# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION
We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.

SUPPORTING THE CUMBERLAND TRAIL

## **2021 TTA ANNUAL MEETING**

The Nashville and Sumner Trails Chapters will host the TTA Annual Conference October 22 - 24, 2021 at Montgomery Bell State Park in Burns TN. Address: Lodge Montgomery Bell, 1000 Hotel Ave, Burns, TN 37029.

**Meeting Registration:** The registration form is found in this month's TTA Newsletter and in the Annual Meeting area of the TTA website.

**Lodging:** Montgomery Bell's Lodge has newly renovated rooms, or there is camping inside the State Park. There is also commercial lodging in Dickson and other nearby towns. Guests can purchase all meals at the **Lodge Restaurant**. The Lodge also now has a **Lounge** serving alcoholic and nonalcoholic drinks. TTA will provide a **Cash Bar** in the main Meeting Room Friday and Saturday nights.

Registration information for Lodge Rooms: Phone the Lodge Montgomery Bell directly to make your reservation (615-797-3101 or 800-250-8613). Provide our GROUP CODE 9880 to receive special discount pricing on the Inn Rooms. Inn Rooms (some have 1K; some have 2Q) do not require a 2-night minimum but a deposit of one full night's stay is required (\$143.44/night; includes the tax. Same price as last year!). Any remaining group rate rooms will be released for general reservation on 9/7/21, so don't wait until the last minute! (Discounts for Seniors, Veterans, and Tennessee State Employees are available only when booking separately from our group rate.)

Note: There will be a direct internet link to access our TTA Group reservations in the Annual Meeting area of the TTA website.

For the **Campground**, contact the Park Office at 615-797-9052 or

https://tnstateparks.com/parks/campground/montgomery-bell. Note: The park does not hold any campground sites for our group and takes reservations on a first come first served basis. All sites come with a grill, fire ring, picnic table, and access to the bath house (toilets, sinks, showers with hot water). Campground sites are \$18-36/night, before taxes. Reservations may be cancelled up to and including 2 days prior to the scheduled arrival date with a refund of all campground fees - minus the \$5.00 advanced reservation fee. Be sure to read the Campground Firewood Policy. (As of early February, a couple of campsites had already been booked for these dates!)

**Hikes**: In addition to Montgomery Bell, our hikes will include other nearby State and Municipal Parks and urban hikes in Nashville. There will also be several types of programs in the Lodge.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters, and they will elect TTA Board Members for the 2022 Calendar Year.

**Fundraising:** Live Auction, Silent Auction, White Elephant Sale, Bake Sale, TTA Logo T-shirt sales, and direct donation will be available. Funds received will go toward the Evan Means Grant Program. Individual Chapters may also have fundraising or sales programs. Forms for soliciting auction items are on a separate page, and they have been forwarded to all Chapter Chairs.

Members of the Nashville and Sumner Trails Chapters are looking forward to hosting hikers from across Tennessee!

#### 2021 TTA Annual Meeting Brief Schedule

#### Friday, October 22, 2021

1:00 pm: Meeting Registration opens, and afternoon hikes

commence.

4:00 pm: MBSP Lodging Check-in

5:00 pm: Dinner

7:00 pm: Evening Activities

#### Saturday, October 23, 2021

7:00 am: Breakfast 8:00 am: Hikes depart.

5:00 pm: Dinner

6:00 pm: General TTA Membership Meeting

7:00 pm: Live Auction (immediately follows Membership

Meeting), then entertainment activities

#### Sunday, October 24, 2021

7:00 am: Breakfast

8:00 am: Hikes depart, and Board Meeting starts

10:00 am: MBSP Cabin checkout deadline

11:00 am: MBSP Lodging room checkout deadline.

## **Preliminary List of 2021 TTA Annual Meeting Hikes**

October 22-24, 2021, are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we are planning and make your plans to be there!

Travel times are driving times from the Montgomery Bell State Park Lodge to the hike trailhead.

#### FRIDAY HIKES:

**History hike at Montgomery Bell.** Led and guided by State Naturalist, Randy Hedgepath.

Wildcat, Ore Pit, Jim Bailey Nature Trail at Montgomery Bell. 4 miles

#### **SATURDAY HIKES:**

**Beaman Park**. 6 or 12 miles. Moderately strenuous to strenuous for terrain and length. The 12-mile Laurel Woods Trail opened in October of 2020 and is the latest addition to Beaman Park. This beautiful new loop offers hikers the chance to get further into the park's backcountry. 55-minute travel time

**Bowie Nature Park. 8-mile loop.** Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art. 33-minute travel time

Downtown Nashville historical and urban hike. 7 miles. To include, state capitol, Courthouse Square, Union Station, civil war sites, honkytonk district, river views, new convention center and various architectural gems. 52-minute travel time Harpeth River State Park outing. 3-4 miles. To include Narrows of the Harpeth, Mace Bluff, Newsome Mill, Hidden lakes, and possible Mount Bottom (Native American Mounds). 31-minute travel time

Johnsonville History Hike. 5 miles. Enjoy a Ranger led hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African- American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles. 1 hour travel time

**Montgomery Bell State Park.** Combinations of overnight trail, 10.5-mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This park has a great combination of history, wooded terrain, and lakes. And you are close to your lodgings - easy commute!

**Montgomery Bell 1/2 loop. 7 miles.** To include pre-park history

Mousetail Landing. Eagle Point Trail. 8 miles. Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views. 1 hour 25-minute travel time.

Natchez Trace Historical and Waterfall outing to include Devil's Backbone Natural Area: 3 miles moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing. 1 hour 17-minute travel time.

**Nathan Bedford Forrest State Park.** 8-mile hike on rerouted trails due to storm damage with great views of Kentucky Lake. Options include a visit Pilot Knob, the highest point in west Tennessee and a visit to the park's Folklife Center. 1 hour 22-minute travel time.

#### SUNDAY HIKES:

**Bicentennial Mall State Park.** With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger.52-minute travel time.

**Long Hunter State Park, Volunteer Day Loop.** 4 miles fully wooded with bluffs overlooking the shores of J. Percy Priest Lake. 1 hour 13-minute travel time.

Natchez Trace State Park. Cub Lake Trail 4-mile loop. This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas. 1Hour 21-minute travel time.

**Percy Warner Park. Warner Woods** Trail 2.5-mile loop. This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles. 46-minute travel time.

Narrows of the Harpeth at Harpeth River State Park. An easy, 1.6-mile hike for people of all ages with a beautiful overlook of the Harpeth Valley from the top of limestone bluffs, 28-minute travel time.

## 2021 Annual Meeting October 22-24, 2021 Montgomery Bell State Park (Burns TN)

## REGISTRATION FORM **DUE ON OR BEFORE September 30, 2021**

Please provide the name of each member of your family attending.

Name:	Name:		Name:	Name:	
Address:		City:	State:	Zip:	
Telephone – Day: Night:		Email:		Chapter:	
Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A					
block of Inn Rooms and Cabins will be held until midnight Tuesday September 7. After this time, the Park will					

release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).

For INN ROOMS and CABINS, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). Provide the reservationist our GROUP CODE 9880 to receive special discount pricing on the Suites and Inn Rooms. Inn Rooms (some have 1K; some have 2Q) requires a deposit of one full night's stay. (\$143.44/night; includes the tax). Discounts for Seniors, Veterans and Tennessee State Employees are available only when booking separately from the

For the CAMPGROUND, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). Prices range from \$15 to \$35 depending upon your camping site (RV or primitive). (There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: https://tnstateparks.itinio.com/montgomery-bell

Meals will be available at the Lodge's restaurant. You will be ordering directly from the restaurant menu and you will be responsible for meal purchases. Lunch bags are available and must be preordered.

Order your lunch bag here				
Lunch bag	SATURDAY - Turkey or Vegetarian Sandwich on wheat bread, with chips, cookie, fruit and water	# of people x \$13.00pp	\$	
(circle selection)	SUNDAY - Turkey or Vegetarian Same as above	# of people x \$13.00pp	\$	
		TOTAL:	\$	

Order your T-Shirts here (Circle your choices) All shirts will be tri ble	nd (65% polyester), light gray with darker	
gray flecks, athletic fit- close to the body		
Short sleeve: Small Medium Large XLarge (\$24)	# of shirts x \$ \$	
XXLarge (\$26) XXXLarge (\$28)	# Of Stiffts Χ ψ ψ	
Long Sleeves: Small Medium Large XLarge (\$28)	# of shirts x \$	
XXLarge (\$30) XXXLarge (\$32)	# 01 Still ts X \$\psi \ \$	
	TOTAL: \$	

EARLY REGISTRATION FEE (postmarked on or before September 30th)	# of people X \$30 = Total
(The full amount is required of each participant, regardle	ess of the number of days attending.)
LATE REGISTRATION FEE (postmarked after September 30th)	# of people X \$40= Total
Yes, I would like to donate to support the Evan Means Grant	t Program:
Funds will be used to support trail projects. Your support is greatly appreciated	ed. Donation \$
TOTAL DUE (registration, lunches, T-shirts, and donation)	Total Due \$

Please complete this Registration Form; attach a check made payable to TTA Nashville Chapter; and mail them to:

Tennessee Trails Association c/o June Callahan

3008 Halenwool Circle, Franklin, TN 37067

Need more information? Contact June Callahan at 615-945-7462 or june 369@outlook.com An email confirmation will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. No refunds will be made after October 5, 2021. Persons cancelling before October 5 will be refunded in full, less the \$30 Registration Fee.

TTA acknowledges the changing situation regarding the impact of COVID-19. The TTA Annual meeting will conform to current TN State Park guidelines. Attendees are encouraged to receive a COVID-19 vaccine.

## **2021 TTA Annual Meeting T-shirt**

Get your T-shirt with the new TTA logo. Shirts will be Tri-blend (65% polyester), so they will work well for hiking. Color will be **light gray with flecks of darker gray**. The T-shirts have an athletic fit, so they will fit close to the body. If you are unsure of size, consider ordering a size larger. Costs for Short Sleeve will be \$24 for small, medium, large and XLarge, \$26 for 2XLarge, and \$28 for 3XLarge. Costs for Long Sleeve will be \$28 for small, medium, large and XLarge, \$30 for 2XLarge, and \$32 for 3XLarge. Shirts will only be available for pre-order using the 2021 Annual Meeting registration form.

Demo only – TTA T-shirts will be light gray with flecks of darker gray.



**Friends of Natchez Trace State Park** received an Evan Means grant to purchase a heavy duty tilting bucket designed for trail building. The Park has 40 miles of trails.



Front row: Debbie Hemby, Terry Warren, Ranger Greg Taylor, Debbie Fronabarger. Back row: Kevin Ernst, Mary Ann Maness, Ranger Jeff Johnson, Kathleen Kirkpatrick, Terry Hicks.



Website:

#### Cumberland Trails Conference

www.cumberlandtrail.org

 Location:
 409 Thurman Avenue, Ste 102

 Crossville, TN 38555
 Office Hours:
 Monday - Thursday

 8 AM - 3 PM CT
 Phone:
 931-456-6259

 Office Staff:
 Sade Williams

 Email:
 cumberlandtrailsconference @gmail.com

CTC Search for an Executive Director. The Board of the Cumberland Trails Conference provided in the 2021 budget adoption for the hiring of an Executive Director. The search is currently underway. The position is being advertised on Indeed.com. The Personnel Committee and the Executive Committee acting jointly as the ad hoc Executive Director Search Committee with Brie Stewart as Chairwoman are actively reviewing applicant resumes from which a short list will be developed. These will be interviewed via video conferencing and the finalists will be invited for an in-person interview.

#### Cumberland Trails Conference - con't.

CTC Awarded a Community Foundation of Greater Chattanooga Field of Interest Grant. The CFGC awarded CTC a \$6,000 grant from its Belvedere Fund to support the conduction of public meetings with expert speakers to develop and promote engagement and awareness of trail preservation efforts among trail towns. Details of the meetings and seminars are to be announced over the coming months.

CTC Trail Crew. Trail construction near the Head of the Sequatchie was completed around the end of June. Total footage in this section is 5,189 feet which includes 11 switchbacks, 300+ stone steps and dozens of grade dips on a very steep ascent toward Hinch Mountain. The area is incredibly beautiful and features an impressive wildflower bloom in the Spring and early Summer. The trail is not officially open but should be soon.





## **CLARKSVILLE CHAPTER**

CHAPTER CHAIR: Philip Anderson 931-561-0925 clarksville@tennesseetrails.org

**VICE-CHAIR & BOARD REPRESENTATIVE:** 

Ryan Dowdy 615-925-1796 clarksville@tennesseetrails.org Mary Schwab 931-801-7172

TREASURER: clarksvilletreas@tennesseetrails.org

SECRETARY: Mary Ann Harris 931-647-9321

clarksvillesecy@tennesseetrails.org

Paul Schwab 931-801-9484 **OUTINGS COORDINATOR:** clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing) MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,

Wade Bourne Nature Center, 2308 Rotary Park Dr.,

Clarksville, TN 37043.

Please call hike leaders to confirm hike time and meeting place.

Aug 7 - Virgin Falls SNA, Virgin Falls trail. 9 miles. Difficult. Virgin Falls is formed by an underground stream that emerges from a cave, then drops over a 110-foot high cliff before disappearing into another cave at the bottom of the sink. The trail is in the woods on natural turf that in some areas is rocky with uneven footing. It descends around 900 feet in elevation. You will pass by small rock houses, boulder fields, sinks, caves, and waterfalls; meet 6:30 am CT, I 24 Exit 11 new commuter parking lot. Contact Paul Schwab 931-801-9484, 140 miles to trailhead.

Aug 14 - Clarksville Greenway from Pollard Road access, to Mary's Oak Drive Trailhead. 4.0 miles out and back. Easy. Meet 9:00 am CT at the Pollard Road access. There is a new large parking lot there. The trail is paved and follows an abandon railroad right-of-way. There is a slight upgrade between Pollard Road and Mary's Oak Trail Head. You pass through pretty woods and some pretty rock formations. Dogs are welcome but must be on a leash; Contact Ed Oliver 931-561-9946.

Aug 17 - Monthly Chapter Meeting. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Philip Anderson 931-561-0925.

Aug 21 - Rotary Park Hike and Nature Festival. 6 mile loop through the woods on natural turf. Moderate. Meet 7:00 CT at the first parking lot on the left. Stay after the hike to enjoy the 1st Annual Rotary Park Nature Festival -Hummingbirds and Pollinators. Activities hummingbird banding demonstrations and programs about bees and other pollinators. Contact Ed Oliver 931-561-9946. Aug 28 - Stones River Greenway from Two Rivers Park Trailhead to Kohl's Trailhead. 5.0 miles. Easy. Add 0.5 miles if you want to walk across the Cumberland River Pedestrian Bridge. The trail is paved. It tunnels under a road, and along and over the Stones River. On most of the trail you won't feel like you are in the city. The hike requires a car shuttle. Meet 8:00 am CT, I 24 Exit 11new commuter parking lot. Contact Cinde Jones 870-215-8993, 42 miles to trailhead

## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIR:** Jane Coffey 615-516-6551 columbia @tennesseetrails.org

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:** 

Marvin Caine 931-486-1632 columbia@tennesseetrails.org

**HIKE COORDINATOR:** Jane Coffey 615-516-6551

columbiahikes @tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

## **EAST TN CHAPTER** (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144 easttennessee@tennesseetrails.org

**BOARD REPRESENTATIVE:** Tom Cressler 865-588-5622

boardeasttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189 sbarber6189@comcast.net

Aug 28 - Eagle Trail at Norris, TN. 3+ miles. Easy. We'll begin our hike at the Eagle trailhead and proceed through a wooded area to a very scenic ridge with a lovely covered gazebo. We'll ponder the beauty of Norris Lake including Norris Dam before returning to our cars. We'll meet in the front parking area of Norris School in Norris proper where we can tailgate a short distance to the trailhead. Please preregister with Rosie at 865-985-0144 or rosemary I@hotmail.com.

### Joining TTA as a New Member? **Membership Up For Renewal?** Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

### HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Tom Hartvigsen 931-962-0811

(contact Tom & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday

Aug 7 – Barren Fork River Paddle. McMinnville. Joint outing with the Murfreesboro Chapter. The Barren Fork River is a tributary of the Collins River. We will paddle about 6 miles from the Barren Fork River Dam at Pepper Branch Park (120 Old Morrison Road) and take out at the old VFW building on Highway 70 in McMinnville. Please meet at 8 am at Pepper Branch Park. There is a \$5.00 parking fee at the old VFW building. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Aug 11-14 – Frozen Head State Park Camping and Hiking. Multi-Chapter event. We have reserved a group campsite at the Flat Fork Campground, arriving August 11 for three nights. This campground is "air conditioned" by the creek and heavy shade. Please contact Joan Hartvigsen for a spot in the group campsite, *jhartvigs@comcast.net* or 931-636-2914. Wednesday's hike: Judge Branch Trail. Thursday hike: Rocky Fork, Ross Gap, Bird Mountain, Cumberland Trails Loop(see Nashville listing). Friday hike: North Old Mac Trail to Panther Branch Trail, spur to Emory Falls, continue on Panther Branch Trail to road leading back to Flat Fork Campground. Please register for Thursday's hike with Mark Hubbard.

Aug 12 - Frozen Head State Park England Mountain Loop, Wartburg, TN. Strenuous for length and 1,800 foot elevation change. 8 miles, 5-6 hours hiking time. This is a joint hike with the Murfreesboro and Soddy Daisy Chapters and part of a three night event. Our route includes segments of the Rocky Fork, Ross Gap, Bird Mountain, and Cumberland Trails. Co-led by Wartburg native Bill Hennessee, we'll hike a steady incline to the top Mountain past Mushroom Rock, England affectionately known "Pillars of Doom," and Castle Rocks. Some of us will head over to the Lilly Pad Hopyard & Brewery for dinner afterwards. Bring snacks, plenty of water, and pack a lunch for the trail. Don't forget insect and sun protection. Please register with Mark Hubbard. Mark.hubbard@mhhub.us or 615-715-1517. Please contact Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914, for information on camping at Flat Fork group campsite arriving August 11 for three nights.

Highland Rim Chapter - con't.

Aug 23 - Highland Rim Chapter Meeting. Tullahoma Arboretum Walk & Dinner. Meet at 5:00 pm at the Tullahoma Arboretum for a walk-through led by Tullahoma Tree Board Chair, Dr. Ralph Graham. Afterwards we will have dinner at a local restaurant. The Tullahoma Arboretum is located at 908 Country Club Drive (follow the Disc Golf Course signs); park at the east side of the East Middle School campus. Contact Highland Rim Chapter Chair Patty Deen for more information, pdeen@palomar.edu or 760-703-8115.

Aug 25 – Fancher Falls Paddle. Joint outing with Murfreesboro Chapter. Fancher Falls is 80 ft. high and 35 ft wide and is located in a secluded cove of Center Hill Lake. It is only accessible by boat. Meet at 9:00 am at Johnson Chapel Recreation Area, 2680 Johnson Chapel Road, Sparta, TN. On our way back from Fancher Falls we will stop for lunch at Cookeville Boat Dock Marina Restaurant. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Let Joan know if you are interested in camping at Ragland Bottom Campground on Center Hill Lake, arriving August 24 and departing August 26.

#### **Planning Ahead:**

Sep 10-12 - Camping on Devils Step Island on Tims Ford Lake. Kayaking on Tims Ford Lake. Joint outing with the Murfreesboro Chapter. Contact Joan Hartvigsen to reserve a spot on Devils Step Island, ihartvigs@comcast.net or 931-962-0811. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Campground early. Or paddlers can meet us at 8 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening we will paddle in the local area. Saturday morning at 8 am we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area.

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#### Highland Rim Chapter - con't

Sep 30-Oct 4 - Mammoth Cave National Park Expedition. Joint event with Murfreesboro and Nashville Chapters. Mark Your Calendars! We are planning a 4-night camping trip to Mammoth Cave NP in Kentucky. We have reserved a group campsite in the Maple Springs Campground. There is a maximum of 16 participants for this event. Due to parking restrictions and other logistics, participants with an RV will need to make their own reservations in the nearby Mammoth Cave Campground. The weekend will include a Friday morning cave tour followed by an afternoon hike around the main visitor area; on Saturday we will take a full-day hike from the Maple Springs trailhead. On Sunday there will be a hiking/biking option or full-day Nolin River Paddle using a local outfitter. Details for this weekend are still being determined. Please contact Pattv pdeen@palomar.edu to indicate your interest in this event.

### JACKSON CHAPTER

**CHAPTER CHAIR:** 

Melinda Pearson 731-225-4293 jackson@tennesseetrails.org Terry Warren 731-535-0625 jacksontreas@tennesseetrails.org

SECRETARY/TREASURER: HIKE COORDINATOR:

Glen Rognstad 731-217-5966 jacksonhikes@tennesseetrails.org

FACEBOOK COORDINATOR Priscilla Campbell 731-217-2552 iacksonfacebk@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 6:00 pm CT

Aug 2 - Chapter Meeting at North Park. 6 pm. We will be planning fall hikes.

#### MEMPHIS CHAPTER

**CHAPTER CHAIR:** 

Charlie Bright 901-829-4434 memphis@tennesseetrails.org

See you in September!

#### MURFREESBORO CHAPTER

**CHAPTER CO-CHAIRS:** 

**BLOGMASTER** 

Jeanne Conatser 615-971-8894 djconatser@comcast.net Sara Kennedy 615-692-9057

murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR: Sara Pollard 615-714-3610 murfreesborotreas@tennesseetrails.org

Craig McBride 615-394-6121 murfreesboroblog@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-

Crescent Park's Wilderness Station, 401 Volunteer Road,

Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 7 - Barren Fork River Paddle. McMinnville. Joint outing with the Highland Rim chapter. The Barren Fork River is a tributary of the Collins River. We will paddle about 6 miles from the Barren Fork River Dam at Pepper Branch Park (120 Old Morrison Road) and take out at the old VFW building on Highway 70 in McMinnville. Meet at the Pepper Branch Park at 8:00 am CT. We will have to shuttle vehicles to the VFW building and there is a \$5 parking fee. Pack snacks, lunch and plenty of water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Aug 10 - Chapter Meeting. For more information call or text Chapter Co-Chair Jeanne Conatser at 615-971-8894 or diconatser@comcast.net.

Aug 11-14 - Frozen Head State Park Camping and Hiking. Wartburg. This is a multi-chapter event. The group campsite at the Flat Fork Campground has been reserved, arriving August 11 for three nights. This campground is cooled by the creek and heavy shade. Wednesday hike: Judge Branch Trail. Thursday hike: Combination of Rocky Fork, Ross Gap, Bird Mountain, and Cumberland Trails. 8 miles rated moderately strenuous for length. We will hike a steady incline to the top of England Mountain past Mushroom Rock, the affectionately known "Pillars of Doom," and Castle Rocks. Friday hike: North Old Mac Trail to Panther Branch Trail, spur to Emory Falls, continue on Panther Branch Trail to road leading back to Flat Fork Campground. Please contact Joan Hartvigsen for a spot in the group campsite at 931-636-2914 or jhartvigs@comcast.net.

Aug 12 - Frozen Head State Park. Wartburg. 8 miles. Strenuous for length and 1,800 foot elevation change, 5-6 hours hiking time. This is a multi-chapter hike and part of a three-night event. Our route includes segments of the Rocky Fork, Ross Gap, Bird Mountain, and Cumberland Trails. Co-led by Wartburg native Bill Hennessee we will hike a steady incline to the top of England Mountain past Mushroom Rock, the affectionately known "Pillars of Doom," and Castle Rocks. Some of us will head over to the Lilly Pad Hopyard & Brewery for dinner afterwards. Bring snacks, plenty of water, and pack a lunch for the trail. Don't forget insect and sun protection. Please register for this hike with Mark Hubbard 615-715-1517 or at mark.hubbard@mhhub.us.

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#### Murfreesboro Chapter - con't.

Aug 25 – Fancher Falls Paddle. Center Hill Lake. Sparta. Joint outing with the Highland Rim chapter. Fancher Falls is an 80 ft. high and 35 ft. wide waterfall that cascades into a pool below and is in a secluded cove of Center Hill Lake only accessible by boat. Meet at 9:00 am CT at Johnson Chapel Recreation Area (2680 Johnson Chapel Road in Sparta). On our way back from Fancher Falls we will stop for lunch at the Cookeville Boat Dock Restaurant. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Aug 28 – "Pick a Park" series. Johnsonville State Historic Park and Nathan Bedford State Park. First, we will hike in the Johnsonville State Park located in New Johnsonville. The Civil War Forts Trail is 2.0 miles is rated strenuous but is short and steep so bring a hiking pole. This trail sticks to the hilly (and historically significant) center of the park. Then we will hike in Nathan Bedford Forrest State Park. The hike here will be the NBF 3-mile trail rated easy. This park is situated on the western shore of the Kentucky Lake impoundment of the Tennessee River, just north of the community of Eva. To carpool from Murfreesboro, meet at the Broad Street Park 'n Ride at 7:30 am CT. For more information or to sign up contact Jeanne Conatser at 615-971-8894 or djconatser@comcast.net.

## **Notification of TTA Members Meeting**

The regular Annual TTA Membership Meeting will be held October 23, 2021, at 6 pm, in the main meeting room of the Lodge at Montgomery Bell State Park, Burns, TN.

The address is

Lodge Montgomery Bell 1000 Hotel Ave Burns, TN 37029

#### NASHVILLE CHAPTER

**CHAPTER CHAIR:** 

HIKE COORDINATOR:

Doug Burroughs 615-587-0085 nashville @tennesseetrails.org Barbara Bennett 202-236-0880 nashvillehikes @tennesseetrails.org

(email Barbara & volunteer to lead an outing)

**MEETS MONTHLY:** Meetings suspended temporarily pending COVID 19 restrictions

Aug 12 - Frozen Head State Park. Wartburg, TN. Strenuous for length and 1,800 foot elevation change. 8 miles, 5-6 hours hiking time. This is a joint hike with the Highland Rim, Murfreesboro, and Soddy-Daisy chapters and part of a 3-night event (see Highland Rim listing for more details.) Our route includes segments of the Rocky Fork, Ross Gap, Bird Mountain, and Cumberland trails. Coled by Wartburg native Bill Hennessee, we'll hike a steady incline to the top of England Mountain past Mushroom Rock, the affectionately known "Pillars of Doom," and Castle Rocks. Some of us will head over to the Lilly Pad Hopyard & Brewery afterwards. Bring snacks, plenty of water, and pack a lunch for the trail. Don't forget insect and sun protection. Please register with Mark Hubbard, midtn@tnhiker.net or 615-669-3221 for details and updates. Please contact Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914 for information on camping at the Flat Fork group campsite arriving August 11 for three nights.

Aug 14 - Franklin Greenway Hike, Franklin, TN. Moderate for distance, easy terrain, 5+ miles roundtrip. The Franklin Greenway begins near downtown Franklin at the end of 2<sup>nd</sup>Ave., N., and goes along the Harpeth River for part of the way before turning toward the Williamson County Rec Center, where we do a loop around the track and then take the Greenway back. It is mostly flat with slight ups and downs. Meet at 7:30 am in front of McGavock Coffee Shop located as part of the Harpeth Hotel near Northeast corner of Main St and 2<sup>nd</sup> Ave., N in Franklin. Park in the free public parking garage located on the Southwest corner of Main St. and 2<sup>nd</sup> Ave., S, kitty-cornered across the street from the meeting spot. The entrance to the garage is on 2<sup>nd</sup> Ave., S., across from the St. Phillips Catholic church. After the hike, participants may decide to have breakfast at McGavock's or at the Bake House at the corner of Main St. and 1st Ave., N. Please register in advance with Barbara Bennett, BLBennett@comcast.net or 202-236-0880.

#### Planning Ahead:

Sep 30 - Oct 4 - 4 Day Mammoth Cave National Park hiking, camping and cave tour. Mammoth Cave, KY. This will be a joint trip with Highland Rim chapter. Group camp site reserved for Maple Springs campground. For more details, see Highland Rim chapter description. Register with Patty Dean, Highland Rim chapter for campsite at pdeen@palomar.edu or 760-703-8115. For more information, contact Dianna Richter at 615 587 9633 or nodak@gardener.com.

## PLATEAU CHAPTER (Crossville)

 CHAPTER CHAIR:
 Norm Brinsley
 931-202-2338

 plateau@tennesseetrails.org

 TREASURER:
 Clark Zedric
 217-520-9889

 BOARD REPRESENTATIVE:
 Bob Obohoski
 931-456-4282

boardplateau @tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

Come take a GUIDED hike with us. We offer a short 5 miles or less and a long 8+/- mile hike every Wednesday and two Saturdays a month. Other Saturdays are 1-2 mi Crossville Greenway walks. For additional information contact the hike coordinator email *plateauhikes@tennesseetrails.org* unless otherwise noted in the hike description. For up-to-date information on our hikes visit https://tennesseetrails.org/chapters/plateau-chapter/.

Aug 4 - Pickett State Park, Jamestown, TN. Natural Bridge/Hazard Cave/Indian Rockhouse/Lake View Trails. Long Hike: This is an easy to moderate 6 mile loop which includes a natural bridge, and two large rock overhangs, Hazard cave and Indian rockhouse. At Hazard Cave there are signs along the trail that identify the endangered Cumberland Sandwort plant. Take a closer look and you will see parts of the rock carved over time into intricate shapes, and beautifully colored by algae and lichen. Short Hike: 5 mile loop to Natural Bridge and Hazard Cave. Depart 7:30 am CT from the back parking lot of Cracker Barrel, junction of HWY 127 N and I-40. Gas cost is \$5. Pack water, snacks and lunch.

Aug 7 - Greenway Walks. Overlook Trail, Fairfield Glade, TN. Hike is 1.9-miles on a groomed trail. Directions: From the Peavine Road/Stonehenge Drive junction, take Peavine Road going east for half a mile. Turn right onto Westchester drive. After 3.0 miles, just after passing Dorchester Golf Club, turn left onto Windsor Road. Take the second right onto Wimberley Road then immediately turn left onto the gravel road. This road ends at the Overlook parking area and trailhead. After parking your vehicle and enjoying the views from the overlook enter the trail on the left. Call or text John at 410-707-6107 for additional info.

Aug 11 - Big South Fork, Jamestown, TN, John Muir/Sheltowee Trace, River Trail West, No Business Trails. Long Hike: 7 moderate/strenuous loop miles. Easy 1.1 mi to Maude's Crack where you will descend through a crack in the rocks with help of a rope. We will make a loop hiking through the remnants of the once thriving No Business community. Bring water shoes in case No Business Creek is high. Short Hike: 2.2 in/out easy miles to Maude's Crack Overlook plus tour the Terry Cemetery. Hikers may choose to climb down and back up Maude's Crack just for the fun and challenge of it. Depart from the Crossville Cracker Barrel rear parking lot at 7:30 am CT. Gas cost \$6.

Plateau Chapter - con't.

Aug 14 - Big South Fork, Stearns, KY. Blue Heron Loop. Long Hike: This is a moderately difficult 6.4 mile hike loop. The loop features two of the best river gorge overlooks in the Big South Fork area. Two other interesting features along the trail are the Devils Jump rapids and Crack-in-the-Rock. The trail passes through the Blue Heron coal mining exhibit that serves as the terminus for the Big South Fork Scenic Railway. Short Hike: 4 miles in/out from Natural Bridge to Devils Jump Overlook. Depart from Vanity Fair SW parking lot at 7:30 am CT. Carpool cost is \$8. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Aug 18 - Hiking/Rafting - Hartford, TN Note: You must sign up and pay rafting cost of \$30.00 per person (cash or check) for the Raft Trip NLT August 1st. We will first hike the Big Creek section of the Great Smokey Mountains. Big Creek Trail follows an old railroad grade used to haul lumber out of the mountains during the logging boom at the start of the 20th century. The 4-mile round trip hike to the waterfall is considered moderate in difficulty. At 1.4 miles the trail passes Midnight Hole, a deep, picturesque pool below a 6 foot falls. At 2.1 miles a short side trail on the left leads to a bench where hikers can rest and view Mouse Creek Falls, which is on the far side of Big Creek. The falls are 45 feet in height. To get to the Big Creek Trailhead take I-40 Exit #451 turn left on Waterville Road after crossing the Pigeon River and proceed 2.3 miles to an intersection. Continue straight (the road is now Big Creek Entrance Rd) past the ranger station, to a large parking area at the road's end. Our Big Creek Expeditions raft time is ET. Big Creek Expeditions is at 3671 Hartford Rd. Rafters must have shoes that will stay on...tennis shoes, water shoes, chacos, etc...no flip flops. There are showers if people want to shower when they get off the river so pack extra clothes. Depart from Crossville Outlet Mall west parking lot at 7:15 am CT. Carpool cost is \$11. Option of eating dinner on the way home. Pack sunscreen, bug spray, water, snacks and lunch for the

Aug 21 - Sparta History Tour, Sparta, TN. Dunlap Coke Ovens. We will tour historic Dunlap Cove Ovens which operated from 1899 to 1927. A total of 268 Stone Ovens had been built by that time and many are still visible. The Trail of Tears also passed through this area. A replica of the Company Store Commissary which is now the museum was constructed in the late 1980's on its original spot. The museum currently houses the largest collections of regional historic coal mining photographs in the State of Tennessee with hundreds of donated artifacts on display. We will walk the grounds and see the remains of many ovens. Afterward we will have lunch at the Cookie Jar restaurant with good southern cooking and excellent desserts. Depart Central Baptist Church, 1346 S Main St. Crossville, TN SE parking lot at 9 am CT. Bring water and a snack. Gas cost is \$5. Participants may contact Bill Harris by email titan55@charter.net for additional info.

Con't on next page

#### Plateau Chapter - con't.

Aug 25 - Brushy Mountain Prison Tour, Petros, TN. You must sign up and pay Deb \$25.50 for the tour no later than Aug 10th, Guided 1 hour tour at 9:30 ET by a former inmate or guard (\$23.40 + tax = \$25.50 senior or military discount rate) of Brushy Mountain Prison, which opened in 1896 and is now closed. This prison had no air conditioning or flat screen TVs. It housed James Earl Ray (Martin Luther King's assassin), Big John Tate (one time world heavyweight boxing champion), and Tony Robinson (UT and Redskins quarterback), among many others. We will also visit the End of Line Distillery and eat lunch at the Wardens Table which is really good. Optional 2.2 in/out mile moderate (gradual grade up on an old road) hike to the Old Prison Mine where several buildings remain. Depart 7:30 am CT from the Crossville Outlet Mall west parking lot. Carpool cost is \$7. Bring water for the hike.



Aug 28 - Greenway Walks. Pioneer Short Trail, Cumberland Mountain State Park, Crossville, TN. Hike is 2.2 mile on a groomed trail starting at 9 am CT from the trailhead. Park in the boat rental parking lot. Directions: Cumberland Mountain State Park is very well known and there are plenty of road signs directing you to the park, which is about four miles southeast of Crossville on Highway 127. Hike leaders are John & Deb 410-707-6107.

## GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

- Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information.
- Please identify any hikes that are multi-chapter events.
- Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise, fitness, or fear of heights and suspension bridges.

All submissions should be made by e-mail to editor@tennesseetrails.org. This e-mail address is automatically copied to our webmaster. All submissions MUST be received by the 10th of the month PRIOR to the hikes (i.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

#### **SODDY-DAISY CHAPTER**

CHAPTER CHAIR: Jane Ellett 423-309-7879 soddydaisy@tennesseetrails.org

**TREASURER:** Tom McElhone 805-208-4654 soddydaisytreas@tennesseetrails.org

ASSISTANT TREASURER: Bob McGavock 423-667-2690

soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Betsy Darken 423-718-2060

soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

> Additional information may be seen at our web site: http://www.tennesseetrails.org/blog/soddydaisy

**Aug 3 - Bluff Trail, Lookout Mountain. Easy/Moderate. 3.5 miles.** We will start at Ochs Gateway (below Covenant College) and end at Sunset Rock. This trail travels mostly along the base of the cliffs girding the top of Lookout Mountain. The cliffs are impressive and the views are awesome! Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*. Meet at Food City on Tennessee Avenue in St. Elmo at 8:30 am.

**Aug 7 - Coker Creek Falls Trail. Moderate/strenuous. 6.5 miles**. A great hike along a rowdy creek, but with a number of blow downs to get over, through or around. Meet at 8:30 at Food City in Ooltewah, east off exit 11 from I-75. Please register with hike leader Betsy Darken, 423-718-2060. Bring lunch and the other summer essentials.

Aug 10 - Enterprise South Park: Hidden Lake and Boulder Point Loop. Easy. 4.5 miles. Meet at the first parking lot to the left after the entrance at 8:30 am. Please register with hike leader Tammy Hendrick, 315-949-8187. Bring a snack and the other summer essentials.

Aug 14 - Prater Place Trail, Fall Creek Falls State Park. Out and back. Moderate. 6.2 miles. The trail goes to the relatively small but beautiful Hemlock Falls. A short side trip on an unmarked trail leads to a large cave. Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com. Meet at Durham St, Soddy Daisy, at 8:30 am.

**Aug 17 - Window Cliffs Trail. Moderate. 5.3 miles.** A highly rated trail with a LOT of creek crossings, a waterfall, and cliffs with holes in them. Bring good water shoes, lunch and the other summer essentials. Please register with hike leader Betsy Darken, 423-718-2060. Meet at Durham St, Soddy Daisy, at 8:30 am.

Aug 21 - Snow Falls, Buzzard's Point and Dunn overlook. Strenuous. 9.8 miles in and out. Bring snacks, water, bug spray and sunscreen. Please register with hike leader Tammy Hendrick, 315-949-8187. Meet at Durham St, Soddy Daisy, at 8:30 am.

Soddy-Daisy Chapter – con't.

Aug 28 - Live Wire 2, Raccoon Mountain. Moderate. 9.4 miles, out and back. Meet at the parking lot just past LaQuinta Inn, off I-24 Exit 175, at 8:30 am. Turn right at the bottom of the exit ramp if coming west from Chattanooga. Please register with hike leader Carl Dumsday, 423-842-5843 or cdumsday @outlook.com.

Aug 31 - Jim Ogden will lead an historical narrated hike at Chickamauga Battlefield. The hike will be easy and less than 5 miles. Jim is the historian at the Battlefield and has done a number of presentations for us in the past. Those who were there know that Jim never fails to make it a very special experience. We will meet at 8:30 am at the parking lot in the field below the Visitor's Center. Please register with hike leader Trish Appleton, 423-240-3443 or appleton-p2 @comcast.net.

### **Carpool Etiquette**

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.





#### OFFICERS:

President

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president@tennesseetrails.org

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Duane Frichtl 309-830-9720

vicepresident@tennesseetrails.org

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treasurer@tennesseetrails.org

**Secretary** 

Melinda Pearson 731-225-4293

secretary@tennesseetrails.org

## At-large Directors (terms expiring listed after name)

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Jane Coffey (2023) 615-614-1083

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jhartvigs@comcast.net

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CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor** 

LouAnn Partington 931-393-4835

editor@tennesseetrails.org

## SUMNER TRAILS CHAPTER

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Kathy Bryant 615-305-3424 sumner@tennesseetrails.org

TREASURER: John Jones 615-533-0127

sumnertreas@tennesseetrails.org

BOARD REPRESENTATIVE: John Thomas 925-759-0517

boardsumner@tennesseetrails.org

No scheduled hikes. Look for pop up hikes.

## UPPER CUMBERLAND CHAPTER

## (Sparta / Cookeville) BOARD REPRESENTATIVE/HIKE COORDINATOR:

Cathy Moran 931-544-2764

uppercumberlandhikes @tennesseetrails.org
TREASURER: Pete Broehl 931-738-3551

uppercumberlandtreas@tennesseetrails.org

No hikes planned.

#### 2021 TTA Board of Directors Meetings

All members are invited to attend board meetings Contact Libby Francis for the link to join Zoom meetings

Tuesday, Aug 3, 6 PM Zoom Video Conference

Sunday, Oct 24, Time TBD Montgomery Bell State

Park

### **Newsletter Deadlines:**

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

## ADDRESS SERVICE REQUESTED



YES, I WANT TO JOIN TENNESSEE TRAILS A	ASSOCIATION, I AM	Please Mail This Form To:	
A NEW MEMBER	Aug 21	Membership Director	
RENEWING MY MEMBE	RSHIP	P.O. Box 41446 Nashville, TN 37204-1446	
Memberships are for one year, unless you have a		Masilville, 11 3/204-1440	
Gift Memberships are also available. Contact our Cheryl Heckler 931-200-7436 <i>members</i>	hip@tennesseetrails.org		
•	PLEASE, PI	RINT CLEARLY.	
Individual \$25.00	Name		
Family \$35.00	Address		
Student (FULL TIME) \$15.00	City	State	
Supporting (\$50.00, \$100.00 or more)	Primary Phone ()	Zip	
Life Member (Individual) \$500.00	Alternate Phone ()		
Life Member (Family) \$750.00			
	Alternate e-mail		
For privacy, please do not list the following in	Please list me with the following chapter Clarksville	: Murfreesboro	
the TTA Annual Membership Directory	Columbia/Franklin	Nashville	
☐ E-mail addresses ☐ Mailing address		Plateau (Crossville)	
☐ Telephone numbers	Highland Rim (Manchester/Tullahoma))		
<b>'</b>	Jackson	Sumner Trails (Sumner County)	
		Upper Cumberland (Sparta/Cookeville)	
mail.		At Large	
When you become a TTA member, you will receive: (1) TTA's them and including a reference book containing information nformation on hiker safety, upcoming hikes/overnight trips, vo monthly meetings scheduled, where you will enjoy diverse proceed to the processe of th	about TTA, trail etiquette, hiker responsibilition of the programs, socializing and refreshments. In additionand programs, in addition to learning about the precome to attend any/all	es, etc. (2) TTA's monthly newsletter, containing cements. You are invited to attend any number of on, our annual meeting is held in the fall at one of progress and plans of the organization.  TTA hikes or functions.	
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