

# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,  
and promote the responsible use of Tennessee trails since 1968.*

**SUPPORTING THE CUMBERLAND TRAIL**

## Make Plans to Attend the 2021 TTA Annual Meeting

Whether you're new to TTA or a long-time member, you're bound to enjoy this year's Annual Meeting, October 22-24 at Montgomery Bell State Park. Hike short or hike long, meet and renew friendships with hikers from around the state, and support Tennessee trails with your auction purchases. You can do all this and more - and if you register by September 30, you can take advantage of a discounted registration rate.

T-shirts for this year's meeting are available by pre-order only, and must be received by September 30. You can include your t-shirt order with your registration. You must register with the Montgomery Bell State Park Inn by Sept. 7 to get the discounted TTA rate for a room.

Nashville and Sumner Trails chapters are hard at work, making sure that this annual event gives all attendees a fine experience. The Annual Meeting hikes are almost set. Check the Hikes section in Annual Meeting area of the website for current updates. Friday afternoon and Saturday are chock full of hiking opportunities to places rich in Tennessee history and diversity. Historical hikes include guided history hikes of Montgomery Bell SP, downtown Nashville, Johnsonville State Historic Park, and Natchez Trace. There's rich biodiversity to observe as well, from a unique habitat at Long Hunter State Park to a wide variety of hardwoods in autumn foliage at Mousetail Landing and Harpeth River SP and many more.

Friday evening entertainment will include much socializing and a Trivia Contest hosted by our own State Naturalist, Randy Hedgepath. Don't forget the cash bar!!

Saturday evening will feature the annual Membership Meeting with election of officers and award presentations, our famous silent/live auction and a farewell to famous/infamous Candy Corn Shorts.

Bring cash or your checkbook for fresh baked goods for your day packs and snacking, "white elephant" items for sale and a cash bar during evening hours. Silent auction items will be on display as well. What you can bring besides yourselves, and your hiking gear: you're encouraged to bring donations of baked goods, silent and live auction items. If you have questions about the auctions, please contact Libby Francis ([libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)). Money received from fundraising will go to the Evan Means Grant Program.

Notify Doug, ([wm.doug.burroughs@gmail.com](mailto:wm.doug.burroughs@gmail.com)) or Libby if you need a table for a Chapter Display or fundraising. Now is the time to let your chapter shine!

Those people wearing yellow bandannas at the annual meeting? We're members of the Sumner Trails and Nashville chapters, and we're looking forward to being your hosts for a crisp autumn weekend of hiking in Middle Tennessee. Be sure to check the Annual Meeting page on the TTA web site for updates and invite a friend!

## TTA Annual Membership Meeting

TTA members will elect 3 TTA Board Members for the 2022-2024 calendar years. The nominating committee recommends the following slate of Directors: Libby Francis, Duane Frichtl, and June Callahan to serve as Directors at Large with Trish Appleton to serve as the East Tennessee Regional Director. The term of office for each Director-at-Large and Regional Director is three years. Nominations from the floor are also accepted.

Check the last page of your newsletter for a list of Directors currently serving. We will receive reports from the President on the activities of the Association, from the Treasurer on the financial condition of the Association, and from Chapters on their activities.

## Preliminary List of 2021 TTA Annual Meeting Hikes

October 22-24, 2021, are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we are planning and make your plans to be there!

Travel times are driving times from the Montgomery Bell State Park Lodge to the hike trailhead.

### FRIDAY HIKES:

**History hike at Montgomery Bell.** Led and guided by State Naturalist, Randy Hedgepath.

**Wildcat, Ore Pit, Jim Bailey Nature Trail** at Montgomery Bell. 4 miles

### SATURDAY HIKES:

**Beaman Park.** 6 or 12 miles. Moderately strenuous to strenuous for terrain and length. The 12-mile Laurel Woods Trail opened in October of 2020 and is the latest addition to Beaman Park. This beautiful new loop offers hikers the chance to get further into the park's backcountry. 55-minute travel time

**Bowie Nature Park. 8-mile loop.** Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian and lowland bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures and art. 33-minute travel time

**Downtown Nashville historical and urban hike. 7 miles.** To include, state capitol, Courthouse Square, Union Station, civil war sites, honkytonk district, river views, new convention center and various architectural gems. 52-minute travel time

**Harpeth River State Park outing. 3-4 miles.** To include Narrows of the Harpeth, Mace Bluff, Newsome Mill, Hidden lakes, and possible Mount Bottom (Native American Mounds). 31-minute travel time

**Johnsonville History Hike. 5 miles.** Enjoy a Ranger led hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African- American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles. 1 hour travel time

**Montgomery Bell State Park.** Combinations of overnight trail, 10.5-mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This park has a great combination of history, wooded terrain, and lakes. And you are close to your lodgings - easy commute!

**Montgomery Bell 1/2 loop. 7 miles.** To include pre-park history

**Mousetail Landing. Eagle Point Trail. 8 miles.** Traverses hillsides, crosses gullies, streams and wooden bridges. Passes through open cedar glades, and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views. 1 hour 25-minute travel time.

**Natchez Trace Historical and Waterfall outing** to include Devil's Backbone Natural Area: 3 miles moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1 1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing. 1 hour 17-minute travel time.

**Nathan Bedford Forrest State Park.** 8-mile hike on rerouted trails due to storm damage with great views of Kentucky Lake. Options include a visit Pilot Knob, the highest point in west Tennessee and a visit to the park's Folklife Center. 1 hour 22-minute travel time.

### SUNDAY HIKES:

**Bicentennial Mall State Park.** With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger. 52-minute travel time.

**Long Hunter State Park, Volunteer Day Loop.** 4 miles fully wooded with bluffs overlooking the shores of J. Percy Priest Lake. 1 hour 13-minute travel time.

**Natchez Trace State Park. Cub Lake Trail** 4-mile loop. This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas. 1 Hour 21-minute travel time.

**Percy Warner Park. Warner Woods** Trail 2.5-mile loop. This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles. 46-minute travel time.

**Narrows of the Harpeth at Harpeth River State Park.** An easy, 1.6-mile hike for people of all ages with a beautiful overlook of the Harpeth Valley from the top of limestone bluffs. 28-minute travel time.

**2021 Annual Meeting  
October 22-24, 2021  
Montgomery Bell State Park (Burns TN)**

**REGISTRATION FORM  
DUE ON OR BEFORE  
September 30, 2021**

Please provide the name of each member of your family attending.

|                         |        |             |
|-------------------------|--------|-------------|
| Name:                   | Name:  | Name:       |
| Address:                | City:  | State: Zip: |
| Telephone – Day: Night: | Email: | Chapter:    |

**Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A block of Inn Rooms and Cabins will be held until midnight Tuesday September 7. After this time, the Park will release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).**

**For INN ROOMS and CABINS**, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Provide the reservationist our GROUP CODE 9880** to receive special discount pricing on the Suites and Inn Rooms. **Inn Rooms** (some have 1K; some have 2Q) requires a deposit of one full night's stay. (\$143.44/night; includes the tax). Discounts for Seniors, Veterans and Tennessee State Employees are available only when booking separately from the group rate.

**For the CAMPGROUND**, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). Prices range from \$15 to \$35 depending upon your camping site (RV or primitive). (There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: <https://tnstateparks.itinio.com/montgomery-bell>

**Meals will be available at the Lodge's restaurant. You will be ordering directly from the restaurant menu and you will be responsible for meal purchases. Lunch bags are available and must be preordered.**

|  |   |                               |                  |
|--|---|-------------------------------|------------------|
| <b>Order your lunch bag here</b>           |   |                               |                  |
| <b>Lunch bag</b><br><br>(circle selection) | <b>SATURDAY - Turkey or Vegetarian</b><br><i>Sandwich on wheat bread, with chips, cookie, fruit and water</i> | # of people _____ x \$13.00pp | \$               |
|  | <b>SUNDAY - Turkey or Vegetarian</b><br><i>Same as above</i>  | # of people _____ x \$13.00pp | \$               |
|  |   |                               | <b>TOTAL: \$</b> |

|   |                              |    |                  |
|---|------------------------------|----|------------------|
| <b>Order your T-Shirts here (Circle your choices) All shirts will be tri blend (65% polyester), light gray with darker gray flecks, athletic fit- close to the body</b> |                              |    |                  |
| Short sleeve: Small Medium Large XLarge (\$24)  | # of shirts _____ x \$ _____ | \$ |                  |
| XXLarge (\$26) XXXLarge (\$28)  |                              |    |                  |
| Long Sleeves: Small Medium Large XLarge (\$28)  | # of shirts _____ x \$ _____ | \$ |                  |
| XXLarge (\$30) XXXLarge (\$32)  |                              |    |                  |
|   |                              |    | <b>TOTAL: \$</b> |

**EARLY REGISTRATION FEE** (postmarked on or before September 30th) # of people \_\_\_\_ X \$30 = Total \_\_\_\_\_

(The full amount is required of each participant, regardless of the number of days attending.)

**LATE REGISTRATION FEE** (postmarked after September 30th) # of people \_\_\_\_ X \$40 = Total \_\_\_\_\_

**Yes, I would like to donate to support the Evan Means Grant Program:**

Funds will be used to support trail projects. Your support is greatly appreciated.

**Donation \$** \_\_\_\_\_

**TOTAL DUE (registration, lunches, T-shirts, and donation)** **Total Due \$** \_\_\_\_\_

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and mail them to:

Tennessee Trails Association c/o June Callahan  
3008 Halenwood Circle, Franklin, TN 37067

Need more information? Contact June Callahan at 615-945-7462 or [june369@outlook.com](mailto:june369@outlook.com)

An email confirmation will be sent to you at the time your check and registration are processed.

**REFUND POLICY:** All cancellations and requests for a refund must be in writing. No refunds will be made after October 5, 2021. Persons cancelling before October 5 will be refunded in full, less the \$30 Registration Fee.

TTA acknowledges the changing situation regarding the impact of COVID-19. The TTA Annual meeting will conform to current TN State Park guidelines. Attendees are encouraged to receive a COVID-19 vaccine.

## 2021 TTA Annual Meeting T-shirt

Get your T-shirt with the new TTA logo. Shirts will be Tri-blend (65% polyester), so they will work well for hiking. Color will be **light gray with flecks of darker gray**. The T-shirts have an athletic fit, so they will fit close to the body. If you are unsure of size, consider ordering a size larger. Costs for Short Sleeve will be \$24 for small, medium, large and XLarge, \$26 for 2XLarge, and \$28 for 3XLarge. Costs for Long Sleeve will be \$28 for small, medium, large and XLarge, \$30 for 2XLarge, and \$32 for 3XLarge. Shirts will only be available for pre-order using the 2021 Annual Meeting registration form.



## Cumberland Trails Conference

**Office Location:** 409 Thurman Avenue, Ste 102  
Crossville, TN 38555  
**Office Hours:** Monday - Thursday  
8 AM – 3 PM CT  
931-456-6259  
**Phone:** Sade Williams  
**Office Staff:** Sade Williams  
**Email:** [cumberlandtrailsconference@gmail.com](mailto:cumberlandtrailsconference@gmail.com)  
**Website:** [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

The CTC trail crew has been working between the old Jewett Road trailhead (Brady Mountain Section) and where the trail crosses Happy Top Road. This part of the trail will connect the Hinch Mountain section to the Brady Mountain section.

## 2021 TTA Annual Meeting Brief Schedule

### Friday, October 22, 2021

1:00 pm: Meeting Registration opens, and afternoon hikes commence.  
4:00 pm: MBSP Lodging Check-in  
5:00 pm: Dinner  
7:00 pm: Evening Activities

### Saturday, October 23, 2021

7:00 am: Breakfast  
8:00 am: Hikes depart.  
5:00 pm: Dinner  
6:00 pm: General TTA Membership Meeting  
7:00 pm: Live Auction (immediately follows Membership Meeting), then entertainment activities

### Sunday, October 24, 2021

7:00 am: Breakfast  
8:00 am: Hikes depart, and Board Meeting starts  
10:00 am: MBSP Cabin checkout deadline  
11:00 am: MBSP Lodging room checkout deadline.



Recent trail work

Photo courtesy of Shauna Wilson, CTC Trail Crew

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## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** Philip Anderson 931-561-0925  
*clarksville@tennesseetrails.org*

**VICE-CHAIR & BOARD REPRESENTATIVE:**  
Ryan Dowdy 615-925-1796  
*clarksville@tennesseetrails.org*

**TREASURER:**  
Mary Schwab 931-801-7172  
*clarksvilletreas@tennesseetrails.org*

**SECRETARY:**  
Mary Ann Harris 931-647-9321  
*clarksvillesecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
*clarksvillehikes@tennesseetrails.org*  
*(call Paul & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
Wade Bourne Nature Center, 2308 Rotary Park Dr.,  
Clarksville, TN 37043.

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Please call hike leaders to confirm hike time and meeting place.

**Sep 11 - Dunbar Cave SP, Long Trail. 2.5 miles. Moderate.** Meet 9:00 am CT at the trailhead picnic table. Most of the trail is on natural turf. There are a few concrete steps. Dogs are permitted if on a leash. The trail goes through pretty woods, passes sinkholes, limestone bedrock, goes through a 15 acre Prairie Restoration Project and by a 110 acre Lake. Contact: Cinde Jones 870-215-8993.

**Sep 18 - Springfield Greenway, Travis Price Park, Springfield, TN. 6 miles out and back.** We will spend some time at the Springfield Art in the Park festival. There will be art vendors, food, music, art demonstrations and activities. We will eat at the Depot Restaurant In Springfield after the hike. Meet 9:00 am CT, I 24 Exit 11 New Commuter parking lot. 25 miles to trailhead. Contact: Paul Schwab 931-801-9484.

**Sep 21 - Monthly Chapter Meeting.** Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Philip Anderson 931-561-0925.

**Sep 25 - LBL, Hematite Lake Trail, 2.2 miles, Honker Lake Trail 4.3 miles. Moderate.** Hematite Lake Trail circles the 83.6 acre Hematite Lake. The lake was named for iron ore that was once mined here. The trail is in a woods with large trees. You may see cranes, beavers, frogs, squirrels and turtles. Honker Lake Trail circles the 180 acre Honker Lake named after Canada Geese. The lake was built in the 1930s by the CCC Corps as a waterfowl refuge. The trail is on natural turf, and most of it is in the woods. Honker Lake is home to beaver, otters, Canada geese, osprey and many fish species. Restrooms are available near both trailheads. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 69 miles to trailhead. Contact Philip Anderson 931-561-0925.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIR:** Jane Coffey 615-516-6551  
*columbia@tennesseetrails.org*

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:**  
Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*

**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

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**Sep 7 - Chapter Quarterly Meeting.** 6 pm social hour and 7 pm meeting time. Meeting place: Barnabas Center behind St. Paul's Episcopal Church in Franklin - 507 Fair Street. **ONLY VACCINATED PARTIES WILL BE ADMITTED** per St. Paul's rules. We will discuss the following schedule more in depth at that time.

**Fall Certificate Hike:** Sewanee Perimeter Trail is a 21.5 mile moderately trafficked loop trail located near Sewanee, Tennessee that features beautiful wildflowers and is rated as moderate. The trail offers several activity options and is best used from April thru October. I am grateful to Janeth McKendrick because Janeth, Mary Priestley, Rev. Monna Mayhall and Marietta Poteet have worked very hard on setting up the four hikes to make up our Perimeter Trail hike this Fall. They have broken the hike into four sections, and they have even outlined some shuttles for us so that we will not have to double back and may decrease the mileage shown.

The four dates they have planned will be September 18 and 26, October 2 and 30.

Leg one will be Roark's Cove - Solomon's Temple (5.4 miles).

Leg two will be Lake Cheston - Cross - Roark's Cove (7.4 miles).

Leg three will be Solomon's Temple - Armfield - King's Farm (8.5 miles)

Leg four will be Lake Cheston - King's Farm - Parallel Trail - Lake Cheston (6.8 miles).

There may be some changes in the hiking order (i.e. Leg two may become Leg one), but this will give you some idea. One of the leaders purportedly has the code we need, so mileage may change some because we may not have to double back on our hiking.

Planning Ahead:

**Oct 22-24 - TTA Annual Meeting.** The Lodge at Montgomery Bell State Park, Burns TN.



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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-985-9144  
*easttennessee@tennesseetrails.org*  
**BOARD REPRESENTATIVE:** Tom Cressler 865-588-5622  
*boardeasttennessee@tennesseetrails.org*  
**WEBMASTER:** Sherry Barber 865-209-6189  
*sbarber6189@comcast.net*

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**Sep 6 - Lilly Bluff Trails, Lancing TN.** Join us on this holiday, to hike 2 Lilly Bluff Trails. The first trail is the Overlook Trail. It's just over .5 miles in and out where we will have a fantastic view of the river gorge. Then we will hike the Point Trail. It's in and out also for a total of about 4 miles. This trail is along the bluff and leads to a secluded view overlooking the river gorge. Let's meet at 9:00 am in Oak Ridge in the parking area of Books A Million (outer perimeter). We can carpool to the trailhead if desired. Don't forget to bring water, snacks, and \$\$\$ for carpooling. Preregistration is advised. Call Rosie at 865-985-9144 or email *rosemary\_J@hotmail.com*.

**Sep 25 - Lotterdale Branch Trail. Easy.** The hike will start at the Sinking Creek trailhead parking lot and make a loop with a total distance of about 5.5 miles. The trail is basically flat and will involve some walking on a country road. A little less than one-half of the trail follows the shoreline of Tellico Lake. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, rain jacket, a snack, a drink and a camera. If you are interested in a view of the area where we will be hiking and other trails in this area go to East Lakeshore National Recreation Trail at Tellico Lake [https://03d4f2c6-20c8-4560-ab74-d6e2e9ad42da.filesusr.com/ugd/75254c\\_5d0f3396f3ea4d6b96c0ed379ebb537c.pdf](https://03d4f2c6-20c8-4560-ab74-d6e2e9ad42da.filesusr.com/ugd/75254c_5d0f3396f3ea4d6b96c0ed379ebb537c.pdf). We will meet for tailgating to the trailhead at the Walmart parking lot in Lenoir City, 911, TN 321 N, nearest the Murphy Gas Station. We will leave there at 9:00 am and should be at the trail head by 9:45 am. For specific information about the hike please call Tom before the 24<sup>th</sup> and leave a message at 588-5622 or send an email to *cressler@utk.edu*.

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## GO GREEN

### Electronic Newsletter Available

This is reminder that you can receive your monthly newsletter via email. If interested please contact Cheryl Heckler at *membership@tennesseetrails.org* and please include your email address.

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## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Patricia Deen 760-703-8115  
*highlandrim@tennesseetrails.org*  
**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*  
**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Tom Hartvigsen 931-962-0811  
*(contact Tom & volunteer to lead an outing)*  
**MEETS MONTHLY:** 4<sup>th</sup> Monday

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**Sep 10-12 – Camping on Devils Step Island on Tims Ford Lake. Kayaking on Tims Ford Lake. Joint outing with the Murfreesboro Chapter.** Contact Joan Hartvigsen to reserve a spot on Devils Step Island, *jhartvigs@comcast.net* or 931-962-0811. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Campground early. Or paddlers can meet us at 8 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening we will paddle in the local area. Saturday morning at 8 am we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area.

**Sep 17 - Rock Island State Park, near McMinnville, TN. Hike, eat, kayak.** Hike Downstream Gorge Trail and Eagle Trail. We will visit Great Falls and Twin Falls and hike along Caney Fork River. Total distance is 3 miles, easy. We will have lunch at Badger Flat picnic area next to the Caney Fork River. After lunch we will launch our kayaks at the park's boat ramp and paddle out the Caney Fork River towards Center Hill Lake to Horseshoe Bend Marina and return. Contact Joan Hartvigsen at *jhartvigs@comcast.net* or 931-962-0811. Bring water, lunch, snacks and hiking sticks and kayaking gear. Wear sturdy hiking boots for the hike. And remember water shoes for the kayaking.

**Sep 27 – Chapter Meeting.** Pre-meeting dinner at Casa Mexico, Tullahoma. Our Chapter meeting will take place at 7 pm at DW Wilson Community Center, 501 N. Collins Street, Tullahoma. Chapter Chair Patty Deen will give a presentation on the geology and history of the Mammoth Cave National Park area, which will be the location of the upcoming "Mammoth Cave National Park Expedition" September 30 to October 4. Before the meeting, at 5 pm, we will meet for dinner at Casa Mexico on their outdoor patio. Casa Mexico is located at 1615 N. Jackson Street, Tullahoma and is right across the street from Publix. Please contact Chapter Chair Patty Deen if you plan to attend dinner so I can confirm the number for our reservation. Contact Patty Deen at *pdeen@palomar.edu* or 760-703-8115 for more information.

*Con't on next page*

## Highland Rim Chapter – con't.

**Sep 30-Oct 4 – Mammoth Cave National Park Expedition. Joint event with the Murfreesboro and Nashville Chapters.** Mark Your Calendars! We are planning a 4-night camping trip to Mammoth Cave NP in Kentucky for Thursday Sep 30 through Monday Oct 4. We have reserved a group campsite in the Maple Springs Campground. There is a maximum of 16 participants for this event. Due to parking restrictions and other logistics, participants with an RV will need to make their own reservations in the nearby Mammoth Cave Campground. The weekend will include a Friday morning cave tour followed by an afternoon hike around the main visitor area; on Saturday we will take a full-day hike from the Maple Springs trailhead. On Sunday there will be a hiking/biking option or full-day Green River Paddle using a local outfitter. Details for this weekend are still being determined. Please contact Patty Deen [pdeen@palomar.edu](mailto:pdeen@palomar.edu) to indicate your interest in this event.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293  
[jackson@tennesseetrails.org](mailto:jackson@tennesseetrails.org)  
**SECRETARY/TREASURER:** Terry Warren 731-535-0625  
[jacksontreas@tennesseetrails.org](mailto:jacksontreas@tennesseetrails.org)  
**HIKE COORDINATOR:** Glen Rognstad 731-217-5966  
[jacksonhikes@tennesseetrails.org](mailto:jacksonhikes@tennesseetrails.org)  
**FACEBOOK COORDINATOR** Priscilla Campbell 731-217-2552  
[jacksonfacebk@tennesseetrails.org](mailto:jacksonfacebk@tennesseetrails.org)  
**MEETS MONTHLY:** 1<sup>st</sup> Monday at 6:00 pm CT

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**Sep 12 - Annual Picnic and Chapter Meeting, Pinson Mounds, 1 pm.** The pavilion near the playground, museum and bathrooms has been reserved. Darren will grill the meat and everyone else will bring the side dishes, desserts and beverages. Ice, plates, forks, napkins, etc. will be provided by the club. Following the meal, we will have a brief meeting and then a short hike. Please RSVP to Terry by Sep 3 if you plan to attend the picnic and how many will be with you.

## Jackson Chapter – con't.

**Sep 18-19 - Charlie's Bunion in the Great Smoky Mtns. National Park. 8 miles. Moderate to hard due to terrain and length.** We will meet at 9 am ET in the Newfound Gap parking lot at the TN/NC state line. The AT crosses Newfound Gap on US 441. This section of the AT was built with picks and shovels in 1932, in one month's time. The trail passes first through a mixed pine and hardwood forest, and is wide and hard-packed from heavy travel. As you make your way, you can see Mount LeConte through the trees before you reach the first ridgetop and the junction with the Sweat Heifer Trail, which connects with the Kephart Prong Trail. The AT ascends steeply, providing some spectacular views into NC before it reaches its highest point and descends to the junction with the Boulevard Trail on the left at 2.7 miles, which leads to the summit of Mount LeConte and the Icewater Spring and Shelter in 3.1 miles. Continuing on after the shelter, you will descend through a rutted section and at 3.7 miles you will pass out of the red spruce and Fraser fir forest, curve around the shoulder of Mount Kephart and be rewarded by a dramatic view of Charlie's Bunion, a 360 degree view even on a cloudy day. Along the hike you will see rock walls and crags that are unusual in the Smokies. The exposed rock of Charlie's Bunion was created by a combination of events. First, this area was clear cut for timber leaving unwanted brush and limbs. These remains caught fire in 1925, and 400 acres were burned. Then in 1929 heavy rains washed away what was left on the surface, exposing the rocky crag of Charlie's Bunion. Horace Kephart, who was on the naming committee for the park, chose to name the peak after a bunion on the foot of a friend of his, Charlie Conner, who climbed the peak to survey the damage after the 1929 rains. Please register with Jeff Chambers at 731-431-1538. It is a weekend that Tennessee has a home football game, so make any motel reservations now. Jeff will lead a short hike on Sunday with the trail TBA.

**Sep 25 - Johnsonville State Park and Nathan Bedford Forest State Park near New Johnsonville/Camden. 4 miles.** We will meet at the visitor's center on Highway 70 at 9:30 am. After the hike, we will eat lunch (bring your own or stop at a deli in Camden) and make a short drive to Nathan Bedford Forest State Park meeting at 1 pm at the museum/park headquarters. We will hike through some of the areas that were opened up during a tornado (2 years ago) providing beautiful views of Kentucky Lake/Tennessee River. Please register with Susan Woods at 731-441-8066.

### Looking Ahead:

**Oct 16 - International Festival in Jackson, TN**

**Oct 22-24 - Annual Conference**

**Oct 30 - Davy Crockett State Park or Canal Loop at Land Between the Lakes**

**Nov 13 - Cane Creek Canyon**

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## MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*

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**Sep 25 - Village Creek State Park, Wynne, AR.** Start off the fall hiking season with a hike at Village Creek, near Wynne, Arkansas. This is a moderate 5-mile hike along the Old Wagon Road west and the Trail of Tears with several hills. Meet at the park visitor center at 9:30 am. Bring lunch or snacks, water, wear hiking boots. In the past we had to wade through water in at least one place, come prepared for that possibility, (example: extra socks, a towel to dry your feet or waterproof shoes/boots). We will eat lunch at the campground after the hike. You must register for the hike: text or leave a message 901-489-9157 no later than 5:00 pm, Thurs, Sept 23. Hike will be limited to 25 people. Rain cancels hike.

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### Notification of TTA Members Meeting

The regular Annual TTA Membership Meeting will be held October 23, 2021, at 6 pm, in the main meeting room of the Lodge at Montgomery Bell State Park, Burns, TN

The address is  
Lodge Montgomery Bell  
1000 Hotell Ave  
Burns, TN 37029

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## MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894  
*djconatser@comcast.net*  
Sara Kennedy 615-692-9057  
*murfreesboro@tennesseetrails.org*

**TREASURER/HIKE COORDINATOR:** Sara Pollard 615-714-3610  
*murfreesborotreas@tennesseetrails.org*

**BLOGMASTER** Craig McBride 615-394-6121  
*murfreesboroblog@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-  
Crescent Park's Wilderness Station, 401 Volunteer Road,  
Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Sep 10-12 – Island Camping and Paddling. Tims Ford Lake. Winchester. Joint outing with the Highland Rim chapter.** Camping on Devils Step Island on beautiful Tims Ford Lake. Contact Joan Hartvigsen to reserve a spot for camping on Devils Step Island, at *jhartvigs@comcast.net* or 931-962-0811. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Campground early. Paddlers can meet us at 8:00 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening, we will paddle in the local area. Saturday morning at 8:00 am we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening, we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning, we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area. For more information contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

**Sep 15 – Radnor Lake State Park. Nashville. 5 miles. Moderate.** We will hike the Ganier Ridge Trail and South Radnor Lake Loop. This hike is rated as moderate, but there are a couple of steep climbs. Radnor Lake State Park is a 1,368-acre urban park and is unique due to the abundance of wildlife. There are usually deer, waterfowl and woodland bird sightings on this hike. Bring water and a snack. We will eat lunch at a local restaurant after the hike. For meeting time and to sign up, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

**Sep 21 – Chapter Meeting.** 7:00 pm CT. Barfield Crescent Park Wilderness Station. 401 Volunteer Road. NOTE: Our chapter meeting is the third Tuesday this month instead of the second Tuesday. Lucas Holman, former teacher now working with Wilson Co Ag Extension office, will come teach us about identifying local trees. For more information contact Chapter Co-Chair Jeanne Conatser at *djconatser@comcast.net*.

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**Sep 18 – “Pick a Park” series. Cumberland Mountain State Park. Crossville. Pioneer Short Loop, 1.8 miles. Easy.** This is the most frequently hiked trail in the park. The trail follows along the banks of Byrd Lake to the famous swinging bridge and loops back around to a foot bridge at the boat dock. Along the trail, we will see a small rock overlook called picnic rock. Stop here and enjoy the view. Hikers will pass through several sections of trail where mountain laurel and rhododendron create a pathway along the trail. The long section of rock steps that hikers will go up and down are original steps put in by the Civilian Conservation Corps and the 1/2 mile Byrd Lake Trail that goes from the Visitor Center to the Pioneer Trail. Meet at the Visitor Center at 10:00 am CT so we'll have time to see the Museum. We may have lunch at the restaurant if it's open but pack snacks just in case. For more information or to sign up, contact Jeanne Conatser at 615-971-8894 or [djconatser@comcast.net](mailto:djconatser@comcast.net).

**Sep 25 – National Public Lands Day. Barfield Crescent Park.** Come join us for trail maintenance at Barfield Park from 8:00 am until 11:00 am CT. National Public Lands Day was established in 1994 and is held annually on the fourth Saturday in September. National Public Lands Day is the nation's largest single day volunteer effort. Volunteering on this day is a great opportunity to spend time with family and friends and enjoy the many benefits that come from connecting with nature. Bring gloves, sturdy shoes, a snack, and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Sep 30-Oct 4 – Mammoth Cave National Park Expedition. Joint event with the Highland Rim and Nashville chapters.** A 4-night camping trip to Mammoth Cave National Park in Kentucky for Thursday September 30 through Monday October 4. A group campsite in the Maple Springs Campground has been reserved and there is a maximum of 16 participants for this event. Due to parking restrictions and other logistics, participants with an RV will need to make their own reservations in the nearby Mammoth Cave Campground. The weekend will include a Friday morning cave tour followed by an afternoon hike around the main visitor area; on Saturday we will take a full-day hike from the Maple Springs trailhead. Sunday there will be a hiking or biking option or full-day Nolin River Paddle using a local outfitter. Details for this weekend are still being determined. Please contact Patty Deen [pdeen@palomar.edu](mailto:pdeen@palomar.edu) of the Highland Rim chapter to indicate your interest in this event.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-587-0085  
[nashville@tennesseetrails.org](mailto:nashville@tennesseetrails.org)  
**HIKE COORDINATOR:** Barbara Bennett 202-236-0880  
[nashvillehikes@tennesseetrails.org](mailto:nashvillehikes@tennesseetrails.org)  
(email Barbara & volunteer to lead an outing)  
**MEETS MONTHLY:** Meetings suspended temporarily pending COVID 19 restrictions

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**Sep 5 - Stones River Greenway Hike. Donelson/Hermitage, TN. Moderate. 3-4 miles.** This hike includes a close-up look at a historic mansion, and the hike follows a winding paved path through woods and on a boardwalk alongside Stones River. 8:30 am start time. We will start at Clover Bottom Mansion parking lot, which is the office of the TN Historical Commission in Donelson. Free parking is behind the building. From Briley Parkway exit 8, the driving distance along Lebanon Pike is 3.5 miles east. Please contact hike leader Tom Vickstrom, 615-405-6713 or [tomzinger55@gmail.com](mailto:tomzinger55@gmail.com).

**Sep 11 – Nashville Urban Hike, Nashville, TN. Easy to moderate. Approximately 3 miles.** This will be a rehearsal for a planned hike being offered to TTA annual meeting attendees - a close-up look of downtown Nashville! Meet at 8:15 am at War Memorial Plaza just south of the state capitol. Parking can be found east of the state capitol down the hillside or at Nashville Public Library and many other places. We will hike across to city hall and then south near the Cumberland River, seeing historic Fort Donelson and Riverfront Park. Then on to Lower Broadway for a flavor of the honky-tonk district before visiting a portion of the Betty Brown Tree Trail. We will continue west past Music City Center and return to our starting point. Please contact hike leader Tom Vickstrom, 615-405-6713 or [tomzinger55@gmail.com](mailto:tomzinger55@gmail.com).

**Sep 16 - Jones Mill Trail in Long Hunter State Park. Hermitage, TN. Moderately easy to moderate for length with only modest elevation change. 7-1/2 miles.** This is a hiker-friendly biking trail that features a variety of plant life and scenery including cedar glade sections and views of Percy Priest Lake. We should finish by lunchtime. RSVP to Mark Hubbard for details and updates at [midtn@tnhiker.net](mailto:midtn@tnhiker.net) or 615-669-3221.

**Sep 18 - Bells Bend Outdoor Center. Nashville, TN. Easy to moderate. 3-5 miles.** We will walk along wide trails and open meadows. Bells Bend Park, located in western Davidson County, takes its name from a peaceful arc of the Cumberland River. When selecting footwear, remember that the trails can be muddy after a rain. Bring water and snacks. Meet at the Bells Bend Outdoor Center, 4187 Old Hickory Blvd. (2nd entrance) Nashville, TN 37218 at 8 am. For more information and to register contact Doug Burroughs at [doughburroughs@tennessee.usa.com](mailto:doughburroughs@tennessee.usa.com) or leave a message at 615-587-0085. Please check the TTA website listing for a possible day of hike update/cancellation.

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## Nashville Chapter – con't.

**Sep 30 - Oct 4 - 4 Day Mammoth Cave National Park hiking, camping and cave tour. Mammoth Cave, KY. Joint trip with Highland Rim and Murfreesboro chapters.** Group camp site reserved for Maple Springs campground. For more details, see Highland Rim chapter description. Register with Patty Dean, Highland Rim chapter for campsite at [pdeen@palomar.edu](mailto:pdeen@palomar.edu) or 760-703-8115. For more information, contact Dianna Richter at 615 587 9633 or [nodak@gardener.com](mailto:nodak@gardener.com).

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Norm Brinsley 931-202-2338  
[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)  
**TREASURER:** Clark Zedric 217-520-9889  
**BOARD REPRESENTATIVE:** Bob Obohoski 931-456-4282  
[boardplateau@tennesseetrails.org](mailto:boardplateau@tennesseetrails.org)  
**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT

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For additional information contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org). For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>.

**Sep 1 - CT Stinging Fork Falls and Piney Falls, Spring City and Grandview, TN.** Short Hike: 3 mile in/out at Stinging Fork State Natural Area features a 35-foot waterfall and cascade at the end of the 1 ½ mile trail. Due to some elevation gain and possibly slick rocks, the hike is rated moderate to difficult. Long Hike: 6 miles total. Stinging Fork hike plus Piney Falls 3 mile round trip loop hike that features two waterfalls, the 80 foot tall Upper Piney Falls and Lower Piney Falls. We will descend down to the lower falls then walk up the creek (depending on water flow) to the Upper Falls. The trail is generally easy going under the upper falls along a rock bluff, requiring you to climb with the assistance of a rope to the top of the bluff then crossing the creek at the top of the falls. Bring lunch, water and a snack. Gas cost is \$4. Don't forget tick/bug spray and sunscreen. Depart Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot at 9 am CT. Contact the hike coordinator [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243 for more info.

**Sep 8 - South Rim Trail. South Cumberland State Park, Palmer, TN.** Start from the Ranger Station 3157 TN Hwy 399. Short Hike: 4-5 moderate miles out and back. Long Hike: 6-7 moderate miles out and back. Little elevation change. Highlights include Savage Creek, Savage Falls and multiple overlooks of outstanding gorge views and old-growth forest. Depart 7:30 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$6. Contact the hike leader Curt 931-267-2243 for info.

## Plateau Chapter – con't.

**Sep 9 - Picnic/Chapter Meeting, Meadow Park Lake, Crossville, TN.** Hike the Soldier Beach Trail at 4 pm followed by our meeting at the shelter at 5 pm. We'll eat after the meeting. Please bring your own meat to cook, a side dish with serving spoon to share and your own non-alcoholic drink. The charcoal will be ready for grilling about 5:30 pm. Plates and plastic forks will be provided. Contact Norm 931-202-2338 to confirm your attendance.

**Sep 11 - Window Cliffs Trail, Window Cliffs State Natural Area, Baxter, TN.** Window Cliffs is a 275-acre state natural area. It is managed by Burgess Falls State Park. Window Cliffs is a prominent geological cliff-top feature that consists of a very narrow, elongated ridge that lies in the neck of an incised meander of Cane Creek. There are 18 creek crossings on this 5.4 mile out and back moderate, sometimes difficult, hike. September should be a good time to catch the water low for the crossings. Bring water shoes, lunch to eat on the cliffs and plenty of water. Don't forget tick/bug spray and sunscreen. It's a 45-minute drive. Depart 7:30 am CT from Tractor Supply NE corner of parking lot in Crossville. If you choose to carpool, gas cost is \$5. For additional information contact hike leader, Cheryl Heckler, text/or call 931-200-7436.

**Sep 15 - Snoopers Rock to Natural Bridge Trail, Prentice Cooper State Forest, Chattanooga, TN.** Short Hike: moderate 4-5 mile in/out. Long Hike: Moderate 6 miles in/out to Natural Bridge. This hike visits a portion of the Grand Canyon of Tennessee, where the Tennessee River cuts a 1,000 foot gorge through the Cumberland Plateau. Within Prentice Cooper State Forest, we will first visit the large, wide vista at Snoopers Rock, where river gorge panoramas amaze. We will then pick up the Cumberland Trail, hiking the canyon rim and the stream valleys that cut their own chasms, eventually reaching Natural Bridge, a sturdy arch to eat lunch on. Depart 7:30 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$7. Contact the hike leader Curt 931-267-2243 for info.

**Sep 22 - LCM Loop Trail near Jasper, TN.** Short Hike: 3.1 mile loop. Long Hike: 5.1 mile figure 8. This is a new hike for us along the Tennessee River bluffs with an elevation change of 539' up and 515' down. This trail is rated strenuous and can be found on the Hiking Project App. Depart Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot at 9 am CT. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$6. Contact the hike coordinator [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243 for more info.

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## Plateau Chapter – con't.

**Sep 25 - CT Black Mt to Ozone Falls, Crab Orchard, TN.** Short Hike: 5 mi or less in/out to the old logging road and back. Long Hike: 6.7 mi thru hike to Ozone. Even though the hike is making an overall descent of 1,323 ft from Black Mountain to Ozone Falls, this is a strenuous hike of 6.7 miles and the hike south bound is even more strenuous. The difficulties are the steep descents and climbs over short distances, principally the ones into and out of The Basin, Long Branch and Falls Creek gorges. Even so, the section is rewarding with a presentation of beautiful rock bluffs, deciduous forest and clear streams. In places the trail tread is directly over sandstone cap rock pushed up by continental drift roughly 300 million years ago. The trail winds, dips and rises through lovely deciduous forest. In winter one can see the terrain plainly through the trees and into the distance. In spring time from mid-April to mid-May wildflowers bloom in abundance. During the last week of April until mid-May look for pink moccasin flower blooming in profusion on Black Mountain and huge gardens of cinnamon and glade ferns beside the trail coming off Black Mountain. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Depart at 7:30 am CT from Dorton United Methodist Church 1 mile east of Peavine Rd on Hwy 70E. Gas cost \$4. For info text/call Deb 931-267-2243 or email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org).

**Sep 29 - CT Black Mountain, Crab Orchard, TN.** Short Hike: moderate 1 mile hike from the parking lot at the top of Black Mountain on the upper loop trail to both overlooks. Option to add 1 mile by doing the under the bluffs lower loop also. Long Hike: 6 moderate with 2 of those miles will be strenuous on the return from Windless Cave. Cumulative ascent 1300 feet south to north. The Black Mountain Section includes a climb through beautiful forest land up the southwest flank of Black Mountain. It passes by Windlass Cave and terminates at the top of the mountain with impressive "house-sized" rock formations. FYI: There is also a scenic one mile loop at the top of Black Mountain that shares a portion of the Cumberland Trail. It provides passages through additional rock formations. The loop also provides several overlooks south and east over Grassy Cove and one partially obscured overlook north over Bat Town Cove. As of 2018 a lower loop trail has been added under the overlook bluffs. Depart 7:30 am CT from Dorton United Methodist Church 1 mile east of Peavine Rd on Hwy 70E. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost \$3. For info text/call Deb 931-267-2243 or email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org).

## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Jane Ellett 423-309-7879  
[soddydaisy@tennesseetrails.org](mailto:soddydaisy@tennesseetrails.org)  
**TREASURER:** Tom McElhone 805-208-4654  
[soddydaisytreas@tennesseetrails.org](mailto:soddydaisytreas@tennesseetrails.org)  
**ASSISTANT TREASURER:** Bob McGavock 423-667-2690  
[soddydaisytreas@tennesseetrails.org](mailto:soddydaisytreas@tennesseetrails.org)  
**HIKE COORDINATOR:** Betsy Darken 423-718-2060  
[soddydaisyhikes@tennesseetrails.org](mailto:soddydaisyhikes@tennesseetrails.org)  
**MEETS QUARTERLY:** Tuesday of the week following the  
TTA Board Meetings in Feb, May, Aug and Oct at 6:00  
pm ET at Burk's United Methodist Church, 6433  
Hixson Pike, Hixson  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/soddydaisy>

**Sep 4 - Polly Branch Falls Trail near Sparta. Moderate. 9.4 miles (?).** This is an exploratory hike that includes two waterfalls, a cascade, and the headwaters of the Caney Fork River. Reviews are mixed and the trail may be overgrown in places, but it sounds like an interesting hike! Please register with hike leader Betsy Darken, 423-718-2060. Bring lunch and the other summer essentials. Meet at Durham St, Soddy Daisy, at 8:30 am.

**Sep 7 - Fiery Gizzard trailhead to Hanes Hole Falls, Black Canyon Cascade, Sycamore Falls, and rock stacks, with a creek crossing. Moderate. 3.6 miles.** The scenery is beautiful, unusual, and intriguing! Please register with Marti and Roy Owensby, 423-386-5222, [sewmarti@aol.com](mailto:sewmarti@aol.com). Meet at the parking lot just beyond LaQuinta Inn, to the right (north) off I-24 Exit 175 (Browns Ferry Road), at 8:30 am.

**Sep 11 - The beautiful Hiwassee River!** We will hike 6 miles of John Muir's 1000-mile trek to the Gulf. An easy to moderate trek mostly along the river's edge, starting at the Appalachia Powerhouse and finishing at Childers Creek parking, requiring a car shuttle. Please register with hike leader, Tammy Hendrick, 315-949-8187. Meet at 8:30 am at Food City in Ooltewah, east off exit 11 from I-75. Bring lunch & bug spray.

**Sep 14 - Rainbow Lake Loop on Signal Mountain. Easy. About 3 miles.** Meet at Rainbow Lake parking lot at 304 Ohio Ave. at 8:30 am. Please register with hike leader Trish Appleton, 423-240-3443 or [appleton-p2@comcast.net](mailto:appleton-p2@comcast.net).

**Sep 18 - Cumberland Trail: Black Mountain to Ozone Falls. 6.7 miles. Strenuous.** This is a newly opened section of the CT that travels through a beautiful forest, crosses several creeks, and ends at a spectacular waterfall. The shuttle is easy. Please register with hike leader Tom McElhone, 805-208-4654 or [sarmitta@yahoo.com](mailto:sarmitta@yahoo.com). Meet at Durham St, Soddy Daisy, at 8:30 am.

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## Soddy-Daisy Chapter – con't.

**Sep 21 - Savage Gulf Day Loop Trail. Easy. 4-5 miles.** A walk through the woods on top of the plateau along with a trip down to Savage Falls. Please register with hike leader Tom McElhone, 805-208-4654 or [sarmitta@yahoo.com](mailto:sarmitta@yahoo.com). Meet at Durham St, Soddy Daisy, at 8:30 am.

**Sep 25 - Lula Lake Land Trust on Lookout Mountain (open gate day). Moderate. 6-7 miles.** We'll meander around several trails in the land trust, with great views of Chattanooga Valley and a spectacular 120-foot waterfall, to say nothing of the gorgeous smaller waterfall that empties into Lula Lake. This is a fee area with an \$18 cost per vehicle. There is limited space, so register early! Please register with hike leader Betsy Darken, 423-718-2060. Bring lunch and the other summer essentials. Meet at Food City on Tennessee Avenue in St. Elmo at 8:30 am.

**Sep 28 - White Oak Mountain, on the west side of Southern Adventist University campus in Apison. Easy rolling hills & valleys. About 4 miles.** Please register with hike leader Tammy Hendrick, 315-949-8187. Meet at 8:30 am at Food City in Ooltewah, off exit 11 from I-75. Bring snack & water.

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## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** Marcia Powell 217-855-3013  
Kathy Bryant 615-305-3424  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)  
**TREASURER:** John Jones 615-533-0127  
[sumnertreas@tennesseetrails.org](mailto:sumnertreas@tennesseetrails.org)  
**BOARD REPRESENTATIVE:** John Thomas 925-759-0517  
[boardsumner@tennesseetrails.org](mailto:boardsumner@tennesseetrails.org)

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**Sep 10 - Hendersonville Greenway. 3 miles. Easy.** Meet at the Hendersonville Library parking lot trailhead at 9 am, 140 Saundersville Rd. We will walk west from the library on the Indian Lake East trail, across the "lock bridge" to the Drakes Creek Athletic Complex parking lot near Demo's restaurant and return to the library. This route is mostly shady during the morning. There are several options for extending the hike if you so desire. Contact: John Thomas 925-759-0517 [johndt@sbcglobal.net](mailto:johndt@sbcglobal.net) or Donna Thomas 925-759-0518, [donnamt2@sbcglobal.net](mailto:donnamt2@sbcglobal.net).

## Sumner Trails Chapter – con't.

**Sep 14 - Beaman Park. Easy to moderate with a couple of hills. 2 miles.** Park at the Highland Trailhead parking lot. We will start the hike from the Highland Trailhead and take the Henry Hollow Loop which includes the Creekside Trail along Henry Creek. Meet at the Glenbrook Shopping Center at 9 am, 1010 Glenbrook Way, Hendersonville or meet at the Highland Trailhead at 9:30 am. Take a right on Eaton's Creek Road off of Old Hickory before the turn into the Nature Center. Then take a left on Little Marrowbone Road and a left into the park. Continue up the hill to the Highland Trailhead. For more information contact Marcia Powell [mpow1221@gmail.com](mailto:mpow1221@gmail.com), 217-855-3013.

**Sep 21 - Long Hunter State Park. 3 miles. Easy.** Join us for two trails at this beautiful park. We will first walk the beautiful Couchville Lake paved, flat 2 mile loop. Here we can enjoy the mostly shady loop and see the tree arboretum, the lake, exposed limestone rocks and several shorebirds can often be spotted. Then we will caravan about a mile away to the second location at Long Hunter where we will walk the very unique one mile Cedar Glade trail loop. This loop is a natural surface, mostly flat trail with some rocks and roots occasionally. Limestone Cedar glades are a unique environment of very thin soil and exposed rocky patches surrounded by cedar trees and are found primarily in the central basin of Middle Tennessee. They are home to several plant species that are rare and grow only in these unique glades of middle Tennessee. Meet at the Glenbrook Kroger at 9 am and we can caravan the 45 minute drive to the park. Or meet at the Couchville Lake trailhead at 9:45. No pets allowed on these trails, sorry. We hope you can join us! Contact Jenny Fitzgerald with any questions at [mrzfitz@gmail.com](mailto:mrzfitz@gmail.com) or 615-517-8185.

**Sep 29- Bledsoe Creek State Park. 3 miles. Moderate.** We will start and end at the Boat dock and public launch ramp Parking area, which is the road just past the road to the Visitor Center/Park Office. We will hike the Birdsong Nature Trail to the park office, make a bathroom stop and then proceed along the shoreline trail to ridgetop trail and back to the boat ramp parking area. Trail surface includes gravel, dirt, and rocks. You may want to bring water, hiking shoes, hiking poles, sunscreen, and insect repellent. Meet at 9:00 am at the boat dock and public launch ramp parking area. If you want to shorten the hike, meet us a little after 9 at the Park Office, 400 Ziegler Fort, Gallatin TN 37066. Contact is Judy Jenkins at [judy\\_jenkins@comcast](mailto:judy_jenkins@comcast), or text/call 615-403-0002.

## OFFICERS:

### President

Libby Francis 615-319-7501  
*president@tennesseetrails.org*

### Vice-President

Duane Frichtl 309-830-9720  
*vicepresident@tennesseetrails.org*

### Treasurer

David Bowling 931-273-4202  
*treasurer@tennesseetrails.org*

### Secretary

Melinda Pearson 731-225-4293  
*secretary@tennesseetrails.org*

## At-large Directors (terms expiring listed after name)

Libby Francis (2021) 615-319-7501  
*president@tennesseetrails.org*

Duane Frichtl (2021) 309-830-9720  
*vicepresident@tennesseetrails.org*

David Bowling (2021) 931-273-4202  
*treasurer@tennesseetrails.org*

Mark Hubbard (2022) 615-715-1517  
*board@tennesseetrails.org*

Melinda Pearson (2022) 731-225-4293  
*secretary@tennesseetrails.org*

Susan Woods (2022) 731-441-8066  
*board@tennesseetrails.org*

Cheryl Heckler (2023) 931-200-7436  
*membership@tennesseetrails.org*

Jenny Fitzgerald (2023) 615-517-8185  
*board@tennesseetrails.org*

Jane Coffey (2023) 615-614-1083  
*board@tennesseetrails.org*

## Regional Directors

### West TN

Terry Warren (2023) 731-535-0625  
*regionalwest@tennesseetrails.org*

### Middle TN

Joan Hartvigsen (2022) 931-962-0811  
*jhartvigs@comcast.net*

### East TN

Patricia Appleton (2021) 423-332-6517  
*regionaleast@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## UPPER CUMBERLAND CHAPTER

### (Sparta / Cookeville)

#### BOARD REPRESENTATIVE/HIKE COORDINATOR:

Cathy Moran 931-544-2764  
*uppercumberlandhikes@tennesseetrails.org*

#### TREASURER:

Pete Broehl 931-738-3551  
*uppercumberlandtreas@tennesseetrails.org*

**Sep 11 - Lunch meeting.** Please plan to attend if possible. This is a very important meeting to discuss our Fall plans. We will meet at Rey's Mexican Restaurant in Cookeville at 11:30 am. They have outdoor seating. Please contact: *ccmoran04@yahoo.com* for questions and to confirm your attendance.

## 2021 TTA Board of Directors Meetings

All members are invited to attend board meetings  
Contact Libby Francis for the link to join Zoom meetings

Sunday, Oct 24, 8 am

Montgomery Bell State  
Park

## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

☐

**A NEW MEMBER**

Sep 21

☐

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

\_\_\_\_ Individual \$25.00  
\_\_\_\_ Family \$35.00  
\_\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_\_ Life Member (Individual) \$500.00  
\_\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Primary Phone ( \_\_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Alternate Phone ( \_\_\_\_ ) \_\_\_\_\_  
Primary e-mail \_\_\_\_\_  
Alternate e-mail \_\_\_\_\_

For privacy, please do not list the following in  
the TTA Annual Membership Directory

- ☐ E-mail addresses  
☐ Mailing address  
☐ Telephone numbers

☐ I would like to receive my newsletter by  
mail.

Please list me with the following chapter:

|  |   |
|--|---|
| ____ Clarksville                         | ____ Murfreesboro                         |
| ____ Columbia/Franklin                   | ____ Nashville                            |
| ____ East TN (Oak Ridge/Knoxville)       | ____ Plateau (Crossville)                 |
| ____ Highland Rim (Manchester/Tullahoma) | ____ Soddy Daisy                          |
| ____ Jackson                             | ____ Sumner Trails (Sumner County)        |
| ____ Memphis                             | ____ Upper Cumberland (Sparta/Cookeville) |
| ____                                     | ____ At Large                             |

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA hikes or functions.**  
**Not a member yet? Please check out one of our hikes or meetings soon!**