

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

2021 TTA Annual Meeting: Fun, Hikes & Volunteers

We hiked, we celebrated getting together again, we raised money, and we gathered around the bonfire at a villa. One hundred twenty-four TTA members from across the state gathered at Montgomery Bell State Park for our Annual Meeting, October 22-24, 2021. Any such undertaking requires planning, coordination, cooperation, and enterprise. The people who made it happen used all those skills and more, and as a result we have a lot of gratitude to go around. We've made every effort to see that everyone who helped is named because this effort took a village - a big one. Please take note of our generous donors and thank them in person when possible.

The Nashville and Sumner Trails chapters took on the organization of this year's annual meeting. The two chapters publicized, coordinated and led hikes, managed registration, programs, silent and live auction, bake sale and white elephant sale and coordinated all activities with the Montgomery Bell State Park staff. Thanks go to Nashville's chairs Doug Burroughs and Libby Francis; Sumner Trails chairs Duane Frichtl, Jenny Fitzgerald, Marcia Powell, and John Thomas. Kathy Bryant, Debbie Owens, Glen Sisk, June Callahan, and everyone on the planning committee and the monthly zoom meetings all contributed to the weekend's success.

Registration Volunteers: Volunteers who managed and assisted with registration include Dianna Richter, June Callahan, Maggie Cox, Becky Maney, Diana Finley, Kathy Woods, Margie Timmins, Alice Cannon, Nancy Juodenas, Barbara Bennett, Lynne Frichtl, Marcia Powell, Kathy Bryant, Wendy Fish, Paolo Smith, Sara Cummings, Doug Burroughs.

Auction Volunteers: June Callahan, Cindy Bowling, Wanda Boyd, Alice Cannon, Diana Finley, Jenny Fitzgerald, Keeley Fitzgerald, Libby Francis, Brenda Huddleston, Becky Maney, Kate Perry, Glen Sisk, Kathy Woods, Jackie York, Amy Sutton, Lynne Frichtl, Sara Cummings.

Hike Volunteers: Karl Dupre (organizer), Nancy Juodenas, Wendy Fish, Randy Hedgepath (Tennessee State Parks Naturalist), Margie Hunter (Tennessee Naturalist Program), Bob Holliday (Johnsonville State Park Manager), Kevin Bowden, Tom Vickstrom, Kathy Woods, Pat Broadbent, Ron & Judy Jenkins, Charles Key, Alice Cannon, Susan Woods, Terry Warren.

Welcome Bags for Registrants: Donors of items in registrant's welcome packets include Wilson Bank and Trust and many private contributions from Sumner Trails members. We are grateful to the crew of volunteers from Sumner Trails who met to distribute these items in the welcome bags.

Door Prizes: Donated by Keeley Fitzgerald and Amy Sutton.

Programs and Entertainment: With Debbie Owens as our Master of Ceremonies, Margie Hunter with the Tennessee Naturalist Program shared information about how to become certified as a Tennessee Naturalist and the various locations, requirements and topics covered as part of the classes. Tennessee State Naturalist Randy Hedgepath entertained us all with a rousing rendition of Trivia Pursuit, Tennessee State Park style. The three teams from all chapters worked together to answer the difficult, obscure and sometimes hilarious questions. Thanks, Debbie, for organizing our programs. We said a fond farewell to THE Candy Corn Shorts and all the people who gave money to trails by being their caretakers. All programs and entertainment were made possible by Audio Visual Coordinator, Chris Fitzgerald-Sumner Trails Chapter.

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2021 TTA Annual Meeting – con’t.

Auctions and Fund-Raising: Generosity came in a wide variety this year. Offerings ranging from several custom framed photographs, drawings, and art works, to incredible custom-made theme baskets, from beautiful hand turned wooden ornaments, to Tea for Four at the Hermitage Hotel. Don’t forget all those handmade hiking sticks!!

Thanks to the following individuals who donated goods to the silent auction:

Cathy Hollister, Becky Maney, Mary Etta Ward, Patty Deen, Mark Hubbard, Cady Gonzalez, Trish Appleton, Dr. Wally Bigbee, Cindy and David Bowling, Jenny Fitzgerald, June & Bill Callahan, various Sumner Trails chapter members, Richard S., East TN Chapter, Rhonda Padgett, Gary Rutnick, Barbara Bennett, Jack Bastin, Libby Francis, Plateau Chapter members, Jan Lyons, Cinde Jones, Clarksville Chapter, Melinda Pearson, Lynne Frichtl.

Thanks to the following businesses who donated items:

Venture Real Estate Services, Crossville; Mayberry’s Fine Furniture, Crossville; Good Times Spirits & Wine, Crossville; Trader Joe’s, Knoxville; Fairfield Glad Community Club Resort, Cumberland County Playhouse, Jodie’s Unique Gifts, Knoxville; CVS-Clinton Hwy, Knoxville; Mountain Outfitters, Monteagle; Hermitage Hotel, Nashville. Patronize these businesses and thank them for their support of Tennessee Trails. *A special thanks to Isaac Zuercher with Zurich Homes Inc. for their generous donation of \$500.*

Thanks go to all the bakers and “white elephant” merchandise donors. Great work Kathy Woods, Glen Sisk and the clean-up crew for gathering all leftover items for donation to charity!

Thanks to all the individuals who donated additional funds to TTA as part of their registration and thanks to the following chapters who made cash donations to augment auction funds: Nashville, Columbia/Franklin, Plateau, and Soddy-Daisy.

Make plans to join us at the 2022 Annual Meeting in Townsend hosted by East TN and Soddy-Daisy Chapters.

AWARDS PRESENTATION

During an inspirational ceremony, 7 awards were presented at the Annual Meeting on the night of October 23rd. Hiking photos of the winners were shown on the big screen as presenters read the nominations of the winners. Since no awards were given in 2020, the board of directors voted to increase the awards for 2021.

The **Bill Stutz Award** is presented to an active hiker and TTA member for their contributions to the Association or to one of the chapters. Three awards were presented.

- ❖ **Deb Westervelt** of the Plateau Chapter was presented this award by Norm Brinsley. She has been a member since 2015, and Hike Coordinator since 2017. Deb schedules a minimum of six hikes monthly, overnight hikes, and out of state hikes. She worked diligently during 2020 to keep the chapter hiking while staying within the requirements to safely continue hiking.
- ❖ **Pete Broehl** of the Upper Cumberland Chapter was presented this award by Judy Fries. He has been a member since 2002, and has served as treasurer for years. Pete also leads many hikes, serves as official photographer, and tirelessly promotes TTA to those he meets while hiking.
- ❖ **Ron and Judy Jenkins** of the Sumner Trails Chapter was presented this award by Marcia Powell. They celebrated 10 years as TTA members this summer. They are almost always present at hikes and chapter events. Ron has become the chapter’s photographer and posts these photos to Facebook and emails photos to those not on Facebook. Judy has become the communications and publicity director of the chapter, posting all hikes and events to the TTA website and sending reminder emails to chapter members. A number of chapter members refer to Ron and Judy as the “glue that holds the chapter together”.

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Awards Presentation – con't.

The **Tennessee Trails Award** recognizes the accomplishments and contributions of individuals in the furtherance of TTA's objectives. Two awards were presented.

- ❖ **Doug Burroughs** of the Nashville Chapter was presented this award by Libby Francis. Doug has been the Chapter Chair and TTA Board Member for many years and leads frequent hikes for the Nashville Chapter. He chaired the TTA Annual Meeting committee in 2014 and 2021, and has given countless hours to the Communications committee, researching, interviewing, and working with the new website developer implementing the new TTA website.
- ❖ **Rosemary Marshall** of the East Tennessee Chapter was presented this award by Karen Towle. She has been a leader in the chapter for many years and has served as a TTA Board Member and President. Rosemary was instrumental in coordinating the TTA annual meeting in Townsend a few years ago, and is already working on the annual meeting to be hosted by the East Tennessee and Soddy Daisy Chapters in 2022. She exemplifies volunteerism and has been dedicated to her chapter and TTA since she became a member.

The **Bob Brown Lifetime Achievement Award** honors lifetime leadership and personal contributions to hiking and conservation in the State of Tennessee. Two awards were presented.

- ❖ **Paul Schwab** of the Clarksville Chapter was presented this award by Ryan Dowdy. He worked 15 years as a Tennessee State Forester and 15 years as a timber buyer for a large sawmill in Clarksville. He has been a member for 14 years, serving as Chapter Chair for 2 years, Chapter Rep for 8 years, and Hike Coordinator for 10 years, a position he continues to hold. Despite turning 80 this year, Paul hikes about 25 miles weekly and leads many TTA hikes. He is a wealth of information, from identifying trees and flowers, to pointing out edibles and infusing history into any hike in which he participates.

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- ❖ **Robert "Bob" McGavock** of the Soddy Daisy Chapter was presented this award by Jane Ellett. He has been a member since April 2009, shortly after the chapter was reactivated. He has served as Chapter Treasurer for 12 years, Chapter Chair in 2012, and is currently Assistant Treasurer, in addition to leading many hikes. Bob has been very active volunteering on the trails with bridge construction, trail building, clearing blocked trails, and trail maintenance, especially on the Cumberland Trail. He is a wood carver and has donated his artwork to be sold at the TTA Annual Meeting. Those who hike with Bob say it is a joy and pleasure to hike with him because of his knowledge, quick wit, gentleman's ways and love of hiking.

Funds raised at the 2021 TTA Annual Meeting:

Live Auction: \$400.00
Silent Auction: \$2429.00
White Elephant: \$260.00
Bake Sale: \$120.00
T-shirts: \$940.00
Registrations: \$3850.00
Registration Donations to the Evan Means Small Grant Fund: \$596.00
Columbia/Franklin Chapter donation: \$100.00
Nashville Chapter donation: \$500.00
Plateau Chapter donations: \$600.00
Soddy Daisy Chapter donation: \$425.00
Individual Donations at the TTA Meeting: \$500.00

Once expenses are covered, a distribution will be forwarded to TTA. A final financial report from the Annual Meeting will be included in the January newsletter.

OUTREACH COMMITTEE REPORT

TTA members might be interested to know that the TTA board has recently re-affiliated the state organization with the American Hiking Society. The TTA Outreach committee would like to suggest that TTA members, especially chapter chairs, check out the American Hiking Society website (americanhiking.org) in order to share information about this organization with their members.

Another non-profit organization that might be of interest to members is American Trails (americantrails.org). Among many other programs, this group has recently initiated a program called The Trail Fund (thetrailfund.org) which is for the purpose of collecting corporate and other donations to be used to provide grants for trail projects.

EVAN MEANS GRANT PROGRAM

TTA's Board of Directors accepts Evan Means Grant submissions at quarterly board meetings. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee. Deadlines for 2022 are January 1, April 3, July 2 and October 1.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application. Grant requests less than \$1,000 are encouraged. However, if a project requires additional grant money, considerations will be made. Guidelines and applications can be found on the TTA website at www.tennesseehike.org, under "Get Involved". If there are any questions, contact Evan Means Grant Committee Chair Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914.

The Evan Means Grant Program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

REMINDER

Many chapters elect new officers, board representatives and hike coordinators in January.

Please check your chapter masthead this month. If there are updates needed, please include that information with your next chapter submission so that your chapter contact information can be updated.

NEWSLETTER DEADLINES

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org



Cumberland Trails Conference

Office

Location:	409 Thurman Avenue, Ste 102 Crossville, TN 38555
Office Hours:	Monday - Thursday 8 AM – 3 PM CT
Phone:	931-456-6259
Office Staff:	Sade Williams
Email:	cumberlandtrailsconference@gmail.com
Website:	www.cumberlandtrail.org

Chairman's summary:

The CTC search for an Executive Director continues. The process led by Brie Stewart, Chair of the Personnel Committee, has used an objective metric to evaluate the list of applicants. That list has been reduced to a short list of excellent candidates. We hope to make an offer soon. Dawson Wheeler will lead an ad hoc "On Boarding" committee to assist the new Executive Director to acclimate to the job and understand the vision for CTC.

Meantime, plans are underway to hold Alternate Spring Break (ASB) in March of 2022. Universities are expressing considerable interest and it appears this may be one of the largest ASB events in quite some time. We will be calling for volunteers to help with hosting ASB. Housing will be provided at Head of Sequatchie, and it is anticipated that the trail construction project will most likely be on the Windham property side of Daddy's Creek north to Peavine Road. That project anticipates a bridge across Daddy's Creek from TDEC property to Windham property at some future time which when completed will eliminate the current road walk. The CTC trail crew is working to maintain and clear sections of the Cumberland Trail. To date, they have cleared the 6.7-mile Ozone Falls section from Ozone Falls to Black Mountain and the 8.5-mile Lower Piney River segment from Piney River Recreation Area to Newby Branch trailhead. All spur trails were opened and blazed in yellow at Piney River. They are currently clearing the Arch Mountain section of the New River segment from Cave Branch trailhead to Frozen Head State Park. This 13 mile section has been closed for 2 years due to multiple large trees down across switchbacks. The work on this section should be complete during the month of November. Trail clearing includes cutting downed trees that are blocking the trail, moving rocks and debris that cause trip hazards, and trimming back vegetation from trail tread and trail corridor.

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Beech Tree Arch Mountain Section Photograph by Shauna Wilson



Switchback cleared Arch Mountain Section Photograph by Shauna Wilson



Smokey Creek Bridge Arch Mountain Section Photograph by Shauna Wilson

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org

VICE-CHAIR & BOARD REPRESENTATIVE:

Ryan Dowdy 615-925-1796
clarksville@tennesseetrails.org

TREASURER: Mary Schwab 931-801-7172
clarksvilletreas@tennesseetrails.org

SECRETARY: Mary Ann Harris 931-647-9321
clarksvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarkvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Please call hike leaders to confirm hike time and meeting place.

Dec 4 - Nashville Urban Hike. 4 miles. Easy to moderate. Start at Bicentennial Capitol Mall and hike along the Downtown Cumberland Greenway. We'll watch the Christmas Parade then cross John Seigenthaler Pedestrian Bridge where there is a restroom. The bridge is one of the longest pedestrian bridges in the world. We will return to the mall through city streets and eat lunch at the Farmers Market. Paul Schwab 931-801-9484. Meet 7:30 am CT, I 24 Exit 11 commuter parking lot. 39 miles to trailhead.

Dec 11 - Dunbar Cave SP, Long Trail. 2.5 miles. Moderate. Meet 9:00 am CT at the trailhead picnic table. Most of the trail is on natural turf. There are a few concrete steps. Dogs are permitted if on a leash. The trail goes through pretty woods, passes sinkholes, limestone bedrock, goes through a 15 acre Prairie Restoration Project and by a 110 acre Lake. Contact: Cinde Jones 870-215-8993.

Dec 14 - Christmas Party Potluck. Bring your own drink. No program just Christmas Holiday fellowship. Meet 6:00 pm CT Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville; Contact Philip Anderson 931-561-0925.

Dec 18 - McGregor Park Cumberland Riverwalk Pavilion out and back to Ft. Defiance. 2.7 total miles. Easy. We can eat lunch after the hike at Wendy's. The whole hike is paved. We walk along both the Cumberland and Red Rivers, cross the Red River on a highway sidewalk and hike up switchbacks through the woods to the Fort's museum. There are a couple of vistas overlooking downtown Clarksville and a few Civil War cannons along the way. The museum has bathrooms, exhibits and a short video. Meet 9:00 am CT McGregor Park Cumberland Riverwalk Pavilion This is where the flags are. Contact Phylis Haddock 931-206-6245.

Dec 31 - New Year's Eve Hike from McGregor Park Pavilion, on Riverside Drive where the flags are, through downtown Clarksville. 3.5 miles. Moderate. During the hike, Lionel Senseney and other hikers share interesting and amusing stories about Clarksville. After the hike some hikers may choose to meet at a venue on Strawberry Alley for a New Year's Eve Toast. Meet 7:00 pm CT, McGregor Park Pavilion on Riverside Drive. Contact Lionel Senseney 931-551-6738.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
columbia@tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Dec 7 - Chapter Quarterly Meeting. 6 pm social hour and 7 pm meeting time. Meeting place: Barnabas Center behind St. Paul's Episcopal Church in Franklin, 506 Fair Street. **ONLY VACCINATED PARTIES WILL BE ADMITTED** per St. Paul's rules. We will discuss the following schedule more in depth at that time. **Fall Certificate Hike:** We will discuss the successful completion of the Sewanee Perimeter Trail by the Columbia/Franklin members. It was charted as a 21.5 mile trafficked loop trail located near Sewanee, Tennessee. From all accounts it featured beautiful wildflowers and is rated as moderate. We are grateful to Janeth McKendrick for coordinating these hikes with leaders Rev. Monna Mayhall and Marietta Poteet. These participants worked very hard on setting up the four hikes to make up our Perimeter Trail hike this Fall. The hike was broken into four sections, and we hope they have all come back with glorious stories concerning the hike (especially the faceoff with the rattlesnake). The four sections of the hike with the mileage: Leg one - Roark's Cove - Solomon's Temple (5.4 miles); Leg two - Lake Cheston - Cross - Roark's Cove (7.4 miles); Leg three - Solomon's Temple - Armfield - King's Farm (8.5 miles); Leg four - Lake Cheston - King's Farm - Parallel Trail - Lake Cheston (6.8 miles).

Dec 11 - Bowie State Park Hike. Bowie Nature Park, located in Fairview, TN contains a glorious 700+ acres of forest, lakes & trails, Bowie is a great place for individuals, couples & families to come and enjoy their time. Bicycling, horseback riding, fishing, running, hiking, and playing are all facets within the park. With their modern Nature Center, Bowie Park is also an exciting place to learn more about nature. If you are interested, you can reserve the Nature Center, Outdoor Classroom or Picnic Areas for your upcoming community or social event! Within the park there are 17 miles of winding trails which move the traveler through several Eco-Systems to include wetlands, grasslands, pine forest, oak/hickory forest, riparian, and lowland bottomland wetlands. When visiting the Park, check the Kiosk located in front of the restrooms for seasonal hiking guides, wildflower and wildlife information.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

BOARD REPRESENTATIVE: Tom Cressler 865-588-5622
boardeasttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Dec 11 - North Boundary Trail in Oak Ridge, TN. 6 + miles. We'll touch on several different trails but they're all easy to moderate. We'll pass through woodlands and see creekside habitats showcasing a variety of wildlife and natural plants as well as remnants of pre-Manhattan project settlements. We'll see the quarry lake and old cemeteries too. Let's meet at 9:00 am ET in Oak Ridge in the parking area of Books A Million (closest to the outer perimeter). From this area we can carpool a very short distance to the trailhead because there's limited parking. Please preregister with our leader, Scott Adams at *adamsscott1950@gmail.com*.

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

- Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information.
- Please identify any hikes that are multi-chapter events.
- Please **DO NOT** format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise, fitness, or fear of heights and suspension bridges.

All submissions should be made by e-mail to *editor@tennesseetrails.org*. All submissions **MUST** be received by the 10th of the month **PRIOR** to the hikes (i.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115
highlandrim@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Tom Hartvigsen 931-962-0811
(contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Dec 5 – Sherwood Forest State Natural Area, Sewanee, TN. South Cumberland State Park. Easy three mile Sunday afternoon loop hike. This hike offers great views, beautiful forests and interesting geologic features. Meet at 1pm CT at the trailhead. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914. Directions: take exit 134 off Interstate 24, turn left toward Sewanee for 3.1 miles. Then turn left on Hwy 156. Continue 8.5 miles and turn right on Old CCC Road and continue 2 miles to parking area located at the end of the road.

Dec 10 – Highland Rim Christmas Event. This year the Highland Rim Chapter has scheduled lots of fun... and you can choose to come for all or part of the festivities. 2:30 pm: Meet at the Beechcraft Heritage Museum for a self-guided tour. The Museum admission is \$10 or \$7 for seniors and veterans; it is located at 570 Old Shelbyville Hwy, Tullahoma. 3:30 pm: Meet at the Beechcraft Heritage Museum parking lot where we begin a 75-minute hike (about 4 miles) to Cathy's house. The hike is flat and mostly gravel road to the Tullahoma Greenway and then asphalt to the Tullahoma Library. There are residential backroads to Cathy's house. When we arrive at Cathy's house, a shuttle will take you back to pick up your vehicle. The last part of the hike will be dark, so bring a flashlight. 5:00 pm: Party begins at Cathy's home, 106 Hamilton Lane, Tullahoma, TN. Pizza and a variety of beverages will be provided. Please bring a veggie or fruit tray and a dessert. Folks can party outside under the carport and yard or inside. The outside will have a hot tub for 4 to 6 people (bring your swimsuit and towel), foosball and cornhole and a firepit. We will all gather for a storytelling contest: "My Best Hike," in which participants will have 5 minutes to tell their story. Everyone will vote for best story by secret ballot; top 3 winners get a prize. Note: If it's too far to go home after the party, the cabin in the back sleeps 4 in bunk beds (bring your own sleeping bag). The driveway will accommodate one RV. So, mark the date! Bring your spouse and/or friends. Please contact Cathy to let her know you are coming and for more details: *cgconley9@gmail.com*. See the TTA website for details and updates.

Highland Rim Chapter – con't.

Dec 15 - Foster Falls and segment of the Fiery Gizzard Trail. 6 miles, round trip. Easy to moderate. Joint hike with the Murfreesboro Chapter. South Cumberland State Park. TTA Evan Means Grant funded the new stairs and improved trail to Foster Falls. 498 Foster Falls Road, Sequatchie, TN. Entrance to Foster Falls is about 7.5 miles south of Tracy City on US Hwy 41, on your right, marked with a large brown park sign. This very scenic hike includes overlooks of Foster Falls and a hike down to the plunge pool at the foot of Foster Falls. We will then follow the trail a short distance to visit hemlock lined Little Gizzard Creek on the left and towering bluffs on our right. We will then retrace our steps and hike a five mile round trip segment of the Fiery Gizzard Trail. In addition to several Foster Falls Overlooks, we will visit four other overlooks, including Laurel Gorge Overlook. Meet at 9 am CT at the Foster Falls trailhead. Bring water, lunch, hiking sticks and bright head lamp. Wear sturdy hiking boots. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914.

Dec 18 – Stone Door, Big Creek Rim, Alum Gap, Laurel Trail Hike. South Cumberland State Park. Beersheba, TN. 7 miles total. Moderate. Marietta Poteet will be leading a hike to Stone Door on the Big Creek Rim Trail to Alum Gap campsite and back on the Laurel Trail. There are spectacular views of Big Creek Gorge. Please bring water, snacks, and boots. This is rated moderate for trail conditions and length. Please call Marietta at 931-924-7666 or email at *nannietta@benlomand.net* for further information.

Planning Ahead:

Jan 22 - The 19th annual Poteet Chilly Chili Hike. We will be hiking to Lake Dimmick in Sewanee. It is a 4 mile total easy hike to Lake Dimmick and around the lake. We will then descend on the Poteet household in Clifftops, Monteagle. We will have several pots of chili, fixins, and brownies and whatever you hikers bring. Since the Chili Lunch is in our home and since we had to cancel last year's chilly chili hike, we request that you be fully vaccinated if you plan to attend. If you don't feel comfortable sharing sides, please feel free to bring your own. We've missed everyone and hope you will be able to attend. More information is forthcoming. Contact Marietta Poteet, *nannietta@benlomand.net* or 931-924-7666.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
ttajackson68@tennesseetrails.org
BOARD REPRESENTATIVE Wendy Porter 205-960-8087
ttaboardjackson68@tennesseetrails.org
SECRETARY/TREASURER: Terry Warren 731-535-0625
ttajacksontreas68@tennesseetrails.org
HIKE COORDINATOR: Glen Rognstad 731-217-5966
ttajacksonhikes68@tennesseetrails.org
FACEBOOK COORDINATOR Priscilla Campbell 731-217-2552
ttajacksonfacebk68@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 pm CT

Dec 11 - Charlie's Bunion, Great Smoky Mountain National Park, 8 miles. Difficult due to length and elevation gain of 1,640 feet. We will meet at the trailhead located in the parking area at Newfound Gap. The trail passes thru mixed pine and hardwood forest with a steady climb. The trail then passes thru a section dominated by Fraser fir and this begins the successional forest coming thru replacing the original canopy of trees. At some points, Mt. LeConte will be visible. At 1.5 miles you will reach a ridge and grassy area where a spur trail leads to a northern overlook. You may see some ground that appears to be plowed which is caused by wild hogs rooting for food. The trail levels out and rejoins the ridgeline, intersecting with the Sweat Heifer Trail. This trail descends along the creek on the North Carolina side of the divide to connect with the Kephart Prong Trail. The trail will ascend steeply for a time, providing spectacular views into North Carolina. The trail will soon reach its highest point, then descends to the junction with the Boulevard Trail. The trail continues ahead around Mount Kephart, thru some grassy areas and along a spring. The trail then descends steadily thru a rutted section of red spruce and Fraser fir forest, black cherry, yellow birch, American beech and thornless blackberry. After curving around the shoulder of Mount Kephart, you'll see a dramatic view of Charlie's Bunion. The exposed rock of Charlie's Bunion was created by clearcutting and leaving unwanted brush and limbs on the slopes which caught fire in 1925 & 400 acres of forest was destroyed. Then a heavy rain in 1929 washed away what was left on the surface exposing a rocky crag. The peak was named after Charlie Conner who had climbed the peak to survey the damage after the heavy rains of 1929. He had a bunion on his foot, hence the name Charlie's Bunion. The trail continues across the top of Charlie's Bunion providing dramatic views (even on a cloudy day) into the Tennessee side of the park. This hike will take approximately 6-7 hours depending on the pace of the hiking. We will meet at 8:45 am ET and begin the hike at 9:00 am. Please register with Jeff by DECEMBER 8 if you plan to hike either by phone 731-431-1538 or by email at *chambers.jeffreyb@gmail.com*. Most people will drive up on Friday. Please check the weather forecast and dress appropriately. Wear comfortable, sturdy hiking shoes and hiking poles are recommended. Please bring snacks, lunch, water, etc. Eating plans (for after the hike) will be discussed while hiking. PLEASE BRING OR WEAR GLOVES AND HATS AS IT MAY BE COLDER IN THE HIGHER ELEVATIONS.

Jackson Chapter – con't.

Planning Ahead:

Jan 3 - Monthly Meeting at Mulligans in North Jackson, Union University Drive (private dining room) at 6 pm. We will plan our hikes January - May so be prepared to lead a hike or suggest your favorite trail. Terry has been requested to lead the 4 segments of the Red Leaves trail again so those dates will be announced soon.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

GO GREEN

Electronic Newsletter Available

This is reminder that you can receive your monthly newsletter via email. If interested please contact Cheryl Heckler at *membership@tennesseetrails.org* and please include your email address.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

Dec 4 - Nesbit Park, Bartlett. We will hike the White Trail with possible additions for a total of 5 to 6.5 miles. One ravine crossing is part of this trail (we may have to cross through water) so wear hiking boots. Bring water and a snack and allow 3 hours for this hike. Rain will cancel the hike. Please register for the hike by noon Friday, Dec 3, by contacting Charlie Bright at charlie.bright2010@gmail.com.

Dec 11 – Downtown Memphis. 5 miles. Easy. This is an easy walk through the streets of the southern area of downtown. We walk briefly by the river, but most of the hike will focus on the buildings and history of Memphis plus some of the newer things happening downtown. Sites we will pass include the Tennessee Brewery, Wm. C. Ellis & Sons, Beale Street, Church Park, St. Patrick's Church, Clayborn Temple, the Chisca Hotel, the Lorraine Hotel, and Central Station. Wear good walking shoes and bring something to drink and maybe a snack. To register, or for more information, contact Wayne Simpson, w.simpson1@comcast.net or 901-385-1988 (no texts).



Wishing everyone a joyous holiday season and a very happy New Year!

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
djconatser@comcast.net
Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR: Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Dec 10 – Chapter Christmas Celebration. Friday evening at 6:00 pm at Sara Kennedy's house in Regency Park. The address is 715 Regal Drive. Bring your own dinner, drink, and lawn chair to this socially distanced picnic around a warm fire pit. As always, invite your family and friends to join us in this celebration of the holiday. Please RSVP by email or text to Jeanne Conatser at 615-971-8894 or djconatser@comcast.net.

Dec 15 - Foster Falls and Fiery Gizzard Trail. South Cumberland State Park. Sequatchie, TN. 6 miles. Easy to moderate. Joint hike with the Highland Rim chapter. TTA Evan Means Grant funded the new stairs and improved trail to Foster Falls. This very scenic hike includes overlooks of Foster Falls and a hike down to the plunge pool at the foot of Foster Falls. We will then follow the trail a short distance to visit hemlock lined Little Gizzard Creek on the left and towering bluffs on our right. We will then retrace our steps and hike a five-mile round trip segment of the Fiery Gizzard Trail. In addition to several Foster Falls overlooks, we will visit four other overlooks, including Laurel Gorge Overlook. Meet at 9:00 am CT at the Foster Falls trailhead. Bring snacks, lunch and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarapollard@gmail.com.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: <https://tennesseetrails.org/hikes-events/liability-release-form/>.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085
nashville@tennesseetrails.org
HIKE COORDINATOR: Barbara Bennett 202-236-0880
nashvillehikes@tennesseetrails.org
(email Barbara & volunteer to lead an outing)
MEETS MONTHLY: Meetings suspended temporarily pending
COVID 19 restrictions

Dec 4 – Mound Bottoms and Narrows of the Harpeth, Harpeth River State Park, Kingston Springs, TN. Optional up to 8 miles. Mostly Easy. This is a three part hike with option to do one, two or all three parts. Part One: We'll hike into a Native American mound site, guided and interpreted by Park Ranger Jacob Hardin. This will take about two hours - easy hiking. Karl Dupre & Doug Burroughs co-leaders. Mound Bottom State Archaeological Area is an ancient Native American mound center that dates to around 1000–1350. The site core includes at least 12 earthen mounds oriented around a 7-acre plaza within a meander bend of the Harpeth River. Part Two: On our own, we'll relocate to the Narrows of the Harpeth area of the park where 2 trails start from a common trailhead near the park entrance. A half-mile bluff overlook trail includes a steep ascent to a narrow bluff offering hikers a panoramic view of the Harpeth Valley. A half-mile trail along the backside of the limestone bluff leads to the site of Montgomery Bell's Pattison Forge where a small waterfall is all that remains of the iron forge operation. Part Three Options: As a group or on your own, hike one or more of the other areas of the park: Hidden Lakes, Gossett Tract, Newsom Mill. Options for lunch nearby. Meeting Time: 8:30 am CT. Meeting Location: Hwy 70 Canoe Access 1007 Cedar Hill Rd, Kingston Springs, TN 37082. For more information and to register, call or leave a message for Doug Burroughs at 615-587-0085. Please check the website listing for a possible day of hike update/cancellation.

Dec 10 - Beaman Laurel Woods Goldilocks Loop, Beaman State Park, Ashland City, TN. 11-1/4 miles. Moderately strenuous for terrain and length. "Not too easy, not too hard." We'll follow the slightly shorter, less challenging side of the front loop to and from the back one reducing the cumulative up and down significantly. The trail covers ridgetops, switchbacks down to and back from a few creek crossings, and some more gentle slopes. Pack a lunch and bring snacks and plenty of water. Meet at the Highland Trailhead parking lot in time for a 7:45 am step off. Plan for roughly 7-1/2 hours trail time. Register with Mark for details and updates: midtn@tnhiker.net or 615-669-3221. Alternate date for inclement weather: Friday, December 17.

Nashville Chapter – con't.

Dec 11 -- Nashville Chapter Holiday Party, Picnic Shelter #6, Edwin Warner Park, Nashville, TN. Road walk and Blue Trail hike options start at 10 am. Party starts at Noon. Bring your own food and drink. Food sharing optional. Bring firewood to share. Directions: From Vaughn Road just south of Old Hickory, turn into the Warner Park picnic area. Picnic Shelter #6 is about a half mile on the left. (Note: This is a different picnic area than our usual summer picnic shelter.) Contact Doug Burroughs: doughburroughs@tennessee.usa.com or 615-587-0085.

Planning Ahead:

Jan 22 - The 19th Annual Poteet Chilly Chili Hike. Sewanee, TN. 4 miles. Easy. We will be hiking to Lake Dimmick in Sewanee. We will then descend on the Marietta and Jim Poteet household in Clifftops, Monteagle. There will be several pots of chili, fixin's, and brownies and whatever else you hikers bring. Since the hike is in the Poteet home and since the Poteets had to cancel last year's chili hike, they request that you be fully vaccinated if you plan to attend. If you don't feel comfortable sharing sides, please feel free to bring your own. The Poteets have missed everyone and hope you will be able to attend. More information will be forthcoming.

TIP

Dressing in layers will allow you to adjust to different levels of exertion. Weather can change unexpectedly in the spring, fall and winter, and proper layering will help keep you comfortable, warm and dry.



TIP

Avoid cotton clothing as "cotton is rotten" and "cotton can kill" when outdoors in cooler temperatures. Cotton dries slowly and won't keep you warm when you get wet, while wool, fleece and other synthetics will. Reconsider wearing jeans if rain is predicted – they weigh too much and take forever to dry.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
BOARD REPRESENTATIVE: Bob Oboboski 931-456-4282
boardplateau@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

For additional information and to register, contact the hike coordinator email *plateauhikes@tennesseetrails.org* unless otherwise noted. For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>.

Dec 1 - Richie Hollow Trail, Chattanooga, TN. Joint hike with Upper Cumberland Chapter. New hike for us near Pot Point. **Short Hike:** 3.6+ moderate mile hike to Blowing Wind Falls and back. **Long Hike:** 6-7 moderate miles with 650' elevation change in/out. Depart 8:00 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN SE parking lot at. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$7 if carpooling.

Dec 4 - Big South Fork, John Litton Farm, Jamestown, TN. Joint hike with Upper Cumberland Chapter. The John Litton loop is about a 7 mile hike with some small waterfalls and some rock formations along the way. The trail is named for John Litton who settled in the area around 1900 and his dwelling and outbuildings are still standing. The hike is rated moderate. **Short Hike:** 4.2 mile loop. Short car shuttle. **Long Hike:** 7 moderate miles in/out. Depart 8 am CT from the Crossville Cracker Barrel rear parking lot. Gas cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Dec 8 - Short Springs Natural Area (NA), Tullahoma, TN. Joint hike with Upper Cumberland Chapter. We will wind our way around the Short Springs NA to Busby Falls and Machine Falls on a multitude of trails one of which is the Wildflower Loop. **Short Hike:** 4-5 moderate miles. **Long Hike:** 6 mile moderate hike that includes creeks, waterfalls and beautiful views. We can add another nearby hike if we choose. Depart 8:00 am CT from Tractor Supply West Ave in Crossville. Carpool gas cost is \$7. Pack water, snacks, lunch and we'll eat dinner on the way back.

Dec 9 - Chapter 25th Anniversary and Christmas Party. First United Methodist Church Annex Building, 69 Neecham St, Crossville, TN. Party starts at 5 pm. Please bring a dish to share and a \$15 nice gift for the Christmas gift exchange (dirty Santa). Gift exchange is optional. The Chapter will furnish meat, drinks, plates and silverware. No alcohol allowed on church property. RSVP Norm 931-202-2338 or email *huxianlj@gmail.com* no later than Dec 7th or for additional information.

Dec 11 - Crossville Christmas Parade. Chapter members will walk in the parade to promote our Chapter hikes. Parade line up 2:30 pm. Wear hiking gear or wildlife costumes. Contact Carla for more info *jjflash1956@yahoo.com*.

Plateau Chapter – con't.

Dec 15 - Fall Creek Falls State Park near Pikeville, TN. Joint hike with Upper Cumberland Chapter. **Short Hike:** 4.15 easy miles on Gilbert Gaul Loop Trail. **Long Hike:** 4.15 miles Gilbert Gaul Loop Trail plus 3 moderate miles of the Link Trail along the lake then either backtrack to finish the loop or continue on to a parking area requiring a car shuttle. Depart 8 am CT Tractor Supply West Ave and Elmore in Crossville. Carpool cost is \$5. Pack water, snacks and lunch.

Dec 18 - South Cumberland State Park, Fiery Gizzard and Dog Hole Trails, Tracy City, TN. Joint hike with Upper Cumberland Chapter. **LONG HIKE:** 6.9 miles moderate to strenuous. We will do a loop of 4.3 miles down Fiery Gizzard descending 400' and returning on the 2.6 mile 400' ascent Dog Hole Trail to Yellow Pines Falls passing 3 other falls along the way. **SHORT HIKE:** In/out 5.2 mile moderate to strenuous Dog Hole Trail with all the waterfalls. We begin at the Fiery Gizzard parking lot. Depart from Central Baptist Church, 1346 S Main St, Crossville, TN at 8 am CT. Gas cost is \$7. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

Dec 22 - CT Devil's Breakfast Table to Turkey Creek, Catoosa Wildlife Management Area, Hebbetsburg, TN. Joint hike with Upper Cumberland Chapter. **SHORT HIKE:** 4-5 mile in/out hike to Morgan Overlook. The trail is difficult due to the elevation change and lots of rock steps. From the trailhead, the trail proceeds down "a thousand steps" through Daddy's Creek gorge under sheer bluffs. After a mile, the trail rises out of the canyon and remains on the top of the bluff. There are a couple of overlooks that provide a view of the gorge before the trail goes back down into the gorge on the way to the junction of Daddy's Creek and the Obed River. **LONG HIKE:** Devil's Breakfast Table to Turkey Creek is a thru hike of 7 strenuous and difficult miles into the Daddy's Creek Gorge. There is a 1 mile car shuttle. Wear orange and good hiking shoes or boots; bring water, lunch and snacks. Depart from Southwest parking lot of the Crossville outlet mall on Interstate Drive at 8 am CT. Gas cost is \$3. Those in the Fairfield Glade area may join the caravan at 8:15 am at the parking lot left of the stoplight at the intersection of Peavine Road and Stonehenge Drive. Don't forget tick/bug spray and sunscreen.

Dec 29 - SCSP Denny Cove/Foster Falls SNA, Tracy City, TN. Joint hike with Upper Cumberland Chapter. **SHORT HIKE:** 3 mile moderate to strenuous in/out hike due to rock scrambling to a fabulous waterfall and rock climber cliffs. **Long Hike:** 8 miles total: Denny Cove hike plus the Foster Falls 5 mile moderate loop. Depart 8 am CT Depart from Central Baptist Church, 1346 S Main St, Crossville, TN. Gas cost is \$7. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jane Ellett 423-309-7879
soddydaisy@tennesseetrails.org

TREASURER: Tom McElhone 805-208-4654
soddydaisytreas@tennesseetrails.org

ASSISTANT TREASURER: Bob McGavock 423-667-2690
soddydaisytreas@tennesseetrails.org

HIKE COORDINATOR: Betsy Darken 423-718-2060
soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA
Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET
at Burk's United Methodist Church, 6433 Hixson Pike,
Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Dec 4 - Pogue Creek Overlook and Upper Canyon Trails. 6.3 - 8 miles. Difficult. Very impressive rock formations, Killdeer Arch, and awesome views! Please register with hike leader Betsy Darken, 423-718-2060. Meet 8:30 at the parking lot by the ballfields off Durham St in Soddy Daisy.

Dec 7 - Moccasin Bend Historical Hike. Less than 5 miles. Easy. This hike is narrated by Chickamauga & Chattanooga National Military Park Historian Jim Ogden. This area is unique in the National Park System because it spans 12,000 years of human habitation. Jim will start with the arrival of native Americans around 10,000 BC and continue to the period of the 1830s to the 1850s, when Brown's Ferry Road was an active route for the antebellum slave trade. Of course, he will also include the Battle of Lookout Mountain and the breaking of the cracker line. Please register with Trish Appleton, 423-240-3443 or *Appleton-p2@comcast.net*. Meet at 8:30 am at 201 Moccasin Bend Road, on the right, just before the road dead-ends at the hospital.

Dec 11 - Board Camp Creek portion of the Cumberland trail. This includes a shuttle from Heiss Mtn Trailhead to Soddy Gulf Trailhead, requiring carpooling. About 8 miles. Moderate to strenuous hike along creeks, through rocky bluffs on wooden stairways, and waterfalls. Bring lunch and water shoes since the bridge is out over Soddy Creek. Please register with Tammy Hendrick, 315-949-8187. Meet 8:30 at the parking lot by the ballfields off Durham St in Soddy Daisy.

Dec 14 - Brady Bluff via Brady Mountain Trail with a great view of Grassy Cove. 4.8 mile, out and back. Moderate. It is located near Crossville TN. Meet up at Durham Street in Soddy, TN at 8:30 am to travel to the trailhead. Register with Roy and Marti Owensby at *sewmarti@aol.com*.

Soddy-Daisy Chapter – con't.

Dec 18 - Stone Door, Big Creek Gulf, Ranger Falls, Big Creek Rim Trail Loop. Strenuous. 9-10 miles. Beautiful waterfalls, great views, impressive cliffs. Please register with hike leader Bob Caperton, 423-902-7898 or *rhcaperton@aol.com*. Meet at Durham St, Soddy Daisy, at 8:30 am.

Dec 21 - Summit Knobs Trail. 5 miles. Easy in & out hike up & down gentle hills to the Harrison Branch creek. The full name of the trail is Summit Knobs Equestrian Trail - we'll have to watch our step! Restrooms are available. Meet 8:30 at the trailhead, located near the end of Ferdinand Piech Way off Highway 58 (by Central High School). Please register with Tammy Hendrick, 315-949-8187.

Dec 28 - Greeter Falls Loop and Alum Gap. 3.2 miles. Moderate. Great views, two waterfalls, cliffs above and below, beautiful area! Please register with Earl Helmer, 770-877-0600 or *e_helmer@epbfi.com*. Meet at Durham St, Soddy Daisy, at 8:30 am.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Marcia Powell 217-855-3013
Kathy Bryant 615-305-3424
sumner@tennesseetrails.org

TREASURER: John Jones 615-533-0127
sumnertreas@tennesseetrails.org

BOARD REPRESENTATIVE: John Thomas 925-759-0517
boardsumner@tennesseetrails.org

Dec 11 - 1 pm, Bledsoe Creek State Park, Pavilion #2 (near the playground). Ho, ho, ho! Join us for a warm fire and apple cider plus Christmas Trivia! If you wish, bring cookies or a snack to share plus a wrapped \$10 gift to join in the gift exchange. We might even do a short hike.

Dec 15 - Burch Reserve Trail at Warner Parks, Nashville. Moderate. Approximately 2.5 mile loop. No pets. Mostly dirt with some moderate up and down areas. Hiking poles are helpful. Meet to caravan at Glenbrook Kroger, 1010 Glenbrook Dr., Hendersonville at 9 am. We will park at the Warner Parks Nature Center, 7311 Hwy 100, Nashville. If you will be meeting us at 10 am at the Nature Center, please advise John at 925-759-0517 or Donna at 925-759-0518.

OFFICERS:

President

Libby Francis 615-319-7501
president@tennesseetrails.org

Vice-President

Duane Frichtl 309-830-9720
vicepresident@tennesseetrails.org

Treasurer

David Bowling 931-273-4202
treasurer@tennesseetrails.org

Secretary

Melinda Pearson 731-225-4293
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Libby Francis (2021) 615-319-7501
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Duane Frichtl (2021) 309-830-9720
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David Bowling (2021) 931-273-4202
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Susan Woods (2022) 731-441-8066
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Jenny Fitzgerald (2023) 615-517-8185
board@tennesseetrails.org
Jane Coffey (2023) 615-614-1083
board@tennesseetrails.org

Regional Directors

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Middle TN

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jhartvigs@comcast.net

East TN

Patricia Appleton (2021) 423-332-6517
regionaleast@tennesseetrails.org

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ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

BOARD REPRESENTATIVE/HIKE COORDINATOR:

Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

TREASURER:

Pete Broehl 931-738-3551
uppercumberlandtreas@tennesseetrails.org

Dec 1 - Richie Hollow Trail, Chattanooga, TN. Joint hike with Plateau Chapter. Short Hike: 3.6+ moderate mile hike to Blowing Wind Falls and back. **Long Hike:** 6-7 moderate miles with 650' elevation change in/out. For hike description and registration information, see listing under Plateau Chapter.

Dec 4 - Big South Fork, John Litton Farm, Jamestown, TN. Joint hike with Plateau Chapter. Long hike 7 miles, short hike 4.2 mile loop. For hike description and registration information, see listing under Plateau Chapter.

Dec 8 - Short Springs Natural Area (NA), Tullahoma, TN. Joint hike with Plateau Chapter. Short Hike: 4-5 moderate miles. **Long Hike:** 6 mile moderate. For hike description and registration information, see listing under Plateau Chapter.

Dec 15 - Fall Creek Falls State Park near Pikeville, TN. Joint hike with Plateau Chapter. Short Hike: 4.15 easy miles on Gilbert Gaul Loop Trail. **Long Hike:** 4.15 miles Gilbert Gaul Loop Trail plus 3 moderate miles of the Link Trail along the lake then either backtrack to finish the loop or continue on to a parking area requiring a car shuttle. For hike description and registration information, see listing under Plateau Chapter.

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Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

Dec 21

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE PRINT CLEARLY.

____ Individual \$25.00

____ Family \$35.00

____ Student (FULL TIME) \$15.00

____ Supporting (\$50.00, \$100.00 or more)

____ Life Member (Individual) \$500.00

____ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Phone () _____ Zip _____ -- _____

E-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
- ☐ Mailing address
- ☐ Telephone numbers

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mail.

Please list me with the following chapter:

- | | |
|--|---|
| ____ Clarksville | ____ Murfreesboro |
| ____ Columbia/Franklin | ____ Nashville |
| ____ East TN (Oak Ridge/Knoxville) | ____ Plateau (Crossville) |
| ____ Highland Rim (Manchester/Tullahoma) | ____ Soddy Daisy |
| ____ Jackson | ____ Sumner Trails (Sumner County) |
| ____ Memphis | ____ Upper Cumberland (Sparta/Cookeville) |
| ____ | ____ At Large |

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!