

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL



What Does It Mean to Be A Tennessee Trails Association Member?

According to the Bylaws, "Membership in the Association will be available to any individual or organization that has an interest in advancing the mission of the Association and agrees to abide by the Bylaws and policies of the Association". What's the mission of TTA? In short, it is to promote and support hiking trails in Tennessee, provide opportunities to hike those trails and educate our members and the public on the wise stewardship of those trails and the surrounding area. If you want to read the extended version, check out the Bylaws, which can be found in the Member's Area of the website, after signing in as a member. As members, we should all strive to hike, volunteer, and educate. Each of us has unique strengths that we can use to keep our organization healthy and growing. What are the policies of the Tennessee Trails Association? You can find these in the Hiking Handbook under the Hikes & Events tab on the website. There is a lot of useful information in the Handbook. I would encourage all TTA members to take 15-20 minutes and read it through. It includes the responsibilities of hike leaders and hikers as well as a section on trail etiquette. There is great information on trail hazards and dealing with emergencies on the trail. There is even a list of helpful items to have in your pack before heading out to hike! Taking a few minutes to look over the Handbook will make your next hike more enjoyable and safer. Thank you for your interest and time spent with Tennessee Trails.

Duane Frichtl, TTA President

June 3 is National Trails Day®.

Organized by the American Hiking Society (TTA is a member), the day promotes public events which advocate for, maintain, and clean up public lands and trails.

What does your chapter have planned?

More information and resources are available at <https://americanhiking.org/national-trails-day/>

Membership Payment Change

Thanks to the efforts of June Callahan (Treasurer), Doug Burroughs (Webmaster), and Cheryl Heckler (Membership Director) we have changed from PayPal to Stripe for online payment. Stripe is more user-friendly and works well with our website, making joining and renewing simpler and easier. Stripe is trusted by major companies around the world for its strong security. Credit card information is encrypted before transmission and is not stored on the TTA website. Unlike PayPal, Stripe does not require users to create an account with them. Check it out by joining or renewing soon!



THANK YOU, LIFETIME MEMBERS

TTA wishes to recognize and thank our many Lifetime Members for their generous support of the organization.

A Lifetime membership shows your commitment to TTA's ideals and mission and does away with the worry of having to renew your membership every year. Lifetime memberships support the development and maintenance of hiking trails across Tennessee.

We thank the following Lifetime members for their generosity:

David & Beverly Adkins, Clarksville
Judy Andrews, Nashville
Lee A. Beaman, Nashville
Barbara Bennett, Nashville
Fount & Anna Bertram,
Murfreesboro
Vi Biehl, Highland Rim
Dr. Wally & Pat Bigbee, Highland
Rim
Kevin Bowden, Nashville
Vic Canada, Nashville
Joette Carter, Highland Rim
Cathleen Close, Highland Rim
Cathy & Jim Conley, Highland Rim
Bob & Joanna Crockett, Unaffiliated
Gene & Judi Curp, Nashville
Walter F Cygan, Memphis
David Dalton Sr, Clarksville
Marcia Donovan, Upper Cumberland
Harold M. Draper, East TN
Mark Ezell, Nashville
Libby Francis, Nashville
Barbara Fritch, Nashville
Joe Gaines, Nashville
James Galloway, Nashville
Catherine Gilreath, East TN
Kathy Green, Memphis
Bill Hancock, Nashville
Buford Hatcher, Nashville
Mike & Pamela Henning, Highland
Rim
Dennis W. Higgins, Scenic City
Judy Jacobs, Nashville
Sandra Janus, Clarksville
Jim & Jenice Johnson, Nashville

Dorothy Kirsch, Memphis
Natalie Lochridge, Jackson
Diane & Zvi Manas, Nashville
Miriam McClendon, Nashville
Victoria McMinn, Sumner Trails
Pamela & Paul Miller, Upper
Cumberland
Dale Mounger, East TN
Joel Peavyhouse, Nashville
Jim Poteet, Highland Rim
Marietta Matthews Poteet,
Highland Rim
John & Judy Redmon, Unaffiliated
Dave Rhyne, East TN
Bob Richards, East TN
Judith Rusciolelli, Murfreesboro
Sara Senft, Plateau
Janet Sheahan, Memphis
Fran & Tom Shepherd,
Murfreesboro
Dorothy Sills, Nashville
Grimes Slaughter, East TN
Barbara Slover, Plateau
James E. Smith, Unaffiliated
Vinay Sood, Jackson
Gary Toliver, Nashville
Jill & Rick Wallace, Sumner Trails
Dave Walton, Nashville
Mary Etta Ward, Highland Rim
Anne E. Wesley, Sumner Trails
Jane C Whitson, Nashville
Albert Floyd Wilson, Plateau
William Womack, Nashville
Susan Woods, Jackson

A Life Membership (individual) or Family Life Membership (couple) is available for the payment of a one-time fee. Life members receive all the benefits of membership for life. Becoming a Lifetime member is easy – visit <https://tennesseetrails.org/plans/memberships/>.

CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders - 954-993-5541 and Suva Bastin - 931-645-2849

ttaclarksville68@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab - 931-801-9484 (*call Paul & volunteer to lead an outing*)

ttaclarksvillehikes68@tennesseetrails.org

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Wade Bourne Nature Center, 2308 Rotary Park Dr., Clarksville, TN 37043.

Please call hike leaders to confirm the hike time and meeting place.

Wednesday, May 3 - Wednesday Rotary Park, Clarksville. 3.5 miles. Moderate. Most of the trail is on natural turf in the woods. It is curvy with many short ups and downs. You follow pretty Wall Creek part of the way. There is a creek crossing that is hard to do without getting your feet wet when the creek is up. Trekking poles are recommended. Dogs are welcome if on a leash. There is a restroom at the trailhead and another near the end of the trail. Meet at 9 A.M. CT, the first shelter on the left after entering the park. Contact Suva Bastin at 931-645-2849.

Saturday, May 6 - Hike with another chapter.

Saturday, May 13 - Bearwaller Gap, Carthage, TN. 6 miles. Difficult The hike requires a car shuttle. The trail is on natural turf in the woods. It goes over bluffs and rolling hills on the northern edge of Cordell Hull Lake. Trekking poles are recommended. We will eat lunch at a campsite with picnic tables and an outhouse. Bring water. Dogs are permitted if on a leash. Meet at 7 A.M. CT at the new Exit 11 Park and Ride. ≈ 100 miles to the trailhead. Contact Paul Schwab at 931-801-9484.

Tuesday, May 16 - Monthly Chapter Meeting. Meet at 6 P.M. CT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Saturday, May 20 - Clarksville Greenway from Pollard Road to the Red River. 6.0 total miles out and back. Moderate, due to distance and three short hills. The trail is paved and follows an abandoned railroad right-of-way through the woods most of the way. Dogs are welcome but must be on a leash. Meet at 8 A.M. CT at the Pollard Road access. Contact Cheryl Lemon at 931-980-1062.

Saturday, May 27 - Eggners Ferry Bridge/Western Half of the LBL Scenic Central Hardwoods Trail. 6 miles. Moderate. The hike requires a car shuttle. We will walk on the pedestrian walkway across the 3495 feet long Eggners Ferry Bridge to the Scenic Central Hardwoods Trail. The Eggners Ferry Bridge carries US 68 and KY Route 80 across Kentucky Lake. It opened in 2016 after the original bridge was hit by a barge in 2012 and collapsed. We will continue on the Scenic Hardwood Trail to the Golden Pond Visitors Center. There are Restrooms and a museum at the Visitors Center. The Scenic Hardwood Trail is a well-engineered trail through upland hardwoods. The surface is finely crushed limestone. Meet at 8:00 A.M. CT, at Kroger parking area, Dover Crossing Road, Clarksville. Contact Paul Schwab at 931 801 9484. ~58 miles



COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey - 615-516-6551 and Marvin Caine - 931-486-1632

ttacolumbia68@tennesseetrails.org

OUTINGS COORDINATOR: Jane Coffey - 615-516-6551

ttacolumbiahikes68@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 P.M. Meeting at 7:00 P.M.

Saturday, May 13, 2023 - Jackson Falls/Devil's Backbone/Natchez Trace. Jackson Falls is a 900' concrete trail straight down and returning the same way. Before going to the falls there are several vantage points looking down onto the Duck River and surrounding countryside. Jackson Falls is located at milepost 404.7 on the Natchez Trace. Devil's Backbone State Natural Area is our second destination at milepost 394 on the Natchez Trace approximately ten miles south of Jackson Falls. The Natchez Trace information states this is a three-mile hike. It may be closer to four miles. This is a trail with an in and out leading to a larger loop. Fall Hollow Falls is our destination at milepost 391.9 about two miles south of Devil's Backbone. This area has two waterfalls. Once we walk to its top which is back from where a stream falls. This part of the short trail will allow you to a point to see the upper fall. To see the lower falls requires hiking down on a dirt and rock trail. Some may choose the upper falls only while others may want to visit the lower falls as well. We plan on staying here for ~one hour. Chris Hoffman is the hike leader. This is a redo from an earlier weather cancellation.

Wednesday, May 24 - David Crockett Park. David Crockett was a pioneer, soldier, politician, and industrialist. He was born near the little town of Limestone in northeast Tennessee in 1786. In 1817, he moved to Lawrence County and served as a justice of the peace, a colonel of the militia, and a state representative. The 1,319-acre park has a museum staffed during the summer months, with exhibits depicting Crockett's life here and a water-powered grist mill. In 1838 a detachment of Cherokees led by John Bell, traveling west on the Trail of Tears, forded Shoal Creek and passed through the area that later became David Crockett State Park. Several sections of the original road the Cherokee used are still intact and included in the "Trail of Tears Interpretive Retracement Trail" at the park. The park received a Certificate of Merit Award from the Tennessee Historical Commission for its work to preserve and interpret the trail. Hike leader – Jane Coffey.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall - 865-985-9144 - *ttaeasttennessee68@tennesseetrails.org*

OUTINGS COORDINATOR: Tom Cressler - 865-582-5622 - *ttaeasttennesseehikes68@tennesseetrails.org*

Saturday, May 13 – I. C. King Park, Knoxville Tennessee. 5.6 miles. Easy. The trails are fairly level with very little elevation gain and loss. The trails can be very slippery after heavy rain. On these well-maintained trails, we see railroad tracks, nice, wooded areas, fishing spots, and a lovely water inlet. This is a little bit of nature close to home. Let's meet at 9:00 A.M. at the park entrance at 2625 Maryville Pk. Preregistration is advised. Please email Rosemary_I@hotmail.com or text 865.985.9144.

Saturday, May 20 Hike North Boundary Trail, Oak Ridge. 6 miles. Easy. We will touch on several different trails but they're all easy, with no significant elevation changes. We'll pass through woodlands and see creekside habitats showcasing a variety of wildlife and natural plants as well as remnants - stairs, building foundations, and other remains - of the pre-Manhattan project settlements. Also, we'll see parts of the quarry, the quarry lake, and old cemeteries. We will meet in Oak Ridge at the Books-A-Million parking lot nearest Illinois Ave. for carpooling to the trailhead because there is limited parking, leaving at 9 A.M. Books-A-Million is located at 310 South Illinois Ave. The trailhead is about 4.5 miles away. The weather is variable; we recommend hiking poles, shoes to wear to and from the hike and sturdy hiking shoes, other weather-appropriate clothing, a snack, a drink, and a camera. After the hike plan on stopping on the way back for a meal and refreshments. For additional information about the hike please contact Scott Adams before May 21st at 815-608-0879, leave a message, or send an email to adamsscott1950@gmail.com

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East TN Chapter continued

Saturday, May 27 - White Oak Sinks, GSMNP. 5 miles. Easy with very little elevation gain. We'll begin our hike at the School House Gap entrance. We'll hike to the sinks and make our way to where the bat cave is located. There is much to see in this area including remnants of old homesteads, beautiful flowers, and a very nice waterfall. After taking in the sights, we'll make our way back to our cars. This hike is good for all skill levels. Let's meet at Brown's Creek Shopping Center parking lot in Maryville (close to the Sonic) at 8:00 A.M. E.T. We expect to be at the trailhead about 9:00 A.M. E.T. Don't forget to bring water, snacks, and money for carpooling. Please preregister with Rosie at rosemary_l@hotmail.com or 865.985.9144

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen - 760-703-8115 - ttahighlandrim68@tennesseetrails.org

OUTINGS COORDINATOR: Tom Hartvigsen - 931-962-0811 - jhartvigs@comcast.net (contact Tom & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday

Tuesday, May 2 – Greeter Falls Loop/Greeter Trail Hike, Altamont, TN. 3.2 miles. Moderate, 550 ft elevation change. Savage Gulf West Trailhead (Greeter Falls), 550 Greeter Falls Road, Altamont, TN. Please register with Joan Hartvigsen, at 931-636-2914 or jhartvigs@comcast.net. This trail combination features Upper and Lower Greeter Falls and Boardtree Falls and a walk to one of the best views in the natural area, Big Bluffs Overlook. From Big Bluff Overlook we will see two panoramic vistas. To the left Big Creek Gulf stretches into the distance. To the right Greeter Gulf approaches its confluence with Big Creek Gulf. Big Bluffs Overlook is our lunch spot. After our hike, we can cool off at Blue Hole, a great swimming hole. Bring water, snacks, and lunch. Sturdy hiking boots and hiking sticks are recommended. Meet at 8:30 A.M. CT at the Greeter Falls parking lot.

Wednesday, May 3 – Normandy Lake Paddle. 4 to 6 hours of calm lake paddling. We'll head out from the Firelake Boat Ramp towards the south, making a very short portage bypassing a peninsula to reach the Anthony Branch with numerous quiet inlets featuring lovely waterfalls. Continuing east towards Crumpton Creek, Anthony Branch is mostly unspoiled by housing, with opportunities to view numerous blue herons, turtles, and other wildlife. We'll stop for lunch at a beautiful cove featuring 3 waterfalls and then head back, with the group deciding on a portage or paddling around the peninsula. Bring lunch, plenty of water, and sunscreen, and wear your personal flotation device. We will meet at 9 A.M. CT at the Firelake Public Use Area & Boat Ramp (sometimes referred to as Ward's Chapel Boat Ramp), River Forge Road, Manchester. To register or for more information contact Jim Barritt, at jsbarritt@gmail.com or 931-492-3212.

Thursday, May 11 – Cumberland Trail. Soak Creek Section near Spring City. 7.0 miles. Moderately strenuous. Joint hike with the Murfreesboro Chapter. This trail follows Soak and Little Soak Creeks where there are cascades and many stone bluffs along the way. We'll take a side trail to see Stinging Fork Falls. There are nice spots to step off the trail for lunch or breaks near the water. We'll see a variety of ferns and trillium. Bring water, snacks, and lunch. For more information or to sign up contact Marietta Poteet, nannietta@benlomand.net or 931-924-7666.

Monday- Wednesday, May 17- 19 Camping at Ragland Bottom Campground, Smithville, TN. Paddling to Burgess Falls on Thursday from Cane Hollow Road Recreation Area. Hiking at Burgess Falls State Park after the paddle. Paddling to Fancher Falls on Friday from Johnson Chapel Recreation Area. Hiking at Edgar Evins State Park after the paddle. Joint activity with the Murfreesboro Chapter. Beautiful Ragland Bottom Campground is located on Center Hill Lake. Contact Joan Hartvigsen for more information and camping reservations, at jhartvigs@comcast.net or 931-636-2914.

Saturday, May 20 – Tims Ford State Park, Winchester, TN. Lost Creek Overlook Trail and a section of the Ray Branch Shoreline Trail. 5 miles. Easy. Nice views of Tims Ford Lake while hiking over rolling hills in a mature hardwood forest. Bring water and lunch. Register with Joan Hartvigsen jhartvigs@comcast.net or 931-636-214. Meet at 9A.M. in the Visitor Center parking lot.

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Highland Rim Chapter Continued

Monday-Thursday, May 22-25 – Kayaking Watauga Lake. Camping at Cardens Bluff Campground on Watauga Lake, Hampton, TN. Appalachian Trail hike from Carver's Gap to Round Bald, Jane Bald, Grassy Ridge Bald and return. Five miles out and back. 1,200 ft elevation change. Hike to Laurel Fork Gorge and Falls on the Appalachian Trail, 5 miles round trip. Joint activity with Murfreesboro Chapter. We may visit Hampton Creek Cove State Natural Area. TTA Evan Means Grant funded directional signs for Hampton Creek Cove. At Hampton Creek Cove we will hike the Entrance Trail, the Shell Hollow Trail, the Birchfield Trail, and the return section of the Overmountain Victory Trail. Six miles, elevation change 1,329 ft. Register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Bring your kayaks!!

Sunday - June 4, Tennessee River Gorge Paddle. 8 miles. Suck Creek boat ramp to Raccoon Mountain boat ramp, Marion County, TN. Joint event with the Murfreesboro Chapter. Meet at the Suck Creek Boat Ramp, 1900 Suck Creek Road, Chattanooga at 8 A.M. CT to arrange a vehicle shuttle to our take-out at Raccoon Mountain boat ramp. This paddle passes through Prentice Cooper State Forest. We will see Bald Eagles, Osprey, turtles, and otters. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Bring a lot of water, snacks, lunch, binoculars, a hat, sunglasses, and sunscreen. Please wear your PFD.

Monday-Thursday, July 17-July 20 – Red River Gorge Geological Area, Slade, Kentucky. Camping in Natural Bridge State Park. Joint activity with Murfreesboro Chapter. The park has a lodge for those who do not camp. Hikes include The Original Trail, The Rough Trail, Grays Arch Courthouse Rock, and Auxier Ridge. So many trails, and so little time. Contact Joan Hartvigsen, at jhartvigs@comcast.net or 931-636-2914

Monday-Thursday, July 31-August 3 – Cataloochee Group Campsite, Great Smoky Mountains National Park. Hikes TBA. Possible hikes: Cataloochee Divide Trail, Caldwell Fork and Boogerman Trails, Rough Fork, Caldwell Fork, and Big Fork Ridge Trails. Joint activity with the Murfreesboro Chapter. Contact Joan Hartvigsen, at jhartvigs@comcast.net or 931-636-2914.

Thursday-Sunday, October 19-23 – TTA Annual Meeting. Natchez Trace State Park, Wildersville, TN. Cub Lake Campground Two, Group Site 3. Contact Joan Hartvigsen for a spot in the group campsite, at jhartvigs@comcast.net or 931-636-2914.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson - 731-225-4293 - ttajackson68@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad - 731-217-5966 - ttajacksonhikes68@tennesseetrails.org

MEETS MONTHLY: 1st Monday at 6:00 P.M. CT

Saturday, May 13 - Nathan Bedford Forest & Johnsonville State Parks. (NBFSP/JSHP). 3 miles. Easy/moderate. Hear and see where Civil War history happened on the Tennessee River, by visiting these Parks back-to-back. Hike approximately 3 miles, easy-to-moderate, at each park. Lunch between hikes at Camden's Daymaker Café or bring your own. The hike starts at 9:30 A.M. from NBFSP Museum or meet to carpool from Panera Bread in Jackson at 7:30 A.M. Doing one of the Parks only is an option. Register with Susan Woods at woodsboob@bellsouth.net or at 731-584-2668.

Saturday, May 27 - Virgin Falls. Contact Terry Warren at terrymccoy832@yahoo.com.

Planning Ahead:

Saturday, June 1 – Walls of Jericho. 6 miles. Difficult. Led by Phillip Crisp. More information to come.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright - 901-829-4434 - ttamemphis68@tennesseetrails.org
OUTINGS COORDINATOR: Wayne Simpson - w.simpson1@comcast.net

Saturday, May 6 - Lovitt Woods – Germantown, TN. 5 miles. Easy. Join us for a 5-mile hike across flat terrain in the woods along the Wolf River and nearby lakes. We will be meeting at the Germantown Lowe's parking lot in front of the garden center. Boots are suggested for muddy spots. Bring snacks and water. Registration is required at which time you will receive a start time. Contact Janet Sheahan at Janet.n.sheahan@gmail.com.

Saturday, May 13 - Chickasaw State Park. ~4.5 miles. Easy. This is a park that the Memphis Chapter has not visited in several years. The hike will encompass several short trails (about 4.5 miles) within the park, most of which are easy but there are some hills. We'll hike through upland hardwood forests and wetlands. We'll cross a 640' bridge across Lake Placid. Registration is required at which time you will receive a start time. Contact: Wayne Simpson - w.simpson1@comcast.net or (901) 385-1988 (landline, no texts).

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser - 615-971-8894 - djconatser@comcast.net
Sara Kennedy - 615-692-9057 - ttamurfreesboro68@tennesseetrails.org

OUTINGS COORDINATOR: Sara Pollard - 615-714-3610 - ttamurfreesborohikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Monday–Wednesday, May 1- May 3. Backpack the Cumberland Trail. Arch Mountain to Ross Gap. Approximately 20.0 miles, 7 miles/day. Strenuous. This is a multi-chapter backpacking trip. We'll be starting at the Cave Branch Smoky Road trailhead and ending our journey at the Ross Gap trailhead. We will be primitive camping the first night (no official camping area). Second-night camp is at the Coffin Springs backcountry campsite in Frozen Head State Park. Transportation and departure time details are to be determined. Sign up with Lora McBride, text 423-618-0089 or lmcbride1009@gmail.com,

Tuesday, May 9 – Chapter Meeting – 7:00 P.M. CT Barfield Crescent Park Wilderness Station. Chapter member Jay Brain will share his photos of Glacier National Park. Glacier National Park is located in northwestern Montana, on the Canada-United States border. We'll see photos of driving the Going to the Sun Highway, hikes at Avalanche Lake, St. Mary and Virginia Falls, Fishercap Lake, Redrock Falls and Two Medicine. Also exploring the Lake McDonald, Logan Pass and many glacier areas. For more information contact Chapter Co-Chair Jeanne Conatser at djconatser@comcast.net.

Thursday, May 11 – Cumberland Trail. Soak Creek Section near Spring City. 7.0 miles. Moderately strenuous. Joint hike with the Highland Rim chapter. This trail follows Soak and Little Soak Creeks where there are cascades and many stone bluffs along the way. We'll take a side trail to see Stinging Fork Falls. There are nice spots to step off the trail for lunch or breaks near the water. We'll see a variety of ferns and trillium. Bring water, snacks, and lunch. For more information or to sign up contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Saturday, May 13 - Henry Horton State Park. "Pick a Park" series. Wetland and River Loop Trails. 3.0 miles. Moderate. The trail follows the Duck River and at 1.35 miles, there is a 20-foot observation tower overlooking a native grass field and wetland. The Wetland Trail connects to the River Loop Trail. For more information or to sign up, contact Jeanne Conatser at 615-971-8894 or djconatser@comcast.net.

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Murfreesboro Chapter continued

Wednesday–Friday, May 17 - May 19 – Camping, Hiking, and Kayaking at Center Hill Lake. Smithville. Joint activity with the Highland Rim chapter. Camping at beautiful Ragland Bottom Campground on Center Hill Lake. Thursday, paddling to Burgess Falls from Cane Hollow Road Recreation Area and hiking at Burgess Falls State Park after the paddle. Friday, paddling from Johnson Chapel Recreation Area to Fancher Falls and hiking at Edgar Evins State Park after the paddle. For more information contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com. For camping reservations contact Joan Hartvigsen at 931-636-2914 or jhartvigs@comcast.net.

Saturday, May 20 – Stone Door Loop. Savage Gulf State Park. 1183 Stone Door Road, Beersheba Springs. 6.8 miles. Easy/moderate. Meet at the Stone Door ranger station at 9:00 A.M. CT. We will hike to the beautiful Stone Door and then take the Big Creek Rim trail to Alum Gap campsite to enjoy our lunch. We will return via the Laurel Trail and stop at Laurel Falls at the end. We will have wonderful views of the gorge along the way. Wear sturdy shoes, bring a stick, your camera and lunch. The Savage Gulf State Park is in Grundy and Sequatchie counties, bringing the total of Tennessee's state parks to 57. Please register ahead of time in case of cancelation or alteration of plans. Contact Tony Jones at 615 397-4463 or tonjon1968@gmail.com.

Monday–Thursday, May 22 - May 25 – Kayaking Watauga Lake, Hiking Hampton Creek Cove State Natural Area, and the Appalachian Trail: Laurel Falls. Joint activity with Highland Rim chapter. Camping at Cardens Bluff Campground in Hampton. The TTA Evan Means Grant funded directional signs for Hampton Creek Cove. Register with Joan Hartvigsen at 931-636-2914 or jhartvigs@comcast.net.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs - 615-587-0085 - ttanashville68@tennesseetrails.org
OUTINGS COORDINATOR: Barbara Bennett - 202-236-0880 - ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday 6:00 P.M. CT in the REI Community Room 261 Franklin Rd, Brentwood TN.
Optional Pre-Meeting Activity if posted on the TTA website calendar.

Every Tuesday except May 23 – Warner Red Trail Standing Hike (May 2, 9, 16, 30), Percy Warner Park, Nashville, TN. 5+ miles. Moderate (can be strenuous for novice hikers).

Meet at the Chickering Road trailhead, 1771 Chickering Rd, Forest Hills, near Brentwood, <https://goo.gl/maps/28P3y4os6YKfrsuT9>, for a prompt 7 A.M. start. Dogs on a leash okay (Park requires no more than a 6-ft leash - you may be ticketed if you fail to use a leash!). Come join us to experience this 5+ mile loop trail. Generally considered a moderately challenging route, it takes an average of 2+ hours to complete. This is a great loop that includes some steep and gradual inclines. Sections of the trail are rocky, so be sure to wear proper footwear. Plenty of shade along the route, but please bring water, nevertheless. Text Zary Rahimi at 615-500-6882 to register and to receive any updates (such as cancellations for weather).

Every Wednesday – Radnor Lake Standing Hike (May 3, 10, 17, 24, 31). 5 miles. Moderate. Radnor Lake State Park, Nashville TN. Meet at the Visitor Center, West Parking Lot off Granny White, 1160 Otter Creek Road. Arrive 5-10 minutes early to be ready to hike at 7 A.M., or earlier if everyone has arrived. This hike has elevation gains on both Ganier Ridge and South Cove Trails. We usually walk at a moderate pace and finish up around 9 A.M. There are several opportunities to take shorter and flatter alternatives if you want to make it an easier hike. Text Doug Burroughs at 615-587-0085 to register.

Sunday, May 7 – Karl Dupre Memorial Hike, Hidden Lakes Park, Harpeth River State Park, Nashville, TN. 3.0 miles. We will gather at the trailhead at 1 P.M. for a short informal remembrance to honor and celebrate Karl's life. After that, we will hike the trails for a total of 3 miles. There are multiple opportunities to shorten the hike for those who wish to do so. Hidden Lakes Trailhead can be found at 7851 McCrory Lane, Nashville, TN 37221. It is about a mile north on McCrory Lane from Exit 192, 1-40 West. Please contact Nancy Juodenas at 615-319-8811 or njlj1011@gmail.com if you have questions about the hike.

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Nashville Chapter continued

Friday, May 12 – Beaman Park Laurel Woods Challenge Loop, Beaman Park, Ashland City, TN. 14 miles.

Strenuous, for terrain and length. We'll hike the western loop, entering and exiting by the longer, more challenging southern half of the eastern loop. We'll maintain a steady pace as we cross creeks and travel over several ridges. Pack lunch, snacks, and plenty of water. We'll meet at the Highland Trailhead parking lot. Plan for 9-10 hours trail time. This hike is for TTA members and guests. You must register in advance with Mark for details and updates: midtn@tnhiker.net (615) 669-3221. An alternative date for inclement weather: Friday, May 19th.

Tuesday, May 23 - Annual Nashville Chapter Picnic, Edwin Warner Park, Nashville, TN. Meet at Shelter 6, from 4:00 P.M. CT until sunset. Following a potluck meal at 5:30 P.M., we'll take a twilight walk on the park roads. The chapter will provide tableware, napkins, and ice, but we encourage you to bring your own non-disposable "mess kits" as a more sustainable alternative. You might want to bring a folding chair. For the walk, you will want a flashlight or headlamp. This is the only chapter meeting that also includes a hike, so bring along friends! When coming down Vaughn Road, turn at Edwin Warner Park Picnic Area (turn right if you are coming from Old Hickory Blvd direction and turn left if you are coming from Sneed Rd direction). Look for the TTA Banner. Contact Libby Francis, libbyslibbys@comcast.net, 615-319-7501.

Thursday, May 25 -- Collins Gulf Trail to Horsepound Falls, South Cumberland State Park, Gruetli-Laager, TN. 6-9 plus miles. Difficult, due to rocky terrain, possible stream-crossing challenges, and elevation changes. We will hike past West Collins campground, then Suter Falls before our arrival at Horsepound Falls. If the group chooses, we may continue hiking down to Schwoon Springs before returning to the trailhead. Bring water, snacks and lunch, sturdy hiking boots, and clothing appropriate for the weather. Trekking poles, and water shoes (for possible creek crossings) are recommended. Contact Doug Burroughs at (615) 587-0085 (text or leave a message) to register and for more information

May 27 -- Nashville Urban Hike, Nashville, TN. Approx. 4.5 miles. Easy. We will start at 8 A.M. to beat the heat and finish at about 11 A.M. Meet at War Memorial Plaza for a prompt 8 A.M. start, in the courtyard near the WWI statue. We will begin with a short walk around our magnificent state capitol building. Next, we see a bit of old Nashville along Union Street and through Bankers Alley over to the Fort Nashboro site and Riverfront Park, down towards lower Broadway. We will circle the Schermerhorn symphony hall building and climb stairs up onto the Siegenthaler pedestrian bridge, going across halfway for a wonderful view of the Cumberland River. Returning, we walk up 2nd Avenue observing the rebuilding efforts, then take a left along Church Street to return to our starting area. Contact Tom Vickstrom at 615.405.6713.

Planning Ahead:

Friday, June 2 – Celebrate National Trails Day with the next TTA volunteer day at Beaman Park, Ashland City, TN. 9:30-11:30 A.M. Meet at 9:30 A.M. at the Beaman Park Nature Center. Activities include invasive removal, trail rehab, or whatever the ranger needs. Please consider helping and please contact Wendy Fish: 4fishies@comcast.net or 615-268-4586. National Trails Day is June 3 and is organized by the American Hiking Society (TTA is a member) to promote public events that advocate for, maintain, and clean up public lands and trails. Other future 2023 Beaman Park volunteer days are Sept 8 and Dec 1.

Saturday, June 27 – Nashville Chapter Meeting, REI Brentwood, TN, 6 P.M. Florida is one of the nation's top birding destinations. Last spring, TTA members Kevin Bowden and Danny Shelton spent a week in some of that state's best bird-watching spots- from lakes and wetlands to seashores, to water treatment facilities. Join them as they share Danny's photos and videos of familiar and less well-known birds while Kevin shares insights into the state where he has birded for over twenty years. And you won't even need binoculars for this! Join us for dinner prior to the meeting at Jason's Deli, next to the REI, at 5:00. Contact Doug Burroughs, at 615-587-0085, for details.



PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Bill Wisniewski - 931-335-9360 - tplateau68@tennesseetrails.org

OUTINGS COORDINATOR: Deb Westervelt - 931-267-2243 - tplateauhikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 P.M. CT

The TTA Plateau Chapter hikers are adding new Cumberland County, walk at your pace, hikes that are typically one to three miles in length. If you have participated in the annual Cumberland County Marathon at any time you will know these trails are in and around Crossville. One of the Chapter members will lead each hike. These walks/hikes are designed for beginners and folks who don't have a lot of time to travel to distant trails or folks who want to get outdoors for exercise. Walking on trails is much kinder on knee and hip joints than walking on hard pavement.

All our hikes can be found in the Chronicle Scene Section calendar, on our website <https://tennesseetrails.org/chapters/plateau-chapter/>, or on our Facebook Group page: TTA PLATEAU CHAPTER CROSSVILLE. We look forward to Walking in the Woods with you.

Monday – Wednesday, May 1-3 - CT Arch Mt to Ross Gap Frozen Head Backpacking. This Section of the CT is **20.03. Strenuous, 7 miles/day.** We'll be starting at the Cave Branch Smokey Road Trailhead and ending our journey at the Ross Gap Trailhead. We will be primitive camping both nights (no official camping area). Transportation and departure time details are to be determined. The shuttle cost is \$10. Persons 18 and over, members and non-members welcome. Sign up with Lora McBride at lmcbride1009@gmail.com or text 423-618-0089. Departure details TBD.

Wednesday, May 3 - Lookout Tower West and Bird Mountain Trails Loop, Frozen Head State Park, Wartburg, TN. Joint hike with Upper Cumberland Chapter. Hikers will meet up with the May 1-3 Backpackers on the trail. **Long Hike:** From the Big Cove Trailhead hike up Lookout Tower West returning on the Bird Mountain Trail back to Big Cove. **7 miles. Moderate/strenuous** because of elevation change. **Short Hike: 5 miles. Moderate** in/out on the Lookout Tower West Trail. Don't forget tick/bug spray and sunscreen. Bring water (electrolytes), lunch, and snacks. Persons 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. central from the west parking lot Landers Crossing (Outlet Mall) on Interstate Drive next to Bucce's in Crossville, Gas cost \$5. Hike leader Bill Wisniewski 931-335-9360 or email tachairperson68@gmail.com

Saturday, May 6 - BSFNRA - Middle Creek Loop, Needle Arch, and Slave Falls Loop. Jamestown, TN. Joint adventure with Upper Cumberland Chapter. SHORT HIKE: 4 miles in/out. Moderate. Long Hike: 8 miles. Moderate with a short strenuous climb up from Slave Falls. The hike includes multiple rock houses, Slave Falls, Indian Rockhouse, and Needle Arch. Requires a car shuttle. Bring water, lunch, and a snack. Don't forget tick/bug spray and sunscreen. Persons 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart at 7:30 A.M. CT from Crossville Cracker Barrel's rear parking lot. Gas cost \$6. For additional information contact Cheryl Heckler, by text/or by calling 931-200-7436.

Saturday-Sunday, May 6-7 - BSFNRA Charit Creek Lodge Overnight, Jamestown, TN. Joint hike with Upper Cumberland Chapter. Hike both Saturday and Sunday. **SAT Hike:** Middle Creek, Needle Arch and Slave Falls 5.6 miles. Moderate. Drive to Charit Lodge parking area then hike 1 mi to the Lodge. **SUN Hike:** TBD Don't forget tick/bug spray and sunscreen. Bring a washcloth, a small towel, water (electrolytes), lunch, and snacks. Persons 18 and over, members and non-members welcome. Depart at 7:30 A.M. central. Carpool arrangements TBD. For additional information contact Deb, text/call 931-267-2243, or email tplateauhikes68@tennesseetrails.org.

Sunday, May 7 - Seven Bridges, Fairfield Glade Community, TN. 2.1 Mile. Easy. Seven Bridges Trail is a 2.1-mile lightly trafficked loop trail located near Crossville, Tennessee that features a great forest setting. The trail is good for all skill levels. The trail has interesting rock formations and SEVEN bridges built by volunteers. It is a "lollipop" configuration. Dogs are welcome but must be kept on a leash. Parking for the trailhead is located at the northern parking lot of the Methodist Church on Westchester Drive. Meet at 10 A.M. Hike the Soldier Beach Trail first at 4:15 P.M. Bring a side dish or dessert to share, and your own drinks and meat to grill. The Chapter will supply the charcoal, plates, and plasticware. Please email or text Bill tachairperson68@gmail.com at 931-335-9360 for info.

Continued on the next page

Plateau Chapter continued

Wednesday, May 10 - CT Hebbetsburg Section, Yellow Gate to Keyes Rd. Crab Orchard, TN. 5-miles. Moderate

The hike drops down to Daddy's Creek where you follow the Creek for 2 miles before climbing back to the ridge on Keyes Rd. Requires a car shuttle. Persons 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart at 7:30 A.M. central from SW parking lot Landers Crossing (Outlet Mall) on Interstate Drive next to Bucce's in Crossville then carpool to Fairfield Glade. For those living in Fairfield Glade meet at the Saint Francis of Assisi Catholic Church parking lot at 7:45 A.M. Don't forget tick/bug spray and sunscreen. Bring water (electrolytes) and snacks. Carpool gas cost \$2. For additional information contact Deb, text/call 931-267-2243, or email tplateauhikes68@tennesseetrails.org.

Thursday, May 11 - Plateau Chapter Spring Picnic at Meadow Park Lake, Crossville, TN. The picnic starts at 5 pm. Hike the Soldier's Beach Trail first at 4:15 P.M. Bring a side dish or dessert to share, and your own drinks and meat to grill. The Chapter will supply charcoal, plates, and plasticware. Please email or text Bill tchairperson68@gmail.com at 931-335-9360 for info.

Sunday, May 14 - Soldier's Beach, Crossville, TN. Soldier's Beach Trail at Meadow Lake is a 1.9-mile lightly trafficked loop trail located near Crossville, Tennessee that offers the chance to see wildlife and is good for all skill levels. Dogs are welcome but must be kept on a leash. Meet at 10 A.M. at 1437 City Lake Rd, Crossville, TN 38572

Wednesday, May 17 - CT Devil's Breakfast Table to Peavine Rd, Hebbetsburg, TN. Joint hike with Upper Cumberland Chapter. Short Hike: 4 miles. Moderate in/out. Long Hike: 8 miles. Moderate/strenuous. Requires a car shuttle. Don't forget tick/bug spray and sunscreen. Bring water (electrolytes), lunch, and snacks. Persons 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CT from SW parking lot Landers Crossing (Outlet Mall) on Interstate Drive next to Bucce's in Crossville then carpool to Fairfield Glade. For those living in Fairfield Glade meet at the Saint Francis of Assisi Catholic Church parking lot at 7 A.M. Carpool gas cost \$2. For additional information contact the hike leader, Deb, by text/call 931-267-2243 or email tplateauhikes68@tennesseetrails.org.

Sunday, May 21- Central Spine, Fairfield Glade Community, TN. The Central Trail in Fairfield Glade is a network of paved walking trails. It is a mixture of delightful trails meandering through woods alongside streams and more functional sidewalks. There are multiple access points to this network many of which have ample parking. 3711 Wilshire Heights Drive Crossville, TN 38558. Meet at 10 A.M.

Wednesday, May 24 - CT Hebbetsburg Rd Section Powerlines to Yellow Gate. 4 miles. Easy/moderate. This hike through the woods past a rock house where a family lived back in the 1950s. Requires a car shuttle. Don't forget tick/bug spray and sunscreen. Pack water (electrolytes) and snacks. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. Central from SW parking lot Landers Crossing (Outlet Mall) on Interstate Drive next to Bucce's in Crossville then carpool to Fairfield Glade. For those living in Fairfield Glade meet at the Saint Francis of Assisi Catholic Church parking lot at 7:45 A.M. For additional information contact the hike leader Melissa text 763-742-2934. Carpool gas costs \$2.

Sunday, May 28 - Daddy's Creek Trailhead. 2.2 miles. Easy. Daddy's Creek Trailhead Overlook is a 2.2-mile lightly trafficked out-and-back trail located near Crab Orchard, Tennessee that features a river and is good for all skill levels. The trail is primarily used for hiking and nature trips and is accessible year-round. Cumberland Trail, Daddy's Creek Section, Crab Orchard, TN 37723. Meet at 10 A.M.

Wednesday, May 31 - CT Black Mountain, Crossville, TN. Joint hike with Upper Cumberland Chapter. Long Hike: 7 miles. Moderate. The hike is from HY 68 up to the boulder cliffs and back including a side trail to Windless Cave. **Short Hike: 4.5 miles. Moderate** in/out including Windless Cave. Don't forget tick/bug spray and sunscreen. Bring water (electrolytes) and snacks. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. central from Central Baptist Church, South Main St in Crossville. Carpool gas costs \$2. For additional information contact the hike leader, Cyn Hartlieb text at 717-571-4120.

Thursday, June 1, Stonehenge Trail. 3.1 miles. Easy. Stonehenge Trail is a 3.1-mile lightly trafficked out-and-back trail located in Fairfield Glade that features a great forest setting and is good for all skill levels. Dogs are welcome but must be kept on a leash. The trail winds north through woods, crossing a small seasonal creek a couple of times. Volunteers built two bridges to make it easier to cross at times of high water. The trail starts or ends at the Heatherhurst Golf Club's lower parking lot. Meet at 5:30 P.M.

SCENIC CITY CHAPTER (Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett - 423-309-7879 - ttasceniccity68@tennesseetrails.org

OUTINGS COORDINATOR: Betsy Darken - 423-718-2060 - ttasceniccityhikes68@tennesseetrails.org

MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 P.M. ET

Tuesday, May 2 – Greeter Falls Loop/Greeter Trail, Altamont, TN, 3.2 miles. Moderate, 550 ft elevation gain. This trail combination features Upper and Lower Greeter Falls, Boardtree Falls, and one of the best views in this natural area, Big Bluffs Overlook, with two panoramic vistas. To the left, Big Creek Gulf stretches into the distance. To the right, Greeter Gulf approaches its confluence with Big Creek Gulf. Big Bluffs Overlook is our lunch spot. After our hike we can cool off at Blue Hole, a great swimming hole. Bring water, snacks, and lunch. Sturdy hiking boots and hiking sticks are recommended. Please meet at 9:30 A.M. EDT in the Greeter Falls Parking lot, 550 Greeter Falls Road, or, for those carpooling from Chattanooga, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with Joan Hartvigsen, 931-636-2914 or jhartvigs@comcast.net.

Saturday, May 6 – Big Frog Mountain, 10.8 miles. Difficult, 2320' elevation gain. This is the highest mountain in the area, with some good views. We'll first enjoy a drive past beautiful Parksville Lake (aka Ocoee Lake) and then admire the rafts and kayaks and other whitewater craft working their way down the wild Ocoee River. We'll head into the woods on Forest Road 45 by Thunder Creek. Three miles later, turn right onto FR 221 and find the trailhead in half a mile. Both forest roads are in good shape. So is the Big Frog Trail, which has a mostly steady grade up the mountain, through a thick forest and very impressive rhododendron tunnels. Pat yourself on the back when you finish this one. Check the weather forecast and choose appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. For carpooling/caravanning from Chattanooga, meet in the parking area near the gas station at Food City in Ooltewah, right off I-75 exit 11, at 8:30 A.M. ET. <https://bit.ly/3dwmbxn> Please register with hike leader Betsy Darken, (423) 718-2060.

Tuesday, May 9 – Friday, May 12: Spring Outing in western North Carolina! Several days of hikes at various levels of difficulty. Limited space. Please contact Chapter Chair Jane Ellett, at (423) 309-7879, for more details.

Saturday, May 13 — Coker Creek Falls. 6.5 miles. Moderate, 590' el. gain, with an optional second hike to Turtletown Falls Trail, 3.8 miles, 570' elevation gain. A great hike along rowdy creeks, but with several blowdowns to get over, through, or around. Check the weather forecast and choose appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. Meet at 8:30 A.M. at Food City in Ooltewah, east of exit 11 from I-75. Please register with hike leader Betsy Darken, at 423-718-2060. Bring lunch and the other summer essentials.

Tuesday, May 16 — Window Cliffs Trail. 5.3 miles. Moderate, 660' el. gain, out-and-back. A popular trail with a LOT of creek crossings, a waterfall, and cliffs with holes ("windows"). How often do you get to see holes in cliffs, to say nothing of crossing the same creek multiple times? Bring good water shoes, preferably ones that you can use for both creek crossings and hiking. Also bring lunch, bug repellent, sunscreen, and other summer essentials. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com.

Saturday, May 20 — Sewanee Perimeter Trail: Roark's Cove Road to the Forestry Cabin. 6.2 miles. Easy/moderate, out-and-back, with a 200' elevation gain. Roark's Cove Road in Sewanee is scenic and quiet with water often streaming from the top of the ridge, enhancing the beauty of our walk. We will access the Perimeter Trail from the road via a short climb that is rocky in places. The trail quickly turns into rolling terrain with a couple of minor creek crossings. We will take a side trip to KA Point, one of the prominent lookout spots on the Perimeter Trail, and then continue to the 50-year-old forestry cabin. The cabin sits on the edge of the bluff, well situated for a breathtaking view. There are picnic tables and even a porch swing, perfect for stopping for lunch before we return to our cars. Check the weather forecast and choose appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jacket, sunscreen, flashlight/headlamp, and insect repellent as needed. Limited parking is available. For carpooling/caravanning from Chattanooga, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader, Delores Ladd at 214-422-7206 (texts only) or ladddelores@gmail.com. Cost to carpool is \$5.

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Scenic City Chapter continued

Tuesday, May 23 — Cloudland Canyon SP: Overlook Trail to West Rim Loop Trail. 4.8 miles. Easy/moderate, 730' elevation gain. This trail wins the prize for the most numerous and most spectacular overlooks of any trail in our area! Check the weather forecast and choose appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jacket, sunscreen, flashlight/headlamp, and insect repellent as needed. For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 8:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with hike leader Will Latham, (704) 365-8889.

Saturday, May 27 — Pogue Creek Overlook and Upper Canyon Trails. 6.3 - 8 miles. Moderate/strenuous 1460' el. Gain. Very impressive rock formations, especially Killdeer Arch (stolen from Utah), along with awesome views! Check the weather forecast and choose appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jacket, sunscreen, flashlight/headlamp, and insect repellent as needed. For carpooling/caravanning, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 8.30 A.M. ET. <https://bit.ly/3Qjdc0S> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com.

Tuesday, May 30 — Chattanooga-Chickamauga Battlefield: Hunt Cemetery Trail, 3.0 miles. Easy/level. Check the weather forecast and choose appropriate layers; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jacket, sunscreen, flashlight/headlamp, and insect repellent as needed. Meet at the lower parking lot at the Battlefield Visitors Center at 8:30 A.M. Please register with hike leader Dave Graham, 423-315-7886

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs - 803-634-3470 - tsumnertrails68@tennesseetrails.org

OUTINGS COORDINATOR: Donna Hobbs - 803-634-3470 - tsumnertrailshikes68@tennesseetrails.org

Tuesday, May 2 – Hidden Springs Trail, Cedars of Lebanon State Park. 4.2-mile loop. Easy/moderate, 167 ft. elevation gain. The trail passes a spring-fed creek that empties into a sinkhole. Parking and restrooms at the trailhead. Dogs on leashes are welcome. Once in the park, follow Cedar Forest Rd past the Park Office, campgrounds, and lodge, to the intersection with a road that comes from the cabins and pool. Veer right and turn right again after a few hundred feet. The picnic ground and parking area are a short distance on the right. Bring your lunch and we will picnic after our hike. Those carpooling or caravanning, meet in Gallatin beside the Gallatin Chick-fil-a in front of Walmart at 9:00 A.M. or at the trailhead at 10:00 A.M. If meeting at the trailhead or for additional information, contact David Hobbs at 803-634-3470.

Wednesday, May 10 - Springfield Greenway. 4.2 miles. Easy. Level and paved, mostly along Sulphur Fork Creek, 2.1 miles each way from the Garner Street Park trailhead, 200 North Garner St., Springfield, TN 37172 to J. Travis Price Park with its lake and historic log cabin. Good restrooms at both ends of the trail. Dogs welcome. Lunch to follow at a local restaurant. Meet to caravan at Glenbrook Kroger, 1010 Glenbrook Way, Hendersonville at 9 A.M., or meet us at 10 A.M. at the trailhead. Contact John at 925-759-0517 or Donna at 925-759-0518 if you intend to meet at the trailhead or need additional information.

Tuesday-Thursday, May 16-18 - On Tuesday, May 16 we will drive to Cumberland Gap National Park (approximately 4 hours) and get information on hikes we might want to take in the area. From there we can drive the four-mile-long road up to Pinnacle Overlook, elevation 2,440 feet to view Kentucky, Virginia, and Tennessee. Then we will make our way to Pine Mountain State Resort Park where we have reservations for the nights of May 16 and 17. We will sightsee and hike the area on Wednesday and Thursday before driving home on Thursday. Please email Marcia Powell at mpow1221@gmail.com to confirm that you are going on this two-night adventure. We can arrange for carpooling when we know who is going.

Continued on the next page

Wednesday, May 24 - Buggytop Tail/ Lost Cove Cave/ Sherwood Forest trail, South Cumberland State Park. Buggytop to Lost Cove cave in & out including walking through the cave will be 4.0 miles. Moderately challenging, due to trail & 900 foot elevation. The trail will take us through the cave, so lights will be needed, preferably a headlamp. No crawling or climbing required to explore cave. Then we will travel to Sherwood Forest trailhead, a 2.7-mile loop, considered easy. A permit is required to enter the cave so the hike leader will need the names of hikers 3 days prior to the hike for permit request. Lunch will be between the hikes. Bring lunch, snacks, water, hiking poles, and a light. Those carpooling or caravanning, meet in Gallatin beside the Gallatin Chick-fil-a in front of Walmart at 8:00 a.m. or the Buggytop trailhead (35.11517, -85.92524) at 10:00 A.M. If meeting at the trailhead or for additional information, contact Wayne Drown at wetdrown@bellsouth.net or call or text 803-646-0972.

Wednesday, May 31 - Rotary Park, Clarksville. 3 miles. Easy/Moderate. 9:00 A.M. The trail mostly winds through wooded areas with some roots and hills. Hiking poles are recommended. Dogs on leashes are welcome. There are restrooms at the Nature Center. Meet at the Glenbrook Kroger Parking lot a little before 9:00 A.M. to carpool or caravan. We will leave the Glenbrook Kroger at 9:00 A.M. If meeting at the trailhead at 10:00 A.M., call or text Ron at 615-483-3774 or Judy Jenkins at 615-403-0002.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER CHAIR: Cathy Moran 931-544-2764 - ttauppercumberlandhikes68@tennesseetrails.org
OUTINGS COORDINATOR: Cathy Moran 931-544-2764 - ttauppercumberlandhikes68@tennesseetrails.org

Wednesday, May 3 - Lookout Tower West and Bird Mountain Trails Loop, Frozen Head State Park, Wartburg, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, May 6 - BSFNRA - Middle Creek Loop, Needle Arch, and Slave Falls Loop. Jamestown, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday-Sunday, May 6-7 - BSFNRA Charit Creek Lodge Overnight, Jamestown, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, May 17 - CT Devil's Breakfast Table to Peavine Rd, Hebbertsburg, TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, May 31 - CT Black Mountain, Crossville. TN. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.



OFFICERS:

President

Duane Frichtl 309-830-9720
ttapresident68@tennesseetrails.org

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Michelle Kelley 901-484-2998
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June Callahan 615-945-7462
ttatreasurer68@tennesseetrails.org

Secretary

Susan Woods 731-441-8066
ttasecretary68@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Mark Hubbard (2025) 615-715-1517
ttaboard68@tennesseetrails.org

Wayne Drown (2025) 803-646-0972
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Susan Woods (2025) 731-441-8066
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Terry Warren (2023) 731-535-0625
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Middle TN

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East TN

Will Latham (2024) 704-365-8889
ttaregionaleast68@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Mary Lewis Tims 731-780-5550
ttaeditor68@tennesseetrails.org

2023 TTA Board of Directors Meetings

All members are invited to attend board meetings
Contact Duane Frichtl for the link to join Zoom meetings

Tuesday, Feb 7, 6:30 PM CT Zoom Video Conference

Tuesday, May 2, 6:30 PM CT Zoom Video Conference

Tuesday, Aug 1, 6:30 PM CT Zoom Video Conference

Friday – Sunday, Oct 20 - 22 Natchez Trace State Park Annual Meeting



Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on or before the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.



YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,

Cheryl Heckler 931-200-7436 ttamembership68@tennesseetrails.org

May 23

Please Mail This Form To:

Membership Director

P.O. Box 41446

Nashville, TN 37204-1446

PLEASE PRINT CLEARLY.

____ Individual \$25.00

____ Family \$35.00

____ Student (FULL TIME) \$15.00

____ Supporting (\$50.00, \$100.00 or more)

____ Life Member (Individual) \$500.00

____ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Phone () _____ Zip _____ -- _____

E-mail (required) _____

For privacy, please do not list the following in the TTA Annual Membership Directory

- ☐ E-mail addresses
- ☐ Mailing address
- ☐ Telephone numbers

Please list me with the following chapter:

- | | |
|--|---|
| ____ Clarksville | ____ Murfreesboro |
| ____ Columbia/Franklin | ____ Nashville |
| ____ East TN (Oak Ridge/Knoxville) | ____ Plateau (Crossville) |
| ____ Highland Rim (Manchester/Tullahoma) | ____ Scenic City (Greater Chattanooga Area) |
| ____ Jackson | ____ Sumner Trails (Sumner County) |
| ____ Memphis | ____ Upper Cumberland (Sparta/Cookeville) |
| ____ | ____ At Large |

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!