

# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,  
and promote the responsible use of Tennessee trails since 1968.*

**SUPPORTING THE CUMBERLAND TRAIL**

## ANNUAL CONFERENCE BENEFITS EVAN MEANS GRANT PROGRAM

### 2021 TTA Annual Conference Financial Summary

Receipts	\$8,845.30
Expenses/Disbursements	<u>\$3,729.32</u>
Excess of funds after deducting expenses	\$5,115.98
Donations Received	<u>\$2,745.00</u>
Excess available for donation to Evans Mean Grant Program	<b>\$7,860.98</b>

TTA's Board of Directors accepts Evan Means Grant submissions at quarterly board meetings. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee. Deadlines for the remainder of 2022 are April 3, July 2 and October 1.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application. Grant requests less than \$1,000 are encouraged. However, if a project requires additional grant money, considerations will be made. Guidelines and applications can be found on the TTA website at [www.tennesseetrails.org](http://www.tennesseetrails.org), under "Get Involved". If there are any questions, contact Evan Means Grant Committee Chair Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914.

The Evan Means Grant Program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

## CUMBERLAND TRAILS CONFERENCE NAMES NEW EXECUTIVE DIRECTOR

The Cumberland Trails Conference (CTC) has a new executive director. Mike Croley of Crossville has been named to the post, with his first day set for January 3. Croley comes to the CTC with leadership experience as a naval officer, technical expertise as an engineer and service as a ranger with Tennessee State Parks.

The Kentucky native attended Vanderbilt on a US Navy ROTC scholarship, was captivated by the hills and vistas of eastern Tennessee and vowed to return at his first opportunity. As an avid outdoorsman he welcomed the opportunity to become a park ranger after 10 years with the US Navy and six years in the private sector. "The opportunity to join the CTC came about and I jumped on it," Croley said. "I am honored to be the Executive Director of the Cumberland Trails Conference and I look forward to carrying on the tradition of excellence that has been laid before me."



*Mike Croley, CTC Executive Director*



## Cumberland Trails Conference

**Office Location:** 409 Thurman Avenue, Ste 102  
Crossville, TN 38555  
**Office Hours:** Monday - Thursday  
8 AM - 3 PM CT  
**Phone:** 931-456-6259  
**Office Staff:** Sade Williams  
**Email:** [cumberlandtrailsconference@gmail.com](mailto:cumberlandtrailsconference@gmail.com)  
**Website:** [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

Plans are underway to hold Alternate Spring Break (ASB) in March of 2022. ASB 2022 will only be one week, March 6th-12th. Colleges participating are Cornell University, Michigan State University and University of Central Florida. CTC will host them at Head of Sequatchie lodge. We will be calling for volunteers to help with hosting ASB. The work location will be on Piney River sections.

The CTC trail crew has been working to maintain and clear sections of the Cumberland Trail. To date, they have cleared a 6-mile section of the Stinging Fork and Soak Creek trails from Stinging Fork Falls trailhead to Piney River Recreation Area trailhead, the 13-mile Arch Mountain section of the New River segment from Frozen Head State Park to Cave Branch trailhead, and the 9.8-mile Lawson Mtn. section of the New River segment from Cave Branch trailhead to Norma Road trailhead. They are currently clearing the Anderson and Cross Mountain section of the New River segment. The entire 40-mile New River segment should be cleared as of the end of the month of December. In 13 weeks, they have cleared 65 miles of open trail. Trail clearing includes cutting downed trees that are blocking the trail, moving rocks and debris that cause trip hazards, and trimming back vegetation from trail tread and trail corridor.



*Stacked Rocks on Lawson Mountain Section  
Photograph by Shauna Wilson*

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** Philip Anderson 931-561-0925  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)

**VICE-CHAIR & BOARD REPRESENTATIVE:**  
Ryan Dowdy 615-925-1796  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)

**TREASURER:** Mary Schwab 931-801-7172  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)

**SECRETARY:** Mary Ann Harris 931-647-9321  
[clarksvillesecy@tennesseetrails.org](mailto:clarksvillesecy@tennesseetrails.org)

**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)

*(call Paul & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
Wade Bourne Nature Center, 2308 Rotary Park Dr.,  
Clarksville, TN 37043.

Please call hike leaders to confirm hike time and meeting place.

**Jan 1 - New Year's Day hike, Montgomery Bell State, Park. 5.4 miles. Moderate.** Most of the trail is on natural turf in the woods. Dogs are permitted if on a leash. We will have a Pot Luck lunch at a picnic shelter near "The birthplace of the Cumberland Presbyterian Church". Black-eyed peas, cornbread, bowls, cups and plastic ware will be provided for everyone. Our food will be transported from the trailhead to the picnic shelter before we hike. Meet 9:00 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN. 33 miles to trailhead. Contact Suva Bastin 931-645-2849.

**Jan 8 - Dunbar Cave SP, Long Trail. 2.5 miles. Moderate.** Most of the trail is on natural turf. There are a few concrete steps. Dogs are permitted if on a leash. The trail goes through pretty woods, passes sinkholes, limestone bedrock, goes through a 15 acre Prairie Restoration Project and by a 110 acre Lake. Meet 9:00 am CT at the trailhead picnic table. Contact: Paula Sanders 954-993-5541.

**Jan 17 - Martin Luther King Day. LBL, Canal Loop Trail. 11 miles. Difficult due to length and a couple of short steep slopes.** The trail is in the woods on natural turf. We hike along both Kentucky and Barkley Lakes and may see a bald eagle. Dogs are permitted if on a leash. There is a privy at the trailhead. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 73 miles to trailhead. Contact Paul Schwab 931-801-9484.

**Jan 18 - Monthly Chapter Meeting.** Two volunteers will provide snacks for everyone. Bring your own drinks.

**Jan 22 - Liberty Park, Clarksville. 3.5 miles. Easy.** There is a .25 mile section of the trail on turf and a loop around a small lake with wooden tread. The rest is paved. Most of the trail runs along the main channel of the Cumberland River and a cove with a large marina. There is a tribute to Wilma Rudolph who became a world-record-holding Olympic champion. You also pass a statue of Pat Summitt who was the head women's basketball coach at UT and accrued the third most wins in women's basketball history. There are four bathrooms along the trail. Dogs are permitted if on a leash. Meet 9:00 am CT at the Liberty Park Pond parking area. Contact Philip Anderson 931-561-0925.

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## Clarksville Chapter – con't.

**Jan 29 - Lake Barkley SP, 3500 State Park Rd, Cadiz, KY. Wilderness Trail. 4.9 miles out and back. Moderate.** There is a restroom near the trailhead. Ninety percent of the trail is on natural turf through the woods. Dogs are permitted if on a leash. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 46 miles to trailhead. Contact Paul Schwab 931-801-9484.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIR:** Jane Coffey 615-516-6551  
*columbia@tennesseetrails.org*

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:**  
Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*

**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

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**Dec 31 – New Year's Eve Hike. Preservation Park, Thompson's Station** (1600 Thompson's Station Road W, 37179). Thompson's Station Preservation Park was purchased and opened to the public in 2015. Currently the park has only gravel/mowed grass trails that lead into the park and a small gravel parking area at 1600 Thompson's Station Rd West. Preservation Park is the largest park in Thompson's Station with over 200 acres of natural landscape. Formerly a local grazing pasture, this property was once part of the Battle of Thompson's Station, a confederate victory in the Civil War. We will meet at Preservation Park at 9 am and after the hike, we are planning on dining in the vicinity for one last joint meal in 2021. Contact me at *jecoffey0644@gmail.com* or 615-516-6551.

**Jan 22 – The 19th annual Poteet Chilly Chili Hike, Sewanee.** This is a potluck lunch and hike. We will be hiking to Lake Dimmick in Sewanee. It is a 4-mile easy hike to and around the lake. We will then descend on the Poteet household in Clifftops, Monteagle. They will have several pots of chili, fixins, and brownies and whatever the hikers bring. Since the Chili Lunch is in the Poteet home, they request that you be fully vaccinated if you plan to attend. This will give us a chance to meet members from different chapters. If you don't feel comfortable sharing sides, please feel free to bring your own. More information is forthcoming. Contact Jane Coffey, *columbia@tennesseetrails.org* or 615-516-6551 so that I can let Marietta Poteet know how many hikers there will be from our chapter.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-985-9144  
*easttennessee@tennesseetrails.org*

**BOARD REPRESENTATIVE:** Tom Cressler 865-588-5622  
*boardeasttennessee@tennesseetrails.org*

**WEBMASTER:** Sherry Barber 865-209-6189  
*sbarber6189@comcast.net*

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**Jan 15 - Whitestone Inn, Roane County. 5 to 6 miles.** We will start in the parking lot next to the church at Whitestone. (Our usual place). On this hike, there will be rolling hills and not much elevation gain. We will take a break in the middle of the hike if everyone wishes to. Be sure to dress warmly since it will be really cold. Meet at Food City in Loudon off Exit 72 on I-75. If coming from Knoxville, take a left at Exit 72 and go two miles. Food City parking lot is on the right. Meet at 9:00 am. Carolyn Reeves 865-399-2972  
*crhiker04@gmail.com*.

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## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Patricia Deen 760-703-8115  
*highlandrim@tennesseetrails.org*

**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Tom Hartvigsen 931-962-0811  
(contact Tom & volunteer to lead an outing)

**MEETS MONTHLY:** 4<sup>th</sup> Monday

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**Jan 1 – New Year's Day Hike, Long Hunter State Park. Bryant Grove Trail. 8 miles. Moderate. Joint hike with the Murfreesboro Chapter.** The adage is that what you do on the first day of the year, you will continue to do all year long. This "out and back" flat, winding trail connects the Couchville Lake area to the Bryant Grove Recreation Area and follows the shoreline of Percy Priest Lake. The trail crosses a wooden bridge above Bryant Grove Creek, where heron might be seen wading and feeding. All chapters are invited to attend. We will meet at 9:30 am CT at the kiosk near the playground in the Couchville Lake area. We will enjoy lunch in the Bryant Grove Recreation Area. Bring lunch, water, and snacks. **Pets are not permitted on the Bryant Grove Trail.** For more information or to sign up, contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914.

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**Jan 8 – North Rim, Mountain Oak, North Plateau Trails, Savage Gulf State Natural Area, South Cumberland State Park. 10 mile loop. Moderate, little elevation change.** Meet at 8:00 am CT Savage Gulf Ranger Station, Tennessee Highway 399, Palmer, TN. Please register with Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914. The North Rim Trail is a long but easy trail with more overlooks than any other at Savage Gulf. From these viewpoints, we will see the confluence of tributary gorges with Savage Gulf, old growth forest in the bottom of the gorge and the junction of the three gulfs that make up the state natural area. North Plateau Trail leads through beautiful old growth forest. Bring water, lunch and snacks and hiking sticks. Wear sturdy hiking boots.

**Jan 15-17 – MLK Weekend Backpacking -Savage Gulf State Natural Area. Joint event with the Murfreesboro Chapter.** Total mileage over three days is approximately 29 miles and rated strenuous due to elevation change and hike distance. Hike starts Saturday at 9:00 am CT at the Savage Gulf Ranger Station for a 7-mile hike that will take us through the Savage Day Loop, Savage Falls and South Rim trails to the Stagecoach Road backcountry campsite. Set up camp and take a 1.5-mile round trip day hike to waterfalls at the top of Stagecoach Road to explore the historic area and building of the Stagecoach Road. Sunday we will day hike a 13-mile loop starting down Stagecoach Road into Savage Gulf to Sawmill Camp to the Collins Gulf Trail. Hike along the river and Schwoon Spring and Fall Creek Sink along the way to Horsepound Falls. We'll explore the area and continue up the trail to Suter Falls following switch backs and some rock hopping that follows the bluff along the Gulf. We will then hike just below Collins West to an area called the boulder field for a few miles to the boulder crossing over the Collins River. We will cross a cable bridge and up the bluff to Collins East and take the Collins Rim Trail about 6 miles back to our campsite. Monday, we will pack up camp and start our 7-mile hike back to the South Rim to the Savage Gulf Ranger Station. This backpack trip will be weather dependent and if freezing temps are expected, hike route could be modified to avoid icy areas. There is a limit of 12 backpackers for the campsites reserved, so sign up early. For more information or to sign up, contact Michael Glennon at 931-588-0302, [kb4jhu@gmail.com](mailto:kb4jhu@gmail.com) or Sara Pollard at 615-714-3610, [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Jan 20 – Edgar Evins State Park Millennium and Merritt Ridge trails. 8 miles. Moderately strenuous for distance and a few rugged steep trail segments. Joint hike with the Nashville Chapter.** Center Hill Lake will be more visible from the trails this time of year. We'll meet at the trailhead at 8 am and finish by mid-afternoon. Bring plenty of water, snacks and pack a lunch for the trail. Register with Joan Hartvigsen for details and updates: [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914. *Alternate date for inclement weather: January 28th.*

**Jan 22 - The 19th Annual Poteet Chilly Chili Hike.** We will be hiking to Lake Dimmick in Sewanee. It is a 4 mile total easy hike to and around the lake. We will then descend on the Poteet household in Clifftops, Monteagle. They will have several pots of chili, fixins, and brownies and whatever the hikers bring. Since the Chili Lunch is in the Poteet home they request that you be fully vaccinated if you plan to attend. If you don't feel comfortable sharing sides, please feel free to bring your own. More information is forthcoming. Contact Marietta Poteet, [nannietta@benlomand.net](mailto:nannietta@benlomand.net) or 931-924-7666.

**Jan 24 – Chapter Meeting.** 7:00 pm at the D. W. Wilson Community Center, 501 N. Collins Street, Tullahoma. TTA Highland Rim Chapter Member Stuart Coulter will give a presentation on a 2021 trip to Colorado. He and his wife Jeanie backpacked and day-hiked a variety of trails around the state including segments of the Colorado Trail around Durango, the San Juan Mountains and Engineer Mountain. Don't miss this inspiring account of their adventures through the spectacular scenery and backcountry in the Colorado Rockies. Before the meeting, at 5:30 pm, we will meet for dinner at La Fiesta Bar & Grill, 1410 N. Jackson Street, Tullahoma next to the Quality Inn. Please contact Highland Rim Chapter Chair Patty Deen if you plan to attend dinner so she can confirm the number for our reservation. Contact Patty at [pdeen@palomar.edu](mailto:pdeen@palomar.edu) or 760-703-8115 for more information.

**Jan 29 – Short Springs SNA workday.** Meet at 8 am in the parking lot, 2250 Short Springs Road, Tullahoma. Specific tasks will be announced closer to the date. Bring water, work gloves, trash bag and pruners or loppers. Please let Joan Hartvigsen know you can help, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914.

**Jan 30 - Boiling Fork Trail, Fairview/Devil Step Campground, Tims Ford State Park. 2.6 miles. Easy.** Address: 63 Fairview Campground Road, Winchester. Trailhead parking and kiosk is on the right past the check-in/gift shop and Ranger house on the left. Additional parking across the road. This new trail features beautiful views of Tims Ford Lake and Devils Step Island. We will hike through woods of mature hardwood trees. Naturalist and Tree Nursery Owner Nathaniel Mann will help us identify trees in the winter. Meet at 1 pm CT at the trailhead. Please register with Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914. Bring water and wear sturdy hiking boots.

#### Planning Ahead:

**Mar 17-19 – Rock Creek Loop wildflower hike and Twin Arches hike, Big South Fork NRR.** Camping at Pickett State Park, Jamestown, TN. Marietta Poteet, [nannietta@benlomand.net](mailto:nannietta@benlomand.net) or 931-924-7666.

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## Highland Rim Chapter – con't.

**Apr 23 -26 – Waterfalls and Wildflowers. Helen, GA. Joint activity with the Nashville Chapter.** Stay in Cabins in Helen, Georgia or camp at Unicoi State Park. Contact Mark Hubbard for cabins, [mhubbard@tnhiker.net](mailto:mhubbard@tnhiker.net) or Joan Hartvigsen for camping in Unicoi State Park, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914. Waterfalls include Anna Ruby Falls, Tallulah Falls, Amicalola Falls, Dukes Creek Falls and others.

**May 16-19 – Mile High Campground, Maggie Valley, NC. Hiking in Great Smoky Mountains National Park and near Shining Rock Wilderness Area off Blue Ridge Parkway. Joint event with Murfreesboro Chapter.** Contact Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914 for a spot in the campground.

**May 23-26 – Hiking, kayaking and camping. Joint event with Murfreesboro Chapter.** Kayaking to Burgess Falls on Tuesday and Fancher Falls on Wednesday. Camping at Ragland Bottom Campground, Smithville, TN. Hiking at Burgess Falls State Park and Edgar Evans State Park. Contact Joan Hartvigsen for camping information, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914.

**Jun 20-23 – Great Smoky Mountains National Park, Cades Cove. Camping and Hiking Weekend. Joint activity with the Murfreesboro Chapter.** We have reserved a gorgeous group campsite in Cades Cove Campground. Flush toilets and drinking water nearby. Azaleas and spring wildflowers will be blooming. Reserve your spot soon. Tuesday hike, Gregory Bald. Wednesday, bike ride Cades Cove. Other hikes TBA. Contact Joan Hartvigsen, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-962-0811.

**Aug 8 -11 – Hiking, kayaking and camping.** Camp at Devils Fork State Park on Jocassee Lake, Salem, SC. Private Kayak Tour of Jocassee Lake. Hiking in nearby parks. Campsites and reservations for private kayak tour are limited. Contact Joan Hartvigsen early to reserve a spot, [jhartvigs@comcast.net](mailto:jhartvigs@comcast.net) or 931-636-2914.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293  
[ttajackson68@tennesseetrails.org](mailto:ttajackson68@tennesseetrails.org)

**BOARD REPRESENTATIVE** Wendy Porter 205-960-8087  
[ttaboardjackson68@tennesseetrails.org](mailto:ttaboardjackson68@tennesseetrails.org)

**SECRETARY/TREASURER:** Terry Warren 731-535-0625  
[ttajacksontreas68@tennesseetrails.org](mailto:ttajacksontreas68@tennesseetrails.org)

**HIKE COORDINATOR:** Glen Rognstad 731-217-5966  
[ttajacksonhikes68@tennesseetrails.org](mailto:ttajacksonhikes68@tennesseetrails.org)

**FACEBOOK COORDINATOR** Priscilla Campbell 731-217-2552  
[ttajacksonfacebook68@tennesseetrails.org](mailto:ttajacksonfacebook68@tennesseetrails.org)

**MEETS MONTHLY:** 1<sup>st</sup> Monday at 6:00 pm CT

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Hike information unavailable at press time.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:**

Charlie Bright 901-829-4434  
[memphis@tennesseetrails.org](mailto:memphis@tennesseetrails.org)

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**Jan 1 - Johnson Park, Collierville.** Hike along the Wolf River on a 5 mile loop in Collierville which is located at the end of Byhalia Road, 419 Johnson Park Drive. The park is a recreational park with soccer and baseball fields but has an easy access to the forest along the Wolf River. It is a lovely forest trail with some hills and many overviews of the Wolf River. A nice restroom is available in the center of the park. We will park in the first parking lot to your left upon entry. Registration is required by Thursday December 30 at 6 pm. You will receive start time when you register. Contact Lynne Witherington at [withlynn@aol.com](mailto:withlynn@aol.com).

**Jan 8 - International Harvester Managerial Park, Lakeland. 4 miles.** The park is located adjacent to the Lakeland Senior Center on the west side of Canada Rd. between I-40 and Hwy 70 at 4523 Canada Rd. Allow 2.5 hours for the hike. We will hike through mostly bottomland forest. There are some moderately strenuous places with elevation changes in the beginning and at the end. The trail enters a nice meadow and follows along a small lake. There is one shallow water crossing. Be prepared for mud if we have had a recent rain. Waterproof hiking boots and hiking poles are recommended. Bring water and snacks. Heavy rain and the threat of severe weather will cancel. Registration is required by January 6 at 6:00 at which time you will receive start time Contact: Marion Quinlen at 901-482-8640 or [mquinlen@bellsouth.net](mailto:mquinlen@bellsouth.net).

**Jan 15 - Herb Parsons Lake, Fisherville, TN. 6 miles. Easy.** Hike around the lake and through the woods. Meet at the lake and bring snacks and water. Rain will cancel hike. Registration is required. For reservation and start time contact Kam Hipkins 901-299-8359 (text or call).

**Jan 22 - Fort Pillow State Historic Park.** We will hike the Red Trail which is rated strenuous by West Tennessee standards due to some very steep hills. Early in the hike we visit the site of the historic fort, scene of a well-known Civil War battle. We will have lunch overlooking the Fort Pillow Lake. After lunch, we plan to offer an option that shortens the hike by about a mile and avoids some of the steepest hills. Hiking boots are highly recommended. Bring a lunch & plenty of water. Registration is required by text only and by January 19th at 5:00 pm at which time you will receive start time. Linda Red - 901-489-9157.

**Jan 29 - Tour de Wolf, Shelby Farms Park. Moderate.** This trail is a 5.6 mile heavily trafficked loop trail in Shelby Farms. You will hike past several lakes and in a lovely forest. Hiking boots are recommended and bring water and a snack. 9:30 start time. Registration is required by Thursday January 27 at 6 pm. Contact Janet Sheahan at [Janet.n.sheahan@gmail.com](mailto:Janet.n.sheahan@gmail.com).

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## MURFREESBORO CHAPTER

**CHAPTER CO-CHAIRS:** Jeanne Conatser 615-971-8894  
*djconatser@comcast.net*  
Sara Kennedy 615-692-9057  
*murfreesboro@tennesseetrails.org*

**TREASURER/HIKE COORDINATOR:** Sara Pollard 615-714-3610  
*murfreesborotreas@tennesseetrails.org*

**BLOGMASTER** Craig McBride 615-394-6121  
*murfreesboroblog@tennesseetrails.org*

### NO CHAPTER MEETING THIS MONTH

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

**Jan 1 – New Year’s Day Hike, Long Hunter State Park. Bryant Grove Trail. 8 miles. Moderate. Joint hike with the Highland Rim Chapter.** The adage is that what you do on the first day of the year, you will continue to do all year long. This “out and back” flat, winding trail connects the Couchville Lake area to the Bryant Grove Recreation Area and follows the shoreline of Percy Priest Lake. The trail crosses a wooden bridge above Bryant Grove Creek, where heron might be seen wading and feeding. All chapters are invited to attend. We will meet at 9:30 am CT at the kiosk near the playground in the Couchville Lake area. We will enjoy lunch in the Bryant Grove Recreation Area. Bring lunch, water, and snacks. **Pets are not permitted on the Bryant Grove Trail.** For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Jan 8 – “Pick a Park” Series. Cedars of Lebanon State Park. 3.9 total miles. Easy.** Four trails will be explored at Cedars of Lebanon State Park. The first trail, Cedar Forest Trail is 1.9 miles, and the trailhead is near the Cedar Forest Road split to the campgrounds with ample parking across the street. An old service road leads to the loop trail, which is a rocky path winding to the crest of a hill and back. Extensive limestone outcrops characterize much of the trail. Hikers pass through beautiful sections of cedar woodlands and oak-hickory forest. Colorful coralberry, hearts-a-bustin’ and eastern wahoo fruits can be found in autumn. The Cedar Glades Trail is .5 miles and located next to the park office parking lot. The trailhead kiosk presents a fine introduction to this interpretive trail. The path meanders gently through cedar woodlands and past glade openings. Along the way, several educational signs explain the unique ecology of the cedar glades and identify plant and animal species found here. Interesting in all seasons, a bright array of mosses and lichens on the woodland floor take center stage in winter. The loop trail returns to the park office. Next is the Dixon Merritt Trail that is .6 miles and explores cedar woodlands between Cedar Forest Road and the meadows. Tucked behind Picnic Shelter 1, this level trail works its way 0.2 mile to a short loop then returns. Along the loop is a wet weather wash and small seasonal pond that may contain eggs of amphibians in spring. The trailhead is not far from Hermit Cave. The Limestone Sinks Trail is .4 miles and as its name implies, the Limestone Sinks Trail showcases several unique karst features associated with limestone including variously shaped sinkholes, outcrops and a rock house.

## Murfreesboro Chapter – con’t.

One highlight is a very old, very large, and fantastically burled chinkapin oak tree. There are two connections to nearby Hidden Springs Trail. The trail’s small parking area sits at the Cedar Forest Road juncture across from the pool parking lot. Limestone Sinks is the shortest loop trail in the park. Bring snacks and water. For more information or to sign up, contact Jeanne Conatser at 615-971-8894 or [djconatser@comcast.net](mailto:djconatser@comcast.net).

**Jan 15-17 – MLK Weekend Backpacking, Savage Gulf State Natural Area. Joint trip with the Highland Rim Chapter.** Total mileage over three days is approximately 29 miles and rated strenuous due to elevation change and hike distance. Hike starts Saturday at 9:00 am CT at the Savage Gulf Ranger Station for a 7 mile hike that will take us through the Savage Day Loop, Savage Falls and South Rim trails to the Stagecoach Road backcountry campsite. Set up camp and take a 1.5-mile round trip day hike to waterfalls at the top of Stagecoach Road to explore the historic area and building of the Stagecoach Road. Sunday we will day hike a 13-mile loop starting down Stagecoach Road into Savage Gulf to Sawmill Camp to the Collins Gulf Trail. Hike along the river and Schwoon Spring and Fall Creek Sink along the way to Horsepound Falls. We’ll explore the area and continue up the trail to Suter Falls following switch backs and some rock hopping that follows the bluff along the Gulf. We will then hike just below Collins West to an area called the boulder field for a few miles to the boulder crossing over the Collins River. We will cross a cable bridge and up the bluff to Collins East and take the Collins Rim trail about 6 miles back to our campsite. Monday, we will pack up camp and start our 7 mile hike back down South Rim to the Savage Gulf Ranger Station. This backpack trip will be weather dependent and if freezing temps are expected, hike route could be modified to avoid icy areas. There is a limit of 12 backpackers for the campsites reserved, so sign up early. For more information or to sign up, contact Michael Glennon at 931-588-0302, [kb4jhu@gmail.com](mailto:kb4jhu@gmail.com) or Sara Pollard at 615-714-3610, [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Jan 22 - 19th Annual Poteet Chilly Chili Hike, Sewanee. 4 miles. Easy.** See Highland Rim Chapter listing for hike details and registration. If interested in carpooling from Murfreesboro, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Jan 29 – Cumberland River Bicentennial Trail, Ashland City. 6.5 miles. Easy.** This is a beautiful time of the year to hike this trail with the leaves off the trees and views of the Cumberland River. This trail is also known as the Ashland City Rail-Trail. It meanders past streams and crosses six original trestles that offers sweeping views of the wetlands that border the Cumberland River. The trail is flat but wear hiking boots or sturdy shoes. Bring lunch, water, and snacks. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-587-0085  
*nashville@tennesseetrails.org*  
**HIKE COORDINATOR:** Barbara Bennett 202-236-0880  
*nashvillehikes@tennesseetrails.org*  
*(email Barbara & volunteer to lead an outing)*  
**MEETS MONTHLY:** Meetings suspended temporarily pending  
COVID 19 restrictions

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**Jan 6 - Natchez Trace Parkway (NTP) Double Hike, Leiper's Fork and Franklin, TN. 3-6 miles. Moderate to moderately strenuous.** Hike #1. Natchez Trace Parkway (NTP): Garrison Creek to 1812 War Monument Trail. This trail is a section of the Old Trace and is a moderate out and back for a total of 3.4 miles. The trailhead is at Garrison Creek (NTP milepost 427.6) which is about 10 miles south of the iconic Birdsong Hollow Bridge over Highway 96. There is a rest area at Garrison Creek. The trail takes you through old growth timber to a scenic overlook and then follows the ridgeline to the War of 1812 monument. Hike #2. We'll head north on the NTP to Timberland Park (NTP milepost 437.2) just south of the Birdsong Hollow Bridge for another 3+ miles. Timberland Park has several short trails which we'll put together for the desired distance. Part of our hike will take us onto the Big East Fork Reserve which is private property. The park trails are hilly so sturdy boots and hiking poles are recommended. To sign up for this hike, contact Kathy Woods, 615-473-6824 or *kwoodz@comcast.net*.

**Jan 13 - Bell's Bend Park Sunset Hike, Davidson County, TN. 3-5 miles. Easy.** We'll take a late afternoon walk of 3-5 miles along wide trails and open meadows in Bell's Bend Park, located in western Davidson County. Moonrise/Sunset for the day: 1:29 pm & 4:54 pm, so the moon will be visible as the sun is setting, weather permitting. Bring sturdy boots as the trails can be muddy for several days after a rain. Bring water and snacks. Meet at the Bells Bend Outdoor Center (2nd Entrance), 4187 Old Hickory Blvd, Nashville, TN 37218 at 3:00 pm. For more information and to register contact Doug Burroughs at *dougburroughs@tennessee.usa.com* or leave a message at 615-587-0085. We'll cancel if there's rain or severe weather. Please check the TTA website Events listing for possible update/cancellation information.

**Jan 20 - Edgar Evins State Park Millennium and Merritt Ridge Trails, Silver Point, TN. 8 miles. Moderately strenuous for distance and a few rugged trail segments. Joint hike with Highland Rim Chapter.** Center Hill Lake will be more visible from the trails this time of year. We'll meet at the trailhead at 8 am and finish by mid-afternoon. Bring plenty of water, snacks and pack a lunch for the trail. Register with Mark for details and updates: *midtn@tnhiker.net* or 615-669-3221. Alternate date for inclement weather: Jan 28.

### Nashville Chapter – con't.

**Jan 22 – 19<sup>th</sup> Annual Poteet Chilly Chili Hike, Sewanee and Monteagle, TN. 4 miles. Easy.** We will be hiking to Lake Dimmick in Sewanee. It is an easy hike to and around the lake. We will then descend on the Poteet household in Clifftops, Monteagle. They will have several pots of chili, fixins, and brownies and whatever the hikers bring. Since the Chili Lunch is in the Poteet home, they request that you be fully vaccinated if you plan to attend. If you don't feel comfortable sharing sides, please feel free to bring your own. More information is forthcoming. Contact Marietta Poteet, *nannietta@benlomand.net* or 931-924-7666.

**Jan 23 - Weekend Ender Hike at Edwin Warner Park, Nashville, TN. 3.5 miles. Moderate.** 3:30 pm. End your weekend right with a brisk hike at this popular park with both wide paved trails and single tracks thru the hills. Our loop will take us on both. We will enjoy the winter views in the slant light that this time of day affords. Please provide cell phone in case of weather cancellation. rsvp to Niola Cusati: *niolac@gmail.com* or text 408-455-2472.

**Jan 26 - Burch Reserve at Edwin Warner Park, Nashville, TN. 3 miles. Moderate.** 9:30 am. This hike has a bit of everything. Wide paved road to rocky single track with both level and hilly portions. This is the newest trail in the Warner parks and is less peopled than the other trails (and parking should be easier as well!). With all the leaves gone we will get some pretty valley views. There's about 400' in elevation gain and descent. Limited to 10 so rsvp early. Please provide cell phone in case of weather cancellation. rsvp to Niola Cusati: *niolac@gmail.com* or text 408-455-2472.

### Planning Ahead:

**Apr 23-26 - North Georgia Waterfalls & Wildflowers Weekend, Helen, GA. Joint event with the Highland Rim Chapter.** Easy to moderately strenuous hiking options. We'll be based in Helen, GA but will spend most of our time exploring the region outside of the town. We'll visit at least 3 major waterfalls (Anna Ruby, Tallulah, and Amicalola) and travel off the beaten path to explore a number of smaller ones. We can expect to see good displays of spring wildflowers along the way. Hiking mileage will be relatively modest but viewing options include up to 1,700 stairsteps. A limited number of cabins and campsites have been reserved. Contact Mark for details, updates, & cabin info: 615-669-3221 or *midtn@tnhiker.net*. Contact Joan Hartvigsen for campsite info: *jhartvigs@comcast.net* or 931-636-2914.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Norm Brinsley 931-202-2338  
[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)  
**TREASURER:** Clark Zedric 217-520-9889  
**BOARD REPRESENTATIVE:** Bob Obohoski 931-456-4282  
[boardplateau@tennesseetrails.org](mailto:boardplateau@tennesseetrails.org)  
**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT

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For additional information contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org). For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>

**Jan 5 - CT North Chickamauga Section, Dunlap, TN. Joint hike with Upper Cumberland Chapter.** We'll hike the North end of the North Chickamauga trail off Barker Camp Rd on the new trail toward Old Anderson Road. Rock bluffs, creek crossings, rock houses. **Long Hike:** Out and back for a total of 8 strenuous miles. There is a strenuous 300 ft elevation change .8 mi down to North Chickamauga Creek. **Short Hike:** 4 moderate miles total out and back. <http://www.cumberlandtrail.org/maps-and-guides/trail-segments/north-chickamauga/>. Carpool gas cost is \$5. Depart from Central Baptist Church SE parking lot, 1346 S Main St, Crossville, TN at 8 am CT. Bring water, lunch and a snack. Don't forget tick/bug spray and sunscreen. Contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243.

**Jan 8 - CT Obed Segment, Wartburg, TN. Joint hike with Upper Cumberland Chapter.** Obed Segment of Cumberland Trail called the Nemo Trail is rated moderate to strenuous. From the Nemo Bridge trailhead the hiker is exposed to rising bluffs and glimpses of the Emory and Obed Rivers. **Short Hike:** 5 miles in/out where the trail continues on across old Alley Ford Road. **Long Hike:** 8 strenuous miles in/out to Breakaway Bluff. Depart 8 am CT from the Crossville Outlet Mall on Interstate Drive SW parking lot. Carpool gas cost is \$5. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. For additional information contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243.

**Jan 12 - CT Stinging Fork Falls, Spring City, TN. Joint hike with Upper Cumberland Chapter.** **Short Hike:** 2 moderate miles with a short strenuous climb out and back to the Falls. **Long Hike:** 6 mile strenuous thru hike that includes creeks, waterfalls and beautiful views. Requires car shuttle for the long hikers. Depart from Central Baptist Church, 1346 S Main St, Crossville, TN at 8 am CT. Carpool gas cost is \$3. Pack water, snacks, lunch. For additional information contact the hike coordinator, [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243 for more info.

### Plateau Chapter – con't.

**Jan 13 - Chapter Meeting.** First United Methodist Church Annex Building, 69 Neecham St, Crossville, TN. 6 pm CT. For information contact Norm 931-202-2338 or email [huxianlj@gmail.com](mailto:huxianlj@gmail.com).

**Jan 19 - CT Devil's Breakfast Table to Peavine Section, Hebbertsburg, TN. Joint hike with Upper Cumberland Chapter.** **SHORT:** 4 moderate to strenuous miles past the waterfall, stone door and overlook in/out. **LONG HIKE:** 9 strenuous thru hike miles with several overlooks, house size boulders. Requires a car shuttle. Carpool gas cost is \$3. Pack water, snacks and lunch. Depart 8 am CT from the parking lot at the corner of Peavine Rd and Stonehenge Dr in Fairfield Glade Community. For additional information contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243.

**Jan 22 - CT McGill Creek Section, Graysville, TN. Joint hike with Upper Cumberland Chapter.** We'll check out the trail past the bridge that we have not done before from the Roaring Creek Trailhead. **LONG HIKE:** 8 moderate to strenuous miles in/out. **SHORT HIKE:** 4.8 moderate mile hike to the bridge and back. Depart 8 am CT from Central Baptist Church, 1346 S Main St, Crossville, TN. Carpool gas cost is \$7. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. For additional information contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243.

**Jan 26 - CT Soddy Creek Gorge, Soddy-Daisy, TN. Joint hike with Upper Cumberland Chapter.** Mowbray Pike Trailhead to the Southern Climbers Coalition (SCC) Trailhead featuring the little stone door, mining area, creeks, and rock bluffs. **LONG HIKE:** 9 strenuous mile thru hike ending at the SCC trailhead. **SHORT HIKE:** 4.4 mile moderate in/out hike to Carol's Bench. Depart from Central Baptist Church, 1346 S Main St, Crossville, TN at 8 am CT. Carpool gas cost is \$7. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. For additional information contact the hike coordinator email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243.



Looking North over the Cumberland Mountains  
Photograph by Shauna Wilson



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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Jane Ellett 423-309-7879  
*soddydaisy@tennesseetrails.org*  
**TREASURER:** Tom McElhone 805-208-4654  
*soddydaisytreas@tennesseetrails.org*  
**ASSISTANT TREASURER:** Bob McGavock 423-667-2690  
*soddydaisytreas@tennesseetrails.org*  
**HIKE COORDINATOR:** Betsy Darken 423-718-2060  
*soddydaisyhikes@tennesseetrails.org*  
**MEETS QUARTERLY:** Tuesday of the week following the TTA  
Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET  
at Burk's United Methodist Church, 6433 Hixson Pike,  
Hixson  
*Additional information may be seen at our web site:*  
*<http://www.tennesseetrails.org/blog/soddydaisy>*

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**Jan 1 - Prentice Cooper: Indian Rockhouse to Lawson Rock. 6.4 miles in & out. Moderately strenuous.** Stone steps lead to the Rockhouse then wind around rocky bluffs to the spectacular view of the Suck Creek gorge with the Tennessee river below. Meet at Food City at the base of Signal Mountain at 8:30 am. Register with Tammy Hendrick, 315-949-8187.

**Jan 4 - Fall Creek Falls State Park, Gilbert Gaul Loop Trail. 4.1 – 4.5 miles. Easy to moderate.** A very peaceful hike through the woods and along part of Fall Creek Falls Lake, with good views of the lake. We will also take the Woodland Trail a short distance to the swinging bridge overlooking the Caney Creek cascades. (We cannot go to this park without seeing *some* falling water.) Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*. Meet 8:30 at the parking lot by the ballfields off Durham St in Soddy Daisy.

**Jan 8 - Cumberland Trail, Mullins Cove Loop Trail. 9.6+ miles. Moderate to difficult.** Spectacular views, a wide variety of terrain including stretches along the edge of 1000 foot drops to the Tennessee River Gorge, flat areas, some steep uphill climbs, and various small creek crossings. Please register with hike leader Betsy Darken, 423-718-2060. Meet at Food City on Signal Mountain Road at 8:30 am.

**Jan 11 - Rainbow Lake and Bee Branch Loop on Signal Mountain, with an added trek up Middle Creek. About 3 miles. Moderate.** This trail passes Rainbow Lake and wanders through beautiful woods. It also includes a creek crossing where a bridge is out, but reviews say it is easy. Please register with hike leader Trish Appleton, 423-240-3443 or *appleton-p2@comcast.net*. Meet at Food City on Signal Mountain Road at 8:30 am. There is limited parking at the trailhead, so we may need to do some carpooling.

**Jan 15 - Sewanee Perimeter trail, Lake Cheston trailhead to Elliott's Point. 6.2 miles in and out. Moderate.** On the way to Elliott's Point we will pass Otey Point. There will be good views from both points due to the lack of tree foliage. The trail is rocky in places with ups and downs, but there are no long steep inclines. The total elevation gained and lost is around 800 to 1000 feet. Please register with Delores Ladd 214-422-7206, *ladddelores@gmail.com*. Meet in the lot on the far side of La Quinta Inn, north off I-24 at Exit 175, Brown's Ferry, at 8:30 am.

## Soddy-Daisy Chapter – con't.

**Jan 18 - Raccoon Mtn, River Gorge to Electric Ave 2 loop. 3-4 miles. Easy to moderate.** Rolling hills with overlooks into the Tennessee River gorge. Meet in the lot on the far side of La Quinta Inn, north off I-24 at Exit 175, Brown's Ferry, at 8:30 am. Please register with Tammy Hendrick, 325-949-8187.

**Jan 22 - Snow Falls. 10.3 miles (maybe). Moderate/difficult.** Bring water shoes. The trail first runs beside wild and wooly Richland Creek, passes by many signs of mining, then twists through the woods to a relatively new bridge over Laurel Creek. We turn left at the fork and eventually head toward a huge boulder, around which lurks an impressive series of bridges hopping across what should be Richland Creek, except that the latter has changed its name to Henderson Creek. (Why do they do that?) Soon our trail gets serious, taking us up to the top of the plateau via relatively gradual switchbacks, cleverly finding a way through the cliffs along the edge. After catching our breath, we immediately turn right, moving NNE along the edge of the Henderson Creek gorge. After checking out a couple of grand overlooks, we veer west and then south toward Morgan Creek. If Morgan Creek is behaving itself, we can wade through a couple of inches of water that move gracefully over its flat-rock streambed. On the other side, the trail heads SE toward Snow Falls through a very pretty landscape, then...well, the trail evaporates. For those who want to get to the bottom of the falls, it's every hiker for him/herself. The descent is not too steep. On the way back we can retrace our steps or take a parallel route down the middle of the peninsula, watching for the connector to the trail down. (Note: In the reviews there are many comments about hikers getting lost up here, but no reports of anyone being lost a long time. So don't worry if this happens to us.) Please register with hike leader Betsy Darken, 423-718-2060. Meet at Durham St, Soddy Daisy, at 8:30 am.

**Jan 25 - Chattanooga-Chickamauga Battlefield, Hunt Cemetery Trail. 4.3 miles. Easy and level.** Meet at Food City in Red Bank at 8:30 am or at the Battlefield Visitors Center at 9 am. Please register with hike leader Earl Helmer, 770-877-0600, *e\_helmer@epbfi.com*.

**Jan 29 - Cumberland Trail, Lower Piney River Segment. 8.5 miles. Moderate. Shuttle required.** This trail takes us to a beautiful forest, waterfalls, cascades, rock houses and bluffs! What more could you ask for? Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*. Meet 8:30 at the parking lot by the ballfields off Durham St in Soddy Daisy.

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## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** Marcia Powell 217-855-3013  
Kathy Bryant 615-305-3424  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)  
**TREASURER:** John Jones 615-533-0127  
[sumnertreas@tennesseetrails.org](mailto:sumnertreas@tennesseetrails.org)  
**BOARD REPRESENTATIVE:** John Thomas 925-759-0517  
[boardsumner@tennesseetrails.org](mailto:boardsumner@tennesseetrails.org)

**Jan 1 - Lock-In a Happy New Year. Hendersonville Greenway, 3 pm. Easy. Paved 3 mile** stroll leaving from the Hendersonville Library (140 Saundersville Rd.) to the Lock bridge and back. Please join us and bring a lock if you wish to leave one behind on the Bridge to leave best wishes to Lock-In a terrific New Year 2022! You can pre-decorate/write on your lock that you bring if you wish. Pets on leash are welcome. We hope you can join us for a fun filled walk to welcome in the New Year! Contact Jenny Fitzgerald at 615-517-8185 or [mrzfitz@gmail.com](mailto:mrzfitz@gmail.com) with any questions.

**Jan 7 - Stones River Greenway at Percy Priest Dam. About 4 miles. Easy.** This paved greenway extends from the dam along the Stones River to Kohls and beyond to the Water Park and across the pedestrian bridge to Shelby Bottoms Nature Center. However, we will do an in and out walk turning around about the 2 mile point. Walkers who are pressed for time or want a shorter walk can turn around at any point along the trail. Anyone wanting a longer walk can continue on to Kohls or beyond. Those meeting at the trailhead parking lot at 3734 Bell Road, Nashville, TN will meet about 10:00 am. Those carpooling will meet at Kroger on Glenbrook Way at 9:30 am. Contact Judy Jenkins if meeting at the trailhead or with questions at 615-403-0002 or at [judy\\_jenkins@comcast.net](mailto:judy_jenkins@comcast.net).

**Jan 12 - Triple Creek Park. Gallatin. 10:30 am. 3 miles. Easy.** All paved with just a few very minimal inclines. We will park at Gallatin Civic Center, 210 Albert Gallatin Ave. The walk will lead from the Civic Center to Triple Creek Park where it will follow a perimeter trail around virtually the entire park, returning to the Civic Center. Lunch to follow at the restaurant of your choice in downtown Gallatin. Call or text John at 925-759-0517 or Donna at 925-759-0518.

**Jan 19 - Eagle Pass Trail. 2.5 miles. Easy.** Eagle Pass is an extension of the Rails-to-Trails Ashland City Bicentennial trail. Our trailhead is the Sycamore Harbor trailhead where we will leave a car. Then we will proceed to the northern end of this trail near Cheatham Dam where we will begin the hike back to Sycamore Harbor. The trail follows the old Tennessee Central grade and we will see evidence of the railroad along the way - the old T.C. ceased operations in the early 1960's. Trail surface is mostly fine gravel with very few ups and downs and great views of the river. We will keep our eyes peeled to search for the Eagle or perhaps the White Pelicans who spend the winter here. Meet for caravanning at the Glenbrook Kroger parking lot at 1010 Glenbrook Way in Hendersonville at 9 am CT. After the hike we will go for lunch at Riverview Restaurant in Ashland City. For further info or directions to the trailhead contact River Rat Al at [ballallenger@aol.com](mailto:ballallenger@aol.com) or call/text at 615-454-7673.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

**BOARD REPRESENTATIVE/HIKE COORDINATOR:**

Cathy Moran 931-544-2764

[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

**TREASURER:**

Pete Broehl 931-738-3551

[uppercumberlandtreas@tennesseetrails.org](mailto:uppercumberlandtreas@tennesseetrails.org)

**Jan 5 - CT North Chickamauga Section, Dunlap, TN. Joint hike with Plateau Chapter.** See Plateau Chapter listing for hike details and registration.

**Jan 8 - CT Obed Segment, Wartburg, TN. Joint hike with Plateau Chapter.** See Plateau Chapter listing for hike details and registration.

**Jan 12 - CT Stinging Fork Falls, Spring City, TN. Joint hike with Plateau Chapter.** See Plateau Chapter listing for hike details and registration.

**Jan 19 - CT Devil's Breakfast Table to Peavine Section, Hebbertsburg, TN. Joint hike with Plateau Chapter.** See Plateau Chapter listing for hike details and registration.

**Jan 22 - CT McGill Creek Section, Graysville, TN. Joint hike with Plateau Chapter.** See Plateau Chapter listing for hike details and registration.

**Jan 26 - CT Soddy Creek Gorge, Soddy-Daisy, TN. Joint hike with Plateau Chapter.** See Plateau Chapter listing for hike details and registration.



*Smokey Creek Bridge Arch Mountain Section Cumberland Trail  
Photograph by Shauna Wilson*

## OFFICERS:

### President

Libby Francis 615-319-7501  
*president@tennesseetrails.org*

### Vice-President

Duane Frichtl 309-830-9720  
*vicepresident@tennesseetrails.org*

### Treasurer

June Callahan 615-945-7462  
*ttatreasurer68@tennesseetrails.org*

### Secretary

Melinda Pearson 731-225-4293  
*secretary@tennesseetrails.org*

### At-large Directors (terms expiring listed after name)

Libby Francis (2024) 615-319-7501  
*president@tennesseetrails.org*  
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### Regional Directors

#### West TN

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*regionalwest@tennesseetrails.org*

#### Middle TN

Joan Hartvigsen (2022) 931-962-0811  
*jhartvigs@comcast.net*

#### East TN

) Patricia Appleton (2024) 423-332-6517  
*regionaleast@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

#### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## 2022 TTA Board of Directors Meetings

All members are invited to attend board meetings  
Contact Libby Francis for the link to join Zoom meetings

Tuesday, Feb 1, 6:30 PM CT Zoom Video  
Conference

Tuesday, May 3, 6:30 PM CT Zoom Video  
Conference

Tuesday, Aug 2, 6:30 PM CT Zoom Video  
Conference

November, Date/time TBD Townsend  
Annual Meeting

## REMINDER

Many chapters elect new officers, board representatives  
and hike coordinators in January.

Please check your chapter masthead this month. If  
there are updates needed, please include that  
information with your next chapter submission so that  
your chapter contact information can be updated.

## Newsletter Deadlines:

Deadlines for Chapter announcements and articles of  
special interest are due on the 10<sup>th</sup> of each month for  
the following month's newsletter.

All submissions are subject to editing. Articles of  
general interest and non-hiking events will be included  
as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

**ADDRESS SERVICE REQUESTED**



**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

☐

**A NEW MEMBER**

Jan 22

☐

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE PRINT CLEARLY.**

\_\_\_\_ Individual \$25.00

\_\_\_\_ Family \$35.00

\_\_\_\_ Student (FULL TIME) \$15.00

\_\_\_\_ Supporting (\$50.00, \$100.00 or more)

\_\_\_\_ Life Member (Individual) \$500.00

\_\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

E-mail \_\_\_\_\_

For privacy, please do not list the following in  
the TTA Annual Membership Directory

☐ E-mail addresses

☐ Mailing address

☐ Telephone numbers

☐ I would like to receive my newsletter by  
mail.

Please list me with the following chapter:

\_\_\_\_ Clarksville

\_\_\_\_ Columbia/Franklin

\_\_\_\_ East TN (Oak Ridge/Knoxville)

\_\_\_\_ Highland Rim (Manchester/Tullahoma)

\_\_\_\_ Jackson

\_\_\_\_ Memphis

\_\_\_\_

\_\_\_\_ Murfreesboro

\_\_\_\_ Nashville

\_\_\_\_ Plateau (Crossville)

\_\_\_\_ Soddy Daisy

\_\_\_\_ Sumner Trails (Sumner County)

\_\_\_\_ Upper Cumberland (Sparta/Cookeville)

\_\_\_\_ At Large

When you become a TTA member, you will have access to the Members Area of our website ([www.tennesseetrails.org](http://www.tennesseetrails.org)) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

***Not a member yet? Please check out one of our hikes or meetings soon!***