

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

Meet Your Leaders

June Callahan, Treasurer



Hi! My name is June Callahan, and I am the current Treasurer for Tennessee Trails Association, Inc. This is an exciting role, and I am happy to give my time to an organization that has given me such pleasure over the years. I first joined TTA in 2002 when I wanted to go on a weekend camping trip to the Smoky Mountains. You had to be a TTA member to be accepted on the trip. Everyone was so friendly and welcoming. My friend, Sue, and I turned up with a family-size tent that would have slept 8, and everyone else turned up with tiny backpacking tents

Our new TTA friends immediately christened our tent the Taj Mahal! So began many years of learning how to hike safely in Tennessee.

The friendliness of the TTA hikers and the safe feeling it gave me to be hiking in a group really got me out into the beautiful scenery of Tennessee. Prior to arriving in the USA, I had only hiked or rambled, as they call it in the UK, in the peaceful English country with no wildlife capable of doing me any great harm. Hike where there are bears? My family thought I was crazy!

A big Thank you to TTA and all the wonderful hike leaders who have helped to expand my horizons. Long may you continue to bring new hikers into the TTA.

Newsletter Update

In the past, TTA has mailed printed copies of the monthly newsletter to those members who requested it. However, the cost of printing and mailing these newsletters has risen to the point that it now consumes 40% of TTA's total expenses and requires significant work to prepare them for mailing.

With that in mind, the Board has decided that beginning with the May 2023 edition the newsletter will be exclusively electronic (.pdf distributed by email and posted on the website). This will free up funds to be used for initiatives such as the Evan Means Grants, maintaining and enhancing the website, implementing other modern marketing efforts to grow our membership, and providing support to the Chapters.

Please be sure to make sure your email address is up to date to not miss any issues.



Pictured is the first Christmas potluck dinner held at founder Diane Parvin's house in 1996. Picture by Diane Parvin's husband. Standing L-R: Diane Parvin, Jean Bowman, Rob Weber, Jim Lifsey, Carolyn Miller, Mary Anne Lifsey, Charlie Jones, Gene Holloway, Nora Beck, Mary Kelly, Myra Holloway. Seated L-R: Vickie Perdue, Bob Bowman, Susan Weber, Sue and Bill Eldridge, Stephen Perdue (son of Vicki), and Leigh Jones.

Crossville's Tennessee Trails Association Plateau Chapter – A History

The Plateau Chapter of the Tennessee Trails Association is one of 12 chapters throughout the state of Tennessee in Crossville. From its humble beginnings, it has grown to be the second-largest chapter in the Tennessee Trails Association in terms of active members. Chapter members lead weekly and bi-monthly hikes on various hiking trails throughout the Cumberland Plateau with an open invitation for all interested hikers to join them. The news the chapter received at the start of 2023 about the passing of Bill Eldridge, one of the founding members of the Plateau Chapter, prompts us to reflect on the chapter's beginning. The year was 1996. In January of that year, five friends, Bill Eldridge, Sue Eldridge, Mary Kelly, Diane Parvin, and Leigh Jones, decided they wanted to form a chapter of the Tennessee Trails Association in Cumberland County. These five were motivated by the desire to have an outdoor activity exploring the beauty that the Cumberland Plateau has to offer, have a shared activity together, and have the bonus of staying fit. The group advertised the first hike in the local newspaper, the *Crossville Chronicle*. Thirty-three individuals joined the hike and became the beginning members of the Plateau Chapter. They subsequently called themselves the "Wednesday Hikers." The first President of the chapter was Mary Kelly. Bill and Sue jointly were the first treasurers. Bill and Sue, lifelong partners, were active members of the chapter for many of the 25-plus years of the chapter's existence. Both dutifully attended chapter meetings and supported chapter events.

Although Sue did not hike as much as Bill, she contributed in many other ways, including decorating the venue for the State's Annual Meetings hosted by the Plateau Chapter. Bill was also a Cumberland Trail volunteer helping build the Cumberland Trail.

He liked to remind members, he did this numerous times, that he built the steps going down to Stinging Falls on the trail. Both Bill and Sue were admired by incoming new members for their dedication to the chapter, with Bill acting as an inspiration to new hikers for his dedication to hiking and the trails throughout Tennessee.

Both Bill and Sue were active all those years in the chapter until their health made it evident that they couldn't participate anymore - a fate that all hikers eventually reach. From these humble beginnings, the chapter has expanded its activities to include nearby out-of-state weekend hiking trips, weeklong hiking trips to various National Parks, maintaining portions of the Cumberland Trail, and supporting local community events in Crossville. And yet, the traditions started by the five founding members are still followed. The chapter holds a Christmas potluck dinner for all members to attend.

CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders 954-993-5541
Suva Bastin 931-645-2849
ttaclarksville68tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab 931-801-9484
ttaclarksvillehikes68@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Wade Bourne Nature Center, 2308 Rotary Park Dr.,
Clarksville, TN 37043.

Please call hike leaders to confirm the hike time and meeting place.

Wednesday, March 1 - Liberty Park, Clarksville, 3.5 miles. Easy. There is a .25-mile section of the trail on turf and a loop around a small lake with wooden tread. The rest is paved. Most of the trail runs along the main channel of the Cumberland River and a cove with a large marina. There is a tribute to Wilma Rudolph who became a world-record-holding Olympic champion. You also pass a statue of Pat Summit Head who was the head women's basketball coach at UT and accrued the third most wins in women's basketball history. There are four bathrooms along the trail. Dogs are permitted if on a leash. Meet at 9:00 A.M. CT at the Liberty Park Pond parking area. Contact Suva Bastin at 931-645-2849.

Saturday, March 4 - Hike with another chapter.

Continued on the next page.

Clarksville Chapter, continued

Saturday, March 11 - Lake Barkley SP Wilderness Trail, 4.9 total miles out and back. Moderate. There is a restroom near the trailhead. Ninety percent of the trail is on natural turf through the woods; the remainder is along a paved road. Trekking poles are recommended. Dogs are permitted if on a leash. Meet at 8:00 A.M. CT, at Kroger parking area, Dover Crossing Road, Clarksville. 46 miles to the trailhead. Contact Paul Schwab at 931-801-9484.

Saturday, March 18 - Clarksville Greenway from Pollard Road to Mary's Oak Drive, 4.0 total miles out and back. Easy. The trail is paved and follows an abandoned railroad right-of-way through the woods. You pass through some interesting rock formations. Dogs are welcome but must be on a leash. Meet at 9:00 A.M. CT at the Pollard Road access. Contact Cheryl Lemon at 931-980-1062.

Tuesday, March 21 - Monthly Chapter Meeting; Meet 6:00 P.M. CT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville; Potluck supper; Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Saturday, March 25 - Fiery Gizzard Trail. 11.5 miles. It will add 1.0 miles if we go to Ravens Point. A car shuttle is required. This is an overnight hike. Check with the hiking leader for details. The trail is difficult due to its length, rocky footing, and steep elevation changes. It is on natural turf through the woods. There is a 270-degree panoramic view at Ravens Point. You will see waterfalls and interesting rock formations. Dogs are welcome if on a leash. There is a restroom at both ends of the trail. Trekking poles are recommended. Meet at 7:00 A.M. CT at the new Exit 11 Park and Ride. 131 miles to the trailhead. Contact Ryan Dowdy at 615-925-1796.

TTA Life Memberships

We had two new Life Memberships in 2022. In May, Natalie Lochridge joined as an Individual Life Member in the Jackson Chapter. In December, Jill, Rick, Zach, and Jake Wallace joined as Family Life Members in the Sumner Trails Chapter. TTA appreciates the Life Members and their support of the development and maintenance of hiking trails across Tennessee. Consider becoming a Life Member so you won't have to renew your membership every year!

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey 615-516-6551
Marvin Caine 931-486-1632
ttacolumbia68@tennesseetrails.org

OUTINGS COORDINATOR: Jane Coffey 615-516-6551
ttacolumbiiahikes68@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Saturday, March 11 – New Johnsonville State Historic Park. 4.0 miles. Johnsonville State Historic Park is a day-use park named for former President Andrew Johnson who also served as the Union Military Governor of Tennessee during the Civil War. This 1,075-acre park located in Humphreys County commemorates the site of the Johnsonville Depot, the Battle of Johnsonville, and the historic townsite of Johnsonville that existed from 1864-1944 prior to the formation of Kentucky Lake. During the Civil War, Johnsonville was the location of a Union supply depot that moved food, guns, uniforms, and everything else needed to supply an army. Steamboats brought supplies up the Tennessee River to the Johnsonville Depot. The supplies were transferred onto railroad cars and transported along the 78-mile Nashville & Northwestern Military Railroad to Nashville, Tennessee, and on to General William Tecumseh Sherman's army in Georgia. We will take a combination of the moderate trails which means <4.0 miles of hiking. Meet at 9:00 A.M. Check the TTA website calendar for more information.

Tuesday, March 14 – Quarterly Meeting at the Barnabas Center in Franklin, TN (506 Fair Street). We have a treat. Three of our Franklin members traveled to Jordan in the Middle East. Jordan is a young state that occupies an ancient land, one that bears the traces of many civilizations. Separated from ancient Palestine by the Jordan River, the region played a prominent role in biblical history. The ancient biblical kingdoms of Moab, Gilead, and Edom lie within its borders, as does the famed red stone city of Petra, the capital of the Nabatean kingdom and of the Roman province of Arabia Petraea. Ellen, Lou, and Janeth will describe their adventures along with a slide show. They are even bringing some samples of Jordanian food.

Saturday, March 25 – Bluebell Island. – One time a year, usually the fourth Saturday in March, Bluebell Island is open to the public. It is owned by the South Regional Land Trust and they lead a short hike to the Island. This year, the hike will start at 10 A.M. The island is known for the display of Virginia bluebells as well as other spring wildflowers. The Island sits in the Elk River and the only way onto the island is by traversing a log. Usually, ropes are set up to help people get across. Check the TTA website calendar for more information.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
ttaeasttennessee68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Cressler 865-582-5622
ttaeasttennesseehikes68@tennesseetrails.org

Saturday, March 18 - Ace Gap in GSMNP, Townsend Greenway, and Riverwalk Arboretum. 6.4 miles. Moderately difficult. We will leave from Brown's Creek Shopping Center, HWY 321, in Maryville at 8:00 A.M., ET to arrive at the Ace Gap trailhead off Rich Mt. Road in Townsend at 9:00 A.M., ET. The trail is up and down for the 2.2 miles to Campsite # 4 at Kelly Gap where we will turn around and return to the trailhead to complete 4.4 miles. Next, we will drive down to the Abbey in Townsend for lunch. Afterward, we will walk 2 miles on the Townsend Greenway to the River Walk Arboretum, tour it, walk back to the Abbey, and then return to Maryville. The weather is variable; we recommend hiking poles, shoes to wear to and from the hike and sturdy hiking shoes, other weather-appropriate clothing, a snack, a drink, and a camera. If you intend to drive your vehicle to the trailhead, you should have a GSMNP parking tag. Information about the parking tag can be found at <https://www.nps.gov/grsm/planyourvisit/fees.htm>. If you have questions contact the hike leaders Robert Paul and Karen Towle at (865-254-2044).

Saturday, March 25 - Fort Loudon State Historic Park. 4 miles. Easy. Ft. Loudon State Park is located on Tellico Lake. Ft. Loudon was built in 1756, one of the earliest settlements by the British to secure the South during the French and Indian War in the middle 1700s. We will start our hike on the Ridge Top Trail for half a mile then take the Meadow Loop trail and then back on the Ridge Top Trail to the starting point of our hike. We recommend hiking poles, sturdy hiking shoes, other weather-appropriate clothing, a snack, a drink, and a camera. After hiking the two trails mentioned above, we can walk over to the Fort, close to the visitor center where we met. The fort was rebuilt in 1915 from the old structure built during the French and Indian War and designated a National Historic Landmark in 1965. The State has made many improvements over the years and holds re-enactments during the year. It is very interesting to walk through this area of the park. You can find information and a map of the park at <https://tnstateparks.com/parks/fort-loudon>. After the hike and visit to the fort we may have a meal and refreshments at a local establishment. To register for the hike, contact Carolyn Reeves at crhiker04@gmail.com or 865-399-2972. We will leave from the Ft. Loudon visitor center at 9:00 A.M. on Saturday. There is plenty of parking there.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen 760-703-8115
ttahighlandrim68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Hartvigsen 931-962-0811
jhartvigs@comcast.net
(contact Tom & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday

Thursday, March 9 – Suter Falls and Horsepound Falls, Savage Gulf South/Collins Gulf. 5.2 miles out and back on the Collins Gulf Trail. Moderate-difficult, due to rocky trail. This hike has a lot to offer: Rocky Mountain Creek rock house, two awesome waterfalls, sinks, early spring wildflowers, a water-carved canyon, sandstone overlooks, and the Collins River. Bring water, lunch, and hiking sticks, and wear sturdy hiking boots. Contact Marietta Poteet for more information and to register, at nannietta@benlomand.net or 931-924-7666. Trailhead address: 2689 55th Avenue, Gruetli-Laager, TN.

Sunday, March 12 – Chumbley Woods Trail and Eagle Trail, Old Stone Fort State Park, Manchester, TN. 3 miles. Easy. Trailhead is located at Powers Bridge Road Park entrance. These are the park's newest trails. Our hike is through a beautiful, mature hardwood forest that drops down to the river gorge. From there the trail runs from the Forks of the River area to follow the Little Duck River and shadows the Backbone Ridge Trail cliff line. Please meet us at 1:00 P.M. at the Powers Bridge entrance for this relaxed, leisurely Sunday afternoon hike. Please register with Joan Hartvigsen, jhartvigs@comcast.net, or 931-636-2914. Bring water, snack, hiking sticks, and sturdy hiking boots. Directions from Tullahoma: Take Hwy 55 toward Manchester for about 7.4 miles. Left onto Belmont Road. Travel 1.3 miles on Belmont Road. Right onto Cat Creek Road for 2.9 miles. Left onto Powers Bridge Road. Travel 0.3 miles to the trailhead on the right.

Thursday, March 16 – Solomon's Temple Cave Hike, Sewanee Perimeter Trail, Sewanee. 10.5 miles. Joint hike with the Murfreesboro Chapter. Marietta Poteet will lead a hike to Solomon's Temple Cave off the Perimeter Trail in Sewanee. We will park at Lake Cheston and hike the Water Tower Trail to the Perimeter Trail. We will then hike the Perimeter Trail to Dick Cove Trail. Dick Cove Trail descends about a mile down the mountain then makes a steep downhill about 100 feet on a very narrow rocky trail to Solomon's Temple. Please contact Marietta at 931-924-7666 or nannietta@benlomand.net to register.

Continued on the next page.

Highland Rim Chapter, continued

Saturday, March 18 - Cumberland Trail - Pot Point Loop. 11.7-mile loop. Strenuous due to distance. Joint hike with the Scenic City and Murfreesboro Chapters.

The trail is in the Prentice Cooper State Forest in Marion County and is a section of the Cumberland Trail. This trail goes along the Grand Canyon of Tennessee where the beautiful Tennessee River cuts a gorge through the Cumberland Plateau. We'll stop by and enjoy the panoramic view from Snooper's Rock, walk on top of the Natural Bridge, and enjoy views from Ransom Hollow and Pot Point. We'll also pass the McNabb Gulf backcountry campsite. Pot Point is named for a rough section of the Tennessee River below the trail called The Pot. Bring lunch, water, and wear sturdy hiking boots. Meet at 7:45 A.M. CT at the parking area for Snooper's Rock along Tower Road inside Prentice Cooper State Forest. For more information or to sign up, contact Joan Hartvigsen, at jhartvigs@comcast.net, or 931-636-2914.

Saturday, March 25 - Monte Sano State Park, Huntsville, AL. Sinks Trail, Stone Cuts Trail, Mountain Mist Trail, and O'Shaughnessy Point. 6-mile loop. Moderate, about 600-foot elevation change. Meet at the hiker's parking lot at 9:00 A.M. CST. Stone Cuts Trail passes through several narrow cuts in limestone. There are several scenic overlooks along this route. Admission is \$5, Seniors 62+ \$2. Please register with our hike leader and Huntsville, AL native, Bryan Tauchen, at btauch@hiwaay.net or 256-852-7505. Bring water, lunch, and hiking sticks. Wear sturdy hiking boots.

Monday, March 27 – Joint TTA Chapter Meeting and Friends of Short Springs Membership Meeting. 7 P.M. D.W. Wilson Community Center, 501 N. Collins Street, Tullahoma. Dennis Horn will give a new PowerPoint presentation on Orchids of Tennessee. Dennis is a charter member of the Tennessee Native Plant Society and an editor of the field guide *Wildflowers of Tennessee, the Ohio Valley and the Southern Appalachians*. Before the meeting, we will gather at 5:30 P.M. for dinner at La Fiesta Bar & Grill, 1410 N. Jackson Street, Tullahoma next to the Quality Inn. Please contact Highland Rim Chapter Chair Patty Deen if you plan to attend dinner, so she can confirm the number for our reservation. Contact Patty at pdeen@palomar.edu or 760-703-8115 for more information.

Looking Ahead:

May 22-25 – Kayaking Watauga Lake, Hiking Hampton Creek Cove State Natural, and the Appalachian Trail: Laurel Falls. Joint activity with Murfreesboro Chapter. Camping at Cardens Bluff Campground, Hampton, TN. TTA Evan Means Grant funded directional signs for Hampton Creek Cove. Register with Joan Hartvigsen, jhartvigs@comcast.net

July 17-July 20 – Red River Gorge Geological Area, Slade, Kentucky. Camping, Natural Bridge State Park. Joint activity with Murfreesboro Chapter. Hikes include The Original Trail, The Rough Trail, Grays Arch Courthouse Rock, and Auxier Ridge. So many trails and so little time. Contact Joan Hartvigsen, at jhartvigs@comcast.net or 931-636-2914

July 31-August 3 – Cataloochee Group Campsite, Great Smoky Mountains National Park. Hikes TBA. Possible hikes: Cataloochee Divide Trail, Caldwell Fork and Boogerman Trails, Rough Fork, Caldwell Fork, and Big Fork Ridge Trails. Joint activity with the Murfreesboro Chapter. Reserve space in the campsite by emailing Joan Hartvigsen, at jhartvigs@comcast.net.

October 19-23 – Natchez Trace State Park. TTA Annual Meeting Cub Lake Campground Two, Group Site 3. Contact Joan Hartvigsen for a spot in the group campsite, at jhartvigs@comcast.net

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
ttajackson68@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
ttajacksonhikes68@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 6:00 pm CT

Monday, March 6 – Chapter Meeting. 6:00 P.M. at Mulligan's, Jackson, TN. Located on Union University Drive.

Saturday, March 11 - Big Hill Pond near Pocahton, TN. 7 miles. Moderate to difficult hike. Joint hike with Memphis Chapter. We will meet at the parking lot above the boat dock where the hike begins. We will hike 2.5 miles of rolling hills, followed by a half-mile-long boardwalk across the Dismal Swamp. The next 0.7 miles go up a steep hill to the fire tower where we will have lunch. After lunch, we have another 4 miles of mostly moderate hills. Good boots are suggested due to a sometimes-swampy area near the end of the hike along the lake. Bring hiking poles if available, plenty of water, a snack, and lunch. Camping is optional (arrange with park). If you want to carpool meet at Panera Bread at 7:45 a.m. so that we can promptly leave at 8:00 or meet at boat dock parking lot at 9:00. Also, optional to eat at Top of the River in Michie after hiking. Please register with Howard Ropp at 731-693-4248 or howardropp1@gmail.com and also let Howard know if you plan to camp.

Continued on the next page.

Jackson Chapter continued

Saturday, March 25 – Fort Pillow State Park. 7.5 miles. Strenuous. Joint hike with the Memphis Chapter. We will hike the Red Trail, an eight-mile loop. The trail begins at the Visitor Center. Early in the hike, we visit the site of the historic fort, a scene of a well-known Civil War battle. We will have lunch overlooking Fort Pillow Lake. After lunch, we may be able to offer an option to take the shorter Yellow Trail back to the Visitor Center, shortening the hike by about a mile. While there are some steep hills on the trails before lunch, the shorter option avoids the worst of the climbs. Dress according to the weather, and bring snacks, lunch, and water. For carpooling, meet at Panera Bread at 7:00 and leave promptly at 7:15 a.m. or meet at the Fort Pillow visitors center at 9:15 so that we can begin hiking at 9:30. Please register with Mary Lewis Tims at 731-780-5550 or mltims@bellsouth.net.

Looking ahead:

April 15 - Stillhouse Falls and Meriwether Lewis Trail
May 20 - Virgin Falls

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
ttamemphis68@tennesseetrails.org
OUTINGS COORDINATOR: Wayne Simpson
w.simpson1@comcast.net

Saturday, March 4 - Lucius Burch - White/Yellow/Blue Trail. 5-6 miles. South of Walnut Grove
Meet at the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River.
Plan to hike 5-6 miles in 3 hours. Bring water and a snack. Hiking boots are highly recommended. Rain will cancel the hike. Registration is required at which time you will receive a start time. Contact: Karen Thomas - (901)496-6749 or karenggoff@hotmail.com

Saturday, March 11 - Big Hill Pond near Pocaahontas, TN. 7 miles. Moderate to difficult hike. Joint hike with Jackson Chapter.

We will meet at the parking lot above the boat dock where the hike begins. The hike is approximately a 7-mile loop. We will hike 2.5 miles of rolling hills, followed by a half-mile-long boardwalk across the Dismal Swamp. The next 0.7 miles go up a steep hill to the fire tower where we will have lunch. After lunch, we have another 4 miles of mostly moderate hills. Good boots are suggested due to a sometimes-swampy area near the end of the hike along the lake. Bring hiking poles if available, plenty of water, a snack, and lunch. Rain will cancel the hike. Registration is required at which time you will receive a start time. Contact: Michelle Kelley: 901-484-2998 (text or call) or michelkell38@gmail.com

Saturday, March 18 - Lucius Burch North of Walnut Grove. 5.75 miles. The hike will be approximately 5.75 miles and take between 2.5 - 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack. Hiking boots are recommended especially if we have had recent rain. Rain will cancel the hike. We will meet in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Registration is required at which time you will receive a start time.

Contact: Janet Sheahan - janet.n.sheahan@gmail.com

Saturday, March 25 - Fort Pillow Historic Park. Strenuous. Joint hike with Jackson Chapter We will hike the Red Trail which is rated strenuous by West Tennessee standards due to some very steep hills. Early in the hike, we visit the site of the historic fort, a scene of a well-known Civil War battle. We will have lunch overlooking Fort Pillow Lake. After lunch, we plan to offer an option that shortens the hike by about a mile and avoids some of the steepest hills. Hiking boots are highly recommended. Bring plenty of water, a snack and a lunch. Registration is required at which time you will receive a start time. Contact: Wayne Simpson - w.simpson1@comcast.net or (901)385-1988 landline, no texts.

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser 615-971-8894
djconatser@comcast.net
Sara Kennedy 615-692-9057
ttamurfreesboro68@tennesseetrails.org
OUTINGS COORDINATOR: Sara Pollard 615-714-3610
ttamurfreesborohikes68@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-
Crescent Park's Wilderness Station, 401 Volunteer Road,
Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

Saturday, March 16 – Sewanee Perimeter Trail. 10.5 miles. Strenuous due to distance. Joint hike with the Highland Rim chapter. Marietta Poteet will lead a hike to Solomon's Temple Cave off the Perimeter Trail. We will park at Lake Cheston and hike to the Water Tower Trail to the Perimeter Trail. We will hike the Perimeter Trail to the Dick Cove Trail. The trail descends about a mile down the mountain, then makes a steep downhill about 100 feet on a very narrow rocky trail to Solomon's Temple. Bring lunch, water, and snacks. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Tuesday, March 14 – Chapter Meeting – 7:00 P.M. CT. Barfield Crescent Park Wilderness Station. Chapter member Joe Campbell and his wife took an amazing trip in May-June of 2022 to England, Ireland, and Scotland. He will share his photos and dialog of the spectacular landscapes and medieval towns. For more information contact Chapter Co-Chair Jeanne Conatser at djconatser@comcast.net.

Saturday, March 18 - Cumberland Trail - Pot Point Loop. 11.7-mile loop. Strenuous due to distance. Joint hike with the Scenic City chapter. The trail is in the Prentice Cooper State Forest in Marion County and is a section of the Cumberland Trail. This trail goes along the Grand Canyon of Tennessee where the beautiful Tennessee River cuts a gorge through the Cumberland Plateau. We'll stop by and enjoy the panoramic view from Snooper's Rock, walk on top of the Natural Bridge, and enjoy views from Ransom Hollow and Pot Point. We'll also pass the McNabb Gulf backcountry campsite. Pot Point is named for a rough section of the Tennessee River below the trail called The Pot. Bring lunch and water, and wear sturdy hiking boots. There will be a carpool from Murfreesboro. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com

Saturday, March 25 – Nashville Urban Hike. Approximately 7 miles. We will meet at 9:00 A.M. CT at the Bicentennial Mall Bells. We will visit Germantown and look at the architecture of homes in the area. We will then head back across the Mall and down 5th Avenue toward Broadway visiting Printers Alley and the new 5th and Broadway shopping area. We will then head up Broadway stopping at Union Station then continue on West End to Centennial Park for a photo op with the Parthenon. We will walk back down West End and cut over to Demonbreun back to 1st Avenue and visit Fort Nashboro before heading back to the Mall via 2nd Avenue. The hike will last several hours and will be on all concrete sidewalks and some roadway. Please wear appropriate footwear. There is a fee for the Parthenon, and we will only go inside if the group chooses. We will eat in a restaurant somewhere along the way. The entire hike should run approximately 7 miles, so please bring water. We will take many stop-and-see breaks that will lengthen the day. This will be an all-day event! Sites we'll see also include Vanderbilt University, 12th South District, Musica, and Music Row. For more information or to sign up, contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-587-0085
ttanashville68@tennesseetrails.org
OUTINGS COORDINATOR: Barbara Bennett 202-236-0880
ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)
MEETS MONTHLY: 4th Tuesday 6:00 pm CT in the REI
Community Room 261 Franklin Rd, Brentwood TN.
Optional Pre-Meeting Activity if posted on the TTA
website calendar.

Every Wednesday -- Radnor Lake Standing Hike (March 1, 8, 15, 22, 29), Radnor Lake State Park, Nashville, TN. 5 miles. Moderate. Meet at the Visitor Center, West Parking Lot off Granny White, 1160 Otter Creek Road. Arrive 5-10 minutes early to be ready to hike at 7 A.M., or earlier if everyone has arrived. This hike has elevation gains on both Ganier Ridge and South Cove Trails. We usually walk at a moderate pace and finish up around 9 A.M. There are several opportunities to take shorter and flatter alternatives if you want to make it an easier hike. Text Doug Burroughs at 615-587-0085 to register.

Continued on the next page.

Nashville Chapter continued

Saturday, March 11 — Downtown Urban Hike, Nashville, TN. 3 1/2 miles. Easy. We will meet at 9 a.m. at the courtyard of the War Memorial Plaza near the state capitol. Our hike will first circle the state capitol for a grand view and then over to the Nashville Public Square Park, where other fascinating sights await. We then cross the Cumberland River via Woodland Street Bridge and walk along the East Bank Greenway next to the Cumberland River (near the stadium) to Seigenthaler Pedestrian Bridge, then cross back over to downtown Nashville. A bit of Lower Broadway honky-tonk scene is next, and then up along portions of the rebuilt 2nd Avenue and 1st Avenue to return to our starting point. Distance approximately 3 1/2 miles. Rain or shine. Parking options include the downtown public library garage. Contact: Tom Vickstrom, 615-405-6713.

Saturday, March 18 — Bells Bend Park, Nashville TN. 5-7 miles. Moderately easy. Bells Bend Outdoor Center is the gateway to over 7 miles of trails rolling over mostly open meadowlands. This will be a moderate early spring hike. We will walk several of the longer trails in a large loop around the park. The trails may be wet in some areas this time of year. Bring binoculars if you like, as well as the usual sturdy shoes or boots, water, snacks, and clothing for the weather that day. Option for refreshment after the hike in Ashland City or the Nations neighborhood in Nashville. Contact Doug Burroughs at dougburroughs@tennessee.usa.com (email) or 615-587-0085 (text or leave a message) to register. Check the TTA website calendar for possible hike updates.

Friday, March 24 — Wildflowers at Flat Rock Cedar Glades State Natural Area, Murfreesboro, TN. 4 miles. Easy. This Middle Tennessee cedar glades and barrens feature wooded sections, meadows, and contrasting rocky areas. We can expect to see several wildflower species - many of which are specifically adapted to the geography - and we'll hike at a pace that allows us to appreciate them. The loop is relatively flat with a few gentle inclines. The first segment is rocky, and others may be wet or muddy, so hiking shoes or boots are recommended. Bring water and snacks. We'll meet at the trailhead for an 8:30 A.M. step-off. Afterward, we'll head over to Carmen's Taqueria for lunch. Register with Mark at (615) 669-3221 or midtn@tnhiker.net for details and updates. Alternate date for inclement weather: Friday, March 31st.

Saturday, March 25 — The Walls of Jericho, Winchester, TN. 7.75 miles. Strenuous. Straddling the Tennessee-Alabama state line, this challenging 7+ mile hike, with 1,600 ft elevation gain/loss, explore the headwaters of the Paint Rock River. We will start at the Tennessee trailhead. There should be wonderful wildflowers and water features. You might want to pack your water shoes. Email Karl at karld@comcast.net or call 615-207-2250.

Tuesday, March 28 — Nashville Chapter Meeting, REI Brentwood, TN, 6 P.M. Ron Zurawski, TN State Geologist, will speak to us about identifying local fossils. He will be sharing a fossil hunting guide for the Nashville area. Everything you always wanted to know from Brachiopods to Mollusks!!! Join us for dinner prior to the meeting in the immediate REI area at 5:00 P.M. Call or text Libby at 615-319-7501, for details.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Bill Wisniewski 931-335-9360

tplateau68@tennesseetrails.org

OUTINGS COORDINATOR: Deb Westervelt 931-267-2243

tplateauhikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

The Chapter hikes every Wednesday and two Saturdays a month. **For up-to-date information on our hikes visit <https://tennesseetrails.org/chapters/plateau-chapter/>**
Wednesday, March 1 - Northern CT Trailhead on Smokey Road to Norma Road Trailhead, Norma, TN. Joint hike with Upper Cumberland Chapter. Seventh hike of the CT 200-mile challenge. Long Hike: 8.8 mi strenuous thru hike. Requires car shuttle for the long hikers. **Short Hike:** 5 mi moderate in/out. For additional information contact the hike coordinator, Deb, email at plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday, March 4 - CT Possum Gorge Section, Dunlap, TN. Joint hike with Upper Cumberland Chapter. Eighth hike of the CT 200-mile challenge. We'll start from the Heiss Mountain Trailhead off HWY 111. Possum Gorge is full of rock bluffs and creeks - just beautiful. **Short Hike:** 5 moderate to strenuous miles due to rock hopping and stream crossings. **Long Hike:** 9.5 mi strenuous thru-hike that includes creeks, waterfalls, and beautiful views. For additional information contact the hike coordinator, plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Wednesday, March 8 - Beersheba Springs, TN. Joint hike with Upper Cumberland Chapter. Long Hike: Strenuous, 7.5 miles in/out Laurel Falls, Stone Door, and Connector Trails. **Short Hike:** 4 miles in/out moderate Laurel Falls and Stone Door. For additional information contact the hike leader Deb at 931-267-2243.

Continued on the next page.

Plateau Chapter continued

Thursday, March 9 - Plateau Chapter Meeting. The 6 P.M. meeting is held at the First United Methodist Church Annex 69 Neecham St., Crossville, TN. Text Bill Wisniewski at 931-335-9360 if you plan to join us for the dinner portion.

Saturday, March 11 - Cumberland Mountain State Park-Pioneer Short Loop, Crossville, TN. Joint hike with Upper Cumberland Chapter. 3+ miles. Meet Bill Wisniewski at 9 A.M. CT at the Visitor/Ranger Station parking lot. Please email or text Bill, ttachairperson@gmail.com, or 931-335-9360 with your intent to hike.

Wednesday, March 15 - BSFNRA Oscar Blevins Farm Loop, Jamestown, TN. Joint hike with Upper Cumberland Chapter. Long Hike: moderate 8 miles. **Short hike:** 3.7 moderate miles. For additional information contact the hike coordinator, Deb Westervelt, by email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday, March 18 - Cumberland Mountain State Park-Millhouse Loop, Crossville, TN. Joint hike with Upper Cumberland Chapter. 3+ miles. Meet Bill Wisniewski at 9 A.M. CT at the Visitor/Ranger Station parking lot. Please email or text Bill, ttachairperson@gmail.com or 931-335-9360 your intent to hike.

Wednesday, March 22 - Pickett State Park, Jamestown, TN. Joint hike with Upper Cumberland Chapter. Ranger Led Hike partly off-trail thru hike Pall Mall to Pogue Creek. Long Hike: 7 miles, moderate to strenuous in/out. **Short Hike:** 4 mi moderate in/out. For additional information contact the hike coordinator, Deb, text/call 931-267-2243 or email at ttaplateauhikes68@tennesseetrails.org.

Saturday, March 25 - GSMNP Middle Prong to Indian Flat Falls. Joint hike with Upper Cumberland Chapter. Long Hike: 7.4 miles in and out. Drivers will need to download and print the \$5 parking pass or an annual parking pass for \$40 ahead of time from recreation.gov Text Cheryl Heckler, the hike leader, 931-200-7436 to register.

Wednesday, March 29 - CT Piney River Segment, Spring City, TN. Joint hike with Upper Cumberland Chapter. Ninth hike of the CT 200-mile challenge. **Long Hike:** Newby Branch Trailhead to Shut-in Gap Road for 8.5 miles rated moderate to strenuous. **Short Hike:** 4 mile moderate in/out from Newby Branch trailhead. For additional information contact the hike leader, Deb Westervelt, text/call 931-267-2243 or email ttaplateauhikes68@tennesseetrails.org.

Friday, March 31- Sunday, April 2 Plateau Chapter Spring Getaway, Unicoi State Park, Helen, GA. 3 days of hiking. Contact Melissa for details mellove6011@gmail.com or text at 763-742-2934.

SCENIC CITY CHAPTER (Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett 423-309-7879
ttasceniccity68@tennesseetrails.org

OUTINGS COORDINATOR: Betsy Darken 423-718-2060
ttasceniccityhikes68@tennesseetrails.org

MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 pm ET

Saturday, March 4 — Alabama: Walls of Jericho, 8.1 miles, out-and-back. Difficult due to a long uphill on the way back. This trail takes us to a unique and fascinating set of waterfalls in the midst of cliffs ("Walls") with long stretches of flat rock speckled with drops of hardened lava. The big waterfall near the top plunges into a deep hole and disappears, only to squirt out of an impressive cliff not far below. Due to a creek crossing just below the falls, BRING WATER SHOES. Check the weather forecast and wear appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. For carpooling/ caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader Betsy Darken, (423) 718-2060. Carpool gas cost: \$8.

Tuesday, March 7 — Booker T Washington State Park: Outer Loop Trail. 3.9 miles. Easy. This trail follows the water most of the way around a peninsula, with beautiful views of Chickamauga Lake. Then it heads inland through pleasant woods to take us back to the trailhead. Be on the lookout for deer and enjoy the benches along the trail, but also be prepared to jump out of the way of mountain bikers. Check the weather forecast and wear appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. Meet at the trailhead by the Booker T Washington swimming pool before 8:30 am so that we can hit the trail at 8:30 A.M. Please register with Nancy Allen, 423-987-0941 or dname2tn@gmail.com.

Continued on the next page.

Scenic City continued

Saturday, March 11 — Dunlap Coke Oven Park Trails. 6 miles. Moderate. Shorter option: is 4 miles. Easy, possibly followed by a visit to the mining museum. Volunteers from the town of Dunlap have turned the site of a major coal mining operation into a park with many trails passing through woods full of many, many coke ovens and other giant mining paraphernalia. If we're lucky, we'll tour the museum that chronicles the history of the mining era in this part of the Sequatchie Valley. Check the weather forecast and put on appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. For carpooling/ caravanning, meet at the Durham Street parking lot (ball fields) just off Dayton Pike in Soddy-Daisy at 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Tom McElhone (805) 208-4654 or sarmitta@yahoo.com. Carpool gas cost: \$2.

Tuesday, March 14 — Laurel Falls via the Laurel-Snow Falls Trail, in/out. 4.7 miles. Moderate. This trek first takes us on an old railbed along Richland Creek, past the entrance of Dixon Slope Mine, then over Laurel Creek and up the plateau to the base of the falls. The total elevation gain is approximately 700 feet. Check the weather forecast and put on appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. For carpooling/caravanning, meet at the Durham Street parking lot (by ball fields) off Dayton Pike in Soddy-Daisy by 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leaders Roy & Marti Owensby (423) 309-0579 or sewmarti@aol.com. Carpool gas cost: \$2.

Saturday, March 18 —Cumberland Trail: Pot Point Loop. 11.7 miles. Strenuous due to distance. Joint hike with the Murfreesboro Chapter (Sara Pollard). The trail, which is in the Prentice Cooper State Forest in Marion County, goes along the edge of the Grand Canyon of Tennessee, where the beautiful Tennessee River cuts a gorge through the Cumberland Plateau. (How did it do that??) We'll enjoy the panoramic view from Snooper's Rock, walk on top of the Natural Bridge, and enjoy views from Ransom Hollow and Pot Point. We'll also pass McNabb Gulf and Hemlock Branch backcountry campsites. Pot Point is named for a (formerly) rough section of the Tennessee River called the Pot. Check the weather forecast and put on appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed.

For carpooling/caravanning, meet at Food City on Signal Mountain Road, in the near back corner of the parking lot, at 8:30 A.M.ET. <https://bit.ly/3pk0suY> Please register with Joan Hartvigsen, at jhartvigs@comcast.net, or 931-636-2914. Carpool gas cost: \$2.

Tuesday, March 21 — Battle of Lookout Mountain continued. 2½ miles. Moderate. 900' elevation gain. Shuttle required. Chickamauga and Chattanooga National Military Park Staff Historian Jim Ogden will lead us on the next part of the Battle of Lookout Mountain story, having described the Union sweep of the western slopes of Lookout Mountain and across Reflection Riding last fall. For this hike, we'll start at Reflection Riding and follow trails (as opposed to "just straight through the woods" as most of the soldiers did), closely emulating the move of the Ohio and Pennsylvania soldiers as they wheeled right and "moved forward *en echelon* obliquely up the mountainside." They closed in on Cravens House, which is two-thirds of the way up the northeastern slope of the mountain. This became the landmark of landmarks for the Battle of Lookout Mountain, aka the "Battle Above the Clouds," and marks the end of our hike. Meet by 8:30 A.M. at the new Reflection Riding parking lot across from the Kiddie Trailhead, which is at the bottom of the small hill before the entrance to RR. Please register with Trish Appleton, at (423)240-3443 or Appleton-p2@comcast.net

Saturday, March 25 — Cumberland Trail: Board Camp Creek. 7-8 miles. Moderate. Short shuttle required. We'll start at the Heiss Mountain Trailhead, following this beautiful trail as it makes its way over to Board Camp Creek and down the creek almost all the way to Big Soddy Creek. We'll get good views of the creek, especially as it gets more rambunctious, and we'll also head up and down various bluffs and pass through lovely woods. At one point we'll be ducking under/through a waterfall cascading down from above, at another point ascending wooden stairs to get up and around a cliff, and finally crossing the creek to follow a well-traveled former road for about a mile to the parking lot. Water shoes may be needed. Check the weather forecast and put on appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Tammy Hendrick at 315-949-8187. Carpool gas cost: \$1.

Continued on the next page.

Scenic City continued.

Tuesday, March 28 —Sewanee Perimeter Trail: Bridal Veil Falls. 4.6 miles. Moderate. There is a 700' elevation gain. This hike is the section of the Sewanee Perimeter trail from the Memorial Cross to Bridal Veil Falls. The elevation gain is mostly on the way back to the parking lot. The hike starts with a stunning view of the valley below and continues to one of the most scenic sections of the perimeter, alternating between a series of steep slopes and flat stretches. Due to the beauty and quiet, it will be easy to believe we are in a fairy tale. Since we are crossing several bridges over the creek, be on the lookout for trolls. On the trail, we will pass large sandstone blocks and boulders that long ago broke from the bluffs above us. As we near the falls we will hike a short distance off the plateau where a creek appears from the side of the mountain, cascades down a limestone cliff for 25 feet or more, and then disappears into a sinkhole. Check the weather forecast and put on appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. Carpooling will be at the parking lot just after the LaQuinta Inn off I-24, Exit 175 at 8:30 A.M.ET. <https://bit.ly/3QITAD4> Please register with hike leader **Delores Ladd**, at 214-422-7206 or ladddelores@gmail.com. The Carpool gas cost is \$5.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs 803-634-3470
ttasumnertrails68@tennesseetrails.org
OUTINGS COORDINATOR: Donna Hobbs 803-634-3470
ttasumnertrailshikes68@tennesseetrails.org

Monday, March 6 - Walton Ferry Arboretum. 1.6 miles, Easy. The Arboretum Trail is a one-mile loop, but we will also follow an obscure trail along the Old Hickory Lake shoreline for another half mile or so. In addition to the trees, we should also see some wildflowers along the way and spot some birds. The arboretum loop is paved but the shoreline foot trail would probably be a little muddy so you might want to bring an extra pair of footwear for after the hike. Our trailhead is about 6/10 of a mile from Main Street down Walton Ferry Road on the right. There is parking at the trailhead. Meet in the parking lot there at 10 A.M. CT. Our hike will be led by Hendersonville Mayor Jamie Clary and former Mayor Jim Fuqua. For further info call/text Owl at 615 454-7673 or ballallenger@aol.com

Friday, March 17- Sanders Ferry Park. 1.5 miles, Easy. Join us for a St. Patrick's Day Stroll & Scavenger Hunt! 10 A.M. at the Sanders Ferry Park Boat Ramp parking lot (513 Sanders Ferry Rd, Hendersonville, TN) We will walk the easy park loop road plus meander onto the grassy trails along the beautiful waterfront. Join us for this easy stroll as we search for the Pot o' Gold! Don't forget to wear green! Dogs on leash are welcome. After the hike we can have lunch at Sanders Ferry Pizza. Contact Jenny Fitzgerald at (615) 517-8185 or mrzfitz@gmail.com with any questions.

Tuesday, March 21 - Wednesday, March 22 - Shiloh National Military Park. 2 Miles, Easy. We will drive to the Natchez Trace Parkway, stopping at the Meriwether Lewis Park and Monument and other points of interest along the Parkway. We will exit on US Hwy 64 and stop for a late lunch in Waynesboro-continue to Savannah and cross the Tennessee River on Pickwick Dam and proceed to Pickwick Landing State Park Inn where we will have dinner and stay overnight. After breakfast we will check out and proceed to Shiloh Visitors Center and view their excellent film before driving the self-guided auto tour of the battlefield, stopping to read historical markers and taking advantage of trails leading to historical battle sites. The 2-day Shiloh battle took place on April 6 & 7, 1862. Then we will have a late lunch at the famous Hagy's Catfish Hotel overlooking the Tennessee River before driving back to Hendersonville via I-40 arriving there by 6 P.M. or so. For reservations at Pickwick Landing State Park Inn call 731-689-3135. There is a room discount for seniors or TN residents. Meet at Hendersonville First Presbyterian Church at 9 A.M. CT on March 21 to carpool. For more information contact Marcia Powell mpow1221@gmail.com

Wednesday, March 29 - Narrows of the Harpeth. 2 miles. Moderate. This hike follows alongside the river, passing through an area known as "The Narrows". Here, the Harpeth River in a 5-mile bend nearly curves back on itself. Highlights include a panoramic view of the area, and a man-made tunnel that goes about 100 yards through the bluff at the narrowest point. Back in 1890 Montgomery Bell, using slave labor, bored the tunnel to provide waterpower for his iron ore mill. We usually see lots of wildflowers so bring your books. Meet for carpooling at Glenbrook Kroger, 1010 Glenbrook Way, Hendersonville at 9:00 A.M. CT or at the Harris-Street Bridge trailhead at 10:00 A.M. CT. Lunch to follow. If you have questions or are meeting at the trailhead, call or text Ron Jenkins at 615-483-3774 or ronj326@comcast.net

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR

Cathy Moran 931-544-2764

ttauppercumberlandhikes68@tennesseetrails.org

Wednesday, March 1 - Northern CT Trailhead on Smokey Road to Norma Road Trailhead, Norma, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, March 4 - CT Possum Gorge Section, Dunlap, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, March 8 - Beersheba Springs, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, March 11 - Cumberland Mountain State Park-Pioneer Short Loop, Crossville, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, March 15 - BSFNRA Oscar Blevins Farm Loop, Jamestown, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, March 18 - Cumberland Mountain State Park-Millhouse Loop, Crossville, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, March 22 - Pickett State Park, Jamestown, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, March 25 - GSMNP Middle Prong to Indian Flat Falls. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, March 29 - CT Piney River Segment, Spring City, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.



Thank you for the responses!

Will suggest - A headlamp! Especially in the winter when days are short. One small accident and one is out after dark.

Melinda comments - In the winter, it's an extra pair of gloves, since I always lose a pair somewhere on the trail in the winter. In the spring, into my pack goes light-weight small binoculars for birdwatching. In the summer it's "fresh air" as my pack takes a sunbath while I sit out from hiking in the heat. In the fall it's my camera-- the trees ablaze in spectacular color against an azure sky become the new wallpaper on my laptops.

What is something you think is essential on the trail? Something you wouldn't leave home without. Email ttaeditor68@tennesseetrails.org and share your favorite item!

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All!

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

OFFICERS:

President

Duane Frichtl 309-830-9720
ttapresident68@tennesseetrails.org

Vice-President

Michelle Kelley 901-484-2998
ttavicepresident68@tennesseetrails.org

Treasurer

June Callahan 615-945-7462
ttatreasurer68@tennesseetrails.org

Secretary

Susan Woods 731-441-8066
ttasecretary68@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Mark Hubbard (2025) 615-715-1517
ttaboard68@tennesseetrails.org

Wayne Drown (2025) 803-646-0972
ttaboard68@tennesseetrails.org

Susan Woods (2025) 731-441-8066
ttasecretary68@tennesseetrails.org

Libby Francis (2024) 615-319-7501
ttaboard68@tennesseetrails.org

Duane Frichtl (2024) 309-830-9720
ttapresident68@tennesseetrails.org

June Callahan (2024) 615-945-7462
ttatreasurer68@tennesseetrails.org

Cheryl Heckler (2023) 931-200-7436
ttamembership68@tennesseetrails.org

Jenny Fitzgerald (2023) 615-517-8185
ttaboard68@tennesseetrails.org

Jane Coffey (2023) 615-614-1083
ttaboard68@tennesseetrails.org

Regional Directors

West TN

Terry Warren (2023) 731-535-0625
ttaregionalwest68@tennesseetrails.org

Middle TN

Sara Pollard (2025) 615-714-3610
ttaregionalmiddle68@tennesseetrails.org

East TN

Will Latham (2024) 704-365-8889
ttaregionaleast68@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Mary Lewis Tims 731-780-5550
ttaeditor68@tennesseetrails.org

2023 TTA Board of Directors Meetings

All members are invited to attend board meetings
Contact Duane Frichtl for the link to join Zoom meetings

Tuesday, Feb 7, 6:30 PM CT Zoom Video
Conference

Tuesday, May 2, 6:30 PM CT Zoom Video
Conference

Tuesday, Aug 1, 6:30 PM CT Zoom Video
Conference

Friday – Sunday, Oct 20 - 22 Natchez Trace State
Park
Annual Meeting

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on or before the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

Mar 23

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 ttamembership68@tennesseetrails.org

Please Mail This Form To:

Membership Director

P.O. Box 41446

Nashville, TN 37204-1446

PLEASE PRINT CLEARLY.

____ Individual \$25.00
____ Family \$35.00
____ Student (FULL TIME) \$15.00
____ Supporting (\$50.00, \$100.00 or more)
____ Life Member (Individual) \$500.00
____ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Phone () _____ Zip _____ -- _____
E-mail _____

For privacy, please do not list the following in
the TTA Annual Membership Directory

- ☐ E-mail addresses
☐ Mailing address
☐ Telephone numbers

☐ I would like to receive my newsletter by
mail.

Please list me with the following chapter:

____ Clarksville
____ Columbia/Franklin
____ East TN (Oak Ridge/Knoxville)
____ Highland Rim (Manchester/Tullahoma)
____ Jackson
____ Memphis
____ Murfreesboro
____ Nashville
____ Plateau (Crossville)
____ Scenic City (Greater Chattanooga Area)
____ Sumner Trails (Sumner County)
____ Upper Cumberland (Sparta/Cookeville)
____ At Large

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!