

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL



Newsletter Editor Needed

Would you like to help us get the word out about TTA hikes and activities and make a little extra spending money? LouAnn Partington, who has generously served in the position since January 2010, will be retiring as soon as a replacement is found and no later than the end of the year.

The newsletter is currently edited using Microsoft Word and LouAnn will help you get started. A stipend is provided. Depending on hike submissions and additional activities such as the annual meeting, the position requires about 5 to 10 hours each month. Contact Libby Francis at ttapresident68@tennesseetrails.org.

Notice

Please review TTA's updated email alias addresses posted in the respective sections of this month's Newsletter.

GO GREEN

Electronic Newsletter Available

This is reminder that you can receive your monthly newsletter via email. If interested please contact Cheryl Heckler at ttamembership68@tennesseetrails.org and please include your email address.

Notification of TTA Members Meeting

The TTA regular Annual Membership Meeting will be held on November 5, 2022 at 7:00 pm Eastern Time in the main Conference Room of Glenstone Lodge, Gatlinburg, TN

The address is
Glenstone Lodge
504 Historic Nature Trail
Gatlinburg, TN 37738

2022 TTA Board of Directors Meeting

All members are invited to attend board meetings
Contact Libby Francis if you are interested in attending
(ttapresident68@tennesseetrails.org)

November 6, 9:00 am

Gatlinburg
Annual Meeting

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.



Cumberland Trails Conference

Office Location: 409 Thurman Avenue, Ste 102
Crossville, TN 38555
Office Hours: Monday - Thursday
8 AM – 3 PM CT
Phone: 931-456-6259
Office Staff: Savana Keeton
E-mail: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

Visit the Cumberland Trails Conference website (www.cumberlandtrail.org) for current information on volunteer opportunities and other activities.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident!!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: <https://tennesseetrails.org/hikes-events/liability-release-form/>.

CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders 954-993-5541
Suva Bastin 931-645-2849
ttaclarksville68tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484
ttaclarksvillehikes68@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Nov 4-6 Annual Meeting

Nov 9 - Wednesday, Dunbar Cave SP Long Trail. 2.5 miles. Moderate. Most of the trail is on natural turf. There are a few concrete steps. Dogs are permitted if on a leash. The trail goes through pretty woods, passes sinkholes, limestone bedrock, goes through a 15 acre Prairie Restoration Project and by a 15 acre Lake. Meet 9:00 am CT at the trailhead picnic table. Contact Suva Bastin 931-645-2849.

Nov 12 - Hike with another chapter.

Nov 15 - Chapter Meeting. Meet 6:00 pm CT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Nov 19 - Eggner's Ferry Bridge/Western Half of the LBL Scenic Central Hardwoods Trail. 6 miles. Moderate, requires car shuttle. We will walk on the pedestrian walkway across the 3495 feet long Eggner's Ferry Bridge on a concrete surface to the Scenic Central Hardwoods Trail. The Eggner's Ferry Bridge carries US 68 and KY Route 80 across Kentucky Lake. It opened in 2016 after the original bridge was hit by a barge in 2012 and collapsed. We will continue on the Scenic Hardwood Trail to the Golden Pond Visitors Center. There are Restrooms and a museum at the Visitors Center. The Scenic Hardwood Trail is a well-engineered trail through upland hardwoods. The surface is finely crusted limestone. Meet 7:00 am CT at Kroger parking area, Dover Crossing Road, Clarksville. 58 miles to trailhead. Contact Paul Schwab 931-801-9484.

Nov 26 - Liberty Park, Clarksville. 3.5 miles. Easy. There is a .25 mile section of the trail on turf and a loop around a small lake with wooden tread. The rest is paved. Most of the trail runs along the Cumberland River and a cove with a large marina. There is a tribute to Wilma Rudolph who became a world-record-holding Olympic champion. You also pass a statue of Pat Summit who was the head women's basketball coach at UT and accrued the third most wins in women's basketball history. There are four bathrooms along the trail. Dogs are permitted if on a leash. Meet 9:00 am CT at the Liberty Park Pond parking area. Contact Ed Oliver 931-561-9946.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey 615-516-6551
Marvin Caine 931-486-1632
ttacolumbia68@tennesseetrails.org
OUTINGS COORDINATOR: Jane Coffey 615-516-6551
ttacolumbiiahikes68@tennesseetrails.org
MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Nov 4 - 6 - TTA Annual Meeting in the Smokies.

Nov 19 - Hidden Lake at McCrory Lane, Nashville, TN.
One of the new favorite spots for a walk in the woods is the Hidden Lake Trail at Harpeth River State Park. Located right off Exit 192 on I-40 (the McCrory Lane exit just past Bellevue), this trail is perfect for anyone who loves history, adventure, or discovery. It's a little under two miles long and far less populated than hiking trails closer to town. When you get off the interstate, head north for about 3/4 of a mile and you'll see the parking area for the park just past the Harpeth River on your left. From there, follow the signs to the Hidden Lake trail- They're easy to spot. The Hidden Lake trail is lovely at any season, but the winter or early spring is especially recommended for hikers. There are lots of signs of civilization from the 1920s and '30s that those who are young-at-heart will love discovering, and much of it is covered up in the summer and fall. Dogs are welcome as long as they are on a leash. Leader/times to be determined.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
ttaeasttennessee68@tennesseetrails.org
OUTINGS COORDINATOR: Sherry Barber 865-209-6189
sbarber6189@comcast.net

No hikes scheduled

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115
ttahighlandrim68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Hartvigsen 931-962-0811
jhartvigs@comcast.net
(contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Nov 4-6 - TTA Annual Meeting. Glenstone Lodge,
Gatlinburg, TN.

Highland Rim Chapter – con't.

Nov 9 - Short Springs State Natural Area Fall Color Hike. 4 miles. Moderate. Steep climbs and rough terrain. Meet at 9:00 am CT in the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Bring water, lunch and hiking sticks. Wear sturdy hiking boots. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. We will hike Busby Falls Loop Trail and Laurel Bluff Trail. We will enjoy views of the Bobo Creek cascades. We will then visit awesome Machine Falls then continue on to hike Adams Falls Loop. A new attraction is the Machine Falls Overlook Platform, funded by the Friends of Short Springs

Nov 14-16 – Bear Creek Backcountry Camping and hiking. Cloudland Canyon State Park, Trenton, GA. Joint event with the Murfreesboro Chapter. Space is limited. Register early with Joan Hartvigsen, jhartvigs@comcast.net, 931-636-2914. Monday we will hike the Waterfalls Trail or Sitton's Gulf Trail. We will not have enough daylight for both. Tuesday we will hike the Bear Creek Backcountry Trail, total mileage 8 miles, moderate. Hike-in distance to site is 528 ft. Check-in time is 1:00 pm EST. Monday night we will share a potluck dinner, featuring beef stew.

Nov 19 – Sewanee Perimeter Trail Hike, The University of the South, Sewanee, TN. 14 miles. Moderate. Joint hike with the Murfreesboro Chapter. We will hike from Clara's Point on the Perimeter Trail clockwise pass KA Point to a secondary trail leading to Brakefield Road and back to Lake Cheston Parking lot. Bring water, snacks and lunch. We will enjoy our lunch at King's Farm. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. This hike features beautiful overlooks, interesting geological features and plenty of upland deciduous forests. We will meet at Lake Cheston parking lot at 7:30 am CT. Directions: on the University of the South Domain, Turn off University Avenue onto Texas Avenue. Continue onto Brakefield Road. Turn left onto Crosby Lane and follow the road to the end and the parking lot.

Nov 25 – After Thanksgiving Hike. Old Stone Fort State Archaeological Park, Manchester, TN. Joint hike with the Murfreesboro Chapter. About four miles. Moderate because of steep sections and eroded trails. Meet at 9:00 am CT in the museum parking lot. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. We will hike the Forks of the River Trail, Backbone Ridge Loop Trail and the Moat Trail. We will visit Blue Hole Falls, Big Falls and Step Falls. Our hike will be along the Duck River and the Little Duck River. We will enjoy our picnic lunch of turkey sandwiches in the park's picnic area. We have reserved the covered picnic shelter. After our picnic lunch we can hike the park's newest trails, the Chumbley Woods Trail and the Eagle Trail, two total miles.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
ttajackson68@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
ttajacksonhikes68@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 pm CT

Nov 4-6 TTA Annual Meeting in Gatlinburg. See newsletter for details.

Monday, Nov 7 - Monthly Meeting at Mulligans in Jackson (Union University Drive) at 6 pm. Let Glen or Melinda know if there is a particular hike you would like in December or January.

Saturday, Nov 19 - Cane Creek Canyon near Sheffield/Tuscumbia, AL. Moderate to difficult due to length and terrain. We will meet at Panera Bread on Vann Drive in Jackson at 7:15 and leave promptly at 7:30 or you can meet us at CCC at 9:45-10:00 am. Dress according to the weather and carry snacks, water, etc. Please register with hike leader Glen Rognstad by Friday, November 18 if you plan to hike/carpool. 731-217-5966 or *glenrognstad@gmail.com*.

Planning Ahead:

Monday, Dec 5 - Monthly Meeting at Mulligans in Jackson.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
ttamemphis68@tennesseetrails.org
OUTINGS COORDINATOR: Wayne Simpson
w.simpson1@comcast.net

Nov 12 - Downtown Memphis. This will be an easy 5 mile walk through the streets of downtown. We'll pass by and discuss historical sites and see new things that are happening. In case of rain, we may reschedule on Sunday. Registration is required. Wayne Simpson: *w.simpson1@comcast.net*. 901-385-1988 (land line - no texts)

Nov 19 - W.C. Johnson Park, Collierville. We will hike a 4 mile loop partly along the Wolf River in the woods including more than a mile of a boardwalk. A restroom is available in the center of the park. We will meet in the parking lot near the restroom and the ball fields. Bring water and a snack. Hiking boots are recommended. Rain will cancel the hike. Registration is required. Contact Janet Sheahan: *janet.n.sheahan@gmail.com*.

Memphis Chapter – con't.

Nov 26 - Shelby Forest Horse Trail. Join us for a moderately strenuous 6.5 mile hiker/horse loop trail over a mixture of hills and flat areas around Poplar Tree Lake. Included is the Benjestown 3.0 mile loop which is quite hilly. There will be restrooms available next to the parking lot. Plan to hike about 3.5 - 4 hrs. Bring water and snack. Hiking boots and poles are recommended. Rain will cancel hike. Questions: Marion Quinlen: 901-482-8640 or *mquinlen@gmail.com*. Meet at the trail entrance by 8:45 am. Hike begins at 9:00.

To enhance the safety and enjoyment of our members, the Memphis Chapter of TTA has enacted the following policies in addition to those in the statewide Hiker's Handbook:

Dogs: Dogs are not allowed on hikes.

Cell Phones: Cell phones should be turned off or silenced during the hike. If there is an emergency and you must take a call or answer a text, it should be treated like a bathroom stop. Step off the trail and conclude your business quickly. The sweep will wait for you to catch up. If you need to check for missed calls or texts during a break, step away from the group to do so.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
djconatser@comcast.net
Sara Kennedy 615-692-9057
ttamurfreesboro68@tennesseetrails.org
OUTINGS COORDINATOR: Sara Pollard 615-714-3610
ttamurfreesborohikes68@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro
BLOG: *www.tennesseetrails.org/blog/murfreesboro*

Nov 4-6 - TTA Annual Meeting. The East Tennessee and Scenic City Chapters of the TTA will host the 2022 Tennessee Trails Association Annual Meeting at the Glenstone Lodge in Gatlinburg. The conference will include the election of TTA Board Members for the 2023 calendar year. There is also an outstanding program of hikes planned in the area. This is a great opportunity to meet and make new friends from other chapters. For more information contact Chapter Co-Chair Jeanne Conatser at *djconatser@comcast.net*.

Con't on next page

Nov 8 – Chapter Meeting. 7:00 pm CT. Barfield Crescent Park Wilderness Station. 401 Volunteer Road. **SPEAKER RESCHEDULED FROM OCTOBER 11 meeting.** John Lamb of the Sam Davis Home and Plantation in Smyrna will be our speaker. He will be speaking on motifs and their meanings on headstones. The Sam Davis Home is a Greek Revival home and one of the top cultural and historic attractions in Middle Tennessee. On the property, there two historic homes, several outbuildings, slave quarters, and the family cemetery. For more information call or text Chapter Co-Chair Jeanne Conatser at 615-971-8894 or djconatser@comcast.net.

Nov 14-16 – Bear Creek Backcountry Camping and hiking. Cloudland Canyon State Park, Trenton, GA. Joint event with the Highland Rim Chapter. Space is limited. Register early with Joan Hartvigsen, jhartvigs@comcast.net or call 931-636-2914. Monday we will hike the Waterfalls Trail or Sitton's Gulf Trail, we will not have enough daylight for both. Tuesday we will hike the Bear Creek Backcountry Trail, total mileage 8 miles rated moderate. Hike-in distance to site is 528 ft. Check-in time is 1:00 pm ET. Monday night we will share a potluck dinner. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Nov 19 – Sewanee Perimeter Trail, the University of the South. Sewanee. 14 miles. Moderate. Joint hike with the Highland Rim chapter. We will hike from Clara's Point on the Perimeter Trail clockwise past KA Point to a secondary trail to Brakefield Road and back to the Lake Cheston parking lot. We will have lunch at King's Farm. This hike features beautiful overlooks, interesting geological features and deciduous forests. Meet at the Lake Cheston parking lot at 7:30 am CT. Directions: on the University of the South Domain, turn on University Avenue onto Texas Avenue. Continue onto Brakefield Road. Turn left on Crosby Lane and follow the road to the end and the parking lot. Bring snacks, lunch and water. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Nov 25 – After Thanksgiving Day Hike. Old Stone Fort Archaeological Park. Manchester. 4 miles. Moderate because of steep sections and eroded trails. Joint hike with Highland Rim Chapter. Join us for our annual family friendly after Thanksgiving Day hike. We will hike the Forks of the River Trail, Backbone Ridge Loop Trail and the Moat Trail. We'll see Blue Hole Falls, Big Falls, and Step Falls. Our hike will be along the Duck River and the Little Duck River. Pack a picnic lunch to eat in the park's covered picnic shelter. After our picnic lunch we can hike the 1.65-mile Chumbley Woods' trail. Meet in front of the museum at 9:00 am CT. Bring snacks, lunch and water. For carpool information from Murfreesboro or to register, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085
ttanashville68@tennesseetrails.org
OUTINGS COORDINATOR: Barbara Bennett 202-236-0880
ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)
MEETS MONTHLY: 4th Tuesday 6:00 pm CT in the REI
Community Room 261 Franklin Rd, Brentwood TN. For directions, contact the Chapter Chair.

Nov 12 - Stones River Greenway, Donelson, TN. 4 miles. Moderately easy. Meet 9 am at Clover Bottom Mansion, located in Donelson at 2941 Lebanon Pike, close to the YMCA. Long driveway leads to historic mansion, free public parking in front or behind the house, which is owned by the state. For the hike we will follow the long sloping lawn to greenway where foliage and scenes of autumn will treat us. Continue on paved, moderately easy route, reaching boardwalk and scenic views along Stones River. After two miles we will retrace our route back to starting point. Please contact Tom Vickstrom, 615-405-6713, to register and receive any updates.

Nov 18 - Sewanee Perimeter Loop, Sewanee, TN. 9 miles. Moderate to Difficult (due to distance and elevation changes). We will start at Greens View and hike counter-clockwise to a nice overlook before walking across the plateau on a forest road that passes by the equestrian center. On the other side of the plateau, we'll hike down to Bridalveil Falls and then across to the War Memorial at University View. From there, we walk across the University campus back to the start. Bring lunch/snacks, water, good hiking boots, and clothing appropriate to the weather. Option: Shenanigans or Mountain Goat Market for post-hike nourishment. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or 615-587-0085 (please leave a message) for more information and to register. Be sure to register in case the schedule has to be changed. Updates to the information for this hike will also be posted on the TTA website Events Calendar.

Nov 22 – Chapter Meeting. Native Bees of Tennessee with Holly Taylor, Assistant Naturalist with Tennessee State Parks. The honeybee is the official State of Tennessee agricultural insect but it's not native to Tennessee! We'll learn about Mason bees, Leaf Cutter bees, Carpenter bees, Bumble bees, Sweat bees, Mining bees, and more! See the Chapter Heading for the time and location of the Monthly Chapter Meeting.

Con't on next page

Nov 27 - Stones River Greenway, Donelson, TN. 8 miles. Moderately strenuous for length. This will be a chance to walk off those holiday indulgences. We'll step off at 8:30 am and head away from downtown on a quieter trek through Two Rivers Park, across and along the Stones and Cumberland rivers, and by the Ravenwood property. Meet at the skate park in Wave Country. Bring plenty of water and snacks and wear shoes appropriate for mostly paved greenway (we may take a short detour down the McGavock Spring House natural trail.) Register with Mark for updates: midtn@tnhiker.net or 615-669-3221. Alternate date for inclement weather: Friday, December 2.

Planning Ahead:

Dec 10 –Nashville Chapter Holiday Party. 6 pm -10 pm. Franklin, TN. Plan to bring a dish to share. Details about location, parking, etc. to follow. This event will take the place of the monthly chapter meeting. Contact Barbara Bennett at BLBennett@comcast.net.

GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

- Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information.
- Please identify any hikes that are multi-chapter events.
- Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise, fitness, or fear of heights and suspension bridges.

All submissions should be made by e-mail to taeditor68@tennesseetrails.org. All submissions MUST be received by the 10th of the month PRIOR to the hikes (i.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Norm Brinsley 931-202-2338
ttaplateau68@tennesseetrails.org
OUTINGS COORDINATOR: Deb Westervelt 931-267-2243
ttaplateauhikes68@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

The Chapter hikes every Wednesday and two Saturdays a month. For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>

Wednesday Nov 2 - Walls Of Jericho, Alabama Trailhead, Estillfork, AL. Joint hike with Upper Cumberland Chapter. Short Hike: 4 miles in/out, rated moderate. Long Hike: This is an 8 mile in/out strenuous hike with some rock hopping and scrambling but a great waterfall at the end of a box canyon. It will be a long day as it is about a 2 1/2 hour one-way drive. Depart 7:15 am CT from Central Baptist Church, South Main St in Crossville. Carpool gas cost is \$9. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Contact hike coordinator, Deb, email ttaplateauhikes68@tennesseetrails.org or text 931-267-2243.

Nov 4-6 - TTA Annual Conference in Gatlinburg.

Wednesday Nov 9 - Short Springs State Natural Area, Tullahoma, TN. Joint hike with Upper Cumberland Chapter. Long Hike: 6.0 miles rated moderate. Machine Falls, Adams Falls, Busby Falls and Laurel Bluff Loop Trails. We will start on the Busby Falls trail crossing Bobo Creek and follow the Laurel Bluff loop. Then back to the bridge and continue on the Busby Falls trail. After visiting Machine Falls, we will hike to Adams Falls and head back to the trailhead on the Machine Falls trail. Bring water, snacks, and lunch. Depart 7:30 am CT from Central Baptist Church, South Main St, Crossville, TN. Carpool gas cost is \$8. Bring lunch, water. Contact the hike coordinator, Deb, email ttaplateauhikes68@tennesseetrails.org or text 931-267-2243.

Wednesday Nov 16 - CT Laurel Falls - Buzzards Point, Dayton, TN. Joint hike with Upper Cumberland Chapter. We will hike the trail to beautiful Laurel Falls (past an old coal mine and over some small streams on bridges) to several options of your choice: 2.1 miles one-way on CT to 150-foot bridge; Laurel Falls spur 2.4 miles one-way; Bryan overlook is 3.3 miles one-way; Snow Falls spur 4.9 miles one-way passing side trails to Dunn Overlook and Buzzard Point (8.6 mi total) There are some short strenuous portions uphill. Depart 8 am from Central Baptist Church, South Main St, Crossville, TN. Carpool gas cost \$6. Pack water, snacks and lunch. Don't forget tick/bug spray and sunscreen. For additional information contact the hike coordinator, Deb, email ttaplateauhikes68@tennesseetrails.org or text 931-267-2243.

Con't on next page

Plateau Chapter – con't.

Saturday Nov 19 – CT Daddy's Creek Section toward Ozone Falls, Crab Orchard, TN. Joint hike with Upper Cumberland Chapter. Short hike: 4 mile moderate to strenuous in/out on the new unfinished trail leading to Ozone. Long hike: This is an 8 mile moderately strenuous hike doing the short hike plus continuing on the CT North to the yellow gate. Will require a car shuttle. Depart 8 am CT from the parking lot at the corner of Stonehenge Drive and Peavine Rd in the Fairfield Glade community. Carpool gas cost is \$1. Contact hike coordinator, Deb, email ttaplateauhikes68@tennesseetrails.org or text 931-267-2243.

Wednesday Nov 23 - Cumberland Mountain State Park, Cumberland Plateau Overnight Trails. Joint hike with Upper Cumberland Chapter. Short hike: 4 mile in/out. Long Hike: 8 mile moderate loop on the Plateau Trail which loops through a diverse forest downstream from the dam along Byrd Creek. It continues on Byrd Creek trail crossing over the Boy Scout bridge before intersecting with the Overnight trail. The Overnight Trail winds through the hills flanking Three-mile Creek and a diverse forest before returning back on the Plateau Trail. Depart 8 am CT from Central Baptist Church, South Main St. Carpool gas cost is \$1. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Contact hike coordinator, Deb, email ttaplateauhikes68@tennesseetrails.org or text 931-267-2243.

Wednesday November 30 - CT Stinging Fork State Natural Area, Spring City, TN. Joint hike with Upper Cumberland Chapter. Short hike: 3 strenuous miles to Stinging Fork Falls and back. Long Hike: Cumberland Trail is mostly strenuous 7 miles but absolutely gorgeous. Requires a car shuttle. There is a one mile easy mile walking through the woods midway for a reprieve. Stinging Fork State Natural Area features a 35-foot waterfall and cascade. There are numerous feeder streams allow the way. You can expect numerous elevation gains and descents, possibly slick rocks. Wear boots, bring lunch, water and snacks. Depart 8 am CT from Central Baptist Church, South Main St in Crossville. Carpool cost is \$4. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Contact the hike coordinator, Deb, email ttaplateauhikes68@tennesseetrails.org or text 931-267-2243.

SCENIC CITY CHAPTER (Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett 423-309-7879
ttasceniccity68@tennesseetrails.org
OUTINGS COORDINATOR: Betsy Darken 423-718-2060
ttasceniccityhikes68@tennesseetrails.org
MEETS QUARTERLY: Thursday of the week following the
TTA Board Meetings in Feb, May, Aug and Oct at 5:30
pm ET

Tuesday, Nov 1 - Reflection Riding. A few miles. Easy. We will have the pleasure of a narrated history hike led by Jim Ogden, the Civil War historian at the Chickamauga-Chattanooga National Military Park, aka the Battlefield. Our feet-on-the-ground retracing of the first day of the Battle of Lookout Mountain will begin where the Union Army crossed Lookout Creek on November 23, 1863. For those of you who have not had the pleasure of hearing one of Jim Ogden's narrated history hikes, you are in for a wonderful experience as well as a beautiful hike. In a few months, Jim will take us on another narrated hike up the front side of Lookout Mountain to continue the story of the famous Battle Above the Clouds. We'll meet at the Reflection Riding parking lot, 400 Garden Road in Chattanooga, at 8:30 am ET. Please register with Trish Appleton at 423-240-3443 or appleton-p2@comcast.net.

Saturday, Nov 5 - TTA Annual Meeting in the Great Smokey Mountains National Park.

Tuesday, Nov 8 - Cloudland Canyon State Park: West Rim Loop Trail. 4.8 miles. Moderate. This was once rated by Backpacker Magazine as one of the top 10 hikes in the United States! Our hike travels along the edge of the deep and impressive canyon, with lots of great overlooks, cool boulders, and even a yurt or two. For anyone interested in seeing the canyon from the other side, we'll continue on to the ½ mile Overlook Trail, which includes arguably the best viewpoint in the park. For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 am ET. <https://bit.ly/3QITAD4>. Please register with hike leader Carl Dumsday at 423-842-5843.

Saturday, Nov 12 - Cumberland Trail: Lower Piney River Segment. 8.5 miles. Moderate, 772' elevation gain. This hike requires a short shuttle. We'll start at Shut In Gap Road and head uphill through a dense forest full of rhododendron and mountain laurel, hemlocks and hardwoods. We'll also see waterfalls and cascades, boulders, bluffs, and other good stuff. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 am ET. <https://bit.ly/3Qjdc0S>. Please register with hike leader Will Latham, 704-365-8889.

Con't on next page

Tuesday, Nov 15 - Brady Bluff on the Cumberland Trail, out-and-back. 4.8 miles. Moderate, 1,108' elevation gain. This trail leads to a stunning view of Grassy Cove, a nostalgic scene of rolling farmland, classic barns and grazing cows and sheep, surrounded by protective mountains. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 am ET. <https://bit.ly/3Qjdc0S>. Please register with hike leaders Marti & Roy Owensby at sewmarti@aol.com.

Saturday, Nov 19 - Oswald Dome Trail via Lowery Cove Trail, out-and-back. 7.6 miles. Difficult, 2,276' elevation gain). We start at the Hiwassee River and head through the woods and up the mountain, with most of the elevation gain stuffed into the first two miles. With the leaves mostly gone, there may be some views. For carpooling/caravanning, meet in parking area near the gas station at Food City in Ooltewah, right (east) off I-75 exit 11, at 8:30 am ET. <https://bit.ly/3dwmbxn>. Please register with hike leader Betsy Darken, 423-718-2060.

Tuesday, Nov 22 - Harrison Bay State Park Loop trail. 4 miles. Easy. This trail follows along the water's edge, where there are several points where we can sit, have a drink, eat our snacks, and enjoy beautiful views of Chickamauga Lake. Meet at the trailhead by the marina, 7855 Bay Marina Circle, at 8:30 am ET. Please register with hike leader Nancy Allen, 423-987-0941.

Saturday, Nov26 - Cumberland trail from the summit of Black Mountain to Ozone Falls. 7 miles. Moderate/strenuous, 1,323' elevation loss along with elevation gains as we extract ourselves from several creek gorges. From the CTC: "[T]he section is rewarding with a presentation of beautiful rock bluffs, deciduous forest and clear streams. In places the trail tread is directly over sandstone cap rock pushed up by continental drift roughly 300 million years ago. The trail winds, dips and rises through lovely deciduous forest." We will end our trek at spectacular Ozone Falls, which you may recognize from the movie Jungle Book. Will require shuttle. Meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8:30 am ET. <https://bit.ly/3Qjdc0S>. Please register with Tammy Hendrick at 315-949-8187.

Tuesday, Nov 29 - Fort Mountain, GA: Cool Springs and Mill Creek Falls Loop. 5.1 miles. Moderate. Our hike will include a fine overlook, a lovely creek and waterfalls (assuming rain condescends to return to our fair city), and a lovely walk in the woods. If we are lucky, the autumn leaves may still be putting on a splendid show. For carpooling/caravanning, meet at Wendy's, left (east) off I-75 Exit 1, East Ridge, at 8:30 am ET. Please register with hike leader Dave Graham, 423-315-7886.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs 803-634-3470
ttasumnertrails68@tennesseetrails.org
OUTINGS COORDINATOR: Donna Hobbs 803-634-3470
ttasumnertrailshikes68@tennesseetrails.org

Nov 9 - Shelby Bottoms Greenway, Nashville. 3 Miles. Easy. Paved and flat. We will caravan/ carpool from Glenbrook Kroger, 1050 Glenbrook Way, Hendersonville at 9 am or you can meet us at the trailhead in the Wave Country parking lot, 2320 Two Rivers Pkwy, just south of Opry Mills, at Exit 10 on Briley Pkwy East, at about 9:45. We will hike from the trailhead via the Cumberland River Pedestrian Bridge to the Greenway. On the Greenway, we will walk the east arm, which is a lollipop loop bringing us back to the Pedestrian Bridge and the trailhead after 3 miles. You may terminate here or continue on with us for another ½ mile on the west arm of the Greenway, returning again to the Bridge and the Wave Country trailhead parking lot for a total of 4 miles. If you plan to meet us at Wave Country or need other information, please contact Donna at 925-759-0518 or John at 925-759-0517.

Nov 14 - Timberland Park, Natchez Trace Parkway at mile marker 437.2. Moderate. 2-3 miles. We will hike the East Perimeter Trail. Hiking boots and poles recommended. Restrooms are available at the visitor's center. Meet at the visitor's center at 10 am or meet to caravan at Glenbrook Kroger, 1010 Glenbrook Way, Hendersonville at 9 am. Lunch at Loveless Cafe perhaps. Contact Marcia Powell at 217-855-3013 or mpow1221@gmail.com.

Nov 30 - Peeler Park, Madison. Easy. About 3 miles. This is a pet-friendly hike. The trail is gravel/asphalt topped and is very level, with one slight hill, winding through grassy meadows and patches of woodlands. It runs along the river but view is limited by trees and brush. Most of the lowlands were cornfields years ago! We may see a variety of wildlife including turkey, deer, or ducks. No hiking shoes or sticks required, but you may want to bring water. We will enter the park at the end of Neely Bend Road in Madison following the boat ramp signs. There are no bathrooms at the trailhead. Meet at the Peeler Park/Boat Ramp Trailhead on 2271 Neely's Bend Road, Madison, TN at 10:00 am, or to carpool meet at Glenbrook Kroger off Exit 6 a little before 9:30 to be ready to leave by 9:30 for the trailhead. For more information or to let us know you are meeting at the trailhead, contact hike leaders Ron and Judy Jenkins at Judy_Jenkins@comcast.net or 615-403-0002.

OFFICERS:

President

Libby Francis 615-319-7501
ttapresident68@tennesseetrails.org

Vice-President

Duane Frichtl 309-830-9720
ttavicepresident68@tennesseetrails.org

Treasurer

June Callahan 615-945-7462
ttatreasurer68@tennesseetrails.org

Secretary

Melinda Pearson 731-225-4293
ttasecretary68@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Libby Francis (2024) 615-319-7501
ttapresident68@tennesseetrails.org
Duane Frichtl (2024) 309-830-9720
ttavicepresident68@tennesseetrails.org
June Callahan (2024) 615-945-7462
ttatreasurer68@tennesseetrails.org
Mark Hubbard (2022) 615-715-1517
ttaboard68@tennesseetrails.org
Melinda Pearson (2022) 731-225-4293
ttasecretary68@tennesseetrails.org
Susan Woods (2022) 731-441-8066
ttaboard68@tennesseetrails.org
Cheryl Heckler (2023) 931-200-7436
ttamembership68@tennesseetrails.org
Jenny Fitzgerald (2023) 615-517-8185
ttaboard68@tennesseetrails.org
Jane Coffey (2023) 615-614-1083
ttaboard68@tennesseetrails.org

Regional Directors

West TN

Terry Warren (2023) 731-535-0625
ttaregionalwest68@tennesseetrails.org

Middle TN

Joan Hartvigsen (2022) 931-962-0811
jhartvigs@comcast.net

East TN

Will Latham (2024) 704-365-8889
ttaregionaleast68@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD

ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
ttaeditor68@tennesseetrails.org

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR Cathy Moran 931-544-2764
ttauppercumberlandhikes68@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Moran 931-544-2764
ttauppercumberlandhikes68@tennesseetrails.org

Wednesday Nov 2 - Walls Of Jericho, Alabama Trailhead, Estillfork, AL. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Nov 9 - Short Springs State Natural Area, Tullahoma, TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Nov 16 - CT Laurel Falls - Buzzards Point, Dayton, TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Saturday Nov 19 - CT Daddy's Creek Section toward Ozone Falls, Crab Orchard, TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Nov 23 - Cumberland Mountain State Park, Cumberland Plateau Overnight Trails. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Wednesday Nov 30 - CT Stinging Fork State Natural Area, Spring City, TN. Joint hike with Plateau Chapter. See Plateau Chapter listing for hike details and registration information.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- ☐ **A NEW MEMBER**
☐ **RENEWING MY MEMBERSHIP**

Nov 22

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 ttamembership68@tennesseetrails.org

PLEASE PRINT CLEARLY.

____ Individual	\$25.00	Name _____
____ Family	\$35.00	Address _____
____ Student (FULL TIME)	\$15.00	City _____ State _____
____ Supporting (\$50.00, \$100.00 or more)		Phone () _____ Zip _____ -- _____
____ Life Member (Individual)	\$500.00	
____ Life Member (Family)	\$750.00	E-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
☐ Mailing address
☐ Telephone numbers

- ☐ I would like to receive my newsletter by
mail.

Please list me with the following chapter:

____ Clarksville	____ Murfreesboro
____ Columbia/Franklin	____ Nashville
____ East TN (Oak Ridge/Knoxville)	____ Plateau (Crossville)
____ Highland Rim (Manchester/Tullahoma)	____ Scenic City (Greater Chattanooga Area)
____ Jackson	____ Sumner Trails (Sumner County)
____ Memphis	____ Upper Cumberland (Sparta/Cookeville)
____	____ At Large

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!