

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

2021 TTA ANNUAL MEETING

The Nashville and Sumner Trails Chapters will host the TTA Annual Conference October 22 - 24, 2021 at Montgomery Bell State Park in Burns TN. Address: Lodge Montgomery Bell, 1000 Hotel Ave, Burns, TN 37029.

Meeting Registration: The registration form is found in this month's TTA Newsletter and in the Annual Meeting area of the TTA website.

Lodging: Montgomery Bell's Lodge has newly renovated rooms, or there is camping inside the State Park. There is also commercial lodging in Dickson and other nearby towns. Guests can purchase all meals at the **Lodge Restaurant**. The Lodge also now has a **Lounge** serving alcoholic and nonalcoholic drinks. TTA will provide a **Cash Bar** in the main Meeting Room Friday and Saturday nights.

Registration information for Lodge Rooms: Phone the Lodge Montgomery Bell directly to make your reservation (615-797-3101 or 800-250-8613). Provide our GROUP CODE 9880 to receive special discount pricing on the Inn Rooms. Inn Rooms (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required (\$143.44/night; includes the tax. Same price as last year!). Any remaining group rate rooms will be released for general reservation on 9/7/21, so don't wait until the last minute! (Discounts for Seniors, Veterans, and Tennessee State Employees are available only when booking separately from our group rate.)

Note: There will be a direct internet link to access our TTA Group reservations in the Annual Meeting area of the TTA website.

For the **Campground**, contact the Park Office at 615-797-9052 or

<https://tnstateparks.com/parks/campground/montgomery-bell>. Note: The park does not hold any campground sites for our group and takes reservations on a first come first served basis. All sites come with a grill, fire ring, picnic table, and access to the bath house (toilets, sinks, showers with hot water). Campground sites are \$18-36/night, before taxes. Reservations may be cancelled up to and including 2 days prior to the scheduled arrival date with a refund of all campground fees - minus the \$5.00 advanced reservation fee. Be sure to read the Campground Firewood Policy. (As of early February, a couple of campsites had already been booked for these dates!)

Hikes: In addition to Montgomery Bell, our hikes will include other nearby State and Municipal Parks and urban hikes in Nashville. There will also be several types of programs in the Lodge.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters, and they will elect TTA Board Members for the 2022 Calendar Year.

Fundraising: Live Auction, Silent Auction, White Elephant Sale, Bake Sale, TTA Logo T-shirt sales, and direct donation will be available. Funds received will go toward the Evan Means Grant Program. Individual Chapters may also have fundraising or sales programs. Forms for soliciting auction items are on a separate page, and they have been forwarded to all Chapter Chairs.

Members of the Nashville and Sumner Trails Chapters are looking forward to hosting hikers from across Tennessee!

2021 TTA Annual Meeting Brief Schedule

Friday, October 22, 2021

1:00 pm: Meeting Registration opens, and afternoon hikes commence.
4:00 pm: MBSP Lodging Check-in
5:00 pm: Dinner
7:00 pm: Evening Activities

Saturday, October 23, 2021

7:00 am: Breakfast
8:00 am: Hikes depart.
5:00 pm: Dinner
6:00 pm: General TTA Membership Meeting
7:00 pm: Live Auction (immediately follows Membership Meeting), then entertainment activities

Sunday, October 24, 2021

7:00 am: Breakfast
8:00 am: Hikes depart, and Board Meeting starts
10:00 am: MBSP Cabin checkout deadline
11:00 am: MBSP Lodging room checkout deadline.

Preliminary List of 2021 TTA Annual Meeting Hikes

October 22-24, 2021, are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we are planning and make your plans to be there!

Travel times are driving times from the Montgomery Bell State Park Lodge to the hike trailhead.

FRIDAY HIKES:

History hike at Montgomery Bell. Led and guided by State Naturalist, Randy Hedgepath.

Wildcat, Ore Pit, Jim Bailey Nature Trail at Montgomery Bell. 4 miles

SATURDAY HIKES:

Beaman Park. 6 or 12 miles. Moderately strenuous to strenuous for terrain and length. The 12-mile Laurel Woods Trail opened in October of 2020 and is the latest addition to Beaman Park. This beautiful new loop offers hikers the chance to get further into the park's backcountry.

55-minute travel time

Bowie Nature Park. 8-mile loop. Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art. 33-minute travel time

Downtown Nashville historical and urban hike. 7 miles. To include, state capitol, Courthouse Square, Union Station, civil war sites, honkytonk district, river views, new convention center and various architectural gems. 52-minute travel time

Harpeth River State Park outing. 3-4 miles. To include Narrows of the Harpeth, Mace Bluff, Newsome Mill, Hidden lakes, and possible Mount Bottom (Native American Mounds). 31-minute travel time

Johnsonville History Hike. 5 miles. Enjoy a Ranger led hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African- American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles. 1 hour travel time

Montgomery Bell State Park. Combinations of overnight trail, 10.5-mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This park has a great combination of history, wooded terrain, and lakes. And you are close to your lodgings - easy commute!

Montgomery Bell 1/2 loop. 7 miles. To include pre-park history

Mousetail Landing. Eagle Point Trail. 8 miles. Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views. 1 hour 25-minute travel time.

Natchez Trace Historical and Waterfall outing to include Devil's Backbone Natural Area: 3 miles moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing. 1 hour 17-minute travel time.

Nathan Bedford Forrest State Park. 8-mile hike on rerouted trails due to storm damage with great views of Kentucky Lake. Options include a visit Pilot Knob, the highest point in west Tennessee and a visit to the park's Folklife Center. 1 hour 22-minute travel time.

SUNDAY HIKES:

Bicentennial Mall State Park. With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger. 52-minute travel time.

Long Hunter State Park, Volunteer Day Loop. 4 miles fully wooded with bluffs overlooking the shores of J. Percy Priest Lake. 1 hour 13-minute travel time.

Natchez Trace State Park. Cub Lake Trail 4-mile loop. This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas. 1Hour 21-minute travel time.

Percy Warner Park. Warner Woods Trail 2.5-mile loop. This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles. 46-minute travel time.

Narrows of the Harpeth at Harpeth River State Park. An easy, 1.6-mile hike for people of all ages with a beautiful overlook of the Harpeth Valley from the top of limestone bluffs. 28-minute travel time.

**2021 Annual Meeting
October 22-24, 2021
Montgomery Bell State Park (Burns TN)**

**REGISTRATION FORM
DUE ON OR BEFORE
September 30, 2021**

Please provide the name of each member of your family attending.

Name:	Name:	Name:
Address:	City:	State: Zip:
Telephone – Day: Night:	Email:	Chapter:

Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A block of Inn Rooms and Cabins will be held until midnight Tuesday September 7. After this time, the Park will release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).

For INN ROOMS and CABINS, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Provide the reservationist our GROUP CODE 9880** to receive special discount pricing on the Suites and Inn Rooms. **Inn Rooms** (some have 1K; some have 2Q) requires a deposit of one full night's stay. (\$143.44/night; includes the tax). Discounts for Seniors, Veterans and Tennessee State Employees are available only when booking separately from the group rate.

For the CAMPGROUND, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). Prices range from \$15 to \$35 depending upon your camping site (RV or primitive). (There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: <https://tnstateparks.itinio.com/montgomery-bell>

Meals will be available at the Lodge's restaurant. You will be ordering directly from the restaurant menu and you will be responsible for meal purchases. Lunch bags are available and must be preordered.

Order your lunch bag here			
Lunch bag (circle selection)	SATURDAY - Turkey or Vegetarian <i>Sandwich on wheat bread, with chips, cookie, fruit and water</i>	# of people _____ x \$13.00pp	\$
	SUNDAY - Turkey or Vegetarian <i>Same as above</i>	# of people _____ x \$13.00pp	\$
			TOTAL: \$

Order your T-Shirts here (Circle your choices) All shirts will be tri blend (65% polyester), light gray with darker gray flecks, athletic fit- close to the body			
Short sleeve: Small Medium Large XLarge (\$24)	# of shirts _____ x \$ _____	\$	
XXLarge (\$26) XXXLarge (\$28)			
Long Sleeves: Small Medium Large XLarge (\$28)	# of shirts _____ x \$ _____	\$	
XXLarge (\$30) XXXLarge (\$32)			
			TOTAL: \$

EARLY REGISTRATION FEE (postmarked on or before September 30th) # of people ____ X \$30 = Total _____

(The full amount is required of each participant, regardless of the number of days attending.)

LATE REGISTRATION FEE (postmarked after September 30th) # of people ____ X \$40 = Total _____

Yes, I would like to donate to support the Evan Means Grant Program:

Funds will be used to support trail projects. Your support is greatly appreciated.

Donation \$ _____

TOTAL DUE (registration, lunches, T-shirts, and donation) **Total Due \$** _____

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and mail them to:

Tennessee Trails Association c/o June Callahan
3008 Halenwood Circle, Franklin, TN 37067

Need more information? Contact June Callahan at 615-945-7462 or june369@outlook.com

An email confirmation will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. No refunds will be made after October 5, 2021. Persons cancelling before October 5 will be refunded in full, less the \$30 Registration Fee.

TTA acknowledges the changing situation regarding the impact of COVID-19. The TTA Annual meeting will conform to current TN State Park guidelines. Attendees are encouraged to receive a COVID-19 vaccine.

2021 TTA Annual Meeting T-shirt

Get your T-shirt with the new TTA logo. Shirts will be Tri-blend (65% polyester), so they will work well for hiking. Color will be **light gray with flecks of darker gray**. The T-shirts have an athletic fit, so they will fit close to the body. If you are unsure of size, consider ordering a size larger. Costs for Short Sleeve will be \$24 for small, medium, large and XLarge, \$26 for 2XLarge, and \$28 for 3XLarge. Costs for Long Sleeve will be \$28 for small, medium, large and XLarge, \$30 for 2XLarge, and \$32 for 3XLarge. Shirts will only be available for pre-order using the 2021 Annual Meeting registration form.

Demo only – TTA T-shirts will be light gray with flecks of darker gray.



Hike for Health – A Benefit for All

May 17th, 2021 was a bright and cheerful Monday morning that promised good things to come for people who were out and about. And, out and about some 30 people were, as participants in the Covenant Health/Cumberland Medical Centers third annual Hike for Health. This program was started in 2019, and gives people of all levels of fitness, a chance to engage in an activity that is conducive to improving one's quality of life through reducing stress and anxiety.

The May 17th hike was just one of 13 weekly hikes that take place on either paved, groomed, or a combination of both type trail surfaces. Each hike is approximately a mile in distance and gives those, who partake in each one, a chance to complete a half marathon.

Each hike requires a hike leader and Plateau Chapter members supported 10 of the 13 hikes by taking on this responsibility. Cheryl Heckler, John and Carol Conrad, John and Deb Martin, and Connie Obohoski have led hikes taking place each Monday since the start of this year's program on April 5th. Pictured below is Plateau Chapter Chairman, Norm Brinsley and the day's hike leader, Connie Obohoski. The hike took place on the Cumberland Mountain State Park's ADA trail; beginning at the park office's parking lot and progressing to the wooden bridge and return. It was an enjoyable walk for everyone and some people elected to go beyond the officially prescribed distance.



From the sign used to designate the hike's starting point, it is evident that the Tennessee Trails Association (TTA) is a full partner and strong supporter of the program. John Conrad, Chairman of Friends of the Trails, an organization engaged in trail building, maintenance, and promoting hiking is passionate about the Hike for Health program and lends his support to the event as much as possible. Connie Obohoski, the day's hike leader, is a retired Air Force nurse and knows the value of moderate but regular exercise as a way of sustaining a healthy outlook on life. She commented that "starting your day with a walk helps keep the rest of your day full of sunshine". Connie's husband, Bob, a hike leader, trail builder, and the Plateau Chapter's TTA Board Representative, supported the day's hike by walking at the end of the group to ensure everyone finished safely.



Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours: Monday - Thursday
8 AM – 3 PM CT
Phone: 931-456-6259
Office Staff: Sade Williams
Email: cumberlandtrailsconference@gmail.com
Website: www.cumberlandtrail.org

The CTC trail crew continues to work on trails connecting to the Head of Sequatchie. Approximately 4800 feet of trail has been built in the past 11 weeks. When work is complete on this section, the total distance will be close to a mile. The crew is working on the last part of this section which features an impressive bluff area with stone steps.



CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org

VICE-CHAIR & BOARD REPRESENTATIVE:
Ryan Dowdy 615-925-1796
clarksville@tennesseetrails.org

TREASURER:
Mary Schwab 931-801-7172
clarksvilletreas@tennesseetrails.org

SECRETARY:
Mary Ann Harris 931-647-9321
clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Please call hike leaders to confirm hike time and meeting place.

Jul 10 - Garden of the Gods trip. We will cross the Ohio River on a free ferry and visit Cave-In-Rock State Park. Cave-in-Rock was a refuge for frontier outlaws and river pirates. The trail goes down a lot of steps and follows a short distance along the Ohio River riverbank to the mouth of the cave. You can go into the cave for about 50 yards to a large room with a hole to the roof which lets in sunlight. There are bathrooms at the park. Next we drive to Rim Rock Recreational Trail a 1.4 mile moderately difficult loop trail on natural turf. It goes around the rim of a rock escarpment and down through a crevice in the rock cliff to the valley floor where it meanders through large rock formations. It loops back up through the woods to the trailhead. We will eat lunch at a picnic table near the trail head. There is a porta potty near the picnic tables. Next we drive to Garden of the Gods and hike the 1/4 mile moderately difficult Observation loop Trail on a flagstone surface. The trail passed through unique sandstone rock formations with panoramic views. You can climb out on many of the rock formations; There are bathrooms in the parking lot; meet 7:00 am CT at Krogers Dover Crossing parking lot. 111 miles to Garden of The Gods. Contact Paul Schwab 931-645-9068.

Jul 17 - McGregor Park Cumberland Riverwalk Pavilion, out and back, to Ft. Defiance. 2.7 miles. Easy. We can eat lunch after the hike at Wendy's; The whole hike is paved. We walk along both the Cumberland and Red Rivers, cross the Red River on a highway sidewalk and hike up switchbacks through the woods to the Fort's museum. There are a couple of vistas overlooking downtown Clarksville and a few Civil War cannons along the way. The museum has bathrooms, exhibits and a shot video; meet 9:00 am CT McGregor Park Cumberland Riverwalk Pavilion This is where the flags are. Contact Phyllis Haddock 931-206-6245.

Clarksville Chapter – con't.

Jul 20 - Monthly Chapter Meeting. Because of the pandemic we will not share food or drink. Please bring food and drink for yourself only. Contact Philip Anderson 931-561-0925.

Jul 24 - Meriwether Lewis Site, Natchez Trace Parkway. We will hike a 6 mile loop moderately difficult trail through the woods. The trail is on natural turf. We will hike beside Swan Creek part of the way and eat lunch at a picnic table next to the creek. There are bathrooms at the trailhead and where we eat lunch. Meriwether Lewis, the leader of the Lewis and Clark Expedition, was traveling to Washington DC on the Natchez Trace. He was staying overnight here in a cabin. Two shots were heard during night which killed him. It was concluded that he probably committed suicide. There is a large monument here in his honor. We will drive a short distance after the hike to a swimming hole in the Buffalo River; meet 8:00 am CT at Big Lots parking lot on Riverside Drive. 86 mile to trailhead. Contact Suva Bastin 931-216-0325.

Jul 31 - Pennyryle State Park. 3 miles. Moderate. Most of the hike is on natural turf through the woods. We start near the lodge and hike around a beautiful 56 acre man-made lake. You can't see the lake all of the time. There is a sandy beach near the end of the trail where swimming is an option. There are bathrooms at the beach. We continue hiking a short distance past the beach to the lodge and eat lunch. The lodge restaurant has a good Buffet. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 49 miles to trailhead. Contact Cinde Jones 870-215-8993.

GO GREEN

Electronic Newsletter Available

This is reminder that you can receive your monthly newsletter via email. If interested please contact Cheryl Heckler at *membership@tennesseetrails.org* and please include your email address.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
columbia@tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

Jul 10 – Yanahli Park, Columbia, TN. *Your gateway to the biologically diverse Duck River, outdoor recreation, and environmental education!!* 922 Iron Bridge Road, Columbia, TN 38401. Don Hazel is the president of Tennessee Bluebird Association and is going to be giving a presentation on the Eastern Bluebird and all cavity nesting birds like Carolina Chickadees, and Carolina Wren just to name a few. We are meeting at 9:00 am at Yanahli parking lot near the restrooms area. Maury County parks will have a table set up for everyone to register and they are furnishing refreshments. If folks have binoculars, please bring them as this is a birding and nature walk. Please wear waterproof shoes/hiking boots because there may be wet grass because of dew still on the grass. If it is raining, we will reschedule the walk. Yanahli is a Chickasaw word meaning “to flow through”: The Chickasaw and other tribes have been using the Duck River as a major transportation and food source dating back at least 11,000 years. The leader of this hike is Ray Edge, edgewoodray0514@gmail.com. Meeting place and time to be sent prior to hike.

Jul 24 – Cheeks Bend Trail (Yanahli Wildlife Management). The Park provides connectivity to the 12,000-acre Yanahli Wildlife Management Area. Cheeks Bend 800-acre natural area is a part of the Duck River Complex of State Natural Areas located within Yanahli Wildlife Management Area (WMA) and managed by the TWRA. Cheeks Bend Bluff View Trail is a two-mile trail that wanders along the bluff overlooking the Duck River. The trail intersects with Rummage Cave, a short, horizontal cave with five oval rooms about 30 feet wide that bring you near the base of the bluff. The leader of this hike is Chris Hoffman, chrishoffman51@gmail.com. Meeting place and time to be sent.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Jul 17 - White Oak Sinks in GSMNP. We'll begin our hike at School House Gap trailhead entrance. We'll hike to the sinks and make our way to where the bat cave is located. There's much to see in this area including remnants of old homesteads and beautiful flowers. After taking in the sights, we'll make our way back to our cars for a total of approximately 5 miles. This hike is rated easy with very little elevation gain and good for all skill levels. Let's meet at Browns Creek Shopping Center parking area in Maryville (close to the Sonic) at 8:00 am. We expect to be at the trailhead about 9:00 am. Don't forget to bring water, snacks and \$\$\$ for carpooling. Please preregister for this hike with Rosie at rosemary_1@hotmail.com or 865-985-9144.

Murfreesboro Chapter Celebrates 40 Years

The Tennessee Trails Association was formed in 1968 but it wasn't until 1981 that the Murfreesboro chapter was chartered.

Current and former chapter members were invited back for the annual chapter picnic June 8 at the Barfield Crescent Park pavilion to celebrate the 40th Anniversary. The celebration was finalized with a group photo and a 40th year commemoration cake. Those attending were Co-Chairs Jeanne Conatser and Sara Kennedy, Anna Bertram, Fount Bertram, Jay Brain, Joe Campbell, Katy Ginanni, Mary Belle Ginanni, Geoff Hull, Patty Hull, Pete Jacobs, Rene Jacobs, Sandy Lewis, Edie McFarlin, Sara Pollard, Georgeanne Ross, Judith Rusciollelli, Nabil Wakid, Gayle Yancey, and Wayne Yancey.



HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115

highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Tom Hartvigsen 931-962-0811

(contact Tom & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday

Jul 8-11 – Big Hill Pond State Park, Pocahontas, TN. Camping, hiking and kayaking. Joint outing with the Nashville Chapter. We have reserved a lovely, shaded Group Campsite, arriving Thursday July 8 for three nights. We are paddling the Ghost River in LaGrange Friday morning, July 9. See separate listing for information on registering for the Ghost River Paddle. On Saturday we will hike the loop around Travis McNatt Lake with side trips to the 70 ft. Observation Tower and the Cypress Dismal Swamp Boardwalk. This is one of the Fran Wallas hikes. Sunday morning we can paddle Travis McNatt Lake inside the Park. Please register early with Joan Hartvigsen for a spot in the Group Campsite, *jhartvigs@comcast.net* or 931-636-2914.

Jul 9 – Ghost River Paddle. LaGrange. TN. Strenuous for length. 9 miles, 6-8 hours. Joint outing with the Nashville Chapter. The Ghost River meanders through bottomland hardwood forests, cypress-tupelo swamps and open marshes. This will be a professionally guided paddle. Kayak rentals are \$40 plus tax each and shuttle service if you bring your own kayak is \$10 each. We'll divide the cost of the guide which is likely to be about \$25 per paddler or less depending on the size of the group. We'll need to be at the take out location by 10 am so many of us will stay locally Thursday night. Group reservations must be made in advance and are non-refundable but transferable. Please register with Mark Hubbard by July 1: *midtn@tnhiker.net* or (615) 669-3221. To save a spot in the reserved Group campsite at Big Hill Pond State Park contact Joan Hartvigsen: *jhartvigs@comcast.net* or 931-636-2914. Alternate date for inclement weather: Friday, July 16.

Jul 15 - Greeter Falls to Alum Gap and back to Blue Hole for swimming. South Cumberland State Park. 556 Greeter Falls Road, Altamont, TN. 4 miles. 550 foot elevation change. Moderate. Register with Marietta Poteet, *nannietta@benlomand.net* or 931-924-7666. This hike features three beautiful waterfalls, great views at Big Bluff Overlook and a clear, cool, spring fed swimming hole. You will need a lot of drinking water, lunch, hiking boots and hiking sticks. Wear quick dry clothes for your swim in Blue Hole and bring a towel to keep in the vehicle.

Highland Rim Chapter – con't.

Jul 17 - Elk River Float, Winchester, TN. Tims Ford Dam Tailwater to Farris Creek Bridge. Joint activity with the Murfreesboro Chapter. Meet at 8:00 am CT at the put in on the Elk River just below Tims Ford Dam, Tennessee Highway 50, to arrange the vehicle shuttle. Turn into the parking lot marked "River access" off Hwy 50 before the bridge across the Elk River. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914. This paddle has an easy put in and take out. In addition to your boat, paddles and pdf, bring a lot of water, lunch, hat and sunscreen.

Jul 26 – Shakerag Hollow Hike, Sewanee Perimeter Trail, The University of the South. 3 miles total round trip mileage. Moderate. Bring water, hiking sticks and wear sturdy hiking boots. We will hike from Marcia Medford's home to Green's View and return. Meet at 3 pm at Marcia's home, 112 Midway Road, Sewanee, TN. Please register for the hike with Joan Hartvigsen *jhartvigs@comcast.net* or 931-636-2914. After our hike we will gather at Marcia's place for potluck dinner and meeting.

Jul 26 – Highland Rim Chapter Potluck Dinner and Chapter Meeting. 6:30 – 8:00. Marcia Medford's home, 112 Midway Road, Sewanee, TN. Marcia Medford has opened her home and yard for our July meeting. We will begin at 6:30 pm with a potluck dinner followed by a meeting and campfire at 7:00. Bring a dish to share and your own beverage; also bring a camp chair and firewood. Meeting program to be announced. A 3 mile hike on the Shakerag Hollow trail will be offered before the meeting. Contact Highland Rim Chapter Chair Patty Deen for more information, *pdeen@palomar.edu* or 760-703-8115.

Jul 31 - -Short Springs Work Day. Meet at 8:00 am in the parking lot, 2250 Short Springs Road, Tullahoma. Bring loppers, pruners and work gloves. Other specific tasks will be announced later. Please let Joan Hartvigsen know you can help, *jhartvigs@comcast.net* or 931-636-2914.

Planning Ahead:

Aug 11-14 – Frozen Head State Park Camping and Hiking. Multi-Chapter event. We have reserved a group campsite at the Flat Fork Campground, arriving August 11 for three nights. This campground is "air conditioned" by the creek and heavy shade. Please contact Joan Hartvigsen for a spot in the group campsite, *jhartvigs@comcast.net* or 931-636-2914. Wednesday's hike: Judge Branch Trail. Thursday hike: Rocky Fork, Ross Gap, Bird Mountain, Cumberland Trails combo. Friday hike: North Old Mac Trail to Panther Branch Trail, spur to Emory Falls, continue on Panther Branch Trail to road leading back to Flat Fork Campground. Please register for Thursday's hike with Mark Hubbard.

Con't. on next page

Highland Rim Chapter – con't.

Aug 12 – Frozen Head State Park. Wartburg, TN. Strenuous for length and 1,800 foot elevation change. 8 miles, 5-6 hours hiking time. This will be a multi-chapter hike co-led by Wartburg native Bill Hennessee. We'll provide more details as plans are confirmed. Our route includes segments of the Rocky Fork, Ross Gap, Bird Mountain, and Cumberland Trails. We'll hike a steady incline to the top of England Mountain past Mushroom Rock, the affectionately known "Pillars of Doom," and Castle Rocks. Some of us will head over to the Lilly Pad Hopyard & Brewery for dinner afterwards. Bring snacks, plenty of water, and pack a lunch for the trail. Don't forget insect and sun protection. Please register with Mark Hubbard, Mark.hubbard@mhhub.us or 615-715-1517.

Sep 10-12 – Camping on Devils Step Island on Tims Ford Lake. Kayaking on Tims Ford Lake. Joint outing with the Murfreesboro Chapter. Contact Joan Hartvigsen to reserve a spot on Devils Step Island, jhartvigs@comcast.net or 931-962-0811. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Campground early. Or paddlers can meet us at 8 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening we will paddle in the local area. Saturday morning at 8 am we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area.

Sep 30-Oct 4 – Mammoth Cave National Park Expedition. Joint event with the Murfreesboro and Nashville Chapters. Mark Your Calendars! We are planning a 4-night camping trip to Mammoth Cave NP in Kentucky. We have reserved a group campsite in the Maple Springs Campground. There is a maximum of 16 participants for this event. Due to parking restrictions and other logistics, participants with an RV will need to make their own reservations in the nearby Mammoth Cave Campground. The weekend will include a Friday morning cave tour followed by an afternoon hike around the main visitor area; on Saturday we will take a full-day hike from the Maple Springs trailhead. On Sunday there will be a hiking/biking option or full-day Nolin River Paddle using a local outfitter. Details for this weekend are still being determined. Please contact Patty Deen pdeen@palomar.edu to indicate your interest in this event.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org
SECRETARY/TREASURER: Terry Warren 731-535-0625
jacksontreas@tennesseetrails.org
HIKE COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
FACEBOOK COORDINATOR Priscilla Campbell 731-217-2552
jacksonfacebk@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 pm CT

There will not be a chapter meeting in July.

Looking Ahead

Aug 2 - Chapter Meeting at North Park. 6 pm. We will be planning fall hikes.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

See you in September!

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
djconatser@comcast.net

Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR: Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent
Park's Wilderness Station, 401 Volunteer Road,
Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Jul 17 – Elk River Float. Winchester. Tims Ford Dam Tailwater Hwy 50 to Farris Creek Bridge. Joint activity with the Highland Rim chapter. Meet at 8:00 am CT at the put in on the Elk River just below Tims Ford Dam on TN 50 to arrange the vehicle shuttle. This paddle has an easy put in and take out. Bring a lot of water, lunch, snacks and sunscreen. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Jul 20 – Radnor Lake State Park. Nashville. 5 miles. Moderate. Radnor Lake State Park is a 1,368-acre urban park and is unique due to the abundance of wildlife. We will hike the Ganier Ridge Trail and South Radnor Lake Loop. This hike is rated as moderate, but there are a couple of steep climbs. There are usually deer, waterfowl and woodland bird sightings on this hike. Bring water and a snack. We will eat lunch at a local restaurant after the hike. For meeting time and to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Jul 24 – Mammoth Cave National Park. Mammoth Cave, KY. To register for the cave tour choose the 11:45 am Historic Tour but you must buy tickets online and do it EARLY at <https://www.nps.gov/macaplanyourvisit/cave-tours.htm>. There are trails around the park if you just want to hike. The park is located in west-central Kentucky. The Green River runs through the park, with a tributary called the Nolin River feeding into the Green River just inside the park. The national park has rolling hills, deep river valleys and the world's longest known cave system in the world with more than 400 miles of surveyed passageways. The cave's name refers to the large width and mammoth length of the passages connecting to the Rotunda just inside the entrance. For more information on this trip, call or text Jeanne Conatser at 615-971-8894.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085
nashville@tennesseetrails.org

HIKE COORDINATOR: Barbara Bennett 202-236-0880
nashvillehikes@tennesseetrails.org

(email Barbara & volunteer to lead an outing)

MEETS MONTHLY: Meetings suspended temporarily pending
COVID 19 restrictions

Jul 9 – Ghost River Paddle. LaGrange, TN. Strenuous for length. 9 miles, 6-8 hours. Joint event with the Highland Rim Chapter. It's likely that this section of the Wolf River is unlike any you've experienced before. The Ghost River meanders through bottomland hardwood forests, cypress-tupelo swamps and open marshes. This will be a professionally guided paddle. Kayak rentals are \$40 plus tax each and shuttle service if you bring your own is \$10 each. We'll divide the cost of the guide which is likely to be about \$25 per paddler or less depending on the size of the group. We'll need to be at the takeout location by 10 am so many of us will stay locally Thursday night. Group reservations must be made in advance and are non-refundable but transferable. Please register with Mark by July 1: midtn@tnhiker.net or 615-669-3221. To save a spot in the reserved campsite contact Joan Hartvigsen: jhartvigs@comcast.net or 931-962-0811. Alternate date for inclement weather: July 16.

Planning Ahead:

Aug 12 – Frozen Head State Park. Wartburg, TN. Strenuous for length and 1,800 foot elevation change. 8 miles, 5-6 hours hiking time. This is a joint hike with the Highland Rim, Murfreesboro, and Soddy-Daisy chapters and part of a 3-night event (see Highland Rim listing for more details.) Our route includes segments of the Rocky Fork, Ross Gap, Bird Mountain, and Cumberland trails. Co-led by Wartburg native Bill Hennessee, we'll hike a steady incline to the top of England Mountain past Mushroom Rock, the affectionately known "Pillars of Doom," and Castle Rocks. Some of us will head over to the Lilly Pad Hopyard & Brewery afterwards. Bring snacks, plenty of water, and pack a lunch for the trail. Don't forget insect and sun protection. Please register with Mark Hubbard, midtn@tnhiker.net or 615-669-3221 for details and updates. Please contact Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914 for information on camping at the Flat Fork group campsite arriving August 11 for three nights.

Sep 30 – Oct 4 - Four Day Mammoth Cave National Park hiking, camping and cave tour. Mammoth Cave, KY. Joint trip with Highland Rim chapter. Group camp site reserved for Maple Springs campground. For more details, see Highland Rim chapter description. Register with Patty Dean, Highland Rim chapter for campsite pdeen@palomar.edu or 760-703-8115. For more information, contact Dianna Richter at 615-587 9633 or nodak@gardener.com.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
BOARD REPRESENTATIVE: Bob Oboboski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

Come take a GUIDED hike with us. We offer a short 5 miles or less and a long 8+/- mile hike every Wednesday and two Saturdays a month. For additional information contact the hike coordinator email *plateauhikes@tennesseetrails.org*. For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>.

Jul 7 - Pickett State Park, Jamestown, TN. Pogue Creek, Moccasin Rock & Ridge Trails. Short Hike: 4 mile moderate thru hike ending on Black House Mountain Rd. Shuttle required. **Long Hike:** This will be a 6.6 mile moderate thru hike in Pogue Creek Gorge to the Pickett SP picnic area which will require a car shuttle. Features include rock houses, rock bluffs and an overlook. Pack sunscreen, bug spray, water, snacks and lunch. Depart from the Crossville Cracker Barrel rear parking lot 7:30 am CT. Gas cost \$6. Text or email the hike leader 931-267-2243 or email *plateauhikes@tennesseetrails.org*.

Jul 14 - Big South Fork, Allardt, TN. Burnt Mill Bridge Trail. Short hike: 5 mile moderate loop along Clear Fork Creek. **Long hike:** 5.5 mile moderate loop plus an off trail strenuous adventure to the falls and back. Pack sunscreen, bug spray, water, snacks and lunch. Depart from the Crossville Outlet Mall west parking lot at 7:30 am CT. Gas cost \$6. Text or email the hike leader 931-267-2243 or email *plateauhikes@tennesseetrails.org*.

Jul 17 - Sparta History Tour, Sparta, TN. Visit the White County Heritage Museum with a surprise antique pistol and many other items from White County history. We will walk through the Old Sparta Cemetery with many old graves including Abraham Lincoln's cousin and Confederate General George Dibrell. Walk across the Calfkiller River before having lunch at the Tavern Grill in Sparta (very good food). On our return we will stop at the Rock House (former stagecoach stop) if it is open and the old Bon Air Cemetery. Bring water and snack. Depart 8:30 or 9 am CT (TBD) from Tractor Supply parking lot on West Ave in Crossville. Gas cost is \$5. Participants must contact Bill Harris email *titan55@charter.net* no later than July 15 to sign up.

Plateau Chapter - con't.

Jul 21 - Head of Sequatchie (HOS), Warrior Path Trail, CT Brady and Stinging Fork Branch Trails. Short Hike: 3.5 miles moderate to strenuous in/out on either the Brady or Stinging Fork trail plus Warrior Path Loop. **Long Hike:** 6 miles moderate to strenuous in/out on newly constructed trails from HOS toward Brady and Stinging Fork plus the Warrior Path Loop to Devils Step Hollow Cave. Depart 7:30 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN. Gas cost is \$3. Pack sunscreen, bug spray, water, snacks and lunch. Contact the hike coordinator *plateauhikes@tennesseetrails.org* or text/call 931-267-2243 for more info.

Jul 28 - Pickett State Park, Jamestown, TN. Ladder, Bluff, Lake and Island Trails. We'll hike 5 miles on the Ladder, Bluff, Lake and Island trails. Bring water, snacks and lunch. Don't forget tick/bug spray and sunscreen. Depart 7:30 am CT from Cracker Barrel's rear lot in Crossville. Gas cost \$5. For additional information contact the hike coordinator, Deb Westervelt, *plateauhikes@tennesseetrails.org* or text/call 931-267-2243.

Jul 31 - Big South Fork, Black House Branch, Laurel Fork Creek and Fork Ridge Trails. We'll drive down Fort Ridge Road past Sawmill to the end of the road. **Short Hike:** 3.7 moderate to strenuous miles to the first water crossing and back. Hiker's choice if they want to continue past creek crossings on Laurel Fork Creek Trail. **Long Hike:** 9 moderate to strenuous loop miles crossing the creek twice. Laurel Fork Creek Trail follows the creek for 3.6 miles. Pack sunscreen, bug spray, water, snacks and lunch. Depart from the Crossville Cracker Barrel rear parking lot at 7:30 am CT. Gas cost \$7. Text or email the hike leader 931-267-2243 or *plateauhikes@tennesseetrails.org*.

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jane Ellett 423-309-7879
soddydaisy@tennesseetrails.org

TREASURER: Tom McElhone 805-208-4654
soddydaisytreas@tennesseetrails.org

ASSISTANT TREASURER: Bob McGavock 423-667-2690
soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Betsy Darken 423-718-2060
soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA
Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET
at Burk's United Methodist Church, 6433 Hixson Pike,
Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Jul 3 - Ritchie Hollow Trail to Natural Bridge in Prentice Cooper State Forest. Moderate-Strenuous. 8 to 10 miles. Waterfalls and trees and rocks and cliffs and—hold your breath—a natural bridge! Please register with hike leader Betsy Darken, 423-718-2060. Meet at Food City on Signal Mountain Road at 8:30 am.

Jul 6 - Bay Point Loop Trail in Harrison Bay State Park. 4.5 miles. Easy. This became the first Tennessee state park in 1937, after being developed by TVA and the CCC. Our trail goes along the shoreline of beautiful Chickamauga Lake. Meet at 8:30 am at the trailhead for the Bay Point Loop. Bring snacks and bug spray. Please register with hike leader Tammy Hendrick, 315-949-8187.

Jul 10 - Cravens House Loop: Upper Truck Trail to Upper Gum Spring Trail to Bluff Trail to Mountain Beautiful Trail to Hardy Trail. Moderate, 6.1 miles. Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*. Meet at Food City on Tennessee Avenue in St. Elmo at 8:30 am.

Jul 13 - Pioneer Trail. Cumberland Mountain State Park, near Crossville. Easy. 4.7 miles. This trail travels along a lake, into the woods, and then back along the lake. For those who are interested, we can add around a mile or so doing a second loop with a spur to see an impressive dam. Please register with hike leader Betsy Darken, 423-718-2060. Meet at Durham St, Soddy Daisy, at 8:30 am. Bring snacks, water, bug spray and sunscreen.

Jul 15 - Greeter Falls to Alum Gap and back to Blue Hole for swimming. 4 miles. 550' elevation change. Moderate. Joint hike with Highland Rim Chapter. Register with Marietta Poteet, *nannietta@benlomand.net* or 931-924-7666. This hike features three beautiful waterfalls, a great view at Big Bluff Overlook and a clear, cool, spring fed swimming hole. You will need a lot of drinking water, lunch, hiking boots and hiking sticks. Wear quick dry clothes for your swim in Blue Hole and bring a towel to keep in the vehicle.

Soddy-Daisy Chapter – con't.

Jul 17 - John Muir's 1000 mile walk to the Gulf. We will hike only 6 miles of this trek; moderate, along the beautiful Hiwassee River. (Hiwassee is the Cherokee word for a meadow at the foot of the hills.) We will start at the Appalachia Powerhouse and finish at Childers Creek Parking, which requires a car shuttle. Please register with hike leader Tammy Hendrick, 315-949-8187. Meet at 8:30 at Food City in Ooltewah, off exit 11 from I-75. Bring lunch and the other summer essentials.

Jul 20 - Rainbow Lake Loop on Signal Mountain. Easy. 3 miles. Meet at Rainbow Lake parking lot at 304 Ohio Ave. at 8:30 am. Please register with hike leader Earl Helmer, 770-877-0600 or *e_helmer@epbfi.com*.

Jul 24 - Emery Creek Falls Trail near Chatsworth, GA. Moderate. 5.9 miles. Out and back. This is a highly rated "adventurous" trail with many creek crossings, so bring good water shoes, preferably sturdy enough for hiking. Please register with hike leader Betsy Darken, 423-718-2060. Meet at the parking lot by Wendy's and the Chattanooga Mercantile, just a couple of blocks to the left (east) off Exit 1 of I-75, at 8:30 am.

Jul 27 - Conasauga River, a two-part hike with a total of about 4 miles. Easy. First we take a trail to the Conasauga River in the Chattahoochee National Forest (GA), which is about 2 miles in and out through a beautiful old growth forest. Then we drive about 8 miles north on a very good Forest Service road into the Cherokee National Forest (TN), where we take a trail that is also about 2 miles in and out and runs beside the Conasauga River the whole way. This is an easy, flat, wide path. The Conasauga River is truly a beautiful river with access to beaches, as well as waterfalls and cascades. Perfect for summertime. Please register with hike leader Trish Appleton, 423-240-3443 or *appleton-p2@comcast.net*. Meet in the parking lot behind (the closed?) Wendy's and Chattanooga Mercantile, a couple blocks left (east) off I-75 Exit 1, at 8:30 am.

Jul 31 - Pot Point Loop in Prentice Cooper WMA. 11.2 miles. Strenuous. Views of the Tennessee River valley, Natural Bridge. Bring lunch and bug spray. Please register with hike leader Tammy Hendrick, 315-949-8187. Meet at 8:00 am at Food City, 703 Signal Mountain Rd, at the base of Signal Mountain.

OFFICERS:

President

Libby Francis 615-319-7501
president@tennesseetrails.org

Vice-President

Duane Frichtl 309-830-9720
vicepresident@tennesseetrails.org

Treasurer

David Bowling 931-273-4202
treasurer@tennesseetrails.org

Secretary

Melinda Pearson 731-225-4293
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Libby Francis (2021) 615-319-7501
president@tennesseetrails.org
Duane Frichtl (2021) 309-830-9720
vicepresident@tennesseetrails.org
David Bowling (2021) 931-273-4202
treasurer@tennesseetrails.org
Mark Hubbard (2022) 615-715-1517
board@tennesseetrails.org
Melinda Pearson (2022) 731-225-4293
secretary@tennesseetrails.org
Susan Woods (2022) 731-441-8066
board@tennesseetrails.org
Cheryl Heckler (2023) 931-200-7436
membership@tennesseetrails.org
Jenny Fitzgerald (2023) 615-517-8185
board@tennesseetrails.org
Jane Coffey (2023) 615-614-1083
board@tennesseetrails.org

Regional Directors

West TN

Terry Warren (2023) 731-535-0625
regionalwest@tennesseetrails.org

Middle TN

Joan Hartvigsen (2022) 931-962-0811
jhartvigs@comcast.net

East TN

Patricia Appleton (2021) 423-332-6517
regionaleast@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

Marcia Powell 217-855-3013
Kathy Bryant 615-305-3424
sumner@tennesseetrails.org

TREASURER:

John Jones 615-533-0127
sumnertreas@tennesseetrails.org

BOARD REPRESENTATIVE:

John Thomas 925-759-0517
boardsumner@tennesseetrails.org

No scheduled hikes for July. Check the website and email for popup hikes.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

BOARD REPRESENTATIVE/HIKE COORDINATOR:

Cathy Moran 931-544-2764

uppercumberlandhikes@tennesseetrails.org

TREASURER:

Pete Broehl 931-738-3551

uppercumberlandtreas@tennesseetrails.org

No hikes planned.

2021 TTA Board of Directors Meetings

All members are invited to attend board meetings
Contact Libby Francis for the link to join Zoom meetings

Tuesday, Aug 3, 6 PM

Zoom Video Conference

Sunday, Oct 24, Time TBD

Montgomery Bell State
Park

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

Jul 21

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

____ Individual \$25.00
____ Family \$35.00
____ Student (FULL TIME) \$15.00
____ Supporting (\$50.00, \$100.00 or more)
____ Life Member (Individual) \$500.00
____ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Primary Phone (____) _____ Zip _____ -- _____
Alternate Phone (____) _____
Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
☐ Mailing address
☐ Telephone numbers

☐ I would like to receive my newsletter by
mail.

Please list me with the following chapter:

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ East TN (Oak Ridge/Knoxville)	____ Plateau (Crossville)
____ Highland Rim (Manchester/Tullahoma)	____ Soddy Daisy
____ Jackson	____ Sumner Trails (Sumner County)
____ Memphis	____ Upper Cumberland (Sparta/Cookeville)
____	____ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.

Not a member yet? Please check out one of our hikes or meetings soon!