

TENNESSEE TRAILS



THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*We are hikers and advocates that have helped to build, maintain,
and promote the responsible use of Tennessee trails since 1968.*

SUPPORTING THE CUMBERLAND TRAIL

SAVE THE DATE - 2023 TTA ANNUAL MEETING

The Jackson and Memphis Chapters will host the TTA Annual Meeting on October 20-22, 2023, at Natchez Trace State Park, 567 Pin Oak Lane, Wildersville, TN 38388.

Lodging: The Lodge at Natchez Trace sits on scenic Pin Oak Lake just a few miles off I-40 between Jackson, TN and Nashville. There are 48,000 acres of public lands and lakes surrounding the Lodge, making it a true outdoor wilderness in West Tennessee. The Park is holding 41 Inn rooms until September 5, 2023. Individuals can make online reservations by using: tnstateparks.com (search: Natchez Trace) or call (800) 250-8616. Identity yourself as a Tennessee Trails Association member (or use code 3568) at the time of reservation. Reservations require the first night's room/tax at the time of reservation with the remaining balance due upon check-in.

Also available at the above number or website are standard one-bedroom cabins and deluxe two-bedroom cabins that include kitchens.

To reserve a site at one of their 4 campgrounds call: (731) 968-3742.

Meals: Inn rooms include a continental buffet breakfast. Cabins and campgrounds do not. Reservations must be made for Friday and Saturday buffet dinners and Saturday and Sunday Sack lunches on the registration form.

Menu:

Friday Dinner - Buffet Style

Southern Fried Catfish with Hushpuppies, Roast Beef, Coleslaw, Mashed Potatoes, Corn on the Cob, Tossed Salad, Bread, Banana Pudding, Tea, Coffee, and Water

Saturday Dinner - Buffet Style

Grilled Chicken Breast, Vegetarian Lasagna, Rice Pilaf, Green Beans Broccoli and Cheese, Tossed Salad, Bread, Peach Cobbler, Tea, Coffee, and Water

Sack Lunch

Sandwich (select Turkey or Cheese), Chips, Cookie, Fruit

Hikes: Hikes will be in the state park and near the area.

FRIDAY

Carroll Cabin Barrens State Natural Area, Easy, 3 miles.

Mousetail Landing Scenic Trail, Easy, 3 Miles.

Natchez Trace State Park, Cub Lake, Moderate, 4.8 miles.

Natchez Trace State Park, Maple Creek Lake Trail, Moderate, 5.7 miles.

Natchez Trace State Park, Pin Oak Lodge, Moderate, 2.5 miles.

SATURDAY

Natchez Trace State Park, Cub Lake, Moderate, 4.8 miles.

Natchez Trace State Park, Maple Creek Lake Trail, Moderate 5.7 miles.

Natchez Trace State Park, Cub Lake Recreation Lodge to Pin Oak Lake, Difficult, 8.8 miles.

Natchez Trace State Park, Pin Oak Lake, and Brown's Creek Lake Trails, Difficult, 8.7 miles.

SATURDAY, continued

Mousetail Landing State Park, Eagle Point Trail, Difficult, 8 miles.
Pinson Mounds State Park, Easy, 4 miles.
Chickasaw State Park, Moderate, 5 miles.
Nathan Bedford Forrest State Park, Moderate, 6 miles.
Shiloh National Military Park, Compass Hike, Difficult, 5 miles.
Shiloh National Military Park, Historic Hike, Moderate, 5 miles.
Ross Forest, Moderate, 5 miles.
Johnsonville State Historic Park, Moderate, 4 miles.
Big Hill Pond State Park, Moderately Difficult, 8 miles.

SUNDAY

Lady Finger Bluff, Easy, 2.7 miles.
Chickasaw State Park, Moderate, 5 miles.
Natchez Trace State Park, Pin Oak Lodge, Moderate, 2.5 miles.
Pinson Mounds State Park, Easy, 4 miles.
Montgomery Bell State Park, TBD.

Annual Membership Meeting: TTA members in attendance will receive reports about the status of the Tennessee Trails Association and its chapters. New TTA Board Members will be elected for 2024. Your attendance and participation are encouraged. We need a quorum to make decisions as an organization that best supports our mission and our growth.

Fundraising: Silent Auction, Bake Sale, and Sale of TTA T-shirts. There will be no White Elephant sale and no bar will be available due to state park regulations. You may bring your own alcohol for your individual room or order beer and wine at the restaurant.

Members of the Jackson and Memphis Chapters are looking forward to hosting hikers from across Tennessee.

TTA ANNUAL MEETING BRIEF SCHEDULE
PIN OAK LODGE, NACHEZ TRACE STATE PARK
Times are Central Time Zone

FRIDAY, OCTOBER 20, 2023

1:00 p.m. Meeting registration opens and the
afternoon hikes commence.
4:00 p.m. Lodging check-in
5:00 p.m. Dinner at Pin Oak Lodge
7:00 p.m. Evening Activities

SATURDAY, OCTOBER 21, 2023

7:00 a.m. Breakfast
8:00 a.m. Hikes depart from Pin Oak Lodge
5:00 p.m. Dinner at Pin Oak Lodge
6:00 p.m. General TTA Membership Meeting
6:00 p.m. Silent Auction Ends
7:00 p.m. Evening Activities

SUNDAY, OCTOBER 22, 2023

7:00 a.m. Breakfast
8:00 a.m. Hikes depart and TTA Board Meeting starts.
10:00 a.m. Cabin checkout deadline
11:00 a.m. Deadline for checking out of rooms @ lodge/inn

REGISTRATION FORM

Annual TTA Meeting, October 20-22, 2023

Registration is due on or before September 19, 2023

Please provide the name of each member of your family attending:

Name: _____
 Name: _____
 Address: _____
 Phone: _____ Chapter: _____
 Email: _____

REGISTRATION: # of people _____ x \$45.00 per person \$ _____ (1)

MEALS: (Vegetarian requested yes / no (circle one))

Friday dinner # of people _____ x \$32.00 per person \$ _____ (2)

Saturday dinner # of people _____ x \$32.00 per person \$ _____ (3)

SACK LUNCHES: Includes a sandwich, chips, cookie, and fruit. Circle one: Turkey or Cheese

Saturday lunch # of people _____ x \$15.50 per person \$ _____ (4)

Sunday lunch # of people _____ x \$15.50 per person \$ _____ (5)

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Registration and meal(s) TOTAL (1) \$ _____ (1-5)

T-shirt Order (circle your choices) Shirts are unisex, 100% polyester, moisture wicking, stain, and odor resistant.

Short Sleeve: Small Medium Large XLarge XXLarge XXXLarge
 # of shirts _____ x \$22.00 per shirt \$ _____ (6)

Long Sleeve: Small Medium Large XLarge XXLarge XXXLarge
 # of shirts _____ x \$25.00 per shirt \$ _____ (7)

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T-shirt TOTAL (2) \$ _____ (6-7)

TTA Donation **Donation TOTAL (3)** \$ _____

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TOTAL DUE (registration, meals, T-shirt, and TTA Donation) (1-3) \$ _____ (total here)

Please complete this Registration Form; attach a check made payable to **TTA Memphis Chapter**

MAIL TO: J Witherington, PO Box 17476 Memphis, TN, 38187

For more information: Lynne Witherington: 901-230-1501 or withlynnne@aol.com

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REFUND POLICY: All cancellations and requests for a refund must be made in writing. No Refunds after September 19, 2023. (Consider it your contribution to TTA). Persons canceling before September 19 will be refunded in full, less the Registration Fee.

Evan Means Grant at Work

On June 12th, 2023, members of the Tennessee Trails Association visited Henry Horton State Park for a hike along the Adeline Wilhoite River Trail where the park highlighted its recent upgrades to the trail signs. Thanks to the Evan Means Grant awarded during the 2022 grant cycle, Henry Horton State Park was able to use \$1000 to enhance the trails by adding (50+) newly routed trail signs which will help visitors navigate the trail system. The signs were created by the park's CNC machine and were installed by Volunteers and Park Staff and have greatly enhanced the visitor experience! Photographed are members of the TTA and the Friends of Henry Horton State Park.



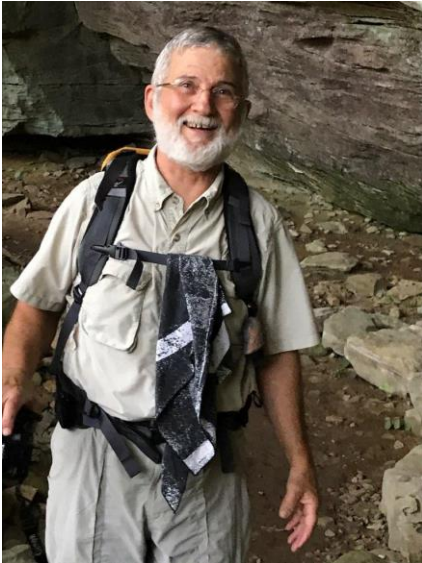
Help Share the Word of Available Grant Money

Do you have a favorite Tennessee hiking destination that could benefit from an Evan Means Grant offered by the Tennessee Trails Association? All members, chapter representatives, and regional directors are encouraged to reach out to their favorite Tennessee Park Friends group or other non-profit at their next hike and mention this wonderful opportunity! Our Evan Means Grants program was created in 1999 to honor the memory of Evan Means, one of the co-founders of the TTA in 1968. This grant provides funding for nonprofit groups and might be the perfect match for needed funds at your favorite location.

Purchasing tools to help create new trails, repairing storm-damaged trails and bridges, rerouting established trails, and adding signage are just a few great ways this grant could help improve trails and enhance the hiking experience in your Tennessee parks! There are several requirements an applicant is encouraged to follow, and requests are generally ~\$1,000 or less; however, we will consider other amounts if the chapter can prove the necessity. We consider grant applications quarterly and would love to see more requests come in! Please help share the word on this great program to get funds where they are needed and continue the TTA's direct mission to build, maintain and promote the responsible use of Tennessee trails!

Specific application details can be found on our website at:
<https://tennesseetrails.org/get-involved/grant-programs/>.

Karl Dupre Memoriam



Karl spent many days in Savage Gulf State Park, hiking with his friends in the Tennessee Trails Association, mapping roads, and exploring natural features with Richard Savage. He left us on a beautiful March Day, hiking in a place he loved, with a friend whose company he enjoyed. Donations to the Karl Dupre Memoriam will be used for trail and/or campground development and maintenance in Savage Gulf State Park as approved by park management.

<https://friendsofscsra.app.neoncrm.com/forms/karl-dupre-memoriam>



Did you know:

- You can log in to the Members Area of the TTA website by using your Username **OR** your Email Address.
- How do I get to the Members Area?
 - o Go to <https://tennesseetrails.org/>
 - o Choose "Login" (found on the top menu to the far right).
 - o Follow the instructions to Login. If you don't remember your password, you can always choose "change password" and the system will send you an email with a link to change your password.
- If you have never checked out the Members Area, there are some great resources there:
 - o Members Directory – organized by Chapter. Lists members' contact information as allowed in the member's privacy selections.
 - o Members of TTA Leadership – Board Members and Media Contacts.
 - o TTA Newsletter Archive – From the most recent TTA Newsletter back to December 1969.
 - o Handouts – Printable Brochure, Flyer, and QR Code page.
 - o Style Guidelines for using the TTA logo.
 - o TTA Bylaws.
 - o Annual Conflict of Interest form – for TTA Board members.
 - o TTA Annual Meeting information is posted in the MEMBERS AREA June-October each year

CLARKSVILLE CHAPTER

CHAPTER CO-CHAIRS: Paula Sanders - 954-993-5541 and Suva Bastin - 931-645-2849
ttaclarksville68@tennesseetrails.org

OUTINGS COORDINATOR: Paul Schwab - 931-801-9484 (*call Paul & volunteer to lead an outing*)
ttaclarksvillehikes68@tennesseetrails.org

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT, Wade Bourne Nature Center, 2308 Rotary Park Dr., Clarksville, TN 37043.

Please call hike leaders to confirm the hike time and meeting place.

Wednesday, August 2 - Clarksville Greenway from Pollard Road to the Red River. 6.0 total miles out and back, moderate due to distance and four hills. The trail is paved most of the way. It follows an abandoned railroad through the woods. There is a restroom at the trail head. Dogs are welcome but must be on a leash. Meet 8:00 A.M. CDT at the Pollard Road trail head. Contact Suva Bastin 931-645-2849.

Saturday, August 5 - Hike with another chapter.

Saturday, August 12 - Window Cliffs Trail. 5.5 total miles out and back, moderate. The trail is on natural turf with a variety of woods and grassy areas. There are 9 creek crossings twice. There is a cable for balance on some of the crossings. The views from the cliffs and the cliffs themselves are spectacular. Trekking poles are recommended. Dogs are not allowed. There are porta potties at the trail head. Bring your lunch. Meet 7:00 A.M. CDT, I 24 Exit 11 new commuter parking lot. ≈118 miles to trail head. Contact Cinde Jones 870-215-8993.

Tuesday, August 15 - Monthly Chapter Meeting. Meet 6:00 P.M. CDT, at Wade Bourne Nature Center, 2308 Rotary Park Dr, Clarksville. Two volunteers will provide snacks for everyone. Bring your own drinks. Contact Paula Sanders 954-993-5541 or Suva Bastin 931-645-2849.

Saturday, August 19 - LBL Bear Creek Loop Trail. 6.6 miles, moderate. The trail is on natural turf through the woods and a couple of grassy fields. There are a couple of creek crossings near the end of the hike where you might get your feet wet. Trekking poles are recommended. Dogs are permitted if on a leash. There is a restroom and porta potty at the trail head. Bring your lunch. Meet 8:00 A.M CDT at Dover Crossing Kroger Parking lot. ≈41 miles to trail head. Contact Mike Covey 608-206-9850.

Saturday, August 26 - South Cumberland Recreation Area. 2.7 miles, difficult because of steep rocky portions of the trail. The trail is on natural turf in the woods. We will see Greeter and Board Tree Falls plus Blue Hole, a nice swimming hole. All are on Firescald Creek. Trekking Poles are recommended. Dogs are allowed if on a leash. There are no toilet facilities at the trail head. Bring your lunch. Meet 7:00 A.M. CDT at the new I24 Exit 11 Park and Ride; ≈135 miles to trail head; Contact Paul Schwab 931-801-9484.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIRS: Jane Coffey - 615-516-6551 and Marvin Caine - 931-486-1632, ttacolumbia68@tennesseetrails.org

OUTINGS COORDINATOR: Jane Coffey - 615-516-6551, ttacolumbiiahikes68@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 P.M. Meeting at 7:00 P.M.

Saturday, August 26 - Montgomery Bell State Park. ~3.5 miles/moderate. Montgomery Bell State Park was built during the Great Depression by members of the WPA (Works Progress Administration) and CCC (Civilian Conservation Corps) as Montgomery Bell Recreational Demonstration Area. It is in Dickson County.

Montgomery Bell State Park is in what was once the center of the iron industry in Middle Tennessee. The park's namesake, Montgomery Bell, arrived in Tennessee from his birthplace in Pennsylvania by way of Kentucky. Bell purchased an iron works at Cumberland Furnace, TN in 1804. He was soon able to expand his operation throughout the area forming one of the largest iron making operations in the state and earning him the name "Tennessee's First Iron

Columbia/Franklin Chapter continued

Master". He greatly expanded his business during the War of 1812, when his furnaces produced cannonballs for the armies of General Andrew Jackson. The furnaces also produced many types of farm tools that were used throughout the Southeastern United States. Montgomery Bell became quite wealthy and was said to be the richest man in the South before the American Civil War.

Laurel Furnace was the main iron furnace within what is now Montgomery Bell State Park. The furnace was not owned by Bell. It was built in 1815 by Robert Napier. Napier was producing 660 tons of iron by 1820 at a value of over \$32,000. The pig iron produced at Laurel Furnace was then shipped to Turnbull Forge in Cheatham County, which was worked into higher-quality iron. High-quality iron, guaranteed by Napier, was produced at Laurel Furnace until the late 1850s. The ruins of the furnace are found at the park. There are 19 miles (31 km) of [hiking](#) trails at the park. Hike Leader: Jane Coffey – jecoffey0644@gmail.com or 615.516.6551

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall - 865-985-9144 - ttaeasttennessee68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Cressler - 865-582-5622 - taeasttennesseehikes68@tennesseetrails.org

Saturday, August 19 - Cherohala Parkway. 5.5 miles. We will begin our hike at Hoopers Bald trailhead. This part of the hike is very scenic with a nice overlook. There are very few woods, but a nice meadow descends to a highway crossing. We'll hike on Huckleberry Knob until it ends. On a clear day, we can see forever. Both trails are in and out and should give us about 5.5 miles. For those who want to carpool, we will meet at Denny's Restaurant off the Watt Road Exit off I-75 South at 8:00 A.M. We will stop at Tellico Grain Co for their delicious pastries. We should arrive at Hoopers Bald trailhead by 10:00 A.M. Carpool dollars are requested of all riders. The round trip from Knoxville is about 190 miles. Preregistration is required. Contact Rosie 865.985.9144 or rosemary_L@hotmail.com

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Patricia Deen - 760-703-8115 - ttahighlandrim68@tennesseetrails.org
OUTINGS COORDINATOR: Tom Hartvigsen - 931-962-0811 - jhartvigs@comcast.net (contact Tom & volunteer to lead an outing)
MEETS MONTHLY: 4th Monday

Monday-Thursday, July 31 - August 3 – Camping at Cataloochee Group Campsites, Great Smoky Mountains National Park. Joint activity with the Murfreesboro Chapter, Sara Pollard. Possible hikes: Cataloochee Divide Trail, Caldwell Fork and Boogerman Trails Loop, Rough Fork, Caldwell Fork, and Big Fork Ridge Trails Loop. In the evenings we will visit the elk. Contact Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914

Saturday, August 12 – Old Stone Fort State Archaeological Park, Manchester, TN. 7.85 miles, moderate. We will hike all the trails! We will hike along the Duck River where we will see Blue Hole Falls and Big Falls, which is 30 feet high. We will hike the Backbone Trail and the Forks of the River Trail, where we will see the confluence of the Duck and Little Duck Rivers. We will hike the Moat Trail along the Little Duck River to view Step Falls, which has a series of tiered waterfalls cascading down into the Little Duck River. We will hike the park's newest trails, the Chumbley Woods Trail and the Eagle Trail, which features ridge lines and the Little Duck River in a beautiful hardwood forest. And we will hike the Garrison Road and Nature Trails, which feature the Arboretum funded by TTA Evan Means Grant. Contact Joan Hartvigsen, at jhartvigs@comcast.net or 931- 636- 2914 to register. Bring water, lunch, and hiking sticks, and wear sturdy hiking boots. All these trails are heavily shaded, and we will have opportunities to cool off in the Duck and Little Duck Rivers.

Highland Rim Chapter continued

Thursday, August 17 – Normandy Lake Paddle. Joint outing with the Murfreesboro Chapter, Sara Pollard. Meet at 8 A.M. CT at Barton Springs Public Use Area. We will explore Cedar Point, visit the island with the huge, old chestnut oak, and paddle down Riley Creek. Bring a lot of water and lunch, a hat and sunscreen. BYOB. Register with Joan Hartvigsen, at jhartvigs@comcast.net or 931-636-2914. Normandy Lake is a TVA impoundment of the Duck River. Normandy Dam was completed in 1976.

Saturday, August 26 - Woods Reservoir Paddle. Joint activity with the Murfreesboro Chapter, Sara Pollard. Meet at 8 A.M. CDT at the put-in, Manchester Beach Road. Please note: the street sign at the Old Brick Church Road intersection reads Checking Station Road. Bring lunch and a lot of water. We will put in on beautiful Brumlow Creek and head to Elder Island, where several species of ducks nest. We will then follow the southern shoreline toward Elk River Dam and the Wildlife Management Area. We will see The University of Tennessee Space Institute on our way back. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914. Woods Reservoir is an impoundment of the Elk River. The Elk River Dam was completed in 1952 by US Air Force for Arnold Engineering Development Center.

Monday, August 28 – Old Spann House Trail, Tims Ford State Park, Winchester, TN. 3.8 miles, easy. This trail features rolling hills through a mature hardwood forest and gorgeous views of Tims Ford Lake. Meet at 3:30 P.M. in front of the Visitor Center. Register with Joan Hartvigsen, at jhartvigs@comcast.net or 931-636-2914. A Potluck dinner and Highland Rim Chapter meeting follow the hike at Shelter #1.

Monday, August 28 – Potluck Dinner and Chapter Meeting, 6:00 pm – 7:30 pm. Tims Ford State Park, Shelter #1. We will begin at 6 P.M. with our potluck dinner. Patty will grill hot dogs. Bring a dish to share and your own beverage. After dinner, Tims Ford Park Ranger Kelsey Garcia will present a program detailing news and updates about the park. Before dinner and meeting, we are meeting at 3:30 P.M. at the Visitor Center to hike the Old Spann House, 3.8 miles and is rated easy. Please register for the hike with Joan Hartvigsen, jhartvigs@comcast.net or 931-636-2914.

September 15-17 – Camping on Little Island on Tims Ford Lake, Kayaking on Tims Ford Lake, and Hiking on Ray Branch Peninsula. Joint outing with the Murfreesboro Chapter, Sara Pollard. Contact Joan Hartvigsen to reserve a spot on Little Island, at jhartvigs@comcast.net or 931-962-0811. Saturday we will kayak to Ray Branch Peninsula and hike Evans Loop Trail and a section of the Ray Branch Shoreline Trail. The total hiking distance is four miles. You will need hiking boots and hiking socks in addition to camping gear and kayaking gear and food and water. Saturday evening, we will drive to Winchester and eat outdoors at Twin Creeks Marina.

Tuesday, October 3-Friday October 6. Camping at Double Springs Campground, Devils Fork State Park, Salem, SC. Kayaking Jocassee Lake. Double Springs Campground is accessed by a two-mile paddle from the remote boat ramp in Devils Fork State Park. BYOB or rent a canoe or kayak from Eclectic Sun Paddle Sports, which is located inside Devils Fork State Park, 864-944-1191. Register early with Joan Hartvigsen to ensure a spot in the reserved campsites, jhartvigs@comcast.net. Bring sufficient water and food for 4 days.

Thursday-Sunday, October 19-23 – Natchez Trace State Park, Wildersville, TN. Cub Lake Campground Two, Group Site 3. TTA Annual Meeting. Contact Joan Hartvigsen for a spot in the group campsite, jhartvigs@comcast.net or 931-636-2914.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson - 731-225-4293 - ttajackson68@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad - 731-217-5966 - ttajacksonhikes68@tennesseetrails.org
MEETS MONTHLY: 1st Monday at 6:00 P.M. CT

No hikes planned for this month.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright - 901-829-4434 - ttamemphis68@tennesseetrails.org
OUTINGS COORDINATOR: Wayne Simpson - w.simpson1@comcast.net

The Memphis Chapter does not hike in June, July, or August. See you in September!

MURFREESBORO CHAPTER

CHAPTER CO-CHAIRS: Jeanne Conatser - 615-971-8894 - djconatser@comcast.net
Sara Kennedy - 615-692-9057 - ttamurfreesboro68@tennesseetrails.org
OUTINGS COORDINATOR: Sara Pollard - 615-714-3610 - ttamurfreesborohikes68@tennesseetrails.org
MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 401 Volunteer Road, Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

Monday, July 31 - Thursday, August 3 – Cataloochee Camping and Hiking. Great Smoky Mountains National Park. Waynesville, NC. Joint event with the Highland Rim chapter. Two group campsites have been reserved in the Cataloochee Campground. The campground has flush toilets and drinking water. There are no hookups or showers. Possible hikes in the area are the Cataloochee Divide Trail, Caldwell Fork and Boogerman Trails Loop, Rough Fork, Caldwell Fork, and Big Fork Ridge Trails Loop. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Tuesday, August 8 – Chapter Meeting – 7:00 P.M. CT. Barfield Crescent Park Wilderness Station. Chapter member Anna Lina Buckley will share photos of her trip to Europe. For more information contact Chapter Co-Chair Jeanne Conatser at djconatser@comcast.net.

Thursday, August 17 – Normandy Lake Paddle. Joint outing with the Highland Rim chapter. Meet at 8:00 A.M. CT at Barton Springs Public Use Area. We will explore Cedar Point, visit the island with the huge, old chestnut oak, and paddle down Riley Creek. Normandy Lake is a TVA impoundment of the Duck River and Normandy Dam was completed in 1976. Bring lunch and lots of water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Saturday, August 19 – Window Cliffs State Natural Area. Baxter. 5.5 miles round trip. Moderate. Window Cliffs is located approximately 18 miles south of Cookeville near Burgess Falls State Park. There is a bluff that separates the upstream and downstream parts of Cane Creek, and the bluff has eroded from both sides causing an opening to develop, which is how the name "Window Cliffs" came about. There are several creek crossings over Cane Creek. Hiking boots are recommended, and a pair of water shoes is suggested for the water crossings. Pets are not permitted within the state natural area. Bring water, snacks, and lunch. For more information or to sign up, contact Sara Pollard at 615-714-3610 or sarabpollard@gmail.com.

Saturday, August 26 – Woods Reservoir Paddle. Joint activity with the Highland Rim chapter. Meet at 8:00 A.M. CT at the put-in on Manchester Beach Road, Estill Springs. Please note the street sign at the intersection of Old Brick Church Road reads Checking Station Road. We will put in on beautiful Brumlow Creek and head to Elder Island, where several species of ducks nest. We will then follow the southern shoreline toward Elk River Dam and the Wildlife Management Area. Woods Reservoir is a reservoir created by the United States Army Corps of Engineers for use as a cooling system for the United States Air Force Arnold Engineering Development Center (AEDC). It is in Franklin and Coffee counties. We will see The University of Tennessee Space Institute on our way back. Bring lunch and lots of water. For more information or to sign up, contact Sara Pollard at 615-714- 3610 or sarabpollard@gmail.com.



NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs - 615-587-0085 - ttanashville68@tennesseetrails.org

OUTINGS COORDINATOR: Barbara Bennett - 202-236-0880 - ttanashvillehikes68@tennesseetrails.org
(email Barbara & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday 6:00 P.M. CT in the REI Community Room 261 Franklin Rd, Brentwood TN.
Optional Pre-Meeting Activity if posted on the TTA website calendar.

Tuesday, August 1 - Warner Red Trail Hike, Percy Warner Park, Nashville, TN. 5+ miles, moderate (can be strenuous for novice hikers). Meet at the Chickering Road trailhead, 1771 Chickering Rd, Forest Hills, near Brentwood, <https://goo.gl/maps/28P3y4os6YKfrsuT9>, for a prompt 7 A.M. start. Dogs on a leash okay (Park regs require no more than 6-ft leash - you may be ticketed if you fail to use a leash!). Come join us to experience this 5+ mile loop trail. Generally considered a moderately challenging route, it takes an average of 2+ hours to complete. This is a great loop that includes some steep and gradual inclines. Sections of the trail are rocky so be sure to wear proper footwear. Plenty of shade along the route, but please bring water, nevertheless. Text Zary Rahimi at 615-500-6882 to register and to receive any updates (such as cancellations for weather).

Friday, August 18 - Bowie Nature Park, Fairview, TN, 5-6 miles, moderately easy for length with little elevation change. This unique park was developed in the '50s by 3 sisters who conspired to improve its barren and eroded land. We'll hike a combination of segments from the park's 17 miles of trails, wandering through loblolly pine forests and alongside small lakes and creeks. We'll enjoy lunch in a picnic area by Lake Van before heading back. Sun protection and insect repellent are recommended. Bring plenty of water, snacks, and lunch. Meet in the parking lot near shelter #1 for an 8:30 A.M. step-off. Register with Mark for details and updates: midtn@tnhiker.net (615) 669-3221. *Alternate date for inclement weather: Thursday, August 24.*

Tuesday, Aug 22 - Nashville Chapter Meeting, REI Brentwood, TN. 6 P.M. It's time for our annual Show and Tell meeting! Members and friends ARE the program - along with pictures of your adventures on trails, from Tennessee to Timbuktu. You're welcome to bring your photos on a thumb drive (best), CD, or hard copy. The more the merrier! Please sign up in advance for this with Doug Burroughs, 615-587-0085 so we can apportion time fairly to all who want to show photos. Bring friends too and prepare to be inspired to get out there. Plan on joining us for dinner at 5:00 at Jason's Deli next door to REI.

News: Karl Dupre Memorial Fund at South Cumberland State Park: <https://friendsofscsra.app.neoncrm.com/forms/karl-dupre-memoriam>

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Bill Wisniewski - 931-335-9360 - tplateau68@tennesseetrails.org

OUTINGS COORDINATOR: Deb Westervelt - 931-267-2243 - tplateauhikes68@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 P.M. CT

The TTA Plateau Chapter hikers are adding new Cumberland County, walk at your pace, hikes that are typically one to three miles in length. If you have participated in the annual Cumberland County Marathon at any time you will know these trails are in and around Crossville. One of the Chapter members will lead each hike. These walks/hikes are designed for beginners and folks who don't have a lot of time to travel to distant trails or folks who want to get outdoors for exercise. Walking on trails is much kinder on knee and hip joints than walking on hard pavement.

All our hikes can be found in the Chronicle Scene Section calendar, on our website <https://tennesseetrails.org/chapters/plateau-chapter/>, or on our Facebook Group page: TTA PLATEAU CHAPTER CROSSVILLE. We look forward to Walking in the Woods with you.

Plateau Chapter continued

Tuesday-Wednesday, August 1-2 - Hike, Camp and Whitewater Rafting, Hartford, TN. Joint adventure with Upper-Cumberland Chapter. First stop will be the Ijams Nature Center where we will hike several trails before and after lunch. We'll eat lunch at the Redbud Kitchen, 906 Sevier Ave. Drive one hour to Hartford, TN to the Pigeon River Campground campinginthesmokymountains.com/reserve (bring a pillow and sheet) where we'll camp for the night. The cabin has a microwave and refrigerator. We'll have a potluck dinner so bring a dish to share, a lawn chair, a plate, and silverware. On Tuesday we'll go whitewater rafting at 11 A.M. Depart at 7:30 A.M. from Dorton Methodist Church, 3405 Hwy 70 East, Crossville, TN. The carpool cost is \$10. Also bring snacks, (electrolytes) water, bug spray, and sunscreen. Minors must be accompanied by an adult. For additional information contact the hike leader, Deb, by text/call at 931-267-2243 or email at taplateauhikes68@tennesseetrails.org

Sunday, August 6 - Obed River Park. 1.2 miles rated easy. 10:00 A.M. - WALK IN THE WOODS. Established in 1982. Offers 2.1 miles of paved walking trails, much of which is along the banks of the scenic Wild Obed River! Approximately 35 acres are located off HWY 70 West, just past the entrance to the Cumberland County Community Complex. While exploring the park, be on the lookout for 2 historical Markers – FIRST: Broken Dam from the 1930s – Second signifies the site where the railroad once crossed the Obed River. We will meet at 24 Obed River Park Drive, Crossville, TN 38555-6817. Bring water, bug spray, sunscreen, and a snack. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Dogs must be leashed. For more information contact hike coordinator, Sirka, email plateaulocalwalks@yahoo.com or text (404) 790-3945.

Wednesday, August 9 – Cummins Falls, Washmorgan Hollow, The Boils. 3 miles. Joint hike with Upper-Cumberland Chapter. Wear your swimsuit under your hiking clothes and bring a beach towel and water shoes for swimming. First, we'll hike to Cummins Falls overlook, approximately a mile, then drive to Washmorgan Hollow SNA for a 2 mi round-trip in/out hike to a waterfall. You'll be walking in the creek bed most of the way and rock hopping. Then a short drive to the Boils where we'll swim. Bring water, lunch, and snacks. The carpool gas fee is \$5. Depart at 7:30 A.M. CDST from the Crossville Cracker Barrel SE parking lot. For additional contact, the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday, August 12 - Lilly Bluff Point Trail, TN. 5 miles in/out. Joint hike with Upper Cumberland Chapter. We'll hike the 5 mi in/out trail. Bring (electrolytes) water. We'll have lunch at the Sauced Frog/Hopyard Brewery. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. The carpool gas fee is \$5. Depart at 7:30 A.M. CDST from the Crossville Outlet Mall SW parking lot. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Sunday, August 13 - Fairfield Glade: Stonehenge Trail. 3.1 miles. 10:00 A.M. - WALK IN THE WOODS. Stonehenge Trail is a 3.1-mile lightly trafficked out-and-back trail located in Fairfield Glade that features a great forest setting and is good for all skill levels. Dogs are welcome but must be kept on a leash. The trail winds north through woods, crossing a small seasonal creek a couple of times. Volunteers built two bridges to make it easier to cross at times of high water. We will meet at the Heatherhurst Golf Club's lower parking lot. 421 Stonehenge Drive Crossville, TN 38558. Bring water, bug spray, sunscreen, and a snack. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Dogs must be leashed. For more information contact hike coordinator, Sirka, email plateaulocalwalks@yahoo.com or text (404) 790-3945.

Wednesday, August 16 - Yak Ranch Tour, Pioneer Trail Cumberland Mountain State Park, Crossville, TN. 4 miles. Joint hike with Upper-Cumberland Chapter. The Yak Ranch tour is limited to 20 people, so you'll have to sign up with Deb by Aug 14th. The tour costs \$10 and lasts approximately 2 hrs. You'll get to interact with the yaks. After our tour of the Yak Ranch, we'll drive to the park for a 4-mile hike. Option to eat lunch at the State Park restaurant. Bring (electrolytes) water and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CDST from Central Baptist Church, South Main St in Crossville, TN. The carpool cost is \$2. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Plateau Chapter continued

Sunday, August 20 - Seven Bridges Trail. 2.1 miles. 10:00 A.M.- WALK IN THE WOODS. Seven Bridges Trail is a 2.1 mile lightly trafficked loop trail located near Crossville, Tennessee that features a great forest setting. The trail is good for all skill levels. The trail has interesting rock formations and SEVEN bridges built by volunteers. It is a "lollipop" configuration. We will meet at the northern parking lot of the Methodist Church on Westchester Drive. Bring water, bug spray, sunscreen and a snack. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Dogs must be leashed. For more information contact hike coordinator, Sirka, email plateaulocalwalks@yahoo.com or text (404) 790-3945.

Wednesday, August 23 – Piney Falls Trail, Grandview, TN, and Twin Rocks Trail, Spring City, TN. 5.2 miles. Joint hike with Upper-Cumberland Chapter. First, we'll hike to Twin Rocks about a 2 mi moderate loop. Then drive to Piney Falls SNA. Bring a towel and wear your swim gear to enjoy the pool below the waterfall where we'll eat lunch. **Long Hike:** 3.2 mi moderate loop with 2 waterfalls, the 80-foot tall Upper Piney Falls and Lower Piney Falls. We will descend to the lower falls and then walk up the creek (depending on the water flow) to the Upper Falls. The trail is generally easy-going under the upper falls along the base of the bluff until the climb to the top of the bluff, with the assistance of a rope, then crossing the creek at the top of the falls. **Short Hike:** a 3-mile moderate loop with 1 waterfall and cable-assisted bluff climb. Depart 7:30 A.M. CDST from Central Baptist Church, South Main St, Crossville, TN. Don't forget tick/bug spray and sunscreen. Bring (electrolytes) water and lunch. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. The carpool costs is \$4. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

Saturday, August 26 - CT Nemo Bridge Emery River Trail and CT Visitor Center Trail, Wartburg, TN. 2.6 and 3.2 miles. Joint hike with Upper Cumberland Chapter. Visitor Center Trail is a 3.2 mi round trip. The Nemo Emery River Trail is 2.6 mi round trip. Bring (electrolytes) water and a snack. Don't forget tick/bug spray and sunscreen. The carpool cost is \$5. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CDST from Crossville Landers Outlet Mall SW parking lot. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243.

August 27 - Central Spine Hiking Trail. 2.1 miles, easy. 10:00 A.M. - WALK IN THE WOODS. The Central Trail in Fairfield Glade is a network of paved walking trails. It is a mixture of delightful trails meandering through woods alongside streams and more functional sidewalks. We will meet at the Trailhead at 3711 Wilshire Heights Drive Crossville, TN 38558. Bring water, bug spray, sunscreen, and a snack. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Dogs must be leashed. For more information contact hike coordinator, Sirka, email plateaulocalwalks@yahoo.com or text (404) 790-3945.

Wednesday, August 30 - CT Ozone Falls, Ozone, TN. 6 miles or 3 miles. Joint hike with Upper Cumberland Chapter. Long Hike: 6-mile round trip moderate. **Short Hike:** 3-mile moderate round trip. Bring (electrolytes) water and a snack. Don't forget tick/bug spray and sunscreen. People 18 and over, members and non-members welcome. Minors must be accompanied by an adult. Depart 7:30 A.M. CDST from Dorton Methodist Church, 3405 HWY 70 East, Crossville, TN. The carpool cost is \$2. For additional information contact the hike coordinator, Deb, email plateauhikes@tennesseetrails.org or text/call 931-267-2243

SCENIC CITY CHAPTER (Greater Chattanooga Area)

CHAPTER CHAIR: Jane Ellett - 423-309-7879 - ttasceniccity68@tennesseetrails.org

OUTINGS COORDINATOR: Betsy Darken - 423-718-2060 - ttasceniccityhikes68@tennesseetrails.org

MEETS QUARTERLY: Thursday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 5:30 P.M. ET

Please note that for the months of June, July, and August, meeting times are now at 7:30 A.M.

Tuesday, August 1 - Reflection Riding. ~4 miles, easy. To try and beat the August heat, we will explore the grounds at Reflection Riding. Expect to walk/hike 4 or so miles mostly under shade with some sun (if it's out) here and there. Make sure to bring plenty of water, a snack, bug spray, and sunscreen. Due to the limited availability of parking, please meet at

Scenic City Chapter, continued

7:30 A.M. ET at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175, Browns Ferry Road. <https://bit.ly/3QITAD4> and carpool for the short trip to the Reflection Riding parking lot. Please register with Roy & Marti Owensby at (423) 309-0579. Carpool costs: \$0.

Thursday, August 3 - Scenic City Chapter Meeting, 5:30 - 6:30 P.M. ET, Hixson Community Center, 5401 School Dr., Hixson, TN. 37343. A meeting agenda will be sent out prior to the meeting. If you have something you would like to add to the agenda, please contact Scenic City Chapter Chair Jane Ellett, Jne2609@gmail.com or (423) 309-7879.

Saturday, August 5 - High Voltage Trail at Raccoon Mountain. 8-9 miles in & out, moderate, 1,200' el. gain. We start next to the Tennessee River and gradually ascend to the top of Raccoon Mountain for a great overlook and lunch. Then we retrace our steps down the shared bike/hike path. For carpooling/caravanning, meet at the parking lot just after LaQuinta Inn, right (north) off I-24 Exit 175 at 7:30 A.M. ET. <https://bit.ly/3QITAD4> Please register with Tammy Hendrick at 315-949-8187. Carpool cost: \$1.00

Tuesday, August 8 - Little Cedar Mountain loop. 3.2 miles, easy. Located next to Nickajack Lake, we will hike up a mild elevation to a scenic overlook of the lake. Then descend to the shore. Interesting rocks to navigate over and around. An early start at 7:30 A.M.ET to beat the heat, meeting at the parking lot just past LaQuinta Inn on Brown's Ferry Road, exit 175 off I-24. Please register with Tammy Hendrick at 315-949-8187. Carpool costs \$2.00.

Saturday, August 12 —Old Stone Fort State Archaeological Park, Manchester TN, 7.85 miles, moderate. We will hike all the trails in the park! These trails are heavily shaded, and we will have opportunities to cool off in the Duck and Little Duck Rivers. We will begin along the Duck River, where we will see Bluehole Falls as well as the 30-foot-high Big Falls. We will continue with the Backbone Trail and the Forks of the River Trail to the confluence of the Duck and Little Duck Rivers, then on to the Moat Trail and along the Little Duck River to Step Falls, which has a series of tiered waterfalls cascading down into the Little Duck River. We will also hike the park's newest trails, the Chumbley Woods Trail and the Eagle Trail, which features ridge lines, and the Little Duck River in a beautiful hardwood forest. Finally, we will go down Garrison Road and Nature Trails, which feature the Arboretum, funded by a TTA Evan Means Grant. Bring water, lunch, and hiking sticks, and wear sturdy hiking boots. Please register with Joan Hartvigsen, jhartvigs@comcast.net or 931- 636-2914 to register. For carpooling/caravan, meet at 7:30 A.M. ET to beat the heat, meeting at the parking lot just past LaQuinta Inn on Brown's Ferry Road, exit 175 off I-24, <https://bit.ly/3QITAD4>. Please register with hike leader Joan Hartvigsen, at 931-962-0811 or jhartvigs@comcast.net. Carpool costs \$7.00.

Tuesday, August 15 - Mabbitt Springs Trail. 4.9 miles, 500' elevation gain, easy/moderate, out-and-back. This trail on Signal Mountain mostly follows Little Falling Water Creek to the top of Falling Waterfalls and a spectacular view. We'll be in the shade most of the time and, if there has been rain recently, we'll be walking along a babbling brook. For carpooling/caravanning, meet at Food City on Signal Mountain Road, near the back corner of the parking lot, at 8:30 A.M. ET. <https://bit.ly/3pk0suY> Please register with hike leader Dave Graham, 423-315-7886. Carpool costs \$1.00.

Saturday, August 19 — Moonshine Trails, 8.8 miles, easy/moderate. We will take a pleasant walk in the woods of Lookout Mountain via the Chattanooga Connector Trail to Firewater Trail to Bathtub Gin Trail to White Lightning Trail, then back via the Chattanooga Connector Trail. We will be doing a short piece of the latter, which starts at Cloudland Canyon. Check the weather forecast; wear hiking shoes or boots; bring snacks and/or lunch along with more water than you think you need; and gather up hiking poles, rain jackets, sunscreen, and insect repellent as needed. For carpooling/caravanning, meet at Food City in St. Elmo, in the area of the parking lot straight ahead off TN Ave at 8:30 A.M. ET. <https://bit.ly/3C3Um9L> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com. Carpool costs \$1.00.

Tuesday, August 22 — Durham Mine Trails to Fuggett Branch. ~5 miles, moderate, mostly a loop. We will take a gentle walk along Chalkeye Trail to get to E Fuggett Trail and down to the creek, passing rickety cliffs and investigating ruins from the mining era. Then we'll get back to the top first via W Fuggett trail, checking out slag heaps disguised as wooded ridges, and then left up a steeper but well-kept trail. The latter gives us a good view of a very black slag heap that seems to be gradually sliding into a creek. At the top, we'll turn left on Dinky Trail, then veer onto Plug Trail to get back on Chalkeye Trail and our cars. For carpooling/caravanning, meet at 7:30 A.M. ET at Food City in St. Elmo, in the corner of the parking lot straight ahead off TN Ave. <https://bit.ly/3C3Um9L> Please register with hike leader Betsy Darken, (423) 718-2060. Carpool costs \$2.00.

Scenic City Chapter, continued

Saturday, August 26 — Lookout Mountain: Bluff Trail and Upper Truck Trail. 8.7 miles, 1300' el. gain, moderate, loop. Shorter alternatives are to veer off Bluff Trail to Sunset Rock or go on to Point Park for either a 3-mile or a 4-mile hike; cars can be left at these locations. All of these hikes have great views, cool cliffs, and shade. We will all start at Ochs Gateway and take the Bluff Trail most of the way to the tip of Lookout Mountain. For the longest hike, we'll head back to Ochs Gateway via Gum Springs Trail and Upper Truck Trail. For carpooling/caravanning, meet at 7:30 A.M. ET at Food City in St. Elmo, in the corner of the parking lot straight ahead off TN Ave. <https://bit.ly/3C3Um9L> Please register with hike leader Betsy Darken, (423) 718-2060. Carpool costs \$1.00.

Tuesday, August 29 - Chilhowee Mountain and Benton Falls. 5.2 miles, easy, loop. On Chilhowee Mountain, we'll start by circumnavigating McKamy Lake, a short and easy stroll around what might also be called a large pond. Or perhaps a big mud hole, depending on the whims of the powers-that-be. Then we proceed one and a half miles through the woods to Benton Falls. Reaching the falls involves a steep but short paved descent into the small gulch formed by Rock Creek. We will return via parts of the Slick Rock trails, which include some good views. Be sure to bring insect repellent, water, and snacks. For carpooling/ caravanning, meet in the parking area near the gas station at Food City in Ooltewah, right off I-75 exit 11, at 7:30 A.M. ET. <https://bit.ly/3dwmbxn> Please register with hike leader Tom McElhone, 805-208-4654 or sarmitta@yahoo.com. Carpool costs \$4.00.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Donna & David Hobbs - 803-634-3470 - tsumnertrails68@tennesseetrails.org

OUTINGS COORDINATOR: Donna Hobbs - 803-634-3470 - tsumnertrailshikes68@tennesseetrails.org.

We have one event planned for August. It's too hot to hike, so let's get together and have fun indoors! Check your email or Facebook for pop-up hikes if the weather cooperates.

Tuesday, August 1. Trivia Night at Filly's Grinders, 102 North Water Avenue, Gallatin. Trivia was such a success, let's do it again!!! Arrive between 5:15 and 5:30 to order food. Trivia starts at 6:30 P.M. RSVP Sheila by texting 615-829-2256 by Sunday, July 30th. Bring a friend.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cathy Moran 931-544-2764 tauppercumberlandhikes68@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Moran 931-544-2764 tauppercumberlandhikes68@tennesseetrails.org

Tuesday-Wednesday, August 1-2 - Hike, Camp, and Whitewater Rafting, Hartford, TN Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, August 9 – Cummins Falls, Washmorgan Hollow, The Boils. 3 miles. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, August 12 - Lilly Bluff Point Trail, TN. 5 miles in/out. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, August 16 - Yak Ranch Tour, Pioneer Trail Cumberland Mountain State Park, Crossville, TN. 4 miles. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, August 23 – Piney Falls Trail, Grandview, TN and Twin Rocks Trail, Spring City, TN. 5.2 miles. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Saturday, August 26 - CT Nemo Bridge Emery River Trail and CT Visitor Center Trail, Wartburg, TN. 2.6 and 3.2 miles. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

Wednesday, August 30 - CT Ozone Falls, Ozone, TN. 6 miles or 3 miles. Joint hike with Plateau Chapter. See the Plateau Chapter listing for hike details and registration information.

OFFICERS:

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ttapresident68@tennesseetrails.org

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Michelle Kelley 901-484-2998
ttavicepresident68@tennesseetrails.org

Treasurer

June Callahan 615-945-7462
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Secretary

Susan Woods 731-441-8066
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Mark Hubbard (2025) 615-715-1517
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Wayne Drown (2025) 803-646-0972
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Susan Woods (2025) 731-441-8066
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Libby Francis (2024) 615-319-7501
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Duane Frichtl (2024) 309-830-9720
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June Callahan (2024) 615-945-7462
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Cheryl Heckler (2023) 931-200-7436
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Jenny Fitzgerald (2023) 615-517-8185
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Jane Coffey (2023) 615-614-1083
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Middle TN

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ttaregionalmiddle68@tennesseetrails.org

East TN

Will Latham (2024) 704-365-8889
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CHAPTER REPRESENTATIVES ON THE BOARD

ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Mary Lewis Tims 731-780-5550
ttaeditor68@tennesseetrails.org

2023 TTA Board of Directors Meetings

All members are invited to attend board meetings.
Contact Duane Frichtl for the link to join Zoom meetings!

Tuesday, Aug 1, 6:30 PM CT Zoom Video Conference

Friday – Sunday, Oct 20 - 22 Natchez Trace State Park Annual Meeting



Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on or before the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
ttaeditor68@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster.



IT'S EASIER AND FASTER TO JOIN OR RENEW ONLINE !

To **Join** on-line go to <https://tennesseetrails.org/plans/memberships/>

To **Renew** online go to <https://tennesseetrails.org/account/?action=subscriptions> and log-in.

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

☐

A NEW MEMBER

☐

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.

Gift Memberships are also available. Contact our Membership Director,

Cheryl Heckler 931-200-7436 ttamembership68@tennesseetrails.org

Aug 23

Please Mail This Form To:

Membership Director

P.O. Box 41446

Nashville, TN 37204-1446

PLEASE PRINT CLEARLY.

___ Individual \$25.00

___ Family \$35.00

___ Student (FULL TIME) \$15.00

___ Supporting (\$50.00, \$100.00 or more)

___ Life Member (Individual) \$500.00

___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Phone () _____ Zip _____ -- _____

E-mail (required) _____

For privacy, please do not list the following in the TTA Annual Membership Directory

☐ E-mail addresses

☐ Mailing address

☐ Telephone numbers

Please list me with the following chapter:

___ Clarksville

___ Columbia/Franklin

___ East TN (Oak Ridge/Knoxville)

___ Highland Rim (Manchester/Tullahoma)

___ Jackson

___ Memphis

___ Murfreesboro

___ Nashville

___ Plateau (Crossville)

___ Scenic City (Greater Chattanooga Area)

___ Sumner Trails (Sumner County)

___ Upper Cumberland (Sparta/Cookeville)

___ At Large

When you become a TTA member, you will have access to the Members Area of our website (www.tennesseetrails.org) which includes the Membership Directory listing members by chapter and how to reach them. You will also receive our monthly newsletter which contains information on upcoming hikes, events, chapter meetings, and volunteer opportunities. We encourage you to review the Hiking Handbook (under the Hikes & Events section), a reference containing information about TTA, trail etiquette, and hiker responsibilities. We invite you to attend any number of monthly meetings where you will enjoy diverse programs, socializing and refreshments. Also, we hold our annual meeting in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie, and programs, in addition to learning about the progress and plans of the organization.

Not a member yet? Please check out one of our hikes or meetings soon!