

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



The New Website is Here!

The long-anticipated transition to our all-new website has begun. By now you will be seeing a reorganized, modern, and image-rich function and look of the main pages. Leadership functions, membership management, and updated listserv and aliases will be brought online in the following weeks. Until chapter training can be completed the calendar will be updated by a few of the committee members. We will keep you posted by email and other means as needed. Despite our best efforts, we know there will be a few bumps in the road during this process. Please let us know if you encounter any issues with the updated sections.

TTA Communications Committee

FIRST DAY HIKES

There's an adage that says what you do on the first day of the year, you'll continue to do throughout the year. Start the new year off right on January 1 with an invigorating hike in one of our beautiful state parks.

If your chapter does not have a New Year's Day hike planned, you can check out the Tennessee State Parks First Day Hikes schedule at <https://tnstateparks.com/events>.



2021 TTA Board of Directors Meetings

All members are invited to attend board meetings
Contact Libby Francis for the link to join Zoom meetings

Tuesday, Feb 2, 6 PM	Zoom Video Conference
TBD, May	Zoom Video Conference
TBD, Aug	Zoom Video Conference
Annual Meeting	Date, time and format TBD

NEWSLETTER DEADLINES

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.



Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours: Monday - Thursday
8 AM – 3 PM CT
Phone: 931-456-6259
Office Staff: Sade Williams
Email: cumberlandtrailsconference@gmail.com
Website: www.cumberlandtrail.org

Trail crew news:

Between September and November, the CTC trail crew worked for 7 weeks near Ozone SNA to complete the connection between Black Mountain and Ozone Falls and build 448 steps to the base of Ozone Falls. The new steps make access to the base of the waterfall much safer. Thank you to the Division of Natural Areas for granting CTC permission to close the trail for 10 days while the work was completed. The section of trail between Black Mountain and Ozone Falls is fully blazed and between 7 - 8 miles in length.

The crew is currently working on Hinch Mountain. They have built over 2000 feet of new main trail in the past 4 weeks. The Hinch Mountain work began at Hinch Gap and the crew is building main trail that will connect to Brady Mountain section. This section of main trail will also connect to a loop to the Head of the Sequatchie.



Steps at Ozone Falls

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Cinde Jones 870-215-8993
clarksville@tennesseetrails.org
VICE-CHAIR & BOARD REPRESENTATIVE: Ryan Dowdy 615-925-1796
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-801-7172
clarksvilletteas@tennesseetrails.org
SECRETARY: Paula Sanders 954-993-5541
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Please call hike leaders to confirm hike time and meeting place.

Jan 1 - New Year's Day hike, Montgomery Bell State Park. 5.4 miles. Moderate. Cinde Jones 870-215-8993. We will have a picnic lunch near "The birthplace of the Cumberland Presbyterian Church". Bring your own food, drink, and utensils. We will not share food because of COVID. Meet 9:00 AM CT, BigLots parking area, Riverside Drive, Clarksville, TN. 33 miles to trailhead.

Jan 9 - Erin Rails to Trails, out and back. 4.0 miles. Paved, easy. We will eat lunch somewhere in Erin, or bring your own lunch. Paul Schwab 931-801-9484. Meet 9:00 AM CT, BigLots parking area, Riverside Drive, Clarksville. 25 miles to trailhead.

Jan 18 - Martin Luther King Day; LBL, Canal Loop Trail. 11.0 miles. Difficult due to length. Paul Schwab 931-801-9484. Meet 7:00 AM CT, Kroger parking area, Dover Crossing Road, Clarksville. 77 miles to trailhead.

Jan 19 - Monthly Chapter Meeting. Bring your own food, drink and utensils. We will not share food because of COVID. Cinde Jones 870-215-8993.

Jan 23 - Rotary Park, Clarksville. 3.5 or 5.25 miles, you have the opportunity to exit after 3.5 Miles. Moderate. Ed Oliver 931-561-9946. Meet 8:00 AM CT, first shelter on left after entering park.

Jan 30 - Lake Barkley SP, 3500 State Park Rd, Cadiz, KY, Cedar Grove Trail. 4 miles out and back. Moderate. Paul Schwab 931-801-9484. Meet 8:00 AM CT, at Kroger parking area, Dover Crossing Road, Clarksville. 46 miles to trailhead.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org
CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org
MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Hike information unavailable at press time.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115
highlandrim@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
**OUTINGS/PROGRAM COORDINATOR/NEWSLETTER
CONTACT:** Tom Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Jan 9 - Snoopers Rock and Natural Bridge Hike, Prentice Cooper State Forest. 6 miles out and back. Moderate. This hike visits a portion of the Grand Canyon of Tennessee, where the Tennessee River cuts a 1,000 foot gorge through the Cumberland Plateau. Within Prentice Cooper State Forest, we will first visit the large, wide vista at Snoopers Rock, where river gorge panoramas amaze. We will then pick up the Cumberland Trail, hiking the canyon rim and the stream valleys that cut their own chasms, eventually reaching Natural Bridge, a sturdy arch over which we hike. Wintertime views are extensive along the wooded rim. Bring water, lunch, hiking sticks and head lamp. Wear sturdy hiking boots. We will offer a caravan from Hardee's in Monteagle. Please contact Joan Hartvigsen for meeting times and driving directions to the trailhead. Joan's email: *jhartvigs@comcast.net* or 931-636-2914.

Highland Rim Chapter – con't.

Jan 16 – Marietta Poteet's Annual Chilly Hike. Denny Cove Waterfall Trail. South Cumberland State Park. 5917 U.S 41 (TN-150), Sequatchie, TN. 3 miles round trip. Rocky, beautiful and interesting trail. This hike features awesome cliff-lines, overlooks and a beautiful waterfall. Please register with our hike leader, Marietta Poteet, *nannietta@blomand.net* or 931-924-7666. Decision on outdoor chili lunch will be made closer to the date. Check the TTA Website calendar or email Marietta to learn whether there will be an outdoor chili lunch after our chilly hike.

Jan 19 – Base of Fall Creek Falls Trail, Gorge Overlook Trail, Piney Falls Overlook Trail, Piney Falls Bridge Trail. Fall Creek Falls State Park, Spencer, TN. 4 miles. Moderate. Steep descent, rough footing. We will also visit the overlooks off the Gorge Scenic Motor Nature Trail including Millikan's and Buzzard Roost. On this trip we will visit the plunge pool and then the overlook of 256 foot tall Fall Creek Falls. We will see Cane Creek Falls and Cane Creek Cascades and enjoy spectacular views of Fall Creek Gorge and Cane Creek Gorge. Piney Falls is a 95 foot two tier waterfall. Bring water and lunch. You will need hiking sticks and sturdy hiking boots. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914.

Jan 30 – Short Springs Work Day. Meet at 8:00 am in the parking lot, 2250 Short Springs Road, Tullahoma. Bring water, work gloves and loppers or pruners. Specific tasks will be announced closer to the date. Please let Joan Hartvigsen know you can help, *jhartvigs@comcast.net* or 931-636-2914.

Planning Ahead:

Feb 6 – Russell Cave National Monument Hike, Interpretive Program and BARK Program option. Meet at 9:15 AM CT in front of the Visitor Center. We will begin with a half-hour Ranger Interpretive Program under their outdoor gazebo. Walk the short boardwalk Cave Trail to the cave entrance where our own Tom Bentley will give a short talk about his experience in the original mapping of the cave. Finish with a 1.2 mile walk on their interpretive Nature Trail. This trail is roughly "paved" with asphalt, but steep slopes may be wet and slippery. We will finish with a bring your own picnic lunch in their Picnic Area. Make sure to dress warmly depending on the weather. *Note: The Park encourages visitors to bring their dog and complete the BARK program through which you and your dog can earn a "Bark Ranger" tag for your dog's collar. Dogs must be on a 6 foot leash while in the park.* Please contact Patty Deen to reserve your spot. Patty's email *pdeen@palomar.edu* or 760-703-8115.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org
TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Terry McCoy 731-535-0625
jacksonsecy@tennesseetrails.org
HIKE & FACEBOOK COORDINATOR:
Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)
MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr.,
Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Jan 9 - Red Leaves Trail, 2nd section. 10.8 mile loop.
We will meet at the park headquarters at 8:00 and drive to the trailhead near Corinth Road/Bald Hill Rd. We will meander through the woods along the edge of Browns Creek Lake and on the edges of Pin Oak Lake, then back into the woods. This is a heavily forested area. Please wear comfortable shoes, appropriate clothing for the weather and bring snacks/lunch. You must register for this hike. Please contact Terry Warren for further information and to register. 731-535-0625 or *terrymccoy832@yahoo.com*.

Jan 16 - Pinson Mounds, Pinson TN (south Jackson). 2.7 miles. Easy. We will meet at the visitor center at 9:00 am. Pinson Mounds contains the largest Indian mound group in the United States. These mounds were used for ceremonies and burials. The hike begins at the museum's back entrance. You will continue hiking to Saul's Mound then thru lowlands to an overlook on the Forked Deer River. Please contact Melinda Pearson for more information at *hurstme@bellsouth.net* or 731-225-4293.

Planning Ahead:

Feb - leg 3 of Red Leaves Trail

**March - leg 4 (final) leg of Red Leaves Trail
Big Hill Pond**

REMINDER

Please check your chapter masthead this month. If there are updates needed, please include that information with your next chapter submission so that your chapter contact information can be updated.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Jan 2 - Herb Parsons Lake State Park, Fisherville.
Here's an easy 6-mile hike around the lake and through the woods. Meet at the lake and bring snacks and water. Registration required. Contact *charlie.bright2010@gmail.com* no later than 6:00 PM Friday, Jan 1.

Jan 9 - Lucius Burch National Area Wolf River, South of Walnut Grove. Join us for a 5 to 6 mile hike on the Yellow/Blue/White trails. If there has been rain, we may have a stream crossing. In that case a hiking stick will be useful. Bring water and a snack and pen for signing in. Rain or snow will cancel the hike. Registration is required. Contact Nancy 901-240-1521 no later than 6:00 PM, Friday, Jan 8.

Jan 16 - Meeman-Shelby Forest Horse Trail. Join us for a moderately strenuous 7-mile hiker/horse loop trail over a mixture of hills and flat areas around Poplar Tree Lake. There will be restrooms available next to the parking lot. Plan to hike about 4 hours. Bring water and snack and pen for signing in. Hiking boots are recommended. Rain or snow will cancel. You must register for the hike. Email *mquinlen@gmail.com* no later than 6:00 PM. Thursday, Jan 14.

Jan 23 - Lovitt Woods Trail behind Lowe's off Germantown Road. Join us for a 6-mile hike across flat terrain in the woods along the Wolf River. Wear hiking boots and bring snacks and water and pen for signing in. You must register for the hike: leave a text Janet 901-494-4452 no later than 9:00 AM Friday, Jan 22. Rain will cancel.

Jan 30 - Tour de Wolf Trail, Shelby Farms. 6 miles. Easy. Trail is not paved so wear sturdy shoes or boots. Bring water and snacks and a pen for signing in. Rain will cancel the hike. Registration required. Contact: *kgecewich@yahoo.com* or text 712-251-7163 or call 901-567-4904 no later than 6:00 PM Friday, Jan 29.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR:
Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org

BLOGMASTER
Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org

MEETS MONTHLY: NO MEETING IN JANUARY
BLOG: www.tennesseetrails.org/blog/murfreesboro

Jan 9 - "Pick a Park" series. Cedars of Lebanon State Park. Hidden Springs Loop. 4.7 miles. Easy. Hidden Springs is a very nice trail with diverse terrain. Inclines are minimal and the pathway is easy walking. Along the way we will see parts of the regrowth of the hard cedar forest that gives the park its name. There are also areas of the trail that you can see down into the cave system that runs under the park. Wear appropriate shoes and bring water. Bring your Tennessee State Parks Passport book to get stamped. Meet at the Visitor's Center at 10:00 AM CT. Please email or text Jeanne to register ahead of time in case the hike is cancelled due to weather. Contact Jeanne Conatser at 615-971-8894 or djconatser@comcast.net.

Jan 16 – Jim & Marietta Poteet's 19th Annual Chilly Chili Hike. Hike is the Denny Cove Waterfall Trail. South Cumberland State Park near Sequatchie, TN. 2.8 miles. Moderate. This rocky trail follows the base of the bluff with some impressive overhanging cliffs. Decision on outdoor chili lunch will be made closer to the date. Please register with Marietta Poteet at 931-924-7666 or nannietta@blomand.net.

Jan 24 - Bridal Veil Falls Loop and Sherwood Forest trails. Bridal Veil Falls Loop trail is on the University of the South Domain, Sewanee. 5.8 miles. Moderate because of steep downhill and uphill getting to Bridal Veil Falls. We will meet at the Lake Cheston parking lot at 9:00 AM CT. Directions to trailhead: from I-24 take the Sewanee exit and head southwest on US 64/41A. At four miles, pass through The University of the South sandstone gates, turn right on University Avenue. Turn right onto Texas Avenue, then right on Brakefield Road. Turn left on Crosby Lane, a gravel road across from the athletic fields. Park in the picnic pavilion lot. We will hike from Lake Cheston to the Bridal Veil Falls Loop, out and back to Elliott Point and return to Lake Cheston. Nice waterfall and great views. There is a limit of ten hikers to comply with a University rule. After this hike we will drive south on Highway 156 to hike the Sherwood Forest trail. This is a 2.5 mile easy loop trail located near Sewanee and offers nice bluff views. There is an amazing natural rock bridge and many rock formations. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarapollard@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Jan 3 - Percy Warner Park, Nashville TN. Deep Well Entrance. Red Trail. 5-6 miles. 1:30-4:00 PM. Kick off the New Year with a hike in the hills of Percy Warner. This has lots of up and down and portions are rocky so hiking sticks are recommended. To stay COVID safe the hike is limited to 10, so rsvp early. Please provide cell phone in case of weather cancellation. RSVP to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Jan 7 - Burch Reserve, Warner Parks, Nashville TN. 3 miles. Moderate. 10:00-11:30 AM. To temper the chill a mid-morning start time for this hike that has a bit of everything. Wide paved road to rocky single track and both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails (and parking should be easier as well!). Now that the leaves have fallen there are great views into the valleys from the ridge. To stay COVID safe the hike is limited to 10, so please rsvp early. Please provide cell phone in case of weather cancellation. RSVP to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Jan 7 – Bridgestone Firestone Centennial Wilderness WMA. Moderately strenuous for terrain and length. 8 miles. We plan to hike a loop consisting of segments of the Yellow Bluff, Caney Fork River, and Polly Branch Falls trails. We'll enjoy unique winter views of waterfalls, scenic overlooks and other natural features. We'll step off at 9:00 AM. Bring plenty of snacks and water and pack a lunch for the trail. We'll likely encounter muddy sections and creek crossings so pack accordingly. Register with Mark for meetup location, details, and updates: mark.hubbard@mhhub.us or 615-715-1517. *Alternate date for inclement weather: Friday, Jan. 15.*

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Jan 9 - Window Cliffs, Baxter, TN. We will hike to the Window Cliffs at the 275 acre Window Cliffs State Natural Area. It is managed by Burgess Falls State Park. Window Cliffs is a prominent geological clifftop feature that consists of a very narrow, elongated ridge that lies in the neck of an incised meander of Cane Creek. Winter, when the leaves are down and the visibility good, is a good time to visit these cliffs. There are 18 creek crossings on this 5.4 mile out and back hike. Hopefully the water will be low. Water shoes for the crossings are highly recommended and hopefully unnecessary. As much as I enjoy carpooling, everyone will be responsible for their own transportation. It's an hour and twenty minute drive from Nashville to the parking lot at: 8400 Old Cane Creek Road, Baxter, TN 38544. To register and for more information contact Karl Dupre at 615-207-2250 or karld@comcast.net.

Jan 13 - David Crockett State Park, Lawrenceburg, TN. 5.8 miles. Moderate. From the Crockett Falls parking area, we'll hike along the Crawfish Valley Trail which follows the lake, then take the Lake Road Trail to the Trail of Tears and then to the Turkey Ridge Trail which takes us to the park office. We'll pick up the Shoal Creek Trail which returns us back to Crockett Falls. The trails offer scenic vistas of Shoal Creek and Crockett Falls, limestone bluffs, abundant wildlife and serene forest. Meet at Crockett Falls parking area at 8:30 AM. Contact Kathy Woods at 615-473-6824 or kwoodz@comcast.net to register.

Jan 14 - Burch Reserve, Warner Parks, Nashville TN. A "Slant Light" moderate 3 mile hike that has a bit of everything. 3:00-4:30 PM. Wide paved road to rocky single track and both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails. Now that the leaves have fallen there are great views into the valleys from the ridge, and the colors should be great as the sun prepares to set. To stay COVID safe the hike is limited to 10, so rsvp early. Please provide cell phone in case of weather cancellation. RSVP to Niola Cusati: niolac@gmail.com or text 408-455-2472.

Jan 24 - Bells Bend Park Full Moon Hike, Davidson County TN. We will meet Sunday after sunset (6 PM) and walk 3-5 miles under the moonlight along wide trails and open meadows. Bells Bend park, located in western Davidson County, takes its name from a peaceful arc of the Cumberland River known as Bells Bend. Footwear: The trails can be muddy after a rain. Bring water and snacks. Bring a headlamp or flashlight - for emergency use only. Meet at the Bells Bend Outdoor Center, 4187 Old Hickory Blvd. Nashville, TN 37218 (2nd entrance) at 6 PM. But please register before going to the trailhead. Rain or cloud cover will cancel. Check this listing for day-of-hike updates. For more information and to register contact Doug Burroughs at doughburroughs@tennessee.usa.com or leave a message at 615-587-0085.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
plateautreas@tennesseetrails.org
BOARD REPRESENTATIVE: Bob Oboboski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

Come take a GUIDED hike with us. We offer a short 5 mile or less and a long 8+/-mile hike every Wednesday and two Saturdays a month. For additional information contact the hike coordinator plateauhikes@tennesseetrails.org. For a list of monthly hikes, visit the Plateau Chapter website at <http://ttaplateauchapter.blogspot.com>. Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking. Instead of carpooling to trailheads our hikers may opt to drive themselves.

Jan 6 - Big South Fork, Honey Creek Loop, Rugby, TN. This is one of the best hikes we do, featuring waterfalls, rock houses, and gorge overlooks. **Short Hike:** 3.5 mile half of the loop exiting the trail at the overlook with a road walk back to the cars. **Long Hike:** The trail is 6 miles and fairly difficult because of rock scrambles, stream crossings, and steep slopes. Although strenuous, the hike is worth the effort. Also, a portion of the hike is in a creek bed, so if we get a bunch of rain in the days before the hike - bring water shoes. A hundred yards or so of the creek bed is insanely slippery and must be hiked with extreme care. Depart 8 AM CT from the Crossville Cracker Barrel real lot. Carpool cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Jan 9 - Cherokee National Forest, Flats Mountain Trail. 6.1 miles. Moderate. The trail is part of the Cherokee National Forest, Citgo Creek Wilderness, Tellico Plains, TN. The trail begins at Eagle Gap on the Cherohala Skyway and ends at Bee House Gap on Citgo Rd. Most of the trail is downhill except for 1 short steep section. The trail offers spectacular views of the entire Citgo Creek Wilderness. Depending on the weather, The Plateau Chapter may spend the night in Tellico Plains then thru hike Bald River Falls trail or a new trail on Sunday. There are numerous rental cabins near Tellico Plains. If interested in the overnight option please email plateauhikes@tennesseetrails.org.

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Plateau Chapter – con't.

Jan 13 - South Cumberland State Park, Fiery Gizzard and Dog Hole Trails, Tracy City, TN. LONG HIKE: 6.9 miles. Moderate to strenuous. We will do a loop of 4.3 miles down Fiery Gizzard descending 400' and returning on the 2.6 mile 400' ascent Dog Hole Trail to Yellow Pines Falls passing 3 other falls along the way. **SHORT HIKE:** In/out 5.2 mile moderate to strenuous Dog Hole Trail with all the water falls. We begin at the Fiery Gizzard parking lot. Bring lunch to eat on the trail. Depart from Trinity Tabernacle Church on 127 South in Crossville at 7:30 AM CT, due to length of drive. Gas cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Jan 20 - Cumberland Trail, Heiss Mountain Possum Gorge South Section, Dunlap, TN. Strenuous due to length and elevation changes. LONG HIKE: This scenic 7.2 mile in/out strenuous hike is from the Heiss Mountain Trailhead north along Little Possum Creek to Stacked Rock and back. We'll see waterfalls, overlooks, an abandoned coal mine, bluff lines, and stream crossings. **Short Hike:** 4 miles in/out to Perkins Point Overlook and back. Depart 8 AM CT from Trinity Tabernacle Church on 127 South in Crossville. Gas cost is \$7. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Jan 23 - Cumberland Trail, Heiss Mountain Possum Gorge North Section, Graysville, TN. Strenuous due to length and elevation changes. LONG HIKE: This scenic 8.8 mile in/out strenuous hike is from the Retro Hughes Trailhead along Coalbank Branch and Little Possum Creek to Imodium Falls, and back. We'll see waterfalls, overlooks, an abandoned coal mine, bluff lines, and stream crossings. **Short Hike:** 4.6 miles in/out. Depart from Trinity Tabernacle Church on 127 South in Crossville at 8 AM CT. Gas cost is \$7. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Jan 27 - Cumberland Trail, Piney River Trail, Spring City, TN. Long Hike: 7.8 mile in/out moderate to strenuous to Hemlock Falls and back. **Short Hike:** 4 miles in/out to White Pines Cascades campsite and back. The hike will start at the Newby Branch Trailhead and has a 772 feet elevation loss. The trail passes through dense mountain laurel, rhododendron, hemlock, and hardwood forest. Waterfalls, cascades, rock houses, and bluffs abound along the trail. Depart 8 am CT from Trinity Tabernacle, 2028 S Main Street, Crossville, TN or meet at the Piney River Picnic Area on Shut In Gap Rd in Spring City, TN at 8:20 AM CT. Bring lunch, water and snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$3.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jane Ellett 423-309-7879
soddydaisy@tennesseetrails.org
HIKE COORDINATOR: Betsy Darken 423-718-2060
soddydaisyhikes@tennesseetrails.org
MEETS QUARTERLY: Tuesday of the week following the
TTA Board Meetings in Feb, May, Aug and Oct at 6:00
pm ET at Burk's United Methodist Church, 6433
Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

No formal hikes planned.

GO GREEN

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Cheryl Heckler at membership@tennesseetrails.org and please include your email address.

Don't Miss an Outing

Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013
Jenny Fitzgerald 615-517-8185
sumner@tennesseetrails.org
TREASURER: John Jones 615-533-0127
sumnertreas@tennesseetrails.org
BOARD REPRESENTATIVE: Duane Frichtl 309-830-9720
boardsumner@tennesseetrails.org

Jan 13 - Shelby Bottoms Park, Nashville. 3-4 miles. Easy. You can do part or all of the hike as suits you. Most is on level pavement. We will meet at 9:30 AM at the back of the Glenbrook Kroger parking lot, 1010 Glenbrook Way, Hendersonville, to caravan to the Wave Country parking lot in Two Rivers Park, Exit 10 off Briley Pkwy East, just past Opryland at 2320 Two Rivers Pkwy., Nashville 37214. You can also meet us at the Wave Country lot at 10 AM. The primitive trail section could be somewhat muddy if it has been raining, but generally hiking poles are not needed. Dogs on leash are welcome. Portable toilets are available in the parking lot and at the Forest Green trailhead about half way through the hike. Along the trail, we briefly detour to the scenic Cooper Creek trailhead and back, as well as to the historic Cornelia Fort airpark which is now part of Shelby. This airpark is now for walking/running/skating, but in 1963 it was the destination of Patsy Cline's airplane when it made its fatal crash near Camden, TN. It is also named after Cornelia Fort, the first female pilot to ever die while flying for our military in war time (1943). She narrowly escaped being killed when flying above Pearl Harbor on December 7, 1941 and coming in sight of the lead Japanese aircraft. Cornelia grew up on a farm near the airport land in Nashville. For further information about the hike, please contact John Thomas, 925-759-0517, johndt@sbcglobal.net or Donna Thomas, 925-759-0518, donnamt2@sbcglobal.net.

Check the TTA calendar and Sumner County Chapter emails for additional pop-up hikes in January.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

BOARD REPRESENTATIVE/HIKE COORDINATOR:
Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org
TREASURER: Pete Broehl 931-738-3551
uppercumberlandtreas@tennesseetrails.org

Please check online calendar for updates.

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

- Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc.), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information.
- Please identify any hikes that are multi-chapter events.
- Please **DO NOT** format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise, fitness, or fear of heights and suspension bridges.

All submissions should be made by e-mail to editor@tennesseetrails.org. This e-mail address is automatically copied to our webmaster. All submissions **MUST** be received by the 10th of the month **PRIOR** to the hikes (i.e., February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

LEAVE NO TRACE PRINCIPLES

- ❖ Leave what you find.
- ❖ Minimize Campfire Impacts.
- ❖ Respect wildlife.
- ❖ Be considerate of other visitors.
- ❖ Plan ahead and prepare
- ❖ Travel and camp on durable surfaces.
- ❖ Dispose of waste properly.

OFFICERS:

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ARE LISTED WITHIN EACH CHAPTER'S HEADER

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LouAnn Partington 931-393-4835
editor@tennesseetrails.org

Joining TTA as a New Member?

Membership Up For Renewal?

Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

TIP

Dressing in layers will allow you to adjust to different levels of exertion. Weather can change unexpectedly in the spring, fall and winter, and proper layering will help keep you comfortable, warm and dry.

Attention:

Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:
www.tennesseetrails.org/release.php.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- ☐ **A NEW MEMBER**
☐ **RENEWING MY MEMBERSHIP**

Jan 21

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

____ Individual \$25.00
____ Family \$35.00
____ Student (FULL TIME) \$15.00
____ Supporting (\$50.00, \$100.00 or more)
____ Life Member (Individual) \$500.00
____ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Primary Phone (____) _____ Zip _____ -- _____
Alternate Phone (____) _____
Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
☐ Mailing address
☐ Telephone numbers

☐ I would like to receive my newsletter by
mail.

Please list me with the following chapter:

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ East TN (Oak Ridge/Knoxville)	____ Plateau (Crossville)
____ Highland Rim (Manchester/Tullahoma)	____ Soddy Daisy
____ Jackson	____ Sumner Trails (Sumner County)
____ Memphis	____ Upper Cumberland (Sparta/Cookeville)
____	____ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!