# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

We are hikers and advocates that have helped to build, maintain, and promote the responsible use of Tennessee trails since 1968.

SUPPORTING THE CUMBERLAND TRAIL

# **SAVE THE DATE - 2022 TTA ANNUAL MEETING**

The East Tennessee and Scenic City Chapters will host the TTA Annual Meeting November 4 – 6, 2022 at Glenstone Lodge, 504 Historic Nature Trail, Gatlinburg, TN 37738.

**Lodging:** Glenstone Lodge has been recently renovated. A block of rooms will be held until October 5, 2022. Individuals can make online reservations by going to <a href="https://bit.ly/3N338qU">https://bit.ly/3N338qU</a> or call 800 362-9522. Dial 1 for individual reservations and identify yourself with Tennessee Trails Association at the time of reservation. Reservations requires the first night's room/tax at the time of reservation with remaining balance due upon check-In.

**Rates:** Standard Double Queen Interior or Exterior: \$139/night plus tax (Friday & Saturday) Standard Double Queen Interior or Exterior: \$99/night plus tax (Sunday to Thursday)

**Meals:** The lodge restaurant is closed. <u>Meals will be</u> catered and must be ordered on registration form.

#### Menu for catered meals:

#### Friday Dinner-Buffet Style

Hickory Smoked Pulled Barbecue (Barbecue Sauce on side)

Pulled Chicken (Barbecue Sauce on side)

Baked Beans, Potato Salad, Potato Chips

Tea (Sweet and Unsweetened), Lemonade

#### Sack Lunch Sandwich (select Turkey or Cheese)

Chips, Health Bar, Cookie

#### Saturday Dinner-Buffet Style

Sliced Sirloin, Asiago Bacon Chicken Fresh Garden Salad and Dressings

Broccoli, Mashed Potatoes

Sweet Iced Tea

#### Saturday and Sunday Breakfasts-Buffet Style

Bacon (2 slices), Sausage

Scrambled Eggs

Home Fried Potatoes.

Biscuits, Sawmill Gravy,

Butter, and Jelly Orange Juice,

Coffee (Regular of Decaf)

There are several restaurants within walking distance of the Glenstone Lodge.

#### Campgrounds:

**Greenbrier Campground** – 2353 Parkway, Gatlinburg, TN (Approximately 7.8 mi from Glenstone Lodge) 865 430-7415.

**Pigeon Forge RV Resort** – 1111 Wears Valley Rd., Pigeon Forge, TN (Approximately 11.5 mi from Glenstone Lodge) 865 428-5841.

**Elkmont Campground** - 434 Elkmont Rd., Gatlinburg, TN. (Approximately 9.1 mi from Glenstone Lodge) 877 444-6777.

Hikes: Hikes will be near Gatlinburg.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters and they will elect TTA Board Members for the 2023 Calendar Year.

**Fundraising:** Live Auction, Silent Auction, White Elephant Sale, Bake Sale, TTA Logo T-shirt available by order on registration form. Funds received will go toward the Evan Means Grant Program. Forms for soliciting auction items will be forwarded to all Chapter Chairs in June.

Members of the East Tennessee and Scenic City Chapters are looking forward to hosting hikers from across Tennessee.

#### Friday Events:

**Guest Speaker:** Mike Crowley, Executive Director for the Cumberland Trails Conference

Guest Presenter: Randy Hedgepath, Tennessee State Parks Naturalist: Trivia Game

Registration form can be found on page 7, hike information on page 8.



#### Cumberland Trails Conference

Office Location:

Office Hours:

Phone:

Office Staff:

E-mail

Website:

409 Thurman Avenue, Ste 102 Crossville, TN 38555 Monday - Thursday 8 AM – 3 PM CT 931-456-6259 Savana Keeton ctcoffice2014@gmail.com www.cumberlandtrail.org

The Cumberland Trails Conference would like to thank the Tennessee Trails Association for the award of the Evan Means grant! The grant will purchase much needed tools and equipment that support our monthly volunteer events. If you are interested in helping to support the Cumberland Trails Conference, please visit *cumberlandtrail.org* to make a tax-deductible donation. During the month of September, we are hosting a September Pledge Fundraiser! If you are feeling generous, you can pledge \$1 or more per foot of trail our crew builds from September 1st - 30th. If you would prefer to make a direct donation, we would gratefully accept that as well. Help us finish building The Cumberland Trail!

The CTC trail crew has been battling the heat this month working in section 2 of the Piney River Gorge. Section 2, which is located downstream near Piney Creek, will be one of the most scenic stretches of trail on the entire CT. Despite the heat, our crew built 977 feet of trail this month. Since the crew began construction in January, they have completed 8,834 feet of trail including 995 sets of stone steps and pavers!

The CTC hosted a booth at Friday at the Crossroads in downtown Crossville, TN on August 5th. The rain kept the heat down, but the crowd still came out in full force. If you missed the chance to see our booth last time, come and see us on Friday, October 7th! We will have shirts, patches, CTC memorabilia and copies of the highly-coveted Cumberland Odyssey all available with donations.

On August 27th our Executive Director, Mike Croley, will be offering a free guided hike to Windlass Cave. The hike will be around 3 miles total on fairly even terrain. We will meet at 10:00am CT at the Brady Mountain Trailhead off of Highway 68 in Crossville. For more information please email our Office Manager Savana Keeton at ctcoffice2014@gmail.com.

Lastly, please join us for our September volunteer day and help us build the Cumberland Trail! The dates are Sep 9th and 10th. We will meet at Big Apple Market and carpool to the worksite. Breakfast and lunch will be provided.

We would love to have your local TTA chapter come out and volunteer with us! If you have any questions, email Savana Keeton at *ctcoffice2014@gmail.com* or call the office at 931-456-6259.

#### CLARKSVILLE CHAPTER

**CHAPTER CO-CHAIRS:** 

TREASURER:

Paula Sanders 954-993-5541 Suva Bastin 931-645-2849 clarksville@tennesseetrails.org

**VICE-CHAIR & BOARD REPRESENTATIVE:** 

Ryan Dowdy 615-925-1796 clarksville @tennesseetrails.org

SECRETARY: Blue Bastin 931-272-1190

ttaclarksvillesecretary68@tennesseetrails.org

Mary Schwab 931-801-7172 clarksvilletreas@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484

clarksvillehikes @tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,

Wade Bourne Nature Center, 2308 Rotary Park Dr.,

Clarksville, TN 37043.

Sep 3 - Clarksville Greenway from Pollard Road access, to Mary's Oak Drive Trail Head. 4.0 total miles out and back. Easy. Meet 9:00 am CT at the Pollard Road access. There is a restroom at the trailhead. The trail is paved and follows an abandoned railroad right-ofway through the woods. You will see some interesting rock formations. Dogs are welcome if on a leash. Contact Cheryl Lemon 931-980-1062.

Sep 7 - Wednesday Rotary Park, Clarksville. 3.5 miles. Moderate. Most of the trail is on natural turf in the woods. It is curvy with many short ups and downs and follows Wall Creek part of the way. There is a creek crossing that is hard to do without getting your feet wet when the creek is up. Trekking poles are recommended. Dogs are welcome if on a leash. There is a restroom at the trailhead and another near the end of the trail. Meet 9:00 am CT, first shelter on left after entering park. Contact Suva Bastin 931-645-2849.

Sep 10 - Stones River Greenway from Kohls to Percy Priest Dam. 5.9 total miles out and back. Moderate. The surface is concrete or wooden. It runs along the Stones River and passes under I40. There are restrooms and picnic tables at the dam. Bring your lunch. Dogs are welcome if on a leash. Meet 8:00 am CT at the new I24 Park and Ride. 46 miles to trailhead. Contact Philip Anderson 931-561-0925.

Sep 17 - LBL NS Trail From Sugar Bay to Golden Pond. 12.5 miles. Difficult. The trail is on natural turf in the woods. There are several views of KY Lake. Trekking Poles are recommended. Spray for ticks and chiggers and bring your lunch. Dogs are welcome if on a leash. There are restrooms at the trailhead. A car shuttle is required. Meet 6:00 am CT at Dover Crossing Kroger Parking Lot. 62 miles to trailhead. Contact: Paul Schwab 931-801-9484.

#### Clarksville Chapter - con't.

**Sep 20 - Monthly Chapter Meeting.** Meet 6:00 pm CT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Sep 24 - Springfield Greenway to Travis Price Park. 6 total miles out and back. We will spend some time at the Springfield Art in the Park Festival where there will be art vendors, food, music, and art demonstrations. We will eat at the Depot Restaurant in Springfield after the hike. Meet 9:00 am CT, I 24 Exit 11 New Commuter parking lot. 25 miles to trailhead. Contact: Suva Bastin 931-645-2849.

#### **Newsletter Editor Needed**

Would you like to help us get the word out about TTA hikes and activities and make a little extra spending money? LouAnn Partington, who has generously served in the position since January 2010, will be retiring as soon as a replacement is found and no later than the end of the year.

The newsletter is currently edited using Microsoft Word and LouAnn will help you get started. A stipend is provided. Depending on hike submissions and additional activities such as the annual meeting, the position requires about 5 to 10 hours each month. Contact Libby Francis at president@tennesseetrails.org.

#### COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIR:** 

Jane Coffey 615-516-6551 columbia @tennesseetrails.org

CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:

Marvin Caine 931-486-1632 columbia @tennesseetrails.org

**HIKE COORDINATOR:** 

Jane Coffey 615-516-6551 columbiahikes @tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Sep 6 - Quarterly Meeting. Libby Francis (President of Tennessee Trails Assn) will speak at this quarter's meeting. If the name sounds familiar, she presented her Alaska trek to our group ~two years ago, and it was a huge success. Join Libby Francis, and friends, on a fiveday journey made in January 2020 to Big Bend National Park. Journey from their home base at the Chisos Mountain Lodge to the Window Trail, then to Oak Creek Pour Off, the Pinnacles Trail, to the magnificent Santa Elena Trail. View all types of desert vegetation and wild flowers and rock formations. She will show you abandoned homes and towns of early settlers from both sides of the Rio Grande.

### EAST TN CHAPTER

(Oak Ridge / Knoxville)

CHAPTER CHAIR:

Rosemary Marshall 865-985-9144 easttennessee@tennesseetrails.org

**BOARD REPRESENTATIVE:** 

: Tom Cressler 865-588-5622

WEBMASTER:

boardeasttennessee@tennesseetrails.org

Sherry Barber 865-209-6189 sbarber6189@comcast.net

Sep 10 - Grotto Falls in GSMNP. 6.6 miles roundtrip. This hike is one of the most traveled trails in our Smokies. We will begin our hike at Trillium Gap trailhead and hike 1.3 miles to Grotto Falls. Grotto Falls is a 25 ft waterfall that you can actually hike behind the Falls. You will feel the moist mist of mountain water as you hike behind the Falls. We will hike another 2 miles to the Summit of Brushy Mountain. We will get an early start by meeting in the Grotto Falls parking lot at 8:30 am ET. Directions to the parking lot are: Take a left at the light #8 off the Gatlinburg Parkway and go .7 miles, then veer to the right onto Cherokee Orchard Rd. Drive another 2.2 miles to Roaring Fork Nature Trail (a one-way loop road). Go 1.6 miles and look for the Grotto Falls parking. Park on your

left side of the road. Please preregister with Rosie at

rosemary I@hotmail.com or 865-985-9144.

#### HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666 highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER
CONTACT: Tom Hartvigsen 931-962-0811

(contact Tom & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday

Sep 9-11 - Camping on Devils Step Island on Tims Ford Lake. Kayaking on Tims Ford Lake. Joint outing with the Murfreesboro Chapter. Contact Joan Hartvigsen to reserve a spot on Devils Step Island, jhartvigs@comcast.net or 931-962-0811. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Campground early. Or paddlers can meet us at 8 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening we will paddle in the local area. Saturday morning at 8 am we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area.

Sep 17 – South Rim Trail at Savage Gulf. 11 miles out and back. Easy to moderate. This hike features Savage Falls and outstanding gulf views. Along the rim the trail passes above the old growth forest in the depths of the gulf. Meet at the Savage Gulf Ranger Station at 8:00 am CT. Address: 3157 TN Hwy 399, Palmer, TN. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914. Bring a lot of water, snacks and lunch.

Sep 26 - Chapter Meeting. 7:00 pm, DW Wilson Community Center, 501 N. Collins Street, Tullahoma, Hiking can be considered nourishment for the body, mind, and soul. Our Guest Speaker will be TTA member Dianne Castellano. By profession, Dianne is a Licensed Clinical Social Worker who works as a grief counselor. Dianne will talk about how she has combined her love of hiking with the journey of loss and grief. Dianne has developed her own version of the "10 Essentials" as a guide for dialogue during the hikes which she facilitates in and around the Nashville area. Before the meeting, at 5:30 pm, we will meet for dinner at La Fiesta Bar & Grill, 1410 N. Jackson Street, Tullahoma next to the Quality Inn. Please contact Highland Rim Chapter Chair Patty Deen if you plan to attend dinner so she can confirm the number for our reservation. Contact Patty at pdeen@palomar.edu or 760-703-8115 for more information.

Highland Rim Chapter - con't.

Sep 28 - Rock Island State Park, near McMinnville, TN. Hike, eat, kayak. Hike Downstream Gorge Trail and Eagle Trail. We will visit Great Falls and Twin Falls and hike along Caney Fork River. Total distance is 3 miles, easy. We will have lunch at Badger Flat picnic area next to the Caney Fork River. After lunch we will launch our kayaks at the park's boat ramp and paddle out the Caney Fork River towards Center Hill Lake to Horseshoe Bend Marina and return. Contact Joan Hartvigsen at jhartvigs@comcast.net or 931-962-0811. Bring water, lunch, snacks and hiking sticks and kayaking gear. Wear sturdy hiking boots for the hike. And remember water shoes for the kayaking. Meet at 9 am CT at the Visitor Center.

#### **Planning Ahead:**

Nov 14-16 – Bear Creek Backcountry Camping and hiking. Cloudland Canyon State Park, Trenton, GA. Joint event with the Murfreesboro Chapter. Space is limited. Register early with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Monday we will hike the Waterfalls Trail and Sitton's Gulf Trail, total mileage 8 miles, moderate. Tuesday we will hike the Bear Creek Backcountry Trail, total mileage 8 miles, moderate. Hike-in distance to site is 528 ft.

#### 2022 TTA Board of Directors Meetings

All members are invited to attend board meetings Contact Libby Francis for the link to join Zoom meetings

November 6, 9 AM

Townsend Annual Meeting

#### JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293 ttajackson68@tennesseetrails.org

BOARD REPRESENTATIVE Wendy Porter 205-960-8087 ttaboardjackson68@tennesseetrails.org

SECRETARY/TREASURER: Terry Warren 731-535-0625 ttajacksontreas68@tennesseetrails.org

HIKE COORDINATOR: Glen Rognstad 731-217-5966

ttajacksonhikes68@tennesseetrails.org

FACEBOOK COORDINATOR: Vacant

ttajacksonfacebk68@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 6:00 pm CT

Saturday, Sep 10 - Pinson Mounds in South Jackson (Pinson) TN. Krisen Cates-Carr will lead us on a hike of approximately 4 miles. We will meet at the museum/visitor's center at 9:00 am. Randy Hedgepath will be assisting Krisen with details of trees, plants, flowers, etc. The trails are easily navigated making it an easy hike. The areas between the mounds have been mostly cleared and have green, manicured grassy expanses or have been left to their native wild grasses. Pinson Mounds contains the largest Indian mound in the USA. You can climb the steps to the top of Sauls Mound if you desire. Please register with Krisen at 731-444-2712 or *krisencatescarr@verizon.net* by September 9.

**Monday, Sep 12 - Monthly meeting** at Mulligan's in Jackson, TN at 6:00 pm. (Room is to the right after entering front door). Please let Terry know by Saturday, Sep 10 if you plan to attend so that she may make arrangements with Mary (hostess/owner) at Mulligan's.

Saturday, Sep 24 - Float the Spring River in Hardy, AR. It is a four-hour drive from Jackson so most people will go on Friday night. We will meet at River Wilderness Sports at 9:00 am. Fees: \$50 to rent kayak/canoe and shuttle; \$35 if you have your own kayak and \$15 for additional shuttle. It is a 7-mile float. Hardy RV Park is located nearby. They have a bathhouse. Their fees are: \$35.07 for a camper, \$22.63 tent site with water/electricity, \$16.97 tent site with NO water, electricity. To reserve a campsite please call 1-870-856-4288. You will be responsible for making your own camping reservations. There is fishing available for those who do not want to float. Please register with Howard at 731-693-4248 or howardropp1@gmail.com by Tuesday, September 20 if you plan to attend.

#### LOOKING AHEAD:

**Saturday, Oct 1 - Jackson International Festival in Jackson TN.** The Jackson chapter will set up a booth and display information about hiking, TTA, etc. We will also have a trifold handout to give to folks.

Oct 15 - hike at Natchez Trace State Park Cub Lake and picnic at home of Terry & Darren Warren

Oct 29 - Tishomingo State Park near Corinth, MS Nov 4-6 - Annual TTA Conference in Gatlinburg Nov 19 - Cane Creek Canvon near Tuscumbia AL MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434 ttamemphis68@tennesseetrails.org

HIKE COORDINATOR: Wayne Simpson w.simpson1@comcast.net

Sep 24 - Village Creek State Park, Wynne, AR. 5.5 miles. Moderate. At the beginning we cross the Lake Dunn dam and then up a steep hill with steps. After that much of the trail is flat with a few rolling hills. This multi-use trail is used by bicycles, horses and hikers but is wide enough for all to use. There are three small streams to cross but normally these have minimal water. Waterproof boots are recommended in case of rain prior to the hike. Bring a snack for the hike. After the hike we can lunch at the Visitor Center or at Lake Dunn. Meet at the visitor center at 9:00 am and we will carpool to the dam parking lot. Hike starts at 9:15. Please register with Nancy Wark nhwark@bellsouth.net or 901-240-1521.

#### MURFREESBORO CHAPTER

**CHAPTER CO-CHAIRS:** 

Jeanne Conatser 615-971-8894 djconatser @comcast.net Sara Kennedy 615-692-9057

murfreesboro@tennesseetrails.org

TREASURER/HIKE COORDINATOR: Sara Pollard 615-714-3610

murfreesborotreas @tennesseetrails.org

BLOGMASTER

Craig McBride 615-394-6121 murfreesboroblog@tennesseetrails.org

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

**BLOG:** www.tennesseetrails.org/blog/murfreesboro

Sep 3 – "Pick a Park" series. Henry Horton State Park. Adeline Wilhoite River Trail. 1.35 Miles out-and-back. Easy. The trail follows the ecologically important Duck River, ending at a 20-foot observation tower overlooking a native grass field and wetland. The river trail also connects with the Wilhoite Mill Trail, a 0.70 Mile loop. The trail begins near the site that early settlers in the late 1700's made the first known crossing of the Duck River, and winds its way through cedar glades, hardwood forests, old farm fields and remnants of abandoned farm homes. Meet at the Visitors' Center at 10:00 am CT with all the usual essentials. Even at my leisurely pace, we will have time to explore the displays at the Visitors' Center, and back home in time to fire up the grill. An easy start to Labor Day Weekend! PLEASE RSVP text to 615-971-8894 Jeanne Conatser.

Con't on next page

#### Murfreesboro Chapter - con't.

Sep 9-11 - Camping & Kayaking Tims Ford Lake, Winchester. Joint outing with the Highland Rim chapter. Camping on Devils Step Island and kayaking on beautiful Tims Ford Lake. Contact Joan Hartvigsen to reserve a spot for camping on Devils Step Island. at jhartvigs@comcast.net or 931-962-0811. Paddlers have the option of camping at nearby Fairview Campground. Make your own reservations for Fairview Camparound early. Paddlers can meet us at 8:00 am CT Saturday on Devils Step Island if they do not want to camp. Friday evening, we will paddle in the local area. Saturday morning at 8:00 am CT we will head out west to explore Maple Bend and Goose Islands and paddle to the end of Owl Hollow Creek and return. Saturday evening, we will drive to Winchester and eat outdoors at Twin Creeks Marina. Sunday morning, we will enjoy an early morning paddle heading east to explore Dripping Springs/Dry Creek Area. For more information contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

**Sep 13 – Chapter Meeting**. 7:00 pm CT. Barfield Crescent Park Wilderness Station. 401 Volunteer Road. Trish Nelson will be our speaker and is an avid horsewoman and will share her many trail riding adventures. For more information call or text Chapter Co-Chair Jeanne Conatser at 615-971-8894 or diconatser @comcast.net.

Sep 17 – Savage Gulf State Natural Area. Stone Door to Alum Gap, Big Creek Gulf Trail and back to Stone Door. About 8 miles. Moderate. A side trail to visit Ranger Creek Falls is possible if the water crossing is okay. Bring snacks, lunch, and water. For more information or to sign up, contact Wayne Yancey at 615-887-0212 or wayne.yancey@gmail.com.

Sep 24 – National Public Lands Day. Barfield Crescent Park. Come join us for trail maintenance at Barfield Park from 8:00 am until 11:00 am CT. National Public Lands Day was established in 1994 and is held annually on the fourth Saturday in September. National Public Lands Day is the nation's largest single day volunteer effort. Volunteering on this day is a great opportunity to spend time with family and friends and enjoy the many benefits that come from connecting with nature. Bring gloves, sturdy shoes, a snack, and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

#### NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085 ttanashville68@tennesseetrails.org

BOARD REPRESENTATIVE: Alice Cannon 615-646-4234 ttaboardnashville68@tennesseetrails.org

HIKE COORDINATOR: Barbara Bennett 202-236-0880 ttanashvillehikes68@tennesseetrails.org

(email Barbara & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday 6:00 pm CT in the REI Community Room 261 Franklin Rd, Brentwood TN. For directions, contact the Chapter Chair.

Sep 27 - Chapter Meeting: Hiking and Birding the Cloud Forests of Ecuador by Kevin Bowden and Danny Shelton. Before the pandemic, Kevin and Danny visited the lush and cool cloud forests of Ecuador. They traveled to elevations up to 11,000 feet. They will share both photographs and videos of some of the most beautiful and bizarre birds you have probably ever seen. Bring a friend. See the Chapter Heading for the time and location of the Monthly Chapter meeting.

Sep 30 - Sewanee Perimeter Loop, Sewanee, TN. 9 miles. Moderate to Difficult (due to distance and elevation changes). We will start at Greens View and hike counter-clockwise to a nice overlook before walking across the plateau on a forest road that passes by the equestrian center. On the other side of the plateau, we'll hike down to Bridalveil Falls and then across to the War Memorial at University View. From there, we walk across the University campus back to the start. Bring lunch/snacks, water. good hiking boots, and clothing appropriate to the weather. Option: Shenanagin's or Mountain Goat Market for post-hike nourishment. Contact Doug Burroughs at doughurroughs@tennessee.usa.com or 615-587-0085 (please leave a message) for more information and to register.

#### Planning Ahead:

Oct 7 - Next volunteer day at Beaman Park, Ashland City, TN. Meet at 9 am at the Beaman Park Nature Center. Activities to include invasive removal, trail rehab, or whatever the ranger needs. Please consider helping and please contact Wendy Fish: *4fishies@comcast.net* or 615-268-4586.

# Registration Form Annual TTA Meeting November 4-6, 2022

#### Glenstone Lodge 504 Historic Nature Trail Gatlinburg, TN. 37738

Please provide the name of each member of your family attending:

Name:	Name:		Name:	
Address:		City:	State:	Zip:
Telephone:		Email:		Chapter:

Lodging reservation and payment will need to be arranged by you directly with Glenstone Lodge. A block of Rooms will be held until October 5, 2022. Individuals can make online reservations by https://bit.ly/3N338qU or call 800-362-9522. Dial 1 for individual reservation and identify yourself with Tennessee Trails Assn. at the time of reservation. Individual reservation requires the first night's room/tax at the time of reservation with remaining balance due upon check-In. CAMPING – Call direct to make reservations:

Greenbrier Campground, Gatlinburg, Tn. 865 430-7415 (Approx. 7.8 mi to Glenstone Lodge) Pigeon Forge RV Resort, Pigeon Forge, Tn 865 428-5841 (Approx. II.5 mi. to Glenstone Lodge) Elkmont Campground, Gatlinburg, Tn. 877 444-6777 (Approx. 9.1 mi to Glenstone Lodge)

MEALS: (Vegetarian meal available upon request)

\*See Menu for each Meal on TTA Website and in Newsletter.

	FRIDAY	# of people	x \$15.00pp	\$
DINNER	SATURDAY	# of people	x \$15.00pp	\$
BREAKFAST	SATURDAY	# of people	x \$12.00pp	\$
	SUNDAY	# of people	x \$12.00pp	\$
SACK LUNCH Circle Choice- Turkey or Cheese Sandwich	SATURDAY	# of people	x \$10.00pp	\$
	SUNDAY	# of people	x \$10.00pp	\$
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Please make check payable to East Tennessee Chapter of TN Trails Association

Mail to:

Rosemary Marshall 5400 Parkdale Rd. Knoxville, TN 37912

Any Questions: Call Rosie Marshall 865-985-9144 or rosemary L@hotmail.com

Deadline for registration October 5, 2022. No refunds after October 5, 2022. Cancellations must be in writing.

**TOTAL DUE** 

\$

#### **ANNUAL MEETING HIKES**

#### Friday, Nov 4

**Walkers' Sisters Cabin**. This is an easy 4 mile hike with very little elevation gain. You'll hear their story of primitive life in the Smokies.

**Chimney Tops.** This is a moderate 3.3 mile hike with about 1490' elevation gain. It famous for panoramic views.

**Rainbow Falls.** This is a moderate 5 mile hike with about 1620' elevation gain. You'll see the beautiful Rainbow Falls.

**Baskin Creek Falls**. This is a moderate 3.1 mile hike with only 910' elevation gain. It's known for a beautiful fall.

#### Saturday, Nov 5

**Sugarlands Visitors Center to Glenstone Lodge.** This is an easy 2 mile hike with fascinating museum and gift shop.

**Peregrines Peak.** This 4.5 mile hike is rated moderate and has 1160' elevation gain. You can't miss the awesome views.

**Twin Creek Trail.** This is a moderate 5 mile hike with 790' elevation gain. You'll see creeks and a famous cabin.

**Little River Trail**. This is a moderate 5.4 mile hike with 790' elevation gain. It's a lovely out and back hike.

**Grotto Falls Trail**. This is a moderate 5.5 mile hike with a very unique "walk behind waterfall ".

**Porter Creek Trail.** This is a moderate 6.1 mile hike with only 350' elevation gain. This trail is famous for a well-known cemetery and waterfall.

**Injun Creek Trail**. This is a moderate 6.5 mile hike with only 97' elevation gain. You'll find a nice well maintained cemetery and parts of an old steam engine abandoned in the creek.

**Meigs Creek Trail.** This is a moderate 6.5 mile hike 1400' elevation gain. It has several creek crossings.

**Maddon Bald to Albright Grove.** This is a moderate 6.7 loop. It has an elevation gain of 1500'.

**Old Sugarlands Trail**. This is a moderate 7.5 mile hike with 1260' elevation gain. You'll experience a babbling brook.

#### Saturday, Nov 5 continued

**Cove Mountain Trail.** This trail is rated difficult because of the 7.7 mile length and 1776' elevation gain. You'll find a waterfall and pass through old growth forests.

**Charlie's Bunion Trail.** This trail is rated difficult. It's 8 miles total and has an exceptional panoramic view. The elevation gain is 1640'

Ramsey Cascade Trail. This difficult 8 mile hike has the tallest waterfall in the Smokies.

**Mt Cammerer Trail.** This trail is 11.9 miles and rated difficult. The elevation gain is 3170' but the spectacular views are well worth it.

#### Sunday, Nov 6

**Chimney Tops Trail.** This is a 4. mile moderate/difficult hike with 1370' elevation gain.

**Alum Cave Trail.** This is a moderate 4.4 mile hike with 1125' elevation gain.

**Middle Prong Trail.** This is an easy 4 mile hike with 1140' elevation gain.

**Rainbow Falls Trail.** This is a moderate 5 mile hike with 1620' elevation gain.

**Deep Creek Loop Trail.** This is a moderate 3.9 mile trail with 900' elevation gain.

**Charlie's Bunion Trail**. This is a moderate 8 mile hike with 1500' elevation gain.

#### **Annual Meeting T-shirts**



Shirts are unisex and I00% polyester and are moisture wicking, stain release, and odor resistant. Color is sand with green logos. Prices are on registration form.

# PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR:

Norm Brinsley 931-202-2338

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TREASURER:

Clark Zedric 217-520-9889

BOARD REPRESENTATIVE:

Bob Obohoski 931-456-4282

boardplateau@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

The Chapter hikes every Wednesday and two Saturdays a month. For up-to-date information on our hikes visit https://tennesseetrails.org/chapters/plateau-chapter/

Wednesday Sep 7 - BSF Honey Creek, Oneida, TN. Joint hike with Upper Cumberland Chapter. Short Hike: 3.5 mile half of the loop exiting the trail at the overlook with a road walk back to the cars. Long Hike: The trail is 6 miles and fairly difficult because of rock scrambles, stream crossings, and steep slopes. Depart 7:30 am CT from the Crossville Cracker Barrel rear lot SW corner. Carpool cost is \$6. BRING WATER SHOES and extra socks JUST IN CASE. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday Sep 10 - CT Eagle Bluff to Tank Springs Section, LaFollette,TN. Joint hike with Upper Cumberland Chapter. Short Hike: 5 moderate sometimes difficult miles in/out. Long hike: approximately 7 thru miles (car shuttle from Tank Springs to Eagle Bluff required) rated moderate to difficult as there are uphill and downhill grades with some rock scrambling and narrow rock ledges that have to be traversed. Depart 7:15 am CT from the SW parking lot at the Outlet Mall, Interstate Dr, Crossville, TN. Carpool gas cost is \$8. Bring your lunch, plenty of water and a good pair of hiking shoes or boots.

Wednesday Sep 14 - CT Arch Mountain Section, TN. Joint hike with Upper Cumberland Chapter. Wear water shoes and bring your boots because at .1 mi ford Smoky Creek then an easy walk to the next Creek crossing at .7 mi. Long Hike: 6-7 mi difficult in/out. Short Hike: 5mi or less difficult out and back. Depart 7:15 am CT from the SW parking lot at the Outlet Mall, Interstate Dr, Crossville, TN. Carpool gas cost is \$7. Pack water, snacks and lunch. Don't forget tick/bug spray and sunscreen. For additional information contact the hike coordinator, Deb, email plateauhikes @tennesseetrails.org or text/call 931-267-2243. Wednesday Sep 21 - BSF Twin Arches Loop, TN. Joint hike with Upper Cumberland Chapter. Short hike: 4.6 mile moderate to strenuous (stairs) loop to the Arches and back. Long hike: This is a 6 mile moderately strenuous loop hike due to the flights of stairs and the continual climb from Charit Creek. The Twin Arches are the largest arches in Big South Fork and quite possibly in the Eastern United States. The South Arch is the highest at 100 feet. Depart 7:30 am CT from the Crossville Cracker Barrel rear parking lot SW corner. Gas cost \$7. Contact hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Plateau Chapter - con't.

Saturday Sep 24 - South Cumberland State Park, Foster Falls thru hike on the Fiery Gizzard, Tracy City, TN. Joint hike with Upper Cumberland Chapter. **Long Hike:** 14 mi strenuous with lots of rock hopping. We'll start from the Foster Falls parking lot on the Fiery Gizzard trail passing Foster Falls through Laurel Gorge to Stephens Falls, Ravens Point ending at the Fiery Gizzard parking lot. Short Hike: 5 mile moderate loop splitting off from the thru hikers descending down the climbers trail leading back to the base of Foster Falls then ascending up the bluff and back to the parking lot. Depart 7:15 am CT from Central Baptist Church, South Main St. Carpool cost is \$8. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Contact hike coordinator, Deb. plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Wednesday Sep 28 - Ranger Lead Hike, Pickett State Park, Jamestown, TN. Joint hike with Upper Cumberland Chapter. Ranger Martin will lead us mostly off trail to explore Pogue Creek Canyon. Long Hike: Estimated to be 6 mi or less moderate to strenuous off trail. Short Hike: 5 mi moderate in/out on the Poque Creek trail to Kill Deer Arch and back. Depart 7:30 am CT from the Crossville Cracker Barrel rear lot SW corner. Carpool cost is \$6. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. the coordinator, Contact hike Deb. plateauhikes@tennesseetrails.org or text/call 931-267-2243.

#### SCENIC CITY CHAPTER

(Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett 423-309-7879 ttasceniccity68@tennesseetrails.org

TREASURER: Tom McElhone 805-208-4654 ttasceniccitytreas68@tennesseetrails.org

ASSISTANT TREASURER: Bob McGavock 423-667-2690

ttasceniccitytreas68@tennesseetrails.org

HIKE COORDINATOR: Betsy Darken 423-718-2060 ttasceniccityhikes68@tennesseetrails.org

MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 pm ET

Saturday, Sep 3 - Mushroom Rock. 2.5 miles. Easy. This hike will begin at Shackelford Ridge Park, 2650 Sam Powell Drive, Signal Mountain TN, next to the Signal Mountain Middle/High School. Meet at Food City, 703 Signal Mountain Road, Chattanooga. If you haven't seen Mushroom Rock, you need to join this hike. Be there or be square! Please register with Earl Helmer at 770-877-0600, call or text.

Tuesday, Sep 6 - Rock Island State Park, Collins River Loop plus Eagle Trail to the Blue Hole. 4.1 miles. Easy/moderate. If you've never seen water spurting out of the middle of a cliff in a great rush, this is your big chance! Meet at the Durham St. playing fields off Dayton Pike in Soddy-Daisy at 8:30 ET. Please register with Tammy Hendrick at 315-949-8187.

Con't on next page

**Saturday, Sep 10 - Laurel Falls. 6.1 miles. Moderate.** Creeks, coal mines, shade, and a big waterfall! Easy switchbacks up to the waterfall. Meet at the Durham St. playing fields off Dayton Pike in Soddy-Daisy at 8:30 ET. Please register with Tammy Hendrick, 315-949-8187.

Tuesday, Sep 13 - Boyd Gap to the old Copper Road to the bridge by the former Whitewater Center. 3-4 miles. Easy. This is a wide and beautiful trail mostly along the Ocoee River. We would run a short shuttle. Meet at Food City in Ooltewah, a short distance east off I-75 Exit 11, at 8:30 am ET. Please register with hike leader Trish Appleton at 423-240-3443 or Appleton-p2 @comcast.net.

Saturday, Sep 17 - South Rim Trail at Savage Gulf. 11 miles. Easy/moderate. Joint hike with Highland Rim Chapter. This hike features Savage Falls and outstanding gulf views. Along the rim, the trail passes above the old growth forest in the depths of the gulf. Bring lots of water, snacks, and lunch. Meet at the Durham St. playing fields off Dayton Pike in Soddy-Daisy at 8:15 am ET or at the Savage Gulf Ranger Station, 3157 TN Hwy 399, Palmer, at 9 am ET. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914.

Tuesday, Sep 20 - Laurel Point and River Gorge Loop on Raccoon Mountain. 3.2 miles. Easy. This hike is close to Chattanooga, in the woods, with eye-catching views. Meet at the parking lot on the other side of LaQuinta Inn, north off I-24 Exit 175, Browns Ferry Road. Please register with hike leader Will Latham, 704-365-8889.

Saturday, Sep 24 - Bald River Falls Trail. 9.6 miles. Moderate. This trip includes a pleasant drive along the picturesque Tellico River and, if there is water, a stop at Baby Falls to watch kayakers spurt over this not insignificant waterfall, possibly without any hitches. The hike starts out a bit upriver at Baby Falls' much bigger and very spectacular brother, Bald River Falls. We'll jump up to the top of the falls and then follow the mostly level trail along the pretty mountain river to a small waterfall and large cascades. Meet at Food City in Ooltewah, east off I-75 Exit 11, at 8:30 ET. Please register with hike leader Betsy Darken, 423-718-2060.

Tuesday, Sep 27 - Chickamauga Battlefield, Confederate Line Trail. 6 miles. Easy. Directions can be found at the C-C NMP website under Outdoor Activities. Mostly shady with lots of monuments to inspire your imagination. Meet at the lower parking lot at the Chickamauga Battlefield Visitors Center, 3370 LaFayette Road, Ft. Oglethorpe, GA, at 8:30 am ET. Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com.

### SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs 803-634-3470 ttasumnertrails68@tennesseetrails.org

TREASURER: John Jones 615-533-0127

ttasumnertreas68@tennesseetrails.org

BOARD REPRESENTATIVE: John Thomas 925-759-0517

ttaboardsumnertrails68@tennesseetrails.org

Sep 7 - Kayak Caney River. Weather permitting we will rent kayaks from Adventure Outfitters, 5238 Medley Amonette Rd., Buffalo Valley, TN. This is approximately a one hour drive from Gallatin. We will meet in the parking lot near the Gallatin Chick-fil-A at 101 Belvedere Dr. N, Gallatin to car pool at 8:30 am or at Adventure Outfitters at approximately 9:30 am. There is the option of taking the 6 mile, 2-3 hour river trip for \$34 per one seat kayak or the 9 mile, 3-5 hour for \$54 per one seat kayak. The river is a lazy river type trip not white water. Contact Marcia Powell at mpow1221@gmail.com or phone/text at 217-855-3013 with questions. Save the date and hope the weather is good!

Sep 14 - Stones River Greenway at Percy Priest Dam. About 4 miles. Easy. This paved greenway extends from the dam along the Stones River to Kohls and beyond to the Water Park and across the pedestrian bridge to Shelby Bottoms Nature Center. However, we will do an in and out walk turning around about the 2 mile point. Walkers who are pressed for time or want a shorter walk can turn around at any point along the trail. Anyone wanting a longer walk can continue. Meet at the trailhead parking lot at 3734 Bell Road, Nashville, TN about 10:00 am. Those carpooling will meet at Kroger on Glenbrook Way at 9:30 am. Contact Judy Jenkins if meeting at the trailhead or with questions at 615-403-0002 or at judy\_jenkins@comcast.net.

**Sep 21 - Bledsoe Creek State Park.** We will meet at 9 am at the Visitor Center, 400 Ziegler Fort Road, and hike the moderate 2.2 mile Shoreline Trail to High Ridge Trail loop. The High Ridge Trail has a steep section of stairs. Good hiking shoes, walking sticks, and water are recommended. Pets are welcome. For additional information, contact Donna at 925-759-0518 or John at 925-759-0517.

Sep 26 – Henry Hollow Loop, Beaman Park. 2 miles. Moderate. Meet at the Creekside Trailhead at 9:30 am. To get to trailhead parking, go towards the nature center but turn right on Eaton's Creek Rd before you get there. Continue about 0.9 mile, then turn left on Little Marrowbone Rd. The entrance will be 0.6 miles on the left, then keep left for Creekside. There are port-a-lets available. Hiking poles recommended. Dogs on leash welcome. Contact David at 803-634-3470 or ddhobbs@bellsouth.net with questions or to let us know you are coming.

#### OFFICERS:

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vicepresident@tennesseetrails.org

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# At-large Directors (terms expiring listed after name)

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ARE LISTED WITHIN EACH CHAPTER'S HEADER

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#### UPPER CUMBERLAND CHAPTER

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#### **Newsletter Deadlines:**

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.

Tennessee Trails Association P.O. Box 41446 Nashville, TN 37204-1446

#### ADDRESS SERVICE REQUESTED



	WANT TO JOIN TENN  A NEW MEM  RENEWING N  Memberships are for one y  Gift Memberships are also	BER MY MEMBEF ear, unless you have a	R S H I P Lifetime Membe	Sep 2	Please Mail This Form To:  Membership Director P.O. Box 41446 Nashville, TN 37204-1446
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	Individual	\$25.00	Name		
	Family	\$35.00			
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Membersh upcoming section), a neetings v	nip Directory listing membe hikes, events, chapter med a reference containing info where you will enjoy diverse	rs by chapter and how etings, and volunteer opermation about TTA, transpropries and programs, in aderie, and programs, in	to reach them. Yoportunities. We ail etiquette, an and refreshmen addition to lear	You will also receive of encourage you to revelon this encourage you to revelon this encourage. Also, we hold our a ming about the progre	osite (www.tennesseetrails.org) which includes the ur monthly newsletter which contains information on iew the Hiking Handbook (under the Hikes & Events s. We invite you to attend any number of monthly nnual meeting in the fall at one of Tennessee's many as and plans of the organization.