

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



Plateau Chapter “Hits” Hit the Trails Festival 2020

On October 3, 2020, several members of the Plateau Chapter, Tennessee Trails Association (TTA) carried out a publicity and goodwill campaign for the TTA and its mission by staffing a booth at the Cumberland County's 2020 Hiking Marathon's Hit the Trails Festival. A total of seven chapter members, led by its chairman, Norm Brinsley spent the better part of five hours assembling, displaying, handing out informative literature, and “working the crowd” promoting hiking throughout the state and several surrounding areas.

During the event, the chapter reached over one hundred people. They were provided a copy of the Chapter's Brochure, the TTA Newsletter, until supplies ran out, and application forms.

Bruce Whitehead, a long-time member and pictured below with photos of the chapter's display booth did a great job bringing curiosity seekers into conversation range.

Many people said they were not aware of the abundance of trails in the area, and welcomed the invitation to come hike with the chapter on any of its Wednesday hikes, each week or on its bi-monthly Saturday hike. Among the responses to chapter members' overtures was a person who signed up as a life member, writing a check for \$500.00.

Bob and Connie Oboboski circulated through the festival's various displays to attract people and Melissa Love spent time greeting people and providing information on the TTA and the Plateau Chapter. John and Debbie Martin, the chapter's program managers produced and presented a video showing many of the chapter's hikes on and around the Cumberland Plateau. In essence, a good time was had by all with the potential for many new TTA members.





Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours: Tuesday – Friday
10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Teresa Kemmer
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

The CTC is conducting an effort to plan its activities and properly align its goals and resources for the next 5 years. This Strategic Planning effort will evaluate the CTC's current operations and determine how to strengthen its capabilities going forward. We will be getting input from the CTC Board, its employees, and our stakeholders, to include TDEC as well as hikers and other parties interested in the Cumberland Trails system. This will be an evolving process to be completed in the coming months. Hikers and other interested parties are welcome to give input.

CTC Board Leadership:

Frank Jamison, CTC Chairman
Jameson Miller, CTC Treasurer
Nora Beck, CTC Secretary

During October, the CTC trail crews will be working to complete the Black Mtn to Ozone Falls segment of the Cumberland Trail.

***"Climb the mountains and get their good tidings.
Nature's peace will flow into you as sunshine
flows into trees. The winds will blow their own
freshness into you, and the storms their energy,
while cares will drop away from you like the
leaves of Autumn."***

John Muir

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org
VICE-CHAIR and CHAPTER REPRESENTATIVE:
Paul Schwab 931-801-9484
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
SECRETARY: Mary Ann Harris 931-647-9321
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.

Nov 7 - Beaman Park, Highland Trail. 5.8 miles. Moderate. Mike Covey 608-206-9850. Meet 8:00 am CT, Madison Street Food Lion parking lot. 32 miles to trailhead.

Nov 14 - Bearwaller Gap Hiking Trail. 6.0 miles. Difficult because of several ups and downs. Requires shuttle. Paul Schwab 931-801-9484. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot near McDonalds. 100 miles to trailhead.

Nov 17 - Monthly Chapter Meeting. 6:00 pm CT, Crow Community Center, 211 Richview Rd, Clarksville. Philip Anderson 931-561-0925. This is assuming the Crow Center is available for meetings.

Nov 21 - Ashland City Rails-to-Trails unpaved section. 6 total miles out and back. Moderate due to length. Philip Anderson 931-561-0925. Meet 8:00 am CT, Madison Street Food Lion parking lot, Clarksville. 18 miles to trailhead.

Nov 28 - Liberty Park, Clarksville. 3.5 miles. Easy. Paul Schwab 931-801-9484. Meet 9:00 am at the Liberty Park Pond parking area.

GO GREEN

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Cheryl Heckler at membership@tennesseetrails.org and please include your email address.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

Evan Means Small Grants Program Deadline

In February 2021, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources. Project proposals are due no later than December 31, 2020.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2021 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to: TTA Grants Administrator P. O. Box 41446 Nashville, TN 37204

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Oct 31 - Halloween Hike to Frozen Head State Park. Let's meet at Oak Ridge Books A Million parking lot at 9 am ET or at FHSP visitors center at 9:30 am ET. We will tailgate to Spicewood trailhead. Hike up Spicewood and then connect to South Old Mac to hike down. Total loop about 7 miles. This hike is limited to 10 people. Please preregister with Penny Lukin at *plukin@comcast.net*. For last minute questions, can text 865-310-1781. Remember to bring face mask to use if we are less than 6 feet apart, and hand sanitizer.

Nov 7 - Sequoyah Hills Greenway, Knoxville. Take a hike down the boulevard from the Sequoyah Hills entrance to the Tennessee River. This residential area was initially developed in the 1920s. It was one of Knoxville's first suburbs and today is home to the city's most affluent residents. The boulevard is tree-lined and very scenic. The hike is 5 miles in and out. We'll meet at 9:00 am in the parking lot at the church across the street from the Sequoyah Hills entrance. For questions, call Rosie 865-985-9144 or *rosemary_I@hotmail.com*.

Nov 14 - Norris Watershed hike, Norris TN. Join us for a great hike in the unique town of Norris. We will meet at 9:30 am ET in the parking area of Norris Middle School and tailgate to the Rice Grist Mill where we will drive on Lower Clear Creek Rd. just behind the Norris water treatment plant on Lower Clear Creek Rd. This hike is about 6 miles and we will be on several well marked trails. From Clear Creek Trail, we will connect with White Pine Trail to Red Hill Trail to Hi Point Trail. This hike has numerous points of interest including a spring that serves as the Norris water supply and the stairsteps near the Ridgecrest intersection with Hi Point Trail where a CCC Camp was located. Norris Watershed maps are available online and it's strongly suggested that hikers print out a map to keep with them on this hike. To pre-register, contact Bob Fowler at 865-315-2266 or *rbfowler65@gmail.com*. After this hike we will gather under a nice shelter and plan some hikes for 2021. Food will be provided so be sure to come. For a head count for food, call Rosie 865-985-9144 or *rosemary_I@hotmail.com*.

Nov 21 - I.C. King Park, Knoxville. Join us for a very moderate hike located adjacent to downtown Knoxville. We will meet at 9:00 am ET at the trailhead. The address is 2625 Maryville Pike. This is a loop trail and mileage is 5.6 with elevation gain of 613 feet. This trail features a river and is good for all skill levels. Preregistration is advised. Contact Rosie 865-985-9144 or *rosemary_I@hotmail.com*.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Tom Bentley 931-455-5849

highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Tom Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Nov 5-8 – Pogue Creek Canyon State Natural Area Hike and hikes in Big South Fork National River and Recreation Area. Camping at Bandy Creek Campground in Big South Fork. Please reserve your own campsite in A Loop. Please contact Joan Hartvigsen to register and for suggestion which site to reserve so we are together. *Jhartvigs@comcast.net* or 931-636-2914. Friday, Nov 6, Pogue Creek Canyon Hike. 4 miles one way. 1,463 feet elevation change. We will leave vehicles on Black House Mountain Road at Moccasin Rock trail junction prior to beginning hike from Pogue Creek Canyon trailhead no later than 9 am CT. Please wear face masks during the vehicle shuttle. Saturday Nov 7, Angel Falls Overlook Trail, six miles round trip. The Angel Falls Overlook Trail has the best views in the Park. Sunday, Nov 8 Rock Creek Loop, seven miles. This trail features mature riparian forest and pristine Rock Creek lined with hemlocks. Everyone responsible for their own food.

Nov 14 – Bridal Veil Falls Loop Hike, Sewanee, TN. The University of the South Domain. 5.8 miles. Moderate because of steep downhill and steep uphill getting to Bridal Veil Falls. We will meet at the Lake Cheston parking lot on The University of the South domain. We will hike from Lake Cheston to Bridal Veil Falls Loop back to Elliott Point, then return to Lake Cheston. Nice waterfall. Great views. Limit of ten hikers. Contact Marietta Poteet early to register and for meeting time. Email *nannietta@blomand.net* or 931-924-7666. Bring water and lunch. You will need hiking sticks and sturdy hiking boots.

Nov 27 – After Thanksgiving Hike. Old Stone Fort State Archaeological Park, Manchester, TN. Joint hike with the Murfreesboro Chapter. About four miles, rated moderate because of steep sections and eroded trails. Meet at 9:00 am CT in the museum parking lot. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914. We will hike the Forks of the River Trail, Backbone Ridge Loop Trail and the Moat Trail. We will visit Blue Hole Falls, Big Falls and Step Falls. Our hike will be along the Duck River and the Little Duck River. We will enjoy our picnic lunch of turkey sandwiches in the park's picnic area. After our picnic lunch we can hike the park's newest trail, the Chumbley Woods Trail, 1.65 total mileage.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293

jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556

jacksontreas@tennesseetrails.org

SECRETARY: Terry McCoy 731-535-0625

jacksonsecy@tennesseetrails.org

HIKE & FACEBOOK COORDINATOR:

Glen Rognstad 731-217-5966

jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr.,

Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Nov 7 - Nathan Bedford Forest State Park near Camden, TN. We will meet at the museum parking lot at 9:00 am. Susan Woods will lead us on a 5 to 6 mile hike that borders the Tennessee River/Kentucky Lake area. The hike takes advantage of riverfront views looping through the pretty forest and ending at the Folklife Museum at the top of Pilot Knob. Pilot Knob overlooks the site of an ambush by General Forrest of a Union naval depot located across the river. To register or for more information, please contact Susan at 731-441-8066 or by email at *woodsboob@bellsouth.net*. Driving time from Jackson is approximately 1 hour 15 minutes taking I-40 to exit 108 to Clarksburg/Huntingdon/Bruceton/Camden.

Nov 21 - Red Leaves Trail, Natchez Trace State Park. The plan is to hike a section one Saturday per month for 4 months and cover the entire Red Leaves Trail. This section will begin at Exit 116 on the northern side of Interstate 40. The hike meanders through the woods and along the edge of Maple Creek Lake. The hike continues on to the site of the old "Pecan Tree"...once the largest pecan tree in the world. The hike continues through the woods back to the starting point. This hike is approximately 12.1 miles and will take approximately 7 - 7 1/2 hours to complete (that includes lunch & rest breaks). Please wear hiking boots, comfortable weather appropriate clothing, and bring snacks/lunch/water. We will meet at Exit 116 at 8:30 am. To register or for more information, contact Terry Warren at 731-535-0625 or *terrymccoy832@yahoo.com*.

LOOKING AHEAD:

Dec 7 - Monthly meeting by zoom. Tentative. 6:00 pm.

Dec 12 - Red Leaves Trail. Second section.

Jan 9 - Red Leaves Trail. Third section

Feb 6 - Red Leaves Trail. Fourth section

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Nov 7 – Pioneer Springs Trail, Meeman-Shelby Forest State Park. 5-6 miles. Moderate. The trail is generally flat but does have some rolling hills. Features of the hike include the spring and the Woodland Shelter. Bring water and a snack. Registration is required. Contact Wayne Simpson at *w.simpson1@comcast.net* or 901-385-1988 (no texts) for more details.

Nov 14 - Nesbit Park in Bartlett. We will hike the White Trail with possible additions for a total of 6 to 6.5 miles. One ravine crossing is part of this trail (we may have to cross through water) so wear hiking boots. Bring water and a snack and allow 3 hours for this hike. Bring hand sanitizer and pen for signing in. You must register for the hike: email *charlie.bright2010@gmail.com*. Rain will cancel hike.

Nov 21 - Lovitt Woods Trail behind Lowe's off Germantown Road. Join us for a 6-mile hike across flat terrain in the woods along the Wolf River. Wear hiking boots and bring snacks and water. Bring hand sanitizer and pen for signing in. You must register for the hike: leave a text Janet 901-494-4452 no later than 6:00 pm Friday, Nov. 20. Rain will cancel.

Nov 28 - Herb Parsons Lake State Park, Fisherville. Here's an easy 6-mile hike around the lake and through the woods. Bring snacks and water and pen for signing in. Registration is required. Contact Nancy at 901-240-1521 for more details no later than 6:00 pm Friday, Nov 27. Rain will cancel hike.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org
TREASURER/HIKE COORDINATOR/BOARD REP:

Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org

MEMBERSHIP COORDINATOR: Jennifer Zahn 615-648-0607
murfreesborohikes@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org

MEETS MONTHLY (except Jan, Feb, Jul, Aug): 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro
BLOG: *www.tennesseetrails.org/blog/murfreesboro*

Nov 10 – Chapter Meeting. This our planning meeting for January-June 2021 hikes. Bring your calendars to schedule hikes you want to lead or ideas for hikes. If you want to schedule a hike and cannot attend, contact Sara Pollard before the meeting at 615-714-3610 or *sarabpollard@gmail.com*.

Nov 21 – Cheeks Bend. Part of the Duck River State Natural Area Complex. The 1.8 mile balloon trail has scenic overlooks on the Duck River. The trail is relatively flat, so rated easy. There is also a short cave that leads to an overlook bluff. Bring water and snacks and wear good hiking shoes. After the hike we can go to a local restaurant for lunch. Contact Jennifer Zahn at 615-648-0607 or *jenzahn@gmail.com* for more information.

Nov 27 - After Thanksgiving Day Hike, Old Stone Fort Archaeological Park. Manchester. 4 miles. Moderate. Joint hike with the Highland Rim Chapter. Join us for our annual family friendly after Thanksgiving Day hike. We will hike the Forks of the River Trail, Backbone Ridge Loop Trail and the Moat Trail. We will visit Blue Hole Falls, Big Falls and Step Falls. Our hike will be along the Duck River and the Little Duck River. Pack a picnic lunch to eat in the park's picnic area. After our picnic lunch we can hike the park's newest trail, the 1.65 mile Chumbley Woods Trail. Meet in front of the museum at 9:00 am CT. Bring snacks, lunch and water. For more information or to register, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org
(email Nancy & volunteer to lead an outing)
MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php
BLOG: www.tennesseetrails.org/blog/nashville

Nov 5 - Burch Reserve, Warner Parks, Nashville, TN. 8 am. A moderate 3-mile hike that has a bit of everything. Wide paved road to rocky single track with both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails (and parking should be easier as well!). As the leaves start falling we will get some pretty valley views. There's about 400' in elevation gain and descent. Limited to 10 so RSVP early. Please provide cell phone in case of weather cancellation. RSVP to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Nov 12 - Burch Reserve, Warner Parks, Nashville, TN. 8 am. A moderate 3-mile hike that has a bit of everything. Wide paved road to rocky single track with both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails (and parking should be easier as well!). As the leaves start falling we will get some pretty valley views. There's about 400' in elevation gain and descent. Limited to 10 so RSVP early. Please provide cell phone in case of weather cancellation. RSVP to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Nov14 - Nashville Urban Hike. 4 miles. Easy. This hike is a fun and interesting way to see our city close up – and yes, there are quite a few trees and some greenery as well. Our route showcases many of the premier locations of Nashville: the state capitol area, government and financial district, lower Broadway and Riverfront Park, the convention center region, the Gulch, the edge of Music Row, and parts of West end - each with its own interesting features and personalities. A secondary aspect is that we will walk by over two dozen of Nashville's hotels, including most of the new ones, if you are curious. Meet at the courtyard of War Memorial Plaza just south of the state capitol at 8:00 am. Parking is typically found just to the southwest of the state capitol, on the hill behind the state supreme court. Walking distance is about 4 miles or so. Plan on 3 hours to be safe. Please bring & wear mask. We will socially distance during the walk. Hike leader: Tom Vickstrom, tomzinger55@gmail.com; 615-405-6713.

Nov 15 - Weekend Ender: Edwin Warner Park Nature Center, 5-6:30 pm. 3.5 miles. End your weekend right with a brisk hike at this popular park with both wide paved trails and single tracks thru the hills. Our loop will take us on both. We will enjoy the fall foliage in the scant light that this time of day affords. Please provide cell phone in case of weather cancellation. rsvp to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Nashville Chapter – con't.

Nov 15 - Monte Sano State Park, Huntsville, AL. 5 or 8 miles. Moderately strenuous. This park is uniquely located right in the city of Huntsville and features a combination of interesting geographic features and great views. Plans are to hike two combination routes based on the McKay Hollow and Stone Cuts trails (moderately strenuous for a couple of relatively steep inclines, rocky segments, and rugged footing.) There are options to caravan from Nashville at 7 am or meet at the trailhead for a 9:30 step-off. Those who hike both trails and skip dinner should be back between 5 and 6. Contact Mark Hubbard for details: mark.hubbard@mhhub.us or 615-715-1517. *Alternate date for inclement weather: Sunday, November 22.*

Nov 19 - Henry Horton State Park. 7 miles. Easy. Combining several trails (Wilhoite Mill, Adeline Wilhoite River Trail, Wetland Trail and Hickory Ridge Outer Loop) we'll hike 7 miles. These trails are rated easy. The River Trail runs along the Duck River to a platform overlooking a native grass field and wetland. Go to the park's website for a further description of the trails and a trail map. Meet at the Wilhoite Mill Trailhead Parking area at 8:30 am. To register, contact Kathy Woods at 615-473-6824 or kwoodz@comcast.net.

Nov 21 - Shelby Bottoms, Shelby Park, Nashville TN. 5 miles plus or minus. Easy. This will be a hike/walk on the back, grassy, dirt trails of Shelby Bottoms. We will avoid the paved Greenway in order to explore some of the "backcountry" of Shelby Park. The trails can be muddy, especially after a rain, so wear footwear appropriate for those possible conditions. Bring water, snacks, binoculars and hiking poles if desired. Contact Nancy Juodenas at 615-319-8811 or njlj1011@gmail.com to register and for further information. All TTA COVID precautions remain in place.

"Thousands of tired, nerve-shaken, over-civilized people are beginning to find out that going to the mountains is going home; that wildness is a necessity."

John Muir

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
plateautreas@tennesseetrails.org
BOARD REPRESENTATIVE: Bob Oboboski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: *www.tennesseetrails.org/blog/plateau*

Come take a GUIDED hike with us. We offer a short 5 mile or less and a long 8 +/- mile hike every Wednesday and two Saturday's a month. For additional information contact the hike coordinator *plateauhikes@tennesseetrails.org* or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter website at <http://tplateauchapter.blogspot.com>. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

Instead of carpooling to trailheads our hikers may opt to drive themselves.

Nov 4 - Virgin Falls Natural Area, Sparta, TN. There is a possibility the water at the stream crossing may be a little high so bring water shoes. **SHORT HIKE:** 5 mile in/out with a stream crossing to Big Laurel Falls (30-foot waterfall). **LONG HIKE:** This is a 9 mile strenuous hike to the 110 foot tall Virgin Falls. Along the way, we will pass Big Branch Falls, Big Laurel Falls and Sheep Cave Falls. There is a stream crossing and some difficult footing on this hike with much up and down hiking. There is a possibility the water at the stream crossing may be a little high so bring water shoes. Depart 8 am CT from Tractor Supply on West Ave. Carpool cost is \$4. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Nov 11 - Big South Fork, Jamestown, TN. Middle Creek and Slave Falls. This hike will require a short car shuttle. **SHORT HIKE:** 4 miles, rated moderate. **Long Hike:** 7 moderate miles with a short strenuous climb up from Slave Falls. The hike includes multiple rockhouses, Slave Falls, Indian Rockhouse and Needle Arch. Bring a sack lunch to eat on the trail. Depart from Cracker Barrel's rear lot at 8 am CT. Gas reimburse is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Nov 13-15 - Fall Backpacking Trip. CT Nemo Bridge to Peavine Rd, Crossville, TN. 2 night 24 mile strenuous backpack trip on the CT from Nemo Bridge to Peavine Rd. Sign-up is required.

Plateau Chapter – con't.

Nov 18 - Polly Branch to Yellow Bluff, Sparta, TN. Short Hike: 4-5 mile moderate in/out hike. **Long Hike:** This is a moderate 7.75 mile hike. The main features of the hike are the Upper and Lower Polly Branch Falls, the Yellow Bluff overlook of the Caney Fork Gulf. The falls are in the 15 to 30 foot class, but are very photogenic. Depart 8 am CT from Tractor Supply on West Ave. Carpool cost is \$4. Pack water, snacks and lunch. Don't forget tick/bug spray and sunscreen.

Nov 25 - Cumberland Mountain State Park, Overnight Trail, Crossville, TN. Short Hike: 4 mi in/out easy. **Long Hike:** 8 mi moderate hike. Depart 8 am CT from Trinity Tabernacle parking lot off Hwy 127S, one mile South of downtown Crossville. Gas cost \$1.

Nov 28 - Savage Gulf - Greeter Falls, Ranger Falls, Stone Door, Beersheba Springs, TN. A shuttle will be required. **Short Hike:** 1.1mi Greeter Fall loop easy. Drive cars to the Stone Door Trailhead. Hike the .3 mi to Laurel Falls and .9 mi in/out thru the Stone Door. **Long Hike:** This is an 8 mile moderate sometimes strenuous thru hike. The hike will start at Greeter Falls Trailhead and then continue along the Big Creek Rim. We will end at the Stone Door Trailhead Ranger Station. Depart 8 am CT from Tractor Supply, West Ave, Crossville. Bring lunch, water and snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$6.

Looking ahead:

Jan 9, 2021 - Joint hike with Soddy Daisy Chapter. Flats Mountain Trail in Cherokee National Forest.

2020 TTA Board of Directors Meeting

Sunday, Oct 25

Time and Location to be announced.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423-596-7681
soddydaisy@tennesseetrails.org
TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org
HIKE COORDINATOR: Patricia Appleton 423-332-6517
soddydaisyhikes@tennesseetrails.org
MEETS QUARTERLY: Tuesday of the week following the TTA
Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET
at Burk's United Methodist Church, 6433 Hixson Pike,
Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Hike information unavailable at press time.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013
Jenny Fitzgerald 615-517-8185
sumner@tennesseetrails.org
TREASURER: John Jones 615-533-0127
sumnertreas@tennesseetrails.org
BOARD REPRESENTATIVE: Duane Frichtl 309-830-9720
boardsumner@tennesseetrails.org

Nov 6 - Bearwaller Gap Trail. 4.6 miles. Moderate.
Named after Black Bears that used to be in middle TN wallowing in the woods. Located near Carthage, TN. Starting at Tater Knob Overlook, the 4.6 mile hike will be 2.3 miles out with one .3 mile hill (grade 5%-24%) to Two Prong Campground and back with one .4 mile hill (grade 8%-25%). Moderate rating with well-marked trail composed of rock, roots, and dirt. Beautiful Cumberland River views. Bring hiking shoes, hiking poles, water, snacks and insect repellent. To carpool, meet 9 am at the Gallatin Wal-Mart, 1112 Nashville Pike, near Chick-Fil-A or 10 am at the Tater Knob Overlook. From Gallatin drive 30 miles east on TN 25. Turn left onto TN 80. Drive 2.6 miles and turn right onto TN 85. Drive 1.6 miles and turn right onto TN 263. Drive 1.7 miles and turn left into Tater Knob Overlook/Bearwaller Gap Trail. There are bathrooms located at the trailhead. For those interested, we will discuss eating at a local cafe. For information, contact Judy Jenkins at 615-403-0002 or email *Judy_Jenkins@comcast.net*.

Nov 18 - Town Creek Greenway, Gallatin. 4 miles out and back. Easy. Paved greenway along Town Creek from downtown to Triple Creek Park. Meet at 10 AM at the public parking lot in downtown Gallatin next to the Fire and Police stations, across from Chubbs restaurant, (122 W. Franklin St., just west of Water St.), behind Swainey Swift restaurant. You can extend your hike in to Triple Creek Park if you like. Coffee shop and restaurants downtown are available after the hike. Contact John Thomas, *johnndt@sbcglobal.net*, 925-759-0517 or Donna Thomas, *donnamt2@sbcglobal.net*, 925-759-0518.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cynthia Karrington 931-303-3409
uppercumberland@tennesseetrails.org
HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Please check online calendar for updates.

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Melinda Pearson 731-225-4293
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CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

- Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information.
- Please identify any hikes that are multi-chapter events.
- Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise, fitness, or fear of heights and suspension bridges.

All submissions should be made by e-mail to *editor@tennesseetrails.org*. This e-mail address is automatically copied to our webmaster. All submissions MUST be received by the 10th of the month PRIOR to the hikes (i.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- ☐ **A NEW MEMBER**
☐ **RENEWING MY MEMBERSHIP**

Nov 20

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

____ Individual \$25.00
____ Family \$35.00
____ Student (FULL TIME) \$15.00
____ Supporting (\$50.00, \$100.00 or more)
____ Life Member (Individual) \$500.00
____ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Primary Phone (____) _____ Zip _____ -- _____
Alternate Phone (____) _____
Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
☐ Mailing address
☐ Telephone numbers

☐ I would like to receive my newsletter by
mail.

Please list me with the following chapter:

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ East TN (Oak Ridge/Knoxville)	____ Plateau (Crossville)
____ Highland Rim (Manchester/Tullahoma)	____ Soddy Daisy
____ Jackson	____ Sumner Trails (Sumner County)
____ Memphis	____ Upper Cumberland (Sparta/Cookeville)
____	____ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!