tennesseetrails.org

**BLOGMASTER** Craig McBride 615-394-6121

murfreesboroblog@tennesseetrails.org

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans

Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Hike information unavailable at press time.

### NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville @tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811

nashvillehikes @tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php BLOG: www.tennesseetrails.org/blog/nashville

No hikes planned.

### 2019 TTA Board of Directors Meetings

Saturday, Aug 3: 11 AM Hermitage Library 3700

James Kay Lane

Hermitage

Sunday, Oct 20: 9 AM Fairfield Glade Community

Conference Center

#### CONFERENCE HIKES TO CHOOSE FROM

All Times are Central Time

Friday hikes only - the departure time listed is from the FFG Conference Center, however, participants may opt to meet at the designated trailhead and check-in for the conference after the hike. Contact your hike leader to let him/her know if meeting at trailhead.

#### **CUMBERLAND TRAIL HIKES:**

Friday - Depart Noon (12 pm) - Arrive Trailhead 12:20 pm. Leader: Tim Case *bikinisfun@gmail.com* 

Black Mountain, Crab Orchard, TN. This is a moderate 6.4 mi in/out hike from the top of Black Mountain take the Upper Loop Trail to the Northern then Southern Overlooks down to the Chimney, Spring House, old home foundation and chimney then down the Below Bluff Trail to the main CT trail down to Windless Cave and return. From the Southern Overlook on a clear day you can see the Smokies and a portion of Grassy Cove below.

Friday - Depart 12 pm - Arrive Trailhead 12:25pm. Leader: Richard Savage savage\_richard@hotmail.com

**Brady Mountain, Grassy Cove Community, TN.** This is a strenuous 6 mi in/out hike up Brady Mountain to the Overlook with amazing views of Grassy Cove below and the Smokies. A short distance past the overlook is an arch and mushroom shaped stacked rocks.

Friday - Depart 10:30 am - Arrive at Stinging Fork Trailhead 11:15 am. Leader: Deb Westervelt plateauhikes@tennesseetrails.org

Saturday - Depart 9 am. Leader: Bruce Whitehead trailwalker80@gmail.com

Stinging Fork State Natural Area and Piney Falls State Natural Area along Soak Creek, Spring City, TN. This is a spectacular 7 mi (4hr one-way) hike in the Stinging Fork State Natural Area featuring a 35-foot waterfall and cascade at the end of the first 1 ½ mile. Due to some elevation gain and possibly slick rocks, the hike is rated moderate to difficult of which 4 mi is strenuous. From the falls we'll head down the new trail along Soak Creek. We'll drop off a car or two at the Soak Creek/Piney River Trailhead before we head up to the Stinging Fork Trailhead.

Saturday - Depart 8 am. Leader: Cheryl Heckler thehecklers@charter.net

Daddys Creek Section, Crab Orchard, TN. Hike is 7.5 moderate miles through the woods passing a rock house and walking along Daddys Creek. The southern trailhead on Hebbertsburg Road is near the TVA power lines to the trailhead at East Keyes Road. There is an elevation change of 324 feet. This hike will require an 8 mi car shuttle.

#### **CUMBERLAND TRAIL HIKES (con't):**

Sunday - Depart 8 am. Leader: Evelyne & Elliot Kornreich evie417@gmail.com. Sweep: Bob McGavock rcmcq185@gmail.com.

Black Mountain, Crab Orchard, TN. This is an easy 3 mi hike from the top of Black Mountain going around the Upper Loop Trail to the Northern then Southern Overlooks down to the Chimney, Spring House, old home foundation and chimney then down the Below Bluff Trail along giant boulders and cliffs to the main CT trail turning right and back to the Upper Loop Trail to the parking lot. From the Southern Overlook on a clear day you can see the Smokies and a portion of Grassy Cove below.

#### **ROCK ISLAND STATE PARK HIKE:**

Friday - Depart 11 am. Leader: Peter Broehl pabroehl@blomand.net. Sweep: Bob McGavock rcmcq185@gmail.com.

**Collins River Loop Trail** for an easy 2.7 mi then 1.4 mi on Eagle Trail to the Blue Hole then drive to the other side of the river and hike another mile or so on the upstream and/or the downstream trails.

#### **BIG SOUTH FORK NATIONAL PARK HIKES:**

Friday - Depart 10:30 am - Leader: Louise Miniard liminiard @frontiernet.net

Saturday - Depart 8 am. Leaders: Trish Appleton Appleton-p2 @comcast.com & Gloria Nelson bigboned @earthlink.net.

**Burnt Mill Bridge, near Rugby, TN**. We will hike the Burnt Mill Bridge loop near Rugby. It will be about 5 mi with moderate terrain. For the adventurous hikers there is a waterfall off the trail that requires bushwhacking down a ravine to get to the falls.

Saturday - Depart 8 am. Leader: Bob Obohoski rao88@yahoo.com

Honey Creek Loop, near Rugby, TN. This is a 5.7 mile strenuous hike. Honey Creek Loop holds some of our most rugged terrain and it will take your breath away with its beauty of rock bluffs, rock houses, cave and waterfall. You will be using your hands and knees to maneuver through or up and over boulders on parts of this trail. We will also be following the creek bed so you may get wet. This is an all day hike.

Saturday - Depart 8 am. Leader: Louise Miniard *liminiard* @frontiernet.net.

Loop - Middle Creek, Slave Falls, Needle Arch, Jamestown, TN. This moderate hike will be a combination of the Middle Creek loop and the Slave Falls loop for a total of 9.3 miles. On Middle Creek we will enjoy large rock overhands, rock houses and high cliffs. On the second loop you will see the 60' Slave Falls, Needle Arch and Indian Rock house.

#### **BIG SOUTH FORK NATIONAL PARK HIKES (con't):**

Sunday - Depart 8 am. Leader: Tim Case bikinisfun@gmail.com.

Loop - John Muir Trail to Maude's Crack, Jamestown, TN. This will be a moderate 6 mile loop hike across (water shoes maybe needed) and along No Business creek. For historical info on the No Business community check out this website:

https://www.nps.gov/biso/learn/historyculture/nobusiness.ht m. Climbing up or down the crack in the rock is strenuous.

Sunday - Depart 8:30 am. Leader: Deb Westervelt plateauhikes@tennesseetrails.org.

Loop - Twin Arches, Jake's Place, Charit Creek Lodge, Jamestown, TN. This is a 6 mile moderately strenuous hike due to the flights of stairs and the continual climb from Charit Creek. The Twin Arches are the largest arches in Big South Fork and quite possibly in the Eastern United States. The South Arch is the highest at 100 feet. After visiting the arches, we pass through several huge rock houses along the base of the cliffs as we wind our way to Jake's Place, the remains of a mid-1800's house and farm. Then we follow the creek to Charit Creek Lodge.

Sunday - Depart 8:30 am. Leaders: Deb & John Martin *jr.dmartin77@gmail.com*.

Slave Falls, Needle Arch, Jakes Place, Charit Creek Lodge, Jamestown, TN. We start from the Sawmill Trailhead to Slave Falls, Needle Arch, rockhouses, then on to Jake's Place the site of a mid-1800's house and farm and cemetery returning the same route for a total of 8 miles.

#### **PICKETT STATE PARK HIKE:**

Saturday- Depart 8 am. Leaders: Deb & John Martin *jr.dmartin77@gmail.com*.

**Hidden Passage Trail, Jamestown, TN**. This is a 7-8 mi in fairly flat terrain except for an optional side trail down to an abandoned railroad tunnel. The side trip involves steeper climbing than the rest of the hike.



#### **DANIEL BOONE STATE FOREST HIKE:**

Saturday - Depart 8 am. Leader: Deb Westervelt plateauhikes @tennesseetrails.org. Sweep: Kathy Daniels kdaniels242 @comcast.net.

Gobblers Arch/Sheltowee Trace, near Jamestown, TN: Approximately 6-mile, almost loop, rated moderate. We will cut through thru Big South Fork National Park on Divide Rd dropping off all hikers at the Gobblers Arch Trail then shuttle the cars to Peter's Mountain Trail Head, approx 1 mile. We'll hike the Gobblers Arch Trail to the Kentucky Wild River overlook then down to the Kentucky Wild River where we can cross the knee deep river (optional bring water shoes) to the picnic ground for lunch and restrooms. Then up the Sheltowee Trace Trail following the Mark Branch Creek past rock houses, bluffs and a waterfall. The trail crosses the creek several times although there are plenty of stepping rocks to make most of the crossings, but be prepared to follow the trail thru, across and up the stream to the Mark Branch Falls ending at Peter's Mt. Trail Head.

#### FROZEN HEAD STATE PARK HIKE:

Saturday – Depart 8 am. Leader: John Politte *johnpolitte@gmail.com*. Sweep: Tom McElhone *sarmitta@yahoo.com*.

**Bird Mountain Trail** making a loop hike of 7.1 moderate miles.

Sunday – Depart 8 am. Leader: Tom McElhone sarmitta@yahoo.com. Sweep: John Politte johnpolitte@gmail.com.

**Spicewood Branch Trail** making a loop of 7.2 moderate miles.

# FALL CREEK FALLS STATE PARK (NEWLY ACQUIRED AREAS) HIKES:

Saturday - Depart 8 am. Leader: Tim Case bikinisfun@gmail.com.

Virgin Falls State Natural Area, near Pleasant Hill, TN. This is a 9-mile strenuous in/out hike to the 110 foot tall Virgin Falls. Along the way, we will pass Big Branch Falls, Big Laurel Falls (30-foot waterfall), and Sheep Cave Falls. There is a stream crossing and some difficult footing on this hike with much up and down hiking. There is a possibility the water at the stream crossing may be a little high so you may want to bring water shoes.

# FALL CREEK FALLS STATE PARK (NEWLY ACQUIRED AREAS) HIKES:

Saturday - Depart 9 am. Leader: Bill Harris titan55@charter.net.

Sunday - Depart 9 am. Leader: Peter Broehl pabroehl@blomand.net.

Lost Creek Cave and Falls, Rylander Cascade, Dog Cove. The Lost Creek Cave hike is about a 1 mile round-trip, which is located in a sink and faces a 60-foot tall waterfall. We will go to the mouth of the cave and maybe a short distance inside and to base of the falls as well as to the top of the falls. Then an easy .5 mi hike to Rylander Cascade about a 1 minute drive from Lost Creek Cave. Dog Cove is on the way to Lost Creek for an easy 4-5 mile in/out hike to a circa 1800s farm home following alongside Lost Creek and crossing the creek a couple of times. Water shoes may be needed if the water is high.

### WINDOW CLIFFS STATE NATURAL AREA HIKE:

Saturday - Depart 9 am. Leader: Peter Broehl pabroehl@blomand.net.

Window Cliffs State Natural Area, Baxter, TN. Window Cliffs is a new TN Natural Area located near Burgess Falls. The trail is in-and-out for a total of 5.4 strenuous miles. The trail features 9 stream crossings each way, a few small cascades, a couple of steep slopes and a 20-ft waterfall along Cane Creek. Water shoes are highly recommended.

#### **CUMMINS FALLS STATE PARK HIKE:**

Sunday – Depart 8:30 am. Leader: Louise Miniard liminiard @frontiernet.net.

Cummins Falls State Park, Baxter, TN. This is only a 4 mile hike, but it can be difficult. There are 3-4 water crossings (possibly knee deep and fast moving) so bring water shoes. There will be an opportunity for swimming below the falls. We can also drive to Waterloo Falls which is next to the road.

#### **OBED WILD AND SCENIC AREA HIKE:**

Sunday - Depart 9am. Leader: Howard Owen owenshb@charter.net.

**Lilly Bridge Section, Lancing, TN.** We will hike the .4 mi Boulder Trail, 3.8 mi easy Point Trail and .6 mi Overlook Trail for a total of 4.8 mi. For those wanting more challenging and scenic we'll add the .5 Bridge Trail.

#### CROSSVILLE/FAIRFIELD GLADE COMMUNITY HIKES:

<u>Fairfield Glade (FFG) Community Trails</u> <u>http://time2meet.com/gladetrails/</u> for trail maps

Friday - Depart 1 pm.Leader: Carol Quattrociocchi quattrociocchi @frontiernet.net.

**Glastowbury Trail** is 1 mi loop overlooking Lake Glastowbury.

Friday - Depart 1 pm. Leader: Denise Aquista.

**Seven Bridges Trail** is 2 mi loop along seasonal creeks and some rock formations.

Sunday -Depart 9 am. Leader: Carol Quattrociocchi quattrociocchi@frontiernet.net.

**Overlook Trail** is 1.9 mi scenic loop partially along Daddys Creek.

Sunday - Depart 7am. Leader: Stephen Stedman sstedman@tntech.edu.

2 hour Birding Hike in FFG community.

#### **LEADERLESS HIKES:**

Rotherham Trail is 1 mi along seasonal creeks connecting to the McGinnis Trail 1.8 mi connecting to the Good Samaritan Trail 1 mi connecting to the Hemlock Trail 1.5 mi along a seasonal creek with the largest hemlock tree in Fairfield Glade (Combining the above 4 trails into a figure 8 is an approx 8 mi hike or by skipping the Samaritan trail and doing a circle of the 3 remaining trails is a 6 mile hike.)

Saturday – Depart 9:30 am. Leader: Jo Duncan-Topkin *jgtopkin* @*gmail.com*.

**Downtown Crossville History Walking Tour.** The 2 hour tour will include the Palace Theatre, Military Museum, Courthouse and more. There are several restaurants downtown for lunch as well as shopping.

Saturday – Depart 9am. Leader: Betty Harris *titan55*@*charter.net*.

**Crossville Obed River Park** 1.5 mi roundtrip and **Plantation Trail** 2.8 mi roundtrip

Leaderless hikes - <u>City of Crossville and County</u>
<u>Trails</u> – <u>http://time2meet.com/crossvilletrails/</u> for maps and directions

Woodlawn Loop 1.2 mi Obed River Park 1.5 mi roundtrip Plantation Trail 2.8 mi roundtrip Soldier Beach Trail 1.7 mi loop at Meadow Park Lake Cumberland Mountain State Park – Pioneer Short Loop 5 mi or Pioneer Long Loop 8 mi

# PLATEAU CHAPTER

(Crossville)

CHAPTER CO-CHAIRS: Bruce Whitehead 941-716-3620

plateau @tennesseetrails.org

TREASURER: Gena Whitehead 941-716-3620

plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes (unless otherwise noted), contact the hike coordinator, Deb Westervelt, via email plateauhikes @tennesseetrails.org or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.

Jul 3 - CT Ozone Falls towards Black Mountain. In/out approximately 6 miles. Moderate to difficult (it's the CT). Depart from the Dorton United Methodist Church 3405 HY 70E, one mile East of Peavine Rd at 7:30 am CT. The Church is next door to Certified Cylinder. Carpool cost is \$1. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Jul 10 – Daniel Boone National Forest, KY, Split Bow Arch, Bear Creek Ovelook, Big Shoals. 7 miles in/out. Moderate. After seeing the arch and overlook we'll hike along the Kentucky Wild River to Big Shoals and return. Depart 7:30 am CT from The Crossville Vanity Fair Outlet Mall West parking lot on Interstate Drive. Carpool cost is \$10. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

**Jul 11 – Chapter Meeting.** This a working meeting for the Annual Conference. Bring your ideas for fundraising and sponsors. Bring your own dinner. Meet at 5 pm CT at First United Methodist Church Annex, 69 Neecham Street, Crossville. Contact Chapter Chair, Bruce Whitehead, 941-716-3620 or *plateau@tennesseetrails.org* for information.

Jul 15 – Pogue Creek, Pickett State Park, Jamestown, TN. 6.6 miles. Moderate. Hike in Pogue Creek Gorge to the Pickett SP picnic area which will require a car shuttle. Features include rock houses, rock bluffs and an overlook. Depart 8 am from Crossville Cracker Barrel. Carpool cost is \$5.

Plateau Chapter - con't.

Jul 17 – Big South Fork, Laurel Fork Creek Trail, Jamestown, TN. Long hike: This an easy to moderate 7 mile in/out hike starting from the Jack's Ridge Loop Trailhead then East on Laurel Fork Creek Trail and return. Short hike: Hikers may stop anywhere along the creek to wait for the other hikers to return or head back to the trailhead. In case the creek is high, bring water shoes because we will crisscross the creek a few times. Also bring water, lunch and snacks. Depart 7:30 s CT from the Crossville Cracker Barrel. Carpool cost is \$6.

Jul 24 - Twin Arches Trail, Big South Fork, Jamestown, TN. 6 miles. Moderately strenuous hike due to the flights of stairs and the continual climb from Charit Creek. The Twin Arches are the largest arches in Big South Fork and quite possibly in the Eastern United States. The South Arch is the highest at 100 feet. After visiting the arches, we pass through several huge rock houses along the base of the cliffs as we wind our way to Jake's Place, the remains of a mid-1800's house and farm. Then we follow the creek to Charit Creek Lodge. Bring your lunch to eat on the Charit Creek Lodge porch. Then we ascend 500 ft. in almost a mile as we climb from Charit Creek, past the arches, and to the trailhead. Depart 7:30 am CT from Crossville Cracker Barrel's rear lot (close to Waffle House) in Crossville. Carpool cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks,

Jul 27 - Norris Dam State Park, Norris, TN. From the cabins parking lot we'll hike a 5-6 mi lollipop on Lake View and Lakeside Loop trails. We'll have lunch at Clinch River Brewing which opens at 1 pm. Depart 7:30 am CT from the Crossville Outlet Mall west parking lot. Carpool cost is \$7. Pack water and a snack. For additional information contact Bruce Whitehead, 941-716-3620 or *trailwalker80@gmail.com* and to sign up.

Jul 31 - Chattabrew Tour, Chattanooga, TN. ChattaBrew Private Tour for Plateau Chapter Hiking Group. We will tour 4 breweries in Chattanooga. Sign up by texting Deb Westervelt 931-267-2243 or email plateauhikes @gmail.com. Depart Trinity Tabernacle 7:30 am CT. Tour Start time: 10:30 am ET. Please plan to arrive 20 minutes before. Bring valid ID showing you're 21 or older. Tour Price \$40 ea with 10 participants (min) or \$30 ea for 18 participants (max).

### **SODDY-DAISY CHAPTER**

CHAPTER CHAIR: Jean Smith 423- 596-7681 soddydaisy @tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960

soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Patricia Appleton 423-332-6517

soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

> Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Jul 2 - Cravens House Loop. 3 miles. Easy to moderate. Will begin at upper Cravens house parking lot, climb to where the trail meets the Mountain Beautiful trail, turn right and meet the Bluff Trail. Those who wish may climb the steps to Point Park to take in the view and visit the small museum. The hike continues to join the Cravens Loop trail back to the Cravens House. Meet at the Food City in Red Bank at 8:30 am or Cravens House parking lot at 9:00 am. Hike Leader: Trish Appleton 332-5617.

Jul 6 - Laurel- Snow Falls State Natural Area. 6.1 miles (in and out) Moderately strenuous. Meet at the Soddy-Daisy ballfield parking lot on Durham Street at 8:30 am. Hike leader is John Politte at 423-304-8327.

**Jul 9 - Raccoon Mtn. 3 to 5 miles.** Meet at Food City in Red Bank at 8:30 am. Hike leader- Earl Helmer, 770-877-0600.

Jul 13 - A mile hike on the Board Camp Trail to the Soddy Gulf Trailhead. Moderately strenuous. Vehicle to be staged at the Soddy Gulf Trailhead. Meet at the Soddy-Daisy ballfield parking lot on Durham Street at 8:30 am. Hike leader is John Politte at 423-304-8327.

Jul 16 - Chickamauga Battlefield, East Loop. About 3 to 4 miles. Easy. Meet at the lower parking lot near the Visitor's Center at 8:30 am. There will be some limited historical commentary about the battle in this area. Hike Leader- Gloria Nelson- 423-645-9008.

Jul 20 - Ocoee Area, Rainbow Falls. 3.3 miles out and back with two river crossings that can be easily rock hopped with option to explore another part of this area by taking an intersecting trail out and back. Meet at Food City in Ooltewah at Exit 11 off Highway 75 at 8:30 am. Hike Leader, Tom McElhone- 805-208-4654.

**Jul 23 - Elsie Holmes Nature Park in East Brainerd. 3 to 4 miles. Easy up and down.** Meet at Food City on East Brainerd Rd. (7804 East Brainerd Rd.) Rocks and roots should not be a problem. Hike Leader Trish Appleton- 423-240-3443.

Jul 27 - Ocoee Area, Rock Creek Trail to Dry Pond Lead and return to Highway 64 across from the Thunder Rock Campground. About 7 miles total. Moderate. Stage a car for drivers at Thunder Rock. Meet at Food City in Ooltewah at Exit 11 off Highway 75 at 8:30 am. Hike Leader, Tom McElhone- 805-208-4654.

**Jul 30 - Enterprise South. 3 to 4 miles.** Route to be announced. Meet at ES at the parking lot below the visitor's center. Hike Leader- Jean Smith, 596-7681.

# SUMNER TRAILS CHAPTER

**CHAPTER CHAIR:** 

Les Cleveland

615-719-0031

sumner@tennesseetrails.org

Jul 12 - Hendersonville Greenway, 4 miles. Easy stroll at 9:30 am along a partially shady path. Meet at the Hendersonville Public Library (140 Saundersville Rd). We will hike from the library 2 miles over to the Drakes Creek ballpark area and return back 2 miles to the Library. The paved trail goes along the creek for part of the way. Pets welcome. For more information please contact Jenny Fitzgerald at *mrzfitz@gmail.com* or text/phone 615-517-8185.

Jul 17 - Peeler Park, Madison. Easy. About 3.5 miles. This is a pet friendly hike. The trail is gravel/asphalt topped and is very level, with one slight hill, winding through grassy meadows and patches of woodlands. It runs along the river but view is limited by trees and brush. Most of the lowlands were cornfields years ago! We may see a variety of wildlife including turkey, deer, or ducks. No hiking shoes or sticks required, but you may want to bring water. We will enter the park at the end of Neely Bend Road in Madison following the boat ramp signs. There are no bathrooms at the trailhead. Those carpooling meet at the First Presbyterian Church, Hendersonville at 8:30 am CT or at the Peeler Park/ Boat Ramp Trailhead at 9:00 am. For more information or to let hike leaders know you are meeting at the trailhead, contact hike leaders Ron and Judy Jenkins at Judy\_Jenkins @comcast.net or 615-403-0002.

Jul 26 - Hendersonville Greenway. 4 miles. Easy stroll at 9:30 am along a partially shady path. Meet at the Hendersonville Public Library (140 Saundersville Rd) We will hike from the library 2 miles over to the Drakes Creek ballpark area and return back 2 miles to the Library. The paved trail goes along the creek for part of the way. Pets welcome. For more information please contact Jenny Fitzgerald at mrzfitz@gmail.com or text/phone 615-517-8185.

Jul 31 - Station Camp Greenway. About 3.5 miles. This is an out and back hike on a partly shady, level and paved trail along Station Camp Creek and behind Welch College and Station Camp High School. Meet at the trailhead next to the historic Douglas-Clark House, 2115 Long Hollow Pike, Gallatin at 9:00 am. Dogs allowed. Contacts: John Thomas at 925-759-0517; Donna Thomas at 925-759-0518.

#### OFFICERS:

President

Mary Etta Ward 931-581-9906

president@tennesseetrails.org

**Vice-President** 

Linda Latter 615-419-4845

vicepresident@tennesseetrails.org

**Treasurer** 

David Bowling 931-273-4202

treasurer@tennesseetrails.org

Secretary

Melinda Pearson 731-225-4293

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# At-large Directors (terms expiring listed after name)

Mary Etta Ward (2021) 931-581-9906

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# Regional Directors

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Middle TN

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**East TN** 

Garnett Rush (2021) 865-268-5181

east regional @tennesse et rails. org

CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor** 

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

# UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Cynthia Karrington 931-303-3409 uppercumberland@tennesseetrails.org

HIKE COORDINATOR:

Cathy Moran 931-544-2764

uppercumberlandhikes @tennesseetrails.org

No hikes planned for July.

#### **Planning Ahead:**

Aug 23-25 - Camp and Float Weekend. Obey River and Cumberland River Float, Dale Hollow Lake Dale Hollow Camping at **Damsite** Campground, U.S. Core of Engineers. Celina, TN. Joint outing with the Highland Rim Chapter. We have reserved three campsites at Dale Hollow Damsite Campground. Please contact Joan Hartvigsen to stay in one of these three campsites, the campsites have electricity. jhartvigs@comcast.net or 931-962-0811. Saturday we will float the Obey River from Dale Hollow Dam to Donaldson Park. This 6 mile float takes only 2 hours when the generators are running. The group may decide instead to take out further downstream on the Cumberland River, Cordell Hull WMA boat ramp off Tinsley Bottom Road. Friday afternoon/evening and Sunday morning we can paddle Dale Hollow Lake from Pleasant Grove Recreation Area. We will share a meal Friday evening at the campground. More information soon.

## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

#### ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I	WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM  A NEW MEMBER Jul 19  RENEWING MY MEMBERSHIP  Memberships are for one year, unless you have a Lifetime Membership.  Gift Memberships are also available. Contact our Membership Director,		Please Mail This Form To:  Membership Director P.O. Box 41446 Nashville, TN 37204-1446	
	Cheryl Heckler 931-2	00-7436 membershi	ip@tennesseetrails.org <b>PLEASE, P</b> A	RINT CLEARLY.
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	Family	\$35.00	Address	
	Student (FULL TIME)	\$15.00	City	State
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