

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

Let's Have a Safe and Fun 2021 Annual Meeting

Plan on hiking, meeting friends from across the state and supporting trails by the fundraising activities at this year's Annual Meeting, October 22-24 at Montgomery Bell State Park. The Annual Meeting committee wants everyone to have a safe and fun experience. Masks need to be worn for indoor activities. Please maintain 6 feet apart and follow the signs for social distancing at displays, silent auction, white elephant sales, and the seating for speakers and the annual meeting reports. Register by September 30, 2021, to take advantage of the discounted registration rate.

Check the Hikes section in the Annual Meeting area of the website for updated hike information. We encourage carpooling for hikes, but with driver discretion concerning mask wearing and social distancing.

Friday evening entertainment will include speaker Margie Hunter with the Tennessee Naturalist Program and a Trivia Contest hosted by our own State Naturalist, Randy Hedgepath.

Saturday evening will feature the annual Membership Meeting with reports from the President on the activities of the Association, from the Treasurer on the financial condition of the Association and from each chapter on their activities, as well as election of officers and award presentations, our famous silent and live auction and a farewell to famous/infamous Candy Corn Shorts. TTA members will elect 3 TTA Board Members for the 2022-2024 calendar years. The nominating committee recommends the following slate of Directors: Libby Francis, Duane Frichtl, and June Callahan to serve as Directors at Large with Trish Appleton to serve as the East Tennessee Regional Director. The term of office for each Director-at-Large and Regional Director is three years. Nominations from the floor are also accepted. Check page 7 of your newsletter for a list of Directors currently serving. The Annual TTA Membership Meeting will be held at 6 pm, in the main meeting room of the Lodge at Montgomery Bell State Park, 1000 Hotel Ave., Burns, TN.

Meals may be purchased in the Lodge Restaurant. You may eat inside the restaurant, on the outdoor patio, or get your meal to-go. Bring cash your checkbook for snacks for your day packs and snacking, and "white elephant" items for sale. There will be a cash bar in the hotel lobby. Silent auction items will be on display as well. Everyone is encouraged to bring donations of pre-packaged snack items for the bake sale, silent and live auction items. If you have questions about the auctions, please contact Libby Francis, libbyslibbys@comcast.net. Money received from fundraising will go to the Evan Means program.

Look for the people wearing yellow bandannas. They are members of the Sumner Trails and Nashville chapters and look forward to being your hosts for a safe and happy Annual Meeting. Be sure to check the Annual Meeting page on the TTA website for updates and invite a friend.

2021 TTA Annual Meeting Brief Schedule

Friday, October 22, 2021

1:00 pm: Meeting Registration opens, and afternoon hikes commence.
4:00 pm: MBSP Lodging Check-in
5:00 pm: Dinner
7:00 pm: Evening Activities

Saturday, October 23, 2021

7:00 am: Breakfast
8:00 am: Hikes depart.
5:00 pm: Dinner
6:00 pm: General TTA Membership Meeting
7:00 pm: Live Auction (immediately follows Membership Meeting), then entertainment activities

Sunday, October 24, 2021

7:00 am: Breakfast
8:00 am: Hikes depart, and Board Meeting starts
10:00 am: MBSP Cabin checkout deadline
11:00 am: MBSP Lodging room checkout deadline.

Updated List of 2021 TTA Annual Meeting Hikes

October 22-24, 2021, are the dates for our next annual meeting, headquartered at historic Montgomery Bell State Park. This storied location was the scene of events that affected the course of the future for much of Tennessee, and the hikes we'll take there and in other areas nearby have a wealth of lore as well. Read about some of the hikes we are planning and make your plans to be there!

Travel times are driving times from the Montgomery Bell State Park Lodge to the hike trailhead.

Any updates after publication of the October TTA Newsletter will be posted in the Annual Meeting area of the TTA website.

FRIDAY HIKES

Hike at Montgomery Bell State Park. Led by Assistant State Naturalist, Holly Taylor.

Wildcat, Ore Pit, Jim Bailey Nature Trail at Montgomery Bell State Park. 4 miles. Leg by Karl Dupre

SATURDAY HIKES

Beaman Park. 6 miles. Moderately strenuous for terrain and length. The hike will cover half of the 12-mile Laurel Woods Trail, which opened in October of 2020 and is the latest addition to Beaman Park. This beautiful new loop offers hikers the chance to get further into the park's backcountry. Led by Kevin Bowden. 55-minute travel time

Bowie Nature Park. 8-mile loop. Within the park there are 17 miles of winding trails which move the traveler through several ecosystems to include wetlands, grasslands, pine forest, oak/hickory forest, and riparian and bottomland wetlands. The nature center offers the opportunity for park visitors to learn more about Bowie Nature Park itself with nature exhibits, brochures, and art. Led by Kathy Woods. 33-minute travel time

Downtown Nashville historical and urban hike. 7 miles. To include, state capitol, Courthouse Square, Union Station, civil war sites, honkytonk district, river views, new convention center and various architectural gems. Led by Tom Vickstrom. 52-minute travel time

Harpeth River State Park outing. 3-4 miles. To include Narrows of the Harpeth, Mace Bluff, Newsome Mill, Hidden lakes, and possible Mount Bottom (Native American Mounds). 31-minute travel time

Johnsonville History Hike. 5 miles. Enjoy a Ranger led hike through the hollows and history of Johnsonville State Historic Park. We'll follow portions of the Historic Johnsonville Trail, Civil War Forts Trail and African- American Cemetery Loop which will link together to make a stacked loop hike of almost 5 miles. Hike led by Park Ranger. TTA coordinator at MBSP: Mark Hubbard. 1 hour travel time

Montgomery Bell State Park. Combinations of overnight trail, 10.5-mile loop, Ore Pit, Wildcat, and Creech Hollow trails. This Park has a great combination of history, wooded terrain, and lakes. And you are close to your lodgings - easy commute! Led by Wendy Fish.

Montgomery Bell 1/2 loop. 7 miles. To include pre-park history. Led by Randy Hedgepath, State Naturalist.

Mousetail Landing. Eagle Point Trail. 8 miles. The trail traverses hillsides, crosses gullies, streams and wooden bridges. It passes through open cedar glades and deciduous forests, paralleling the Tennessee River for stretches, with some breathtaking views. Led by Terry Warren. 1 hour 25-minute travel time.

Natchez Trace Historical and Waterfall outing to include Devil's Backbone Natural Area: 3 miles moderate loop with a great variety of trees in autumn dress. Meriwether Lewis Monument and gravesite. 1-1/2 mile loop of original Natchez Trace. Fall Hollow, walk a short distance to two waterfalls Jackson Falls hike 1/2 mile on a paved walkway Gordon House short hike to historical house and ferry crossing. 1 hour 17-minute travel time.

Nathan Bedford Forrest State Park. 8-mile hike on rerouted trails due to storm damage with great views of Kentucky Lake. Options include a visit Pilot Knob, the highest point in west Tennessee and a visit to the park's Folklife Center. Led by Susan Woods. 1 hour 22-minute travel time.

Jon Noel at Bon Aqua State Natural Area. 1 mile naturalist walk. Led by Margie Hunter, who is with the Tennessee Naturalist Program. 28-minute travel time.

SUNDAY HIKES

Bicentennial Mall State Park. With just a simple walk in the 19-acre park visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plants species from different regions of the state. This hike will be guided by a State Park Ranger. Led by Tom Vickstrom. 52-minute travel time.

Long Hunter State Park, Volunteer Day Loop. 4 miles fully wooded with bluffs overlooking the shores of J. Percy Priest Lake. 1 hour 13-minute travel time.

Natchez Trace State Park. Cub Lake Trail. 4-mile loop. This is a pleasant lakefront stroll, and a good trail for viewing the fall colors. It circles Cub Creek Lake with several short hills and flatter areas. Led by Pat Broadbent. 1 hour 21-minute travel time.

Percy Warner Park. Warner Woods Trail. 2.5-mile loop. This trail is in the heavily wooded interior section of the park, with some lowland sections and rolling hills and/or Harpeth Woods Trail 2.5 miles. 46-minute travel time.

Narrows of the Harpeth at Harpeth River State Park. An easy, 1.6-mile hike for people of all ages with a beautiful overlook of the Harpeth Valley from the top of limestone bluffs. Led by Ron and Judy Jenkins. 28-minute travel time.

**2021 Annual Meeting
October 22-24, 2021
Montgomery Bell State Park (Burns TN)**

**REGISTRATION FORM
DUE ON OR BEFORE
September 30, 2021**

Please provide the name of each member of your family attending.

Name:	Name:	Name:
Address:	City:	State: Zip:
Telephone – Day: Night:	Email:	Chapter:

Lodging reservation and payment will need to be arranged by you directly with Montgomery Bell State Park. A block of Inn Rooms and Cabins will be held until midnight Tuesday September 7. After this time, the Park will release the unreserved rooms to the general public (and no longer offer the discounts quoted to TTA).

For INN ROOMS and CABINS, phone the Inn & Conference Center directly to make your reservation (615-797-3101 or 800-250-8613). **Provide the reservationist our GROUP CODE 9880** to receive special discount pricing on the Suites and Inn Rooms. **Inn Rooms** (some have 1K; some have 2Q) requires a deposit of one full night's stay. (\$143.44/night; includes the tax). Discounts for Seniors, Veterans and Tennessee State Employees are available only when booking separately from the group rate.

For the CAMPGROUND, phone the Park's Office at 615-797-9052. All sites come with BBQ grill, fire ring, picnic table and access to the bath house (showers with hot water). Prices range from \$15 to \$35 depending upon your camping site (RV or primitive). (There will be a 1-time reservation fee of \$3 added to your reservation.) A campground map can be found at: <https://tnstateparks.itinio.com/montgomery-bell>

Meals will be available at the Lodge's restaurant. You will be ordering directly from the restaurant menu and you will be responsible for meal purchases. Lunch bags are available and must be preordered.

Order your lunch bag here			
Lunch bag (circle selection)	SATURDAY - Turkey or Vegetarian <i>Sandwich on wheat bread, with chips, cookie, fruit and water</i>	# of people _____ x \$13.00pp	\$
	SUNDAY - Turkey or Vegetarian <i>Same as above</i>	# of people _____ x \$13.00pp	\$
			TOTAL: \$

Order your T-Shirts here (Circle your choices) All shirts will be tri blend (65% polyester), light gray with darker gray flecks, athletic fit- close to the body			
Short sleeve: Small Medium Large XLarge (\$24)	# of shirts _____ x \$ _____	\$	
XXLarge (\$26) XXXLarge (\$28)			
Long Sleeves: Small Medium Large XLarge (\$28)	# of shirts _____ x \$ _____	\$	
XXLarge (\$30) XXXLarge (\$32)			
			TOTAL: \$

EARLY REGISTRATION FEE (postmarked on or before September 30th) # of people ____ X \$30 = Total _____

(The full amount is required of each participant, regardless of the number of days attending.)

LATE REGISTRATION FEE (postmarked after September 30th) # of people ____ X \$40 = Total _____

Yes, I would like to donate to support the Evan Means Grant Program:

Funds will be used to support trail projects. Your support is greatly appreciated.

Donation \$ _____

TOTAL DUE (registration, lunches, T-shirts, and donation) **Total Due \$** _____

Please complete this Registration Form; attach a check made payable to **TTA Nashville Chapter**; and mail them to:

Tennessee Trails Association c/o June Callahan
3008 Halenwood Circle, Franklin, TN 37067

Need more information? Contact June Callahan at 615-945-7462 or june369@outlook.com

An email confirmation will be sent to you at the time your check and registration are processed.

REFUND POLICY: All cancellations and requests for a refund must be in writing. No refunds will be made after October 5, 2021. Persons cancelling before October 5 will be refunded in full, less the \$30 Registration Fee.

TTA acknowledges the changing situation regarding the impact of COVID-19. The TTA Annual meeting will conform to current TN State Park guidelines. Attendees are encouraged to receive a COVID-19 vaccine.

2021 Evan Means Grants

The Tennessee Trails Association Executive Committee recently approved the Friends of Dunbar Cave State Park Evan Means Grant for \$940. The funds will be used to purchase tools for the purpose of rerouting the Recovery and Short Loop Trails at Dunbar Cave State Park. The other recipients of Evan Means Grants in 2021 are: Uplands Village Retirement Community for \$2,000, Friends of Mousetail Landing State Park for \$1,000, Friends of Natchez Trace State Park for \$2,675, Sergeant York Patriotic Foundation for \$1,000 for Sergeant York State Historic Park, Friends of Long Hunter State Park for \$813.35, Friends of South Cumberland State Park for \$1,470, Friends of Rocky Fork State Park for \$859.45, Friends of Johnsonville State Park, \$750. All the grants are for trail related projects. The nine Evan Means Grants for 2021 total \$11,507.80. The proceeds from the 2021 TTA Annual Meeting will go towards the Evan Means Grant program.

Joan Hartvigsen
Evan Means Grant Committee Chair



Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours:..... Monday - Thursday
..... 8 AM – 3 PM CT
Phone: 931-456-6259
Office Staff: Sade Williams
Email: cumberlandtrailsconference@gmail.com
Website: www.cumberlandtrail.org

The CTC trail crew finished the stretch of trail between the old Jewett Road trailhead and Happy Top Road. A total of 3,278 feet of new trail was built in 8 weeks including 66 stone steps and pavers. The new trail connects to the existing Brady Mountain trail which has had new blazes installed. With the new blazes on the Brady Mountain section, the trail is easier to follow, and we are encouraging hikers to use this trail.

Cumberland Trails Conference – con't.

Below is a photo from Brady Bluff overlooking Grassy Cove.



The two photos below are of some of the recent trail built between the old Jewett Road trailhead and Happy Top Road.



Photos courtesy of Shauna Wilson, CTC Trail Crew

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org

VICE-CHAIR & BOARD REPRESENTATIVE:
Ryan Dowdy 615-925-1796
clarksville@tennesseetrails.org

TREASURER:
Mary Schwab 931-801-7172
clarksvilletreas@tennesseetrails.org

SECRETARY:
Mary Ann Harris 931-647-9321
clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Please call hike leaders to confirm hike time and meeting place.

Oct 2 - Liberty Park, Clarksville. 3.5 miles. Easy. There is a .25 mile section of the trail on turf and a loop around a small lake with wooden tread. The rest is paved. Most of the trail runs along the Cumberland River's main channel and a cove with a large marina. There is a tribute to Wilma Rudolph who became a world-record-holding Olympic champion. You also pass a statue of Pat Summit who was the head women's basketball coach at UT and accrued the third most wins in women's basketball history. There are four bathrooms along the trail. meet 9:00 am CT at the Liberty Park Pond parking area. Contact Mike Covey 608-206-9850.

Oct 9 - LBL's N/S Trail from Road 170 to the Checking Station. 4.2 miles. Moderate. The trail is on natural turf in the woods. We will pass a restroom on the way to the trailhead; meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 55 miles to trailhead. Contact Paul Schwab 931-801-9484.

Oct 16 - Annual Bonfire. Meet 4:00 pm at Rotary Park Amphitheater. The entrance to the Amphitheater is on E. Old Ashland City Road. We will hike 2 miles, moderate, and eat after the hike. Bring a covered dish. Drinks, cups, plates, etc. furnished; Suva Bastin 931-645-2849.

Oct 22 - 24 - Annual Meeting.

Oct 30 - LBL's N/S Trail from Golden Pond to Road 141. 8.6 miles. Moderate. The trail is on natural turf in the woods. Some early settlers of Golden Pond were Scots-Irish who knew how to make good whiskey. The town became known for its moonshine during Prohibition. The moonshine was purchased by several gangsters and shipped up north. It is rumored that Al Capone was one of them. There is a restroom at the trailhead. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 58 miles to trailhead. Contact Paul Schwab 931-801-9484.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
columbia@tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Fall Certificate Hike: Sewanee Perimeter Trail is a 21.5 mile moderately trafficked loop trail located near Sewanee, Tennessee that features beautiful wildflowers and is rated as moderate. The trail offers several activity options and is best used from April thru October. We are grateful to Marietta Poteet for leading the October portion of this Perimeter Hike and thankful to Mary Priestley who led the September portion. The hike is scheduled in four sections, and they have even outlined some shuttles for us. The four dates they have planned are September 18 and 25, October 2 and 30. There will be a certificate if you complete all four hikes. Leg one was Roark's Cove - Solomon's Temple (5.4 miles). Leg two was Lake Cheston - Cross - Roark's Cove (7.4 miles). We will send out information on the meet-up times and locations closer to the hiking dates. One of the leaders purportedly has the code we need so that mileage will be what is shown on the schedule.

Oct 2 - Leg three - Solomon's Temple - Armfield - King's Farm. 8.5 miles.

Oct 30 - Leg four - Lake Cheston - King's Farm - Parallel Trail - Lake Cheston, 6.8 miles.

Oct 22-24 - TTA Annual Meeting Montgomery Bell State Park. You may attend all the events or simply a few. We look forward to seeing you there.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org
BOARD REPRESENTATIVE: Tom Cressler 865-588-5622
boardeasttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Oct 10 - Hike Planning for 2022. It's that time of year to celebrate a wonderful year of hiking and begin to plan for another hiking year. 2022 should be great for hiking. We'll meet at Victor Ashe park at 2:00 pm at the large shelter. Hopefully the weather will be nice and we can fill our 2022 hiking calendar with new leaders, new hikes and of course our "old favorites". We'll eat pizza, salad and enjoy our favorite beverages. We'll top our day off with a nice 2 mile walk around the park. Everything is free, so come and enjoy. Meet new and old friends. Bring your favorite hikes and help our Chapter be the best in Tennessee. Preregistration is advised. Text Rosie at 865.985.9144 or *rosemary_l@hotmail.com*.

Oct 30 – Hike the well-marked and maintained trails in the Norris Watershed. Fairly easy, about 5-6 miles. Meet at 9:30 am at the historic Rice Gristmill, located off U.S. 441 and about 300 yards onto Lower Clear Creek Road, just after passing Lenoir Museum. From there, we'll drive about a mile to the parking lot behind the City of Norris's small water treatment plant. Trails to be hiked, in order: Clear Creek Trail, Lower White Pine Trail to its intersection with Raccoon Run Trail, turn right onto short uphill stretch of Raccoon Run Trail and then right onto Red Hill Trail. We'll stop briefly to take a look at Red Hill Cemetery before proceeding to Joe's Trail, which ascends and intersects Eli Nine Trail. Then, it's on to Hi Point trail until we reach High Point, highest elevation in the Watershed. It's downhill from there, with several options. The quickest and most direct route back to the vehicles is via Hi Point Trail. Options include turning left onto Upper White Pine Trail and turning right onto Raccoon Run Trail, which intersects Hi Point Trail, or going straight onto Lower White Pine Trail. Watershed maps can be found online. For more information, contact Bob at 865-315-2266 or *rbfowler65@gmail.com*.

TIP

Dressing in layers will allow you to adjust to different levels of exertion. Weather can change unexpectedly in the spring, fall and winter, and proper layering will help keep you comfortable, warm and dry.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115
highlandrim@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Tom Hartvigsen 931-962-0811
(contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Sep 30-Oct 4 – Mammoth Cave National Park Expedition. Joint event with the Murfreesboro Chapter and Nashville Chapters. We are planning a 4-night camping trip to Mammoth Cave NP in Kentucky. We have reserved a group campsite in the Maple Springs Campground. There is a maximum of 16 participants for this event. Due to parking restrictions and other logistics, participants with an RV will need to make their own reservations in the nearby Mammoth Cave Campground. We will meet Thursday afternoon at 3 pm CT by the Visitor Center for an easy 2 mile hike around the historic area with views of the Green River and River Styx Spring. On Friday morning we will take the Ranger guided Grand Avenue Tour. This is a 4 hour, 4 mile hike. Only water is allowed in the cave. You will have free time Friday afternoon to do your own exploring. Cost for the cave tour is \$35 or \$17.50 with a National Park Senior/Access Pass. There is a limit on the number of tour participants. I will reserve spots in advance. On Saturday morning we will hike the moderate 10 mile back-country Sal Hollow-Buffalo Creek Loop Trail. The path winds through beautiful forest with massive oaks, beech and cedar, past bluff springs, sinkholes and old homesites. On Sunday morning we will kayak the Green River. A local operator will provide kayaks and shuttle us to the put-in at Dennison Ferry for a 3 to 4 hour trip to Green River Ferry. The trip passes through the gorge with wooded hills, limestone bluffs with small caves and sandy beaches. The paddle is rated easy, suitable for all levels. Cost for the kayak rental and shuttle is \$45. Note that there will be opportunities to enjoy the park's bike trails both on Friday afternoon and Sunday afternoon. Please contact Patty Deen *pdeen@palomar.edu* or text to 760-703-8115 to register and for more information.

Oct 9 - Monte Sano Nature Preserve, Huntsville, AL. 6 miles, 600 ft elevation gain. Strenuous. Old Railroad Bed Trail, Alms House Trail, Wagon Trail, High Trail, Toll Gate Trail Loop. The Railroad was built in 1888 to serve the Monte Sano Resort Hotel and included several trestles, bridges, and cuts. We will talk about the history of the railroad and hotel. Boots required due to railroad ballast. Bring water and lunch. Meet 9:00 am at North Alabama Land Trust Parking lot, 2442 Bankhead Pkwy, Huntsville, AL 35801 (34.7438, -86.5449). Contact Bryan Tauchen, *btauch@hiwaay.net* to register and for more information.

Con't on next page

Highland Rim Chapter – con't.

Oct 16 – South Rim Trail, South Cumberland State Park. Savage Gulf East. Savage Gulf Ranger Station 3157 TN Hwy 399, Palmer, TN. 9 miles out and back. Little elevation change. Moderate. Joint hike with the Murfreesboro Chapter. Highlights include Savage Creek, Savage Falls and six overlooks of outstanding gorge views and old growth forest. Meet at 8 am CT at Savage Gulf Ranger Station. Bring water, lunch, hiking sticks. Wear sturdy hiking boots. Please register with Joan Hartvigsen, Jhartvigs@comcast.net or 931-636-2914.

Oct 22-24 – TTA Annual Meeting. Montgomery Bell State Park, Burns, TN.

Oct 25 – Chapter Meeting. Meet at 7 pm at D.W. Wilson Community Center, 501 N. Collins Street, Tullahoma. Marietta Poteet will present a program on her recent hiking trip in Utah's National Parks. Contact Patty Deen, Chapter Chair, for more information, pdeen@palomar.edu or 760-703-8115.

Oct 30 – Short Springs Work Day. Meet at 8 am in the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Bring water, work gloves, lopper and pruner. Specific tasks will be announced closer to the date. Please register with Joan Hartvigsen, jhartvigs@comcast.net or text 931-636-2914.

Oct 31 – Old Stone Fort, Manchester, TN. Sunday afternoon hike. 3 miles. Moderate. Short steep sections. Meet at 1 pm in front of the museum/visitor center. Our hike includes Forks of the River Trail, Backbone Trail and the Moat Trail. We will enjoy autumn colors in a mature hardwood forest and the confluence of the Duck River and the Little Duck River. We will visit Blue Hole Falls, Big Falls and Step Falls. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org

SECRETARY/TREASURER: Terry Warren 731-535-0625
jacksontreas@tennesseetrails.org

HIKE COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

FACEBOOK COORDINATOR Priscilla Campbell 731-217-2552
jacksonfacebk@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 6:00 pm CT

Oct 16 - International Festival in Jackson, TN

Oct 22-24 - Annual Conference

Oct 30 - Davy Crockett State Park or Canal Loop at Land Between the Lakes

Looking Ahead:

Nov 13 - Cane Creek Canyon

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

Hike information unavailable at press time.

OFFICERS:

President
Libby Francis 615-319-7501
president@tennesseetrails.org

Vice-President
Duane Frichtl 309-830-9720
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Secretary
Melinda Pearson 731-225-4293
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)

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David Bowling (2021) 931-273-4202
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East TN
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ARE LISTED WITHIN EACH CHAPTER'S HEADER

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LouAnn Partington 931-393-4835
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MURFREESBORO CHAPTER

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murfreesboro@tennesseetrails.org
TREASURER/HIKE COORDINATOR: Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org
BLOGMASTER Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-
Crescent Park's Wilderness Station, 401 Volunteer
Road, Murfreesboro
BLOG: *www.tennesseetrails.org/blog/murfreesboro*

Oct 9 – “Pick a Park” series. Fall Creek Falls State Park. Gilbert Gaul Loop Trail. 4.3 miles. Moderate. This hike is on the list of the [Fran Wallas 36 Great Hikes in Tennessee](https://tennesseetrails.org/about/awards/). The “I hiked'em all” recognition information can be found at <https://tennesseetrails.org/about/awards/>. Trail goes along the shoreline of Fall Creek Falls Lake and offers wooded and lake views. Should be able to see early wildflowers peeking out, bring hiking pole and trail may be muddy. Meet at 10:00 am CT in the parking lot a little behind the lodge/restaurant and the fisherman cabins. The lodge/restaurant is still closed for remodeling so bring your own snacks and water. Bring your Tennessee State Parks passport book to get stamped. Please register in case hike is cancelled due to weather. For more information or to sign up, contact Jeanne Conatser at 615-971-8894 or *djconatser@comcast.net*.

Oct 12 – Chapter Meeting. 7:00 pm CT. Barfield Crescent Park Wilderness Station. 401 Volunteer Road. Marietta Poteet of the Highland Rim chapter and three other TTA members hiked the five National Parks in Utah in addition to several state parks in April 2021. Utah's national parks feature some of the most astonishing landscapes in the world. A slide show presentation of hikes in Zion, Bryce Canyon, Canyonlands, and Arches will be shown. For more information contact Chapter Co-Chair Jeanne Conatser at *djconatser@comcast.net*.

Oct 16 - South Cumberland State Park. South Rim Trail. 9 miles out and back. Moderate. Joint hike with the Highland Rim chapter. Highlights include Savage Creek, Savage Falls, and six overlooks of outstanding gorge views and old growth forest. Little elevation change. Bring lunch, water, and snacks. Meet at 8:00 am CT at the Savage Gulf Ranger Station, 3177 TN Hwy 399, Palmer, TN. For more information or to sign up, contact Sara Pollard at 615-714-3610 or *sarapollard@gmail.com*.

Murfreesboro Chapter – con't.

Oct 22-24 - TTA Annual Meeting. Montgomery Bell State Park, Burns. Hosted by the Nashville and Sumner Trails chapters. The conference will include the election of new members to our Board of Directors and an outstanding program of hikes in the area. This is also a great opportunity to meet and make new friends from other chapters. For more information contact Chapter Co-Chair Jeanne Conatser at *djconatser@comcast.net*.

Oct 30 – Cumberland Trail, Black Mountain Section. Crab Orchard. 8 miles. Moderate. We will start the hike at the trailhead on Highway 68 and hike to the top of Black Mountain taking a spur trail to Windless Cave along the way. We'll have lunch at one of the overlooks with spectacular views of Crab Orchard and Grassy Cove. We'll also pass a campsite and through a rock gateway. Bring lunch, water, and snacks. For more information or to sign up, contact Sara Pollard at 615-714-3610 or *sarapollard@gmail.com*.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085
nashville@tennesseetrails.org
HIKE COORDINATOR: Barbara Bennett 202-236-0880
nashvillehikes@tennesseetrails.org
(email Barbara & volunteer to lead an outing)
MEETS MONTHLY: Meetings suspended temporarily pending
COVID 19 restrictions

Oct 29 - Stones River Greenway Mileage Menu Trek, Nashville, TN. 3-8 miles. Easy to moderately strenuous depending on length. We will depart from Percy Priest Dam and head west, going as far as Wave Country in Two Rivers Park. Hikers can choose to hike 3, 5.5, 6.5 or 8 miles and we will arrange shuttles accordingly (plan to mask up when riding if requested). Bring plenty of water and snacks and wear shoes appropriate for a mostly paved greenway. We may take a short detour down the McGavock Spring House natural trail. Register with Mark for details, updates, and to arrange shuttles: *midtn@tnhiker.net*; 615-669-3221. Alternate date for inclement weather is Nov 5.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
BOARD REPRESENTATIVE: Bob Oboboski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

For additional information contact the hike coordinator email *plateauhikes@tennesseetrails.org*. For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>.

Oct 2 - CT Hebbetsburg/Daddys Creek Section, Hebbetsburg, TN. Long Hike: 7.5 moderate miles thru hike along Daddys Creek, past a 1940s cave house once home to a family for years. Requires an 8-mile shuttle. **Short Hike: 4.7 moderate miles.** Starting from the Keyes Rd Trailhead to the connector trail yellow gated parking area requiring a short car shuttle. Depart 7:30 am CT from Southwest parking lot of the VF outlet mall on Interstate Drive. Those in the Fairfield Glade area may join the caravan at 7:45 am at the parking lot to your left from a stop light at the intersection of Peavine Road and Stonehenge Drive. Gas cost is \$2. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. For additional information contact the hike coordinator, *plateauhikes@tennesseetrails.org* or text/call 931-267-2243 for more info.

Oct 6 - Piney River Nature Trail, Spring City, TN. Short Hike: 3+ mile strenuous hike on the Twin Rocks Loop Nature Trail out to the overlook and the Flat Rock Loop. **Long Hike: 8 mile strenuous hike** Twin Rocks Loop Nature Trail, Flat Rock Loop plus option to continue hike on the CT out to the Piney River Suspension Bridge and back. Depart 8:00 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot at. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$6. Contact the hike leader Howard Owen cell 931-248-3190 or 931-484-1328 for info.

Oct 13 - CT Signal Mountain Trail to Mushroom Rock, Signal Mountain, TN. Short Hike: 5 easy miles from the Soccer Pavilion Trailhead to Mushroom Rock and back. **Long Hike: 7.6 moderate thru miles** to Signal Point Trailhead. Signal Mountain is one of the southern sections of the Cumberland Trail with features including Julia Falls, several overlooks, including Edwards Point with its spectacular view of the "Grand Canyon of the Tennessee." The long hikers will lunch at one of the overlooks. The trail follows bluff tops and ridges 1,800 and 2,000 ft. above sea level, drops into ravines lush with hemlocks towering over tangled growths of laurel and rhododendron. Depart 7:30 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$7. Contact the hike coordinator *plateauhikes@tennesseetrails.org* or text/call 931-267-2243 for more info.

Plateau Chapter – con't.

Oct 14 - Chapter Meeting. First United Methodist Church Annex, Neecham St, Crossville, TN. Meeting starts at 6 pm. Contact Norm 931-202-2338 for additional information.

Oct 16 - Big South Fork, Honey Creek Loop, near Rugby, TN. Honey Creek Loop is our favorite trail. **Short Hike: 4 strenuous miles** doing a half loop along a rock bluff line exiting the trail at the Overlook which requires negotiating several ladders to the road. **Long Hike: 6 strenuous/difficult miles** of the entire loop. The footing is significantly more difficult than our typical hike so either the 4 or 6 mi hike will be a good work out. The long hikers will be crossing the creek a few times which normally can be rock hopped. The trail meanders through large boulders with limited head clearance. There is a cave but the ladder to it is/was in bad shape. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Depart 7:30 am CT from Crossville Cracker Barrel's rear parking lot. Gas cost \$6. For additional information contact the hike coordinator, text/call 931-267-2243 or email *plateauhikes@tennesseetrails.org*.

Oct 20 - Old Stone Fort State Archaeological Park, Manchester, TN. Short Hike: 5 mile loop easy to moderate on multiple trails. **Long Hike: 7 miles easy to moderate** hike on all the trails at Old Stone Fort. The main loop trail circles a 2,000 year old stone wall built by ancient American natives. There is also a nice museum. Depart 7:30 am CT from Tractor Supply. Bring water, lunch and a snack. Short hikers may opt to eat at a restaurant in Manchester. Don't forget tick/bug spray and sunscreen. Gas cost is \$7. Contact the hike coordinator *plateauhikes@tennesseetrails.org* or text/call 931-267-2243 for more info.

Oct 22-24 - TTA Annual Conference, Montgomery Bell State Park. TTA members login to find details about the conference in the "Members" section of the website <https://tennesseetrails.org>.

Oct 27 - Savage Gulf, Collins West Trailhead, Collins Gulf Trail, Gruetli-Laager, TN. Long Hike: Strenuous 8 mile in/out hike past Sutter and Horsepound Falls with spectacular bluff overlooks and rock formations to Schwoon Spring. **Short Hike: 5.6 strenuous miles** to Sutter Falls, Horsepound Falls and back. There should also be diverse and abundant fall wildflowers. Depart 7:30 am CT from Tractor Supply NE corner of parking lot in Crossville. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. If you choose to carpool, gas cost is \$6. For additional information contact hike coordinator, text/call 931-267-2243 or email *plateauhikes@tennesseetrails.org*.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jane Ellett 423-309-7879
soddydaisy@tennesseetrails.org
TREASURER: Tom McElhone 805-208-4654
soddydaisytreas@tennesseetrails.org
ASSISTANT TREASURER: Bob McGavock 423-667-2690
soddydaisytreas@tennesseetrails.org
HIKE COORDINATOR: Betsy Darken 423-718-2060
soddydaisyhikes@tennesseetrails.org
MEETS QUARTERLY: Tuesday of the week following the TTA
Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at
Burk's United Methodist Church, 6433 Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Oct 2 - Window Cliffs Trail. Moderate, out and back. 5.3 miles. A highly rated trail with a lot of easy creek crossings, a waterfall, cliffs with holes in them, and an optional climb up to some chimney rocks. Wear good water shoes. (Old tennis shoes will do.) Please register with Betsy Darken, 423-718-2060. Meet at Durham St, Soddy Daisy, at 8:30 am.

Oct 5 - Jim Ogden will lead an historical narrated hike at Chickamauga Battlefield. The hike will be easy and less than 5 miles. Jim is the historian at the Battlefield and has done a number of presentations for us in the past. Those who were there know that Jim never fails to make it a very special experience. We will meet at 8:30 am at the parking lot in the field below the Visitor's Center. Please register with hike leader Trish Appleton, 423-240-3443 or *appleton-p2@comcast.net*.

Oct 9 - Brush Creek Trail in the Cherokee National Forest. 7 miles. Easy to moderate. We'll start at Boyd Gap, with views of Big Frog Mountain and the shores of Ocoee Lake. Bring lunch & camera. Meet at 8:30 at Food City in Ooltewah, east off exit 11 from I-75. Please register with Tammy Hendrick, 315-949-8187.

Oct 12 - Savage Day Loop, South Cumberland State Park at. Easy. 4.6 miles. We'll see a view of Savage Gulf and a good waterfall. Meet at Durham Street in Soddy at 8:30 for a 35 minute drive to the trailhead. Bring a snack, water and lunch. Please register with Marti Owensby at 423-386-5222 or *sewmarti@aol.com*.

Oct 16 - Booker T. Washington Trail. 6.8 miles. Moderate. A loop trail that meanders all over the state park, with very nice views of Chickamauga Lake (aka the dammed-up Tennessee River). We'll meet at the Park Office and Gift Shop at the park entrance off Champion Road. Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*.

Soddy-Daisy Chapter – con't.

Oct 19 - Sewanee Perimeter trail from the Memorial Cross to Bridal Veil Falls. This is a moderate in and out hike with a total distance of 4.6 miles with an approximate elevation gain of 672 ft. Most of the gain is on the return. The trail is scenic with no long steep sections. It rolls up and down through the forest with several water crossings by bridge and one by foot. If the water conditions are good, in addition to the falls there will be a waterfall spilling over the plateau ridge and views of cascades. There will be an option to continue past the falls to the intersection of the Lake Cheston trail, if the group is interested. This will add approximately 1.6 miles to the hike for a total of 6.2 miles. Register with Delores Ladd 214-422-7206, *ladddelores@gmail.com*. Meet at the parking lot just beyond LaQuinta Inn, to the north off I-24 Exit 175 (Brown's Ferry Road), at 8:30 am.

Oct 23 - Possum Creek Gorge section of the Cumberland Trail. Out and back from Heiss Mountain trailhead to Little Possum Creek bridge. About 7.5 miles. Moderately strenuous/strenuous due to elevation changes. Deep gorges, two bridge crossings, interesting rock formations, and hopefully an unobscured overlook. Please register with Bob Caperton, 423-902-7898, *rhcaperton@aol.com*. Meet at Durham St., Soddy Daisy at 8:30 am.

Oct 26 - Foster Falls loop. 4.6 miles. Moderate. Walk along the rim, with a great view of the falls and an overlook into the Laurel Branch Gorge. Option to hike down the rugged bluff to the climber's area & view the base of the falls before hiking out of the gorge back to the starting point. Bring snacks, water, good hiking shoes/boots. Meet at 8:30 in parking lot by La Quinta, exit 175 (Browns Ferry Road) off I-24. Please register with Tammy Hendrick, 313-949-8187.

Oct 30 - Stone Door, Big Creek Gulf, Ranger Falls, Big Creek Rim Trail Loop. Strenuous. 9-10 miles. Fall colors, beautiful waterfalls, great views, impressive cliffs. Please register with Betsy Darken, 423-718-2060. Meet at Durham St, Soddy Daisy, at 8:30 am.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013
Kathy Bryant 615-305-3424
sumner@tennesseetrails.org
TREASURER: John Jones 615-533-0127
sumnertreas@tennesseetrails.org
BOARD REPRESENTATIVE: John Thomas 925-759-0517
boardsumner@tennesseetrails.org

Oct 12 - Tour of Larkspur Conservancy Preserve. 2 miles. Moderate. This is a natural burial ground and Conservation Preserve near Westmoreland TN. Larkspur Staff will guide us, explaining what all they do. There will be wildflowers and beautiful nature scenes included in this approximately 2 plus mile hike that includes a couple of hills. Meet at 10:00 am at 155 Bear Carr Road, Westmoreland, TN. Directions to Larkspur: Take Gallatin Road North (US 31-E) to Phillip Hollow Road and turn right, go approximately 1.2 miles, then turn left onto Bear Carr Road, go 0.2 miles and turn left into the parking area at the sign. Hike leader is Bob Dudney *atrsdudney369@gmail.com* or 615-415-7115.

Oct 15 - Station Camp Greenway. 3.5 miles. Easy. This is an out and back hike on a partly shady, level and paved trail along Station Camp Creek and behind Welch College and Station Camp High School in Gallatin. Meet at the trailhead parking lot next to the historic Douglas-Clark House, 2115 Long Hollow Pike, Gallatin, at 9 am. Dogs permitted. Contacts: John, 925-759-0517, *johndt@sbcglobal.net* or Donna, 9225-759-0518, *donnamt2@sbcglobal.net*.

Oct 18 - Winding Stairs, Lafayette, TN. 2 miles. Moderate with difficult footing in places. There are several small waterfalls and beautiful rock formations. The trails consists of some board and concrete trail but most of the trail is rock, dirt and gravel. Hiking boots, hiking poles, water, bug repellent is recommended. There is uneven footing and loose gravel on parts of the trail. Meet at Big Lots parking lot in Gallatin, 744 Nashville Pike at 9 am for the 50 minute drive to Winding Stairs or meet at the trailhead 655 Nature Trail Way, Lafayette, TN. There are restrooms at the trailhead. For additional information contact Marcia Powell. 217-855-3013 *mpow1221@gmail.com*.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

BOARD REPRESENTATIVE/HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org
TREASURER: Pete Broehl 931-738-3551
uppercumberlandtreas@tennesseetrails.org

Oct 9 - Brady Mountain segment of the Cumberland Trail, Crossville. 8 miles. Moderate to strenuous because of elevation gain. We will hike from the highway 68 trailhead to Lost Overlook and then return along the same route. Highlights of the hike include spectacular views of Grassy Cove and the mountains to the east from three overlooks. Bring water, snacks, lunch, and hiking boots. You can meet us at the trailhead at 9:00 am CT. For information and to register contact Richard Savage at 931-526-2035 or *savage_richard@hotmail.com*.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

Oct 21

Please Mail This Form To:

**Membership Director
P.O. Box 41446
Nashville, TN 37204-1446**

PLEASE, PRINT CLEARLY.

____ Individual \$25.00
____ Family \$35.00
____ Student (FULL TIME) \$15.00
____ Supporting (\$50.00, \$100.00 or more)
____ Life Member (Individual) \$500.00
____ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Primary Phone (____) _____ Zip _____ -- _____
Alternate Phone (____) _____
Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
- ☐ Mailing address
- ☐ Telephone numbers

☐ I would like to receive my newsletter by
mail.

Please list me with the following chapter:

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ East TN (Oak Ridge/Knoxville)	____ Plateau (Crossville)
____ Highland Rim (Manchester/Tullahoma)	____ Soddy Daisy
____ Jackson	____ Sumner Trails (Sumner County)
____ Memphis	____ Upper Cumberland (Sparta/Cookeville)
____	____ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!**