

# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,  
and promote the responsible use of Tennessee trails since 1968.*

**SUPPORTING THE CUMBERLAND TRAIL**

## NOT TOO LATE TO REGISTER FOR THE 2022 TTA ANNUAL MEETING IN GATLINBURG, TN

The East Tennessee and Scenic City Chapters will host the TTA Annual Meeting November 4 – 6, 2022 at Glenstone Lodge, 504 Historic Nature Trail, Gatlinburg, TN 37738.

**Lodging:** Glenstone Lodge has been recently renovated. A block of rooms will be held until October 5, 2022. Individuals can make online reservations by going to <https://bit.ly/3N338qU> or call 800 362-9522. Dial 1 for individual reservations and identify yourself with Tennessee Trails Association at the time of reservation. Reservations requires the first night's room/tax at the time of reservation with remaining balance due upon check-in.

**Rates:** Standard Double Queen Interior or Exterior: \$139/night plus tax (Friday & Saturday) Standard Double Queen Interior or Exterior: \$99/night plus tax (Sunday to Thursday)

**Meals:** The lodge restaurant is closed. **Meals will be catered and must be ordered on registration form.**

### **Menu for catered meals:**

#### **Friday Dinner-Buffer Style**

Hickory Smoked Pulled Barbecue (Barbecue Sauce on side)

Pulled Chicken (Barbecue Sauce on side)

Baked Beans, Potato Salad, Potato Chips

Tea (Sweet and Unsweetened), Lemonade

#### **Sack Lunch Sandwich (select Turkey or Cheese)**

Chips, Health Bar, Cookie

#### **Saturday Dinner-Buffer Style**

Sliced Sirloin, Asiago Bacon Chicken

Fresh Garden Salad and Dressings

Broccoli, Mashed Potatoes

Sweet Iced Tea

#### **Saturday and Sunday Breakfasts-Buffer Style**

Bacon (2 slices), Sausage

Scrambled Eggs

Home Fried Potatoes,

Biscuits, Sawmill Gravy, Butter, and Jelly

Orange Juice, Coffee (Regular or Decaf)

There are several restaurants within walking distance of the Glenstone Lodge.

### **Campgrounds:**

**Greenbrier Campground** – 2353 Parkway, Gatlinburg, TN (Approximately 7.8 mi from Glenstone Lodge) 865 430-7415.

**Pigeon Forge RV Resort** – 1111 Wears Valley Rd., Pigeon Forge, TN (Approximately 11.5 mi from Glenstone Lodge) 865 428-5841.

**Elkmont Campground** - 434 Elkmont Rd., Gatlinburg, TN. (Approximately 9.1 mi from Glenstone Lodge) 877 444-6777.

**Hikes:** Hikes will be near Gatlinburg.

**Annual Membership Meeting:** TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters and they will elect TTA Board Members for the 2023 Calendar Year.

**Fundraising:** Live Auction, Silent Auction, White Elephant Sale, Bake Sale, TTA Logo T-shirt available by order on registration form. Funds received will go toward the Evan Means Grant Program. Forms for soliciting auction items were forwarded to all Chapter Chairs in June.

### **Friday Events:**

**Guest Speaker:** Savana Keeton, Cumberland Trails Conference

**Guest Presenter:** Randy Hedgepath, Tennessee State Parks Naturalist: Trivia Game

Members of the East Tennessee and Scenic City Chapters are looking forward to hosting hikers from across Tennessee.

**REGISTRATION DEADLINE OCTOBER 5, 2022**

# Annual Meeting Schedule



## Cumberland Trails Conference

### Friday, November 4, 2022

- 12:00 pm Begin Check-in for registration  
Check-in Auction Items
- 1:00 pm Hikes Begin
- 5:00 pm White Elephant Sale and Baked Goods Open
- 6:00 pm Dinner (Buddy's BBQ)
- 6:30 pm Purchase your Cup at our "Fun Bar"
- 7:00 pm Introductions and Keynote Speaker
- 7:00 pm Break
- 7:45 pm Savana Keeton - update on CTC
- 8:15 pm Break
- 8:20 pm Trivia with Randy Hedgepath
- 9:00 pm Close Meeting

### Saturday, November 5, 2022

- 6:00 am Coffee for early risers
- 7:00 am Breakfast and pick up Sack lunches
- 8:00 am Hikes begin
- 2:00 pm Silent Auction begins
- 3:00 pm Purchase your Cup at our "Fun Bar"
- 5:00 pm Dinner (Ruby Tuesday)
- 6:00 pm Silent Auction Closes
- 7:00 pm General Membership Meeting
- 8:00 pm Live Auction

### Sunday, November 6, 2022

- 6:00 am Coffee for early risers
- 7:00 am Breakfast and pick up Sack lunches
- 8:00 am Hikes begin
- 9:00 am TTA 4<sup>th</sup> Quarterly Board of Director's meeting

Check out of Glenstone by 11:00 am ET

Exit Event Areas by 12:00 Noon

#### Office Location:

409 Thurman Avenue, Ste 102  
Crossville, TN 38555

#### Office Hours:

Monday - Thursday  
8 AM - 3 PM CT

#### Phone:

931-456-6259

#### Office Staff:

Savana Keeton

#### E-mail:

[ctcoffice2014@gmail.com](mailto:ctcoffice2014@gmail.com)

#### Website:

[www.cumberlandtrail.org](http://www.cumberlandtrail.org)

The Cumberland Trails Conference (CTC) has many exciting events ongoing and upcoming! But first, an update on our trail crew. Our trail crew has split their time in the month of August between Upper Piney sections 1 and 2 completing 945 feet. They have put in 206 rock steps and pavers to help hikers navigate the steep gorge and boulder fields that line the Upper Piney gorge. Over the last 30 weeks, the trail crew has completed 9,114 feet of trail and placed 1,067 stone steps and pavers in section 2. In 7 weeks, they have built 1,465 feet of trail and set 110 stone steps and pavers in section 1.

The CTC continues to host volunteer events monthly. In the month of October, we will be hosting our volunteer event on the 7th & 8th. These volunteer events are located near Spring City, TN. If you would like to volunteer, reach out to Savana Keeton at [ctcoffice2014@gmail.com](mailto:ctcoffice2014@gmail.com) and she will give you the details. We would like to continue to thank TTA for generously granting us the Evan Means grant to buy tools for our volunteer events.

During the month of October, we will be at the Hit the Trails Festival in Fairfield Glade, TN. This event will be on October 1st from 10 am - 2 pm Central Time at The Square on Peavine Road. We look forward to seeing you there! We will also have a booth set up at the Soddy Daisy Fall Festival on October 15th from 10 am - 3 pm Eastern Time. This festival is located at the Soddy Lake Municipal Park on Depot Street in Soddy Daisy, TN. Come join us for a fun day of music, food, and giveaways!

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## CLARKSVILLE CHAPTER

**CHAPTER CO-CHAIRS:** Paula Sanders 954-993-5541  
Suva Bastin 931-645-2849  
[ttaclarksville68tennesseetrails.org](mailto:ttaclarksville68tennesseetrails.org)

**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
[ttaclarksvillehikes68@tennesseetrails.org](mailto:ttaclarksvillehikes68@tennesseetrails.org)  
(call Paul & volunteer to lead an outing)

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
Wade Bourne Nature Center, 2308 Rotary Park Dr.,  
Clarksville, TN 37043.

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**Oct 1 - Black Mountain to Ozone Falls. 6.7 miles. Difficult, requires car shuttle.** The trail is in the woods on natural turf. We will see beautiful rock bluffs, clear streams, huge gardens of cinnamon and glade ferns and a 110 foot water fall. Trekking poles are recommended. Dogs are welcome if on a leash. Bring your lunch. Meet 6:00 am CT, I 24 Exit 11 new commuter parking lot. 162 miles to trailhead. Contact Ryan Dowdy 615-925-1796.

**Oct 5 - Wednesday, McGregor Park Cumberland Riverwalk Pavilion, out and back, to Ft. Defiance. 2.7 total miles. Easy.** We can eat lunch after the hike at Wendy's. The whole hike is paved. We walk along both the Cumberland and Red Rivers, cross the Red River on a highway sidewalk and hike up switchbacks through the woods to the Fort's museum. There are a couple of vistas overlooking downtown Clarksville and a few Civil War cannons along the way. The museum has bathrooms, exhibits and a short video. Meet 9:00 am CT McGregor Park Cumberland Riverwalk Pavilion. This is where the flags are. Contact Suva Bastin 931-645-2849.

**Oct 15 - Dunbar Cave SP, Long Trail. 2.5 miles. Moderate.** Most of the trail is on natural turf; there are a few concrete steps. Dogs are permitted if on a leash. The trail goes through pretty woods, passes sinkholes, limestone bedrock, goes through a 13.5 acre Prairie Restoration Project and by a 15 acre Lake. Meet 9:00 am CT at the trailhead picnic table. Contact: Phyllis Haddock 931-206-6245.

**Oct 18 - No Monthly meeting** due to our Annual Bonfire on the 29th.

**Oct 22 - Pennyryle State Park. 3 miles. Moderate.** Most of the hike is on natural turf through the woods. We start near the lodge and hike around a beautiful 56 acre man-made lake. You can't see the lake all of the time. We pass a sandy beach near the end of the trail where swimming is prohibited because of overcrowding. We continue hiking a short distance past the beach to the lodge and eat lunch. The lodge restaurant has a good Buffet. Meet 8:00 am CT, at Kroger parking area, Dover Crossing Road, Clarksville. 49 miles to trailhead. Contact Paul Schwab 931-801-9484.

**Oct 29 - Annual Bonfire.** Meet 4:00 pm at Rotary Park Amphitheater. The entrance to the Amphitheater is on E. Old Ashland City Road. We will hike 2 miles, moderate, and eat after the hike. Bring a covered dish. Drinks, cups, plates, etc. furnished. Contact: Suva Bastin 931-645-2849.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIRS:** Jane Coffey 615-516-6551  
Marvin Caine 931-486-1632  
[ttacolumbia68@tennesseetrails.org](mailto:ttacolumbia68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Jane Coffey 615-516-6551  
[ttacolumbiahikes68@tennesseetrails.org](mailto:ttacolumbiahikes68@tennesseetrails.org)

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church.  
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

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**Oct 8 - Beaman Park.** Beaman Park is a 1,678 acre natural area in northwestern Davidson County approximately 15 miles from downtown Nashville near Joelton. The topography consists of ridges and hollows supporting forest vegetation that is characteristic of the Western Highland Rim. The prominent geologic substrate is limestone, shale, and siltstones from the Mississippian Fort Payne and Devonian Chattanooga Shale formations. Designated in 2013, Beaman Park was recognized as a significant natural area prior to its purchase by Metropolitan Davidson County Department of Parks and Recreation in 1996. The purchase of the property was made possible because of a significant donation made by the Beaman family, for whom the park is named. Beaman Park provides public parking, a nature center, and hiking trails. We will meet at the trailhead at 9:00 am. Leader: Jane Coffey

**Friday, Oct 21 - Radnor Lake.** Radnor Lake State Park is a 1,368-acre park and is protected as a Class II Natural Area. It is unique due to the abundance of wildlife viewing opportunities, environmental education programs, hiking opportunities, and its location in an urban area. The park is day-use only and the 7.75-miles of trail are strictly used for hiking, photography, and wildlife observation. Pets, jogging, and bicycles are only allowed on the Otter Creek Road trail. The Lake Trail is accessible to people with all-terrain wheelchairs. We will meet at 8:30 am at the Nature Center and hike the Lake Trail and South Lake Trail. Brunch after hike. Details to follow.

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-985-9144  
[ttaeasttennessee68@tennesseetrails.org](mailto:ttaeasttennessee68@tennesseetrails.org)

**OUTINGS COORDINATOR:** Sherry Barber 865-209-6189  
[sbarber6189@comcast.net](mailto:sbarber6189@comcast.net)

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No hikes planned.

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Patricia Deen 760-703-8115  
*ttahighlandrim68@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Tom Hartvigsen 931-962-0811  
*jhartvigs@comcast.net*  
(contact Tom & volunteer to lead an outing)  
**MEETS MONTHLY:** 4<sup>th</sup> Monday

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**Oct 1 – Lost Creek Trail and Section of Ray Branch Trail. 6 miles. Easy to moderate.** Tims Ford State Park, Winchester, TN. Meet at 8 am at the Visitor Center. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-636-2914. This hike features overlooks of beautiful Tims Ford Lake and mature hardwood forests.

**Oct 7 – Tennessee River Kayaking. Nickajack Lake Shellmound Rec Area Boat Launch, Jasper. Joint event with Murfreesboro Chapter.** Meet at 9 am CT at Shellmound Recreation Area boat launch. Take Exit 158 off Interstate 24 East and turn right. Continue past Little Cedar Mountain trailhead and follow signs to Shellmound Recreation Area and Campground. Bring water and lunch. We will explore the bluffs of Little Cedar Mountain peninsula and two islands. Please register with Joan Hartvigsen, *jhartvigs@comcast.net*, 931-636-2914.

**Oct 16 - South Cumberland State Park. Foster Falls Climber's Loop at Fiery Gizzard.** Go to Foster Falls Parking Lot, meet at 1:00 pm. Length is 2.5 miles, classified as Easy but with some rocky terrain. Coming out of the base of Foster Falls can be slippery if conditions are wet. Expected to take 1.5 - 2 hours. Bring hiking poles, water, snack. <https://www.hikethesouth.com/hikes/foster-falls-climbers-loop>. RSVP to Dianne Castellano at *diannecast5@gmail.com*.

**Oct 22 - Fiery Gizzard Trail. South Cumberland State Park. 12.5 miles. Strenuous. Joint hike with the Murfreesboro Chapter.** Marietta Poteet and Sara Pollard will lead the hike. We will start our hike from the Grundy Forest State Natural Area picnic area and hike to Foster Falls. This is a beautiful trail that offers scenic views, waterfalls, rock formations and hemlock trees over 200 years old. This hike will include the approximately 2-mile rerouted section of the Fiery Gizzard Trail that drops down over the bluff and into the gorge and take a spur trail to the overlook at Raven's Point. We will be taking the Dog Hole Trail to avoid the "boulder field" section of the Fiery Gizzard Trail. Shuttle set up will be required. For more information or to sign up, contact Marietta Poteet at 931-924-7666 or *nannietta@benlomand.net*.

### Highland Rim Chapter – con't.

**Oct 24 – Chapter Meeting.** Meet at 5 pm at Valley View Farm, 165 Valley View Lane, Manchester, TN for a hike. The farm is located about halfway between Tullahoma and Manchester, just off Hwy 55. The farm features a herd of Alpacas, a 1.5 acre fruit and vegetable garden and a Country Store. The farm will be decorated for Halloween. At 6 pm we will gather at the picnic area. Bring your own picnic dinner and drink. Owner Mike Chissler will talk to us about Valley View Farm. One point of business is the election of officers for 2023. Please register with Chapter Chair Patty Deen, *pdeen@palomar.edu*.

**Oct 29 – Short Springs Work Day.** Please meet at 8 am in the parking lot, 2250 Short Springs Road, Tullahoma. Specific tasks will be announced. Bring work gloves, pruners, loppers and trash bags. Let Joan Hartvigsen know that you can help, *jhartvigs@comcast.net*, 931-636-2914.

### Planning Ahead:

**Nov 14-16 – Bear Creek Backcountry Camping and hiking. Cloudland Canyon State Park, Trenton, GA. Joint event with the Murfreesboro Chapter.** Space is limited. Register early with Joan Hartvigsen, *jhartvigs@comcast.net*, 931-636-2914. Monday we will hike the Waterfalls Trail and Sitton's Gulf Trail, total mileage 8 miles, moderate. Tuesday we will hike the Bear Creek Backcountry Trail, total mileage 8 miles, moderate. Hike-in distance to site is 528 ft.

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## Newsletter Editor Needed

Would you like to help us get the word out about TTA hikes and activities and make a little extra spending money? LouAnn Partington, who has generously served in the position since January 2010, will be retiring as soon as a replacement is found and no later than the end of the year.

The newsletter is currently edited using Microsoft Word and LouAnn will help you get started. A stipend is provided. Depending on hike submissions and additional activities such as the annual meeting, the position requires about 5 to 10 hours each month. Contact Libby Francis at *president@tennesseetrails.org*.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293

*ttajackson68@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966

*ttajacksonhikes68@tennesseetrails.org*

**MEETS MONTHLY:** 1<sup>st</sup> Monday at 6:00 pm CT

**Monday, Oct 3 - Chapter Meeting.** 6 pm at Mulligan's in Jackson TN (located on Union University drive).

**Saturday, Oct 15 - Natchez Trace State Park near Yuma/Lexington TN.** This will be a hike and our annual picnic. We will meet at the visitors center at 10:00 am. We will hike the Cub Lake trail through the woods and along the shore of the lake. This will be approximately 6-7 miles. Please dress for the weather and hiking boots are recommended. Please bring water and snacks. After the hike, we will drive to the home of Terry & Darren Warren for chili/soup, hot dogs, etc. Please register with Terry for the hike (& picnic) by Friday, October 14 at 731-535-0625 or *terrymccoy832@yahoo.com*. You are welcome to come to the picnic even if you don't hike.

**Saturday, Oct 29 - Tishomingo State Park.** Sara Rognstad will lead us on the hike at Tishomingo. Tishomingo is a public recreation area in the foothills of the Appalachian Mountains located south of Iuka, MS. A major feature is Bear Creek Canyon and its generous sandstone outcroppings (and the swinging bridge). This is a 6 to 7 mile hike winding along rocky ridges with spectacular views thru shallow form-filled canyons. We will cross the Bear Creek swinging bridge that was constructed in the 1930's. Hiking boots are recommended along with clothing appropriate for the weather. We will leave Panera Bread at 7:30 am or meet at the parking area near the bridge at 10:00 am. Bring water, snacks and lunch. Most likely we will stop for an early dinner after the hike. Please register with Sara at *hakim.sara@gmail.com* by Friday, October 28.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434

*ttamemphis68@tennesseetrails.org*

**OUTINGS COORDINATOR:** Wayne Simpson

*w.simpson1@comcast.net*

**Oct 1 - International Harvester Managerial Park, Lakeland.** Meet at the park entrance at 9:00 am. The park is located adjacent to the Lakeland Senior Center on the west side of Canada Rd. between I-40 and Hwy 70 at 4523 Canada Rd. The hike is about 4 miles. Allow 2.5 hours for the hike. We will hike through mostly bottomland forest. There are some moderately strenuous places with elevation changes in the beginning and at the end. The trail enters a nice meadow and follows along a small lake. There is one shallow water crossing. Be prepared for mud if we have had a recent rain. Waterproof hiking boots and hiking poles are recommended. Bring water and snacks. Heavy rain and the threat of severe weather will cancel. Registration is not required but let the hike leader know you plan to hike. Be sure to leave your name and contact information if you want to know if the hike is cancelled. Marion Quinlen at 901-482-8640 or *mquinlen@gmail.com*.

## Memphis Chapter – con't.

**Oct 8 - Nesbit Park in Bartlett.** We will hike the White trail for a total of 5 miles. Two ravine crossings (most likely with water) are part of this trail so wear waterproof hiking boots or shoes. Bring water and a snack and allow 2.5 hours for this hike. Rain will cancel hike. Registration is required. Meet at 9:00 am. Lynne Witherington: *withlynne@aol.com*.

**Oct 15 - Lucius Burch South of Walnut Grove - Germantown Road.** This is a 5.5 mile hike in the woods partly on the Wolf River on the White/Yellow/Blue trails in Lucius Burch Natural Area. We will meet in the paved Shelby Farms parking lot off of Germantown Road across from Lowe's. Plan to hike 3.5 hours. Bring water and snack. Hiking boots are recommended. Rain will cancel hike. Registration is required at which time you will receive start time. Janet Sheahan: *janet.n.sheahan@gmail.com*.

**Oct 22 - Tishomingo State Park located south of Iuka, MS.** This is a 6-7 mile hike winding along rocky ridges with spectacular views, through shallow, fern filled canyons. We will cross the Bear Creek Swinging bridge constructed in the 1930's. This park is approximately 2.5 hours from Memphis. Hiking boots recommended. Meet at 9:30 am at the park toll gate. There is a parking lot to the right just entering the park through the gate. We will regroup into fewer vehicles. Heavy rain will cancel this hike. Bring water, snacks and a lunch. Registration is required. Kam Hipkins: 901-299-8359.

**Oct 29 - Meeman Shelby Forest Pioneer Springs Trail.** This hike will be different from the one in the past. It is a moderate 5 mile hike that requires a short shuttle. We will hike the entire Pioneer Springs Trail and also use sections of the barely paved bike path and some dirt roads to avoid having an out-and-back hike. The trail has one steep downhill, one long but moderate uphill and some rolling terrain. Much of the rest is flat. We'll snack at the Woodland Shelter and also see the Pioneer Springs shelter. In case of rain, we may reschedule the hike on Sunday. Registration is required at which time you will receive start time. Wayne Simpson: *w.simpson1@comcast.net* or 901-385-1988 (no texts).

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## MURFREESBORO CHAPTER

**CHAPTER CO-CHAIRS:** Jeanne Conatser 615-971-8894  
*djconatser@comcast.net*  
Sara Kennedy 615-692-9057  
*ttamurfreesboro68@tennesseetrails.org*

**OUTINGS COORDINATOR:** Sara Pollard 615-714-3610  
*ttamurfreesborohikes68@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Oct 7 – Tennessee River Kayaking. Nickajack Lake. Joint event with Highland Rim Chapter.** Shellmound Recreation Area Boat Launch. Jasper. We will launch our kayaks or canoes from the Shellmound Recreation Area at 9:00 am CT. Take Exit 158 off Interstate East and turn right. Continue past the Little Cedar Mountain trailhead and follow signs to the Shellmound Recreation Area campground. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Oct 8 – Alvin C. York State Historic Park. Pall Mall. 5 miles out and back. Easy.** The park is located 9 miles north of Jamestown and contains the farm and gristmill once owned by decorated World War I soldier Alvin C. York, who lived in the Pall Mall area for his entire life. Meet Jeanne at the Barn by the York Home at 11:30 CT for a short walk across the field to the Wolf River and across a suspension bridge to the cemetery. If interested, we can also hop across the street to the grist mill, which has pretty views for a picnic. This is also a Living History event commemorating the Meuse-Argonne Offensive, the last Allied offensive of World War 1 and the action in which Alvin C. York distinguished himself. There is a \$10 registration fee for the Ranger-led tours of the trench and field at 10:00 am CT and 2:00 pm CT. PLEASE RSVP text to Jeanne Conatser at 615-971-8894.

**Oct 11 – Chapter Meeting.** John Lamb of the Sam Davis Home and Plantation in Smyrna will be our speaker. He will be speaking on motifs and their meanings on headstones. The Sam Davis Home is a Greek Revival home and one of the top cultural and historic attractions in Middle Tennessee. On the property, there two historic homes, several outbuildings, slave quarters, and the family cemetery. For more information call or text Chapter Co-Chair Jeanne Conatser at 615-971-8894 or [djconatser@comcast.net](mailto:djconatser@comcast.net).

**Oct 13 – Long Hunter State Park. Volunteer Trail Day Loop. 4 miles. Easy.** This hike leads into a mature oak and hickory forest, threading through rock cedar woods and along the rocky shoreline of Percy Priest Lake. Enjoy views from a high bluff before reaching a quiet cove. Bring snacks and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

## Murfreesboro Chapter – con't.

**Oct 22 - Fiery Gizzard Trail. South Cumberland State Park. 12.5 miles. Strenuous. Joint hike with the Highland Rim Chapter.** Marietta Poteet and Sara Pollard will lead the hike. We will start our hike from the Grundy Forest State Natural Area picnic area and hike to Foster Falls. This is a beautiful trail that offers scenic views, waterfalls, rock formations and hemlock trees over 200 years old. This hike will include the approximately 2-mile rerouted section of the Fiery Gizzard Trail that drops down over the bluff and into the gorge and take a spur trail to the overlook at Raven's Point. We will be taking the Dog Hole Trail to avoid the "boulder field" section of the Fiery Gizzard Trail. Shuttle set up will be required. Bring water, snacks and lunch. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

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## Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: <https://tennesseetrails.org/hikes-events/liability-release-form/>.

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## Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.



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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-587-0085  
[ttanashville68@tennesseetrails.org](mailto:ttanashville68@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Barbara Bennett 202-236-0880  
[ttanashvillehikes68@tennesseetrails.org](mailto:ttanashvillehikes68@tennesseetrails.org)  
(email Barbara & volunteer to lead an outing)  
**MEETS MONTHLY:** 4th Tuesday 6:00 pm CT in the REI  
Community Room 261 Franklin Rd, Brentwood TN. For  
directions, contact the Chapter Chair.

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**Oct 7 - Next volunteer day at Beaman Park, Ashland City, TN.** Meet at 9 am at the Beaman Park Nature Center. Activities to include invasive removal, trail rehab, or whatever the ranger needs. Please consider helping and please contact Wendy Fish: [4fishies@comcast.net](mailto:4fishies@comcast.net) or 615-268-4586.

**Oct 16 -- Flat Rock State Natural Area, Rutherford County near Murfreesboro, TN. 4 miles. Easy.** Flat Rock offers a lesser used trail through Tennessee cedar glades and barrens. The wooded sections, meadows, and contrastingly stark rocky areas yield what are often specifically adapted flora on display all through the year. We'll hike at a pace that allows us to appreciate the natural beauty around us. The loop trail is relatively flat with a few gentle inclines. Trail segments may be rocky and wet or muddy so hiking shoes or boots are recommended. Bring water and snacks for the trail. We'll meet at the trailhead at 9:00 am. Afterwards we'll head over to Carmen's Taqueria for lunch. Register with Mark for details and updates: [midtn@tnhiker.net](mailto:midtn@tnhiker.net) or 615-669-3221.

**Oct 18 -- Virgin Falls State Natural Area, near Sparta, TN. 8 miles. Moderate to strenuous because of length and elevation change.** This is a beautiful trek on the main trail, passing Big Laurel Falls as well as Sheep Cave and Falls, and ending up at the 110' high Virgin Falls. This wonderful waterfall is one of the most beautiful and interesting falls around, flowing out of one cave into another. This hike is rated moderate to strenuous because of the 8 mile total length and because of the 800 elevation change. (We'll be hiking uphill on the way out.) Please bring snacks, lunch, boots, sticks, and clothing suitable for the weather there that day. Please contact Doug Burroughs at [dougburroughs@tennessee.usa.com](mailto:dougburroughs@tennessee.usa.com) or 615-587-0085 (please leave a message) to register and get further information.

**Oct 23 -- Montgomery Bell Trail (formerly known as the Overnight Trail), Montgomery Bell State Park, Burns TN. 10.5 miles. Strenuous for distance.** Wooded terrain with some hills. The trail passes by several lakes, a historic cabin and church, and historic iron ore pits. Bring water, snacks/lunch, boots, and clothing appropriate for the weather that day. Contact Doug Burroughs by email at [dougburroughs@tennessee.usa.com](mailto:dougburroughs@tennessee.usa.com) or by text at 615-587-0085 for more information and to register.

## Nashville Chapter – con't.

**Oct 25 – Chapter Meeting,** Meeting topic is Warner Park Trails and Woods with Paul Fowler, Director of Resource Management, Friends of Warner Parks. With funding and management from the Friends of Warner Parks, a lot of recent trail work has recently been completed on the three main Warner Parks hiking trail loops (Red, White, Blue) with the objective of limiting damage to the trails from erosion and overuse. You can't miss these changes if you've hiked these trails lately. There has also been a lot of obvious removal of invasive plants & shrubs like Japanese Honeysuckle and privet. Paul Fowler will be here to discuss the details of these improvements as well as the Friends group's other projects. See the Chapter Heading for the time and location of the Monthly Chapter Meeting.

**Oct 29-30 – Short Overnight Backpacking at Laurel Snow State Natural Area, near Dayton, TN.** 5 miles in to campsite and 6 -7 miles out the next day. Moderate. Karl and Kathie Woods will lead an overnight hiking trip at Laurel Snow State Natural area. A campsite for eight people has been reserved at the Snow Falls campsite, which is a five mile hike in from parking. On Sunday, we will hike out and do the Laurel falls trail up to the top of the plateau and then back to the cars and home, which will be 6 or 7 miles. If you are interested, please confirm as soon as possible as I may be able to reserve more sites if needed. Please contact me by email at [karld@comcast.net](mailto:karld@comcast.net) or by phone at 615-207-2250. The drive from Nashville is about 3 hours.

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## Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CHAIR:** Norm Brinsley 931-202-2338  
*tplateau68@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Deb Westervelt 931-267-2243  
*tplateauhikes68@tennesseetrails.org*  
**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT

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The Chapter hikes every Wednesday and two Saturdays a month. For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>

**Saturday Oct 1 - Cumberland County Marathon Hit the Trails Fest. Joint event with Upper Cumberland Chapter.** The festival concludes the month of September's hike marathon with outdoor activity vendors and marathon participants picking up their t-shirts. The festival starts at 9am-2pm at the corner of Stonehenge Drive and Peavine Rd in the Fairfield Glade community. For additional information contact the hike coordinator, Deb, email *tplateauhikes68@tennesseetrails.org* or text/call 931-267-2243.

**Wednesday Oct 5 - Cumberland Trail: Rock Creek Loop Plus, Sale Creek, TN. Joint hike with Upper Cumberland Chapter.** Long Hike: 8.8 miles moderate to strenuous hiking the Rock Creek Loop (Upper Leggett Trailhead) plus thru hike to Retro Hughes Rd Trailhead. Beautiful cascades along the creek and 2 overlooks. Vehicle shuttle required. Short Hike: 4 mile moderate doing the Rock Creek Loop only. Bring water, lunch and snacks. Depart 7:30 am CT from the Central Baptist Church, South Main St, Crossville, TN. Carpool gas cost is \$6. Pack water, snacks and lunch. Don't forget tick/bug spray and sunscreen. For additional information contact the hike coordinator, Deb, email *tplateauhikes68@tennesseetrails.org* or text/call 931-267-2243.

**Wednesday Oct 12, John Muir/Sheltowee Trace Trail to Angel Falls Overlook, Big South Fork, Jamestown, TN. Joint hike with Upper Cumberland Chapter.** Hike starts from Leatherwood Ford parking lot. Short Hike: 4 easy to moderate miles in/out along the Big South Cumberland River. Long Hike: 7 easy to moderate miles in/out along the river then climbing to Angel Falls Overlook passing rock formations along the way. Depart 7:30 am CT from Cracker Barrel's rear lot in Crossville. Bring lunch, water and snack. Don't forget tick/bug spray and sunscreen. Gas cost is \$6. For additional information contact the hike coordinator, Deb, email *tplateauhikes68@tennesseetrails.org* or text/call 931-267-2243.

**Thursday Oct 13 - Chapter Meeting.** The meeting is held at the First United Methodist Church Annex on Neeham St. We will meet for dinner at LaCoste restaurant, 138 The Crossings, at 4:45 pm. The meeting will start at 6:00 pm at the church annex. Contact Norm Brinsley 931-202-2338 *huxanlj@gmail.com* if you plan to join us for the dinner portion.

### Plateau Chapter – con't.

**Friday-Sunday Oct 14-16 - Fall Getaway Weekend to Brevard, NC. Joint venture with Upper Cumberland Chapter.** We will hike various trails around Brevard each day. Carpool gas cost is \$25. For additional information contact the trip coordinator, Melissa 763-742-2934 *mellove6011@gmail.com*. Depart 7:30 am CT from Dorton United Methodist Church, 3405 Hwy 70 East (one mile east of Peavine Rd).

**Wednesday Oct 19 - CT North Chickamauga Section, Old Anderson Rd Trailhead to Barker Camp Trailhead, Lone Oak, TN. Joint hike with Upper Cumberland Chapter.** Short Hike: 4-5 moderate miles in/out. Long Hike: Will require a car shuttle. 9.5 difficult/strenuous miles. The trail follows the creek with cascades and a waterfall with rocky bluffs framing the trail. Bring water, lunch and snacks. Carpool gas fee is \$7.00. Depart 7:30 am CT from the Central Baptist Church, South Main St, Crossville, TN. For additional information contact the hike coordinator, Deb, email *tplateauhikes68@tennesseetrails.org* or text/call 931-267-2243.

**Wednesday Oct 26 - CT - Snoopers Rock, Blowing Wind Falls & Natural Bridge Trails, Prentice Cooper State Forest, Chattanooga, TN.** This hike visits a portion of the Grand Canyon of Tennessee, where the Tennessee River cuts a 1,000 foot gorge through the Cumberland Plateau. Within Prentice Cooper State Forest, we will first visit the large, wide vista at Snoopers Rock, where river gorge panoramas amaze. Long Hike: 8 moderate in/out miles to all 3 features. Short Hike: 6 moderate miles from Snoopers Rock to Blowing Wind waterfall and back. Bring water, lunch and snacks. Carpool gas fee is \$8.00. Depart 7:30 am CT from Central Baptist Church, South Main St, Crossville, TN. For additional information contact the hike coordinator, Deb, email *tplateauhikes68@tennesseetrails.org* or text/call 931-267-2243.

**Saturday Oct 29 - Virgin Falls State Natural Area, Sparta, TN.** Short Hike: 5 miles moderate to Big Laurel Falls and back, Long Hike: This is a 9-mile strenuous hike to the 110 foot tall Virgin Falls. The trail descends around 900 foot in elevation along a path that in many areas is rocky with uneven footing. Along the way, we will pass Big Branch Falls, Big Laurel Falls (30-foot waterfall), and Sheep Cave Falls. There is a stream crossing. There is a possibility the water at the stream crossing may be a little high so bring water shoes. Depart 7:30 am CT from Tractor Supply on West Ave. Carpool cost is \$4. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. For additional information contact the hike coordinator, Deb Westervelt, via email *tplateauhikes68@tennesseetrails.org* or text/call 931-267-2243.



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## SCENIC CITY CHAPTER

### (Greater Chattanooga Area)

**CHAPTER CHAIR:** Jane Ellett 423-309-7879  
*ttasceniccity68@tennesseetrails.org*

**OUTINGS COORDINATOR:** Betsy Darken 423-718-2060  
*ttasceniccityhikes68@tennesseetrails.org*

**MEETS QUARTERLY:** Thursday of the week following the TTA  
Board Meetings in Feb, May, Aug and Oct at 5:30 pm ET

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**Saturday, Oct 1 - Clemmer Trail to Benton Falls. 8.8 miles out-and-back. Moderate.** The trailhead is off TN-30, just off US 64 at Ocoee Lake. The first part of the trail is the steepest, but the trail gets easier as you go up Chilhowee Mountain. There are a few creek crossings, so you may want to bring water shoes if the water is up. The big reward near the top of the mountain is Benton Falls, which is a really cool 65-foot cascade. After gawking at the falls for a while, we'll roll down the way we came. Or, if the group wants more variety, the hike can be turned into a loop by returning via Slick Rock and Clear Creek Trails, which adds a mere 0.7 miles to the expedition. Meet at Food City in Ooltewah, right off I-75 exit 11, at 8:30 am ET. Please register with Will Latham, 704-365-8889.

**Tuesday, Oct 4 - Benton Falls in Cherokee National Forest. 3.2 mile in & out. Easy.** There is a short steep descent to the base of the falls. Parking fee, bring a snack. Meet at Food City in Ooltewah, right off I-75 exit 11, at 8:30 am ET. Please register with Tammy Hendrick at 315-949-8187.

**Saturday, Oct 8 - Virgin Falls. Difficult. 8.7 miles.** This is a truly gorgeous falls that supports the claim that Tennessee is hollow. A creek comes out of a cave, takes a spectacular flying leap over a sharp precipice and then plunges down into a big hole, never to be seen again. In addition to this star of the show, our trail also travels down another stream with more waterfalls, caves, and disappearing water. Getting in is mostly downhill. Guess what coming out is like. Meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 am ET. Please register with Carl Dumsday, 423-842-5843 or *cdumsday@outlook.com*.

**Tuesday, Oct 11 - Conasauga River trails. Easy/moderate. 5-6 miles.** We will drive to the Cohutta Wilderness and hike the Conasauga River trail to the river and back. This is two miles in and out. The return is a bit of a climb but you won't notice because the scenery is beautiful. We will then drive north on good Forest Service roads into the Cherokee National Forest to the Conasauga River Snorkeling Hole. The trail from there goes along the river and is pretty much wide and flat. We will be alongside the river the whole way and if you have never been you are in for a real treat. It would be hard to find anything more beautiful and tranquil. Unless of course you step on a yellow jacket nest which happened to a few of us last time. Hopefully we won't have to worry about this the last half of October. We can hike as long as we want and return for a day's total of 5 or 6 miles, most of which is easy. We will meet at the Wendy's east off the I-75 East Ridge Exit 1 at 8:30 am. Please register with hike leader Trish Appleton at 423-240-3443 or *Appleton-p2@comcast.net*.

### Scenic City Chapter – con't.

**Saturday, Oct 15 - Bear Creek Backcountry Trail in Cloudland Canyon. Moderate 8-mile loop** that descends to the creek, eventually ascending to the canyon rim with incredible views. Pack a lunch and enjoy some fall foliage. Meet at the parking lot just after LaQuinta Inn, north off I-24 Exit 175 at 8:30 am ET. Register with Tammy Hendrick at 315-949-8187.

**Tuesday, Oct 18 - Huckleberry Knob and Hoopers Bald. 3 miles or so. Easy.** Join us for short hikes at trailheads located within a short distance of each other near mile marker 8 on the Cherokee Skyway. Beautiful 360 degree views, fall colors and maybe a Monarch Butterfly or two. We'll plan on lunch in nearby Tellico Plains. Bring water and a snack. Meet at Food City in Ooltewah, right off I-75 exit 11, at 8:30 am ET. Please register with Marti & Roy at *sewmarti@aol.com*.

**Saturday, Oct 22 - West Lookout Tower Trail to Bird Mountain Trail. 6.9 mile loop. Moderate.** Our hike starts at the Lookout Tower trailhead at the far end of Big Cove Campground in Frozen Head State Park. This wide trail ascends gradually up the south flank of Bird Mountain until it reaches one of Bird Mountain's distinct ridges. Here we make a sharp left onto the easier stretch of Bird Mountain Trail and walk along the top of the ridge. This stretch is also part of the Cumberland Trail. Along the way we will ramble about in Castle Rock, which lives up to its name. It's a castle and it's a rock. Shortly after Castle Rock, we'll take a sharp left to head down the mountain and roll back to where we started. Going down this fairly steep descent will make everyone glad that we took the loop counterclockwise. Meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 am ET. Please register with hike leader Tom McElhone, 805-208-4654 or *sarmitta@yahoo.com*.

**Tuesday, Oct 25 - McGinnis Trail. 4.2 miles. Easy/moderate.** This hike will begin in Fairfield Glade, TN, about 1.5 hours from Soddy and in Central Time. In 2021 we did a 3-mile hike from Fairfield Glade and it seemed everyone liked it, so we will try a different trail in the same area. Perhaps the leaves will be putting on a show! Meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 am ET. Please register with Earl Helmer, call or text 770-877-0600.

**Saturday, Oct 29 - Laurel Falls, Bryan Overlook, and beyond. Moderate/strenuous. 6-7 miles.** We can hope that by this time of the year, Laurel Creek has a decent amount of water and the trees are acting like it's autumn. This waterfall has a spectacular collection of giant boulders at its base. We'll continue up the trail, ascend through a crack in the cliff, cross the creek and proceed to Bryan Point. From there we will take a marked but unnamed trail along the edge of the escarpment, down to Paine Creek, and follow Paine Creek to the main trail and the parking lot. Meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 am ET. Please register with Betsy Darken, 423-718-2060.

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## SUMNER TRAILS CHAPTER

**CHAPTER CO-CHAIRS:** Donna & David Hobbs 803-634-3470  
*ttaumnertrails68@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Donna Hobbs 803-634-3470  
*ttaumnertrailshikes68@tennesseetrails.org*

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**Oct 11 - Radnor Lake.** Meet at the Walter Criley Visitor Center and west parking area at 1160 Otter Creek Road at 10:00 am. We will hike the Lake Trail and Ganier Ridge Trail, 4.1 miles, with a 500 ft elevation gain. Trail rated moderate. Hiking poles and water recommended. No dogs allowed on trail. For more information or to let us know you are coming, contact David Hobbs at *ddhobbs@bellsouth.net* or 803-634-3470.

**Oct 21 - Batey Farms and Woods. 2 miles. Moderate.** Join us at 10 am to visit the lovely Batey Farm property! This location has been preserved for the purpose of creating a passive park. From the parking area near the white barn we will walk a mowed path up along the treeline across the open field and into the wooded hillside and then up to the overlook for a gorgeous view. The trails are still being developed and cleaned up by a volunteer team at this new park so we will be walking on a trail with trees cut away, but the path will have some roots and small stumps. This walk is considered moderate and no dogs are allowed. Park behind the brick house on the property, next to the barn, at 119 East Dr., Hendersonville TN. Please reach out to Jenny Fitzgerald at 615-517-8185 or *mrzfitz@gmail.com*. We hope you can join us!

**Oct 26 - Warner Woods Loop Trail at Percy Warner Park, Nashville. 3 miles. Easy to moderate.** The hike will include the access trail from the parking lot at the Deep Well Trailhead off Hwy 100 plus the loop side trail to Luke Lea Heights overlook, highest point in the park at 922 feet, from which much of the Nashville area is visible. The trail is in deep forest. The surface is mostly dirt with roots. Walking sticks, sturdy walking shoes, and water are recommended. Restrooms are available at the Deep Well trailhead (portable) and at the Nature Center, 7311 Hwy 100. Lunch will follow at the City Limits Bakery and Café, 361 Clofton Dr., Bellevue, about 2 miles from the trailhead. We will meet for carpooling at the Glenbrook Kroger parking lot, 1010 Glenbrook Way, Hendersonville, at 9 am. For information, or if you plan to meet us at the trailhead at 10 am., please call or text John at 925-759-0517 or Donna at 925-759-0518.

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## UPPER CUMBERLAND CHAPTER

**(Sparta / Cookeville)**

**CHAPTER CHAIR:** Cathy Moran 931-544-2764  
*ttauppercumberlandhikes68@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Cathy Moran 931-544-2764  
*ttauppercumberlandhikes68@tennesseetrails.org*

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**Saturday Oct 1 - Cumberland County Marathon Hit the Trails Fest. Joint event with Plateau Chapter.** See Plateau listing for hike details and registration information.

**Wednesday Oct 5 - Cumberland Trail: Rock Creek Loop Plus, Sale Creek, TN. Joint event with Plateau Chapter.** See Plateau listing for hike details and registration information.

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**Wednesday Oct 19 - CT North Chickamauga Section, Old Anderson Rd Trailhead to Barker Camp Trailhead, Lone Oak, TN. Joint event with Plateau Chapter.** See Plateau listing for hike details and registration information.

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## LEAVE NO TRACE PRINCIPLES

- ✓ Leave what you find.
- ✓ Minimize Campfire Impacts.
- ✓ Respect wildlife.
- ✓ Be considerate of other visitors.
- ✓ Plan ahead and prepare.
- ✓ Travel and camp on durable surfaces.
- ✓ Dispose of waste properly.

## OFFICERS:

### President

Libby Francis 615-319-7501  
[ttapresident68@tennesseetrails.org](mailto:ttapresident68@tennesseetrails.org)

### Vice-President

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### Treasurer

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### Secretary

Melinda Pearson 731-225-4293  
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### *At-large Directors (terms expiring listed after name)*

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#### Middle TN

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#### East TN

Will Latham (2024) 704-365-8889  
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CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

#### Newsletter Editor

LouAnn Partington 931-393-4835  
[ttaeditor68@tennesseetrails.org](mailto:ttaeditor68@tennesseetrails.org)

## 2022 TTA Board of Directors Meetings

All members are invited to attend board meetings  
Contact Libby Francis for the link to join Zoom meetings

November 6, 9 am

Gatlinburg  
Annual Meeting

## GO GREEN

### Electronic Newsletter Available

This is reminder that you can receive your monthly newsletter via email. If interested please contact Cheryl Heckler at [ttamembership68@tennesseetrails.org](mailto:ttamembership68@tennesseetrails.org) and please include your email address.

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
[ttaeditor68@tennesseetrails.org](mailto:ttaeditor68@tennesseetrails.org)

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

☐

**A NEW MEMBER**

Oct 22

☐

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [ttamembership68@tennesseetrails.org](mailto:ttamembership68@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE PRINT CLEARLY.**

\_\_\_ Individual \$25.00

\_\_\_ Family \$35.00

\_\_\_ Student (FULL TIME) \$15.00

\_\_\_ Supporting (\$50.00, \$100.00 or more)

\_\_\_ Life Member (Individual) \$500.00

\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_

E-mail \_\_\_\_\_

For privacy, please do not list the following in  
the TTA Annual Membership Directory

- ☐ E-mail addresses
- ☐ Mailing address
- ☐ Telephone numbers

☐ I would like to receive my newsletter by  
mail.

Please list me with the following chapter:

- |   |  |
|---|--|
| ___ Clarksville                         | ___ Murfreesboro                           |
| ___ Columbia/Franklin                   | ___ Nashville                              |
| ___ East TN (Oak Ridge/Knoxville)       | ___ Plateau (Crossville)                   |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Scenic City (Greater Chattanooga Area) |
| ___ Jackson                             | ___ Sumner Trails (Sumner County)          |
| ___ Memphis                             | ___ Upper Cumberland (Sparta/Cookeville)   |
| ___                                     | ___ At Large                               |

When you become a TTA member, you will have access to the Members Area of our website ([www.tennesseetrails.org](http://www.tennesseetrails.org)) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

***Not a member yet? Please check out one of our hikes or meetings soon!***