

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL



SAVE THE DATE - 2022 TTA ANNUAL MEETING

The East Tennessee and Scenic City Chapters will host the TTA Annual Meeting November 4 – 6, 2022 at Glenstone Lodge, 504 Historic Nature Trail, Gatlinburg, TN 37738.

Lodging: Glenstone Lodge has been recently renovated. A block of rooms will be held until October 5, 2022. Individuals can make online reservations by going to <https://bit.ly/3N338qU> or call 800 362-9522. Dial 1 for individual reservations and identify yourself with Tennessee Trails Association at the time of reservation. Reservations requires the first night's room/tax at the time of reservation with remaining balance due upon check-in.

Rates: Standard Double Queen Interior or Exterior: \$139/night plus tax (Friday & Saturday) Standard Double Queen Interior or Exterior: \$99/night plus tax (Sunday to Thursday)

Meals: The lodge restaurant is closed. **Meals will be catered and must be ordered on registration form.**

Menu for catered meals:

Friday Dinner-Buffer Style

Hickory Smoked Pulled Barbecue (Barbecue Sauce on side)

Pulled Chicken (Barbecue Sauce on side)

Baked Beans, Potato Salad, Potato Chips

Tea (Sweet and Unsweetened), Lemonade

Sack Lunch Sandwich (select Turkey or Cheese)

Chips, Health Bar, Cookie

Saturday Dinner-Buffer Style

Sliced Sirloin, Asiago Bacon Chicken

Fresh Garden Salad and Dressings

Broccoli, Mashed Potatoes

Sweet Iced Tea

Saturday and Sunday Breakfasts-Buffer Style

Bacon (2 slices), Sausage

Scrambled Eggs

Home Fried Potatoes,

Biscuits, Sawmill Gravy,

Butter, and Jelly Orange Juice,

Coffee (Regular or Decaf)

There are several restaurants within walking distance of the Glenstone Lodge.

Campgrounds:

Greenbrier Campground – 2353 Parkway, Gatlinburg, TN (Approximately 7.8 mi from Glenstone Lodge) 865 430-7415.

Pigeon Forge RV Resort – 1111 Wears Valley Rd., Pigeon Forge, TN (Approximately 11.5 mi from Glenstone Lodge) 865 428-5841.

Elkmont Campground - 434 Elkmont Rd., Gatlinburg, TN. (Approximately 9.1 mi from Glenstone Lodge) 877 444-6777.

Hikes: Hikes will be near Gatlinburg.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters and they will elect TTA Board Members for the 2023 Calendar Year.

Fundraising: Live Auction, Silent Auction, White Elephant Sale, Bake Sale, TTA Logo T-shirt available by order on registration form. Funds received will go toward the Evan Means Grant Program. Forms for soliciting auction items will be forwarded to all Chapter Chairs in June.

Members of the East Tennessee and Scenic City Chapters are looking forward to hosting hikers from across Tennessee.

Friday Events:

Guest Speaker: Mike Crowley, Executive Director for the Cumberland Trails Conference

Guest Presenter: Randy Hedgepath, Tennessee State Parks Naturalist: Trivia Game



Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours: Monday - Thursday
8 AM – 3 PM CT
Phone: 931-456-6259
Office Staff: Savana Keeton
E-mail: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

The Cumberland Trails Conference trail crew split their time between two trail segments in June. Section one of the Upper Piney segment which is located near Moccasin Creek and section two of Upper Piney which is located downstream near Piney Creek. They built 1,082 feet of trail and placed 115 stone steps and pavers this month. For anyone keeping track, they have completed 7,722 feet of trail and placed 763 stone steps and pavers in the Upper Piney Gorge. Once completed, this section is sure to be one of the most beautiful sections built to date!

The CTC will be setting up a booth at Friday at the Crossroads in Downtown Crossville, TN. We will have merchandise available for donation. Stop by and chat about the trail and different opportunities to get involved! We have also been hosting different guided hike events monthly so watch our social media and website for a chance to join in on one of our free guided hikes.

Lastly, we will once again be hosting our monthly volunteer event to help build The Cumberland Trail. The dates for our August event will be August 12th and 13th. We will meet at Big Apple Market and carpool to the worksite. Breakfast and lunch will be provided. We would love to have your local TTA chapter come out and volunteer with us. If you have any questions, email Savana Keeton at ctcoffice2014@gmail.com.

Newsletter Editor Needed

Would you like to help us get the word out about TTA hikes and activities and make a little extra spending money? LouAnn Partington, who has generously served in the position since January 2010, will be retiring as soon as a replacement is found and no later than the end of the year.

The newsletter is currently edited using Microsoft Word and LouAnn will help you get started. A stipend is provided. Depending on hike submissions and additional activities such as the annual meeting, the position requires about 5 to 10 hours each month. Contact Libby Francis at president@tennesseetrails.org.

CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders 954-993-5541
Suva Bastin 931-645-2849
clarksville@tennesseetrails.org

VICE-CHAIR & BOARD REPRESENTATIVE:
Ryan Dowdy 615-925-1796
clarksville@tennesseetrails.org

SECRETARY: Blue Bastin 931-272-1190
ttaclarksvillesecretary68@tennesseetrails.org

TREASURER: Mary Schwab 931-801-7172
clarksvilletteas@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Aug 3 - Wednesday Clarksville Greenway from Pollard Road access, to Mary's Oak Drive Trail Head. 4 total miles out and back. Easy. Meet 9:00 am CT at the Pollard Road access. There is a new large parking lot there. The trail is paved and follows an abandon railroad right-of-way. There is a slight upgrade between Pollard Road and Mary's Oak Trail Head. You pass through pretty woods and some pretty rock formations. Dogs are welcome but must be on a leash: Contact Cheryl Lemon 931-980-1062.

Aug 13 - LBL, A portion of Ft. Henry Trail and Pickett Loop Trail. 4.5 miles. Moderate. The trail is on natural turf in the woods. There are nice views of Kentucky Lake, and we sometimes see a bald eagle. Dogs are permitted if on a leash. Spray to kill or repel ticks. Bring your lunch. Trekking poles are recommended. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 51 miles to trailhead. Contact Paul Schwab 931-801-9484.

Aug 16 - Monthly Chapter Meeting. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Aug 20 - Dunbar Cave SP, Long Trail. 2.5 miles. Moderate. Meet 9:00 am CT at the trailhead picnic table. Most of the trail is on natural turf. There are a few concrete steps. Dogs are permitted if on a leash. Spray to kill or repel ticks. The trail goes through pretty woods, passes sinkholes, limestone bedrock, goes through a 15 acre Prairie Restoration Project and by a 110 acre Lake. Contact: Mike Covey 608-206-9850.

Aug 27 - Old Stone Fort State Park (3 trails). 3.3 miles. Moderate. The trails are on natural turf in the woods, mostly below the Old Stone Fort. We will go along both the Duck and Little Duck Rivers and pass waterfalls. Trekking poles are recommended. Dogs are welcome if on a leash. Spray to kill or repel ticks. Bring your lunch. Restrooms are available at a museum at the trailhead. The Old Stone Fort is a prehistoric Native American structure most likely built between 80 and 550 AD during the Middle Woodland period, and probably used for religious purpose. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 100 miles to trailhead. Contact: Phyllis Haddock 931-206-6245.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org
CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:
Marvin Caine 931-486-1632
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiiahikes@tennesseetrails.org
MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Aug 20 – Auxiliary Trail, Warner Park, Nashville. The Auxiliary Trail is part of the Warner Parks' hiking trails in Nashville. It has its own entrance and parking lot on Route 100 just across Old Hickory Blvd. The hike is approximately 3.1+ miles and it does have some rigorous ascents and descents. We can meet at Tollgate Medical Center in Thompson's Station at 7:15 am or at the trailhead at 8:00 am on that day. Contact Jane Coffey if you plan to attend: *columbia@tennesseetrails.org*.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org
BOARD REPRESENTATIVE: Tom Cressler 865-588-5622
boardeasttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

No hikes planned.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115
highlandrim@tennesseetrails.org
TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
**OUTINGS/PROGRAM COORDINATOR/NEWSLETTER
CONTACT:** Tom Hartvigsen 931-962-0811
(contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Aug 8 -11 – Camping at Devils Fork State Park on Jocassee Lake, Salem, SC. Private Kayak Tour of Jocassee Lake on Tuesday. Wednesday: hike to Lower Whitewater Falls, then more kayaking. Thursday on our way home we can visit the waterfalls at Gorges State Park, NC. Campsites and reservations for private kayak tour are limited. Contact Joan Hartvigsen early to reserve a spot, *jhartvigs@comcast.net* or 931-636-2914.

Highland Rim Chapter – con't.

Aug 20 – Woods Reservoir Paddle. Joint activity with the Murfreesboro Chapter. Meet at 8 am CT at the put-in, Manchester Beach Road, Estill Springs, TN. Please note: the street sign at the intersection of Old Brick Church Road reads Checking Station Road. Bring lunch and a lot of water. We will put in on beautiful Brumlow Creek and head to Elder Island, where several species of ducks nest. We will then follow the southern shoreline toward Elk River Dam and the Wildlife Management Area. We will see The University of Tennessee Space Institute on our way back. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914.

Aug 22 – Chapter Meeting and Potluck. 6:00 pm, Tims Ford State Park, Picnic Shelter #1. Potluck! Bring a dish to share. Program by Ranger Samantha Davenport from Henry Horton State Park on the biodiversity of the Duck River. Ranger Davenport was featured on a recent media segment on Nashville's local news station highlighting the Duck River. Please register with Chapter Chair Patty Deen. Email: *pdeen@palomar.edu*, cell 760-703-8115.

Aug 23 – Little Cedar Mountain Hike, Jasper, TN. 3 mile loop. Easy to Moderate. Meet at the trailhead at 10 am CT. Dennis Horn will lead us on a hike to see the rare plant, John Beck's Leaf Cup. We will also enjoy several scenic overlooks of the Tennessee River Gorge and impressive geologic features. After our hike we can kayak the Tennessee River at Shellmound Rec Area. Bring a lot of water and lunch. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914. The trailhead is off I24 Exit 158. Follow the TVA signs to Little Cedar Mountain trailhead.

Planning Ahead:

Sep 9-11 - Camping on Devils Step Island on Tims Ford Lake. Kayaking on Tims Ford Lake. Joint outing with the Murfreesboro Chapter. Contact Joan Hartvigsen to reserve a spot on Devils Step Island, *jhartvigs@comcast.net* or 931-636-2914. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Campground early. Or paddlers can meet us at 8 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening we will paddle in the local area. Saturday morning at 8 am we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
ttajackson68@tennesseetrails.org
BOARD REPRESENTATIVE Wendy Porter 205-960-8087
ttaboardjackson68@tennesseetrails.org
SECRETARY/TREASURER: Terry Warren 731-535-0625
ttajacksontreas68@tennesseetrails.org
HIKE COORDINATOR: Glen Rognstad 731-217-5966
ttajacksonhikes68@tennesseetrails.org
FACEBOOK COORDINATOR: Vacant
ttajacksonfacebook68@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 pm CT

No hikes planned

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
ttamemphis68@tennesseetrails.org
HIKE COORDINATOR: Wayne Simpson
w.simpson1@comcast.net

No hikes planned. See you in September.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
djconatser@comcast.net
Sara Kennedy 615-692-9057
murfreesboro@tennesseetrails.org
TREASURER/HIKE COORDINATOR:
Sara Pollard 615-714-3610
murfreesborotreas@tennesseetrails.org
BLOGMASTER Craig McBride 615-394-6121
murfreesboroblog@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-
Crescent Park's Wilderness Station, 401 Volunteer Road,
Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

Aug 9 – Chapter Meeting. 7:00 pm CT. Barfield Crescent Park Wilderness Station. 401 Volunteer Road. For more information call or text Chapter Co-Chair Jeanne Conatser at 615-971-8894 or *djconatser@comcast.net*.

Aug 16 – Long Hunter State Park. Volunteer Trail Day Loop. 4 miles. Easy. This hike leads into a mature oak and hickory forest, threading through rock cedar woods and along the rocky shoreline of Percy Priest Lake. Enjoy views from a high bluff before reaching a quiet cove. This is a great trail to hike in the summer because it's shady and there's a breeze from the lake. Bring snacks and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

Murfreesboro Chapter – con't.

Aug 20 – Woods Reservoir Paddle. Joint activity with the Highland Rim chapter. Meet at 8:00 am CT at the put-in on Manchester Beach Road, Estill Springs. Please note the street sign at the intersection of Old Brick Church Road reads Checking Station Road. Woods Reservoir is a reservoir created by the United States Army Corps of Engineers for use as a cooling system for the United States Air Force's Arnold Engineering Development Center (AEDC). It is located in Franklin and Coffee counties. We will put in on beautiful Brumlow Creek and head to Elder Island, where several species of ducks nest. We will then follow the southern shoreline toward Elk River Dam and the Wildlife Management Area. We will see The University of Tennessee Space Institute on our way back. Bring lunch and lots of water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

Aug 25 – Buggytop Trail and Natural Bridge. Sewanee. 4.5 miles. Moderate. We will hike to Lost Cove Cave on the Buggytop trail. This is one of the plateau's most impressive cave entrances. The mouth of the cave is carved out of a 150-foot cliff. After hiking the Buggytop Trail, we will stop at the Sewanee Natural Bridge State Natural Area to see the largest known natural bridge in the South Cumberland area. We plan have lunch in Sewanee at Shenanigans Restaurant. For more information or to sign up, contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com*.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085
ttanashville68@tennesseetrails.org
BOARD REPRESENTATIVE: Alice Cannon 615-646-4234
ttaboardnashville68@tennesseetrails.org
HIKE COORDINATOR: Barbara Bennett 202-236-0880
ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)
MEETS MONTHLY: 4th Tuesday 6:00 pm CT in the REI
Community Room 261 Franklin Rd, Brentwood TN. For directions, contact the Chapter Chair.

Aug 12 - Henry Horton State Park Hike & Swim, Chapel Hill, TN. 5-6 miles. Moderate. We'll enjoy a combination of trails and then cool off at the pool. Meet at the parking near the camp store for an 8:30 am step off. Pack insect repellent, sunscreen, a hat, and swimwear. Bring plenty of water, snacks, and a lunch (or plan to grab something at the snack bar.) Register with Mark for details and updates: *midtn@tnhiker.net* or 615-669-3221. Alternate date for inclement weather: Friday, August 26th.

Aug 23 – Chapter Meeting. It's time for our annual Show and Tell meeting! Members and friends ARE the program - along with pictures of your adventures on trails, from Tennessee to Timbuktu. You're welcome to bring your photos on a thumb drive (best), CD, or hard copy. The more the merrier! Please sign up in advance for this with Doug Burroughs (*dougburroughs@tennessee.usa.com*), so we can apportion time fairly to all who want to show photos. Bring friends too and prepare to be inspired to get out there. Bring a friend. See the Chapter Heading for the time and location of the Monthly Chapter meeting.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
plateau@tennesseetrails.org
TREASURER: Clark Zedric 217-520-9889
BOARD REPRESENTATIVE: Bob Obohoski 931-456-4282
boardplateau@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

The Chapter hikes every Wednesday and two Saturdays a month. For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>

Wednesday Aug 3 - CT Piney River Trail, Spring City TN. Joint hike with Upper Cumberland Chapter. We'll check out the new 1 mile trail heading South. **Long Hike:** 8 miles difficult. 3 miles out to the bridge then 1 mile down the trail and back. **Short Hike:** 6 difficult miles out and back. Depart 6:30 am CT. Contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday Aug 6 - Lone Mountain, Harriman, TN. Joint hike with Upper Cumberland Chapter. Ervira Armes Trailhead making a loop on BMP Rd, Sawmill, Twister Pass and Horseshoe Flats trails. **Short Hike:** 3.3 moderate mile loop. **Long hike:** 3.3 moderate mile loop plus 1.5 out and back on Longest Mile Trail for a total of 6.3 miles. Depart 6:30 am CT. Contact the hike coordinator, plateauhikes@tennesseetrails.org or text/call 931-267-2243 for more info.

Wednesday Aug 10 - Plateau Chapter annual whitewater rafting adventure. Hartford, TN. Joint event with Upper Cumberland Chapter. We are booked for August 10 at 11:30 am ET, in Hartford, TN. The raft trip is \$40 each payable, in cash, before July 31st. There can be no refund after July 31st. Option to hike 4 mile trail out/back to Mouse Falls after. Depart 6:30 am CT. Contact the hike coordinator, plateauhikes@tennesseetrails.org or text/call 931-267-2243 for more info.

Saturday Aug 13 - Greenway Walks- Obed River Park, Crossville, TN. Joint hike with Upper Cumberland Chapter. We'll walk 1.5-miles on paved trail - 9 am start from trail head parking. Directions: Head out of Crossville on Route 70N (West Avenue) 1.5 miles North past Rural King, turn right into the Obed River Park. Proceed 0.25 miles to the gravel parking lot at the end of the road. For info call or text John 410-707-6107.

Wednesday Aug 17 - Piney Falls Natural Area, Grandview, TN. Joint hike with Upper Cumberland Chapter. Bring a towel and wear your swim gear to enjoy the pool below the waterfall and where we'll eat lunch. **Long Hike:** 3.2 mile moderate loop with 2 waterfalls, the 80 foot tall Upper Piney Falls and Lower Piney Falls. **Short Hike:** 3 mile moderate loop with 1 waterfall and cable assisted bluff climb. Depart 7:15 am CT. Contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Plateau Chapter - con't.

Thursday Aug 18-28th - Washington State, Mt Rainier and Mt St Helens. Joint venture with Upper Cumberland Chapter. We'll visit the Seattle waterfront attractions for one day then drive to Packwood, WA to our motel. Next 6 days (Sunday-Friday) will be hiking. Contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday Aug 20 - Werner War Museum Tour, Monteagle, TN. Depart 8 am CT from Central Baptist Church, South Main St, Crossville, TN. Carpool gas cost is \$6. Sign up for the tour, contact Bill Harris 931-484-9152 or email titan55@charter.net.

Wednesday Aug 24 - Joint hike with Upper Cumberland Chapter. Lilly Bluff Point Trail. We'll hike the 5 easy mile in/out trail. Option to eat lunch at Hopyard Brewery after. Bring water and snacks. Carpool gas fee is \$5. Depart 7:30 am CT from the Crossville Outlet Mall SW parking lot. For additional information contact the hike leader Howard text/call 931-248-3190.

Wednesday Aug 31 - Window Cliffs State Natural Area. Baxter, TN. Joint hike with Upper Cumberland Chapter. Window Cliffs is a bluff that separates the upstream and downstream parts of Cane Creek, and the bluff has eroded from both sides causing an opening to develop, which is how the name "Window Cliffs" came about. There are 9 creek crossings over Cane Creek. **Long Hike:** 5.5 moderate miles round trip with all 9 water crossings. **Short Hike:** 4.5 miles to the waterfall and back with only 8 water crossings! Depart 6:30 am CT. Contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

SCENIC CITY CHAPTER

(Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett 423-309-7879
soddydaisy@tennesseetrails.org
TREASURER: Tom McElhone 805-208-4654
soddydaisytreas@tennesseetrails.org
ASSISTANT TREASURER: Bob McGavock 423-667-2690
soddydaisytreas@tennesseetrails.org
HIKE COORDINATOR: Betsy Darken 423-718-2060
soddydaisyhikes@tennesseetrails.org
MEETS QUARTERLY: Thursday of the week following the TTA
Board Meetings in Feb, May, Aug and Oct at 5:30 pm ET
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Tuesday, Aug 2 - The- new section of the South Chickamauga Creek Greenway. A few miles. Easy. This trail is an easy flat trail. Please register with hike leader Linda Keown, 423227-4915 or *busbylinda@epbfi.com*.

Saturday, Aug 6 - Cumberland Trail: Main trailhead in Prentice Cooper SF to Indian Rockhouse to Lawson Rock Overlook, out and back. Moderate. 6.4 miles. This trail includes some mild ups and downs, two stone doors, a huge overhang, and a fine view of the Tennessee River and Suck Creek gorge. A perfect summer hike! Meet at Food City Signal Mountain at 8:30 ET. Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*.

Tuesday, Aug 9 — Nickajack connector trail towards Cloudland Canyon. 3-4 miles. Easy. This is an easy out and back hike; we will not reach Cloudland Canyon or Five Points Trailhead. Meet at the St. Elmo Food City at 8:30 ET. Please register with hike leader Earl Helmer at 770-877-0600 or *e_helmer@epbfi.com*. It is OK to send a text message.

Saturday, Aug 13 - Tennessee Wall trail. Moderate. 6 miles. This out-and-back trail starts on Mullins Cove Road (aka River Canyon Road) at the Tennessee River and ascends with some steep sections to the bottom of the cliffs of the Tennessee River Gorge. These cliffs, known as the "T-wall," are famous among rock climbers. We will follow the relatively easy trail along the bottom of the cliffs, which are colorful and quite spectacular. This will include some unexplored territory. Please register with hike leader Betsy Darken, 423-718-2060. Meet at Food City on Signal Mountain Road at 8:30 ET.

Tuesday, Aug 16 - A piece of the Cloudland Canyon Connector Trail, going north from Nickajack Road toward Lula Lake Land Trust (LLLT), with pieces of the Moonshine Trails. Moderate. 4-5 miles. These trails were built by the LLLT and opened in 2017. We will not be entering the Core Preserve of LLLT, as the latter is open only on the first and fourth weekends of the month. Please register with hike leader Betsy Darken, 423-718-2060. Meet at the Food City parking lot off Tennessee Ave in St. Elmo at 8:30 am ET.

Scenic City Chapter – con't.

Saturday, Aug 20 - Upper North Chickamauga Creek, starting at Barker Camp Road & heading toward Hall Road. Moderately difficult due to rocks, some elevation. 8-9 miles in & out. (We won't go all the way to Hall Road.) The trail follows the creek with cascades and a waterfall with rocky bluffs framing the trail. Bring lunch, water, bug spray and sturdy hiking shoes. Meet at Walmart in Soddy Daisy on Dayton Pike, near the northwest parking area, at 8:30 am ET. Please register with Tammy Hendrick at 315-949-8187.

Tuesday, Aug 23 - Elsie Holmes Nature Park, with the hike including a series of interconnected trails for a total of about 3 miles. Easy to moderate. These scenic trails include a ridge down to and along South Chickamauga Creek and back up to the ridge. This park is located near East Brainerd in northern Catoosa County, GA. Meet at the Food City at 7804 East Brainerd Rd at 8:30 ET. Please register with hike leader Trish Appleton at 423-240-3443 or *Appleton-p2@comcast.net*.

Saturday, Aug 27 - Cumberland Trail: Possum Creek Gorge Section, Heiss Mtn Rd to Retro-Hughes Road. 9.5 miles one-way. Moderate/strenuous. This trail is full of creeks, waterfalls, cliffs, ups and downs, and forests. Shuttle required. Meet at the Durham St playing fields in Soddy-Daisy at 8:30 ET. Please register with hike leader Betsy Darken, 423-718-2060.

Tuesday, Aug 30 - Red Clay State Historic Park. This area was the seat of the Cherokee government from 1832 to 1838, until the Cherokee people were forced off their land and began the Trail of Tears. We will hike an easy 3 miles through the forest and tour historic replicas of a farm. Meet at Food City in Ooltewah, east off I-75 Exit 11, at 8:30 ET. Bring water, snacks, bug spray. Please register with Tammy Hendrick at 315-949-8187.

2022 TTA Board of Directors Meetings

All members are invited to attend board meetings
Contact Libby Francis for the link to join Zoom meetings

Tuesday, Aug 2, 6:30 PM CT Zoom Video
Conference

Sunday, Nov 6, 9:00 AM ET Townsend
Annual Meeting

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs 803-634-3470
sumner@tennesseetrails.org
TREASURER: John Jones 615-533-0127
sumnertreas@tennesseetrails.org
BOARD REPRESENTATIVE: John Thomas 925-759-0517
boardsumner@tennesseetrails.org

We have no scheduled hikes for August. If the weather cooperates, we hope to get a pop-up hike. If not, we will see everyone in September!

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

BOARD REPRESENTATIVE/HIKE COORDINATOR:
Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org
TREASURER: Pete Broehl 931-738-3551
uppercumberlandtreas@tennesseetrails.org

Wednesday Aug 3 - CT Piney River Trail, Spring City TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Saturday Aug 6 - Lone Mountain, Harriman, TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Aug 10 - Plateau Chapter annual whitewater rafting adventure. Hartford, TN. Joint event with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

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Thursday Aug 18-28th - Washington State, Mt Rainier and Mt St Helens. Joint venture with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Aug 24 - Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Aug 31 - Window Cliffs State Natural Area. Baxter, TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

OFFICERS:

President
Libby Francis 615-319-7501
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Aug 22

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When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!