# TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION
We are hikers and advocates that have helped to build, maintain,

and promote the responsible use of Tennessee trails since 1968.

SUPPORTING THE CUMBERLAND TRAIL

## SAVE THE DATE - 2023 TTA ANNUAL MEETING

The Jackson and Memphis Chapters will host the TTA Annual Meeting on October 20-22, 2023, at Natchez Trace State Park, 567 Pin Oak Lane, Wildersville, TN 38388.

**Lodging:** The Lodge at Natchez Trace sits on scenic Pin Oak Lake just a few miles off I-40 between Jackson, TN and Nashville. There are 48,000 acres of public lands and lakes surrounding the Lodge, making it a true outdoor wilderness in West Tennessee. The Park is holding 41 Inn rooms until September 5, 2023. Individuals can make online reservations by using: <a href="mailto:tnstateparks.com">tnstateparks.com</a> (search: Natchez Trace) or call (800) 250-8616. Identity yourself as a Tennessee Trails Association member (or use code 3568) at the time of reservation. Reservations require the first night's room/tax at the time of reservation with the remaining balance due upon check-in.

Also available at the above number or website are standard one-bedroom cabins and deluxe two-bedroom cabins that include kitchens.

To reserve a site at one of their 4 campgrounds call: (731) 968-3742.

**Meals:** Inn rooms include a continental buffet breakfast. Cabins and campgrounds do not. Reservations must be made for Friday and Saturday buffet dinners and Saturday and Sunday Sack lunches on the registration form.

#### Menu:

#### Friday Dinner - Buffet Style

Southern Fried Catfish with Hushpuppies

Roast Beef

Coleslaw, Mashed Potatoes, Corn on the Cob, Tossed Salad, Bread

Banana Pudding

Tea, Coffee, and Water

#### Saturday Dinner - Buffet Style

Grilled Chicken Breast

Vegetarian Lasagna

Rice Pilaf, Green Beans Broccoli and Cheese, Tossed Salad, Bread

Peach Cobbler

Tea. Coffee and Water

#### Sack Lunch

Sandwich (select Turkey or Cheese)

Chips, Cookie, Fruit

**Hikes:** Hikes will be in the state park and near the area.

#### **FRIDAY**

Carroll Cabin Barrens State Natural Area, Easy, 3 miles.

Mousetail Landing Scenic Trail, Easy, 3 Miles.

Natchez Trace State Park, Cub Lake, Moderate, 4.8 miles.

Natchez Trace State Park, Maple Creek Lake Trail, Moderate, 5.7 miles.

Natchez Trace State Park, Pin Oak Lodge, Moderate, 2.5 miles.

#### **SATURDAY**

Natchez Trace State Park, Cub Lake, Moderate, 4.8 miles.

Natchez Trace State Park, Maple Creek Lake Trail, Moderate 5.7 miles.

Natchez Trace State Park, Cub Lake Recreation Lodge to Pin Oak Lake, Difficult, 8.8 miles.

Natchez Trace State Park, Pin Oak Lake, and Brown's Creek Lake Trails, Difficult, 8.7 miles.

Mousetail Landing State Park, Eagle Point Trail, Difficult, 8 miles.

Pinson Mounds State Park, Easy, 4 miles.

Chickasaw State Park, Moderate, 5 miles.

Nathan Bedford Forrest State Park, Moderate, 6 miles.

Shiloh National Military Park, Compass Hike, Difficult, 5 miles.

Shiloh National Military Park, Historic Hike, Moderate, 5 miles.

Ross Forest, Moderate, 5 miles.

Johnsonville State Historic Park, Moderate, 4 miles.

Big Hill Pond State Park, Moderately Difficult, 8 miles.

#### **SUNDAY**

Lady Finger Bluff, Easy, 2.7 miles.

Chickasaw State Park, Moderate, 5 miles.

Natchez Trace State Park, Pin Oak Lodge, Moderate, 2.5 miles.

Pinson Mounds State Park, Easy, 4 miles.

Montgomery Bell State Park, TBD.

**Annual Membership Meeting:** TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters. New TTA Board Members will be elected for 2024. Your attendance and participation are encouraged. We need a quorum to make decisions as an organization that best supports our mission and our growth.

**Fundraising:** Silent Auction, Bake Sale, and Sale of TTA T-shirts. There will be no White Elephant sale and no bar will be available due to state park regulations. You may bring your own alcohol for your individual room or order beer and wine at the restaurant.

Members of the Jackson and Memphis Chapters are looking forward to hosting hikers from across Tennessee.

## CALL FOR AWARD NOMINATIONS

The TTA Awards Committee is calling for nominations for awards to be presented at the 2023 Annual Meeting at Natchez Trace State Park, Pin Oak Lodge, Wildersville, TN, Oct 20-22. Please forward your nominee's name, the award for which you are nominating the individual or organization, and a brief description listing accomplishments, to Michelle Kelley, the committee chair by July 1st. Her email address is vicepresident@tennesseetrails.org. The following are the descriptions of each award.

The Tennessee Trails Award recognizes the accomplishments and contributions of individuals and organizations to the furtherance of TTA's objectives. This award is not necessarily presented each year and may recognize either individual members, nonmembers, or organizations.

**The Bill Stutz Award** honors the memory of Bill Stutz, a much-beloved hiker who played an active role in the early days of TTA. The award is to be presented to an active hiker and TTA member for his or her individual contribution to the Association or to one of its chapters.

**The Bob Brown Lifetime Achievement Award** honors the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. TTA may present this award from time to time to others for similar lifetime leadership and contributions.

**The Mack Prichard Environmental Award** is a tribute to Mack Prichard, one of the founders of the Tennessee Trails Association and the Tennessee State Naturalist, Emeritus. It is presented from time to time to an individual for their outstanding leadership, contributions, and achievements in sharing their knowledge about environmental and conservation issues, specifically relating to trails and hiking in Tennessee.

#### **REGISTRATION FORM**

## Annual TTA Meeting, October 20-22, 2023 Registration is due on or before September 19, 2023

Please provide t	the name of each mem	ber of your family att	ending:			
Name:						
Name:						
Address:						
		Chapter:				
Email:					•	(4)
			x \$45.00 per person		\$	(1)
MEALS: (Vegeta	arian requested yes / n	o (circle one))				
Friday dinner	# of people	ex \$32.	00 per person		\$	(2)
Friday dinner # of people Saturday dinner # of people			x \$32.00 per person		\$	(3)
SACK LUNCHES:	: Includes a sandwich,	chips, cookie, and fru	iit. Circle one: Tu	irkey or Ch	eese	
Saturday lunch		e x \$15.			\$	(4)
Sunday lunch	# of people	e x \$15.	5.50 per person		\$	(5)
		Registration	and meal(s) TOT	'AL (1)	<b>\$</b>	
T-shirt Order (c	ircle your choices) <b>Shirt</b>	s are unisex, 100% p	olyester, moistu	re wicking,	, stain, and odor resist	ant
Short Sleeve: S	mall Medium	all Medium Large		XXLar	ge XXXLarge \$	
	# of shirts	x \$22.00 per shi	rt		\$	(6) <b>Long</b>
Sleeve: Small	Medium La	rge XLarge	XXLarge	XXXLa	arge	
	# of shirts	x \$25.00 per sh	irt		\$	(7)
			T-shirt TOTA	L (2)	\$	======= (6-7)
TTA Donation			Donation TC	TAL (3)	\$	
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	OTAL DUE (registra	ation, meals, 1-sn	irt, and TTA D	onation	(1-3) \$	(total here
·		herington, PO Bo	x 17476 Mem	phis, TN,	38187	
	mation: Lynne Wither	· ·	•		_	

REFUND POLICY: All cancellations and requests for a refund must be made in writing. No Refunds after September 19, 2023. (Consider it your contribution to TTA). Persons canceling before September 19 will be refunded in full, less the Registration Fee.

## TTA ANNUAL MEETING BRIEF SCHEDULE PIN OAK LODGE, NATCHEZ TRACE STATE PARK

Times are Central Time Zone

#### FRIDAY, OCTOBER 20, 2023

1:00 p.m. Meeting registration opens and the afternoon hikes commence

4:00 p.m. Lodging check-in

5:00 p.m. Dinner at Pin Oak Lodge

7:00 p.m. Evening Activities

#### SATURDAY, OCTOBER 21, 2023

7:00 a.m. Breakfast

8:00 a.m. Hikes depart from Pin Oak Lodge

5:00 p.m. Dinner at Pin Oak Lodge

6:00 p.m. General TTA Membership Meeting

6:00 p.m. Silent Auction Ends 7:00 p.m. Evening Activities

#### SUNDAY, OCTOBER 22, 2023

7:00 a.m. Breakfast

8:00 a.m. Hikes depart and TTA Board Meeting starts

10:00 a.m. Cabin checkout deadline

11:00 a.m. Deadline for checking out of rooms @ lodge/inn

## Found your passion in TTA? Consider your expertise. Are you willing to serve?

The Nominating Committee is looking for people willing to serve on the Tennessee Trails Board of Directors. We have 3 vacancies to be filled at the 2023 Annual Meeting to serve during the subsequent calendar year. Two are Directors at Large and one is a Regional Director. The term for each Director is 3 years. The business of the Association shall be conducted by the Board of Directors. If you are interested in serving Tennessee Trails in this capacity, contact Nominating Committee Chair, Libby Francis, ttaboard68@tennesseetrails.org.





### **Evan Means Grant Program**

TTA's Board of Directors accepts Evan Means Grant submissions at quarterly board meetings. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee. Deadlines for 2023 are January 1, April 1, July 1 and October 1.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application. Grant requests less than \$1,000 are encouraged. However, if a project requires additional grant money, considerations will be made. Guidelines and applications can be found on the TTA website at www.tennesseetrails.org, under "Get Involved".

The Evan Means Grant Program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

### **CLARKSVILLE CHAPTER**

CHAPTER CO-CHAIRS: Paula Sanders - 954-993-5541 and Suva Bastin - 931-645-2849

ttaclarksville68@tennesseetrails.org

**OUTINGS COORDINATOR:** Paul Schwab - 931-801-9484 (call Paul & volunteer to lead an outing)

ttaclarksvillehikes68@tennesseetrails.org

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Wade Bourne Nature Center, 2308 Rotary Park Dr., Clarksville, TN 37043.

Please call hike leaders to confirm the hike time and meeting place.

**Saturday, June 3 - Rotary Park National Trails Day.** We will pick up litter. Bring a garbage bag. Meet at 8 A.M. CDT at the 1st parking lot on the left as you enter the park. Contact Ed Oliver at 931-561-9946.

**Wednesday, June 7 - Dunbar Cave State Park.** Long Trail. 2.5 miles. Moderate. Most of the trail is on natural turf. There are a few concrete steps. Dogs are permitted if on a leash. The trail goes through pretty woods and passes sinkholes, limestone bedrock, a 15-acre Prairie Restoration Project, and a 15-acre Lake. Trekking poles are recommended. Meet at 9 A.M. CDT at the trailhead picnic table. Contact Suva Bastin at 931-645-2849.

Saturday, June 10 Hike with another chapter.

Saturday, June 17 - Black Mountain to Ozone Falls. 6.7 miles. Difficult due to steep climbs and descents. Requires a car shuttle. The trail is on natural turf through the woods. Trekking poles are recommended. You will see beautiful rock bluffs, huge gardens of cinnamon and glade ferns, wildflowers, and 110-foot Ozone Falls. Bring your lunch. Meet at 7 A.M. CDT, I 24 Exit 11 new commuter parking lot ~162 miles to the trailhead. Contact Paul Schwab at 931-801-9484.

Tuesday, June 20 Monthly Chapter Meeting. Meet at 6 P.M. CDT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Potluck supper. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

**Saturday, June 24 - Johnsonville State Historic Park. 3.5 total miles. Moderate**. We will hike the Butter Cup Trail, a portion of the Gunpowder Trail. And out and back on an old railroad bridge that goes out into the lake. Ninety percent of the trail is in pretty woods on natural turf. The surface of the old railroad bridge is concrete. Dogs are permitted if on a leash. Trekking poles are recommended. There is a restroom in the park office. Bring your lunch. Meet at 8 A.M. CDT at the Big Lots parking lot. ~55 miles to the trailhead. Contact Paul Schwab at 931-801-9484.

## COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey - 615-516-6551 and Marvin Caine - 931-486-1632

ttacolumbia68@tennesseetrails.org

OUTINGS COORDINATOR: Jane Coffey - 615-516-6551

ttacolumbiahikes68@tennesseetrails.org

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 P.M. Meeting at 7:00 P.M.

**Tuesday, June 6, 2023 - Columbia/Franklin Quarterly Meeting -** Barnabas Center, St. Paul's Episcopal Church (506 Fair Street, Franklin, TN). Join us at 6 P.M. for social hour and 7 P.M. for the meeting. We need to discuss hiking during the summer in Tennessee. We want to listen to your ideas and thoughts. The annual meeting is being held in western Tennessee later this year.

**Saturday, June 3, 2023 - National Trails Day.** Pick a park in TN and plan to hike with a ranger on that day. It's a great way to discover a new state park and learn new information about the TN state park system. In the past, we have traveled to Henry Horton State Park and hiked there. It is easy to navigate to Henry Horton and they have always had interesting rangers who will explain the local flora and fauna.

**Saturday, June 10, 2023 - Fiery Gizzard to Sycamore Falls.** To reach Sycamore Falls, cross the bridge and merge onto the Fiery Gizzard Trail. You'll now be following Big Fiery Gizzard Creek. Continue for approximately 0.6 miles until you see the sign for Sycamore Falls. Here you can either follow the spur trail to the top of the falls or scramble down and cross the creek to view the base of the falls. Hike Leader and actual Trail to be announced.

## EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall - 865-985-9144 - ttaeasttennessee68@tennesseetrails.org
OUTINGS COORDINATOR:Tom Cressler - 865-582-5622 - ttaeasttennesseehikes68@tennesseetrails.org

Saturday, June 3 – Big Ridge State Park. 5 miles. In celebration of National Trails Day, we will hike Big Ridge State Park. This park has over 15 miles of hiking trails, but we will hike approximately 5 miles. We will begin our hike at the Lake Trail adjacent to the park office. After about 1 mile, we will cross the lake to get to the other side to pick up the same trail. In another mile, we will get to Snodderly Cemetery and then to Ghost House Trail. We should then connect to Big Valley Trail which will take us to a shuttle car and back to the park office. We'll walk a short distance to a covered shelter where we'll continue to celebrate National Trails Day by enjoying grilled burgers and dogs and a favorite beverage. All spouses and friends are welcome. For those who want to carpool, meet at 9:00 A.M. in the parking area of Ingles on Cedar Lane. Take Merchants Rd to exit off I-75 North. We should arrive at the park office by 10:00 A.M. We should start our grilling at 1:00 P.M. Come celebrate National Trails Day with us. Pre-registration is advised. Call or text Rosie at 865.985.9144 or rosemary I@hotmail.com

Saturday, June 17 - Hike West Perimeter-Whaley-Will Skelton Trails. 5 - 6 miles. Easy. Knoxville Urban Wilderness. The hike is mostly through the woods, with rolling hills, none very steep. About 2 miles will be along the French Broad River with good views. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather-appropriate clothing, a snack, a drink, and a camera. Hiking poles are nice but not necessary. You can view the map by going to <a href="www.outdoorknoxville.com">www.outdoorknoxville.com</a>, selecting Urban Wilderness at the top of the page, and then under printable maps, Forks of the River Wildlife Management Area. The hike will be on the trails in the Wildlife Management Area. The first trail is the West Perimeter Trail which goes to the Whaley Trail and after that, we will follow the river back to the parking lot. We will meet at 9:30 A.M. at the parking lot at the end of McClure Lane. McClure Lane is on the left just after you pass the parking lot for Meads Quarry (see the map referred to above). After the hike plan on stopping on the way back for a meal and refreshments, perhaps at Calhoun's or somewhere in South Knoxville. For specific information about the hike please contact Tom at 588-5622 or leave a message or send an email to cressler@retiree.utk.edu before June 17th.

## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen - 760-703-8115 - ttahighlandrim68@tennesseetrails.org

OUTINGS COORDINATOR: Tom Hartvigsen - 931-962-0811 - jhartvigs@comcast.net (contact Tom & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday

Saturday, June 3 – Stone Door, Big Creek Rim, Laurel Trails Loop, 7 miles. Easy to moderate because of distance. Joint hike with Scenic City Chapter. Savage Gulf State Park. Stone Door Ranger Station, 1183 Stone Door Road, Beersheba Springs, TN. Bring water, snacks, and lunch. Register with Joan Hartvigsen, at 931-636-2914 or <a href="mailto:ihartvigs@comcast.net">ihartvigs@comcast.net</a>. Meet at 7:30 A.M. CDT at the trailhead. This hike features many awesome overlooks of Big Creek Gulf and Savage Gulf. At the end of our hike, we will visit nearby Laurel Falls, where Laurel Creek drops 25 feet into a pool below a lip of rock with a hollowed-out amphitheater behind it.

Sunday, June 4 - Tennessee River Gorge Paddle. 8 miles. Joint event with the Murfreesboro Chapter. Suck Creek boat ramp to Raccoon Mountain boat ramp, Marion County, TN. Meet at the Suck Creek Boat Ramp, 1900 Suck Creek Road, Chattanooga at 8 A.M. CDT to arrange a vehicle shuttle to our takeout at Raccoon Mountain boat ramp. This paddle passes through Prentice Cooper State Forest. We may see Bald Eagles, Osprey, turtles, and otters. Please register with Joan Hartvigsen, <a href="mailto:jhartvigs@comcast.net">jhartvigs@comcast.net</a>, or 931-636-2914. Bring a lot of water, snacks, lunch, binoculars, a hat, sunglasses, and sunscreen. Please wear your Personal Flotation Device (PFD). Directions for the Raccoon Mountain Boat Ramp: Take Exit 174 off Interstate 24 East. Turn left onto Cummings Highway (US Hwy 41). Drive 2.6 miles then turn right onto Raccoon Mountain Road. Drive 2 miles, then left into the parking lot.

#### **Highland Rim Chapter Continued**

Thursday, June 8 - Boiling Fork Trail, Fairview/Devil Step Campground, Tims Ford State Park. 3 miles. Easy hike. Address: 129 Fairview Campground Road, Winchester. The trailhead parking and kiosk are on the right past the checkin/ gift shop and the Ranger house is on the left. Additional parking across the road. This new trail features beautiful views of Tims Ford Lake and Devils Step Island. We will hike through woods of mature hardwood trees. Meet me at 10 A.M. CDT at the trailhead. Please register with Joan Hartvigsen, <a href="mailto:jhartvigs@comcast.net">jhartvigs@comcast.net</a>, or 931-636-2914. Bring water and wear sturdy hiking boots. After our hike, we will enjoy our picnic lunch on picnic tables at the new Fairview Beach and go for a refreshing swim in beautiful Tims Ford Lake.

Saturday, June 17 - Elk River Float, Winchester, TN. Tims Ford Dam Tailwater to Farris Creek Bridge. 8 miles. Joint activity with the Murfreesboro Chapter. Meet at 7:30 A.M. CDT at the put-in on the Elk River just downstream from Tims Ford Dam. Turn into the parking lot marked "River Recreation "off Hwy 50 east of the Elk River Bridge. The parking lot for River access is just west of the turn for Tims Ford Dam. We will arrange the vehicle shuttle to the takeout, 2292 Farris Creek Bridge easy put-in and take-out. In addition to your boat, paddles, and PFD, bring a lot of water, lunch, a hat, and sunscreen.

Friday-Sunday, June 23-25 – Fort Mountain State Park, Chatsworth, Georgia. 8-mile loop. Moderate. Camping Friday and Saturday. Hiking the Gahuti Trail Saturday morning. Contact Joan Hartvigsen for space in reserved campsites jhartvigs@comcast.net or 931-636-2914 to register for the hike.

Saturday, June 24 - Gahuti Backcountry Loop at Fort Mountain State Park, Chatsworth, Georgia. 8 miles, moderate, 1960 ft elevation gain. This beautiful, ever-changing trail passes just below the summits of both Cohutta and Fort Mountains. There are some short steep climbs and descents as the trail leads through the ravines and around the ridge crests. We will visit a three-tier waterfall, enjoy grand views of the Cohutta Mountains and travel through mature hardwood forests. Bring a lot of water, snacks, and lunch. Bring hiking sticks and wear sturdy hiking boots. Register with Joan Hartvigsen, at <a href="mailto:ihartvigs@comcast.net">ihartvigs@comcast.net</a> or 931-636-2914. Meet me at the Gahuti trailhead parking lot at 8:30 A.M. EDT. Contact Joan if interested in camping at Fort Mountain State Park.

Monday, June 26. Chapter Meeting, 7 P.M. at the DW Wilson Community Center, 501 N. Collins Street, Tullahoma. Our program will feature Bob and Laura Qualman, two of our newest members. Bob and Laura own and operate two certified tree farms in Middle and Western Tennessee where they grow stands of oak, hickory, and loblolly. They are both active in professional forestry organizations including the West Highland Rim and Elk Valley County Forestry Associations. Bob is a current board member of the TN Tree Farm Committee. Bob and Laura will discuss their tree farm operations and ongoing forestry issues and initiatives that help to keep our forests enjoyable places for our Tennessee Trails members to hike. Before the meeting, at 5:30 P.M., we will meet for dinner at La Fiesta Bar & Grill, 1410 N. Jackson Street, Tullahoma next to the Quality Inn. Please contact Joan Hartvigsen if you plan to attend dinner so I can confirm the number for our reservation. Contact Joan at jhartvigs@comcast.net or 931-636-2914 for more information.

Monday-Thursday, July 17-July 20 – Red River Gorge Geological Area, Slade, Kentucky. Joint activity with Murfreesboro Chapter. Camping in Natural Bridge State Park. The park has a lodge for those who do not camp. Hikes include The Original Trail, The Rough Trail, Grays Arch Courthouse Rock, and Auxier Ridge. So many trails, and so little time. Contact Joan Hartvigsen, at <a href="mailto:jhartvigs@comcast.net">jhartvigs@comcast.net</a> or 931-636-2914

Monday-Thursday, July 31-August 3 – Cataloochee Group Campsite, Great Smoky Mountains National Park. Joint activity with the Murfreesboro Chapter. Hikes TBA. Possible hikes: Cataloochee Divide Trail, Caldwell Fork and Boogerman Trails, Rough Fork, Caldwell Fork, and Big Fork Ridge Trails. Contact Joan Hartvigsen, at <a href="mailto:ihartvigs@comcast.net">ihartvigs@comcast.net</a> or 931-636-2914.

Thursday-Sunday, October 19-23 – TTA Annual Meeting. Natchez Trace State Park, Wildersville, TN. Cub Lake Campground Two, Group Site 3. Contact Joan Hartvigsen for a spot in the group campsite, at <a href="mailto:ihartvigs@comcast.net">ihartvigs@comcast.net</a> or 931-636-2914.

#### **JACKSON CHAPTER**

CHAPTER CHAIR: Melinda Pearson - 731-225-4293 - ttajackson68@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad - 731-217-5966 - ttajacksonhikes68@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 P.M. CT

Saturday, June 10 - Walls of Jericho. 6 miles round trip. Strenuous due to elevation and terrain. Philip Crisp will lead us on the Walls of Jericho Trail. The 6-mile round-trip hike is strenuous but well worth the effort. From the trailhead, the trek descends more than 1,000 feet into the box canyon that showcases the dynamic landscapes of the Cumberland Mountains. From the exposed limestone formation decorated with lichen and moss to the tranquility of Hurricane Creek. The bluff funnels hikers into a large limestone amphitheater carved over the years by Turkey Creek. Even though it is only 6 miles it will take about 6 hours to hike so pack plenty of water, snacks, and lunch. Dress according to the weather. Hiking Boots are recommended. We will meet at the Alabama trailhead at 9:30 A.M. Please register with Philip at 256-698-4381 or pcrisp86@gmail.com

#### **MEMPHIS CHAPTER**

CHAPTER CHAIR: Charlie Bright - 901-829-4434 - ttamemphis68@tennesseetrails.org OUTINGS COORDINATOR: Wayne Simpson - w.simpson1@comcast.net

The Memphis Chapter does not hike in June, July, or August. See you in September!

#### MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser - 615-971-8894 - djconatser@comcast.net
Sara Kennedy - 615-692-9057 - ttamurfreesboro68@tennesseetrails.org
OUTINGS COORDINATOR: Sara Pollard - 615-714-3610 - ttamurfreesborohikes68@tennesseetrails.org
MEETS MONTHLY: 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

**Saturday**, **June 3 – National Trails Day - Barfield Crescent Park**. Come join us for trail maintenance at this beautiful park from 8:00 A.M. until 11:00 A.M. CT. Bring gloves, sturdy shoes, a snack, and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Sunday, June 4 - Tennessee River Gorge Paddle. 8 miles. Joint event with the Highland Rim chapter. Suck Creek boat ramp to Raccoon Mountain boat ramp, west of Chattanooga in Marion County. Meet at the Suck Creek boat ramp, 1900 Suck Creek Road in Chattanooga at 8:00 A.M. CT to arrange a vehicle shuttle to our takeout at the Raccoon Mountain boat ramp. We will paddle through the beautiful Tennessee River Gorge, and we should see bald eagles, osprey, turtles, and otter. Bring snacks, lunch, water, and sunscreen. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Saturday, June 10 – Dog Cove, Sparta. 6.0 miles. Rated moderate. At the Dog Cove trailhead located at 6747 Lost Creek Road in Sparta, we will take the Homestead Trail and follow Lost Creek along the valley floor and past three old homestead sites. For the return, there is a substantial climb of 600 feet to the Low Gap trail. The Low Gap arch on this trail is a unique feature and worth a .3 mile out and back walk. The Low Gap trail ends back at the Dog Cove trailhead. Bring water, snacks, lunch, and bug spray. For more information or to sign up contact Jay Brain at 757-577-6446 or jay2va98@yahoo.com

#### **Murfreesboro Chapter continued**

**Sunday, June 11 – "Pick a Park" series. Tims Ford State Park. 3.5 miles. Rated moderate.** Bring your Passport for an afternoon stroll! Meet at the Nature Center at 2:00 P.M.CT. We'll wind around the Marble Plains Overlook Trail to the Marble Plains Loop, then come back up the Lost Creek Overlook Trail- total of about 3.5 miles. The trails boast 2 suspension bridges, and if the old church has old markers, know I'll be there a minute! Dress and hydrate appropriately, and please rsvp via text at 615-971-8894 or email at <a href="mailto:diconatser@comcast.net">diconatser@comcast.net</a> (watch the spelling!).

**Tuesday, June 13 – Chapter Picnic – 6:00 P.M. CT**. Chapter member Jay Brain's house in Regenwood. The address is 2915 Canterbury Court. We will gather outside around Jay's fire pit for grilled hamburgers and hot dogs. Bring your lawn chair and a beverage of your choice. The chapter will provide paper plates, napkins, cups, and utensils. Please bring a side item or dessert to share. Invite your family and friends to join us. You MUST let us know if you plan to attend so we know the amount of meat and buns to purchase. Please email or text Jeanne Conatser by Saturday, June 10 at 615-971-8894 or djconatser@comcast.net. An alternative date for inclement weather is Friday, June 16.

Saturday, June 17 - Elk River Float, Winchester. Tims Ford Dam to Farris Creek Bridge. 8 miles. Joint activity with the Highland Rim Chapter. Meet at 7:30 A.M. CT at the put-in on the Elk River just downstream from Tims Ford Dam. Turn into the parking lot marked "River Access" off Hwy 50 east of the Elk River Bridge. The parking lot for river access is just west of the turn for Tims Ford Dam. We will arrange the vehicle shuttle to the takeout at 2292 Farris Creek Bridge Road in Belvidere. This paddle is easy to put in and take out. Bring snacks, lunch, plenty of water, and sunscreen. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

#### NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs - 615-587-0085 - ttanashville68@tennesseetrails.org
OUTINGS COORDINATOR: Barbara Bennett - 202-236-0880 - ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)

**MEETS MONTHLY:** 4th Tuesday 6:00 P.M. CT in the REI Community Room 261 Franklin Rd, Brentwood TN. Optional Pre-Meeting Activity if posted on the TTA website calendar.

Friday, June 2 – Begin the celebration of National Trails Day with the next TTA volunteer day at Beaman Park, Ashland City, TN. 9:30-11:30 A.M. Meet at 9:30 A.M. at the Beaman Park Nature Center. Activities include invasive removal, trail rehab, or whatever the ranger needs. Please consider helping and please contact Wendy Fish: at <a href="mailto:4fishies@comcast.net">4fishies@comcast.net</a> or 615-268-4586. National Trails Day is June 3 and is organized by the American Hiking Society (TTA is a member) to promote public events that advocate for, maintain, and clean up public lands and trails. Other future 2023 Beaman Park volunteer days are Sept 8 and Dec 1.

Saturday, June 3 -- Bryant Grove Trail at Long Hunter State Park, Hermitage TN. 8 miles. Moderate. This flat, winding, out-and-back trail connects the Couchville Lake area to Bryant Grove Recreation Area as it follows the shore of Percy Priest Lake. The path visits several unique habitats, including rare limestone glades. It crosses a wooden bridge above Bryant Grove Creek, where green herons are occasionally seen wading and feeding. The one-mile marker (coming from Couchville Lake) is a good "habitat edge" birding spot for warblers, vireos, and other species. Keep an eye out for owls, hawks, and raccoons along the trail. No pets allowed. We'll meet at 8:30 A.M. CDT at the kiosk near the playground in the Couchville Lake area. You can navigate there using "Couchville Lake Trail' on Google Maps. Bring water and snacks. To register, contact Doug Burroughs at <a href="mailto:wm.doug.burroughs@gmail.com">wm.doug.burroughs@gmail.com</a> or 615-587-0085 (text or leave a voicemail).

(June 7, 14, 21, 28), Radnor Lake State Park, Nashville TN. 5 miles. Moderate. Meet at the Visitor Center, West Parking Lot off Granny White, 1160 Otter Creek Road. Arrive 5-10 minutes early to be ready to hike at 7 A.M., or earlier if everyone has arrived. This hike has elevation gains on both Ganier Ridge and South Cove Trails. We usually walk at a moderate pace and finish up around 9 A.M.. There are several opportunities to take shorter and flatter alternatives if you want to make it an easier hike. Text Doug Burroughs at 615-587-0085 to register.

#### **Nashville Chapter continued**

Friday, June 16 - Burch Reserve at Warner Park, Nashville, TN. 3 miles. Moderate. Early weekend starter. We begin the hike at 8:15 A.M. This is a 3-mile hike that has a bit of everything: paved, unpaved single track, hills, meadows, and a pond. The trail provides a refreshing way to start the weekend right. RSVP to Niolac@gmail.com or text to 408.455.2472.

Friday, June 23 -- Bryant Grove Trail at Long Hunter State Park, Hermitage, TN. Up to 8.4 miles, out and back. Easy to moderate for distance. This easily navigated and relatively flat trail moves along the shoreline of Percy Priest and through wooded sections, cedar glades, and other more open areas. Much of the trail is open so sun protection (and insect repellant) are recommended. Bring plenty of water and snacks for the trail. Meet at the Couchville Lake parking lot for an 8:15 A.M. step-off. The trail is easy to follow and hikers who want a shorter hike can drop a car at the far end or turn back as they choose. We'll be back at the meetup by lunchtime. Register with Mark for details and updates midtn@tnhiker.net (615) 669-3221.

**Tuesday, June 27 – Nashville Chapter Meeting, REI Brentwood, TN. 6 P.M.** Florida is one of the nation's top birding destinations. Last spring, TTA members Kevin Bowden and Danny Shelton spent a week in some of that state's best birdwatching spots- from lakes and wetlands to seashores, to water treatment facilities. Join them as they share Danny's photos and videos of familiar and less well-known birds while Kevin shares insights into the state where he has birded for over twenty years. And you won't even need binoculars for this! Join us for dinner prior to the meeting at Jason's Deli, next to the REI, at 5:00. Contact Doug Burroughs, at 615-587-0085, for details.

#### PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Bill Wisniewski - 931-335-9360 - ttaplateau68@tennesseetrails.org
OUTINGS COORDINATOR: Deb Westervelt - 931-267-2243 - ttaplateauhikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 P.M. CT

The TTA Plateau Chapter hikers are adding new Cumberland County, walk at your pace, hikes that are typically one to three miles in length. If you have participated in the annual Cumberland County Marathon at any time you will know these trails are in and around Crossville. One of the Chapter members will lead each hike. These walks/hikes are designed for beginners and folks who don't have a lot of time to travel to distant trails or folks who want to get outdoors for exercise. Walking on trails is much kinder on knee and hip joints than walking on hard pavement.

All our hikes can be found in the Chronicle Scene Section calendar, on our website https://tennesseetrails.org/chapters/plateau-chapter/, or on our Facebook Group page: TTA PLATEAU CHAPTER CROSSVILLE. We look forward to Walking in the Woods with you.

Saturday, June 3 – National Trails Day – Trail Maintenance Black Mountain, Crossville. TN Joint effort with Upper-Cumberland Chapter. Annual trail maintenance of Black Mountain includes the upper loop and lower loop plus down the mountain toward Windless Cave. We'll divide up into 3 crews. Bring lots of swing blades, saws, loppers, clippers, and gloves. As usual, bring (electrolytes) water, tick, and bug spray. We'll cook hot dogs at the campground around noon. Depart 7:30 A.M. CDST from Dorton United Methodist Church 3405 HY 70E (1 mile East of Peavine Rd). The carpool costs \$2. For info text Bill Wisniewski at 931-335-9360, or email <a href="mailto:ttachairperson68@gmail.com">ttachairperson68@gmail.com</a>.

Saturday, June 3 – Walk in the Woods - Stonehenge Trail. 3.1 miles. Easy. Stonehenge Trail is a 3.1-mile lightly trafficked out-and-back trail located in Fairfield Glade that features a great forest setting and is good for all skill levels. Dogs are welcome but must be kept on a leash. The trail winds north through woods, crossing a small seasonal creek a couple of times. Volunteers built two bridges to make it easier to cross at times of high water. Meet me at the Heatherhurst Golf Club's lower parking lot at 11:30 A.M. CDST. 421 Stonehenge Drive Crossville, TN 38558. For additional information text Sirka 404-790-3945 or email: plateaulocalwalks@yahoo.com

#### **Plateau Chapter continued**

Wednesday, June 7 - Fall Creek Falls State Park- Prater Place Trail, Spencer, TN. 6.2 miles. Moderate. Joint hike with Upper-Cumberland Chapter. This hike is out and back. The trail takes us to the relatively small but beautiful Hemlock Falls. We'll also make a short side trip on an unmarked trail that leads to a large cave. Bring (electrolytes) water, lunch, and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CDST from Central Baptist Church, South Main St in Crossville. Carpool gas costs \$5. For additional information contact the hike leader, Deb, text/call 931-267-2243 or email at <a href="mailto:ttaplateauhikes68@tennesseetrails.org">ttaplateauhikes68@tennesseetrails.org</a>.

Saturday, June 10 – Walk in the Woods - Kirkstone Trail - 2.0 miles (loop). Moderate. The Kirkstone Trail is a moderate trail and approximately a 2.0-mile loop hiking trail along gravel roads. The trailhead is at the junction of Marmaduke and Christopher a little way up the hill from the spillway on Lake Kirkstone. The route is marked with yellow stakes and directional arrows at road junctions. The trailhead is on the right a short way along Marmaduke Drive just over the lake spillway. There is parking for at least four or five cars along Marmaduke close to the trailhead. Meet at the trailhead at 11:30 A.M. CDST. For additional information text Sirka at 404-790-3945 or email: plateaulocalwalks@yahoo.com

Wednesday, June 14 - Cumberland Trail, Caryville, TN - Devils Racetrack, Eagle Bluff to Bruce Gap Section. 7 miles or 4 miles. Moderate. Joint hike with Upper-Cumberland Chapter. Long Hike: This is a 7-mile thru-hike. The moderate trail is mostly downhill, sometimes difficult footing from rocks, with many overlooks and interesting rock formations, including the "Devil's Racetrack" plus many waterfalls to the Bruce GapTH. Short Hike: From the Eagle Bluff Trailhead hike up the trail along the ridgeline to the Eagle Bluff Pinnacle for a 4 mi out/back moderate hike. Depart at 7:30 A.M. CDST from the SW parking lot at the Outlet Mall, Interstate Dr, Crossville, TN. Wear orange. The carpool gas cost is \$8. Bring your lunch, plenty of (electrolytes) water, and a good pair of hiking shoes or boots. For additional information contact the hike coordinator, Deb text/call 931-267-2243.

Saturday, June 17 - CT Black Mountain, Crossville, TN. 3 miles. Moderate. Joint hike with Upper Cumberland Chapter. The hike is in/out to Windless Cave from HWY 68. Don't forget tick/bug spray and sunscreen. Bring water (electrolytes) and snacks. People 18 and over, members and non-members welcome. Depart 7:30 A.M. CDST from Central Baptist Church, South Main St in Crossville. Carpool gas costs \$1. For additional information contact the hike leader, Deb, by text/call at 931-267-2243 or email <a href="mailto:ttps://tx/ttp

Saturday, June 17 – Walk in the Woods - Fairfield Glade: Windsor Bluff Overlook – 1.6 miles. Easy The Overlook Trail is a local hiker's favorite and a gem for the Fairfield Glade area. For those wanting a quick and enjoyable reset in nature, this is a great trail. It's recommended to complete the look clockwise to have a mostly flat/downhill hike until the final stretch of climbing back to the start. Take your time to enjoy the many scenic vistas over Daddy's Creek along the way! 35°58'05.1"N 84°51'."W, 0, Crossville, TN 38558 Meet at the Trailhead at 11:30 A.M. CDST. For additional information text Sirka at 404-790-3945 or email: <a href="mailto:plateaulocalwalks@yahoo.com">plateaulocalwalks@yahoo.com</a>

Wednesday, June 21 - Fall Creek Falls SP - Gilbert Gaul, Base of Falls, Woodland & Overlook Trails - Spencer, TN. 6 miles or 4.15 miles. Moderate to Strenuous. Joint hike with Upper Cumberland Chapter. Long Hike: 6 miles total moderate to strenuous to the Base of the falls, Woodland & Overlook trails plus Gilbert Gaul Loop. Short Hike: 4.15 mi moderate Gilbert Gaul loop. We will eat lunch at the new lodge restaurant then do the Gilbert Gaul hike. Depart 7:30 A.M. CDST from the southeast parking lot of Central Baptist Church, 1346 S Main St, Crossville, TN. The carpool cost is \$5. Bring snacks, (electrolytes) water, bug spray, and sunscreen. For additional information contact the hike leader, Deb, text/call 931-267-2243 or email at <a href="mailto:ttaplateauhikes68@tennesseetrails.org">ttaplateauhikes68@tennesseetrails.org</a>.

Saturday, June 24 – Walk in the Woods – Woodlawn Loop Trail – 1.2 miles (loop). Easy. Explore this 1.2-mile loop trail near Crossville, Tennessee. Generally considered an easy route, it takes an average of 27 min. to complete. This trail is great for hiking, running, and walking, and it's unlikely you'll encounter other people while exploring. Dogs are welcome but must be on a leash. Woodlawn Trailhead Crossville, TN 38555. Meet at the trailhead at 11:30 A.M. CDT. For additional information text Sirka at 404-790-3945 or email plateaulocalwalks@yahoo.com

#### **Plateau Chapter continued**

Jun 28 - CT Obed Segment, Wartburg, TN. 5 miles. Moderate to strenuous. Joint hike with Upper Cumberland, Wartburg, TN. Obed Segment of Cumberland Trail called the Nemo Trail is rated moderate to strenuous. From the Nemo Bridge Trailhead, the hiker is exposed to rising bluffs and glimpses of the Emory and Obed Rivers. Wear orange. The hike is 5 miles in/out to where the trail continues across old Alley Ford Road. Persons 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart at 7:30 A.M. central from SW parking lot Landers Crossing (Outlet Mall) on Interstate Drive next to Bucce's in Crossville. Bring water (electrolytes) and snacks. Carpool gas costs \$5. For additional information contact Deb, text/call 931-267-2243, or email ttaplateauhikes68@tennesseetrails.org.

#### SCENIC CITY CHAPTER

(Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett - 423-309-7879 - ttasceniccity68@tennesseetrails.org
OUTINGS COORDINATOR: Betsy Darken - 423-718-2060 - ttasceniccityhikes68@tennesseetrails.org
MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 P.M. ET

Please note that for the months of June, July, and August, meeting times are now at 7:30 A.M.

Saturday, June 3 – Savage Gulf SP. SHORTER HIKE: Stone Door, Big Creek Rim, Laurel Trails Loop.7 miles. Easy to moderate, 700'; LONGER HIKE: after the Big Creek Rim Trail, take Big Creek Gulf Trail, then the Stone Door Trail back to the trailhead; 9.5 miles. Difficult, 1720'. Both hikes feature many awesome overlooks of Big Creek Gulf and Savage Gulf. Bring water, snacks, and lunch. Meet at 8:40 am ET at the Stone Door Ranger Station, 1183 Stone Door Road, Beersheba Springs, TN, or, for carpooling/caravanning from the Chattanooga area, meet at the Durham Street parking lot (ball fields) off Dayton Pike in Soddy-Daisy at 7.30 A.M. ET. <a href="https://bit.ly/3Qjdc0S">https://bit.ly/3Qjdc0S</a> Register with Joan Hartvigsen, 931-636-2914 or jhartvigs@comcast.net. Carpool cost/person: \$6.

Tuesday, June 6 - Stringer's Ridge: Blue Trail plus additional loops. 3.3-4.5 miles. Moderate, 508' elevation gain. Stringer's Ridge is a forested and rippled ridge separating Red Bank from downtown Chattanooga. We'll circumnavigate it, wriggling up and down more than you might expect as we stroll through shady woods. Cherokee Trail will take us to an overlook that provides a fine view of downtown Chattanooga in all its glory! Even though the ridge is surrounded by urban areas, we will see only occasional glimpses of civilization. Meet at 7:30 A.M. at the Stringer's Ridge trailhead at the end of Spears Ave. Some GPS systems are confused about the location of this trailhead, so please follow these directions: Take North Market St. slightly more than 0.3 miles north of the first light after crossing the Market St. Bridge. Turn left on W Bell St. Turn right in one block onto Spears Ave, which dead ends at the parking lot for the trailhead. Please register with hike leader Jean Smith, at (423) 596-7681.

Saturday, June 10 - Durham Mine Trails. 9-10 miles. Moderate. The Durham Mine Trails are a brand-new set of trails on Lookout Mountain that opened to the public free of charge in March 2023. This network was purchased and developed by Lula Lake Land Trust and is just several miles south of Lula Lake. Durham used to be a very large mining community that shut down in 1924. Since then, "the land has healed from its previous use and now boasts a flourishing ecosystem...home to a healthy population of flora and fauna—Pink Lady Slippers, wild turkeys, and Pileated Woodpeckers are often seen frequently in the spring." (<a href="https://www.lulalake.org/durham-trails.html">https://www.lulalake.org/durham-trails.html</a>) For carpooling or caravanning, meet at 7:30 A.M. ET at Food City in St. Elmo, in the parking area to the left of its gas station. <a href="https://bit.ly/3C3Um9L">https://bit.ly/3C3Um9L</a> Please register with hike leader Betsy Darken, (423) 718-2060. Carpool cost/person: \$2.

Tuesday, June 13 - Cloudland Canyon Connector Trail: From Nickajack Road Trailhead to the bridge over the creek. About 4 miles. Easy. This is a very pleasant trail through lovely woods that flirts occasionally with the parallel creek. For carpooling/caravanning, meet at 7:30 A.M. ET at Food City in St. Elmo, in the parking area to the left of the gas station. <a href="https://bit.ly/3C3Um9L">https://bit.ly/3C3Um9L</a> Please register with hike leader Dave Graham, 423-315-7886. Carpool cost/person: \$2.

#### **Scenic City Chapter continued**

Saturday, June 17 - North Chickamauga Creek Gorge, Cumberland Trail, from Barker Camp Road to Stevenson's Branch campsite, in & out. 9 miles. Moderately difficult, 1000' elevation gain. We'll be hiking to a beautiful overlook of the gorge then switch, backing down to the creek, crossing Cooper Creek to the waterfall at Stevenson's Branch. Bring water shoes. Meet at 7:30 A.M. ET at Walmart at 9334 Dayton Pike, south of the center of Soddy Daisy, in the north corner of the parking lot near Dayton Pike and Dollar Tree. <a href="https://bit.ly/3zT3lm0">https://bit.ly/3zT3lm0</a> Please register with Tammy Hendrick at 315-949-8187. Carpool cost/person: \$2.

**Tuesday, June 20 - Covenant College Trails. Around 4.5 miles, Easy.** Up on cooler Lookout Mountain, we'll loop through the woods on a system of trails used by the Covenant College cross-country team. Various pieces can be lopped off if the heat of July comes early. For carpooling/caravanning, meet at **7:30 A.M. ET** at Food City in St. Elmo, in the parking area to the left of the gas station. <a href="https://bit.ly/3C3Um9L">https://bit.ly/3C3Um9L</a> Please register with hike leader Tom McElhone, at 805-208-4654 or <a href="mailto:sarmitta@yahoo.com">sarmitta@yahoo.com</a>. Carpool cost/person: \$2.

Saturday, June 24 - Gahuti Backcountry Loop at Fort Mountain State Park, Chatsworth, GA. 8 miles. Moderate, 1960 ft elevation gain. This beautiful, ever-changing trail passes just below the summits of both Cohutta and Fort Mountains. There are some short steep climbs and descents as the trail wanders through ravines and around ridge crests. We will visit a three-tier waterfall, enjoy grand views of the Cohutta Mountains and travel through mature hardwood forests. Bring a lot of water, snacks, and lunch. Bring hiking sticks and wear sturdy hiking boots. Meet at the Gahuti trailhead parking lot at 8:40 am EDT or, for carpooling/caravanning from the Chattanooga area, meet at 7:30 A.M. ET at Wendy's, left (east) off I-75 Exit 1 (East Ridge). Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Carpool cost/person: \$4.

Tuesday, June 27 - Ocoee River: SHORT: Rhododendron Trail, easy, 3.3 miles, out-and-back. LONG: After the Rhododendron Trail, continue to the Bearpaw Loop, moderate, 3.3 miles, for a total of 6.6 miles. The Rhododendron Trail follows the wild and woolly Ocoee River through beautiful scenery. Shady with mini waterfalls along the way. A quiet and very enjoyable walk in the woods. For carpooling/caravanning, meet at 7:30 A.M. ET in the parking area near the gas station at Food City in Ooltewah, right off I-75 exit 11. <a href="https://bit.ly/3dwmbxn">https://bit.ly/3dwmbxn</a> Please register with hike leader Tom McElhone, at 805-208-4654 or <a href="maintage-sarmitta@yahoo.com">sarmitta@yahoo.com</a>. Carpool cost/person: \$4.

## SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs - 803-634-3470 - ttasumnertrails68 @tennesseetrails.org OUTINGS COORDINATOR: Donna Hobbs - 803-634-3470 - ttasumnertrailshikes68 @tennesseetrailsorg.

Monday, June 5 – Chapter meeting, Hendersonville library, 6:00-7:30 P.M. Our own Karen Hernan will lead an American Red Cross community group, first aid class. Come find out what to do when we encounter troubles on the trail! We will also have a short meeting about summer/early fall plans.

**Wednesday, June 7 – Trails at Fontanel, Nashville. 2.2 miles. Easy to moderate.** This short hike in the woods surrounding the former home of Barbara Mandrell does require a climb up the hillside and has some roots along the way. Under the canopy of trees, this is an ideal hike for hot weather. This pet-friendly trail allows dogs on leashes. Meet at 8:30 A.M. CST at Glenbrook Kroger, 1010 Glenbrook Way, Hendersonville, to caravan, or meet us at the trailhead on 4125 Whites Creek Pike, Nashville, TN, the old Cafe Fontanella parking lot. If you are meeting at the trailhead or for more information contact Ron Jenkins at 615-483-3774 or Judy Jenkins Judy Jenkins@comcast.net or at 615-403-0002.

#### **Summner Trails Chapter continued**

Tuesday, June 13 – Beaman Park. Laurel Woods Trail. 7 miles. Moderately difficult with a 961 ft. elevation gain. Meet at the Highland trailhead at 10:00 A.M. To get to trailhead parking, go towards the nature center but turn right on Eaton's Creek Rd before you get there. Continue about 0.9 mile, then turn left on Little Marrowbone Rd. The entrance will be 0.6 miles on the left. Keep right to reach the trailhead. There are NO bathrooms available here. There are bathrooms at the nature center or port-a-lets at the Creekside trailhead. Hiking shoes, poles, water, and snacks/lunch are strongly recommended. Dogs on leash welcome. Those of you who want to hike but don't want the 7 miles can follow the Henry Hollow Loop for about 2.5 miles, rated moderate. Contact Duane Frichtl at 309-830-9720 or <a href="mailto:duane5505@icloud.com">duane5505@icloud.com</a> with questions or to let us know you are coming.

**Thursday, June 22 – White House Greenway. 3 miles. Easy.** Join us at 9:00 A.M. at the White House High School parking lot, 508 Tyree Springs Road (New Shackle Island Road) for an easy out and back on the paved and mostly level White House Greenway to the Veterans Memorial trailhead. Contact David Hobbs at 803-634-3470 or <a href="mailto:ddhobbs@bellsouth.net">ddhobbs@bellsouth.net</a> for information or to let us know you are coming.

### UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cathy Moran 931-544-2764 ttauppercumberlandhikes68@tennesseetrails.org

**OUTINGS COORDINATOR:** Cathy Moran 931-544-2764 ttauppercumberlandhikes68@tennesseetrails.org

Saturday, June 3-National Trails Day. Standing Stone State Park, Hilham, TN. 2 miles. Moderate. Get acquainted hike. Join us for a family-friendly hike around part of Kelly Lake. This 2-mile hike is rated moderate due to some narrow trails and possible poison ivy. Long pants are recommended. A less strenuous hike will also be offered. Something for everyone! We encourage hikers from other chapters to come and support the Upper Cumberland Chapter as they reorganize and plan hikes for the upcoming year. After the hike, stay for cookies and lemonade and a brief planning session. Contact hike leaders for meeting times and places and to register. Libby Francis 615-319-7501 <a href="mailto:libbyslibbys@comcast.net">libbyslibbys@comcast.net</a>, Cathy Moran (931) 544-2764, <a href="mailto:ccmoran04@yahoo.com">ccmoran04@yahoo.com</a>.

Saturday, June 3 - National Trails Day - Trail Maintenance Black Mountain, Crossville. TN Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, June 7 – Fall Creek Falls State Park – Prater Place Trail, Spencer, TN. 6.2 miles. Moderate. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, June 14 – Cumberland Trail, Caryville, TN – Devils Racetrack, Eagle Bluff to Bruce Gap Section. 7 miles or 4 miles. Moderate. - Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, June 17 - CT Black Mountain, Crossville, TN. 3 miles. Moderate Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, June 21 – Fall Creek Falls SP – Gilbert Gaul, Base of Falls, Woodland & Overlook Trails, Spencer, TN.6 miles or 4.15 miles. Moderate to Strenuous. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

#### OFFICERS:

**President** 

Duane Frichtl 309-830-9720

ttapresident68@tennesseetrails.org

**Vice-President** 

Michelle Kelley 901-484-2998

ttavicepresident68@tennesseetrails.org

**Treasurer** 

June Callahan 615-945-7462

ttatreasurer68@tennesseetrails.org

Secretary

Susan Woods 731-441-8066

ttasecretary68@tennesseetrails.org

## At-large Directors (terms expiring listed after name)

Mark Hubbard (2025) 615-715-1517

ttaboard68@tennesseetrails.org

Wayne Drown (2025) 803-646-0972

ttaboard68@tennesseetrails.org

Susan Woods (2025) 731-441-8066

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Libby Francis (2024) 615-319-7501

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## Regional Directors

West TN

Terry Warren (2023) 731-535-0625

ttaregionalwest68@tennesseetrails.org

Middle TN

Sara Pollard (2025) 615-714-3610

ttaregionalmiddle68@tennesseetrails.org

**East TN** 

Will Latham (2024) 704-365-8889

ttaregionaleast68@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD

ARE LISTED WITHIN EACH CHAPTER'S HEADER

**Newsletter Editor** 

Mary Lewis Tims 731-780-5550

ttaeditor68@tennesseetrails.org

#### 2023 TTA Board of Directors Meetings

All members are invited to attend board meetings Contact Duane Frichtl for the link to join Zoom meetings

Tuesday, Aug 1, 6:30 PM CT Zoom Video

Conference

Friday – Sunday, Oct 20 - 22 Natchez Trace State

Park

Annual Meeting



### **Newsletter Deadlines:**

Deadlines for Chapter announcements and articles of special interest are due on or before the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to: ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.



YES, I WANT TO JOIN TENNESSEE TRAILS A  A NEW MEMBER  RENEWING MY MEMBE  Memberships are for one year, unless you have a	June 23  R S H I P a Lifetime Membership.	Please Mail This Form To:  Membership Director P.O. Box 41446 Nashville, TN 37204-1446				
Gift Memberships are also available. Contact our Cheryl Heckler 931-200-7436 ttamemb	bership68@tennesseetrails.org	RINT CLEARLY.				
Individual \$25.00	Name					
Family \$35.00	Address					
Student (FULL TIME) \$15.00		State				
Supporting (\$50.00, \$100.00 or more) Life Member (Individual) \$500.00	Phone ( )	Zip				
Life Member (Family) \$750.00	E-mail (required)					
For privacy, please do not list the following in the TTA Annual Membership Directory  E-mail addresses  Mailing address	Please list me with the following chapte Clarksville Columbia/Franklin East TN (Oak Ridge/Knoxville) Highland Rim (Manchester/Tullahoma) Jackson Memphis	er:  Murfreesboro Nashville Plateau (Crossville) Scenic City (Greater Chattanooga Area) Sumner Trails (Sumner County) Upper Cumberland (Sparta/Cookeville) At Large				
When you become a TTA member, you will have accelled Membership Directory listing members by chapter and how upcoming hikes, events, chapter meetings, and volunteer of section), a reference containing information about TTA, the meetings where you will enjoy diverse programs, socializing parks for a weekend of hiking, camaraderie, and programs,	v to reach them. You will also receive our repportunities. We encourage you to review trail etiquette, and hiker responsibilities. Veg and refreshments. Also, we hold our annuin addition to learning about the progress a	monthly newsletter which contains information on the Hiking Handbook (under the Hikes & Events We invite you to attend any number of monthly all meeting in the fall at one of Tennessee's many and plans of the organization.				
Not a member yet? Please check out one of our hikes or meetings soon!						