TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



2020 TTA Annual Conference

Save the Date

The Nashville and Sumner Trails Chapters will host the conference October 23 - 25, 2020 at Montgomery Bell State Park in Burns TN, about an hour west of Nashville.

Attendees will have the option of newly renovated rooms at the Park's Inn or the campground inside the State Park. There is also commercial lodging in Dickson and other nearby towns.

In addition to Montgomery Bell, our hikes will include other nearby State and Municipal Parks and urban hikes in Nashville.

Members of the Nashville and Sumner Trails Chapters are looking forward to hosting hikers from across Tennessee!

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

Joining TTA as a New Member?

Membership Up For Renewal?

Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennesseetrails.org/release.php.



Office Location: 409 Thurman Avenue, Ste 102 Crossville, TN 38555 Tuesday – Friday Office Hours:.... 10 am - 3 pm CT 931-456-6259 Phone: Office Staff: Teresa Kemmer Email: ctcoffice2014@gmail.com Website: www.cumberlandtrail.org

Alternative Spring Break 2020 – Save the dates: March 1 – April 3.

The 24th Spring Breakaway will be based at the Head of the Sequatchie area of the Justin P. Wilson Cumberland Trail State Park in Pikeville, TN. BreakAway is an Alternative Spring Break (ASB) program hosted by the Cumberland Trails Conference (CTC). College students from across the country pay their own way to come to Tennessee to work on the Cumberland Trail along with CTC volunteers. Students and volunteers and participate in trail building/maintenance for a week. BreakAway also provides for educational opportunities about the environment, history, geology, flora and fauna along the Cumberland Trail.

- Trail will be built between Stinging Fork State Natural Area and Hinch Mountain.
- Volunteers are needed to host the students and to build trail with the students.
- Food and lodging are provided.
- WE NEED YOUR HELP to support the ASB program. Please contact the CTC office to volunteer or offer financial assistance for the ASB program.

If you are not available for the Spring Break program, we have other opportunities for you.

Join the trail crew for a day or more. This is your chance to walk on the trail before it is open to the public.

- The CTC Trail Crew is working on a new section of the Cumberland Trail, Stinging Fork to Hinch Mountain. This section is south of Crossville.
- Members of the crew are also working in the Catoosa Wildlife Management Area and the Ozone area. These sections are northeast of Crossville.
- If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: VolunteeratCTC@gmail.com.

Cumberland Trail Conference - con't.

Build the Cumberland Trail: Consider joining our trail crew as a paid employee. We are hiring Trail Crew members. No experience is necessary as we will train you. Contact the CTC office to apply and for more information.

As a non-profit organization, monetary donations are also appreciated to support the work of the CTC crew and staff.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925 clarksville@tennesseetrails.org

VICE-CHAIR and CHAPTER REPRESENTATIVE:

Paul Schwab 931-801-9484 clarksville @tennesseetrails.org

TREASURER: Mary Schwab 931-645-9068 clarksvilletreas@tennesseetrails.org

SECRETARY: Mary Ann Harris 931-647-9321 clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484

clarksvillehikes @tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Crow Community Center, 211 Richview Rd.

Feb 1 - Rotary Park, Clarksville. 3 miles. Moderate. Renate Gillis 931-624-3148. Meet 9:00 am CT, first shelter on left after entering park.

Feb 8 - Fort Donelson National Battlefield, hike around the battlefield. Also hike out and back to the Fort Donelson National Cemetery. 7 miles total. Moderate. Philip Anderson 931-561-0925. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 30 miles to trailhead.

Feb 15 - Johnsonville State Historic Park. 4.6 miles. Moderate. Paul Schwab 931-801-9484. Meet 8:00 am CT, BigLots parking area, Riverside Drive, Clarksville, TN. 55 miles to the trailhead.

Feb 18 - Monthly Chapter Meeting.

Feb 22 - Connector Trail and Mossy Ridge Trail, Warner Park. 6.5 miles.Moderate. Cinde Jones 870-215-8993. Meet 8:00 am CT at I 24 park and ride near McDonalds. 53 miles to the trailhead.

Feb 29 - Bells Bend Loop Trail. 4.4 miles. Moderate. Suva Bastin, 931-216-0325. Meet 8:00 am CT at Madison Street Food Lion parking lot. 39 miles to the trailhead.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551 columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:

HIKE COORDINATOR:

Marvin Caine 931-486-1632 columbia@tennesseetrails.org
Jane Coffey 615-516-6551

columbiahikes @tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

Feb 1 - Timberland Trail, Natchez Trace Parkway at mile marker 437.2 (South of the SR Highway 96 entrance), Franklin, TN 37064. This hike was originally scheduled for January 11 but was cancelled due to inclement weather. Timberland Park, opened in the fall of 2014, sits on 72 acres adjacent to the Natchez Trace Parkway at milepost 437.2 less than a mile south of the Tennessee Highway 96 (Double Arch Bridge) entrance to the parkway. The park is maintained and staffed by Williamson County Parks & Recreation. It is an easy to moderate hike. Timberland Park features a 2000 sq ft interpretive center that uses solar panels that stores the energy in batteries for electricity, rain water is collected for irrigation, propane for a fireplace and a septic system for waste. Visitors will enjoy hiking, bird watching and wildlife observation (deer, raccoon, fox, wild turkey and squirrel). Walking sticks made from trees on the property are available for use by hikers. For generations, the wooded property comprising Timberland Park was logged by hand and loaded onto wagons pulled by mules and horses. Most of the lumber was used to build homes and buildings in nearby Franklin. The old logging roads are now trails! For the Columbia/Spring Hill members, we will meet behind McDonald's (4910 Main Street, Spring Hill) at 8:30 am. Other hikers can meet us at 9:00 am at the trailhead. Contact Jane Coffey at jecoffey0644@gmail.com or 615-516-6551.

GO GREEN

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Cheryl Heckler at *membership@tennesseetrails.org* and please include your email address.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR:

WEBMASTER:

Rosemary Marshall 865-985-9144 easttennessee@tennesseetrails.org Sherry Barber 865-209-6189

sbarber6189@comcast.net

Feb 15 - Knoxville Urban Wilderness. 6 miles. Moderate. Mostly through the woods, with rolling hills, one or two are steep but not very long. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. You can view the map by going to www.outdoorknoxville.com, select Urban Wilderness at the top of the page and then under printable maps, Urban Wilderness South Loop. The hike will be on the trails around Ross Marble Quarry and Mead's Quarry. The hike will include Imery's, Turnbuckle, Burnett Ridge, Ross Marble and Tharp Trace trails. We will meet in the Central Baptist Church of Bearden parking lot for car-pooling and leave at 9:00 am. If you prefer you can meet us at 9:30 am at the parking lot for Meads Quarry (see the map referred to above). After the hike plan on stopping on the way back for a meal and refreshments, perhaps at Calhoun's or somewhere in South Knoxville. For specific information about the hike please call Tom at 865-588-5622 send an email to cressler@utk.edu before February 13th.

LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- * Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces
- Dispose of waste properly.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHÀPTER CHAIR: Tom Bentley 931-455-5849
highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes @tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Feb 8 – TTA Board of Directors Meeting. 1:00 pm Hermitage Library. 3700 James Kay Lane, Hermitage, TN. Meeting open to all TTA members.

Feb 15 - Jim & Marietta Poteet's 18th Annual Chilly Chili Hike. The Chilly Hike is the Caldwell Rim Trail, a 2.4 mile loop. The trail follows a bluff above the northernmost section of Lost Cove. If you are not hiking please meet between 12:00 and 12:30 pm at the Poteet's house for our chili lunch. The gate code to enter Cliff Tops will be sent later. We will serve three different kinds of chili, cornbread and brownies with several kinds of beverages (soda, coffee, beer, wine). Please email or call Marietta if you plan to attend at 931-924-7666 or nannietta@blomand.net. Please feel free to bring a side dish to go with the above menu or a dessert. If you are hiking, bring water and a snack, hiking sticks and hiking boots and dress for the weather. The Poteets' address inside Cliff Tops is 525 Huckleberry Place, Monteagle, TN. Meet at 10:00 am CT at Farmers' Market parking lot on Highway 41A just before entering Sewanee.

Feb 22 - Old Stone Fort State Archaeological Park, Manchester. Enclosure Trail, Nature Trail, Garrison Road Trail. 3 miles total. Easy. Flat. No Rocks. No Roots. After we enjoy our lunch in the group campsite off the Nature Trail we can hike the new Chumbley Woods Trail, 1.6 miles. The Enclosure Trail has a set of 12 interpretive signs to help explain the enclosure site along the way. The path is a loop that follows the perimeter of the fort, traveling along the deep gorges cut by the Duck and Little Duck Rivers on either side of the site. Step Falls, Blue Hole Falls and Big Falls can be viewed from the trail, as well as remnants of an old paper mill foundation. The Nature Trail offers a pleasant walk through the woods. A portion passes near the Duck River for a close view of a waterfall on the Duck River. Meet at 9 am in front of the park's museum/visitor center. Please register with ihartvigs@comcast.net or 931-962-0811. Hartvigsen, Please bring water and lunch.

Highland Rim Chapter - con't.

Feb 24 – Chapter Meeting. Dinner 5:00 pm. Red Lobster, 1947 N. Jackson Street, Tullahoma. Meeting is 7:00 pm. D. W. Wilson Community Center. Jim Czarnezki will present the program "A Glimpse into Life in Alaska". The presentation is a brief overview of what the Czarnezkis experienced while living in Alaska for eight years. While in Alaska Jim worked for the Kenai Watershed Forum as their Water Quality Coordinator. Jim also worked as a Water Quality/Stream Biologist with the Missouri Department of Conservation for 27 years.

Feb 29 - Virgin Falls State Natural Area, 2080 Scott Gulf Road, Sparta, TN. 8 miles, 800 foot elevation change. Moderate. Joint hike with Nashville Chapter, Doug Burroughs. This is a beautiful trek passing Big Laurel Falls, Sheep Cave and Falls, ending up at 110 ft. Virgin Falls. This wonderful waterfall is one of the most beautiful and interesting waterfalls around, falling from one cave into another cave. Hopefully it will be icy around the Falls, which further enhances its beauty. Bring water, snacks, lunch, hiking sticks and head lamp. Wear sturdy Please contact Marietta boots. Poteet. nannietta@blomand.net or 931-924-7666 to register and for more information.

Feb 29 – Short Springs Work Day. Fifth Saturday. Meet at 9:00 am in Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Tasks will be determined. Please bring water and work gloves. Please let Joan Hartvigsen know you can help, *jhartvigs@comcast.net* or 931-962-0811.

Planning Ahead:

Mar 27-29 - Mousetail Landing State Park Camp & Hike and Lady's Bluff TVA SWA Hike. Linden, TN. Joint activity with the Murfreesboro Chapter, Sara Pollard. We have reserved four campsites at Spring Creek Campground inside Mousetail Landing State Park Friday and Saturday nights. The campsites are along the Tennessee River (aka Kentucky Lake). Perhaps we will kayak in Kentucky Lake. Friday we will hike the 3 mile Scenic Trail and the half mile Spring Creek Trail. Friday night we will enjoy a shared Potluck Dinner at our campsites. Saturday we are hiking the Eagle Point Trail, 7.5 lollipop loop, rated moderate and offers beautiful views of the Tennessee River. Saturday night we can eat at nearby Parsons, TN or Linden, TN. Sunday we are hiking the Lady's Bluff Trail in the nearby TVA Small Wild Area. This trail is 2.6 miles with moderate steep grades and spectacular views of the Tennessee River. Contact Joan Hartvigsen, 931-962-0811 or jhartvigs@comcast.net for camping information. More information soon.

Highland Rim Chapter - con't.

Apr 9-11 – Frozen Head State Park, Wartburg,TN. Camping and Hiking. We have reserved a group campsite in Flat Creek Group Campground for Thursday and Friday nights. We will hike Thursday, Friday and Saturday. Contact Joan Hartvigsen to reserve a spot in the campground, *jhartvigs@comcast.net* or 931-962-0811. Thursday's hike: Emory Gap Trail to Falls and Judge Branch Trail, 3 miles. Flat. Friday's hike: North Old Mac and South Old Mac Loop with visit to Lookout Tower, 8 miles. 1,800 feet elevation change. Saturday's hike: West Lookout Tower Trail and Bird Mountain Trail Loop, 7 miles. Steep.

Apr 10 – Good Friday Hike. Frozen Head State Park. Wartburg, TN. North Old Mac Trail and South Old Mac Trail Loop with a visit to the Lookout Tower. 8 miles, total. 1,800 feet elevation change. Joint hike with the Murfreesboro Chapter, Sara Pollard. This hike features spring wildflowers, hemlocks, creeks and awesome mountain views. There is the option of camping at Flat Creek Group Campground Thursday and Friday nights. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811, to reserve a spot in Flat Creek Campground and information on meeting time and place for the hike.

Apr 24-26 – Great Smoky Mountains National Park, Cades Cove. Camping and Hiking Weekend. Joint activity with the Murfreesboro Chapter, Sara Pollard. We have reserved a gorgeous group campsite in Cades Cove Campground. Room for 10 small tents on the tent pads with more space on the gravel. Covered picnic pavilion with picnic tables. Flush toilets and drinking water nearby. We will hike Friday, Saturday and Sunday. Possible hikes include Anthony Creek Trail, Gregory Ridge Trail, Abrams Falls Trail, Rich Mountain Loop, Spence Field and Russell Field Loop. Azaleas and spring wildflowers will be blooming. Reserve your spot soon. Contact Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811.

TIP

Avoid cotton clothing as "cotton is rotten" and "cotton can kill" when outdoors in cooler temperatures. Cotton dries slowly and won't keep you warm when you get wet, while wool, fleece and other synthetics will. Reconsider wearing jeans if rain is predicted – they weigh too much and take forever to dry.

JACKSON CHAPTER

CHAPTER CHAIR:

Melinda Pearson 731-225-4293 jackson@tennesseetrails.org Anne Goodson 731-664-1556 jacksontreas@tennesseetrails.org Terry McCoy 731-535-0625

jacksonsecy@tennesseetrails.org

SECRETARY:

TREASURER:

HIKE & FACEBOOK COORDINATOR:

Glen Rognstad 731-217-5966 jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr., Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Feb 22 – Hiker's Survival Course. Presented in conjunction with Natchez Trace State Park. You MUST register in advance on the park's webpage. There is a \$20 fee. After the course the ranger will lead everyone on a portion of the Cub Lake Lakeside Trail. Participants will receive expert instruction and training on hiking basics, leave no trace principles, basic navigation with map and compass, and the 10 essentials. Registered participants will receive one compass, one whistle, one emergency blanket, one collapsible water bottle, sunscreen packet, flashlight, simple first aid kit, and a snack. Bring a backpack, wear sturdy shoes and dress for the weather. Meet at 10:00 at Cub Lake Picnic Shelter # 1 or at Panera Bread at 9:00 for carpooling. Please call Terry Warren at 731-535-0625 if you have any questions.

Feb 29 – Timberlands, Williamson County, adjacent to Natchez Trace Parkway mile marker 437.2. Go south of Hwy 96 entrance, near the double arch bridge. There are several intersecting loop trails that are 2-3 miles each. We will hike approximately 5 miles. Meet at Panera Bread at 8:00 or meet at the park headquarters/museum at 10:15 am. After the hike, we will plan to eat at Pinewood Grocery (restaurant) located on Hwy 48 in Nunnelly. Please contact Anne Goodson at 731-664-1556 or goodam3551@gmail.com. Rain or snow will cancel the hike

Planning Ahead:

Mar 7 - Big Hill Pond

Mar 21 - Spring wildflower hike most likely at Walls of Jericho

April 4 - TDEC will be offering various hikes at some of the state natural areas. More details will follow.

Apr 18 - Sipsy Wilderness

May 2 - Charlies Bunion in the Smoky Mtns.

MEMPHIS CHAPTER

CHAPTER CHAIR:

VICE-CHAIR:

Charlie Bright 901-829-4434
memphis@tennesseetrails.org
Francis Ruffin 662-701-6284

memphisvice @tennesseetrails.org

Feb 1 - Fort Pillow State Park, Henning, TN. A fairly strenuous seven-mile hike on the Red Trail, with an option to shorten the hike to six miles by taking the Yellow Trail after lunch. We will meet at the Interpretive Center and will begin the hike at 9:30 am. Early in the hike we visit the site of the historic fort, scene of a well-known Civil War battle. If you'd like to do a little homework before the hike, you can read a short summary of the battle at http://civilwarhome.com/ftpillow.htm. At approximately 4.5 miles, we will have lunch overlooking Fort Pillow Lake. After lunch there will be an option to take the shorter Yellow Trail back to the Interpretive Center, shortening the hike by about a mile. While there are some steep hills on the trails before lunch, the worst of the climbs can be avoided by taking the shorter trail. Wear boots or sturdy shoes and bring lunch and water. For more information, contact Wayne at w.simpson1@comcast.net or 901-385-1988 (land line; do not text). In the event of bad weather, the hike will be rescheduled for February 2. Call or email to find out about a possible postponement. Directions: Go out Highway 51 past Covington and take a left at the stop light for Highway 87 just past Henning. Continue on Highway 87 for about 17 miles. Turn right on Highway 207. After a couple of miles, 207 will lead you directly into the park. Follow the park road to the Interpretive Center.

Feb 8 - Tour de Wolf Trail, Shelby Farms. 6 miles. Easy. Meet at 9:00 am in the parking lot across from the Woodland Discovery Playground just north of the Visitor's Center. Trail is not paved so wear sturdy shoes or boots. Bring water and snacks. Rain will cancel the hike. For information contact Margaret Caufield, 205-447-5918.

Feb 15 - Lucius Burch Natural Area Wolf River, South of Walnut Grove. Meet at 9:00 am in the unpaved parking lot on the south side of Walnut Grove immediately east of the Wolf River. The hike will be 5 to 6 miles on the Yellow/Blue/White trails. If there has been rain we may have a stream crossing. In that case a hiking stick will be useful. Bring water and a snack. Rain or snow will cancel the hike. For additional information call Nancy Wark, 901-240-1521.

Feb 22 - Lovitt Trail behind Lowe's off Germantown Road. Join us for a 6-mile hike across flat terrain in the woods along the Wolf River. Meet at 9:30 am in front of the lumber entrance of Lowe's Home Improvement at 430 South Germantown Pkwy, Cordova. This is the northeast corner of the parking lot. Wear hiking boots and brings snacks and water. Rain will cancel. Contact: Janet at 901-761-0705.

Memphis Chapter - con't.

Feb 29 - Arkabutla State Park, Coldwater, MS. Join us for an easy 5-mile hike through Coldwater River Bottomlands with woods, swamp and large trees. Trail is level, wear hiking boots as parts could be muddy and bring snacks and water. If the group wants, we could hike the half mile nature trail afterwards. Meet at 9:30 am at the trailhead at the recreation area below the dam. Questions: call Freddi Felt 901-288-5581 or email fifelt@att.net. Rain will cancel the hike.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS:

Jeanne Conatser 615-971-8894 Sara Kennedy 615-692-9057 murfreesboro @tennesseetrails.org

TREASURER/HIKE COORDINATOR/BOARD REP:

Sara Pollard 615-714-3610 murfreesborotreas@tennesseetrails.org

MEMBERSHIP COORDINATOR: Jennifer Zahn 615-943-8853

murfreesborohikes@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121

murfreesboroblog@tennesseetrails.org

MEETS MONTHLY (except Jan, Feb, Jul, Aug): 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro BLOG: www.tennesseetrails.org/blog/murfreesboro

Feb 1 – Bearwaller Gap. Carthage. 6 miles. Moderate to difficult. The Bearwaller Gap trail is one of the most rewarding hikes in Middle Tennessee. It goes along the shoreline of Cordell Hull Lake near Carthage. Cordell Hull Lake is situated among the rolling hills covered in a mix of shady maple, hickory, oak, beech and chestnut trees. Wildlife is also abundant around the lake. We will pass rock gardens, old home sites, and see frequent glimpses of the lake. We will start at the Defeated Creek campground area and hike to the outstanding view at Tater Knob Overlook. Bring lunch, snacks and water. For more information or to register, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Feb 15 - Jim & Marietta Poteet's 18th Annual Chilly Chili Hike. Monteagle. The chilly hike is the Caldwell Rim Trail, a 2.4 mile loop rated easy. Meet at 10:00 am CT at the Farmers' Market parking lot on Highway 41A just before entering Sewanee. The trail follows a bluff above the northernmost section of Lost Cove. If you are not hiking, meet at the Poteets' house between 12:00 pm and 12:30 pm for the chili lunch. The gate code to enter Cliff Tops will be sent later. Three different kinds of chili will be offered, plus cornbread and brownies with several kinds of beverages (soda, coffee, beer, wine). Feel free to bring a side dish or dessert to go with the above menu. Please email or call Marietta if you plan to attend at 931-924-7666 or nannietta@blomand.net. If you are hiking, bring water and dress for the weather. The Poteets' address inside Cliff Tops is 525 Huckleberry Place, Monteagle. To carpool from Murfreesboro, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Feb 15 - Plateau to Rim. Savage Gulf State Natural Area. Joint hike with Upper Cumberland chapter. The hike, having two versions, is designed for the moderate (9 miles) as well as the long distance hiker (17 strenuous miles). Both versions of the hike will start and end at the Savage Gulf Ranger Station. The shorter version of the hike will go down the Savage Day Loop and North Plateau Trails cutting across at the Mountain Oak Trail to the North Rim Trail. This will take us back to the Savage Gulf Ranger Station (9 miles). The longer version of the hike will go down the Savage Day Loop and North Plateau Trails all the way out to Hobbs Cabin to the North Rim Trail, which we will take back to Savage Gulf Ranger Station (17 miles). Groups carpooling to the hike and doing a different version of the hike should be prepared for the difference in hiking times. Bring hiking boots, water, snacks, and lunch. You can meet us at the Savage Gulf Ranger Station at 8:00 am CT. For more information on ride sharing from Murfreesboro or to contact Wayne Yancey, 615-887-0212 register, wayne.yancey@gmail.com.

Feb 22 – "Pick a Park" series. Radnor Lake State Park. Nashville. 2.75 miles. Easy. Every month in 2020, our chapter will choose a Tennessee State Park to hike. We will take the loop around the lake, Spillway and Lake Trail, then Otter Creek Road. Hike should be easy and partially paved. We can add the Ganier Ridge Trail, which adds 1.65 miles with some terrain and a virtual geocache at the top! Meet at the Visitors Center at 10:00 am CT and bring your State Parks Passport book. For more information or to register, contact Jeanne Conatser at 615-971-8894 or diconatser @comcast.net.

Feb 22 - Bandy Creek to Leatherwood Ford. Big South Fork NRRA, Jamestown, 9 miles, Moderate, Joint hike with Upper Cumberland chapter. We will hike a section of the John Litton Loop, the Fall Branch Trail, and a portion of the Grand Gap Loop to Angel Falls Overlook. Angel Falls Overlook is perhaps the finest overlook in the park. We will then descend to Leatherwood Ford via the John Muir Trail. Highlights include the gorge of Fall Branch and a large rock house. The hike is rated moderate for uneven terrain, narrow ledges, boulder passages, and ladders. Wear sturdy footwear and bring snacks, lunch, and water. This hike will require a shuttle. You can meet us at10:00 am CT at the trailhead. For information on ride sharing or to register Wavne at 615-887-0212 contact Yancey wayne.yancey@gmail.com.

Feb 29 – Across the Gulf. Savage Gulf State Natural Area. 17 miles. Strenuous due to distance and terrain. Joint hike with Upper Cumberland chapter. We will hike from Stone Door across the gulf using the Stone Door trail to the Connector Trail, Hobbs Cabin, then on the North Rim Trail to the Savage Gulf Ranger Station. There will be a shuttle back to Stone Door. Bring hiking boots, water, snacks, and lunch. For more information on ride sharing from Murfreesboro or to register, contact Wayne Yancey, 615-887-0212 or wayne.yancey@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Doug Burroughs 615-283-0507 nashville @tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811 nashvillehikes @tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php BLOG: www.tennesseetrails.org/blog/nashville

Feb 8 - Poque Creek Canyon, Fentress County near Pickett State Park. 6.5 miles. Moderate to strenuous. The hike is fairly strenuous with some steep climbs and 1,500' of elevation loss and gain. The area is named for Pogue Creek which, along with its tributaries, forms and traverses the deep, magnificent gorge that makes this area so special. The area has abundant, immense, sheer bluffs and cliffs that provide wonderous displays of exposed, reddish-orange and yellow layers of sandstone. Multiple rockhouses and sandstone formations occur along the hiking trail and provide astonishing, picturesque rock structures and overlooks to marvel at and photograph. It is one of the most interesting hikes on the Plateau. We will meet at the Kroger Supermarket at 5544 Old Hickory Blvd, Hermitage, TN 37076 at 6:30 am. It is a 2.5 hour drive to the trailhead. For information or to sign up, contact Karl Dupre at karld@comcast.net or 615-207-2250.

Feb 15 - Marcella Vivrette Smith Park, Brentwood TN. Easy 1.36 miles. This is an easy hike on flat land with great views across the pastures. If we all have the energy we can hike the trail a second time. Afterwards, for those who want to, we can choose one of the many restaurants in the area and go to lunch! Meet at the large noticeboard, near the trailhead and main parking lot, at 9 am. Please call or text June Callahan at 615-945-7462 if you plan to attend.

Feb 22 - Franklin State Forest. Sewanee, TN. 4.8 miles. Easy to moderate. This hike is an underutilized outdoor destination and is in a land of hardwood forests, high sandstone bluffs, waterfalls and scenic overlooks on the Cumberland Plateau. The highlight is reaching Stromeyer Overlook at 2.4 miles which is our turnaround point. For more information and to register call Doug King at 615-542-0486.

Feb 25 - Monthly program meeting. REI, Brentwood TN. 7:00 pm. The Cumberland Trail began as a concept for a long-distance hiking trail traversing Tennessee from top to bottom, connecting the Cumberland Gap Chattanooga. That was in the mid-1970s. TTA played a key role in initiating the project and generated a suborganization - the Cumberland Trail Conference - to take on the project and its specific mission. TTA volunteers have contributed both funds and sweat equity over the years, and TTA's Evan Means grants have supported the work significantly. CTC volunteer Nora Beck will bring us up to date on this long trail's long history and current status.

Nashville Chapter - con't.

Feb 29 - Doug Burroughs (Nashville) and Marietta Poteet (Highland Rim) will co-lead a hike to Virgin Falls Pocket Wilderness Area. It is a most beautiful trek passing Big Laurel Falls, Sheep Cave and Falls, ending up at 110' high Virgin Falls. This wonderful waterfall is one of the most beautiful and interesting falls around, falling from one cave into another cave. Hopefully it will be icv around the falls which further enhances its beauty. This hike is rated moderate to strenuous because of the 8 mile total length and because of the 800 elevation change. (We'll be hiking uphill on the way out.) Please bring snacks, lunch, boots, sticks, and clothing suitable for the weather there that day. We will carpool from the FedEx/Kinko on Donelson Road at 7 am or you can meet us at the Virgin Falls parking lot located near DeRossett, TN at 9:00 am. Please contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 to register and get further information.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338 plateau@tennesseetrails.org

TREASURER: Clark Zedric 217-520-9889

plateautreas @tennesseetrails.org
BOARD REPRESENTATIVE: Bob Obohoski 931-456-4282

boardplateau@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes (unless otherwise noted), contact the hike coordinator, Deb Westervelt, via email plateauhikes@tennesseetrails.org or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.

Feb 5 - CT North Soddy Gorge Central Section, Soddy Daisy, TN. SHORT moderate to strenuous 4 mile hike on the Soddy Gorge segment from the Little Soddy Trailhead to the Climbers Trailhead. LONG hike is approximately 8 sometimes strenuous miles from the Little Soddy Gulf Trailhead to the Little Soddy Trailhead crossing several streams and an old mine. There will be a short shuttle. Depart from Trinity Tabernacle Church at 8 am CT. Carpool cost \$6.

Feb 8 - South Cumberland State Park, Greeter Falls to Big Stone Door, Altamont, TN. 7 miles. Moderate. Greeter Falls to Big Stone Door with scenic overlooks along the way. Depart at 8 am from Trinity Tabernacle on Hwy 127 South. Carpool cost is \$7.

Plateau Chapter - con't.

Feb 12 - Cumberland Trail North Soddy Gorge Section, Soddy Daisy, TN. We'll thru hike the Soddy Gorge segment of the CT from the Mowbray Pike Trailhead to the Little Soddy Trailhead. The hike is approximately 5 moderate to strenuous miles crossing several streams, a waterfall, passing thru Little Stone Door, an Indian Rockhouse, an old mining camp, and a natural stone bench. There will be a short shuttle. We can extend the hike 1 mile by doing the Historic Mining Loop. SHORT hike is the mining loop plus a portion of the CT and back. Depart 8 am CT from Trinity Tabernacle Church Hwy 127 South. Carpool cost is \$6. Pack water, snacks and lunch.

Feb 13 - Chapter Monthly Meeting. Meeting held 6 pm in the First Methodist Church Annex. Meet for dinner at 4:30 pm Beef and Barrel on West Ave. Please let Norm know you are coming to dinner, 931-202-2338.

Feb 19 - Old Stone Fort and Short Springs, Manchester, TN. We will have two hikes for a total of 6 -7 miles of moderate hiking (each hike is approximately 3.5 miles in length). The Old Stone Fort is a loop trail circling a 2,000 year old stone wall built by ancient American natives. There is also a nice museum. The Short Springs hike features a short hike to a waterfall. Depart from Tractor Supply at 8 am_CT. We will eat lunch at Jiffy Burger in Manchester. Carpool cost is \$7. For additional information contact Bill Harris 931-484-9152 or Howard Owen 931-484-1328.

Feb 26 - Cumberland Trail, Crab Orchard- Black Mountain. We'll hike in/out approximately 6 miles rated moderate to difficult (it's the CT) starting from a side road halfway up the mountain for a short walk to the trail which heads towards Ozone. Depart from the Dorton United Methodist Church 3405 Hwy 70E, one mile East of Peavine Rd at 7:30 am CT. The Church is next door to Certified Cylinder. Carpool cost is \$1. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Feb 29 - Dog Cove Loop, **Sparta, TN.** We will hike 6 moderate to strenuous miles loop trail up Lower Gap Trail to a small arch then past 2 old homesteads. Carpool cost \$3. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Depart at 8 am CT from Tractor Supply on West Ave.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: 423-596-7681 Jean Smith soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960 soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Patricia Appleton 423-332-6517

soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

> Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

Feb 1 - Roaring Creek (near Graysville). 9.8 miles in and out. Moderately strenuous. We will meet at the Soddy Daisy ballfields parking lot at 8:30 am. Hike Leader- John Pollitte-423-304-8327.

Feb 4 - Forestry Cabin/Dotson Point Loop of Sewanee Perimeter Trail. 4.5 miles. This route is along the bluff and is a nice easy rolling hike. A short detour at the start will get us to the Forestry Cabin for a good view of the valley. Dotson Point further along the trail also offers a nice view but note that the farthest rock out on Dotson Point is not for acrophobes. The payoff: Views from the Forestry Cabin and from Dotson Point are from opposite sides of Thumping Dick Cove, so you can see where you were or where you are going. Meet at the parking lot behind La Quinta at Browns Ferry Rd. at 8:30 am. Drive to trailhead is approximately 1 hour. Contact Roy or Marti Owensby at sewmarti@aol.com or 423-309-0579 (text or voice) for additional information or questions.

Feb 8 - Bauxite Ridge, Feton Forest. 7 miles. Easy to **moderate.** We will meet at the parking lot in Enterprise South Park at 8:30 am. Hike leader Tammy Hendrick, 315-949-8187.

Feb 11 - Pioneer Short Loop and Pioneer Trail, Cumberland State Park. 5 miles. Lunch at the lodge afterward. Meet at the Durham St. parking lot in Soddy Daisy at 8:30 am. Hike leaders are Marti and Roy Owensby at 423-309-0579.

Feb 15 - Big Creek Loop Trail. 8.7 mile loop. Moderate. We will meet at the Red Bank Food City parking lot at 8:30 am. Hike Leader is Tom McElhone, 805-208-4654.

Feb 18 - Enterprise South. Meet at the lower visitor's center parking lot at 8:30 am. Hike Leader- Nancy Allen, 423-987-0941.

Feb 22 - Bird Mountain Trail. Frozen Head State Park. 7.1 mile loop. Difficult. We will meet at the Soddy Daisy ballfields parking lot at 8:30am. Hike Leader John Politte, 423-304-8327.

Feb 25 - Chickamauga Battlefield- Park historian Jim Ogden will lead the hike and give commentary about the battle in the area. Meet at the lower parking lot at the visitors' center at 8:30 am. 423-332-6517.

Feb 29 - Prater Place Trail. 5.8 miles. Moderate. We will meet at the Soddy Daisy ballfields parking lot at 8:30am. Hike Leader- Tom McElhone, 805-208-4654.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013

Jenny Fitzgerald 615-517-8185 sumner@tennesseetrails.org

TREASURER: John Jones 615-533-0127 sumnertreas@tennesseetrails.org

BOARD REPRESENTATIVE: Duane Frichtl 309-830-9720 boardsumner@tennesseetrails.org

Feb 3 - Beaman Park, Nashville. 3.2 miles, Nashville. Join us on a 3.2 mile loop that leaves from the Beaman Park Nature Center (5911 Old Hickory Blvd). We will follow the Sedge Hill Trail down to the Creek and take the Henry Hollow Loop Trail up across the ridge and back down to the creek, returning back along the Sedge Hill Trail to the Nature Center. Those who wish to carpool please meet us at the Kroger in the Glenbrook Shopping Center at 9 am (1010 Glenbrook Way, Hendersonville) or meet at the park Nature Center at 9:30. For more information please contact Jenny Fitzgerald at mrzfitz@gmail.com or 615-517-8185.

Feb 12 - High Ridge and Shoreline Trails, Bledsoe Creek State Park. 2.4 miles. Easy to moderate. At 10:00 am we will start the hike from the Visitor Center/Park Office, 400 Ziegler Fort, Gallatin, TN. Trail surface includes gravel, dirt, rocks and steep stairs. Recommend water, hiking shoes and poles. For questions contact Bob Dudney at 615-415-7115, rdudney @yahoo.com.

We hope you will join us!

Feb 20 - The Hermitage, Home of President Andrew Jackson. Let's visit the Historic home of President Andrew Jackson - The Hermitage. On this walking tour we will first enjoy the visitor center exhibit to learn some of Jackson's amazing story. Then after about 30 minutes we will gather together and walk the smooth asphalt road up to the Hermitage Mansion for an interpreter-led tour inside his beautiful, two-story historic home to experience an important piece of Tennessee and our nation's history. After the mansion tour we will walk out back to explore the gardens, grounds, creek and other historic buildings at our own pace before returning to the Gift shop as we finish up the tour. Tickets are \$22 or \$19 for Seniors. Please RSVP with me and if we have 15 or more I can obtain a group discount. Otherwise, we can purchase our tickets individually online or in-person the day of tour. After the tour we will stop to enjoy lunch on the lake at Sam's Sports Grill (2001 Lakeshore Dr, Old Hickory, TN). Those who wish to carpool please meet us at the Kroger in the Glenbrook Shopping Center at 9 am (1010 Glenbrook Way, Hendersonville) or meet at The Hermitage entrance at 9:30. See TheHermitage.com for details and contact Jenny Fitzgerald at 615-517-8185 or mrzfitz@gmail.com with questions or to RSVP.

Feb 22 - Ashland City Bicentennial Greenway. 4 miles. Easy. Back in the early 1900's the Tennessee Central Railroad chugged along this route going from Nashville to Clarksville where it connected with the giant Illinois Central Railroad. The old TC ceased operating in 1968 but you can still see evidence railway which eventually became the Greenway. This hike is a classic Rails-To-Trails Greenway and follows the old railroad grade on a paved surface which makes it a nice flat winter hike. For the first portion of the hike there is a swamp on the left and a steep bluff on the right but then enters a more open landscape for the last portion, crossing several bridges over creeks and over lake water from the Sycamore Creek embayment. The highlight of this trail is the iconic large iron trestle over Sycamore Creek. You won't need your boots or poles for this one. We will have lunch at Riverview Restaurant after the hike. Meet for carpooling at Hendersonville First Presbyterian Church, 172 W. Main parking lot at 9am. For further info contact Chugging Al at ballallenger@aol.com or call/text 615-454-7673.

Feb 29 - LEAP Day Hike the Hendersonville Greenway. Let's enjoy a 4 mile stroll together celebrating our extra day this year! Meet at the Hendersonville Public Library (140 Saundersville Rd) at 10 am. We will hike from the library 2 miles over to the Drakes Creek Ballpark area and return back 2 miles to the Library. This paved trail goes along the creek for much of the way for a scenic stroll. For more information please contact Jenny Fitzgerald at mrzfitz@gmail.com or 615-517-8185. We hope you will join us!

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Cynthia Karrington 931-303-3409 uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cathy Moran 931-544-2764

uppercumberlandhikes @tennesseetrails.org

Feb 1 - Dog Cove State Natural Area. No trail map available. We will hike 4 to 6 miles. Water shoes needed. Depending on the trails we do, hiking will be easy to strenuous. Dress for the weather. Bring water, snacks, and lunch. Meet at 8 am at U.S. Bank, Hwy 111 Sparta, across from MacDonald's. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

Feb 15 - North Plateau North Rim Savage Gulf. Joint hike with Murfreesboro Chapter. The Plateau to Rim Hike is located in Savage Gulf Wilderness Area. The hike, having two versions, is designed for the moderate (9 miles) as well as the long-distance hiker (17 strenuous miles). Both versions of the hike will start and end at the Savage Ranger Station. The shorter version of the hike will go down the Savage Day Loop and North Plateau Trails cutting across at the Mountain Oak Trail to the North Rim Trail, which you will take back to Savage Ranger Station (9 miles). The longer version of the hike will go down the Savage Day Loop and North Plateau Trails all the way out to Hobbs Cabin to the North Rim Trail, which you will take back to Savage Ranger Station (17 miles). Groups carpooling to the hike and doing a different version of the hike should be prepared for the difference in hiking times. Bring hiking boots, water, snacks, and lunch. You can meet us ae Savage Ranger Station at 8:00 am CT. For more information and to register contact Mike Shane at *mikeshane@charter.net* or 931-446-4306.

Feb 22 - Bandy Creek to Leatherwood Ford, Big South Fork NRRA, Jamestown, TN. 9 miles. Moderate for uneven terrain, narrow ledges, boulder passages and ladders. Joint hike with Murfreesboro Chapter. We will hike a section of the John Litton Loop, the Fall Branch Trail, and a portion of the Grand Gap Loop to Angel Falls Overlook - perhaps the finest overlook in the park. We will then descend to Leatherwood Ford via the John Muir Trail. Other highlights include the gorge of Fall Branch and a large rock house. Wear sturdy footwear and bring snacks, lunch, and water. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT or (est time) 10:00 am CT at the trailhead. This hike will need a shuttle, please register with Richard. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Feb 29 - Savage Gulf. Joint hike with Murfreesboro Chapter. Watch Calendar or contact Mike Shane for update on hike. Mike Shane at *mikeshane@charter.net* or 931-446-4306.

OFFICERS:

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

2020 TTA Board of Directors Meetings

Saturday, Feb 8: 11 AM Hermitage Library

3700 James Kay Lane

Hermitage

Saturday, May 2: 11 AM Hermitage Library

3700 James Kay Lane

Hermitage

Saturday, Aug 1: 11 AM Hermitage Library

3700 James Kay Lane

Hermitage

Sunday, Oct 25 Montgomery Bell State

Park

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.

To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

A NE RENE Membersh	W MEN WING ips are for one		Lifetime Membership.	Please Mail This Form To: Membership Director P.O. Box 41446 Nashville, TN 37204-1446
Cheryl Hed		200-7436 membersh \$25.00	ip@tennesseetrails.org PLEASE, I Name	PRINT CLEARLY.
Family		\$35.00	Address	
Student (FULL TIME)	*		State
Supportir Life Mem Life Mem	ber (Individua	·	Alternate Phone ()	Zip
	Membership D E-mail addres: Mailing addres Telephone nui	he following in irectory ses ss	lease list me with the following chapte Clarksville Columbia/Franklin East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma Jackson Memphis	Murfreesboro Nashville Plateau (Crossville)
them and including a information on hiker s monthly meetings sch Tennessee's many pa As a mer	reference boo afety, upcoming eduled, where rks for a weeke nber of	ok containing information as g hikes/overnight trips, volu you will enjoy diverse prog nd of hiking, camaraderie a TTA, you are w	about TTA, trail etiquette, hiker responsibi unteer opportunities, chapter meeting annou grams, socializing and refreshments. In add and programs, in addition to learning about the	I TTA hikes or functions.